# Semaphorin 3C exacerbates liver fibrosis

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**Abstract**

Background & Aims: Chronic liver disease is a growing epidemic leading to fibrosis and

cirrhosis. TGF-β is the pivotal pro-fibrogenic cytokine which activates hepatic stellate cells

(HSC), yet, other molecules can substantially modulate TGF-β signaling in the course of liver

fibrosis. Expression of the axon guidance molecules Semaphorins (SEMAs), which signal

through Plexins and Neuropilins (NRPs), have been associated with liver fibrosis in HBV-

induced chronic hepatitis. This study aims at determining their function in the regulation of

HSCs.

Approach & Results: We analyzed publicly available patient databases and liver biopsies. We

employed transgenic mice where genes are deleted only in activated HSCs to perform ex vivo

analysis and animal models. SEMA3C is the most enriched member of the Semaphorin family in

liver samples from cirrhotic patients. Higher expression of SEMA3C in patients with NASH,

alcoholic hepatitis or HBV-induced hepatitis discriminates those with a more pro-fibrotic

transcriptomic profile. SEMA3C expression is also elevated in different mouse models of liver

fibrosis and in isolated HSCs upon activation. In keeping with this, deletion of SEMA3C in

activated HSCs reduces myofibroblast marker expression. Conversely, SEMA3C

overexpression exacerbates TGF-β-mediated myofibroblast activation, as shown by increased

SMAD2 phosphorylation and target gene expression. Among SEMA3C receptors, only NRP2

expression is maintained upon activation of isolated HSCs. Interestingly, lack of NRP2 in those

cells reduces myofibroblast marker expression. Finally, deletion of either SEMA3C or NRP2,

specifically in activated HSCs, reduces liver fibrosis in mice.

Conclusion: SEMA3C is a novel marker for activated HSCs that plays a fundamental role in the

acquisition of the myofibroblastic phenotype and liver fibrosis.

Keywords: Cirrhosis, NASH, hepatic stellate cells, semaphorin, TGF- β.

Abbreviations: CLD, chronic liver disease; NASH, non-alcoholic steatohepatitis; HSCs, hepatic

stellate cells; NRP, Neuropilin-1; SEMA, semaphorin; HBV, chronic viral hepatitis B; hepatitis C

HCV; HFD, High-fat diet; FPC, Fructose-Palmitate-Cholesterol; CCl4, carbon tetrachloride; i.p.,

intraperitoneal; IVC, inferior vena cava; GSEA, Gene Set Enrichment Analysis; ES, enrichment

plot; NES, normalized enrichment score; FDR, False Discovery rate; ECs, endothelial cells.

**Introduction**

Chronic liver disease (CLD) is a global epidemic that affects more than 850 million people(1).

The cause of CLD can be attributed to different origins, most importantly hepatitis virus C and B,

alcohol consumption and metabolic disorders leading to non-alcoholic steatohepatitis

(NASH)(2). CLD is a complex disorder with different cell types contributing in multiple ways to its

progression(2). However, no matter the cause for CLD, all etiologies have in common that

hepatic stellate cells (HSCs) get activated. These produce aberrant extracellular matrix (ECM),

accumulating in the extracellular space, generating a scar(3) and eventually impairing liver

function(4). Understanding how HSCs get activated could help design better therapies to

ameliorate the consequences of CLD.

It is well known that TGF-β is the main driver for the activation of HSCs(4). TGF-β signals

through its receptor complex to activate mainly SMAD2/3 transcription factors(5). The TGF-β

receptor complex is composed of the different TGF-β receptors, type I and II, and can include

co-receptors like Neuropilin-1 (NRP1) or NRP2. NRPs exert no signaling function on their own,

but modulate the signaling machinery(6–8). These co-receptors can also be recognized by other

signaling molecules, such as distinct semaphorin proteins, suggesting that these may alter TGF-

β signaling.

The semaphorin family of proteins (SEMA) were initially described to be involved in axon

guidance during development(9), however, these proteins contribute to several other cell

functions(10). The class III semaphorin (SEMA3) subfamily is the only group of semaphorins

that is secreted(11). In chronic obstructive coronary disease, the expression of SEMA3F on the

surface of neutrophils has been shown to retain neutrophils in the inflamed tissue, delaying the

resolution of inflammation. On the contrary, when neutrophils express Semaphorin 4D on their

surface their activation is reduced(12). This opposite functions in neutrophil activation suggests

that each semaphoring member can have its own function and that the deeper knowledge of

each member of this family could contribute to a better understanding of human disease. Some

of SEMA3 members have been reported to be involved in the regulation of fibrosis. SEMA3A

activates retinal fibroblasts, inducing differentiation into myofibroblast(13), while SEMA3E

mediates HSC activation in a model of acute liver injury(14). Recently, SEMA3C expression has

been shown to correlate with liver cirrhosis upon hepatitis B virus (HBV) infection(15). However,

it has not suggested any functional role in this process. Interestingly, SEMA7A, a member of a

different class of semaphorins, has been shown to potentiate TGF-β-induced liver and

pulmonary fibrosis(16,17), suggesting that SEMAs could have a role in the regulation of TGF-β.

Intriguingly, SEMA3C signals mainly through its interaction with PlexinD1, NRP1 and NRP2(18).

