

1 **The Cx43 Carboxyl-Terminal Mimetic Peptide α CT1**
2 **Protects Endothelial Barrier Function in a ZO1 Binding-**
3 **Competent Manner**

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24 1

25 **Abstract**

26

27 The Cx43 CT mimetic peptide, α CT1, originally designed to bind to ZO1 and thereby inhibit
28 Cx43/ZO1 interaction, was used as a tool to probe the role of Cx43/ZO1 association in regulation
29 of epithelial/endothelial barrier function. Using both *in vitro* and *ex vivo* methods of barrier
30 function measurement, including Electric Cell-Substrate Impedance Sensing(ECIS), a FITC-dextran
31 transwell permeability assay, and a FITC-dextran cardiovascular leakage protocol involving
32 Langendorff-perfused mouse hearts, α CT1 was found to protect the endothelium from thrombin-
33 induced breakdown in cell-cell contacts. Barrier protection was accompanied by significant
34 remodeling of the F-actin cytoskeleton, characterized by a redistribution of F-actin away from
35 the cytoplasmic and nuclear regions of the cell, towards the endothelial cell periphery, in
36 association with alterations in cellular orientation distribution. In line with observations of
37 increased cortical F-actin, α CT1 upregulated cell-cell border localization of endothelial VE-
38 cadherin, the Tight Junction protein Zonula Occludens 1 (ZO1) , and the Gap Junction Protein (GJ)
39 Connexin43 (Cx43). A ZO1-binding-incompetent variant of α CT1, α CT1-I, indicated that these
40 effects on barrier function and barrier-associated proteins, were likely associated with Cx43 CT
41 sequences retaining ability to interact with ZO1. These results implicate the Cx43 CT and its
42 interaction with ZO1, in the regulation of endothelial barrier function, while revealing the
43 therapeutic potential of α CT1 in the treatment of vascular edema.

44 **Introduction**

45

46 Barrier function is a vital mechanism characterized by the homeostatic exchange of substances
47 between interior and exterior compartments of epithelial tissues, marked by apical and
48 basolateral membrane domains, respectively (Zihni, Mills, Matter, & Balda, 2016). Diseases
49 associated with vascular barrier function disruption occur in the heart and other tissues, the
50 functions of which critically depend upon a healthy blood circulation. These diseases include
51 ischemia-reperfusion Injury, coronary artery disease (CAD), stroke, acute respiratory distress
52 syndrome (ARDS), chronic skin wounds such diabetic foot ulcers as well as many other
53 pathologies (Aghajanian et al., 2008; Escibano et al., 2019; Herrero, Sanchez, & Lorente, 2017;
54 Gerd Heusch, 2016; Heusch, 2018; Higashi & Miller, 2017; Simmons, Erfinanda, Bartz, & Kuebler,
55 2019; Soon, Chua, & Becker, 2016). The vascular endothelial barrier, a specialized epithelial
56 monolayer lining blood vessels, acts like a semi-permeable filter that regulates the exchange of
57 cells, extracellular vesicles, plasma proteins, solutes, and fluids between the circulation and
58 tissue (Aghajanian, Wittchen, Allingham, Garrett, & Burridge, 2008; Komarova & Malik, 2010).
59 Pathological stress triggers breakdown in these barrier properties, causing characteristic
60 disruptions in cytoskeletal structure and junctional complexes at cell-cell contacts, including
61 intercellular gap formation (Belvitch, Htwe, Brown, & Dudek, 2018). These changes can result in
62 edematous buildup of fluid, ions and other solutes, as well as enhanced immune cell infiltration
63 across multiple tissue types and disease processes (Aghajanian et al., 2008; Escibano et al.,
64 2019).

65 Cellular structures involved in regulating barrier function include: 1) The Tight junction (TJ), which
66 provides a gating mechanism that directly controls the exchange of substances across the
67 paracellular space; 2) The Adherens junction (AJ), which is critical for the establishment and
68 maintenance of cell-cell adhesion; 3) The Actin cytoskeleton, which controls the overall integrity
69 of cell-cell contacts via mechanical push/pull forces; and (4) The Gap junction (GJ), which allows
70 for exchange of signaling molecules and ions between cells through connexin-based transcellular
71 channels, in addition to providing close points of intercellular adhesion (Derangeon, Spray,
72 Bourmeyster, Sarrouilhe, & Hervé, 2009; B. N. Giepmans, 2004; Radeva & Waschke, 2018). While
73 initially conceived of as independent, these transcellular complexes were subsequently identified
74 as sharing direct interactions with the tight junction scaffolding molecule, Zonula Occludens 1
75 (ZO1), which is thought to contribute to biochemical and biophysical crosstalk between their
76 protein components (Derangeon et al., 2009; Garcia, 2009; B. N. Giepmans, 2004; Hervé,
77 Bourmeyster, Sarrouilhe, & Duffy, 2007).

78 Findings have emerged over the last 20 years or more that gap junctional connexins, especially
79 the most studied isoform, Connexin 43 (Cx43), influences barrier function and permeability
80 (Strauss & Gourdie, 2020). There is also growing appreciation that this may involve both channel-
81 dependent and independent functions of Cx43, including via effects on intercellular
82 communication, membrane permeability, cell-cell contact arrangements and cytoskeletal
83 dynamics, junction assembly, cell polarity, and transcriptional regulation (Francis et al., 2011;
84 Kameritsch, Pogoda, & Pohl, 2012; Leithe, Mesnil, & Aasen, 2018; Matsuuchi & Naus, 2013; Olk,
85 Zoidl, & Dermietzel, 2009). While mounting evidence suggests that Cx43-based channel activity
86 can modulate barrier function changes under pathological stress conditions, the channel-

87 independent role of Cx43 in barrier modulation is less understood. The Cx43 carboxyl-terminus
88 (CT), exhibits a well-characterized interaction with ZO1, specifically at its PDZ2 domain (B. N. G.
89 Giepmans & Moolenaar, 1998; Sorgen et al., 2004; Sorgen, Trease, Spagnol, Delmar, & Nielsen,
90 2018). While the details of this structural interaction are well-established, the functional
91 consequences remain to be characterized. In this study, we examine the effects of short mimetic
92 peptides based on the Cx43 CT sequence, with and without the capacity to interact with ZO1. Our
93 results indicate that α CT1, which incorporates the CT-most 9 amino acids of Cx43, protects
94 endothelial cell barrier function in a ZO1 interaction-associated manner. α CT1 is presently in
95 clinical testing in humans for healing of normal and chronic skin wounds (Lampe and Laird, 2018;
96 Strauss and Gourdie, 2020). The barrier protective effect of α CT1 is accompanied by marked
97 changes in patterns of ZO1, VE-Cadherin, Cx43, and actin cytoskeleton remodeling in peptide-
98 treated cells. Taken together, our data suggests that modulation of actin-based inter- and intra-
99 cellular push/pull forces may be a key aspect of the molecular mechanism of α CT1 on barrier
100 function, contributing to the mode-of-action of this therapeutic peptide in regulating tissue
101 edema.

102

103 **Results**

104

105 **α CT1 requires a CT isoleucine to associate with ZO1 at borders between MDCK cells**

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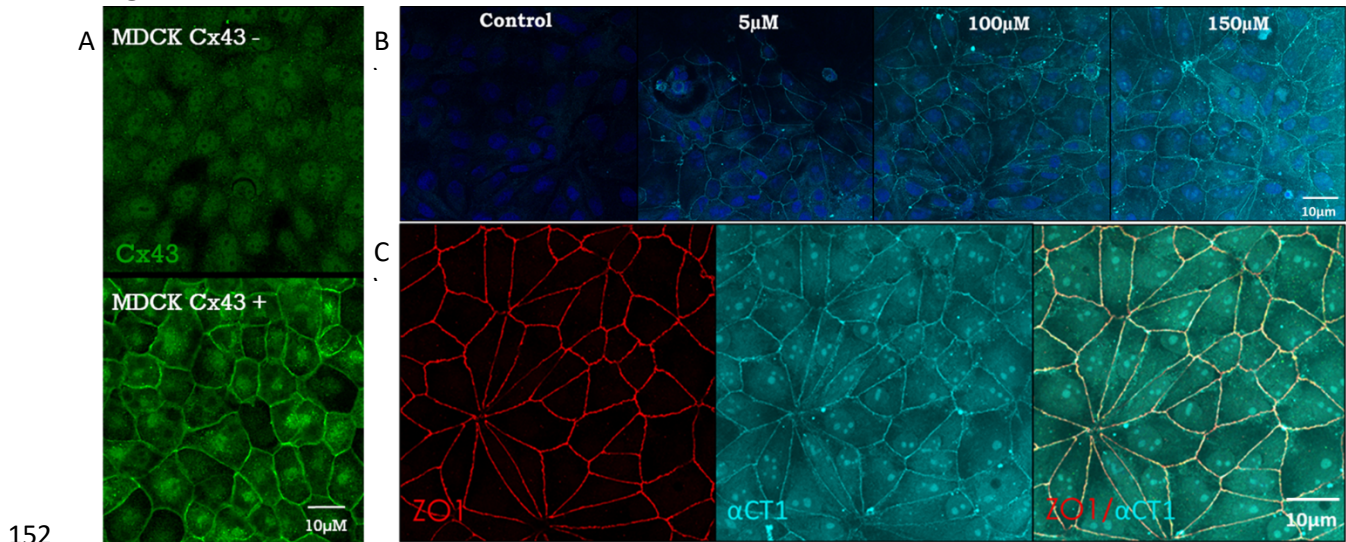
107 The α CT1 peptide consists of the CT-most 9 amino acids of Cx43: Arg-Pro-Arg-Pro-Asp-Asp-Leu-
108 Glu-Iso or RPRPDDLEI, includes a 16–amino acid N-terminal antennapedia sequence (ANT) and
109 typically has an N-terminal biotin tag (Hunter, Barker, Zhu, & Gourdie, 2005). The last four amino
110 acids of α CT1 (DLEI) mimic the class II PDZ-binding motif of Cx43, which has been shown to
111 mediate interactions with the second of the three PDZ (PDZ2) domains of the tight junction
112 protein, ZO1 (Jiang et al., 2019). Deletion of the CT isoleucine of this motif abrogates interaction
113 of α CT1 with ZO1 PDZ2, as is the case with the ZO1 binding-incompetent α CT1-I variant used in
114 this, as well as our previous work on the molecular mechanism Cx43 CT peptides in mitigating
115 cardiac ischemia reperfusion injury (Jiang et al., 2019). In these studies, we demonstrated that in
116 addition to interacting with ZO1, α CT1 has the capacity to interact with Cx43 CT itself.

117 Using Electric Cell-Substrate Impedance Sensing (ECIS) we previously reported that α CT1
118 abrogates EGTA-induced loss of barrier function in retinal pigment epithelial monolayers (Obert
119 et al., 2017). Follow-up ECIS experiments in the present study indicated that Cx43-deficient
120 Madin-Darby Canine Kidney (MDCK) cell cultures were similarly protected by α CT1, but not α CT1-
121 I, from a Ca^{2+} chelating, EGTA-treatment. The addition of 100 μ M α CT1, 5 min after Ca^{2+} chelation
122 with 2mM EGTA, produced barrier function recovery beyond that observed with the control
123 peptides, α CT1-I, and the cell penetration sequence alone, antennapedia (ANT) (Supplementary
124 Figure 1).

