Known mechanisms account for less than half of antimicrobial resistance in a diverse

collection of non-*aureus* staphylococci.

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Running title: Antimicrobial resistance in non-*aureus* staphylococci

Abstract

Introduction: Non-*aureus* staphylococci (NAS) are implicated in many healthcare-acquired

infections and an understanding of the genetics of antimicrobial resistance in NAS is

important in relation to both clinical intervention and the role of NAS as a reservoir of

resistance genes.

Gap statement: The burden of antimicrobial resistance in NAS, particularly to clinically

relevant antimicrobials, is understudied.

Methodology: We sourced 394 NAS isolates from clinical samples, healthy human

volunteers, animals and type cultures and subjected them to agar dilution susceptibility

testing against eight antimicrobials. We performed whole genome sequencing on 316

isolates and analysed these genotypically for the presence of genetic mechanisms

responsible for the phenotypic levels of reduced antimicrobial susceptibility.

Results: Cefoxitin is used to screen for methicillin resistance in *S. aureus*, as it stimulates

expression of *mecA*. We observed 174 isolates with an MIC of at least 4 µg/ml to cefoxitin,

of which sequencing revealed 47.6% (80/168) did not harbour a known *mec* homologue.

Seven clinical NAS isolates displayed high daptomycin minimum inhibitory concentrations

(MICs) (>4 µg/ml), with no known mechanism identified. Differences in MICs against

erythromycin were attributable to the presence of different resistance genes (*msrA* and

ermC). In total, 49% (187/394) of isolates displayed reduced susceptibility to three or more

of the antimicrobials tested.

Conclusions: The widespread presence of reduced antimicrobial susceptibility in NAS is a

concern, with an increased likelihood of (1) harder to treat infections caused directly by

NAS, and (2) resistance genes being passed on to other bacteria via horizontal gene transfer,

both of which have clinical implications for treatment and management of patients.

Introduction

The non-*aureus* staphylococci (NAS) represent an important source of nosocomial disease, including prosthetic joint infection (PJI), infective endocarditis and infection in pre-term babies (1). In the UK, over 215,000 joint replacements (hip, knee and shoulder) took place in 2016, with a year-on-year increase of 4% (2). Of these replacements, 1.5% require surgical revision due to infection (2). These infections are most commonly caused by *Staphylococcus* spp., and attributed to NAS in approximately 31% of cases across Europe (3). In our local hospital, the Norfolk and Norwich University Hospital (NNUH), 50% of isolates identified in suspected PJI are NAS.

In clinical microbiology, staphylococci are classified using the coagulase test, with coagulase positive samples overwhelmingly identified as *S. aureus* and coagulase negative samples grouped together under the term coagulase negative staphylococci (CoNS). CoNS is therefore the term found in antimicrobial surveillance data. However, since coagulase negative *S. aureus* strains exist (as do coagulase positive strains of other staphylococcal species), we use the term "non-*aureus* staphylococci" (NAS) to encompass all staphylococci which are not *S. aureus*, regardless of coagulase activity.

There is currently an intense focus upon the presence and spread of bacterial antimicrobial resistance, typified in *S. aureus* by methicillin resistance (MRSA). While the body of literature in antimicrobial resistance research is growing for staphylococci, NAS data remains eclipsed by the focus on *S. aureus*. Few studies have investigated antimicrobial resistance (AMR) in NAS. Those that have suggest 45% of NAS harbour methicillin resistance (4), and that NAS may be resistant to a larger number of antimicrobial classes than *S. aureus* (4, 5).

An understanding of the genetics of AMR in NAS is important in relation to clinical

intervention upon diagnosis of PJI (and other infections) as well as understanding the role of

NAS as a reservoir of resistance genes. To address this, we assembled a collection of 400

NAS from clinical samples, healthy human volunteers, animals and type cultures and

assessed their susceptibility to a range of antimicrobials. We also performed whole genome

sequencing to correlate mechanisms of resistance with minimum inhibitory concentrations

(MICs).