While NRP1 plays an essential role in liver fibrosis(19,20), the role of NRP2 in liver fibrosis is

unknown. Here we show that SEMA3C potentiates TGF-β signaling and exacerbates

myofibroblast trans-differentiation induced by TGF-β and that this is, at least in part, mediated

by NRP2.

**Methods**

**Patient samples**

Liver biopsies were collected from patients at the Klinikum rechts der Isar, Technical University

Munich (TUM) Collection of the samples was approved by the tissue bank and the local ethical

committee of the medical faculty (160/19S) in accordance with the Declaration of Helsinki. All

patients gave preoperative consent. Samples collection include formalin fixed paraffin

embedded tissue from patients with either steatosis (n=8), chronic viral hepatitis B (HBV; n=10)

hepatitis C (HCV; n=12) or history of alcohol abuse (n=14).

**Mouse models**

All animal experiments were approved by and performed in accordance with the institutional and

regional Animal Welfare Committee. Animals were housed in groups in pathogen-free

conditions. SM22$\alpha^{CRE}$/SEMA3C$^{fl/fl}$ or NRP2$^{fl/fl}$ constitutive knockout mice were obtained by

crossing SM22$\alpha^{CRE}$ mice with either SEMA3C$^{fl/fl}$ or NRP2$^{fl/fl}$ mice to achieve the specific deletion

of *Sema3C* or *Nrp2* genes only in cells expressing SM22$\alpha$. These mice did not show any

evident burden attributable to their genetic background at the ages at which the experiments

were carried out. A constitutive knockout was chosen to fit to the continuous character of the

disease, resulting in a knockout of SEMA3C or NRP2 in all activated HSCs independent of

when their activation happened. Since SM22$\alpha$ is expressed in cardiomyocytes and both,

SEMA3C and NRP2 play important roles in cardiac function and development (21,22), mice had

to be euthanized before any potential burden could appear in the animals (around the 30 weeks

of age) according to Animal Welfare Committee regulations. This decision was also based on

the findings that 30 weeks old SM22$\alpha^{CRE}$/NRP1$^{fl/fl}$ mice develop heart failure (23). For

genotyping, the following primers were used: SM22$\alpha^{CRE}$ fw:

GCGGTCTGGCAGTAAAAACTATC, rev: GTGAAACAGCATTGCTGTCACTT; SEMA3C flox fw:

GAATCTGGCAAAGGACGATG, rev: GACCACTGGGCTTGAGAGAG; NRP2 flox common fw:

AGCTTTTGCCTCAGGACCCA, NRP2 flox mutant rev: CCTGACTACTCCCAGTCATAG NRP2

Wildtype rev: CAGGTGACTGGGGATAGGGTA. Experiments started between 8-12 weeks of

age on male mice. All mice were obtained from in-house breeding.

For CCl$_4$ treatment, mice were kept on standard chow and injected 3x weekly with 0,5 mg/kg

CCl$_4$ (VWR International, Cat. No. SIAL289116) diluted 1:5 in olive oil (Carl Roth, Cat. No.

8873.1) for 2, 4 or 6 weeks.

For high-fat diet (HFD) experiments, wild type C57BL/6N mice were kept on a diet containing

60% fat, 20% carbohydrate, 20% proteins (Research Diets, Cat. No. D12492i) for 13 weeks

from the age of 8 weeks. Control mice received standard chow.

For the FPC diet, wild type C57BL/6N mice were fed for 24 weeks with Fructose-Palmitate-

Cholesterol high fat diet (Research Diets, Cat. No. D17020104i), while littermate controls were

kept on control diet (Research Diets, Cat. No. D17020105i).

**Cells**

GRX, a cell line of activated HSCs derived from a mouse model of schistosomiasis(24), and

primary hepatic stellate cells (HSCs) were used in this work. Cells were cultured in DMEM

GlutaMax 1mg/L glucose (Thermo Fisher Scientific, Cat. No. 21885025) supplemented with 10

% FCS and 1 % Pen/Strep. For the experiments with TGF-β, GRX cells were maintained in

starvation (medium without FCS) for 48 h before stimulation and during all the duration of the

experiment. Stimulation with TGF-β (10 ng/ml, Bio-Techne, Cat. No. 240-B-010/CF) was

performed for 15 minutes, 3 or 24 hours.

**HSC isolation**

Isolation of primary murine hepatic stellate cells (HSCs) was performed as previously described

with individual modifications(25). In short: After cervical dislocation and immediate median

laparotomy, the inferior vena cava (IVC) was exposed and then liver perfusion was performed

via the IVC for 2 minutes with EGTA buffer(25), for 5 minutes with pronase (MERCK, cat. no.

10165921001, 14 mg in 35 ml of enzyme buffer solution (25) per mouse) and for 5 minutes with

liberase (MERCK, cat. no. 5401127001, 1,25mg in 40 ml of enzyme buffer solution (25) per

mouse). Afterwards, the liver capsule was carefully removed and the liver was minced. The

minced liver was resuspended in GBBS/B(25) and then washed twice. HSCs were separated

from other parenchymal and non-parenchymal liver cells by density gradient centrifugation,

using Histodenz (MERCK, cat. no. D2158-100G, 4.94 g of Histodenz in 15 ml of GBSS/A(25))

for layering. HSCs were collected from the interphase between the two layers and then plated in

10% FCS, 1% PenStrep DMEM. For 0-9 days activation experiments, a fraction of HSCs was

lysed and RNA was isolated immediately after HSC collection. Remaining HSCs were cultured

for 9 days and then lysed for RNA isolation. Before to be used in experiments, HSC cells that

were isolated from SM22α$^{CRE}$/SEMA3C$^{fl/fl}$ mice were tested for gene recombination by PCR. The

following primers were used: AAGGCGCATAACGATACCAC and

GACCACTGGGCTTGAGAGAG. Recombined gene gave a band around 250bp, while the

absence of recombination gave a band around 1000bp.

