The population genomics of increased virulence and antibiotic resistance in human

commensal *Escherichia coli* over 30 years in France

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ABSTRACT

Escherichia coli is a commensal species of the lower intestine, but also a major pathogen causing intestinal and extra-intestinal infections, increasingly prevalent and resistant to antibiotics. Most studies on genomic evolution of *E. coli* used isolates from infections. Here instead, we whole-genome sequenced a collection of 403 commensal *E. coli* isolated from fecal samples of healthy adult volunteers in France (1980-2010). These isolates were distributed mainly in phylogroups A and B2 (30% each) and belonged among 152 sequence types (STs), the five most frequent being ST10 (16.3%), ST73 (6.3%), ST95 (5.0%), ST69 (4.2%) and ST59 (3.9%), and 224 O:H serotypes. ST and serotype diversity increased over time. The O1, O2, O6 and O25-groups used in bioconjugate O-antigen vaccine against extraintestinal infections were found in 23% of the strains of our collection. Extra-intestinal virulence-associated genes and antibiotic resistances increased in frequency, suggesting positive selection on these genes. Evolution of virulence genes was driven by both clonal expansion of STs with more virulence genes ("ST-driven") and increases in gene frequency within STs independently of changes in ST frequencies ("gene-driven"), whereas the evolution of resistance was dominated by increases in frequency within STs ("gene-driven"). This study provides a unique picture of the phylogenomic evolution of *E. coli* in its human commensal habitat over 30 years and will have implications for the development of preventive strategies.

IMPORTANCE

Escherichia coli is an opportunistic pathogen with the greatest burden of antibiotic resistance, one of the main causes of nosocomial infections and an increasing concern in an ageing population. Deciphering the evolutionary dynamics of virulence and antibiotic resistance in commensal *E. coli* is important to understand adaptation and anticipate future changes. The gut of vertebrates is the primary habitat of *E. coli* and probably where selection for virulence and resistance take place.

Unfortunately, most whole-genome sequenced strains are isolated from pathogenic conditions.

Here instead, we whole genome sequenced 403 *E. coli* commensals isolated from healthy French

subjects on a 30-year period. Virulence and resistance genes increased in frequency both by clonal

expansion of clones carrying them and by increases in frequency within clones. Such studies should

be performed worldwide to have a broader picture of *E. coli* evolution and adaptation in

commensalism.

Keywords: antibiotic resistance, commensal, *Escherichia coli*, evolution, genomics, virulence.

INTRODUCTION

Escherichia coli is a commensal species of the lower intestine of humans and other vertebrates (1). It is also a major opportunistic pathogen causing intestinal and extra-intestinal infections (2), ranked third in the World Health Organization list of antibiotic resistant 'priority pathogens', as it is today the bacterial pathogen associated with the largest burden of antimicrobial resistance (3).

E. coli strains share a core genome of about 2,000 genes over 4,700 genes in average (4). In spite of numerous recombination events, this species presents a robust clonal structure with at least nine phylogroups called A, B1, B2, C, D, E, F, G and H (2), and sequence types (STs) defined at a finer genetic resolution. In addition, molecular typing of genes coding for surface structures as O-polysaccharide and H-flagellar antigens (5), as well as the FimH protein (6), allows, in conjunction with STs, a better characterization of the clones (7). O-antigens are key elements in the pathophysiological processes and used as a target for the development of *E. coli* vaccines to protect against extra-intestinal infections (8, 9).

From a public health perspective, it is particularly important to understand the evolution of the repertoire of virulence and antibiotic resistance genes. Virulence genes are associated with a higher risk of urinary tract and bloodstream infections (10, 11). Antibiotic resistant infections are associated with longer hospital stay, increased risk of death and public health costs (12). Both virulence and antibiotic resistance genes repertoire greatly varies among strains, with continuous gene acquisition and loss (13). Temporal trends in virulence have been less often examined than trends in resistance. The mean number of virulence genes in commensal *E. coli* has increased from 1980 to 2010 in France (14). Increased virulence of *E. coli* could be one explanation for the increasing incidence of *E. coli* bacteremia in Europe (12, 15), together with increased reporting or changing epidemiological factors like the ageing population. Resistances to multiple antibiotics

have concomitantly rapidly increased in frequency in *E. coli* over the last decades, and stabilized

at an intermediate level (16).

What evolutionary forces act on virulence and resistance genes? A first hypothesis is that

these genes are direct targets of selection. Virulence genes are thought to primarily be selected in

the intestine as a by-product of commensalism (17, 18). Virulence genes are linked with longer

persistence in the gut (19). Extra-intestinal compartments do not typically lead to efficient onward

transmission and are often considered an evolutionary dead end (18). Alternatively, clonal

expansion could modify the prevalence of resistance and virulence genes, without these genes

being the direct target of selection. Clonal expansion may be important in *E. coli* since several

resistance and virulence genes are closely linked to specific STs (20, 21). The selective forces

acting on resistance are clearer. Resistance is selected by antibiotic use, as evidenced by the spatial

correlation between local antibiotic use and resistance (22), and the fact that hosts are colonized by

resistant strains more frequently after antibiotic use (23). For *E. coli*, exposure to antibiotics results

95% of the time from antibiotic treatment prescribed for infections unrelated to *E. coli*, and not to

treat an *E. coli* infection (24). Such "bystander" antibiotic exposure happens around once per year

in adults in France (25).

Although the gut is the typical habitat of *E. coli* and likely the main ecological context of

selection for virulence and resistance, most studies on the evolution of virulence and antibiotic

resistance focused on pathogenic clinical strains isolated from extra-intestinal infections (26–28).

