

1 **A global meta-analysis reveals higher variation in breeding** 2 **phenology in urban birds than in their non-urban neighbours**

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22 **Author contributions**

23 PC-L, MJT, DR, AC and DMD conceived the study. PC-L, AS-T, CJB and DMD performed the
24 literature search. PC-L extracted effect sizes from suitable published papers. MJT validated
25 effect size extraction. PC-L and YH performed all statistical analysis with advice from AS-T.
26 PC-L wrote the first draft of the manuscript with input from MJT, AS-T, DR, AC and DMD. All
27 authors read and revised the manuscript.

28 **Data availability**

29 All R scripts and datasets needed to reproduce the analyses presented in this paper are
30 available at: https://github.com/PabloCapilla/meta-analysis_variation_urban. Should the
31 manuscript be accepted, a DOI to this data repository will be provided.

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38

39 **Abstract**

40 Cities pose a major ecological challenge for wildlife worldwide. Phenotypic variation, which
41 can result from underlying genetic variation or plasticity, is an important metric to understand
42 eco-evolutionary responses to environmental change. Recent work suggests that urban
43 populations might have higher levels of phenotypic variation than non-urban counterparts.
44 This prediction, however, has never been tested across species nor over a broad geographical
45 range. Here, we conduct a meta-analysis of the avian literature to compare urban *versus* non-
46 urban means and variation in phenology (i.e., lay date) and reproductive effort (i.e., clutch
47 size, number of fledglings). First, we show that urban populations reproduce earlier and have
48 smaller broods than non-urban conspecifics. Second, we show that urban populations have
49 higher phenotypic variation in laying date than non-urban populations. This result arises from
50 differences between populations within breeding seasons, conceivably due to higher
51 landscape heterogeneity in urban habitats. These findings reveal a novel effect of urbanisation
52 on animal life-histories with potential implications for species adaptation to urban
53 environments (which will require further investigation). Higher variation in phenology in birds
54 subjected to urban disturbance could result from plastic responses to a heterogeneous
55 environment, or from higher genetic variation in phenology, possibly linked to higher
56 evolutionary potential.

57 Introduction

58 Humans have drastically changed environmental conditions on Earth, particularly since the
59 invention of agriculture during the Neolithic Revolution. The footprint of human activity is most
60 pronounced in urban environments, where microclimatic conditions, biogeochemical cycles
61 and sensory landscapes are considerably different from those in non-urban habitats (Grimm
62 *et al.* 2008). Perhaps not surprisingly, multiple shifts in animal and plant phenotypes have
63 been associated with the novel conditions and selective pressures found in cities (Hendry *et*
64 *al.* 2017). Indeed, numerous studies have reported divergent phenotypes between urban and
65 non-urban populations in phenological, morphological, behavioural and reproductive traits
66 (e.g., Alberti *et al.* 2017; Diamond *et al.* 2018; Campbell-Staton *et al.* 2020; reviewed in
67 Johnson & Munshi-South 2017; Lambert *et al.* 2020; Diamond & Martin 2021). Most studies
68 in urban ecology and evolution to date have focused on urban effects on *mean* phenotypes,
69 and no study has explicitly investigated how urbanisation affects phenotypic *variation*. The
70 extent to which populations can adapt to urban environments could be partly associated with
71 how urbanisation affects their phenotypic variation (Thompson *et al.* 2022). Phenotypic
72 variation is tightly linked to eco-evolutionary processes (Fusco 2001; Pavlicev *et al.* 2011): it
73 is an essential condition for current selection, it results from past selection pressures, and it
74 depends on gene flow and phenotypic plasticity. As such, assessing how urbanisation affects
75 phenotypic variation can help us understand the potential for future phenotypic changes in
76 urban environments and the eco-evolutionary implications of such changes (Thompson *et al.*
77 2022).

78

79 Recent single-species studies suggest that phenotypic variation could be affected by
80 urbanisation (Caizergues *et al.* 2018; Gorton *et al.* 2018; Thompson *et al.* 2022). For example,
81 in species with limited dispersal ability (i.e., whose dispersal occurs at a smaller scale than
82 the scale at which the urban habitat varies), adaptation to local conditions could increase
83 phenotypic variation within the urban matrix in heterogeneous urban environments. Findings

84 from urban and non-urban meta-populations of the common ragweed (*Ambrosia artemisiifolia*)
85 are consistent with this prediction as inter-population variation in several fitness proxies was
86 greater in urban compared to non-urban environments (Gorton *et al.* 2018). A meta-analysis
87 of selection strength found weaker selection occurring in human-disturbed populations
88 (Fugère & Hendry 2018; note that this analysis did not specifically test the effect of
89 urbanisation on selection strength and only included one study directly associated with
90 urbanisation), which if extrapolated to the urban context, could lead to higher phenotypic
91 variation in urban populations compared to their non-urban counterparts. Overall, these
92 studies converge with the notion that urban populations could display higher levels of
93 phenotypic variation due to several eco-evolutionary processes. These findings also highlight
94 that the extent to which urbanisation might impact phenotypic variation likely depends on the
95 interplay between the temporal and spatial scale at which environmental conditions fluctuate
96 in the urban habitat, as well as on the species' longevity and dispersal ability (Thompson *et*
97 *al.* 2022).

98
99 The temporal scale at which differences in phenotypic variation between urban and non-urban
100 habitats manifest can help us evaluate their ecological causes, and is likely to determine the
101 eco-evolutionary implications of increased phenotypic variation in urban habitats (Thompson
102 *et al.* 2022). First, urban populations could display higher phenotypic variation than non-urban
103 populations within a given breeding season (i.e., intra-annual variation; as a result, for
104 example, of consistent differences in landscape heterogeneity between habitats; Pickett *et al.*
105 2017). Second, urban populations could display higher phenotypic variation than non-urban
106 populations due to larger yearly fluctuations in environmental conditions (i.e., inter-annual
107 variation; if, for example, urban populations are more sensitive to changes in weather), with
108 or without intra-annual differences in phenotypic variation between urban and non-urban
109 populations. In the latter scenario, similar levels of phenotypic variation would be exposed to
110 natural selection in short-lived species (e.g., annual species).

111

112 Urban environments have been referred to as spatially more heterogeneous than non-urban
113 habitats of the same geographical area (Pickett *et al.* 2017). High urban habitat heterogeneity
114 could increase phenotypic variation compared to adjacent non-urban habitats if, for example,
115 urban organisms change their phenotype according to local environmental conditions (e.g.,
116 through either developmental or later-life phenotypic plasticity). The empirical assessment of
117 this idea, however, largely depends on the scale at which urban habitat heterogeneity is
118 measured, the spatial scale at which the organism of interest operates and the heterogeneity
119 of the non-urban habitat of reference (Pickett *et al.* 2017; Uchida *et al.* 2021). For example, a
120 megacity could be spatially heterogeneous, containing a diverse array of habitats (e.g.,
121 multiple urban parks with different ecological conditions, a varying level of impervious surface,
122 etc.), and, thus, be overall vastly more heterogeneous than a neighboring non-urban habitat.
123 However, species could reduce the range of environmental conditions that they experience
124 through matching habitat choice (e.g., Muñoz *et al.* 2014), limiting the potential effect of urban
125 habitat heterogeneity on phenotypic variation. Therefore, measuring habitat heterogeneity at
126 different spatial scales will be paramount to understand the potential association between
127 habitat heterogeneity and increased phenotypic variation in urban areas.

128

129 Here, we investigate how urbanisation impacts mean phenotypic values and phenotypic
130 variation using a meta-analysis of 399 paired urban and non-urban comparisons of avian life-
131 history traits (laying date, clutch size and number of fledglings) published between 1958 and
132 2020 including 35 bird species (Figure 1). We use paired within species urban – non-urban
133 comparisons to investigate the following questions: i) Is urbanisation associated with shifts in
134 mean life-history traits? ii) Is urbanisation associated with changes in variation in life-history
135 traits? iii) What is the temporal and spatial scale at which urbanisation correlates with changes
136 in phenotypic variation? Based on previous research (Chamberlain *et al.* 2009; Sepp *et al.*
137 2018), we predict that urban bird populations display on average earlier phenology, smaller
138 clutch size and lower number of fledglings than non-urban populations. We also predict
139 increased phenotypic variation in urban populations compared to non-urban populations for

140 all three traits examined (see above). We disentangle urban effects on phenotypic variation
141 across different temporal and spatial scales, suggesting an ecological mechanism for the
142 effects of urbanisation on avian phenotypic variation. This study provides, for the first time,
143 meta-analytical evidence that urban conditions can magnify phenotypic variation in phenology
144 and highlights the potential role of increased habitat heterogeneity in urban areas as an
145 ecological mechanism underlying this effect.

