

Here's the twist: How the brain updates naturalistic event memories as our understanding of the past changes

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Abstract

The brain actively reshapes past memories in light of new incoming information. In the current study, we ask how the brain supports this updating process during the encoding and recall of naturalistic stimuli. One group of participants watched a movie (“The Sixth Sense”) with a cinematic “twist” at the end that dramatically changed the interpretation of previous events. Next, participants were asked to verbally recall the movie events, taking into account the new “twist” information. Most participants updated their recall to incorporate the twist. Two additional groups recalled the movie without having to update their memories during recall: one group never saw the twist; another group was exposed to the twist prior to the beginning of the movie, and thus the twist information was incorporated both during encoding and recall. We found that providing participants with information about the twist beforehand altered neural response patterns during movie-viewing in the default mode network (DMN). Moreover, presenting participants with the twist at the end of the movie changed the neural representation of the previously-encoded information during recall in a subset of DMN regions. Further evidence for this transformation was obtained by comparing the neural activation patterns during encoding and recall and correlating them with behavioral signatures of memory updating. Our results demonstrate that neural representations of past events encoded in the DMN are dynamically integrated with new information that reshapes our memory in natural contexts.

Introduction

In a constantly changing world, it is critical to update prior beliefs and memories in light of new circumstances. As new information arrives, we often need to retrospectively update previously encoded information in order to obtain a more accurate understanding of the present and the past, and to better plan the future. Imagine you learn that a longtime friend has been lying to you about something important. You might automatically start looking back and reinterpreting their behavior, perhaps finding different motives for their past actions. This updated understanding of the past will assist you in your interactions with that person in the future. To effectively support such cognition, the episodic memory system must be capable of updating stored memories in light of new incoming information. Under this framework, memories are dynamic entities that can be reorganized or reconstructed even after encoding takes place (Bartlett & Burt, 1933; Conway & Pleydell-Pearce, 2000; Hassabis & Maguire, 2007; Schacter et al., 1998; Schacter, 2012).

Research in the last few decades suggests that memories are in fact malleable to modification when they are reactivated (Przybylski et al 1997) and relevant new information is presented

(Besnard et al., 2012; Hupbach et al., 2015; Nader & Einarsson, 2010; Sinclair and Barense 2019). Behavioral paradigms using a retroactive interference design have been widely used to study post-encoding changes in human memory (e.g., Lee et al. 2017; Hupbach et al., 2015; Samide & Ritchey, 2020; Scully et al., 2017); however, only a subset of studies have investigated changes in the *content* of memory, as opposed to the weakening or strengthening of old memories (Dongaonkar et al., 2013; Hupbach et al., 2007). At the neural level, changes in the functional connectivity of mPFC and amygdala circuitry have been associated with post-retrieval fear extinction (Feng et al., 2016; Schiller et al., 2013). These experimental studies have clinical significance and provide valuable insight into the behavioral and neural substrates of memory updating in humans. However, it is not clear how findings obtained using tightly-controlled paradigms and isolated stimuli generalize to memory updates in everyday life (Nastase et al., 2020). In the present work, we introduce a naturalistic interference-based design that resembles our real-world experiences where new information obtained post-encoding is not compatible with previously encoded events. Using an audiovisual movie and verbal recall, we aim to utilize recent advances in naturalistic neuroimaging to study how memories are reshaped to incorporate new incoming information.

The default mode network is an important hub for integrating old memories with new incoming information for constructing situation models (Hassabis & Maguire, 2009, Yeshurun et al., 2021). These constructive processes are highly relevant to real-world memory updating, which involves selecting and combining the relevant parts of old and new episodes. Recent work has shown that neural patterns during encoding and recall of naturalistic stimuli (movies) are reliably similar across participants in this network (Chen et al 2017, Oedekoven et al., 2017, Zadbood et al., 2017). Building on these studies, we hypothesized that activity in the DMN may encode and re-encode memory representations for narrative events in a movie as they are updated in light of new information.

