The role of trade-offs and feedbacks in shaping integrated plasticity, behavioral syndromes, and behavioral correlations

Ned A. Dochtermann

Department of Biological Sciences, North Dakota State University

ned.dochtermann@gmail.com

DATA AND MODEL AVAILABILITY

Model code, as well as the data associated with Figures 2 & 3, are available at github.com/DochtermannLab/FeedbacksModel. Both code and data will be made available at Dryad if accepted.

ACKNOWLEDGMENTS

The author thanks R. Royauté, J. Saltz, and D. Westneat for helpful discussions. This work was funded by NSF-IOS 1557951

The role of trade-offs and feedbacks in shaping integrated plasticity, behavioral syndromes, and behavioral correlations

INTRODUCTION

Despite a decade and a half of intensive research effort, we still have little understanding of

why behavioral responses are frequently correlated. This gap in our understanding stems

from the fact that much of the work looking into behavioral correlations has focused on

among-individual correlations, i.e. "behavioral syndromes" (Figure 1A & 1B, Box 1; Sih et al.

2004a, Sih et al. 2004b, Dingemanse et al. 2010, Dingemanse et al. 2012). Unfortunately,

this focus on syndromes ignores the fact that behavioral correlations are, instead, primarily

due to within-individual correlations (Box 1, Figure 1C).

One contributor to within-individual correlations is "integrated plasticity" (Box 1,

Table 1). Within-individual correlations include—but are not limited to—correlated plastic

responses to temporary environmental variation, specifically responses to unmeasured or

unmodeled environmental variation. This variation is akin to "phenotypic flexibility"

(Piersma and Van Gils 2011) but integrated across multiple behaviors. Despite more

---

Box 1. The relationship of behavioral syndromes and integrated plasticity to behavioral correlations: the primacy of integrated plasticity

Behavioral correlations at the population and phenotypic level (r_p) emerge from the joint contributions of among-individual correlations, i.e. behavioral syndromes (r_A), and within-individual correlations (r_w, Figure 1; (Dingemanse et al. 2012)). The relative influence of each of these on observed correlations is mediated by the repeatability of the behaviors of interest (τ_1 and τ_2):

$$r_p = r_A\sqrt{\tau_1\tau_2} + r_w\sqrt{(1-\tau_1)(1-\tau_2)}$$

r_A is the statistical definition of a behavioral syndrome (Dingemanse et al. 2012) and, as repeatability decreases, the contribution of behavioral syndromes to phenotypic correlations necessarily decreases. At the extreme, if τ for either behavior is 0, then r_p is entirely determined by the r_w. Moreover, r_w contributes more strongly to r_p than does r_A when geometric mean repeatability is less than 0.5 (Dingemanse and Dochtermann 2013). Based on meta-analysis (Bell et al. 2009) we know that average τs are around 0.4 and r_w, on average, influences r_p more strongly than does r_A. Put another way, within-individual correlations have an average 1.5 times greater influence on phenotypic correlations than do behavioral syndromes.

      Importantly, while r_w includes integrated plasticity, this plasticity will not necessarily be adaptive and errors both in the response to cues by organisms or in measurement also contribute to r_w (Table 1).

13 strongly influencing behavioral correlations than do behavioral syndromes (Box 1), within-

14 individual correlations and integrated plasticity have received little direct theoretical or

15 empirical attention by behavioral researchers.

Table 1. Some contributors to within-individual behavioral (co)variation and correlations. If either active or passive plasticity are elicited in response to known and measured environmental parameters, they can be explicitly modeled. Otherwise, they will contribute to within-individual variation and covariation. Similar processes contribute to the irreversible plasticity (aka developmental plasticity), which contributes to among-individual correlations (Dingemanse and Dochtermann 2014). The contribution of each component of within-individual correlations can be determined by breaking r_w down into constituent parts, similar to how a phenotypic correlation is broken down in Box 1.

	Definition	Contributes to integrated plasticity	
Active reversible plasticity	changes in an individual's behavior expressed in response to environmental cues indicative of selective pressures	**yes**	(Piersma and Drent 2003, Piersma and Van Gils 2011)
Passive reversible plasticity	changes in response to environmental conditions rather than specific cues of selective pressures; includes passive responses to abiotic conditions, such as hypoxia	**yes**	(Whitman and Agrawal 2009)
Reversible organismal error	changes to an organism's phenotype in response to an incorrectly processed cue	*no**	(Westneat et al. 2015)
Measurement error	error in quantification of behaviors; can be correlated due to bias an	*no**	(Westneat et al. 2015)