146

147 **Material and methods**

148 **Literature review**

149 We began our literature search by inspecting two published reviews on the impact of
150 urbanisation on avian biology (Chamberlain *et al.* 2009; Sepp *et al.* 2018). As we were
151 interested in how phenology and reproduction were affected by urbanisation, we identified
152 studies cited in Chamberlain *et al.* (2009) (n = 37) and Sepp *et al.* (2018) (n = 32) that could
153 contain either raw data, or mean and variance estimates for first clutch laying initiation
154 (hereafter laying date), clutch size and number of nestlings fledged per breeding attempt
155 (hereafter number of fledglings), for paired urban and non-urban populations (see details
156 below). Then, we performed four searches of the Web of Science Core Collection on the 27th
157 of October 2020 (databases covered: SCI-EXPANDED – 1900-present, SSCI – 1956-present,
158 A&HCI – 1975-present, BKCI-S – 2005-present, BKCI-SSH – 2005-present and ESCI – 2015-
159 present) to recover studies published since 1900 and including all languages and all document
160 types. We performed the following four searches on the Web of Science Core Collection: **(1)**
161 TS=("urban*" AND ("bird*" OR "aves" OR "avian" OR "ornithol*" OR "passerine*" OR
162 "passeriform*" OR "songbird*" OR *list of bird genera*) AND ("laying date" OR "lay date" OR
163 "first egg" OR "clutch size" OR "eggs laid" OR "number of eggs" OR "fledgling*" OR "fledging"
164 OR "reproductive success" OR "fitness")); **(2)** TS=("urban*" AND "bird" AND "laying date"); **(3)**
165 TS=("urban*" AND "bird" AND "clutch size"); **(4)** TS=("urban*" AND "bird" AND "fledglings").
166 The *list of avian genera* in the first search string consisted of a list of all avian genera and can

167 be found in Supplementary text D (see also acknowledgements). We complemented the
168 search on the Web of Science Core Collection by searching Scopus using search string '(1)
169 above (Scopus field 'TITLE-ABS-KEY'). Both literature searches, on the Web of Science Core
170 Collection and Scopus, included studies published before the 27th of October 2020. We used
171 the literature search results in these two major search engines to assess the
172 comprehensiveness of our search (see Supplementary Text A for details). These searches
173 found 892, 71, 198, 167 (on the Web of Science Core Collection) and 735 (on Scopus) studies,
174 respectively, which we combined with the studies identified from Chamberlain *et al.* (2009)
175 and Sepp *et al.* (2018) to create a list of 2,132 (non-unique) studies (Figure S1). We then de-
176 duplicated this list using the R package 'revtools' (using exact matching of study titles in
177 function 'find_duplicates', v0.4.1; Westgate 2019) and by manually inspecting all titles and
178 author lists. Our final list contained 1,166 unique studies (Figure S1), which we screened by
179 reading their title and abstract (this first screening step was made by PC-L, CJB and DMD). If
180 the title and/or abstract indicated that the paper could fit our requirements for data collection
181 (see below), we read the study fully, aiming to extract mean, standard deviation (SD) and
182 sample size (n) of our life-history traits of interest for urban and non-urban bird populations. If
183 SD was not available but authors provided SE, the former was calculated as: $SD = SE \times \sqrt{n}$.
184 Mean and SD were extracted from data quartiles and medians in four effect sizes from two
185 studies following (Luo *et al.* 2016; Shi *et al.* 2020). When available, we extracted estimates
186 per breeding season (i.e., papers sometimes reported mean, SD and n for urban and non-
187 urban populations in multiple breeding seasons). If a study reported incomplete information
188 for inclusion in our meta-analysis (e.g., mean was provided but not SD or SE), we contacted
189 the authors to ask for this missing information (a complete list of authors that provided
190 estimates can be found in the acknowledgements).

191

192 **Criteria for inclusion**

193 We were interested in investigating the effects of urbanisation on life-history traits, with an
194 interest in testing the association between urbanisation and, mean and variation in trait values.

195 Paired urban – non-urban designs, where an urban population is compared to an adjacent
196 non-urban population, are a powerful approach to identify the effects of urban living while
197 controlling for temporal and geographical variation, and large-scale genetic structure among
198 populations (Caizergues *et al.* 2021; Salmón *et al.* 2021). Therefore, we included studies if
199 they compared geographically close (i.e., paired) urban and non-urban populations and
200 reported laying date of the first clutches of the season, clutch size or number of fledglings for
201 the same breeding season across both habitats. When multiple populations were compared
202 along a gradient of urbanisation, we extracted estimates for the two populations at the
203 extremes of the gradient (i.e., most and least urbanised populations). When studies combined
204 estimates across several breeding seasons, we included them in our meta-analysis if urban
205 and non-urban populations had been sampled in the same breeding seasons. All effect sizes
206 were extracted by one author (PC-L). To validate data extraction, another author (MJT)
207 checked 15% of the studies included in the meta-analysis, comprising 55 effect sizes (17.80%
208 of the final data set; Supplementary Text B).

209

210 Initially, our dataset contained 443 paired urban – non-urban estimates from 40 bird species
211 and 74 studies. Of these, three observations were removed due to missing sample sizes, 26
212 observations were removed due to missing SD and 11 observations were removed because
213 their sample size was one (which precludes the calculation of mean and SD). Four
214 observations were removed because they reported a SD of zero (these indeed had very low
215 sample sizes: 3, 2, 7, 2 observations). Our final dataset included 399 comparisons between
216 paired urban – non-urban populations from 35 bird species and 68 studies (Figure 1; refs.:
217 Middleton 1979; Schmidt & Steinbach 1983; Dhondt *et al.* 1984; Eden 1985; Stout *et al.* 1998;
218 Boal & Mannan 1999; MCGowan 2001; Schoech & Bowman 2001; Solonen 2001, 2014;
219 Antonov & Atanasova 2003; Rollinson & Jones 2003; Liven-Schulman *et al.* 2004; Millsap *et*
220 *al.* 2004; Sharma *et al.* 2004; Beck & Heinsohn 2006; Conway *et al.* 2006; Mennechez &
221 Clergeau 2006; Charter *et al.* 2007; Isaksson & Andersson 2007; Kelleher & O'Halloran 2007;
222 Schoech *et al.* 2007; Hinsley *et al.* 2008; Isaksson *et al.* 2008; Newhouse *et al.* 2008; Solonen

223 & Ursin 2008; Berardelli *et al.* 2010; Ibáñez-Álamo & Soler 2010; Shustack & Rodewald 2011;
224 Seress *et al.* 2012, 2018, 2020; Stracey & Robinson 2012; Brahmia *et al.* 2013; Cardilini *et al.*
225 2013; Morrissey *et al.* 2014; Sumasgutner *et al.* 2014; Gahbauer *et al.* 2015; Gładalski *et al.*
226 2015, 2016b, a, 2017, 2018; Lin *et al.* 2015; Wawyrzyniak *et al.* 2015; Bailly *et al.* 2016; Minias
227 2016; Perlut *et al.* 2016; Biard *et al.* 2017; Capilla-Lasheras *et al.* 2017; Kopij 2017; Lee *et al.*
228 2017; Pollock *et al.* 2017; Preiszner *et al.* 2017; Thornton *et al.* 2017; Bobek *et al.* 2018;
229 Caizergues *et al.* 2018; Gryz & Krauze-Gryz 2018; de Satgé *et al.* 2019; Hajdasz *et al.* 2019;
230 Kettel *et al.* 2019; Rosenfield *et al.* 2019; Welch-Acosta *et al.* 2019; Baldan & Ouyang 2020;
231 Evans & Gawlik 2020; Jarrett *et al.* 2020; Luna *et al.* 2020; Partecke *et al.* 2020). Of these 399
232 comparisons, 151 corresponded to comparisons of laying date (n = 32 studies), 119 were
233 comparisons of clutch size (n = 42 studies) and 129 were comparisons of number of fledglings
234 (n = 48 studies) (Figure S2). Last, there were 363 comparisons for single years (n = 47 studies)
235 and an additional 36 comparisons included estimates across multiple years (n = 21 studies).

236

237 **Meta-analytic effect sizes**

238 We standardised laying date across studies by coding it as the number of days after the 1st of
239 January (January 1st = 1). Mean laying date estimates across habitats always fell within the
240 same calendar year. For each of the three life-history traits, we computed the log response
241 ratio (lnRR) and the log coefficient of variation ratio (lnCVR) to investigate differences in mean
242 values and variability between urban and non-urban populations (Hedges *et al.* 1999;
243 Nakagawa *et al.* 2015; Senior *et al.* 2020). We calculated lnRR and lnCVR along with their
244 associated sampling variances (Nakagawa *et al.* 2015) using the R function 'escalc' in the
245 'metafor' R package (v3.4.0; Viechtbauer 2010). Both lnRR and lnCVR were calculated so that
246 positive values meant higher estimates in urban populations compared to their non-urban
247 counterparts. Often mean and variance values are positively associated (e.g., Taylor's Law;
248 (Nakagawa & Schielzeth 2013; Cohen & Xu 2015). Therefore, we chose lnCVR over lnVR
249 (i.e., log total variation ratio; Nakagawa *et al.* 2015) as the former accounts for the mean–
250 variance relationship (Nakagawa *et al.* 2015; Senior *et al.* 2020). However, we carried out

251 sensitivity analysis using, among others, the log total variation ratio (section ‘Sensitivity
252 analyses’).

