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CFTR modulator response measurements in subjects with cystic fibrosis using 2D differentiated nasal epithelia converted into spheroids

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Summary

Cystic Fibrosis (CF) is caused by genetic defects that impair the cystic fibrosis transmembrane conductance regulator (CFTR) channel in airway epithelial cells. These defects may be overcome by specific CFTR modulating drugs, for which the efficacy can be determined in a personalized manner using 3D nasal-brushing-derived airway spheroids in a forskolin-induced swelling (FIS) assay. Despite of this, previously described culture methods and application of 3D airway spheroids in CFTR function assays have not been fully optimal. In this report we describe an alternative method of culturing nasal airway spheroids, which are derived from an equally differentiated airway epithelial monolayer of a 2D air-liquid interface culture. Optimized spheroid culture conditions, enabled consistent detection of CFTR modulator responses in nasal spheroids from subjects with CF, including the highly effective CFTR triple modulator combination therapy VX-661/VX-445/VX-770.

Keywords: Cystic fibrosis, Cystic Fibrosis Transmembrane Conductance Regulator, Nasal epithelium, 3D spheroids, Personalized medicine

Introduction

Cystic fibrosis (CF) is a monogenic epithelial disease caused by mutations in the cystic fibrosis conductance transmembrane regulator (*CFTR*) gene [1]. This defect impairs CFTR-dependent anion conductance in airway epithelia [2], which leads to a severe respiratory disease[3]. CFTR modulators are target-specific drugs that may restore CFTR function in individuals with CF [4]. However, the efficiency of modulators largely depends on the CFTR genotype of an individual with CF. More than 2,000 distinct CFTR mutations have been reported (http://www.genet.sickkids.on.ca//) with variable effects on CFTR expression or function. In addition to common mutations, such as the F508del allele, approximately 1,000 rare mutations have been identified that each affect less than 5 individuals worldwide. This low prevalence makes it unfeasible to determine CFTR modulator drug efficacy in large cohort clinical studies. As an alternative of determining drug efficacy directly in individuals with CF, the effects of CFTR modulators can be predicted using patient-derived epithelial cultures in functional CFTR assays [5]. This is traditionally done with 2D air-liquid interface (ALI)-differentiated airway epithelia by assessment of CFTR-dependent chloride (Cl^-) currents via electrophysiology [6–8] or via indirect measurements of CFTR, such as quantification of ciliary function, airway surface liquid depth, or pH [9–11]. However, a major disadvantage of the ALI-culture model system is the limited scalability. In contrast, CFTR-expressing epithelial organoids/spheroids from various tissues, i.e. airway, intestine, kidney, are emerging as a novel model system in which drug efficacy can be tested more efficiently in a mid-to high-throughput fashion [12–14]. Previously, we and others have shown that intestinal organoids from subjects with CF can be used to predict drug responses in a forskolin-induced swelling (FIS) assay, reflecting CFTR-dependent fluid secretion [15–18]. Nevertheless, based on the origin of CF respiratory disease, it remains postulated that airway epithelial models are more predictive for determining CFTR modulator responses.

Indeed, we previously reported CFTR modulator response measurements in long-term

expanded distal airway organoids using FIS [14]. However, we observed large variations in FIS

measurements, as swelling was limited to well-differentiated spherical structures. Others have

successfully used 3D airway spheroids derived from minimal-invasive nasal brushings in

functional CFTR assays [19–21], which are a more suitable option for personalized drug testing

compared to cultures derived from invasive (tracheo)bronchial and intestinal tissues. However,

previously described functional CFTR assays using nasal spheroids were either low-in

throughput or required CFTR function measurements over extensive time periods [19–21].

Altogether, there is a remaining need for a further optimized and scalable FIS assay using nasal

airway spheroids, which enables efficient CFTR modulator response measurements in subjects

with CF.

In this work, we therefore describe an alternative approach of culturing 3D nasal brushing-

derived airway spheroids and optimal culture conditions for CFTR modulator response

measurements. We first isolate and expand human nasal airway epithelial cells (HNEC),

followed by differentiation in 2D ALI-cultures. Subsequently, fragments of a uniform

differentiated ALI-culture derived monolayer are embedded in Matrigel, leading to conversion

into 3D airway spheroids. Due to initial lack of CFTR modulator responses in nasal spheroids

of individuals with CF and a F508del/F508del genotype, we further optimized spheroid culture

conditions by including the growth factor/cytokine combination neuregulin-1β and IL-1β.

Validation studies using this culture condition showed consistent detection of CFTR modulator

responses in CF nasal spheroid FIS measurements, including repairing effects of the FDA-

approved CFTR triple modulator therapy VX-661/VX-445/VX-770 [22].

Results

Characterization of nasal-brushing-derived 2D airway epithelial cell cultures.

We first optimized the culture procedures for human nasal epithelial cells (HNEC) derived from nasal brushings (Figure 1A). We isolated and expanded brushing-derived HNEC in 2D cell cultures (Figure 1B) using a growth factor-defined and feeder layer-free culture medium (Table S1), integrating culture components from previously described culture protocols [23–26]. HNEC stained positive for p63 and cytokeratin 5 (KRT5), confirming a basal cell phenotype (Figure 1C). After expansion, HNEC were cryo-stored to enable repeated usage of donor materials. We further cultured defrosted and expanded HNEC till passage 4-6, followed by differentiation in conventional 2D ALI-cultures, to recapitulate the mucociliary airway epithelium. This was done using a defined differentiation medium (Table S2) based on previous reports [27,28]. Differentiated ALI-cultures displayed significant lower mRNA expression of basal cell markers and enhanced expression of secretory and ciliated cell markers compared to undifferentiated controls (Figure S1A). In addition, ALI-HNEC displayed a differentiation-dependent increase in trans-epithelial electrical resistance and ciliogenesis (Figure S1B, and C). Well-differentiated ALI-HNEC cultures resembled the native nasal epithelial tissue, by displaying a similar pseudostratified morphology and consisting of luminal MUC5AC$^+$ goblet cells, β-tubulin IV$^+$ ciliated cells, and retaining p63$^+$ and KRT5$^+$ basal cells (Figure 1D). This was furthermore confirmed by whole mount imaging, showing expression of the secretory cell markers MUC5AC, CC10, and basal cell marker p63 at the apical and basal side respectively (Figure 1E). CFTR function and effects of modulators were confirmed in ALI-HNEC from healthy controls (HC) and individuals with CF and a F508del/F508del genotype (CF F508del/F50del). This was done by two independent research laboratories via short-circuit and open-circuit Cl$^-$ current measurements respectively (Figure S1D-F).

