# The *Urtica Dioica* Agglutinin Prevents Rabies Virus Infection in a Muscle Explant Model

**Xinyu Wang[1,5], Lisanne Terrie[2], Guanghui Wu[3], Els Van Damme[4], Lieven Thorrez[2], Anthony R Fooks[3], Ashley C Banyard[3], Johan Neyts[1,5*] and Dirk Jochmans[1,5*]**

Affiliations:

[1] KU Leuven, Rega Institute, Department of Microbiology, Immunology and Transplantation, Leuven, Belgium.

[2] KU Leuven, Campus Kulak, Department of Development and Regeneration, Tissue Engineering Lab, Kortrijk, Belgium

[3] Animal and Plant Health Agency (APHA), Woodham Lane, Weybridge, Surrey KT15 3NB, UK.

[4] Ghent University, Faculty of Bioscience Engineering, Gent, Belgium

[5] Global Virus Network (GVN)

*corresponding authors: johan.neyts@kuleuven.be and dirk.jochmans@kuleuven.be

## Abstract

Infection with the rabies virus (RABV) causes fatal encephalitis and paralysis in humans and animals. Post-exposure prophylaxis (PEP) consists of vaccination and the injection of anti-rabies immunoglobulins (RIGs) around the (bite) wound. This is 100% effective in preventing disease if administered in a timely manner. However, the costs, the required cold chain for storage and transport and the limited availability of RIGs makes the treatment challenging. Cheaper and easier to produce alternatives are urgently needed. To aid in the discovery and development of such alternative therapeutics, we developed a physiological relevant infection model. Strips of freshly dissected swine skeletal muscle were placed under tension in culture medium and infected with RABV. Viral antigens were produced in the muscle explants and the virus production increased significantly over time, indicating that RABV infects and replicates in the muscle explants. Subsequently, in a search for inhibitors of RABV entry in muscle cells, we first screened a panel of 34 different lectins in a RABV / BHK-21J cell assay. The *Urtica Dioica* (stinging nettle) Agglutinin (UDA; a N-acetyl-D-glucosamine specific agglutinin) was found to be able to completely inhibit infection of cells with the RABV (EC$_{50}$ 8.2 µg/mL) by preventing binding of the virus to the host cell. When the infection of the muscle strips was carried out in the presence of UDA, infection of the tissue was completely prevented. We thus developed a physiological relevant RABV muscle infection model and identified an easy to produce component that (i) may serve as a reference for further studies and (ii) holds promise as an alternative for RIGs in PEP.

## Introduction

Rabies virus (RABV), a member of the Lyssavirus genus, is a neurotropic virus that causes an acute and invariably fatal encephalitis in humans and animals. In patients the disease is nearly 100% fatal following the onset of symptoms. Post exposure prophylaxis (PEP), in the form of vaccine and rabies immunoglobulins (RIG), can prevent fatalities when administered prior to the onset of disease[1]. However, availability and cost of PEP means that in endemic regions, where the human burden to rabies is greatest, these tools are rarely available. Globally the high economic cost, annually US$ 8.6 billion for rabies treatment and US$ 1.70 billion for PEP[2], means that many countries have limited capacity to provide PEP when needed[3,4] and as such rabies remains a significant public health threat.

Humans are most commonly exposed to rabies when bitten by rabid animals with infectious virus in their saliva. If the dermal barrier is breached, the virus infects muscle cells and gains access to neuronal cells through the neuromuscular junctions (NMJ). Once within neuronal cells the virus migrates from the peripheral nerves to the central nervous system (CNS) resulting in replication in the brain and the development of rabies. The disease is characterized by altered mental status, phobic or inspiratory spasms[5]. To enable cell entry, the nicotinic acetylcholine receptor (nAChR), serves as one of the key receptor molecules for rabies virus binding and entry[6–8]. However, the nAChR tends to be concentrated at the postsynaptic muscle membrane in the NMJ, which may drive accumulation of rabies virions near the NMJ enhancing the likelihood of the virus entering the peripheral neuron or motor neuron[9,10]. To this end, it is important to inhibit RABV accumulation or replication in muscle cells and prevent infection of the nervous system. This mechanism of action is proposed for RIGs, which are injected in the tissue near the exposure wound and prevent an ongoing RABV infection. We aim to generate an alternative to these RIGs with a lower cost, no need for a cold-chain and hence more widely availability in the areas that need it most.