*assumes uncorrelated error. For a discussion of additional contributors to within-individual (co)variation see: (Piersma and Drent 2003, Whitman and Agrawal 2009, Piersma and Van Gils 2011, Westneat et al. 2015, Berdal and Dochtermann 2019)

16   One possible mechanism shaping integrated plasticity is a trade-off in investment of

17 energy (or other resources) into behaviors. Accordingly, we would expect that as

18 individuals positively increase investment in one behavior, they decrease investment in

19 another (Figure 1A). Such a trade-off would generally be expected to result in negative

Figure 1. Example of how behavioral syndromes, i.e. among-individual correlations (r_A) and integrated plasticity, i.e. within-individual correlations (r_W), additively contribute to phenotypic correlations. A) Activity and aggressive behavior of four crickets are measured on two occasions (1 & 2). Crickets largely maintain their relative differences in each behavior (i.e. "personality") *and* their behavior changes in a correlated manner (integrated plasticity). B) The relationship among crickets is due to a positive among-individual correlation (dashed blue line, r_A). C) Behavioral plasticity is negatively correlated (within-individual correlation: solid orange line, r_W): if an *individual* increases its activity, it decreases its aggression. D) The among- and within-individual correlations additively determine average individual behaviors (dark circles) and how crickets vary from their averages (colored lines and smaller, lighter, circles). The influence of either r_A or r_W on the phenotypic correlation (solid black line in D) is determined by the repeatabilities of the behaviors. If repeatability is high (> 0.5), this phenotypic correlation is primarily determined by the behavioral syndrome, r_A (Box 1).

within-individual correlations (Figure 1C). If individuals differ in their ability to acquire

resources, this results in the familiar "big house, big car" scenario from life-history theory

(Van Noordwijk and de Jong 1986, Reznick et al. 2000): high variation in acquisition

(relative to variation in allocation) results in a positive among-individual correlation

despite underlying trade-offs. If trade-offs underpin behavioral correlations we would

therefore expect among-individual and within-individual correlations between behaviors

to be of opposite signs (Figure 1D; Downs and Dochtermann 2014).

Meta-analyses have examined behavioral correlations at the genetic, among-

individual, and within-individual levels (Dochtermann 2011, Brommer and Class 2017).

These analyses have concluded that correlations across levels are generally concordant as

to their signs and magnitudes (Figure 2). This concordance of signs suggests a *potential*

lack of trade-offs in the expression of behaviors or that variation in acquisition is low

Figure 2. Relationship of within-individual behavioral correlations (r_W) with (A) among-individual correlations (r_A) and (B) genetic correlations (r_G). The sign and magnitude of r_A and r_G are highly concordant with r_W across behaviors and taxa. Dashed lines indicate a 1:1 relationships. Data in A are from Brommer and Class (2017). Data in B are from Dochtermann (2011).

relative to variation in allocation. As an important caveat, it is also possible that many of

the analyzed behaviors should not be expected to trade-off due to naming fallacies

obscuring that the same behavior is actually being measured in different ways (Carter et al.

2013) or because limiting resources differ between behaviors. Opposing signs may also not

be predicted when considering only a few traits within a higher-dimensional phenotype

(Blows and Hoffmann 2005, Blows 2007). Nonetheless, the results in Figure 2 suggest that

trade-offs alone are insufficient to explain patterns of among- and within-individual

correlations.

An alternative mechanism for understanding behavioral correlations builds on a

simple model of trade-offs by adding in feedbacks between underlying state and behaviors.

Sih et al. (2015) proposed that among-individual differences in behavior—i.e.

"personality"—can be generated by feedbacks between behavior and underlying state. This

was supported by a model where the intensity of initial behavioral expression resulted in a

feedback shaping an individual's future behavioral expression.

Figure 3. (A) Simple model structure combining Sih et al.'s (2015) feedback model with Houle's (1991) y-model to include feedbacks between behavior and state. TO (the trade-off parameter) is the proportion of state energy (S_1 at time t) allocated to behavior B_1, making 1-TO the energy allocated to B_2. λ is the feedback strength and the conversion rate of a behavior (B_1 or B_2) into energy that can be used at a later time. (B) Magnitude of among- (red) and within-individual (blue) correlations under feedbacks (λ) of different strength. Shaded regions indicate those feedback strengths that produce correlations of the same sign. Repeatability is not set *a priori* and is instead an emergent property of the model. Individuals within a population expressed behaviors according to A over ten time steps, with 250 individuals per population. Fifty populations were simulated at each of five levels of feebacks (λ in B). r_A and r_w were estimated using the `MCMCglmm` package in R (Hadfield 2010).