Conversion of differentiated ALI-HNEC into 3D nasal spheroids and use in FIS assays.

We previously reported CFTR function measurements in distal airway organoids using a FIS

assay [14]. However, in this study we observed large variation in swelling between individual

organoids, which was restricted to large spherical structures. This is likely caused by the

unsynchronized differentiation of individual organoids, which may influence differentiation-

dependent CFTR function (Figure S2). To overcome this heterogeneity, we developed an

alternative method in which 3D nasal airway spheroids are derived from 2D differentiated ALI-

HNEC cultures. In this method, a differentiated monolayer of an ALI-culture is first dissociated

from the transwell membrane, followed by disruption and embedding of small epithelial

fragments in Matrigel droplets. The differentiated epithelial fragments self-organized into

spheroids within 48 h, with the lumen located at the inside of the structures (Figure 1F). This

was confirmed by visual observation of beating cilia and accumulation of mucus (Video S1),

as well as by immunofluorescence imaging, demonstrating β-tubulin IV$^+$ cilia and MUC5AC$^+$

secretory cells inside of the spheroid, and p63$^+$ and KRT5$^+$ basal cells at the basal side (Figure

1G, H). Next, we determined whether ALI-derived nasal spheroids could be used to measure

CFTR function in FIS assays (Figure 2A). Forskolin stimulation of spheroids from HC subjects

increased swelling in time, which was dose-dependent and reached a plateau at 5 μM forskolin

(Figure 3B-D). FIS measured in nasal spheroids from HC subjects was significantly higher

compared to subjects with CF (Figure 3E, F), thereby demonstrating that HC and CF spheroids

can be distinguished phenotypically based on FIS. In contrast, HC and CF nasal spheroids both

displayed cystic lumens, and were not significant different in size (Figure 3G, H). Chemical

CFTR inhibitors only partially inhibited FIS in HC nasal spheroid cultures, while CF nasal

spheroids displayed a significant increase in swelling upon forskolin stimulation, despite CFTR

dysfunction (Figure S3A-D). Overall, this suggests partial CFTR-independent fluid secretion

in nasal spheroids. To further examine CFTR-independent swelling, we determined the effect

of the Ca^{2+}-activated Cl^- channel (CaCC) activator E_{act} [29] in nasal spheroid swelling.

Interestingly, E_{act} induced a more significant swelling response in CF nasal spheroids compared

to HC cultures (Figure 2I and J). E_{act} has been shown to increase cellular uptake of Ca^{2+} via

transient receptor potential cation channel subfamily V member 4 (TRPV4), a protein which,

similar to CFTR, can be activated in a cAMP/PKA-dependent manner [30,31]. In line with these

findings and in part explaining CFTR-independent FIS, HC and CF nasal spheroid swelling,

induced by the cAMP-enhancing compound forskolin, was partially and completely suppressed

respectively upon TRPV4 inhibition (Figure S3E). Next to TRPV4, we further assessed

inhibition of the CaCC ANO1 (TMEM16A), which however did not reduce FIS in CF nasal

spheroids (n=2 independent donors) (Figure S3F).

Neuregulin and IL-1β improve CFTR modulator responses in CF nasal spheroids.

Although CF and HC spheroids could be distinguished phenotypically based on FIS, we did not

observe repairing effects of the CFTR corrector and potentiator combination VX-809/VX-770

in CF F508del/F508del nasal spheroids from multiple subjects (Figure 3A and B). Therefore,

we aimed to optimize CFTR modulator response measurements, by modifying the spheroid

culture conditions. This was done by examining a panel of growth factors and cytokines, which

were added after plating of the epithelial fragments and during spheroid culturing (Figure 3C).

The examined factors included, neuregulin-1β (NR), which has been reported to enhance

epithelial polarization and differentiation of secretory cells in ALI-cultures [32,33]. Moreover, the

effect of the pro-inflammatory cytokine IL-1β was examined, which has been shown to enhance

CFTR mRNA expression, chloride currents, and CFTR modulator responses in ALI-cultures

[34–38]. In contrast to independent factors, a combination of NR/IL-1β reduced CFTR-independent