**Lentiviral overexpression**

Sema3C cDNA (NCBI DQ890847) vector from Genomic and Proteomics Core Facility of

German Cancer Research Center was shuttled into pLenti6.2/V5-DEST (Invitrogen) by Gateway

cloning for virus production. Sema3C or empty plasmids were transfected with plasmids for

envelope (pMD2.G plasmid coding for VSV-G) and packaging (psPAX2) of lentiviral particles

into HEK293T cells for virus production. Supernatant of these HEK293T cells was harvested 48

and 72h after transfection and virus was enriched by ultracentrifugation. Stable cell lines were

generated by infection of GRX cells with viral particles and subsequent selection with blasticidin.

**Immunohistochemistry**

Livers of mice were harvested and fixed in ROTI®Histofix 4 % (Carl Roth GmbH, Cat. No.

P087.3) over night at 4°C before paraffin embedding. Stainings were performed on deparaffined

cuts of 3μm.

Sirius Red staining was performed according to manufacturer's protocol (Picro-Sirius Red Stain

Kit, Dianova, Cat. No. PSR-1; Picro-Sirius Red Staining Kit, Morphisto, Cat. No. 1342500250).

For SEMA3C (Bio-Techne, Cat. No. AF1728, 1:50), DESMIN (Abcam, Cat. No. ab15200, 1:100)

and SM22α (abcam, Cat. No. ab137453, 1:100) stainings, antigen retrieval was performed at

pH=6. After 3 fast washes in permeabilization buffer (TBS-0,025% Triton-X100), tissues were

incubated for 30 minutes in Animal free Blocking solution (Cell Signaling 15019S, 1:5) and then

with primary antibodies at 4°C ON. Endogenous peroxidase activity was inhibited by $H_2O_2$

treatment before adding Goat IgG VisUCyte HRP Polymer (R&D Systems, Cat. No. VC004

Substrate: DAB Substrate Kit, Zytomed, Cat. No. DAB057) for 30 minutes. For double staining,

samples were subsequently incubated for 30 minutes with ZytoChem Plus (AP) Polymer anti-

Rabbit (Biozol Diagnostica, Cat. No. ZYT-ZUC031-00, Substrate: Permanent AP-Red-Kit,

Zytomed, Cat. No. ZUC001-125). Tissue was counterstained with hematoxylin for 3 seconds

before washing, dehydration and embedding in mounting medium (Eukitt, Cat. No. 202200401).

For immunofluorescence of αSMA, antigen retrieval was performed at pH=9. After 3 fast

washes in permeabilization buffer (TBS-0,025% Triton-X100), samples were incubated for 30

minutes in 10% goat-serum, (Cell Signaling 15019S, 1:5) and then with diluted anti-αSMA-Cy3

antibody (Sigma Aldrich, Cat. No. C6198, 1:200) for 1h at RT. After washes, tissue was

dehydrated and mounted with fluorescence mounting medium (Dako, Cat. No. S3023).

Pictures were acquired using the Zeiss Axio Scan.Z1 and analyzed with the Fiji Software.

**Immunocytochemistry**

For immunofluorescence staining of αSMA, GRX cells were seeded onto coverslips, starved ON

and stimulated with 10 ng/ml TGF-β (Bio-Techne, Cat. No. 240-B-010/CF) for 24 h. Cells were

fixed and permeabilized using cold MeOH for 3 min on ice. After blocking, cells were incubated

with αSMA antibody (Sigma, Cat. No. A5228, 1:500) (**Suppl. Table 1**) for 2 hours at room

temperature. Donkey anti-mouse IgG Alexa Fluor 546 antibody (Invitrogen, Cat. No. A10036)

was incubated for 1 h prior to DAPI staining. Coverslips were mounted on slides with

fluorescence mounting medium (Dako, Cat. No. S3023). Images were acquired using Zeiss Axio

Scan.Z1.

**mRNA isolation and qRT-PCR**

For qRT-PCR analysis, mRNA of GRX cells was isolated with the innuPREP RNA Mini Kit

(Analytik Jena AG, Cat. No. 845-KS-20400250) according to manufacturer's protocol. For

HSCs, the ARCTURUS® PicoPure® RNA Isolation Kit (Thermo Fisher Scientific, Cat. No.

KIT0214) was used. The extraction of mRNA from snap-frozen tissue was performed using

Trizol® reagent (Thermo Fisher Scientific, Cat. No. 15596026) and precipitation with

isopropanol. Retrotranscription of mRNA was carried out using the Reverse Transcriptase Kit

(Applied Biosciences, Cat. No. 4368814). qRT-PCR was performed using SybrGreen Master

Mix (Applied Biosciences, Cat. No. A25742) and primers listed in **Suppl. Table 2**. Fold changes

were assessed by $2^{-\Delta\Delta Ct}$ method and normalized with the gene *Cph* or *Hprt*.