To aid in the development of such strategies we first wanted to develop a physiological infection model. To this end, we explored whether muscles strips of swine, that are placed under tension in cell culture can be infected with RABV. We also explored whether lectins (a group of carbohydrate-binding proteins) can prevent infection of cells and muscle strips. Specific lectins can reduce cellular susceptibility to RABV[11]. Here we demonstrate that the *Urtica Dioica* Agglutinin (UDA) can prevent infection of muscle tissue from RABV.

## Materials and methods

### Cells, virus and lectins

BHK-21J cells (*ATCC® CCL-10™*) were propagated in Dulbecco's Modified Eagle Medium (DMEM) (ThermoFisher Scientific) with 10% fetal bovine serum (FBS) (Hyclone) and penicillin-streptomycin (P/S) (100 U/mL, ThermoFisher Scientific). When cells were infected with RABV, 2% DMEM was used. Rabies virus SAD-B19-mCherry was supplied by the Animal & Plant Health Agency, UK. Lectins were kindly provided by Professor Els Van Damme (Ghent University, Belgium), then were dissolved in PBS at 1 mg/mL and stored at - 20 ℃.

### Antiviral assay

Compounds were added to cells by serial dilution from 100 μg/mL to 0.8 μg/mL, followed by virus infection at a multiplicity of infection (MOI) of 0.01. Antiviral activity was measured by quantification of the amount of mCherry fluorescence on day 5 post-infection (SPARK, Tecan, Belgium) ®. Cell viability was determined by an MTS assay as described previously[12]. The half maximal effective concentration ($EC_{50}$) of antiviral effect and 50% cytotoxic concentration ($CC_{50}$) of cell toxicity was derived from the corresponding dose–response curves.

### Time of addition assay

UDA, at a final concentration of 25 μg/mL, was added to RABV infected (MOI =1) cell cultures. Depending on the condition tested the UDA was added starting 2 h before infection or immediately after virus inoculation. UDA untreated cells with virus infection were as control. At 24 h.p.i., viral RNA was extracted from cells (E.Z.N.A.® Total RNA Kit I R6834-01, Omega BIO-TEK) and cell culture supernatant (QIAamp Viral RNA Mini Kits, Qiagen) and quantified by RT-qPCR analysis.

### Pre-exposure of RABV to lectins prior to infection

RABV was incubated with lectins at 37 ℃ for 2 h. Then, BHK cells were incubated with the mixture of virus (MOI=1) and drug at 37 ℃ for 2 h. After incubation, the supernatant was removed, and cells were washed with PBS 3 times. At day 5 post-infection, the mCherry fluorescence was quantified (SPARK, Tecan, Belgium) ®.

### Pre-exposure of BHK to lectins prior to infection

BHK cells were pre-incubated with lectins, final concentration 25 μg/mL, at 37 ℃ for 2 hours. Then, virus was added (MOI=1) and incubated with the cells at 37 ℃ for 2 hours. After incubation, cells were washed 3 times with PBS. At day 5 post-infection, the mCherry fluorescence was quantified.

### Swine skeletal muscle explant culture and antiviral assay

The biceps femoris muscle was dissected from freshly euthanized pigs (3 months, female), obtained as residual tissue from ORSI Academy (Melle, Belgium). Next, the muscle biopsy was dissected, parallel to the muscle fibers, in 2 cm long 2 mm thick strips using sterile scalpels. Tissue strips were maintained under tension *ex vivo* using minutia pins (Entosphinx, stainless steel pins, diameter 0.25 mm) on sterile sylgard coated wells of a 6-well plate. Tissue strips were submerged in DMEM with 10% FBS, P/S (100 U/mL), and in 2% FBS DMEM with P/S

113 during antiviral experiments at 37°C incubator with 5% $CO_2$. UDA was diluted to a final
114 concentration of 25 μg/mL in the supernatant and incubated with muscle explants at 37 °C for
115 2h. Then the muscle explants were inoculated with $2 \times 10^4$ $TCID_{50}$ RABV. After 4 h incubation,
116 muscle explants were washed 5 times with PBS, and maintained with 25 μg/mL UDA for 6
117 days. A sample of 300 μL of the culture SN was collected every day for RT-qPCR or titration.

## Muscle culture supernatant titration

119 The titer of virus presents in swine muscle explant supernatant at day 6 was determined by 10-
120 fold serial dilution titrations in a 96-well plate with confluent BHK cells. On day 7, virus
121 expressed fluorescence was observed under a fluorescent microscope. $TCID_{50}$ of virus titer was
122 calculated by Spearman–Kärber method.

