Global evolutionary dynamics and resistome analysis of *Clostridioides difficile* ribotype 017

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1 Abstract

Clostridioides difficile PCR ribotype (RT) 017 ranks among the most successful strains of
C. difficile in the world. In the past three decades, it has caused outbreaks on four continents,
more than other "epidemic" strains, however, our understanding of the genomic epidemiology
underpinning the spread of *C. difficile* RT 017 is limited. Here, we performed high-resolution
phylogenomic and Bayesian evolutionary analyses on an updated and more representative
dataset of 282 non-clonal *C. difficile* RT 017 isolates collected worldwide between 1981 and
2019. These analyses place an estimated time of global dissemination between 1953 and 1983
and identified the acquisition of the *ermB*-positive transposon Tn*6194* as a key factor behind
global emergence. This coincided with the introduction of clindamycin, a key inciter of
C. difficile infection, into clinical practice in the 1960s. Based on the genomic data alone, the
origin of *C. difficile* RT 017 could not be determined, however, geographical data and records
of population movement suggest that *C. difficile* RT 017 had been moving between Asia and
Europe since the Middle Ages and was later transported to North America around 1860 (95%
CI: 1622 – 1954). A focused epidemiological study of 45 clinical *C. difficile* RT 017 genomes
from a cluster in a tertiary hospital in Thailand revealed that the population consisted of two
groups of multidrug-resistant (MDR) *C. difficile* RT 017 and a group of early, non-MDR
C. difficile RT 017. The significant genomic diversity within each MDR group suggests that
although they were all isolated from hospitalised patients, there was likely a reservoir of
C. difficile RT 017 in the community that contributed to the spread of this pathogen.

21 Impact statement

22 This study utilises genomic sequence data from 282 non-clonal *C. difficile* ribotype (RT) 017
23 isolates collected from around the world to delineate the origin and spread of this epidemic
24 lineage, as well as explore possible factors that have driven its success. It also reports a focused
25 epidemiological investigation of a cluster of *C. difficile* RT 017 in a tertiary hospital in
26 Thailand to identify possible sources of transmission in this specific setting.

Data summary

Introduction

Clostridioides difficile PCR ribotype (RT) 017, or sequence type (ST) 37, ranks among the most successful strains of *C. difficile*. Despite producing only one functional toxin (toxin B), *C. difficile* RT 017 has spread widely and caused outbreaks globally (1). The severity of *C. difficile* infection (CDI) caused by RT 017 has been comparable to infection caused by *C. difficile* strains producing two or three toxins (2-4). One factor that may have contributed to the success of *C. difficile* RT 017 is antimicrobial resistance (AMR) (5).

The evolutionary origins of *C. difficile* RT 017 remain contentious (1). Possible contributing factors included the early erroneous dismissal of *C. difficile* RT 017 as non-pathogenic due to its lack of toxin A (6), and the use of diagnostic tests that only detected toxin A (7). By the time that the pathogenicity of *C. difficile* RT 017 was recognised (1995) (8), the strain had already spread across the globe (1). Based on the geographical distribution of *C. difficile* clades, *C. difficile* RT 017, a member of evolutionary clade 4, has been hypothesised to have originated in Asia (1). This is supported by various epidemiologic studies reporting a high prevalence of *C. difficile* RT 017 and closely related clade 4 strains in Asia, especially Southeast Asia (9-13). However, most of these studies only included a few historical *C. difficile* RT 017 strains available from the region to verify this hypothesis (9-13). A 2017 study by Cairns *et al.* analysed whole-genome sequence (WGS) data from 277 *C. difficile* RT 017 strains and suggested an alternative hypothesis, that *C. difficile* RT 017 originated in North America, spread to Europe in the early 1990s and later to other regions (14). Despite the large dataset, this conclusion might have been influenced by a strain selection bias, as the North American strains included in the study were relatively older than strains from other regions. A recent study based mainly on the same global dataset agreed that *C. difficile* RT 017 spread first from North America but suggested that the spread may have happened before 1970 (15). In our study, we included a larger number of strains, with a few early European strains and a greater diversity of Asian strains. We aimed to further explore the origin and spread of *C. difficile* RT 017, as well as the key genetic factors driving its success.