125 These initial barrier function findings in MDCK cells demonstrated the barrier function-
126 modulating potential of the 9 amino acid (aa) CT-most sequence of Cx43. These observations
127 further indicated that α CT1's mechanism of action likely involved ZO1 binding-competency. To
128 confirm that α CT1 interacts with ZO1 inside the cell, α CT1's association with the tight junction
129 protein, ZO1, was investigated. We first examined α CT1 uptake and distribution in MDCK cells
130 using confocal microscopy. Cx43-negative MDCK cells (Figure 1A) were used in this analysis to
131 reduce confounding binding of the α CT1 and α CT1-I to Cx43 itself, a characteristic of both
132 peptides that we have demonstrated previously (Jiang et al., 2019). Consistent with results from
133 HeLa cells (Hunter et al., 2005), we observed robust antennapedia peptide-mediated uptake into
134 MDCK cells. However, unlike HeLa cells, MDCK cells incubated with α CT1 showed dense
135 concentrations of peptide co-localized with ZO1 at cell-cell borders (Figure 1C). This pattern
136 appeared to occur in a dose-responsive manner (Figure 1B), with signal intensity increasing with
137 increasing concentrations of applied α CT1 - from 5 μ M, 100 μ M to 150 μ M. This distinctive co-
138 localization is illustrated further in a 3D-volumetric rendering in Figure 2B, where α CT1, but not
139 α CT1-I, can be seen to uniformly and intensely co-localize with ZO1 at an interface containing the
140 tight junction belt between apposed cells. Quantitative analyses confirmed that α CT1 colocalized
141 with ZO1 at cell borders at significantly higher levels than the ZO1 binding-incompetent peptide
142 α CT1-I, antennapedia (ANT) peptide alone (i.e., with no additional Cx43-related sequence), and
143 vehicle controls, with no added peptide (Fig 2A, C). To further substantiate α CT1-ZO1 association,
144 we performed proximity ligation assays (Duolink) using antibodies against ZO1 and the biotin tags
145 present on α CT1 and α CT1-I peptides. Punctate ZO1-biotin Duolink signals were significantly
146 increased following incubation of cells with α CT1, but largely attenuated following incubation

147 with α CT1-I (Figure 2D, E). Taken together, these data suggested that α CT1 associates in close
148 proximity with ZO1 at Cx43-negative MDCK cell-cell borders, requiring a functional ZO1 PDZZ
149 domain-binding motif to maintain this pattern. These results were consistent α CT1 directly
150 targeting and binding to ZO1 located at cell-to-cell junctions.

151 **Figure 1**



153 **Figure 1: Cx43 CT mimetic peptide, α CT1, colocalizes with ZO1 inside Cx43-deficient MDCK cells. A)**
154 **Representative confocal images of Cx43-deficient and Cx43-expressing MDCK cells. B)** Representative
155 **confocal images of the dose-dependent uptake of fluorescent streptavidin-labeled, biotinylated α CT1 (0,**
156 **5, 100,150 μ M) inside Cx43-deficient MDCK cells, fixed at 1 h post-incubation of peptide. C)**
157 **Representative confocal images of ZO1 + α CT1, combined into a merged image to highlight colocalization**
158 **(yellow).**

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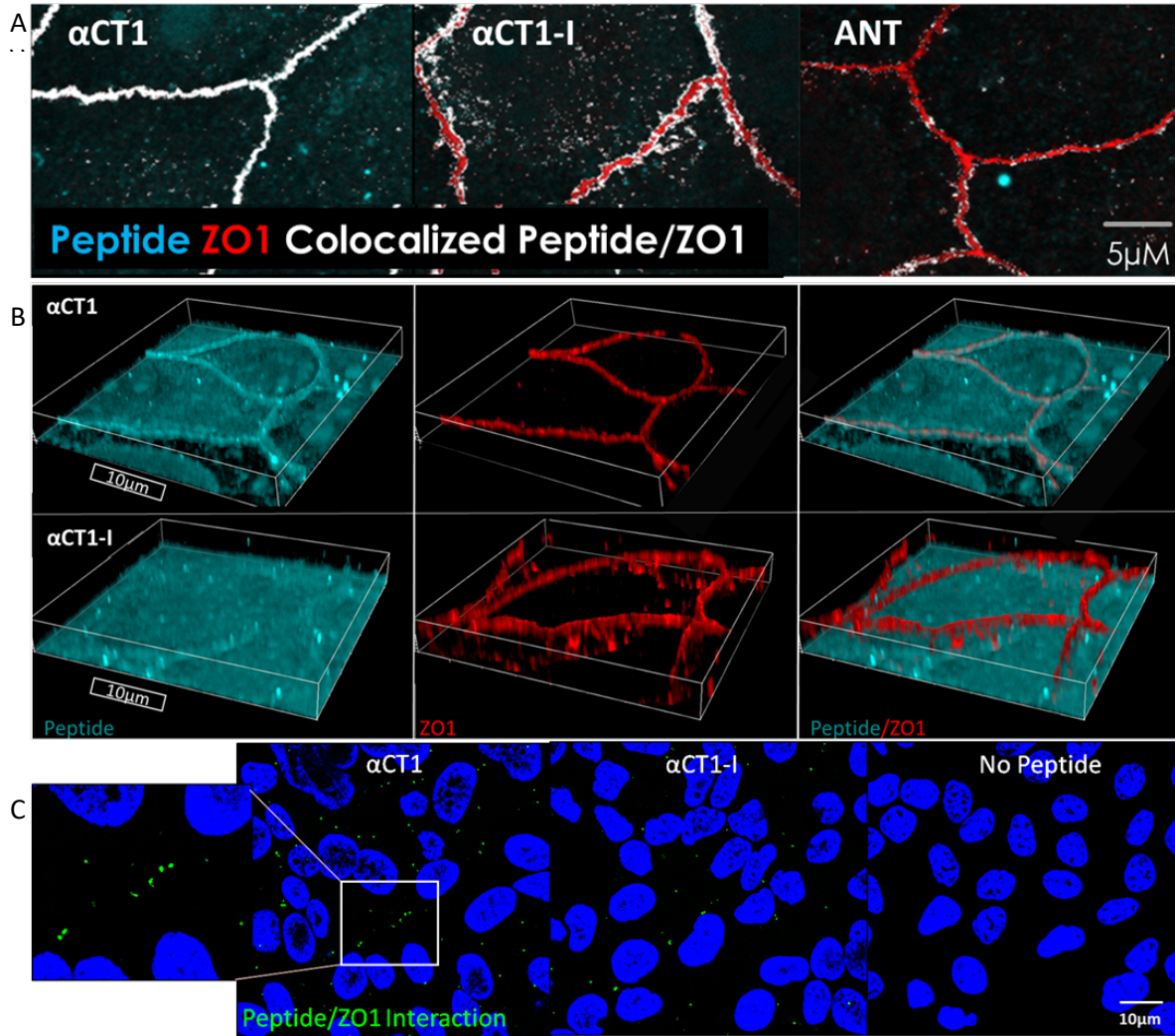
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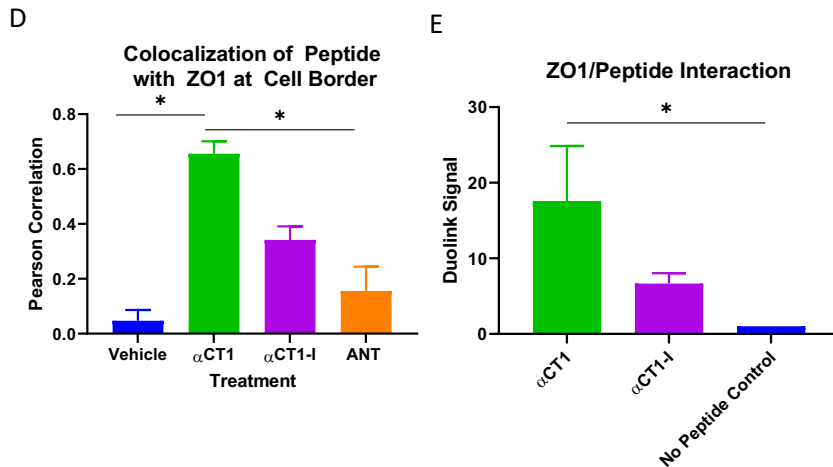


Figure 2: α CT1 requires its terminal isoleucine to associate with ZO1 inside Cx43-deficient MDCK cells. A) Representative confocal images of colocalization

174 (white) between α CT1 and ZO1 binding-deficient control, α CT1-I, and cell penetration sequence control,
175 antennapedia (ANT). **B)** Representative volumetric 3D confocal image renderings of border localization of
176 α CT1 vs α CT1-I. **C)** Representative confocal images of the Duolink interaction between peptides and ZO1.
177 Green spots represent points of interaction. **D)** Quantification of colocalization between the peptides and
178 ZO1, as determined by Pearson Correlation analysis. **E)** Quantification of the Duolink interaction between
179 the peptides and ZO1. *P < 0.05 vs. controls; N = 3.

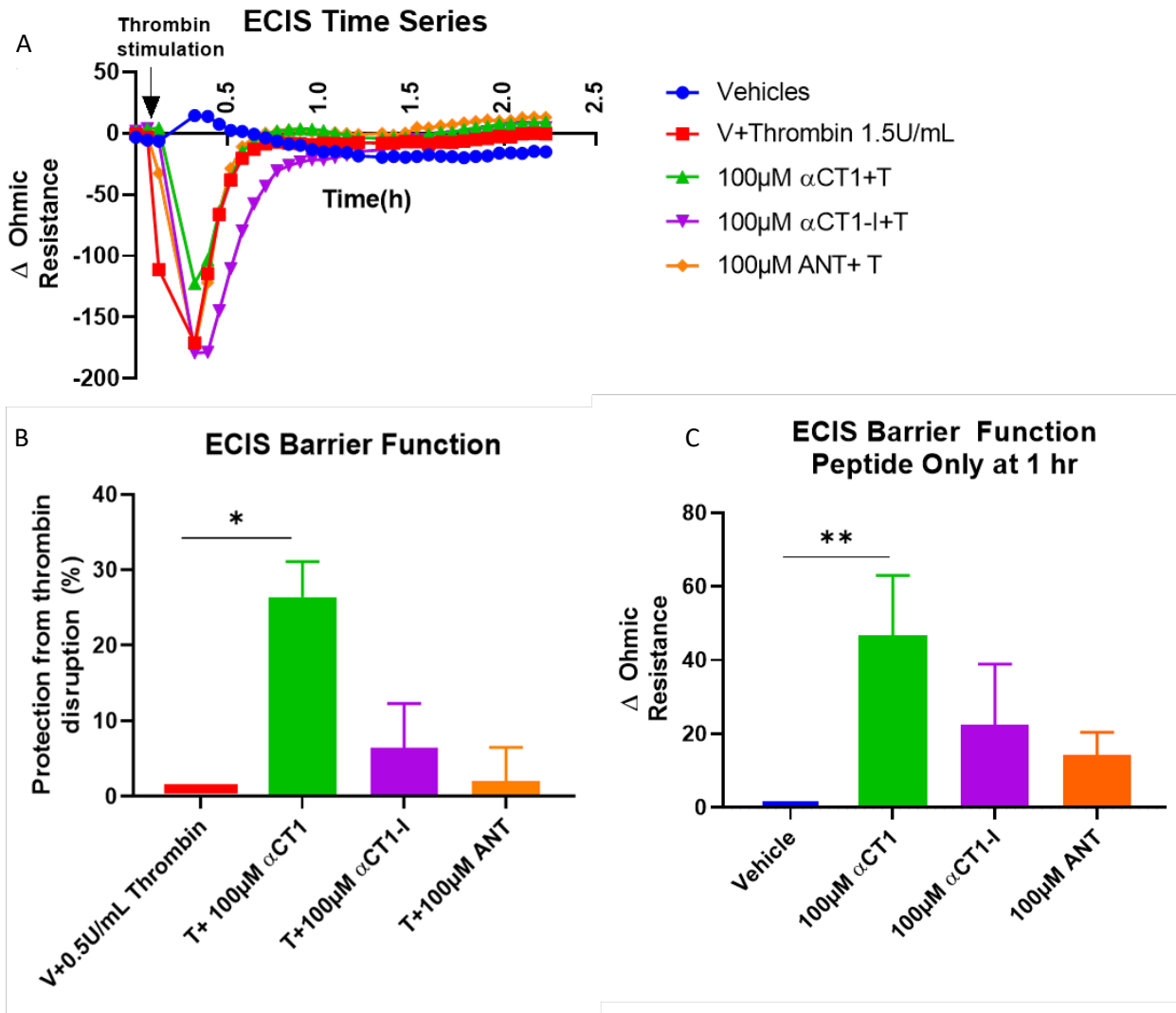
180 **α CT1 inhibits thrombin-induced disruption of endothelial barrier function in a ZO1** 181 **binding-competent manner**