Materials & Methods

NAS collection

Under NHS Research Ethics Committee approval, the Norwich Biorepository banks blood,

solid tissue and bacterial isolates from the NNUH and research institutes on the Norwich

Research Park, including the University of East Anglia, and makes these available to the

research community. This enabled us to assemble a collection of 380 NAS from a) clinical

specimens which were isolated from suspected NAS PJI infections (229, NNUH), b) healthy

human volunteers (114, UEA), and c) animal samples (32, UEA) with five having no source

recorded. An additional 14 strains of NAS from the National Collection of Type Cultures

(NCTC) were supplied by Public Health England.

Isolates were identified using MALDI-TOF (Bruker) to the species level (Table 1). All strains

were cultured overnight on TSA plates (Oxoid), checked for contamination and purified.

Once purified, the NAS collection was stored as glycerol stocks to be screened for their

antimicrobial susceptibility. *Staphylococcus aureus* NCTC 12973 was used as a control.

Susceptibility testing

To assay the entire NAS collection, five deep well 96-well microplates (VWR) were prepared

with 1 ml TSB (Oxoid) per well. Glycerol stocks were used to inoculate the corresponding

well. Per plate, one well was designated as a sterility control (TSB only) and one well was

inoculated with the *S. aureus* control. After inoculation, plates were sealed and incubated

at 37 ^{o}C at 180 rpm for a minimum of 10 hours. The experimental design enabled 13.5% of

the collection to be tested in duplicate; so MIC data was compared and then tabulated, MIC

data is given in Table S1.

Iso-sensitest agar (Oxoid) was prepared in 250 ml aliquots and autoclaved. Antimicrobial

stocks were added to obtain the desired final concentrations once the media had cooled to

< 50 ^{o}C. For daptomycin, Ca^{2+} was also added at 50µg/ml. The agar antimicrobial mixture

was then poured into sterile rectangular plates (Fisher Scientific) and dried.

Per strain, a 1:10 dilution of overnight culture was transferred to a 96 well plate and the

OD_{600} was measured. An average OD_{600} was calculated for each column, which was then

diluted to approximately OD_{600} 0.6 to generate an inoculum plate for susceptibility testing.

Using a 96-pin multi-point inoculator (Denley), ~1 µl of inoculum per isolate was stamped

onto the agar containing antimicrobials, from the lowest concentration to the highest.

Between inoculum plates, the pins were washed in 70 % ethanol for 30 s and allowed to dry

before stamping on an antimicrobial-free plate to confirm sterility. Washes were also

carried out between antimicrobials using sterile water. All stamped plates were incubated at

37 ^{o}C.

Isolates found to have reduced susceptibility to daptomycin had their MICs determined for a

second time by spotting 10 µl of culture onto TSA plates containing various daptomycin

concentrations (supplemented with Ca^{2+} at 50 µg/ml).

Test MIC ranges were determined from British Society for Antimicrobial Chemotherapy

(BSAC) surveillance MIC data for coagulase negative staphylococci (CoNS) in 2016 (6). Data

for daptomycin were taken from 2010. In µg/ml, the ranges tested were: daptomycin 0.25-

4, erythromycin 0.125-256, gentamicin 0.016-64, rifampicin 0.004-0.064, teicoplanin 0.25-

16, tetracycline 0.25-256 and vancomycin 1-4. No CoNS surveillance data were available for

cefoxitin, hence the test range of 0.25-4 µg/ml was based upon published work (7) .

Statistical comparison of clinical and non-clinical isolates

Using Prism (GraphPad, San Diego, USA, v 5.04), a Mann-Whitney test was performed (non-

parametric test, two-tailed with Gaussian approximation) to compare between the MIC of

clinical and non-clinical isolates. Statistical significance was given to a p value < 0.05.

DNA extraction and sequencing

Overnight cultures derived from single colonies were pelleted and resuspended in lysis

buffer (Qiagen), transferred to 2 ml lysis matrix B tubes (MPBio) and subjected to bead

beating for 15 min at 30 Hz (Tissuelyser II, Qiagen) with RNAse A added. DNA was extracted

according to the QiaCube HT protocol with an additional 30 min incubation at 65 $^{\circ}$C after

proteinase K addition and eluted into Tris-10mM HCL.

Libraries for sequencing were prepared using the Nextera XT DNA Library Prep Protocol and

sequenced on the Illumina MiSeq or NextSeq with a loading concentration of 1.8 picomolar.

