Virucidal activity of CPC-containing oral rinses against SARS-CoV-2 variants and are active in the presence of human saliva

Enyia R Anderson[1], Edward I Patterson[1,2], Siobhan Richards[1], Alison Green[3], Sayandip Mukherjee[4], Michael Hoptroff[3*], Grant L Hughes[1*]

[1]Liverpool School of Tropical Medicine, Departments of Vector Biology and Tropical Disease Biology, Centre for Neglected Tropical Diseases, Liverpool, L3 5QA, K

[2]Brock University, Department of Biological Sciences, St. Catharines, L2S 3A1, Canada

[3]Unilever Research and Development, Port Sunlight, CH63 3JW, UK

[4]Unilever Research and Development Centre, Bangalore 560066, India

* corresponding authors. Michael.Hoptroff@Unilever.com, Grant.Hughes@lstmed.ac.uk

Running title

Inactivation of SARS-CoV-2 with mouthwash.

Keywords

SARS-CoV-2, COVID-19, Mouthwash, Saliva, Oral Hygiene

Abstract

The role of human saliva in aerosol-based transmission of SARS-CoV-2 has highlighted the need to understand the potential of oral hygiene products to inactivate the virus. Here we examined the efficacy of mouthwashes containing cetylpyridinium chloride (CPC) or chlorhexidine (CHX) in inactivating SARS-CoV-2. After 30 seconds contact under standard aqueous conditions CPC mouthwashes achieved a ≥4.0$\log_{10}$ PFU/mL reduction in SARS-CoV-2 (USA-WA1/2020) titres whereas a comparable product containing CHX achieved <2.0$\log_{10}$ PFU/mL reduction. Further testing with CPC mouthwashes demonstrated efficacy against multiple SARS-CoV-2 variants, with inactivation below the limit of detection observed against the Alpha (B.1.1.7), Beta (B.1.35.1) and Gamma (P.1)

variants. Virucidal efficacy of CPC mouthwash was also observed in the presence of human saliva with the product delivering ≥4.0$\log_{10}$ PFU/mL reduction in SARS-CoV-2 titres after 30 seconds providing additional evidence for the virucidal efficacy of CPC mouthwashes under simulated physiological conditions. Together these data suggest CPC-based mouthwashes are effective at inactivating SARS-CoV-2 and further supports the use of mouthwash to mitigate the risk of transmission during density procedures.

36 # Introduction

37 The high viral load of SARS-CoV-2 present in the saliva of infected individuals and their ease of
38 aerosolisation means that saliva is recognised as playing a key role in the transmission of SARS-CoV-2
39 [1-3]. The potential of the oral cavity to act as a viral reservoir is supported by the presence of the
40 angiotensin-converting enzyme 2 (ACE-2) receptor in oral gingival epithelia and salivary glands and
41 the infection of these tissues by SARS-CoV-2 *in vivo* [4], potentially aggravating systemic infection via
42 an oral-vasculo-pulmonary route [5].

43 The use of oral rinses or mouthwashes have been proposed by health organisations to mitigate
44 transmission of SARS-CoV-2 during dentistry procedures due to their demonstrated efficacy in
45 deactivating SARS-CoV-2 *in vitro* and *in vivo* [6-8]. The antimicrobial action of a mouthwash is
46 dependent on a combination of the active ingredients, their intrinsic efficacy, and their bioavailability
47 during use. Active ingredients used in mouthwashes include Quaternary Ammonium Compounds
48 (QACS) such as Dequalinium chloride, benzalkonium chloride, cetyl pyridinium chloride (CPC) and
49 chlorhexidine (CHX) which are believed function as antimicrobials via a stepwise process of charge
50 mediated attraction and destabilisation of the lipid envelop [9-11].

51 CPC is widely used in mouthwash formulations displaying substantive action against a range of oral
52 bacteria [12-14] and viruses, including SARS-CoV-2 [6, 15-17], whilst data on antiviral efficacy of CHX
53 against SARS-CoV-2 has been more varied [18-22]. All mouthwashes, regardless of composition, must
54 function *in situ* in the oral cavity, and hence must retain efficacy in the presence of human saliva,
55 overcoming any potential deactivation from salivary components [23-25].

56 To investigate the impact of formulation composition on efficacy we compared the *in vitro* virucidal
57 efficacy of mouthwashes containing 0.07% CPC and 0.2% CHX digluconate against a range of SARS-
58 CoV-2 variants. In addition, the efficacy of a representative CPC containing mouthwash was also
59 investigated in the presence of human saliva. Our findings suggest CPC mouthwashes offer potent

virucidal activity that is effective against all variants tested and which is maintained in the presence of human saliva under simulated usage conditions.

