

1 **Effective connectivity reveals distinctive patterns in response to others' genuine affective**

2 **experience of disgust as compared to pain**

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21

22 **Abstract**

23 Empathy is significantly influenced by the identification of others' emotions. In a recent study, we
24 have found increased activation in the anterior insular cortex (aIns) that could be attributed to affect
25 sharing rather than perceptual saliency, when seeing another person genuinely experiencing pain as
26 opposed to merely acting to be in pain. This study further revealed effective connectivity between
27 aIns and the right supramarginal gyrus (rSMG) to track what another person really feels. In the
28 present study, we used a similar paradigm to investigate the corresponding neural signatures in the
29 domain of empathy for disgust - with participants seeing others genuinely sniffing unpleasant odors
30 as compared to pretending to smell something disgusting. Consistent with the previous findings on
31 pain, we found stronger activations in aIns associated with affect sharing for genuine disgust
32 compared with pretended disgust. However, instead of rSMG we found engagement of the olfactory
33 cortex. Using dynamic causal modeling (DCM), we estimated the neural dynamics of aIns and the
34 olfactory cortex between the genuine and pretended conditions. This revealed an increased
35 excitatory modulatory effect for genuine disgust compared to pretended disgust. For genuine
36 disgust only, brain-to-behavior regression analyses highlighted a link between the observed
37 modulatory effect and the perspective-taking empathic trait. Altogether, the current findings
38 complement and expand our previous work, by showing that perceptual saliency alone does not
39 explain responses in the insular cortex. Moreover, it reveals that different brain networks are
40 implicated in a modality-specific way when sharing the affective experiences associated with pain vs.
41 disgust.

42

43 **Significant statement**

44 Others' feelings influence our own feelings, no matter whether these feelings are genuine or merely
45 pretended. In our previous study, we have shown the interaction of the region related to affect
46 sharing and affective self-other distinction allowed us to track others' genuine experiences of pain vs.
47 pretended pain. Here, we adopted a similar paradigm but in the domain of empathy for disgust.

48 Results indicate both similar and distinct brain networks that are engaged when sharing others'
49 affective experiences of pain and disgust. This suggests that we could clearly distinguish others'
50 feelings of genuinely aversive experiences as compared to pretended affects, while domain-specific
51 neural underpinnings might play a role in response to different affective experiences related to pain
52 vs. disgust.

53

54

55 **Introduction**

56 Our affective states are remarkably affected by the perceived feelings of others. A theoretical
57 framework of empathy proposed by Coll et al. (2017) states that identification of another's emotion
58 crucially contributes to the consequential sharing of feelings with that person. A recent study by our
59 group has revealed that when individuals witness another person genuinely experiencing pain as
60 compared to merely acting to be in pain, they attribute more painful feelings to that person and
61 report experiencing stronger self-unpleasantness in response to the other's genuine pain (Zhao et al.,
62 2021b).

63 On the neural level, that study found increased brain activations for the genuine compared to the
64 pretended pain in the anterior insular cortex (aIns) and the anterior mid-cingulate cortex (aMCC), i.e.,
65 a network that has been consistently associated with affective responding in studies on self-
66 experienced pain as well as empathy for pain (Lamm et al., 2011; Rütgen et al., 2015; Jauniaux et al.,
67 2019; Xiong et al., 2019; F. Zhou et al., 2020; Fallon et al., 2020, for meta-analyses). One major
68 contribution of our previous study is that we have shown aIns, a key node of this neural network, is
69 indeed associated with affect sharing, rather than being driven by the perceptual saliency of the
70 facial expressions of pain. Moreover, by means of dynamic causal modeling (DCM) analyses,
71 distinctive effective connectivity of genuine pain vs. pretended pain has been found on the
72 connection between aIns and the right supramarginal gyrus (rSMG), a region selectively related to
73 affective self-other distinction (Silani et al., 2013; Steinbeis et al., 2015; Hoffmann et al., 2016;
74 Bukowski et al., 2020). This suggests that the interaction of aIns and rSMG tracks how we identify
75 and share the actual feelings of another person, allowing an observer to engage in appropriate affect
76 sharing rather than simply responding to salient, yet possibly non-genuine displays of pain.

77 What remains an open question is whether these findings are specific to pain or could be extended
78 to other aversive experiences. Among the array of aversive experiences, the emotion of disgust
79 partially overlaps with pain regarding its neural mechanisms (Corradi-Dell'Acqua et al., 2016). Also,

80 disgust and pain share similarities with respect to their facial expression (Zhao et al., 2021a) and are
81 similarly important for survival and somatic protection (Sharvit et al., 2015; Sharvit et al., 2020).
82 Particularly, research using multi-voxel pattern analysis (MVPA) shows overlapping brain maps in
83 alns and aMCC not only for self-experienced but also vicarious experiences of pain and disgust,
84 suggesting a modality-independent representation of the unpleasantness shared by self-experienced
85 aversive affect and empathy for such affect (Corradi-Dell'Acqua et al., 2016).

86 The aim of the present study was, thus, to replicate and expand the findings of our previous study on
87 pain (Zhao et al., 2021b), but targeting the emotion of disgust. Specifically, participants watched
88 video clips either presenting a person showing a disgust expression when sniffing something
89 unpleasant, or merely displaying a disgust expression without genuinely smelling any unpleasant
90 odor. We expected to find that 1) on the behavioral level, genuine disgust would result in higher
91 other-oriented disgust ratings and self-oriented unpleasantness ratings; 2) on the neural level, alns,
92 aMCC, and rSMG would show stronger responses to the genuine disgust, as compared to pretended
93 disgust; and 3) distinct patterns of alns' effective connectivity with rSMG would be found, and
94 explain the different empathic responses to genuine vs. pretended disgust in a similar way as for
95 pain.

96 **Materials and Methods**

97 To maximize comparability, data collection for the current study had been planned and performed
98 together with the study focusing on pain (Zhao et al., 2021b). Thus, all procedures of both studies
99 (i.e., creation and validation of stimuli, the pilot study, and the main fMRI experiment) were exactly
100 conducted in the same sessions and with the identical participant sample. We decided to analyze
101 and report them separately for reasons of reporting complexity and as the two reports have a
102 different focus. While the details about all procedures are fully documented in (Zhao et al., 2021b),
103 for ease of access, we also summarize the main points relevant to the current study herein.

104 **Participants**

105 Forty-eight participants participated in this study. This sample size was estimated a priori using
106 Gpower 3.1 (Faul et al., 2007), for which a minimum sample size statistically required for this study
107 was 34 with a medium effect size of Cohen's $d = 0.5$ ($\alpha = 0.05$, two-tailed, $1 - \beta = 0.80$). Three
108 participants (only for the current study) were excluded because of excessive head motion ($> 15\%$
109 scans with the frame-wise displacement over 0.5 mm in one session; same criteria as the pain study).
110 Data of the remaining 45 participants (21 females; age: Mean = 26.76 years, S.D. = 4.58) were
111 entered into analyses. Participants had normal or corrected to normal vision and were pre-screened
112 by an MRI safety-check questionnaire to assure no presence or history of neurologic, psychiatric, or
113 major medical disorders. All participants reported being right-handed and signed the informed
114 consent. The study was approved by the ethics committee of the Medical University of Vienna and
115 was conducted in accordance with the latest revision of the Declaration of Helsinki (2013).

