

1 **Title: Telomere shortening causes distinct cell division regimes during replicative**
2 **senescence in *Saccharomyces cerevisiae***

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5 **Short title:** Distinct cell division regimes leading to senescence

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Abstract

Background: Telomerase-negative cells have limited proliferation potential. In these cells, telomeres shorten until they reach a critical length and induce a permanently arrested state. This process called replicative senescence is associated with genomic instability and participates in tissue and organismal ageing. Experimental data using single-cell approaches in the budding yeast model organism show that telomerase-negative cells often experience abnormally long cell cycles, which can be followed by cell cycles of normal duration, before reaching the terminal senescent state. These series of non-terminal cell cycle arrests contribute to the heterogeneity of senescence and likely magnify its genomic instability. Due to their apparent stochastic nature, investigating the dynamics and the molecular origins of these arrests has been difficult. In particular, whether the non-terminal arrests series stem from a mechanism similar to the one that triggers terminal senescence is not known.

Results: Here, we provide a mathematical description of sequences of non-terminal arrests to understand how they appear. We take advantage of an experimental data set of cell cycle duration measurements performed in individual telomerase-negative yeast cells that keep track of the number of generations since telomerase inactivation. Using numerical simulations, we show that the occurrence of non-terminal arrests is a generation-dependent process that can be explained by the shortest telomere reaching a probabilistic threshold length. While the onset of senescence is also triggered by telomere shortening, we highlight differences in the laws that describe the number of consecutive arrests in non-terminal arrests compared to senescence arrests, suggesting distinct underlying mechanisms and cellular states.

1 **Conclusions:** Replicative senescence is a complex process that affects cell divisions earlier than
2 anticipated, as exemplified by the frequent occurrence of non-terminal arrests early after
3 telomerase inactivation. The present work unravels two kinetically and mechanistically distinct
4 generation-dependent processes underlying non-terminal and terminal senescence arrests. We
5 suggest that these two processes are responsible for two consequences of senescence at the
6 population level, the increase of genome instability on the one hand, and the limitation of
7 proliferation capacity on the other hand.

8

9 **Keywords:** mathematical model, replicative senescence, telomere, telomerase, single cell

10

1 Background

2

3 Human somatic cells have limited proliferation potential, a property that participates in
4 ageing (1). The extremities of their chromosomes, the telomeres, preserve genome integrity but
5 shorten with each cell cycle due to the end replication problem (2). Once they reach a critical
6 length threshold, telomeres trigger a DNA damage response that permanently arrests cells in
7 replicative senescence. Senescence is a long process, with human foetal cells dividing between
8 35 and 63 times *in vitro* before arresting, as measured in the first controlled analysis of the
9 phenomenon (3). During senescence progression, cell division dynamics, arrest timing and death
10 rates are very variable from cell to cell (4). Importantly, replicative senescence and its
11 heterogeneity are associated with a specific increase in genomic instability, possibly contributing
12 to cancer emergence with aging.

13

14 While the general mechanisms of telomere protection, telomere shortening and
15 senescence onset have been studied for decades, the heterogeneity of senescence and its
16 origins have received less attention. To address this aspect, we used the budding yeast model to
17 explore the dynamics of cell divisions at the single-cell level (5, 6). *Saccharomyces cerevisiae* is
18 a unicellular eukaryote that constitutively expresses telomerase, an enzyme that maintains
19 telomere length homeostasis by preferentially elongating the short telomeres (7). Because we
20 can experimentally repress telomerase expression, budding yeast is an excellent model to
21 monitor the whole senescence process, from telomerase inactivation to senescence onset and
22 cell death. Using this model, we and others showed that telomerase-negative cells often
23 experience consecutive prolonged cell cycles or arrests from which they recover transiently before
24 reaching terminal senescence (5, 8-13). These arrests are caused by the activation of the DNA
25 damage checkpoint pathway, suggesting they stem from DNA damage. The succession of
26 prolonged cell cycles relies on adaptation to DNA damage, a mechanism in which cells bypass

1 checkpoint signalling to force mitosis (6). How these non-terminal arrests appear and contribute
2 to the establishment of senescence, and whether they differ in nature from terminal arrests
3 immediately preceding cell death, are unanswered questions. The way the cell handles the
4 potentially resulting telomere instability likely contributes to the increase of genomic instability
5 observed in telomerase-negative cells (6, 14, 15).

6
7 Because of the apparent stochastic nature of the early arrests, mathematical analysis and
8 modelling are powerful approaches to describe them, test hypotheses on their nature and propose
9 underlying laws governing their appearance. We previously built a telomere-shortening model
10 that incorporated the asymmetric molecular mechanism of telomere replication (16, 17).
11 Numerical simulations in cell lineages that do not experience non-terminal arrests, based on this
12 model, suggested that a major source of variability of senescence onset is the wide length
13 distribution of the shortest telomere in a population of cells.

14
15 Here, we exploit a more exhaustive set of experimental data derived from cell cycle
16 duration measurements in individual yeast cell lineages captured in microfluidic chambers and
17 tracked by time-lapse microscopy from telomerase inactivation to cell death (6). We
18 mathematically describe the dynamics of appearance of non-terminal arrests. We then refine and
19 apply a telomere-shortening model providing a mechanistic basis for their timing and
20 heterogeneity. Finally, we argue that non-terminal arrests and terminal senescence correspond
21 to two distinct regimes governed by different biological processes.