182

183 Previous reports have demonstrated that the Cx43 mimetic, α CT1, has cardioprotective
184 properties in an *ex-vivo* mouse model of global ischemia reperfusion injury (Jiang et al., 2019).
185 We considered that targeting of the coronary vasculature and effects on edema were an
186 unexplored aspect of the mode-of-action α CT1 in cardioprotection. Breakdown in endothelial
187 barrier function is a hallmark of several cardiac pathologies, including ischemia-reperfusion injury
188 (Heusch, 2018; Mezache et al., 2020) . The barrier protective effects observed in the MDCK cells
189 (Supplementary Figure 1) raised the possibility that α CT1 might similarly protect barrier function
190 within endothelial cells. To investigate the potential for α CT1 to protect endothelial barrier
191 function, we used ECIS to assess the barrier-modulating effect of α CT1 and the ZO1-binding
192 incompetent control α CT1-I in microvascular endothelial cell monolayers. To this end, confluent
193 HMEC-1 monolayers were grown on ECIS electrode arrays, treated with peptide (100 μ M) for 1h,
194 then stimulated with thrombin (1U/mL). Thrombin is a well-known barrier function disruptor and
195 bona fide inflammatory mediator of ischemia reperfusion injury and other cardiac diseases
196 (Jackson, Darbousset, & Schoenwaelder, 2019). ECIS indicated that pretreatment with α CT1, but

197 not α CT1-I, significantly attenuated barrier function disruption induced by thrombin in HMEC-1
198 monolayers (Figure 3A, B). Interestingly, we noted from ECIS records that a significant level of
199 stabilization occurred prior to treatment with thrombin, during the one hour period in which cells
200 were incubated with α CT1 (Figure 3C). Again, a similar pre-treatment effect was not observed for
201 α CT1-I (Figure 3C). To further validate our results, we repeated the experiment using a second
202 well-characterized assay of barrier integrity, a transwell permeability assay based on the flux of
203 a 4.5 kDa TRITC dextran permeability tracer across the monolayer (Figure 4). In line with the ECIS
204 data, α CT1 pretreatment significantly blocked hyperpermeability to the tracer following
205 exposure to thrombin – at the 10 minute time point of maximum disruption (Figure 4B), as
206 indicated from initial time course experiments (Figure 4A). By contrast, α CT1-I demonstrated no
207 barrier protecting effect. Based on these data we concluded that pretreatment with α CT1 was
208 sufficient to maintain endothelial barrier in the context of thrombin-induced disruption, whereas
209 the ZO1-binding incompetent variant peptide α CT1-I was unable to mediate a similar protective
210 effect.

211 **Figure 3**



212

213 **Figure 3: αCT1 requires ZO1 binding-competency to protect the endothelial barrier from thrombin-**

214 **induced disruption measured by Electric Cell-substrate Impedance Sensing (ECIS) in HMEC-1 cell**

215 **monolayers. A)** Representative ECIS time series showing peptide-induced barrier function changes

216 following thrombin treatment. Each data point represents the change in ohmic resistance from individual

217 treatment baselines, collected at approx. 4 min intervals. **B)** Approximately 5 min following thrombin

218 addition, peptide-induced barrier function protection was calculated as the percentage of barrier

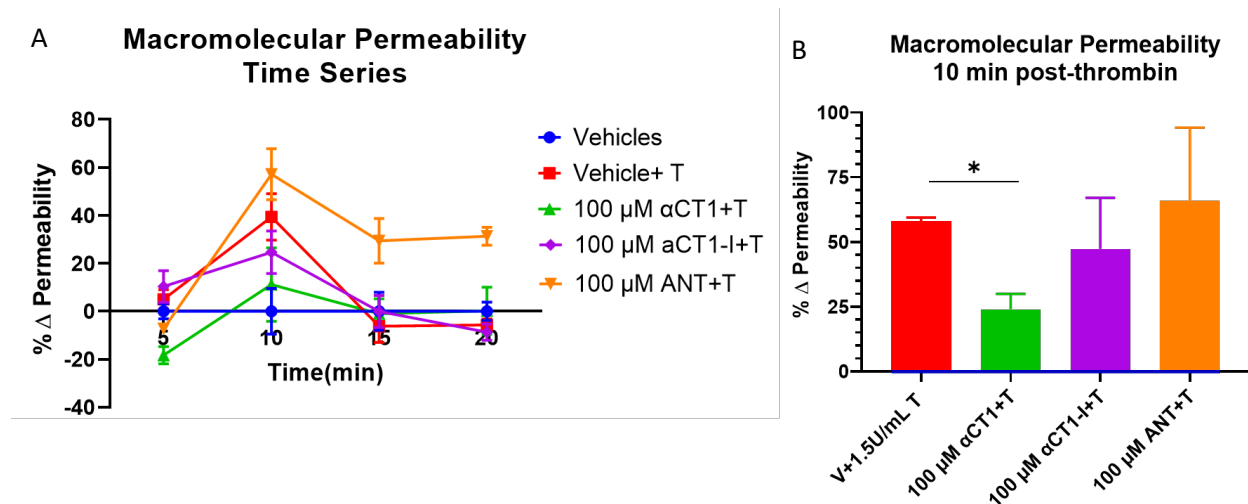
219 protection from thrombin disruption **C)** At 1 h peptide incubation, prior to thrombin treatment, the effects

220 of peptides on barrier function were calculated as the change in ohmic resistance compared to vehicle
221 control. * $P < 0.05$ vs. controls; $N = 3-5$.

222

223 **Figure 4**

224



225

226 **Figure 4: α CT1 requires ZO1 binding-competency to prevent thrombin-induced hyperpermeability in**

227 **HMEC-1 cell monolayers. A)** Representative time course of macromolecular flux to 4.5kDa FITC-dextran

228 across the endothelial monolayer, from the top (apical) to the bottom (basolateral) compartment of

229 transwell chambers. The percentage change in absolute permeability was calculated from fluorescent

230 readings of samples taken from the bottom compartment at 5, 10, 15, and 20 min post-thrombin

231 stimulation. Measurements at each time point were normalized to vehicle control. **B)** The change in

232 permeability at the time point of maximum thrombin disruption (10min), normalized to vehicle control,

233 were averaged across experiments. $P < 0.05$ vs. Vehicle control; $N = 4$.

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235 **α CT1 prevents thrombin-induced changes in endothelial F-actin and VE-cadherin**
236 **distribution in a ZO1 binding-competent manner**

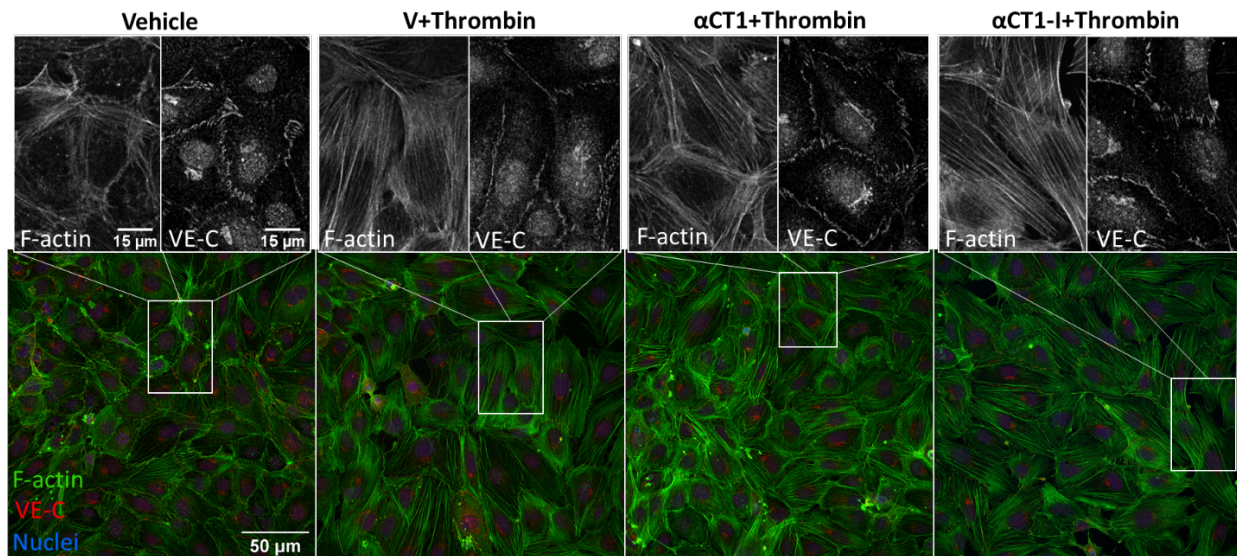
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238 The mode-of-action of thrombin in disrupting barrier function is thought, in large part, to occur
239 via its effects on the actin cytoskeleton and VE-cadherin (Aslam et al., 2014; Breslin, Zhang,
240 Worthylake, & Souza-Smith, 2015). Furthermore, a previous collaborative report demonstrated
241 that α CT1 produces significant changes to the actin cytoskeleton in brain endothelial cells, via a
242 ZO1 PDZ2 interaction (Chen et al., 2015). Therefore, HMEC-1 cells grown on solid substrates were
243 immunolabeled for F-actin and VE-Cadherin following a similar treatment protocol described for
244 ECIS barrier function experiments, then fluorescent signals imaged using confocal microscopy.

245 We used this approach, together with a high-throughput quantitative image analysis software,
246 Cell Profiler (McQuin et al., 2018), to quantify changes in the cellular distribution of F-actin and
247 VE-Cadherin in our thrombin/peptide treatment model. Initial observations showed that
248 untreated control HMEC-1 cells grown in monolayers exhibited thin, well-delineated bands of
249 cortical actin marking the boundaries of cells, consistent with intact barrier function, as well as
250 isolated fibers stretching across the cytoplasm of the cell (Figure 5). Thrombin treatment
251 attenuated this sharp F-actin border, causing cells to form densely packed fibrous sheets of stress
252 fibers that stretched across the cell, either through the center of the cell or just outside the cell-
253 center, in a manner consistent with cytoskeletal structures commonly linked to endothelial
254 barrier function disruption in the literature (e.g., Figure 5). Thrombin also increased the
255 formation of intercellular gaps. The thrombin-induced effects on F-actin at 5 min post-thrombin
256 stimulation observed here are consistent with previous reports (Doggett & Breslin, 2011; Rabiet
257 et al., 1996). As for VE-Cadherin, thrombin attenuated the sharp, linear VE-Cadherin signal at the
258 cell border, while simultaneously reducing concentrations of signal towards the center of the cell
259 (Figure 5).

260 To quantify these changes, normalized intensities of F-actin and VE-Cadherin immunolabeling
261 were measured at 20 successive equivalently spaced intervals from the nucleus to the peripheral
262 border of cells in the different treatment groups, as detailed in methods (see diagram in Figure
263 6A). Statistically significant differences in the cellular distribution of F-actin and VE-Cadherin
264 between the treatment conditions compared to thrombin alone are displayed in Figure 6 and in
265 Supplemental Table 1. Overall, F-actin distribution increased more or less linearly from the cell
266 nucleus outward to the cell periphery, peaking in mean fractional intensity near the cell periphery
267 (Figure 6A). VE-Cadherin distribution showed an opposite trend, though with an upward
268 inflection in fractional intensity in region 17, located just a few radii inward from cell borders.
269 Importantly, α CT1, but not α CT1-I pretreatment inhibited the thrombin-induced changes in F-
270 actin morphology, consistent with barrier function effects described previously (Figure 6B). This
271 α CT1-associated effect, compared to α CT1-I, was marked by a significant increase in the
272 proportion of peripherally located cortical actin, simultaneous with increase in VE-Cadherin at
273 cell-cell borders. See Figures 6A and 6B for mean fractional intensity values, and Figures 6C and
274 6D for vehicle baseline-subtracted values for F-actin and VE-cadherin respectively. α CT1, but not
275 α CT1-I, also prevented thrombin-induced reduction in VE-Cadherin cellular distribution in the
276 four peripheral-most cell compartments, while changes were not significant around the cell
277 center – as indicated by the yellow-highlighted regions on the graphs shown in Figure 6. These
278 data indicated that α CT1 required ZO1-binding competency to protect against thrombin-induced
279 barrier function-associated changes in F-actin and VE-Cadherin.