Methods

C. difficile RT 017 genomes

This study included 933 *C. difficile* RT 017 strains from three collections; a set of 45 clinical *C. difficile* RT 017 strains from Thailand (32 phenotypically MDR and 13 non-MDR) some of which have been described previously (16), 102 previously unpublished *C. difficile* RT 017 strains from our laboratory's collection and 786 *C. difficile* RT 017 genomes publicly available at the NCBI Sequence Read Archive (https://www.ncbi.nlm.nih.gov/sra/) as of January 2020. These collections included genomes of three *C. difficile* RT 017 isolated in the early 1980s (courtesy of Dr Jon Vernon and Prof Mark Wilcox in Leeds, but originally part of Prof SP Borriello's collection) (17). Multilocus sequence typing (MLST) was performed directly from sequence read files using SRST2 v0.2.0 and the PubMLST *C. difficile* database (https://pubmlst.org/organisms/clostridioides-difficile/) as previously described (18, 19).

<u>Assembly of a new complete *C. difficile* RT 017 genome from SE Asia</u>

To facilitate phylogenomic analysis of *C. difficile* strains from Thailand, a Thai *C. difficile*
strain was selected for hybrid assembly of a closed reference genome. *C. difficile* MAR286
was a non-MDR strain as opposed to the existing MDR reference strain *C. difficile* M68 (20).
The short-read sequencing was performed on an Illumina HiSeq sequencing platform
(Illumina, San Diego, CA) using 150-bp paired-end chemistry to a depth of 39X coverage as
previously described (19). The long-read sequencing was performed on a MinION sequencing
(Nanopore, Oxford, UK). The sequencing libraries were prepared using the Ligation
Sequencing Kit (SQK-LSK109) and run on a FLO-MIN106 (R9.4.1) flow cell, according to
the manufacturer's instructions, for 24 h. Hybrid assembly was performed with Unicycler
v0.4.8 using a conservative mode (21). The final assembly graph was visualised and polished
with Bandage v0.8.1 (22). Genome annotation was performed using the NCBI Prokaryotic
Genomes Annotation Pipeline (23).

<u>AMR genotyping</u>

AMR genotyping was performed as previously described (24). Briefly, all read files were
interrogated against the ARGannot database (for known accessory AMR genes) with two
additional genes recently described in *C. difficile*, *erm*(52) and *mefH* (16), and a customised
gyrA, *gyrB* and *rpoB* alleles database (for known resistance-conferring point mutations) using
SRST2 (18, 25). Strains that were positive for either *ermB* or *tetM* were interrogated for known
transposons using SRST2 as previously described (18).

<u>Evolutionary analysis of *C. difficile* RT 017</u>

To investigate the evolution and spread of *C. difficile* RT 017, core genome single nucleotide
polymorphism (cgSNP) and Bayesian evolutionary analyses were performed. All PE reads
were trimmed using TrimGalore v0.6.4 to remove low-quality and adapter sequences
(https://github.com/FelixKrueger/TrimGalore), mapped to the genome of *C. difficile* M68 and
variants identified using Snippy v4.4.5 (https://github.com/tseemann/snippy). The resulting
VCF file was then screened to exclude variants occurring in the repetitive region using SnpSift
v4.3t (26) and to exclude indels using VCF-annotate v0.1.15 (27). Gubbins v2.4.1 was used to
identify and remove recombination sites (28). SNP-dists v0.7.0 was used to generate a pairwise
cgSNP table (https://github.com/tseemann/snp-dists). Following the approach of Eyre *et al* (29)
and Didelot *et al* (30), a threshold of 0-2 cgSNPs was used to determine if groups of 2 or more
strains were clonally related.
To facilitate the Bayesian analysis, clonal strains were removed from the dataset leaving
only one representative for each clonal cluster. Bayesian evolutionary analysis was performed
using BactDating v1.0.1 (31). BactDating was run using a Gubbins recombination-adjusted
phylogenetic tree from the previous analysis (1455 sites) as an input with the following
settings: Markov chain Monte Carlo (MCMC) chains of 5×10^8 iterations sampled every $5 \times$
10^5 iterations with a 50% burn-in and a strict model with a rate of 1.4 mutations per genome
per year as published by Didelot *et al* (30). Traces were inspected to ensure convergence and
the effective sample sizes (ESS) for all estimated continuous variables were >200. The final
Bayesian tree was annotated using iTOL v6 (32). An interactive version of the Bayesian
phylogenetic tree in **Figure 2** was uploaded to Microreact and is available at
https://microreact.org/project/v89tzQ8rii55PkAGF5Jo2r/64c80194 (33).
Bayesian analysis was also performed on a subset of 45 Thai *C. difficile* genomes, for
which patient data and phenotypic AMR results were available (16, 34). The cgSNP analysis
was performed using reference genomes listed in **Table 1** to evaluate whether the choice of