To determine whether feedbacks similarly produce both behavioral syndromes and

integrated plasticity, I extended the Sih et al. (2015) model to two traits following Houle's

(1991) classic y-model (Figure 3A). The y-model is a simple representation of trade-offs

where "state" or some other proxy for energy (S_1) is allocated to expression of one of two

traits (B_1 or B_2, Figure 3A). Because energy allocated to one trait at a particular time (TO $\times$

$S_{1,t}$) is not available for allocation to the other trait ((1-TO) $\times$ $S_{2,t}$), a trade-off exists between

them.

Following this framework, I modeled the expression of two behaviors (B_1 and B_2) as

emerging from the investment of energy (based on "state") into each, with the amount of

energy invested trading off between behaviors. In this model the two behaviors

subsequently affect the gain of state/resources for use in the future expression of behavior

via feedbacks (λ, the proportion of energy added back to S_1, Figure 3A). Biologically such

feedbacks might arise if, for example, exploratory propensity is positively correlated with

energy gain. In such a case, individuals with initially high state can explore more, gaining

more energy that can be invested in even greater exploration and energy gain in the

future—a positive feedback.

I modeled varied magnitudes of feedbacks and analyzed modeled populations to

determine resulting among- and within-individual correlations (Figure 3B). At the start of

the model, state differed among individuals due to stochastic variation. This seeded the

population with variation in initial acquisition. In natural populations, individuals may

similarly initially differ due to developmental stochasticity, parental investment, genetic

differences, and other factors. If due to environmental variation, these individual

differences are consistent with the generation of "pseudo-personality" (sensu Westneat et

al. 2011).

In the absence of feedbacks ($\lambda_1 = \lambda_2 = 0$, Figure 3), this model reduces to the general

structure of models developed by Houle (1991) and Van Noordwijk and de Jong (1986).

Consequently, without feedbacks, the trade-off in allocation along with underlying

variation in initial acquisition results in positive among-individual (r_A) and negative within-

individual correlations (r_w, Figure 3B), i.e. negatively integrated plasticity and different

signs for the two correlations. However, with both negative and positive feedbacks

(negative and positive values of λ respectively), integrated plasticity becomes increasingly

positive (Figure 3B). Simultaneously, negative and positive feedbacks lead to a reduction in

among-individual correlations, which become negative and trade-offs become particularly

apparent at the among-individual level with strong positive feedback. Importantly, this

model identifies both positive and negative feedbacks in two disjunct ranges that result in

among-individual correlations and integrated plasticity of the same sign (shaded regions of

Figure 3B). This suggests that feedbacks could partially explain the patterns of correlations

observed in Figure 2.

The potential for state-behavior feedbacks combined with trade-offs to explain

observed patterns of correlations adds to several prior models that suggested state can

generate consistent individual differences and phenotypic behavioral correlations (Dall

2004, Wolf et al. 2007, Luttbeg and Sih 2010, Dall et al. 2012). However, these prior models

did not separately examine among- and within-individual correlations nor the relationship

between them.

Given that within-individual correlations more strongly influence observed

correlations between behaviors than do behavioral syndromes, the mismatch in effort to

understand these correlations over the last fifteen years has hindered our general

understanding. While considerably more investigation is required, the simple model

presented here suggests that feedbacks might play a role in shaping both behavioral

syndromes and integrated plasticity. This potential for feedbacks to shape correlations can

be empirically addressed via manipulation of food availability (e.g. MacGregor et al. 2021),

manipulating population densities, and longitudinal measurements of both state and

behavior (Sih et al. 2015). Regardless, whether focused on feedbacks or other potential

causes, our understanding of behavioral correlations can only advance if more—and

careful—attention is paid to integrated plasticity and other contributors to within-

individual correlations.

102   REFERENCES CITED
103

Bell, A. M., S. J. Hankson, and K. L. Laskowski. 2009. The repeatability of behaviour: a meta-analysis.
Animal Behaviour **77**:771-783.

Berdal, M. A., and N. A. Dochtermann. 2019. Adaptive alignment of plasticity with genetic variation
and selection. Journal of Heredity **110**.

Blows, M. W. 2007. A tale of two matrices: multivariate approaches in evolutionary biology. Journal
of Evolutionary Biology **20**:1-8.

Blows, M. W., and A. A. Hoffmann. 2005. A reassessment of genetic limits to evolutionary change.
Ecology **86**:1371-1384.

Brommer, J. E., and B. Class. 2017. Phenotypic correlations capture between-individual correlations
underlying behavioral syndromes. Behavioral Ecology and Sociobiology **71**:50.