253

254 **Quantifying habitat heterogeneity and urban index**

255 We calculated habitat heterogeneity from the 3CS LC (Copernicus Climate Change Service
256 Land Cover) and the ESA-CCI LC (European Space Agency-Climate Change Initiative Land
257 Cover) land cover products (ESA. Land Cover CCI Product User Guide 2017; ESA. 3CS Land
258 Cover Product User Guide 2020). These datasets provide methodologically consistent land
259 cover per year and gridded maps from 1992 to 2019, with a global coverage and a spatial
260 resolution of circa 300 m per pixel (0.002778° or 10 arcseconds). Each pixel in the products
261 is classified as one of the 22 land cover categories defined by the UN-FAO-LCCS (United
262 Nations Food and Agriculture Organization Land Cover Classification System). From a subset
263 of studies included in our main meta-analysis, we could extract the coordinates of their urban
264 and non-urban populations (26 studies out of 68 provided accurate coordinates of their urban
265 and non-urban populations). Then, we sampled the landscape of every study by extracting the
266 number of pixels belonging to each land cover category around each urban and non-urban
267 location (i.e., within a circular buffer around each location). The extraction was performed for
268 several buffer radii from 250 m to 5000 m in intervals of 250 m. Landscape heterogeneity was
269 calculated as the effective number of land covers present in each buffer and computed as the
270 exponential of the Shannon-Wiener diversity index (i.e., Hill’s numbers for $q = 1$) (Hill 1973;
271 Chao *et al.* 2014), resulting into a measure that not only accounts for the absolute richness of
272 land cover categories but also weights in the relative abundance of each category. An urban
273 index was calculated as the proportion of each buffer area categorized as an ‘urban’ land
274 cover type. Land cover data were processed and analysed using R (v.4.2.0; R Core Team
275 2022). Geospatial vectorial operations were conducted utilising the ‘sf’ R package (v.1.0-7;
276 Pebesma 2018) while raster extractions were performed with the ‘raster’ R package (v.3.5-15;
277 Hijmans 2020). All geospatial analyses were performed in the WSG 1984 projected
278 Coordinate Reference Systems, EPSG: 6326. Additionally, we calculated the distance

279 between each urban and non-urban pair of populations using the function '*pointDistance*' in
280 the R package 'raster'. We could retrieve location information for 232 urban *versus* non-urban
281 comparisons for laying date, clutch size and number of fledglings, from 11 species and 26
282 studies between 1992 and 2017 (land cover data were not available before 1992; see above).

283

284 **Meta-analyses**

285 We handled the datasets, ran all analyses and produced visualisations using R (v.4.2.0; R
286 Core Team 2022). To evaluate the effect of urbanisation on bird life-history traits, we fitted
287 phylogenetic multilevel (intercept-only) meta-analyses for each response term (i.e., lnRR
288 [Model 1] and lnCVR [Model 3]; Table 1) combining the three life-history traits (i.e., laying date,
289 clutch size and number of fledglings; we also fitted models that separated variation between
290 these traits; see below; Table 1). Both meta-analytic models estimated four random intercept
291 effects, publication identity (i.e., among-study variation), population identity (i.e., in several
292 cases, we found multiple studies from the same urban - non-urban populations pairs),
293 phylogeny (more details below), species identity (i.e., among-species variation not explained
294 by phylogeny), and an observation ID term. For the intercept-only models, we estimated total
295 heterogeneity (I^2) following Nakagawa & Santos (2012) and Senior et al. (2016b) as
296 implemented in the R function '*i2_ml*' ('orchaRd' R package v.0.0.0.9000; Nakagawa et al.
297 2021).

298

299 **Phylogenies**

300 Phylogenetic trees were extracted from the Open Tree of Life (Hinchliff *et al.* 2015; Rees &
301 Cranston 2017), using the interface provided by the R package 'rotl' (v3.0.12; Michonneau *et*
302 *al.* 2016; OpenTreeOfLife *et al.* 2019). We calculated tree branch length (Grafen 1989) and
303 generated a phylogenetic correlation matrix to include in all our phylogenetic multilevel meta-
304 analytic models (Figure 1). We assessed the phylogenetic signal in our meta-analysis based
305 on the proportion of variation explained by the phylogeny ($I^2_{\text{phylogeny}}$; Cinar et al. 2022).

306

307 **Modelling heterogeneous variances and correlations among traits**

308 Laying date, clutch size and number of fledglings are often correlated in bird species (Rowe
 309 *et al.* 1994; Dunn & Møller 2014). To assess whether urbanisation is associated with correlated
 310 responses across life-history traits and to test the robustness of our results to the existence of
 311 these correlations, we built trivariate meta-analytic models of lnRR and lnCVR that allowed us
 312 to simultaneously estimate trait-specific means (i.e., one intercept for each trait – Equation 1),
 313 trait-specific observation ID variances (i.e., one observation ID variance for each trait –
 314 Equation 1 & Equation 2) and trait-specific among-study variances and correlation among
 315 traits (Equation 1 & Equation 3). Including the random-effects detailed above, our model with
 316 heterogeneous variances and among-study correlations among traits can be written as: (we
 317 have omitted the term associated with sampling variance for simplicity – see Nakagawa *et al.*
 318 (2015) for more details)

$$319 \quad y_i = \begin{bmatrix} \mu_{LD} \\ \mu_{CS} \\ \mu_{NF} \end{bmatrix} + \begin{bmatrix} \varepsilon_{i-LD} \\ \varepsilon_{i-CS} \\ \varepsilon_{i-NF} \end{bmatrix} + \begin{bmatrix} \tau_{t-LD} \\ \tau_{t-CS} \\ \tau_{t-NF} \end{bmatrix} + v_y + a_l + h_w \text{ (Equation 1)}$$

320

$$321 \quad \begin{matrix} \varepsilon_{i-LD} \\ \varepsilon_{i-CS} \\ \varepsilon_{i-NF} \end{matrix} \sim N\left(\begin{bmatrix} 0 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_{\varepsilon-LD}^2 \\ \sigma_{\varepsilon-CS}^2 \\ \sigma_{\varepsilon-NF}^2 \end{bmatrix} \right) \text{ (Equation 2)}$$

322

$$323 \quad \begin{matrix} \tau_{t-LD} \\ \tau_{t-CS} \\ \tau_{t-NF} \end{matrix} \sim N\left(\begin{bmatrix} 0 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_{t-LD}^2 & \rho_{LD-CS} \sigma_{t-LD} \sigma_{t-CS} & \rho_{LD-NF} \sigma_{t-LD} \sigma_{t-NF} \\ & \sigma_{t-CS}^2 & \rho_{CS-NF} \sigma_{t-CS} \sigma_{t-NF} \\ & & \sigma_{t-NF}^2 \end{bmatrix} \right) \text{ (Equation 3)}$$

324

$$325 \quad v_y \sim N(0, \sigma_v^2) \text{ (Equation 4)}$$

326

$$327 \quad a_l \sim N(0, A\sigma_a^2) \text{ (Equation 5)}$$

328

$$329 \quad h_w \sim N(0, \sigma_h^2) \text{ (Equation 6)}$$

330

331 Where y_i is the statistic of interest (lnRR or lnCVR) for the i th effect size ($i = 1, 2, 3, \dots, k$; where
332 k is the number of the effect sizes included in the analysis - i.e., number of urban – non-urban
333 paired comparisons). ‘LD’, ‘CS’, ‘NF’ refer to overall means (μ), variances (σ^2) and correlations
334 (ρ) involving effect sizes for laying date (‘LD’), clutch size (‘CS’) and number of fledglings
335 (‘NF’). ε_i is the observation ID deviation for the i th observation, which is assumed to follow a
336 normal distribution with mean zero and variance $\sigma_{\varepsilon-LD}^2$, $\sigma_{\varepsilon-CS}^2$, $\sigma_{\varepsilon-NF}^2$ for laying date, clutch size
337 and number of fledglings, respectively. τ_{t-LD} , τ_{t-CS} , and τ_{t-NF} are the deviations from the
338 mean associated with the t th study and trait (‘LD’, ‘CS’, or ‘NF’), each following a multivariate
339 normal distribution with mean of zero and variance-covariance structure detailed in Equation
340 5 (p provides the correlations between τ_{t-LD} , τ_{t-CS} , and τ_{t-NF}). v_y provides the deviation from
341 the overall mean associated with the y th population (Equation 4). a_l is the phylogenetic effect
342 for the l th species, which follows a normal distribution with mean equal to zero and variance-
343 covariance structure given by σ_a^2 , the variance of the phylogenetic effect, and A , a l by l matrix
344 of distances between species calculated from a phylogenetic tree (Equation 5; details above).
345 h_w captures among species variation not explained by the phylogenetic effect and follows a
346 normal distribution around zero and variance σ_h^2 (Equation 6).