116 **Manipulation of facial expressions**

117 In strict analogy to the stimuli we created for pain, the stimuli we created for this study consisted of
118 video clips showing different demonstrators ostensibly in four different situations: 1) Genuine
119 disgust: the demonstrator sniffed dog feces in an *opened* bottle with a picture depicting dog feces on
120 it; the demonstrator's facial expression changed from neutral to strongly disgusted. 2) Genuine no
121 disgust: the demonstrator sniffed cotton balls in an opened bottle with a picture depicting cotton
122 balls on it; the demonstrator's facial expression maintained neutral. 3) Pretended disgust: the
123 demonstrator sniffed dog feces in a *closed* bottle (covered by a cap) with a picture depicting dog
124 feces on it; the demonstrator's facial expression changed from neutral to strongly disgusted. 4)
125 Pretended no disgust: the demonstrator sniffed cotton balls in an opened bottle with a picture
126 depicting cotton balls on it; the demonstrator's facial expression maintained neutral.
127 Twenty demonstrators (10 females), with experience in acting, were recruited for creating the
128 stimuli of the current study. Each demonstrator signed the agreement of using their videos clips and
129 static images for scientific purposes. An experimenter who stood on the right side of the

130 demonstrators, of whom only the right hand holding the bottle could be seen, moved the bottle
131 from the demonstrator's right side and stopped it just below the demonstrator's nose. Unbeknownst
132 to the participants, all disgusted expressions were acted and the so-called "dog feces" were actually
133 an odor-neutral object that resembled dog feces. As soon as the bottle was close enough to the
134 demonstrator's nose (just below the right nostril), the demonstrator started to make a disgusted
135 facial expression along with a slightly avoidant movement of their head, as naturally and vividly as
136 possible. In the neutral control conditions, demonstrators maintained a neutral facial expression
137 during the whole process of the bottle movement. Note that, the reason for presenting the pictures
138 and supposed content of dog feces in both disgust conditions was because we deemed it essential to
139 match the conditions in terms of the presence and visibility of an aversive disgusting object
140 approaching the other person's face. Otherwise, any difference between conditions could be
141 confounded by responses of participants to the presence vs. absence of a disgusting object and its
142 explicit photographic display. Note that the pain condition of our previous work also followed this
143 logic, with a needle covered by a plastic cap approaching the cheek.

144 **Stimulus validation and pilot study**

145 To validate the stimuli, 110 participants (59 females; age: Mean = 29.32 years, S.D. =10.17) were
146 recruited and asked to rate a total of 120 video clips of 2 s duration of the two conditions (60 of each
147 condition) showing disgusted facial expressions (i.e., the genuine and pretended disgust conditions).
148 The main aim of the validation study was to identify a set of demonstrators that expressed disgust
149 with comparable intensity and quality, and whose expressions of disgust in the genuine and
150 pretended conditions were comparable. After each video clip, participants rated three questions on
151 a visual analog scale with 9 tick-marks and the two end-points marked as "almost not at all" to
152 "unbearable": 1) How much disgust did the person *express* on his/her face? 2) How much disgust did
153 the person *actually feel*? 3) How unpleasant *did you feel* to watch the person in this situation? These
154 questions were presented in a pseudo-randomized order. Moreover, we set eight catch trials to test

155 whether participants maintained attention to the stimuli, in which participants were required to
156 correctly choose the demonstrator they had seen in the last video, from two static images showing
157 either the correct demonstrator's or a distractor's neutral facial expression side by side.

158 Data collection was performed with the online survey platform SoSci Survey
159 (<https://www.socisurvey.de>), and participants got access to the survey through a participation
160 invite published on Amazon Mechanical Turk (<https://www.mturk.com/>). Survey data of 62 out of
161 110 participants (34 females; age: Mean = 28.71 years, S.D. =10.11) were entered into the analysis
162 (inclusion criteria: false rate for the test questions < 2/8, survey duration > 20 min and < 150 min,
163 and the maximum number of continuous identical ratings < 5). According to the validation analysis,
164 videos of 6 demonstrators (3 females) were excluded for which participants showed a significant
165 difference in perceived disgust expressions in others between genuine disgust and pretended
166 disgust. As a result of this validation, videos of 14 demonstrators (7 females) were selected for the
167 subsequent pilot study.

168 In the pilot study, a separate group (N =47, 24 females; age: Mean = 26.28 years, S.D. = 8.80) were
169 recruited for a behavioral experiment in the behavioral laboratory. All conditions including the
170 neutral conditions described above were presented to the participants to test the feasibility of the
171 procedures that we intended to use in the following fMRI experiment. Participants were explicitly
172 instructed that they would watch other persons' genuine expressions of disgust in some blocks,
173 while in other blocks, they would see other persons acting out disgust expressions (recall that in
174 reality, all demonstrators had been actors). All demonstrators showed neutral expressions as well.
175 The three questions mentioned above were required to be rated. According to the video screening,
176 we excluded videos of two demonstrators (1 female) for whom participants showed a large
177 difference in ratings of *expression* of disgust between pretended vs. genuine conditions. Three
178 separate repeated-measures ANOVAs were respectively performed for the three rating questions
179 regarding the remaining videos. For the disgusted expressions in others, the main effect of

180 genuineness (genuine vs. pretended) was not significant and was low in effect size ($F_{\text{genuineness}}(1, 46)$
181 $= 0.867$, $p = 0.357$, $\eta^2 = 0.018$), but it was significant and showed high effect size for the disgusted
182 feelings in others ($F_{\text{genuineness}}(1, 46) = 207.225$, $p < 0.001$, $\eta^2 = 0.818$) as well as for the
183 unpleasantness in self ($F_{\text{genuineness}}(1, 46) = 21.360$, $p < 0.001$, $\eta^2 = 0.317$). The main effects of disgust
184 (disgust vs. no disgust) for all three ratings were significant with high effect size (the smallest effect
185 size was for the rating of unpleasantness in self, $F_{\text{disgust}}(1, 46) = 44.489$, $p < 0.001$, $\eta^2 = 0.492$). The
186 findings of our pilot study for the domain of disgust were thus very much in line with the findings of
187 the same pilot study for the domain of pain (see Zhao et al., 2021b). Finally, video clips of 12
188 demonstrators (6 females) were determined for the main fMRI experiment.

189 **Experimental design and procedures of the fMRI study**

190 The experimental design and procedures are sketched in Figure 1A and 1B. The fMRI experiment was
191 performed in two runs, and each run consisted of two blocks showing genuine disgust and two
192 blocks showing pretended disgust. In each block, participants watched nine video clips containing
193 both disgusted and neutral videos.

194 After the scanner session, participants came on another day to complete three questionnaires in the
195 lab: the Empathy Components Questionnaire (ECQ), the Interpersonal Reactivity Index (IRI), and the
196 Toronto Alexithymia Scale (TAS). The ECQ is categorized into Five subscales with 27 items (i.e.,
197 cognitive ability, cognitive drive, affective ability, affective drive, and affective reactivity), using a 4-
198 point Likert scale ranging from 1 (“strongly disagree”) to 4 (“strongly agree”) (Batchelder, 2015;
199 Batchelder et al., 2017). The IRI is divided into four subscales with 28 items (i.e., perspective taking,
200 fantasy, empathic concern, and personal distress), using a 5-point Likert scale ranging from 0 (“does
201 not describe me well”) to 4 (“describes me very well”) (Davis, 1980). The TAS is composed of three
202 subscales with 20 items (i.e., difficulty describing feelings, difficulty identifying feelings, and
203 externally oriented thinking), using a 5-point Likert scale ranging from 1 (“strongly disagree”) to 5
204 (“strongly agree”) (Bagby et al., 1994). Participants were debriefed at the end of the whole study.

205 **Behavioral data analysis**

206 Repeated-measures ANOVAs were run in SPSS (version 26.0; IBM) to investigate the main effects
207 and the interaction of the two factors genuine vs. pretended and disgust vs. no disgust. Furthermore,
208 we conducted Pearson correlations to examine whether ratings of disgust feelings in others were
209 correlated with unpleasantness in self for the genuine disgust and the pretended disgust. The
210 comparison of the correlation coefficients was performed using a bootstrap approach with the R
211 package bootcorci (<https://github.com/GRousselet/bootcorci>).

