1 **Title:** Transcranial magnetic stimulation of the occipital cortex interferes with foot movements in
2 blind individuals
3

4 **Authors:** Tsuyoshi Ikegami[1,2]*, Masaya Hirashima[1,2], Eiichi Naito[1,2], Satoshi Hirose[1,3]
5
Affiliations:
[1]Center for Information and Neural Networks (CiNet), Advanced ICT Research Institute, National
Institute of Information and Communications Technology, 1-4, Yamadaoka, Suita City, Osaka,
Japan
[2] Graduate School of Frontier Biosciences, Osaka University, 1-3, Yamadaoka, Suita, Osaka,
Japan
[3] Otemon Gakuin University, Faculty of Psychology, 2-1-15, Nishiai, Ibaraki City, Osaka, Japan
(*corresponding author)
14
15 **Corresponding author:**
16 *Correspondence should be addressed to Tsuyoshi Ikegami (ikegami244@gmail.com).
17

Acknowledgments: We thank Dr. Kaoru Amano and Dr. Nobuhiro Hagura for their valuable
comments on this manuscript. We thank Ms. Naoko Katagiri and Mr. Kenta Yamamoto for their
help in conducting the experiments. We thank Mr. Shigeo Murakami of the Japanese Blind
Football Association for his help in recruiting participants. TI was supported by JSPS KAKENHI
Grant #16K12974. EN was supported by JSPS KAKENHI Grant #JP19H05723. The authors
declare no competing financial interests.

Abstract

Plasticity after visual loss is a remarkable characteristic of the brain. Previous studies in blind individuals have shown that the occipital cortex, which corresponds to the visual cortex in sighted individuals, can be reorganized and repurposed for nonvisual perception and cognitive functions. To our knowledge, however, no studies have directly examined its involvement in motor production. Here we show that a rhythmic foot movement performed by acquired blind participants can be disrupted by transcranial magnetic stimulation (TMS) to their primary and secondary visual cortex (V1/V2). Variability of this foot movement increased when we applied TMS to the acquired blind participants. This effect of TMS was absent for both sighted and congenitally blind participants. These results suggest that the visual cortex of blind individuals is involved in motor production, but its involvement requires prior visual experience. Our finding indicates that functional repurposing of the visual cortex may not be restricted to perception and cognitive functions, but also extended to motor function. Motor function may emerge in the visual cortex of blind individuals as a consequence of the reorganization of the visuomotor network, which has been developed before visual loss.

Introduction

Sensory loss can lead to dramatic plasticity of the cerebral cortex (Merabet et al., 2005, Merabet and Pascual-Leone, 2010). There is accumulating evidence for cross-modal plasticity after visual loss, where the visual cortex is reorganized to participate in the process of remaining sensory modalities. For example, the visual cortex of blind individuals responds to auditory (Kujala et al., 1995, Weeks et al., 2000, Amadeo et al., 2019, Vetter et al., 2020) and tactile stimuli (Sadato et al., 1996, Cohen et al., 1997, Burton et al., 2002, Pietrini et al., 2004, Ptito et al., 2008). This cross-modal plasticity has been regarded as the neural underpinnings driving blind individuals' superior ability over sighted individuals in nonvisual perception like sound localization and tactile spatial discrimination (Lessard et al., 1998, Roder et al., 1999, Goldreich and Kanics, 2003, Voss et al., 2004). Furthermore, research suggests that the visual cortex can also be reorganized to contribute to higher cognitive processes like verbal memory, language processing, or mathematical processing (Amedi et al., 2003, Amedi et al., 2004, Bedny et al., 2011, Kanjlia et al., 2016). Thus, it is well accepted that the visual cortex of blind individuals takes a more prominent role in nonvisual perception and cognitive functions than in sighted individuals.

However, no studies to date have examined whether the visual cortex of blind individuals is involved in motor production, which is one of the essential brain functions. To examine this question, we applied transcranial magnetic stimulation (TMS) to the occipital cortex of acquired blind participants, including the primary and secondary visual cortex (V1/V2), while they

performed a rhythmic and alternating foot movement. We show that TMS of the occipital cortex

increases the variability of the foot movements in the acquired blind participants but not in sighted

controls. We also show that this TMS effect is absent in congenitally blind individuals. Our results

suggest that the visual cortex of blind individuals is involved in motor production, but the

involvement requires prior visual experience.

Results

Twelve acquired blind participants, including six athletes (see Methods), and twelve age-matched

sighted participants, took part in the main experiment (see Table 1 for the participant

characteristics). Blindfolded participants made rhythmic movements of alternating dorsiflexion

and plantar flexion of the feet (Fig. 1 A) without any sound cue. The participants were instructed

to keep their movement frequency (1 Hz) as constant as possible. We selected this rhythmic and

alternating lower limb movement because it requires no visuomotor coordination. We also

emphasize that it characterizes locomotion, one of the most common daily activities shared

between blind and sighted individuals.