reference genome had any effect on downstream analysis. A pairwise whole genome average nucleotide identity (ANI) between each *C. difficile* strain and the reference strains was generated using FastANI (35), and the results were used to compare strain relatedness with each reference.

Table 1 – Effect of the choice of reference genome on cgSNP analysis.

Reference	ST (clade)	Accession	Mapped length (bp)*	N SNPs	% ANI
MAR286	37 (4)	CP072118.1	4,134,703.82	311	99.88%
M68	37 (4)	FN668375.1	4,176,850.73	308	99.93%
630	54 (1)	AM180355.1	3,836,370.82	267	97.98%
M120	11 (5)	FN665653.1	3,579,796.21	235	96.11%

Note: ANI, average nucleotide identity; SNPs, single nucleotide polymorphisms; ST, sequence type; * average mapped length.

Pangenome-wide association study

The cgSNP and Bayesian analyses identified two distinct *C. difficile* RT 017 sublineages. To determine significant genetic loci associated with each lineage, all *C. difficile* genomes were assembled and a pangenome-wide association study (pan-GWAS) performed as previously described (36). Briefly, Panaroo v1.1.0 was run with default settings on the annotated *C. difficile* genomes (37), and the results used as an input for Scoary v1.6.16 to identify the significant genetic loci associated with each lineage (38).

Assessment of virulence-associated phenotypes

We also evaluated the phenotypes associated with virulence in *C. difficile* RT 017 from the two lineages; *C. difficile* strain 1470 (ATCC 43598, non-epidemic lineage [NE]), MAR006 (epidemic lineage [E]), MAR024 (lineage E) and MAR 286 (lineage NE). First, a motility assay was performed as described by Tasteyre *et al* (39). Second, cell aggregation was assessed by measuring the optical density at 600 nm (OD_{600}) of the undisturbed and disturbed 48-hour-old growth in brain heart infusion broth (40). These tests were performed with at least three biological replicates. *C. difficile* strain IS58 (RT 033, non-motile) was included as a negative control (41).

Statistical analysis

All statistical analyses were performed using online tools by Social Science Statistics available at https://www.socscistatistics.com/. A p-value of ≤ 0.05 was considered statistically significant.

Ethics approval

This study involved the use of de-identified patient data. It was approved by the Human Research Ethics Committee of The University of Western Australia (reference file RA/4/20/4704) and the Siriraj Institutional Review Board (protocol number 061/2558 [EC1]).

Results

<u>The epidemic *C. difficile* RT 017 lineage emerged from Asia in the middle of the 20th Century</u>

To study the global population structure of *C. difficile* RT 017, cgSNP and Bayesian evolution analyses were performed on 282 non-clonal *C. difficile* RT 017 genomes collected worldwide between 1981 and 2019 (**Figure 1**). The overall median year of isolation for this dataset was 2011 (quartile range [QR]: 2008 – 2014). The median years of isolation for the three main continents were as follow; Asia, 2014 (2010 – 2016), Europe, 2010 (2006 – 2012) and North America, 2009 (2004 – 2017). Based on the Bayesian analysis (**Figure 2**), the *C. difficile* RT 017 population could be divided into two lineages: a non-epidemic lineage (NE), which could be further divided into three sublineages (NE$_1$, NE$_2$ and NE$_3$), and an epidemic lineage (E). **Table 2** summarises 11 lineage-defining SNPs identified. Sublineages NE$_1$, NE$_2$ and NE$_3$ consisted mainly of strains from Europe, North America and Asia, respectively, and the common ancestor of the three sublineages was estimated to have emerged in 1588 (95% confidence interval [CI]: 758 – 1858). Sublineages NE$_1$ and NE$_2$ split around 1860 (95% CI: 1622 – 1954). Lineage E was estimated to have split from sublineage NE$_3$ around 1958 (95% CI: 1920 – 1977) and later spread globally around 1970 (95% CI: 1953 – 1983).