212 **fMRI data acquisition**

213 We used a Siemens Magnetom Skyra MRI scanner (Siemens, Erlangen, Germany) with a 32-channel
214 head coil to collect fMRI data. A multiband-accelerated T2*-weighted echoplanar imaging (EPI)
215 sequence was applied to collect functional whole-brain scans (TR = 1200 ms, TE = 34 ms, acquisition
216 matrix = 96×96 voxels, FOV = 210×210 mm², flip angle = 66°, inter-slice gap = 0.4 mm, voxel size =
217 $2.2 \times 2.2 \times 2$ mm³, multiband acceleration factor = 4, interleaved ascending acquisition in multi-slice
218 mode, 52 slices co-planar to the connecting line between anterior and posterior commissure). Each
219 of the two functional imaging runs lasted around 16 min (~800 images per run). A magnetization-
220 prepared rapid gradient-echo (MPRAGE) sequence was implemented to acquire structural images
221 (TE/TR = 2.43/2300 ms, FOV = 240×240 mm², flip angle = 8°, voxel size = $0.8 \times 0.8 \times 0.8$ mm³, slice
222 thickness = 0.8 mm, ascending acquisition, 208 sagittal slices, single-shot multi-slice mode).

223 **fMRI data processing and mass-univariate functional segregation analyses**

224 Imaging data preprocessing was performed with a combination of Nipype (Gorgolewski et al., 2011)
225 and MATLAB (version R2018b 9.5.0; MathWorks) with Statistical Parametric Mapping (SPM12;
226 <https://www.fil.ion.ucl.ac.uk/spm/software/spm12/>). Raw data were arranged into BIDS format
227 (<http://bids.neuroimaging.io/>; Gorgolewski et al., 2016). Functional data were 1) slice time corrected
228 to the middle slice (Sladky et al., 2011), realigned to the first image of each session, 3) co-registered

229 to the T1 image, 4) segmented between grey matter, white matter, and cerebrospinal fluid (CSF), 5)
230 normalized to MNI template space using Diffeomorphic Anatomical Registration Through
231 Exponentiated Lie Algebra (DARTEL) toolbox (Ashburner, 2007), and 6) smoothed using a 6 mm full
232 width at half-maximum (FWHM) of the Gaussian kernel. To improve data quality, scrubbing was
233 performed when the frame-wise displacement (FD) of a scan was larger than 0.5 mm (Power et al.,
234 2012; Power et al., 2014).

235 In order to perform mass-univariate functional segregation analyses, we created a first-level GLM
236 design matrix composed of two identically modeled runs for each participant. Seven regressors of
237 interest were entered in each model: stimulation phase of the four conditions (i.e., genuine disgust,
238 genuine no disgust, pretended disgust, pretended no disgust; 2000 ms), rating phase of the three
239 questions (i.e., disgusted expressions in others, disgusted feelings in others, and unpleasantness in
240 self; 12000 ms). Six head motion parameters and the scrubbing regressors (FD > 0.5 mm; if
241 applicable) were additionally entered as nuisance regressors.

242 On the second level, we used a flexible factorial design for the group-level analysis. Three factors
243 were included: a between-subject factor (i.e., subject) that was specified independent and with
244 equal variance, a within-subject factor (i.e., genuine or pretended) that was specified dependent and
245 with equal variance, and a second within-subject factor (i.e., disgust or no disgust) that was specified
246 dependent and with equal variance were included in the design (Gläscher & Gitelman, 2008). Four
247 contrasts were computed: 1) genuine: disgust – no disgust, 2) pretended: disgust – no disgust, 3)
248 genuine disgust – pretended disgust, and 4) genuine (disgust – no disgust) – pretended (disgust – no
249 disgust). An initial threshold of $p < 0.001$ (uncorrected) at the voxel level and a family-wise error
250 (FWE) correction ($p \leq 0.05$) at the cluster level were applied. The cluster extent threshold was
251 determined by the SPM extension “cp_cluster_Pthresh.m” (<https://goo.gl/kjVydZ>).

252 **Brain-behavior relationships**

253 We built a multiple regression model on the group level to investigate the relationship between
254 specific brain activations and behavioral ratings. In this model, the contrast genuine disgust –
255 pretended disgust was set as the dependent variable, and differences between conditions for three
256 behavioral ratings were specified as independent variables. The reason that we entered the
257 condition differences for both brain signals and behavioral ratings into the analyses was to control
258 for the potential effects of perceptual salience. Moreover, we used the contrast genuine disgust –
259 pretended disgust instead of the more exhaustive contrast genuine (disgust – no disgust) –
260 pretended (disgust – no disgust), because our aim was to focus on the genuine and pretended
261 disgust conditions rather than the neutral conditions. In addition, the disgust contrast showed more
262 robust (in terms of statistical effect size) and widespread activations across the brain, making it more
263 likely to pick up possible brain-behavior relationships. The same threshold as above (i.e., cluster-wise
264 FWE correction, $p < 0.05$) was applied in this analysis. All covariates were mean-centered. An
265 intercept was added to the model.

266 **Analyses using dynamic causal modeling (DCM)**

267 We considered the following regions of interest (ROI) for the DCM model space: the right aIns and
268 rSMG according to the previous study of pain (Zhao et al., 2021b) and the left (primary) olfactory
269 cortex according to the exploratory analyses. As for the latter, the results showed no evidence that
270 effective connectivity between aIns and rSMG for genuine disgust vs. pretended disgust was distinct.
271 Therefore, we extended the analysis to the primary olfactory cortex, which was not hypothesized
272 when planning this study but highly plausible given the employed task and the specific link between
273 olfaction and disgust. In fact, previous studies indeed demonstrated the olfactory cortex was not
274 only engaged in perceptual processes (e.g., odor perception and recognition), but also in affective
275 processing of disgust-related experiences (Gottfried et al., 2002; Zelano et al., 2011; Alessandrini et
276 al., 2016; Schulze et al., 2017; Schienle et al., 2020). We additionally defined an ROI of the right
277 olfactory cortex as a comparison to the left olfactory cortex. The ROI masks were defined as the

278 anatomical masks created by the Wake Forest University (WFU) Pick Atlas SPM toolbox
279 (<http://fmri.wfubmc.edu>) with the automated anatomical atlas (AAL). Note that the olfactory cortex
280 mask defined in AAL largely overlaps with the primary olfactory cortex that we were interested in
281 (Desikan et al., 2006).

282 Three DCM analyses were performed based on different considerations. Firstly, to investigate if the
283 distinct effective connectivity between aIns and rSMG we have found between genuine pain and
284 pretend pain could be observed in disgust as well, we performed a DCM analysis between the right
285 aIns and rSMG under the manipulation of genuine disgust and pretended disgust. Secondly, to
286 explore if other brain patterns could dissociate genuine disgust and pretended disgust, we
287 performed a second DCM analysis between the right aIns and the left olfactory cortex. Finally, to test
288 the robustness of the second DCM model, we performed a third DCM analysis between the right
289 aIns and the right olfactory cortex.