Methods

Cell Culture and Viruses

Vero E6 cells (C1008: African green monkey kidney cells) obtained from Public Health England, were maintained in Dulbecco's minimal essential medium (DMEM) with 10% foetal bovine serum (FBS) and 0.05mg/ml gentamicin. Cells were maintained at 37°C and 5% CO_2. Passage 5 of SARS-CoV-2 isolate (USA-WA1/2020) and passage 2 or 3 of Alpha (hCoV-19/England/204820464/2020), Beta (hCoV-19/South Africa/KRISP-EC-K005321/2020) and Gamma (hCoV-19/Japan/TY7-503/2021) obtained from BEI Resources [26], were cultured in Vero E6 cells maintained in DMEM with 4% FBS and 0.05mg/ml gentamicin at 37°C and 5% CO_2. 48 hours post inoculation, virus was harvested and stored at -80°C until used.

Preparation of Saliva

Stimulated saliva was collected at Unilever Research Port Sunlight, with ethical approval from the Unilever R&D Port Sunlight Independent Ethics Committee (GEN 022 13), collected during November 2019 from 11 donors over 2 days. The saliva was pooled and aliquoted into 250ml samples, and then stored at -20°C until sterilisation. The saliva was sterilised using gamma irradiation (Systagenix, UK, Cobolt 60 turntable, Dose rate 1.2 kGy/hr, minimum dose 32.1 kGy).

81 ## Virus Inactivation

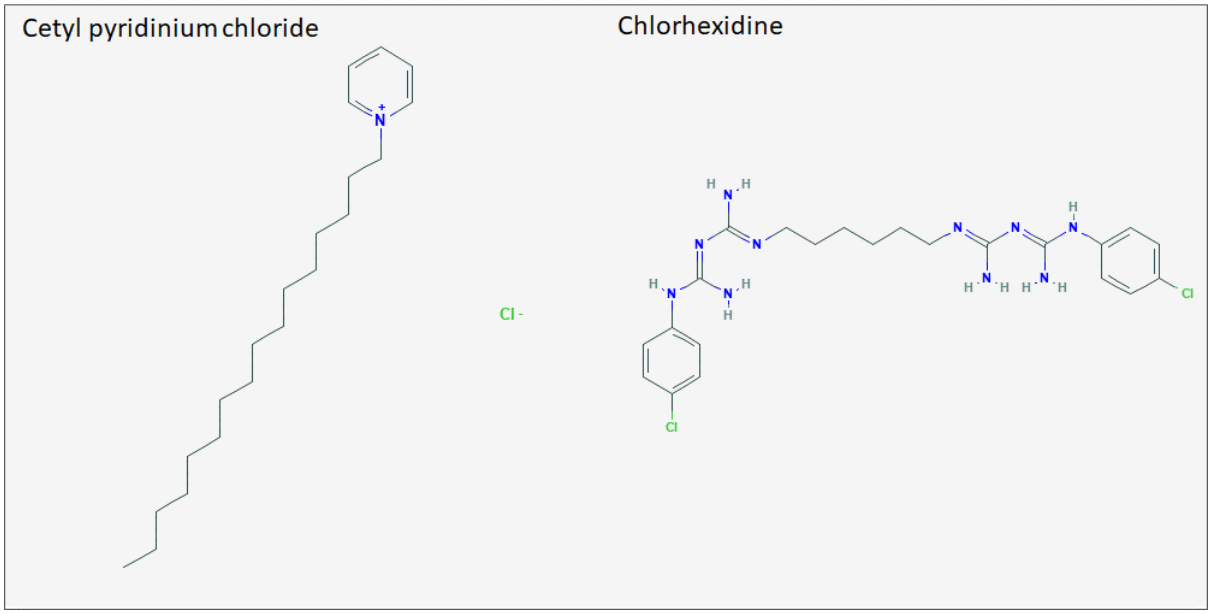
82 Mouthwash formulations (Table 1 and Figure 1) were assessed following the ASTM International
83 Standard E1052-20 [27]. SARS-CoV-2 titre was calculated for each experiment by plaque assays with
84 the titre consistently >4.3$\log_{10}$ PFU/mL for USA-WA1/2020 and variants. Briefly, 900 µL of mouthwash
85 formulation was added to 100 µL of virus suspension, containing 4% FBS and incubated for 30 seconds.
86 After the 30 second incubation, 9mL of Dey and Engley neutralising broth (DE broth) was added and
87 25µL of the sample was transferred into a dilution series for quantification through a standard plaque
88 assay as previously described .