**Western Blot**

Western blot was performed as previously described. In short, cultured cells were lysed with

Cell Lysis Buffer (Cell Signaling, Cat. NO. 9803S) supplemented with 2% PMSF (50mM in

EtOH). For snap-frozen livers, tissue was homogenized in RIPA buffer (25mM Tris pH 7,4,

150mM NaCl, 1% NP40, 1% Sodium Deoxycholate, 0,1% SDS) supplemented with 2% PMSF

(50mM in EtOH). Proteins separated via SDS-PAGE gels were blotted onto PVDF membranes

(Millipore, Cat. No. ISEQ00010). To reduce non-specific antibody binding and reduce

background, blocking- and antibody-incubations were performed in TBS + 0,1% Tween20 + 5%

milk. Following primary antibodies (**Suppl. Table 1**) were used: anti-NRP1 (1:1000, R&D

Systems, Cat. No. AF566), anti-NRP2 (1:1000, R&D Systems, Cat. No. AF567), anti-VCP

(1:2000, abcam, Cat. No. ab109240), anti-pSMAD2/3 (1:1000, Cell Signaling, Cat. No. 8828),

anti-SM22α (1:1000, abcam, Cat. No. ab137453), anti-FN1 (1:1000, abcam, Cat. No. ab2413).

After washes, appropriate HRP-coupled secondary antibodies (rabbit anti-mouse, Cat. No.

P0260, and goat anti-rabbit, Cat. No. P0448, from DAKO and rabbit anti-goat, Cat. No. HAF017,

from R&D Systems) were used with a dilution 1:2500. HRP-conjugated rabbit anti-mouse (Dako,

Cat. No. P0260) was also used to recognize heavy-chain immunoglobulins (hc-Ig) present in

liver lysates. SuperSignal™ West Pico PLUS Chemiluminescent Substrate (Thermo Fisher

Scientific, Cat. No. 34579) was used to detect HRP.

**Gene set enrichment analysis (GSEA)**

Gene Set Enrichment Analysis (GSEA, Broad Institute)(26) was used to examine differentially

expressed genes (DEGs). The output of GSEA is an enrichment plot (ES), a normalized

enrichment score (NES) which accounts for the size of the gene set being tested, a p-value, and

an estimated False Discovery rate (FDR). We computed p-values using 1,000 permutations for

each gene set and corrected them with the false-discovery rate (FDR) method. When several

probe sets were present for a gene, the mean of the probe set was used. The patient

classification based on the expression of a gene was performed using the median ox expression

as a threshold. Patients were classified as over or under the median value. We used publicly

available data sets of liver fibrosis patients (NCBI GEO GSE45050, GSE49541, GSE61260,

GSE103580, GSE83898) for the analysis.

**Statistical analysis**

Data are presented as mean ± SD, with data points representing different biological replicates.

Statistical analysis was performed with GraphPad Prism 9 software. The test used in each

experiment is described in the figure legend. For *in vivo* experiments, the non-parametric Mann-

Whitney test was applied, given the low number of samples used (8 or less). For *in vitro*

experiments, Gaussian distribution of data was assumed, so parametric unpaired t-test was

performed. For comparing *ex vivo* analysis of HSC activation comparing 0 and 9 days after

isolation, paired t-test was carried out. One-tailed analysis was performed only when one

direction hypothesis was supported by previously published data. Differences were considered

significant, if p-value was ≤ 0.05. Asterisks were used as followed: * p ≤0.05, ** p ≤ 0.01, *** p

≤ 0.001.

**Results**

**SEMA3C expression is associated with liver fibrosis in human patient samples**

To address relative gene expression patterns of semaphorin family members in human CLD

samples, we examined a publicly available database (GSE45050) which provides gene

expression profiles from patients with liver cirrhosis (n=5) and healthy donors (n=3). Gene set

enrichment analysis (GSEA) comparing healthy versus cirrhotic patients using the

GO_SEMAPHORIN_PLEXIN_SIGNALING _PATHWAY gene set revealed that this gene set

was enriched upon liver cirrhosis (**Suppl. Figure 1A**). The most enriched gene in this set was

SEMA3C, suggesting that its role could be important in the context of liver cirrhosis.

Surprisingly, SEMA7A, whose function had been suggested to potentiate liver fibrosis, was not

among the enriched genes in this analysis. This analysis, as part of the process, performs a

rank with all the genes expressed from most enriched in healthy to most enriched in cirrhotic.

Using this rank, we extracted a list of the 500 most enriched genes in cirrhotic samples as a

signature of cirrhosis and named it "Cirrhosis signature". Interestingly, three different class 3

semaphorins were among these genes (**Suppl. Table 3**): SEMA3D, SEMA3A, among the top

400, and SEMA3C, which was in the top 100 of most enriched genes. However, this cohort is

quite limited. The number of patients is rather low, and the etiology of the cirrhosis was not

disclosed(27). Therefore, we decided to test whether our signature could identify fibrotic patients

before patients were showing signs of cirrhosis, we employed a dataset of patients suffering

NAFLD with different grades of fibrosis (GSE49541). We classified these patients in terms of

their fibrotic grade in mild (0/1) or severe (3/4)(28). When performing GSEA using the Cirrhosis

signature we observed a significant enrichment of this signature in the patients showing severe

fibrosis (**Suppl. Figure 2B**), which demonstrates that this signature is a good tool to determine

a fibrotic expression profile in patients with CLD. Importantly, when performing GSEA using the

go_semaphorin_plexin_signaling _pathway gene set in this classification of patients we

observed that it was enriched in those patients diagnosed with a severe fibrosis (**Figure 1A**).