290 All DCM analyses were performed with DCM12.5 implemented in SPM12 (v. 7771). As a first step,
291 individual time series were extracted separately for each ROI. The voxels were determined both on a
292 group-level and an individual-level threshold to ensure the selected voxel were indeed engaged in a
293 task-relevant activity instead of random signal fluctuations (Holmes et al., 2020). The initial
294 threshold was set as $p < 0.05$, uncorrected. The significant voxels in the main effect of genuine
295 disgust and pretended disgust were further selected by an individual threshold. An individual peak
296 coordinate within the ROI mask was searched for each participant and an individual mask was
297 consequently defined using a sphere of the 6 mm radius around the peak. The individual time series
298 for each ROI was subsequently extracted from the significant voxels of the individual mask and
299 summarized by the first eigenvariate. For the second and third DCM analyses, seven participants
300 were excluded as no voxels survived significance testing in either the left or right olfactory cortex. In
301 the next step, three regressors of interest were specified: genuine disgust, pretended disgust, and
302 the video input condition (the combination of genuine disgust and pretended disgust). The reasons

303 for not specifying the no-disgust conditions were that 1) disgust conditions were our main focus, and
304 2) adding effects of non-interest would inevitably increase the model complexity. In DCM, three sets
305 of parameters were estimated: bidirectional connections between the regions and their self-
306 connections (matrix A), modulatory effects (i.e., genuine disgust and pretended disgust) on the
307 between-region connections (matrix B), and driving inputs (i.e., the video input condition) on both
308 regions (matrix C) (Zeidman et al., 2019a). Finally, we performed group-level DCM inference using
309 parametric empirical Bayes (Zeidman et al., 2019b). An automatic search was conducted over the
310 entire model space (max. $n = 256$) using Bayesian model reduction (BMR) and random-effects
311 Bayesian model averaging (BMA), resulting in a final group model that takes accuracy, complexity,
312 and uncertainty into account (Zeidman et al., 2019b). This procedure was similarly performed for all
313 three DCM analyses. We reported all parameters with positive evidence on the posterior probability
314 ($pp > 0.75$). Finally, modulatory effects of the genuine and pretended disgust conditions were
315 compared using a paired sample t-test for each group-averaged model.

316 To probe whether task-related modulatory effects were associated with behavioral measurements,
317 we performed multiple linear regression analyses of modulatory parameters with, 1) the three
318 behavioral ratings, and 2) the empathy-related questionnaires (i.e., IRI, ECQ, and TAS). We set up
319 two regression models for the genuine and pretended disgust conditions, respectively, in which the
320 DCM parameters of modulatory effects were determined as dependent variables and the three
321 ratings as independent variables. Considering that interactions between behavioral ratings might
322 contribute to the regression model, five regression models (with and without interaction) were
323 tested for both conditions. Results showed the model without any interaction outperformed other
324 models for both genuine disgust (AIC = -27.422, BIC = -19.234) and pretended disgust (AIC = -10.697,
325 BIC = -2.509). Smaller AIC/BIC indicates better model fit. The model with an interaction of disgusted
326 expressions and disgusted feelings in others showed the smallest AIC and BIC among all models with
327 interactions for both conditions: for genuine disgust, AIC = -25.547, BIC = -15.722; for pretended
328 disgust, AIC = -10.650, BIC = -0.824. We will thus report the results of the winning multiple

329 regression model in the results section. We performed two additional regression models for both
330 conditions in which DCM modulatory effects were set as dependent variables and scores of each
331 questionnaire subscale were set as independent variables, respectively. Given the number of
332 independent variables was considerable (>10), we used a stepwise regression approach to perform
333 the analyses for questionnaires. As two participants did not complete all three questionnaires, we
334 excluded their data from the regression analyses. The statistical significance of the regression
335 analysis was set to $p < 0.05$. The multicollinearity for independent variables was diagnosed using the
336 variance inflation factor (VIF) that measures the correlation among independent variables, in the R
337 package car (<https://cran.r-project.org/web/packages/car/index.html>). Here a rather conservative
338 threshold of $VIF < 5$ was adapted as an indication of no severe multicollinearity (Menard, 2002;
339 James et al., 2013).

340

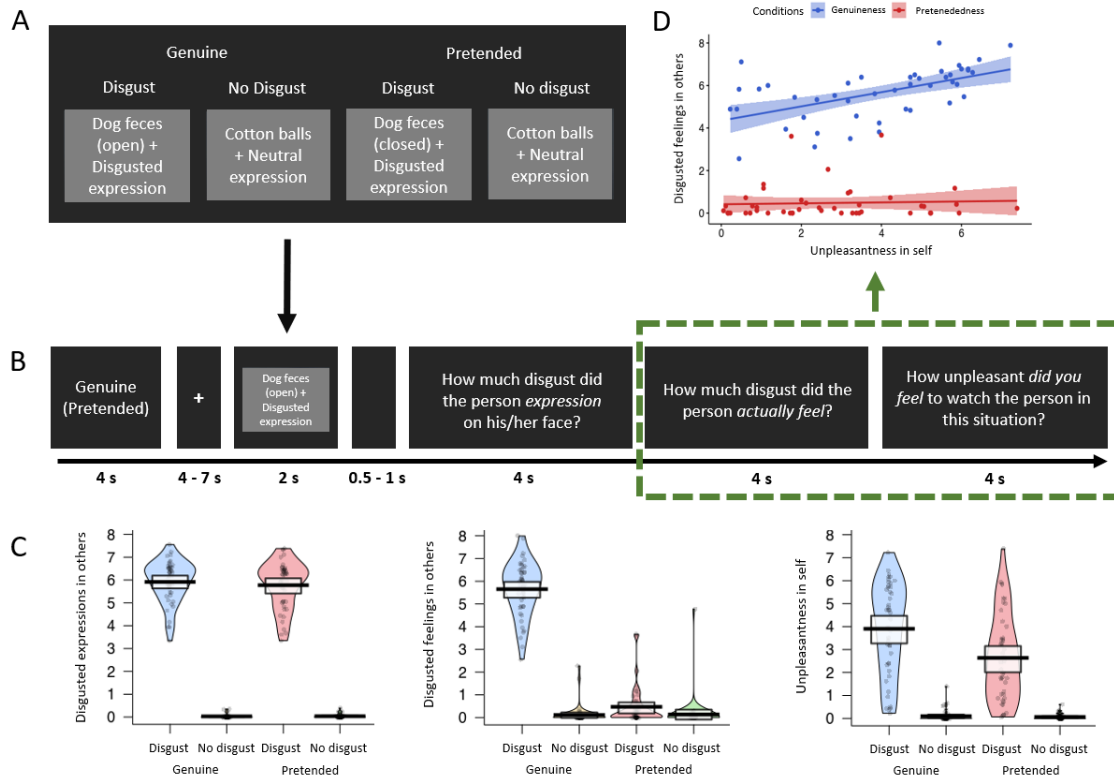
341 **Results**

342 **Behavioral results**

343 We performed three repeated-measures ANOVAs with the factors *genuineness* (genuine vs.
344 pretended) and *disgust* (disgust vs. no disgust), for each of the three behavioral ratings. For ratings
345 of disgusted *expressions* in others (Figure 1C, left), the main effect of the factor genuineness was not
346 significant: $F_{\text{genuineness}}(1, 44) = 1.861, p = 0.179, \eta^2 = 0.041$. There was a main effect of disgust:
347 participants showed higher ratings for the disgust vs. no disgust conditions, $F_{\text{disgust}}(1, 44) = 1769.396,$
348 $p < 0.001, \eta^2 = 0.976$. The interaction term was not significant, $F_{\text{interaction}}(1, 44) = 2.270, p = 0.139, \eta^2$
349 $= 0.049$. For ratings of disgusted feelings in others (Figure 1C, middle), there was a main effect of
350 genuineness: participants showed higher ratings for the genuine vs. pretended conditions, $F_{\text{genuineness}}$
351 $(1, 44) = 510.686, p < 0.001, \eta^2 = 0.921$. There was also a main effect of disgust, as participants
352 showed higher ratings for the disgust vs. no disgust conditions, $F_{\text{disgust}}(1, 44) = 854.136, p < 0.001, \eta^2$
353 $= 0.951$. The interaction was significant as well, $F_{\text{interaction}}(1, 44) = 360.516, p < 0.001, \eta^2 = 0.891$, and

354 this was related to higher ratings of disgusted feelings in others for the genuine disgust compared to
355 the pretended disgust condition. For ratings of unpleasantness in self (Figure 1C, right), there was a
356 main effect of genuineness: participants showed higher ratings for the genuine vs. pretended
357 conditions, $F_{\text{genuineness}}(1, 44) = 37.694$, $p < 0.001$, $\eta^2 = 0.461$. There was also a main effect of disgust:
358 participants showed higher ratings for the disgust vs. no disgust conditions, $F_{\text{disgust}}(1, 44) = 141.277$,
359 $p < 0.001$, $\eta^2 = 0.763$. The interaction was significant as well, $F_{\text{interaction}}(1, 44) = 32.341$, $p < 0.001$, $\eta^2 =$
360 0.424 , and this was related to higher ratings of unpleasantness in self for the genuine disgust
361 compared to the pretended disgust condition. In sum, the behavioral data indicated that there was
362 no difference in ratings of disgusted expression in others between the genuine and pretended
363 disgust conditions, while higher ratings and large effect sizes of disgusted feelings in others and
364 unpleasantness in self for the genuine disgust condition as compared to the pretended disgust
365 condition. These results were perfectly in line with our hypotheses and what we found in the pilot
366 study.

