

1 **Substrate access mechanism in a novel membrane-bound**
2 **phospholipase A of *Pseudomonas aeruginosa* concordant with**
3 **specificity and regioselectivity**

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5 Sabahuddin Ahmad¹, Christoph Heinrich Strunk², Stephan N. Schott-
6 Verdugo^{1,3,5}, Karl-Erich Jaeger^{2,4}, Filip Kovacic^{2,*}, Holger Gohlke^{1,5,*}
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9
10 1. Institute for Pharmaceutical and Medicinal Chemistry, Heinrich Heine
11 University Düsseldorf, 40225 Düsseldorf, Germany
12 2. Institute of Molecular Enzyme Technology, Heinrich Heine University
13 Düsseldorf, Forschungszentrum Jülich GmbH, 52425 Jülich, Germany
14 3. Centro de Bioinformática y Simulación Molecular (CBSM), Faculty of
15 Engineering, University of Talca, 3460000 Talca, Chile
16 4. Institute of Bio- and Geosciences (IBG-1: Biotechnology),
17 Forschungszentrum Jülich GmbH, 52425 Jülich, Germany
18 5. John von Neumann Institute for Computing (NIC), Jülich Supercomputing
19 Centre (JSC), Institute of Biological Information Processing (IBI-7:
20 Structural Biochemistry) & Institute of Bio- and Geosciences (IBG-4:
21 Bioinformatics), Forschungszentrum Jülich GmbH, 52425 Jülich, Germany
22

23
24 * Corresponding authors

25
26 Address correspondence to: Prof. Dr. Holger Gohlke, Institute for
27 Pharmaceutical and Medicinal Chemistry, Heinrich Heine University
28 Düsseldorf, Düsseldorf, Germany; John von Neumann Institute for Computing
29 (NIC), Jülich Supercomputing Centre (JSC), Institute of Biological Information
30 Processing (IBI-7: Structural Biochemistry) & Institute of Bio- and Geosciences
31 (IBG-4: Bioinformatics), Forschungszentrum Jülich GmbH, 52425 Jülich,
32 Germany; Phone: (+49) 211 81 13662; Email: gohlke@uni-duesseldorf.de,
33 h.gohlke@fz-juelich.de and Dr. Filip Kovacic, Institute of Molecular Enzyme
34 Technology, Heinrich Heine University Düsseldorf, Forschungszentrum Jülich
35 GmbH, 52425 Jülich, Germany; Phone: (+49) 2461 61 2947; Email:
36 f.kovacic@fz-juelich.de
37

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40 **Running title:** Substrate access in PlaF

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42 **Keywords:** membrane protein, phospholipid, mutagenesis, molecular
43 dynamics simulations, free energy computations

44 **Abstract**

45 PlaF is a cytoplasmic membrane-bound phospholipase A_1 from *Pseudomonas*
46 *aeruginosa* that alters the membrane glycerophospholipid (GPL) composition and
47 fosters the virulence of this human pathogen. PlaF activity is regulated by a dimer-to-
48 monomer transition followed by tilting of the monomer in the membrane. However, how
49 substrates reach the active site and how the characteristics of the active site tunnels
50 determine the activity, specificity, and regioselectivity of PlaF for natural GPL
51 substrates has remained elusive. Here, we combined unbiased and biased all-atom
52 molecular dynamics (MD) simulations and configurational free energy computations to
53 identify access pathways of GPL substrates to the catalytic center of PlaF. Our results
54 map out a distinct tunnel through which substrates access the catalytic center. PlaF
55 variants with bulky tryptophan residues in this tunnel revealed decreased catalysis
56 rates due to tunnel blockage. The MD simulations suggest that GPLs preferably enter
57 the active site with the *sn*-1 acyl chain first, which agrees with the experimentally
58 demonstrated PLA₁ activity of PlaF. We propose that the acyl chain-length specificity
59 of PlaF is determined by the structural features of the access tunnel, which results in
60 favorable free energy of binding of medium-chain GPLs. The suggested egress route
61 conveys fatty acid products to the dimerization interface and, thus, contributes to
62 understanding the product feedback regulation of PlaF by fatty acid-triggered
63 dimerization. These findings open up opportunities for developing potential PlaF
64 inhibitors, which may act as antibiotics against *P. aeruginosa*.

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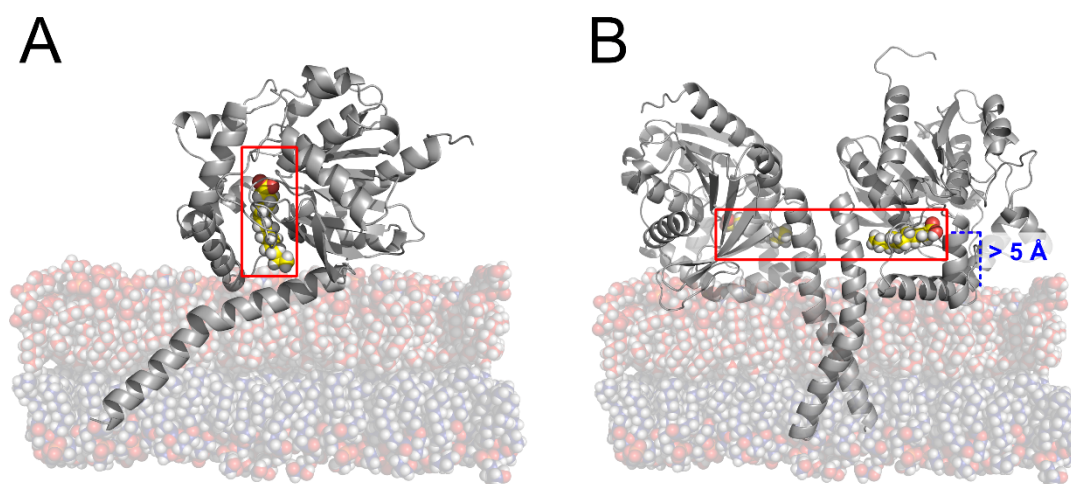
66 Introduction

67 *Pseudomonas aeruginosa* is an opportunistic and versatile pathogen, which causes
68 infections in plants [1] and humans [2]. It is a multi-drug resistant Gram-negative
69 bacterium and a frequent cause of nosocomial infections [3]. The pathogenicity of *P.*
70 *aeruginosa* relies on both cell-associated and extracellular virulence factors [3]. Among
71 those virulence factors are phospholipases [4, 5], including phospholipase A₁ (PLA₁),
72 which hydrolyze cellular glycerophospholipids (GPLs) at the *sn*-1 position into
73 lysoglycerophospholipids (LGPLs) and fatty acids (FAs) [6, 7].

74 GPLs primarily form bilayers, which maintain a permeability barrier for cells and
75 organelles [8], while membrane-bound LGPLs can destabilize membrane integrity in
76 Gram-negative bacteria [9, 10]. GPLs [11] and LGPLs [12, 13] can regulate the function
77 and stability of membrane proteins. Interestingly, biofilm formation and growth phase
78 transitions in *P. aeruginosa* are accompanied by the alteration of membrane GPL
79 composition [14, 15]. FAs belong to the diffusible signal factor family (DSF) and are
80 possible signal molecules because they can diffuse through cell membranes and
81 contribute to the regulation of diverse biological functions in various Gram-negative
82 pathogens [16]. In *P. aeruginosa*, DSFs promote biofilm formation and antibiotic
83 resistance [17, 18].

84 We recently identified PlaF, an integral, inner membrane PLA₁ that has a profound role
85 for membrane GPL remodeling in *P. aeruginosa*. Furthermore, a *P. aeruginosa* Δ *plaF*
86 knockout strain showed strongly attenuated virulence in *Galleria mellonella* and human
87 macrophages models compared to the wild-type, which suggests that PlaF-mediated
88 GPL remodeling contributes to the virulence of *P. aeruginosa* [19]. Crosslinking (*in vivo*
89 and *in vitro*) and micro-scale thermophoresis experiments showed that PlaF exists in
90 both monomeric and dimeric configurations, although it is active only in the monomeric
91 state [19]. The crystal structure of PlaF revealed that a homodimer is formed by
92 interactions between the transmembrane (TM) and juxtamembrane (JM) regions [19].
93 The homodimer contains co-crystallized endogenous ligands, myristic acid (MYR) and

94 undecanoic acid (UND) from *P. aeruginosa*, (Figure 1), which are non-covalently bound
95 in the active site cavity [19]. Moreover, a complex T-shaped active site pocket formed
96 by the TM, JM, and catalytic domain revealed three openings, one at the dimer
97 interface, one close to the catalytic serine (S137), and one most likely pointing towards
98 the membrane [19]. Molecular simulations of PlaF activation revealed a mechanism
99 that involves a dimer-to-monomer transition followed by tilting of the monomer in the
100 membrane [19]. The tilting orients PlaF in a configuration relative to the membrane
101 such that substrates can directly access the cleft (Figure 1). By contrast, in the
102 configuration observed in the crystal structure, the residues lining the opening of the
103 active site cleft are more than 5 Å above the membrane surface (Figure 1). However,
104 it is unknown how substrates reach the active site and how the characteristics of the
105 active site determine the activity, specificity, and regioselectivity of PlaF for medium-
106 chain GPLs.



107
108 **Figure 1: Schematic representation of the orientation of PlaF in the membrane.** A) Chain A
109 of dimeric PlaF in the tilted state; this state allows direct contact of the active site tunnel (red
110 box) with the membrane. Yellow spheres represent the C atoms of the co-crystallized PlaF
111 product, MYR. B) In dimeric PlaF, the active site tunnel is located > 5 Å above the membrane.
112 Yellow spheres represent the C atoms of the co-crystallized PlaF products, MYR (left) and UND
113 (right), within the active site tunnel.

114 The molecular mechanism underlying the access and binding of GPL to PLA is poorly
115 understood in general because only a few PLA structures from microorganisms have
116 been resolved, which either revealed closed conformations of their phospholipase
117 domains [4, 20] or an accessible pocket that is predominantly hydrophobic [21] or

118 amphipathic [22]. For the latter, regioselectivity was suggested to be achieved through
119 binding of the GPL phosphate group to the polar pocket, which constrains the *sn*-1 acyl
120 chain in a neighboring hydrophobic pocket [22]. Finally, structural analysis of the outer
121 membrane PLA (OMPLA) from *Escherichia coli* in the complex with an inhibitor
122 provided information about GPL recognition by this PLA [23, 24]. However, OMPLA is
123 an integral β -barrel protein with a hydrophobic GPL binding cleft and the active site
124 located at the β -barrel exterior. Hence, the mechanism by which PlaF recognizes GPL
125 substrates must be conceptually different from that of OMPLA.

126 Here, we combined unbiased and biased all-atom molecular dynamics (MD)
127 simulations and configurational free energy computations to identify access pathways
128 to the catalytic center of PlaF. The results were validated by mutational and enzymatic
129 studies on PlaF variants with blocked substrate access. Our results map out a distinct
130 tunnel for substrate access within PlaF, provide explanations for the substrate
131 specificity and PLA₁ activity of PlaF, and suggest egress routes for hydrolysis products.
132 These findings enhance our understanding of the mechanism by which membrane
133 protein function is regulated through protein-GPL interactions.