89

90 Table 1. Mouthwash formulations examined for SARS-CoV-2 inactivation.

Treatment	Code
0.07% CPC with flavour and mix of herbal extracts	MW-A
0.07% CPC with flavour	MW-B
0.2% CHX digluconate with flavour	MW-C
70% ethanol in distilled water	Control

91



92

93 **Figure 1.** Structures of cetyl pyrinium chloride (CPC) and chlorhexidine (CHX).

94

95 To assess if human saliva alters the effectiveness of CPC mouthwash, 800 µL of MW-B mouthwash
96 formula was added to 100 µL of human saliva mixed with 100 µL of SARS-CoV-2 (USA-WA1/2020)
97 inoculum. The solution was incubated for 30 seconds and 9 mL of DE broth added. As a control, 800
98 µL of MW-B mouthwash formula was added to 100 µL of sterile water and 100 µL of virus inoculum,
99 with 9 mL of DE broth added after 30 seconds of incubation. Experiments were carried out in duplicate.

100

101 ## Saliva, neutralisation, and cytotoxicity assays

102 To assess if human saliva has inherent antiviral action against SARS-CoV-2 (USA-WA1/2020), 100 µL
103 of virus inoculum was added to either 800 µL of sterile water and 100 µL of irradiated human saliva
104 (dilute saliva), or 900µL of irradiated human saliva (neat saliva) for a 5-minute incubation. After 5
105 minutes had elapsed, a 25 µL sample was placed into a dilution series. Neutralisation controls were
106 carried out by adding 9 mL of DE broth to 900 µL of mouthwash formula. To this, 100 µL of virus
107 suspension was added for 30 seconds and 25 µL removed to a dilution series and a standard plaque
108 assay preformed. To determine the cytotoxicity of the mouthwashes, 100 µL of 4% DMEM was
109 added to 900 µL of test mouthwash formula for 30 seconds. To this 9 mL of DE broth was added and
110 25 µL placed into dilution series for a standard plaque assay. 25 µL samples from each condition
111 were serial diluted 10-fold to be quantified through a standard plaque assay. Plaques were counted
112 to determine viral titre. All experiments were carried out in triplicate.

113

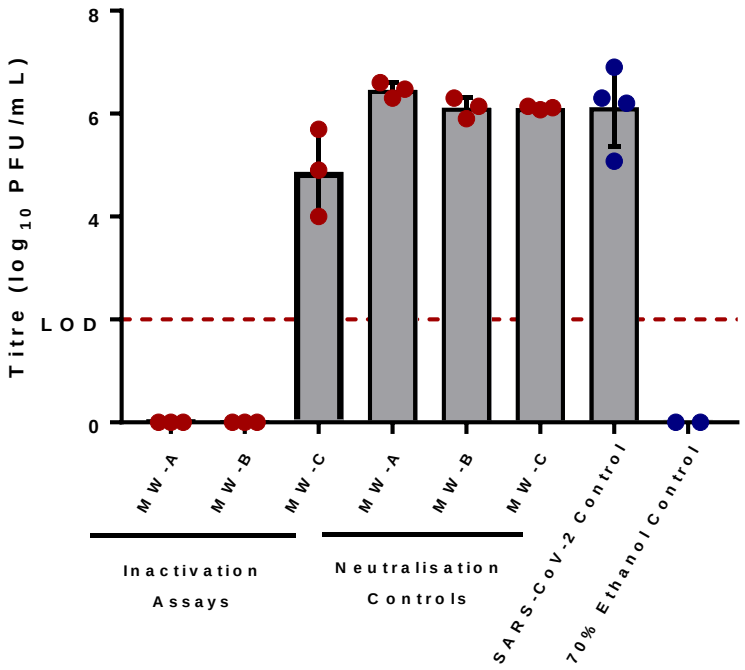
114 # Results

115 ## Comparison of CPC and CHX containing mouthwashes

116 We tested the ability of CPC and CHX to inactivate SARS-CoV-2 (USA-WA1/2020). Following a 30
117 second incubation in the presence of the test mouthwashes a reduction in viral titre of ≥4.0$\log_{10}$
118 PFU/mL was observed with MW-A and MW-B and of <2.0 $\log_{10}$ PFU/mL for MW-C. No reduction of
119 viral titre occurred in the water control and however complete inactivation was observed by the 70%
120 ethanol control. All treatments were effectively neutralised by the addition of DE broth (Figure 2).
121 Cytotoxicity assays were able to determine the limit of detection (LOD) for this assay. The LOD is the
122 point at which Vero E6 cell death is due to cytotoxicity of mouthwashes rather than SARS-CoV-2. For
123 all three mouthwashes presented here, cytopathic effect was observed at 2.0$\log_{10}$ PFU/mL.

