

1 EVALUATION OF STED SUPER-RESOLUTION IMAGE QUALITY BY IMAGE 2 CORRELATION SPECTROSCOPY (QuICS)

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15 ABSTRACT

16 Quantifying the imaging performances in an unbiased way is of outmost importance in super-resolution
17 microscopy. Here, we describe an algorithm based on image correlation spectroscopy (ICS) that can be used to
18 assess the quality of super-resolution images. The algorithm is based on the calculation of an autocorrelation
19 function and provides three different parameters: the width of the autocorrelation function, related to the spatial
20 resolution; the brightness, related to the image contrast; the relative noise variance, related to the signal-to-noise
21 ratio of the image. We use this algorithm to evaluate the quality of stimulated emission depletion (STED) images
22 of DNA replication foci in U937 cells acquired under different imaging conditions. Increasing the STED power
23 improves the resolution but may reduce the image contrast. Increasing the number of line averages improves the
24 signal-to-noise ratio but facilitates the onset of photobleaching and subsequent reduction of the image contrast.
25 Finally, we evaluate the performances of two different separation of photons by lifetime tuning (SPLIT)
26 approaches: the method of tunable STED power and the commercially available Leica Tau-STED. We find that
27 SPLIT provides an efficient way to improve the resolution and contrast in STED microscopy.

28 INTRODUCTION

29 Super-Resolution Microscopy (SRM) circumvents the spatial resolution limit imposed by the diffraction of light at
30 about half of the illumination wavelength (200-250 nm for visible wavelength). Among the super-resolution
31 techniques developed in the last decade, some of them, grouped under the term of nanoscopy, can theoretically
32 reach diffraction-unlimited resolution, down to molecular size ¹. The common working principle of these
33 techniques is to transiently transfer the fluorophores in two recognizable states (usually a dark OFF state and a
34 bright ON state in response to different stimuli); this allows the subsequent sequential detection of signals
35 originating from regions much smaller than the diffraction limit ^{2,3}. Among the super resolution techniques that
36 do not require a complex image reconstruction process, the most used is Stimulated Emission Depletion
37 microscopy (STED): STED microscopy overcomes the diffraction limit by reversibly switching off (depleting)
38 fluorophores at the periphery of the diffraction-limited excitation regions. The depletion is achieved thanks to a
39 second beam (the so-called STED beam) tuned in wavelength to induce stimulated emission and engineered in
40 phase to create a doughnut-like shaped intensity profile at the focus. By increasing the intensity of the STED beam,
41 stimulated emission wins the competition against spontaneous emission of fluorophores and allows to register
42 fluorescence only from those fluorophores localized in a tiny sub-diffraction volume at the center of the excited
43 region ⁴.

44 Although nanoscopy techniques and STED, in particular, can theoretically achieve unlimited resolution,
45 experimental constraints on biological samples considerably reduce the spatial resolution improvement to about
46 20 nm. Moreover, a series of factors related to cell labelling ^{5,6} and image acquisition ⁷⁻¹¹ must be carefully assessed
47 and adjusted depending on the biological mechanism under investigation. Examples of acquisition parameters
48 that must be carefully adjusted in STED microscopy are the STED beam intensity, the excitation beam integration
49 and the pixel dwell-time. Typically, one has to find a trade-off between several conditions to avoid the onset of
50 unwanted sample degradation effects such as fluorophore photobleaching. This trade-off is often specific for the
51 biological sample considered and cannot be easily determined using calibration samples (i.e., fluorescent
52 spheres). Thus, quantifying the imaging performances directly on the acquired images, in an unbiased way, is of
53 outmost importance ^{10, 12-15}.

54 Here, we introduce a simple algorithm to evaluate systematically and in an unbiased way the quality of STED
55 images by image correlation spectroscopy (QuICS). Image correlation spectroscopy (ICS) is a general and versatile
56 method to quantitatively analyze fluorophore distribution in microscopy images ¹⁶. ICS can be used to extract
57 parameters such as size ¹⁷, distances ^{18, 19} and aggregation state ²⁰ from static images and dynamic parameters
58 such as diffusion coefficient ²¹ and velocity ²² from time-resolved images. In this work, we focus only on the analysis

59 of static images. We apply ICS to extract three quantities that are related to the quality of the super-resolved
60 image: the width of the autocorrelation function, related to the spatial resolution; the brightness, related to the
61 image contrast; the relative noise variance, related to the signal-to-noise ratio of the image. Within this study, we
62 describe how the modulation of image acquisition parameters can influence STED efficiency and the image
63 formation of DNA replication sites in U937-PR9 cells, an in vitro model of leukemia²³. Our study reveals that to
64 optimize the imaging conditions for a given sample, a balance between different parameters must be found. We
65 found a valid solution to this elusive balance by applying the method of Separation of Photons by Lifetime Tuning
66 (SPLIT)^{24, 25} to STED microscopy. In particular, we show SPLIT images obtained using the method of tunable STED
67 power^{25, 26}, or acquired by a recently developed, lifetime-based commercial setup (the Leica Tau-STED
68 microscope). QuICS analysis reveals that SPLIT images have higher resolution and non-reduced brightness and
69 noise parameters, compared to their counterpart STED images.

70 We developed the QuICS algorithm base on the growing need for analysis of nuclear processes performed at the
71 level of individual cells, also taking into account that certain events typically occur in a relatively small fraction of
72 cells in the population at any given time (i.e., events taking place in a specific phase of the cell cycle). Recent
73 advances observed a considerable variability and heterogeneity in genome organization at the single-cell level²⁷.
74 Imaging and super-resolution can thus provide a unique view of nuclear organization and functions in intact cell
75 nuclei.