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1 Results

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3 ***Generation-dependent accumulation of cell cycle arrests is specific to the absence of*** 4 ***telomerase***

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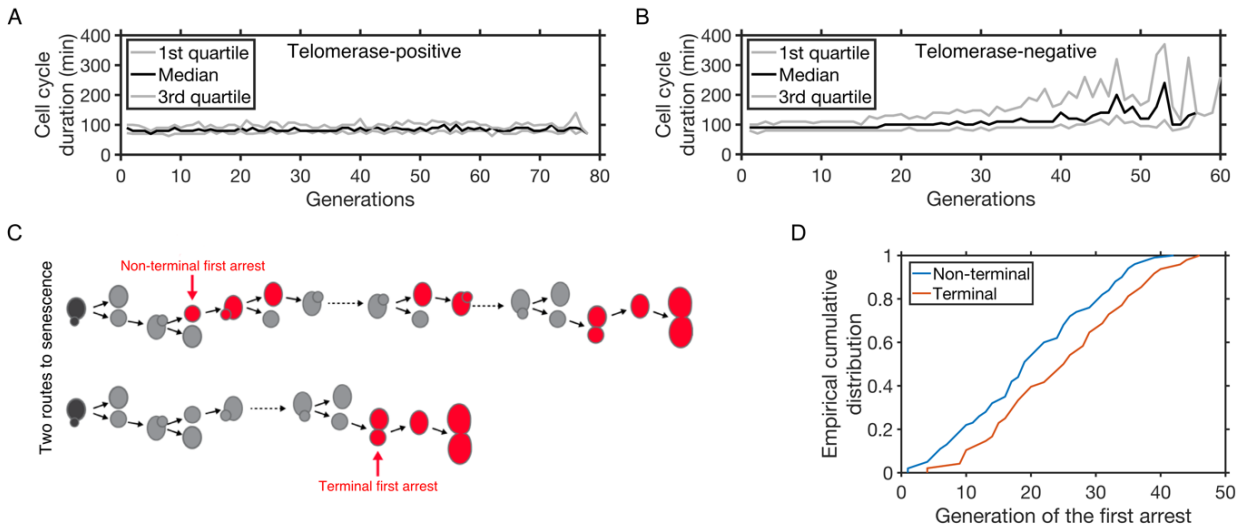
6 We took advantage of a data set we recently published (6), where the successive cell divisions of
7 individual lineages of yeast cells were tracked using a microfluidics-based live imaging approach.
8 The analysis of the resulting movies allowed the measurement of the duration of each consecutive
9 cell cycle, with a 10 min time resolution. We previously highlighted the presence of abnormally
10 long cell cycles in virtually all telomerase-negative cell lineages, which were interchangeably
11 called cell cycle arrests because they relied on the DNA damage checkpoint (5, 6) (Fig. 1A and
12 B). Long cell cycles were extremely rare in cells expressing telomerase and their frequency did
13 not increase with the number of generations.

14

15 We set a duration threshold D to define what was considered to be an abnormally long
16 cell cycle. We observed that some of the abnormally long cell cycles, when appearing for the first
17 time, were located at the end of the lineages and were never followed by a cell cycle of normal
18 duration (Fig. 1C), consistent with first terminal senescence arrests being caused by the first
19 telomere reaching a critical short length (16, 18, 19). Others, termed non-senescent, non-terminal
20 or early arrests, were followed immediately or later on by at least one cell cycle of normal duration
21 below D (Fig. 1C). In (5, 6), D was arbitrarily chosen to be the mean cell cycle duration of
22 telomerase-positive cells plus three standard deviations. In the present work, unless otherwise
23 stated, we also refer to long cell cycles or arrests using the same threshold D , which was
24 computed from the telomerase-positive data set and was estimated to be 180 min. In addition,
25 whenever possible, we challenged the robustness of the results with respect to this threshold.
26 The fact that the first non-terminal arrests started generally earlier than the terminal arrests (Fig.

1 1D) suggested that they might be caused by a different mechanism and we therefore set out to
 2 characterize the law governing their appearance.

3



4

5 **Figure 1.** Telomerase inactivation leads to increasingly frequent cell cycle arrests. (A) Median cell cycle duration of
 6 cells from individual lineages as a function of generations in telomerase-positive cells. Gray lines represent the 1st and
 7 3rd quartile. Generation count begins with image acquisition. (B) Same as (A) but in telomerase-negative lineages.
 8 Generation count starts with telomerase inactivation. (C) Scheme depicting two types of telomerase-negative lineages:
 9 (upper panel) the first arrest can be followed later on by at least one cell cycle of normal duration and is therefore “non-
 10 terminal”, or (lower panel) the first arrest can initiate the limited number of successive arrests characteristic of
 11 senescence and thus is “terminal”. (D) Cumulative distribution of the first appearance of terminal (red) and non-terminal
 12 (blue) arrests, with threshold $D = 180$ min.

13

14 ***The probability of appearance of the first non-terminal arrest increases over generations***

15

16 We asked whether the first non-terminal arrest could be caused by a stochastic DNA
 17 damage event. Following this hypothesis, at each generation j , there would be a probability $p(j)$
 18 ($0 \leq p(j) \leq 1$) for an arrest to occur. Let X be the random variable describing the generation at
 19 which the first non-terminal arrest occurs. Then, for every positive integer k , we have:

1

2 (Eq. 1)
$$\mathbb{P}(X = k) = p(k) \prod_{j=1}^{k-1} (1 - p(j))$$

3

4 We first tested whether the event causing the arrest was independent of the number of
5 generations, that is $p(j) = p$ constant and X corresponds to Bernoulli trials. The generation of the
6 first arrest would then follow a geometric distribution, of parameter $p = 0.0465$. However, a χ^2
7 goodness-of-fit test rejected this hypothesis (p-value < 0.05), robustly with regards to the
8 threshold D (Fig. 2A and Supplemental Fig. S1).