124

125



126

127 **Figure 2.** Mouthwash formulas were tested for antiviral action against SARS-CoV-2. Mouthwashes
128 were incubated with SARS-CoV-2 inoculum for 30 seconds. Both MW-A and MW-B reduced to below
129 the limit of detection (LOD), while MW-C reduced viral titre by 1.26$\log_{10}$ PFU/mL compared to the
130 water control. LOD = 2.0$\log_{10}$ PFU/mL. Viral titres recovered from the water control averaged

131 6.12log$_{10}$ PFU/mL, while viral titre recovered from neutralisation controls were within 1.0log$_{10}$
132 PFU/mL indicating all antiviral activity occurred within 30 seconds of incubation. LOD (2.0log$_{10}$
133 PFU/mL) is shown across the graph with a dotted red line. Error bars represent standard deviation,
134 while red dots are experimental data values and blue dots control values.
135
136

137 Inactivation of SARS-CoV-2 Variants by Test Products

138 We also tested the ability of CPC and CHX to inactivate SARS-CoV-2 variants of concern, Alpha, Beta
139 and Gamma. Following the 30 second incubation of Alpha with MW-A and MW-B an average reduction
140 of 3.11log$_{10}$ PFU/mL to below the LOD was seen. Incubation of Beta with test products saw an average
141 reduction of 4.1log$_{10}$ PFU/mL, whilst Gamma saw an average reduction of 3.36log$_{10}$ PFU/mL, both to
142 below the LOD (Table 1). In assays carried out with the variants, no reduction was seen in the water
143 control and reduction below the LOD was seen in the 70% ethanol control. The ability to achieve a
144 4.0log$_{10}$ PFU/mL in the variant assays was dependent on titres of SARS-CoV-2 variants following
145 standard propagation methods.

146 **Table 1.** Mouthwash formulas that were proven to work against SARS-CoV-2 (USA-WA1/2020) were
147 then tested against Alpha, Beta, and Gamma variants of SARS-CoV-2. Both MW-A and MW-B were
148 able to reduce the viral titre of all three variants to below the limit of detection (2.0log$_{10}$ PFU/mL)
149 within 30 seconds.
150

		Average Titre (Log$_{10}$ PFU/mL) Reduction		
Variant	**Pango lineage**	**MW-A**	**MW-B**	**70% Ethanol**
Alpha	**B.1.1.7**	3.11	3.11	3.11
Beta	**B.1.351**	4.11	4.11	4.11
Gamma	**P.1**	3.36	3.36	3.36

151

152 Testing in presence of human saliva

153 Under normal usage mouthwashes must be functional in the presence of human saliva, hence
154 investigations were undertaken to assess whether saliva displays any measurable endogenous
155 antiviral activity against SARS-CoV-2 (USA-WA1/2020) or whether it acts as an inhibitory "soil"
156 quenching the antiviral function of mouthwash formulations. The endogenous antiviral activity of neat
157 and dilute human saliva was measured over a contact time of 5 minutes (Figure 3A) during which no

158 significant reduction in viral load was observed compared to the water control. Viral titres of 5.70$\log_{10}$

