Electrophysiological measures of visual suppression

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Abstract

In the early visual system, suppression occurs between neurons representing different stimulus properties. This includes features such as orientation (cross-orientation suppression), eye-of-origin (interocular suppression) and spatial location (surround suppression), which are thought to involve distinct anatomical pathways. We asked if these separate routes to suppression can be differentiated by their pattern of gain control on the contrast response function measured in human participants using steady-state electroencephalography. Changes in contrast gain shift the contrast response function laterally, whereas changes in response gain scale the function vertically. We used a Bayesian hierarchical model to summarise the evidence for each type of gain control. A computational meta-analysis of 16 previous studies found the most evidence for contrast gain effects with overlaid masks, but no clear evidence favouring either response gain or contrast gain for other mask types. We then conducted two new experiments, comparing suppression from four mask types (monocular and dichoptic overlay masks, and aligned and orthogonal surround masks) on responses to sine wave grating patches flickering at 5Hz. At the occipital pole, there was strong evidence for contrast gain effects in all four mask types at the first harmonic frequency (5Hz). Suppression generally became stronger at more lateral electrode sites, but there was little evidence of response gain effects. At the second harmonic frequency (10Hz) suppression was stronger overall, and involved both contrast and response gain effects. Although suppression from different mask types involves distinct anatomical pathways, gain control processes appear to serve a common purpose, which we suggest might be to suppress less reliable inputs.

Introduction

Suppression is a fundamental component of the nervous system, and is critically important for modulating neural firing [1]. Without suppression, neural activity would be too metabolically expensive, and uncontrolled excitation might lead to seizures. In the visual system, neurons responsive to a spatially localised narrowband target stimulus are suppressed by nearby neurons that differ in their tuning [2]. This tuning can involve different orientations (cross-orientation suppression), different spatial locations (lateral, or surround suppression), and different eye-of-origin (interocular suppression). Suppression is typically studied using a masking paradigm, where the response to a target stimulus is reduced by the presence of a high contrast mask (see examples in Figure 1a).

Several studies have demonstrated that these different types of suppression have distinct characteristics, and may occur at different stages in the early visual pathway.

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For example, suppression from an overlaid mask shown to the same eye as a target is 14 immune to adaptation [3, 4], occurs at temporal frequencies above the range at which 15 cortical neurons respond [4–7], and therefore appears consistent with a pre-cortical 16 locus [4, 6]. If a mask is presented dichoptically (to the opposite eye from the target), 17 suppression can be reduced by adaptation [3, 6, 7], has a temporal profile consistent with 18 cortical neurons [6,7], and is reduced by applying bicuculline (a compound that blocks 19 the suppressive neurotransmitter GABA) to early visual cortex [7]. This points to a 20 cortical locus for interocular suppression. Finally, surround masks have tighter tuning 21 than overlaid masks and are most effective in the periphery [8], can be adapted [9], and 22 (in V1) cause suppression via feedback from higher visual areas [10]. Additionally, some 23 studies have linked the magnitude of surround suppression with endogenous levels of 24 GABA in early visual cortex [11, 12], again pointing to a cortical locus. 25



Fig 1. Example stimuli and illustration of contrast response functions. Panel (a) shows five stimulus arrangements, illustrating how a vertical target pattern can be combined with four different mask types. Panel (b) shows three varieties of contrast response function, that either continue to accelerate (solid line), saturate (dashed line) or super-saturate (dotted line) across the range of displayable stimulus contrasts. Panel (c) illustrates a contrast gain (dashed line) and a response gain (dotted line) shift, relative to a baseline response (solid line).

An important distinction concerns whether a suppressive effect modulates the contrast 26 gain or the response gain of a neuron (or neural population). Changes in contrast gain 27 shift the stimulus-response curve (the contrast response function) laterally, whereas 28 changes in response gain scale the function vertically (see examples in Figure 1c). These 29 different patterns may be indicative of specific neurophysiological underpinnings for an 30 effect, and potentially different processes might occur at successive stages of processing. 31 Sengpiel et al. [13] showed that in V1, dichoptic and surround masks primarily affected 32 response gain, whereas overlaid masks affected contrast gain. Other studies have found 33 that spatial attention modulates response gain [14], whereas suppression from overlaid 34 masks is more consistent with contrast gain [15]. Spatial adaptation appears to affect 35 both contrast and response gain in primary visual cortex [16], whereas motion adaptation 36 is mostly attributable to contrast gain in area MT [17]. In addition, there is evidence 37 that suppression builds up at successive stages of cortical processing, beyond primary visual cortex, and is stronger at later levels in the visual hierarchy [18]. This is especially likely for surround suppression, which might be mediated by higher-level neurons with large receptive fields.