Extra-intestinal infections are a rare occurrence in *E. coli*'s life: the incidence of urinary tract

infections is of the order of 10^{-2} per person-year (29), and of bacteremia of the order of 10^{-4} per

person-year (30). In comparison to commensal *E. coli*, *E. coli* sampled from infections are biased

towards strains carrying more virulent genes (11, 26, 27). Strains from infections may also be less

diverse than commensal strains as they belong to some specific clones (2, 31), hindering the

detection of temporal trends in these elements and the evolutionary mechanisms driving the

emergence of pathogenic clones (32).

To avoid these biases, we investigated here the short-term genomic evolution of commensal

E. coli over 1980 to 2010 using a rare collection of 403 strains from fecal samples of healthy

volunteers in France. We assembled this collection from five previously described collections all

collected in healthy individuals with a diversity of ages, sex, and located in two French regions

(table S1), and controlled for these covariates in all analyses.

RESULTS

The pan-genome of the 403 strains contained 47,367 genes, with no saturation in the number of

genes detected (figure S1). The core genome, defined as the number of genes found in more than

99% of the isolates, contained 2156 genes. A total of 504 genes were found in 95% to 99% of the

isolates and 3252 genes were found in 15% to 95% of the isolates. The large majority of genes

(41,455 out of 47,367) were found in less than 15% of the isolates.

1. Evolution of phylogenetic groups, STs and serotypes over time

Of the 403 isolates, 398 were assigned to the *E. coli* phylogroups A (120, 30%), B1 (58, 14%),

B2 (120, 30%), C (10, 2%), D (44, 11%), E (13, 3%), F (26, 6%), G (6, 1%) and H (1, 0.2%) (tables

S2-3). We found two strains (0.5%) belonging to the *Escherichia* clade IV and one (0.2%) to the

Escherichia clade V. Two strains (C020-013 and LBC20a, 0.5%) were phylogenetically distinct

from the known phylogroups (A to H). They probably belong to an undescribed phylogroup (figure

S2). We fitted a binomial generalized linear model (GLM) for the presence/absence of each

phylogroup as a function of time, controlling for host age, region, sex. The use of antibiotics in the

past month was an exclusion criterion in four of the five studies generating the collections. For the

last collection, we controlled for the possible (but unlikely) use of antibiotic by adding a specific

factor for this collection in the regression (table S1). We detected a significant decrease in

frequency for the phylogroup A (from 58% in 1980 to 26% in 2010, p-value=1.79e-03) and a

significant increase in frequency for the phylogroup B2 (from 9% in 1980 to 36% in 2010, p-

value=1.34e-03) (figure 1A). No significant change was detected for the other phylogroups.

Those 403 isolates were distributed among 152 Warwick University scheme STs (33). The five

most frequent STs were ST10 (15.4%) (phylogroup A), followed by ST73 (5.9%) and ST95 (4.7%)

(both of phylogroup B2), ST69 (4.0%) (phylogroup D) and ST59 (3.7%) (phylogroup F) (figure

1B and table 1). Using a binomial GLM, we detected a significant decrease in frequency for ST10

between 1980 and 2010 (from 29% in 1980 to 15% in 2010, p-value=0.028). No other significant

change was detected for the three others most frequent STs. A total of 30, 59 and 98 distinct STs

were detected in 1980, 2001 (2000-2002) and 2010 respectively. ST diversity increased over time

even after accounting for the increasing number of strains sampled, and the changes in phylogroup

frequencies (figures 1B and S3).

We next typed the isolates using the diversity of genes coding for O and H antigens and FimH

protein. These genes are located in the two major hot spots of recombination along the *E. coli*

chromosome (4) and the corresponding antigens are important for the host immune response and

pathogenesis. Serotype (O:H combination) diversity increased between 1980 and 2010, however,

the diversity of O-groups, H-types and *fimH* alleles remained stable between 2001 and 2010 when

considered individually (figure S4 and tables S4-7). The four O-groups targeted by the recently

developed bioconjugate vaccine ExPEC4V (8, 9), O1, O2, O6 and O25 represented 24% of our

collection. By fitting a binomial generalized linear model (GLM), we did not detect a change in

frequency between 1980 and 2010 (figure 1C).

155 In the analyses of temporal trends in phylogenetic groups, STs, and serotypes over time, we

156 controlled for the covariates host age, regions, sex and possible use of antibiotics. In this series of

157 linear models, only 3 out of 88 inferred effects of control covariates were significant at the 0.05

158 level. This suggests these covariates have no or negligible effect on the genetic composition of *E.*

159 *coli*.

160 We next examined how the diversity of O and H antigen and FimH protein coding genes

161 evolves in relation to the phylogenetic structure of three STs that we were able to date: ST10, ST69

162 and ST95. ST10 strains exhibit a large diversity of O and H antigens (38 serotypes) and *fimH* alleles

163 (15 alleles). ST69 strains exhibit a limited diversity of O serogroups (O15, O17, O25 and O45)

164 associated with H18 and *fimH*27 almost exclusively (figure 2). We found six serotypes and five

165 *fimH* alleles among ST95 strains. The apparent diversity in O:H combinations and *fimH* alleles

166 reflects in part the age of the ST that can vary by a 20-fold factor according to our estimations

167 (figure 2). The MRCA (most recent common ancestor) age of ST10, 1377 [866-1637], is much

168 older than the MRCA age of ST69, 1951 [1924-1969], and ST95, 1680 [766-1882] (Bayesian

169 skyline model, figure S5 and table S8). We tested whether the difference in their timescale of

170 evolution explains the difference in diversity and found that the diversity of genes encoding for O

171 and H antigens and for the FimH protein increased faster for ST69 than for ST10 and ST95 (figure

172 S6). We also quantified the change in diversity of epidemiological types (O:H serotype and *fimH*

173 allele) within the most abundant ST of our commensal collection (ST10). We did not detect a

174 significant change in frequency for any of the five most frequent serotypes within ST10 between

175 1980 and 2010 (figure S7).