Genome analysis

The raw reads were subject to FastQC quality control (8), adapters were trimmed using

Trimmomatic [v 0.39] (9) using the supplied NexteraXT adapter sequences. In some cases,

read normalisation was performed using BBNorm [v35.85] (10) to remove low coverage

contamination. The lowest coverage cutoff level parameter used was dependent on the

total coverage of the sequence since some sequencing runs had a high difference in

coverage level across the run. Finally, reads were concatenated if they originated from

Illumina NextSeq since this platform produces eight reads per sample, four forward and four

reverse. A total of 366 samples sequenced for this project passed QC and were suitable for

downstream analysis. These reads were used as described below. Sequences are available

from the European Nucleotide Archive, under project PRJEB31403.

To determine which antimicrobial resistance genes were present in each of our 364 NAS

genomes, reference gene sequences were downloaded from CARD v (11) and used as input

to ARIBA v2.13.2 (12) which generates local assemblies from sequence reads and reports

back which reference genes are identified, with a minimum percent identity cut off at 90%.

The tabulated results were evaluated for gene/mutation presence/absence relative to MIC

per antimicrobial. Twelve of the NCTC strains, for which sequence data were already

available, were analysed by ABRicate v0.9.7 (13) using CARD v2.0.0 (11) as the reference

database with a minimum DNA coverage of 90%. Protein level conservation was assessed

using BLAST v2.10.1 against the NCBI AMR database. Hits were recorded for greater than

40% identity at the protein level over 80% of the query and subject sequence.

Results & Discussion

Our NAS collection comprised over 30 species of *Staphyloccocus*, including 10 or more

isolates of *S. epidermidis*, *S. capitis*, *S. haemolyticus*, *S. hominis*, *S. saprophyticus*, *S. simulans*

and *S. warneri* (Table 1). Isolates were collected over a four-year period from 2013 to 2016.

The range of antimicrobials tested were selected based upon clinical relevance and

availability (Table S1). Observed MIC distributions per antimicrobial are shown in Figure 1.

Cefoxitin screening does not correlate with mecA *presence in clinically relevant NAS*

Cefoxitin is used to screen for methicillin resistance in *S. aureus* as it induces *mecA*

expression. However, while methicillin resistant *S. aureus* (MRSA) have a high public profile,

much less is known about methicillin resistant NAS (MRNAS). EUCAST guidelines state that

for MRSA "cefoxitin is a very sensitive and specific marker of *mecA/mecC*-mediated

methicillin resistance including in heterogeneous expressing strains and is the agent of

choice" (14). In this collection, we found 174/394 (44%) displayed reduced susceptibility to

cefoxitin with MICs $\geq$ 4 µg/ml (Table S1). The vast majority of these isolates were from

clinical samples (Figure 1) but analysis at the nucleotide level (Table S2 and S3) indicated

that only 80/168 (47.6 %) with an MIC $\geq$ 4µg/ml harboured a known *mecA*. MecA is

extremely well-conserved and searching at the protein level yielded the same results (Table

S4). Other *mec* elements were also identified (e.g. *mecC*, *mecI* and *mecR1*) but only ever in

addition to *mecA*. No *mecA* was detected in twelve species with high cefoxitin MICs and for

S. haemolyticus, S. warneri, S. sciuri and *S. simulans* the percentage of the population that

exhibited MIC $\geq$ 4µg/ml with no *mecA* was found between 58 and 88.9% (Figure 2).

Conversely, presence of *mecA* did not result in a high cefoxitin MIC in multiple isolates of *S.*

hominis, S. haemolyticus and *S. epidermidis*. Our results therefore do not support cefoxitin

as a universally good indicator of *mecA* presence in *S. epidermidis* (7), and suggest that it

performs poorly in the less common, but still clinically relevant NAS.

Clinical resistance only partly explained by known mechanisms

When exposed to gentamicin and tetracycline, isolates could broadly be divided into two

populations, displaying susceptible or reduced susceptibility phenotypes (Figure 1 GEN and

TET). In isolates with an MIC ≥1 µg/ml gentamicin, 49/130 harboured *aac(6')-le-aph(2")-la*

(Table 2) which is associated with gentamicin resistance in *Enterococcus* (15, 16) but has

also been observed in *Staphylococcus* (17, 18). A total of 12 isolates had a match for

aph(3')IIIa, but only five of them were associated with reduced susceptibility.