During the movement, 20 single TMS pulses were applied to one of 14 stimulation sites over the

occipital cortex (Fig. 1B) with 2–4 s inter-stimulus intervals (see Methods for details). The

intensity of TMS used in the experiment was comparable between the acquired blind (77.083 ±

11.968% of the maximum stimulator output) and sighted (84.583 ± 9.643%) participants

(unpaired t-test: t[22] = 1.691, p = 0.105 without correction). In addition, control trials (no-

stimulation trial) were conducted in which the participants performed the same movements

without TMS. TMS did not induce an immediate effect such as muscle twitching or movement

stop. Thus, the effects of TMS on the rhythmic foot movement were evaluated by quantifying the

variability of the movement frequency with the coefficient of variation (CV) of the cycle duration

(Fig. 1A, see Methods for details). As our main target area is the early visual cortex, the results

we show in the main text are limited to stimulation site #11 (see Fig. 1B), which corresponds to

the putative V1/V2 (pV1/V2). The supplementary information (see Fig. S1) report the averaged

data over all stimulation sites, covering broader visual areas.

First, we confirmed that both groups of participants successfully performed the instructed

movement. The movement frequency averaged over all the stimulation, and no-stimulation trials

was 0.942 ± 0.168 Hz and 0.968 ± 0.163 Hz for the acquired blind and sighted participants,

respectively. Importantly, no significant difference was found between the two groups (unpaired

t-test: t[22] = 0.381, p = 0.707 without correction).

Then, we examined the effects of TMS on movement performance. We found that TMS to

stimulation site #11 (pV1/V2) affected the foot movements in the acquired blind participants (blue

bars in Fig. 2) but not in the sighted participants (red bars). Compared to the non-stimulation trial,

TMS to stimulation site # 11 increased the CV in the acquired blind participants (paired t-test:

t[11] = 3.838, p = 0.006 with Bonferroni correction for multiple comparisons) but not in sighted

participants (t[11] = 1.766, p = 0.105 without correction). This result suggests that TMS to

pV1/V2 interfered with motor production only in the acquired blind participants. We obtained the

same result when analyzing the average data over all stimulation sites (Fig. S1).

This increase in the CV (stimulation site # 11) of the acquired blind participants was not correlated

with their age (r = −0.321, p = 0.309), their age at onset of visual loss (r = −0.455, p = 0.138), or

the duration of visual loss (r = 0.197, p = 0.540). Moreover, the increase in CV did not differ

between the subgroups of athlete (BL^A in Table 1, black solid lines in Fig. 2 left) and nonathlete

(BL^{NA}, dashed lines) acquired blind participants (unpaired t-test: t[10] = 0.512, p = 0.620 without

correction).

The group comparison in the no-stimulation trial showed a smaller CV in the acquired blind

participants than the sighted participants (unpaired t-test: t[22] = 2.20, p = 0.037) (Fig. 2). This

suggests that the acquired blind participants exhibited a better ability for temporal control of the

foot movement than the sighted particians.

Finally, we performed an additional experiment with four congenitally blind participants. We

utilized the same procedure as in the main experiment. In contrast to the acquired blind

participants, none of the congenitally blind participants showed any clear increase in the CV when

TMS was applied to stimulation site #11 (pV1/V2) (Fig. 3). We again obtained the same result

when analyzing the average data over all stimulation sites (Fig. S2).

Discussion

Our results showed that TMS of the occipital cortex, including pV1/V2, interfered with a foot

movement task in the acquired blind participants but not in the sighted controls. However, the

TMS effect was absent in the congenitally blind participants. These results suggest that the visual

cortex of acquired blind individuals is involved in motor production. Numerous studies have

reported that the visual cortex of blind individuals is reorganized to participate in nonvisual

perception and cognitive functions (Merabet and Pascual-Leone, 2010, Fine and Park, 2018,

Castaldi et al., 2020). On the other hand, the current research provides the first neurobehavioral

evidence suggesting that the visual cortex of blind individuals is further reorganized to participate

in motor production.

We first discuss a possible confounder for our results. One may argue that the performance
deterioration (i.e., increase in the CV) found only in the acquired blind participants may be mainly
caused by sensory side effects of TMS, such as tactile (pain) sensation or a clicking sound
(Duecker and Sack, 2015). However, this would be unlikely. We carefully calibrated the TMS
intensity for each participant so that TMS did not induce pain (see Methods). In addition, no
participant reported any nociceptive feelings, including pain or noisy sounds, during the
experiment. Importantly, the TMS intensity used in the experiment did not differ between the
groups of participants (see Results and Table 1). Therefore, the subjective and objective intensity
of the sensory side effects was similar between the groups. We thus argue that the difference of
the TMS effect on motor performance between the acquired blind and sighted participants can be
attributed to differences in the neural processing of their visual cortex during the movement task,
rather than from sensory side effects of TMS.