76 RESULTS

77 Autocorrelation function as a source of information about image quality

78 In order to extract a series of parameters associated to an image $I(x,y)$, we start by calculating a radial
79 autocorrelation function (ACF) $G(\rho)$. This function is calculated by performing an angular average on the two-
80 dimensional ACF $G(\delta x, \delta y)$ (see Methods). In general, the function $G(\rho)$ contains information on all the intensity
81 variations in the image, including fluctuations due to statistical noise. Let's call $G_{NF}(\rho)$ the noise-free correlation
82 function, i.e. the corresponding function in the absence of noise. By fitting $G_{NF}(\rho)$ to a Gaussian model (see Eq.
83 (5)), we extract the amplitude $G_{NF}(0)$ and the width parameter w . We define the following three quantities (Figure
84 1):

$$R = \sqrt{2 \ln 2} w \quad (1)$$

$$B = G_{NF}(0) I_{av} \quad (2)$$

$$N = \frac{G(0) - G_{NF}(0)}{G_{NF}(0)} \quad (3)$$

85 Where we have indicated I_{av} as the average intensity value over all the pixels of the image.

86 In order to understand the physical meaning of R, B and N, let's assume, for simplicity, that the sample contains
87 randomly distributed point-like fluorescent particles so that the corresponding image is the convolution of the
88 emitters and the Point Spread Function (PSF) of the optical system. In this case, R corresponds to the resolution
89 of the optical system expressed in terms of the Full Width at Half Maximum (FWHM) of the PSF, $R=FWHM_{PSF}$. More
90 in general, since the sample may contain features of finite size, it will be $R \geq FWHM_{PSF}$. Thus, the estimated
91 resolution of the optical system is at least equal to R.

92 The quantity B in Eq. (2) is called brightness^{28, 29} and is equal to σ_p^2/I_{av} where σ_p^2 is the variance of the intensity
93 due to the particles. The brightness of the particles depends on the number of fluorophores per particle and on
94 the actual brightness of the fluorophores at the specific imaging settings (e.g. excitation intensity level, detector
95 gain, pixel dwell time). Let's assume that, in addition to the signal from the particles, whose average intensity is
96 $I_{av,p}$, there is a uniform background signal, with average intensity $I_{av,bkgd}$, so that $I_{av} = I_{av,p} + I_{av,bkgd}$. The brightness is
97 given by $B = \sigma_p^2 / (I_{av,p} + I_{av,bkgd})$. Thus, a reduction of the brightness parameter B is related to a decrease in the
98 contrast of the particles in the image.

99 Finally, we note that $G_{NF}(0) = \sigma_p^2 / I_{av}^2$ and $G(0) = (\sigma_p^2 + \sigma_{noise}^2) / I_{av}^2$, where σ_{noise}^2 is the variance of the intensity due to
100 noise. Thus, the quantity N in Eq. (3), $N = \sigma_{noise}^2 / \sigma_p^2$, represents the variance of the noise normalized to the variance
101 of the particles (relative noise variance). We use N to quantify the noise level in the image, where the limits $N=0$
102 indicates no noise, and $N=1$ indicates that intensity fluctuations due to noise are comparable to those due to the
103 particles.

104 The noise-free correlation function, $G_{NF}(\rho)$, required for this analysis, can be obtained by cross-correlating two
105 statistically independent realizations of the same image, in analogy to what is done in Fourier Ring Correlation
106 (FRC) methods¹²⁻¹⁴. The acquisition of two statistically independent images is straightforward in single-molecule
107 localization microscopy but can be a more difficult task with other super-resolution techniques¹⁵. In order to
108 estimate $G_{NF}(\rho)$ from a single acquired image, we propose performing a fit of the autocorrelation function $G(\rho)$
109 either skipping the first points, or cross-correlating two statistically independent images obtained by down-
110 sampling the original image³⁰. In our experimental data, the two approaches provided similar results
111 (Supplementary Figure 1).

112 **Tuning of STED power**

113 During STED image acquisition, the most intuitive way to improve the resolution is to increase the STED beam's
114 intensity. To validate our method as a function of the STED beam intensity, we acquired images of U937-PR9 cells

115 samples in which we were able to visualize the DNA replication thanks to the incorporation of the nucleoside
116 Ethynyl deoxyuridine (EdU) to the newly replicated DNA strand. We then coupled the EdU molecule to an azide
117 molecule carrying the Alexa fluorophore, taking advantage of a Cu-catalyzed Click-iT reaction. During microscopy
118 acquisition, we took care of choosing, among the sample, actively replicating cells with DNA replication sites
119 spread all over the nucleus and thus more suitable for resolution evaluation analysis.

120 First, we acquired a confocal and a STED image of a cell nucleus (Figure 2A, upper row) by applying a relatively
121 small depletion beam power (9 mW) and the two line profiles of the same structure were plotted to compare the
122 achieved resolution (Figure 2B, upper panel). Then, we acquired a confocal and a STED image of a second nucleus,
123 doubling the power of the depletion beam (Figure 2A, lower row), and we compared the line profiles of the same
124 structure from the confocal and the STED image. The line profile analysis yielded FWHM=189 nm and FWHM=212
125 nm for the two peaks detected at 9 mW, and FWHM=160 nm and FWHM=178 nm for the two peaks detected at
126 18 mW. However, this result depends on the specific structures selected for the line profile analysis and does not
127 take into account the totality of labeled sites in the whole cell nucleus.

128 Therefore, we acquired at least ten STED images with each of the two different depletion beam powers, and we
129 calculated the autocorrelation function in order to obtain the average resolution R related to the entire nuclei. As
130 a result, we obtained that the doubling of the STED beam lead to an improvement of spatial resolution from $R=234$
131 ± 3 nm to $R=213 \pm 3$ nm (mean \pm s.d., Figure 2C). This result is in keeping with the line profile analysis, as expected,
132 and represents an average of the whole nucleus structures. The obtained values of R strongly depend on the
133 average apparent size of the structures (i.e. replication foci) in the images, meaning the molecular volume plus
134 the resolution, and therefore their values are larger than the maximum resolution of the optical system.

135 In contrast, we observed that the image brightness B was significantly lower for the images acquired with the
136 higher STED power (Figure 2D). We interpreted this reduction of B as a reduction in the image contrast. In fact,
137 we compared images acquired exactly with all the same instrumental settings (e.g. same excitation power, same
138 detector gain, same pixel dwell-time) other than the STED power. In this case, the action of STED reduces the
139 average intensity per pixel due to the particles but does not decrease the average intensity of the background
140 signal (originating, for instance, from undepleted out-of-focus fluorescence signal^{24, 31, 32}). As explained in the
141 previous section, this causes a reduction of the parameter B .