280 **Figure 5**



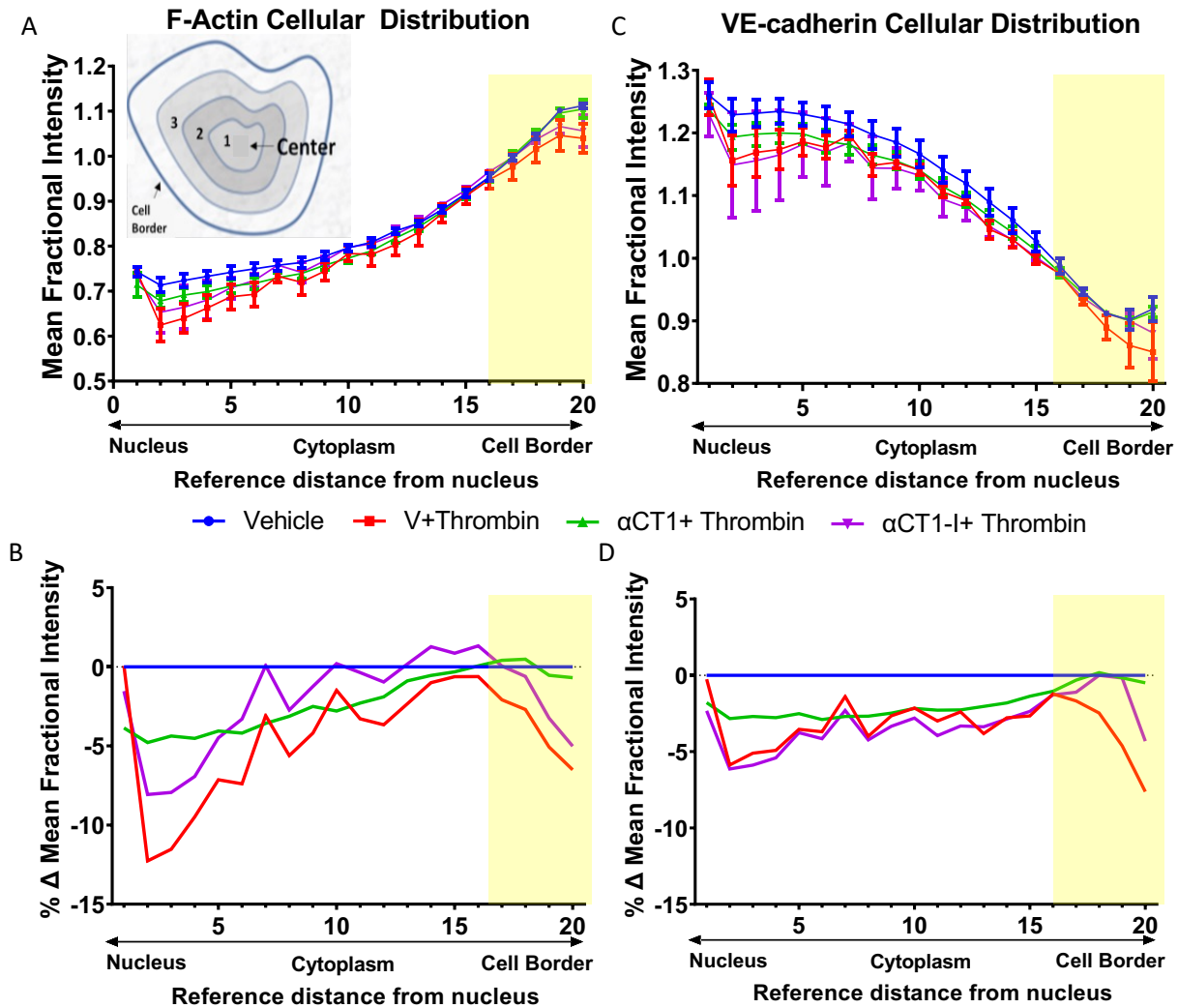
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282 **Figure 5: α CT1 inhibits thrombin-induced shift in endothelial F-actin and VE-cadherin distribution in**

283 **HMEC-1 cell monolayers.** Representative confocal images of F-actin and VE-Cadherin in 100 μ M labeling

284 in peptide-treated, HMEC-1 cells, fixed 5 min after thrombin addition to the media. Zoomed sections show

285 representative treatment-induced F-actin and VE-Cadherin changes.



286
287
288
289

Figure 6

290 **Figure 6: Quantification of α CT1 inhibition of thrombin-induced shift in endothelial F-actin and VE-**
291 **cadherin distribution in HMEC-1 cells. A,C) The radial distributions of F-actin (Top left) and VE-cadherin**
292 **(Top right) were measured as the mean fractional intensity at a given cell radius, calculated as fraction of**
293 **total intensity normalized by fraction of pixels at a given radius. Cell diagram of regions 1-20 indicated in**
294 **top left figure. B,D) F-actin (Bottom left) and VE-cadherin (Bottom right), vehicle-subtracted values**

295 calculated as percentage difference from vehicle 100% (Value-Vehicle)/Vehicle). N = 3 Yellow highlighted
296 bar indicates where α CT1+T, but not α CT1-I+T is significant compared to thrombin alone.

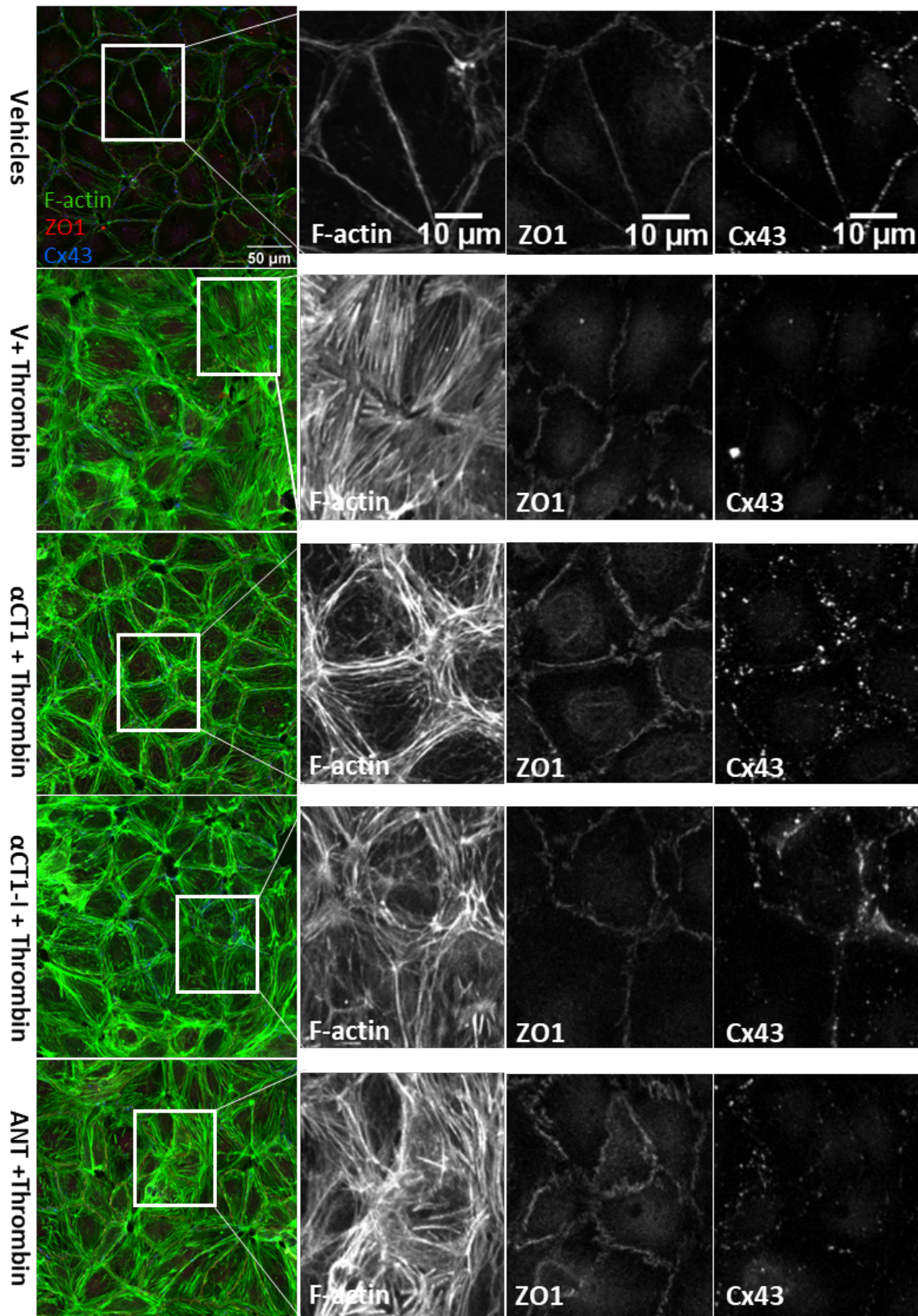
297 **α CT1 requires ZO1 binding-competency to modulate the distribution of F-actin, ZO1 and**
298 **Cx43 in cultured endothelial cells.**

299

300 To further validate our observations on HMEC-1 cells, another endothelial cell line, Human
301 Dermal Microvascular Endothelial cells (HDMECs), was grown to confluence on collagen-coated
302 transwell filters. HDMECs were used for purposes of improved imaging and quantification of
303 peptide treatment-associated phenomena due to the well-defined cell-cell borders and more
304 uniformly arrayed junctional structures found in this endothelial cell line. Previous reports have
305 indicated that α CT1 targets TJ protein, ZO1, to increase gap junctional Cx43 levels at the cell
306 border in Hela cells, and that gap junctional Cx43 provides points of close cell-cell contact (Elias,
307 Wang, & Kriegstein, 2007; Rhett, Jourdan, & Gourdie, 2011). Therefore, in this set of experiments,
308 cells were stained for F-actin, ZO1, and Cx43 (Figure 6). As in HMEC-1s, untreated vehicle control
309 HDMECs exhibited thin, clearly delineated bands of cortical F-actin marking the boundaries of
310 the cell, while thrombin treatment attenuated this sharp F-actin border, inducing the formation
311 of densely packed stress fibers stretching across the cell, including the cell center. Also similar to
312 the pattern observed in HMEC-1 cells, α CT1, but much less so α CT1-I, blocked this shift in F-actin
313 distribution in HDMECs (Figures 7, 8A-B Supplemental Table 2), with a marked attenuation and
314 enhancement of cytosolic and peripheral F-actin distribution, respectively. HDMEC monolayers
315 pretreated with the cell penetration sequence control, antennapedia (ANT), showed a near
316 identical F-actin distribution pattern as thrombin treatment alone (Figure 8A-B).