159 PFU/mL, 5.61$\log_{10}$ PFU/mL and 5.45$\log_{10}$ PFU/mL were recovered from the neat saliva, dilute saliva

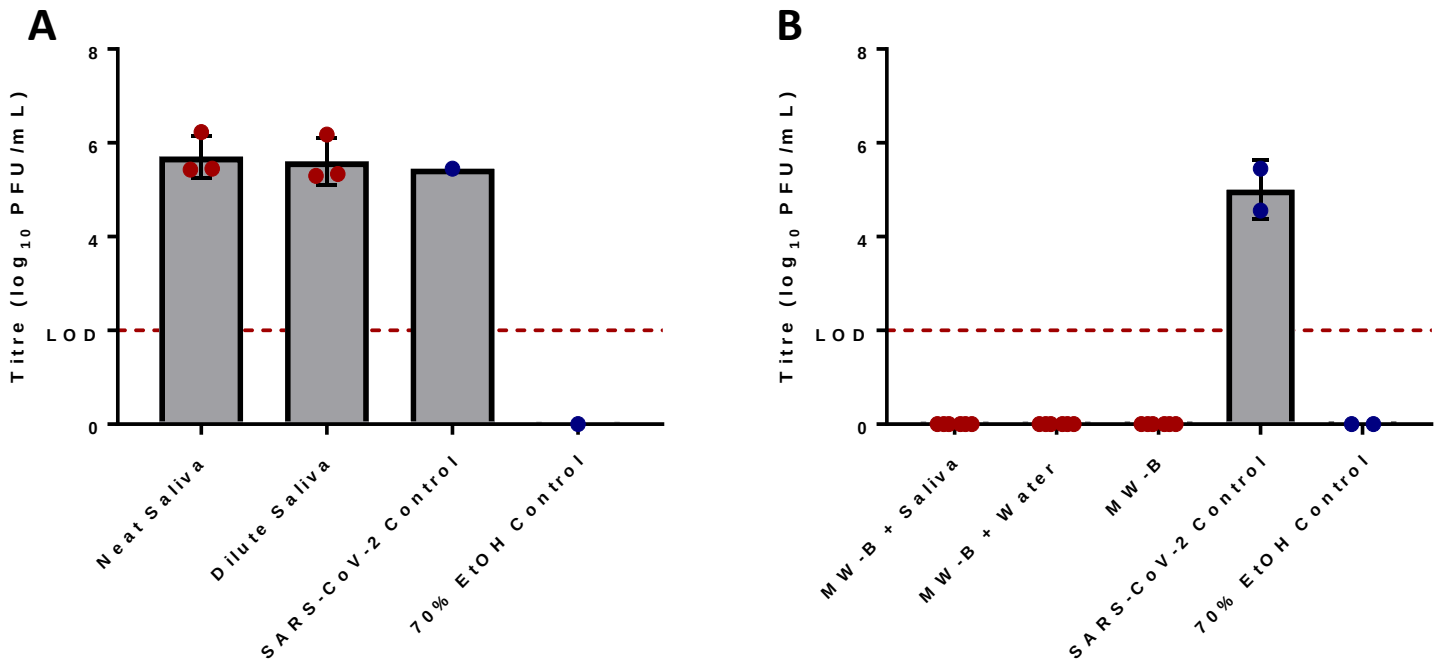
160 incubation and the water control, respectively. It is essential that mouthwashes maintain efficacy in

161 the presence of human saliva. To investigate this, we examined if the antiviral efficacy of MW-B was

162 altered by saliva. We found that MW-B was still capable of inactivation of SARS-CoV-2 to below the

163 LOD in the presence of saliva, indicating that CPC retained efficacy despite the soil load.

164



165 **Figure 3**. Irradiated human saliva has no effect upon the viral titre of SARS-CoV-2 as compared to the
166 water control after incubation with inoculum for 5 minutes. Neat saliva had a ratio of 8 parts water to
167 1-part irradiated human saliva to 1-part virus inoculum, while dilute saliva had a ratio 9 parts irradiated
168 human saliva to 1-part virus inoculum (A). Human saliva does not inhibit the antiviral activity of
169 mouthwash formulas proven to reduce the titre of SARS-CoV-2 (B). MW-B was able to reduce viral
170 titre to below the LOD both in the presence of irradiated human saliva and without. Human saliva was
171 added in a ratio of 8 parts MW-B to 1-part irradiated human saliva to 1-part virus inoculum. Limit of
172 detection (LOD) (2.0$\log_{10}$ PFU/mL) is shown across both graphs with a dotted red line. Error bars
173 represent standard deviation, while red dots are experimental data values and blue dots control
174 values.
175
176

177

178 # Discussion

179 Our results confirm that mouthwash formulations containing 0.07% CPC, inactivate SARS-CoV-2 by up
180 to 99.99%, representing a value below the LOD after a contact time of 30 seconds. In contrast, within
181 the same experiment, a mouthwash containing CHX (0.2% chlorhexidine gluconate), exhibited poorer
182 virucidal activity against SARS-CoV-2. Our observations are consistent with others, where a number of
183 different CPC mouthwash formulations have been shown to effectively inactivate SARS-CoV-2 *in vitro*,
184 whereas CHX containing mouthwashes are reported to have modest ability to inactive SARS-CoV-2 [6,
185 19, 21]. The virucidal action of CPC mouthwash was maintained in the presence of whole human saliva,
186 consistent with human clinical trials which report that rinsing with CPC mouthwash can lower SARS-
187 CoV-2 salivary count for several hours after use [7, 28].

188 Over the course of the global pandemic, several SARS-CoV-2 variants have emerged with mutations
189 changing the amino acid sequence of the receptor-binding domain of the spike protein [29]. Three
190 variants of concern; Alpha, Beta, and Gamma [30] were effectively inactivated within 30 seconds by
191 both 0.7% CPC mouthwashes, with a reduction in viral titre below the LOD and equivalent to the 70%
192 ethanol control. As the CPC molecule disrupts the viral lipid envelope and the membrane is unchanged
193 by mutations, our data supports the likely efficacy of CPC mouthwash in reducing viral load
194 irrespective of the SARS-CoV-2 variant. Recently the oral cavity has been proposed to have a direct
195 role in COVID-19 disease severity based on a proposed oral-vasculo-pulmonary infection route. Poor
196 oral hygiene with plaque build-up, subsequent gingivitis and periodontitis facilitates direct entry of
197 the virus via the oral gingival sulcus and periodontal pockets enabling infection of the circulatory
198 system and lungs [5]. CPC mouthwashes with anti-plaque and virucidal activity against SARS-CoV-2
199 could have the potential to lower viral count and lessen the risk of severe lung disease in COVID-19
200 patients.