In contrast to the results from the acquired blind participants, the movement performance of the
congenitally blind participants was not deteriorated by TMS of the occipital cortex (Fig. 3).
Although we should be cautious due to the limited sample size of only four, this observation
suggests that visual experience before visual loss is essential for motor function to emerge from
the visual cortex. Even small amounts of prior visual experience seems sufficient for the visual
cortex plasticity to occur. Our sample of acquired blind participants covered a broad range of
onset of blindness: five early-blind (age < 6), three intermediate-blind (6 ≤ age ≤ 16), and four
late-blind participants (age > 16) (Voss, 2013, Fine and Park, 2018). Irrespective of the age at
onset, all the participants except for one late-blind participant (# 9) showed increases in their CV
(Fig. 2). This observation leads us to suggest a possible mechanism behind the visual cortex
plasticity. The visuomotor experience may develop neural connections between the visual cortex
and other brain regions related to motor production during the early development stages (Attinger
et al., 2017). Such neural connections may contribute to motor control of visually-guided
movements in sighted individuals, as suggested by a recent study (Gallivan et al., 2019). When
one loses vision, the pre-existing neural connections may be enhanced and repurposed (Merabet
et al., 2005, Merabet and Pascual-Leone, 2010) for motor control of nonvisually-guided
movements like the motor task used in the present study.

It is well accepted that the cross-modal plasticity of the visual cortex depends on visual experience
before visual loss and nonvisual experience after visual loss (Singh et al., 2018, Castaldi et al.,
2020). However, we found no reliable relationship between the CV increase and age, the age at

onset of visual loss, the duration of visual loss, or motor experience (i.e., sports athlete or not).

Therefore, the degree of visual cortex plasticity and its effects on motor behavior may not be

determined merely by a single factor of experience.

Although the current study cannot identify the exact roles of the visual cortex of the blind

participants in their motor production, we consider three possible roles from the computational

understanding of motor control (Scott, 2004). The first potential role is motor command

generation. We believe this is unlikely given our results. If the visual cortex played a role in motor

command generation, we should have observed immediate effects of TMS, such as muscle

twitching or movement stop. However, we did not observe any such effects. The second potential

role is nonvisual feedback processing. After visual loss, cross-modal plasticity allows the visual

cortex to participate in the process of nonvisual sensory modalities (Pascual-Leone et al., 2005,

Merabet and Pascual-Leone, 2010). Therefore, it is possible that the visual cortex contributes to

the processing of online nonvisual sensory (probably proprioceptive) feedback of the body state

(i.e., position, velocity, or movement phase information of the foot). The third potential role is

sensory prediction–predicting sensory consequences of motor commands–which is utilized

together with online sensory feedback, to estimate the body state for motor control (Wolpert and

Flanagan, 2001, Shadmehr et al., 2010). Recent studies in both sighted mice and humans have

provided growing evidence supporting the role of the visual cortex in predicting the visual

consequence of movements (e.g., optical flow) (Keller et al., 2012, Saleem et al., 2013, Attinger

et al., 2017, Leinweber et al., 2017, Buaron et al., 2020). If visual loss triggers the neural

connections for visual sensory prediction to be repurposed for nonvisual sensory prediction, the

visual cortex could become an essential element of the brain network for nonvisual sensory

prediction. In fact, our previous study in blind individuals have suggested possible involvement

of visual association area in motor prediction (imagery) (Amemiya et al., 2021). Further studies

are, however, needed to identify the specific role of the visual cortex.

Finally, the acquired blind participants showed better baseline (i.e., nonstimulation trial)

performance than sighted participants, suggesting a remarkable temporal precision of motor

control. A large body of studies have reported that blind individuals showed greater nonvisual

perceptual or cognitive performance compared to sighted individuals (Lessard et al., 1998, Roder

et al., 1999, Goldreich and Kanics, 2003, Voss et al., 2004, Tinti et al., 2006, Fortin et al., 2008,

Lewald, 2013). Some of these studies showed a relationship between their superior performance

and the reorganization of the visual cortex (Sadato et al., 2002, Amedi et al., 2003, Gougoux et

al., 2005). Supporting these previous findings, we speculate that the superior motor performance

observed in our acquired blind participants may also be based on the reorganization of the visual

cortex.

Before the conclusion, we would like to note two methodological limitations of our study. First,
we determined stimulation sites (see Methods for additional information) without using an
individual anatomy-based navigation system guided by magnetic resonance imaging (Amedi et
al., 2004). Thus, some between-participant differences may exist in the anatomical locations of
stimulation sites. We, however, focused on the V1/V2 and the corresponding stimulation site (#11)
was determined based on the well-established external anatomical landmark (2.5 cm above inion;
Salminen-Vaparanta et al., 2012, Cowey and Walsh, 2000). Therefore, we claim that we
stimulated V1/V2 when TMS was applied to stimulation site #11. As for the other stimulation
sites, our methodology limits us to exactly identify the corresponding anatomical locations for
each participant. To mitigate the effect of the between-participant differences in anatomical
locations, we analyzed the averaged CV over all stimulation sites. This may reflect the overall
trend of the TMS effect over early- and higher-order visual cortices. Further studies are required
to determine whether specific higher-order visual areas like V3, V4, or V5 are involved in motor
production.