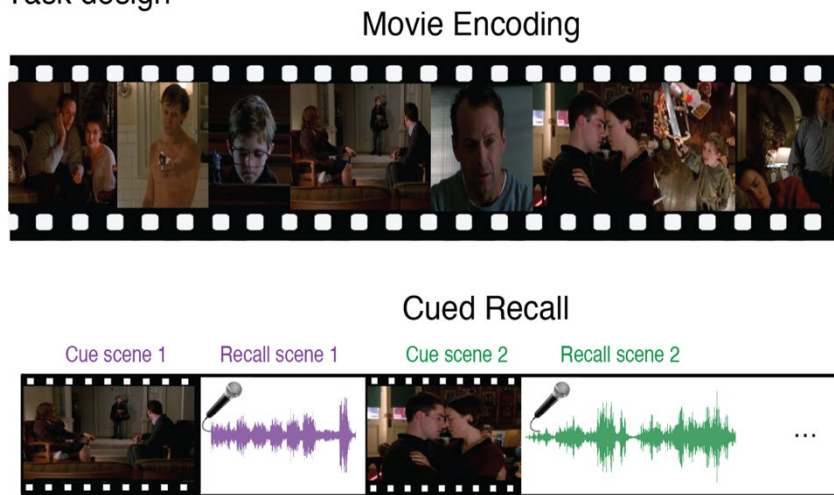
In the current work, using a novel naturalistic paradigm that simulated a real-life situation of adaptive memory updating, we asked how new information changes the neural representations in the DMN during the recall of prior information. To answer this question, we used a popular Hollywood-style film titled "The Sixth Sense" (M. Night Shyamalan, 1999), which contains a dramatic twist in the final scene. [Spoiler alert!] The movie depicts the story of a clinical psychologist treating a child who claims to see ghosts. In the final scene, it is revealed that the doctor was in fact a ghost himself throughout the movie. Therefore, there are two coherent interpretations of the movie: the *Doctor* (or *naïve*) interpretation (labeled D in Fig 1), which is typically held by viewers up until they encounter the "twist ending"; and the *Ghost* (or *spoiled*) interpretation (labeled G in Fig 1), which is held by viewers after they learn about the twist. In this setting, memory updating is operationalized as the transition from the *Doctor* (D) interpretation to the *Ghost* (G) interpretation.

Our study design hinges on the hypothesis that participants who received the twist and are aware that the doctor is a ghost might have distinct neural representations of the events from those who encoded the movie while being ignorant of the twist. Importantly, we predicted that encountering the twist after encoding the movie would initiate a retrospective update in the interpretation of the encoded movie and that this memory update would be reflected in both verbal recall and patterns of brain activity during remembering. In contrast, the neural representations of the events in the movie will remain unchanged during recall in subjects who do not need to update

their memories during recall (i.e., in subjects in the no-twist condition who are only aware of the D interpretation, or subjects in the spoiler condition who knew all along about the G interpretation).

In a large set of regions in the DMN, we found that context changed the way the movie was encoded into memory. In other words, the neural representations for each event in the movie were different for viewers that believed the doctor is alive versus viewers that believed that the doctor is a ghost. Furthermore, in several DMN regions, we found that neural representations were updated during recall for viewers who learned that the doctor is a ghost after watching the movie. Together these results suggest that areas in the default mode network are actively engaged in updating the neural representations as they integrate incoming information with prior knowledge.

A. Task design



B. Study groups

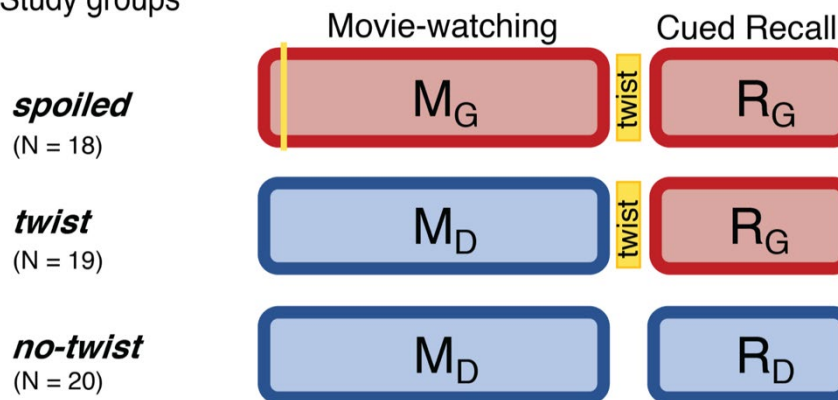


Figure 1: Experimental design A) Participants watched edited versions of the movie and then performed a scene-by-scene cued verbal recall task in the scanner. B) Experimental groups. Red boxes refer to the *Ghost* interpretation and blue boxes refer to the *Doctor* interpretation. The “twist” group (middle row) is the main experimental group that encodes the movie with *Doctor*