Neural responses can be measured non-invasively using steady-state visual evoked potentials (SSVEPs; [19]) typically recorded in humans using either electroencephalography (EEG) or magnetoencephalography (MEG). By flickering the target stimulus at a fixed frequency, entrained neural oscillations are evoked at the flicker frequency, and also its higher harmonics (integer multiples of the flicker rate). Previous studies have shown that contrast-response functions measured using SSVEP are strongly modulated by overlaid masks [15, 20, 21], dichoptic masks [22, 23], and surround masks [24–26].

We begin by conducting a computational re-analysis of 16 published studies to determine whether each type of suppression is best characterized as a contrast gain or a response gain effect. We then report results from two new SSVEP experiments to directly compare four mask types using a common protocol. This also allowed us to explore changes across different electrode sites and different response frequencies. A secondary aim was to determine whether suppressive signals saturate as a function of contrast. We conducted the main experiment with two different mask contrasts, and analyse the data using a hierarchical Bayesian modelling approach.

Materials and methods

Computational meta-analysis

Inclusion criteria

Studies were included if they reported steady-state contrast response functions measured 60 in human adults with no known disorders or medical conditions. Responses at 3 or more 61 target contrasts were required to fit the baseline functions. We also required that a mask 62 stimulus was presented in at least one condition. This could either be overlaid, dichoptic 63 (presented to the opposite eve from a monocular target), or surrounding the target. We 64 excluded one study with flanking masks which reported only facilitation [27]. We divided 65 the surround conditions into those where the surround was aligned with (parallel to) the 66 target, and those where it was orthogonal. For the overlay and dichoptic conditions, some 67 studies used gratings and others used noise stimuli. Where multiple masking conditions 68 were reported, we included data at the lowest mask contrast tested, and used data with 69 orthogonal masks in preference to aligned masks (for overlay and dichoptic conditions). 70 In studies where an experimental manipulation was carried out, we used data from the 71 baseline (pre-manipulation) condition. We searched online databases using search terms 72 including SSVEP, steady-state, dichoptic, surround, mask and suppression, and applied 73 the above criteria, resulting in 16 studies for inclusion in the analysis. 74

Analysis and modelling

Contrast response function data were extracted using a computer program (WebPlot-Digitizer [28]) from the figures in each paper. Where necessary, these were converted to signal-to-noise ratios by dividing by the response to a blank screen, or at adjacent frequency bins to the target, or to the lowest target contrast condition. In some cases, results were averaged across different temporal frequency conditions to provide a single data set for each study.

Our primary objective was to understand the relative contributions of contrast gain and response gain to suppression from different mask types. We quantified this using a two-stage modelling approach. At the first stage, we fitted a standard gain control

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model [2] with three free parameters to the baseline data using a downhill simplex algorithm. The model is defined as:

$$resp = R_{max} \frac{C^p}{Z + C^2} + 1, \tag{1}$$

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where C is the target contrast. The Z parameter sets the horizontal position of the response curve, p governs the function shape (see Figure 1b) from accelerating (p > 2)to saturating (p = 2) to super-saturating (p < 2), and R_{max} scales the overall height of the function. The additive constant (+1) represents additive noise, and converts the model response to a signal-to-noise ratio (implicitly, we also divide *resp* by 1, but this is omitted as it has no effect). We fitted the model independently to each study's baseline data by minimising the root-mean-squared error between model and data.

The second stage of fitting used the parameter estimates from the first stage, and fitted the responses in the presence of a mask using the equation:

$$resp = \frac{R_{max}}{r} \times \frac{C^p}{gZ + C^2} + 1, \tag{2}$$

where the new terms r and g are free parameters that govern the extent of response gain and contrast gain, respectively. Values of r, q > 1 indicate suppression, though 97 in principle masks can also cause facilitation (r, q < 1). We estimated values of these 98 parameters jointly using the data from all studies (separately for each mask type) in 99 a hierarchical Bayesian model. We defined broad hyperpriors for q and r as gamma 100 distributions, with parameters $\alpha = 1.5$, $\beta = 0.5$. These functions peak at $\frac{\alpha - 1}{\beta} = 1$, so 101 the prior expectation before observing any data is that there is no suppression of either 102 kind. The priors had greater probability mass at values > 1, reflecting our expectation 103 that one or both parameters would produce suppression, but also extended below 1, 104 ensuring that the model was capable of capturing facilitation where it appeared in the 105 data. Both parameters were constrained to have positive values. Bayesian modelling was 106 implemented in Stan [29], based on an example script for hierarchical nonlinear regression 107 accompanying Chapter 17 of ref [30]. We examined how the posterior distribution of 108 each parameter varied with mask type, both for individual studies, and across the whole 109 sample. 110

EEG experiments

Participants

Twelve participants completed each version of the experiment; 3 participants completed both experiments, the remaining 9 were unique to each experiment. All participants had normal or corrected-to-normal vision, and no known visual abnormalities. Participants were briefed on the experimental protocols and purpose, and provided written informed consent. The study was approved by the Department of Psychology Ethics Committee at the University of York.