177 *2. Recent temporal evolution of virulence and resistance in commensal* **E. coli**

We first evaluated the effect of phylogroup frequency changes and time on the recent temporal

evolution of virulence and resistance. Next, we analyzed the gene frequency variations over two

periods of time, between 1980 and 2001 and between 2001 and 2010. We used Fisher's exact test

(gene presence/absence *versus* date as a category) to test the temporal changes in gene frequency

over each time period. We then evaluated the action of directional selection on gene presence with

a logistic model (gene presence/absence *versus* time as a continuous variable) between 1980 and

2010. Finally, we computed dN/dS ratios to test if gene sequences evolved neutrally or were under

diversifying or purifying selection.

187   *a.   Recent increase in virulence and resistance*

The correspondence analysis indicated a significant association between the phylogroups and the

virulence and resistance categories (chi-squared test, p-value < 2.2e-16) (figure S8 and tables S9-

11). The phylogroup B2 carry more VFs distributed in the adhesin, invasin, iron acquisition and

protectin categories, but fewer resistance genes. The phylogroups A, B1 and E carry more toxin

genes. The phylogroups C, D and the undescribed phylogroup are positively correlated with the

large majority of resistance categories, including resistances to beta-lactam, sulphonamide,

aminoglycoside, phenicol, tetracycline and trimethoprim antibiotics.

The prevalence of virulence increased between 1980 and 2010 (figure 3). First, the mean

virulence score (number of virulence factors out of the 101 assayed) increased from 14 to 19. Using

a linear model with sampling dates and phylogroups as predictors, we showed that, between 1980

and 2010, the increase in virulence score is explained by the change in the phylogroup frequency;

the effect of the sampling date is not significant (effect size = -1.90e-02 [-0.140; 0.102] VF product

per year, p-value = 0.743). This increase is driven by the change in frequency of several

phylogroups carrying many VFs, such as B2 (9% of B2 strains in 1980 to 36% in 2010 with a mean

virulence score of 24, effect size = +11 [6; 17] compared to phylogroup A, p-value = 7.37-04) and

F (4% of F strains in 1980 to 8% in 2010 with a mean virulence score of 23, effect size = +14 [7;

18] compared to phylogroup A, p-value = 1.87e-04). When testing each time period individually,

we did not find a significant effect of the sampling date either, but only of the phylogroup frequency

(between 1980 and 2001: effect size = +0.040 [-0.087; 0.167] VF product per year, p-value = 0.472;

between 2001 and 2010: effect size = -0.325 VF product per year [-0.765; 0.114], p-value = 0.126).

The frequency of resistance also increased through time. The fraction of strains resistant to

at least one antibiotic class increased from 19% to 44% from 1980 to 2010 (figure 3). This rise was

significant within a linear model with sampling dates and phylogroups as predictors (effect size =

+1.12e-02 [4.47e-03; 1.79e-02] per year, p-value = 2.88e-03), showing increased resistance

independently of changes in phylogroup frequencies. In addition to sampling dates, this increase is

also driven by the change in frequency of one minor phylogroup, phylogroup F which increases

from 4% in 1980 to 8% in 2010 and in which 88% of the strains are resistant to at least one antibiotic

(effect size = +0.680 [0.361; 1.00] compared to phylogroup A, p-value = 3.87e-04). When

considering each time period individually, the frequency of resistance to one antibiotic significantly

increased between 1980 and 2001 (effect size = +9.77e-03 [4.13e-04; 0.019] per year, p-value =

0.043). The increase between 2001 to 2010 was comparable in size but not significant (effect size

= +0.018 [-0.003; 0.039] per year, p-value = 0.082). Interestingly, the proportion of strains resistant

to two or more antibiotic categories remained stable at 27% between 2001 and 2010.

b. ST clonal expansion versus increase in gene frequency within STs

We next evaluated how the temporal variation in the frequency of individual resistance and

virulence genes was driven by clonal expansion or contraction of STs versus gene frequency

changes within one or several STs. We chose to do this analysis at the level of STs because they

are evolutionary units smaller than phylogroups but large enough to be followed through time, and

distinct in their gene content (34). Considering the size of our collection, we would lack power to

investigate temporal changes at a finer phylogenetic unit. Eight STs are present in 1980, 2001 and

2010, they belong to the phylogroups A, B2, D and F and represent 35% of our dataset (table S12).

We decomposed the temporal change in individual virulence and resistance gene frequencies in

two additive components (figures 4-6 and tables S13-16). First, "ST-driven" change corresponds

to a change in gene frequency driven by the change in frequency of STs (figure S9). Second, "gene-

driven" change reflects the change in gene frequency within STs, independently of changes in ST

frequencies.

The evolution of virulence is both ST and gene driven. The relative contribution of the two

processes depends on the time period considered. Frequency changes within STs (gene driven

change) contributed mostly in the period between 1980 and 2001 (figures 4A and 5A). Those

changes include notably the large increase in frequency of the *kps* operon (*kpsD*, *kpsE* and *kpsM*)

involved in the K1 capsule biosynthesis, from 40% to 78% (p-values = 0.002 for the association

between the gene presence and time of sample between 1980 and 2001 according to Fisher's exact

test), of the *iuc* operon (aerobactin, from 32-36% to 60-68%, p-values < 0.02), of the HPI (High

Pathogenicity Island, from 52% to 75%, p-values = 0.028 and 0.042) and of the *pap* operon

(pyelonephritis-associated pilus, from 12-24% to 25-64% , p-values < 0.02) (figure 4A and table

S13). From 2001 to 2010, the change in virulence was driven by both the increase in frequency of

more virulent STs (ST driven change), in particular those carrying genes coding for adhesins, and

the change in gene frequency within STs (gene driven change) (figure 4B).