9

10 Plotting the fraction of lineages in which the first non-terminal arrest occurred at generation
11 j out of all lineages that have not yet experienced an arrest at that point confirmed that a constant
12 $p(j)$ did not describe the experimental data accurately (Fig. 2B). Instead, $p(j)$ increased in a non-
13 linear, possibly exponential, manner. We tested this hypothesis and to ensure that $0 \leq p(j) \leq 1$ for
14 every j , we chose to fit the data with a logistic function that approximates an exponential growth
15 for small values of j (Fig. 2B):

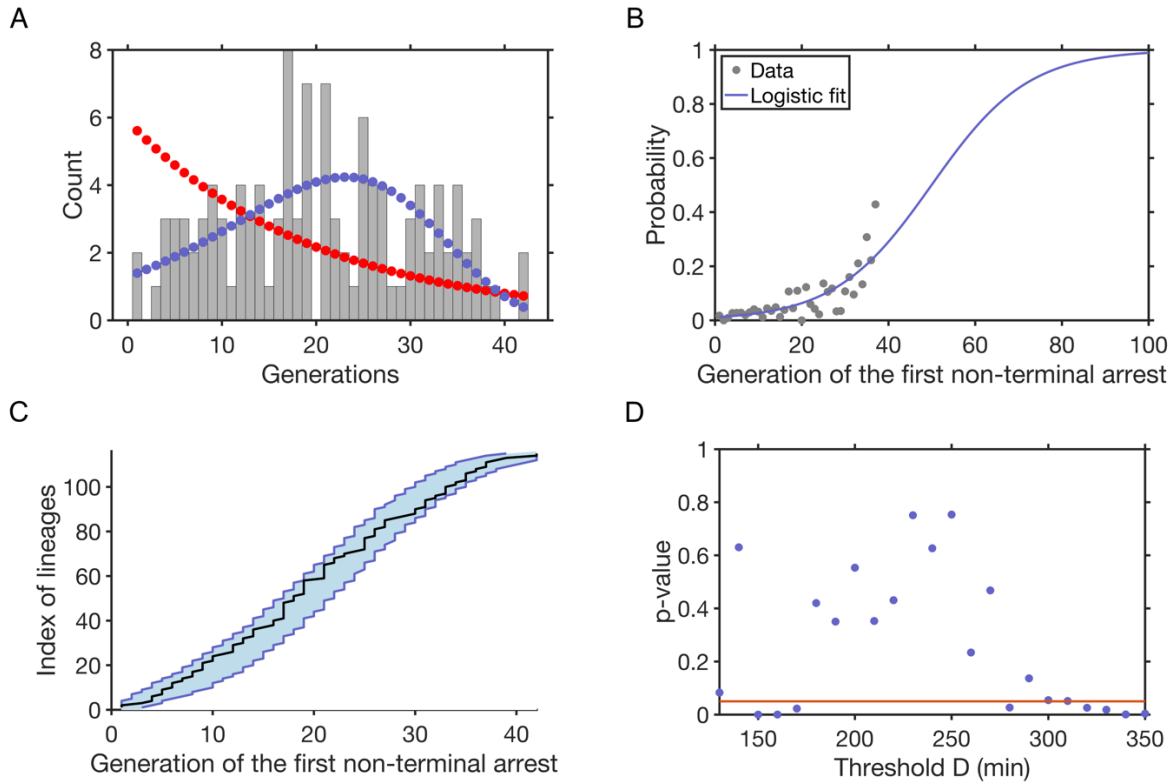
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17 (Eq. 2)
$$p(j) = \frac{1}{1 + \exp(-\frac{j-a}{b})}$$

18

19 This approximation of $p(j)$ allowed us to compute the generation of the first non-terminal
20 arrest in simulated lineages. We found a good agreement between the simulation and the
21 experimental data for the probability mass distribution function (Fig. 2A), in contrast to a geometric
22 law, as well as for the cumulative distribution function (Fig. 2C), for a wide and biologically relevant
23 range of D between 180 and 270 min (χ^2 goodness-of-fit tests, Fig. 2D). Therefore, while the first
24 non-terminal arrest seemed to occur stochastically, the probability of its appearance increased
25 exponentially over generations, which might be consistent with a time-dependent or telomere-
length-dependent damage as a plausible cause of the first arrest.

1



2

3 **Figure 2.** The stochasticity of appearance of the first non-terminal arrest is generation-dependent and best described

4 by a variable Bernoulli parameter with an exponential growth. (A) Grey bars: distribution of the occurrence of the first

5 non-terminal arrests with generations. Dots: Fit of the distribution with $p(j)$ following the logistic function shown in (B)

6 (blue dots) or being constant (red dots). (B) Grey dots: experimental frequency of occurrence of the first non-terminal

7 arrest; blue line: logistic fit of $p(j)$, the probability of appearance of the first non-terminal arrest, calculated only for

8 generations with more than 5 lineages left for computing. (C) Ordered generations of the first arrest from the

9 experimental data (black line) or simulations ($N = 1000$) based on Bernoulli distribution of first arrest with an

10 exponentially-growing parameter with the blue shaded area representing the 95% quantile. (D) p-values of χ^2 goodness-

11 of-fit tests of X corresponding to Bernoulli trials with a non-constant $p(j)$ fitted in (A) as a function of the threshold D .