FIS and resulted in a clear detection of VX-809/VX-770 modulator responses in CF

F508del/F508del nasal spheroids (Figure 3D and Figure S4A). NR/IL-1β-cultured HC spheroids displayed a similar swelling response compared to control culture conditions (Figure 3E and S4B). In further support of attenuating CFTR-independent fluid secretion, NR/IL-1β attenuated lumen formation in CF nasal spheroids, as quantitated by spheroid size measurements (Figure 3F, G). This effect could be attributed to IL-1β (Figure S4C). Also partly explaining improved CFTR modulator responses, NR/IL-1β increased mRNA expression of *CFTR*, whereas expression of the Ca^{2+} activated chloride channel *ANO1* and Cl^- channel *SLC26A9* were reduced and enhanced respectively (Figure 3H). In contrast, NR/IL-1β did not affect the expression of mucociliary differentiation markers (Figure 3H and S4D). Next, we further validated FIS measurements in the NR/IL-1β culture condition, by examining a larger cohort of HC and CF subjects. HC nasal spheroid cultures displayed a significant higher swelling response when compared to cultures from CF F508del/F508del subjects (Figure 4A, B, and D). Moreover, the CFTR modulator combination VX-809/VX-770 consistently enhanced FIS measured in CF F508del/F508del spheroid cultures from 7 independent subjects (Figure 4C and D, S5A). In addition to VX-809, FIS responses in CF F508del/F508del spheroids (n=1 donor) were modulated upon treatment with other CFTR correctors (Figure S5B). We were also able to detect VX-770 potentiator responses in nasal spheroids from subjects with CF and a S1251N gating mutation (Figure S5C-E). Moreover, the novel highly effective CFTR triple modulator therapy VX-445/VX-661/VX-770 [22], induced a high increase in FIS measurements in CF F508del/F508del spheroids cultured with NR/IL-1β (Figure 4E,F,G). VX-445 by itself did not increase FIS, whereas chemical CFTR inhibition completely diminished increases in swelling by VX-445/VX-661/VX-770, demonstrating CFTR-dependence of the modulator treatment effect (Figure S5F and G).

Discussion

In this report, we describe a new method of culturing nasal brushing-derived airway spheroids, which can be used in a functional CFTR assay to quantify target-specific drug responses. To overcome the unsynchronized differentiation observed in previously reported 3D airway organoids [14], we setup up a novel approach in which evenly differentiated spheroids are established from ALI-differentiated airway epithelial monolayers. This approach was based on our experience with culturing airway organoids from resected tissues, in which we observed that tissue-derived epithelial fragments self-organize into organoids within a few days after gel embedding. Based on this observation and the assumption that ALI-cultures reflect the differentiated airway epithelia tissue, we proposed that epithelial fragments from 2D-cultures could be converted into 3D spheroids as well. Indeed, embedding of differentiated ALI-derived epithelial fragments in Matrigel led to formation of spheroids, which directly displayed a differentiated phenotype. From a single 12 mm^2 transwell insert we are able to generate a yield of spheroids that is sufficient for 48 independent wells (approx. 25-50 spheroids/well) of a 96 well plate used in FIS assays. In terms of scalability, this demonstrates a major advantage of our method compared to the conventional use of 2D ALI-cultures.

As previously reported with other CFTR-expressing organoids/spheroids [12–14], fluid secretion can be quantified in ALI-derived nasal spheroid swelling using a FIS assay. Although, we were able to discriminate HC from CF nasal spheroids cultures based on FIS, further characterization studies suggested a role of CFTR-independent fluid secretion in mediating spheroid swelling. This was in part explained by studies using an activator (E_{act}) and inhibitor of TRPV4, demonstrating a role of Ca^{2+} in mediating CFTR-independent fluid secretion. Interestingly, E_{act}-induced swelling was significant higher in CF nasal spheroids compared to HC controls, suggesting enhanced CFTR-independent fluid secretion upon CFTR dysfunction. We were unable to reduce spheroid swelling with a specific inhibitor of the CaCC ANO1. This suggests

the involvement of another chloride channel in mediating CFTR-independent FIS. The partial

and lack of effects of chemical CFTR and ANO1 inhibitors might also be due the inefficient

penetration of the compounds to the apical surface of the spheroids. Further research is therefore

required to gain further insight into the mechanism underlies CFTR-independent fluid secretion

in nasal spheroids. For instance, by more accurate gene knock-out studies using CRISPR gene

editing.

We were initially unable to detect effects of the CFTR modulators VX-809/VX-770 in CF

F508del/F508del nasal spheroids, likely due to high CFTR-independent FIS and low CFTR

expression. Therefore, we optimize the spheroid culture conditions by including NR/IL-1β. In

support of enhanced CFTR specificity, NR/IL-1β reduced CFTR-independent swelling, while

increasing and reducing the expression of CFTR and CaCC ANO1 respectively. Alterations in

ion channel expression corresponded with a recent study showing similar outcomes in IL-1β

stimulated ALI-cultured airway epithelial cells [37]. The Cl⁻ channel SLC26A9 was also increased

upon stimulation with NR/IL-1β, which may support CFTR function, as proposed by others [39].

The NR/IL-1β culture condition likely reflects the chronically inflamed airway epithelium of

individuals with CF, and therefore act as physiological conditions for testing CFTR modulator

responses in nasal spheroids. However, further research is required to determine whether

NR/IL-1β also improve CFTR modulator responses in other airway model systems, such as

distal airway organoids, or other CFTR-expressing epithelial cells.

We further validated the NR/IL-1β spheroid culture conditions using multiple FDA-approved

CFTR modulating drugs. In addition to consistent responses to VX-809/VX-770 in CF

F508del/F508del nasal spheroids, this included the highly effective CFTR modulator therapy

VX-445/VX-661/VX-770, in line with promising clinical outcomes [22]. In both the initially

tested spheroid culture conditions and the optimized conditions with NR/IL-1β, we could not

discriminate HC from CF spheroids based on lumen size, which is in contrast to the CFTR-

dependent intestinal organoid model [12,16]. Another limitation of our study is the low number of

donors used in several experiments. Furthermore, due to limited numbers of donors with diverse

CFTR genotypes, we were furthermore unable to determine whether residual FIS correlated to

disease severity, as shown by others [21]. The potential clinical impact of our method will be

determined in follow up studies, in which we will explore whether CFTR modulator responses

in ALI-derived nasal spheroids are predictive for therapy efficacy in individuals with CF, and

how this correlates with other *in vitro* measurements, i.e. intestinal organoids and 2D ALI-

differentiated nasal/bronchial airway epithelial cultures [8,15,40]. Furthermore, our method may

be used to examine novel target-specific therapies for subjects with CF with unmet, such as

assessment of CRISPR-gene editing, read-through agents, or compounds targeting nonsense

mediated decay. Moreover, complementary to 2D ALI-cultures, our novel airway spheroid

culture method may potentially be further used to model other respiratory diseases.