Figure 1 – The countries of origin of the final 282 *C. difficile* RT 017 genomes. The number of genomes in each region is as follows: Africa, 6; Asia, 126; Australia, 15; Europe, 96; North America, 48; South America, 4. The world map was created by tools available at <u>paintmaps.com</u>.

<u>The acquisition of *ermB* was likely the driving factor of the epidemic *C. difficile* RT 017 lineage</u>

After incorporating genotypic AMR data, an association between the acquisition of AMR genotype and the spread of *C. difficile* RT 017 was evident. Genotypically MDR *C. difficile* RT 017 strains were in the lower part of sublineage NE$_3$ and lineage E, and only emerged around 1935 (95% CI: 1851 – 1969). There had been multiple acquisition events for the two most common accessory AMR determinants: *tetM* and *ermB*. The earliest acquisition of *tetM* was likely through gaining Tn*916* which occurred around 1914 (95% CI: 1799 – 1964), while the earliest acquisition of *ermB* was likely through gaining Tn*6194* which occurred around 1958 (95% CI: 1920 – 1977), notably the same timeframe as the predicted time of emergence of lineage E.

Nonsynonymous substitutions in RpoB (H502N, conferring rifamycin resistance) and
in GyrA (T82I, conferring fluoroquinolone resistance) were found scattered throughout the
population. In contrast, an R505K substitution in RpoB was found only in strains from
sublineage NE$_3$ and lineage E and was more common among Asian strains (37.2% vs 8.9%,
p < 0.0001). The only European strains with an R505K substitution in RpoB were from an
outbreak in Portugal (42). Three independent GyrB substitution events were identified in this
dataset: two D426N substitution events in North America around 2008 (95% CI: 1998 – 2011)
and 2015 (95% CI: 2012 – 2016), and one D426V substitution event in Ireland (*C. difficile*
M68, the reference strain) around 2004 (95% CI: 2001 – 2005) (★ in **Figure 2**). In addition to
the important AMR determinants described above, the *aac6-aph2* gene was also common
among *C. difficile* RT 017, found in 73 strains in this dataset (25.9%), more commonly among
Asian strains (43.4% vs 14.2%, p < 0.0001).

Figure 2 – Bayesian tree of 282 non-clonal *C. difficile* RT 017 genome from around the world.
C. difficile RT 017 population could be divided into non-epidemic (NE; sublineages NE$_1$ – NE$_3$) and
epidemic (E) lineages. (*) refers to the region of origin for each strain. Important genotypic AMR
determinants are displayed on the right (A – E). (★) represents *C. difficile* M68, the reference genome
in this analysis.

Table 2 – List of lineage-defining cgSNPs.

Position[*]	Strand[**]	Product	dN/dS[***]	NE$_1$	NE$_2$	NE$_3$	E
Lineage NE vs lineage E							
867,703	F	Diguanylate kinase signalling protein	dN	G[†]	G[†]	G[†]	T
Sublineages NE$_1$ and NE$_2$ vs sublineage NE$_3$							
263,571	F	FlgG	dN	T[†]	T[†]	C	C
480,088	R	UvrA	dS	A[†]	A[†]	G	G
1,486,937	F	Gfo/Idh/MocA family oxidoreductase	dN	T[†]	T[†]	G	G
1,789,300	F	Serine O-acetyltransferase	dS	C[†]	C[†]	T	T
3,254,867	R	ABC transporter	dN	T[†]	T[†]	C	C
3,808,791	N/A	Non-coding region	-	G[†]	G[†]	A	A
Sublineage NE$_1$ vs sublineage NE$_2$							
1,299,679	F	Penicillin-binding protein 2	dN	G	T[†]	G	G
1,486,584	F	Gfo/Idh/MocA family oxidoreductase	dN	C	T[†]	C	C
2,928,003	R	ABC transporter	dN	G	T[†]	G	G
3,066,957	R	Thioether cross-link-forming SCIFF peptide maturase	dN	C	T[†]	C	C

[*] Position on *C. difficile* M68 genome; [**] coding strand (F, forward; R, reverse); [***] nonsynonymous substitutions (*dN*) and synonymous substitutions (*dS*); [†] different from the reference genome.