In contrast to virulence, the evolution of resistance is almost exclusively gene driven and

occurred primarily between 1980 and 2001 (figures 5-6 and tables S15-16). Significant increase in

frequency was detected for genes responsible for resistance to beta-lactam (*bla*TEM-1B, from 0% to

14%, p-value = 0.003), tetracycline (*tet*(A), from 0% to 14%, p-value = 0.004), sulphonamide (*sul*1,

from 0% to 14%, p-value = 0.005 and aminoglycoside (*aph*(6)-Id, from 0% to 18%, p-value = 0.02)

antibiotics. Resistance genes overall frequency did not change much in the second period between

2001 and 2010. We note however that any increasing gene frequency is ST-driven. Thus, these

genes rapidly increased in frequency in 20 years and subsequently stabilized, and their dynamics

were unaffected by changes in the ST composition of the population.

Gene content visualization of ST10, ST69 and ST95 corroborate these results (figure 2).

Virulence genes appear to be more phylogenetically clustered than resistance genes, explaining the

importance of clonal expansion in driving the evolution of the virulence gene repertoire. We last

tested if genes located on plasmids are more likely gene-driven (increasing simultaneously within

multiple STs) than ST-driven (clonal expansion), but found no significant effect (correlation across

genes between the proportion of gene driven change and plasmid *vs.* chromosome as a categorical

variable, effect size = + 0.09 [-0.02; 0.21], p-value = 9.62e-02).

c. Further evidence for selection on resistance and virulence genes

We detected a significant increase in frequency over at least one period of time (by Fisher's

exact test) for 59 virulence genes and four genes associated to antibiotic resistance. To test if the

presence of these genes (relative to absence) is under directional selection over the whole period

1980 to 2010, we fitted a logistic model for gene presence/absence as a function of time and

phylogroup for these 63 genes. In population genetics, the action of selection on a gene results in

a linear trend on the logit scale. Thus, the coefficient of a logistic model (binomial generalized

linear model) is interpretable as a selection coefficient (additionally controlling for association with

phylogroups). Out of the 18 genes with a significant coefficient (at the 0.05 level), 16 had a positive

coefficient and 2 a negative coefficient (table S17). This suggests that the presence of these genes

is under positive selection.

The two antibiotic resistance genes increasing in frequency for which we could compute

dN/dS (*tet*(A) and *bla*TEM-1B), were under purifying selection (table S18). For virulence genes, we

found a significant difference in rates of synonymous and non-synonymous mutations for 37 genes

out of 55, with 30 under purifying selection (including *kps* operon and *papX*), and 7 under

diversifying selection (including the *iutA* transmembrane transporter involved in iron uptake) (table

S18).

DISCUSSION

1.   The phylogenetic history of E. coli *commensal strains and their serotypes*

The primary habitat of *E. coli* is the gut. However, most of the studies interested in virulence and

resistance to antibiotics focused on pathogenic collections isolated from extra-intestinal infections,

with a few exceptions (35, 32, 36). Here, using whole-genome analysis, we study the phylogenomic

evolution of a large commensal collection of *E. coli* (403 strains) over a 30-year period. This

collection is unique in its focus on commensals and the timespan, and we controlled as much as we

could for covariates.

The proportion of phylogroup B2 strains increased from 9% to 36% while the proportion of

phylogroup A strains decreased from 58% to 26% between 1980 and 2010, as already observed in

a large part of this collection (14). A predominance of B2 strains over other phylogroups in

commensal samples has also been reported in different industrialized countries. For instance, in the

late 1990s, the frequency of B2 strains in Australia, Japan, Sweden and USA is between 44 and

48% (1). It is possible that phylogroup B2 increased in frequency just before the 1990s in these

industrialized countries as they did in France from 1980 to 2010.

The diversity of STs and serotypes increased over time. The increase in ST diversity was

not explained by the increase in frequency of B2 strains (figure S3), but rather by the increase in

frequency of rare STs from 2001 to 2010.

We studied in more detail three major STs: two responsible for extra-intestinal infections

in humans (ST69 and ST95) (2, 37) and one (ST10) found at high frequency in the human gut as

well as in animals (38) (figure 2). The homoplasy (gain or loss of a character independently in

different lineages of the tree) of several surface antigens, especially in the ST10 (39), is in

agreement with their encoding genes being located in the major hot-spots of recombination in the

genome (4). Diversification per time unit of genes encoding for O and H antigens and of for FimH

protein for ST69 is faster than for ST10 and ST95, which is potentially explained by its younger

age as it can be expected during adaptive radiations for example, where lineages diversify rapidly

at the emergence of the clade (40).

Several O-groups have been considered as a promising target for a bioconjugate vaccine

against extra-intestinal infections (41). Recently, a phase 2 randomized controlled trial showed that

a vaccine targeting the O1, O2, O6, and O25-antigens was well tolerated and elicited an antibody

response against these antigens (8, 9). They represent a large part (24%) of our commensal strains,

suggesting the vaccine could perturb the commensal gut microbiota by eliminating commensal *E.*

coli clones in addition to the major pathogenic clones.