347

348 We compared models with different constraints in the parameters of the variance-covariance
349 structure in Equation 3 to assess the strength of evidence for heterogeneous variances and
350 correlations among traits (see results in Tables S2 and S4). We fitted these trivariate meta-
351 analytic models in the ‘metafor’ R package (‘*rma.mv*’ function; v3.4.0; Viechtbauer 2010) using
352 maximum likelihood and compared models using AIC (Akaike Information Criterion; Burnham
353 et al. 2011). We then calculated a Δ AIC value for each model (i.e., the difference in AIC
354 between a given model and the model with the lowest AIC) and used this value to assess the
355 strength of evidence for a given variance-covariance structure. We fitted models with the
356 following constraints in the variance-covariance structure:

357 (i) Single variance across traits and zero covariances:

358 $\sigma_{t-LD}^2 = \sigma_{t-CS}^2 = \sigma_{t-NF}^2$; and all $p = 0$

359 (ii) Compound symmetric variance-covariance matrix:

360 $\sigma_{t-LD}^2 = \sigma_{t-CS}^2 = \sigma_{t-NF}^2$; and $p_{LD-CS} = p_{LD-NF} = p_{CS-NF}$

361 (iii) Heteroscedastic compound symmetric variance-covariance matrix:

362 $\sigma_{t-LD}^2, \sigma_{t-CS}^2$ and σ_{t-NF}^2 can vary freely but $p_{LD-CS} = p_{LD-NF} = p_{CS-NF}$

363 (iv) Diagonal variance-covariance matrix:

364 $\sigma_{t-LD}^2, \sigma_{t-CS}^2$ and σ_{t-NF}^2 can vary freely but all $p = 0$

365 (v) Unstructured variance-covariance matrix

366 $\sigma_{t-LD}^2, \sigma_{t-CS}^2, \sigma_{t-NF}^2, p_{LD-CS}, p_{LD-NF}$ and p_{CS-NF} can vary freely

367

368 **Within- and between-breeding season differences in phenology and life-history traits**

369 Urban and non-urban populations may differ in both within- and between-breeding season
370 variation in life-history traits. However, differences in variation for these two temporal scales
371 are likely generated by contrasting ecological and evolutionary processes. To disentangle
372 processes operating at these two temporal scales, we performed additional meta-analyses
373 including i) urban – non-urban comparisons within breeding seasons ($k = 363$ comparisons
374 from 47 studies in the original dataset with effect sizes per year; Model 5) and ii) urban – non-
375 urban comparisons between breeding seasons (i.e., combining all within-breeding season
376 estimates from a study; $k = 36$ comparisons present in the original data set, plus 67 additional
377 comparison calculated from within-breeding season estimates; see below). When a given
378 study reported estimates across multiple breeding seasons, we calculated between-breeding
379 season mean and variance as:

380

381 $\bar{x}_{among-season} = \sum_{i=1}^g \bar{x}_i \frac{n_i}{N}$; where, $N = \sum_{i=1}^g n_i$ (Equation 7)

382

383 $S_{among-season}^2 = \sum_{i=1}^g \frac{n_i}{N} S_i^2 + \sum_{i=1}^g \frac{n_i}{N} (\bar{x}_i - \bar{x}_{among-season})^2$ (Equation 8)

384

385 Where, $\bar{x}_{among-season}$ and $S^2_{among-season}$ are mean and variance across multiple breeding
386 seasons. g is the total number of breeding seasons reported by a given study; \bar{x}_i , s_i^2 , n_i , are
387 mean, variance and sample size for each breeding season i . $\bar{x}_{among-season}$ for a given study
388 is, therefore, the weighted average across breeding seasons (Equation 7); whereas
389 $S^2_{among-season}$ for a given study is the weighted sum of within-season variances (first term in
390 Equation 8) and between-season mean variances (second term in Equation 8).

391

392 **Assessing the effect of urbanisation and habitat heterogeneity on differences in** 393 **phenotypic variation between habitats**

394 We investigated the spatial drivers of differences in phenotypic variation between urban and
395 non-urban populations using the subset of studies which allowed the quantification of an urban
396 index in urban and non-urban populations (see above). We first verified that the urban index
397 was indeed higher for urban than for non-urban populations. We compared the urban index in
398 urban and non-urban populations at different spatial scales via linear models, with the
399 difference in urban index between population as the response variable and an intercept term.
400 Then, to assess whether the increase in phenotypic variation in urban habitats was predicted
401 by habitat heterogeneity and/or urban index, we ran an additional meta-regression to explain
402 differences in phenotypic variation between urban and non-urban populations (i.e., lnCVR),
403 where the difference in habitat heterogeneity and urban index between urban and non-urban
404 populations were included as continuous moderators. This meta-regression included 232
405 urban – non-urban comparisons from 11 species and 26 studies (i.e., the subset of
406 observations after 1992 for which geolocations were available).

407

408 **Sensitivity analyses**

409 We assessed the robustness of our results with several complementary analyses. First, we
410 re-ran the trivariate lnRR model (Model 2; Table 1) using Hedges' g (Hedges 1981) with
411 heteroscedastic population variances as the response variable (Table 1; Model 8; i.e., 'SMDH',

412 calculated using the R function 'escalc' in the 'metafor' R package (v3.4.0; Viechtbauer 2010)).
413 In addition, we assessed the robustness of the lnCVR results by re-running the trivariate
414 lnCVR model (Model 4; Table 1) using lnVR as the response variable (i.e., the logarithm of
415 the total variation ratio; Nakagawa et al. 2015; Model 9; Table 1). Last, we used an alternative
416 approach that directly models the log of the phenotypic standard deviation (lnSD) to assess
417 differences in phenotypic variation between urban and non-urban populations (Eq. 18 in
418 Nakagawa et al. (2015); Model 10; Table 1). We followed the model specification shown in
419 Senior et al. (2016a), in short:

420

$$421 \quad \ln SD_j = \beta_0 + \beta_1 \text{Habitat}_j + \beta_2 \ln \overline{\text{Mean}}_j + \tau_{i[j]} + v_y + a_l + h_w \text{ (Equation 9)}$$

422

423 Where β_0 is the overall intercept, β_1 is the habitat effect on lnSD (i.e., a β_1 statistically different
424 from zero would indicate that urban and non-urban populations differ in their phenotypic
425 variation) and β_2 is the slope of the regression of (log) mean values against (log) standard
426 deviations, which is explicitly modelled. v_y , a_l and h_w are as per Equation 1. $\tau_{i[j]}$ is the random
427 effect for the j th effect size in the i th study. Within each study effect sizes across habitats are
428 assumed to be correlated; this correlation is calculated by the model (Senior *et al.* 2016a). We
429 applied the model in Equation 9 for each trait independently (i.e., three univariate models, one
430 per trait).

431

432 **Publication bias**

433 We assessed the evidence for the existence of two types of publication biases, small-study
434 and decline effects (time-lag effects), following Nakagawa et al. (2022). For that, we ran four
435 additional uni-moderator multilevel meta-analytic models, two for lnRR and two lnCVR. Each
436 of these models included as a single moderator either the square-root of the inverse of the
437 effective sample size or the mean-centered year of study publication (Trikalinos & Ioannidis
438 2005; Nakagawa *et al.* 2022). The variation explained by these moderators (i.e., R^2_{marginal}) was

439 calculated using the R function 'r2_ml' ('orchaRd' R package v.0.0.0.9000; Nakagawa et al.
440 2021).

441

442 **Results**

443 After systematically inspecting 1,166 studies published between 1958 and 2020 (Figure S1),
444 our meta-analysis included 399 urban – non-urban comparisons for three bird life-history traits:
445 laying date (k = 151 effect sizes, n = 32 studies), clutch size (k = 119 effect sizes, n = 42
446 studies) and number of fledglings (k = 129 effect sizes, n = 48 studies) (Figure 1). This dataset
447 included 35 bird species, with most studies located in the northern hemisphere (Figure 1c).

448

449 **i) Is urbanisation associated with shifts in mean life-history traits?**

450 We found that urban populations tended to have, on average, 3.6% lower mean values than
451 their non-urban counterparts, but note that the 95% confidence interval (hereafter 'CI') for this
452 estimate overlapped zero (Model 1: lnRR mean estimate [95% CI] = -0.035 [-0.076,0.005];
453 Figure S3; Table S1). Total heterogeneity was high ($I^2_{\text{total}} = 97.8\%$), with 17.2% of it explained
454 by phylogenetic and species-specific effects combined ($I^2_{\text{phylogeny}} = 1.7\%$; $I^2_{\text{species ID}} = 15.5\%$),
455 while 8.4% was explained by differences among studies (Table S1). Further analyses
456 calculating urban effects per trait and accounting for potential covariation in the response to
457 urbanisation across the three focal traits (i.e., using a model with an unstructured variance-
458 covariance matrix; see Methods and Table S2) confirmed that urban populations had indeed
459 lower mean values in every life-history trait: urban populations laid their eggs earlier (Model 2:
460 lnRR [95% CI] = -0.048 [-0.084, -0.012]; Figure 2a), laid smaller clutches (Model 2: lnRR [95%
461 CI] = -0.066 [-0.107, -0.025]; Figure 2a), and tended to produce fewer fledglings per clutch
462 than non-urban populations (Model 2: lnRR [95% CI] = -0.070 [-0.171, 0.032]; Figure 2a). This
463 meta-analytic model estimated different random effect intercepts per trait and allowed for
464 correlations across traits (Model 2; see Methods for details). This model revealed correlations
465 in the response to urbanisation across traits: studies reporting earlier laying date in urban

466 populations also reported more similar clutch size and number of fledglings between
467 populations (i.e., negative correlations between lnRR for laying dates and clutch size; Figure
468 3a & 3b). Likewise, studies reporting large differences in clutch size between urban and non-
469 urban populations also reported large differences between both habitats in number of
470 fledglings (Figure 3c; see 'Study ID (correlations)' in Table S3; i.e., correlations among studies
471 in the values of lnRR for each trait).