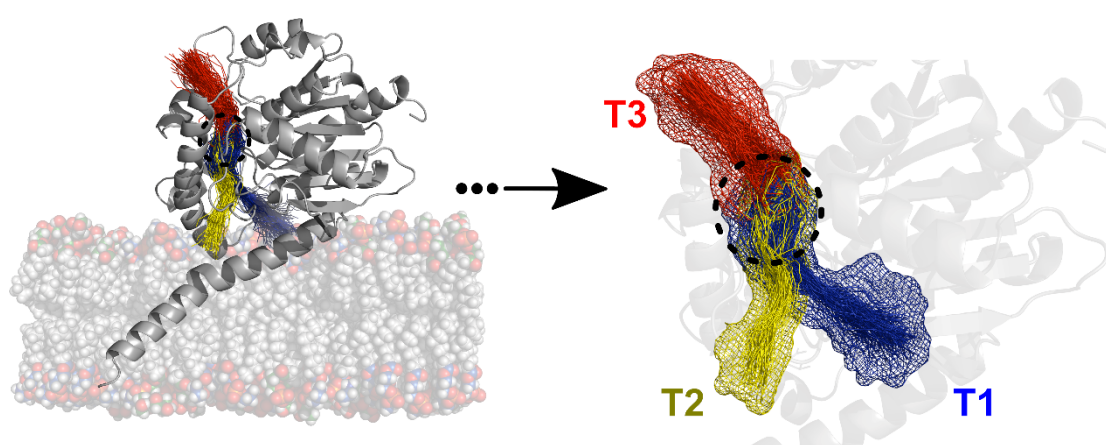
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135 **Results**

136 **Access pathways to the catalytic site in PlaF**

137 The crystal structure of PlaF revealed three pronounced tunnels, forming a large, T-
138 shaped active site cleft. This cleft is compatible with binding bulky GPL substrates [19].
139 However, the structural dynamics of biomolecules may lead to variations in the tunnel
140 shape [25]. Therefore, we reanalyzed trajectories from 10 replicas of unbiased MD
141 simulations of 2 μ s length for each of the systems di-PlaF (dimeric PlaF), PlaF_A (chain
142 A from the crystal structure), PlaF_B (chain B from the crystal structure), and t-PlaF_A
143 (chain A from the crystal structure in a tilted orientation) from our previous work [19]
144 using CAVER [26]. CAVER analyzes and visualizes tunnels and channels in protein
145 structures.

146 We primarily focus on t-PlaF_A because the tilted structure is likely the catalytically
147 active form [19]. We identified the three tunnels that connect the active site of t-PlaF_A
148 to its surface like in the crystal structure (Figure 2) [19]: Tunnel 1 (T1) and tunnel 2 (T2)
149 point towards the membrane, and tunnel 3 (T3) opens to the periplasmic space > 15
150 Å above the membrane (Figure 2). T1 and T2 converge close to the active site and
151 connect to T3. In the crystal structure, T1 contains MYR (chain A) and UND (chain B),
152 which are hydrolysis products of GPL substrates with C14 and C11 acyl chain(s),
153 respectively.



154
155 **Figure 2: Clusters of tunnels identified in t-PlaF_A ensembles.** Three major tunnel clusters
156 connect the catalytic site (black dashed circle) of PlaF to the protein surface. Tunnels T1 and
157 T2 point towards the membrane; tunnel T3 is located > 15 Å above the membrane, with its
158 opening pointing into the periplasmic space.

159

160 **Table 1:** Characteristics of tunnel clusters identified from unbiased MD simulations of t-PlaF_A
161 using CAVER.

Tunnel cluster	Occurrence ^{a,b}	Maximum bottleneck radius ^c	Average bottleneck radius ^c	Average length ^c
T1	30.45	3.18	2.28	27.08
T2	21.80	2.95	2.21	23.75
T3	27.75	3.13	2.29	15.16

162 ^a Snapshots in which the tunnel is identified with respect to the total number of snapshots, in %.

163 ^b Data calculated with a probe radius of 2.0 Å.

164 ^c In Å.

165

166 T1 is the longest tunnel (Table 1) and was open more often than the other two tunnels

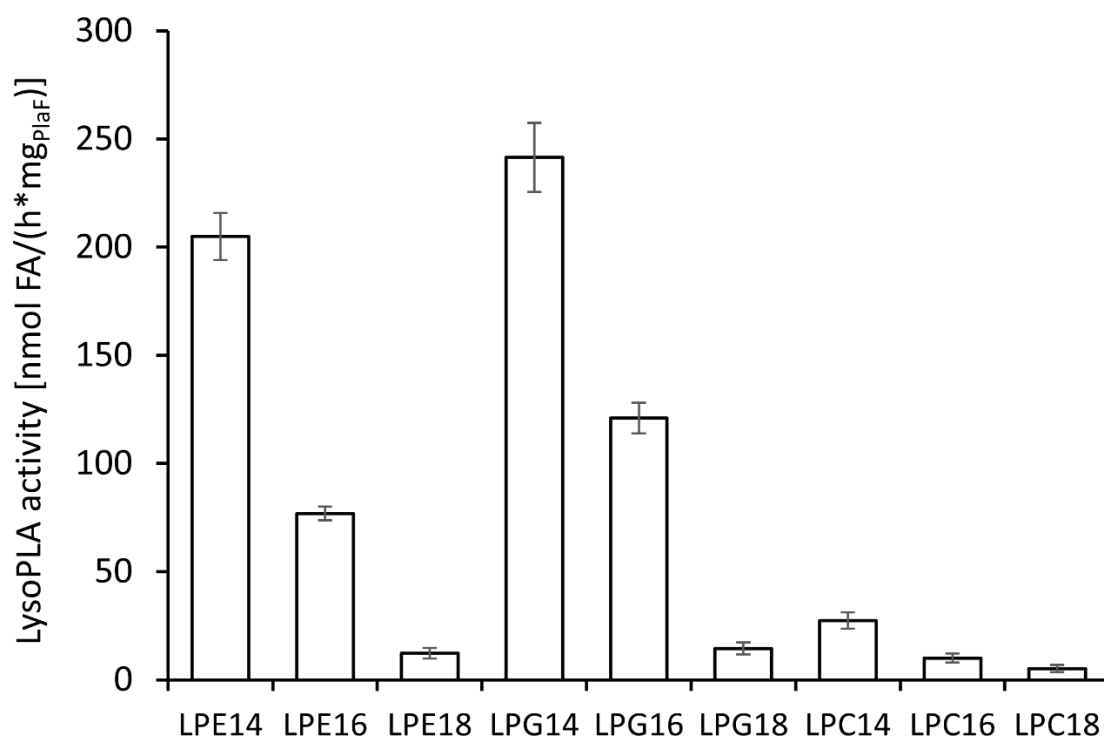
167 (Table 1). The tunnel radii fluctuate between 2 Å and 5 Å depending on the location in
168 the tunnel and the simulation length (Figure S1). The average bottleneck (narrowest
169 part of the tunnel) radius of all tunnels is 2.26 ± 0.02 Å (mean \pm standard error of the
170 mean), which is close to the radius of glycerol (2.74 Å) [27], an essential component
171 of all GPLs, but smaller than the radius of 1,2-dilauroyl-*sn*-glycero-3-phosphoglycerol
172 (DLPG) (~4.4 Å) deduced from the lipid's area-per-lipid [28]. For comparison, tunnels
173 in monomeric PlaF_A, PlaF_B, and the two chains of di-PlaF show open occurrences of
174 ~20% to ~5% (Table S1), indicating no marked differences between monomeric and
175 di-PlaF.

176 To conclude, the active site of PlaF is connected to its surface with three tunnels. In
177 the t-PlaF_A configuration, only T1 and T2 allow direct access of GPL or LGPL
178 substrates from the membrane.

179

180 **PlaF preferentially hydrolyses medium-acyl chain LGPLs**

181 Previously, we showed that PlaF can produce LGPLs by releasing FAs bound to the
182 *sn*-1 position of GPLs. Here we experimentally tested if purified PlaF *in vitro* hydrolyses
183 LGPLs by quantifying fatty acids released from a range of LGPLs varying in the head
184 group and acyl chain length (C14-C18). The results revealed that PlaF can hydrolyze
185 all tested LGPLs, with a preference for medium-acyl chain LGPLs (Figure 3).
186 Interestingly, the lysoPLA activity of PlaF was 10- to 100-fold higher for all LGPLs than
187 its PLA activity [19], indicating that hydrolysis of the first acyl chain in GPLs is much
188 slower than that of the second one.



189

190 **Figure 3: Lysophospholipase A activity of PlaF.** Assays were performed by incubating
191 purified PlaF (8 nmol) in *n*-dodecyl β -D-maltoside (DDM) micelles with the substrate, followed
192 by quantification of released FA by NEFA-assay. Lyso-phosphatidylethanolamine (LPE), lyso-
193 phosphatidylglycerol (LPG), and lyso-phosphatidylcholine (LPC) contain fatty acids with 14 - 18
194 carbon atoms. The results are the means \pm standard deviation of three independent
195 experiments.

196

197 **GPL and LGPL substrate extraction into solvent and acyl chain mobility**

198 For probing the energetics of GPL and LGPL substrate extraction from the membrane
199 into the solvent, we computed the free energy profile for DLPG and 1-myristoyl-2-
200 hydroxy-*sn*-glycero-3-phosphoglycerol (2LMG) extraction (Supplementary results),
201 which resulted in free energy differences between the two states of $\sim 13 \pm 0.1$ kcal mol⁻¹
202 and $\sim 8 \pm 0.3$ kcal mol⁻¹ (Figure S2A), in very good agreement with the excess chemical
203 potential related to these lipids' critical micelle concentration (CMC). For access to T3,
204 substrates would need to leave the membrane and pass through the water phase,
205 which makes this route energetically unfavorable. Hence, T3 was not considered for
206 further analyses.

207 As T1 and T2 are immersed in the hydrophilic membrane surface (Figure S3A), access
208 of GPL and LGPL substrates to the tunnels *via* the head groups is plausible. However,
209 the tunnels' diameters are much smaller than that of a GPL like DLPG while in the
210 membrane (see above). To explore the possibility that lipids access via their acyl chain
211 instead, we probed how frequently the terminus of a GPL's acyl chain can reach the
212 membrane interface. The probability distribution of GPL's acyl chains with respect to
213 the coordinate perpendicular to the membrane (z-coordinate) was determined during
214 the last 40 ns of 300 or 100 ns long MD simulations for membrane bilayers with or
215 without t-PlaF_A, respectively (Figure S3A). Tails from both the upper and lower leaflet
216 were considered. Positive z-coordinate values indicate that a tail moves towards the
217 water-membrane interface of *its* leaflet; negative values indicate that it moves towards
218 the interface of the *opposite* leaflet. The peak of the probability distributions is at
219 $z \approx 2 \text{ \AA}$ indicating the mobility of lipid termini within the leaflet (Figure S3A, see also
220 Movie S1 and Movie S2). The interface of the simulated membrane is at $z \approx 10 \text{ \AA}$
221 (Figure S3B). Notably, the cumulative probability of finding an acyl chain terminus at
222 $z > 10 \text{ \AA}$ is 1.5 % and 1.0 % for systems with or without PlaF, respectively. Hence,
223 there is a finite likelihood that acyl chain termini can reach the entrances of T1 and T2.
224 This result is also supported by the electron density profiles of the membrane
225 components (Figure S3B).

226 To conclude, for t-PlaF, the access route of substrates to T3 is energetically
227 unfavorable. By contrast, acyl chain termini of GPL lipids can reach the entrances of
228 T1 and T2 during the time scales of our MD simulations.

229

230 **Access modes of GPL and LGPL substrates into PlaF**

231 As a prerequisite to computing the energetics of substrate access to the active site of
232 PlaF, we aimed to identify favorable access modes. We applied steered molecular
233 dynamics (sMD) simulations [29] to pull substrates inside T1 and T2 (Figure 4) *via*
234 head access first or tail access first.

235 The closest substrate to the tunnel entrance was chosen for sMD simulations. The
236 terminal oxygen and nitrogen atom of phosphatidylglycerol (PG) or
237 phosphatidylethanolamine (PE) head groups, respectively, were considered for head
238 access pulling. For tail access, the terminal carbons of respective acyl chains were
239 considered. Substrates from the membrane were initially pulled through consecutive
240 virtual points in T1 or T2 using four or five steps, respectively (Figure S4A, Table S2).
241 However, pulling with terminal atoms leaves the cleavage site of the substrate distant
242 to the catalytic S137 (Figure S4B). Therefore, the substrates were further pulled into
243 T3, using three additional steps (Figure S4A). Depending on the access mode, the *sn*-
244 1 or *sn*-2 sites of respective substrates were further pulled towards the nucleophilic
245 OH group of the catalytic S137 (Table S2). Finally, this resulted in pulling pathways
246 subdivided into eight and nine steps for T1 and T2, respectively (Table S2).

