

Age- and episodic memory-related differences in task-based functional connectivity in women and men

Sivaniya Subramaniapillai^{1,2*}, Sricharana Rajagopal², Elizabeth Ankudowich^{2,3}, Stamatoula Pasvanis²,
Bratislav Misic⁴, and M.Natasha Rajah^{1,2,5*}

¹Department of Psychology, Faculty of Science, McGill University

²Brain Imaging Centre, Douglas Mental Health University Institute

³Integrated Program in Neuroscience, Faculty of Medicine, McGill University

⁴Montreal Neurological Institute, McGill University

⁵Department of Psychiatry, Faculty of Medicine, McGill University

*Both authors contributed equally to writing the manuscript

Corresponding author:

Prof. M. Natasha Rajah
Room 2114 CIC Pavilion
Douglas Mental Health University Institute
6875 LaSalle Blvd
Montreal, QC, Canada H4H 1R3
maria.rajah@mcgill.ca

Abstract

1 Aging is associated with episodic memory decline and changes in functional brain connectivity.
 2 Understanding whether and how biological sex influences age- and memory performance-related
 3 functional connectivity has important theoretical and clinical implications for our understanding of
 4 brain and cognitive aging. Yet, little is known about the effect of sex on neurocognitive aging. Here,
 5 we scanned 161 healthy adults between 19-76 yrs of age in an event-related functional magnetic
 6 resonance imaging (fMRI) study of face-location spatial context memory. Adults were scanned while
 7 performing easy and difficult versions of the task at both encoding and retrieval. We used multivariate
 8 whole-brain partial least squares (PLS) connectivity to test the hypothesis that there are sex differences
 9 in age- and episodic memory performance-related functional connectivity. We examined how
 10 individual differences in age and retrieval accuracy correlated with task-related connectivity. We then
 11 repeated this analysis after disaggregating the data by self-reported sex. We found that increased
 12 encoding and retrieval-related connectivity within the dorsal attention network (DAN), and between
 13 DAN and frontoparietal network (FPN) and visual networks, was positively correlated to retrieval
 14 accuracy and negatively correlated with age in both sexes. We also observed sex differences in age-
 15 and performance-related functional connectivity: i) greater between-network integration was apparent
 16 at both levels of task difficulty in women only, and ii) increased DAN-DMN connectivity with age was
 17 observed in men and was correlated with poorer memory performance. Therefore, the neural correlates
 18 of age-related episodic memory decline differ in women and men and has important theoretical and
 19 clinical implications for the cognitive neuroscience of memory, aging and dementia prevention.
 20 **Key words: lifespan, sex differences, episodic memory, functional connectivity, task fMRI**

Introduction

Healthy aging is associated with episodic memory decline, a reduced ability to encode, store and retrieve past experiences in rich spatio-temporal contextual detail (Grady & Craik, 2000; Tulving, 1972). Age-associated episodic memory decline impairs older adults' quality of life and can be an early sign of sporadic Alzheimer's disease (AD) (Mol et al., 2007; Mol, van Boxtel, Willems, & Jolles, 2006). Given that the proportion of older adults is increasing worldwide, and age is the strongest predictor of AD, there is an urgent need to understand how normative aging influences memory and related brain function.

To this aim, there is a large body of research that has investigated how normative aging affects episodic memory and related brain activity using task functional magnetic resonance imaging (fMRI) (Grady, 2008; Maillet & Rajah, 2014; Naveh-Benjamin et al., 2003; Nyberg et al., 2012; Rajah & McIntosh, 2005; Spaniol et al., 2009; Sperling, 2007). This research has shown that age-related reductions in episodic memory, as measured by associative memory tasks (e.g. spatial context memory tasks), are present at midlife and increase with advanced age (Ankudowich, Pasvanis, & Rajah, 2016; Cansino, 2009; Kwon et al., 2016), and that these behavioral reductions are associated with altered activation in occipito-temporal, prefrontal cortex (PFC), inferior parietal cortex (IPC) and medial temporal lobe (MTL) with age (Ankudowich et al., 2016; 2017; 2019). Furthermore, with the growing consensus that human cognition and behavior depends on the dynamic interactions of large-scale neural networks (Friston, 1994; McIntosh, 2000; Mesulam, 1990; Sporns & Betzel, 2016; Strother et al., 1995), several cognitive neuroscience studies of aging have focused on how age differences in inter-regional or inter-network correlations in brain activity (functional connectivity) during resting state fMRI (rsfMRI) relate to cognitive task performance assessed outside of the scanner (Biswal et al., 1995; Power et al., 2011; Yeo et al., 2011; Uddin, Yeo, & Spreng, 2019).

Studies of rsfMRI connectivity have found that age-related decreases in cognitive task performance were associated with reduced anticorrelation between the dorsal attention network (DAN)

46 and default mode network (DMN), possibly as a consequence of disrupted frontoparietal network
 47 (FPN) engagement (Amer, Campbell, & Hasher, 2016; Avelar-Pereira et al., 2017; Dixon et al., 2017;
 48 Esposito et al., 2018; Fox et al., 2005; Grady et al., 2016; Prakash et al., 2012; Sala-Llloch et al., 2012;
 49 Spreng et al., 2016). More generally, aging has also been correlated with increased connectivity
 50 between networks (i.e., network integration) and decreased connectivity within networks (i.e., network
 51 segregation) (Chan et al., 2014; Damoiseaux, 2017). However, only a few rsfMRI studies have directly
 52 explored whether age-related differences in connectivity correlated with pre-/post-scan performance on
 53 *episodic memory* tasks (Edde et al., 2020; Fjell et al., 2015; Grady et al., 2016; King et al., 2018;
 54 Kukolja et al., 2016; Nordin et al., 2021; Nyberg, 2017; Wang et al., 2010; Zhang, et al., 2020). Most
 55 of these studies focused on specific *a priori* defined networks of interest (but see Fjell et al., 2015).
 56 Therefore, there remains a paucity of knowledge about how age-related differences in *whole-brain*
 57 functional connectivity contribute to decreases in episodic memory with age. Moreover, most of what
 58 we know about the correlation between age-related differences in functional connectivity and episodic
 59 memory is based on rsfMRI paradigms. Thus, while resting-state research has provided a greater
 60 understanding of functional architecture, solely relying on resting state scans as an indirect proxy for
 61 cognitive processes is not sufficient to understand brain-cognitive processes (see reviews by Campbell
 62 & Schacter, 2016; Finn, 2021).

63 To our knowledge no prior work has specifically investigated how age and performance
 64 correlates with whole brain, task-based functional connectivity during episodic encoding and retrieval,
 65 across the adult lifespan. One recent study investigated age-related differences in whole-brain
 66 connectivity during encoding of an associative memory task across the adult lifespan (Capogna et al.,
 67 2022). Using a whole-brain psychophysiological interaction analysis to investigate direct brain-
 68 cognitive processes, the authors found that in older age, greater connectivity between medial temporal
 69 and posterior parietal regions during encoding was associated with better performance, while increased
 70 connectivity between frontal, parietal, and visual regions was associated with worse performance. The

functional connectivity patterns associated with successful memory performance in older adults are associated with cognitive processes that involve integrative and multisensory strategies and mental imagery. However, this study controlled for sex in their analyses hindering any further interpretations of how these findings may separately relate to women and men.

Indeed, most fMRI connectivity studies of aging have assumed that age-related differences in functional connectivity were the same in women and men, since data were not disaggregated by sex and/or gender at analysis. However, depending on the task stimuli and design, studies have repeatedly demonstrated behavioral sex differences on episodic memory performance. Women typically perform better than men on episodic memory tasks of verbal stimuli (Gur & Gur, 2002; Herlitz, Nilsson, & Bäckman, 1997; Ragland, Coleman, Gur, Glahn, & Gur, 2000), whereas men tend perform better than women on visuospatial memory tasks (De Frias, Nilsson, & Herlitz, 2006; Weiss, Kemmler, Deisenhammer, Fleischhacker, & Delazer, 2003). However, these sex differences have small to medium effect sizes and are stable across the adult lifespan (Asperholm, Van Leuven, & Herlitz, 2020; De Frias et al., 2006; Jack et al., 2015; Voyer, Postma, Brake, & Imperato-McGinley, 2007). This may account for the few studies investigating sex differences in age effects on memory and associated brain activity and connectivity. However, even if there are no significant sex and/or sex-by-age interactions in behavioral outcomes, sex differences in the underlying neural system supporting episodic memory across the adult lifespan may still exist (Becker & Koob, 2016; McCarthy, Arnold, Ball, Blaustein, & de Vries, 2012). Consistent with the view that there may be sexual divergence in the brain systems supporting episodic memory function in older women and men, recent studies have found that age-related memory decline was correlated with different patterns of activations in women compared to men (Rabipour et al., 2021; Subramaniapillai et al., 2019). Yet, it remains unclear if there are sex differences in how age and memory performance correlate with task-based functional connectivity during episodic memory encoding and retrieval. This information is important to know because historically it has been assumed that the neural basis of age-associated memory decline is the same in

both sexes, but this may not be the case (Ferretti et al., 2018; Nebel et al., 2018; Rahman et al., 2020; Snyder et al., 2016; Subramaniapillai et al., 2021). Investigating sex and gender differences in functional brain connectivity in a normative adult lifespan sample can help determine if there are sex and/or gender-specific markers of memory decline in the aging brain. Such knowledge informs us if the underlying neurocognitive mechanisms linked to age-related episodic memory decline is the same in women and men, and if interventions aimed at supporting memory into late life should be the same for women and men.

Here, we present whole brain functional connectivity results from an episodic memory task fMRI study of 161 healthy adults aged 19 -76 yrs of age who were scanned while performing both encoding and retrieval phases of a face-location spatial context memory paradigm. We parcellated task fMRI data into canonical brain networks defined by Power et al. (2011) and used whole-brain behavior partial least squares (B-PLS) connectivity analysis to examine the orthogonalized contributions of age and memory performance on task-based functional connectivity. We then repeated this analysis after disaggregating the data by self-reported sex to investigate whether both sexes exhibited similar age- and performance-related patterns of connectivity. We hypothesized that age would be correlated with decreased connectivity between DAN – FPN and increased connectivity between DAN – DMN, and memory performance would exhibit the opposite patterns of network associations (Amer et al., 2016; Avelar-Pereira et al., 2017; Dixon et al., 2017; Esposito et al., 2018; Fox et al., 2005; Grady et al., 2016; Prakash et al., 2012; Sala-Llonch et al., 2012; Spreng et al., 2016; Turner & Spreng, 2012). Based on prior activation analyses of sex differences in the effect of age and memory accuracy on task-related brain activity across the adult lifespan (Subramaniapillai et al., 2019), we also hypothesized that both sexes will exhibit similar patterns of performance-related functional connectivity at encoding, but not retrieval. We also hypothesized that there would be sex differences in age-related functional connectivity at both encoding and retrieval.

Methods

Participants

Volunteer research participants were recruited from the Montreal and surrounding area using online and print advertisements and community outreach. Research volunteers were told they would first be asked to participate in a behavioral and neuropsychological testing session (Visit 1), and if they met our inclusion criteria, they would be invited back for an fMRI session (Visit 2). Two hundred and seventy-five participants (102 self-identified as men, 173 self-identified as women) were tested in Visit 1. Of these, 49 were excluded for not meeting our neuropsychological inclusion criteria (listed below), 26 were excluded for having medical/psychiatric exclusionary criteria (listed below), and 15 participants could not be reached for scheduling a Visit 2. Therefore, 185 participants were invited back for Visit 2 and participated in the fMRI portion of this study. Of these participants, we identified incidental findings in 9 participants, 5 participants fMRI data did not meet our quality control criteria (listed below), and 10 participants did not perform the fMRI task as instructed, resulting in a sample of 161 participants (49 men, 112 women) who reported no history of neurological or psychological illness, or serious cardiovascular disease. All participants were right-handed, as confirmed by the Edinburgh Inventory for Handedness. Of the 53 middle-aged women, we had self-reported menopause status for 41 women, 18 of these self-reported having irregular periods, symptoms of the menopausal transition, and/or had undergone hormone replacement therapy (HRT). Two older adult women had also undergone HRT. Thus, we excluded these 20 women from further analyses since menopause transition and HRT influences memory-related brain activity (Henderson, 2010; Li, Cui, & Shen, 2014; Rentz et al., 2017; Yonker et al., 2006). Our final cohort consisted of 141 participants (49 men, 92 women; 65% women) between the ages of 19 -76 yrs (mean age = 47.11, SE = 1.41, mean education = 15.73 yrs, SE = 0.18). Of the 35 middle-aged women, we had a self-reported pre-menopausal status for 23 women, with unknown status for 12 women. As we did not have hormonal data to verify self-

reported menopausal status, we focus here on age and sex effects and note in our Caveats the need to consider reproductive age and health in future studies examining sex differences in brain aging.

Behavioral Methods

Visit 1: Behavioral and Neuropsychological Session

During an initial session, participants provided informed consent and then were administered a medical screening questionnaire to assess neurological, psychological, and physical health. Medical health exclusion criteria for this study included having a current diagnosis of diabetes, untreated cataracts and glaucoma, and a current diagnosis of high cholesterol levels and/or high blood pressure left untreated in past 6 months. In addition, participants were excluded if they had a history of a major psychiatric illness, or neurological insult. Participants then underwent neuropsychological assessment (Mini-International Neuropsychiatric Interview [MINI], inclusion cut-off ≥ 2 ; the Folstein Mini Mental State Examination [MMSE], exclusion cut-off < 27 ; the Beck Depression Inventory [BDI-II], exclusion cut-off < 15 ; California Verbal Learning Task [CVLT-I English, CVLT-II French], exclusion cut-off based on recommendations by Norman, Evans, Miller, & Heaton, 2000). Only participants who met the above neuropsychological criteria and performed above chance on the practice context memory task presented in a Mock fMRI scanner were invited to return for a second visit and participate in the fMRI scanning portion of the study. All participants were paid for their participation, and the research ethics board of the Faculty of Medicine at McGill University approved the study protocol.

Visit 2: Task fMRI Session

Stimuli and Procedure

The task fMRI stimulus set has been used in previous studies and has been independently rated for pleasantness (Kwon et al., 2016; Rajah et al., 2010). Stimuli consisted of black-and-white photographs of faces that were varied in age and balanced for age and sex across experimental conditions. Each face presented during initial encoding was tested during subsequent retrieval, and participants were scanned during both encoding and retrieval memory phases (see Figure 1 for

schematic representation of the task). A detailed description of the task paradigm used in the current study can be found in previous studies from our lab (Ankudowich et al., 2016, 2017).

Figure 1: Task fMRI Procedure

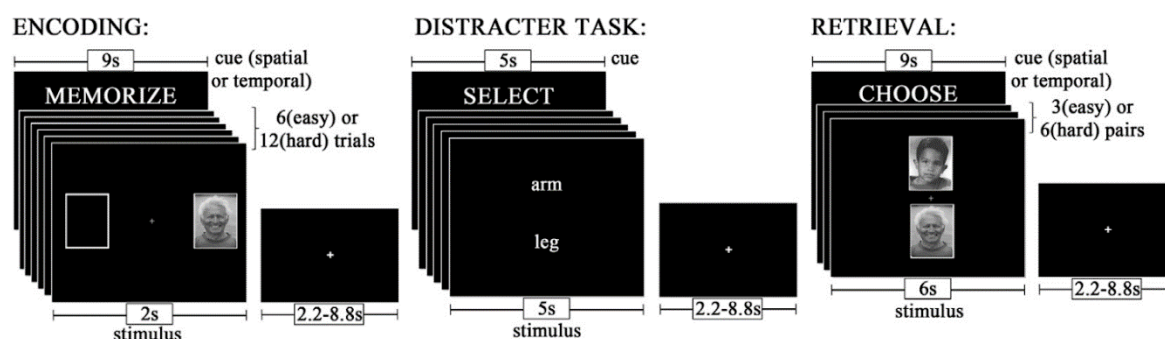


Fig. 1 – Task fMRI procedure and event timeline.

Using a mixed rapid event-related design, participants were scanned across 12 experimental runs while they encoded and retrieved the spatial and temporal details of faces. Each run consisted of an ‘easy’ temporal context memory task (TE) and an ‘easy’ spatial context memory task (SE), and either a ‘hard’ temporal context memory task (TH) or a ‘hard’ spatial context memory task (SH). Easy and hard tasks differed in the number of stimuli to be encoded: 6 encoding stimuli for ‘easy’ tasks and 12 encoding stimuli for ‘hard’ tasks. In total, there were 72 trials presented for each encoding event type (i.e., 288 trials total) and 36 trials presented for each retrieval event type (i.e., 144 trials total). The current study focused on the behavioral and fMRI data collected during the spatial context memory tasks to compare our study findings with our previous activation analyses using the same paradigm (Subramaniapillai et al., 2019), and to further contextualize our work with the substantial psychological literature investigating sex differences in spatial episodic memory (Bender, Naveh-Benjamin, & Raz, 2010; De Frias et al., 2006; Gur & Gur, 2002; Herlitz et al., 1997; Sommer, Hildebrandt, Kunina-Habenicht, Schacht, & Wilhelm, 2013; Weiss et al., 2003; Yonker, Eriksson, Nilsson, & Herlitz, 2003; Young, Bellgowan, Bodurka, & Drevets, 2013). Our choice to only focus on the spatial context memory task further allows us to comprehensively address our aim of investigating sex differences in

performance-related functional connectivity by comparing findings across several sex-aggregated and -disaggregated B-PLS analyses. Please refer to Ankudowich et al. 2016; 2017 for details regarding the temporal context memory tasks. Herein we present the details of the spatial context memory tasks.

Encoding was intentional, and at the start of each encoding phase, participants were cued (9 sec) to memorize the spatial location (whether a face appeared on the *LEFT* or the *RIGHT* during encoding) of the faces and to the level of task difficulty. At encoding, each face was presented (2 sec) on either the left or the right of a central fixation cross. There was a variable inter-trial interval (ITI) of 2.2 – 8.8 sec. During encoding, participants were instructed to rate the pleasantness of each face. Participants pressed a button with their right thumb to indicate a pleasant response and a button with their left thumb to indicate a neutral response using an MRI-compatible fiber optic response box. Between encoding and retrieval memory phases, participants performed a one-minute distractor task in which they were required to reverse alphabetize two words presented centrally on the computer screen. The distractor task was used to deter participants from actively rehearsing the encoding stimuli.

Following the distractor task, participants were presented with task instructions for retrieval (9 sec) to remind them of the spatial context task demands. During retrieval, participants were presented with pairs of previously encoded faces for 6 sec. One of the faces was presented above a central fixation cross, and the other was presented below. During the easy versions of the retrieval task, participants viewed 3 pairs of faces, and during the hard versions of the retrieval task, they viewed 6 pairs of faces. There was a variable ITI of 2.2 – 8.8 sec between retrieval events. For the spatial task, participants were asked to indicate which of the two faces was originally presented on the *LEFT/RIGHT*. Participants pressed a button under their right thumb to indicate a face at the top of the screen and they pressed a button under their left thumb to indicate a face at the bottom of the screen. Therefore, fMRI task-related activation for the spatial context memory paradigm was collected for four different event-types in this experiment: encoding spatial easy (eSE), encoding spatial hard (eSH), retrieval spatial easy (rSE), retrieval spatial hard (rSH).