472

473 **ii) Is urbanisation associated with changes in variation in life-history traits?**

474 The coefficient of phenotypic variation in urban populations was, on average, 4.4% higher than
475 in non-urban populations, but note that the 95%CI for this estimate overlapped zero (Model 3:
476 lnCVR mean estimate [95% CI] = 0.043 [-0.092, 0.178]; $R^2_{\text{total}} = 74.3\%$; Figure S5 and Table
477 S1). 9.1% of the heterogeneity in lnCVR was explained by phylogenetic and species-specific
478 effects combined ($R^2_{\text{phylogeny}} = 5.8\%$; $R^2_{\text{species ID}} = 3.3\%$), while differences between studies
479 explained no heterogeneity in lnCVR ($R^2_{\text{study ID}} = 0.0\%$; Table S1). A subsequent model of
480 lnCVR separating urban effects on phenotypic variation per trait and accounting for potential
481 covariation across the three investigated traits in the response to urbanisation (see Methods
482 and Table S4) revealed that the overall effect of urbanisation on life-history trait variation was
483 driven by urban populations having a more variable phenology than their non-urban
484 counterparts (Model 4: lnCVR mean for laying date [95% CI] = 0.176 [0.084, 0.268], i.e., 19.2%
485 more variation, on average, in laying date in urban than non-urban populations). Although the
486 95%CIs overlapped zero, the direction of the average effects for clutch size and number of
487 fledglings also reflected higher phenotypic variation in urban compared to non-urban
488 populations (Model 4: lnCVR mean estimates [95% CI]: clutch size = 0.055 [-0.051, 0.160],
489 number of fledglings = 0.037 [-0.096, 0.171]; Figure 2b). We did not find evidence for
490 correlations in lnCVR between the three life-history traits (Figure 3; the model including
491 correlations among traits scored more than 1.08 AIC points below the top model, which only
492 included independent Study ID random intercepts per trait [Model 4]; Table S4; Table S5).

493

494 **iii) What is the temporal and spatial scale at which urbanisation affects phenotypic**
495 **variation?**

496 Differences in phenotypic variation in laying date between the urban and non-urban
497 populations arose from differences in variation within breeding seasons (i.e., intra-annual)
498 rather than between breeding seasons (i.e., inter-annual; Table 2). While laying dates in urban
499 populations were more variable than in non-urban populations within breeding seasons (Model
500 5: InCVR mean estimate [95% CI] = 0.177 [0.078, 0.281]; Table 2), a subsequent meta-analytic
501 model isolating effects on phenotypic variation arising from between breeding season
502 fluctuations revealed no difference between urban and non-urban populations (Model 6:
503 InCVR intercept mean [95% CI] = 0.074 [-0.014, 0.161]; Table 2). The sample size for this
504 latter meta-analysis was almost four times smaller than for the meta-analysis of within
505 breeding season differences in variation; however, the InCVR estimates were very different
506 between these models: the mean InCVR within breeding seasons was more than 2.4 times
507 larger than the mean InCVR among breeding seasons (Table 2).

508
509 Furthermore, to assess whether urbanisation and/or habitat heterogeneity could explain
510 increased phenotypic variation in urban bird populations, we investigated the extent to which
511 our quantification of urban index and habitat heterogeneity predicted differences in phenotypic
512 variation across populations. First, we confirmed that the urban populations included in our
513 meta-analysis showed higher levels of urbanisation than paired non-urban populations
514 regardless of the spatial scale used (urban index in urban population \pm SE = 0.669 ± 0.047 ;
515 urban index in non-urban population \pm SE = 0.021 ± 0.007 ; at a spatial scale of 2000 m in both
516 cases for reference; Figure 4a). Including the difference in urban index and habitat
517 heterogeneity between paired urban and non-urban populations as a moderator in a meta-
518 regression revealed that the more heterogeneous the urban habitat was, the larger the
519 phenotypic variation in this habitat compared to the non-urban habitat; this effect was
520 particularly strong at medium-large spatial scales (Figure 4c). Differences in urban index
521 between populations did not strongly explain variation in InCVR (Figure 4b). Urban and non-

522 urban populations in each studied pair were located at a mean distance of 65.4 km (median =
523 33.1 km; range = [2.4 km, 625.1 km]; n = 26 geo-referenced studies).

524

525 **iv) Sensitivity analyses and assessment of publication bias**

526 In line with our main analysis of $\ln RR$ (Table S3), using SMDH as the effect size provided
527 negative estimates (i.e., lower phenotypic means in urban populations) for laying dates (SMDH
528 mean estimate [95% CI] = -0.298 [-0.634, 0.039]), clutch size (SMDH mean estimate [95% CI]
529 = -0.145 [-0.420, 0.130]) and number of fledglings (SMDH mean estimate [95% CI] = -0.022
530 [-0.298, 0.254]) (Model 8 in Table 1). Uncertainty around mean SMDH estimates was high and
531 the 95% CIs overlapped zero. Analysing $\ln VR$ instead of $\ln CVR$ provided further evidence for
532 increased phenotypic variation in urban populations, particularly for phenology (Model 9 in
533 Table 1): the mean $\ln VR$ estimate for laying date was positive and statistically different from
534 zero ($\ln VR$ mean estimate for laying date [95% CI] = 0.158 [0.069, 0.247]). As in our $\ln CVR$,
535 $\ln VR$ mean estimates for clutch size and number of fledglings were close to zero ($\ln VR$ mean
536 estimate for clutch size [95% CI] = -0.012 [-0.110, 0.056]; $\ln VR$ mean estimate for number of
537 fledglings [95% CI] = -0.034 [-0.120, 0.052]). Additionally, the arm-based model of $\ln SD$ for
538 laying date (Model 10 in Table 1) revealed a positive 'urban' effect on $\ln SD$: urban populations
539 had $\ln SD$ values 0.197 higher than non-urban populations (i.e., β_1 in Equation 9; 95%CI =
540 [0.122, 0.272]). Laying date (log) mean phenotypic values were positively correlated with $\ln SD$
541 (i.e., β_2 in Equation 9; estimate [95%CI] = 0.416 [0.068, 0.764]). The arm-based models of
542 clutch size and number of fledglings confirmed correlations between $\ln Mean$ and $\ln SD$ (β_2 in
543 Equation 9 for clutch size, estimate [95%CI] = 0.326 [0.070, 0.582]; for number of fledglings,
544 estimate [95%CI] = 0.231 [0.155, 0.307]), but did not provide evidence for urban effects on
545 phenotypic variation in clutch size or number of fledglings (β_1 in Equation 9 for clutch size,
546 estimate [95%CI] = 0.020 [-0.079, 0.119]; for number of fledglings, estimate [95%CI] = -0.017
547 [-0.099, 0.065]). We did not find evidence of publication bias in $\ln RR$ or $\ln CVR$ (Supplementary
548 Text C).

549 Discussion

550 We compiled a global dataset of bird life-history traits for paired urban and non-urban
551 populations of the same species to assess how urban living is related to changes in phenotypic
552 means and variation for breeding phenology, reproductive effort, and reproductive success. A
553 phylogenetically controlled multilevel meta-analysis of this dataset confirms a well-
554 documented effect of urbanisation on mean phenotypes: urban bird populations lay earlier and
555 smaller clutches than their non-urban counterparts. This model, however, also reveals
556 correlated responses to urbanisation across life-history traits: e.g., the earlier the laying date
557 in urban populations, the smaller the difference in clutch sizes between habitats. Our study
558 goes a step further than previous meta-analyses in urban ecology by explicitly investigating
559 how urbanisation could impact phenotypic variation. Our findings highlight that urbanisation is
560 associated with both a decrease in mean phenotypes, and an increase phenotypic variation.
561 Investigating the temporal and spatial scale at which urban phenotypic variation increases
562 revealed hints at the ecological causes and evolutionary consequences.

563

564 Urbanisation has been associated with shifts in mean phenotypic values across a many
565 organisms (Alberti *et al.* 2017; Merckx *et al.* 2018; Santangelo *et al.* 2022), including birds,
566 which generally show smaller body sizes and lower life-history trait values in urban habitats
567 (Chamberlain *et al.* 2009; Sepp *et al.* 2018; Thompson *et al.* 2022). Our analyses expand the
568 spatial, temporal and phylogenetic coverage of previous meta-analyses of the avian literature
569 (Chamberlain *et al.* 2009; Sepp *et al.* 2018), and agree on their findings. Our results indicate
570 that urban bird populations lay their eggs earlier and produce smaller clutches, which results
571 in a lower number of surviving nestlings, than their non-urban neighbouring populations. Note,
572 that our analysis indicates a high total heterogeneity in InRR ($I^2_{\text{total}} = 97.8\%$). This finding
573 indicates large variation (e.g., among studies and species) in how urbanisation associates with
574 changes in mean phenotypes and suggests that additional ecological traits (e.g., diet or
575 migratory strategy) may also affect how populations respond to urbanisation. Our results also

576 indicate that the mean response to urbanisation is correlated among traits. Interestingly, we
577 found that the earlier the laying dates were in urban *versus* non-urban populations, the smaller
578 the difference in clutch size and in number of surviving nestlings between habitats. Many bird
579 species show a negative phenotypic and genetic correlation between clutch size and lay date
580 (Rowe *et al.* 1994; Sheldon *et al.* 2003; Dunn & Møller 2014), and these two traits are often
581 hypothesized to co-evolve (Garant *et al.* 2008). All else being equal, urban conditions
582 triggering an earlier onset of reproduction (because of e.g., light pollution (Dominoni *et al.*
583 2013) or increased resource availability during winter (Schoech *et al.* 2004)) could indirectly
584 increase clutch size and, therefore, reduce differences in reproductive output between urban
585 and non-urban populations that arise via other mechanisms (e.g., resource limitation in spring;
586 Seress *et al.* 2018, 2020). The extent to which mean phenotypic shifts represent adaptive
587 responses to urbanisation in birds, either via genetic changes or plasticity, or are maladaptive,
588 is mostly unknown (Lambert *et al.* 2020; Branston *et al.* 2021; Caizergues *et al.* 2022;
589 Santangelo *et al.* 2022). Our results, however, highlight that phenotypic shifts in urban
590 populations are widespread and that the response to urbanisation of associated life-history
591 traits should be investigated together.