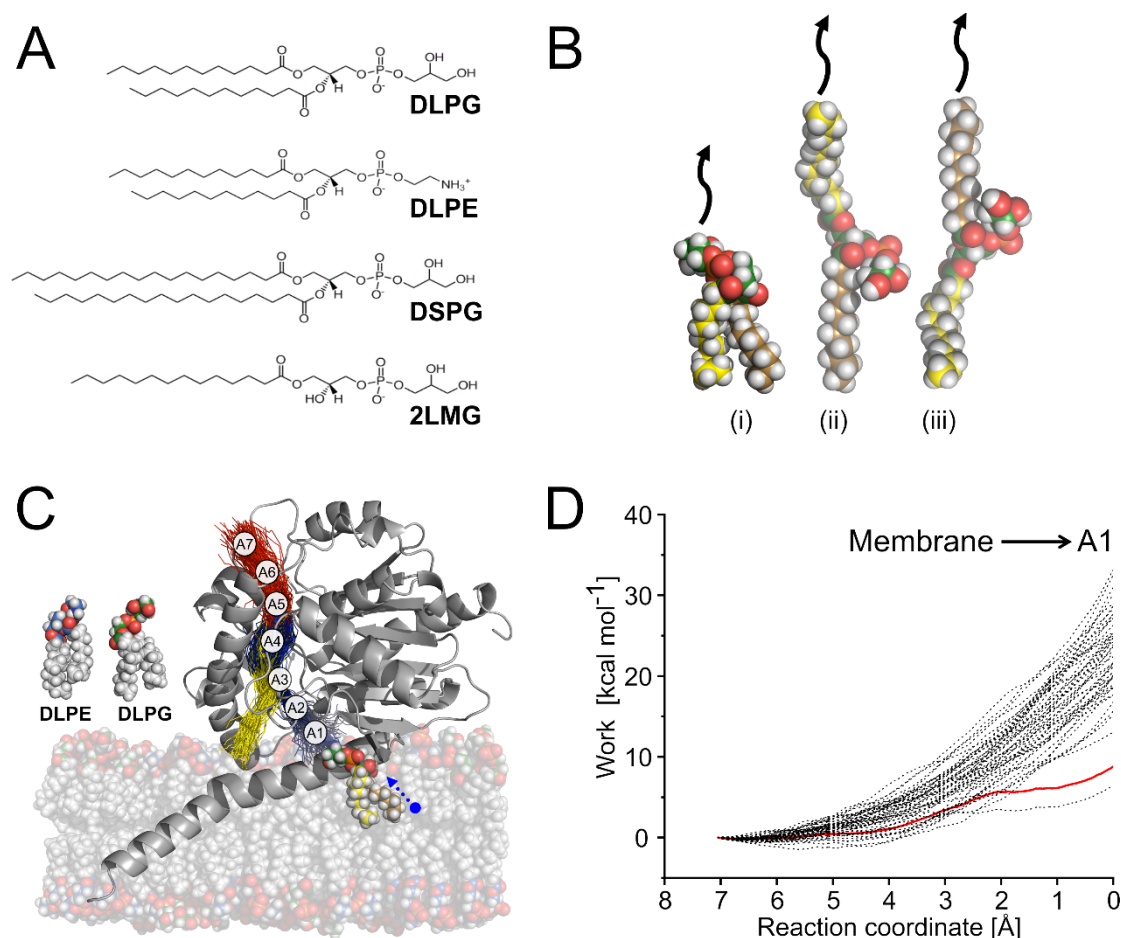
247 As a reaction coordinate, the distance between the pulled atom of a substrate and the
248 consecutive virtual point was used. For each step, we repeated the pulling 50 times
249 and computed the work done as a function of the reaction coordinate. By applying
250 Jarzynski's relation (eq. 1) [30], the work was related to the free energy difference
251 between the two states of the pulling simulation. The sMD trajectory whose work-
252 versus-reaction coordinate profile is closest to the Jarzynski average (eq. 1) was
253 considered most favorable. Its endpoint provided the starting point for the sMD
254 simulations in the next part of the pulling pathway. As a result, the access pathway is
255 close to the lowest-free energy pathway of substrate access to the catalytic site.
256 Overall, this approach is the reversed version of sampling unbinding trajectories of
257 ligands from proteins before applying Jarzynski's relation [31-33] but uses piecewise
258 sMD simulations along the pathway to account for the curvilinear tunnels. A total of ~27
259 μ s of sMD simulation time was used for either tunnel (Table S3).

260 The activity of PlaF for GPL decreases with the increasing lengths of the acyl chain
261 between C12 and C18, irrespective of the type of head group, PG or PE [19]. In
262 addition, the number of acyl chains in a substrate also influences the PlaF activity, with
263 LGPLs yielding a higher activity than GPLs (Figure 3). Hence, we chose DLPG with

264 which PlaF is most active [19], 1,2-dilauroyl-*sn*-glycero-3-phosphorylethanolamine
265 (DLPE), 1,2-distearoyl-*sn*-glycero-3-phosphoglycerol (DSPG), and 2LMG, a LGPL, for
266 generating access modes (Figure 4A). Figure 4 exemplarily shows illustrations of the
267 three access types for DLPG (see also Movies S3 - S8). Work-versus-reaction
268 coordinate profiles for all pulling simulations related to DLPG access are shown in
269 Figure S5 for T1 and Figure S6 for T2. Based on computed potentials of mean force
270 (PMF) to evaluate the energetics of the access modes (see the next chapter), only tail
271 access was considered for sMD simulations of the other GPL substrates (Figure S7).
272 For 2LMG, head and tail access were considered for sMD simulations.

273 To conclude, seven access modes of GPL and two of LGPL substrates into PlaF were
274 generated for T1 and T2, resulting in 18 access modes in total.

275



276

277 **Figure 4: Illustration of the substrate access in t-PlaFA.** A) Investigated GPL substrates,

278 1,2-dilauroyl-*sn*-glycero-3-phosphoglycerol (DLPG), 1,2-dilauroyl-*sn*-glycero-3-
279 phosphorylethanolamine (DLPE), 1,2-distearoyl-*sn*-glycero-3-phosphoglycerol (DSPG), and
280 LGPL substrate, 1-myristoyl-2-hydroxy-*sn*-glycero-3-phosphoglycerol (2LMG). B) Possible
281 modes by which a GPL can access a tunnel (indicated with black arrow): with its head (green
282 spheres represent the C atoms) first (i), tail 1 (yellow spheres represent the C atoms) first (ii),
283 or tail 2 (orange spheres represent the C atoms) first (iii). C) PlaF is embedded in a membrane
284 consisting of DLPE (head group C atoms as blue spheres) and DLPG (head group C atoms as
285 green spheres) at a ratio of 3:1. The DLPG closest to the entrance of T1 (acyl chains colored)
286 is shown while being loaded by its head, in the direction indicated with a blue arrow. A
287 segmented path was considered for substrate access. T1 was segmented into four parts, and
288 T3 into three parts, which are used as pulling points in sMD simulations. Depending on the
289 access mode, in the last pulling step, the *sn*-1 or *sn*-2 site of the substrate is further pulled
290 towards the nucleophilic OH group of the catalytic S137, resulting in, in total, 8 steps. A similar
291 approach was used for T2 (Figure S4A). D) For the first segment of T1 (i.e., A1), the work done
292 (black lines) during 50 independent replicas of sMD simulations to pull the DLPG from the
293 membrane is plotted against the reaction coordinate. The coordinates of the replica, the work-
294 versus-reaction coordinate profile of which is closest to the Jarzynski's average (red line), are
295 considered for pulling in the next segment. See the SI for plots of all other sMD simulations.

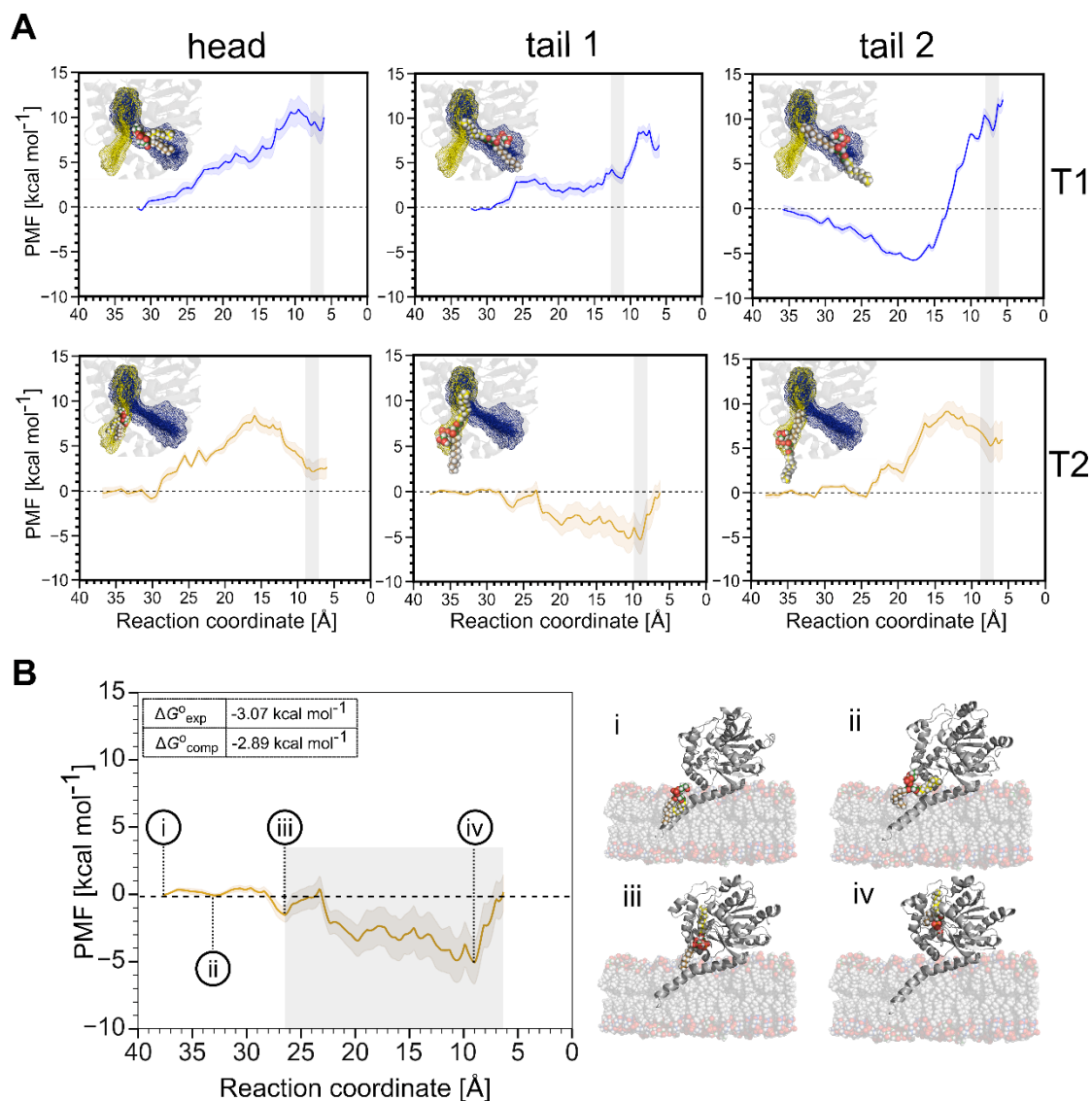
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297 **Potentials of mean force of DLPG access modes**

298 PMFs were computed from umbrella sampling (US) simulations [34] and post-
299 processing with WHAM [35, 36] to evaluate the energetics of substrate access for the
300 access modes described in the previous chapter (Figure 4). As a reaction coordinate,
301 the distance between the center of mass (COM) of the three oxygen atoms of the
302 glycerol moiety in the substrate to the COM of C α atoms of the catalytic residues S137
303 and H286 was used. Residue D258 was not included in the reaction coordinate, as its
304 side chain is distant from the active site (Figure S4A). As the tunnels are almost
305 straight, the reaction coordinate monotonically decreases as the substrate approaches
306 the active site from the membrane (Figure S4B). Initially, we focused on the US
307 simulations for the best PlaF substrate [19], DLPG. PMFs were calculated for the three
308 access modes of DLPG across either tunnel, T1 and T2. The PMFs were evaluated
309 for convergence, excluding the first 200 ns of 300 ns sampling time. PMFs were found
310 converged by 300 ns, yielding a maximal difference of ~ 1 kcal mol $^{-1}$ as to a PMF
311 computed from 280 ns per window (Figure S8). The median overlap between the

312 reaction coordinate distributions of neighboring windows was sufficient ($\geq 4.8\%$ and
313 3.5% for T1 and T2, respectively) (Figure S9).