Moreover, SEMA3C was again the most enriched gene in this analysis (**Figure 1A**), further

supporting the potential role of this gene in liver fibrosis development. It is worth noting that

SEMA7A was again not present among the most enriched genes. We used other publicly

available datasets from different cohorts of patients suffering different levels of NAFLD including

NASH (GSE61260) (**Figure 1B**)(29), alcoholic hepatitis (GSE103580) (**Figure 1C**)(30) and

chronic HBV infection (GSE83898) (**Figure 1D**)(31). We classified the different cohorts of

patients based on their SEMA3C expression as over (SEMA3C-high) or under (SEMA3C-low)

the median expression of SEMA3C among all patients. We removed SEMA3C from the cirrhosis

signature gene set to avoid introducing a bias in our analysis. GSEA showed significant

enrichment of this gene set in patients with higher SEMA3C expression in all etiologies for CLD

(**Figure 1B-D**), suggesting its importance in liver fibrosis. To ensure that this was not an

unspecific association between SEMA3C and fibrosis, we performed the same classification

(over or under the median) with other semaphorin genes that have been related to fibrosis in the

literature, SEMA3E, SEMA3A, SEMA5A and SEMA7A(13–16); we also included SEMA3D

because it is present in the cirrhosis signature. We found that although some of these genes

showed the same trend, SEMA3C had the strongest significant association in all three disorders

(**Suppl. Figure 1C**). In summary, these data indicate that level of expression of SEMA3C is

associated with a fibrotic mRNA expression profile in patients with CLD from different etiologies.

To understand whether this was due to its impact on fibroblast activation, we examined the

expression of SEMA3C in liver samples from patients suffering: non-alcoholic fatty liver disease

(NAFLD), alcoholic cirrhosis, chronic HCV or chronic HBV infection. We performed a double

staining with SEMA3C and α-smooth muscle actin antibodies and observed that they were often

expressed in the same cells (**Figure 1E**), indicating that activated fibroblasts express SEMA3C.

We further validated these results in other samples of NAFLD, where we also found SEMA3C

expression in DESMIN positive cells (**Suppl. Figure 1D**), indicating that SEMA3C was

expressed in HSCs. We also analyzed the expression of a marker for fibroblast activation,

smooth muscle protein 22-alpha (SM22α). Although, the investigated patient samples exhibited

only mild signs of fibrosis (based on clinical pathology reports), they started to show SM22α

positive staining in non-arterial areas (**Suppl. Figure 1E**). This indicates that fibroblasts,

probably HSCs, had been activated already.

**SEMA3C is upregulated in several mouse models for liver fibrosis**

We further analyzed whether we could observe the same kind of association in mouse models

for liver fibrosis. We used two models for NAFLD, i.) high fat diet (HFD) and ii.) fructose,

palmitate, cholesterol and trans-fat diet (FPC), and in addition the classical model of $CCl_4$-

induced liver fibrosis. Although all three models showed signs of early fibrosis, only $CCl_4$-treated

mice had advanced liver fibrosis in relatively short time (**Suppl. Figure 2A-C**). Nonetheless, in

all three models we observed a significant increase of SEMA3C upon liver injury (**Figure 2A**).

Similar to what we observed in patients with NAFLD, SEMA3C was expressed by DESMIN

positive fibroblasts and was more concentrated in fibrotic areas (**Figure 2B**).

**SEMA3C is a marker for HSC activation**

Thus far, we have been able to correlate SEMA3C expression with liver fibrosis, but we aimed

at understanding whether this was functionally relevant. For this reason, HSCs from livers of

wild-type C57BL/6 mice were isolated by density gradient and activated by *in vitro* culture

(**Suppl. Figure 3A**). *In vitro* culture has been shown to be sufficient to activate HSCs into

myofibroblasts(32). We confirmed this by observing that several markers for activated

fibroblasts (*Ctgf, Acta2* (αSMA), *Tagln* (SM22α) and *Pai-1)* were increased upon *in vitro* culture

for 9 days (**Suppl. Figure 3B**). When looking at SEMA3C expression we observed a significant

increase in activated HSCs (**Figure 3A**), indicating that SEMA3C can be considered as a new

marker for activated fibroblasts.

To demonstrate the importance of SEMA3C in HSC activation, we isolated HSCs from

SM22α[CRE]/SEMA3C^{fl/fl} and their littermate controls SEMA3C^{fl/fl}. In SM22α[CRE]/SEMA3C^{fl/fl} mice

SEMA3C deletion is controlled by SM22α promoter, whose activity increases upon HSC

activation. We observed that, after 9 days of culture, HSCs from CRE-positive mice had a

significantly reduced expression of several myofibroblast markers compared to their CRE-

negative littermate controls (**Figure 3B**), indicating that SEMA3C expression is necessary for

HSC activation.