317 Changes in the distribution of Cx43 and ZO1 induced by thrombin alone did not reach statistical
318 significance at any sub-region within HDMECs (Figures 8C-F, Supplemental Table 2). However,
319 the effects of α CT1 on Cx43 and ZO1 in combination with thrombin were significant, with marked
320 discrimination from the effects of the ZO1 binding-incompetent control, α CT1-I, and the cell
321 penetration sequence control, ANT. Consistent with previous reports on peptide-induced
322 changes in Cx43 distribution at cell-cell contacts (Rhett et al., 2011), α CT1, but not α CT1-I,
323 produced a significant increase in the proportion of Cx43 at cell-cell borders, while both peptides
324 reduced the proportion of signal located in nuclear and cytoplasmic regions (Figure 8B and 8E,
325 Supplemental Table 2). Similar changes in ZO1 signal across the different cellular sub-regions
326 were seen with α CT1, but not α CT1-I or ANT (Figure 8C and 8D, Supplemental Table 2). The 95%
327 confidence intervals for each treatment mean at each sub-region for actin, ZO1, and Cx43 and
328 details of statistically significant differences for these proteins between the treatment conditions
329 compared to thrombin alone are summarized in Figure 8 and Supplemental Table 2. The yellow
330 bars in Figure 8 indicate cell regions in which effects of α CT1 on the junctional protein
331 distributions are discriminated from α CT1-I with respect to thrombin alone ($p < 0.05$). In sum, it
332 was observed that the ZO1-binding-competent Cx43 CT peptide inhibited induction of stress
333 fibers and junctional remodeling in response to thrombin, maintaining actin in more
334 homeostatic-like cortical distributions in the two endothelial cell lines studied.

335 Figure 7



336

337

338 **Figure 7: α CT1 inhibits thrombin-induced shift in endothelial F-actin distribution in association with ZO1**

339 **and Cx43 remodeling in HDMEC monolayers.** – Representative confocal images of F-actin cytoskeleton,

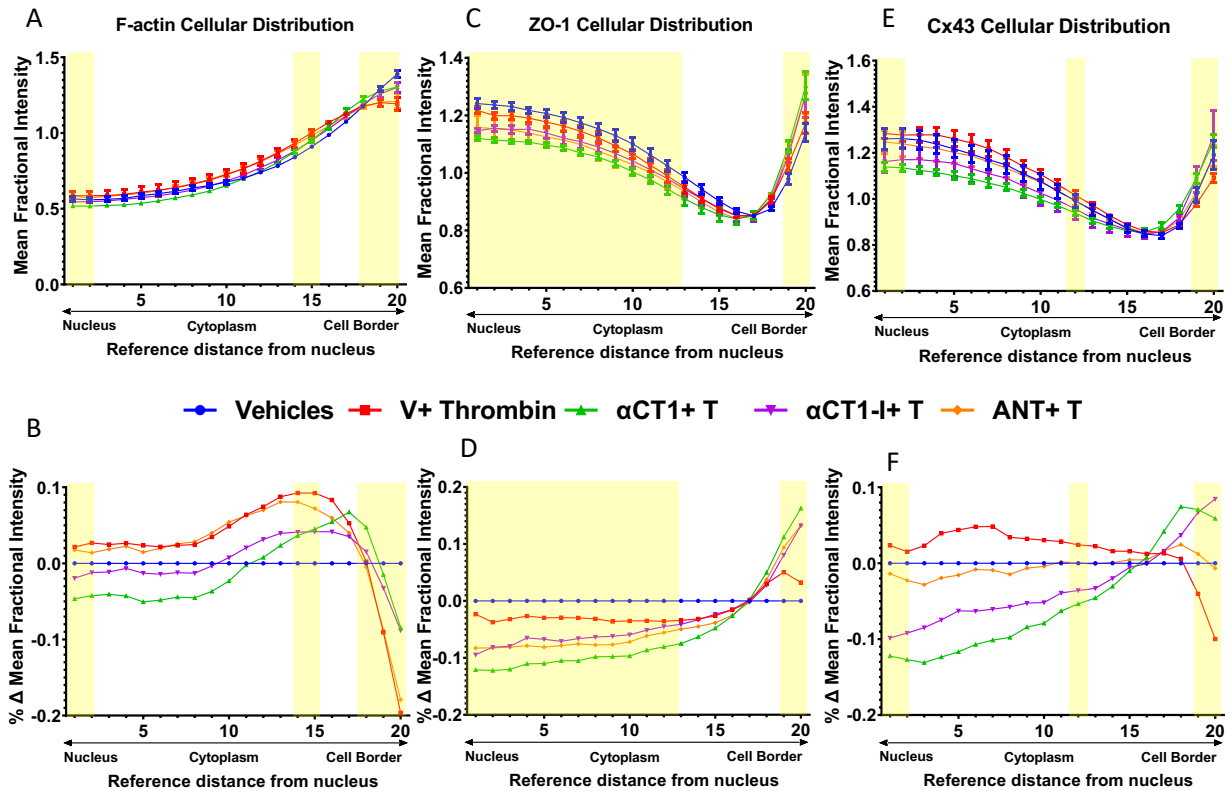
340 Cx43, and ZO1 distribution in 100 μ M peptide-treated, transwell filter-grown HDMECs, fixed 10 min after

341 thrombin addition to the media. Black and white zoomed images show treatment-induced changes in

342 more detail at the level of cell-cell contacts.

343

344 **Figure 8**



345

346 **Figure 8: Quantification of α CT1 inhibition of thrombin-induced shift in endothelial F-actin distribution**

347 **in association with ZO1 and Cx43 remodeling in HDMECs.** A, C, F) The radial distributions of F-actin (Top

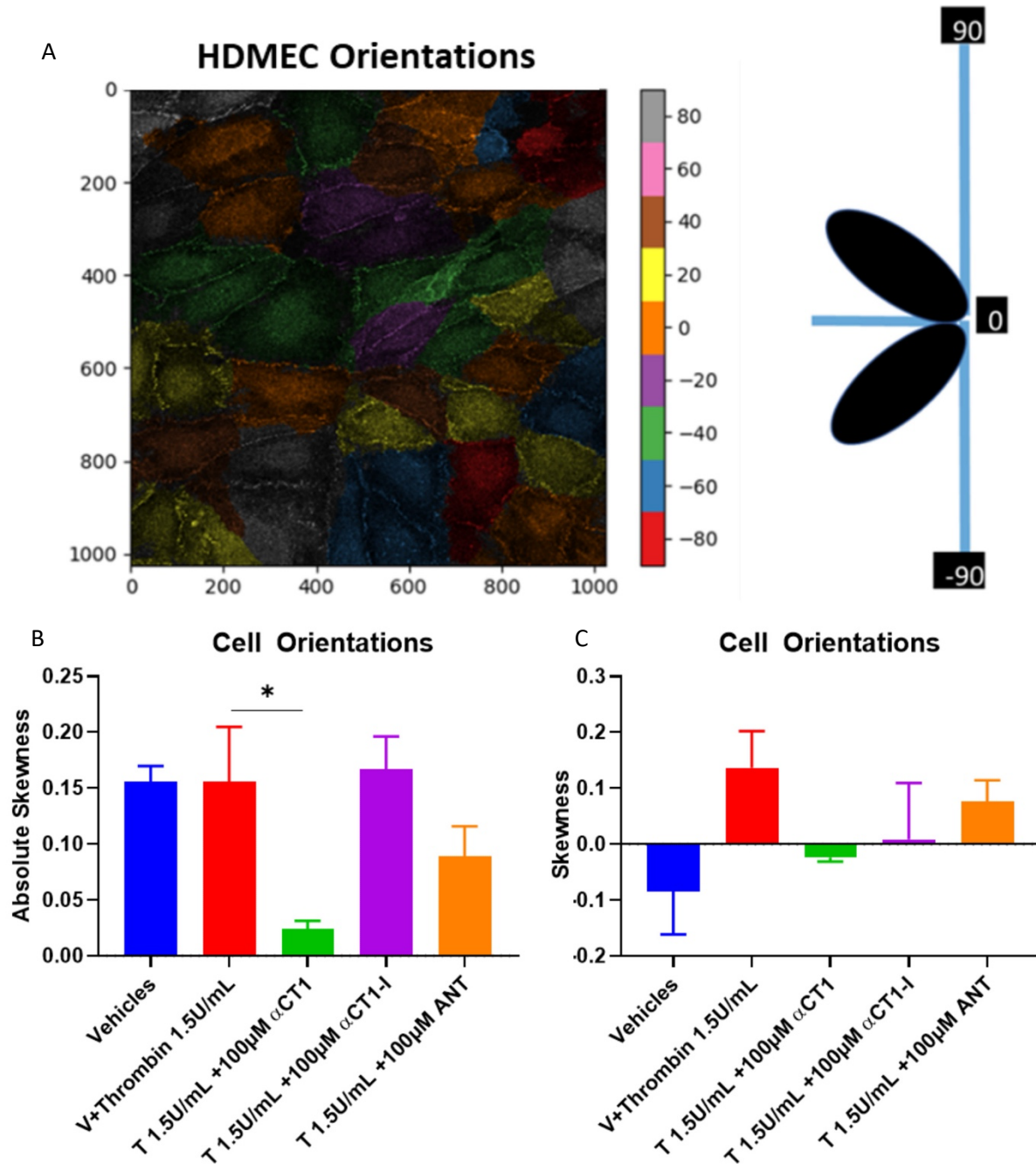
348 left) and ZO1 (Top middle) and Cx43 (Top right)) were measured as the mean fractional intensity at a given

349 cell radius, calculated as fraction of total intensity normalized by fraction of pixels at a given radius. Cell
350 diagram of regions 1-20 indicated in top left figure. **B, D, E** F-actin (Bottom left) and ZO1 (Bottom middle)
351 and Cx43 (Bottom right), vehicle-subtracted values calculated as percentage difference from vehicle 100%
352 (Value-Vehicle)/Vehicle). N=3. Yellow highlighted bar indicates where α CT1+T, but not α CT1-I+T or ANT+T
353 is significant compared to thrombin alone.

354 **α CT1 requires ZO1 binding-competency to exert changes in distribution of cell**
355 **orientations**
356

357 An F-actin cytoskeleton-related phenomenon that has been recently linked to barrier function
358 regulation is cellular orientation or handedness (Fan et al., 2018). We assessed cellular
359 orientation on HDMEC monolayers treated with α CT1, as compared to thrombin and peptide
360 controls, and noted that distribution of cell orientations showed significant correlation to the
361 different patterns of actin remodeling seen in our experimental model (Figure 9). Skewness
362 measurements of cell orientation indicated that thrombin shifts the distribution of cell
363 orientation from one side of a normal distribution to the other. That is, under vehicle conditions,
364 the majority of cell orientations took on “negative” angles with respect to an arbitrary $X=0^\circ$
365 reference axis, while thrombin stimulation “flipped” the cells to take on positive angles. α CT1
366 pronouncedly reduced the skewness measure to near zero, indicating a near complete
367 attenuation of cell-orientation bias. A Kolmogorov–Smirnov (KS) test on cell orientation data was
368 performed to further confirm the significance of these findings (data not shown).