interpretation (left blue box) but recalls it with *Ghost* interpretation (right red box)—essentially following the narrative as intended by the filmmaker. The two additional groups keep the same interpretation across the encoding and recall: the “spoiled” group receives a spoiler at the beginning, thus encoding the movie and performing the recall task with the red *Ghost* interpretation, whereas the “no-twist” group never receives the twist and therefore encodes the movie and performs the recall task under the blue *Doctor* interpretation.

Results

Three distinct experimental groups watched concise versions of a popular Hollywood-style film titled “The Sixth Sense” (M. Night Shyamalan, 1999) in the fMRI scanner (Fig 1B, left column). Following the movie viewing all three groups were asked to freely recall the movie in the scanner (Fig 1B, right column). Participants in the main group (the “twist” condition, Fig 1B middle row), watched the movie with the twist scene *at the end*. Therefore, they watched the movie naïve to the true nature of the doctor (*Movie-Doctor* or M_b). During their recall, however, they were aware of the twist information and could use it to update their memory (*Recall-Ghost* or R_c). In order to identify interpretation-specific neural patterns, we needed two comparison conditions: the *Movie-Ghost* (M_c) condition during viewing, and the *Recall-Doctor* (R_b) condition during recall. Therefore, we introduced two other groups to the study: participants in one group (the “spoiled” condition, Fig 1B top row) were exposed to the twist at the beginning of the movie. This group watched and recalled the movie knowing that the doctor was a ghost (M_c and R_c). The other group (the “no-twist” condition, Fig 1B bottom row) never received the twist information throughout encoding and remained naïve to the true nature of the doctor in both their encoding and recall (M_b and R_b). This design allowed us to compare the behavioral and neural patterns of response in participants across the two interpretations.

We compared the patterns of neural responses in the “twist” group with the patterns in the “spoiled” and “no-twist” groups during encoding and recall. We predicted that the “twist” group would be more similar to the “no-twist” group during encoding (both holding *Doctor* interpretation) but more similar to the “spoiled” group during the recall (both holding *Ghost* interpretation). Moreover, we asked whether the memory updating would make the recall of the “twist” group more similar to the encoding of the “spoiled” group (see the “prediction legends” in Figure 2 and Figure 3). We used intersubject pattern similarity analysis (intersubject pattern correlation: pISC, see Methods) to analyze the neural data. The analysis was performed on scene-specific neural patterns obtained by averaging data across time within each scene (Chen et al. 2017, Zadbood et al. 2017). We focused on the regions in DMN as *a priori* regions of interest based on the findings of previous research (see Introduction).

Memory update in recall behavior

After watching the movie, participants performed a cued-recall task in which they watched a few seconds of the beginning of selected movie scenes and were asked to talk about what happens next in that scene. The recall task was identical across the three experimental conditions. Participants were highly accurate in recognizing the corresponding scenes from the movie cues (94% accuracy in the “twist” group, 93% in the “spoiled” group, and 97% in the “no-twist” group). Only the scenes that were correctly recalled were included in the neural analyses. The content of recall was evaluated using two separate measures assigned by human raters. *Memory score* assessed the quality and detail of memory. *Twist score* assessed whether the twist