Further, we overexpressed SEMA3C in GRX cells, a cell line of activated HSCs(24). We

observed that TGF-β-mediated gene expression was exacerbated in those cells overexpressing

SEMA3C (**Figure 3C**). In addition, TGF-β-induced SMAD2 phosphorylation in SEMA3C-

overexpressing GRX was significantly increased compared to control cells (**Figure 3D**). This

was further confirmed by staining for αSMA by immunofluorescence. SEMA3C-overexpressing

GRX showed a stronger formation of αSMA[+] cytoskeletal filaments compared to control cells,

which confirms the increased myofibroblast activation of HSCs upon SEMA3C overexpression

(**Figure 3E**). All these data indicate that SEMA3C increases TGF-β responses in HSCs and

GRX *in vitro*.

**SEMA3C exacerbates liver fibrosis in mice**

To analyses whether SEMA3C could also mediate fibrosis *in vivo*, we induced liver fibrosis in

mice lacking SEMA3C in myofibroblasts. For this, we employed SM22α$^{CRE}$/SEMA3C$^{fl/fl}$ mice. In

CRE-positive mice, fibroblasts and all HSCs, which get activated at any phase of liver fibrosis

progression, lack SEMA3C (**Figure 4A, Suppl. Figure 3A**). We used CCl$_4$-injection as liver

fibrosis model because, due to the short time this model requires to induce fibrosis, is the most

compatible with the chosen mouse strain. Lack of SEMA3C in myofibroblasts reduced

significantly collagen deposition, as shown by Sirius red staining of the livers (**Figure 4C**). In

addition, mice those mice also showed a significant decrease of several liver fibrosis markers,

such as *Acta2* mRNA expression, as well as FN1, SM22α and αSMA protein expression

(**Figure 4B, D and E**). Moreover, immunoglobulin (hc-Ig) presence in the liver, which has been

reported to be a marker for liver fibrosis(33) also in our CCL$_4$ model (**Suppl. Figure 2C**), was

strongly reduced (**Figure 4E**). Taken together, these data demonstrate that myofibroblast

expression of SEMA3C exacerbates liver fibrosis.

**NRP2 deletion in HSCs reduces liver fibrosis in mice**

SEMA3C signals through PlexinD1, NRP1 and NRP2 receptors(34). Given that NRPs are co-

receptors in the TGF-β receptor complex(35) we further determined their contribution to HSC

activation and liver fibrosis. When analyzing the expression of NRPs upon fibrosis, we observed

that NRP1 increased with fibrosis development, as expected from previous literature(19).

Interestingly, we observed a similar upregulation of NRP2, suggesting a previously unknown

effect of NRP2 on liver fibrosis (**Figure 5A**). However, when analyzing gene expression in

primary HSCs activated in culture, we observed that while *Plxnd1* and *Nrp1* were almost

abolished in activated HSCs, these conserved *Nrp2* expression (**Figure 5B**). These data

suggest that NRP2 could be transducing the signal of SEMA3C in activated HSCs. To evaluate

the relevance of NRP2 in HSC activation, we isolated HSCs from SM22α$^{CRE}$/NRP2$^{fl/fl}$ and their

littermate controls NRP2$^{fl/fl}$. We found several markers for HSC activation significantly reduced

in cells lacking NRP2, in particular *Tagln* (SM22α) and *Acta2* (αSMA) (**Figure 5C**). Thus, we

concluded that NRP2 is necessary for HSC activation *in vitro*.

In order to confirm the important role of the co-receptor NRP2 in liver fibrosis, we injected CCl$_4$

in mice lacking NRP2 only in myofibroblasts (SM22α$^{CRE}$/NRP2$^{fl/fl}$ mice) and their littermate

controls to induce liver fibrosis. Lack of NRP2 in myofibroblasts reduced significantly collagen

deposition, as shown by Sirius red staining of the livers (**Figure 5D**). We also observed a lower

presence of several liver fibrosis markers in SM22α$^{CRE}$/NRP2$^{fl/fl}$ mice, such as SM22α, αSMA

and immunoglobulin (**Figure 5E-F**). Therefore, the data suggest that the absence of NRP2 in

activated HSCs reduces liver fibrosis.

**Discussion**

CLD is a multifactorial disorder. Most of the molecular mechanisms underlying liver fibrosis are

common among the different liver injuries triggering CLD. Also, most of them start with the

transdifferentiation of HSCs into myofibroblasts. Understanding the mechanisms for HSC

activation could lead to the discovery of better ways to diagnose and treat patients with CLD.

Here we have uncovered a new marker for HSC activation, SEMA3C, which predicts a more

advanced stage of the disease. In addition, we demonstrate that SEMA3C has a function in liver

fibrosis progression, thereby constituting a potential therapeutic target itself. Moreover, we

suggest that its effects are, at least in large parts, mediated by the receptor NRP2.