Apparatus and stimuli

Stimuli were presented using a ViewPixx 3D display (VPixx Technologies Inc., Quebec, Canada), driven by a Mac Pro computer. The refresh rate was 120 Hz, and we interleaved frames intended for the left and right eyes (60 Hz refresh rate per eye). To enable stereo presentation, the display update was synchronised with a set of NVidia 3D pro active shutter glasses using an infra-red signal. The display had a resolution of 1920 × 1280 pixels, and was viewed from a distance of 57cm, at which one degree of visual angle subtended 36 pixels. To ensure good contrast resolution, the display was run in the

high bit-depth monochrome M16 mode, which provided 16 bits of greyscale resolution. ¹²⁷ A Minolta LS110 photometer was used to gamma correct the display, which had a ¹²⁸ maximum luminance of 102 cd/m^2 . ¹²⁹

All stimuli were patches of sinusoidal grating with a spatial frequency of 1 cycle 130 per degree. Target stimuli were randomly oriented on each trial, and windowed by a 131 raised cosine envelope with a width of 2 degrees. There were 20 targets arranged in 132 a symmetrical pattern around a central fixation marker, as shown in Figure 1a. The 133 target eccentricities were 3.6, 7.1, 8.5 and 10.7 degrees from the central fixation. Stimuli 134 were spaced in 90 degree intervals at each radius, or in 45 degree intervals at the largest 135 eccentricity. All target stimuli flickered sinusoidally at 5Hz (on-off flicker), between 0% 136 137 24, 48 and 96%). Percentage Michelson contrast is defined as $100 \frac{L_{max} - L_{min}}{L_{max} + L_{min}}$, where L is 138 luminance. Targets were shown to one eye only, which was chosen randomly on each 139 trial. A binocular fixation marker was created from a cluster of overlaid squares (each 140 13 arc min wide) with random grey levels, and shown to both eves to aid binocular 141 fusion. Similar markers were also presented in the four corners of the stimulus region, at 142 a distance of 15.7 degrees from the display centre. 143

We measured target responses with no mask, and also with four categories of mask 144 stimulus. Monocular masks were shown to the same eye as the targets and in the same 145 locations, but had orthogonal orientation. Dichoptic masks were the same, but shown to 146 the non-target eye. Aligned surround masks were large (28 degrees in diameter) grating 147 patches with the same orientation as the target, and with holes surrounding each target 148 element (and the fixation marker). The holes were 4 degrees in diameter, meaning 149 the gap between target and mask was 1 degree (one cycle of the stimulus waveform). 150 Orthogonal surrounds were the same, but were oriented at 90 degrees relative to the 151 targets. Both surround masks were presented to the target eve. There were two principal 152 mask contrasts that were used in the two versions of the experiment: 12% and 24%. 153 We also tested several additional mask contrasts (6, 48 and 96% contrast) at a single 154 target contrast of 24%. The masks drifted at a speed of 6 deg/sec so that the phase 155 alignment between mask and target changed over time [26]. Note that drifting gratings 156 do not produce a steady-state signal, so we did not record responses to the mask stimuli. 157 In addition, for some of the monocular mask conditions, the highest target contrast 158 was reduced from 96% to 88% or 68% contrast to avoid clipping artifacts caused by 159 overlaying the target and mask. 160

EEG activity was recorded using a 64-channel ANT Neuroscan system sampling at 1 kHz. Participants wore Waveguard caps, with electrodes organised according to the 10/20 system. The ground was located at position AFz, and each channel was referenced to the whole-head average. Electrode impedance was maintained at or below 5 k Ω throughout the experiment. Digital parallel triggers were sent from the ViewPixx display to the EEG amplifier, and recorded the onset of each trial on the EEG trace. Data were amplified, digitised, and saved to disc for offline analysis. 164

Procedure

After providing consent, participants were set up with an EEG cap of appropriate size. 169 They then completed six blocks, each comprising a full repetition of the experiment. 170 Blocks lasted around 10 minutes, with the opportunity to take breaks between blocks. 171 Within each block, all 42 conditions were repeated once in a randomized order. Trials 172 lasted 11 seconds, with an inter-trial interval of 3 seconds. Participants were asked 173 to monitor the central fixation and, as far as possible, to minimise blinking when a 174 stimulus was displayed. To maintain attention, the central fixation marker was changed 175 occasionally by re-randomizing the positions and luminances of the squares. There was 176 a 50% chance of this happening on each trial. Participants were asked to count the 177

number of times the fixation marker changed, and report this at the end of the block. 178