Six isolates that contained *aac(6')-le-aph(2")-la* displayed susceptible MICs, making them

the equivalent of major errors (MEs) in public health terms, as the isolates were

genotypically resistant but phenotypically susceptible (19). Accordingly, the 75/130 isolates

with reduced susceptibility (≥1 µg/ml) that harboured no *aac(6')-le-aph(2")-la* represented

the equivalent of very major errors (VMEs) as they were genotypically susceptible but

phenotypically resistant (19). This is highly suggestive of novel mechanisms of resistance and

was a feature of other antimicrobials tested (Figure S2).

To identify whether efflux pumps might play a role these phenotypes, we assessed the

ARIBA output for the staphylococcal-specific *norABC, mgrA, mepR* and *qac* genes (20). In the

sequenced NAS collection 168/378 (44.4 %) contained *norA*, however of these less than two

thirds had reduced susceptibility to gentamicin.

According to the Comprehensive Antimicrobial Resistance Database [CARD] (11), *tetK* is by

far the most common tetracycline resistance mechanism in *S. aureus* and *S. epidermidis* (10-

20%), followed by *tetL* (<1%) and *tetM* (<1%). This was borne out in our NAS collection,

where 48/148 (32.4 %) isolates with MICs ≥ 2 µg/ml of tetracycline contained *tetK*, as

compared to 5/223 (2.2 %) with MICs below 2 µg/ml. One animal isolate with an MIC of 16

µg/ml carried *tetL* and one clinical isolate with an MIC of 64 µg/ml carried *tetM*; neither had

any other tetracycline resistance genes. Again, this demonstrated that 98/148 isolates

displayed a reduced susceptibility phenotype that did not associate with a known resistance

determinant, indicative of uncharacterised resistance mechanisms.

The distribution of erythromycin phenotypes was more complex. With this antimicrobial, we

observed both susceptible isolates and those with reduced susceptibility, but the latter

appeared to consist of two populations, one with MICs between 2 and 256 µg/ml and one

with MICs ≥512 µg/ml (Figure 1 ERY). We had sequence data available from 135 of the 2-256

µg/ml population and 66 of the ≥512 µg/ml population, and identified the presence of a

resistance gene (*ermA, ermC, msrA*) in 65 % (88/135) of the 2-256 µg/ml population and

52/66 (79 %) of the ≥512 µg/ml population (Table 2). Our results indicated that the presence

of *ermC* rather than *msrA* was the major cause of MICs exceeding 256 µg/ml. In the total

sequenced NAS collection *qac* was observed 100 times, with 64 isolates having a reduced

susceptibility to erythromycin (2-256 µg/ml population). Seven isolates had no other known

mechanisms. *qac* was identified 36 with an MIC of ≥512 µg/ml and in 23 of these cases *ermC*

was also present, only twice was *qac* found with no other known erythromycin resistance

mechanisms. A total of 101 isolates with an MIC ≥ 2 µg/ did not contain *qac*.

For daptomycin, approximately half the collection displayed reduced susceptibility (MIC ≥ 1

µg/ml, Figure 1 DAP and Table S1). A small subset, comprising seven isolates from clinical

samples only, displayed MICs ≥ 4 µg/ml; such high MICs to daptomycin have not been

previously reported, according to the European Committee on Antimicrobial Susceptibility

Testing (EUCAST) and The British Society for Antimicrobial Chemotherapy (BSAC)

surveillance data. These MICs were repeated a second time and confirmed. This is

concerning given that daptomycin is a current therapeutic choice for treating soft tissue

infections caused by NAS (21). Our ARIBA analysis (Table S2) indicated only a single *S.*

epidermidis isolate with an MIC of 1 µg/ml contained genes implicated in daptomycin

resistance: *gshF* and *liaFRS*. The remaining 169 isolates with an MIC ≥1 µg/ml did not

harbour any of these genes. Several mutations or genes are associated with daptomycin

resistance in *S. aureus* (including *mprF*, and SNPs in *rpoC*) but none of these were identified

in the NAS collection (6, 22). SNPs in *walK* have also been associated with daptomycin

resistance in *S. aureus* (23); this gene was identified by protein BLAST as present across the

NAS collection but with several differences at the protein level which raises doubts about

whether the SNPs observed in *S. aureus* can be directly extrapolated to NAS. We therefore

conclude that there is a potentially novel daptomycin resistance mechanism present in

these strains, which we are evaluating further.