The so-called Western diet and sedentary lifestyle has enormously increased the rate of people

affected by NAFLD, or more accurately described by metabolic dysfunction-associated fatty liver

disease (MAFLD) (36). In addition, excessive alcohol consumption or viral infections contribute

to the high rate of CLD, constituting a growing epidemic affecting almost a billion people

worldwide(1). The discovery of safe treatments for CLD could be extremely beneficial. Here we

describe a previously unknown role for SEMA3C in the activation of HSCs. We provide data

showing that SEMA3C expression precedes other more obvious features of liver fibrosis. This

suggests that SEMA3C expression might be employed for early detection of liver fibrosis and for

a better classification of patients with risk of developing a more advanced disease before the

deterioration of liver function arrives to a non-return point. Although liver biopsies are invasive,

there is already a study suggesting that serum levels of SEMA3C associate with fibrosis in HVB

infection(15), which implies that serum levels of SEMA3C could be employed for diagnosis in all

other etiologies. Our data gives a mechanistic role for this potential diagnosis.

TGF-β is one of the main drivers for liver fibrosis. It is an important activator of HSCs, and its

inhibition has been shown to block liver fibrosis progression(37). Unfortunately, TGF-β inhibitors

are often too toxic to be administered due to pleiotropic effects in many organs. We found that

SEMA3C exacerbates TGF-β responses in HSCs. We show how the overexpression of

SEMA3C in GRX, a myofibroblast cell line derived from HSCs, increases TGF-β-induced gene

expression and SMAD2 phosphorylation. Therefore, early increase of SEMA3C expression in

HSCs could provoke an overreaction to TGF-β present in the extracellular compartment,

accelerating the development of fibrosis that TGF-β mediates. Conversely, deletion of SEMA3C

in HSCs reduced their level of activation *in vitro*. This indicates that SEMA3C is not only a

consequence of HSC activation, it is also a driver for their activation itself. Future strategies

aiming at blocking SEMA3C activity could be useful to reduce TGF-β responses only in

damaged organs, limiting the toxicity by avoiding the inhibition of TGF-β pleiotropic actions.

SEMA3C plays an important role in angiogenesis by inhibiting VEGF responses in endothelial

cells (ECs) through NRP1(38). For this reason, it is important to separate the effects of

SEMA3C on ECs from potential effects that SEMA3C could have in fibroblasts. To achieve this,

we decided to use SM22α as a driver for CRE recombinase expression because it allowed us to

restrict SEMA3C deletion to activated HSCs and myofibroblasts in general. This promoter is

also active in VSMCs, although VSMC do not express SEMA3C (**Figure 2B**). Therefore, it is

reasonable to suggest that our transgenic mice would only show an effect in activated

fibroblasts. We found that when activated fibroblasts lack SEMA3C the fibrotic process,

although it is not abolished, it is significantly reduced.

In an attempt to uncover the receptor involved in SEMA3C actions we first evaluated the

expression of the different receptors in liver fibrosis and more specifically in HSCs. We found

that only NRP2 was still expressed in activated HSCs. In keeping with this, deletion of NRP2

strongly inhibited HSC activation. Moreover, the deletion of NRP2 exclusively in myofibroblasts

was sufficient to reduce fibrosis progression in mice, suggesting that activated HSCs respond to

SEMA3C overexpression through NRP2 to mediate liver fibrosis. This discovery opens a new

line of research, aiming at NRP2 blockade, which, together with the previously established

benefits of NRP1 blockade(19,20), could serve as a therapeutic strategy to reduce liver fibrosis.

Taken together, we demonstrate that SEMA3C exacerbates liver fibrosis. Its expression in

HSCs is not only a marker of their activation, comparable to other previously defined, but also a

mediator of this activation. Indeed, we demonstrate that HSCs decrease their level of activation

upon SEMA3C deletion, opening the possibility to target this secreted protein to diminish liver

fibrosis in patients.

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analysis, Investigation, Methodology,  SSH: Investigation, Methodology; IM: Formal analysis,

Investigation, Methodology; SC: Formal analysis, Investigation, Methodology, WJ: Resources,

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Resources, Investigation, Methodology; BE-Ü: Resources, Investigation, Methodology; SH:

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Formal analysis, Funding acquisition, Methodology, Validation, Visualization, Writing – review &

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**Figure legends**

**Figure 1. SEMA3C expression is associated with liver fibrosis in humans A** GSEA of the

dataset GSE49541 using GO_SEMAPHORIN_PLEXIN_SIGNALING _PATHWAY gene set. Left

panel shows a heatmap of the 10 genes most differentially enriched with the most enriched

gene at the bottom. Right panel shows the enrichment plot including the Normalization

Enrichment score (NES) and false discovery rate (FDR). **B-D** GSEA of the dataset GSE61260

(B) GSE103580 (C) GSE83898 (D) using "Cirrhosis signature" gene set obtained from A.

Patients were classified according to their expression levels of SEMA3C as over (high) or under

(low) the mean. Left panels show a heatmap of the 10 genes most differentially enriched with

the most enriched gene at the bottom. Right panel shows the enrichment plots including the

NES and FDR. **E** Immunohistochemistry for αSMA (stained by alkaline phosphatase AP) and

SEMA3C (stained by DAB) were performed on sections of human livers from 4 different

etiologies: NASH, alcoholic cirrhosis, HBV infection and HCV infection. Samples were

counterstained with hematoxylin. Pictures show both proteins in perisinusoidal areas and more

fibrotic areas. Scale bars are 100μm in the zoom-out images and 20 μm in the zoom-in images.