12 The best parameters of (Eq. 2) are computed for each D . Red line represents p -value = 0.05. The hypothesis is not

13 rejected for D between 180 and 270 min.

14

15

16

1 ***A telomere-shortening-dependent model fits the timing of the first non-terminal arrest***

2

3 We previously modelled the telomere shortening mechanism at the molecular level and
4 found that a model with the shortest telomere in the cell reaching a signalling threshold explains
5 the onset of the first terminal senescence arrests and their heterogeneity (16). Here, we asked
6 whether a similar model of telomere shortening could also explain the first non-terminal arrest.
7 Such a model would provide a mechanistic explanation for these arrests and would be consistent
8 with the phenomenological description of the increase in their probability of occurrence over
9 generations (Fig. 2B).

10

11 We therefore applied the telomere shortening model to look for a potential length threshold
12 at which the first arrest would be induced. Each lineage started with an initial steady-state
13 telomere length distribution simulated based on the length-dependent regulation of telomerase
14 action. Telomeres were then allowed to shorten at each cell division, taking the asymmetry of
15 telomere replication into account. We used the same approach as in (16, 17) and tested how the
16 shortening dynamics of a linear combination of the lengths of the two shortest telomeres, that is
17 $L_1 + \alpha L_2$ (where L_1 and L_2 represent the length of the shortest and second shortest telomeres,
18 respectively, and α is a positive scalar) reaching a threshold L_{min} could fit the data. To do so, we
19 simulated the senescence onsets of individual lineages according to (16, 17) and compared them
20 to the experiments by minimizing the following error value, describing the distance between the
21 simulation and the experimental data of the onset of the first arrest:

22

23 (Eq. 3)
$$e(\alpha, L_{min}) = \sum_{j=1}^N \sum_{i=1}^n \left(G(i, j; \alpha, L_{min}) - \bar{G}(i) \right)^2,$$

24

1 where N is the number of simulations, n is the number of experimental lineages (here $n = 115$)
2 and for the j^{th} simulation, $G(i,j;a)$ represents the i^{th} lineage out of n lineages, ordered from shortest
3 to longest and simulated with the law of telomeric signalling $L_1 + \alpha L_2 = L_{min}$, and $\bar{G}(i)$ is the i^{th}
4 shortest lineage in the ordered set of the n experimental lineages.

5
6 Interestingly, as in (16) for the onset of senescence, the parameter α that minimized e was
7 always 0, indicating that taking only the length of the shortest telomere into account, and not the
8 second, led to the best fit. We therefore chose $\alpha = 0$ for the rest of the present work. The L_{min} that
9 minimized e was 61 bp, larger than the value 19 bp found in (16), which was consistent with the
10 fact that the first arrest appeared earlier than senescence onset (Fig. 1C). The simulated lineage
11 data were ordered based on their length and the area representing the 95% quantile of $N = 1000$
12 simulations was represented (Supplemental Fig. S2). However, the simulations failed to capture
13 the variation of the generation of the first non-terminal arrest (Supplemental Fig. S2). We
14 concluded that a deterministic L_{min} was not a reasonable assumption given the variable nature of
15 the first arrest.

16
17 At a molecular level, it would not be surprising that the signalling threshold for the shortest
18 telomere might be probabilistic rather than deterministic (see discussion). To take into account
19 this possibility, we chose L_{min} from a distribution defined by:

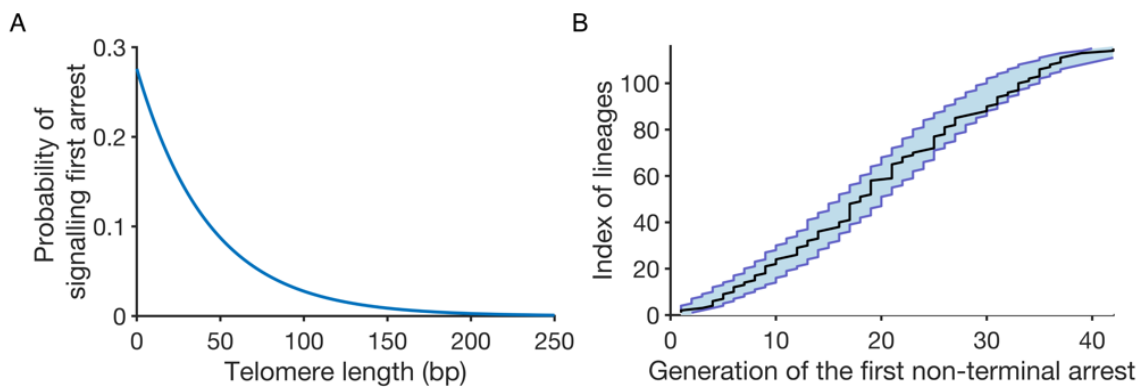
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21 (Eq. 4)
$$p(L) = b \cdot \exp(-aL),$$

22
23 where $a > 0$ and $0 < b < 1$ are parameters of the distribution. This distribution was chosen
24 as a simple way to model a decreasing probability with only two parameters. At each division, one
25 computes the shortest telomere length L and draws randomly, according to the probability $p(L)$,

1 whether it signals the first arrest or not. (Eq. 4) shows that we assume that the probability of
2 signalling senescence increases when L decreases. If a telomere happens to reach a length of 0
3 bp, which is a physiologically relevant situation (18), the arrest is immediately triggered regardless
4 of this probability distribution.