Resistance to vancomycin found in clinical samples

Vancomycin is a treatment option in prosthetic joint infection, and 94 % of isolates had an

MIC below 4 µg/ml (Figure 1 VAN). However, of the 24 isolates with reduced susceptibility,

22 (92 %) came from clinical samples and only 2/24 were found in healthy volunteers. This is

indicative of a wider trend, where isolates associated with clinical samples had significantly

higher MICs (p < 0.005) than non-clinical isolates for cefoxitin, erythromycin, gentamicin,

tetracycline, daptomycin and vancomycin (Figure S1). Given the importance of NAS in

nosocomial infections, this is a worrying prospect both in terms of what is presenting in the

clinic and also the possibility of AMR gene transfer into organisms more capable of causing

infection, including *S. aureus*. In addition, no known mechanisms of resistance were

identified for vancomycin, rifampicin or teicoplanin (Figure S2 and Table S3).

Over half of the NAS collection displayed susceptibility to multiple antimicrobials

Out of the all the isolates tested, 49 % (187/394) had reduced susceptibility to three or more

antimicrobials. Twenty-four isolates had reduced susceptibility to six antimicrobials, and

three isolates had reduced susceptibility to seven antimicrobials; of these 23/24 and 3/3

were isolated from clinical samples (Table S1). The implications of these are difficult to treat

infections and potentially a large reservoir of staphylococcal resistance genes within the

patient under antimicrobial treatment.

Animal isolates have similar MIC distributions to human isolates

It is generally acknowledged that the presence of reduced susceptibility in microorganisms

isolated from animals can impact upon public health if those organisms also cause infection

in humans (24, 25). In our collection there were 40 NAS isolated from animals (including 7

NCTC strains), of which we obtained genome sequences from 29. Although in much fewer

numbers than the human isolates in the collection, the animal isolates displayed very similar

MIC distributions and harboured corresponding genetic mechanisms. This does not rule out

the possibility that animals could be a reservoir of AMR for staphylococci.

Conclusion

Genome analysis of isolates displaying MICs to cefoxitin of $\geq$ 4 µg/ml indicated that

approximately half harboured the *mecA* element. The absence of *mecA* from the other half

suggests that other mechanisms are likely present. This was apparent across many of the

antimicrobials tested as between 0 and 70 % of phenotypic resistance in clinical isolates

could be attributed to known resistance mechanisms. The remaining 30-100 % suggests that

there are potentially numerous unknown mechanisms underpinning NAS resistance, which

warrant further investigation.

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Transparency declarations

None to declare.

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Figure legends

Figure 1. Antibiotic susceptibility of NAS collection

MIC distributions for 400 NAS isolates grown in the presence of antimicrobials. FOX

cefoxitin, GEN gentamicin, TET tetracycline, ERY erythromycin, DAP daptomycin, VAN

vancomycin, RIF rifampicin and TEC teicoplanin.

Figure 2. Presence of *mecA* in relation to high cefoxitin MIC.

Per staphylococcal species, bars display the number of isolates found to have a cefoxitin

MIC of ≥4 µg/ml [red] or <4 µg/ml [peach] (4 isolates had no MIC data [blue], in relation to

the presence [stripe] and absence [dots] of *mecA*. Sum of the MIC bar is the total number of

isolates sequenced for that species.

Table 1
Frequency of non-*aureus* staphylococcal species in the study collection

Staphylococcus auricularis	1
Staphylococcus capitis	20
Staphylococcus caprae	2
Staphylococcus carnosus	2
Staphylococcus chromogenes	3
Staphylococcus cohnii	1
Staphylococcus condimenti	1
Staphylococcus devriesei	1
Staphylococcus epidermidis	191
Staphylococcus equorum	1
Staphylococcus haemolyticus	43
Staphylococcus hominis	45
Staphylococcus jettensis	1
Staphylococcus lugdunensis	7
Staphylococcus massiliensis	1
Staphylococcus microti	1
Staphylococcus muscae	1
Staphylococcus nepalensis	1
Staphylococcus pasteuri	4
Staphylococcus petrasii	1
Staphylococcus pettenkferi	1
Staphylococcus piscifermentans	1
Staphylococcus rostri	1
Staphylococcus saprophyticus	22
Staphylococcus sciuri	5
Staphylococcus simiae	1
Staphylococcus simulans	10
Staphylococcus sp [1]	1
Staphylococcus stepanovicii	1
Staphylococcus succinus	1
Staphylococcus vitulinus	3
Staphylococcus warneri	18
Staphylococcus xylosus	1