592

593 Urbanisation has been recently hypothesised to increase phenotypic variation and, indeed,
594 higher variation in morphological traits of urban great tits (*Parus major*) and blue tits (*Cyanistes*
595 *caeruleus*) has been recently reported (Thompson *et al.* 2022). Our findings greatly expand
596 the evidence for this emerging hypothesis showing that urbanisation is overall associated with
597 increases in variation in laying date across many bird species. Previous studies have
598 suggested that city characteristics, such as warmer temperatures in early spring due to the
599 urban heat island effect, could allow birds to lay more clutches per season (Yeh & Price 2004;
600 Schoech *et al.* 2008), with thereby longer breeding seasons and hence higher phenotypic
601 variation in urban laying dates (a similar result has also been reported in Lepidoptera; Merckx
602 *et al.* 2021). This effect, however, does not necessarily explain our results as our meta-
603 analysis only included first clutch laying dates per season. As such, our findings indicate that

604 urban bird populations display more variation in the *onset* of reproduction than their non-urban
605 neighbours.

606

607 Higher phenotypic variation in urban than in non-urban populations within breeding seasons
608 could be explained by at least two, non-exclusive, eco-evolutionary mechanisms: differences
609 in the underlying additive genetic variance in laying date, whereby urban birds have a wider
610 range of breeding values for laying date; and / or differences in habitat heterogeneity
611 influencing plasticity in laying date, whereby urban areas have larger environmental variation
612 than non-urban habitats (Shochat *et al.* 2006; Heisler & Brazel 2018; Strubbe *et al.* 2020;
613 Thompson *et al.* 2022). No study to date has investigated whether urban birds show higher
614 additive genetic variance than non-urban populations. However, genetic analyses of European
615 great tits in urban and non-urban habitats generally suggest small differences in the magnitude
616 of genetic variation between habitats (Björklund *et al.* 2010; Caizergues *et al.* 2021; Salmón
617 *et al.* 2021). This is, perhaps, not surprising given the high mobility of birds and the fact that
618 gene flow between urban and non-urban bird populations likely occurs at a large spatial scale
619 (Salmón *et al.* 2021). Interestingly, some studies have reported weaker selection for laying
620 date in urban areas than in non-urban habitats, suggesting relaxed selection on phenology in
621 urban birds (Caizergues *et al.* 2018; Branston *et al.* 2021), which could increase genetic
622 variation in phenology. Assessing differences in phenotypic variation between urban and non-
623 urban populations of less mobile species will be important to evaluate how biological traits
624 (e.g., dispersal ability) determine the evolutionary impact of urban ecological conditions. To
625 this end, previous work in mammal and amphibian species that have a lower dispersal ability
626 than birds suggests a similar level of (genetic) variation between urban and non-urban habitats
627 (Fusco *et al.* 2021; Richardson *et al.* 2021).

628

629 Habitat complexity differs between urban and non-urban habitats (Arnfield 2003; Pickett *et al.*
630 2017). Our analyses indicate that differences in urban *versus* non-urban habitat heterogeneity
631 could indeed help to explain the observed pattern of increased phenotypic variation in urban

632 populations. Several ecological mechanisms could mediate this effect. Urban environments
633 are characterised by an array of microhabitats with varying levels of human pressure, exotic
634 plant species and resource availability. Thus, the intensity and timing of the environmental
635 cues that birds use to time their reproduction could vary at a small local scale, increasing
636 phenotypic variation in phenology in the presence of plasticity. The existence of plastic
637 responses to urban habitat heterogeneity, which our results might indicate, do not preclude
638 selection from acting on urban bird populations. First, plasticity is an important mechanism of
639 adaptation, sometimes aligned in direction with adaptative genetic changes (De Lisle *et al.*
640 2022), and indeed is often involved in adaptation to urban environments (Halfwerk *et al.* 2019;
641 Campbell-Staton *et al.* 2021). Second, plastic responses can aid adaptation to urban
642 conditions in the presence of genetic-by-environment interactions by increasing genetic
643 variation available for natural selection (Via & Lande 1985). Addressing which evolutionary
644 mechanisms cause the observed increase in phenotypic variation in urban bird populations is
645 beyond the scope of this study and we acknowledge that these arguments are largely
646 speculative at this point. However, our findings highlight that eco-evolutionary processes could
647 largely differ between urban and non-urban bird populations and generate new avenues for
648 future research in urban ecology and evolution.

649

650 In agreement with our initial predictions, habitat heterogeneity was associated with the
651 magnitude of the difference in phenotypic variation between urban and non-urban bird
652 populations. However, we acknowledge that this analysis has several limitations and that the
653 results require cautious interpretation. First, only a subset of published studies provided
654 coordinates for their urban and non-urban study populations (30 out of 65 published papers).
655 When study site coordinates were provided, only one pair of coordinates per study location
656 was provided, preventing an accurate assessment of the actual area over which a given
657 breeding population was studied. Additionally, it is common in urban eco-evolutionary studies
658 to monitor several populations within one single city. However, in most studies, spatial
659 information was provided at the scale of the whole city (e.g., a single set of coordinates),

660 preventing the accurate quantification of habitat heterogeneity for every sub-population within
661 a given urban habitat. These limitations highlight that the ability to perform global meta-
662 analyses on the effects of urban habitat heterogeneity on phenotypic variation would be greatly
663 improved if individual studies in urban ecology provided accurate coordinates of the location
664 of their study populations. Reporting such information would allow future research synthesis
665 to quantify phenotypic variation within urban populations (e.g., across different sub-
666 populations in the same city) and between urban and non-urban populations.

667

668 Taken together, our results show that urbanisation is associated with both a decrease in mean
669 phenotypic values and increasing phenotypic variation in bird populations. Our analyses also
670 highlight a temporal and spatial mechanism that could generate such differences in phenotypic
671 variation between urban and non-urban habitats. We show that urban bird populations have a
672 more variable phenology than non-urban conspecifics within breeding seasons (i.e.,
673 differences in phenology across habitats are seemingly not due to between-year fluctuations)
674 suggesting that the ecological conditions that generate such differences are constant across
675 multiple years. Our coupled spatial analysis indicates habitat heterogeneity and plastic
676 responses as potential eco-evolutionary drivers generating these results. The eco-
677 evolutionary implications of higher phenotypic variation in urban environments will likely vary
678 among species (Thompson *et al.* 2022) and our findings highlight the need for detailed
679 investigation of these consequences. To this end, long-term studies of individually marked
680 organisms in replicated paired urban and non-urban environments could be particularly fruitful
681 to unravel whether differences in phenotypic variation between urban and non-urban
682 populations are caused by differences in underlying genetic variation and/or plastic responses
683 to the urban environment.

684

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691

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695

696 **Competing interests**

697 The authors declare no competing interests.

698

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1093 **Tables**

1094

1095 **Table 1. Description of meta-models.** Model IDs are given sequentially from 1 to 10 to
 1096 facilitate understanding of methods and results. ‘Data’ refers to whether a given model
 1097 contained data for all traits of interest (‘All traits’) or models were fitted per trait. Moderator
 1098 ‘Trait’ is a 3-level factor with levels ‘Laying date’, ‘Clutch size’ and ‘Number of fledglings’.
 1099 ‘Equations’ provide references to the Equations described in the methods section, whereas
 1100 ‘Details’ gives a brief description of each model Model ID and references to output tables and
 1101 figures.

| Model ID | Response | Data | Moderators | Equations | Details |
|----------|----------|-------------------------|--|---|--|
| 1 | lnRR | All traits | Intercept | - | Overall meta-analysis. Univariate. Table S1. Figure S3. |
| 2 | lnRR | All traits | Trait | Equation 1 | Effect per trait. Trivariate. Tables S2, S3. Figure 2, 3, S4. |
| 3 | lnCVR | All traits | Intercept | - | Overall meta-analysis Univariate. Table S1. Figure S5. |
| 4 | lnCVR | All traits | Trait | Equation 1 | Effects per trait. Trivariate. Table 2, S4, S5. Figure 2, 3, S4. |
| 5 | lnCVR | All traits | Trait | Equation 1 | Comparison of intra-annual phenotypic variation. Table 2. |
| 6 | lnCVR | All traits | Trait | Equation 1, 7, 8 | Comparison of inter-annual phenotypic. Table 2. |
| 7 | lnCVR | All traits | Trait + Difference in urbanisation + Difference in habitat heterogeneity | Equation 1 (with additional moderators) | Trivariate. Fitted for different spatial scales. Figure 4. |
| 8 | SDHM | All traits | Trait | Equation 1 | Similar structure as Model 2. |
| 9 | lnVR | All traits | Trait | Equation 1 | Similar structure as Model 4. |
| 10 | lnSD | Each trait individually | Intercept + Habitat + lnMean | Equation 9 | Armed-based model (Senior <i>et al.</i> 2016a). |