142 Finally, we observed that the relative noise variance N was higher at the higher STED power (Figure 2E). This is in
143 line with the expected reduction of signal-to-noise ratio at increasing STED power.

144 **Increasing number of averages**

145 The common approach for reducing the noise in an image is to increase the number of collected photons per pixel.
146 In general, this can be achieved by tuning the number of scans for each pixel and then averaging the intensity
147 values for each pixel position.

148 To evaluate how increasing averages would influence the quality of the image, we acquired sequential STED
149 images of the same cell, with a depletion beam power of 18 mW (see Methods for a detailed description of the
150 sequential acquisition settings). From each sequential acquisition, we generated STED images with a different
151 number of line-averages (Figure 3A) and applied the QuICS algorithm. As expected, the image's noise significantly
152 decreased as soon as we doubled the number of line averaging (Figure 3B). On the other hand, the average
153 resolution R did not improve with an increasing number of averages (Figure 3C). The brightness B decreased as a
154 function of the number of averages (Figure 3D) indicating a reduction of the contrast.

155 To interpret these results, we monitored photobleaching as a function of the number of averages of the STED
156 image (Figure 3E). Photobleaching was calculated as the percentage reduction of average fluorescence intensity
157 with respect to the initial value. We observed that each line averages-acquisition step induced a significant
158 increase in photobleaching of the sample's fluorophores (Figure 3E). Consequently, the image contrast decreased,
159 thus leading to a brightness reduction as a function of the number of averages (Figure 3D,F). These data also show
160 that, in our samples, for photobleaching levels above about 40%, there is no significant improvement in the signal-
161 to-noise ratio of the images (Figure 3B,F). Thus, in case it cannot be avoided, photobleaching should be at least
162 kept below this level.

163 **Comparison between SPLIT and STED imaging**

164 To increase the spatial resolution of a STED microscope, the most straightforward way is to increase the depletion
165 beam's intensity. However, as we have seen, this may reduce the contrast and signal-to-noise of the images,
166 quantified in QuICS via the brightness and noise parameters. Here, we examine the advantages of increasing
167 spatial resolution via application of Separation of Photons by Lifetime Tuning (SPLIT)²⁴. The SPLIT method provides
168 an increase in spatial resolution by decoding the spatial information encoded into an additional channel. The first
169 reported SPLIT configuration exploited, as an additional channel, the fluorescence lifetime gradient induced by a
170 continuous-wave STED beam^{24, 33}. Subsequent studies demonstrated that SPLIT is not limited to analysis of
171 fluorescence lifetimes. SPLIT could also be applied to stacks of STED images obtained with tunable depletion
172 power, with the depletion power used as the additional channel for SPLIT^{25, 26}, or even to structured illumination
173 microscopy images³⁴.

174 As described in Figure 4A, we first applied the SPLIT method to stacks consisting of two STED images at different
175 depletion power: a confocal (0 mW STED power) and a STED image (18 mW STED power). In this case, the
176 fluorescence intensity variations due to the tuning of the STED power, allow the separation of the contributions
177 from fluorophores in the center or the periphery of the PSF (Figure 4A). Since the excitation intensity can also be
178 easily tuned along the stack ²⁶, we set the excitation level of the confocal image so that it induced negligible
179 photobleaching. In this way, the data acquisition for SPLIT was straightforward and did not induce more
180 photobleaching than the acquisition of the STED image alone. Figure 4B shows application of this approach to
181 imaging of replication foci in a U937-PR9 cell in S phase. Shown are the confocal, the STED image and the resulting
182 SPLIT image. We compared the line profiles of the same structure and we observed a resolution improvement
183 from FWHM=147 nm and FWHM=154 nm, for the two peaks detected in the STED line profile, to FWHM=135 nm
184 and FWHM=107 nm, for the two peaks detected in the SPLIT line profile (Figure 4C). QuICS analysis of at least ten
185 samples, revealed a significant improvement in the average resolution of the SPLIT image ($R=129 \pm 9$ nm, mean \pm
186 s.d.) compared to the STED image ($R=213 \pm 9$ nm, mean \pm s.d.) (Figure 4D). Notably, this improvement in resolution
187 is not achieved at the expense of the image brightness (Figure 4E) or the signal-to-noise ratio (Figure 4F).

188 Figure 4G shows an image of replication foci in a U937-PR9 cell in late S-phase acquired with the Leica Tau-STED
189 microscope. Here the SPLIT image (i.e. the Tau-STED image) is compared with the STED image and with a time-
190 gated STED image (time gate=1-8 ns). QuICS analysis indicates an improvement of resolution from $R=199$ nm (STED
191 image) and $R=191$ nm (gated-STED image) to $R=163$ nm (Tau-STED image) (Figure 4H). The brightness is
192 significantly higher in the Tau-STED image than in the STED and gated-STED images (Figure 4I). This increase in
193 brightness is probably due to the improvement of contrast provided by SPLIT, which has the capability of filtering
194 out background signal originating for instance by direct excitation from the STED beam ²⁴. The gated-STED image
195 has lower SNR than the STED image, as time-gating reduces the number of photons available for image formation
196 (Figure 4J). The SPLIT image has higher SNR than the STED and gated-STED images, in line with the overall
197 reduction of background in the image (Figure 4J) and in keeping with previous studies ³⁵.

198 DISCUSSION

199 Applications of super-resolution microscopy to biology are increasing. However, despite the availability of several
200 types of commercial setups, optimization of the conditions of imaging still requires some degree of expertise. It is
201 important to find the conditions that maximize the quality of the image, paying attention to the onset of
202 potentially degrading effects such as fluorophore photobleaching. Our approach provides an unbiased
203 measurement of the super-resolution image quality based on the three parameters R, B, N defined by Eq. (1)(2)(3).
204 We note that R and N can be readily used to compare the resolution and signal-to-noise ratio of images acquired

205 under different conditions. On the other hand, B depends on the image contrast, but also on many instrumental
206 factors (e.g., the excitation intensity level, the detector gain, and the pixel dwell-time) that should be considered
207 when performing any comparison.