2. Recent temporal evolution of resistance and virulence in commensal **E. coli**

Gene and phylogroup frequencies varied in time (figures 1) (14, 34). Strains of phylogroup

B2, which carry many VFs, as well as individual VFs increased in frequency, whereas the observed

increase in resistance between 1980 and 2001 seems decoupled from phylogroups. To investigate

whether virulence and antibiotic resistance evolution are governed by different evolutionary

mechanisms, we decomposed the change in frequency of a gene into a term quantifying the clonal

expansion of STs carrying this gene and a term quantifying the increase in gene frequency within

STs.

The frequency of STs can vary in time, randomly or in response to selective pressures. As

a consequence, the frequency of a focal gene varies accordingly to the variation in frequency of the

STs carrying it (whether or not the gene is under selection). The change in gene frequency may

result from vertical transfers (clonal expansion) and horizontal transfers within STs. We called this

process ST driven change. The frequency of a gene can also vary concomitantly in one or several

STs regardless of variation in ST frequencies. This can result from horizontal transfers between or

within STs or the increase in frequency of the lineage carrying the focal gene at the expense of

others within STs, suggesting direct selection on the gene. We called this process gene driven

change. The contributions of gene driven and ST driven change varied between virulence and

resistance genes, and between the two periods (1980-2000 and 2000-2010) (figure 5).

Between 1980 and 2000, the virulence of *E. coli* strains rapidly evolved through both the

rise of more virulent STs and within-ST increase in frequency of virulence genes (gene driven

change) (figures 4A and 5A). In the second time-period from 2001 to 2010, the increase in

frequency of STs was mainly driven by the increase in frequency of more virulent STs (ST driven

change) (figures 4B and 5A). Significant changes in frequency suggest a role for direct selection

on virulence genes in driving the increased virulence. The presence of several of these genes may

be under positive directional selection. Moreover, the sequence diversity of many of them (37 out

of 55) also suggests selection, either diversifying or purifying.

What factors could explain the recent increase in virulence? Recent environmental changes

include a shift towards more processed, and more nutrient-dense food over the period 1969-2002

in France, and a stabilization over 2002-2010 (42), mirroring the spread of virulence genes within

ST observed in the period 1980-2000. This could select for virulence genes (e.g., iron acquisition

factors) or for virulent STs. Whether bacteria carrying some virulence genes are better adapted to

nutrient-dense diets could be experimentally tested (43). In an effort to do so, some of us recently

analyzed how mice diet affected the density of *E. coli* in the mice gut and found that the B2 strains

used was more prevalent in a high sugar high fat diet than in a high fiber diet (44). In addition to

nutriment availability, protection again host immune defense, phages and protozoans may also

drive the evolution of virulence (2, 45). A change in the diversity and abundance of these predators

might likewise explain the recent increase in virulence observed in commensal *E. coli*.

For resistance genes, the rapid increase in frequency of several genes [notably *aph*(6)-Id,

bla$_{\text{TEM-1B}}$ and *tet*(A), which are located on plasmid or transposons] (46, 47) from 1980 to 2000 was

mainly driven by an increase in the frequency of these genes independently within several STs

(figure 6A). Their presence is under positive selection and the gene sequence of *bla*$_{\text{TEM-1B}}$ and

tet(A) is under purifying selection. In contrast to 1980-2000, after 2001 the frequency of resistance

almost did not change (figures 5B and 6). Concomitantly, the proportion of strains resistant to two

or more antibiotic categories decreased, indicating a decrease in multi-resistance. In the early

2000s, levels of antibiotic resistance were higher in France than in most European countries (22,

25). A nationwide awareness campaign was launched in 2001 leading to a 26.5% reduction in

antibiotic use in humans over 5 years (25). The reduction in antibiotic use could explain the

stabilization in resistance gene frequencies observed in our data.

Our work has some limitations. First, only one isolate per subject was sampled. It is well

known that populations of subdominant clones are present in the feces (36). Resistant clones are

often subdominant and isolated using antibiotic containing plates. They have a specific population

structure and epidemiology (48). Second, our data set ends in 2010 and we did not capture the

recent evolution. A stool collect campaign is underway and will allow to address this point. Third,

the five collections gathered for this study are heterogeneous in terms of host age, sex, location

(Paris or Brittany) and potential (but unlikely) antibiotic use. However, we controlled for these

factors in our analyses, and we did not find any large effect of host age, location, sex and the

possibility of antibiotic consumption on gene content or genotype.

Conclusion

To investigate the recent evolutionary dynamics of commensal *E. coli*, we whole-genome

sequenced a large collection of 403 strains sampled from the gut of healthy volunteers. Several

antibiotic resistance genes rapidly spread from 1980 to 2000, largely unhindered by clonal

structure. Higher virulence evolved through increase in virulence gene frequency within STs and

clonal expansion of more virulent STs. Increasing virulence of *E. coli* would result, everything else

being equal, in an increasing incidence of extra-intestinal infections, and could indeed contribute

to the increasing incidence of bacteremia observed in the last decades (12, 15). Future research

should investigate whether the observed increasing virulence in commensal strains was observed

in other geographical areas and what environmental factors could select for *E. coli* virulence.

METHODS

1. Strain collections

We studied the whole genomes of four hundred and thirty-six *E. coli* strains gathered from stools

of 403 healthy adults (at least 18-year-old) of both sexes living in the Paris area or Brittany (both

locations in the North of France) between 1980 to 2010 (see main characteristics of the subjects in

table S3). These strains come from five previously published collections: VDG sampled in 1980

(49), ROAR in 2000 (50), LBC in 2001 (51), PAR in 2002 (51), and Coliville in 2010 (table S1)

(14). In all studies, one single *E. coli* colony randomly picked on the Drigalski plate was retained

per individual (14), probably representing the dominant strain. The study was approved by the

ethics evaluation committee of Institut National de la Santé et de la Recherche Médicale (INSERM)

(CCTIRS no. 09.243, CNIL no. 909277, and CQI no. 01-014).