Data analysis and modelling

All data were converted from the native ANT-EEProbe format to a compressed comma-180 separated value (csv) text file using a custom Matlab script and components of the 181 EEGlab toolbox [31]. The data for each participant were then loaded into R for analysis. 182 A ten-second waveform for each trial at each electrode was extracted, omitting the first 183 one second after stimulus onset to avoid transients. The fast Fourier transform was 184 calculated for each waveform, and the spectrum stored in a matrix. All repetitions of 185 each condition were then coherently averaged (i.e. taking both the phase and amplitude 186 into account), before being converted to a signal-to-noise ratio by dividing the amplitude 187 at each frequency by the mean amplitude of the neighbouring 10 bins (± 0.5 Hz in steps 188 of 0.1 Hz). The signal-to-noise ratio at the target flicker frequency (5 Hz) and its second 189 harmonic (10 Hz) were then used as dependent variables for further analysis. 190

We modelled the data using a two-stage Bayesian hierarchical model similar to that 191 described above for the computational meta-analysis. Here, participant was the unit 192 of observation instead of study. The other main difference was that we also used a 193 hierarchical model (instead of simplex fitting) at the first stage to fit the parameters of 194 the baseline contrast response function $(Z, p \text{ and } R_{max})$. This seemed appropriate for 195 our novel data set, given that all participants viewed the same stimuli, whereas in the 196 computational meta-analysis different studies had different stimulus parameters. The 197 hyperpriors for each parameter were normal distributions with parameters: $\mu = 100, \sigma =$ 198 40 (Z); $\mu = 2, \sigma = 0.25$ (p); and $\mu = 5, \sigma = 2$ (R_{max}). All parameters were constrained 199 to have positive values. Again, we were most interested in the posterior distributions 200 of the suppression parameters (r and q), and explored how these varied by mask type, 201 electrode position, and response frequency. 202

Data and script availability

All data and scripts are publicly available at: https://dx.doi.org/10.17605/OSF.IO/E62WU 204

Results

Previous studies do not sufficiently distinguish contrast vs response gain 207

We began by conducting a computational meta-analysis of 16 SSVEP studies from the 208 literature [15,20–25,32–40]. Study-specific information is given in Table 1 and the results 209 are shown in Figure 2. For each study, we replot the contrast response functions for the 210 target alone (black points), and with the mask present (coloured points), along with 211 model fits (curves). The model described the data well. The kernel density functions 212 show posterior distributions of parameter estimates for the response gain parameter (r, r)213 grey distributions), and the contrast gain parameter (g, coloured distributions). For 214 each mask type, the vertical dashed line indicates no suppression (a weight of 1). The 215 95% highest density intervals are given by the horizontal bars - where these overlap 1 we 216 lack credible evidence for that type of suppression. 217

For individual studies, we see credible evidence for both contrast gain (9 data sets) ²¹⁸ and response gain (4 data sets). This is most consistent for the overlay masks, which ²¹⁹ are generally well explained by contrast gain control. However, the 95% highest density ²²⁰ interval of the group posterior distribution for contrast gain control, shown in the final ²²¹ row, overlapped with 1. This indicates that we do not have credible evidence for a ²²²

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Table 1. Table summarisi	ng method	ologi	cal details for each s	tudy in the	meta analysis. N: number of particip	ants, SI: saturation ind	.X.
Study	Method	Z	Target	TF(Hz)	Mask	Location	\mathbf{SI}
Baker (2014) [20]	EEG	9	1 c/deg grating	7	Orthogonal overlay	Oz, POz	0.22
Burr (1987) [33]	EEG	1	2 c/deg grating	7.8	Orthogonal overlay	Oz	-0.44
Busse (2009) [21]	EEG	ŋ	1 c/deg grating	4.5	Orthogonal overlay	V1 (source localised)	0.09
Candy (2001) [34]	EEG	∞	1 c/deg grating	3.3, 5.5	Orthogonal overlay	Oz, 01, 02	0.31
Pei (2017) [36]	EEG	10	Binary noise	5.14	Noise overlay	Oz	-0.03
Ross (1991) [37]	EEG	-	2 c/deg grating	8.8	Orthogonal overlay	Oz	-0.04
Smith (2017) [38]	EEG	28	0.5 c/deg grating	7	Orthogonal overlay	Oz, POz, 01, 02	0.35
Tsai (2012 [15])	EEG	10	Binary noise	5.14	Noise overlay	V1 (source localised)	-0.13
Baker (2015) [32]	EEG	S	Binary noise	10	Dichoptic	Oz, POz	0.27
Baker (2017) [22]	EEG	12	1 c/deg grating	2	Dichoptic	Oz, POz	0.04
Chadnova (2018) [23]	MEG	ŋ	Binary noise	4	Dichoptic	V1 (source localised)	0.33
Hou (2020) [35]	EEG	15	2 c/deg grating	8.5	Dichoptic	V1 (source localised)	0.09
Zhou (2015) [40]	EEG	12	Binary noise	10	Dichoptic	Oz	0.22
Benjamin (2018) [24]	EEG	13	2 c/deg grating	7	Aligned and Orthogonal Surround	Oz	-0.01
Vanegas (2015) [25]	EEG	21	1 c/deg grating	25	Aligned and Orthogonal Surround	POz	0.38
Vanegas (2019) [39]	EEG	11	1 c/deg grating	25	Aligned Surround	P_{Z} , PO_{Z} , O_{Z}	0.49