## Fluorescent immunostaining and microscopy of muscle

On day 6 p.i. swine skeletal muscle explants were washed 5 times with PBS and transferred
into 1.5 mL Eppendorf tubes. Samples were fixed in 4% formaldehyde for 1 h and stored at
4 °C in PBS until staining. Before imaging, they were permeabilized with ice-cold 80% Acetone
at room temperature for 1 h and washed 5 times in PBS. Afterwards, muscle explants were
incubated 1 h at 37 °C with FITC Anti-Rabies Monoclonal Globulin (800-092, Fujirebio)
diluted 1:10 in PBS. After 5 times PBS washing, muscle explants were incubated in 5μg/mL
Hoechst (H1399, Invitrogen) for 15 min at room temperature. Imaging was performed using
the Leica DMi8 S Platform with Leica Application Suite X software (Leica, Heidelberg,
Germany). All pictures were obtained with a 10 x objective and z position between 1820 μm to
1950 μm.

## Real-time RT-qPCR

Rabies virus N gene was amplified by real-time quantitative PCR. The primers are as follow:
5'-TGGGCACAGTTGTCACTGCTTA-3' (forward) and 5'-CTCCTGCCCTGGCTCAA-3'
(reverse). iTaq™ Universal SYBR® Green One-Step Kit (BIO-RAD) was used for qPCR. A 20
μL qPCR reaction contains 4 μL extracted sample RNA or standard, 10 μL iTaq Universal
SYBR® Green reaction mix, 0.25 μL reverse transcriptase and 600 nM of each forward and
reverse primer. qPCR was performed in a Roche LightCycler 96 with the procedure: 10 min at
50 °C for reverse transcription, 1 min at 95 °C for polymerase activation and DNA denaturation,
40 cycles of 95 °C 15s and 62 °C 30s for PCR amplification. Viral copies were calculated based
on a standard curve using control material.

## Statistics

145 Statistical analysis in this study was done by GraphPad Prism 9. A P-value less than 0.05 was
146 considered as statistically significant. P values associated with each graph are indicated as: *,
147 P value < 0.05; **, P value < 0.01; ***, P value < 0.001; ****, P value < 0.0001.

## Results

### Plant lectin antiviral activity screening and confirmation

We tested the potential effect of a panel of 34 different lectins on infection of BHK cells with RABV using a reporter virus. Several lectins with selective antiviral activity against RABV were identified (Table 1) of which UDA was taken forward for further assessment. Activity of UDA was confirmed in additional tests ($EC_{50}$ 8.2 µg/mL and $CC_{50}$ 65 µg/mL) (Figure 1). To explore at which step of the virus replication cycle UDA exerts its activity, it was added at different time points after infection. The lectin retained full activity when present during infection, but not when added at a later stage (Figure 2a); indicating that UDA blocks RABV infection at the entry step. In a second experiment it was shown that also pre-treatment of the cells results in an inhibition ($p < 0.0001$) of infection, which indicates that UDA can block viral entry by binding to the cells (Figure 2b).

### RABV replicates in swine skeletal muscle explants

Swine muscle explants were inoculated with $2 \times 10^4$ $TCID_{50}$ virus and the culture supernatant was collected every day for 6 consecutive days. On day 5-6 post-infection, viral RNA in the culture supernatant was >10 fold higher as compared to day 0 (Figure 3a). To confirm that infectious virus is produced, BHK cells were infected with the culture supernatant obtained from the muscle cultures on day 6. The mCherry red fluorescence expressed by the virus was monitored by fluorescent microscopy (Figure 3b). These results demonstrate that swine skeletal muscles are susceptible to RABV *ex vivo* and that infectious viral particles are produced.

### UDA inhibits RABV infection in swine skeletal muscle

To investigate whether UDA can prevent RABV infection of muscle tissue, the muscle strips were pre-incubated with UDA (25 µg/mL) for 2 h followed by 4 h virus inoculation. Afterwards, the virus inoculum was removed and new medium containing UDA (25 µg/mL) was added to the tissue cultures. On day 6 post-infection, the culture supernatant was collected for titration and the muscle tissues were fixed for immunofluorescent staining. UDA treatment resulted in a 600-fold decreased in virus production (Figure 4a), which is consistent with the results obtained from the immunofluorescence staining (Figure 4b).