Second, we cannot deny the concern regarding implicit side effects of TMS. As already mentioned,
none of the participants explicitly claimed nociceptive feeling during the experiment. The
possibility, however, remains that a TMS-induced tactile sensation or a TMS clicking sound
implicitly affected the movement performance only in acquired blind participants. To address this
concern, further studies are required on the implicit attention of blind individuals to TMS-induced
nonvisual sensations.

In conclusion, our study is the first that provides neurobehavioral evidence that the visual cortex
of blind individuals contributes to motor production. We also provide evidence that prior visual
experience is essential for motor function to emerge from the visual cortex after visual loss. Our
findings indicate that the plasticity of the human brain after sensory loss is more flexible than
previously thought; functional repurposing of the lower sensory cortices may not be restricted to
perception and cognitive functions but extended to motor function. This plasticity may help blind
individuals navigate or interact with the ever-changing and diverse environment around us
without vision.

Methods
Participants
Twelve acquired blind, who lost vision after birth (BL in Table 1), and twelve age-matched sighted

(SI) individuals with normal or corrected-to-normal vision participated in the main experiment.

Four congenitally blind individuals, who had never experienced vision (CBL), participated in an

additional experiment. All participants healthy male volunteers without a history of cognitive

impairment or psychiatric disorders. They all presented no contraindications to TMS as assessed

using a screening questionnaire in compliance with the guidelines for non-invasive magnetic brain

stimulation in research applications. Six acquired blind participants were current or former

members of the Japanese national blind football team (BL[A] in Table 1). The remaining six

acquired blind participants (BL[NA]) were blind individuals from the general population. All the

sighted participants were from the general population. We selected the sample size (n = 12 per

group) for the main experiment based on previous works that examined the effect of TMS on

motor tasks (Foltys et al., 2001, Orban de Xivry et al., 2011a, Orban de Xivry et al., 2011b,

Mawase et al., 2017). The experiment was approved by the ethics committee of the National

Institute of Information and Communications Technology and was conducted according to the

Declaration of Helsinki. All participants gave their written informed consent prior to participating

in the experiment and were naïve to the purpose of the study.

Apparatus

All participants wore eye patches and an eye mask to eliminate any possible visual stimuli, which

were worn on from ~ 30 min before the experiment begun until the end of the experiment. They

were also instructed to close their eyes through the experiment. They sat in a comfortable reclining

chair with their heads on a chinrest and legs extended on a leg rest. The height and location of the

chinrest and the leg rest were adjusted for each participant to allow them to comfortably make the

rhythmic movements of alternating dorsiflexion and plantar flexion of their feet. The elevation

angles of the first metatarsals of both feet from the horizontal plane was recorded using an

electromagnetic position sensor (Micro Sensor 1.8 Extra Flex, Polhemus Liberty, Burlington, VT).

The obtained data were digitized with a temporal sampling ratio of 240 Hz and then low-pass

filtered with a cutoff frequency of 5 Hz.

Electromyographic (EMG) activity was recorded at 2,000 Hz utilizing surface electrodes from

the medial and lateral heads of the gastrocnemius and tibialis anterior of both legs using wireless

EMG sensors (Wave Plus Wireless EMG, Cometa, Bareggio, Italy). This EMG recording was

performed to test the possibility that TMS stimulation of the occipital cortex may elicit a muscle

twitch. However, as we did not observe any twitch, the EMG data are not reported in this study.

TMS stimulation was applied using a 70 mm figure-eight coil and a Magstim Rapid Transcranial

Magnetic Stimulator (Magstim Company, Spring Gardens, UK). The maximum stimulator output

was 2.1 T. TMS pulse delivery was controlled by an in-house program running on MATLAB,

version R2013b (The MathWorks, Natick, MA).

TMS protocol

The stimulation sites for each participant were identified using an elastic swimming cap with 14

(2 × 7) position markers (Fig. 1B). The marker positions were determined on the cap worn by a

male individual with an average head size for Japanese men (head circumference: ~ 57 cm;

Kouchi and Mochimaru, 2008) who did not participate in the experiment. The markers were

placed at inion, 2.5 cm (stimulation site #11), and 5 cm (stimulation site #4) dorsal from the inion

on the median line (nasion-to-inion line through the vertex), and 2, 4, and 6 cm right and left away

from the median line at the same level as stimulation sites #4 and #11. For each participant, the

same swimming cap was placed on the head as follows: 1) the inion mark was placed at the

participant's inion, 2) stimulation sites #4 and #11 were aligned on the participant's median line,

and 3) stimulation site #11 was placed 2.5 cm dorsal from the inion to target V1/V2 (Fig. 1A)

(Cowey and Walsh, 2000, Salminen-Vaparanta et al., 2012).