<u>The epidemic *C. difficile* RT 017 lineage expresses higher motility and lower cell aggregation</u>

The cgSNP that differentiated between the lineages NE and E resulted in a substitution in a
diguanylate kinase signalling protein, which may play role in motility and biofilm formation
in *C. difficile* (40, 43). Thus, motility and cell aggregation assays were performed (**Figure 3**).
Strains from lineage E had an increase in growth diameter compared to lineage NE (average
diameter 7.7 vs 5.9 mm, Mann-Whitney p < 0.0001) and a slight decrease in the level of cell
aggregation as shown by the lower change in OD_{600} between undisturbed and disturbed cultures
(0.88 vs 0.99, Mann-Whitney p = 0.0316; for comparison, the non-motile *C. difficile* IS58 had
1.84 fold-change in OD_{600}).
In addition to the lineage-specific cgSNPs (**Table 2**) and the difference in the
prevalence of genotypic AMR, pan-GWAS was performed to identify other significant lineage-
specific genetic loci. A total of 32,863 genes was identified in the dataset, 3,560 (10.8%) of
which were found in more than 95% of strains and classified as core genes. Based on the
GWAS, the locus most significantly associated with lineage E was the aminoglycoside
resistance locus (containing *aac6-aph2* and a gene resembling *ant6*(Ib) [72% identity, E-value
= 5.01e-157]; sensitivity 85.3%, specificity 97.8%). Apart from AMR-related loci, lineage E
was associated with a truncation of the formate dehydrogenase FdhF protein (sensitivity 75.3%,
specificity 97.8%). A comparison of the FdhF protein is shown in **Figure 4** (44).

Figure 3 – Comparison of virulence-related phenotypes between Lineages E (pink) and NE (lilac). (A) Lineage E had a larger growth diameter in semi-solid media. (B) Lineage E displayed a lower cell aggregation as measured by the difference in OD600 between undisturbed and disturbed broths. (C) The semisolid media for all tested strains. *C. difficile* IS58 (RT 033, dark grey) was used as a negative control. All error bars display 95% confidence intervals.

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Lineage_E    MSNSIPEIENADVLFIFGYNGADSHPIVANRIVKAKKNGAKLIVTDPRVTESARIADIHL    60
Lineage_NE   MSNSIPEIENADVLFIFGYNGADSHPIVANRIVKAKKNGAKLIVTDPRVTESARIADIHL    60
             ***********************************************************

Lineage_E    PIKGGTNMVLVNAFGNVLIEEGLYNKEFVQNHTQGFDEYKEIVKPYTAKYAEKITGIPEE    120
Lineage_NE   PIKGGTNMVLVNAFGNVLIEEGLYNKEFVQNHTQGFDEYKEIVKPYTAKYAEKITGIPEE    120
             ***********************************************************

Lineage_E    LIRKAMREYAKGKKAMILYGMGVCQFGQAVDVVKGLASIALLTGNFGRESVGIGPVRGQN    180
Lineage_NE   LIRKAMREYAKGKKAMILYGMGVCQFGQAVDVVKGLASIALLTGNFGRESVGIGPVRGQN    180
             ***********************************************************

Lineage_E    NVQGACDMGALPNVYPGYQNVTDDKIREKFEKAWGVKLSPNNGYSLTQVPDLVLKEKKLK    240
Lineage_NE   NVQGACDMGALPNVYPGYQNVTDDKIREKFEKAWGVKLSPNNGYSLTQVPDLVLKEKKLK    240
             ***********************************************************

Lineage_E    AYYIFGEDPVQSDPDASEVREALDELEFVIVQDIFMNKTALHADVILPATSWGEHEGVYT    300
Lineage_NE   AYYIFGEDPVQSDPDASEVREALDELEFVIVQDIFMNKTALHADVILPATSWGEHEGVYT    300
             ***********************************************************

Lineage_E    CADRGFQLMRKAIEPQGDVKPDWQIISEISTAMGYPMNYKNTKEIWDELRQLCPSFLGAT    360
Lineage_NE   CADRGFQLMRKAIEPQGDVKPDWQIISEISTAMGYPMNYKNTKEIWDELRQLCPSFLGAT    360
             ***********************************************************