216 *Task fMRI Imaging Methods*

217 Structural and functional magnetic resonance imaging data were collected at the Douglas
218 Institute Brain Imaging Centre. Participants lied supine in a 3T Siemens Magnetom Trio scanner and
219 wore a standard 12-channel head coil. T1-weighted anatomical images were first acquired for each
220 participant at the start of the scanning session using a 3D gradient echo MPRAGE sequence (TR =
221 2300 msec, TE = 2.98 msec, flip angle = 9°, FOV = 256, 176 1 mm sagittal slices, $1 \times 1 \times 1$ mm
222 voxels). Blood-oxygen-level-dependent (BOLD) images were acquired with a single-shot T2*-
223 weighted gradient echo-planar imaging (EPI) pulse sequence (TR = 2000 msec, TE = 30 msec, FOV =
224 256, matrix size = 64×64 , in-plane resolution 4×4 mm, 32 oblique slices per whole-brain volume)
225 while participants performed the context memory tasks. Visual task stimuli were back-projected onto a
226 screen in the scanner bore using E-Prime software, and participants requiring correction for visual
227 acuity wore plastic corrective lenses. A variable ITI (2.2 – 8.8 sec) was introduced to add jitter to
228 event-related acquisitions.

229 *fMRI Basic Preprocessing*

230 Reconstructed images were preprocessed in SPM version 8 software. For each participant, the
231 origin of functional images was reoriented to the anterior commissure of that individual's acquired T1-
232 weighted structural image. All functional images were then realigned to the first image, and motion
233 artifacts were corrected using a 6-degree rigid-body transformation (three translation and three
234 rotational parameters). Any experimental run in which within-run motion exceeded 1.5 mm was
235 excluded from analysis. In total, 22 runs (1.2%) were excluded: 12 runs due to task noncompliance
236 (e.g., failure to record participant responses, issues with the response box), 6 runs due to frontal/medial
237 BOLD signal loss after fMRI preprocessing, 2 runs due to poor volumes, 2 runs due to scanner failure,
238 and none due to excessive motion. Functional images were then normalized to an MNI EPI template
239 and resliced at $4 \times 4 \times 4$ mm voxel resolution and smoothed with an 8 mm full-width at half maximum
240 (FWHM) isotropic Gaussian kernel. ArtRepair toolbox for SPM8

(<http://cibsr.stanford.edu/tools/human-brain-project/artrepair-software.html>) was used to correct slice artifacts prior to realignment and volume artifacts after normalization and smoothing (<5% interpolated data). Any run in which interpolated data exceeded 5% was excluded from analysis.

Analysis

Behavioral Data Analysis

Spatial Context Retrieval Accuracy and Reaction Time

Using R (R Core Team, 2013), we conducted robust linear mixed-effects regression (rlmer) models (using the robustlmm package; Koller, 2016) in the full cohort to test the three-way interaction between age, sex (2: men, women), and task difficulty (2: easy, hard) on retrieval accuracy (% correct) and reaction time (msec), respectively. The rlmer model is similar to the lmer model (Bates et al., 2015 for the lme4 package details) but additionally, it is robust to outliers by down-weighting the impact of extreme measures on the model performance (Koller, 2016). The models contained the random effect of participants to account for the variability of participants' performance between the easy and hard versions of the spatial context task. The models used in terms of R syntax for spatial retrieval accuracy and reaction time, respectively, were:

Spatial Retrieval Accuracy ~ Age x Sex x Task Difficulty + (1|Participant)

Spatial Retrieval Reaction Time ~ Age x Sex x Task Difficulty + (1|Participant)

The continuous variable of age was standardized using a Z-score transformation, while the variables of sex and task difficulty were treated as categorical variables through deviation coding (-1, 1).

fMRI Preprocessing for PLS Connectivity Analysis Brain Parcellation

Figure 2 (below) illustrates the preprocessing steps used to generate the connectivity matrices for participants across the four task conditions, which were subsequently submitted to the PLS analysis. Using SPM's MarsBaR toolbox, the average time series for 264 regions of interest (ROIs) defined by the Power et al. (2011) functional parcellation atlas were extracted for each subject for all task-related event-types across the full experiment. Each ROI was registered from the 2 x 2 x 2 mm³ Power et al.

atlas to the $4 \times 4 \times 4$ mm³ voxel resolution of our functional scans. To do this, we took each ROI's central coordinates from the Power et al (2011) ROIs and identified a 7-voxel sphere surrounding the central coordinates. During this process of scaling down to the $4 \times 4 \times 4$ mm³ voxel resolution, we eliminated ROIs with voxels that were not common to all participants and/or overlapped with other ROIs. We also excluded cerebellar ROIs because our fMRI acquisition did not completely acquire these regions, and the uncertain network ROIs because they did not belong to a major functional system in the brain. We additionally combined the memory retrieval network with the default mode network because the few nodes belonging to the memory retrieval network are activated in cognitive functions (e.g., memory, imagination) commonly attributed to the default mode network (Huo et al., 2018). Thus, we identified a total of 216 unique ROIs assigned to 9 brain networks: auditory, cingulo-opercular task control network (CON), default mode network (DMN), dorsal attention network (DAN), fronto-parietal task control network (FPN), salience, sensory/somatomotor network (SSM), visual attention network (VAN), visual (see Supplementary Table 1 for list of MNI coordinates and network affiliation).

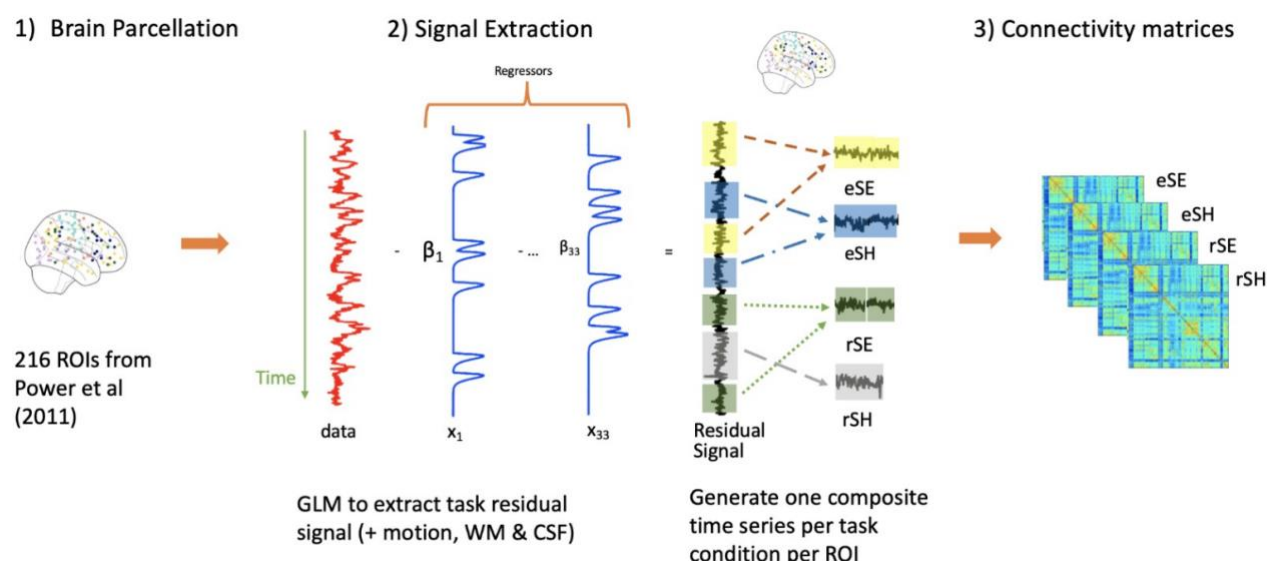


Figure 2. The fMRI preprocessing steps involved (1) functional parcellation of each subject across the 216 unique ROIs from the Power et al. atlas; (2) applying a GLM to extract the task residual signal after regressing 33 regressors to generate one composite time series per task condition for each ROI; (3) generating four connectivity matrices for each task condition for every participant. Note: ROI = region of interest, GLM = General Linear Model, WM = white matter, CSF = cerebrospinal fluid, eSE = encoding spatial easy, eSH = encoding spatial hard, rSE = retrieval spatial easy, rSH = retrieval spatial hard.

280 *fMRI Signal Extraction*

281 To examine task-related functional connectivity, it is recommended that first the mean
282 task/event-related activity across the full experiment be regressed out of the fMRI signal. This accounts
283 for the confound of task-timing-driven statistical associations (Cole et al., 2019). To this aim, event-
284 related task activation for all 216 ROIs was estimated using SPM's General Linear Model (GLM) with
285 an ordinary least squares (OLS) approach (i.e., with AR(1) off), using a high pass filter set at 200 sec.
286 This GLM consisted of 12 task-related regressors: correct subsequent memory events for all
287 experimental tasks at encoding and retrieval, incorrect subsequent memory responses for all encoding
288 tasks, incorrect context retrieval responses for all retrieval tasks, encoding and retrieval task
289 instructions, and distraction task. In addition, the 6 movement regressors generated by SPM during
290 motion correction, the mean white matter and the cerebrospinal fluid signals were also included as
291 regressors in the GLM to correct for physiological noise (Birn et al., 2014). Finally, the temporal
292 derivatives of the hemodynamic response function for each of the task-related regressors and the
293 constant (i.e., intercept) resulted in a total of 33 regressors used in the GLM. Thus, this one GLM
294 model was used to extract the mean residual time series for each ROI per event-type using the
295 MarsBaR toolbox in SPM (<http://marsbar.sourceforge.net/>).

296 *Generating Functional Connectivity Matrices*

297 Since the focus of our current analysis is the spatial version of the task, we only generated
298 functional connectivity matrices for each event-type of the spatial task. Each participant's residual time
299 series were concatenated across similar event-types to generate composite time series for each event-
300 type. The minimum length of time for a concatenated event was 186 sec in the current study. Previous
301 work has established that a minimum length of 30 sec is sufficient for reliable task-based connectivity
302 analyses (e.g., Mohr et al., 2016). As a measure of functional connectivity, we computed Pearson
303 correlations for each ROI with every other ROI across the time series. Connectivity matrices were
304 created for each participant and event-type from the correlation coefficients, which then underwent

305 Fisher z-transformation. Thus, in total, each subject had four connectivity matrices, one for each of the
306 four event-types (i.e., eSE, eSH, rSE, rSH) of size 216 x 216. Since the matrix is symmetrical around
307 the diagonal, there were a total of 23, 220 unique connections or edges.

308 *PLS Functional Connectivity Analysis*

309 Behavioral multivariate partial least squares (B-PLS) connectivity analysis was used to identify
310 patterns of task-based functional connectivity (McIntosh & Misic, 2013), due to its ability to
311 simultaneously detect distributed patterns of whole-brain connectivity that differ based on participants’
312 age, sex, and memory performance. We conducted two B-PLS connectivity analyses. The first was a
313 **full group analysis (B-PLS1)**, in which we examined how age and memory performance in the full
314 sample of adults (i.e., without disaggregating by sex) related to task-based connectivity during
315 encoding and retrieval of SE and SH tasks. The second was a **between-sex (women, men) group B-**
316 **PLS analysis (B-PLS2)**, in which we explored sex differences in age- and performance-related
317 patterns of brain connectivity.

318 In the first analysis, connectivity matrices for each individual were organized by task event-type
319 and then stored in a single group level fMRI connectivity matrix. In the second analysis, the between
320 group factor of sex was included in the group level fMRI connectivity matrices. In both B-PLS
321 analyses, normalized measures of participants’ age and retrieval accuracy were the behavioral measures
322 of interest. We orthogonalized our behavioral vectors of age and accuracy to assess independent effects
323 of age and performance (consistent with Subramaniapillai et al., 2019; see also Ankudowich et al.,
324 2017). That is, prior to the PLS analyses, we conducted a regression analysis where task-specific
325 retrieval accuracy was used to predict age to obtain an age-residual vector that would be uncorrelated
326 with retrieval accuracy. These age-residual and retrieval accuracy vectors were then stacked in the
327 same manner as the fMRI data matrix for each analysis, respectively (e.g., participant sex and by event-
328 type for the between-sex group B-PLS). Given that the retrieval accuracy behavioral vector did not
329 have age regressed from it, it allowed us to assess connectivity associated with age-related performance

effects, whilst the age-residual allowed us to assess age effects orthogonal to performance effects. The following steps would be identical for both analyses, so they are presented once.

The stacked fMRI data matrix was then cross-correlated with the similarly stacked behavioral vectors. The resulting cross-correlation matrix was submitted to singular value decomposition (SVD). SVD re-expresses the matrix as a set of orthogonal singular vectors or latent variables (LV). Each LV consists of a singular value that reflects the proportion of matrix accounted for by that LV, and a pair of vectors (a left singular vector consisting of the behavioral weights and a right singular vector consisting of the connectivity weights) that reflect a symmetrical relationship between the pattern of whole-brain connectivity and the experimental design/behavior measures. The profile of behavioral weights shows how the behavioral vectors of age and retrieval accuracy are correlated to the pattern of whole-brain connectivity identified in the singular vector of connectivity weights. The connectivity weights identify the collection of edges that, as a group, are maximally related to the behavioral weights.

Significance testing for the LVs was done using 500 permutations ($p < 0.05$). The permutation test assesses whether the functional networks and behavioral profiles are more strongly associated with one another than expected by chance. Bootstrap resampling was performed to assess the reliability of each of the edges (500 bootstraps, bootstrap ratio [BSR] threshold was set at 95th percentile, $p < 0.001$). Connectivity edge contribution was estimated with edge loadings, which is calculated as the correlation of the participants' PLS-derived brain score pattern with their stacked connectivity matrices. The pattern of edge loadings (i.e., correlations) is referred to as the loading matrix and reflects whether edges are more positively or negatively associated with the behavioral weights. A positive correlation coefficient in the loading matrix indicates a positive association with positive behavioral weights. Conversely, a negative correlation coefficient in the loading matrix is positively associated with the negative behavioral weights. Since the relationship between the behavioral weights and the loading matrix (i.e., connectivity weights) is symmetric, the inverse is also true. That is, a

positive correlation coefficient indicates a negative association with negative behavioral weights and vice versa.

Results

Behavioral Results

Table 1 summarizes the participant demographic and neuropsychological information across the age groups for the full (n=141) and sex-disaggregated sample (n = 49 men, 92 women). Behaviorally, the rlmer model investigating the effects of age, sex, and task difficulty on memory accuracy showed a main effect of age ($\beta = -0.03$ [SE, 0.01]; $t = -2.35$, $p < .05$) and task difficulty ($\beta = -0.04$ [SE, 0.01]; $t = -3.00$, $p < .05$). Younger adults had greater accuracy than older adults on the tasks, and generally, participants performed worse on the SH task compared to the SE task. No other main effects or interactions were significant.

There were also significant main effects of age ($\beta = 145.60$ [SE = 68.71]; $t = 2.12$, $p < .05$) and task difficulty ($\beta = 130.23$, [SE = 36.71]; $t = 3.55$, $p < .05$) on reaction time. Young adults were faster than older adults across SE and SH tasks, and participants took longer to respond to the SH task than the SE task. No other main effects or interactions were significant. Therefore, there were no sex differences, nor sex-by-age interactions in task performance.

Table 1. Mean Demographic and Behavioral Measures (and Standard Errors)

	Total Behavioral Sample	Total fMRI Sample	Men	Women	<i>p</i>
Sample size (n)	141	137	49 – Total behavioral; 47 – fMRI Sample	92 – Total behavioral; 90 fMRI sample	
Age (years)	47.11 (1.41)	47.26 (1.44)	46.96 (2.44)	47.20 (1.73)	
Educations (years)	15.73 (0.18)	15.72 (0.18)	16.06 (0.27)	15.55 (0.23)	ns
Predicted full-scale IQ	119.51 (0.44)	119.60 (0.44)	119.66 (0.73)	119.43(0.56)	ns
BDI	3.90 (0.32) *	3.96 (0.32) *	3.84 (0.53)	3.93 (0.40) *	ns
CVLT-LFR	13.17 (0.18)	13.19 (0.19)	12.35 (0.36)	13.61 (0.19)	p<.05%#
CVLT-LCR	13.43 (0.17)	13.46 (0.17)	12.76 (0.30)	13.78 (0.20)	p<.05%#
CVLT-RG	15.33 (0.69)	15.36 (0.68)	15.29(0.11)	15.36 (0.09)	ns
BMI (kg/m ²)	24.26 (0.31) *	24.25 (0.31) *	24.49 (0.39)	24.14 (0.43) *	p<.001^
SE retrieval accuracy (%correct)	0.86 (0.01)	0.86 (0.01)	0.85 (0.01)	0.86 (0.01)	p<.001#
SH retrieval accuracy (%correct)	0.83 (0.01)	0.83 (0.01)	0.80 (0.02)	0.84 (0.01)	p<.001#
SE retrieval RT (msec)	2474.95 (47.27)	2488.80 (47.43)	2417.32 (72.44)	2505.31 (61.36)	p<.001#
SH retrieval RT (msec)	2570.99 (43.85)	2582.56 (43.94)	2550.29 (72.25)	2582.92 (55.35)	p<.001#

*One participant had missing information. Values in brackets represent the standard error. A linear regression of Age x Sex was performed on each of the measures (significance of $p < .05$ used) on the total sample (N=141). % The linear regression produced a significant effect of Sex, such that women outperformed men on this score. ^ Age x Sex interaction of BMI: age-related increase in BMI; younger and middle-aged adult men had higher BMI than their female counterparts; and older men had higher BMI than older women. # The linear regression produced a significant main effect of Age. The fMRI behavioral measures revealed that older adult participants performed significantly worse than younger and middle-aged participants and with significantly greater RT to complete the spatial tasks. BDI = Beck Depression Inventory; LFR = Long-form Free Recall; LCR = Long-form Cued Recall; RG = Recognition; BMI = body mass index.

Functional connectivity results

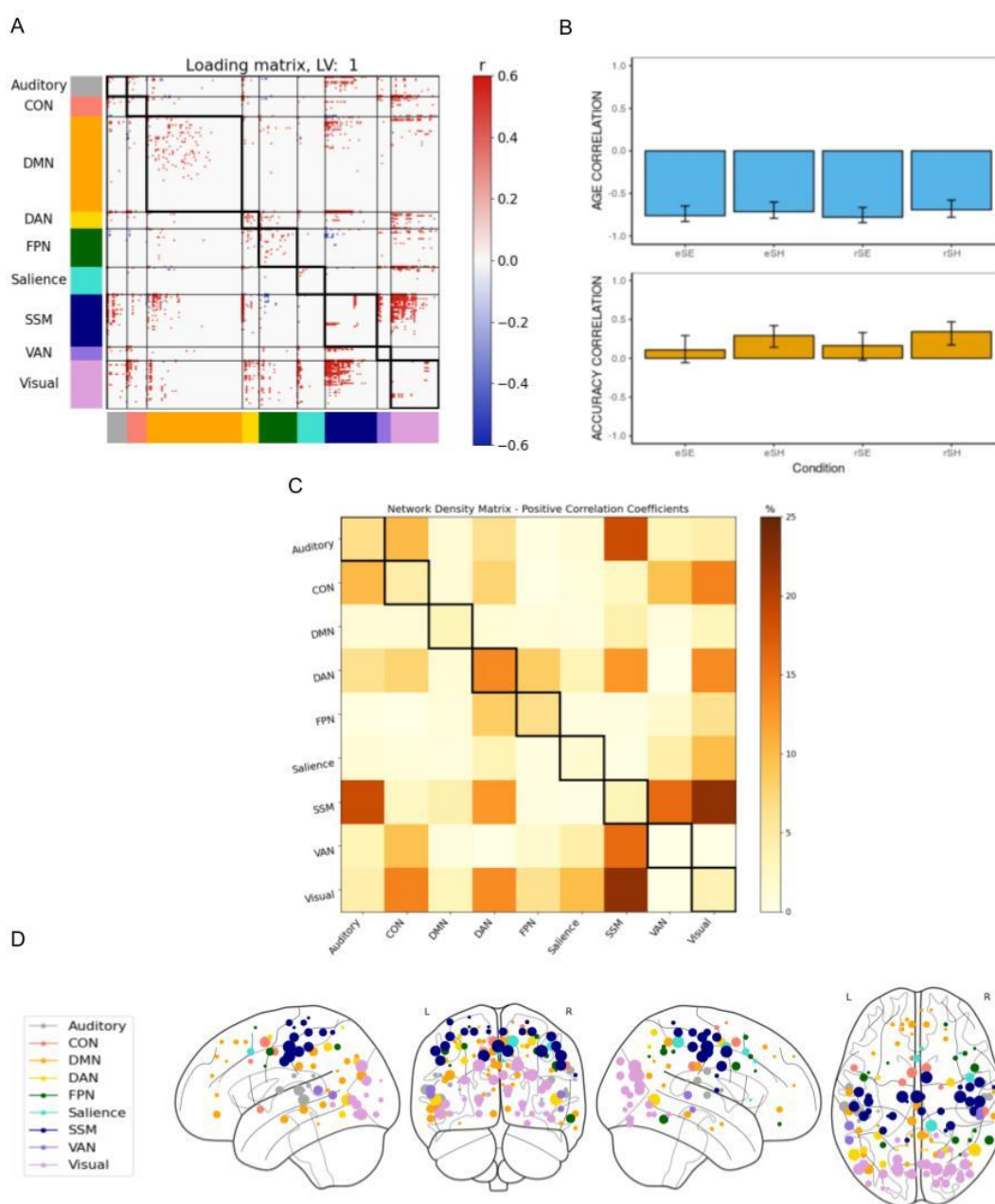
Four participants' fMRI images failed preprocessing and were excluded from the PLS analyses (2 women and 2 men). Therefore, the sample size for the PLS analyses was 137 (47 men and 90 women). Figures 2 through 5 depict the relevant information for the significant LVs in both the full group B-PLS1 and the between-sex group B-PLS2 analyses, respectively. The subplots include the 1) thresholded loading matrix, 2) behavioral correlation weights, 3) network density matrix, and 4) brain figure representing the highly involved nodes. The thresholded connectivity matrix (1) represents the 95th percentile of the z-score values of correlation coefficients. The behavioral weights (2) indicate how the loading matrix relates to the behavioral vectors of age and accuracy in women and men. The network density matrix (3) represents the sum of the unthresholded significant edges divided by the

total number of possible edges between any two networks (or within a network). Each LV generated two density plots because calculations were done separately on the positive and negative correlation coefficients. Density matrices that produced sparse significant edges (<5%) were not included. Finally, the brain figures (4) identify the most highly contributing nodes from the thresholded loading matrix, as determined by the ranked sum of the correlation values from most to least involved. Below we report the detailed findings of each B-PLS analysis.