201

202 In conclusion, two mouthwashes containing 0.07% CPC were effective at inactivating SARS-CoV-2,
203 within 30 seconds with greater than 4.0$\log_{10}$ PFU/ml reduction in viral titre. Moreover, virucidal
204 activity of CPC was maintained in the presence of whole human saliva. Both 0.07% CPC mouthwashes
205 were as effective as 70% ethanol against three variants of concern; Alpha, Beta and Gamma suggesting
206 these CPC formulations possess virucidal action against all variants. In contrast, under the same
207 experimental conditions, a mouthwash containing 0.2% chlorhexidine digluconate did not have
208 substantial action against SARS-CoV-2 *in vitro*. Given the ongoing global pandemic, and the recognition
209 of the significance of the oral cavity in infection, transmission, and disease severity, daily use of an
210 effective CPC mouthwash as part of a good oral hygiene routine, could be a low-cost and simple
211 measure to reduce transmission risk and potentially, lower the risk of developing severe forms of
212 COVID-19.

213

214 Declaration of Interests

215 AG, SM, and MH are employees of Unilever. Unilever funded this study.

216

217 Acknowledgements

218 EIP and GLH were supported by the EPSRC (V043811/1) and UKRI-BBSRC COVID rolling fund
219 (BB/V017772/1). GLH was also supported by the BBSRC (BB/T001240/1 and BB/V011278/1), a Royal
220 Society Wolfson Fellowship (RSWF\R1\180013), the NIH (R21AI138074), the EPSRC (EP/V043811/1),
221 the UKRI (20197 and 85336), and the NIHR (NIHR2000907). GLH is affiliated to the National Institute
222 for Health Research Health Protection Research Unit (NIHR HPRU) in Emerging and Zoonotic Infections
223 at University of Liverpool in partnership with Public Health England (PHE), in collaboration with
224 Liverpool School of Tropical Medicine and the University of Oxford. GLH is based at LSTM. The views

expressed are those of the author(s) and not necessarily those of the NHS, the NIHR, the Department of Health or Public Health England. USA-WA1/2020 was deposited by the Centre's for Disease Control and Prevention and obtained through BEI Resources. NIAID, NIH: SARS-Related Coronavirus 2, Isolate, NR-52281. B.1.1.7 (hCoV-19/England/204820464/2020) was obtained through BEI Resources, NIAID, NIH: SARS-Related Coronavirus 2, Isolate hCoV-19/England/204820464/2020, NR-54000, contributed by Bassam Hallis. B.1.351 (hCoV-19/South Africa/KRISP-EC-K005321/2020) was obtained through BEI Resources, NIAID, NIH: SARS-Related Coronavirus 2, Isolate hCoV-19/South Africa/KRISP-EC-K005321/2020, NR-54008, contributed by Alex Sigal and Tulio de Oliveira. P.1 (hCoV-19/Japan/TY7-503/2021) was obtained through BEI Resources, NIAID, NIH: SARS-Related Coronavirus 2, Isolate hCoV-19/Japan/TY7-503/2021 (Brazil P.1), NR-54982, contributed by National Institute of Infectious Diseases. Supply of human saliva was coordinated by Carole Philpotts (Unilever R&D Port Sunlight).