The stimulation intensity for each participant was subsequently determined using the highest

value not inducing pain on the scalp (Table 1). We applied single TMS pulses to each stimulation

site in order from stimulation site #1 to # 14. For stimulation site #1, stimulation was first applied

with 100% intensity of the stimulator output, and the intensity was decreased by 5% steps until

the participant reported not feeling pain. Then, we moved to the following stimulation sites,

starting each stimulation with the highest intensity of stimulation that did not result in pain at the

previous stimulation site. In each participant, the intensity determined at stimulation site #14 was

used as the stimulation intensity for the experiment.

Task procedure

We performed the main (12 acquired blind participants and 12 sighted participants) and additional

(4 congenitally blind participants) experiments with the following task procedure. Blindfolded

participants sat in the chair and made rhythmic movements of alternating dorsiflexion and plantar

flexion of the feet without any sound cue. To keep the movement frequency as constant as possible,

the participants practiced the movements with a sound of 1 Hz for ~2 min twice: once before the

determination process of stimulation intensity and once before starting the experiment. Then, they

were instructed to maintain the trained movement frequency throughout the experiment.

In the experiment, the participants performed the movements during the following three types of

trials. On stimulation trials, the 20 single TMS stimulations were applied to one of the 14

stimulation sites with 2–4 s inter-stimulus intervals (drawn from a uniform random distribution).

The TMS coil was held tangentially to the scalp. The trial started 3 s before the first stimulation

and ended 3 s after the last stimulation. The duration of each trial was between 56.34 and 70.26

s. On sham trials, a fake coil was placed over stimulation site #11, while 20 single TMS pulses

were delivered in the air with another coil near the fake coil. Thus, the participant could feel the

clicking sound coming from the fake coil on the scalp. The duration of the sham trials followed

the TMS pulse delivery protocol used in the stimulation trials. On no-stimulation trials, no coil

was placed on the scalp, and TMS pulses were not generated. The duration of no-stimulation trials

was set to 50 s.

Participants completed two blocks of 15 trials with 14 stimulation trials (once for each of 14

stimulation sites) and one sham trial. The trial order was pseudorandomized in each block. Each

of two no-stimulation trials was performed before the first block and after the second block. Thus,

the participants completed a total of 32 trials in the experiment.

Data analysis

We first confirmed that TMS did not induce an immediate effect on rhythmic foot movements,

such as muscle twitching and movement stop. Thus, we examined the effects of TMS on

movement by evaluating the variability of the movement frequency. For each foot of each foot,

we identified the duration of each movement cycle, which was defined as the time between the

peaks of the dorsiflexion (Fig. 1A and see details in the next paragraph), and calculated the CV.

Then, the CV for each stimulation site was obtained as the average of the four CV values for left

and right feet in two stimulation trials (first and second blocks). Similarly, the CV for the no-

stimulation trials was calculated as control. For stimulation site #14 of participant #23 (Table 1),

we utilized the data only from the second block to calculate the CV due to the lack of the first

block data (recording error). For stimulation site # 5 of participant #20, we excluded the second

block data of the left foot because the foot posture largely changed during the trial. We note that

sham trials were excluded from the analysis because almost all the participants (25 out of 28

participants) noticed the lack of stimulation and/or felt something going wrong during the trials.

Therefore, the data were likely to be biased by this surprising effect. The main interest of our

analysis was in data at stimulation site #11, which was inferred to be V1/V2 (see TMS protocol)

(Fig. 2). The other stimulation sites may cover broad visual areas, including not only early visual

areas (V1/V2) but also higher-order visual areas (V3, V4, and V5) according to the literature

(Cowey and Walsh, 2000, Pascual-Leone and Walsh, 2001, Salminen-Vaparanta et al., 2012,

Amemiya et al., 2017). To look at the overall trend of the TMS effect over early and higher-order

visual cortices, we analyzed the averaged CV over all stimulation sites, which is reported in a

Supplementary figure (Fig. S1).

We identified the peaks of the dorsiflexion (Fig. 1A) for each foot of each trial as follows (See

Data availability). First, we calculated the time average of the elevation angle and subtracted it

from the entire time series to obtain the relative angle data (θ in Fig. 1A). Then, we identified the

crossing times where θ changed from negative to positive. Finally, we identified the point of

maximum value between each of the two consecutive crossing times and defined it as the peak.

We conducted statistical analyses for the results of the main experiment as follows. For each group,

we examined differences in the CV between the no-stimulation trial and stimulation site #11

(pV1/V2) using a two-tailed paired Student's t-test (Fig. 2). The same test was done for the

averaged CV over all stimulation sites (Fig. S1). We reported the statistical p-value after

Bonferroni correction for multiple comparisons (i.e., multiplied by two because we analyzed the

two groups) for the significant results. We used a two-tailed unpaired Student's t-test for group

comparisons. For correlation analyses, we report a Pearson's correlation coefficient and a

statistical p-value for the test of no correlation. Analyses were conducted in MATLAB version

R2018b (The MathWorks, Natick, MA). All data are presented as mean ± standard deviation.

Data availability

Data and codes to reproduce Figs. 2, 3, S1, and S2 and the related analyses are available from

https://github.com/ikegami244/Blind-TMS. The code to identify the peaks is also available from

the same repository.