367 We also found significant correlations between behavioral ratings of disgusted feelings in others and
368 unpleasantness in self for the genuine disgust condition, $r = 0.548$, $p < 0.001$; while for the
369 pretended disgust condition, the correlation was not significant, $r = 0.051$, $p = 0.740$ (Figure 1D). A
370 bootstrapping comparison showed a significant difference between the two correlation coefficients,
371 $p = 0.025$, 95% Confidence Interval (CI) = [0.073, 0.860].



372

373 **Figure 1. fMRI experimental design and behavioral results.** (A) Overview of the experimental design
 374 with the four conditions genuine vs. pretended, disgust vs. no disgust. Examples show static images,
 375 while in the experiment, participants were shown video clips. (B) Overview of experimental timeline.
 376 At the outset of each block, a reminder of “genuine” or “pretended” was shown (both terms are
 377 shown here for illustrative purposes, in the experiment either genuine or pretended was displayed).
 378 After a fixation cross, a video in the corresponding condition appeared on the screen. Followed by a
 379 short jitter, three questions about the video were separately presented and had to be rated on a
 380 visual analog scale. These would then be followed by the next video clip and questions (not shown).
 381 (C) Violin plots of the three types of ratings for all conditions. No difference was found for the rating
 382 of disgusted expressions in others between the genuine disgust condition and the pretended disgust
 383 condition. For the ratings of disgusted feelings in others and unpleasantness in self, participants
 384 demonstrated higher ratings for genuine disgust than pretended disgust. Ratings of all three
 385 questions were higher in the disgusted situation than in the neutral situation, regardless of whether
 386 in the genuine or pretended condition. The thick black lines illustrate mean values, and the white
 387 boxes indicate a 95% CI. The dots are individual data, and the “violin” outlines illustrate their
 388 estimated density at different points of the scale. (D) Correlations of disgusted feelings in others and
 389 unpleasantness in self for the genuine disgust and the pretended disgust (the relevant questions
 390 were highlighted with a green rectangular). Results revealed a significant Pearson correlation

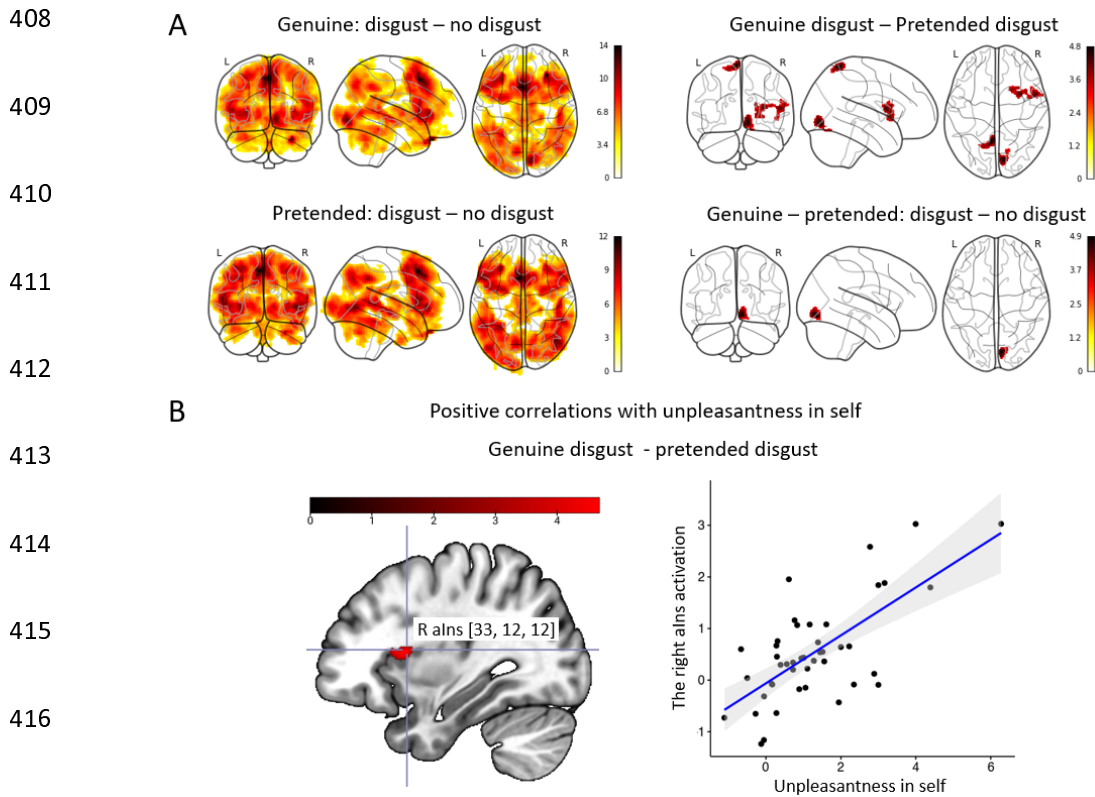
391 between the two questions for the genuine disgust condition, but no correlation in the pretended
392 disgust condition. The lines represent the fitted regression lines, bands indicate a 95% CI.

393

394 **fMRI results: mass-univariate analysis**

395 We computed four contrasts: 1) genuine: disgust – no disgust, 2) pretended: disgust – no disgust, 3)
396 genuine disgust – pretended disgust, and 4) genuine (disgust – no disgust) – pretended (disgust – no
397 disgust). In the first two contrasts, we found the predicted activations in bilateral aIns, aMCC, and
398 rSMG, as well as significant (not originally predicted) activation in the olfactory cortex; in the third
399 contrast, we found significant activation in the right aIns, as well as strong activation ($k = 255$) in the
400 left olfactory cortex; in the last contrast, the only significant activation was found in the right
401 cerebellum (Figure 2A and Table 1).

402 To identify whether or which brain activity was selectively related to the behavioral ratings
403 described above, we performed a multiple regression analysis where we explored the relationship of
404 activation in the contrast genuine disgust – pretended disgust with the three behavioral ratings. The
405 only significant cluster we found encompassed the right aIns, extending into the right inferior frontal
406 gyrus, and this was selectively related to ratings of self-unpleasantness (Figure 2B) rather than the
407 ratings of disgusted expressions in others or the disgusted feelings in others.



418 **Figure 2. Neuroimaging results: Mass-univariate analyses.** (A) Activation maps of genuine: disgust –
419 no disgust (top left), pretended: disgust - no disgust (bottom left), genuine disgust – pretended
420 disgust (top right), and genuine (disgust – no disgust) – pretended (disgust – no disgust) (bottom
421 right). For contrasts of disgust –no disgust in both genuine and pretended conditions, we found
422 expected brain activations in bilateral aIns, aMCC, and rSMG, and significant activation in the
423 olfactory cortex; for the contrast of genuine disgust vs. pretended disgust, we found significant
424 activation in the right aIns and strong activation in the left olfactory cortex (a cluster of $k=255$,
425 though not pass the threshold); for the contrast of genuine (disgust – no disgust) vs. pretended
426 (disgust – no disgust), the only significant activation was in the right cerebellum. (B) The multiple
427 regression analysis demonstrated a significant cluster in the right aIns (peak: [33, 12, 12]) that was
428 positively associated with the ratings of unpleasantness in self but not associated with the ratings of
429 either disgusted expressions in others or disgusted feelings in others when comparing genuine
430 disgust vs. pretended disgust. All activations are thresholded with cluster-level FWE correction, $p <$
431 0.05 ($p < 0.001$ uncorrected initial selection threshold). The lines of the scatterplots represent the
432 fitted regression lines, bands indicate a 95% CI.