369 **Figure 9**



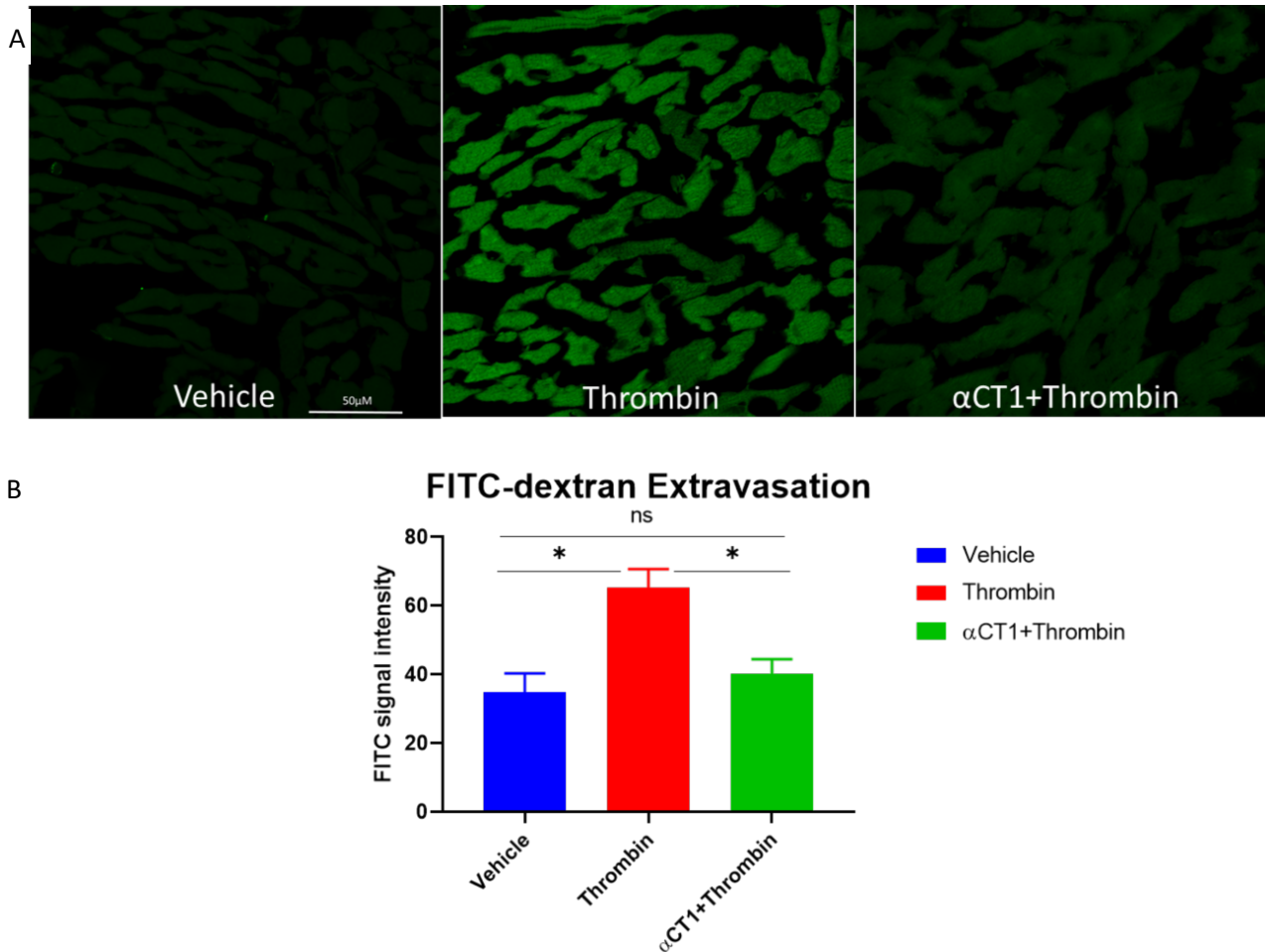
370 **Figure 9: αCT1 alters distribution of cell orientations in HDMEC monolayers.** A) Representative diagram
371 of cell angle designation across a HDMEC monolayer. B) Absolute Skewness measurements, calculated as
372 the absolute value of g_1 = the average value of z_3 , where z is the familiar z-score, $z = (x - \bar{x}) / \sigma$, where x is
373 the individual cell angle with respect to 0° angle reference axis. C) Raw Skewness values calculated as g_1
374 above, no absolute value calculated, * $P < 0.05$ vs. Thrombin; $N = 3$.

375 **α CT1 reduces vascular leak in Langendorff-perfused mouse hearts**

376

377 As mentioned earlier, a cardiovascular protective effect of α CT1 was hypothesized to in part to
378 result from the peptide's targeting to the coronary vasculature within the heart (Jiang et al.,
379 2019). Thus, to determine if the *in vitro* endothelial barrier protection by α CT1 applied to an *ex-*
380 *vivo* setting, vascular leakage within peptide-treated mouse hearts was assessed. Langendorff-
381 perfused mouse hearts were perfused for 20 minutes with Tyrode's solution with or without
382 α CT1 (100uM), followed by 40 minutes with thrombin (1.5U/ml). The permeability tracer FITC-
383 dextran (10 mg/ml), the same tracer used previously in the transwell permeability assay (Figure
384 3), was added to the final 10 ml of perfusate. Overall, as assessed by quantitative confocal
385 microscopy of cryosections from the hearts, thrombin significantly increased FITC extravasation
386 relative to control (by ~88%). α CT1 treatment markedly decreased FITC extravasation compared
387 to thrombin alone ($p < 0.05$ vs. thrombin), nearly restoring it to vehicle control levels (Figure 10).

388 **Figure 10**



390 **Figure 10: αCT1 inhibits thrombin-intravascular leak in Langendorff-perfused mouse hearts. A)**

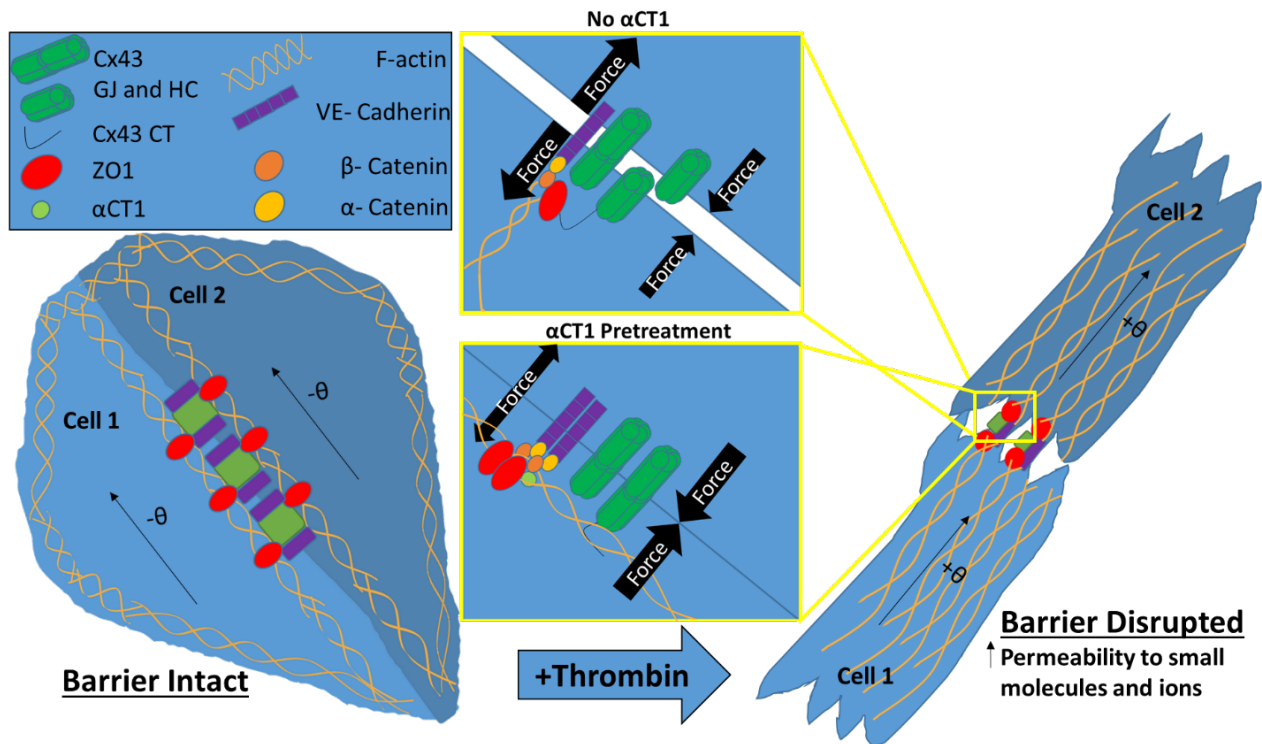
391 Representative confocal images of FITC-dextran extravasation within Langendorff-perfused mouse hearts.

392 **B)** Quantification of FITC-dextran signal within mouse hearts perfused 40 minutes with thrombin

393 (1.5U/ml) with or without 20 min αCT1 (100uM) pre-treatment. SE bars, * P < 0.05

394

395 **Figure 11**



396

397 **Figure 11: Simplified model of α CT1 effects on endothelial cells in monolayers under thrombin**

398 **stimulation.** Thrombin stimulation of endothelial cells produces a redistribution of F-actin from

399 peripherally located cortical actin to stress fibers that cut across the cytoplasm. These stress fibers

400 terminate onto VE-cadherin containing adherens junctions at the cytoplasmic plaque of the membrane,

401 and in their contractile state, and are thought to exert barrier-destabilizing pulling forces at the cell

402 membranes of opposing cells (Burrige & Wittchen, 2013). This accompanies a reduction and remodeling

403 of adherens junctions, intercellular gap formation and increased permeability to small molecules and ions.

404 In correlation with these changes, thrombin flips the F-actin controlled orientation of cells in the

405 monolayer to take on angles opposite to those observed in homeostatic conditions in which the barrier is

406 intact (Fan et al., 2018). α CT1 pretreatment of endothelial monolayers appears to inhibit these

407 thrombin-induced changes in a ZO1-interaction-dependent manner, reducing stress fiber formation and

408 maintaining actin in more cortical distributions. α CT1 treatment is also associated with increased Cx43

409 gap junctional contacts, maintenance of VE-cadherin-containing adherens junctions and ZO1-containing

410 tight junctions at cell borders. We hypothesize that uncoupling of ZO1 from anchorage at key membrane-
411 associated partner proteins (e.g., Cx43, α -catenin) via ligand binding to its PDZ2 domain (e.g., by α CT1),
412 may offset the perpendicular alignment of F-actin fibers. This in turn may reduce the ability of stress fibers
413 aligned in this manner to exert centripetal force onto the cytoplasmic face of adherens junctions, reducing
414 extracellular gap formation, stabilizing the endothelial barrier and maintaining heterogeneous patterns of
415 cell orientation in response to stressors such as thrombin.

416

417

418

419 **Discussion**

420

421 In this study, we investigated the effects of Cx43 CT mimetic peptide α CT1 on trans-endothelial
422 permeability and junctional and cytoskeletal proteins that determine this function. We found
423 that pre-treatment with α CT1 protects vascular barrier function from thrombin-induced
424 disruption in *ex vivo* (Langendorff-perfused mouse heart) and *in vitro* (ECIS and Transwell
425 permeability) models. Barrier protection *in vitro* by α CT1 occurred in association with localization
426 of the peptide with ZO1 at cell-to-cell borders, specific effects on cell orientation and changes in
427 patterns of F-actin, VE-Cadherin, Cx43, and ZO1 remodeling, particularly at the periphery of cells.
428 Importantly, a ZO1 binding-incompetent variant of α CT1, α CT1-I, showed no propensity to
429 associate with ZO1 at the cell periphery and also demonstrated no facility for protecting barrier
430 function, suggesting that ZO1 binding-competency is required for Cx43 CT mimetic peptides to
431 affect the vascular permeability parameters assessed.

432 The findings we present herein are consistent with previous studies indicating a protective role
433 of Cx43 CT in channel-independent modulation of barrier function. Mice deficient in the Cx43 CT
434 die as a result of epithelial barrier dysfunction, despite maintaining normal GJIC (Maass et al.,
435 2004). Obert and colleagues (2017) showed that the Cx43 CT mimetic, α CT1 prevented
436 breakdown of TJ-based barrier function via a channel-independent mechanism, in Cx43-
437 expressing epithelial cell lines derived from the retinal pigment layer (Obert et al., 2017). Three
438 novel insights from the present study are that: 1) In addition to protecting epithelial cell barriers,
439 α CT1 is protective of barrier function in endothelial cells; 2) The terminal isoleucine of α CT1, and
440 thus maintenance of the peptide's high affinity interaction with the PDZ2 domain of ZO1, appears

441 to be required for barrier protective properties in the models studied; and 3) The inhibitory effect
442 of α CT1 on actin remodeling in response to a stressor such as thrombin appears to be central to
443 the activity of the peptide in barrier function protection.