References

1. Li Y, Ren B, Peng X, Hu T, Li J, Gong T, et al. Saliva is a non-negligible factor in the spread of COVID-19. Molecular Oral Microbiology. 2020;35(4):141-5. doi: https://doi.org/10.1111/omi.12289.
2. World Health O. Modes of transmission of virus causing COVID-19: implications for IPC precaution recommendations: scientific brief, 29 March 2020. Geneva: World Health Organization, 2020 2020. Report No.: Contract No.: WHO/2019-nCoV/Sci_Brief/Transmission_modes/2020.2.
3. To KK, Tsang OT, Yip CC, Chan KH, Wu TC, Chan JM, et al. Consistent Detection of 2019 Novel Coronavirus in Saliva. Clinical infectious diseases : an official publication of the Infectious Diseases Society of America. 2020;71(15):841-3. Epub 2020/02/13. doi: 10.1093/cid/ciaa149. PubMed PMID: 32047895; PubMed Central PMCID: PMCPMC7108139.
4. Huang N, Pérez P, Kato T, Mikami Y, Okuda K, Gilmore RC, et al. SARS-CoV-2 infection of the oral cavity and saliva. Nature Medicine. 2021. doi: 10.1038/s41591-021-01296-8.
5. Lloyd-Jones G, Molayem S, Cruvinel Pontes C, Chapple I. The COVID-19 Pathway: A Proposed Oral-Vascular-Pulmonary Route of SARS-CoV-2 Infection and the Importance of Oral Healthcare Measures. Journal of Oral Medicine and Dental Research. 2021;2(1):1-23.
6. Statkute E, Rubina A, O'Donnell VB, Thomas DW, Stanton RJ. Brief Report: The Virucidal Efficacy of Oral Rinse Components Against SARS-CoV-2 In Vitro. bioRxiv. 2020:2020.11.13.381079. doi: 10.1101/2020.11.13.381079.
7. Eduardo FdP, Corrêa L, Heller D, Daep CA, Benitez C, Malheiros Z, et al. Salivary SARS-CoV-2 load reduction with mouthwash use: A randomized pilot clinical trial. Heliyon. 2021;7(6):e07346-e. Epub 2021/06/18. doi: 10.1016/j.heliyon.2021.e07346. PubMed PMID: 34189331.

8. Burton MJ, Clarkson JE, Goulao B, Glenny AM, McBain AJ, Schilder AG, et al. Antimicrobial mouthwashes (gargling) and nasal sprays administered to patients with suspected or confirmed COVID-19 infection to improve patient outcomes and to protect healthcare workers treating them. The Cochrane database of systematic reviews. 2020;9:Cd013627. Epub 2020/09/17. doi: 10.1002/14651858.CD013627.pub2. PubMed PMID: 32936948.
9. McDonnell G, Russell AD. Antiseptics and disinfectants: activity, action, and resistance. Clinical microbiology reviews. 1999;12(1):147-79. Epub 1999/01/09. PubMed PMID: 9880479; PubMed Central PMCID: PMCPMC88911.
10. Gilbert P, Moore LE. Cationic antiseptics: diversity of action under a common epithet. Journal of applied microbiology. 2005;99(4):703-15. Epub 2005/09/16. doi: 10.1111/j.1365-2672.2005.02664.x. PubMed PMID: 16162221.
11. Salton MR. Lytic agents, cell permeability, and monolayer penetrability. The Journal of general physiology. 1968;52(1):227-52. Epub 1968/07/01. PubMed PMID: 19873623; PubMed Central PMCID: PMCPMC2225791.
12. Teng F, He T, Huang S, Bo CP, Li Z, Chang JL, et al. Cetylpyridinium chloride mouth rinses alleviate experimental gingivitis by inhibiting dental plaque maturation. International journal of oral science. 2016;8(3):182-90. Epub 2016/09/30. doi: 10.1038/ijos.2016.18. PubMed PMID: 27680288; PubMed Central PMCID: PMCPMC5113089.
13. Kozak KM, Gibb R, Dunavent J, White DJ. Efficacy of a high bioavailable cetylpyridinium chloride mouthrinse over a 24-hour period: a plaque imaging study. American journal of dentistry. 2005;18 Spec No:18a-23a. Epub 2005/09/24. PubMed PMID: 16178132.
14. Cummins D, Creeth JE. Delivery of antiplaque agents from dentifrices, gels, and mouthwashes. Journal of dental research. 1992;71(7):1439-49. Epub 1992/07/01. doi: 10.1177/00220345920710071601. PubMed PMID: 1629461.
15. O'Donnell VB, Thomas D, Stanton R, Maillard JY, Murphy RC, Jones SA, et al. Potential Role of Oral Rinses Targeting the Viral Lipid Envelope in SARS-CoV-2 Infection. Function (Oxford, England). 2020;1(1):zqaa002. Epub 2020/11/21. doi: 10.1093/function/zqaa002. PubMed PMID: 33215159; PubMed Central PMCID: PMCPMC7239187.
16. Baker N, Williams AJ, Tropsha A, Ekins S. Repurposing Quaternary Ammonium Compounds as Potential Treatments for COVID-19. Pharmaceutical research. 2020;37(6):104. Epub 2020/05/27. doi: 10.1007/s11095-020-02842-8. PubMed PMID: 32451736; PubMed Central PMCID: PMCPMC7247743.
17. Muñoz-Basagoiti J, Perez-Zsolt D, León R, Blanc V, Raïch-Regué D, Cano-Sarabia M, et al. Mouthwashes with CPC Reduce the Infectivity of SARS-CoV-2 Variants In Vitro. Journal of dental research. 0(0):00220345211029269. doi: 10.1177/00220345211029269. PubMed PMID: 34282982.
18. Xu C, Wang A, Hoskin ER, Cugini C, Markowitz K, Chang TL, et al. Differential Effects of Antiseptic Mouth Rinses on SARS-CoV-2 Infectivity In Vitro. Pathogens (Basel, Switzerland). 2021;10(3). Epub 2021/04/04. doi: 10.3390/pathogens10030272. PubMed PMID: 33804294; PubMed Central PMCID: PMCPMC8001756.
19. Davies K, Buczkowski H, Welch SR, Green N, Mawer D, Woodford N, et al. Effective in-vitro inactivation of SARS-CoV-2 by commercially available mouthwashes. bioRxiv. 2020:2020.12.02.408047. doi: 10.1101/2020.12.02.408047.
20. Koch-Heier J, Hoffmann H, Schindler M, Lussi A, Planz O. Inactivation of SARS-CoV-2 through Treatment with the Mouth Rinsing Solutions ViruProX(®) and BacterX(®) Pro. Microorganisms. 2021;9(3). Epub 2021/04/04. doi: 10.3390/microorganisms9030521. PubMed PMID: 33802603; PubMed Central PMCID: PMCPMC8002120.
21. Komine A, Yamaguchi E, Okamoto N, Yamamoto K. Virucidal activity of oral care products against SARS-CoV-2 in vitro. Journal of oral and maxillofacial surgery, medicine, and pathology. 2021. Epub 2021/03/02. doi: 10.1016/j.ajoms.2021.02.002. PubMed PMID: 33643836; PubMed Central PMCID: PMCPMC7898974.