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Author Contributions

Conception and/or design: GA, LR, CE, JMB; Acquisition, analysis, or interpretation of data: GA, LR, HR, EA, IS, WN, SV, BA, EK, JEB, SM, KW, HH, LK, MA, CE, JMB; Drafting the work or revising it critically for important intellectual content: GA, CD, MA, CE, JMB; Final approval of the version submitted for publication; GA, LR, HR, EA, IS, WN, SV, BA, EK, JEB, CD, SM, KW, HH, LK, MA, CE, JMB.

Competing Interests

JMB has a patent granted (10006904) related to CFTR function measurements in organoids and received personal fees from HUB/ Royal Dutch academy of sciences, during the conduct of the study; non-financial support from Vertex Pharmaceuticals, and personal fees and non-financial support from Proteostasis Therapeutics, outside the submitted work. CE reports grants from GSK, Nutricia, TEVA, Gilead, Vertex, ProQR, Proteostasis, Galapagos NV, Eloxx pharmaceuticals, outside the submitted work; In addition, CE has a patent related to CFTR function measurements in organoids (10006904) with royalties paid. MA reports grants and personal fees from Vertex Pharmaceuticals, grants from Gilead Sciences, Inc., grants and

  Figure Legends

Figure 1) Conversion of differentiated ALI-HNEC cultures into 3D nasal airway

spheroids. (A) Graphic illustration of workflow showing isolation and differentiation of nasal

brushing-derived HNEC, followed by conversion into 3D nasal spheroids. (B) Brightfield

images of a HNEC expansion culture. (C) Immunofluorescent (IF) staining of HNEC with basal

cell markers p63 (red) and cytokeratin 5 (KRT5, green). (D) Sections of nasal tissue (top) and

18 days differentiated ALI-HNEC (bottom), demonstrating IF staining of MUC5AC (goblet

cells, red), β-tubulin IV (ciliated cells, green), p63 and KRT5 (both basal cell markers, green

and red respectively). (E) Whole-mount IF confocal images of ALI-HNEC differentiated for 18

days, showing maximal projections of the apical side of the secretory cell markers MUC5AC

and Club Cell protein 10 (CC10), and ciliated cell marker β-tubulin IV (Z-stack at the bottom).

The projection of the basal side shows the basal cell marker p63 (Z-stack at the bottom). All

epithelial markers are shown in green. (F) Time course showing self-organization of

differentiated ALI-HNEC-derived epithelial fragments into spheroids. (G) IF staining of nasal

spheroids for β-tubulin IV, MUC5AC, and p63 (all in green). H) Confocal images showing in

the top panels staining with DAPI (blue), β-tubulin IV (green), and MUC5AC (red). The bottom

panels show staining with DAPI (blue), p63 (green), and KRT5 (red). DAPI (blue) was used as

nuclear staining (C-E, G, and H). Phalloidin (red) was used as actin cytoskeleton staining (E

and G). See also Figure S1, S2 and Supplemental Video 1.

Figure 2) Forskolin-induced swelling assay with ALI-culture derived nasal spheroids. (A)

Graphic illustration showing FIS assay with ALI-derived nasal spheroid cultures. (B)

Representative brightfield images (top) and images of calcein green acetoxymethyl (AM)

esters-strained (bottom) spheroids from a HC subject, which were unstimulated (Control) or

treated with forskolin (Fsk, 5 µM). Images were taken at t=0, 60, and 120 min after stimulation. (C and D) Nasal spheroids from HC subjects (n=5 independent donors) were stimulated with different concentrations of Fsk (0-10 µM), followed by quantification of FIS. (E and F) Comparison between HC and CF nasal spheroid swelling (both n=8 independent donors) after Fsk, (5 µM) stimulation. (G) Representative brightfield images of nasal spheroids from HC subjects and subjects with CF. (H) Quantification of the mean spheroid area (μm^2, means ± SD) of HC and CF spheroids (both n=6 independent donors). (I and J) Comparison between HC and CF nasal spheroid swelling (both n=6 independent donors) after stimulation with the calcium-activated chloride channel agonist E_{act} (10 µM). Results are depicted as the percentage change in surface area relative to t=0 (normalized area) measured at 15-minute time intervals for 2 h (means ± SD) (C, E, I), and area under the curve (AUC) plots (t=120 min, means ± SD) (D, F, J). Analysis of differences was determined with a one-way ANOVA and Bonferroni *post-hoc* test (D), and unpaired t-test (F, H, J). ** $p<0.01$, *** $p<0.001$, **** $p< 0.0001$. See also Figure S3.

Figure 3) Optimization of CFTR modulator response measurements with NR/IL-1β.

(A and B) CF F508del/F508del nasal spheroids (n=8 independent donors) were pre-treated with VX-809 or vehicle control for 48 h. Subsequently, FIS was determined after acute stimulation with Fsk, (5 µM), together with VX-770 or vehicle control. (C) Illustration showing culturing of nasal spheroids with NR/IL-1β. (D) CF F508del/F508del nasal spheroids (n=3 independent donors) were cultured at control conditions, or stimulated with neuregulin (NR, 0.5 nM), interleukin-1β (IL-1β, 10 ng/ml), or combination (NR+IL-1β) for 5 days. At day 3, cultures were pre-treated with VX-809 or vehicle control for 48 h, and afterwards acutely stimulated with forskolin (Fsk, 5 µM) in combination with VX-770 or vehicle control before measuring FIS. (E) Assessment of FIS in HC spheroids (n=3 independent donors) cultured under control