433

434 **Table 1.** Results of mass-univariate functional segregation analyses in the MNI space. Region names
 435 were labeled with the AAL atlas and thresholded with cluster-wise FWE correction, $p < 0.05$ (initial
 436 selection threshold $p < 0.001$, uncorrected). BA = Brodmann area, L = left hemisphere, R = right
 437 hemisphere.

Region label	BA	Cluster size	x	y	z	t-value
1) Genuine: disgust - no disgust						
Temporal_Pole_Sup_R	38	164988	32	33	-33	13.57
Supp_Motor_Area_L	8		-3	16	50	13.31
Lingual_R	18		9	-84	-6	11.89
Frontal_Sup_Medial_R	8		6	21	45	10.95
Insula_L	45		-32	27	4	10.81
Frontal_Inf_Oper_L	44		-50	15	6	10.80
Insula_R	13		33	27	4	10.17
Frontal_Inf_Tri_L	45		-30	32	0	10.12
Frontal_Inf_Oper_R	44		52	15	15	9.80
Frontal_Inf_Orb_R	47		32	32	-3	9.69
Lingual_L	17	422	-21	-66	4	5.10
2) Pretended: disgust - no disgust						
Supp_Motor_Area_L	8	137060	-4	16	50	11.95
Frontal_Sup_Medial_L	8		-8	26	44	10.69
Temporal_Mid_R	19		44	-68	2	10.35
Frontal_Inf_Oper_L	44		-51	16	6	10.01
Insula_L	45		-30	30	2	9.77
Frontal_Inf_Tri_L	45		-56	20	12	9.68
Cingulum_Mid_R	8		8	20	45	9.47
Parietal_Inf_L	39		-32	-51	40	9.37
Temporal_Pole_Sup_R	38		32	34	-33	9.35
Frontal_Mid_L	6		-27	2	54	9.26
Cingulate_Post_L	23	1821	-4	-42	22	5.71
Cingulate_Mid_R	23		-3	-26	27	5.58
Cingulate_Post_R	23		8	-39	22	5.33
Cingulate_Mid_L	24		-3	-12	30	5.23
Vermis_9	37	522	2	-57	-39	5.27
Cerebelum_9_L	18		-2	-60	-46	4.55
Cerebelum_9_R	37		10	-57	-51	3.96
Temporal_Inf_L	20	517	-40	-9	-38	4.80
Temporal_Pole_Mid_L	38		-28	8	-39	3.62

Cerebelum_Crus2_L	18	487	-8	-76	-34	5.15
Cerebelum_Crus1_L	18		-18	-80	-27	3.21
3) Genuine disgust – pretended disgust						
Insula_R	44	976	32	8	12	4.56
Rolandic_Oper_R	44		54	8	10	4.38
Caudate_R	48		21	14	15	4.05
Putamen_R	49		30	16	-2	3.89
Frontal_Inf_Oper_R	44		40	12	14	3.85
Lingual_R	18	550	10	-81	-9	4.72
Cerebelum_6_R	18		15	-70	-18	3.35
Precuneus_L	7	474	-6	-56	69	4.85
Parietal_Sup_L	7		-16	-63	64	3.95
4) Genuine (disgust – no disgust) – pretended (disgust – no disgust)						
Lingual_R	18	431	8	-81	-10	4.90

438

439 **DCM results**

440 We first performed a DCM analysis of the effective connectivity between the right aIns and rSMG to
 441 examine if the group-averaged model replicated what we found in our previous study on pain (Zhao
 442 et al., 2021b). Specifically, we focused on the modulatory effect of genuineness, namely, whether
 443 the experimental manipulation of genuine disgust vs. pretended disgust tuned the bidirectional
 444 neural dynamics from aIns to rSMG and *vice versa*, in terms of both directionality (sign of the DCM
 445 posterior parameter) and intensity (magnitude of the DCM posterior parameter). If the experimental
 446 manipulation modulated the effective connectivity, we would observe a positive posterior
 447 probability ($p_p > 0.75$) of the modulatory effect. The reasons that we did not include aMCC in this
 448 analysis were that 1) unlike aIns, in aMCC we did not find strong evidence for the task involvement
 449 (in the univariate and multiple regression analyses), 2) for comparability of the present model with
 450 the previous model on pain, where aMCC had not been included either.

451 Similar to what we found in the pain study, strong evidence ($pp > 0.95$; $pp = 1.00$) of inhibitory
 452 modulatory effects on the aIns-to-rSMG connection was shown for both the genuine disgust
 453 condition and the pretended disgust condition (see Figure 3A). However, we did not find a significant

454 difference when comparing the strength of these two modulatory effects, $t_{44} = -1.045$, $p = 0.302$
455 (Mean_{genuine disgust} = -1.214, 95% CI = [-1.462, -0.927]; Mean_{pretended disgust} = -1.095, 95% CI = [-1.361, -
456 0.799]). Note that the mean values we exhibit in the test could slightly differ from those shown in the
457 DCM models of Figure 3, since we used frequentist statistics for comparison analysis rather than the
458 Bayesian approach that was implemented to compute the parameters for the DCM model. We did
459 not find robust evidence on the intrinsic connectivity either from alns to rSMG or *vice versa*.
460 Moreover, there was no evidence of a modulatory effect on the rSMG to alns connection, which was
461 in line with what we had found for pain. Taken together, the DCM analysis between alns and rSMG
462 partially replicated the results of the pain study, namely the inhibitory modulatory effect from alns
463 to rSMG for both genuine and pretended conditions; however, this inhibitory modulatory effect
464 failed to dissociate the experimental manipulation of genuine disgust and pretended disgust,
465 suggesting that a distinctive pattern or set of brain regions underpins how the genuineness of
466 disgust is processed by our brains.

467 We therefore performed an exploratory DCM analysis to test whether distinct modulatory effects
468 could be found for genuine and pretend disgust on the connection between the right alns and the
469 left olfactory cortex (see Figure 3B). As mentioned in the methods sections, while the involvement of
470 the left olfactory cortex was mainly exploratory and data-driven, it was also plausible on theoretical
471 grounds. Results showed a significant excitatory effect for both genuine disgust (strong evidence, pp
472 = 1.00) and pretended disgust (positive evidence, $pp = 0.93$) on the connection of the left olfactory
473 cortex to the right alns. A further comparison analysis on the modulatory effect between conditions
474 revealed a stronger excitatory modulatory effect for genuine disgust as opposed to pretended
475 disgust, $t_{37} = 4.450$, $p < 0.001$ (Mean_{genuine disgust} = 0.805, 95% CI = [0.755, 0.851]; Mean_{pretended disgust} =
476 0.573, 95% CI = [0.517, 0.628]). We did not find any modulatory effect on the reverse connection of
477 the right alns to the left olfactory cortex.