Full Group B-PLS1 Results

The full group B-PLS1 analysis examining age and performance effects in connectivity identified two significant LVs at $p < 0.05$. The first LV (LV1, accounting for 70.15% cross-block covariance) identified significant positive connectivity weights (in red) between several networks (Figure 3A).

423 **Figure 3 B-PLS1, LV1: Differential effects of age & accuracy on task-related brain connectivity**



424

Figure 3. B-PLS1, LV1 reflects differences in how age and accuracy on the task influence task-related brain connectivity. **(A)** Thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile indicated in B. **(B)** Correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights). Error bars represent bootstrapped standard deviations. **(C)** The density plot for the positive correlation coefficients (i.e., sum of the significant correlation coefficients after thresholding, divided by the total number of edges between any two networks). The density matrix for the negative correlation coefficients is not presented because there were no significant edges. **(D)** Most densely connected nodes from the positive salience loading matrix as represented by the rank sum of the correlation coefficients of the thresholded matrix. Greater node size represents greater node involvement. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

425 The loading matrix and density matrix for LV1 (Figures 3A and 3C) indicates that there were
 426 three dominant patterns of positive connectivity involving the DAN, visual network, and SSM-network.
 427 First, LV1 identified positive within-network connectivity weights in the DAN and FPN, and between
 428 the DAN and FPN, SSM, and visual network. Second, there was positive network connectivity between
 429 the (i) visual network and CON, and (ii) SSM and the auditory network and VAN. The matrices and
 430 behavioral correlation weights (Figure 3B) together indicates that this pattern of positive brain
 431 connectivity was negatively correlated with age across all encoding and retrieval conditions and was
 432 positively correlated with memory performance during the hard spatial context memory task.
 433 Specifically, greater positive functional connectivity among these networks during the encoding and
 434 retrieval phases of the hard, but not easy, spatial context memory task was positively correlated with
 435 memory accuracy but negatively correlated with age. Therefore, LV1 identified patterns of task-related
 436 functional connectivity that differentiated age and memory performance effects for the hard spatial
 437 context memory tasks.

438 The second LV accounted for 17.47% cross-block covariance and identified only significant
 439 negative connectivity weights (in blue) as seen in the loading matrix (Figure 4A). The density matrix
 440 (Figure 4C) identified dense patterns of connectivity between DAN and auditory, CON, DMN and
 441 VAN. Taken together with the behavior correlation weights (Figure 4B), these networks showed a
 442 negative correlation with retrieval accuracy. That is, greater connectivity between these networks
 443 during encoding and retrieval was related to poorer performance for all memory tasks.

444
 445
 446
 447
 448
 449

Figure 4 B-PLS1, LV2: Accuracy- but not age-related effects on task-related brain connectivity

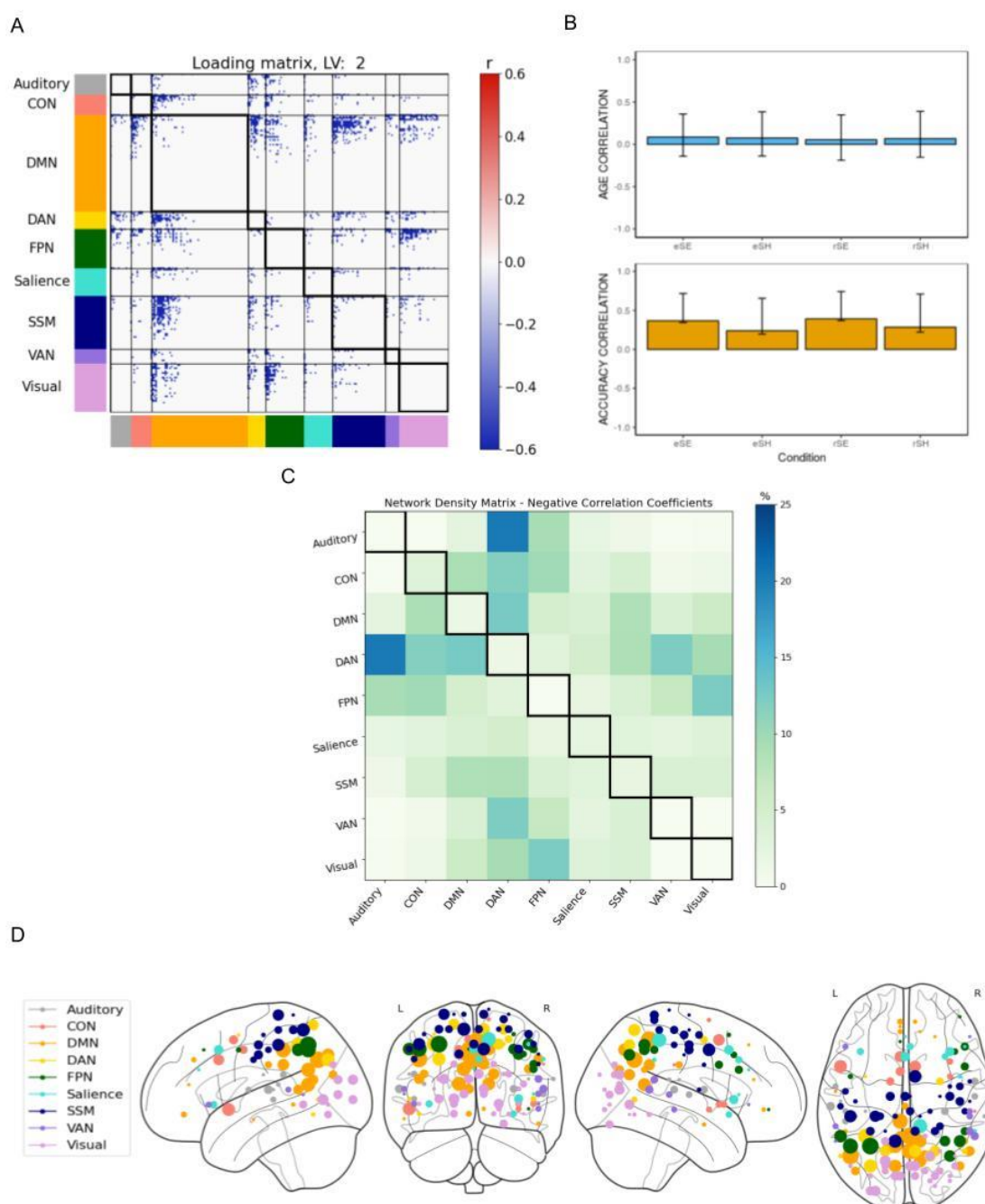


Figure 4. B-PLS1, LV2 reflects how accuracy was related to task-related brain connectivity but not age. **(A)** Thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile indicated in B. **(B)** Correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavioral correlation weights). Error bars represent bootstrapped standard deviations. **(C)** The density plot for the negative correlation coefficients (i.e., sum of the significant correlation coefficients after thresholding, divided by the total number of edges between any two networks). The density matrix for the positive correlation coefficients is not presented because there were no significant edges. **(D)** Most densely connected nodes from the negative salience loading matrix as represented by the rank sum of the correlation coefficients of the thresholded matrix. Greater node size represents greater node involvement. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON =

cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

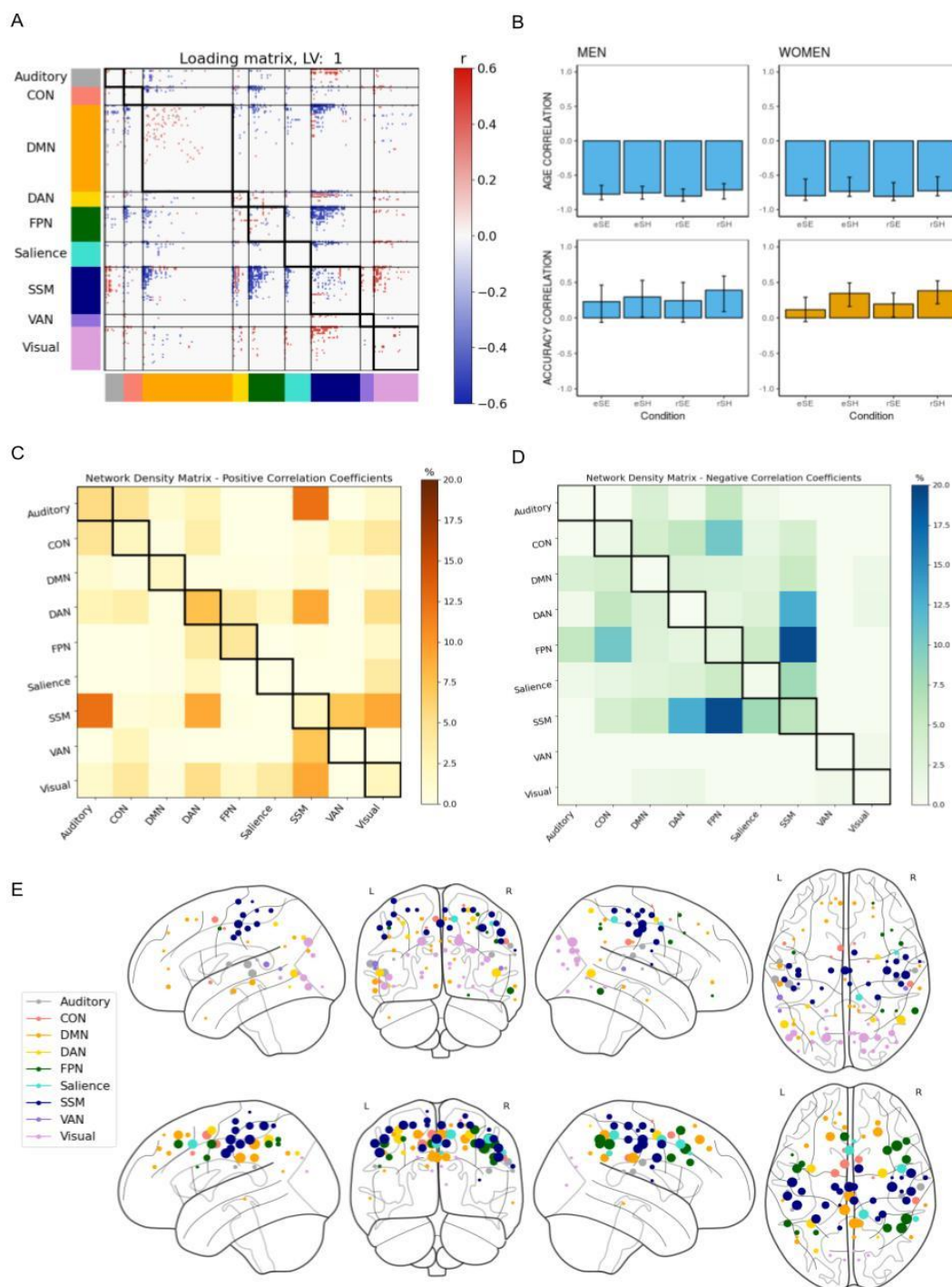
Between-Sex Group B-PLS2 Results

The between-sex group B-PLS2 analysis examining age and performance effects separately in women and men identified four significant LVs at $p < 0.05$. Since LV1 and LV2 accounted for most of the original variance in data (87.62%), we present and discuss the findings for LV1 and LV2 as they would represent the most valuable information with regards to sex differences in age and memory accuracy on task-related functional connectivity (Zeng & Wang, 2010). The results and figures for LV3 and LV4 are reported in the Supplementary Figures 1 and 2. The results and figures for LV3 and LV4 are reported in the Supplementary Figures 1 and 2.

LV1 accounted for 44.58% of cross-block covariance and showed both significant positive and negative connectivity weights. The behavior correlation plot indicates that the patterns of connectivity identified by LV1 was differentially correlated with age and memory performance during hard spatial context memory tasks in men and women, recapitulating the LV1 effect of the full group B-PLS1. The loading and density matrices (Figure 5A, C, D) showed dense positive connections involving DAN, SSM, and visual networks, consistent with LV1 from the B-PLS1. However, by disaggregating our connectivity analysis by sex we observed that the positive functional connectivity patterns also support retrieval performance during easy spatial context memory tasks in women only (i.e., the confidence interval does not contain zero). Furthermore, a unique pattern of negative weighted connectivity involving CON, DAN, FPN, and SSM was also identified. In both sexes, age was positively correlated with increased connectivity between SSM and DAN, FPN and between CON and FPN, while memory performance during hard spatial context memory tasks was negatively correlated with this pattern of connectivity in both sexes, and during easy spatial context retrieval in women only.

486

Figure 5 B-PLS2, LV1: Sex similarities in age and accuracy effects on task-related brain connectivity



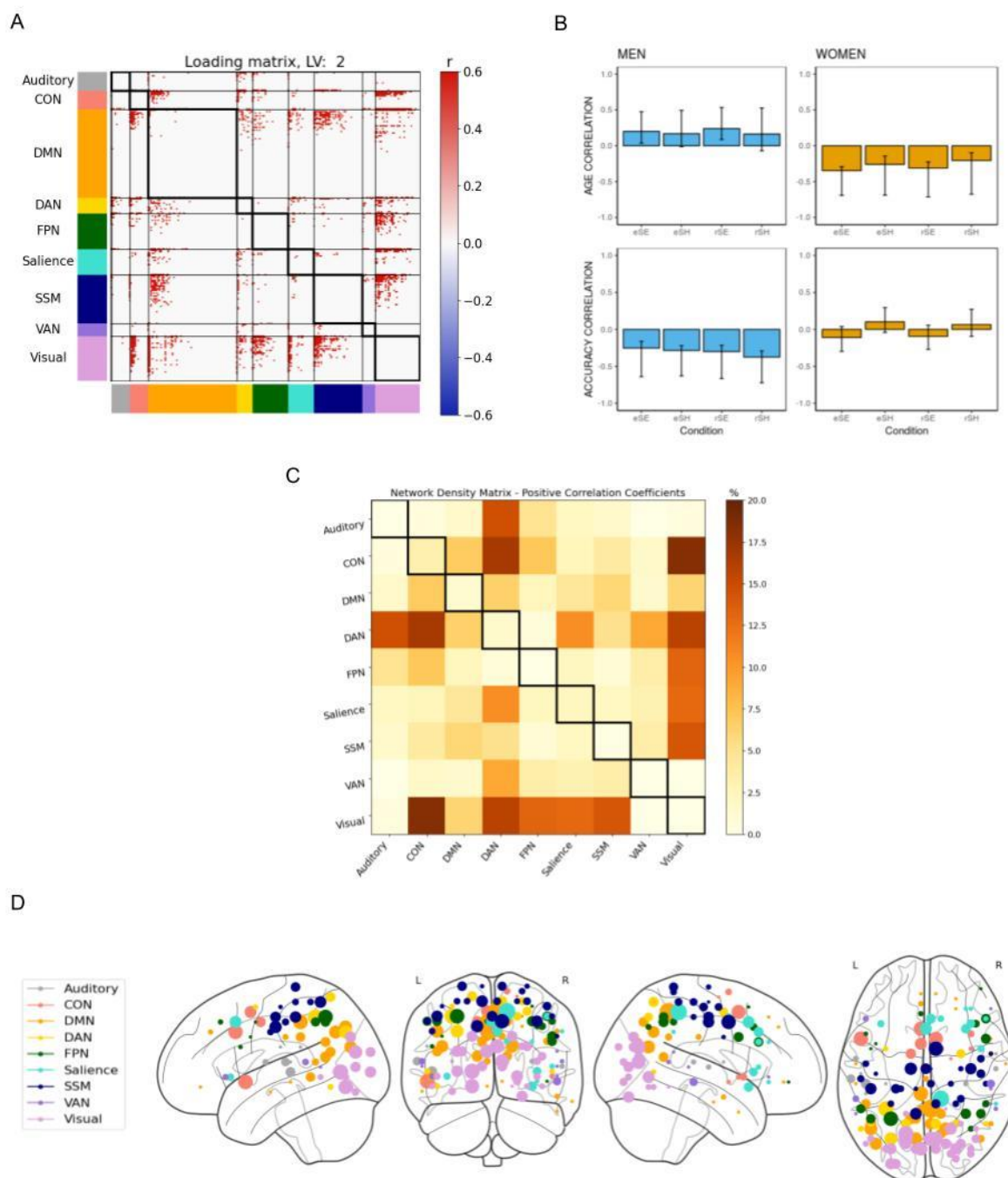
487

Figure 5. B-PLS2, LV1 sex similarities in age and performance on task-related brain connectivity. **(A)** Thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile indicated in B. **(B)** Correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavioral correlation weights). Error bars represent bootstrapped standard deviations. **(C)** The density plot for the positive correlation coefficients (i.e., sum of the significant correlation coefficients after thresholding, divided by the total number of edges between any two networks). **(D)** The density plot for the negative correlation coefficients. **(E)** Most densely connected nodes from the positive (top) and the negative (bottom) salience loading matrix as represented by the rank sum of the correlation coefficients of the thresholded matrix. Greater node size represents greater node involvement. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network;

DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

488 LV2 accounted for 21.66% of the cross-block covariance and identified significant positive
 489 between-network connections involving DAN, SSM and the visual network (Figure 6A and 6C). The
 490 behavior correlation weights (Figure 6B) indicates there were sex differences in how age and memory
 491 performance correlated with this pattern of task-related brain connectivity. In men, positive
 492 connectivity among these networks was negatively correlated with memory performance across all
 493 tasks; and age was related to increased connectivity among these networks only during easy spatial
 494 context memory tasks. In contrast, in women, memory performance was not related to connectivity
 495 among these networks, but age was negatively correlated with connectivity in these networks across all
 496 tasks. Therefore, LV2 identified sex differences in how both age and memory performance correlated
 497 with task-based brain connectivity.
 498

499 **Figure 6 B-PLS2, LV2: Sex differences in age and accuracy effects on task-related brain connectivity**



500

Figure 6. B-PLS2, LV2 sex differences in age and performance on task-related brain connectivity. **(A)** Thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile indicated in B. **(B)** Correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavioral correlation weights). Error bars represent bootstrapped standard deviations. **(C)** The density plot for the positive correlation coefficients (i.e., sum of the significant correlation coefficients after thresholding, divided by the total number of edges between any two networks). **(D)** Most densely connected nodes from the positive saliency loading matrix as represented by the rank sum of the correlation coefficients of the thresholded matrix. Greater node size represents greater node involvement. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON =

cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

Supplementary Analyses

We performed several post-hoc analyses to account for confounding factors that may have influenced the findings and subsequent interpretation of our primary analyses. First, sex differences in education and intracranial volume (ICV) may have impacted our study findings. Men typically have larger ICV than women (Ruigrok et al., 2014) and education level may have a strong involvement as a gendered reserve contributor (Subramaniapillai et al., 2021). Thus, we ran a supplementary analysis using a sub-cohort ($n = 48$) of women and men selected from our full sample matched according to age, education, and ICV to determine whether the LV patterns identified in our primary analyses were similar after controlling for these factors. This supplementary analysis revealed similar findings as those presented in our primary analyses (results presented in Supplementary Figures 3 and 4).