208 There is an important difference between QuICS and the FRC method. The FRC resolution merges into a single
209 parameter information about both the relevant spatial frequencies and the noise content of an image. In other
210 words, the FRC resolution describes the length scale below which the image lacks signal content¹³. In QuICS, the
211 resolution parameter R contains average information on the characteristic size (e.g. specimen features, PSF of the
212 optical system) whereas the parameter N contains information on the noise content of the image. In the limit of
213 infinitely high signal-to-noise ratio, the two values of resolution extracted by QuICS and FRC are the same.
214 Conversely, for low signal-to-noise ratio, we expect the FRC value to increase whereas the QuICS resolution to
215 remain constant, since it represents the average apparent size of particles in the image (or the size of the PSF, in
216 the limit of point-like particles). Thus, an advantage of QuICS is that the same algorithm can be used not only to
217 evaluate the image quality but also to quantify biophysical parameters such as the size and the molecular
218 brightness, important in many biophysical applications^{16, 17, 28, 29, 36}.

219 The combination of super-resolution microscopy with the correlation spectroscopy toolbox undoubtedly offers
220 several advantages³⁷. Here, we have shown how analysis of an angle-averaged, image correlation function can
221 provide useful hints on the optimization of the imaging conditions. As a case study, we have focused our attention
222 on STED imaging of DNA replication foci in fixed U937 cells. However, even if not demonstrated, we expect that
223 the approach can be adapted to images containing arbitrary features (for instance cytoskeletal structures).
224 Similarly, we expect that it can be used to evaluate the quality of images acquired in confocal microscopy or other
225 types of super-resolution techniques.

226 **METHODS**

227 **Cell culture and treatments**

228 U937-PR9 cells were cultured in RPMI-1640 medium (Sigma Aldrich R7388) supplemented with 1%
229 penicillin/streptomycin (Sigma-Aldrich P4333) and 10% fetal bovine serum (Sigma-Aldrich F9665) and maintained
230 at 37°C and 5% CO₂. U937-PR9 were seeded on poly-L-lysine (Sigma-Aldrich P8920) coated glass coverslips
231 immediately before experiments. Cells were incubated with 10 μM of the synthetic nucleoside 5-Ethynyl-2'-
232 deoxyuridine (EdU) (Thermo Fisher Scientific) for 25 min at 37°C and 5% CO₂.

233 **EdU fluorescent labelling**

234 Upon nucleoside incorporation, cells were washed with Phosphate Buffer Saline (PBS), fixed with 4%
235 paraformaldehyde (w/v) for 10 min at room temperature and permeabilized with 0.5% (v/v) Triton X-100 in PBS
236 for 20 min. Cells were then incubated for 30 min with the Click-iT reaction cocktail containing Alexa Fluor azide
237 488 (Invitrogen C10337) or Alexa Fluor azide 594 (Invitrogen C10639), according to the manufacturer's
238 instructions. Samples were then extensively washed with PBS and mounted on glass slides with ProLong Diamond
239 Antifade Mountant (Invitrogen P36961).

240 **Image acquisition**

241 Images of Figures 2, 3 and 4B were acquired on a Leica TCS SP5 gated-STED microscope, using an HCX PL APO 100X
242 100/1.40/0.70 oil immersion objective lens (Leica Microsystems, Mannheim, Germany). Emission depletion was
243 accomplished with a 592 nm STED laser. Excitation was provided by a white laser at the desired wavelength for
244 each sample. Alexa488 was excited at 488 nm and its fluorescence emission detected at 500-560 nm, with 1.5-5
245 ns time gating using a hybrid detector (Leica Microsystems). 512 X 512 pixel images were acquired with a pixel
246 size of 20 nm.

247 For the experiment reported in Figure 3, the first four STED images were acquired with 16 averages per pixel line,
248 while the fifth image was acquired with 64 averages. We designed this experiment intending to mimic an
249 acquisition with 128 line averages and to be able to monitor the trend of the resolution, noise, and brightness
250 after each 16-averages step. Besides, before and after each STED image, we also acquire a confocal image, in order
251 to monitor the trend of the photobleaching after each STED acquisition. To do so we carefully choose the confocal
252 acquisition parameters in order to induce a confocal-related negligible photobleaching. The final images were
253 then obtained by combining and averaging STED images after each acquisition step so that the resulting image
254 had 16+16 averages, 16+16+16 averages and so on (Figure 3A).

255 Images of Figure 4G were acquired on a Leica Stellaris 8 Tau-STED microscope, using an HC PL APO CS2 100x/1.40
256 oil immersion objective lens (Leica Microsystems, Mannheim, Germany). Emission depletion was accomplished
257 with a 775 nm STED laser. Excitation was provided by a white light laser at the desired wavelength for each sample.
258 Alexa594 was excited at 561 nm and its fluorescence emission detected at 570-620 nm using a hybrid detector
259 (Leica Microsystems). 1024 X 1024 pixel images were acquired with a pixel size of 14 nm.

260 **Generation of SPLIT images**

261 Separation of photon by lifetime tuning (SPLIT) images in Fig.4B were generated using the method of tunable
262 depletion power^{25,26}. A simplified version of the algorithm described in²⁴ was implemented in Matlab and applied
263 to two-frame stacks consisting of a confocal and a STED image.