Figures

Fig 1. The experiment and stimulation sites: A) The rhythmic foot movement of a representative
participant for a 10-s period is shown by the elevation angle, θ of right foot (dark gray line) and
left foot (light gray line). For each foot, θ is defined as the angle relative to the average angle
(dashed line). Thus, $\theta = 0$ indicates the average angle. Each vertical line (light green) indicates
the timing of a single transcranial magnetic stimulation (TMS) pulse delivered with at random.
The cycle durations for each foot were used to calculate the CV (see Methods). B) Fourteen
stimulation sites arranged in a 2 × 7 grid were identified for each participant using the inion and
the median line as a reference point and line (see Methods). Stimulation site #11 corresponds to
pV1/V2.

Fig. 2. CV of the cycle duration for the acquired blind (blue) and sighted (red) participants. The

CV was compared between the no-stimulation trial (no stim) and the stimulation trial in which

TMS was applied over pV1/V2 (#11). Each line represents data from an individual participant.

For the acquired blind participants, solid black lines and dashed lines indicate subgroups of

athletes (BL[A]) and nonathletes (BL[NA]), respectively. Bars and error bars indicate the mean and

standard errors, respectively. The asterisk indicates $p < 0.05$.

Fig. 3. CV of the cycle duration for congenitally blind participants. The CV for each participant

was compared between the no-stimulation trial (no stim) and the stimulation trial in which TMS

was applied over pV1/V2 (#11). Each line represents data from an individual participant. In

contrast to the result of the acquired blind participants (Fig. 2), TMS of pV1/V2 did not induced

an evident increase relative to the no-stimulation trial in all of the participants.

Table

Table 1. Characteristics of the participants

Participant #	Group	Age (y)	Onset of blindness (y)	Cause of blindness	TMS intensity (%)
1	BL[A]	26	2	retinoblastoma	80
2	BL[A]	27	14	retinal choroidal degeneration	75
3	BL[A]	39	20	morning glory anomaly	85
4	BL[A]	28	23	uveitis	90
5	BL[A]	20	1	retinoblastoma	75
6	BL[A]	40	25	retinitis pigmentosa	85
7	BL[NA]	25	14	chorioretinal atrophy	70
8	BL[NA]	25	5	glaucoma	65
9	BL[NA]	42	17	uveitis + glaucoma	70
10	BL[NA]	19	2	Behcet's disease	100
11	BL[NA]	20	3	retinal cell death	75
12	BL[NA]	19	15	glaucoma	55
13	SI	22	-	-	85
14	SI	22	-	-	85
15	SI	23	-	-	95
16	SI	22	-	-	90
17	SI	34	-	-	70
18	SI	35	-	-	85
19	SI	40	-	-	80
20	SI	26	-	-	75
21	SI	23	-	-	70
22	SI	27	-	-	100
23	SI	20	-	-	95
24	SI	39	-	-	85
25	CBL	29	0	unknown	80
26	CBL	40	0	cataract	95
27	CBL	36	0	anophthalmia + persistent fetal vasculature	60
28	CBL	32	0	amaurosis	75

BL, acquired blind; SI, sighted; CBL, congenitally blind; y, year. Superscripts A and NA indicate athlete and nonathlete acquired blind participants, respectively.

References

AMADEO, M. B., STORMER, V. S., CAMPUS, C. & GORI, M. 2019. Peripheral sounds elicit stronger activity in contralateral occipital cortex in blind than sighted individuals. *Sci Rep,* 9, 11637.

AMEDI, A., FLOEL, A., KNECHT, S., ZOHARY, E. & COHEN, L. G. 2004. Transcranial magnetic stimulation of the occipital pole interferes with verbal processing in blind subjects. *Nat Neurosci,* 7, 1266-70.

AMEDI, A., RAZ, N., PIANKA, P., MALACH, R. & ZOHARY, E. 2003. Early 'visual' cortex activation correlates with superior verbal memory performance in the blind. *Nat Neurosci,* 6, 758-66.

AMEMIYA, K., MORITA, T., HIROSE, S., IKEGAMI, T., HIRASHIMA, M. & NAITO, E. 2021. Neurological and behavioral features of locomotor imagery in the blind. *Brain Imaging and Behavior,* 15, 656-676.

AMEMIYA, T., BECK, B., WALSH, V., GOMI, H. & HAGGARD, P. 2017. Visual area V5/hMT+ contributes to perception of tactile motion direction: a TMS study. *Sci Rep,* 7, 40937.

ATTINGER, A., WANG, B. & KELLER, G. B. 2017. Visuomotor Coupling Shapes the Functional Development of Mouse Visual Cortex. *Cell,* 169, 1291-1302 e14.

BEDNY, M., PASCUAL-LEONE, A., DODELL-FEDER, D., FEDORENKO, E. & SAXE, R. 2011. Language processing in the occipital cortex of congenitally blind adults. *Proc Natl Acad Sci U S A,* 108, 4429-34.