contrast gain effect for overlay suppression. The other three mask types had a similar 223 outcome, as the 95% highest density intervals of the group posterior distributions for 224 both parameters all overlap 1. This suggests that overall the literature does not give a 225 consistent picture of whether response gain or contrast gain is responsible for different 226 types of suppression (though the parameter values for contrast gain are somewhat higher 227 on average). This could be for any number of reasons, but is likely to be partly due to the 228 methodological heterogeneity across studies (see Table 1). To address this shortcoming, 229 we conducted a new study in which participants viewed stimuli involving all four types 230 of mask. 231



Fig 2. Computational meta-analysis of 16 studies from the literature reporting SSVEP measures of suppression. Each study is referred to by the first author surname - see text for full citations. Contrast response functions at baseline (black points) and with a mask present (coloured points) were fit using a two stage modelling procedure (curves). The posterior distributions (vertically rescaled for visibility) of parameter estimates for response gain (grey) and contrast gain (colours) are shown for each study and the group estimates. Vertical dashed lines indicate a parameter value of 1 (the axis extends to x = 15). Horizontal bars give the 95 percent highest density intervals for each parameter estimate.

Suppression is due to contrast gain at the first harmonic for all mask types 233

In our empirical experiments, the target stimulus evoked strong steady-state responses 234 at both the first harmonic frequency (5 Hz) and the second harmonic frequency (10 Hz). 235 Figure 3a shows the averaged Fourier spectrum from the baseline (no mask) condition 236 with 96% target contrast. Responses at both frequencies were strongest at the occipital 237 pole, over early visual cortex (see inset scalp plots). At most electrodes, responses 238 increased monotonically as a function of contrast (see examples in Figure 3b,c). In 239 general, responses at the first harmonic (5Hz) were more likely to accelerate, and those 240 at the second harmonic more likely to saturate or super-saturate. The scalp plot insets to 241 Figures 3b,c summarise this using a saturation index proposed by Ledgeway et al. [41]. It 242 is calculated by taking the difference between the responses at the highest two contrasts 243 (96% and 48%), and dividing by the maximum response. Values of SI > 1 correspond to 244 acceleration (plotted violet), SI = 1 to saturation (white), and SI < 1 to super-saturation 245 (green). Notice that overall the first harmonic responses accelerate (median SI = 0.10), 246 but that many of the second harmonic responses saturate or super-saturate (median SI 247 = 0.01). 248

To quantify how suppression varied across the scalp, and across different mask types 249 and response frequencies, we fitted a hierarchical Bayesian model to the data. The first 250 stage of this process involved estimating values for the three free parameters in equation 251 (1). Figure 4a shows an example fit at electrode Oz for the low contrast mask experiment. 252 The thick black line gives the fit using the posterior mean parameter estimates (p = 1.94, 253 $Z = 134.35, R_{max} = 4.8$), and thin lines show predictions for 100 randomly sampled 254 posterior parameter combinations. At the second stage of fitting, we estimated values 255 of the suppressive parameters q and r for each mask type. Example fits are shown in 256 Figure 4b-e, with accompanying posterior distributions of parameter estimates in panels 257 g-j. Note that the parameters are estimated individually for each participant, and the 258 plots in Figure 4 show group level parameters, which do not necessarily correspond to 259 the average data as well as an optimal least-squares fit. We assess whether a parameter 260 makes a credible contribution to the response by determining whether the 95% highest 261 density interval of the posterior (shown by the black bars at the margins of Figure 4g-j) 262 exceeds 1. For all four examples shown in Figure 4g-j, the contrast gain parameter (q, q)263 y-axis) was credibly greater than 1, whereas the response gain parameter (r, x-axis)264 was not credibly different from 1. This is evidence that all four mask types modulate 265 responses via contrast gain control at electrode Oz, for the first harmonic response. 266