Second, while the choice to regress mean task-related activity is grounded in previous literature (Cole et al., 2019), we conducted supplementary B-PLS analyses without regressing mean task-related activity to enable readers to compare findings across differences in this preprocessing methodology. The LV effects from this supplementary analysis were consistent with our primary analysis (Supplementary Figures 5 and 6).

Discussion

The goals of the current study were two-fold. First, we used behavior partial least squares (PLS) connectivity analysis to test the hypothesis that age and memory performance (retrieval accuracy) would be inversely associated with task-based connectivity between the DAN, DMN and FPN during successful encoding and retrieval of face-location associations (spatial context memory). We then disaggregated our analyses by self-reported sex and tested the hypothesis that there would largely be similarities in performance-related connectivity in both sexes and sex differences in the effect of age on

memory performance-related brain connectivity, consistent with our prior task-based activation analyses of sex differences during spatial context memory (Subramaniapillai et al., 2019). The behavioral data from the current study replicated our prior work based on smaller sample sizes: there was no significant effect of sex on accuracy and reaction time, nor any significant interactions of age and sex. There were significant main effects of age and task difficulty on spatial context memory accuracy and reaction time, as reported previously (Ankudowich et al., 2017; Subramaniapillai et al., 2019).

The multivariate behavior PLS results from the full group B-PLS1 and between-sex group (women, men) B-PLS2 results generally corroborated our age-related hypotheses. Age and memory performance were inversely correlated to connectivity between DAN, FPN and visual networks in both sexes. Aging was also related to greater between-network integration among non-sensory networks, which was related to lower performance on hard spatial context memory tasks in both sexes, and lower performance during easy spatial context retrieval in women only. However, our sex-related hypotheses were not supported. We observed both similarities and differences in age-related and performance-related patterns of task-based functional connectivity, which did not differ by memory phase (encoding and retrieval). We discuss the details of our connectivity results below and highlight the importance of disaggregating task-based connectivity results by sex and gender in computational and clinical neuroscience studies of normative aging and episodic memory function.

Sex similarities in age- vs. performance-related patterns of task-based connectivity during spatial context memory encoding and retrieval

In both B-PLS analyses, LV1 indicated that in both women and men, better memory performance during hard spatial context memory tasks was related to increased positive connectivity: (i) between DAN and the FPN, SSM, and visual networks, (ii) between SSM and the VAN, auditory, and visual networks, and (iii) within the DAN and FPN during encoding and retrieval phases of the hard spatial context memory tasks. In contrast, age was associated with decreased connectivity among

550 these networks across all task conditions in both sexes (B-PLS1, LV1 and B-PLS2, LV1). This pattern
551 of connectivity was correlated only with memory performance during hard but not easy tasks, which
552 suggests increasing encoding load and retrieval demands during the spatial context hard > easy tasks,
553 resulting in the engagement of several domain-general cognitive control and attention-related brain
554 networks (i.e., DAN, FPN) to support memory performance. This observation is consistent with prior
555 brain activation studies that have highlighted the importance of attention and cognitive control
556 processes for successful episodic encoding and retrieval (Ciaramelli & Moscovitch, 2020; Smallwood
557 et al., 2021), particularly for the memory of source and/or contextual details (Dulas & Duarte, 2014;
558 Rajah, Ames, & D’Esposito, 2008; Rajah et al., 2010; Thakral, Wang, & Rugg, 2015). Also, we
559 observed that across encoding and retrieval, men and women exhibited similarities in performance-
560 related functional connectivity. This indicates that successful memory performance during the hard
561 spatial context tasks relied on the reinstatement of functional connections present at encoding, during
562 the later retrieval phase. This finding is consistent with current theories emphasizing the importance of
563 recapitulation of cognitive/brain states and episodic replay to support retrieval success (Hill, King, &
564 Rugg, 2021; Morcom, 2014; Stawarczyk, Wahlheim, Etzel, Snyder, & Zacks, 2020; Wimmer, Liu,
565 Vehar, Behrens, & Dolan, 2020). Moreover, our current findings indicate this reinstatement occurs at a
566 broad network level and is associated with individual differences in retrieval success. The finding that
567 greater DAN-FPN connectivity during encoding and retrieval was correlated with better performance
568 during harder spatial context memory tasks and younger age is consistent with prior studies that
569 reported that FPN connectivity with DAN supports episodic memory, and with our hypothesis that age-
570 related declines in episodic memory are related to reduced DAN-FPN connectivity (Avelar-Pereira et
571 al., 2017; Benoit & Schacter, 2015; Cabeza & St Jacques, 2007; Habeck et al., 2012; Kim, 2012;
572 Spreng et al., 2016). Beyond these predicted results, our task fMRI connectivity results highlight that
573 the distinct pattern of connectivity among the visual network, SSM, and higher-order CON and DAN
574 networks supported successful encoding and retrieval during hard spatial context memory in both

women and men, and easy spatial context retrieval in women. Greater sensory and SSM connectivity in both sexes likely reflected the complex sensory-motor remapping demands of the task. At encoding, stimuli were presented left/right; at retrieval, two old faces were oriented top/bottom, but retrieval was based on a left/right decision and response data were collected from a horizontally oriented response box. The vertical presentation at retrieval was done to avoid stimulus masking effects, however, likely increased the stimulus-response mapping demands of the spatial context memory task (Power et al., 2011). Thus, age-related decreases in these connectivity patterns may reflect reductions in the ability to attend and integrate visual and sensorimotor information with goal-directed cognitive control processes. This may in turn have contributed to poorer memory function in both women and men. The observation that this pattern of connectivity was only correlated with better performance on hard tasks in both sexes is consistent with prior studies showing modulation of frontoparietal cognitive control processes as a function of task difficulty across cognitive tasks, including episodic memory tasks (Cole & Schneider, 2007; Dobbins & Han, 2006; Kim, 2010; Rajah et al., 2008; Rajah et al., 2011; Vincent et al., 2008). Interestingly, in women the correlation between connectivity and memory performance was also observed for easy spatial context retrieval and points to a sex difference in task-related functional connectivity that is discussed in greater detail below.

Sex differences in the performance-related task-based connectivity during easy spatial context retrieval

The full group and between-sex group PLS LV1 results supported the hypothesis that aging in women and men was related to declines in within-network segregation in DAN and FPN. However, only after disaggregating our analysis by sex did we observe the predicted age-related increase in between-network connectivity (integration) among non-sensory networks, *i.e.*, CON, DMN, DAN, FPN, salience and SSM, across all task conditions in both women and men (B-PLS2, LV1, negative connectivity matrix). This pattern of connectivity was negatively correlated with memory performance during hard spatial context memory tasks in both sexes, and with memory performance during easy

599 spatial context memory tasks in women only. Therefore, by disaggregating our analyses by sex, we
600 were able to identify sex differences in performance effects related to easy spatial context retrieval.

601 This result indicates that the age effects identified in LV1 had a more general effect on memory
602 performance in older, compared to younger women; but only affected memory performance on hard
603 spatial context memory tasks in older, compared to younger men. Moreover, it is possible that the
604 between-network integration observed in the sex disaggregated, but not the full group, analyses, may
605 have been driven by performance effects in older women during the easy spatial context retrieval
606 conditions. We have previously observed greater generalization in activation patterns across women,
607 compared to men, in the activation analysis of a smaller sample of adults who participated in the
608 current study (Subramaniapillai et al., 2019) and in a sample of older adults with a family history of
609 late-onset AD (Rabipour et al., 2021). The current results shows that greater between-network
610 integration was apparent at both levels of task difficulty in women only and may reflect increased
611 generalization (or dedifferentiation) of function as women age (Chan et al., 2014).

612 Sex differences in age- and performance-related patterns of task connectivity

613 Based on prior resting state fMRI connectivity studies (Avelar-Pereira et al., 2017; Ferreira et
614 al., 2016; Jockwitz et al., 2017; Klaassens et al., 2017; Spreng & Schacter, 2012; Zonneveld et al.,
615 2019), we hypothesized that there would be age-related increases in DAN-DMN task-based
616 connectivity during encoding and retrieval, which would be inversely correlated with memory
617 performance. Both our full group B-PLS1, LV2 and between-sex group B-PLS2, LV2 indicated that
618 increased connectivity between DAN-DMN during spatial context encoding and retrieval was related to
619 poorer memory performance. However, it was only after we disaggregated our analysis by sex, we
620 observed the predicted age effect – and only in men. Specifically, men showed age-related increases in
621 DAN-DMN connectivity during easy spatial context memory encoding and retrieval tasks, which was
622 negatively correlated to their memory performance. Men also exhibited weak connectivity between
623 DAN-FPN and an increased connectivity pattern between DMN and the auditory, CON, and visual

624 networks. This suggests that decoupling of DAN-FPN, greater DAN-DMN connectivity, and greater
 625 connectivity between DAN and FPN with sensory networks was correlated with men's poorer episodic
 626 encoding and retrieval. This result is consistent with the hypothesis that suppression of DAN-DMN
 627 connectivity and increased DAN-FPN connectivity during externally oriented tasks, i.e., episodic
 628 memory tasks, supports successful task performance (Smallwood et al., 2021; Spreng & Turner, 2019),
 629 but highlights that this age-related deficit in the suppression of DAN-DMN connectivity was specific to
 630 men in the current study. Furthermore, these age- and performance-related differences in connectivity
 631 in men, suggests they may exhibit decreases in top-down attentional control of visual processing with
 632 age that was detrimental to performance (Esposito et al., 2018; Grady et al., 2016; Vogel et al., 2012).
 633 This is also consistent with our prior activation analysis demonstrating that with advanced age, men
 634 engaged visual sensory processing areas for successful memory performance, possibly relying on task
 635 strategies related to semantic processing (Subramaniapillai et al., 2019).

636 Women, in contrast, exhibited an age-related decrease in DAN-DMN connectivity and in DAN
 637 connectivity with other networks. Moreover, this age-related difference in connectivity was not related
 638 to memory performance in women. Thus, age-related memory decline in women in the current study
 639 was not associated with altered DAN-DMN connectivity. This was contrary to our hypothesis that
 640 similar age effects would be observed in women and men, and indicates that in women, age-related
 641 spatial context memory decline was primarily represented by the effects observed in B-PLS2 LV1
 642 (discussed above). More broadly, our findings indicate there were sex differences in DMN and DAN
 643 connectivity with age. This may be indicative of different task orientations in older women, compared
 644 to men (Ankudowich et al., 2017); or reflect sex differences in the rate at which age effects functional
 645 connectivity (Scheinost et al., 2015). Indeed, using resting state functional connectivity, Scheinost et al
 646 (2015) reported that between the ages of 18 and 65 yrs of age, men exhibited steeper differences in
 647 DMN connectivity by decade, compared to women. Given the fact that age-related cognitive decline
 648 and neurodegenerative diseases, i.e., AD has been linked to altered connectivity involving the DMN

(Hafkemeijer, van der Grond, & Rombouts, 2012), future work should further explore if there are sex differences in task-based DMN connectivity in other memory paradigms, and at rest.

Caveats

The present study examined sex similarities and differences in spatial context memory across the lifespan using a novel functional connectivity methodological approach. However, our study has several limitations that future work should address. First, our findings are specific to the tasks analyzed and future studies aimed at replicating results in different episodic memory paradigms is essential to validating the generalizability of our current finding. Second, a comprehensive data collection approach was not used when collecting participants' biological sex or menopause status. Our current study acquired participants' biological sex through self-report, although it could also be ascertained through other means, including participants' sex hormone measurements. Hormone collection is especially relevant when investigating major life transitions, such as menopause, which is associated with age-related differences in women's hormonal profiles. As a consequence of women's greater menopause-related hormonal changes and the established literature of memory effects during this transition (Henderson, 2010; Li, Cui, & Shen, 2014; Rentz et al., 2017; J. Yonker et al., 2006), we decided to omit our cohort of women transitioning through menopause and those who underwent HRT. Although our small cohort size of women in the menopause transition prevented us from including them in our primary analysis, it is essential that future research integrate important life transitions to better inform our understanding of healthy aging models in women and men. Lastly, given that we did not collect information about participants' sociocultural gender, it is further challenging to disentangle the effects of biological sex and sociocultural gender on age- and performance-related connectivity differences.

Also, our relatively small cohort size constitutes another limitation of the current study. Despite the small cohort, our findings complement our previous activation studies, both at the behavioral and functional level, using the same lifespan cohort (Subramaniapillai et al., 2019; Ankudowich et al., 2016; 2017). Moreover, we found that our PLS connectivity findings were robust to several

674 methodological confounds. First, one challenge that we foresaw was that sex differences in intracranial
675 volume (ICV), with men typically having greater ICV than women, may be driving our functional
676 connectivity results. However, when we ran our analysis on a smaller cohort of participants matched on
677 ICV (and age and education), our findings corroborate our primary analysis (Supplementary Figures 3
678 and 4).

679 Finally, although we have theoretical justification for regressing task mean activity from the
680 fMRI signal, one might rightfully ask what the error term actually means, in terms of functional
681 relevance. When we ran the PLS connectivity analysis without regressing mean task-related activity,
682 the analysis generated the same exact LV results and functional network connectivity with minimal
683 differences observed in connectivity at the nodal rather than network level. This enabled us to conclude
684 that the level of interpretation we used for the current study (i.e., at the network level) would have
685 resulted in the same interpretations of findings, whether or not we chose to regress mean task-related
686 activity. Future work should endeavour to understand what these minute differences mean at the node
687 level, both theoretically and conceptually. Thus, although there was the possibility of several
688 confounds, our supplementary analyses findings demonstrate our primary analysis was robust to
689 different preprocessing strategies and methodological confounds.

690 **Conclusions**

691 The current study is the first to examine age- and performance-related differences in task-based
692 connectivity during episodic encoding and retrieval in a normative adult lifespan sample, and to
693 explore how self-reported sex effects these patterns of connectivity. In both sexes, age- and memory
694 performance were inversely correlated with DAN-FPN connectivity. In addition, we observed the
695 predicted age-related increase in DAN-DMN connectivity but only in men, while women showed more
696 between-network integration and generalization of function with advanced age. Thus, different
697 neurocognitive mechanisms contribute to normative age-related differences in episodic memory in
698 women and men. These sex and gender differences should be considered when interpreting task-related

and resting-state fMRI studies of AD, and other age-related neurological and psychiatric diseases that have sex differences in prevalence rates and are known to affect individuals' episodic memory function (i.e., Parkinson's disease). Overall, our results highlight the importance of considering sex and gender in study design, analysis, and interpretation in cognitive neuroscience studies of aging and memory.

Acknowledgements: We thank all the research participants who made this work possible. This work was supported by CIHR Operating Grants (GS9-171369 and 201610PJT- 374992) and NSERC Discovery Grant (RGPIN-2018-05761) awarded to M.N. Rajah; Canada Research Chair II to B. Misic; the Natural Science and Engineering Research Council Graham Bell Canada Graduate Scholarship-Doctoral and the Healthy Brains Healthy Lives Doctoral Fellowship awarded to S. Subramaniapillai.

Contributions: M. N. Rajah (MNR) designed the study. S. Subramaniapillai (SS), S. Rajagopal (SR) and E. Ankudowich (EA) contributed to data processing and analysis. S. Pasvanis (SP) and EA led data collection and quality control. SS and SR created figures and tables. Bratislav Misic (BM) provided the PLS connectivity code, SR edited and created the GitHub code used in the current publication. SS, SR, EA, BM, and MNR provided analytic, theoretical input and editorial feedback on drafts of this paper. EA wrote an earlier version of this manuscript focused on the age effects; SS and MNR co-wrote the current version of the manuscript.

Competing Interests: The authors have no conflict of interest to declare.

724 **References**

- 725 Amer, T., Campbell, K. L., & Hasher, L. (2016). Cognitive Control As a Double-Edged Sword. *Trends*
726 *in Cognitive Sciences*, 20(12), 905–915.
727 <https://doi.org/http://dx.doi.org/10.1016/j.tics.2016.10.002>
- 728 Ankudowich, E., Pasvanis, S., & Rajah, M. N. (2016). Changes in the modulation of brain activity
729 during context encoding vs. context retrieval across the adult lifespan. *NeuroImage*, 139, 103–113.
730 <https://doi.org/10.1016/j.neuroimage.2016.06.022>
- 731 Ankudowich, E., Pasvanis, S., & Rajah, M. N. (2017). Changes in the correlation between spatial and
732 temporal source memory performance and BOLD activity across the adult lifespan. *Cortex*, 91,
733 234–249. <https://doi.org/10.1016/j.cortex.2017.01.006>
- 734 Ankudowich, Elizabeth, Pasvanis, S., & Rajah, M. N. (2019). Age-related differences in prefrontal-
735 hippocampal connectivity are associated with reduced spatial context memory. *Psychology and*
736 *Aging*, 34(2), 251–261. <https://doi.org/10.1037/pag0000310>
- 737 Asperholm, M., Van Leuven, L., & Herlitz, A. (2020). Sex differences in episodic memory variance.
738 *Frontiers in Psychology*, 11(1), 52–56. <https://doi.org/10.3389/fpsyg.2020.00613>
- 739 Avelar-Pereira, B., Bäckman, L., Wåhlin, A., Nyberg, L., & Salami, A. (2017). Age-related differences
740 in dynamic interactions among default mode, frontoparietal control, and dorsal attention networks
741 during resting-state and interference resolution. *Frontiers in Aging Neuroscience*, 9(MAY), 1–15.
742 <https://doi.org/10.3389/fnagi.2017.00152>
- 743 Bates, D., Mächler, M., Bolker, B. M., & Walker, S. C. (2015). Fitting linear mixed-effects models
744 using lme4. *Journal of Statistical Software*, 67(1). <https://doi.org/10.18637/jss.v067.i01>
- 745 Becker, J. B., & Koob, G. F. (2016). Sex differences in animal models: Focus on addiction.
746 *Pharmacological Reviews*, 68(2), 242–263. <https://doi.org/10.1124/pr.115.011163>
- 747 Bender, A. R., Naveh-Benjamin, M., & Raz, N. (2010). Associative Deficit in Recognition Memory in
748 a Lifespan Sample of Healthy Adults. *Psychology and Aging*, 25(4), 940–948.

749 <https://doi.org/10.1037/a0020595>

750 Benoit, R., & Schacter, D. (2015). Specifying the core network supporting episodic simulation and
751 episodic memory by activation likelihood estimation Roland. *Neuropsychologia*, 75, 450–457.