BUARON, B., REZNIK, D., GILRON, R. & MUKAMEL, R. 2020. Voluntary Actions Modulate Perception and Neural Representation of Action-Consequences in a Hand-Dependent Manner. *Cereb Cortex,* 30, 6097-6107.

BURTON, H., SNYDER, A. Z., CONTURO, T. E., AKBUDAK, E., OLLINGER, J. M. & RAICHLE, M. E. 2002. Adaptive changes in early and late blind: a fMRI study of Braille reading. *J Neurophysiol,* 87, 589-607.

CASTALDI, E., LUNGHI, C. & MORRONE, M. C. 2020. Neuroplasticity in adult human visual cortex. *Neurosci Biobehav Rev,* 112, 542-552.

COHEN, L. G., CELNIK, P., PASCUAL-LEONE, A., CORWELL, B., FALZ, L., DAMBROSIA, J., HONDA, M., SADATO, N., GERLOFF, C., CATALA, M. D. & HALLETT, M. 1997. Functional relevance of cross-modal plasticity in blind humans. *Nature,* 389, 180-3.

COWEY, A. & WALSH, V. 2000. Magnetically induced phosphenes in sighted, blind and blindsighted observers. *Neuroreport,* 11, 3269-73.

DUECKER, F. & SACK, A. T. 2015. Rethinking the role of sham TMS. *Front Psychol,* 6, 210.

FINE, I. & PARK, J. M. 2018. Blindness and Human Brain Plasticity. *Annu Rev Vis Sci,* 4, 337-356.

FOLTYS, H., SPARING, R., BOROOJERDI, B., KRINGS, T., MEISTER, I. G., MOTTAGHY,
F. M. & TOPPER, R. 2001. Motor control in simple bimanual movements: a
transcranial magnetic stimulation and reaction time study. *Clin Neurophysiol,* 112,
265-74.
FORTIN, M., VOSS, P., LORD, C., LASSONDE, M., PRUESSNER, J., SAINT-AMOUR, D.,
RAINVILLE, C. & LEPORE, F. 2008. Wayfinding in the blind: larger hippocampal
volume and supranormal spatial navigation. *Brain,* 131, 2995-3005.
GALLIVAN, J. P., CHAPMAN, C. S., GALE, D. J., FLANAGAN, J. R. & CULHAM, J. C. 2019.
Selective Modulation of Early Visual Cortical Activity by Movement Intention. *Cereb*
Cortex, 29, 4662-4678.
GOLDREICH, D. & KANICS, I. M. 2003. Tactile acuity is enhanced in blindness. *J Neurosci,*
23, 3439-45.
GOUGOUX, F., ZATORRE, R. J., LASSONDE, M., VOSS, P. & LEPORE, F. 2005. A functional
neuroimaging study of sound localization: visual cortex activity predicts performance
in early-blind individuals. *PLoS Biol,* 3, e27.
KANJLIA, S., LANE, C., FEIGENSON, L. & BEDNY, M. 2016. Absence of visual experience
modifies the neural basis of numerical thinking. *Proc Natl Acad Sci U S A,* 113, 11172-
11177.
KELLER, G. B., BONHOEFFER, T. & HUBENER, M. 2012. Sensorimotor mismatch signals
in primary visual cortex of the behaving mouse. *Neuron,* 74, 809-15.
KOUCHI, M. & MOCHIMARU, M. 2008. Anthropometric database of Japanese head 2001.
National Institute of Advanced Industrial Science and Technology.
KUJALA, T., ALHO, K., KEKONI, J., HAMALAINEN, H., REINIKAINEN, K., SALONEN,
O., STANDERTSKJOLD-NORDENSTAM, C. G. & NAATANEN, R. 1995. Auditory
and somatosensory event-related brain potentials in early blind humans. *Exp Brain*
Res, 104, 519-26.
LEINWEBER, M., WARD, D. R., SOBCZAK, J. M., ATTINGER, A. & KELLER, G. B. 2017.
A Sensorimotor Circuit in Mouse Cortex for Visual Flow Predictions. *Neuron,* 96,
1204.
LESSARD, N., PARE, M., LEPORE, F. & LASSONDE, M. 1998. Early-blind human subjects
localize sound sources better than sighted subjects. *Nature,* 395, 278-80.
LEWALD, J. 2013. Exceptional ability of blind humans to hear sound motion: implications
for the emergence of auditory space. *Neuropsychologia,* 51, 181-6.
MAWASE, F., UEHARA, S., BASTIAN, A. J. & CELNIK, P. 2017. Motor Learning Enhances
Use-Dependent Plasticity. *J Neurosci,* 37, 2673-2685.
MERABET, L. B. & PASCUAL-LEONE, A. 2010. Neural reorganization following sensory

480  loss: the opportunity of change. *Nat Rev Neurosci,* 11, 44-52.

481 MERABET, L. B., RIZZO, J. F., AMEDI, A., SOMERS, D. C. & PASCUAL-LEONE, A. 2005.
482  What blindness can tell us about seeing again: merging neuroplasticity and
483  neuroprostheses. *Nat Rev Neurosci,* 6, 71-7.