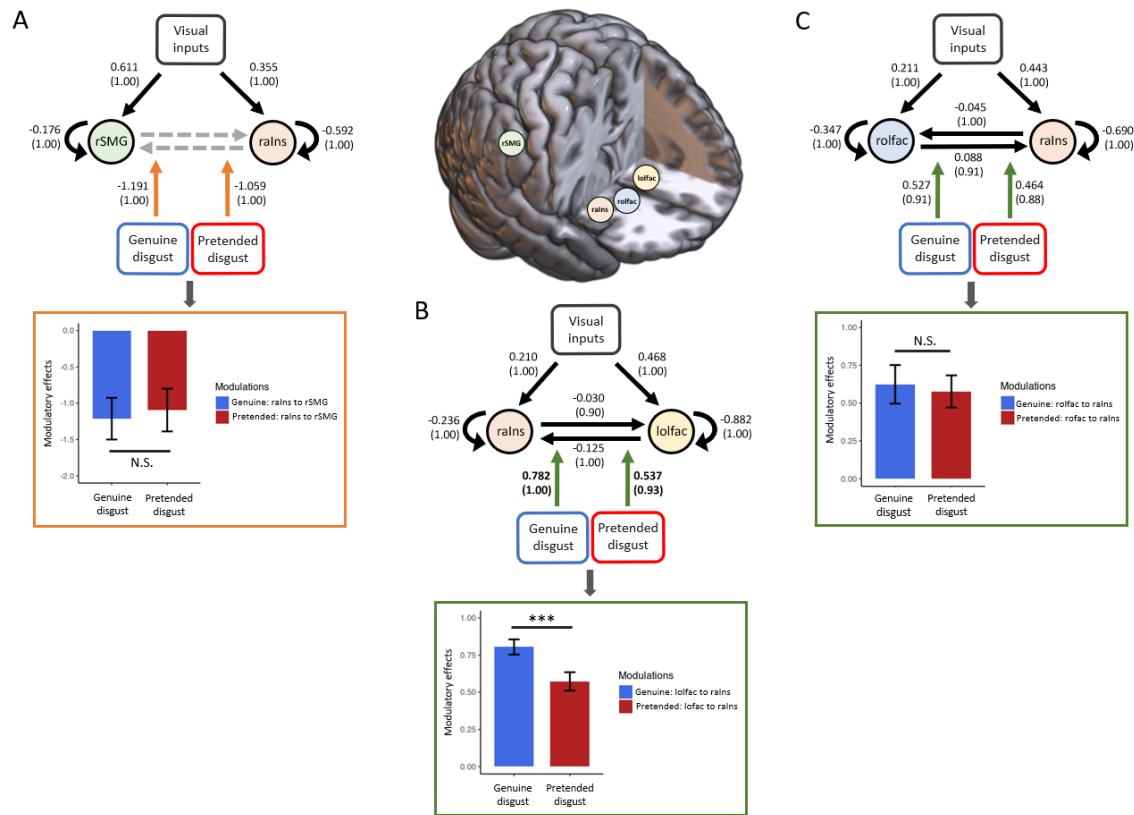
478 Finally, to justify whether lateralization of the olfactory cortex largely influenced the robustness of
479 the modulatory effect we found in the DCM model above, we performed an additional DCM analysis
480 on the connection between the right alns and the right olfactory cortex (see Figure 3C). Results
481 showed a similar group-average model to that of the right alns and the left olfactory cortex.
482 Importantly, we replicated the excitatory modulatory effect on the connection of the olfactory
483 cortex to alns in the sense of significant evidence for both conditions (genuine disgust: positive
484 evidence, $pp = 0.91$; pretended disgust: positive evidence, $pp = 0.88$). No evidence of the modulatory
485 effect on the connection of alns to the right olfactory cortex was found, which was consistent with
486 the group-average model with the left olfactory cortex. A further comparison analysis did not find
487 significant difference on the strength of the two modulatory effects, $t_{37} = 0.595$, $p = 0.556$ (Mean
488 $_{\text{genuine disgust}} = 0.624$, 95% CI = [0.503, 0.738]; Mean $_{\text{pretended disgust}} = 0.577$, 95% CI = [0.488, 0.678]).

489 **Individual associations between modulatory effects, behavioral ratings, and questionnaires**

490 Two linear regression models were computed to examine how the excitatory modulatory effect on
491 the connection of the (left) olfactory cortex to alns was related to behavioral ratings respectively for
492 genuine disgust and pretended disgust. Results showed that none of the ratings was significant for
493 either the genuine disgust model or the pretended disgust model. No severe collinearity problem
494 was detected for either regression model (all $VIFs < 4.500$; the smallest $VIF = 1.229$ and the largest
495 $VIF = 4.410$).

496 Another two linear regression models were tested to investigate whether subscales of all three
497 questionnaires could explain the excitatory modulatory effect for genuine disgust and pretended
498 disgust. For the genuine disgust condition, we found that the modulatory effect was significantly
499 explained by scores of the perspective-taking subscale of the IRI: $F_{\text{model}}(1, 35) = 4.177$, $p = 0.049$, $R^2 =$
500 0.109 ; $B = 0.011$, $\beta = 0.331$, $p = 0.049$. No significant predictor was found with any subscale in the
501 other two questionnaires (i.e., ECQ and TAS). None of the three questionnaires significantly
502 explained variations of the modulatory effect for the pretended disgust condition. No severe

503 collinearity problem was detected for either regression model (all *VIFs* < 2.500; the smallest *VIF*
 504 =1.000 and the largest *VIF* = 2.198).



505

506 **Figure 3. DCM results and brain-behavior analyses.** Three-dimensional visualization of ROIs involved

507 in the three DCM analyses is shown in the upper middle. (A) The group-average DCM model of the

508 right anterior insula and the right supramarginal gyrus (rSMG) for genuine disgust and pretended

509 disgust. We found inhibitory modulatory effects (orange arrows) for both conditions. All DCM

510 parameters of the optimal model showed greater than a 99% posterior probability (very strong

511 evidence) except the bi-directionally intrinsic connectivity between the right alns (ralns) and rSMG

512 (grey dashed arrow; no evidence of existence, $pp < 0.50$). Paired sample *t*-test showed no difference

513 in the inhibitory modulatory effects on the ralns-to-rSMG connection between genuine disgust and

514 pretended disgust. This result is highlighted with an orange rectangular. Data are mean \pm 95% CI. (B)

515 The group-average DCM model of the ralns and the left olfactory cortex (lolfac) for genuine disgust

516 and pretended disgust. We found the excitatory modulatory effect (green arrows) for both
517 conditions. All DCM parameters of the optimal model showed greater than or equal to a 90%
518 posterior probability ($pp > 0.75$, positive evidence). Paired sample *t*-test showed a stronger
519 excitatory modulatory effect of the lolfac-to-raInS connection for genuine disgust as compared to
520 pretended disgust (** $p < 0.001$). This result is highlighted with a green rectangular. Data are mean
521 \pm 95% CI. (C) The group-average DCM model of the raInS and the right olfactory cortex (rolfac) for
522 genuine disgust and pretended disgust. We found the excitatory modulatory effect (green arrows)
523 for both conditions. All DCM parameters of the optimal model showed greater than a 75% posterior
524 probability (positive evidence). Paired sample *t*-test showed no difference in the inhibitory
525 modulatory effect on the rolfac-to-raInS connection between genuine disgust and pretended disgust.
526 This result is highlighted with a green rectangular. Data are mean \pm 95% CI. For all DCM models,
527 values without the bracket quantify the strength of connections; positive values indicate neural
528 excitation and negative values indicate neural excitation. Values in the bracket indicate the posterior
529 probability of connections.

530

531 **Discussion**

532 Using a paradigm matched to our previously published study on pain (Zhao et al., 2021b), and in the
533 same sample and experimental session, we here report how participants responded to video clips
534 presenting people who supposedly either genuinely experienced disgust or merely pretended to feel
535 disgusted. Combining mass-univariate analysis with effective connectivity (DCM) analyses, we aimed
536 to clarify two main questions: 1) whether neural responses in areas such as aInS and aMCC to the
537 disgust of others were indeed related to a veridical sharing of affect, as opposed to simply tracking
538 sensory-driven responses to salient affective displays, and 2) whether the effective connectivity
539 between aInS and rSMG that we previously found to disentangle genuine pain from pretended pain
540 also enabled the dissociation of genuine disgust vs. pretended disgust.