752 Birn, R. M., Cornejo, M. D. aniel., Molloy, E. K., Patriat, R., Meier, T. B., Kirk, G. R., ...
753 Prabhakaran, V. (2014). The influence of physiological noise correction on test-retest reliability of
754 resting-state functional connectivity. *Brain Connectivity*, 4(7), 511–522.
755 <https://doi.org/10.1089/brain.2014.0284>

756 Biswal, B., Zerrin Yetkin, F., Haughton, V. M., & Hyde, J. S. (1995). Functional connectivity in the
757 motor cortex of resting human brain using echo-planar mri. *Magnetic Resonance in Medicine*,
758 34(4), 537–541. <https://doi.org/10.1002/mrm.1910340409>

759 Cabeza, R., & St Jacques, P. (2007). Functional neuroimaging of autobiographical memory. *Trends in*
760 *Cognitive Sciences*, 11(5), 219–227. <https://doi.org/10.1016/j.tics.2007.02.005>

761 Campbell, K. L., & Schacter, D. L. (2016). Aging and the Resting State: Cognition is not Obsolete.
762 *Lang Cogn Neurosci.*, 32(6), 692–694. <https://doi.org/10.1080/23273798.2016.1265658>

763 Cansino, S. (2009). Episodic memory decay along the adult lifespan: A review of behavioral and
764 neurophysiological evidence. *International Journal of Psychophysiology*, 71(1), 64–69.
765 <https://doi.org/10.1016/j.ijpsycho.2008.07.005>

766 Capogna, E., Sneve, M. H., Raud, L., Folvik, L., Ness, H. T., Walhovd, K. B., ... Vidal-Piñeiro, D.
767 (2022). Whole-brain connectivity during encoding: age-related differences and associations with
768 cognitive and brain structural decline. *Cerebral Cortex*, 1–15.
769 <https://doi.org/10.1093/cercor/bhac053>

770 Chan, M. Y., Park, D. C., Savalia, N. K., Petersen, S. E., & Wig, G. S. (2014). Decreased segregation
771 of brain systems across the healthy adult lifespan. *Proceedings of the National Academy of*
772 *Sciences of the United States of America*, 111(46), E4997–E5006.
773 <https://doi.org/10.1073/pnas.1415122111>

- 774 Ciaramelli, E., & Moscovitch, M. (2020). The space for memory in posterior parietal cortex: Re-
775 analyses of bottom-up attention data. *Neuropsychologia*, 146(June), 107551.
776 <https://doi.org/10.1016/j.neuropsychologia.2020.107551>
- 777 Cole, M. W., Ito, T., Schultz, D., Mill, R., Chen, R., & Cocuzza, C. (2019). Task activations produce
778 spurious but systematic inflation of task functional connectivity estimates. *NeuroImage*, 189, 1–
779 18. <https://doi.org/10.1016/j.neuroimage.2018.12.054>
- 780 Cole, M. W., & Schneider, W. (2007). The cognitive control network: Integrated cortical regions with
781 dissociable functions. *NeuroImage*, 37(1), 343–360.
782 <https://doi.org/10.1016/j.neuroimage.2007.03.071>
- 783 Damoiseaux, J. S. (2017). Effects of aging on functional and structural brain connectivity. *NeuroImage*,
784 160(January), 32–40. <https://doi.org/10.1016/j.neuroimage.2017.01.077>
- 785 De Frias, C., Nilsson, L. G., & Herlitz, A. (2006). Sex differences in cognition are stable over a 10-year
786 period in adulthood and old age. *Aging, Neuropsychology, and Cognition*.
787 <https://doi.org/10.1080/13825580600678418>
- 788 Dixon, M. L., Andrews-Hanna, J. R., Spreng, R. N., Irving, Z. C., Mills, C., Gern, M., & Christoff, K.
789 (2017). Interactions between the default network and dorsal attention network vary across default
790 subsystems, time, and cognitive states. *NeuroImage*, 147(July 2016), 632–649.
791 <https://doi.org/10.1016/j.neuroimage.2016.12.073>
- 792 Dobbins, I. G., & Han, S. (2006). Cue- versus Probe-dependent Prefrontal Cortex Activity during
793 Contextual Remembering. *Journal of Cognitive Neuroscience*, 18(9), 1439–1452.
794 <https://doi.org/10.1162/jocn.2006.18.9.1439>
- 795 Dulas, M. R., & Duarte, A. (2014). Aging Affects the Interaction between Attentional Control and
796 Source Memory: An fMRI Study. *JOURNAL OF COGNITIVE NEUROSCIENCE*, 26(12), 2653–
797 2669. <https://doi.org/10.1162/jocn>
- 798 Edde, M., Dilharreguy, B., Theaud, G., Chanraud, S., Helmer, C., Dartigues, J. F., ... Catheline, G.

799 (2020). Age-related change in episodic memory: role of functional and structural connectivity
800 between the ventral posterior cingulate and the parietal cortex. *Brain Structure and Function*,
801 225(7), 2203–2218. <https://doi.org/10.1007/s00429-020-02121-7>

802 Esposito, R., Cieri, F., Chiacchiarretta, P., Cera, N., Lauriola, M., Di Giannantonio, M., ... Ferretti, A.
803 (2018). Modifications in resting state functional anticorrelation between default mode network and
804 dorsal attention network: comparison among young adults, healthy elders and mild cognitive
805 impairment patients. *Brain Imaging and Behavior*, 12(1), 127–141.
806 <https://doi.org/10.1007/s11682-017-9686-y>

807 Ferreira, L. K., Regina, A. C. B., Kovacevic, N., Martin, M. D. G. M., Santos, P. P., Carneiro, C. D. G.,
808 ... Busatto, G. F. (2016). Aging effects on whole-brain functional connectivity in adults free of
809 cognitive and psychiatric disorders. *Cerebral Cortex*, 26(9), 3851–3865.
810 <https://doi.org/10.1093/cercor/bhv190>

811 Ferretti, M. T., Iulita, M. F., Cavedo, E., Chiesa, P. A., Dimech, A. S., Chadha, A. S., ... Hampel, H.
812 (2018). Sex differences in Alzheimer disease — The gateway to precision medicine. *Nature*
813 *Reviews Neurology*, 14(8), 457–469. <https://doi.org/10.1038/s41582-018-0032-9>

814 Finn, E. S. (2021). Is it time to put rest to rest? *Trends in Cognitive Sciences*, 25(12), 1021–1032.
815 <https://doi.org/10.1016/j.tics.2021.09.005>

816 Fjell, A. M., Sneve, M. H., Grydeland, H., Storsve, A. B., de Lange, A.-M. G., Amlien, I. K., ...
817 Walhovd, K. B. (2015). Functional connectivity change across multiple cortical networks relates
818 to episodic memory changes in aging. *NEUROBIOLOGY OF AGING*, 36(12), 3255–3268.
819 <https://doi.org/10.1016/j.neurobiolaging.2015.08.020>

820 Fox, M. D., Snyder, A. Z., Vincent, J. L., Corbetta, M., Van Essen, D. C., & Raichle, M. E. (2005). The
821 human brain is intrinsically organized into dynamic, anticorrelated functional networks.
822 *Proceedings of the National Academy of Sciences of the United States of America*, 102(27), 9673–
823 9678. <https://doi.org/10.1073/pnas.0504136102>

- 824 Friston, K. J. (1994). Functional and effective connectivity in neuroimaging: A synthesis. *Human Brain*
825 *Mapping*, 2(1–2), 56–78. <https://doi.org/10.1002/hbm.460020107>
- 826 Grady, C. (2008). Cognitive Neuroscience of Aging. *Annals of the New York Academy of Sciences*,
827 1124, 127–144. <https://doi.org/10.1196/annals.1440.009>
- 828 Grady, C. L., & Craik, F. I. (2000). Changes in memory processing with age. *Current Opinion in*
829 *Neurobiology*, 10(2), 224–231. [https://doi.org/10.1016/S0959-4388\(00\)00073-8](https://doi.org/10.1016/S0959-4388(00)00073-8)
- 830 Grady, C., Sarraf, S., Saverino, C., & Campbell, K. (2016). Age differences in the functional
831 interactions among the default, frontoparietal control, and dorsal attention networks. *Neurobiology*
832 *of Aging*, 41, 159–172. <https://doi.org/10.1016/j.neurobiolaging.2016.02.020>
- 833 Gur, R. E., & Gur, R. C. (2002). Gender differences in aging: Cognition, emotions, and neuroimaging
834 studies. *Dialogues in Clinical Neuroscience*, 4(2), 197–210.
- 835 Habeck, C., Risacher, S., Lee, G. J., Glymour, M. M., Mormino, E., Mukherjee, S., ... Alzheimer's
836 Dis, N. (2012). Relationship between baseline brain metabolism measured using F-18 FDG PET
837 and memory and executive function in prodromal and early Alzheimer's disease. *Brain Imaging*
838 *and Behavior*, 6(4), 568–583. Retrieved from %3CGo
- 839 Hafkemeijer, A., van der Grond, J., & Rombouts, S. A. R. B. (2012). Imaging the default mode
840 network in aging and dementia. *Biochimica et Biophysica Acta - Molecular Basis of Disease*,
841 1822(3), 431–441. <https://doi.org/10.1016/j.bbadis.2011.07.008>
- 842 Henderson, V. W. (2010). Action of estrogens in the aging brain: Dementia and cognitive aging.
843 *Biochimica et Biophysica Acta - General Subjects*, 1800(10), 1077–1083.
844 <https://doi.org/10.1016/j.bbagen.2009.11.005>
- 845 Herlitz, a, Nilsson, L. G., & Bäckman, L. (1997). Gender differences in episodic memory. *Memory &*
846 *Cognition*, 25(6), 801–811. <https://doi.org/10.3758/BF03211324>
- 847 Herlitz, A., & Rehnman, J. (2008). Sex differences in episodic memory. *Current Directions in*
848 *Psychological Science*, 17(1), 52–56. <https://doi.org/10.1111/j.1467-8721.2008.00547.x>

- 849 Hill, P. F., King, D. R., & Rugg, M. D. (2021). Age Differences in Retrieval-Related Reinstatement
850 Reflect Age-Related Dedifferentiation at Encoding. *Cerebral Cortex*, 31(1), 106–122.
851 <https://doi.org/10.1093/cercor/bhaa210>
- 852 Huo, L., Li, R., Wang, P., Zheng, Z., & Li, J. (2018). The Default Mode Network Supports Episodic
853 Memory in Cognitively Unimpaired Elderly Individuals: Different Contributions to Immediate
854 Recall and Delayed Recall. *Frontiers in Aging Neuroscience*, 10. Retrieved from %3CGo
- 855 Jack, C. R., Wiste, H. J., Weigand, S. D., Knopman, D. S., Vemuri, P., Mielke, M. M., ... Petersen, R.
856 C. (2015). Age, sex, and APOE ϵ 4 effects on memory, brain structure, and β -Amyloid across the
857 adult life Span. *JAMA Neurology*, 72(5), 511–519. <https://doi.org/10.1001/jamaneurol.2014.4821>
- 858 Jockwitz, C., Caspers, S., Lux, S., Jütten, K., Schleicher, A., Eickhoff, S. B., ... Zilles, K. (2017). Age-
859 and function-related regional changes in cortical folding of the default mode network in older
860 adults. *Brain Structure and Function*, 222(1), 83–99. <https://doi.org/10.1007/s00429-016-1202-4>
- 861 Kim, H. (2010). Dissociating the roles of the default-mode, dorsal, and ventral networks in episodic
862 memory retrieval. *NeuroImage*, 50(4), 1648–1657.
863 <https://doi.org/10.1016/j.neuroimage.2010.01.051>
- 864 Kim, H. (2012). A dual-subsystem model of the brain's default network: Self-referential processing,
865 memory retrieval processes, and autobiographical memory retrieval. *NeuroImage*, 61(4), 966–977.
866 <https://doi.org/10.1016/j.neuroimage.2012.03.025>
- 867 King, D. R., de Chastelaine, M., & Rugg, M. D. (2018). Recollection-related increases in functional
868 connectivity across the healthy adult lifespan. *NEUROBIOLOGY OF AGING*, 62, 1–19.
869 <https://doi.org/10.1016/j.neurobiolaging.2017.09.026>
- 870 Klaassens, B. L., van Gerven, J. M. A., van der Grond, J., de Vos, F., Möller, C., & Rombouts, S. A. R.
871 B. (2017). Diminished posterior precuneus connectivity with the default mode network
872 differentiates normal aging from Alzheimer's Disease. *Frontiers in Aging Neuroscience*, 9(APR),
873 1–13. <https://doi.org/10.3389/fnagi.2017.00097>

- 874 Koller, M. (2016). Robustlmm: An R package for Robust estimation of linear Mixed-Effects models.
875 *Journal of Statistical Software*, 75(1). <https://doi.org/10.18637/jss.v075.i06>
- 876 Kukolja, J., Goreci, D. Y., Onur, O. A., Riedl, V., & Fink, G. R. (2016). Resting-state fMRI evidence
877 for early episodic memory consolidation: effects of age. *Neurobiology of Aging*, 45, 197–211.
878 <https://doi.org/http://dx.doi.org/10.1016/j.neurobiolaging.2016.06.004>
- 879 Kwon, D., Maillet, D., Pasvanis, S., Ankudowich, E., Grady, C. L., & Rajah, M. N. (2016). Context
880 Memory Decline in Middle Aged Adults is Related to Changes in Prefrontal Cortex Function.
881 *Cerebral Cortex* , 26(6), 2440–2460. <https://doi.org/10.1093/cercor/bhv068>
- 882 Lewin, C., Wolgers, G., & Herlitz, A. (2001). Sex differences favoring women in verbal but not in
883 visuospatial episodic memory. *Neuropsychology*, 15(2), 165–173. [https://doi.org/10.1037/0894-](https://doi.org/10.1037/0894-4105.15.2.165)
884 [4105.15.2.165](https://doi.org/10.1037/0894-4105.15.2.165)
- 885 Li, R., Cui, J., & Shen, Y. (2014). Brain sex matters: Estrogen in cognition and Alzheimer’s disease.
886 *Molecular and Cellular Endocrinology*, 389(1–2), 13–21.
887 <https://doi.org/10.1016/j.mce.2013.12.018>
- 888 Maillet, D., & Rajah, M. N. (2014). Age-related differences in brain activity in the subsequent memory
889 paradigm: A meta-analysis. *Neuroscience and Biobehavioral Reviews*, 45, 246–257.
890 <https://doi.org/10.1016/j.neubiorev.2014.06.006>
- 891 McCarthy, M. M., Arnold, A. P., Ball, G. F., Blaustein, J. D., & de Vries, G. J. (2012). Sex differences
892 in the brain: The not so inconvenient truth. *Journal of Neuroscience*, 32(7), 2241–2247.
893 <https://doi.org/10.1523/JNEUROSCI.5372-11.2012>
- 894 McIntosh, A. R. (2000). From location to integration: How neural interactions form the basis for
895 human cognition. *Memory, Consciousness and the Brain: The Tallin Conference*, 346–362.
- 896 McIntosh, A. R., & Mišić, B. (2013). Multivariate statistical analyses for neuroimaging data. *Annual*
897 *Review of Psychology*, 64, 499–525. <https://doi.org/10.1146/annurev-psych-113011-143804>
- 898 Mesulam, M. (1990). Large-Scale neurocognitive networks and distributed processing for attention,

- 899 language, and memory. *Neurological Progress*, 28, 597–613.
- 900 Mohr, H., Wolfensteller, U., Betzel, R. F., Mišić, B., Sporns, O., Richiardi, J., & Ruge, H. (2016).
- 901 Integration and segregation of large-scale brain networks during short-term task automatization.
- 902 *Nature Communications*, 7. <https://doi.org/10.1038/ncomms13217>
- 903 Mol, M., Carpay, M., Ramakers, I., Rozendaal, N., Verhey, F., & Jolles, J. (2007). The effect of
- 904 perceived forgetfulness on quality of life in older adults; a qualitative review. *International*
- 905 *Journal of Geriatric Psychiatry*, 22(5), 393–400. <https://doi.org/10.1002/gps.1686>
- 906 Mol, M. E. M., van Boxtel, M. P. J., Willems, D., & Jolles, J. (2006). Do subjective memory
- 907 complaints predict cognitive dysfunction over time? A six-year follow-up of the Maastricht aging
- 908 study. *International Journal of Geriatric Psychiatry*, 21(5), 432–441.
- 909 <https://doi.org/10.1002/gps.1487>
- 910 Morcom, A. M. (2014). Re-engaging with the past: Recapitulation of encoding operations during
- 911 episodic retrieval. *Frontiers in Human Neuroscience*, 8(MAY), 1–13.
- 912 <https://doi.org/10.3389/fnhum.2014.00351>
- 913 Nathan Spreng, R., & Schacter, D. L. (2012). Default network modulation and large-scale network
- 914 interactivity in healthy Young and old adults. *Cerebral Cortex*, 22(11), 2610–2621.
- 915 <https://doi.org/10.1093/cercor/bhr339>
- 916 Naveh-Benjamin, M., Hussain, Z., Guez, J., & Bar-On, M. (2003). Adult age differences in episodic
- 917 memory: Further support for an associative-deficit hypothesis. *Journal of Experimental*
- 918 *Psychology: Learning, Memory, and Cognition*. Naveh-Benjamin, Moshe: Department of
- 919 Psychological Sciences, University of Missouri, 106 McAlester Hall, Columbia, MO, US, 65211,
- 920 navehbenjaminm@missouri.edu: American Psychological Association.
- 921 <https://doi.org/10.1037/0278-7393.29.5.826>
- 922 Nebel, R. A., Aggarwal, N. T., Barnes, L. L., Gallagher, A., Goldstein, J. M., Kantarci, K., ... Maki, P.
- 923 M. (2018). Understanding the impact of sex and gender in Alzheimer’s disease: A call to action.