264 **QuICS algorithm**

265 The QuICS analysis was performed in MATLAB (The MathWorks) using a custom code. Given an image $I(x,y)$, a
266 two-dimensional (2D) image correlation function was calculated as:

$$G_{2D}(\delta_x, \delta_y) = \frac{\langle I(x, y)I(x + \delta_x, y + \delta_y) \rangle}{\langle I(x, y) \rangle^2} - 1 \quad (4)$$

267

268 Where the angle brackets indicate averaging over all the selected pixels of the image. The numerator in Eq. (4)
269 was calculated by a 2D fast Fourier transform algorithm. Before calculation, a region of interest (ROI)
270 corresponding to the nucleus was defined using the counterstain signal and the corresponding mask has been
271 applied to the image as described previously^{18,38}. This step is useful to minimize the effects of nuclear borders on
272 the correlation functions. The 2D correlation function was then converted into one-dimensional radial correlation
273 function, $G(\rho)$, by performing an angular mean¹⁷.

274 To estimate the noise-free correlation function from a single image, we performed a Gaussian fit of the radial
275 correlation function $G(\rho)$ by skipping the first points:

$$G_{NF}(\rho) = G_{NF}(0)e^{-\frac{\rho^2}{w^2}} + G_{NF}(\infty) \quad (5)$$
$$\rho \in [\rho_{min}, \rho_{max}]$$

276

277 Where the width parameter w corresponds to the $1/e^2$ of a Gaussian function and it is related to the Full Width
278 Half Maximum (FWHM) by the relationship $w = \text{FWHM} / (2 \ln 2)^{1/2}$; $G_{NF}(0)$ represents the amplitude; $G_{NF}(\infty)$
279 represents an offset value. The fitting range was determined as follows. The values ρ_{min} and ρ_{max} were set, by visual
280 inspection of the data, in such a way to exclude the first points and fit a single Gaussian component
281 (Supplementary Figure 1).

282 As an alternative approach, we generated two independent images $I'(x,y)$ and $I''(x,y)$ by downsampling the image
283 $I(x,y)$ to half the size. The image $I'(x,y)$ was obtained by averaging the intensity of pixel (i,j) with that of pixel $(i+1,$
284 $j+1)$, with $i+j$ even. The image $I''(x,y)$ was obtained by averaging the intensity of pixel (i,j) with that of pixel $(i+1,$

285 $j+1$), with $i+j$ odd. The images $I'(x,y)$ and $I''(x,y)$ were then resampled back to the original size. The 2D cross-
286 correlation function was calculated as:

$$G_{2D,cc}(\delta_x, \delta_y) = \frac{I'(x, y)I''(x + \delta_x, y + \delta_y)}{I'(x, y)I''(x, y)} - 1 \quad (6)$$

287

288 The 2D cross-correlation function was then converted into a one-dimensional radial cross-correlation function,
289 $G_{cc}(\rho)$ and fitted with Eq. (5) by setting $\rho_{\min}=0$. The two approaches yielded similar results in our data
290 (Supplementary Figure 1).

291 A user-friendly version of the Matlab code is available at <https://github.com/lanzano/QuICS>.

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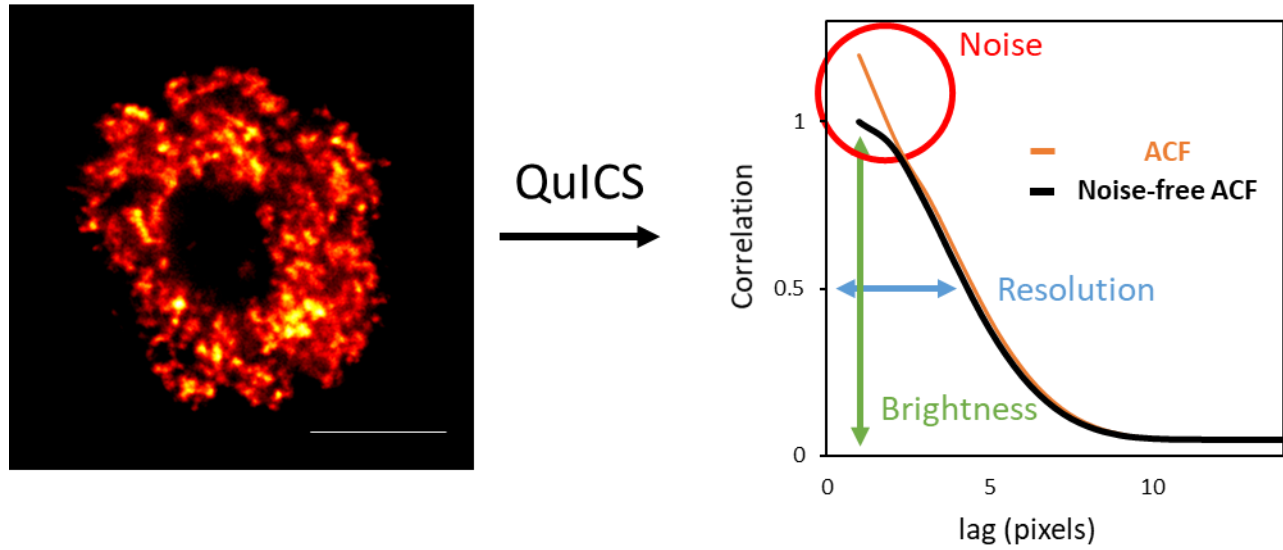
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386 AUTHOR CONTRIBUTIONS

387 E.C., A.D. and L.L. designed the study, conceived the experiments and wrote the manuscript. E.C., I.C. and M.D.
388 prepared samples. E.C. and P.B. collected data. L.L. wrote software. E.C., G.I.D, M.F., G.V., P.G.P., A.D. and L.L.
389 analysed data and discussed results. All authors critically reviewed the manuscript.