**Figure 2. SEMA3C is upregulated during liver fibrosis in mice. A** *Sema3C* expression was

analyzed by qRT-PCR in 3 different models of liver fibrosis: 6 weeks of carbon tetrachloride-

treatment ($CCl_4$, column in red), 24 weeks of fructose-palmitate-cholesterol high fat diet (FPC,

column in blue) and 13 weeks of high fat diet (HFD, column in green). Each mouse is denoted

as a black dot and the mean ± SD of each group is represented as a column. White columns

represent control mice. Two-tailed non-parametric Mann-Whitney test was performed to

evaluate data significance. ** indicates p value <0,01. **B** DAB-SEMA3C staining (in brown) and

AP-DESMIN staining (in purple) were performed on control livers and livers with advanced

fibrosis (6 weeks $CCl_4$-treatment). Tissue was counterstained with hematoxylin. Scale bars are

200 μm in the zoom-out images and 50μm in the zoom-in images.

**Figure 3. SEMA3C is a marker of hepatic stellate cells (HSC) and exacerbates fibroblast activation. A** HSCs were isolated from WT mice and one portion was immediately frozen, while the other one was maintained in culture with complete medium for 9 days. Gene expression of *Sema3C* was analyzed in these samples by qRT-PCR. Two-tailed paired t-test was performed to evaluate data significance. **B** HSCs were isolated from SM22α$^{CRE}$/SEMA3C$^{fl/fl}$ mice and the control CRE- littermates, and cultured for 9 days. Gene expression of *Ctgf, Tagln* (SM22α) and *Acta2* (αSMA) was analyzed by qRT-PCR. Two-tailed unpaired t-test was performed to evaluate data significance. **C** SEMA3C-overexpressing GRX (SEMA3C, S) and control GRX (empty, E) were stimulated with TGF-β for 3 or 24 hours and gene expression of activation markers was evaluated by qRT-PCR. Two-tailed unpaired t-test was used to evaluate data significance. **D** Phosphorylation of SMAD2/3 was evaluated by Western blot, after 15 minutes of activation and VCP was used as loading control. Image is representative of 3 independent experiments. **E** Immunofluorescence of αSMA was performed on 24h-activated GRX. Scale bar is 200 μm. * and ** correspond to p value <0.05 and <0.01, respectively.

**Figure 4. SEMA3C exacerbates liver fibrosis in mice.** Liver fibrosis was induced in SM22α$^{CRE}$/SEMA3C$^{fl/fl}$ mice and their control CRE- littermates, by CCl$_4$-treatment for 6 weeks. **A** SEMA3C staining (by DAB in brown) and DESMIN staining (by AP in purple) were performed to determine fibroblast-specific SEMA3C deletion (arrows) in CRE+ mice. Scale bars are 50μm. **B** Gene expression of *Acta2* (αSMA) and *S100a6* was analyzed in these samples by qRT-PCR. Liver fibrosis was also evaluated by Sirius red staining and immunofluorescence of αSMA. **C** Representative images and quantification of Sirius red staining are here shown, as well as representative images and quantification of αSMA staining (**D**). **E** The same samples were analyzed by Western blot. Fibronectin (FN1), heavy-chain immunoglobulin (hc-Ig), αSMA, SM22α and the loading control VCP are here shown and the bands quantified. Two-tailed non-

parametric Mann-Whitney test was performed to evaluate data significance in the experiments

of this figure. * and ** correspond to p value <0.05 and <0.01, respectively.

**Figure 5. NRP2 on activated fibroblasts mediates fibrosis in mice. A** Western blot was

performed on whole liver tissues of mice treated for 2, 4 and 6 weeks (w) with $CCl_4$ and their

control littermates. Blots of Neuropilin-1 (NRP1), Neuropilin-2 (NRP2) and VCP are shown. **B**

Gene expression of *Nrp1, Plxnd1* and *Nrp2* was analyzed by qRT-PCR in freshly-isolated WT-

HSCs and after 9 days of culture. Two-tailed paired t-test was performed to evaluate data

significance. **C** HSCs from SM22α$^{CRE}$/NRP2$^{fl/fl}$ mice and the control CRE- littermates were

cultured for 9 days and gene expression of *Ctgf, Tagln* (SM22α) and *Acta2* (αSMA) was

examined by qRT-PCR. Two-tailed unpaired t-test was performed to evaluate data significance.

**D** Liver fibrosis was induced in SM22α$^{CRE}$/NRP2$^{fl/fl}$ mice and the control CRE- littermates by

$CCl_4$-treatment for 6 weeks. Liver fibrosis was evaluated by Sirius red staining. Representative

images of livers and quantification of the red staining by Fiji software are displayed for each

group. **E** Liver fibrosis was also analyzed by immunofluorescence of αSMA and results are

shown as representative images of livers and quantification of αSMA staining for the two

groups.  D and E panels, scale bars are 1000 μm. **F** The same samples were also investigated

by Western blot. FN1, hc-Ig, αSMA and SM22α were used as markers for liver fibrosis and

NRP2 was detected to verify knock-out of NRP2. Bands were quantified and normalized to VCP

(graph on the right of the panel). Two-tailed non-parametric Mann-Whitney test was performed

to evaluate the significance of *in vivo* data (panel D, E and F).  * and ** correspond to p value

<0.05, <0.01 respectively.

Figure 4

Figure 5