5
6 Using numerical simulations ($N = 1000$), we fitted the parameters a and b on the
7 experimental data and found the best fit to be $a = 0.023$ and $b = 0.276$, giving a signalling
8 probability that is small if the shortest telomere is greater than 150 bp ($p(150) = 0.009$), and takes
9 increasingly larger values as the shortest telomere decreases in length (Fig. 3A). This fit was in
10 excellent agreement with the heterogeneity of the experimental data (Fig. 3B).

11



12

13 **Figure 3.** A telomere-shortening-dependent model with a probabilistic length threshold fits the timing of the first non-
14 terminal arrest. (A) Probability density of the shortest telomere for signalling the first non-terminal arrest. (B) Ordered
15 generations of the first non-terminal arrest from the experimental data (black line) or simulations ($N = 1000$) based on
16 the probabilistic length threshold model with the blue shaded area representing the 95% quantile.

17

18 We conclude that a stochastic process or event depending on the length of the telomeres
19 getting progressively shorter might explain the timing of occurrence of the first non-terminal arrest.
20 Therefore, while the non-terminal arrests occurred slightly earlier than the terminal senescence
21 arrests, both terminal and non-terminal arrests might be triggered by telomere-length-dependent

1 processes (Fig. 1C and (16)). However, we do not exclude other sources of heterogeneity that
2 might contribute to the observed timings. We speculate in the discussion about possible molecular
3 mechanisms that would be consistent with the probability distribution we tested.

4

5 ***The first non-terminal arrest is often followed by consecutive arrests***

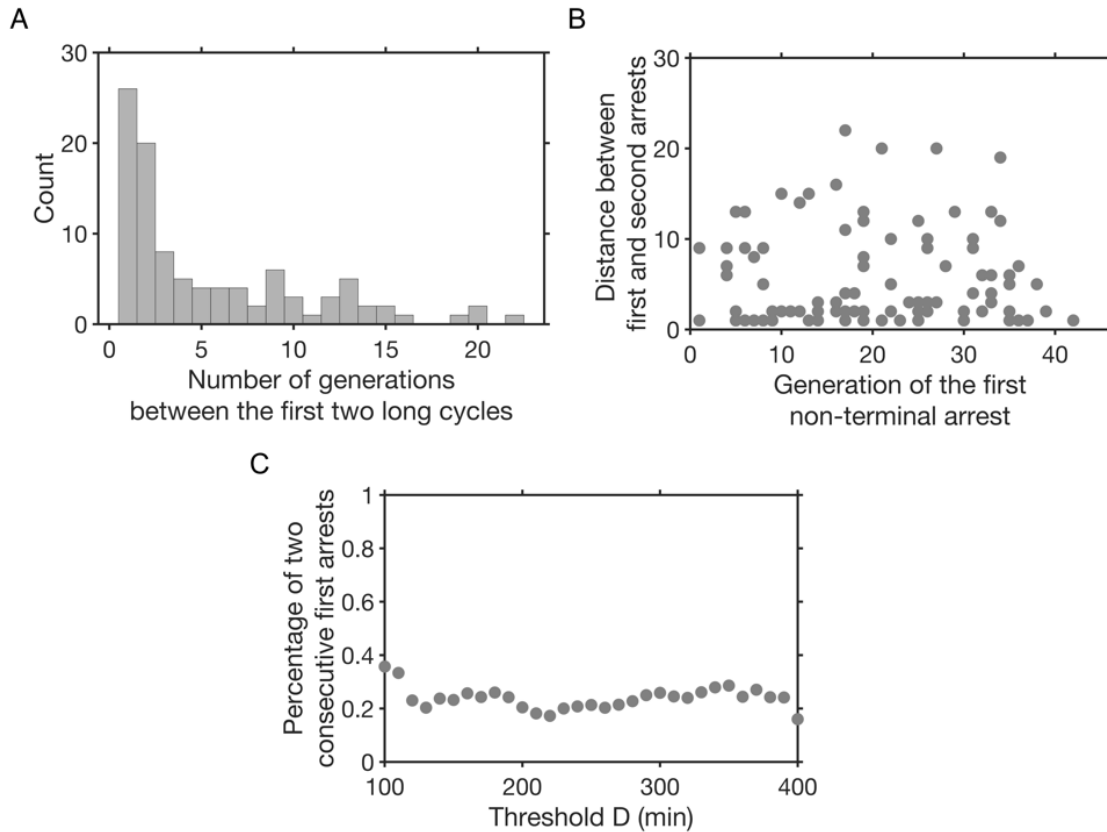
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7 In the experimental data and our previous analyses, we observed the presence of
8 consecutive long cell cycles corresponding to cells that managed to divide without repair, through
9 adaptation (6). We also proposed that more generally, a first arrest increased the probability of
10 occurrence of a second one (5). We thus closely examined the relationship between the first two
11 non-terminal arrests. We first looked at the number of generations separating them and observed
12 that the second arrest often immediately followed the first one (Fig. 4A). The overrepresentation
13 of pairs of juxtaposed or closely positioned arrests ($x = 1$ or 2 in Fig. 4A) could not be explained
14 by a random timing of occurrence of the second one as evidenced by the failure to fit a geometric
15 distribution for a wide range of D (p-values of χ^2 goodness-of-fit tests <0.05 most of the time;
16 [Supplemental Fig. S3](#)).

17

18 We then asked whether the generation of the first arrest affected the number of divisions
19 before the next arrest. We plotted the number of divisions between the two first arrests against
20 the generation of the first arrest and observed no significant correlation (Pearson correlation
21 coefficient $R = -0.029$, p -value = 0.77 , Fig. 4B). The overrepresentation of juxtaposed first two
22 arrests were not just coincidentally due to setting the threshold D at 180 min since the fraction of
23 lineages displaying this situation varied little as a function of D (Fig. 4C). These results are
24 consistent with the cells dividing while transmitting an arrest-inducing defect, such as a signalling
25 telomere.