In order to improve the temporal span for dating, we used 24 sequences from the Murray

collection with samples ranging from 1930 to 1941 (table S19) (52). From the 50 genomic

sequences available in the Murray collection, we selected sequences with available sampling time

and excluded multiple variants per strain (when strain name, date on tube and origin were identical

for two samples).

2. Sequencing of the commensal strains

After DNA extraction, whole-genome of each strain was sequenced using Illumina NextSeq 2x150

bp after NextEra XT library preparation (Illumina, San Diego, CA) (26).

3. Assembly and typing

The assembly of genomes was performed using the in-house script Petanc that integrates several

existing bacterial genomic tools (53), including SPADES (54). This in-house script was also used

to perform the typing of strains with several genotyping schemes using the genomic tool SRST2

(55). Multilocus sequence typing (MLST) was performed and STs were defined using the Warwick

MLST scheme and the Pasteur scheme (33, 56). We only used the Warwick scheme for the analyses

described thereafter. We also determined the O:H serotypes and the *fimH* alleles (7, 57). The

phylogroups were defined using the ClermonTyping method (58). The in-house script Petanc was

also used to type the Murray strains in order to determine which strains could be used for dating.

4. Distribution of phylogroups, STs and O-groups through time

Because there were three time points close in time with a small number of strains, we aggregated data of years 2000, 2001 and 2002 and it will henceforth be referred to as 2001.

To evaluate the frequency of phylogroups through time, we fitted a binomial generalized linear model (GLM) for the presence/absence of each phylogroup as a function of time (continuous variable), and controlling for several factors heterogeneous over the five collections: host age, location (two categories: Paris vs. Brittany), sex and antibiotic consumption (two categories: "no" vs. "unlikely"). When only an interval was available for age (113 strains from the collections PAR, ROAR and VDG), we used the mean value of this interval. The same analyses were also performed for STs and O-groups.

We generated stacked area charts of phylogroups, STs and O-groups to display their diversity variation between 1980 and 2010.

We analyzed 53 strains in 1980, 104 between 2000 and 2002, and 246 in 2010. To determine whether the number of distinct STs detected each year varied through time or was simply reflecting the number of sampled strains, we generated null distributions of ST number depending on the sampling effort. We sampled 10,000 times a fixed number of strains (53 for 1980, 104 for 2001 and 246 for 2010) with the frequency of each ST set to its overall frequency. For each time point, the observed value was compared to the corresponding null distribution. The same analysis was also performed for serotypes (O and H combinations), O-groups, H-types and *fimH* alleles.

To evaluate the influence of the change in frequency of phylogroup on ST diversity, we generated null distributions of ST number depending on the phylogroup frequency and on the sampling effort. We sampled 10,000 times a fixed number of strains corresponding to the number of strains sampled by phylogroup and by year with the frequency of each ST set to its overall frequency for each phylogroup. For each time point, the observed value was compared to the corresponding null distribution.

5. *Genomic diversity of the core genome*

The 403 assemblies (our commensal collection) were annotated with Prokka (59). We then performed pan-genome analysis from annotated assemblies with Roary on the 403 genomes using default parameters (60). The alignment of the core genome and the list of genes of the accessory genome were generated.

6. *Core genome phylogeny of* E. coli

To build the phylogeny of *E. coli*, we aligned whole genomes (403 strains) to the reference R1B5J10 (ST206 strain, close to the most frequent ST in our dataset, ST10) with Snippy 4.4.0 using standard parameters (61). We did not remove recombination events because it could accentuate errors in phylogenetic distances and the topology of the tree is usually not affected (62). The alignment of 266,665 SNPs (single-nucleotide polymorphism), was used to produce a maximum likelihood phylogenetic tree with RAxML (63), using the GTRGAMMA model with 1,000 bootstrap replicates.

7. *Divergence times estimates for major STs*

To further study the five most prevalent STs, ST10, ST73, ST95, ST69 and ST59, we aligned whole genomes (136 strains from our collection and 10 from the Murray collection) to references, R1B5J10, 016-002, R1B6J15, H1-004-0023-R-J and IAI39 respectively with Snippy 4.4.0 using standard parameters (61). For each ST, three outgroup sequences were selected as the three closest sequences to the focal ST belonging to two distinct and well supported clades, from the core genome phylogenetic tree. Recombination events were excluded with Gubbins using default settings (64). The five resulting alignments were used to produce a maximum likelihood

phylogenetic tree with RAxML using the GTRGAMMA model with 1,000 bootstrap replicates

(63).

The temporal analysis was performed with the program BEAST v1.10.4 (65), on three of the

most frequent STs with a molecular clock signal (i.e. positive relationship between root-to-tip

distance and time): ST10, ST95 and ST69. BEAST implements the "uncorrelated relaxed clock"

to model uncorrelated rate variations among lineages; the evolutionary rate of each branch is drawn

independently from a common underlying distribution. To estimate divergence times with this

model we used the following parameters: uncorrelated log-normal clock, substitution model

GTR+I+G, fixed topology (RAxML tree) and 500 million generations with sampling every 1000

generations and a burn-in of 50 million generations. We ran three replicates with three tree priors:

coalescent with constant population, coalescent with exponential growth and coalescent with

Bayesian skyline. The sample times were used to calibrate the tips. For each dataset, the best fitting

model set was determined by computing Bayes factors from marginal likelihoods estimations

calculated by stepping-stone sampling (66). Only the models that converged well and had and

effective sample size (ESS) larger than 200 for each parameter were compared. The best fitting

model was used in the subsequent analyses.