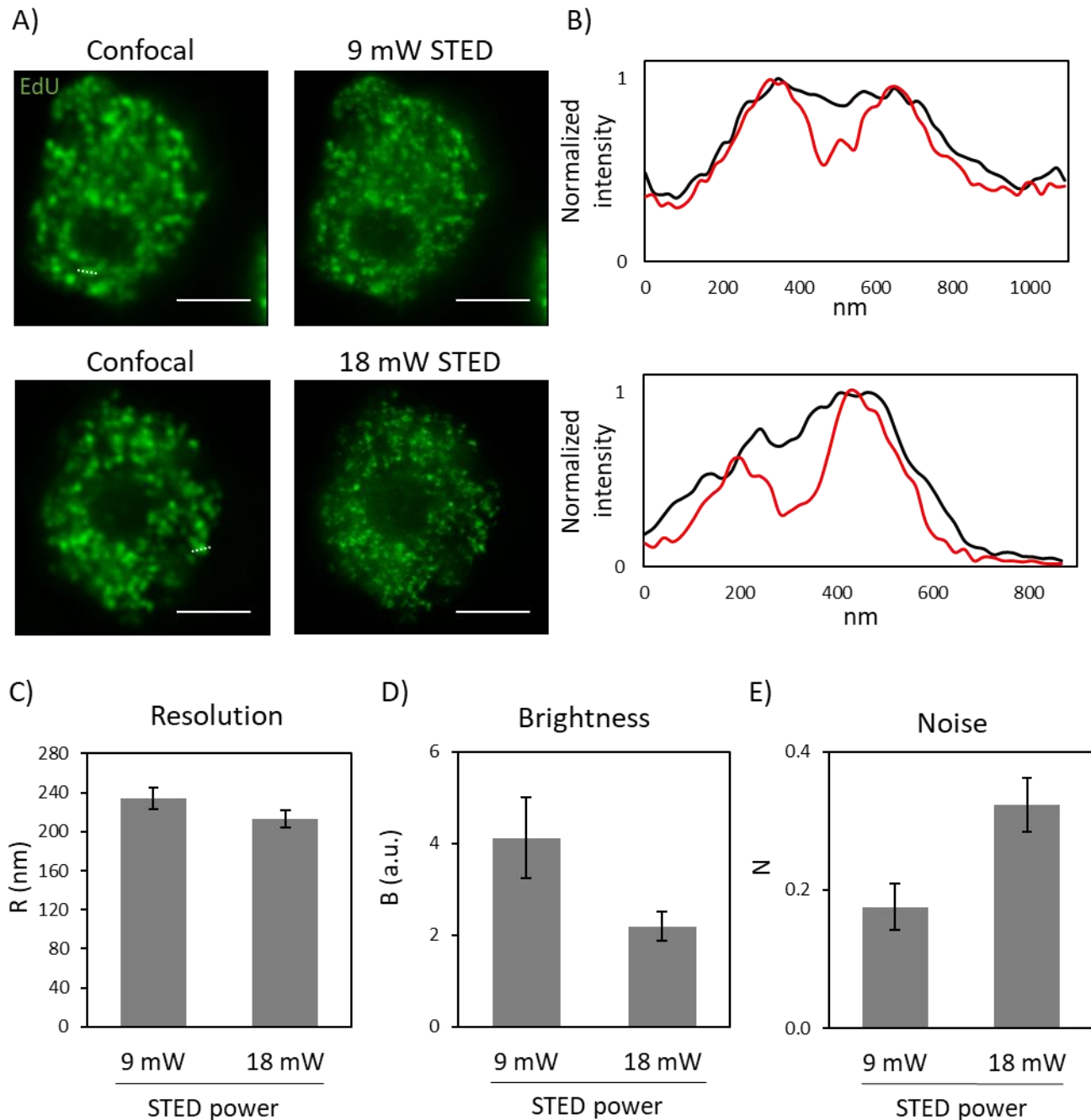
390 ADDITIONAL INFORMATION

391 The authors declare no competing interests.



392 **Figure 1. Autocorrelation function (ACF) as a source of information about image quality**

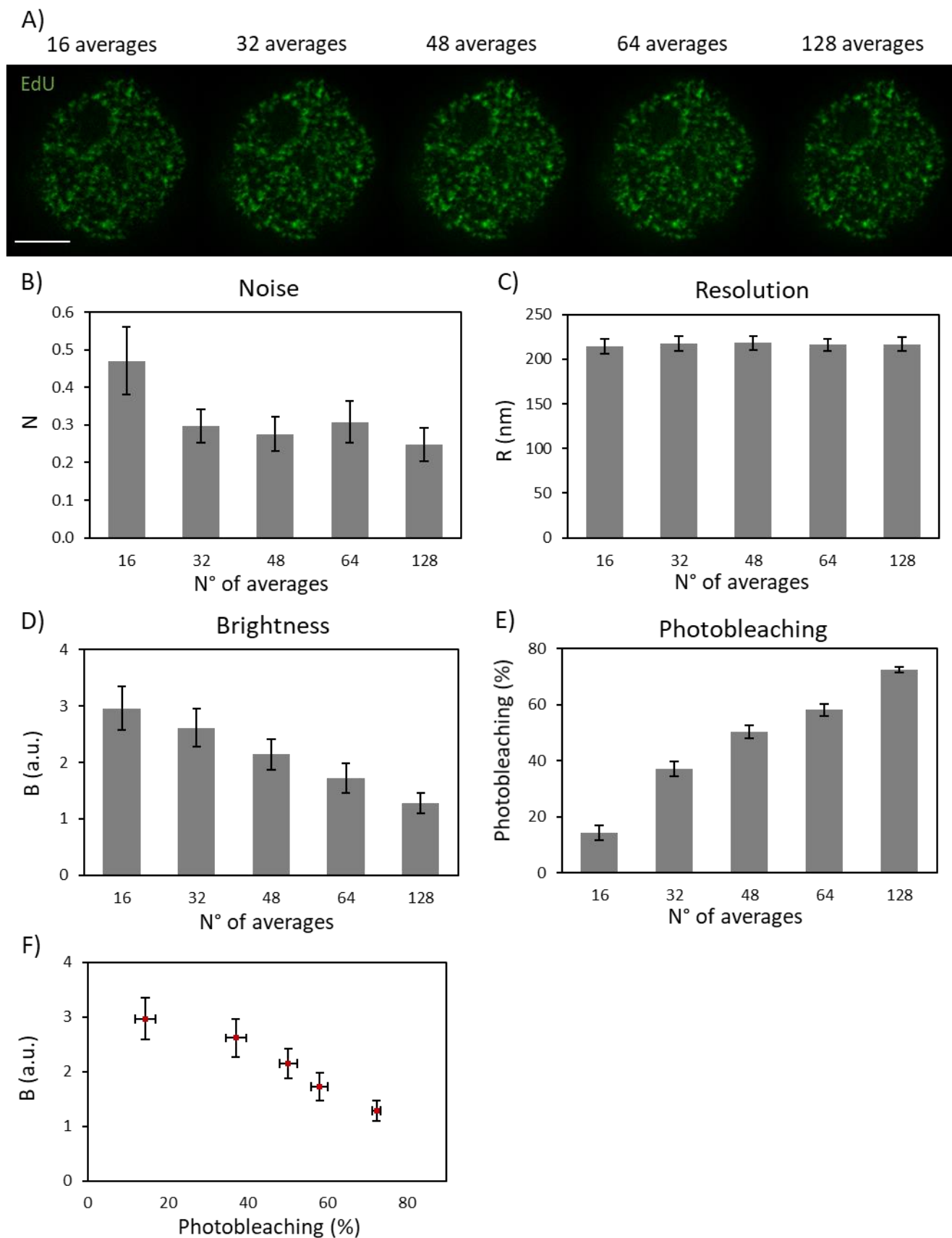
393 Schematic representation of the application of the QuICS algorithm to an image of a nuclear process (DNA
394 replication sites). The algorithm calculates a radial autocorrelation function (ACF, orange line) and performs a
395 Gaussian fit of the estimated noise-free ACF (black line). The three parameters that are extracted are: the
396 Resolution (in blue), calculated from the width of the noise-free ACF, the Brightness (in green), calculated from
397 the amplitude of the noise-free ACF, and the Noise (in red), calculated from the difference in amplitude between
398 the ACF and the noise-free ACF. Scale bar represents 3 μm .