- 924 *Alzheimer's and Dementia*, 14(9), 1171–1183.
- 925 <https://doi.org/http://dx.doi.org/10.1016/j.jalz.2018.04.008>
- 926 Nordin, K., Nyberg, L., Andersson, M., Karalija, N., Riklund, K., Bäckman, L., & Salami, A. (2021).
- 927 Distinct and Common Large-Scale Networks of the Hippocampal Long Axis in Older Age: Links
- 928 to Episodic Memory and Dopamine D2 Receptor Availability. *Cerebral Cortex*, 31(7), 3435–
- 929 3450. <https://doi.org/10.1093/cercor/bhab023>
- 930 Norman, M. A., Evans, J. D., Miller, S. W., & Heaton, R. K. (2000). Demographically corrected norms
- 931 for the California verbal learning test. *Journal of Clinical and Experimental Neuropsychology*,
- 932 22(1), 80–94. [https://doi.org/10.1076/1380-3395\(200002\)22:1;1-8;FT080](https://doi.org/10.1076/1380-3395(200002)22:1;1-8;FT080)
- 933 Nyberg, L. (2017). Functional brain imaging of episodic memory decline in ageing. *Journal of Internal*
- 934 *Medicine*, 281(1), 65–74. <https://doi.org/10.1111/joim.12533>
- 935 Nyberg, Lars, Lövdén, M., Riklund, K., Lindenberger, U., & Bäckman, L. (2012). Memory aging and
- 936 brain maintenance. *Trends in Cognitive Sciences*, 16(5), 292–305.
- 937 <https://doi.org/10.1016/j.tics.2012.04.005>
- 938 Power, J. D., Cohen, A. L., Nelson, S. M., Wig, G. S., Barnes, K. A., Church, J. A., ... Petersen, S. E.
- 939 (2011). Functional Network Organization of the Human Brain. *Neuron*, 72(4), 665–678.
- 940 <https://doi.org/10.1016/j.neuron.2011.09.006>
- 941 Prakash, R. S., Heo, S., Voss, M. W., Patterson, B., & Kramer, A. F. (2012). Age-related differences in
- 942 cortical recruitment and suppression: Implications for cognitive performance. *Behavioural Brain*
- 943 *Research*, 230(1), 192–200. <https://doi.org/10.1016/j.bbr.2012.01.058>
- 944 Rabipour, S., Rajagopal, S., Pasvanis, S., & Rajah, M. N. (2021). Generalization of memory-related
- 945 brain function in asymptomatic older women with a family history of late onset Alzheimer's
- 946 Disease: Results from the PREVENT-AD Cohort. *Neurobiology of Aging*, 104, 42–56.
- 947 <https://doi.org/10.1016/j.neurobiolaging.2021.03.009>
- 948 Ragland, J. D., Coleman, A. R., Gur, R. C., Glahn, D. C., & Gur, R. E. (2000). Sex differences in brain-

- 949 behavior relationships between verbal episodic memory and resting regional cerebral blood flow.
- 950 *Neuropsychologia*, 38(4), 451–461. [https://doi.org/10.1016/S0028-3932\(99\)00086-X](https://doi.org/10.1016/S0028-3932(99)00086-X)
- 951 Rahman, A., Schelbaum, E., Hoffman, K., Diaz, I., Hristov, H., Andrews, R., ... Mosconi, L. (2020).
- 952 Sex-driven modifiers of Alzheimer risk: A multimodality brain imaging study. *Neurology*, 95(2),
- 953 E166–E178. <https://doi.org/10.1212/WNL.00000000000009781>
- 954 Rajah, M. Natasha, Ames, B., & D’Esposito, M. (2008). Prefrontal contributions to domain-general
- 955 executive control processes during temporal context retrieval. *Neuropsychologia*, 46(4), 1088–
- 956 1103. <https://doi.org/10.1016/j.neuropsychologia.2007.10.023>
- 957 Rajah, M. Natasha, Crane, D., Maillet, D., & Floden, D. (2011). Similarities in the patterns of
- 958 prefrontal cortex activity during spatial and temporal context memory retrieval after equating for
- 959 task structure and performance. *NeuroImage*, 54(2), 1549–1564.
- 960 <https://doi.org/10.1016/j.neuroimage.2010.09.001>
- 961 Rajah, M. Natasha, Languay, R., & Valiquette, L. (2010). Age-related changes in prefrontal cortex
- 962 activity are associated with behavioural deficits in both temporal and spatial context memory
- 963 retrieval in older adults. *Cortex*, 46(4), 535–549. <https://doi.org/10.1016/j.cortex.2009.07.006>
- 964 Rajah, M N, & McIntosh, A. R. (2005). Overlap in the functional neural systems involved in semantic
- 965 and episodic memory retrieval. *J Cogn Neurosci*, 17(3), 470–482.
- 966 <https://doi.org/10.1162/0898929053279478>
- 967 Rentz, D. M., Weiss, B. K., Jacobs, E. G., Cherkerzian, S., Klíbankski, A., Remington, A., ... Goldstein,
- 968 J. M. (2017). Sex differences in episodic memory in early midlife: Impact of reproductive aging.
- 969 *Menopause*, 24(4), 400–408. <https://doi.org/10.1097/GME.0000000000000771>
- 970 Ruigrok, A. N. V., Salimi-Khorshidi, G., Lai, M. C., Baron-Cohen, S., Lombardo, M. V., Tait, R. J., &
- 971 Suckling, J. (2014). A meta-analysis of sex differences in human brain structure. *Neuroscience*
- 972 *and Biobehavioral Reviews*, 39, 34–50. <https://doi.org/10.1016/j.neubiorev.2013.12.004>
- 973 Sala-Llonch, R., Peña-Gómez, C., Arenaza-Urquijo, E. M., Vidal-Piñero, D., Bargalló, N., Junqué, C.,

- 974 & Bartrés-Faz, D. (2012). Brain connectivity during resting state and subsequent working memory
975 task predicts behavioural performance. *Cortex*, 48(9), 1187–1196.
976 <https://doi.org/10.1016/j.cortex.2011.07.006>
- 977 Scheinost, D., Finn, E. S., Tokoglu, F., Shen, X., Papademetris, X., Hampson, M., & Constable, R. T.
978 (2015). Sex differences in normal age trajectories of functional brain networks. *Human Brain*
979 *Mapping*, 36(4), 1524–1535. <https://doi.org/10.1002/hbm.22720>
- 980 Smallwood, J., Bernhardt, B. C., Leech, R., Bzdok, D., Jefferies, E., & Margulies, D. S. (2021). The
981 default mode network in cognition: a topographical perspective. *Nature Reviews Neuroscience*,
982 22(8), 503–513. <https://doi.org/10.1038/s41583-021-00474-4>
- 983 Snyder, H. M., Asthana, S., Bain, L., Brinton, R., Craft, S., Dubal, D. B., ... Carrillo, M. C. (2016). Sex
984 biology contributions to vulnerability to Alzheimer’s disease: A think tank convened by the
985 Women’s Alzheimer’s Research Initiative. *Alzheimer’s and Dementia*, 12(11), 1186–1196.
986 <https://doi.org/10.1016/j.jalz.2016.08.004>
- 987 Sommer, W., Hildebrandt, A., Kunina-Habenicht, O., Schacht, A., & Wilhelm, O. (2013). Sex
988 differences in face cognition. *Acta Psychologica*, 142(1), 62–73.
989 <https://doi.org/10.1016/j.actpsy.2012.11.001>
- 990 Spaniol, J., Davidson, P. S. R., Kim, A. S. N., Han, H., Moscovitch, M., & Grady, C. L. (2009).
991 Neuropsychologia Event-related fMRI studies of episodic encoding and retrieval : Meta-analyses
992 using activation likelihood estimation, 47, 1765–1779.
993 <https://doi.org/10.1016/j.neuropsychologia.2009.02.028>
- 994 Sperling, R. (2007). Functional MRI studies of associative encoding in normal aging, mild cognitive
995 impairment, and Alzheimer’s disease. *Annals of the New York Academy of Sciences*, 1097, 146–
996 155. <https://doi.org/10.1196/annals.1379.009>
- 997 Sporns, O., & Betzel, R. F. (2016). Modular brain networks. *Annual Review of Psychology*, 67, 613–
998 640. <https://doi.org/10.1146/annurev-psych-122414-033634>

- 999 Spreng, R. N., Stevens, W. D., Viviano, J. D., & Schacter, D. L. (2016). Attenuated anticorrelation
1000 between the default and dorsal attention networks with aging: evidence from task and rest.
1001 *Neurobiology of Aging*, 45, 149–160. <https://doi.org/10.1016/j.neurobiolaging.2016.05.020>
- 1002 Spreng, R. N., & Turner, G. R. (2019). The Shifting Architecture of Cognition and Brain Function in
1003 Older Adulthood. *Perspectives on Psychological Science*, 14(4), 523–542.
1004 <https://doi.org/10.1177/1745691619827511>
- 1005 Stawarczyk, D., Wahlheim, C. N., Etzel, J. A., Snyder, A. Z., & Zacks, J. M. (2020). Aging and the
1006 encoding of changes in events: The role of neural activity pattern reinstatement. *Proceedings of*
1007 *the National Academy of Sciences of the United States of America*, 117(47), 29346–29353.
1008 <https://doi.org/10.1073/pnas.1918063117>
- 1009 Strother, S. C., Kanno, I., Rottenberg, D. A., Friston, K. J., & Ford, I. (1995). Commentary and
1010 opinion: I. Principal component analysis, variance partitioning, and “functional connectivity.”
1011 *Journal of Cerebral Blood Flow and Metabolism*, 15(3), 353–377.
1012 <https://doi.org/10.1038/jcbfm.1995.44>
- 1013 Subramaniapillai, S., Almey, A., Natasha Rajah, M., & Einstein, G. (2021). Sex and gender differences
1014 in cognitive and brain reserve: Implications for Alzheimer’s disease in women. *Frontiers in*
1015 *Neuroendocrinology*, 60(February). <https://doi.org/10.1016/j.yfrne.2020.100879>
- 1016 Subramaniapillai, S., Rajagopal, S., Elshiekh, A., Pasvanis, S., Ankudowich, E., & Rajah, M. N.
1017 (2019). Sex Differences in the Neural Correlates of Spatial Context Memory Decline in Healthy
1018 Aging. *Journal of Cognitive Neuroscience*, 31(12), 1895–1916.
1019 https://doi.org/10.1162/jocn_a_01455
- 1020 Team, R. C. (n.d.). A Language and Environment for Statistical Computing. *R Core Team. R: A*
1021 *Language and Environment for Statistical Computing. (R Foundation for Statistical Computing,*
1022 *Vienna, Austria, 2013).*
- 1023 Thakral, P. P., Wang, T. H., & Rugg, M. D. (2015). Cortical reinstatement and the confidence and

- 1024 accuracy of source memory. *NeuroImage*, 109, 118–129.
- 1025 <https://doi.org/10.1016/j.neuroimage.2015.01.003>
- 1026 Thomas Yeo, B. T., Krienen, F. M., Sepulcre, J., Sabuncu, M. R., Lashkari, D., Hollinshead, M., ...
- 1027 Buckner, R. L. (2011). The organization of the human cerebral cortex estimated by intrinsic
- 1028 functional connectivity. *Journal of Neurophysiology*, 106(3), 1125–1165.
- 1029 <https://doi.org/10.1152/jn.00338.2011>
- 1030 Tulving, E. (1972). Episodic and semantic memory. *The Curated Reference Collection in Neuroscience*
- 1031 *and Biobehavioral Psychology*. Organization of memory/Eds E. Tulving, W. Donaldson, NY:
- 1032 Academic Press. <https://doi.org/10.1016/B978-0-12-809324-5.21037-7>
- 1033 Uddin, L. Q., Yeo, B. T. T., & Spreng, R. N. (2019). Towards a Universal Taxonomy of Macro-scale
- 1034 Functional Human Brain Networks. *Brain Topography*, 32(6), 926–942.
- 1035 <https://doi.org/10.1007/s10548-019-00744-6>
- 1036 Vincent, J. L., Kahn, I., Snyder, A. Z., Raichle, M. E., & Buckner, R. L. (2008). Evidence for a
- 1037 frontoparietal control system revealed by intrinsic functional connectivity. *Journal of*
- 1038 *Neurophysiology*, 100(6), 3328–3342. <https://doi.org/10.1152/jn.90355.2008>
- 1039 Vogel, A. C., Miezin, F. M., Petersen, S. E., & Schlaggar, B. L. (2012). The putative visual word form
- 1040 area is functionally connected to the dorsal attention network. *Cerebral Cortex*, 22(3), 537–549.
- 1041 <https://doi.org/10.1093/cercor/bhr100>
- 1042 Voyer, D., Postma, A., Brake, B., & Imperato-McGinley, J. (2007). Gender differences in object
- 1043 location memory: A meta-analysis. *Psychonomic Bulletin and Review*, 14(1), 23–38.
- 1044 <https://doi.org/10.3758/BF03194024>
- 1045 Wang, L., LaViolette, P., O’Keefe, K., Putcha, D., Bakkour, A., Van Dijk, K. R. A., ... Sperling, R. A.
- 1046 (2010). Intrinsic connectivity between the hippocampus and posteromedial cortex predicts
- 1047 memory performance in cognitively intact older individuals. *NEUROIMAGE*, 51(2), 910–917.
- 1048 <https://doi.org/10.1016/j.neuroimage.2010.02.046>

- 1049 Weiss, E. M., Kemmler, G., Deisenhammer, E. A., Fleischhacker, W. W., & Delazer, M. (2003). Sex
1050 differences in cognitive functions. *Personality & Individual Differences*, 35, 863.
1051 [https://doi.org/10.1016/s0191-8869\(02\)00288-x](https://doi.org/10.1016/s0191-8869(02)00288-x)
- 1052 Wimmer, G. E., Liu, Y., Vehar, N., Behrens, T. E. J., & Dolan, R. J. (2020). Episodic memory retrieval
1053 success is associated with rapid replay of episode content. *Nature Neuroscience*, 23(8), 1025–
1054 1033. <https://doi.org/10.1038/s41593-020-0649-z>
- 1055 Yonker, J., Adolfsson, R., Eriksson, E., Hellstrand, M., Nilsson, L. G., & Herlitz, A. (2006). Verified
1056 hormone therapy improves episodic memory performance in healthy postmenopausal women.
1057 *Aging, Neuropsychology, and Cognition*, 13(3–4), 291–307.
1058 <https://doi.org/10.1080/138255890968655>
- 1059 Yonker, J. E., Eriksson, E., Nilsson, L. G., & Herlitz, A. (2003). Sex differences in episodic memory:
1060 Minimal influence of estradiol. *Brain and Cognition*, 52(2), 231–238.
1061 [https://doi.org/10.1016/S0278-2626\(03\)00074-5](https://doi.org/10.1016/S0278-2626(03)00074-5)
- 1062 Young, K. D., Bellgowan, P. S. F., Bodurka, J., & Drevets, W. C. (2013). Functional neuroimaging of
1063 sex differences in autobiographical memory recall. *Human Brain Mapping*, 34(12), 3320–3332.
1064 <https://doi.org/10.1002/hbm.22144>
- 1065 Zeng, Z., & Wang, J. (2010). *Advances in neural network research and applications (Vol. 67)*.
1066 *Springer Science & Business Media*.
- 1067 Zhang, J., Andreano, J. M., Dickerson, B. C., Touroutoglou, A., & Barrett, L. F. (2020). Stronger
1068 Functional Connectivity in the Default Mode and Salience Networks Is Associated with Youthful
1069 Memory in Superaging. *Cerebral Cortex*, 30(1), 72–84. <https://doi.org/10.1093/cercor/bhz071>
- 1070 Zonneveld, H. I., Pruim, R. H., Bos, D., Vrooman, H. A., Muetzel, R. L., Hofman, A., ... Vernooij, M.
1071 W. (2019). Patterns of functional connectivity in an aging population: The Rotterdam Study.
1072 *NeuroImage*, 189(September 2018), 432–444. <https://doi.org/10.1016/j.neuroimage.2019.01.041>
- 1073

Supplementary Materials

Supplementary Table 1. Power atlas ROI network nodes (n=216) used in the analysis

Network	Talarach Daemon Label	Brodmann Area	MNI Coordinates		
			X	Y	Z
Auditory	Insula	13	32	-28	12
Auditory	Insula	13	64	-32	20
Auditory	Transverse Temporal	41	56	-16	8
Auditory	STG	42	-40	-32	16
Auditory	STG	41	-60	-24	12
Auditory	STG	41	-48	-28	4
Auditory	Insula	13	44	-24	20
Auditory	Insula	13	-48	-36	24
Auditory	Insula	13	-52	-20	24
Auditory	PreCent	43	-56	-8	12
Auditory	PreCent	43	56	-4	12
Auditory	PostCent	2	60	-16	28
Auditory	Insula	13	-32	-28	12
CON	mFG	6	-4	4	52
CON	IPL	40	56	-28	32
CON	SFG	6	20	-8	64
CON	SFG	6	-16	-4	72
CON	CG	24	-12	-4	44
CON	LN	Putamen	36	0	-4
CON	SFG	6	12	0	68
CON	mFG	6	8	8	52
CON	Insula	13	-44	0	8
CON	Insula	13	48	8	0
CON	STG	22	-52	8	-4
CON	CG	32	-4	16	36
CON	Clastrum	*	36	12	0
DMN	MTG	19	-40	-76	24
DMN	mFG	10	4	68	-4
DMN	mFG	10	8	48	-16
DMN	PHG	30	-12	-40	0
DMN	mFG	10	-16	64	-8
DMN	MTG	19	-44	-60	20
DMN	MTG	39	44	-72	28
DMN	STG	38	-44	12	-36
DMN	STG	38	44	16	-32
DMN	MTG	21	-68	-24	-16
DMN	MTG	39	-44	-64	36

DMN	PrCu	19	-40	-76	44
DMN	PostCing	31	-8	-56	28
DMN	PrCu	7	4	-60	36
DMN	PostCing	30	-12	-56	16
DMN	PostCing	29	-4	-48	12
DMN	CG	31	8	-48	32
DMN	PrCu	31	16	-64	24
DMN	CG	31	-4	-36	44
DMN	PostCing	30	12	-52	16
DMN	STG	39	52	-60	36
DMN	SFG	8	24	32	48
DMN	SFG	6	-12	40	52
DMN	SFG	6	-16	28	52
DMN	MFG	6	-36	20	52
DMN	MFG	8	24	40	40
DMN	SFG	8	12	56	40
DMN	SFG	8	-12	56	40
DMN	SFG	8	-20	44	40
DMN	mFG	9	4	56	16
DMN	SFG	9	8	64	20
DMN	mFG	10	-8	52	0
DMN	mFG	10	8	56	4
DMN	ACC	32	-4	44	-8
DMN	ACC	32	8	44	-4
DMN	mFG	9	-12	44	8
DMN	mFG	8	-4	36	36
DMN	ACC	32	-4	40	16
DMN	SFG	9	-20	64	20
DMN	mFG	9	-8	48	24
DMN	ITG	21	64	-12	-20
DMN	MTG	21	-56	-12	-12
DMN	MTG	21	-56	-28	-4
DMN	MTG	21	64	-32	-8
DMN	MTG	21	-68	-40	-4
DMN	SFG	6	12	28	60
DMN	ACC	32	12	36	20
DMN	Sub-Gyr	21	52	-4	-16
DMN	PHG	36	-28	-40	-8
DMN	PHG	36	28	-36	-12
DMN	FFG	37	-32	-40	-16
DMN	STG	38	52	8	-28
DMN	MTG	21	-52	4	-28

DMN	STG	39	48	-52	28
DMN	MTG	21	-48	-44	0
DMN	IFG	47	-48	32	-12
DMN	MFG	47	48	36	-12
DMN	CG	31	-4	-36	32
DMN	PrCu	7	-8	-72	40
DMN	PrCu	7	12	-68	44
DMN	PrCu	7	4	-48	52
DMN	CG	23	0	-24	32
DAN	PrCu	7	8	-60	60
DAN	MTG	37	-52	-64	4
DAN	PrCu	7	20	-64	48
DAN	MTG	37	48	-60	4
DAN	SPL	7	24	-60	60
DAN	IPL	40	-32	-48	48
DAN	PrCu	19	-28	-72	36
DAN	MFG	6	-32	0	56
DAN	FFG	37	-44	-60	-8
DAN	SPL	7	-16	-60	64
DAN	MFG	6	28	-4	52
FPN	PreCent	6	-44	0	44
FPN	MFG	9	48	24	28
FPN	IFG	9	-48	12	24
FPN	IPL	40	-52	-48	44
FPN	SFG	6	-24	12	64
FPN	ITG	20	60	-52	-12
FPN	ACC	10	24	44	-16
FPN	MFG	10	32	56	-12
FPN	PreCent	6	48	8	32
FPN	PreCent	6	-40	4	32
FPN	MFG	46	-44	40	20
FPN	MFG	10	40	44	16
FPN	IPL	40	48	-44	44
FPN	SPL	7	-28	-56	48
FPN	IPL	40	44	-52	48
FPN	MFG	6	32	16	56
FPN	PrCu	39	36	-64	40
FPN	IPL	40	-44	-56	44
FPN	MFG	6	40	20	40
FPN	MFG	10	-36	56	4
FPN	IFG	10	-40	44	-4
FPN	SPL	7	32	-52	44