444 A major finding of this study is that α CT1 inhibits thrombin-induced attenuation of cortical actin
445 and F-actin stress fiber formation. In intact endothelial barriers, cortical actin, in association with
446 junctional complexes, exert outward directed tension between cells, in dynamic balance with
447 opposing inward contractile forces within cells. The actin stress fiber phenotype induced by
448 thrombin shifts the balance of forces within and between cells resulting in a disruption of cell
449 contacts, formation of extracellular gaps and breakdown of barrier properties (Aslam et al., 2014;
450 Belvitch et al., 2018; Chugh & Paluch, 2018; Escribano et al., 2019; Shakhov, Dugina, & Alieva,
451 2019 – see also Figure 11). In addition to thrombin, numerous other chemical and physical
452 stressors, including histamine, lipopolysaccharide, endotoxin, Tissue Necrosis Factor (TNF), and
453 shear stress, cause similar shifts in the balance of intra- and intercellular forces, together with
454 loss of barrier patency via the same actinomyosin-based mechanism. For example, Mehta and
455 colleagues (2002) showed that pretreating Human Pulmonary Artery Endothelial Cells (HPAEC)
456 with latrunculin-A (Lat-A), a toxin known to prevent F-actin assembly, inhibited thrombin-induced
457 endothelial cell retraction and decreased loss of transepithelial electrical resistance
458 (TEER) (Mehta et al., 2002). Pertinent to the current study, a report by Chen and colleagues
459 (2015) found that α CT1 produced derangement of cytoskeletal fibers when applied to brain
460 endothelial cells, including formation of cytoplasmic actin-rich node-like structures (Chen et al.,
461 2015). Interestingly, the authors also reported that these results could be recapitulated by over-

462 expressing a PDZ2 domain-deleted ZO1 mutant, suggesting that the Cx43-binding domain of ZO1
463 targeted by α CT1 was necessary for the observed effects on actin cytoskeleton organization.

464 We have previously demonstrated that pre-treatment with either α CT1 or α CT1-I can reduce the
465 severity of myocardial ischemia-reperfusion (IR) injury (Jiang et al., 2019). These results in
466 myocardium stand in contrast to the apparent mechanism of the selective vascular endothelial
467 barrier protective effect of α CT1 characterized herein. The shared myocardial protective effect
468 α CT1 and α CT1-I occurs independent of ZO1 interaction, and is correlated with negatively
469 charged sequences common to both peptides, which mediate binding to the H2 domain of Cx43
470 (Jiang et al., 2019). The severity of heart IR injuries is thought in part to be determined by levels
471 of activation of myocardial Cx43 hemichannels (Marsh, Williams, Pridham, & Gourdie, 2021;
472 Schulz et al., 2015) and we have previously proposed that reductions in channel activity
473 associated with targeting the Cx43 H2 domain could account for the cardioprotective effects
474 elicited by α CT1 and α CT1-I. (Jiang et al., 2019). By contrast, increased trans-epithelial
475 permeability in endothelial monolayers subject to a thrombin insult, as studied herein, seems to
476 be primarily mediated via effects on actin organization and shifts in forces exerted on intercellular
477 contacts downstream of this remodeling of the cytoskeleton (Aslam et al., 2014; Vouret-Craviari,
478 Boquet, Pouysségur, & Van Obberghen-Schilling, 1998) Actin's propensity to interact with ZO1,
479 or membrane bound actin-binding ZO1 partners such as cytoplasmic components of adheren
480 junctions (e.g. α -catenin (Maiers et al., 2013)), and its capacity to form and align stress fibers,
481 appears to be sensitive to a α CT1-induced modulation of ZO1 following exposure of cells to
482 thrombin. That α CT1 treatment resulted in altered patterns of actin cytoskeleton remodeling,

483 and in particular to that of cortical actin at the cell periphery, is also consistent with thrombin's
484 well-established mode-of-action on vascular permeability (Bogatcheva, Garcia, & Verin, 2002).
485 Our results indicate that α CT1 inhibits a thrombin-induced reversal of cell orientation,
486 pronouncedly attenuating cell orientation bias in a ZO1 interaction-associated manner, while
487 enhancing ZO1 localization at cell boundaries. Cell orientation distribution has been linked to
488 actin-mediated ZO1-associated barrier integrity in a pioneering study carried out by Fan and
489 colleagues (Fan et al., 2018). These authors determined that endothelial barrier disruption
490 triggered by a PKC activator IndoV, correlated to reduced ZO1 expression and actin-dependent
491 reversal of cell orientation. Skewness measurements of cell orientation undertaken in our study
492 indicate that thrombin shifts the distribution of cell orientation from one side of a normal
493 distribution to the other. While the analysis in the present study was not carried using a well-
494 defined reference axis based on the tangential direction of a micro-patterned circular array as in
495 the study by Fan and co-workers (Fan et al., 2018), our skewness results are consistent with their
496 observations. Ongoing studies may usefully focus on if and how Cx43 and Cx43/ZO1 interactions
497 may operate in this context, potentially contributing to the handedness of actin cytoskeletal and
498 cell orientation responses.

499 In the current study, α CT1 maintained F-actin at the cell periphery under thrombin stimulation,
500 while at the same time augmenting the border localization of Cx43, ZO1, and VE-Cadherin. It is
501 well established that stabilization of barrier function is often marked by restoration of AJ and TJ
502 proteins to cell-cell borders (Radeva & Waschke, 2018; Riesen, Rothen-Rutishauser, & Wunderli-
503 Allenspach, 2002). Furthermore, multiple studies have demonstrated cell-cell adhesive roles for
504 Cx43 GJ (Cotrina et al., 2008; Elias et al., 2007; Lin et al., 2002), and the upregulation of GJ Cx43

505 has been shown to promote a stabilization of cortical actin (Francis et al., 2011; Kameritsch et al.,
506 2015; Xu et al., 2006). Under normal conditions, cortical actin promotes the stability of cell-cell
507 interactions by tethering these junctional structures (E.g. GJ, TJ, AJ) with other intracellular
508 components (García-Ponce, Citalán-Madrid, Velázquez-Avila, Vargas-Robles, & Schnoor, 2015;
509 Rodgers, Beam, Anderson, & Fanning, 2013). Taken together, our data suggests that α CT1
510 protects barrier function first and foremost, by inhibiting a shift in F-actin away from cell-to-cell
511 contacts, thereby stabilizing transcellular interacting proteins, VE-Cadherin and Cx43, and the TJ-
512 scaffolding protein ZO1. Figure 11 provides a model of how α CT1 pretreatment could enhance
513 outward directed tension and minimize inward directed pulling forces via modulation of actin
514 and junctional protein distribution, with downstream effects on endothelial gap formation and
515 barrier permeability.

516 Further insight into α CT1's mechanism can be gained from the literature on the role of
517 sphingolipid, Sphingosine-1-phosphate (S1P) in barrier modulation. A report by Want et al using
518 atomic force microscopy showed that thrombin caused a decrease in cortical actin, concomitant
519 with a drop in cell stiffness at the cell border, while S1P had opposite effects (Wang et al., 2015).
520 Moreover, Lee and colleagues (Lee et al., 2006) demonstrated that in association with barrier
521 function stabilization as measured by ECIS, S1P stimulation caused a redistribution of ZO1 and
522 Claudin-5 to cell-cell contacts, and enhanced border colocalizations of ZO1/ cortactin and ZO1/ α -
523 catenin in Human Umbilical Vein Endothelial Cells(HUVEC). While no known direct interaction
524 between S1P and ZO1 has been identified to date, we speculate that the CT of Cx43 (either
525 endogenous or exogenously applied in the form of α CT1) and S1P, may share a similar mode-of-
526 action in modulating ZO1/actin-mediated effects on endothelial barrier function.

527 In addition to utility of α CT1 as a tool for addressing basic research questions about the potential
528 role of Cx43 CT in barrier function, the therapeutic potential of this peptide in the treatment of
529 vascular edema could be considerable. α CT1 has undergone clinical testing in humans for a
530 number of skin-related disease indications, including in healing of chronic wounds, where
531 swelling and edema, and thus disrupted barrier function, are well characterized aspects of
532 pathology (Ghatnekar, Grek, Armstrong, Desai, & Gourdie, 2015; Grek et al., 2017; Grek et al.,
533 2015; Montgomery, Ghatnekar, Grek, Moyer, & Gourdie, 2018). In the present study, α CT1
534 pronouncedly attenuated vascular leak in Langendorff-perfused mouse hearts. For a large set of
535 disorders (e.g. sepsis, ischemia-reperfusion (IR) injury, major trauma, organ transplantation) and
536 tissue types, organ dysfunction and patient outcomes associates with microvascular dysfunction
537 and edema (Chistiakov, Orekhov, & Bobryshev, 2015; G. Heusch, 2016). In other studies, we have
538 also linked edema, such as that occurs following injury to the heart, to increased propensity to
539 develop deadly arrhythmias (Veeraraghavan et al., 2015; 2018). Given the findings from the
540 present study, α CT1 might be considered a potential vascular-targeting, anti-edema treatment
541 strategy for cardiovascular injury and other diseases in which edematous accumulation is
542 detrimental. Thus, future work might investigate whether or not the ability of α CT1 to inhibit of
543 vascular leakage within the heart, extends to vascular barrier protection in other tissues/organs.
544

545 **Materials and Methods**

546 **Test Reagents**

547 Peptides Biotin- α CT1 (Biotin-RQPKIWFPNRRKPWKK-RPRPDDLEI), Biotin- α CT1-I (Biotin-
548 RQPKIWFPNRRKPWKK RPRPDDLE), and Biotin-ANT (Biotin-RQPKIWFPNRRKPWK), were
549 synthesized and quality checked for fidelity and purity using high-performance liquid
550 chromatography and mass spectrometry (LifeTein, Hillsborough, NJ). Thrombin was purchased
551 from Millipore Sigma (Burlington, MA Cat: T7513)

552 **FITC-dextran extravasation:** Langendorff-perfused mouse hearts were perfused for 20
553 minutes with Tyrode's solution with or without α CT1 (100uM), followed by 40 minutes with
554 thrombin (1.5U/ml). FITC-dextran (10 mg/ml) was added to the final 10 ml of perfusate. Perfused
555 hearts were then cryopreserved as described above and extravasated FITC-dextran levels
556 assessed by confocal microscopy of cryosections.

557 **Impedance measurement using ECIS**

558 The barrier integrity of HMEC-1 (CDC, Atlanta, GA) was measuring using ECIS Z Theta system
559 (Applied Biophysics, Troy, NY). HMEC-1 monolayers with a seeding density of 7.50×10^4 cells/cm²
560 were grown to confluence (24-72 h) on collagen I coated 8 W 10E+ electrodes. After cell
561 sedimentation and attachment to the electrode surface within 30 min at room temperature, the
562 8-well arrays were placed inside the ECIS[®] device for impedance monitoring. All ECIS[®]
563 measurements were analyzed at an AC frequency of 32 kHz, which was identified as the most
564 sensitive frequency for this cell type (e.g. frequency at which maximum difference between cell-
565 containing and cell-free measurements was achieved), each well measured every 2-4 minutes.

566 1h prior to treatment, media was exchanged with 360 μ L fresh media. Test reagents were diluted
567 in pre-warmed medium. 20 μ L peptide/media solution (α CT1, α CT1-, ANT) was added to a final
568 concentration of 100 μ M. Cells incubated in peptide for 1 hr, then 20 μ L thrombin/FBS-free media
569 solution was added to a final concentration of 0.5U/mL. Approximately 5 min following thrombin
570 addition, peptide-induced barrier function protection was calculated as the percentage of barrier
571 protection from thrombin disruption= $[(\text{ohmic resistance peptide} - \text{ohmic resistance of thrombin}) / (\text{ohmic}$
572 $\text{resistance thrombin} - \text{ohmic resistance vehicle control})] \times 100\%$. The effects of peptides alone on barrier
573 function were calculated as the change in ohmic resistance compared to vehicle control (ohmic resistance
574 peptide-ohmic resistance vehicle).