314 The PMFs of DLPG access modes show marked differences (Figure 5A). Access with
315 the head first is the least favorable for both T1 and T2, resulting in steep PMFs with
316 free energy barriers of 11 and 9 kcal mol⁻¹ (Figure 5A), in contrast to tail access. Most
317 of the residues within a radius of 3 Å in T1 and T2 have either a neutral non-polar side
318 chain, which likely facilitates tail access to the active site of PlaF. Furthermore, access
319 with either one of the two tails first is more favorable in T2 than T1 (Figure 5A). Finally,
320 access with tail 1 first in T2 is most favorable and results in no free energy barrier until
321 the substrate reaches the active site (Figure 5A). As the two acyl chains of DLPG are
322 identical, these results suggest that their connection with the glycerol moiety causes
323 differences in how the lipid interacts with the tunnel, which may explain how PlaF
324 achieves regioselectivity to exert its PLA₁ function.



325

326 **Figure 5: Potential of mean force profiles for DLPG access.** (A) PMFs of three access
 327 modes (head, tail 1, tail 2; see Figure 4B) of DLPG in T1 (blue curve) and T2 (yellow curve).
 328 For both tunnels, access with tail 1 first yields the lowest free energy barriers to reach the active
 329 site. Furthermore, DLPG access into T2 with tail 1 first is overall the most favorable. The
 330 catalytic site is marked with a grey box. Insets within the plots illustrate the different DLPG
 331 access modes into the respective tunnels. (B) States during DLPG access via tail 1 through T2,
 332 shown on the right, are marked in the PMF profile (left). The grey box corresponds to the
 333 integration limits used to calculate K_{eq} (eq. 2) to determine $\Delta G^{\circ}_{\text{comp}}$ (see inset). State i: The
 334 starting position of DLPG (in the membrane). State ii: Tail 1 reaches the surface of the
 335 membrane close to the entrance of T2. State iii: Tail 1 enters inside T2, while tail 2 remains
 336 within the membrane. State iv: *sn-1* site of tail 1 reaches the catalytic site.

337 To validate our results, we computed the absolute binding free energy of DLPG to PlaF
 338 from the PMF for tail 1 access in T2, $\Delta G^{\circ}_{\text{comp}} = -2.89 \pm 1.46 \text{ kcal mol}^{-1}$ (eq. 4).
 339 Assuming that product formation is slower than substrate dissociation from an enzyme,

340 the Michaelis constant K_m is equal to the dissociation constant K_D of the enzyme-
341 substrate complex [37, 38]. Under this assumption, from $K_m = 7.612 \pm 1.907$ mM for
342 DLPG in PlaF [39], the experimental binding free energy $\Delta G_{\text{exp}}^\circ = -3.07 \pm 0.30$ kcal
343 mol^{-1} at $T = 303$ K is calculated, which is within chemical accuracy [40] of $\Delta G_{\text{comp}}^\circ$.

344 We also computed $\Delta G_{\text{comp}}^\circ$ for the other five access modes of DLPG (eq. 4). The
345 lowest $\Delta G_{\text{comp}}^\circ$ among all six modes was obtained for tail 2 access in T1 (Table S4).
346 However, the PMF profile (Figure 5A) reveals that the configurational free energy
347 minimum is not situated close to the active site but in the middle of T1. Here, one of
348 the tails is still in the membrane, while the other is being loaded into the tunnel. If the
349 PMF profile is integrated with two separate parts, first, a negative free energy for tail
350 access into the tunnel results, followed by a positive free energy to reach the active
351 site. This suggests that this access mode cannot yield a catalytically active
352 configuration. For the other four access modes, $\Delta G_{\text{comp}}^\circ > 0.96$ kcal mol^{-1} (Table S4).
353 These findings corroborate tail 1 access of DLPG in T2 as the most likely access mode.

354 Along the PMF of tail 1 access of DLPG in T2, four distinct states can be identified
355 (Figure 5B). The two tails of DLPG are immersed in the membrane at a reaction
356 coordinate value of ~ 38 Å from the active site (Figure 5B, state i). The PMF remains
357 essentially unchanged if tail 1 approaches the surface of the membrane and the
358 entrance of T2 (state ii). This is concordant with the tail distributions along the z-
359 coordinate during unbiased MD simulations (Figure S3), indicating that tail termini can
360 reach one of the access tunnels of t-PlaF_A without a considerable energetic cost. Once
361 tail 1 enters T2, the PMF becomes negative (state iii), indicating that DLPG access
362 that way is favorable. Finally, at ~ 8 Å of the reaction coordinate, the PMF has a global
363 minimum (state iv). There, tail 1 is located in T3, and the acyl moiety at the *sn*-1 position
364 of DLPG is close to the catalytic S137 of PlaF (Figure S10B) such that a nucleophilic
365 attack can commence.

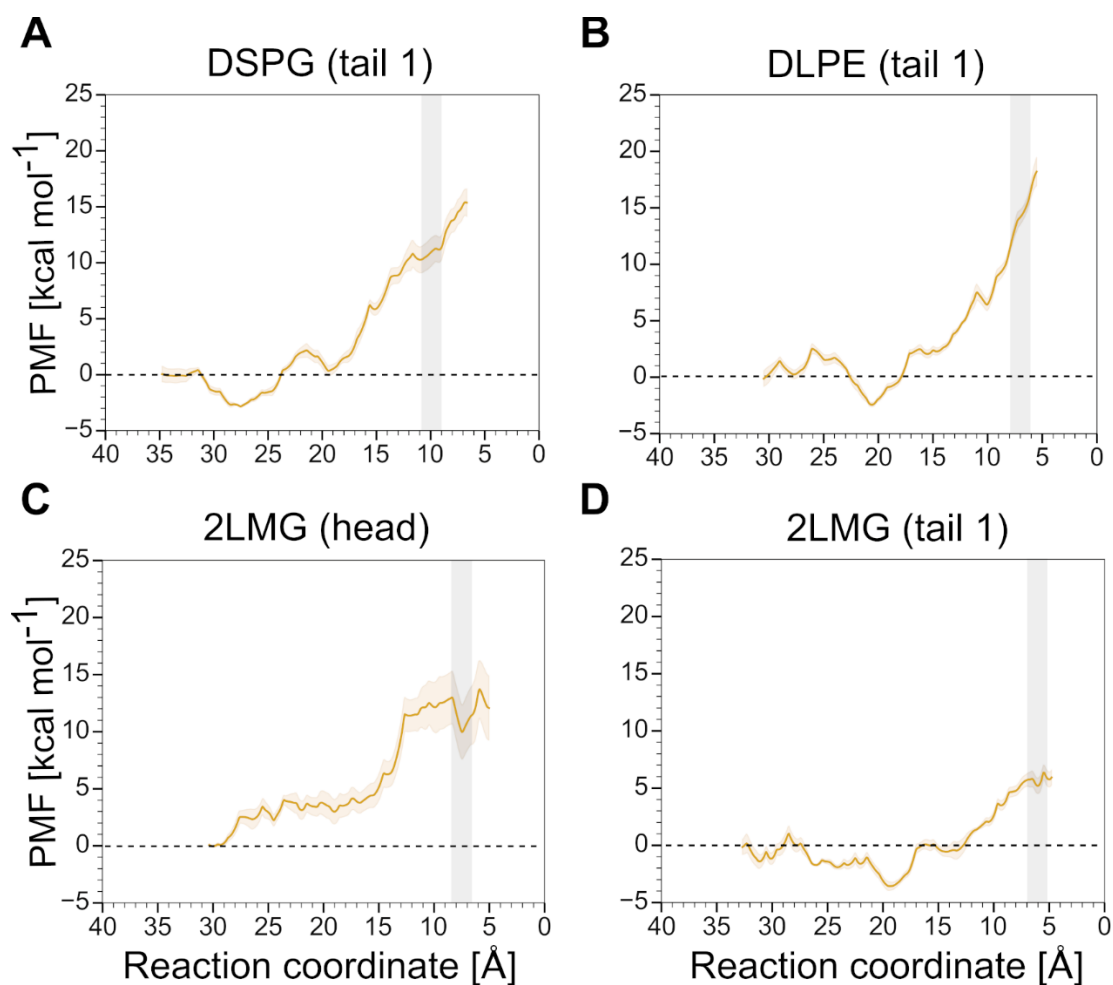
366 To conclude, we identified T2 as the preferred access tunnel for DLPG in PlaF. Access
367 with tail 1 first is most favorable there. This is in line with PlaF being a PLA₁, which

368 cleaves its substrates at the *sn*-1 position. As of T3, it is likely essential for substrate
369 access by allowing to accommodate the substrate tail to be hydrolyzed by PlaF.

370 **Potentials of mean force for accesses of other substrates**

371 Considering the results for DLPG, we performed US simulations for DSPG and DLPE
372 only for tail 1 access. For the LGPL substrate, it has remained undetermined if the
373 head or tail access is energetically favorable; hence, we performed US simulations for
374 both access modes of 2LMG. As for DLPG, T2 is preferred over T1, regardless of the
375 access modes (Figure 5A), we only considered T2 for computing PMFs for the other
376 substrates. Similar to DLPG, the PMFs converged at 300 ns of sampling time, yielding
377 a maximal difference of ~ 0.5 kcal mol⁻¹ as to a PMF computed from 280 ns per window
378 (Figure S11). Neighboring umbrella windows have a sufficient median overlap $\geq 3.2\%$
379 (Figure S12).

380 For DSPG and DLPE, access with tail 1 first in T2 results in pronounced free energy
381 barriers of 11 and 14 kcal mol⁻¹ (Figure 6A, B), in contrast to DLPG (0.5 kcal mol⁻¹).
382 This finding indicates that a longer acyl chain or a neutral head group makes substrate
383 access to PlaF unfavorable, which coincides with lower PlaF activities for such
384 substrates [19]. For 2LMG, access with the tail first is more favorable than with the
385 head, as for DLPG (Figure 6C, D). Furthermore, tail access by 2LMG leads to a free
386 energy barrier lower by ~ 6.5 kcal mol⁻¹ than those for tail access by DSPG and DLPE
387 (Figure 6A, B, D), which is concordant with the activity profile of PlaF [19].



388

389 **Figure 6: PMF profiles for other substrates across T2.** Four systems were investigated to
390 reveal the energetics of DSPG access via tail 1 (A), DLPE via tail 1 (B), 2LMG via head (C),
391 and 2LMG via tail 1 (D). Among these substrates, access of 2LMG via tail 1 has the lowest free
392 energy barrier. The catalytic site is marked with a grey box.

393 To conclude, tail 1 access in T2 of GPL substrates with longer acyl chains or neutral
394 head groups is disfavorable compared to DLPG access, in line with PlaF's substrate
395 specificity. For the LGPL substrate 2LMG, tail 1 access is also favored over head
396 access and more favorable than DSPG and DLPE access.

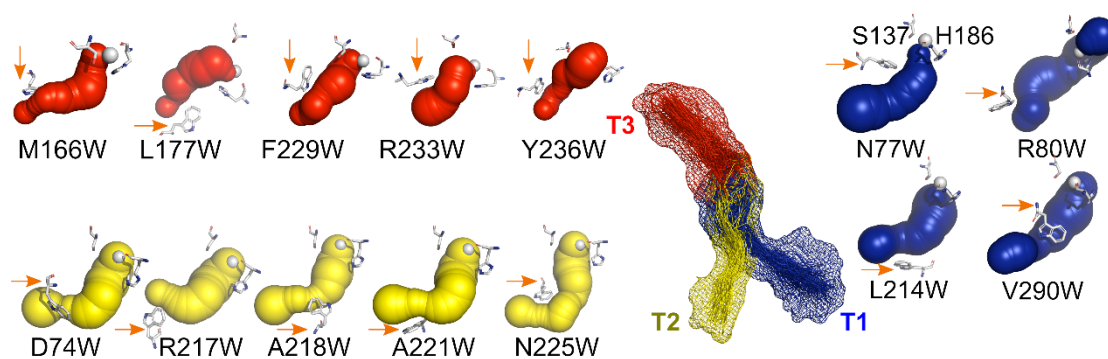
397

398 **Tryptophan substitutions in T2 hamper DLPG access**

399 To validate the prediction that T2 is the preferred access pathway, we identified residue
400 positions in all identified tunnels that, when substituted with tryptophan (Trp), should
401 constrict the tunnel and, thus, block substrate access. Earlier, this strategy has been

402 used to block tunnels of a dehalogenase and influence its activity by limiting the rate
403 of product release [41]. In the case of PlaF, the products are less bulky than the
404 substrates, such that product release should be less impacted than substrate access
405 due to constricted tunnels.