FPN	MFG	46	44	48	-4
FPN	MFG	9	-44	24	28
FPN	mFG	8	-4	28	44
Salience	PrCu	7	12	-40	52
Salience	Supramarginal	40	56	-44	36
Salience	MFG	6	44	0	48
Salience	MFG	9	32	32	28
Salience	IFG	45	48	24	8
Salience	Insula	13	-36	20	0
Salience	Insula	13	36	20	4
Salience	IFG	47	36	32	-4
Salience	Clastrum	*	32	16	-8
Salience	CG	32	-12	24	24
Salience	mFG	32	0	16	44
Salience	SFG	10	-28	52	20
Salience	CG	32	0	32	28
Salience	CG	32	4	24	36
Salience	CG	32	12	24	28
Salience	SFG	10	32	56	16
Salience	SFG	9	28	48	28
Salience	MFG	10	-40	52	16
SSM	PrCu	7	-8	-52	60
SSM	CG	24	-12	-16	40
SSM	ParaCent	31	0	-16	48
SSM	CG	24	8	0	44
SSM	mFG	6	-8	-20	64
SSM	ParaCent	4	-8	-32	72
SSM	ParaCent	4	12	-32	76
SSM	PostCent	2	-52	-24	44
SSM	PreCent	4	28	-16	72
SSM	PostCent	7	8	-44	72
SSM	PostCent	2	-24	-32	72
SSM	PostCent	3	-40	-20	56
SSM	Sub-Gyrat	40	28	-40	60
SSM	PostCent	2	52	-20	40
SSM	PostCent	2	-40	-28	68
SSM	ParaCent	4	20	-28	60
SSM	PreCent	4	44	-8	56
SSM	Sub-Gyrat	40	-28	-44	60
SSM	mFG	6	12	-16	76
SSM	SPL	7	24	-44	68
SSM	IPL	40	-44	-32	48

SSM	Sub-Gyrat	40	-20	-32	60
SSM	PreCent	6	-12	-16	76
SSM	PostCent	3	44	-20	56
SSM	PreCent	4	-40	-16	68
SSM	PostCent	7	-16	-44	72
SSM	ParaCent	5	4	-28	60
SSM	mFG	6	4	-16	60
SSM	PreCent	4	36	-16	44
SSM	IPL	40	48	-28	48
SSM	PreCent	6	-48	-12	36
SSM	Clastrum	*	36	-8	12
SSM	PreCent	6	52	-4	32
SSM	PreCent	4	64	-8	24
VAN	SFG	6	-8	12	68
VAN	STG	13	52	-44	20
VAN	STG	22	-56	-52	8
VAN	STG	22	-56	-40	12
VAN	STG	41	52	-32	8
VAN	STG	22	52	-28	-4
VAN	STG	22	56	-48	12
VAN	IFG	45	52	32	0
VAN	IFG	45	-48	24	0
Visual	Culmen	*	16	-48	-8
Visual	MOG	19	40	-72	16
Visual	Cu	30	8	-72	12
Visual	LG	18	-8	-80	8
Visual	MOG	19	-28	-80	20
Visual	LG	19	20	-64	0
Visual	MOG	18	-24	-92	20
Visual	FFG	19	28	-60	-8
Visual	LG	18	-16	-72	-8
Visual	LG	19	-16	-68	4
Visual	FFG	19	44	-80	-12
Visual	FFG	19	-48	-76	-8
Visual	Cu	19	-16	-92	32
Visual	Cu	19	16	-88	36
Visual	PrCu	31	28	-76	24
Visual	LG	18	20	-84	-4
Visual	Cu	18	16	-76	32
Visual	LG	18	-16	-52	0
Visual	ITG	19	40	-64	-8
Visual	Cu	18	24	-88	24

Visual	Cu	18	4	-72	24
Visual	ITG	37	-44	-72	0
Visual	MOG	19	24	-80	-16
Visual	Cu	18	-16	-76	32
Visual	Cu	18	-4	-80	20
Visual	IOG	18	-40	-88	-8
Visual	MOG	19	36	-84	12
Visual	LG	18	8	-80	8
Visual	MOG	18	-28	-92	4
Visual	FFG	19	-32	-80	-12
Visual	IOG	19	36	-80	0

Note. **Network:** CON = Cingulo-opercular Task Control; DMN = Default Mode Network; DAN = Dorsal Attention Network; FPN = Fronto-parietal Task Control Network; SSM = Sensory/Somatomotor Network. **Talaraich Daemon Label:** STG= Superior Temporal Gyrus, PreCent = Precentral Gyrus, mFG = medial frontal gyrus, IPL =inferior parietal lobule, SFG = superior frontal gyrus, LN = lentiform nucleus, MFG = middle frontal gyrus, CG = cingulate gyrus, MTG = middle temporal gyrus, PHG = parahippocampal gyrus, PrCu = precuneus, PostCing = posterior cingulate, ACC = anterior cingulate cortex, ITG = inferior temporal gyrus, FFG= fusiform gyrus, SPL = superior parietal lobule, ParaCent = paracentral gyrus, MOG = middle occipital gyrus, Cu = Cuneus, IOG = inferior occipital gyrus, IFG = inferior frontal gyrus, LG = lingual gyrus,

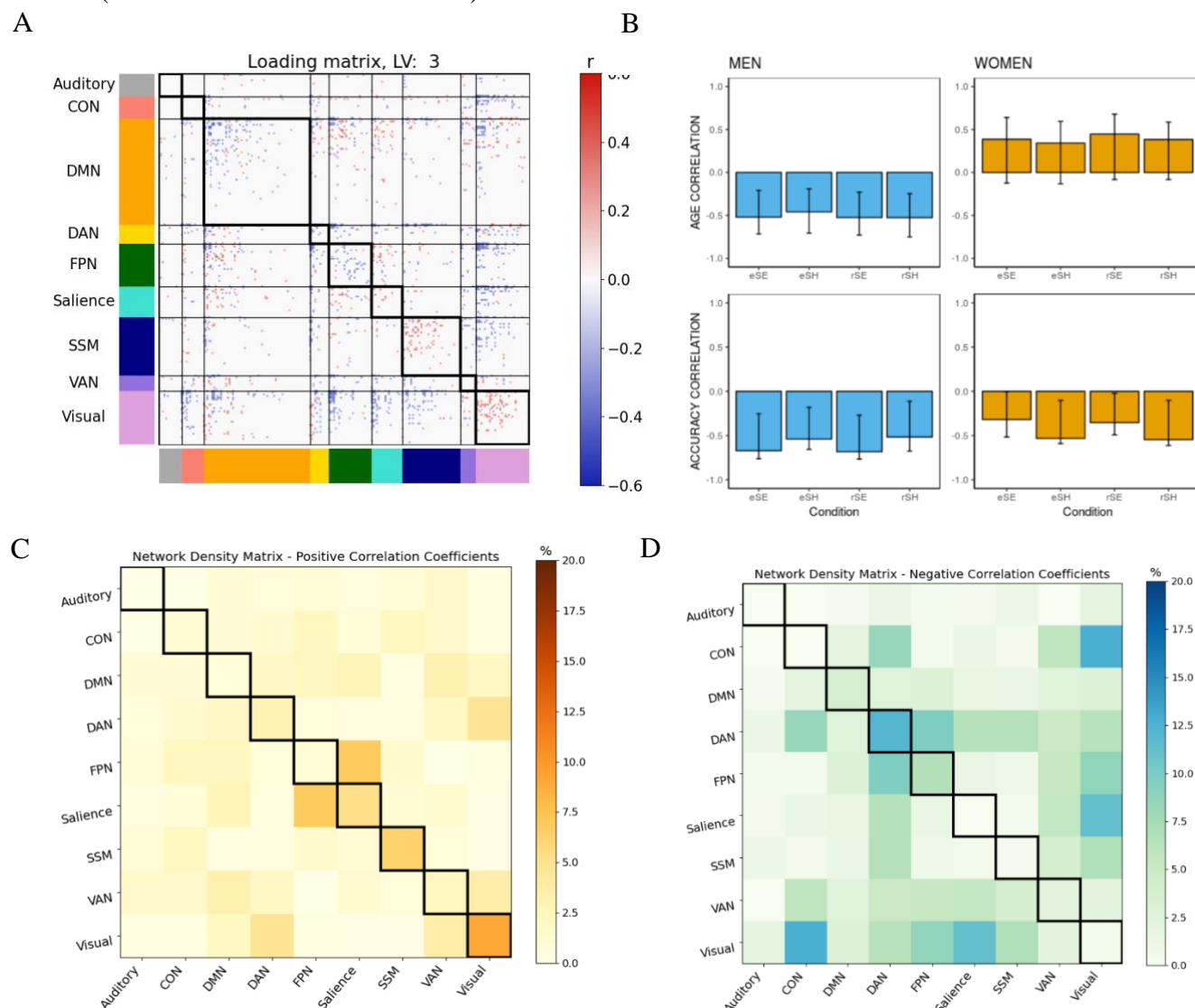
B-PLS2 Summary of Findings for LV3 and LV4

LV3: Sex similarities in accuracy-related, but differences in age-related, task connectivity.

LV3 accounted for 11.45% of the cross-block covariance and identified significant positive correlation coefficients between several networks. The loading and density matrices (Suppl. Figure 1A and 1C, 1D) indicate that there was greatest density of positive correlations between the FPN and Salience networks. In addition, there were dense within-network positive correlations in the Salience and Visual networks. The loading matrix (Suppl. Figure 1A) and behavioral weights (Suppl. Figure 1B) indicate that in men, age was negatively correlated with increased connectivity in the aforementioned networks, and memory performance during both the SE and SH tasks was also negatively correlated with increased functional connectivity in these networks. In women, age was not significantly correlated with connectivity among these networks, and just like men memory performance for both SE and SH tasks was negatively correlated with increased functional connectivity in these networks. LV3 also identified negative correlations within DAN and between DAN, FPN and CON and Salience networks; and, between Visual-FPN, Salience and CON, and VAN-CON (Suppl. Figure 1D). These patterns of within- and between-network connectivity were correlated with advanced age in men, better memory performance both tasks in men and women.

Supplementary Figure 1. B-PLS2, LV3: Sex similarities in accuracy-related, but differences in age-related, task connectivity (Between-Sex Group B-PLS2 analysis)

LV3 (11.45% cross-block covariance)



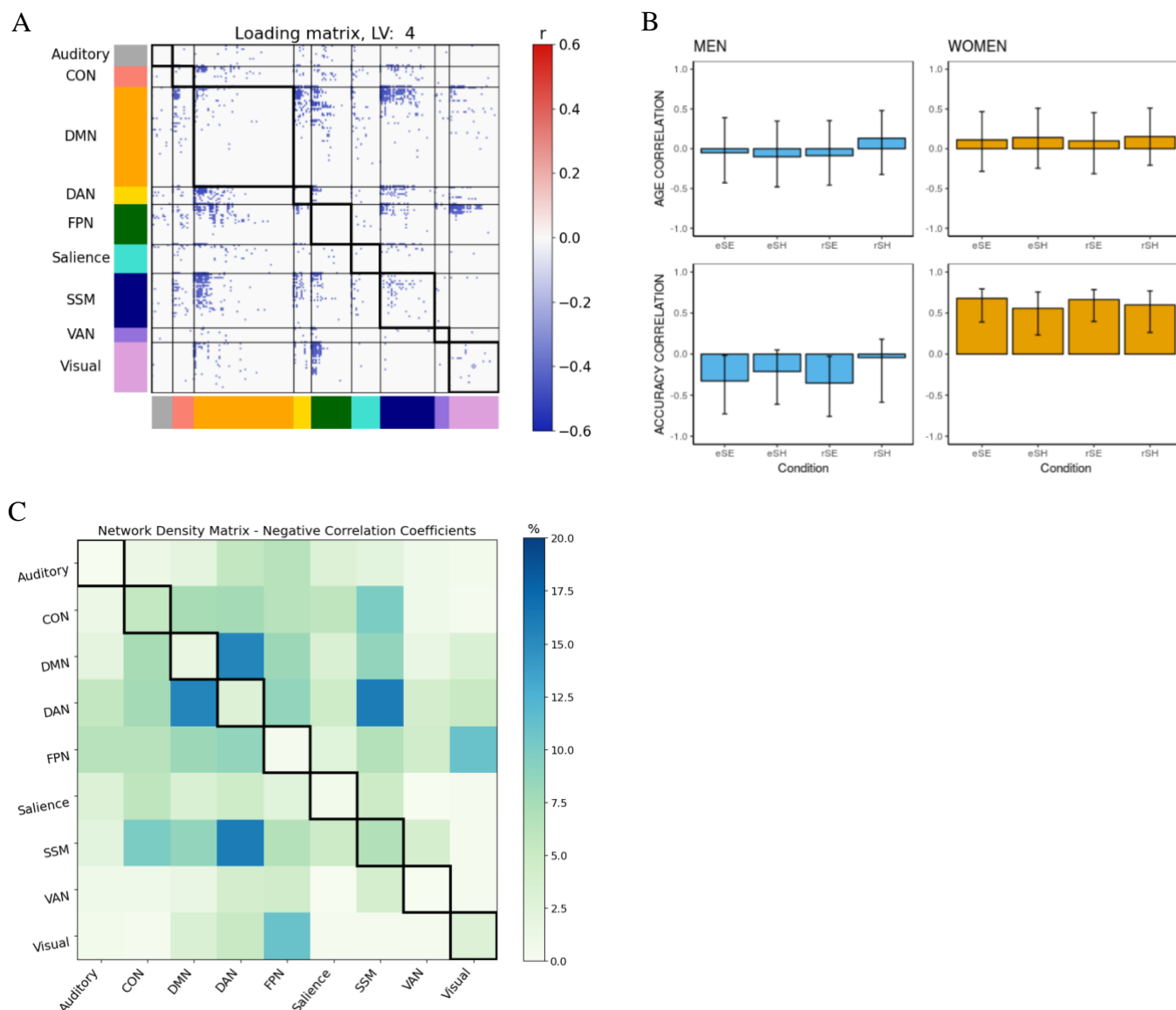
Supplementary Figure 1. (A) Thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile indicated in B. (B) Correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights). Error bars represent bootstrapped standard deviations. (C) The density plot for the positive correlation coefficients (i.e., sum of the significant correlation coefficients after thresholding, divided by the total number of edges between any two networks). (D) The density matrix for the negative correlation coefficients. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

LV4: Sex differences in accuracy, but no effects of age, in task connectivity.

LV4 accounted for 5.23% of the cross-block covariance and showed only significant negative correlations. The loading and density matrices (Suppl. Figure 1E and 1G) show significant negative correlation connections between DAN-DMN and FPN, between SSM-CON, DMN and DAN and between Visual and FPN networks. Together with the brain-behavior plots (Suppl. Figure 1F), these networks show a strong positive correlation with memory performance on the task for the SE conditions in men. Conversely, women show a strong negative correlation between connectivity and performance on both SE and SH tasks in these same networks.

Supplementary Figure 2. B-PLS2, LV4: Sex differences in accuracy, but no effects of age, in task connectivity (Between-Sex Group B-PLS2 analysis)

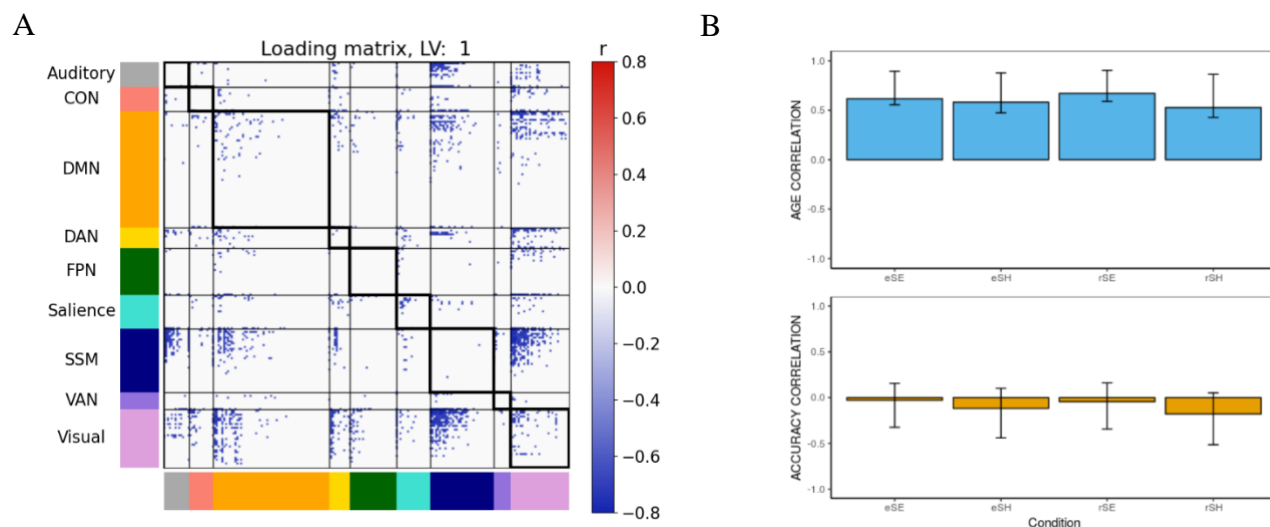
LV4 (5.23% cross-block covariance)



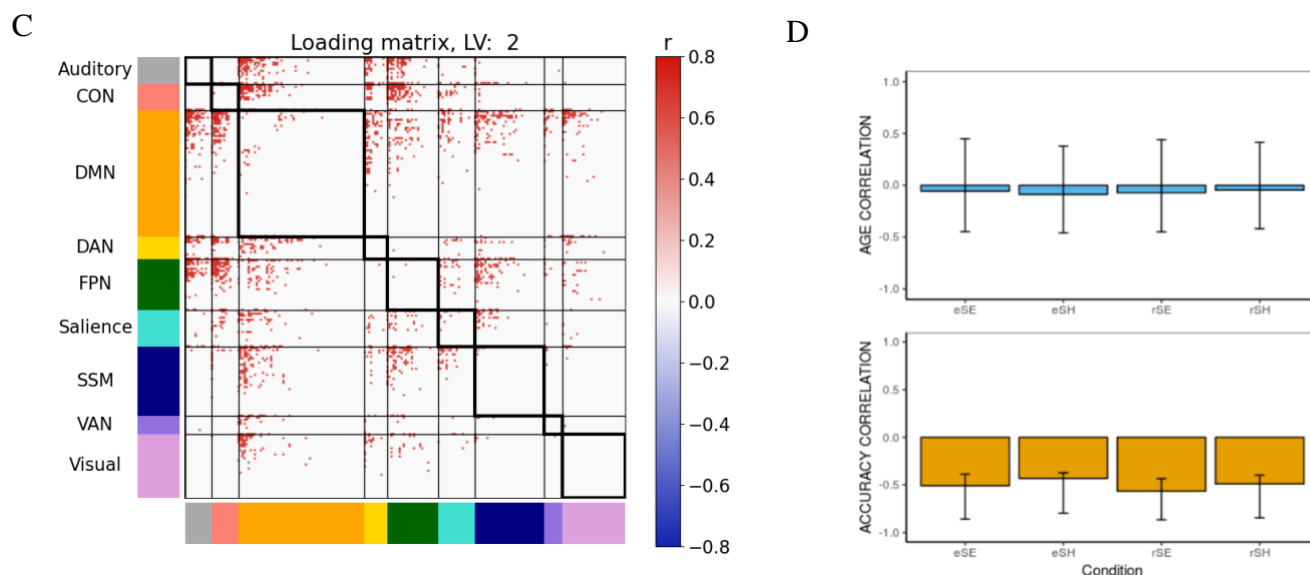
Supplementary Figure 2. (A) Thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile indicated in B. (B) Correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights). Error bars represent bootstrapped standard deviations. (C) The density plot for the negative correlation coefficients (i.e., sum of the significant correlation coefficients after thresholding, divided by the total number of edges between any two networks). The density matrix for the positive correlation coefficients is not presented because there were no significant edges. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

Supplementary Figure 3. Matched-Sex cohort based on age, education, and intracranial volume (Full Group B-PLS1 Analysis)

LV1 (43.33% cross-block covariance)