## Discussion

Rabies is a fatal disease of animals and humans and remains a public health risk in large parts of the world. Whereas there is an effective PEP procedure, there are no therapeutic options for patients that present with clinical symptoms. Despite initial promise, the treatment of rabies disease using the induction of a therapeutic coma termed the "Milwaukee Protocol" has proved to be ineffective[13]. Ribavirin, Favipiravir, interferon-alpha (IFN-α) have shown antiviral efficacy *in vitro* but no benefit in either patients or mice [14–16]. Dermaseptins have been described as potential anti-rabies compounds *in vitro* and with 50–60% of survival gain in mice[17]. Drug cocktails containing Favipiravir, Ribavirin, Interferon α/β, a Caspase-1 inhibitor, a TNF-α inhibitor, a MAPKs inhibitor and human rabies immune globulin (HRIG) have been explored in mouse RABV models [18] but no clear therapeutic effect was noted. A cocktail of two human monoclonal antibodies RVC20/RVC58 delivered directly into the brain could cure half of the symptomatic rabid mice in the research[19]. One part of the current PEP protocol involves the injection of RIG around the exposure wound that can prevent the transport of the virus via the neuromuscular junction to the peripheral nervous system and subsequently to the CNS. However, RIG is costly, not readily available and it needs a cold chain for storage and transport. To aid in the discovery of novel PEP strategies, we wanted to develop a physiological RABV infection muscle model. We demonstrate that swine muscles strips can be productively infected with RABV.

In parallel we demonstrated that some lectins could inhibit RABV entry in cell culture and in the swine skeletal muscle explant culture. Lectins are characterized by their type of reversible binding to a specific mono- or oligosaccharide[20], they can be found in many biological functions including protection against bacteria and virus infection[21–23]. For enveloped viruses, the viral glycans play an important role for processes such as envelop formation, immune evasion or virus release[24]. Studies have demonstrated that lectins bind with viral glycans of the enveloped viruses, such as HIV and coronavirus[25–28]. We screened a library of lectins and identified UDA among the most active. We demonstrated that UDA interacts with BHK cells and in that way protects the cells from RABV infection, most likely by blocking virus receptor binding. Typically, when people are exposed to RABV infection, HRIG provides passive protection by neutralizing the virus in the wound and muscles before vaccine-induced antibodies appear [29]. We demonstrate that UDA can protect muscle cells from rabies infection indicating that lectins may be an alternative for the RIGs.

In conclusion, we developed a novel, physiological relevant replication assay for RABV by using swine skeletal muscle explant cultures and demonstrate that the plant lectin UDA can prevent RABV infection in this model. UDA may serve as a reference for further studies and may hold promise as an alternative for RIGs in PEP.

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## Author contributions

L. T. and L. T. isolated and dissected the muscle stripes from the freshly euthanized pigs. G. W. provided the rabies virus-mCherry. E. V. D. provided the library of lectins. A. R. F. and A. C. B. advised suggestions for writing. X. W., D. J. and J. N. wrote the manuscript.