conditions or with NR+IL-1β for 5 days. FIS assay results are depicted as the percentage change in surface area relative to t=0 (normalized area) (means ± SD) (A), and area under the curve (AUC) plots (t=120 min, means ± SD) (B, D, E). (F) Brightfield images of CF F508del/F508del nasal spheroids cultured in control conditions or with NR+IL-1β for 5 days. (G) Quantification of the mean spheroid area (μm^2, means ± SD) of control and NR+IL-1β cultured CF F508del/F508del spheroids (n=3 independent donors). (H) mRNA expression analysis of CF F508del/F508del nasal spheroids (n=3-6 independent) that were left unstimulated (Control) or cultured with NR+IL-1β for 5 days. mRNA expression was determined of *CFTR*, *ANO1*, *SLC26A9,* (all chloride channels), *SPDEF* (secretory cells) and *FOXJ1* (ciliated cells). Results represent target mRNA expression normalized for the geometric mean expression of the housekeeping genes *ATP5B* and *RPL13A* (means ± SD). Analysis of differences was determined with an unpaired t-test (B, E) and paired t-test (D, G, H). * $p<0.05$, ** $p<0.01$. See also Figure S4.

Figure 4) Validation of CFTR modulator responses in NR/IL-1β-cultured nasal spheroids. (A) Brightfield images (top) and images of calcein green AM-stained (bottom) nasal spheroids cultured with NR/IL-1β, showing FIS in HC and CF F508del/F508del cultures. Images were taken at t=0, and 120 min. (B-D) Swelling of (B) HC nasal spheroids (n=5 independent donors) and (C) CF F508del/F508del spheroids (n=7 independent donors) cultured with NR/IL-1β. HC nasal spheroids were left untreated (control) or stimulated with Fsk (5 μM). CF nasal spheroids were first pre-treated with VX-809 or vehicle for 48 h, before stimulation with Fsk in combination with VX-770 or vehicle. (E) Images of calcein green AM-stained CF F508del/F508del spheroids cultured with NR/IL-1β. Spheroids were pre-treated with vehicle (top panels) or triple CFTR modulator combination VX-661/VX-445 (bottom panels) for 48 h, before acute stimulation with Fsk in combination with VX-770 or vehicle control. Images were

taken at t=0, and 120 min. (F and G) CF F508del homozygous nasal spheroids cultured with NR/IL-1β (n=4 independent donors) were pre-treated with vehicle, VX-661 or a combination of VX-661 and VX-445 for 48 h. Swelling was determined afterwards following acute stimulation with Fsk together with VX-770 or vehicle. Swelling results are depicted as (B,C,F) the percentage change in surface area relative to t=0 (normalized area) measured at 15-minute time intervals for 2 h (means ± SD), and (D,G) area under the curve (AUC) plots (t=120 min, means ± SD). Analysis of differences was determined with a paired t-test (D; within groups, G), unpaired t-test (D; HC compared to CF)., ** p<0.01, *** p<0.001, **** p< 0.0001. See also Figure S4 and S5.

Methods

Resources Table

Reagent or Resource	Source	Identifier
Antibodies		
Mouse IgG1 anti-β-tubulin IV	Emergo Biogenex	#MU178-UC
Rabbit anti-β-tubulin IV	Abcam	#ab179509
Rabbit anti-MUC5AC	Abcam	#ab198294
Rabbit anti-P63	Abcam	#ab124762
Mouse IgG1 anti cytokeratin 5	Abcam	#ab17130
Mouse IgG1 anti-CC10	Acris, Origene	#AM26360PU-N
Goat anti-Mouse IgG1, Alexa Fluor 488	Invitrogen	#A-21121
Goat anti-Mouse IgG1, Alexa Fluor 647	Invitrogen	#A-21240
Goat anti-Rabbit IgG, Alexa Fluor 488	Invitrogen	#A-11034
Goat anti-Rabbit IgG, Alexa Fluor 546	Invitrogen	#A-11035

Biological Samples		
Nasal brushings	UMC Utrecht	Protocol ID: 16/586, NL54885.041.16
Nasal turbinate tissue	Academic Medical Center Amsterdam	N/A
Chemicals, Peptides, and Recombinant Proteins		
TrypLE express enzyme	Fisher scientific	# 12605010
Sputolysin	Calbiochem	#560000-10
Collagen IV	Sigma-Aldrich	#C7521
CryoStor® CS10	StemCell Technologies	#07930
PureCol	Advanced BioMatrix	#5005
Bronchial epithelial cell medium-basal (BEpiCM-b)	Sciencell	#3211
Advanced DMEM F12	Thermo Fisher	#12634-028
B-27 Supplement, serum free	Thermo Fisher	#12587010
GlutaMAX Supplement	Thermo Fisher	#35050-061
HEPES	Thermo Fisher	#15630080
(±)-Epinephrine hydrochloride	Sigma-Aldrich	#E4642
Hydrocortisone	Sigma-Aldrich	#H0888

3,3′,5-Triiodo-L-thyronine sodium salt	Sigma-Aldrich	#T6397
N-Acetyl-L-cysteine	Sigma-Aldrich	#A9165
Nicotinamide	Sigma-Aldrich	#N0636
SB02190	Sigma-Aldrich	#S7067
DMH-1	Selleck Chemicals	#S7146
A83-01	Tocris	#2939/10
Y-27632	Selleck Chemicals	#S1049
DAPT	Fisher Scientific	#15467109
TTNPB	Cayman	#16144-1
Recombinant human FGF-7	Peprotech	#100-19
Recombinant human FGF-10	Peprotech	#100-26
Recombinant human EGF	Peprotech	#AF-100-15
Recombinant human HGF	Peprotech	#100-39H
Recombinant Neuregulin-1β	Peprotech	#100-03
Recombinant Interleukin 1β	Peprotech	#200-01B
Penicillin-Streptomycin	Thermo Fisher	#15070-063
Primocin	Invivogen	#ant-pm-2
Amphotericin B	Thermo Fisher	#15290018