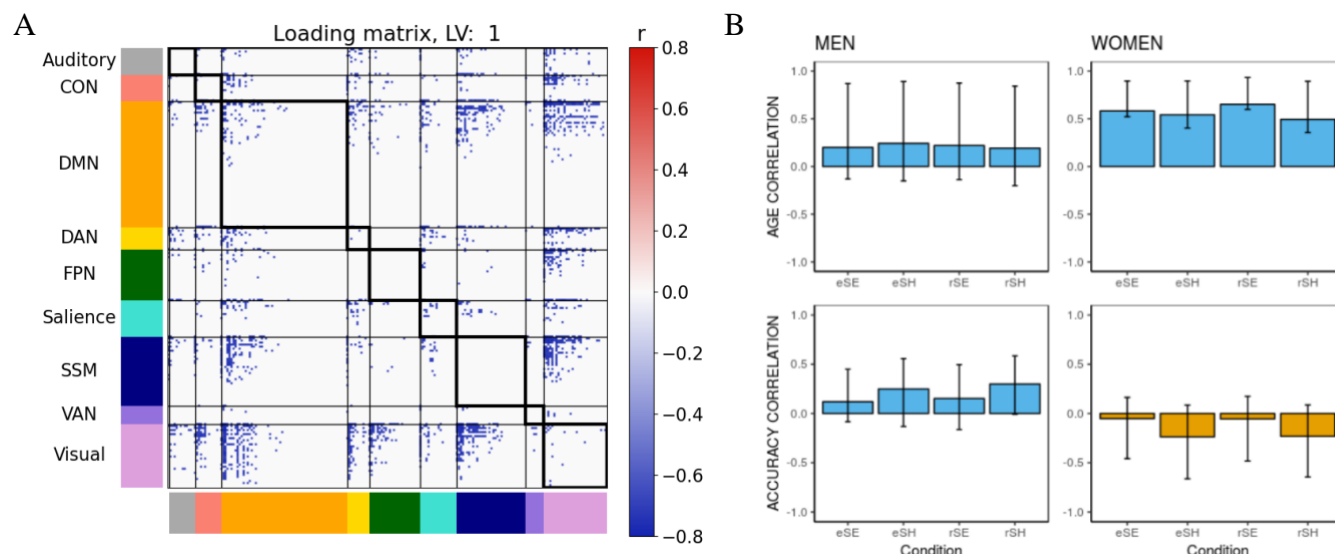
LV2 (19.17% cross-block covariance)



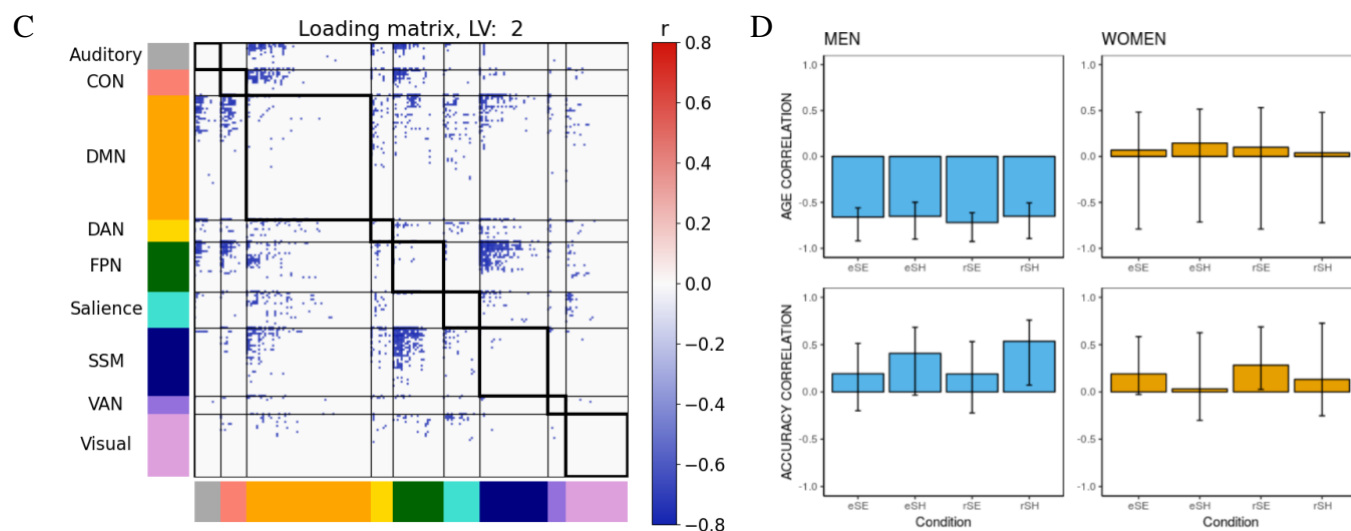
Supplementary Figure 3. (A, C) thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile for LV1 and LV2, respectively. (B, D) Behavioral profile of correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights) for LV1 and LV2, respectively. Error bars represent bootstrapped standard deviations. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

Supplementary Figure 4. Matched-Sex cohort based on Age, Education, and Intracranial Volume (Between-Sex Group B-PLS2 Analysis)

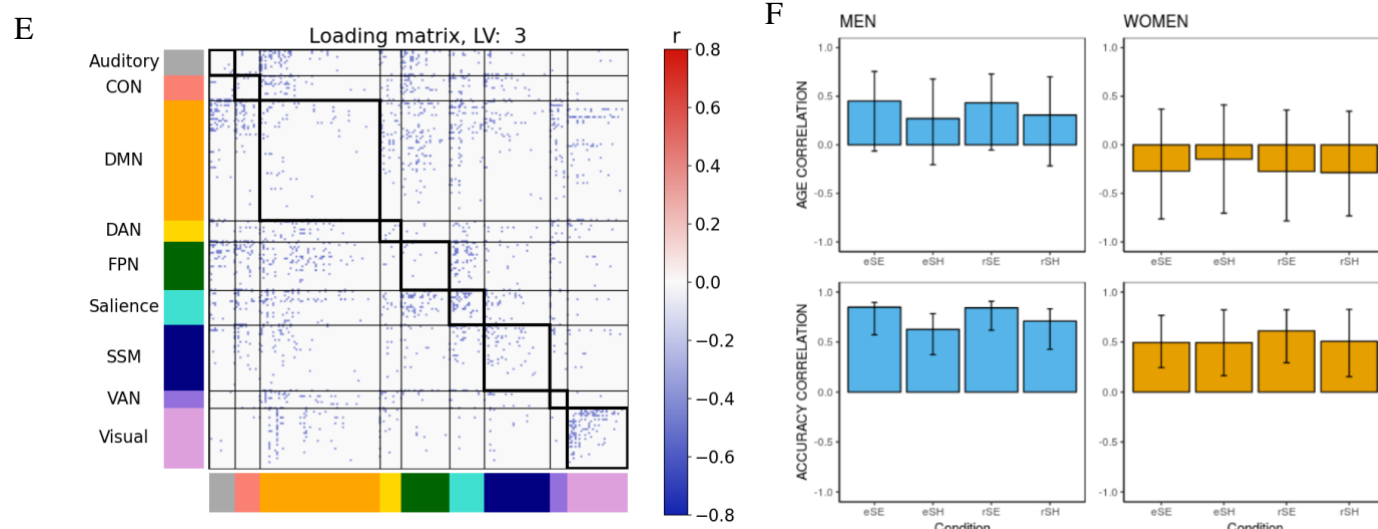
LV1 (43.33 % cross-block covariance)



LV2 (19.46 % cross-block covariance)



LV3 (10.33 % cross-block covariance)

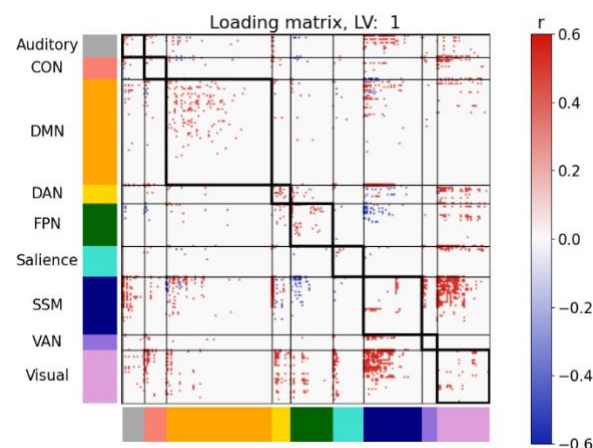


Supplementary Figure 4. The BPLS analysis with a subcohort of participants matched by intracranial volume, age, and education (24 men, 24 women) within group (N=48) and between group (M=24, F=24) determined findings similar to the original BPLS analyses described in the manuscript. **(A, C, E)** thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile for LV1, LV2, and LV3 respectively. **(B, D, F)** Behavioral profile of correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights) for LV1, LV2, and LV3 respectively. Error bars represent bootstrapped standard deviations. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

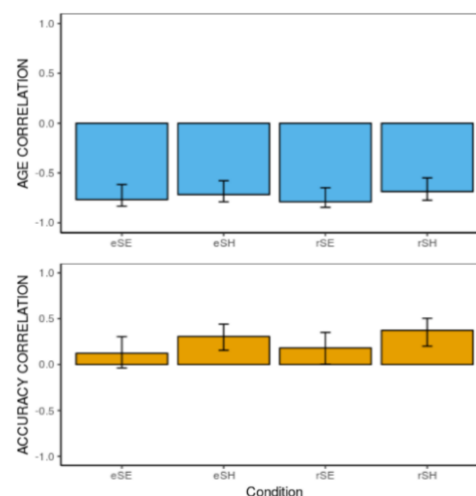
Supplementary Figure 5. B-PLS1 without regressing mean task-related activity (Full Group B-PLS1 analysis)

LV1 (69.34% cross-block covariance)

A

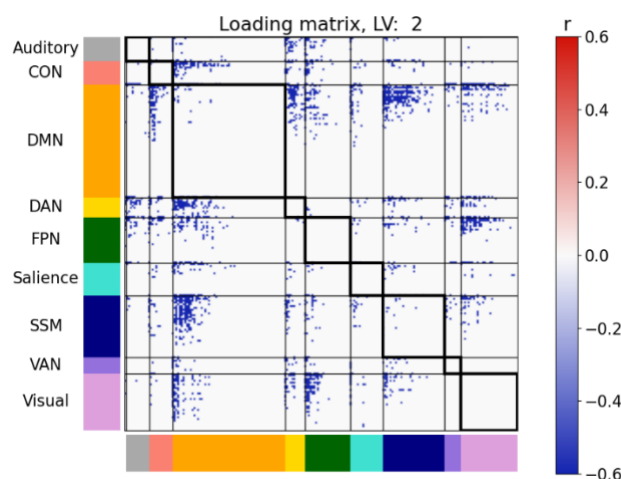


B

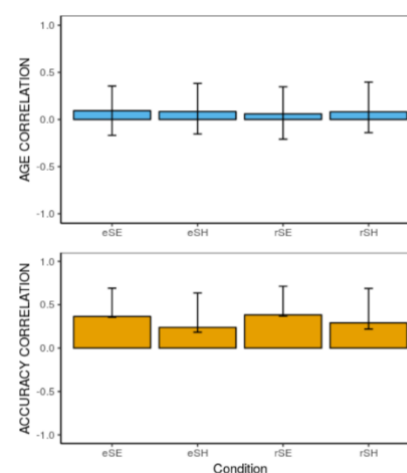


LV2 (17.81% cross-block covariance)

C



D

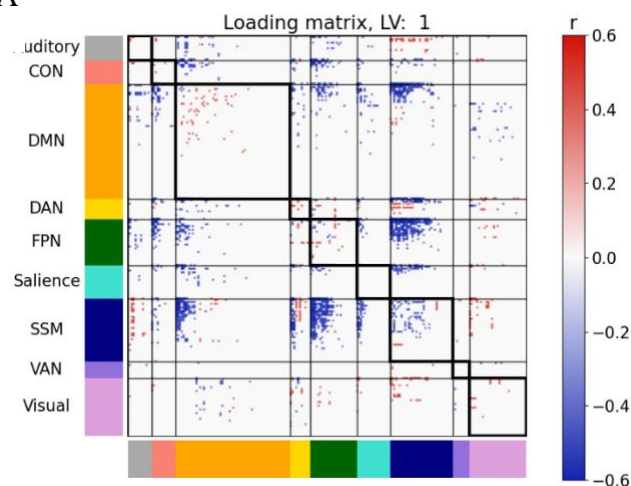


Supplementary Figure 5. (A, C) thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile for LV1 and LV2, respectively. (B, D) Behavioral profile of correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights) for LV1 and LV2, respectively. Error bars represent bootstrapped standard deviations. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.

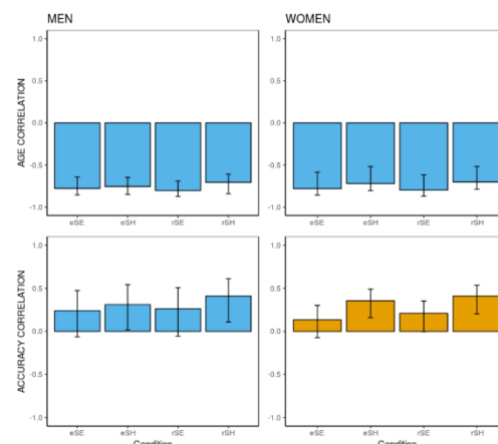
Supplementary Figure 6. B-PLS2 without regressing mean task-related activity (Between-Sex Group B-PLS2 analysis)

LV1 (44.15% cross-block covariance)

A

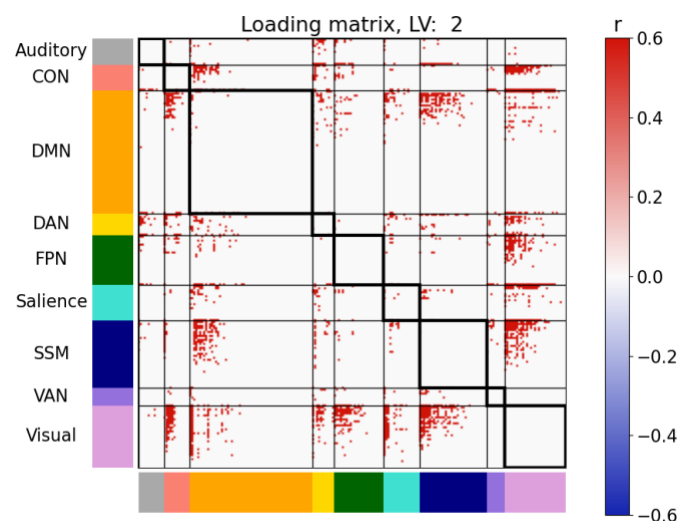


B

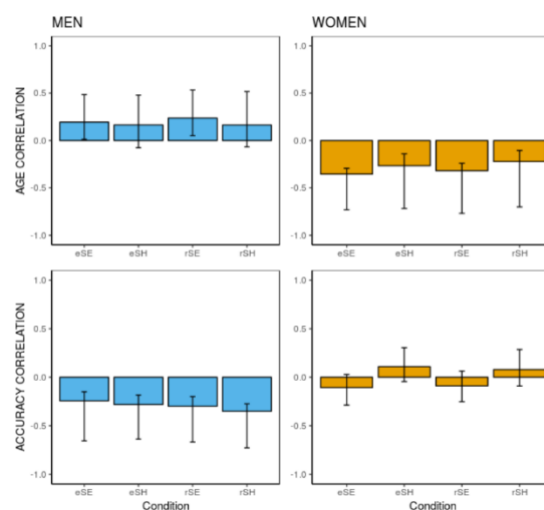


LV2 (21.79% cross-block covariance)

C

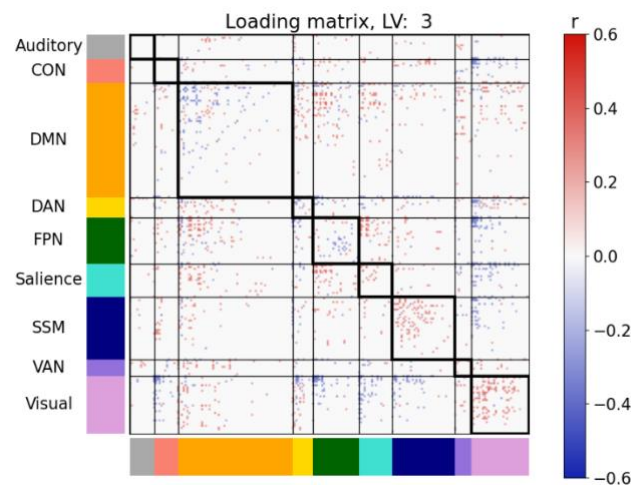


D

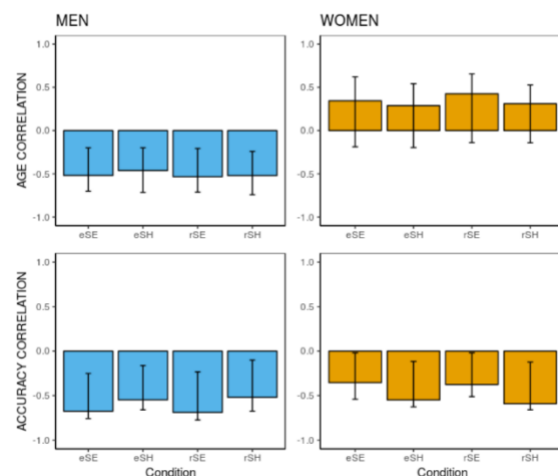


LV3 (11.33% cross-block covariance)

E

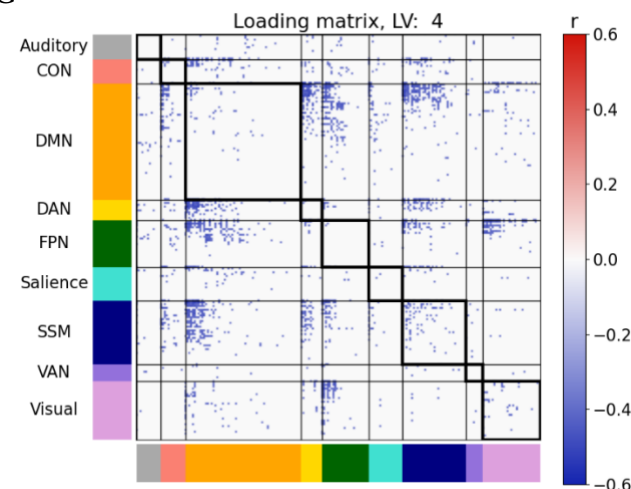


F

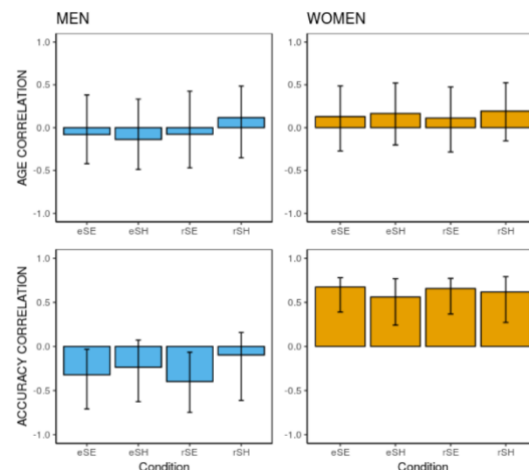


LV4 (5.42% cross-block covariance)

G



H



Note. The B-PLS analysis using connectivity matrices that did not regress mean-task-related activity generated 2 significant LVs within group and 4 significant LVs between group, similar to the primary BPLS (Analyses 1 & 2) described in the manuscript. (A, C, E, G) thresholded 95th percentile of correlations between participants' task fMRI data and behavioral profile for LVs 1-4, respectively. (B, D, F, H) Behavioral profile of correlation between the behavioral vectors of age and accuracy with the task fMRI connectivity of participants (behavior correlation weights) for LVs 1-4 respectively. Error bars represent bootstrapped standard deviations. eSE = encoding spatial easy; eSH = encoding spatial hard; rSE = retrieval spatial easy; rSH = retrieval spatial hard; CON = cingulo-opercular network; DMN = default mode network; DAN = dorsal attention network; FPN = frontoparietal network; SSM = somatomotor network; VAN = ventral attention network.