Lineage_E    YEKIETQGCVQWPCKSESMEDKGTMYLYEGQKFSTPNGKGNLFAAEWRPPKG--------    412
Lineage_NE   YEKIETQGCVQWPCKSESMEDKGTMYLYEGQKFSTPNGKGNLFAAEWRPPMEVEDDEYPF    420
             **************************************************

Lineage_E    ------------------------------------------------------------    412
Lineage_NE   SLCTVREVGHYSVRTMTGNCRTLSSLEDEPGRVQINSNDAEKLGIEDDELVRISSRRGSV    480

Lineage_E    ------------------------------------------------------------    412
Lineage_NE   ITRATVTDRVKEGATYMTYQWWVGACNELTIANLDPISKTPEYKYCAVKLEKLEDQELAE    540

Lineage_E    ------------------------    412
Lineage_NE   KCVREEYQSLKDKMTATNI       559
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Figure 4 – Truncation of FdhF protein in lineage E. The alignment was produced using Clustal Omega version 1.2.4 (44). The highlighted part is the predicted NAD binding site, which absent in the protein from lineage E.

 C. difficile RT 017 strains in Thailand were likely acquired outside of the hospital

Table 3 compares genomes of *C. difficile* MAR286, the Thai reference genome, with
C. difficile M68. Based on the ANI values (**Table 1**), Thai *C. difficile* strains were closest to
C. difficile M68. Using *C. difficile* M68 as a reference resulted in the longest average mapped
length, significantly longer than *C. difficile* MAR286, the second closest reference genome
(p < 0.0001). Accordingly, *C. difficile* M68 was chosen as a reference for the subsequent
analysis. The average number of pairwise cgSNP differences based on *C. difficile* M68 and
C. difficile MAR286 was 0.49 SNPs (95% CI: 0.44 – 0.54). The difference between *C. difficile*
strains in this study and the other two reference genomes was more pronounced resulting in a
greater number of pairwise cgSNP differences compared to *C. difficile* M68: 5.42 SNPs (95%
CI: 5.15 – 5.69) for *C. difficile* 630 and 9.39 SNPs (95% CI: 9.05 – 9.72) for *C. difficile* M120.

Table 3 – Comparison of two *C. difficile* RT 017 reference genomes.

Parameters	M68	MAR286
Accession	FN668375.1	CP072118.1
Genome size (bp)	4,308,325	4,242,261
Genes	3,983	3,892
CDS	3,830	3,761
rRNA	40	35
tRNA	109	92
ncRNA	4	4
CRISPR array	4	6
% GC	28.9%	28.8%
AMR loci	*ermB* (Tn*6194*) [MLS$_B$], *tetM* (Tn*6190*) [tetracyclines], D426V (GyrB) [fluoroquinolones]	*ermB* (Tn*6194*) [MLS$_B$], *tetM* (Tn*916*) [tetracyclines]
Pairwise ANI	99.92%	

Using *C. difficile* M68 as a reference, 308 high-quality cgSNPs were identified across 45
C. difficile strains. The final Bayesian phylogenetic tree is shown in **Figure 5**. Based on this
phylogeny, 44 *C. difficile* RT 017 strains, excluding the outlier, could be classified roughly into
three groups: the oldest group (G1, n = 13), most of which were non-MDR *C. difficile* RT 017,
a group of early MDR *C. difficile* RT 017 (G2, n = 15) and the most recent and rapidly
expanding clade of MDR *C. difficile* RT 017 (G3, n = 16). The common ancestor of all Thai
C. difficile RT 017 was estimated to have arisen around 1988 (95%CI: 1949 – 2000). The
common ancestors of the three groups were estimated to have arisen around 1999 (1993 –
2004), 2003 (1995 – 2007) and 2012 (2009 – 2013), respectively.
Seven small clonal groups (CGs) were identified across the tree (CG1 – CG7 in **Figure**
5), three of which (CG2, CG5 and CG7) were from different patients who were in the hospital
during the same period, suggesting possible direct patient-patient transmission (red boxes).
Two CGs (CG1 and CG3), and two small CGs in CG5, included strains that were isolated from
the same patients within 2 months, suggesting recurrence CDI (blue boxes). The other two CGs
(CG4 and CG6) included strains isolated from different patients without an obvious
epidemiological link, one of which included strains from two specimens collected 3 years apart,
suggesting contaminations in the hospital environment (red asterisks). The remaining
C. difficile strains were non-clonal.