Gentamicin	Sigma-Aldrich	#G1397
Vancomycin	Sigma-Aldrich	#SBR00001
Collagenase type II	Thermo Fisher	#17101-015
CFTRinh-172	Sigma-Aldrich	#C2992
GlyH101	Sigma-Aldrich	#219671
VX-809	Selleck Chemicals	# S1565
VX-661	Selleck Chemicals	#S7059
VX-770	Selleck Chemicals	#S1144
Correctors C1-18	Cystic Fibrosis Foundation Therapeutics	https://www.cff.org/Research/Researcher-Resources/Tools-and-Resources/CFTR-Chemical-Compound-Program/
Forskolin	Sigma-Aldrich	#F3917
Ani9	Sigma-Aldrich	# SML1813
Benzamil	Sigma-Aldrich	# B2417
RN-1734		#R0658
3-Isobutyl-1-methylxanthine	Sigma-Aldrich	# I5879
Amiloride	Sigma-Aldrich	#1019701
Calcein green acetoxymethyl (AM)	Invitrogen	#C34852
Alexa Fluor 555 Phalloidin	Invitrogen	#A34055
Phalloidin-iFluor 405	Abcam	#ab176752
Prolong Gold antifade reagent	Thermo Fischer	#P36934

Prolong Gold antifade reagent with DAPI	Thermo Fischer	#P36935
iQ SYBR Green Supermix	Bio-Rad	#1708880
Critical Commercial Assays		
RNeasy Mini Kit	Qiagen	#74104
iScript cDNA synthesis kit	Bio-Rad	#1708891
Experimental Models: Cell Lines		
Human nasal airway epithelial cells (HNEC)	This paper	N/A
Hek293T – R-spondin-1 mFc cell line	Trevigen Cat# 3710-001-	N/A
Oligonucleotides		
Primers used for this manuscript		Table S4
Equipment		
Zeiss LSM800 confocal microscopy	Zeiss	N/A
Leica SP8X confocal microscope	Leica	N/A
Leica THUNDER imager	Leica	N/A

Leica TCS SP8 STED 3X microscope	Leica	N/A
Ussing chamber system	Physiologic Instruments	N/A
Voltage clamp	World Precision Instruments	#DVC-1000
PowerLab	AD Instruments	#8/30
Epithelial voltohmmeter EVOM2	World Precision Instruments	N/A
Nanodrop spectrophotometer	Thermo Fisher	N/A
CFX96 real-time detection machine	Bio-Rad	N/A
Software and Algorithms		
Zen Blue Software	Zeiss	https://www.zeiss.com/microscopy/int/products/microscope-software/zen.html
Prism 8	GraphPad Software Inc.	https://www.graphpad.com/scientific-software/prism/
Microsoft Excel	Microsoft Corporation	https://office.microsoft.com/excel
Adobe Illustrator	Adobe	https://www.adobe.com/nl/products/illustrator.html
LabChart 6	AD Instruments	https://labchart.software.informer.com/6.0/
CFX Manager 3.1	BioRad	https://www.bio-rad.com/en-us/sku/1845000-cfx-manager-software?ID=1845000
LAS X software	Leica	https://www.leica-microsystems.com/products/microscope-software/p/leica-las-x-ls/
ImageJ/FIJI		https://imagej.net/Fiji/Downloads

Others		
Cytological brush	CooperSurgical	#C0004
12 mm Transwell® with 0.4 µm Pore Polyester Membrane Insert	Corning	#3460
6.5 mm Transwell® with 0.4 µm Pore Polyester Membrane Insert	Corning	#3470
Matrigel	Corning	#354230
BC isolation and expansion medium		Table S1
Air-liquid interface differentiation medium		Table S2
Airway spheroid culture medium		Table S3

Patient materials and sample collection

Nasal brushings were collected from healthy volunteers without respiratory tract symptoms

(n=22 independent donors), and subjects with CF (n=22 independent donors) by a trained

research nurse or physician, essentially as previously described [41]. Sampling of adults was

conducted using a cytological brush and without anesthetics. Nasal brushings of infants (<6

years old) were collected with a modified interdental brush [42]. Samples were taken from the

inferior turbinates of both left and right nostrils and stored in collection medium, consisting of

advanced (ad)DMEM/F12, with GlutaMAX (1% v/v), HEPES (10 mM), Penicillin-

Streptomycin (1% v/v), and Primocin (100 µg/mL). Nasal brushings were collected and stored

with informed consent of all participants and was approved by a specific ethical board for the

use of biobanked materials TcBIO (Toetsingscommissie Biobanks), an institutional Medical

Research Ethics Committee of the University Medical Center Utrecht (protocol ID: 16/586).

Nasal samples from infants with CF were collected as part of the Precision study (protocol ID:

NL54885.041.16), which was approved by the Medical Research Ethics Committee of the

University Medical Center Utrecht (Utrecht, The Netherlands). Resected inferior nasal

turbinate tissue was obtained from a subject who underwent corrective surgery for turbinate

hypertrophy at the Academic Medical Center in Amsterdam, the Netherlands. The tissue was

accessible for research within the framework of patient care, in accordance with the "Human

Tissue and Medical Research: Code of conduct for responsible use" (2011) (www.federa.org),

describing the no-objection system for coded anonymous further use of such tissue without

necessary written or verbal consent.

Isolation and expansion of human nasal airway epithelial cells as 2D-cultures

Nasal cells were dissociated from the brush in the collection medium by scraping through a

sterile P1000 pipette tip with the top cut off. After centrifugation (400 g for 5 min), the pellet

was treated with TrypLE express enzyme, supplemented with 1x Sputolysin. The cells were

incubated for 10 min at 37 ºC and strained using a 100 µm strainer. After centrifugation (400 g

for 5 min), the remaining pellet was used for isolation of human nasal epithelial cells (HNEC).