information was incorporated in the recall and ranged from 1 (the recall purely reflected the *Doctor* interpretation) to 5 (the recall purely reflected the *Ghost* interpretation). Memory score and twist score were expected to capture different aspects of the recall behavior, e.g. a detailed recall of the original scene about the doctor treating the child (high memory score) may not include information about the doctor being a ghost (low twist score). Indeed, there was no significant correlation between memory scores and twist scores across participants (Pearson correlation $r = 0.07$, $p = 0.56$). If participants were unaware of the twist or did not incorporate it into their recall at all, we would expect the average twist score of the critical scenes to be approximately equal to 1 (“purely reflects the *Doctor* interpretation”). In the main experimental group (“twist” group), 14 out of 19 participants scored above 2 (median score = 3.25) on the twist score, indicating that they incorporated the new interpretation into their recall. Importantly, the “twist” group (twist score: $M = 3.16$, $SD = 1.03$) exhibited a significantly higher twist score ($t(37) = 6.37$, $p < 0.001$) than the “no-twist” group (twist score: $M = 1.65$, $SD = 0.22$). Note that these two groups had no knowledge of the twist when they encoded the movie. Therefore, this result confirms that participants in the “twist group” updated their memories of the movie to incorporate the twist. No significant difference ($t(35) = 1.46$, $p = 0.15$) was observed between the twist score of the “twist” group and the “spoiled” group (twist score: $M = 2.72$, $SD = 0.74$). This finding suggests that the “twist” group recalled the movie more similarly to the group that knew the twist while watching the movie.

A surprising observation during the analysis of the behavioral recall in the “twist” condition was that most participants talked about *both* interpretations of the movie scenes in many of the recalled scenes (this pattern was observed in the recall of the “spoiled” group as well). Thus, it appeared that participants kept both interpretations in mind during the recall, instead of overwriting the *Doctor* representation with the *Ghost* representation. These recalls were typically structured as “initially I thought that but now I know that ...”. Interestingly, some instances of this recall behavior were also observed in the “spoiled” group, who had watched the movie knowing the doctor is a ghost (e.g. “you could think that but I knew that ...”). This suggests that the neural representations supporting recall in the “twist” and “spoiled” groups included *both* the original (*Doctor*) and updated (*Ghost*) interpretations, which could make differentiating these representations in the neural analysis more challenging (see Discussion).

Neural representation of the twist information during movie-viewing

First, we set out to test how contextual knowledge about the twist modifies the neural patterns in the DMN during the encoding of the movie into memory. We compared the spatially distributed neural activity patterns elicited during movie-viewing (encoding) in the “twist” group (M_b) to the activity patterns obtained during encoding in the “no-twist” group (M_n) and the “spoiled” group (M_o). We hypothesized that within the regions of the brain that are sensitive to different interpretations, the pattern similarity between the “twist” group (M_b) and the “no-twist” group (M_n) should be higher than the similarity between the “twist” group (M_b) and the “spoiled” group (M_o) (Figure 2A – prediction legends).

Indeed, there was significantly greater intersubject pattern correlation in parts of the DMN between the “twist” and “no-twist” experimental groups (who had a similar interpretation of the movie during encoding: M_b) than across experimental groups with opposing interpretations (M_b versus M_o). These areas included the dorsal and lateral PFC, left precuneus, left retrosplenial cortex, left angular gyrus, middle temporal cortex, left superior temporal cortex and left temporal

pole (Figure 2A). These results fit with previous findings demonstrating that the timecourse of brain responses in DMN regions reflects different perspectives when listening to a spoken narrative (Yeshurun et al., 2017). Our results extend these findings by showing that different interpretations are discriminable in *spatial* response patterns measured while viewing audiovisual movie stimuli.