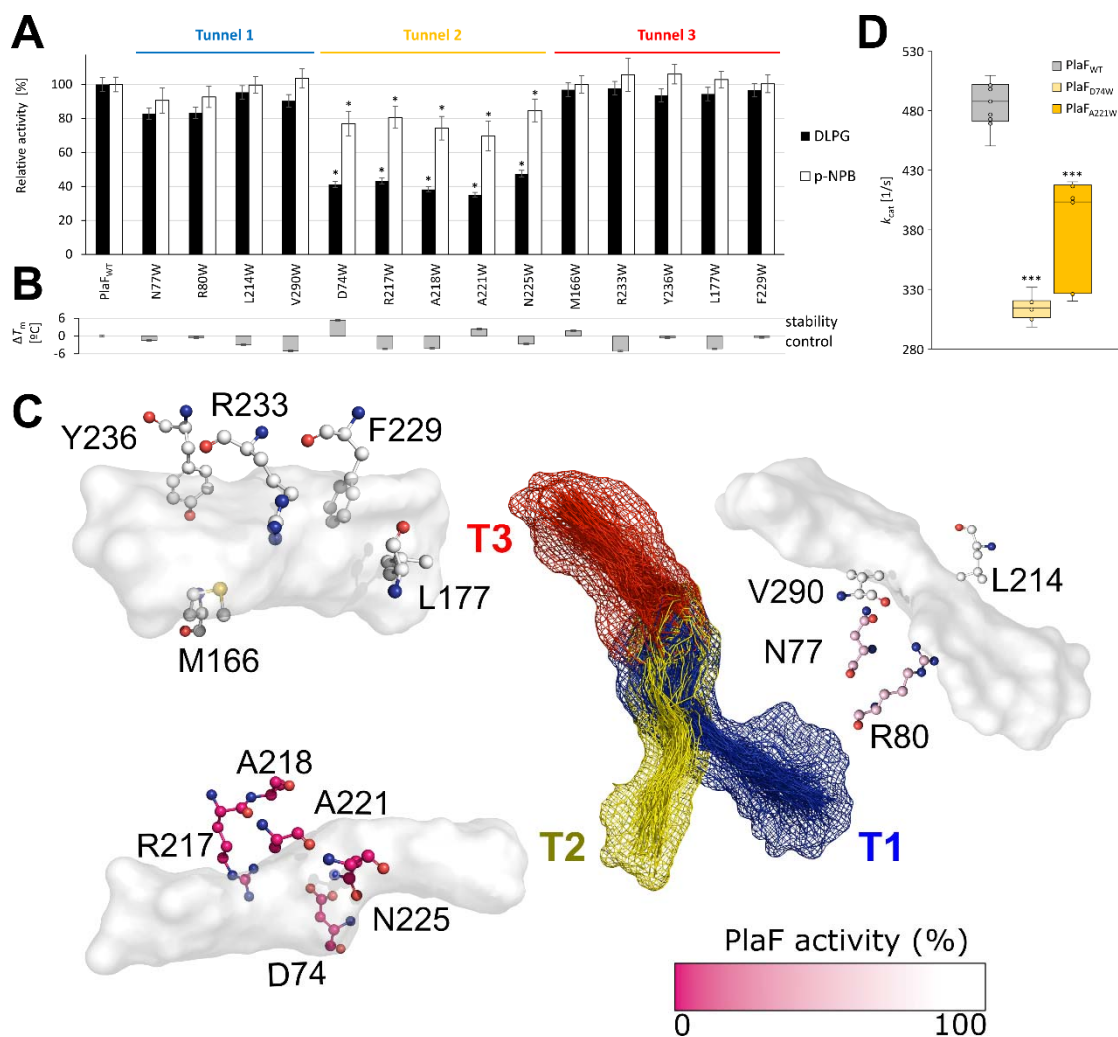
406 PlaF variants were predicted subject to minimizing the structural destabilization due to
407 the Trp substitution and preferring sites within the tunnels that influence its geometric
408 characteristics (Table S5). We predicted four Trp substitutions for T1 and five for T2,
409 and T3 each (Table S5). With any one of these substitutions in place, the impacted
410 tunnel could not be identified anymore by CAVER applying the previously used probe
411 radius of 2 Å, but with a smaller probe radius of 1.2 Å (Figure 7). This indicates their
412 constriction, also displayed by the time evolution of the tunnel profiles of the PlaF
413 variants compared to PlaF wild type (Figure S13).



415 **Figure 7: Influence of tryptophan substitutions on the radius of PlaF tunnels.** The tunnels
416 T1 (blue), T2 (yellow), and T3 (red) are identified by CAVER with a reduced probe radius of
417 1.2 Å, instead of 2 Å used otherwise (Figure 2), showing that the tryptophan substitutions
418 (orange arrows) narrow the tunnels. White spheres, wherever visible, represent the origin of
419 the search defined by the COM of the catalytic residues S137 and H286.

420 The mutations of fourteen suggested residues (Figure 7) to Trp were generated by
421 sequence- and ligation-independent cloning (SLIC) method in which the whole *p*-PlaF
422 expression vector was amplified. Mutations were verified by sequencing, and the wild
423 type PlaF (PlaF_{WT}) and respective variants were produced in the homologous host, *P.*
424 *aeruginosa*, following their immobilized metal affinity chromatographic (IMAC)
425 purification from membranes solubilized with *n*-dodecyl β-D-maltoside (DDM) (Figure
426 S14). All variants showed purity comparable to that of PlaF_{WT} (Figure S14). The

427 specific activity of PlaF variants and PlaF_{WT} was analyzed by measuring the hydrolysis
 428 of small (*p*-nitrophenyl butyrate, *p*-NPB) and large (DLPG) substrates (Figure 8A). The
 429 activities of all nine variants in T1 and T3 measured with *p*-NPB and DLPG were similar
 430 to the activity of PlaF_{WT}. In contrast, all five T2 variants had a significantly ($p < 0.001$)
 431 lower activity with *p*-NPB and DLPG than PlaF_{WT}.



432

433 **Figure 8: Lipolytic activity of PlaF and variants with Trp substitutions in T1-T3.** A) Enzyme
 434 activities of purified PlaF_{WT} and variants carrying respective substitutions measured with DLPG
 435 and *p*-NPB. Activities are normalized to the activity of PlaF_{WT}, which was set as 100%. Results
 436 are means ± standard deviation of three independent measurements. Statistical analysis was
 437 performed using the t-test ($* p < 0.001$) of normally distributed values for DLPG ($n = 8$) and *p*-
 438 NPB ($n = 9$) measurements. B) The thermal stabilities of purified PlaF_{WT} and variants were
 439 measured by nanoDSF. Results are shown as a difference in the melting temperatures (ΔT_m)
 440 of the respective PlaF variant and PlaF_{WT}, which was 57.3 ± 0.2 °C. Results are means ±
 441 standard deviation of three independent measurements, each performed with three samples.
 442 C) The tunnels, T1 - T3 (mesh view in the center) are represented as white surfaces. The

443 investigated amino acids are shown in ball-and-stick representation. The CPK coloring scheme
444 was used to color all atoms except carbons, which vary from pink to white (see color scale)
445 related to the PlaF activity for DLPG after substituting the corresponding residue for a
446 tryptophan. The PlaF activity is reduced the most if Trp substitutions involve T2. D) Kinetic
447 parameters of PlaF_{WT} and the substrate binding-T2 variants PlaF_{D74W} and PlaF_{A221W} measured
448 using *p*-NPB. Kinetic parameters were determined by non-linear regression analysis of the data
449 ($n = 9$ for PlaF_{WT} and PlaF_{A221W}, $n = 6$ for PlaF_{D74W}) fitted to the Michaelis-Menten equation. The
450 box plots represent the interquartile range between the first and third quartiles of the kinetic
451 parameters determined for PlaF_{WT}, PlaF_{D74W}, and PlaF_{A221W}. The line inside the box is the
452 median, and the whiskers represent the lowest and highest values. Statistical analysis was
453 performed using the t-test (** $p < 10^{-5}$).

454 To exclude that a substitution leads to an unstable protein, we measured the thermal
455 stability of each variant by detecting intrinsic protein fluorescence upon unfolding.
456 None of the variants showed a drastically reduced stability (Figure 8B). On the other
457 hand, two T2 variants were slightly more stable (1.8 - 2.4°C) than the PlaF_{WT}, and three
458 variants were slightly less stable (2.7 - 4.3°C). Hence, Trp mutations do not affect
459 PlaF's stability at the temperature of enzymatic assays (30°C).

460 The observation that PlaF activities with DLPG and *p*-NPB predominantly decreased
461 with substitutions in T2 (Figure 8A) indicates that substitutions with the bulky Trp
462 impact passage through T2 (Figure 8C). As expected, the activities with the larger
463 DLPG decreased more (52 - 65%) than with the smaller *p*-NPB (15 - 30%).

464 We also determined kinetic parameters for the *p*-NPB hydrolysis of PlaF_{A221W} and
465 PlaF_{D74W} with substitutions in T2 (Figure S15). Despite a less prominent effect of the
466 substitutions on specific activities measured with *p*-NPB than DLPG, *p*-NPB allows for
467 reliable determination of PlaF activities over the range of substrate concentration and,
468 thus, is applicable for the determination of kinetic parameters of PlaF. In contrast,
469 enzyme kinetic experiments using hydrophobic DLPG are not feasible because of
470 micelle formation and the slow rate of reaction.

471 Although, the affinities of PlaF_{WT}, PlaF_{A221W}, and PlaF_{D74W} for *p*-NPB are similar (Figure
472 S15, also see the table in the inset), the catalytic turnover of both variants (PlaF_{A221W}:
473 $k_{\text{cat}} = 314.6 \pm 7.0 \text{ s}^{-1}$; PlaF_{D74W}: $k_{\text{cat}} = 403.4 \pm 15.1 \text{ s}^{-1}$) was significantly ($p < 10^{-5}$) lower

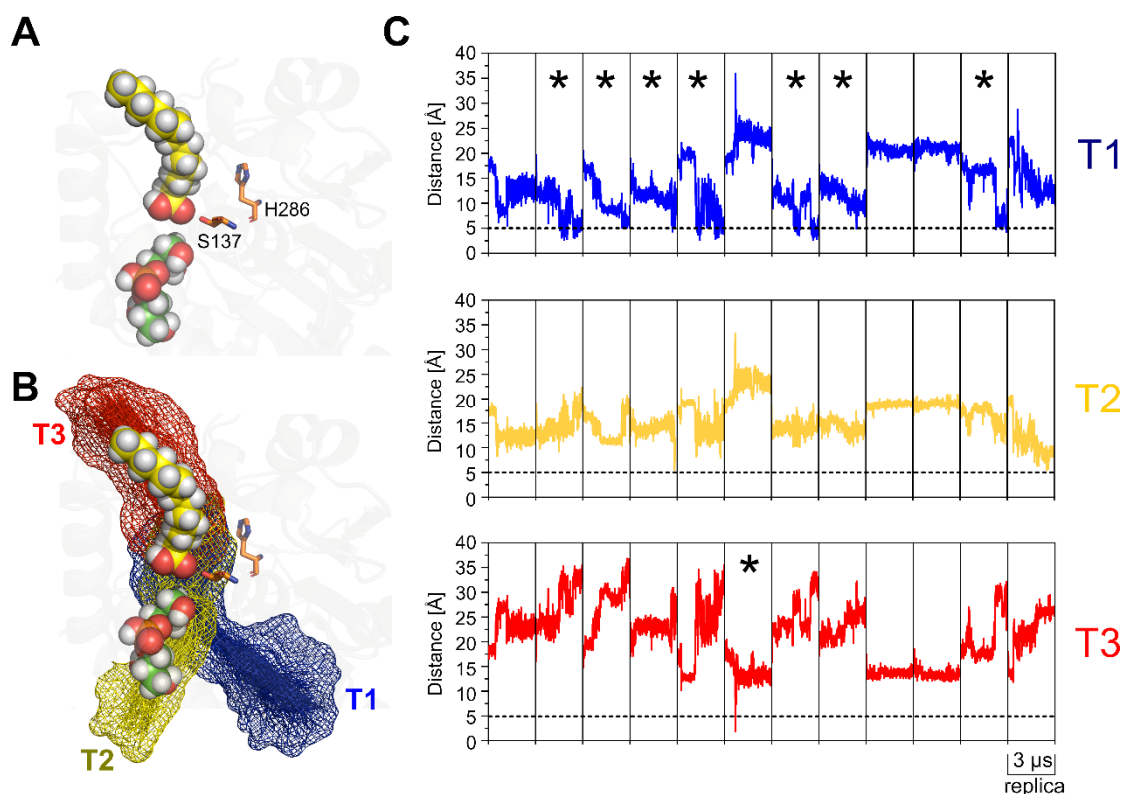
474 than of PlaF_{WT} ($k_{\text{cat}} = 487.8 \pm 15.4 \text{ s}^{-1}$) (Figure 8D). These results confirm that the point
475 mutations PlaF_{A221W} and PlaF_{D74W} interfere with *p*-NPB access through T2.