399 **Figure 2. Tuning of STED power**

400 **A)** Representative images of U937-PR9 cells upon staining of DNA replication foci through incorporation of EdU
401 labeled with Alexa azide 488 (Click reaction). (top) Sequential acquisition of a confocal image, followed by a STED
402 image with a 9 mW depletion beam. (bottom) Sequential acquisition of a confocal image, followed by a STED
403 image with a 18 mW depletion beam. Scale bars represent 3 μm . **B)** Line profiles of structures from images in A).
404 (top) Comparison between the line profiles of the same structure in the confocal (black line) and the STED (red

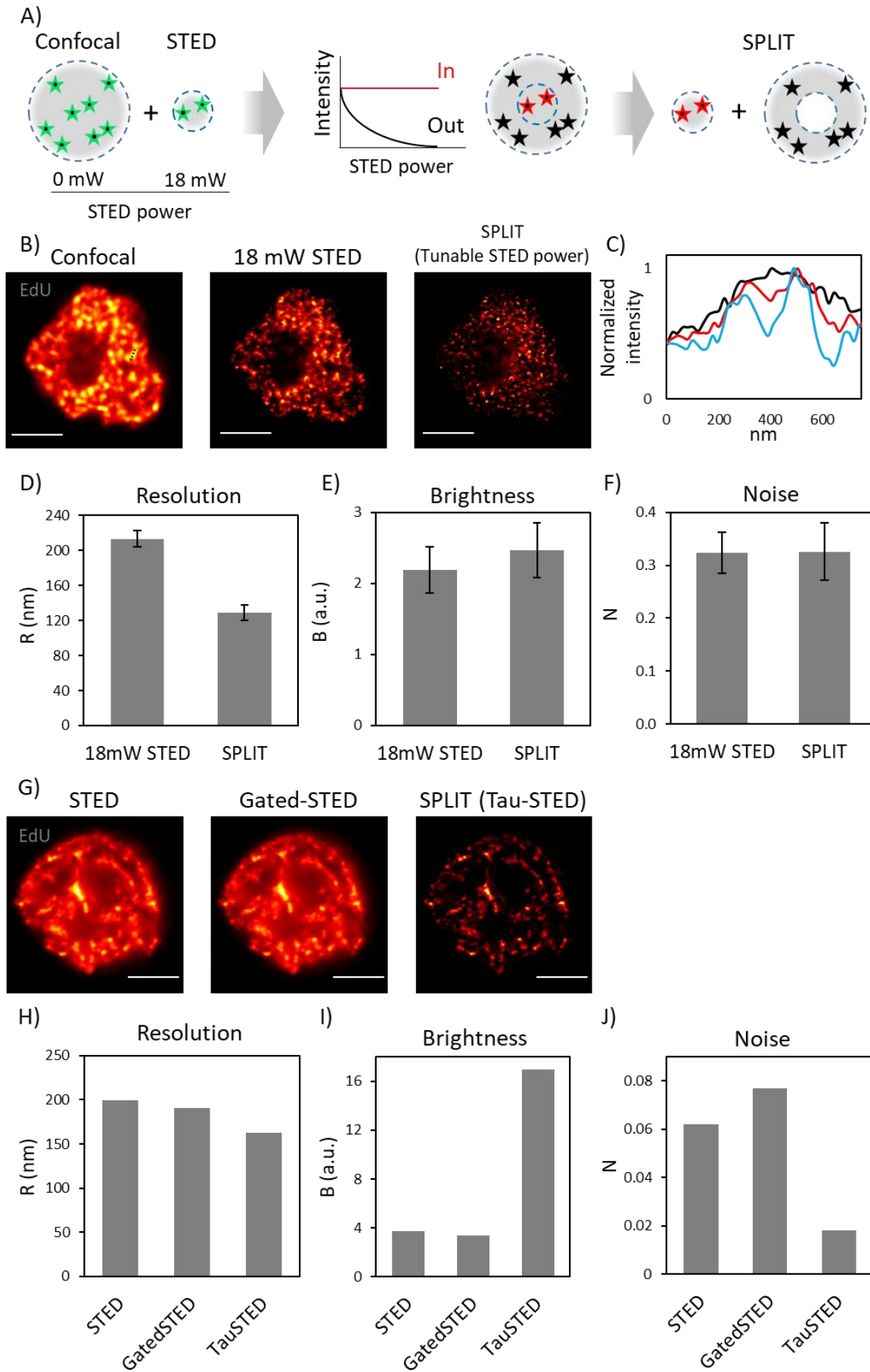
405 line) images in the top row of panel A). The measured structure is defined by a white dotted line in the confocal
406 image. (bottom) Comparison between the line profiles of the same structure in the confocal (black line) and the
407 STED (red line) images in the bottom row of panel A). The measured structure is defined by a white dotted line in
408 the confocal image. **C) D) E)** Quantification of Resolution, Brightness, and Noise parameters by application of the
409 QuICS algorithm. At least ten images for each condition have been acquired. Error bars represent the SEM.