Figure 5 – Bayesian tree of 45 Thai *C. difficile* RT 017. "THP" refers to strains isolated in 2015 and "MAR" to strains isolated in 2017 – 2018. Red boxes indicate that the patients were in the same department when the strains were isolated. Blue boxes indicated that the strains were isolated from the same patient within 2 – 8 weeks.

Discussion

Despite being one of the most successful strains of *C. difficile*, very little is known about the evolution and spread of *C. difficile* RT 017. This study addresses this knowledge gap using high-resolution phylogenomic analyses on a comprehensive and diverse dataset of 282 global *C. difficile* RT 017 genomes. We found that the population of *C. difficile* RT 017 can be divided into two lineages, agreeing with the previous study by Cairns *et al* (14). However, data disagrees on the geographical origin of *C. difficile* RT 017. Our study suggests that *C. difficile* RT 017 may have originated in Asia, supporting the epidemiological studies (1), then spread to Europe and North America. This likely resulted from the inclusion of a few older European strains (isolated between 1981 and 1985) to reduce the gap in collection years between the two

continents (p = 0.6745 in this dataset) and a large diversity of Asian strains from 11 countries
and administrative regions.

Based on the difference in structure, the two lineages of *C. difficile* RT 017 were
classified as non-epidemic (NE, a small number of strains with little population expansion) and
epidemic (E, a larger number of strains with rapid population expansion) lineages. Although
not exclusively containing strains from one continent, the NE lineage could be divided into
three sublineages predominantly containing strains from Asia, Europe and North America. This
suggests that the spread of *C. difficile* RT 017 between these continents had occurred since the
end of the 16th century. This roughly coincides with the estimated time of PaLoc acquisition
~500 years ago (45). Sublineages NE$_1$ (Europe) and NE$_2$ (North America) were more closely
related to one another than to sublineage NE$_3$ (Asia). In turn, sublineage NE$_3$ was more closely
related to sublineage NE$_1$ than sublineage NE$_2$, as demonstrated by fewer cgSNP differences
(**Table 2**). Thus, the spread of *C. difficile* RT 017 likely began with population movement
between Asia and Europe (1588, 95% CI: 758 – 1858) before spread from Europe to North
America (1860, 95% CI: 1622 – 1954). The direction of the spread between Asia and Europe
cannot be determined from this analysis, however, based on the high prevalence and diversity
of clade 4 strains in Asia (9-12, 24), it is likely that *C. difficile* RT 017, as well as other strains
in clade 4, originated in Asia, travelled to Europe and subsequently crossed the Atlantic to
North America.

Even though *C. difficile* RT 017 could be found in at least three continents by the end
of the 19th century, the Bayesian analysis suggests that the epidemic lineage E emerged solely
from Asia (sublineage NE$_3$) following the acquisition of *ermB*-positive Tn*6194* in 1958 (95%
CI: 1920 – 1977), before spreading globally in 1970 (95% CI: 1953 – 1983). The time of
acquisition of the *ermB* element coincides with the introduction of clindamycin into clinical
practice in the 1960s (46). This pattern of spread is similar to *C. difficile* RT 027, another
epidemic strain that spread in and from North America in the early 2000s (47) driven by the
acquisition of fluoroquinolone resistance in 1993/94 (47), following the widespread use of
levofloxacin for community-acquired pneumonia (48). This provides supporting evidence that
the use of antimicrobials and the acquisition of AMR determinants are significant in the spread
of *C. difficile*. Although the prevalence of fluoroquinolone and rifamycin resistance was also
high in *C. difficile*, the widespread resistance across all lineages suggests the independent
acquisition of resistance after the spread of the strain.