476 To conclude, biochemical studies of fourteen PlaF variants with Trp substitutions
477 introduced in all three tunnels showed that only substitutions in T2 reduced lipolytic
478 activity of PlaF. These results confirm that T2 is the main route for substrate access
479 from the membrane to the catalytic site.

480

481 **Potential egress pathways of PlaF products**

482 Next, we aimed at identifying potential egress pathways for products of PlaF-catalyzed
483 hydrolysis. We performed a set of unbiased MD simulations starting from a hydrolyzed
484 2LMG in t-PlaF_A. The starting coordinates were taken from the last snapshot of the US
485 simulations of 2LMG with tail 1 access through T2, considering the umbrella window
486 where the *sn*-1 position of 2LMG was closest to the catalytic site. Then, 2LMG was
487 cleaved into the respective products without changing their orientation in the tunnels
488 (Figure 9A). This led to MYR being in T3 at the beginning of the simulations and the
489 PGR (phosphatidylglycerol from LGPL, 2LMG) moiety pointing towards T2 (Figure 9B).



490

491 **Figure 9: Unbiased MD simulations of t-PlaFA with bound hydrolysis products.** (A)
492 Starting configuration of the 2LMG products in t-PlaFA. MYR is represented with yellow spheres
493 and PGR with green spheres. The catalytic S137 and H286 are shown as orange sticks. (B)
494 The products are mapped over the respective tunnels. (C) The distance of MYR to the
495 entrances of T1-T3 during 12 replicas of unbiased MD simulations of 3 μ s. The dashed black
496 line depicts the chosen cutoff of 5 Å, with replicas that reach this cutoff marked with an asterisk.
497 MYR reaches a distance \leq 5 Å to the entrance of T1 in 7 replicas, in 1 replica for T3, and in
498 none for T2. Note that in chain A of the PlaF crystal structure, MYR is found in T1.

499

500 In 12 replicas of 3 μ s length each, the products relocated within the tunnels, sometimes
501 even diffusing into the solvent (PGR moiety in 2/12 replicas via T1 and 3/12 replicas
502 via T2; Figure S16). MYR relocated from its original position in T3 and approached the
503 other tunnels of PlaF during the course of the MD simulations (Figure 9C). To deduce
504 the displacement of MYR, we measured the distance of the carboxyl carbon to the
505 entrance of each tunnel. A cutoff of 5 Å, according to previous studies [42-44], was
506 used to identify those replicas where MYR reaches close to the tunnel entrance. MYR
507 moved in 7/12 replicas to the entrance of T1 and in 1/12 replicas to the entrance of T3;
508 the entrance of T2 was not reached (Figure 9C). Interestingly, the instance of MYR
509 reaching the entrance of T3 flips within T3 such that the carboxyl group points to the

510 entrance, rather than to the active site as after hydrolysis (Figure 9B). Altogether, MYR
511 reaches the entrance of T1 significantly more frequently than T2 ($p = 0.0008$) and T3
512 ($p = 0.0047$) (Figure S17, Table S6).

513 To conclude, hydrolysis products of 2LMG diffuse within PlaF during time scales of
514 3 μ s, sometimes also between tunnels. T1 and, to a lower extent, T3 are the most likely
515 egress pathways of FAs from PlaF, although more sampling is required to observe
516 actual egress.

517

518 Discussion

519 Dimer-monomer transitions regulate the activity of several membrane-bound
520 phospholipases, including PLA₁, and PLA₂ [45-52]. Previously, we showed that PlaF
521 becomes active due to a dimer-to-monomer transition followed by tilting of the
522 monomer in the membrane, resulting in t-PlaF_A being the active configuration of PlaF
523 [19]. Here, we addressed the questions of how membrane-bound substrates reach the
524 active site of PlaF_A and how the characteristics of the active site tunnels determine the
525 activity, specificity, and regioselectivity of PlaF for medium-chain substrates. We
526 performed unbiased and biased MD simulations and showed by configurational free
527 energy computations and mutational and enzymatic studies for t-PlaF_A that A) access
528 of the two main PlaF substrates DLPG and 2LMG occurs most likely through tunnel T2
529 in a tail-first mode, B) access of substrates with longer acyl chains or neutral head
530 groups is less favorable, C) tail 1 access of DLPG and 2MLG in T2 is more favorable
531 than tail 2 access, D) T3 accommodates the substrate tail to be hydrolyzed, and E) T1
532 and T3 are potential product egress pathways.

533 Previous studies indicated that the characteristics of substrate access tunnels can
534 have a decisive influence on enzyme-substrate specificity and activity [53-56]. In t-PlaF,
535 we focused on T1 and T2 because only these two allow direct access of GPL or LGPL
536 substrates from the membrane in the t-PlaF_A configuration. By contrast, to enter into
537 T3, substrates would need to pass through the solvent, which is energetically

538 unfavorable. In di-PlaF, T2 is closest to the membrane with a distance of $7.4 \pm 1.5 \text{ \AA}$
539 but T1 and T3 are at a distance $> 12 \text{ \AA}$ (Figure S18A). Hence, we also investigated
540 substrate access to T2 in di-PlaF.

541 For assessing the energetics of substrate access, first, we generated 18 pathways,
542 considering GPL and LGPL as substrates in T1 and T2 using sMD simulations. By
543 relating the work along the reaction coordinate to the free energy difference between
544 two states of the pulling simulations via Jarzynski's relation and considering the
545 endpoint of the sMD trajectory closest to the Jarzynski average as the starting point
546 for the next sMD simulation, we obtained low-free energy pathways of substrate
547 access to the catalytic site. sMD simulations have been widely used to explore similar
548 biological processes such as the loading of GPL substrates into human phospholipase
549 A₂ (PLA₂) [57] or recognition of arachidonic acid by cytochrome P450 2E1 across the
550 access channel [58]. The pathways served for defining reference points for subsequent
551 US simulations, such that distributions of sampled states sufficiently overlapped, which
552 is essential to yield accurate results in PMF computations [59]. Applying US along
553 pathways identified by sMD simulations [60] or targeted simulations [61, 62] has been
554 shown to be an effective method of computing PMF. Moreover, the choice of an
555 appropriate reaction coordinate is essential for this approach [63-65]. We probed for
556 the convergence of our PMFs by comparing PMFs generated from increasing lengths
557 of US simulations and found that US times of $\sim 300 \text{ ns}$ are needed to yield PMF
558 differences below chemical accuracy [66]. Finally, we validated our PMF computations
559 by comparing the computed absolute binding free energy of DLPG to PlaF for the most
560 preferred access mode to an estimate of the experimental binding free energy.

561 The PMFs revealed that tail-first access through T2 is most preferred for DLPG and
562 2LMG. This finding is in line with the geometric analysis of T2, which revealed a tunnel
563 bottleneck radius about half as large as the radius of DLPG deduced from the lipid's
564 area-per-lipid, which can explain why a headgroup-first access is disfavorable for steric
565 reasons. Furthermore, we showed that acyl chains of lipids embedded in a membrane
566 can reach the interface region in unbiased MD simulations and, thus, can interact with

567 the tunnel entrance. Such protrusions of lipid tails occur on a timescale of
568 approximately 100 ns depending on the extent of solvent exposure [67]. Tail-first
569 access of GPLs into the active site has also been found for cyclopropane fatty acid
570 synthase [68]. Tail-first access through T2 is favored because of the predominant
571 hydrophobic nature of the tunnel walls. By contrast, T1 contains a higher number of
572 charged Asp and Arg residues and fewer neutral residues than T2, which makes tail-
573 first access there less favorable. In particular, the side chain of R80 protrudes into T1
574 at the tunnel entrance, which is reflected in an energy barrier of ~ 3 kcal mol⁻¹ found
575 there for tail-first access.

576 Modifications in tunnels that connect a buried active site to the bulk solvent have been
577 shown to affect ligand binding and unbinding [41]. Tunnel residues situated away from
578 the active site are suitable targets for mutagenesis, as their replacement should not
579 lead to a loss of the functionality of the active site [69]. Considering this, we introduced
580 Trp substitutions to each of the three tunnels of PlaF and measured the activity of these
581 PlaF variants. The Trp substitutions decreased PlaF's lipolytic activity for small and
582 large substrates only when introduced in T2, which suggests that T2 is involved in
583 substrate access. However, from such steady-state experiments, it cannot be excluded
584 that the Trp substitutions influence product egress, too [54].

585 Among the investigated substrates, higher energy barriers for access to the active site
586 were found for those with longer acyl chains and neutral head groups, concordant with
587 PlaF's activity profile [19]. This finding may be explained with differences in the
588 energetics of GPL self-assembly, which is influenced by the hydrocarbon chain length
589 and the polarity of the head group [70]: Longer hydrocarbon chains and less polar head
590 groups foster self-assembly, which would lead to higher energy barriers for leaving this
591 equilibrium state [71] and entering into PlaF. These results indicate that the energetics
592 of access of a membrane GPL substrate to the active site through tunnel T2 contributes
593 to the substrate specificity of PlaF.

594 Furthermore, of the two constitutopic acyl chains in DLPG, access via tail 1 in T2 is

595 energetically preferred over tail 2 access. If tail 1 enters first, the carbonyl oxy group
596 at C1 of the glycerol moiety can come closer to the nucleophilic S137 than if tail 2 enters
597 first, (Figure S10) leading to preferential hydrolysis of the carboxylic ester bond at C1.
598 Likewise, the regioselectivity of human 5-lipoxygenase is determined by the head/tail-
599 first type orientation of its main substrate arachidonic acid in the active site [72]: The
600 arachidonic acid can be positioned in the holoenzyme active site with both head-first
601 and tail-first orientation, but only the tail-first orientation results in a configuration that
602 yields 5-lipoxygenating activity. These results indicate that the tail-first access mode of
603 a diacyl GPL substrate determines the regioselectivity of PlaF for hydrolysis of the acyl
604 chain bound to the *sn*-1 position.