Suppression across electrode and scalp location

We repeated the above analysis independently at each electrode, for each response 268 frequency (5 Hz and 10 Hz), and for both experiments (12% and 24% mask contrast). 269 Figure 5 summarises the results for the 12% mask contrast experiment, and for each 270 mask type. For the first harmonic (5 Hz) response (top two rows), there were strong 271 contrast gain control effects (panels a-d), but little credible effect of response gain (panels 272 e-h). For the second harmonic response (10 Hz), although some contrast gain effects were 273 credible at the occipital pole (electrode Oz for all mask types, panels i-l), suppression was 274 also well described by response gain (panels m-p). Example contrast response functions 275 and posterior distributions at the second harmonic are shown in Figure 6. This overall 276 pattern was replicated in our second data set with higher (24%) contrast masks (Figure 277 7).278

Closer inspection of these results reveals some interesting subtleties and differences $_{279}$ across mask conditions. Note in particular that the weights for surround suppression $_{280}$ at the first harmonic are generally weaker at the occipital pole (electrodes Oz and $_{281}$



Fig 3. Averaged Fourier spectrum and example contrast response functions. Panel (a) shows the spectrum for a high contrast target, with inset scalp plots showing SNRs at the first and second harmonic frequencies. The spectrum is taken from electrode Oz, indicated by the black points in the scalp plots. The shaded region and error bars indicate ± 1 standard error. Panels (b) and (c) show example contrast response functions at the first and second harmonics at electrodes Oz, P1 and T7, averaged across participants (N=12). The inset scalp plots show how the saturation index varies across the head.

POz) than for monocular and dichoptic suppression. But suppressive weights increase 282 at bilateral electrodes over more parietal regions of cortex. For surround suppression, 283 this might reflect increased suppression in extra-striate cortical regions that have larger 284 receptive fields. More generally, it suggests that suppression builds up across successive 285 stages of processing. It also appears that, whereas suppression at the first harmonic 286 is primarily due to contrast gain control, suppression at the second harmonic involves 287 changes in both contrast and response gain (see lower two rows of Figures 5 & 7). This 288 may well reflect the involvement of different classes of neurons - for example, second 289 harmonic responses imply more severe nonlinearities, which might include suppression. 290 This is also consistent with the greater saturation of the second harmonic response (inset 291 to Figure 3c). 292



Fig 4. Contrast response functions from electrode *Oz*, with example model fits and posterior parameter estimates. Panel (a) shows the data from the baseline (no mask) condition (points), plotted alongside model curves for the posterior mean of parameter estimates (thick curve), and random posterior samples (thin curves). Panels (b-e) show data for four types of mask in the same format (grey curves duplicate the mean fit from panel (a)), with the arrows indicating the mask contrast. Panel (f) shows the electrode location. Panels (g-j) show posterior density estimates for the response gain (x-axis) and contrast gain (y-axis) weight parameters. Red points show the means, dashed lines give the value expected in the case of no effect (a weight of 1), and grey and coloured distributions in the margins show the prior and posterior for each parameter. For all mask types, the contrast gain weight estimate was substantially greater than 1.

Limited saturation of mask signals

Finally, we asked about the properties of the mask signal. Of particular interest is 294 whether the mask signal itself saturates before suppressing the target. If it does, this 295 implies the presence of a nonlinearity before suppression impacts, as has been shown 296 psychophysically for surround masks [42]. Figure 8a shows model predictions for a linear 297 suppressive signal (black curve), and a saturating suppressive signal (red curve). We 298 therefore measured responses at a fixed (24%) target contrast, for mask contrasts that 299 ranged from 0% to 96%. For this analysis, we pooled data across the two experiments, 300 giving us N = 21 participants (data for the three participants who completed both 301 experiments were averaged to give a single data set for each of those participants). The 302 results for all four mask types are shown in Figure 8b-e. At both the first and second 303 harmonic frequencies, the target response decreased as a function of mask contrast. For 304 the highest contrast monocular and dichoptic masks, this resulted in an almost complete 305 suppression of the target response (SNR ~ 1). For the surround masks at the first 306 harmonic there was still a substantial signal even with the highest (96%) contrast masks. 307

We calculated a modified saturation index that takes into account the inversion of 308 the functions. This was defined as the difference between responses at the highest two 309 mask contrasts (48% - 96%), scaled by the minimum of the function (we adjusted the 310 index for the monocular mask to take into account the slightly lower mask contrast used 311 to avoid clipping). Again, positive values imply acceleration, values of 0 saturation, and 312 negative values supersaturation, but this time applied to the mask signal. At electrode 313 Oz, the saturation index was near or below zero for monocular and dichoptic masks 314 at the first harmonic, and surround masks at the second harmonic. Across the scalp 315 (Figure 8f-i), a range of saturation indices were apparent, though the mean index overall 316



Fig 5. Scalp plots summarising the suppressive weights for contrast and response gain from the Bayesian hierarchical model, fitted to data from the low mask contrast experiment. Symbols are filled white when the 95 percent highest density interval of the posterior parameter distribution includes 1 (implying no credible contribution from that type of suppression), and shaded when it exceeds 1 (implying credible evidence for suppression). Larger symbols correspond to stronger suppression (see the scale in lower right corner), but parameters implying facilitation (values <1) are not plotted.

was positive (SI = 0.1).