575 **Macromolecular permeability (MP)**

576 Macromolecular permeability (MP) filter inserts (pore size 0.4 μ m, 12 mm diameter) (Falcon,
577 Corning, NY; Cat:353095) were coated with collagen I (Corning, Corning, NY; Cat: 354246) at
578 2 μ g/mL in 0.02N acetic acid. Subsequently, the lower compartments of 24W Transwell chambers
579 (Falcon, Corning, NY; Cat: 353504,) were filled with 700 μ L HMEC-1 media. HMEC-1 cells
580 suspended in 300 μ l media (7.50×10^4 cells/cm²) were seeded on the upper compartment. They
581 were grown to confluence (48–96 h). Cells were treated as indicated in the ECIS experiments(see
582 above). At 55 min after peptide addition, 4 μ L 100mg/mL FITC-dextran/H₂O solution was added
583 to wells. 150microl of basolateral media was collected for time 0. Thrombin was added to
584 experimental wells to final concentration of 1.5U/mL, 5 min after the application of FITC-dextran.
585 150 μ l samples were taken after 5, 10, 15, 20 min from the lower compartment. The removed
586 volume was immediately replaced by fresh medium. To evenly disperse FITC-dextran within the
587 media, transwell plates were gently shaken. Fluorescence (ex: 485 nm; em: 535 nm) was

588 measured with a fluorescence plate reader. Data are expressed as relative changes in
589 fluorescence compared to vehicle permeability. P (cm/s) was calculated by the following
590 equation(Bischoff et al., 2016).

$$P = \frac{[C(t) - C(t_0)] \cdot V}{A \cdot t \cdot C_0}$$

591
592 C(t) is the concentration ($\mu\text{g/ml}$) of FITC-dextran in the samples that were taken from the lower
593 compartment after 5, 10, 15, 20 min, C(t₀) is the FITC dextran concentration ($\mu\text{g/ml}$) of the
594 samples taken after 0 min, t is the duration of the flux (s), V is the volume (cm^3) in the lower
595 compartment, A is the surface of the Transwell membrane (cm^2) and C₀ is the initial
596 concentration ($\mu\text{g/ml}$) of the tracer on the donor side. The concentration of FITC-dextran in each
597 sample was determined by reference to a FITC-dextran standard curve.

598 **Proximity Ligation Assay**

599 The peptide/ZO1 interaction was detected *in situ* using the Duolink secondary antibodies and
600 detection kit (Sigma, St Louis, MO, Cat: 92002, 92004) according to manufacturer instructions.
601 Primary antibodies against Cx43 (South San Francisco, CA; Cat: SC6560) and biotin (Invitrogen,
602 Carlsbad, CA ; Cat: 617-300) were applied under standard conditions. Duolink secondary
603 antibodies against the primary antibodies were then added. These secondary antibodies were
604 provided as conjugates to oligonucleotides that when within close proximity(< 40nm; ; Gullberg,
605 2010) were ligated together Duolink Ligation Solution. Finally, polymerase was added, to trigger
606 closed circle rolling amplification(which amplified any existing closed circles) and detection was
607 achieved with complementary, fluorescently labeled oligonucleotides.

608 Confocal images were acquired on a TCS SP8 laser scanning confocal microscope (LSCM)
609 equipped with a 63×/1.4 numerical aperture (NA) oil objective (Leica, Buffalo Grove, IL). Imaging
610 processing and quantitative image analysis of Duolink signal was done using Cell Profiler (MIT,
611 Cambridge, MA). An intensity threshold was applied, then object clusters between 2 and 50 pixels
612 in diameter were identified as Duolink Objects, then compared to original signal for validation.
613 These Duolink objects were then counted and normalized to the number of nuclei in the images,
614 and these values were normalized again to No Peptide Control.

615 **Immunostaining and Quantitative Image Analysis**

616 For peptide uptake experiments (Figure 1), Cx43-deficient MDCK monolayers were treated with
617 peptide for 1 hr, then cells were washed with DPBS w/Ca²⁺ and Mg²⁺, then fixed with 4%
618 paraformaldehyde. The biotin portion of the peptides were labeled with Streptavidin, Alexa Fluor
619 647 (Invitrogen, Carlsbad, CA ; Cat: S21374). ZO1 was detected with Rb A-ZO1 (Zymed, South San
620 Francisco, CA; Cat: 61-7300) and Chicken A-Rb 488 (Life Technology, Carlsbad, CA; Cat: A21441).
621 Actin was labeled in HDMEC, grown to confluence on transwell filters (Promocell, Heidelberg,
622 Germany) by Alexa Fluor 647 phalloidin (Invitrogen, Carlsbad, CA; Cat: A22287)(Figure 3).
623 Colocalization analysis was done by isolated border ZO1 pixels and calculation Pearson
624 correlation coefficient with peptide biotin signal. For the distribution of cell orientations in
625 HDMECs, absolute skewness measurements were calculated as the absolute value of g_1 = the
626 average value of z^3 , where z is the familiar z-score, $z = (x-\bar{x})/\sigma$, where x is the individual cell angle
627 with respect to a 0° angle reference axis. Quantitative Image Analysis of F-actin, VE-Cadherin,
628 ZO1, and Cx43 was done using Cell Profiler (MIT, Cambridge, MA) (McQuin et al., 2018). For a
629 given cell within a monolayer selected at random to be quantified, a mask based on

630 immunolabeling signals was created in Cell Profiler. Then, the radial distribution of relative F-
631 actin, Cx43, ZO1 or VE-Cadherin labeling levels were measured from the cell center to the cell
632 border in 20 successive sub-regions. The sub-regions were each ~1-1.5 μm width. Normalized
633 fractional intensity for each sub-region was calculated as a fraction of total intensity normalized
634 by fraction of pixels at a given radius. Means at each cell location were then estimated in R Studio
635 (R Core Team, 2021) by employing a General Linear Model with Random Effects to account for
636 the variability within each cell location. 95% confidence intervals for each treatment mean at
637 each cell location were then calculated.

638 **Statistics**

639 All data from at least three independent experiments are presented as mean \pm standard error of
640 the mean (Alonso et al.). Statistical significance was evaluated using GraphPad Prism (version 8.3,
641 GraphPad Prism, San Diego, USA) and assessed by one-way ANOVA and post-hoc tests properly
642 corrected for multiple comparisons where applicable. For protein radial distribution statistics, a
643 General Linear Model with Random Effects was utilized in R Studio, (R Core Team, 2021) and
644 estimated means from the model were calculated with 95% confidence intervals. Significant
645 differences between treatments groups and thrombin treatment alone were reported in Tables
646 1 and 2. A Kolmogorov–Smirnov (KS) test on cell orientation data was performed to confirm the
647 significance of these findings (data not shown). Significant differences were assumed at $P \leq 0.05$.

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652 **Author Contributions**

653 Conceptualization and design, experimental investigation and writing, R.E.S.; Conceptualization and
654 design, writing—review and editing, R.G.G. Experimental contributions, LM and RV. All authors have read
655 and agreed to the published version of the manuscript.

656 **Disclosures**

657 R.G.G. is a non-remunerated member of the Scientific Advisory Board of FirstString Research,
658 which licensed alpha-carboxyl terminus 1 peptide. R.G.G. has a small ownership interest in FirstString
659 Research Inc. (<1% of company stock). R.E.S. has no disclosures to report.

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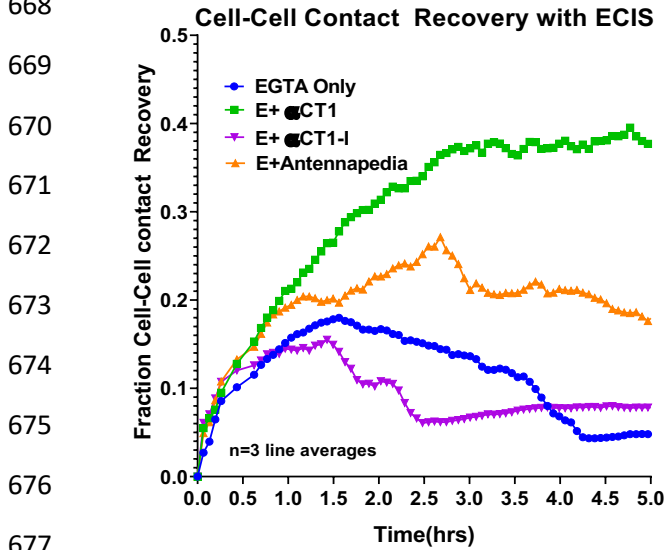
664

665 **Supplementary Figures**

666 **Supplementary Figure 1**

667

668 A



677

678

679 **Supplementary Figure 1: α CT1 augments barrier function recovery in Cx43-deficient MDCK cells**

680 **A)** Summary ECIS time course data of barrier function recovery calculated as fraction of barrier

681 function recovery, normalized to the difference between baseline and time points of maximal

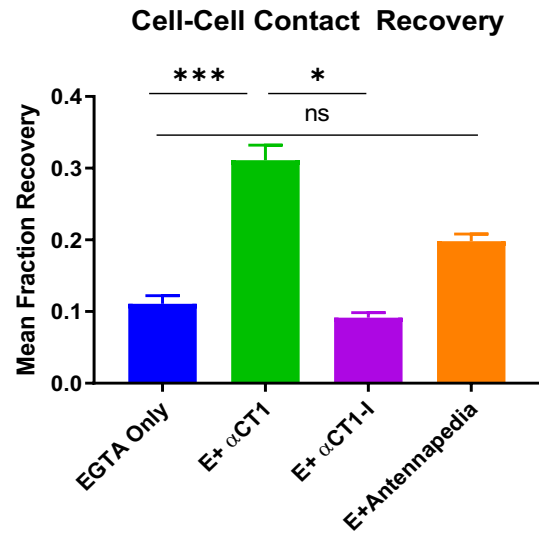
682 disruption. **B)** Quantification of area under the curve analysis of barrier function recovery across

683 5 hour time period, applied to time course data from Figure 4A.

684

685

B



686 **Supplementary Table 1**

	F-actin		VEC	
	Cell Location	P<0.05 Vs Thrombin	Cell Location	P<0.05 Vs Thrombin
Nucleus ↑	1	V	1	V
	2	V	2	V
	3	V	3	V
	4	V	4	V
	5	V	5	V
	6	V	6	V
Cytoplasm ↓	7	V	7	V
	8	V	8	V
	9	V	9	V
	10	V	10	V
	11	V	11	V
	12	V	12	V
	13	V	13	V
	14	V	14	V
Cell Border ↓	15	V	15	V
	16	V	16	V
	17	V,A1	17	V,A1
	18	V,A1	18	V,A1
	19	V,A1	19	V,A1
	20	V,A1	20	V,A1

687

688 **Table 1:** Peptide treatments with significant effects compared to thrombin treatment alone in

689 HMEC-1

690 **V**=Vehicle **A1**= α CT1+T **A-I**= α CT1-I +T

691

692 **Supplementary Table 2**

	F-actin	ZO1	Cx43
Cell Location	P<0.05 Vs Thrombin	P<0.05 Vs Thrombin	P<0.05 Vs Thrombin
1	A1	A1	A1
2	A1	A1	A1
3	A1, A-I	A1	A1, A-I
4	V, A1, A-I	A1	A1, A-I
5	V, A1, A-I	A1	A1, A-I
6	V, A1, A-I	A1	A1, A-I
7	V,A1, A-I	A1	A1, A-I
8	V,A1, A-I	A1	A1, A-I
9	V,A1, A-I	A1	A1, A-I
10	V,A1, A-I	A1	A1, A-I
11	V,A1, A-I	A1	A1, A-I
12	V,A1, A-I	A1	A1
13	V,A1, A-I	A1	None
14	V,A1	None	None
15	V,A1	None	None
16	V	None	None
17	None	None	None
18	V,A1	None	None
19	V,A1	A1	A1
20	V,A1	A1	A1

693

694 **Table 2:** Peptide treatments with significant effects compared to thrombin treatment alone in
 695 HDMECs. **V**=Vehicle **A1**= α CT1+T **A-I**= α CT1-I +T **ANT**= ANT +T

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