396 *Species designated by MALDI-TOF (Bruker)

398 Table 2 Genetic mechanisms of resistance identified with ARIBA and ABRIcate using CARD
399 database compared to the MIC data (of sequenced isolates only) using 90 % match ID
400 (partial and interrupted sequences are not included, see table S2)
401

Antimicrobial	Mechanism (Accession No.)	No. isolates above breakpoint MIC (≥2 µg/ml)		No. isolates below breakpoint
TET	tetK (NC_013452)	48/148 (32.4%)		8/223 (3.6 %)
	tetL (M11036.0)	1/148 (0.7 %)		0/223
	tetM (AM180355)	1/148 (0.7 %)		0/223
	All	**50/148 (33.8 %)**		**8/232 (3.6 %)**
		No. isolates above breakpoint MIC (≥1 µg/ml)		
GEN	aac(6')-Ie-aph(2")-Ia (NC_005024)	49/130 (37.7 %)		6/ 246 (2.4 %)
	aph(3)IIIa (CP004067) **All***	13/ 130 (10 %) **59 [g1]/130 (22.3%)**		7/ 246 (2.8 %) **12[g2]/246 (4.9 %)**
		MIC ≥512 µg/ml	MIC ≥2 - 256 µg/ml	
ERY	msrA (NC_022598.1)	6/ 66 (9 %)	75/135 (55.5 %)	9/171(5.2 %)
	ermC (M12730)	42/ 66 (63.6 %)	13/135 (9.6 %)	9/171 (5.2 %)
	ermA (NC_009632)	6/ 66 (9%)	1/135 (0.7 %)	0/171
	emeA (AB091338) **All***	1/ 66 (1.5 %) **52[e1] /66 (78.7 %)**	0/135 **88[e2]/135 (65.2 %)**	0/171 **18/171 (10.5 %)**

*Some isolates harboured multiple resistance genes. TET tetracycline, GEN gentamicin, ERY
erythromycin; g1: 3 - isolates contained multiple resistance genes; g2: 1 isolate contained
multiple resistance genes; e1: 3 isolates contained multiple resistance genes; e2; 1 isolate
contained multiple resistance genes

Supplementary data

Table S1. MIC characterisation of the NAS collection

MIC data for all isolates tested; all MIC are shown in µg/ml; FOX cefoxitin, GEN gentamicin,

TET tetracycline, ERY erythromycin, DAP daptomycin, VAN vancomycin, RIF rifampicin and

TEC teicoplanin.

Table S2. ARIBA characterisation of all sequenced NAS isolates, grouped by relevant

antimicrobial.

Table S3. Summary of ARIBA/ABRIcate match data for all sequenced isolates.

Table S4. Comparison of gene presence (using ARIBA) and protein BLAST presence. Data

includes all genes identified in the CARD database.

Figure S1. MICs in clinical and non-clinical isolates

Box and whisker plot of MIC distribution per antimicrobial for clinical (orange) and non-

clinical (yellow) isolates. Thick black bar indicates the median MIC which resided within the

Interquartile Range. The extreme lines are represented as dotted lines and indicate the data

outside the upper (75%) and lower (25%) quartiles, open circles represent potential outliers.

Levels of significance from Mann-Whitney U test denoted by **** ($p<0.0001$), ***

($p<0.005$), ** ($p=0.001$) and * ($p=0.01$).

Figure S2. Mechanisms of resistance

Percentage of known genetic mechanisms identified in sequenced NAS isolates with

reduced susceptibility. Number of isolates with reduced susceptibility per antimicrobial

given in parentheses. Known mechanisms found per antimicrobial are shown in italics. FOX

cefoxitin, GEN gentamicin, TET tetracycline, ERY erythromycin, DAP daptomycin, VAN

vancomycin, RIF rifampicin and TEC teicoplanin.