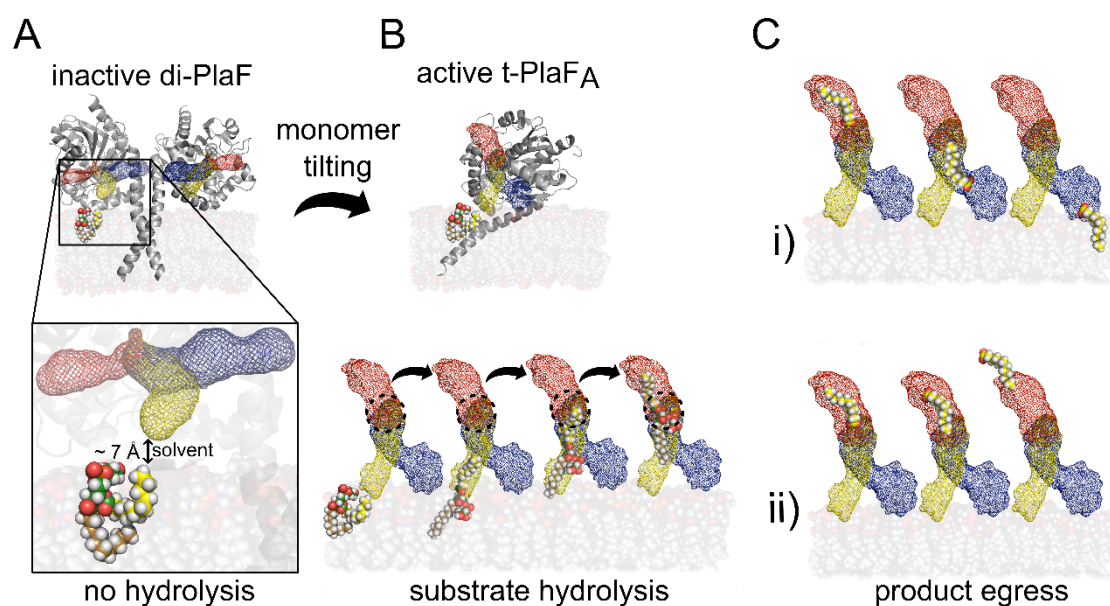
605 As T3 is oriented to the membrane neither in the monomeric nor in the di-PlaF
606 configuration, it likely does not contribute to substrate access. We suggest the role of
607 T3 to accommodate the acyl chain of substrates before and products after hydrolysis.
608 T3, with a length of ~15 Å, provides adequate space for substrates with medium-
609 lengths of acyl chains and, thus, may affect the specificity of PlaF. Substrate tunnels
610 that accommodate acyl chains hydrolyzed from their respective precursors have also
611 been described for cholesterol acyltransferases [73]. Likewise, lipid phosphate
612 phosphatases harbor such a cavity, accommodating the substrate's acyl chain for
613 optimal catalysis [74]. Site-directed mutagenesis in *Candida rugosa* lipase 1 revealed
614 the role of such tunnels in determining the acyl chain length specificity [75].

615 As to di-PlaF, tail 1 access of DLPG across T2 revealed a free energy barrier of
616 ~13 kcal mol⁻¹ (Figure S18B), in contrast to no free energy barrier in t-PlaF_A (Figure
617 5B). This high barrier may arise because of the location of T2 in di-PlaF, ~7 Å above
618 the membrane. Thus, substrates would need to pass through the solvent to enter T2.
619 These findings indicate that di-PlaF is catalytically inactive, as determined
620 experimentally [19], because of energetically unfavorable substrate access.

621 Our results from unbiased MD simulations of products suggest that T1 and, to a lower
622 extent, T3 are egress pathways of FAs. As to T1, this suggestion is in agreement with

623 the crystal structure of PlaF, where FAs are found in T1 [19]. In the tilted orientation of
624 PlaF, FAs egressing via T1 would interact with the membrane interface and could
625 diffuse into it. FAs in a membrane can affect its fluidity and permeability and protein-
626 lipid interactions, thereby regulating important cell processes including signal
627 transduction, motility, and biofilm formation [76, 77]. Via T3, they would egress into the
628 periplasmic space. Anchored to the cytoplasmic membrane, PlaF is not a toxin
629 targeting the host cell membrane but it has a direct influence on virulence adaptation
630 of *P. aeruginosa* by modulating the membrane GPL composition [19]. However, it is
631 unknown if FAs released from GPLs by PlaF are targeted to the external environment
632 as for example diffusible FAs involved in cell-to-cell signaling [17, 18]. In this case,
633 egress of FAs *via* T3 to the periplasm and their further passive diffusion or active
634 transport would be possible [78].

635 In summary, we identified T2 as the preferred tunnel for substrate access to t-PlaF_A,
636 while T1, and to a lesser extent T3, are likely egress routes for FAs. The energetically
637 favorable tail 1 access of substrates is in agreement with PlaF's PLA₁ function. The
638 higher preference of PlaF for GPLs with medium-length acyl chains may be due to
639 differences in the energetics of self-assembly and the length of T3, which
640 accommodates them for hydrolysis (Figure 10). Finally, while t-PlaF_A enables substrate
641 access to the active site, substrate access to di-PlaF is energetically unfavorable. Our
642 results provide an atomistic-level understanding of the unique structural feature of PlaF
643 that its function is dependent on monomerization followed by global reorientation of
644 the single-pass TM protein at the membrane. They may furthermore aid in
645 understanding the feedback regulation of PlaF, which is inhibited by FAs, and open up
646 opportunities for developing potential drugs that inhibit PlaF to combat *P. aeruginosa*
647 virulence during infections.



648

649 **Figure 10: Schematic model of the mechanism of PlaF activity regulation.** A) A higher
650 concentration of PlaF results in the formation of an inactive dimer [19]. In di-PlaF, T2 is closer
651 to the membrane than the other tunnels, but, still, the distance from the membrane interface is
652 ~7 Å, which requires the substrate to pass through the solvent. Hence, this configuration leads
653 to inactive PlaF. B) At low concentrations, monomeric PlaF shows PLA₁ activity and adopts a
654 tilted configuration [19]. In the tilted configuration, PlaF orients such that T1 and T2 come close
655 to the membrane interface. Substrate access occurs *via* tail 1 into T2. The acyl chain reaches
656 the active site (dashed black circle) of PlaF, but the *sn*-1 cleavage site is still away from the
657 active site. Further loading of the acyl chain requires it to enter into T3, and the substrate is
658 hydrolyzed. C) After hydrolysis, the FA is in T3. i) Now, either FA relocates into T1, with the
659 carboxyl group towards the entrance. At the T1 entrance, FA can interact with the membrane
660 interface and diffuse into it. ii) Alternatively, the FA can flip around, such that the carboxyl group
661 faces the T3 entrance, from where it can exit into the periplasmic space.

662

663 **Materials and methods**

664 **Identification of the access tunnels**

665 Tunnels emerging from the active site of PlaF were identified using CAVER 3.0 [26].
666 The COM of the catalytic residues S137 and H286 was defined as the starting point of
667 the search, from which the possible connections of the tunnels to the bulk solvent were
668 identified. The catalytic residue D258 was not included in this search criteria since its
669 side chain is distant from the catalytic site. Probe and shell radii of 2 Å and 6 Å were
670 used, respectively. The probe radius of 2 Å is slightly larger than the van der Waals

671 radius of a phosphorous atom (i.e., 1.8 Å), present in every PlaF substrate to be
672 investigated.

673 **Starting structure preparation**

674 The crystal structure of PlaF is available from the Protein Data Bank (PDB) [79] (PDB
675 id: 6I8W) [19]. The first five residues of the C-terminus were missing in the structure
676 and, hence, were added using MODELLER [81]. The starting configuration of PlaF for
677 MD simulations was prepared by embedding t-PlaF_A into a lipid bilayer membrane
678 consisting of 75% DLPE and 25% DLPG. The tilted configuration of PlaF embedded in
679 the membrane was predicted by the Positioning of Proteins in Membrane (PPM)
680 method [82]. The head group composition of the membrane closely resembles that of
681 the inner membrane of Gram-negative bacteria [8, 83, 84]. The prepared structure was
682 used to investigate the loading mechanism of DLPG or DLPE into t-PlaF_A. Furthermore,
683 loading of DSPG and an LGPL, 2LMG, were also investigated. For that, t-PlaF_A was
684 embedded into a membrane consisting of ~10% of DSPG and 2LMG in the upper
685 leaflet. The GPL composition in the lower leaflet of these systems is the same as that
686 used for investigating DLPG and DLPE. The systems were prepared and solvated
687 using CHARMM/GUI [85] or PACKMOL-Memgen [86]. A distance of at least 15 Å
688 between the protein or membrane and the solvent box boundaries was used. To obtain
689 a neutral system, counter ions were added that replaced solvent molecules. The size
690 of the resulting systems was ~140,000 atoms.

691 Systems excluding the t-PlaF_A, but including one of the GPL substrates (i.e., DLPG)
692 and one of the LGPL substrates (i.e., 2LMG), were also prepared to compare and
693 decipher the energetics of lipid extraction from the membrane into solvent. Considering
694 the orientation and position of t-PlaF_A in the membrane, one can safely assume that
695 only substrates located in one leaflet will contact the catalytic domain of t-PlaF_A and,
696 hence, have direct access. Therefore, the composition of one leaflet was slightly
697 modified to reflect the inclusion of the selected substrate. For this, a ratio in the upper
698 leaflet of 6:2:1 for DLPE, DLPG, and the respective substrate was used. Using
699 PACKMOL-Memgen, the bilayer system was prepared, solvated, and necessary

700 counter ions were added. The minimum water distance from the membrane surface to
701 the solvent box boundaries was increased to 35 Å to leave enough space between the
702 substrate and the membrane surface and avoid interactions with periodic images
703 during the extraction. Box dimensions in the x and y axes were set to 70 Å, resulting
704 in systems comprised of ~50,000 atoms.

705 **Simulated extraction of substrates from the membrane**

706 MD simulations were performed using the GPU implementation of the AMBER 16
707 molecular simulation package [87, 88], employing the ff14SB force field for the protein
708 [89], the Lipid17 force field for the lipids [90-92], and the TIP3P water model [93]. The
709 SHAKE algorithm [94] was used to constrain bond lengths of hydrogen atoms to heavy
710 atoms, enabling a time step of 2 fs. Long-range electrostatic interactions were
711 considered using the Particle Mesh Ewald (PME) algorithm [95]. The system was
712 energy-minimized by three mixed steepest descent/conjugate gradient calculations
713 with a maximum of 20,000 steps each. First, the initial positions of the protein and
714 membrane were restrained, followed by a calculation with restraints on the protein
715 atoms only, and finalizing with a minimization without restraints. The minimized system
716 was then gradually thermalized in two stages. Initially, the temperature was increased
717 from 0 K to 100 K under NVT conditions, then from 100 K to 300 K under NPT
718 conditions at 1 bar, using a Langevin thermostat [96]. The equilibration process
719 continued for 5 ns, before starting with production simulations. As usual in membrane
720 MD simulations, the NPT ensemble was used, allowing the membrane to
721 accommodate along the trajectory [97]. For US simulations, the pressure was
722 maintained using an anisotropic Berendsen barostat [98], while for the rest of the
723 simulations a semi-isotropic Berendsen barostat [98] was used, coupling the
724 membrane (x-y) plane with the constant-surface-tension dynamics. All analyses were
725 performed by using CPPTRAJ [99]. Unless otherwise stated, molecular visualization
726 was performed with Pymol [100] and VMD [101]. The Movie maker module within VMD
727 was used to illustrate the acyl chain mobility and the access of substrates into PlaF.

728 To extract a substrate molecule from the membrane into one of the access tunnels, we

729 selected the lipid that was closest to the entrance and pulled it from the membrane
730 through the tunnel to the active site of PlaF, using constant velocity sMD simulations.
731 Pulling simulations at low velocities are recommended for small polar molecules [102]
732 and large lipids [103] to calculate free energy profiles. At the lowest pulling rates, lipids
733 have time to adapt to energetically favorable conformations during the extraction
734 process [103]. In a recent study investigating GPL binding to phospholipase A2 (PLA₂),
735 a constant pulling velocity of 5 Å ns⁻¹ was used [57]. For the extraction of substrates,
736 we considered all three possibilities by which a substrate may enter a tunnel: either
737 the head group or one of the two tails. Depending on the type of head group (i.e., PG
738 or PE), each substrate was pulled by its oxygen or nitrogen atoms at a constant velocity
739 of 1 Å ns⁻¹ using a force constant of 5 kcal mol⁻¹ Å⁻². When pulling at the tail, the terminal
740 carbon atom of the respective acyl chain was used.