411 **Figure 3. Increasing number of averages**

412 **A)** Representative images of U937-PR9 cells upon staining of DNA replication foci. Each image is obtained by
413 combining and averaging STED images after each acquisition step of increasing number of line-averages (see
414 Methods for a detailed description of acquisition settings) Scale bar represents 3 μm . **B) C) D)** Quantification of
415 Resolution, Brightness and Noise parameters in function of the number of line-averages by application of the
416 QuICS algorithm. At least ten images for each condition have been acquired. **E)** Quantification of Photobleaching
417 in function of the number of line-averages. Photobleaching was calculated as the percentage reduction of average
418 fluorescence intensity with respect to the initial value. **F)** Representation of the Brightness variation in function of
419 the Photobleaching. At least ten images for each condition have been quantified. Error bars represent the SEM.

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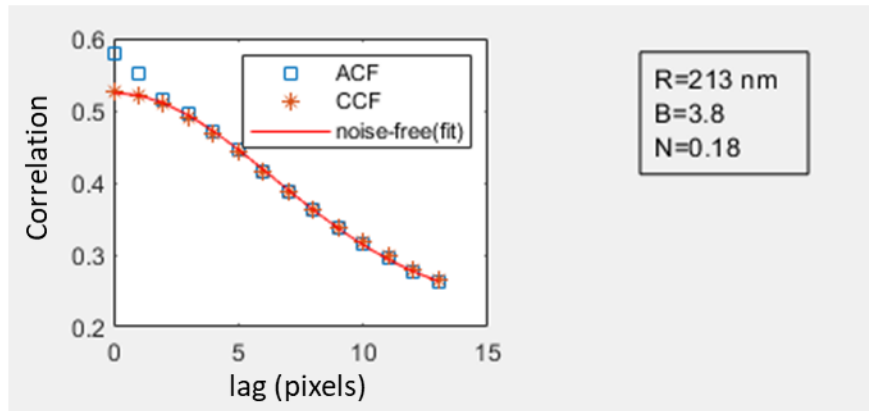
421 **Figure 4. Comparison between SPLIT and STED imaging**

422 **A)** Schematic representation of the SPLIT principle using a tunable STED power. The sequential acquisition with
423 an increased STED power from 0 to 18 mW, allow to obtain the extra information about the fluorescence depletion
424 dynamics of photons arising from the center (in) and the periphery (out) of the PSF. **B)** Representative images of
425 U937-PR9 cells upon staining of DNA replication foci. Sequential acquisition of a confocal image (STED power: 0
426 mW) and a STED image with a 18 mW depletion beam, followed by the resulting SPLIT image. Scale bars represent
427 3 μm . **C)** Comparison between the line profiles of the same structure in the confocal (black line), the STED (red
428 line) and the SPLIT (blue line) images of panel B). The measured structure is defined by a black dotted line in the
429 confocal image. **D) E) F)** Quantification of Resolution, Brightness, and Noise parameters by application of the QuICS
430 algorithm. At least ten 18 mW STED images have been acquired and compared to the resulting SPLIT images. Error
431 bars represent the SEM. **G)** Images of U937-PR9 cells upon staining of DNA replication foci through incorporation
432 of EdU labeled with Alexa azide 594. Images acquired with the Leica Stellaris 8 Tau-STED microscope. Shown are
433 the raw STED image, the gated-STED image with a time-gating of 1-8 ns and the Tau STED image. Scale bars
434 represent 3 μm . **H) I) J)** Quantification of Resolution, Brightness, and Noise parameters of images shown in G) by
435 application of the QuICS algorithm. The analysis in G-J is representative of the analysis on three cells yielding
436 similar results.

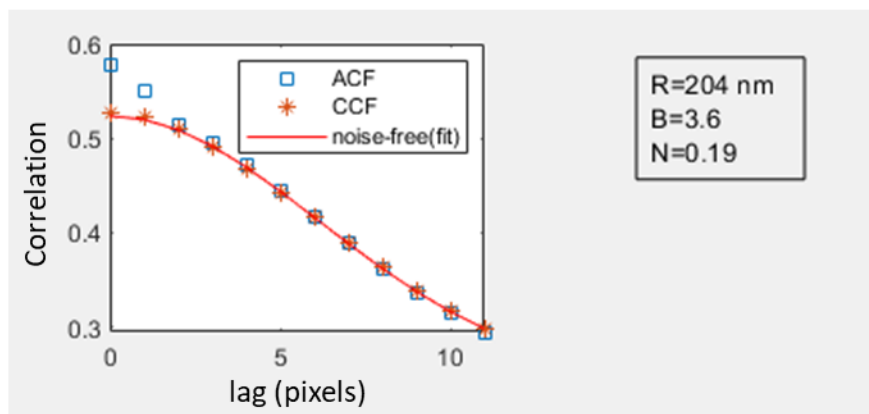
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438

A) Autocorrelation fit



B) Crosscorrelation fit



439

440 **Supplementary Figure 1. Noise-free correlation function extraction**

441 Shown is an example of data obtained with the QuICS algorithm from the same image. Panel **A)** shows a fit of the
442 autocorrelation function, excluding the first three points, and the relative extracted parameters: R, B, N. Panel **B)**
443 shows the fit of the crosscorrelation function between two statistically independent images obtained through
444 chessboard downsampling, and the relative extracted parameters.

445