Discussion

We asked whether suppression from four types of mask could be best explained by 319 changes in contrast gain or response gain. A re-analysis of data from 16 studies was 320 inconclusive, most likely due to methodological heterogeneity across studies. Data from 321 two new SSVEP experiments showed that at the first harmonic frequency, all four 322 mask types were best explained by contrast gain control, with minimal influence from 323 response gain. However at the second harmonic frequency, both types of gain control 324 were apparent. There was also evidence that the strength of suppression, particularly 325 from the surround, increased away from the occipital pole. Finally, we asked whether 326



Fig 6. Contrast response functions at the second harmonic frequency. Note that the lower SNR at 10 Hz results in noisier data and less precise posterior estimates than at 5 Hz.

suppressive signals saturate before impacting the target, and found some evidence of this for monocular and dichoptic masks at the first harmonic, and surround masks at the second harmonic. We now discuss whether other experimental paradigms, such as animal electrophysiology, magnetic resonance imaging, and psychophysics, provide evidence for contrast or response gain, and consider different hypotheses about the purpose of suppression in the brain.

Contrast and response gain in other experimental paradigms

In single unit electrophysiology studies, overlay masking has long been attributed to 334 contrast gain control, following the influential work of Heeger [2] (see also [43-45]). 335 Although subsequent work has questioned whether this suppression arises cortically or 336 subcortically [4,46], the data remain consistent with a contrast gain effect. For dichoptic 337 and surround masks, Sengpiel et al. [13] demonstrated that response gain provided a 338 better explanation of responses in V1 neurons (see also [6, 47, 48]). However these effects 330 were layer-dependent, with layer 4 showing response gain effects, and other layers more 340 consistent with contrast gain. Additionally, Sengpiel and Blakemore [47] found strong 341 response gain effects from the abrupt onset of a dichoptic mask, but only when the 342 target was already present at mask onset. This suggests that interocular suppression 343 may comprise multiple mechanisms, consistent with a variety of temporally-dependent 344 perceptual suppression effects associated with binocular rivalry (e.g. [49]). 345

Some studies have used fMRI to investigate different types of suppression, though the 346 analysis is less straightforward than with SSVEP as it is not possible to tag the target 347 and mask at different frequencies to dissociate their effects. Moradi and Heeger [50] 348 measured fMRI responses to gratings with monocular and dichoptic cross-oriented masks. 349 Their results were well-described by a contrast gain control model, though there are 350 caveats in the interpretation given that the BOLD signal provides a single measure of 351 the combined response to target and mask stimuli. Zenger-Landolt and Heeger [18] 352 measured surround suppression by carefully locating voxels that responded only to the 353 target location in an independent localiser experiment. Their surround suppression 354 data appear consistent with a response gain change, though they did not fit a model to 355 confirm this. 356

Psychophysical masking studies have traditionally assumed contrast gain effects from 357



Fig 7. Scalp plots summarising the suppressive weights for contrast and response gain from the Bayesian hierarchical model, fitted to data from the high mask contrast experiment. Plotting conventions are as for Figure 5.

all mask types, following the seminal modelling work of Foley [51]. However, in principle 358 elevation of detection thresholds can also be obtained through a response gain effect, 359 as both manipulations reduce the signal-to-noise ratio and reduce sensitivity. The two 360 effects are difficult to dissociate at detection threshold, but have differential effects 361 above threshold, for example using contrast matching and discrimination paradigms. 362 Some studies have considered model arrangements that are equivalent to response 363 gain effects, notably in the context of surround masking [18,52] and noise masking 364 paradigms [53]. In surround masking experiments, facilitation effects are sometimes 365 observed, particularly in matching experiments when the central target is of higher 366 contrast than the surround [52, 54, 55], and these can be explained by an increase in 367 response gain. We see some evidence of this in our SSVEP data, where surrounds 368 enhance the response to the highest contrast targets (see Figure 4d). Another interesting 369 result is that of Watanabe et al. [56], who found that during interocular suppression 370 from binocular rivalry, contrast discrimination thresholds are increased. This result 371 (subsequently replicated by [57, 58]) is consistent with a response gain effect, but not a 372 contrast gain effect. 373