741 Each tunnel was divided into several segments connected through virtual points
742 formed by the COM of amino acids lining the respective tunnel. The number of virtual
743 points depends on the length and shape of the respective tunnel. The virtual points
744 guided the extraction of substrates such that the substrates followed the path of the
745 respective tunnel. In addition, to obtain a low energy pathway, an adaptive sMD
746 protocol was implemented. For this, 50 replicas for each pulling simulation were carried
747 out, and the work required was computed as a function of the reaction coordinate. The
748 computed work was further related to free energy difference between two states of the
749 pulling simulation applying Jarzynski's relation (eq. 1) [30].

$$750 \quad e^{-\Delta F/kT} = \overline{e^{-W/kT}} \quad (\text{Equation 1})$$

751 Here, ΔF is the free energy difference between two states, which is connected to work
752 W done on the system [30]. k is the Boltzmann constant and T the temperature of the
753 system. The replica closest to the Jarzynski's average [30] was considered to describe
754 the lowest-free-energy pathway and provided the starting point for the next pulling
755 stage. Trajectories further away from that pathway were removed. This procedure
756 results in faster convergence of PMF profiles, decreasing the overall computation
757 needed [31].

758 For the systems without t-PlaF_A, the substrates were extracted with the same pulling
759 velocity and spring constant, as mentioned above. However, to avoid edge effects, a
760 substrate in the middle of the membrane was located. For this extraction process, the
761 reaction coordinate was the distance between the head atom of the pulled substrate
762 and COM of phosphorous atoms of the lipids in the opposite leaflet. Furthermore, to
763 determine the free energy minimum of the phospholipids in the membrane more
764 accurately, the substrate was first pulled into the membrane (~3 Å), before pulling it
765 out of the membrane.

766 **Umbrella sampling and potential of mean force calculations**

767 To understand the substrate access mechanism in PlaF and to identify preferential
768 substrate access tunnels, PMFs were computed based on US [34], taking structures
769 from the sMD simulations as starting points. As a reaction coordinate, the COM
770 distance of the three oxygen atoms of the glycerol moiety in the substrate to the COM
771 of residues S137 and H286 (only C α atoms) of the active site was used. This reaction
772 coordinate was also taken for over all other systems for it describes the essential
773 aspects of the structural transformation during substrate access. Consecutive
774 positions of the substrates from the membrane to the active site as determined by
775 pulling simulations were considered reference points for US, with each position
776 corresponding to one umbrella window. To achieve sufficient overlap between the
777 umbrella windows, distances between reference points of ~1 Å were used along the
778 reaction coordinate. The length of individual tunnels and the size of acyl chains for
779 respective substrates vary. Therefore, for sampling the access of different substrates,
780 different numbers of windows were required for each tunnel. Selected positions of the
781 lipid in the tunnel were restrained by harmonic potentials, using a force constant of 5
782 kcal mol⁻¹ Å⁻². To achieve sufficient convergence of the PMF profile, each window was
783 sampled for 300 ns, of which the last 100 ns were used to calculate the PMF. Distance
784 values were recorded every 2 ps and processed with WHAM [35, 36]. To estimate the
785 PMF error, the data was separated into blocks according to the maximum calculated
786 autocorrelation time of 20 ns. The correlation time was obtained for the complete

787 trajectory, excluding the first 20 ns of sampling data for equilibration. The last 100 ns
788 of sampling data was split into five blocks of 20 ns each, a PMF profile was calculated
789 for each block with WHAM, and the error at each PMF point was calculated as the
790 standard error of the mean.

791 Similarly, for systems without t-PlaF_A, trajectories obtained by pulling simulations were
792 used to set up US simulations. Umbrella windows were extracted at distances of 1 Å
793 from the starting point of the pulling simulation until the substrate was not interacting
794 with the membrane anymore. The selected positions of the lipid were restrained by
795 harmonic potentials, using a force constant of 5 kcal mol⁻¹ Å⁻² and as the reaction
796 coordinate the distance of the COM of the three oxygen atoms of the glycerol moiety
797 of the substrate to the COM of phosphorous atoms of the lower membrane leaflet.
798 Each window was simulated for 100 ns at constant pressure (1 bar) and temperature
799 (300 K) conditions until convergence was achieved. The first 20 ns of simulation data
800 was discarded. WHAM [35, 36] was used to calculate the PMF. The PMFs were
801 evaluated for convergence by checking the change in the free energy profile with the
802 increase in sampling time at every 10 ns. Furthermore, histograms of sampled
803 configurations were visually inspected for sufficient overlap between the neighboring
804 umbrella windows; otherwise, the iterative cycle in WHAM fails to converge and the
805 free energy profiles have discontinuities.

806 **Absolute binding free energy from computed PMF**

807 The absolute binding free energy of substrates to PlaF was determined from the
808 computed PMF using an approach modified from Chen and Kuyucak [104]. The PMF
809 was integrated along the reaction coordinate (eq. 2) to calculate an association
810 (equilibrium) constant (K_{eq}).

$$811 \quad K_{eq} = \pi r^2 \int_{active_site}^{membrane} e^{-W(\xi)/kT} d\xi \quad (\text{Equation 2})$$

812 Here, r is the maximum bottleneck radius of the respective tunnel, which was
813 determined by a CAVER analysis (Table 1), πr^2 is the cross-sectional area of the tunnel,
814 $W(\xi)$ is the PMF at a specific value of the reaction coordinate, k is the Boltzmann

815 constant, and T is the temperature at which the simulations were performed.

816 K_{eq} was then transformed to the mole fraction scale (K_x), taking into account the
817 number of lipids (N_L) per surface area A (eq. 3).

$$818 \quad K_x = K_{eq} \frac{N_L}{A} \quad (\text{Equation 3})$$

819 From K_x , the difference in the free energy (eq. 4) between the bound and unbound
820 state (ΔG_b°) of a single substrate molecule was calculated.

$$821 \quad \Delta G_{comp}^\circ = -RT \ln(K_x) \quad (\text{Equation 4})$$

822 **Blocking access of the PlaF substrates**

823 To corroborate predicted access tunnels for PlaF substrates, we intended to block
824 these by small-to-tryptophan substitutions of tunnel-lining residues. To do so, we
825 identified possible substitution sites from our previous CAVER analyses, taking into
826 account the tunnels' bottleneck radii and lengths. For these analyses, the same
827 trajectory used to search for tunnels in t-PlaF_A was considered. Finally, 4-5 amino acids
828 within each tunnel were selected for substitutions.

829 In the first step, all the amino acids except glycines and prolines within 3 Å of individual
830 tunnels and oriented towards a tunnel were considered. In turn, residues with an
831 outward orientation were disregarded as a substitution there will likely not block the
832 tunnel. Furthermore, as the TM and JM helix was found to be important for both the
833 dimerization and the activity of PlaF [19], residues of these helices were excluded.
834 Finally, the catalytic residues S137, D258, and H286 and other residues of the active
835 site were disregarded to avoid affecting the activity of PlaF.

836 The selected residues of each tunnel were substituted to tryptophan using FoldX [105],
837 and the stability of the Plaf variants was evaluated in terms of the change in free energy
838 ($\Delta\Delta G$) with respect to the wild type [106]. Single amino acid substitutions were
839 performed 10 times for each proposed residue of each tunnel, and the results were
840 averaged. If the average $\Delta\Delta G > 3$ kcal mol⁻¹, the substitution is considered
841 destabilizing [107] and was not further pursued. To check if the proposed substitutions

842 will block the tunnel, the bottleneck radius of the variant tunnels was recalculated using
843 CAVER. As done earlier, the probe radius was set to 2 Å. If no tunnel was identified
844 with this criterium, the probe radius for tunnel search was reduced until the tunnels
845 started to appear again.

846 **Biological evaluation of PlaF activity from mutations**

847 **a) Site-directed mutagenesis, protein expression, and purification**

848 The plasmids for expression of PlaF variants with substitutions in the tunnels (Table
849 S5) were created by PCR, using Phusion DNA polymerase (Thermo Fischer Scientific)
850 in whole plasmid amplification, with mutagenic oligonucleotides (Table S7) designed
851 for the SLIC method [108], and *p-plaF* plasmid [19] as a template. The presence of
852 desired nucleotide substitutions was confirmed by DNA sequencing (MWG Biotech,
853 Ebersberg, Germany). PlaF was purified from *P. aeruginosa p-plaF* membranes and
854 solubilized with DDM, as described previously [109]. Proteins were analyzed by
855 polyacrylamide gel electrophoresis under denaturation conditions (SDS-PAGE) on 14%
856 (w/v) gels, as described by Laemmli [110]. The protein concentration was determined
857 by measuring the $A_{280\text{nm}}$ using a NanoDrop 2000C spectrophotometer (Thermo Fisher
858 Scientific Inc., Waltham, Massachusetts, USA). The extinction coefficients for PlaF and
859 the variants were calculated with the ProtParam tool (Navia-Paldanius *et al.*, 2012),
860 considering the amino acid exchange and a His₆-tag.

861 **b) Enzyme activity assays and kinetic studies**

862 The esterase activities of PlaF and variants were determined with *p*-NPB as substrate
863 as described previously [111], using a 96-well microplate and starting the reaction by
864 adding 100 µl of PlaF sample (16 nM) to the 100 µl of *p*-NPB solution (2 mM). Kinetic
865 parameters (K_m and k_{cat}) for hydrolysis of *p*-NPB were determined using 8 nM enzyme
866 as described previously [109]. Kinetic parameters were determined by non-linear
867 regression analysis of data fitted to the Michaelis-Menten equation with PrismLab.
868 Enzyme activities with DLPG and LGPLs were determined according to the
869 established protocol in ref. [112]. For enzymatic reactions, 25 µL of PlaF or the variant
870 (16 nM) and 25 µL of DLPG solution were used. The amount of released FAs after 24 h

871 of reaction were calculated from the calibration curve using oleic acid at concentrations
872 ranging from 0.1 to 1.0 mM.

873 **c) Thermal stability**

874 PlaF and variants (28.1 μ M, 10 μ L) loaded into the measuring capillaries (Prometheus
875 NT.Plex nanoDSF Grade Standard Capillary Chips) were heated from 20 to 90 $^{\circ}$ C
876 (1 $^{\circ}$ C min^{-1} heating rate), and the intrinsic protein fluorescence was recorded at 330 nm
877 and 350 nm using the Prometheus NT.Plex nanoDSF device (Nano Temper, Munich,
878 Germany) [113]. The melting points were calculated from the first derivative of the ratio
879 of $F_{350\text{nm}}$ and $F_{330\text{nm}}$ using the PR.ThermControl software (Nano Temper, Munich,
880 Germany) [113].

881 **Egress of PlaF products**

882 To determine the egress pathways of PlaF products, a system with 2LMG substrate
883 was considered. The final snapshot at 300 ns of the US simulations of the window with
884 the substrate close to the active site was considered as the starting structure for
885 unbiased MD simulations. 2LMG was cleaved into the products: MYR and PGR,
886 without altering the orientation of each product within the tunnels. Atomic partial
887 charges for the products were derived according to the restraint electrostatic potential
888 fit (RESP) procedure [114], as implemented in Antechamber [115]. Geometry
889 optimizations and subsequent single-point calculations were performed with Gaussian
890 [116] at the Hartree-Fock (HF) level with the 6-31G* basis set. Force field parameters
891 for the products were taken from the general amber force field for organic molecules
892 (GAFF, version 2) [117]. The prepared system was then minimized, thermalized, and
893 equilibrated using the protocol described above for MD simulations. 12 replicas of
894 production MD simulations of 3 μ s length each under NPT conditions were performed.
895 The distance of the 2LMG products to the entrance of each tunnel was computed for
896 each replica.

897

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906

907 **Author contributions**

908 H.G. conceptualization, supervision, analysis, visualization, writing; F.K.
909 conceptualization, supervision, analysis, visualization, writing; K.-E.J. supervision,
910 writing; S.A. investigation, analysis, visualization, writing; C.H.S. investigation,
911 analysis, visualization, writing; S.N.S.V. analysis, visualization, writing.

912

913 **Competing interests**

914 The authors declare no competing interests.

915

916 **Additional information**

917 Supplementary information is available for this paper.

918 **References**

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