The analyses were first performed on a small dataset of Thai clinical *C. difficile* RT 017
isolates (n = 45) with complete metadata to evaluate the performance of the pipeline. These
analyses accurately identified four pairs of *C. difficile* strains isolated from the same patients,
provided good correlations between AMR phenotypes and genotypes (16), as well as AMR
genotypes and cgSNP population structure. When performed on the global dataset (n = 282),
the analyses accurately predicted the emergence of *C. difficile* M68 (2001 – 2005), a strain
from a 2003 outbreak in Ireland (20). Also, appropriate timelines for the emergence of
Argentinian (1996 – 2000) and Portuguese (2003 – 2011) clusters (42, 49) were estimated,
supporting the accuracy of the analyses.

Besides the aforementioned AMR genes, the epidemic lineage E was also associated
with the presence of an aminoglycoside resistance locus and a truncated FdhF protein. Being a
strictly anaerobic bacterium, *C. difficile* is intrinsically resistant to aminoglycosides and the
presence of an additional aminoglycoside-resistance locus is unlikely to have provided any
advantage to the bacterium (50). However, it may suggest that the epidemic strains were from
an area with a high prevalence of aminoglycoside-resistant enteric bacteria, especially
enterococci (51). Formate dehydrogenase is an enzyme involved in the reoxidation of
nicotinamide adenine dinucleotide (NAD) (52). Based on the prediction by the UniProt
database (53), the truncated region is the coiled-coil domain that likely serves as a binding site

for NAD. Thus the truncated protein is likely non-functional, however, *C. difficile* has several pathways for oxidising NAD and the truncated FdhF may not ultimately have any effect on growth nor virulence (52). Another significant genetic variant associated with lineage E was a point substitution (W366L) on the diguanylate kinase signalling protein (**Table 2**). This protein is involved in the regulation of cyclic dimeric guanosine monophosphate (c-di-GMP) which plays a role in motility and biofilm formation (40, 43). In our preliminary assessment, strains from lineage E had increased motility and a decreased level of cell aggregation *in vitro*. Further *in vivo* studies are needed to determine how this change affects the virulence and transmissibility of the epidemic strains.

Analyses of the Thai clinical *C. difficile* strains provided information on disease transmission in the country that differs from a previous report from the UK (54). The UK study reported a cluster of closely related *C. difficile* RT 017 strains in a single hospital in London that was different to strains from other parts of the city, suggesting an intra-hospital outbreak (54). In the current study, all Thai strains were isolated in a single tertiary hospital over 4 years (2015 – 2018), however, most of them were not closely related. Overall, these strains were more related to *C. difficile* M68, a strain isolated in Ireland in a different decade (20), than to a non-epidemic strain from the same hospital. This suggests that the high prevalence of *C. difficile* RT 017 in the hospital was not due to an ongoing outbreak. Indeed, evidence of direct patient-patient transmission could be identified in only a few cases. The remaining cases acquired *C. difficile* RT 017 elsewhere, most likely from the community (55, 56).

This study also demonstrates the effect of reference genome selection on the downstream analysis (**Table 1**). The results were comparable when a reference from the same ST was used (an average of 0.49 SNPs difference, clonality cut-off point of 2 SNPs) (30). Differences became more pronounced as the reference strain became less related, suggesting that a reference genome from the same ST should be used to ensure accurate cgSNP results. With the introduction of ONT, it is now possible to assemble a complete genome of a local reference strain to maximise the accuracy of cgSNP analysis using a combination of short and long-read sequences.

A limitation of this study remained the relatively low number of early *C. difficile* RT 017 strains in general and the lack of older strains from Asia. This likely led to some uncertainty in the estimations, as reflected by wide 95% CIs, especially around the root of the Bayesian tree. Although it may be difficult to acquire old clinical strains, it may be possible to get historical strains from other sources. Soil is one promising source for ancient *C. difficile*, as it is a reservoir for *C. difficile* spores and several methods have been developed to measure the age of the soil (57), which can be used as a substitution for the collection date in a Bayesian evolutionary analysis.

In conclusion, *C. difficile* RT 017 had been circulating between Asia and Europe for centuries before spreading to North America. The epidemic lineage of *C. difficile* RT 017 emerged from Asia in the middle of the 20th century following the acquisition of *ermB*. A focused investigation of contemporary *C. difficile* RT 017 in Thailand revealed that the population was highly diverse and community reservoirs/sources may have played an important role in the transmission of disease in this country.

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Additional information

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Conflict of interests

The authors declare that there are no conflicts of interest.

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