26



1
2 **Figure 4.** The first non-terminal arrests are often consecutive. (A) Distribution of the number of generations between
3 the first two non-terminal arrests. (B) Number of generations separating the first two arrests as a function of the
4 generation of the first arrest. (C) Fraction of lineages with consecutive first two arrests as a function of threshold D .

5
6 ***The non-terminal and senescent consecutive arrests correspond to two distinct regimes***

7
8 Consecutive arrests are often associated with adaptation events and, after non-terminal
9 arrests, the eventual return to cell cycles of normal duration suggests the repair of the initial
10 damage (6). We therefore wondered if, for a sequence of non-terminal arrests, we could model
11 the repair probability after a first arrest as constant, that is, we asked if the number of consecutive
12 non-terminal arrests followed a geometric distribution (Fig. 5A). This hypothesis was not rejected
13 (p -value > 0.05 for χ^2 goodness-of-fit tests) for D between 140 and 330 min (Fig. 5A and B). For
14 the standard $D = 180$ min, the estimated probability of repair was 0.65 per generation. We

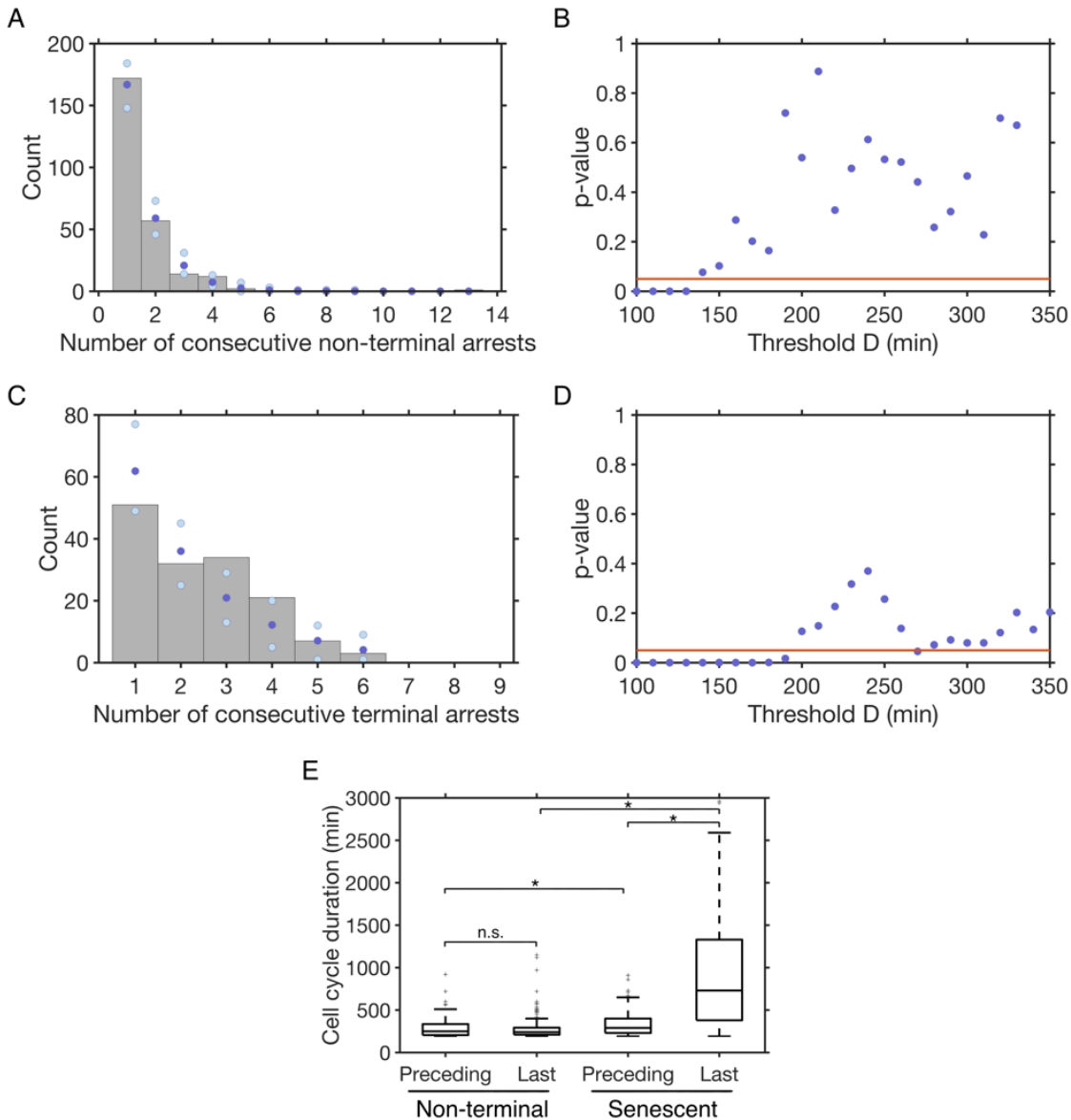
1 concluded that after the initial arrest, each further division is associated with a constant probability
2 of repair and recovery.

3
4 All lineages, whether they experienced non-terminal arrests or not, eventually enter
5 senescence and undergo consecutive arrests before cell death. We asked whether each cell
6 division in senescence would also have a constant probability of terminating the sequence of
7 consecutive arrests. We found that this hypothesis of a geometric law was rejected for the
8 standard $D = 180$ min (Fig. 5C and D). Therefore, the sequences of terminal and non-terminal
9 arrests do not follow the same law, suggesting different underlying processes.