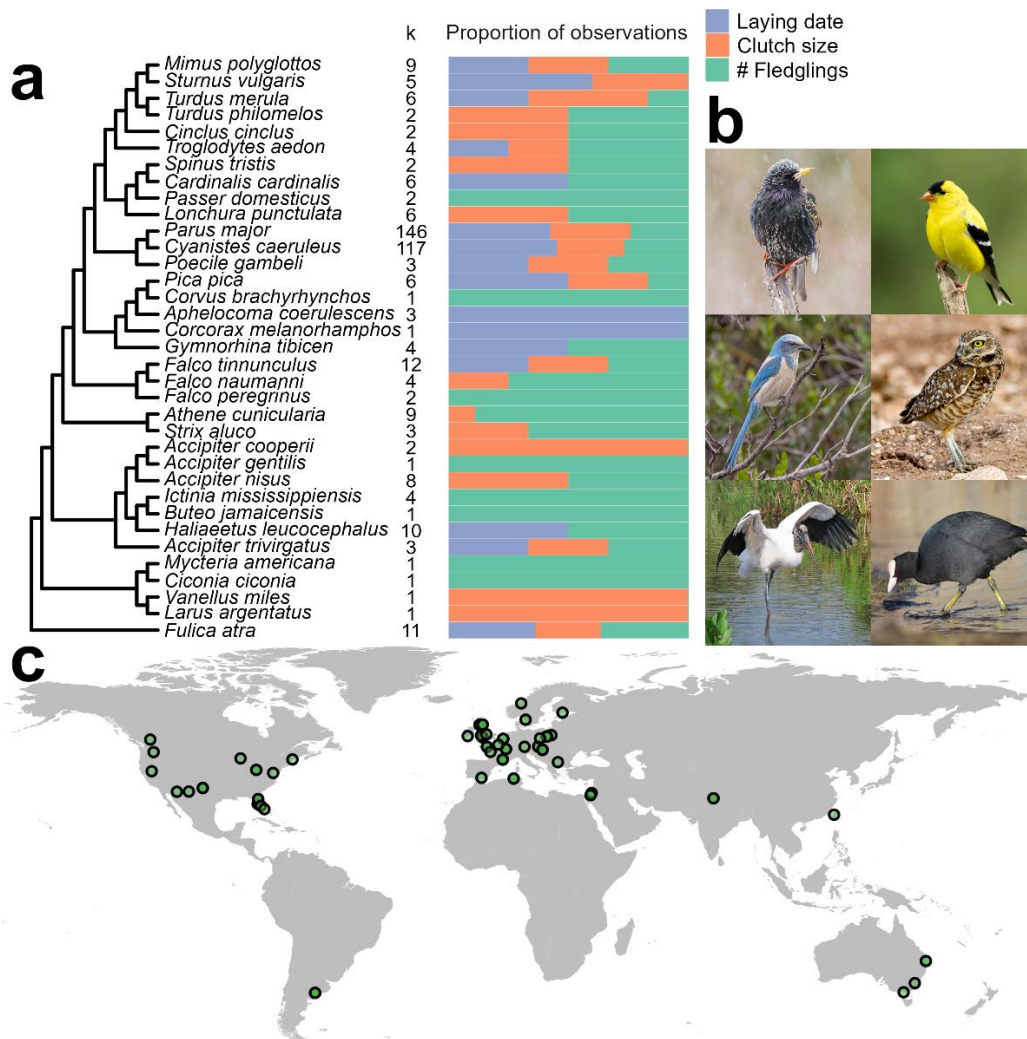
1102

1103 **Table 2. Differences in variation (InCVR) in life-history traits between urban and non-**
 1104 **urban populations at different temporal scales.** Urban – non-urban differences in variation
 1105 (InCVR) in laying date, clutch size and number of fledglings per clutch were meta-analysed to
 1106 assess differences in variation between urban and non-urban populations within (‘intra-
 1107 annual’) and among (‘inter-annual’) breeding seasons (e.g., different temporal scales). InCVR
 1108 estimates represent meta-analytic model intercepts following the model structure presented
 1109 in Table S5; positive values indicate higher variation in urban populations than in non-urban
 1110 populations and *vice versa*. ‘CI’ = confidence interval; ‘k’ = sample size. Terms in **italic bold**
 1111 highlight InCVR estimates whose 95%CIs do not overlap zero. See Table 1 for a description
 1112 of model IDs.

| Temporal scale | InCVR estimate [95% CI] | | | k |
|---|---|--------------------------|---------------------------|-----|
| | Laying date | Clutch size | Number of fledglings | |
| Overall [Model 4] | <i>0.176</i> <i>[0.084, 0.268]</i> | 0.055 [-0.051, 0.160] | 0.037 [-0.096, 0.171] | 399 |
| Intra-annual [Model 5] | <i>0.177</i> <i>[0.078, 0.282]</i> | 0.015 [-0.122, 0.152] | 0.116 [-0.059, 0.291] | 363 |
| Inter-annual [Model 6] | 0.074 [-0.014, 0.161] | 0.096 [-0.019, 0.211] | -0.006 [-0.147, 0.135] | 103 |

1113

1114 **Figures**



1115

1116 **Figure 1. Phylogenetic and geographical breadth of the meta-analytic data. (a)**

1117 Phylogenetic tree of the 35 avian species included in the meta-analysis along with the number

1118 of effect sizes (i.e., urban – non-urban comparisons) included per species ('k'; which may

1119 encompass multiple years of study from the same publication) and the proportion of

1120 observations for each life-history trait (purple: Laying date; orange: Clutch size; Green:

1121 Number of fledglings). (b) Our meta-analysis included a broad range of species, as examples,

1122 left to right from top to bottom: *Sturnus vulgaris*, *Spinus tristis*, *Aphelocoma coerulescens*,

1123 *Athene cunicularia*, *Mycteria americana* and *Fulica atra*. All images are copyright free (CC -

1124 Public Domain Mark 1.0. Authors: Shenandoah National Park [first two images], Mike

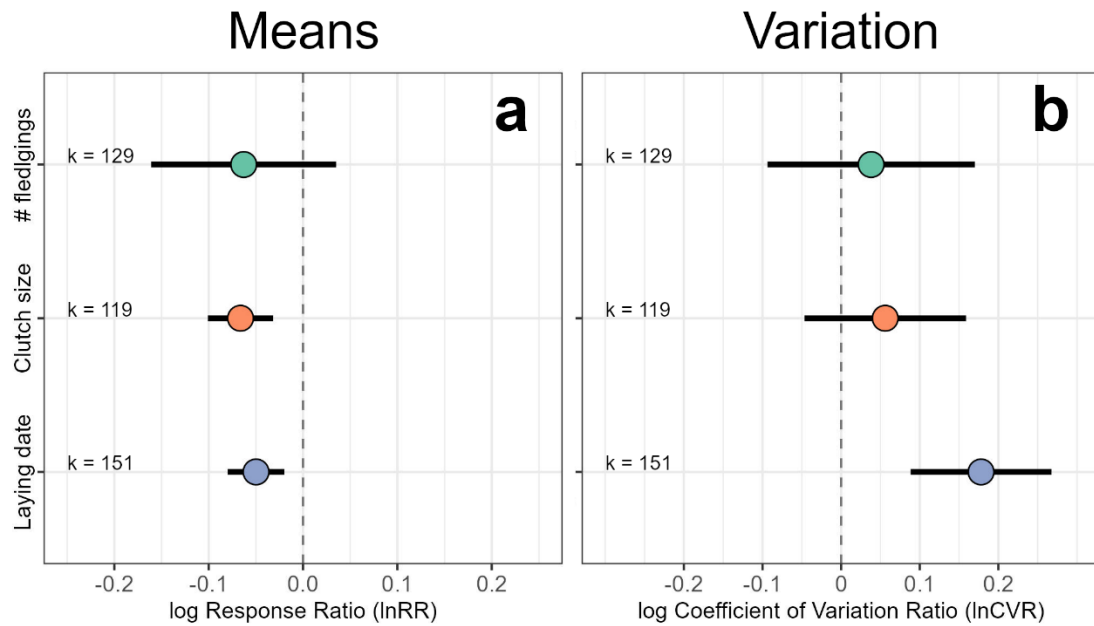
1125 Carlo/U.S. Fish & Wildlife Service, Jennifer Soos, Susan Young and Ekaterina Chernetsova)

1126 and were extracted from www.flickr.com. (c) Global map (excluding Antarctica) showing the

1127 location of each study included in the meta-analysis. Each point represents one study area in

1128 which one or more urban – non-urban pairs of populations were sampled across a varying

1129 number of years.