Carter, A. J., W. E. Feeney, H. H. Marshall, G. Cowlishaw, and R. Heinsohn. 2013. Animal personality:
what are behavioural ecologists measuring? Biological Reviews **88**:465-475.

Dall, S. R. X. 2004. Behavioural biology: Fortune favours bold and shy personalities. Current Biology
14:R470-R472.

Dall, S. R. X., A. M. Bell, D. I. Bolnick, and F. L. W. Ratnieks. 2012. An evolutionary ecology of
individual differences. Ecology Letters **15**:1189-1198.

Dingemanse, N. J., and N. A. Dochtermann. 2013. Quantifying individual variation in behaviour:
mixed-effect modelling approaches. Journal of Animal Ecology **82**:39-54.

Dingemanse, N. J., and N. A. Dochtermann. 2014. Individual behaviour: behavioural ecology meets
quantitative genetics.*in* A. Charmantier, D. Garant, and L. E. B. Kruuk, editors. Quantitative
genetics in the wild. Oxford University Press.

Dingemanse, N. J., N. A. Dochtermann, and S. Nakagawa. 2012. Defining behavioural syndromes and
the role of "syndrome" deviation in understanding their evolution. Behavioral Ecology and
Sociobiology **66**:1543-1548.

Dingemanse, N. J., A. J. N. Kazem, D. Réale, and J. Wright. 2010. Behavioural reaction norms: animal
personality meets individual plasticity. Trends in Ecology & Evolution **25**:81-89.

Dochtermann, N. A. 2011. Testing Cheverud's conjecture for behavioral correlations and behavioral
syndromes. Evolution **65**:1814-1820.

Downs, C. J., and N. A. Dochtermann. 2014. Testing hypotheses in ecoimmunology using mixed
models: disentangling hierarchical correlations. Integrative And Comparative Biology
54:407-418.

Hadfield, J. D. 2010. MCMC Methods for Multi-Response Generalized Linear Mixed Models: The
MCMCglmm R Package. Journal of Statistical Software **33**:1-22.

Houle, D. 1991. Genetic covariance of fitness correlates--what genetic correlations are made of and
why it matters. Evolution **45**:630-648.

Luttbeg, B., and A. Sih. 2010. Risk, resources and state- dependent adaptive behavioural syndromes.
Philosophical Transactions of the Royal Society B-Biological Sciences **365**:3977-3990.

MacGregor, H. E., A. Cottage, and C. C. Ioannou. 2021. Suppression of personality variation in
boldness during foraging in three-spined sticklebacks. Behavioral Ecology and Sociobiology
75:1-10.

Piersma, T., and J. Drent. 2003. Phenotypic flexibility and the evolution of organismal design. Trends
in Ecology & Evolution **18**:228-233.

Piersma, T., and J. A. Van Gils. 2011. The flexible phenotype: a body-centred integration of ecology,
physiology, and behaviour. Oxford University Press.

Reznick, D., L. Nunney, and A. Tessier. 2000. Big houses, big cars, superfleas and the costs of
reproduction. Trends in Ecology & Evolution **15**:421-425.

Sih, A., A. Bell, and J. C. Johnson. 2004a. Behavioral syndromes: an ecological and evolutionary
overview. Trends in Ecology & Evolution **19**:372-378.

Sih, A., A. M. Bell, J. C. Johnson, and R. E. Ziemba. 2004b. Behavioral syndromes: An integrative
overview. Quarterly Review of Biology **79**:241-277.

Sih, A., K. J. Mathot, M. Moirón, P.-O. Montiglio, M. Wolf, and N. J. Dingemanse. 2015. Animal
personality and state–behaviour feedbacks: a review and guide for empiricists. Trends in
Ecology & Evolution **30**:50-60.

Van Noordwijk, A. J., and G. de Jong. 1986. Acquisition and allocation of resources: their influence on
variation in life history tactics. American Naturalist:137-142.

Westneat, D. F., M. I. Hatch, D. P. Wetzel, and A. L. Ensminger. 2011. Individual Variation in Parental
Care Reaction Norms: Integration of Personality and Plasticity. The American Naturalist
178:652-667.

Westneat, D. F., J. Wright, and N. J. Dingemanse. 2015. The biology hidden inside residual within-
individual phenotypic variation. Biological Reviews **90**:729-743.

Whitman, D., and A. Agrawal. 2009. What is phenotypic plasticity and why is it important?
Phenotypic plasticity of insects: mechanisms and consequences:1-63.

Wolf, M., G. S. van Doorn, O. Leimar, and F. J. Weissing. 2007. Life-history trade-offs favour the
evolution of animal personalities. Nature **447**:581-584.

168