230 **Table 1. Antiviral activity of lectins against RABV**

| Lectin | Plant species | [1]EC$_{50}$ (µg/mL) | CC$_{50}$ (µg/mL) | SI |
|--------|---------------|----------------------|-------------------|-----|
| *Gal/GalNAc-specific agglutinins* | | | | |
| PHA-L4 | Phaseolus vulgaris | 47 ± 13 | >100 | >2.1 |
| RPA | Robinia pseudoacacia | 5.4 ± 2.5 | 11 ± 1.4 | 2.1 |
| RSA | Rhizoctonia solani | >100 | >100 | Na |
| SJA | Styphnolobium japonicum | 32 ± 19 | >100 | >3.2 |
| *GalNAc-specific agglutinins* | | | | |
| BPA | Bauhinia purpurea | 3.2 ± 1.0 | 9.0 ± 2.1 | 2.8 |
| CAA | Caragana arborescens | 95 ± 5 | >100 | >1.0 |
| DBA | Dolichos biflorus | >100 | >100 | Na |
| SBA | Soybean | >100 | >100 | Na |
| WFA | Wisteria floribunda | >100 | >100 | Na |
| *Gal-specific agglutinins* | | | | |
| Jacalin | Jackfruit | >100 | >100 | Na |
| Morniga G | Morus nigra | >100 | 24 ± 8.6 | <0.2 |
| PHA-E | Phaseolus vulgaris | 47 ± 1.5 | 86± 18 | 1.8 |
| PNA | Arachis hypogaea | >100 | >100 | Na |
| *GlcNAc-specific agglutinins* | | | | |
| DSL | Datura stramonium | 57 ± 2.2 | 69 ± 12.4 | 1.2 |
| GS II | Griffonia simplicifolia | >100 | >100 | na |
| Nictaba | Nicotiana tabacum | 29.0 ± 3.9 | >100 | >3.4 |
| UDA | Urtica dioica | 8.1± 1.3 | 54 ± 6.8 | 6.7 |
| UEA II | Ulex europaeus | >100 | >100 | na |
| WGA | Wheat germ | 21 ± 7.0 | 17± 6.3 | 0.8 |
| *Man/GalNAc-specific agglutinins* | | | | |
| AMA | Arum maculatum | 7.1 ± 2.9 | 9.1 ± 2.2 | 1.3 |
| TLC I | Tulipa hybrid | 32± 5.7 | >100 | >3.2 |
| *Mannose-specific agglutinins* | | | | |
| APA | Allium porrum L. | 36 ± 11 | >100 | >2.9 |
| Banana lectin | Musa acuminata | 6.2 ± 2.6 | 40.7 ± 11.5 | 6.5 |
| Calsepa | Calystegia sepium | >100 | >100 | na |
| Con A | Canavalia ensiformis | 13 ± 3.7 | 22 ± 4 | 1.7 |
| ConarvA | Convolvulus arvensis | 90.7 ± 9.3 | >100 | >1.1 |
| GNA | Galanthus nivalis | >100 | >100 | na |
| HHA | Hippeastrum hybrid | 29 ± 2.3 | >100 | >3.4 |
| Morniga M | Morus nigra | >100 | 27.4 ± 14.1 | <0.3 |
| NPA | Narcissus pseudonarcissus | 16 ± 5.4 | 42± 5.8 | 2.6 |
| PSA | Pisum sativum | 13 ± 7.5 | >100 | >7.7 |
| *Neu5Acα (2.6) Gal/GalNAc-specific agglutinins* | | | | |
| SNA I | Sambucus nigra | 14 ± 7 | >100 | >7.4 |
| *Sialic-acid-specific agglutinin* | | | | |
| ACA | Amaranthus caudatus | >100 | >100 | na |
| MAA | Maackia amurensis | >100 | >100 | na |

231    Man: mannose, GlcNac: N-acetyl glucosamine, GalNAc: N-acetyl galactosamine, Gal:

232    galactose, Neu5Ac: N-acetylneuraminic acid, SI: selectivity index

233    [1]$EC_{50}$ and $CC_{50}$ are reported as the average and SD of 3 independent experiments

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**Figure 1. Anti-RABV activity and dose-response curve of UDA.** Lectins were serially
diluted and added together with mCherry-RABV (MOI=0.01) into plates containing BHK cells.
On day 5 p.i. the antiviral activity was determined by quantification of the mCherry
fluorescence (a). In a parallel experiment the effect of UDA on cell viability was determined
using a viability staining (MTS) (b). Averages and standard deviations of 3 independent
experiments are presented. Fitting the dose-response curves indicated an $EC_{50}$ of UDA of 8.2
µg/mL and a $CC_{50}$ of 65 µg/mL.
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**Figure 2. UDA blocks RABV entry**. (a) BHK cells were incubated with UDA under pre- or
post-infection conditions (see methods). After 24 h p.i., intracellular vRNA was quantified by
RT-qPCR. Each condition was tested at least 3 times and averages and STDEV are indicated.
(b) Pre-exposure of UDA with RABV or cells before virus infection, after 5 days, the relative
number of infected cells was determined by quantification of the virus associated fluorescence.
(* $P < 0.05$, ****$P < 0.0001$)
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**Figure 3. RABV replicates in swine skeletal muscle explants.** (a) Culture supernatant was
collected at each day post infection, then vRNA was quantified by RT-qPCR. (b) On day 6 p.i.
the supernatant of infected (RABV) or non-infected (Mock) muscle cultures was transferred to
BHK cells. After 7 days of incubation, the fluorescence of the cells was determined by
microscopy.

**Figure 4. UDA inhibits RABV infection in swine skeletal muscle explants.** Muscle explants
were infected with RABV with or without UDA, at 6 d.p.i., the culture supernatant was
collected, and explants were fixed. (a)    Infectious virus titers in the supernatant was
determined by titration as described above. (b) On day 6, muscles were fixed and stained as
described above, RABV (green) replication was visualized, cell nuclei were stained with
Hoechst (blue). Results shown are a representative example of 3 independent experiments.
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