484 ORBAN DE XIVRY, J. J., CRISCIMAGNA-HEMMINGER, S. E. & SHADMEHR, R. 2011a.
485  Contributions of the motor cortex to adaptive control of reaching depend on the
486  perturbation schedule. *Cereb Cortex,* 21, 1475-84.

487 ORBAN DE XIVRY, J. J., MARKO, M. K., PEKNY, S. E., PASTOR, D., IZAWA, J., CELNIK,
488  P. & SHADMEHR, R. 2011b. Stimulation of the human motor cortex alters
489  generalization patterns of motor learning. *J Neurosci,* 31, 7102-10.

490 PASCUAL-LEONE, A., AMEDI, A., FREGNI, F. & MERABET, L. B. 2005. The plastic human
491  brain cortex. *Annu Rev Neurosci,* 28, 377-401.

492 PASCUAL-LEONE, A. & WALSH, V. 2001. Fast backprojections from the motion to the
493  primary visual area necessary for visual awareness. *Science,* 292, 510-2.

494 PIETRINI, P., FUREY, M. L., RICCIARDI, E., GOBBINI, M. I., WU, W. H., COHEN, L.,
495  GUAZZELLI, M. & HAXBY, J. V. 2004. Beyond sensory images: Object-based
496  representation in the human ventral pathway. *Proc Natl Acad Sci U S A,* 101, 5658-
497  63.

498 PTITO, M., FUMAL, A., DE NOORDHOUT, A. M., SCHOENEN, J., GJEDDE, A. & KUPERS,
499  R. 2008. TMS of the occipital cortex induces tactile sensations in the fingers of blind
500  Braille readers. *Exp Brain Res,* 184, 193-200.

501 RODER, B., TEDER-SALEJARVI, W., STERR, A., ROSLER, F., HILLYARD, S. A. &
502  NEVILLE, H. J. 1999. Improved auditory spatial tuning in blind humans. *Nature,*
503  400, 162-6.

504 SADATO, N., OKADA, T., HONDA, M. & YONEKURA, Y. 2002. Critical period for cross-
505  modal plasticity in blind humans: a functional MRI study. *Neuroimage,* 16, 389-400.

506 SADATO, N., PASCUAL-LEONE, A., GRAFMAN, J., IBANEZ, V., DEIBER, M. P., DOLD, G.
507  & HALLETT, M. 1996. Activation of the primary visual cortex by Braille reading in
508  blind subjects. *Nature,* 380, 526-8.

509 SALEEM, A. B., AYAZ, A., JEFFERY, K. J., HARRIS, K. D. & CARANDINI, M. 2013.
510  Integration of visual motion and locomotion in mouse visual cortex. *Nat Neurosci,* 16,
511  1864-9.

512 SALMINEN-VAPARANTA, N., NOREIKA, V., REVONSUO, A., KOIVISTO, M. & VANNI, S.
513  2012. Is selective primary visual cortex stimulation achievable with TMS? *Hum*
514  *Brain Mapp,* 33, 652-65.

515 SCOTT, S. H. 2004. Optimal feedback control and the neural basis of volitional motor control.

Nat Rev Neurosci, 5, 532-46.

SHADMEHR, R., SMITH, M. A. & KRAKAUER, J. W. 2010. Error correction, sensory

prediction, and adaptation in motor control. *Annu Rev Neurosci,* 33, 89-108.

SINGH, A. K., PHILLIPS, F., MERABET, L. B. & SINHA, P. 2018. Why Does the Cortex

Reorganize after Sensory Loss? *Trends Cogn Sci,* 22, 569-582.

TINTI, C., ADENZATO, M., TAMIETTO, M. & CORNOLDI, C. 2006. Visual experience is not

necessary for efficient survey spatial cognition: evidence from blindness. *Q J Exp*

Psychol (Hove), 59, 1306-28.

VETTER, P., BOLA, L., REICH, L., BENNETT, M., MUCKLI, L. & AMEDI, A. 2020.

Decoding Natural Sounds in Early "Visual" Cortex of Congenitally Blind Individuals.

Curr Biol, 30, 3039-3044 e2.

VOSS, P. 2013. Sensitive and critical periods in visual sensory deprivation. *Front Psychol,* 4,

664.

VOSS, P., LASSONDE, M., GOUGOUX, F., FORTIN, M., GUILLEMOT, J. P. & LEPORE, F.

2004. Early- and late-onset blind individuals show supra-normal auditory abilities in

far-space. *Curr Biol,* 14, 1734-8.

WEEKS, R., HORWITZ, B., AZIZ-SULTAN, A., TIAN, B., WESSINGER, C. M., COHEN, L.

G., HALLETT, M. & RAUSCHECKER, J. P. 2000. A positron emission tomographic

study of auditory localization in the congenitally blind. *J Neurosci,* 20, 2664-72.

WOLPERT, D. M. & FLANAGAN, J. R. 2001. Motor prediction. *Curr Biol,* 11, R729-32.