541 We found increased activations in the right alns for genuine disgust as compared to pretended
542 disgust that was selectively associated with the unpleasantness in self. These findings are in line with
543 what we have found in pain (Zhao et al., 2021b), implying an essential role of alns in the processing
544 of shared feelings with others for both pain and disgust. However, an intriguing question is if the
545 alns activation we observed in these two aversive states reflects a form of cross-modal affective
546 processing, or rather modality-dependent affective experiences? A study using multi-voxel pattern
547 analysis (MVPA) has shown both cross-modal and modality-specific evidence in terms of the
548 subfields of alns for pain and disgust: in the left alns (and aMCC), the shared encoding was detected
549 for first-hand and vicarious pain and disgust, regardless of the same or different modality; while in
550 the right alns, sensory-specific rather than modality-independent patterns were more plausible for
551 processing first-hand and vicarious pain and disgust (Corradi-Dell'Acqua et al., 2016). Taken together,
552 the alns activation we found suggests the engagement of affective processing that was related to
553 others' pain and disgust, while future research that explicitly matches pain and disgust salience is
554 required to further investigate whether this activation indicates cross-modal or modality-dependent
555 affective experiences.

556 We found significant inhibitory modulatory effects on the connection of alns to rSMG for both
557 genuine and pretended disgust, but these effects did not differ significantly. This implies that we
558 only partially replicate the findings of the pain study: while we reproduce a role of the alns and
559 rSMG connectivity, their crosstalk does not explain the distinction between genuine and pretended
560 expressions of disgust, as is the case for pain (Zhao et al., 2021b). We speculate that the absence of
561 differences between two conditions in rSMG activation as well as the inhibitory modulatory effect
562 could be related to generally lower salience of aversive experiences in the disgust task compared to
563 that of pain. Further investigation is required to test this assumption.

564 Contrary to our expectations, we did not find any significant activation in rSMG for genuine disgust
565 as compared to pretended disgust; instead, we showed a relatively stronger engagement of the

566 primary olfactory cortex between conditions. As we mentioned beforehand, we did not target the
567 latter area when planning the study but later included it inspired by the exploratory analysis. The
568 (primary) olfactory cortex has been considered to mainly comprise the anterior olfactory nucleus,
569 the olfactory tubercle, piriform cortices, and subregions of amygdala and entorhinal cortex (Savic et
570 al., 2000; Tzourio-Mazoyer et al., 2002; G. Zhou et al., 2019). Studies have found that this region is
571 recruited not only for direct olfactory sensations but also for the indirect experience of olfactory
572 processing, such as odor imagery (Djordjevic et al., 2005; Bensafi et al., 2007) and odor prediction
573 (Zelano et al., 2011). Olfactory priming could facilitate the identification of the emotion of disgust
574 (Seubert et al., 2010a; Seubert et al., 2010b); in turn, priming with a disgusted face compared to a
575 happy face enhanced activation in the olfactory cortex when processing pleasant odors (Schulze et
576 al., 2017). These findings imply the engagement of the olfactory cortex in integrating olfactory
577 processes with visually conveyed affective information. Furthermore, the primary olfactory cortex
578 has been suggested to participate in processing the emotion of disgust, without necessarily
579 experiencing sensory-related disgust. Compared with healthy controls, patients with reduced
580 olfactory function (e.g., anosmia and hyposmia) have been found to identify less disgust for facial
581 expressions of disgust and show greater activations in the primary olfactory cortex, suggestive of a
582 compensatory effect, for disgusting scenes (Schienle et al., 2020). Altogether, the stronger
583 engagement of the olfactory cortex might be related to a higher level of identified disgust in others
584 when individuals observed others genuinely experiencing disgust compared with pretending
585 disgusted.

586 The exploratory DCM analysis of the right aIns and the left olfactory cortex demonstrated a stronger
587 excitatory modulatory effect on the olfactory cortex to aIns connection for genuine disgust as
588 opposed to pretended disgust. Studies from nonhuman primates and humans using tractography
589 have shown structural connections (for human: functional connectivity as well, see Deen et al., 2010)
590 between the olfactory cortex and a partial region of aIns (Mufson & Mesulam, 1982; Carmichael et
591 al., 1994; Ghaziri et al., 2015; Ghaziri et al., 2018). Specifically, as an important part of the secondary

592 olfactory cortex, alns is considered to engage in receiving and integrating the primary olfactory-
593 affective information conveyed by the primary olfactory cortex. Moreover, the external sensory and
594 affective messages seem to be already preprocessed in the primary olfactory cortex before they are
595 conveyed to the secondary cortices (Soudry et al., 2011, for review; Seubert et al., 2013, for meta-
596 analyses). Together with the evidence of higher brain activation in the right alns and left olfactory
597 cortex for genuine disgust compared to pretended disgust, we speculate that the increased
598 excitatory modulatory effect on the olfactory-to-alns connection may be related to the processing of
599 passing messages of higher disgust emotion identified in others to activations related to affect
600 processing, which may constitute the neural underpinning of the increased shared unpleasantness
601 with others. This idea would also be in line with the theoretical framework proposed by Coll et al.
602 (2017), that higher identified emotion in others contributes to stronger shared affect, and that the
603 fully-fledged empathic response may be an integrated consequence of (at least) these two processes.
604 We performed another DCM analysis between the right alns and the right olfactory cortex to test
605 whether lateralization of the olfactory cortex had a large impact on the reliability of the modulatory
606 effect we detected in DCM model with the left olfactory cortex. Results showed a very similar
607 pattern to the DCM model with the left olfactory cortex, in the sense of replicating the excitatory
608 modulatory effect on the connection of the olfactory cortex to alns for both conditions and absence
609 of any condition-dependent modulatory effect on the connection of the opposite direction. Even
610 though for this model we did not find a significant difference in the modulatory effects between
611 genuine disgust and pretended disgust, these results at least attest to the robustness of the
612 modulatory effect from the olfactory cortex, regardless of the left or right hemisphere, to the right
613 alns.

614 We found the excitatory modulatory effect for genuine disgust was positively related to individual
615 perspective-taking scores. This finding demonstrated that the connection of the olfactory cortex to
616 alns for genuine disgust was related to the tendency of adopting the psychological point of view of
617 others, which would finally contribute to the level of one's own affective responses to the emotion

618 felt by another person. This view is supported by the evidence that alns, especially the right alns, is
619 implicated in distinct neural patterns of representing self- and other-related aversive states for
620 disgust as well as pain (Corradi-Dell'Acqua et al., 2016). No association with any questionnaire was
621 found for pretended disgust. Taking all these results together, we would speculate that for the
622 genuine disgust condition, the olfactory cortex interacts with alns to achieve genuine identification
623 of disgust in others. This would call for a higher demand to take the other's perspective, and in this
624 way may contribute to the higher shared affect. For the pretended pain condition, sensory-driven
625 ("automatic") emotion processing induced by the saliency of disgust expression interacts with the
626 cognitive processes (i.e., knowing this person was merely acting out and did not feel any disgust at
627 all), resulting in both a low level of identified disgust and shared affect. In this case, it may be less
628 important to recruit the function of perspective-taking to share the emotions of others. However,
629 further investigation is required to test these interpretations.

630 In conclusion, the current study largely replicates, as well as expands our previously reported
631 findings on pain. Firstly, and similar to what we have shown for empathy for pain using the same
632 experimental approach and within the same study, we provide evidence that responses related to
633 empathy for disgust in alns can indeed be linked to the affective sharing rather than merely
634 perceptual saliency. Secondly, we show how alns and the olfactory cortex, instead of alns and rSMG
635 that we previously found in pain, orchestrate the tracking of disgust felt by another person. Taken
636 together, these findings indicate that similar as well as distinct brain networks are engaged in
637 processing different affective experiences, in this case pain and disgust, experienced by others. This
638 refines and expands our understanding of the neural bases of empathy, from a dynamic and multi-
639 modal perspective.

640

641

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