10
11 However, we observed that the hypothesis of geometric law for senescent arrests was not
12 rejected for values of D between 200 and 350 min (Fig. 5D), values which were larger than for
13 non-terminal arrests and more consistent with the timescale of persistent damage. Even at values
14 of D where both non-terminal and terminal senescence arrests followed a geometric distribution
15 such as 240 min, the parameter (between 0 and 1) defining the geometric laws and representing
16 the probability of ending the consecutive arrests were different for the two processes: for example,
17 0.71 and 0.58 for the non-terminal and terminal senescence arrests, respectively, for $D = 240$
18 min. We then measured the difference in duration between non-terminal and senescence arrests
19 and found that for a sequence of non-terminal consecutive arrests, the last long cell cycle had a
20 duration on average similar to the preceding long cell cycles (medians of 250 min vs 240 min,
21 respectively; Fig. 5E). In contrast, in senescence, the last cell cycle leading to cell death was
22 much longer than the preceding ones (medians of 730 min vs 290 min, respectively; Fig. 5E).
23 More generally, the cell cycle durations of non-terminal arrests were significantly shorter than for
24 senescence arrests, even without taking the last arrest of the sequence into account (Fig. 5E).

25

1 Taken together, these results show that the dynamics of consecutive cell cycle arrests are
 2 kinetically different between non-terminal arrests and terminal senescence arrests.
 3



4
 5 **Figure 5.** The distributions of the number of consecutive arrests reflect distinct regimes for non-terminal and terminal
 6 arrests. (A) Distribution of the number of consecutive non-terminal arrests for $D = 180$ min (grey bars) and fit with a
 7 geometric distribution (dark blue) with the 2.5% and 97.5% quantile shown in light blue. (B) p-values of χ^2 goodness-
 8 of-fit tests for the number of consecutive non-terminal arrests following a geometric distribution, as a function of D . The
 9 hypothesis is not rejected for D between 140 and 330 min. (C-D) same as (A-B) for all terminal senescence arrests.

1 The hypothesis is not rejected for values of D between 200 and 350 min. (E) Duration of the long cell cycles in a
2 sequence of consecutive non-terminal or senescence arrests, separated into the last cell cycle in the sequence (“Last”)
3 and the preceding ones (“Preceding”). * indicates p -value < 0.05 and “n.s.” non-significant for a Mann-Whitney U test.
4

5 **Discussion**

6 In the present work, we mathematically describe and model the dynamics of appearance
7 of cell cycle arrests in telomerase-negative yeast lineages. We distinguish the arrests arising for
8 the first time near the end of a lineage, which are associated with the terminal senescence phase,
9 from earlier non-terminal arrests, the origins of which are less well understood. Based on the
10 analysis of the laws governing their dynamics, we argue that they correspond to two
11 mechanistically distinct processes, both contributing to the complexity and heterogeneity of
12 replicative senescence.
13

14 At first sight, the early arrests seemed to appear in a stochastic manner and could
15 theoretically be explained by a global increase in replication stress or DNA damage, or by the
16 disruption of non-canonical functions of telomerase, uncorrelated with the number of generations
17 cells spent in the absence of telomerase. A strong argument that it was not the case came from
18 the fact that similar experiments performed with cells with longer telomeres showed a
19 considerable delay before these early arrests appeared (5). Here, the analysis of the probability
20 of occurrence of the early arrests shows an exponential increase, confirming that they correspond
21 to a generation-dependent process and rejecting all the aforementioned generation-independent
22 hypotheses.
23

24 Another intriguing feature of these non-terminal arrests is that they are not isolated and
25 often appear as a sequence of two or more consecutive arrests at a rate that exceeds by far the
26 expectations even if we assume an exponential increase in the probability of appearance of the

1 arrests. The geometric law governing the number of consecutive arrests for a range of thresholds
2 D consistent with repair kinetics supports a model whereby early arrested cells undergo
3 adaptation until the damage is repaired. Since adaptation promotes genome instability by forcing
4 mitosis despite unrepaired DNA damage and lineages retain significant proliferation potential after
5 non-terminal arrests, we speculate that these early arrests might contribute to the mutations and
6 genome rearrangements observed in senescent cultures (8, 11, 14, 20). In contrast, cell cycles in
7 the senescence phase end with an extremely long final arrest and cell death.

8
9 We propose that a signal dependent on the telomere-shortening mechanism is a plausible
10 way to account for both the timing and heterogeneity of appearance of the first non-senescent
11 arrests. Since the cells experiencing non-terminal arrests activate the DNA damage checkpoint,
12 we speculate that the shortest telomere in these cells is in a signalling state that allows for repair
13 or adaptation. In contrast, at a senescence arrest, the shortest telomere, while also triggering the
14 DNA damage checkpoint, is likely unrepairable. One important parameter for the pathway choice
15 between repair, adaptation and permanent arrest is the amount of exposed single-stranded DNA.
16 It has been shown that the extent of resection and the recruitment of Rad51 and Rad52 increase
17 as telomeres shorten (21-23). We can therefore imagine that different ranges of resection might
18 lead to different cell fates and distinguish between non-terminal arrests and senescence arrests.