8.　Virulence and resistance gene repertoire analyses

The resistome, the virulome and the plasmid type were defined using the in-house script Petanc

(53). They were defined by BlastN with Abricate (https:// github.com/tseemann/abricate) using the

ResFinder database (67), a custom database including the VirulenceFinder database and VFDB

(68, 69), to which we added selected genes (table S20), and PlasmidFinder respectively (70). We

set the threshold for minimum identity to 80% and for minimum coverage to 90%. If several copies

of a gene were detected for a strain, we only kept the copy with the maximal sum of coverage and

identity. We also searched for point mutations responsible for betalactam (*ampC* promoter) and

fluroquinolone (*gyrA/B*, *parC/E*) resistance (67). The plasmid sequences were also predicted by

PlaScope (71).

To visually explore the relationships between the phylogroups and the resistance and

virulence gene repertory we performed a correspondence analysis (CA) (72) with the R package

'FactoMineR' (73). A CA is a multivariate graphical analysis used to explore the associations

among categorical variables. For each item in a table, a set of factor scores (coordinates) is obtained

from linear combinations of rows and columns. These coordinates are projected on two dimensions,

with in our case, the first axis opposing the phylogroups with the largest differences. The further

the gene categories are from the origin the more they are discriminating. If two variables are close

to each other in the plan, they are considered to be strongly associated. The significance of

associations between phylogroups and resistance and virulence categories was tested with a chi-

squared test.

For each isolate, we computed a virulence score corresponding to the number of the

virulence factors (VF) present in each isolate (number of products out of the 104 tested, table S20)

(adapted from (74)). The frequency of antibiotic resistance was computed for each year. Both gene

acquisitions and point mutations were included (table S21). The corresponding antibiotics were

retrieved from ResFinder (75). We next tested whether the virulence score and the frequency of

antibiotic resistance changed in time. We fitted a linear model for the number of VF products or

for the frequency of antibiotic resistance as a function of year (1980, 2001 (2000-2002), 2010) as

a categorical variable.

To decipher whether changes in gene frequency through time were due to variations in ST

frequencies or to variations in gene frequencies within STs, we decomposed the overall change in

gene frequency (Δf) as follows (figure S9). We call $f_{i,t}$ the frequency of the focal gene in ST i at

time t. We call $p_{i,t}$ the frequency of the ST i at time t. We are interested in the change in frequency

of the focal gene from time t_1 to time t_2. The change in gene frequency can be decomposed as

such:

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$$\Delta f = \underbrace{\sum_{i=1}^{S} \Delta f_i \, \bar{p}_i}_{within \ ST} + \underbrace{\sum_{i=1}^{S} \Delta p_i \, \bar{f}_i}_{between \ ST},$$

where S is the number of STs, $\Delta f_i = f_{i,t_2} - f_{i,t_1}$ is the change in the focal gene frequency in ST i

from time t_1 to time t_2, $\Delta p_i = p_{i,t_2} - p_{i,t_1}$ the change in the frequency of ST i from time t_1 to time

t_2, $\bar{p}_i = \frac{1}{2}\left(p_{i,t_1} + p_{i,t_2}\right)$ the mean ST i frequency in the sample (weighting the two timepoints

equally) and $\bar{f}_i = \frac{1}{2}\left(f_{i,t_1} + f_{i,t_2}\right)$ the mean gene frequency in ST i in the sample.

For virulence, when the frequency of several alleles for a single gene was assessed by our

in-house script, we added these frequencies for each corresponding gene (table S20).

The decomposed temporal changes of virulence and of antibiotic resistance were

summarized as follow. For virulence, we first computed the mean change per product, and then the

mean change among product for each category (see table S20). For resistance, we computed the

mean change among genes for each category (see table S21).

For each time period, and for each gene, we used Fisher's exact test to examine the

significance of the association between gene presence/absence and two consecutive timepoints

(1980-2001 or 2001-2010).

In addition, we tested if the genes with a significant change in frequency over at least one

of the two periods (according to Fisher's exact test) were under directional selection over the whole

period 1980-2010. More precisely we tested 1) if the presence of these genes (relative to absence)

was under selection and 2) if there was a sign of selection acting on the sequence of these genes.

First, we fitted a logistic model for gene presence/absence as a function of time (continuous

variable, from 1980 to 2020) and phylogroup (categorial variable). Second, we computed dN/dS

ratios. We first aligned sequences of each gene with mafft (76). We generated the consensus

sequence of each gene (function 'ConsensusSequence' in package DECIPHER in R) (77). Then,

we calculated dN/dS ratios between each unique sequence and the consensus sequence (function

'dnds' in package ape in R) (78). Finally, we tested if the mean dN/dS ratio obtained for each gene

was significantly different from 1 (t-test). We could not compute the dN/dS ratio for six genes

because there were less than 3 different sequences in the alignment (*kps*T, *stx*1A, *stx*1B, *sul*1) or

because there was no synonymous mutation (*aph*(6)-Id and *hly*F).

DECLARATIONS

Ethics approval and consent to participate

Not applicable

Data availability

The data generated in this study have been submitted to the NCBI BioProject database under the

accession   numbers   PRJEB39252   (Coliville)

[https://www.ncbi.nlm.nih.gov/bioproject/?term=PRJEB39252],   PRJEB38489   (ROAR)

[https://www.ncbi.nlm.nih.gov/bioproject/?term=PRJEB38489],   PRJEB44819   (LBC)

[https://www.ncbi.nlm.nih.gov/bioproject/?term=PRJEB44819],   PRJEB44872   (PAR)

[https://www.ncbi.nlm.nih.gov/bioproject/?term=PRJEB44872],   PRJEB44873   (VDG)

[https://www.ncbi.nlm.nih.gov/bioproject/?term=PRJEB44873].