22. Meister TL, Brüggemann Y, Todt D, Conzelmann C, Müller JA, Groß R, et al. Virucidal Efficacy of Different Oral Rinses Against Severe Acute Respiratory Syndrome Coronavirus 2. J Infect Dis. 2020;222(8):1289-92. Epub 2020/07/30. doi: 10.1093/infdis/jiaa471. PubMed PMID: 32726430; PubMed Central PMCID: PMCPMC7454736.

23. Kulkarni B, Wood K, Mattes R. Quantitative and qualitative analyses of human salivary NEFA with gas-chromatography and mass spectrometry. Frontiers in Physiology. 2012;3(328). doi: 10.3389/fphys.2012.00328.

24. Chen Z, Feng S, Pow EH, Lam OL, Mai S, Wang H. Organic anion composition of human whole saliva as determined by ion chromatography. Clinica chimica acta; international journal of clinical chemistry. 2015;438:231-5. Epub 2014/09/03. doi: 10.1016/j.cca.2014.08.027. PubMed PMID: 25181611.

25. Garcia-Godoy F, Klukowska MA, Zhang YH, Anastasia K, Cheng R, Gabbard M, et al. Comparative bioavailability and antimicrobial activity of cetylpyridinium chloride mouthrinses in vitro and in vivo. American journal of dentistry. 2014;27(4):185-90. Epub 2015/04/04. PubMed PMID: 25831600.

26. Harcourt J, Tamin A, Lu X, Kamili S, Sakthivel SK, Murray J, et al. Severe Acute Respiratory Syndrome Coronavirus 2 from Patient with Coronavirus Disease, United States. Emerging infectious diseases. 2020;26(6):1266-73. Epub 2020/03/12. doi: 10.3201/eid2606.200516. PubMed PMID: 32160149; PubMed Central PMCID: PMCPMC7258473.

27. ASTM. ASTM International E1052-20, Standard Practice to Assess the Activity of Microbicides against Viruses in Suspension. West Conshohocken, PA, 2020.

28. Seneviratne CJ, Balan P, Ki KKK, Udawatte NS, Lai D, Lin DNH, et al. Efficacy of commercial mouth-rinses on SARS-CoV-2 viral load in saliva: Randomized Control Trial in Singapore. medRxiv. 2020:2020.09.14.20186494. doi: 10.1101/2020.09.14.20186494.

29. Harvey WT, Carabelli AM, Jackson B, Gupta RK, Thomson EC, Harrison EM, et al. SARS-CoV-2 variants, spike mutations and immune escape. Nature Reviews Microbiology. 2021;19(7):409-24. doi: 10.1038/s41579-021-00573-0.

30. Konings F, Perkins MD, Kuhn JH, Pallen MJ, Alm EJ, Archer BN, et al. SARS-CoV-2 Variants of Interest and Concern naming scheme conducive for global discourse. Nature Microbiology. 2021;6(7):821-3. doi: 10.1038/s41564-021-00932-w.