1130

1131 **Figure 2. Urban populations have earlier phenology, lower reproductive output and**

1132 **more variable life-history traits than non-urban populations. (a)** Urban populations laid

1133 earlier and had smaller clutches, producing fewer fledglings, than their paired non-urban

1134 populations (illustrated by negative lnRR estimates; Model 2). **(b)** Our meta-analysis revealed

1135 that variation in life-history traits was higher in urban populations compared to non-urban

1136 counterparts, with a marked difference between populations in laying date (illustrated by

1137 positive estimates of lnCVR; Model 4). Model estimates for **(a)** lnRR and **(b)** lnCVR are shown

1138 along with their 95% confidence intervals per trait as calculated by our phylogenetic multilevel

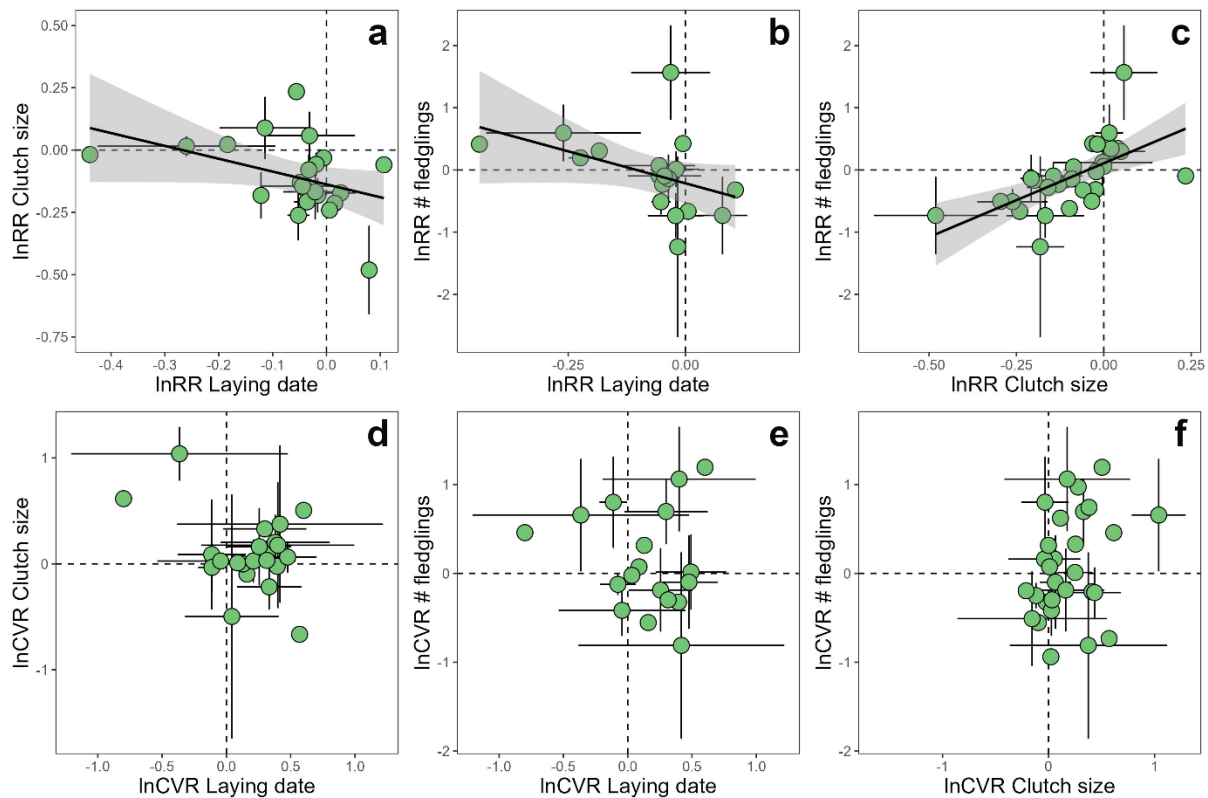
1139 meta-analytic models accounting for correlated responses to urbanisation among traits (see

1140 Table S3 & Table S5 for full model outputs and Figure S3 and S5 for overall meta-analyses of

1141 lnRR and lnCVR). Raw data and model estimates are presented in Figure S4. 'k' provides the

1142 number of urban – non-urban comparisons.

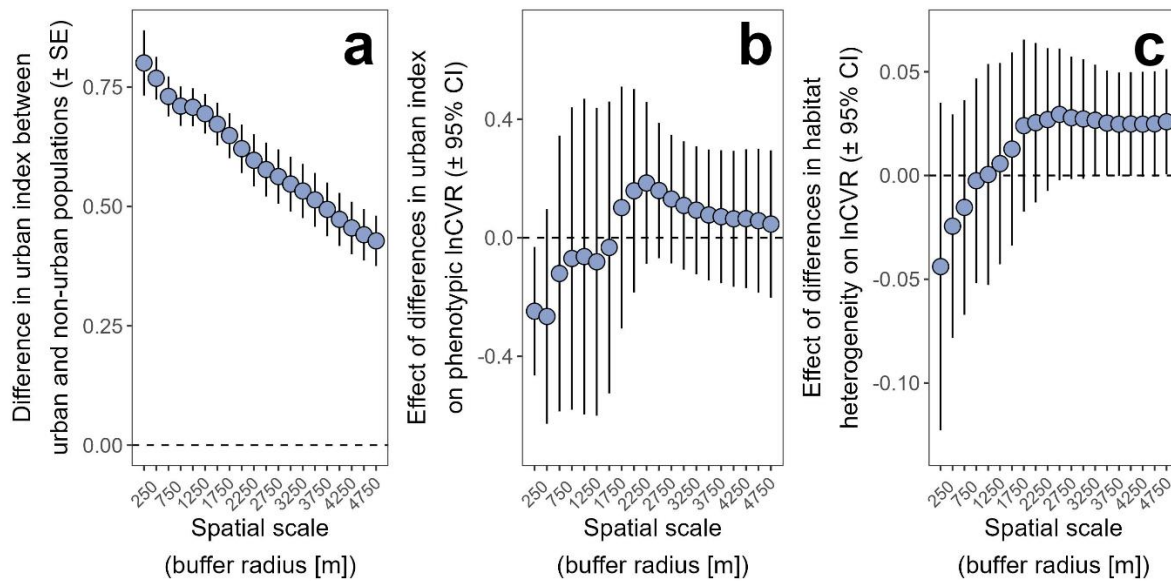
1143



1144

1145 **Figure 3. Life-history traits show a correlated response to urbanisation.** Our meta-
1146 analysis investigated correlated responses to urbanisation across the three studied life-history
1147 traits, and revealed strong correlations in log response ratio (InRR) but not log coefficient of
1148 variation ratio (InCVR). (a) Earlier laying dates in urban populations compared to non-urban
1149 counterparts (i.e., negative values in the x axis) were associated with no differences in clutch
1150 size across habitats (i.e., y axis values close to zero), leading to a negative correlation
1151 between InRR for these two traits. (b) A similar pattern was found between InRR for laying
1152 dates and number of fledglings, while (c) InRR for clutch size and number of fledglings were
1153 positively correlated (Table S2; Table S3; Model 2). (d - f) We found no strong statistical
1154 evidence for models including correlations across traits in how urbanisation affected
1155 phenotypic variation (Table S4, Table S5): (d) differences between habitats in phenotypic
1156 variation in laying dates were not associated with differences between habitats in phenotypic
1157 variation in clutch size or (e) number of fledglings; and (f) differences between habitats in
1158 variation in clutch size were not associated with differences between habitats in variation in
1159 number of fledglings. Points represent mean raw values per study \pm SE. Regression lines
1160 (mean \pm SE) in a - c were fitted using linear regressions to illustrate the correlation revealed
1161 by our trivariate meta-analysis (Model 2; Table S3).

1162



1163

1164 **Figure 4. Effects of habitat heterogeneity on the difference in phenotypic variation**

1165 **between urban and non-urban bird populations (i.e., InCVR). (a)** After quantifying urban

1166 index and habitat heterogeneity, we verified that urban populations had higher urban index

1167 (i.e., the proportion of landcover at a given spatial scale categorised as ‘urban’ [see methods]).

1168 The y axis represents the difference in urban index between urban and non-urban populations.

1169 The positive values observed for all comparisons represent that urban populations had higher

1170 urban index than their non-urban neighbours. **(b)** Differences in urban index between urban

1171 and non-urban populations did not predict the magnitude of the difference in phenotypic

1172 variation between populations (i.e., InCVR). This figure shows the estimated effect of

1173 differences in urban index between populations on InCVR. Positive values indicate that the

1174 higher the difference in urban index between urban and non-urban populations, the higher the

1175 InCVR value (i.e., larger values of phenotypic variation in urban populations compared to non-

1176 urban counterparts). **(c)** Differences in habitat heterogeneity between urban and non-urban

1177 populations did positively predict the magnitude of the difference in phenotypic variation

1178 between populations (i.e., InCVR), particularly at large spatial scales. This figure shows the

1179 estimated effect of differences in habitat heterogeneity on InCVR at different spatial scales.

1180 Positive values indicate that the higher the difference in habitat heterogeneity between urban

1181 and non-urban populations, the higher the InCVR value (i.e., larger values of phenotypic

1182 variation in urban populations compared to non-urban counterparts). Points represent mean

1183 model estimates \pm SE in **a**, and mean model estimates \pm 95% confidence intervals (95%CI) in

1184 **b** and **c**. ‘Spatial scale’ refers to the radius of a circular area centred at each study location

1185 and over which urban index and habitat heterogeneity was calculated.