Disclosure of interest

The authors report no conflict of interest.

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Appendixes

Tables S1-21 (SupplementalTables_S1_21.xlsx)

Figures S1-9 (SupplementalFigures_S1_9.docx)

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 FIGURE LEGENDS

Figure 1. Frequency distribution of phylogroups and STs between 1980 and 2010. (A) Frequency

distribution of phylogroups. The decline of phylogroup A and the increase of phylogroup B2 were

significant (0.05 level). (B) Frequency distribution of STs. The proportion of each ST has been

plotted by year ordered by the overall frequency (most common at the bottom). Only the names of

STs with an overall frequency > 0.3 and ST131 are shown. The only variation that was significant

at the 0.05 level was the decline of ST10. (C) Frequency of the O-groups O1, O2, O6 and O25. No

significant variation with time was detected (0.05 level).

Figure 2. Genomic content of three of the most frequent STs. For ST10 (A), ST69 (B) and ST95

(C), in addition to the epidemiological type diversity (O:H serotypes and *fimH* allele), we examined

the presence of five antibiotic resistance genes (*bla*$_{TEM-1B}$, *tet*(B), *tet*(A), *aph*(3'')-Ib and *aph*(6)-

Id) and of 34 virulence genes [*pap* (adhesin), *chu*, *iro*, *iuc* (iron capture systems) and *kps* (protectin)

operons]. The timetrees were built with BEAST v1.10.4 (65). ST10 exhibits the largest serotype

diversity (44 serotypes), among the other STs examined here, ST69 (4 serotypes) and ST95 (6

serotypes). Nodes with a support value (Bayesian posterior probability) > 0.75 are indicated by

black circles.

Figure 3. Evolution of virulence and antibiotic resistance between 1980 and 2010. (A) Mean

virulence score computed for all the 403 commensal *E. coli* isolates. The virulence score of a strain

is defined as the number of the VFs of each category tested that were present in that strain. (B)

Frequency of antibiotic resistance through time for all 403 isolates. Both gene acquisition and point

mutations are included, but we omitted the macrolide category because more than 99% of the

strains were resistant to macrolide antibiotics. For readability, in each panel the year 2001 includes

strains sampled in 2000, 2001 and 2002.

Figure 4. Temporal change of virulence frequency between 1980 – 2001 (A) and between 2001 –

2010 (B). The overall frequency change (Δf) for each gene (increases depicted by circles and

decreases by squares) is decomposed in change driven by the variation in frequency of STs carrying

the focal gene (ST driven change) and change driven by the variation in frequency of the focal gene

(gene driven change). For readability, only genes for which between ST change or within ST

change was greater than 0.02 in absolute value are shown (see table S13-14 for the complete list).

Genes highlighted in bold are those for which the temporal change is significant at the 0.05 level.

In the panel A, *chu** includes *chuA*, *chuS*, *chuT*, *chuU*, *chuV*, *chuW*, *chuX* and *chuY*.

Figure 5. Summary of the decomposed temporal change of virulence and antibiotic resistance

between 1980 and 2010. For virulence (A), we computed the mean change per product (e.g. mean

change among *iucA*, *iucB*, *iucC*, *iucD* and *iutA* genes for aerobactin), and reported the mean change

among products of a category (e.g. among products classified in the iron acquisition category). For

resistance (B), we computed the mean change among genes belonging to a given category (e.g.

among *tet*(A), *tet*(B), *tet*(D) and *tet*(M) for tetracycline).

Figure 6. Temporal change of antibiotic resistance frequency between 1980 – 2001 (A) and

between 2001 – 2010 (B). The overall frequency change (Δf) for each gene (increases depicted by

circles and decreases by squares) is decomposed in change driven by the variation in frequency of

STs carrying the focal gene (ST driven change) and change driven by the variation in frequency of

the focal gene (gene driven change). For readability, only genes for which between ST change or

within ST change was greater than 0.02 are shown here (see table S15-16 for the complete list).

Genes highlighted in bold are those for which the temporal change is significant at the 0.05 level.

Note the scale of the y-axis is much smaller for resistance than for virulence (figure 3) as ST-driven

changes are minor compared to gene-driven changes for antibiotic resistance genes.

Table 1. **Distribution of the 11 most frequent sequence types of the *E. coli* commensal collection isolates.** The

number of isolates and the percentage for each year are presented in the table (see table S12 for the complete table).

The year 2001 corresponds to the aggregated data of years 2000, 2001 and 2002. The * indicate the sequence types

(STs) for which we inferred the divergence times.

ST (phylogroup)	Commensal			
	1980	2001	2010	All years
10* (A)	15 (29%)	12 (12%)	35 (15%)	62 (16%)
73 (B2)	2 (4%)	3 (3%)	19 (8%)	24 (6%)
95* (B2)	0 (0%)	8 (8%)	11 (5%)	19 (5%)
69* (D)	2 (4%)	2 (2%)	12 (5%)	16 (4%)
59 (F)	2 (4%)	2 (2%)	11 (5%)	15 (4%)
141 (B2)	0 (0%)	1 (1%)	10 (4%)	11 (3%)
93 (A)	1 (2%)	4 (4%)	2 (1%)	7 (2%)
452 (B2)	1 (2%)	2 (2%)	5 (2%)	8 (2%)
405 (D)	1 (2%)	2 (2%)	2 (1%)	5 (1%)
58 (B1)	0 (0%)	2 (2%)	3 (1%)	5 (1%)
131 (B2)	0 (0%)	3 (3%)	3 (1%)	6 (2%)
Total in collections	53	104	246	403