Overall, our SSVEP findings complement other work in the literature on understanding masking effects. Differences between our findings and results from other paradigms



Fig 8. Summary of the effects of varying mask contrast. Panel (a) shows the predictions of a gain control model (equation 1) for different levels of mask contrast. In the linear model (black), the suppressive signal is a linear function of mask contrast. In the nonlinear model (red), the suppressive signal has itself passed through a nonlinear transducer function before suppressing the target. Panels (b - e) show empirical data for four mask types, at the first and second harmonic frequencies (black borders and black fills, respectively). Error bars and shaded regions show ± 1 standard error of the mean across N = 21 participants. Panels (f - i) show how the modified saturation index varies across the scalp.

might be a consequence of SSVEP signals primarily indexing particular classes of neurons [59] or cortical layers [60]. In addition, threshold psychophysics is typically assumed to probe only the most sensitive mechanisms that respond to a target, whereas SSVEP measures the full population response, which may behave differently.

Why do SSVEP signals sometimes saturate?

Our results include examples of saturation at high target contrasts, particularly at the second harmonic frequency (see Figure 3c). More generally, the studies summarised in Figure 2 show a wide range of behaviours from acceleration (see especially the Chadnova, Smith and Vanegas studies) through to strong supersaturation (see especially the Burr and Tsai studies). Saturation indices for these studies range from -0.44 to 0.49 (see Table 1).

There are several possible explanations for these differences. One possibility is that 387 studies using a sweep-VEP paradigm, in which the stimulus contrast increases during 388 a trial, might suffer from in-trial sequential adaptation effects that cause saturation 389 towards high contrasts. Another explanation concerns the size and spectral content of the 390 stimulus. Large stimuli will be subject to lateral suppression between adjacent areas of 391 the stimulus, via the same mechanism that causes surround suppression. This would be 392 expected to cause saturation at higher contrasts, where suppressive effects are strongest. 393 The same argument holds in the Fourier domain for stimuli that are spectrally broadband, 394 and so stimulate neurons responsive to a range of orientations and spatial frequencies. 395 These neurons will mutually inhibit each other via the overlay masking pathway, again 396 causing saturation. Several studies used large broadband noise textures as stimuli, most 397 notably the study of Tsai et al. [15], which shows some of the strongest supersaturation. Other paradigms use small, spatially local patches of narrowband sine wave grating 399 (e.g. [38]), which instead tend to produce accelerating responses. (Super)saturation may 400

therefore provide an additional estimate of suppression strength, that could be leveraged 401 in studies investigating group or individual differences in suppression. For discussion of 402 the potential importance of supersaturation in individual neurons, see [61]. 403

What is suppression for?

There have been many suggestions about the purpose of gain control suppression in 405 the brain. These include reducing redundancy, sharpening tuning, and optimising 406 sensitivity for the current environment (see [1], for further discussion). Recent work 407 has demonstrated that suppression between neurons can be *reweighted* based on recent 408 stimulation history [62]. Specifically, neurons that fire at the same time come to suppress 409 each other more strongly [63]. This is a novel type of adaptation that is quite different 410 from traditional paradigms in which a single stimulus is used as an adaptor. It suggests 411 that gain control processes are dynamic rather than fixed, and can be modulated by 412 past stimulation. Recently, we [22] pointed out that a gain control model of signal 413 combination appears to be implementing statistically optimal combination of noisy 414 signals, and suggested that suppression is the mechanism by which multiple cues are 415 weighted. A prediction that follows from this idea is that the gain control process 416 should be flexible enough to change the extent of suppression between two signals to 417 dynamically suppress noisier inputs. This prediction is consistent with the normalization 418 reweighting idea, because when two stimuli are presented together, the covariance 419 between the neurons they activate will increase, and they should suppress each other 420 more. Normalization reweighting has also been demonstrated psychophysically for both 421 overlaid and surround masks [64], suggesting that this process might operate across 422 multiple suppressive pathways. 423

Conclusions

We asked if four types of masking are best explained by contrast gain or response gain 425 effects when measured using steady-state EEG. A computational meta-analysis of 16 426 existing studies proved inconclusive, so we conducted two new experiments. The results 427 show that overlay, dichoptic and surround masks are all best described by contrast gain 428 effects for responses at the first harmonic. Suppression at the second harmonic involved 429 a combination of contrast and response gain effects. We also found some evidence that 430 suppressive signals saturate before impacting the target, though this was not consistent 431 across mask type and response frequency. Although suppression from different mask 432 types involves distinct anatomical pathways, gain control processes appear to serve a 433 common purpose, which we suggest might be to suppress less reliable inputs.

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