HNEC were isolated and expanded on 6-well culture plates coated with collagen IV (50 µg/mL)

and using BC isolation and expansion medium (Table S1) respectively. BC isolation medium

contained additional antibiotics to suppress microbial outgrowth and was used during the first

week of epithelial cell isolation, before switching to BC expansion medium. BC expansion

medium included the gamma-secretase inhibitor DAPT, which reduces outgrowth of squamous

cells at late passages. Growth factors (FGF7, FGF10, EGF, and HGF) were added freshly to the

culture medium. Cultures were refreshed three times a week (Monday, Wednesday, Friday).

After reaching 80-90% confluency, cells were passaged with TrypLE express enzyme and

further expanded for one passage before freezing with CryoStor® CS10, supplemented with Y-

27632 (5 µM) to create a master cell bank. For further use, a work cell bank was created of

passage 2 cells, which was cryo-stored before further use.

467   Differentiation of 2D ALI-HNEC cultures

Expanded HNEC (passage =4-6) were cultured on transwell inserts (0.4 µm pore size polyester

membrane), which were coated with PureCol (30 µg/mL). Cells were seeded in a density of 0.2

or $0.5*10^6$ cells on 24 or 12 wells inserts respectively and cultured in submerged conditions in

BC expansion medium until reaching confluency. Afterwards, culture medium was changed

with air-liquid interface (ALI)-differentiation medium (Table S2) supplemented with A83-01

(500 nM), and cells were additionally cultured in submerged condition for 1-2 days.

Subsequently, culture medium at the apical side was removed and cells were further

differentiated as ALI-cultures. After 3-4 days, cells were refreshed with ALI-diff medium

without additional A83-01 and differentiated for at least 14 additional days at ALI-conditions.

Medium was refreshed twice a week (Monday and Thursday or Tuesday and Friday), and the

apical side of the cultures was washed with PBS once a week. The trans-epithelial electrical

resistance (TEER) was measured with an epithelial voltohmmeter (EVOM2), to determine the

airway epithelial barrier integrity of ALI-HNEC cultures during differentiation. The mean

resistance was corrected for the surface area of the transwell insert (⌀ 6.5 mm) and depicted as

$\Omega*cm^2$.

Conversion of 2D differentiated ALI cultures into airway spheroids

Differentiated ALI-cultures were washed at the apical surface with PBS and subsequently treated at the basolateral side with collagenase type II (1 mg/mL) diluted in adDMEM/F12. Cultures were incubated at 37 ºC and 5% CO_2 for 45-60 min until the epithelium detaches from the transwell insert. Next, the dissociated epithelial layer was transferred to a 15 ml tube in 1 ml adDMEM/F12 + 10 % (v/v) Fetal bovine serum (FBS), mechanically disrupted into smaller fragment by pipetting, and strained with a 100 µm filter. After centrifugation (at 400 g, 5 min), the epithelial pellet was resuspended in ice-cold 75% growth factor reduced Matrigel (v/v in airway spheroid (AS) medium Table S3). Next, epithelial fragments were embedded in 30 µl Matrigel droplets on pre-warmed 24-well suspension plates. Droplets were solidified at 37 ºC and 5% CO_2 for 20-30 min, before adding 0.5 ml AS medium (Table S3). In optimized conditions for measuring CFTR modulator responses, AS culture medium was further supplemented with neuregulin-1β (NR, 0.5 nM) and interleukin-1β (IL-1β; 10 ng/ml). Besides, NR/IL-1β we furthermore examined the effects of culturing with other interleukins i.e. IL-13, IL-4, IL-10, and the growth factors: fibroblast growth factor 2, 7, 10, hepatocyte growth factor, and insulin-like growth factor 1, which did not improve the detection of CFTR modulator responses (*data not shown*). AS medium was refreshed twice a week (Monday and Thursday or Tuesday and Friday).

Forskolin-induced swelling (FIS) assay

ALI-derived nasal airway spheroids were used in forskolin-induced swelling (FIS) assays, essentially as previously described with minor adaptation [14,43]. In short, airway spheroids were transferred 3-5 days after conversion in 96-well plates in 4 µl droplets of 75% matrigel (v/v in

AS medium), containing approx. 25-50 structures. After solidification of droplets, 100 µl AS medium was added to each well. In optimized conditions for measuring CFTR modulator responses, AS culture medium was supplemented with neuregulin-1β (0.5 nM) and interleukin-1β (10 ng/ml). Spheroid swelling was conducted in quadruplicates. In indicated experiments, spheroid cultures were pre-treated with CFTRinh-172 and GlyH101 (CFTRi, both 50 µM), Ani9 (ANO1i; 10 µM), or RN-1734 (TRPV4i; 10 µM) or vehicle as negative control, for 4 h. CFTR correctors: VX-809, VX-661 (both 10 µM), VX-445 (5 µM), C1-18 (all 10 µM) or vehicle were pre-treated for 48 h. Before assessment of FIS, spheroid cultures were stained with Calcein green AM (3 µM) for 30 min. Afterwards, spheroids were stimulated with forskolin with indicated concentration. In cultures from subjects with CF, the CFTR potentiator VX-770 (10 µM) or vehicle was added together with forskolin. Swelling of nasal spheroids was quantitated by measuring the increase of the total area of calcein green AM-stained spheroids in a well during 15-min time intervals for a period of 2 h. Images were acquired with a Zeiss LSM800 confocal microscopy, using a 2.5 or 5x objective and experiments were conducted at 37°C and 95% O_2/5% CO_2 to maintain a pH of 7.4. Data was analysed using Zen Blue Software and Prism 8.