19
20 To model the appearance of non-terminal first arrests with generations after telomerase
21 inactivation, we used a telomere-shortening model we previously built, in which the shortest
22 telomere deterministically triggers the checkpoint arrest at a threshold length. The threshold that
23 best fitted the experimental data is 61 bp, close to the 75 bp “recombination length” proposed in
24 a recent work to promote activation of resection and initiate Rad51-dependent break-induced
25 replication to elongate telomeres (24). However, this deterministic model does not capture the
26 heterogeneity of the distribution of the appearance of the non-terminal arrests (Fig. S2),

1 suggesting more complex events during the course of telomere shortening. We thus refined our
2 model by allowing the length threshold for the shortest telomere to be probabilistic rather than
3 fixed, which did not alter significantly the mean length threshold (62 bp) compared to the
4 deterministic model. The reasoning behind this assumption is that telomere-length-dependent
5 mechanisms, such as elongation by telomerase, DNA damage signalling or repair, are based on
6 proteins bound to the telomere, including the telomeric Rap1 protein and its interacting partners.
7 Therefore, a length measurement mechanism would only be as precise as the size of the binding
8 site of proteins to DNA (25-28). For example, Rap1 is expected to bind on average every ~19 bp
9 on natural yeast telomeres. Because yeast telomere sequence is degenerated, the variability of
10 the number of Rap1 molecules bound to different telomeres may be important. Besides, short
11 telomeres bind the checkpoint sensor kinases Tel1 and then Mec1 when they become critically
12 short, thus defining a two-step process to transition from non-signalling to pre-signalling and
13 signalling states (18). We speculate that the recruitment of these kinases might also entail some
14 level of stochasticity, which might depend on variable resection and exposure of single-stranded
15 DNA. Another source of variability affecting the signalling capacity of telomeres could also come
16 from the chromatin status of each telomere, as exemplified by the silencing and telomere position
17 effect on transcription of subtelomeric genes and/or the histone levels near telomeres that are
18 known to be affected in senescence (20, 29). Therefore, we suggest that the critical length
19 threshold for the shortest telomere might be probabilistic. We show one implementation of a
20 probabilistic threshold, which leads to a good fit of the experimental data. Nevertheless, we do
21 not exclude alternative explanations involving other sources of heterogeneity such as various
22 forms of DNA damage or stress associated with telomere shortening (e.g. replication stress,
23 oxidative stress, mitochondrial dysfunction) that might alter the kinetics of cell divisions and
24 arrests (30-34). We suspect that the *in vivo* process might be a combination of shortest telomere
25 signalling-related and -unrelated heterogeneity.

26

1 **Conclusion**

2

3 Overall, we propose that telomere shortening triggers a first non-senescent cell cycle
4 arrest when the shortest telomere reaches a probabilistic length threshold. The cell then enters a
5 sequence of arrests, which might rely on adaptation events until successful repair, with a constant
6 probability with each cell cycle. The cell then resumes normal cell divisions until the shortest
7 telomere again triggers a cell cycle arrest. After a succession of series of non-terminal arrests
8 and normal cell divisions, the lineage finally enters senescence. In the senescence phase, by
9 definition, no repair mechanism will allow cells to recover, except in the very rare cases of post-
10 senescence survivors that are not modelled here. Instead, the cell can still adapt and undergo a
11 limited number of divisions, until the last, and substantially longer, arrest before cell death. To
12 conclude, given their kinetic and mechanistic properties, non-terminal and terminal arrests might
13 contribute to different aspects of replicative senescence, with non-terminally arrested cells being
14 able to propagate mutations induced by repair and adaptation, and terminally arrested cells being
15 responsible for the loss of proliferation observed in senescent cell cultures.

16

17 **Methods**

18

19 *Data curation*

20 We use the data sets of telomerase-positive and telomerase-negative cell lineages from (6). We
21 define senescence as the last series of consecutive cell cycles longer than threshold D , ending in
22 cell death. When analyzing senescence arrests, lineages that are not dead at the end of the
23 experiment are excluded, since we cannot determine whether they entered senescence or not.
24 For telomerase-positive lineages, because the beginning and the end of image acquisition are
25 not synchronized with cell divisions, we censor the first and last cell cycle of all lineages.

26

1 *Telomere shortening model*

2 Telomere shortening is modelled following the mechanisms described in (17). Briefly, for each
3 simulated lineage, the initial cell starts with 32 telomeres, the lengths of which are drawn from the
4 steady-state distribution of telomere length as in (17, 19). At each cell division, in a given daughter
5 cell, half of the telomeres shorten by a length corresponding to twice the shortening rate and the
6 other half does not shorten, as posited by the mechanism underlying the end-replication problem.
7 Only one of the two daughter cells is kept, thus defining a lineage. The telomere lengths in the
8 lineages are then tested against different models for the signalling length threshold L_{min} .

9

10 *Software and algorithm*

11 All the minimization procedures and statistical tests were performed using Matlab 2020a and the
12 CMAES algorithm (35) version 3.61 for Matlab.

13

14 **Declarations**

15

16 *Ethics approval and consent to participate*

17 Not applicable.

18

19 *Consent for publication*

20 Not applicable.

21

22 *Availability of data and materials*

23 The datasets and source codes supporting the conclusions of this article are available in

24 GitHub: <https://github.com/Hugo-Martin/telomeres>

25

26

1 *Competing interests*

2 The authors declare that they have no competing interests.

3

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11

12 *Author contributions*

13 M.D., M.T.T. and Z.X designed and supervised the study. H.M. and M.D wrote the mathematical

14 model and performed the numerical simulations. M.D. and Z.X. wrote the first draft of the

15 manuscript. All authors analyzed the data and revised the manuscript.

16

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19

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