Ussing chamber experiments

Short-circuit current (Isc) measurements were conducted with an Ussing chamber system using a voltage clamp using differentiated ALI-HNEC, cultured on transwell inserts (⌀ 6.5 mm). Electrophysiological analyses were carried out along an apical-to-basolateral Cl− gradient to maximize apical CFTR function measurements, by using a basolateral buffer consisting of 120 mM NaCl, 25 mM $NaHCO_3$, 3.33 mM KH_2PO_4, 0.83 mM K_2HPO_4, 1.2 mM $CaCl_2.H_2O$ and 1.2 mM $MgCl_2.6H_2O$, and apical buffer consisting of 1.2 mM NaCl, 25 mM $NaHCO_3$, 3.33 mM KH_2PO_4, 0.83 mM K_2HPO_4, 1.2 mM $CaCl_2.H2O$ and 1.2 mM $MgCl_2.6H2O$ and 141 mM

Na-gluconate. During measurement, ALI-HNEC were sequentially stimulated with Benzamil

(5 µM, apical side) to block epithelial Na^+ channel-mediated currents, The CFTR potentiator

VX-770 (5 µM, apical/basolateral side, only in VX-809 treated CF ALI-HNEC), followed by a

mix of cAMP agonist forskolin/IBMX (10 µM /100 µM, apical/basolateral side), and the

specific CFTR channel blocker CFTRInh-172 (5 µM, apical side). Measurements were

conducted at a bath temperature of 37°C and continuously gassing with 95% O_2/5% CO_2 to

maintain a pH of 7.4. Tracings were recorded and analyzed with PowerLab and LabChart 6.

For open circuit measurements, transwell inserts (⌀ 12 mm) were mounted in the chamber

device and continuously perfused at the apical and basal side with a Ringer solution of the

following composition (mmol/L) 145 NaCl, 1.6 K_2HPO_4, 1 $MgCl_2$, 0.4 KH_2PO_4, 1.3 Ca^{2+}

Gluconate and 5 Glucose, and pH adjusted to 7.4. Following a 20 min stabilization period

amiloride (20µM) was added to the apical side to block epithelial Na^+ channel-mediated

currents, followed by forskolin/IBMX (2µM/100µM), VX-770 (3µM) and CFTRInh-172

(30µM) were added sequentially. Transepithelial Voltage (V_{te}) values were recorded at all times

with Power Lab software (AD Instruments Inc.). Values for V_{te} were referred to the basal side

of the epithelium and transepithelial resistance (R_{te}) was determined by applying short

intermittent pulses (0.5 µA/s), measuring pulsated deviations in V_{te} and accounting for the area

of the inserts. An empty insert was previously recorded to correct the measured values. Short-

circuit currents (I_{eq-sc}) were calculated according to Ohm's law from V_{te} and R_{te} ($I_{eq-sc} = V_{te} / R_{te}$).

RNA extraction, cDNA synthesis, and quantitative real time PCR

Total RNA was extracted from ALI-cultures using the RNeasy Mini Kit according to the manufacturer's protocol. RNA yield was determined by a Nanodrop spectrophotometer and subsequently cDNA was synthesized by use of the iScript cDNA synthesis kit according to the manufacturer's protocol. Quantitative real-time PCR (qPCR) was performed with specific primers (Table S4) using the iQ SYBR Green Supermix and a CFX96 real-time detection machine. CFX Manager 3.1 software was used to calculate relative gene expression normalized to the housekeeping genes *ATP5B* and *RPL13A* according to the standard curve method.

Immunofluorescence staining and microscopy

2D expanded HNEC and ALI-HNEC cultures were fixed in 4% paraformaldehyde for 15 min, permeabilized in 0.25% (v/v) Triton-X in PBS for 30 min and treated with blocking buffer, consisting of 1% (w/v) BSA and 0.25% (v/v) Triton-X in PBS, for 60 min. Next, primary antibodies (1:500) in blocking buffer were added at the apical side and incubated for 1-2 h or overnight. Afterwards, cells were washed three times with PBS and incubated with secondary antibodies and Phalloidin (1:500) in blocking buffer for 30 min in dark, followed by three washings in PBS. Transwell membranes were subsequently cut from the inserts and placed on slides. All samples were mounted with Prolong Gold antifade reagent with or without DAPI. Resected nasal tissue and ALI-HNEC cultures were fixed with 4 % paraformaldehyde and embedded in paraffin after dehydration. After deparaffinization followed by antigen retrieval using citrate buffer (pH = 6) for 20 min, the 5 µm sections were permeabilized in 0.25% (v/v) Triton-X in PBS for 15 min, then treated with blocking buffer, consisting of 5% (w/v) BSA and 0.025% (v/v) Triton-X in PBS, for 30 min. Primary antibodies in blocking buffer, were incubated for 2 h, followed by incubation of secondary antibodies for 1 h. Samples were mounted with Prolong Gold reagent with DAPI. Spheroids plated in 4 µl droplets of 75% matrigel (v/v) in a 96 wells plate, were fixed with 4 % paraformaldehyde for 10 min, and stained

as previously described [14,44], using indicated primary antibodies. Images were acquired with a

Leica SP8X confocal microscope, Leica THUNDER imager, and Leica TCS SP8 STED 3X

microscope. Images were processed using LAS X software and ImageJ/FIJI.

Quantification and statistical analysis

Swelling assays were conducted in quadruplicates for each experimental condition, and results

are shown as mean ± SEM of independent subjects. Increases in the total surface area of a

spheroids in a single well is calculated as normalized swelling, relative to t=0, which is set as

baseline of 100%. For swelling assays, statistical analysis was assessed with area under the

curve (AUC) values (t=120 min). Analysis of differences was determined with a one/two-way

repeated measurements ANOVA and Bonferroni *post-hoc* test or (un)paired Student's t-test as

indicated in the figure legends. Normal distribution was tested using the Shapiro Wilk test.

Differences were considered significant at $p < 0.05$. Statistical analysis was conducted using

Prism 8 (GraphPad Software Inc.).

Data and Software Availability

All data is provided with the manuscript.

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