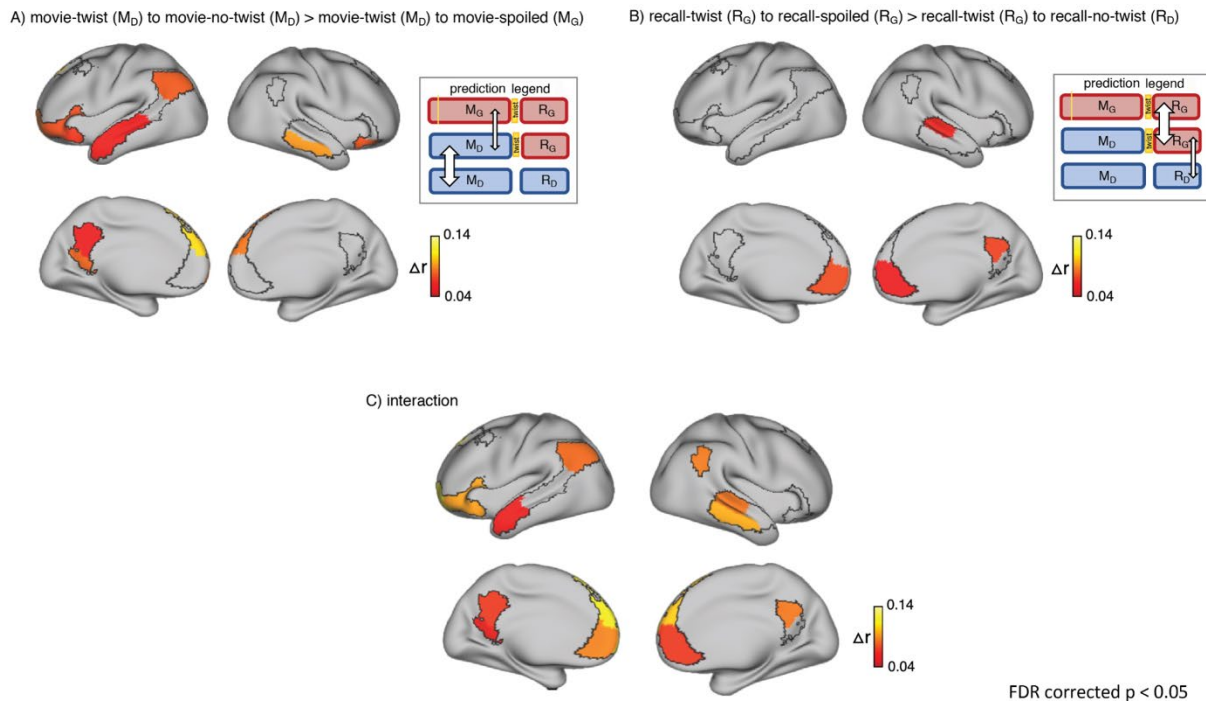


Figure 2: Brain regions coding for story interpretation at encoding and recall. “Prediction legends” depict the predicted pattern of correlations between groups based on our hypotheses. A) Areas with significantly greater intersubject pattern correlation between groups who encoded the movie with the same interpretation (*Doctor*). B) Areas with significantly greater intersubject pattern correlation between groups who recalled the movie with the same interpretation (*Ghost*). C) Areas with a significant interaction effect, indicating a change in interpretation between encoding and recall (see “Pattern similarity analysis” in Methods). Statistical significance was assessed using a nonparametric randomization test, FDR corrected $p < .05$.

Neural representation of the twist information during cued-recall

Results from the encoding phase suggest that regions in DMN exhibit different patterns of neural response to *Ghost* vs. *Doctor* interpretations. In the next step, we sought to measure memory updating, which we define as a shift during recall from the neural patterns associated with the *Doctor* interpretation to neural patterns associated with *Ghost* interpretation. As described earlier, the analysis of recall behavior suggests that participants in the “twist” condition utilized the twist information to update their recall of the movie. Hence, we ask whether the neural patterns observed during recall would reflect these changes. We predicted that the “no-twist” group and the “spoiled” group would keep the same interpretation of the movie during encoding and recall (M_D to R_D in the “no-twist” group and M_G to R_G in the “spoiled” group). However, in the “twist” group, we expected to observe an update during recall to accommodate the twist information (M_D to R_G). Therefore, we hypothesized that, during recall, the neural patterns for the

“twist” group might shift from being more similar to the “no-twist” group as observed during encoding to be more similar to the neural patterns in the “spoiled” group during recall (Figure 2.B – prediction legends).

Indeed, as subjects recalled the movie in the scanner, there was significantly greater intersubject pattern correlation in parts of the DMN between the “twist” and “spoiled” experimental groups (who believed that the doctor is a ghost: R_G) than across the “twist” and “no-twist” groups (who had opposing interpretations: R_G versus R_D). These areas included the ventral mPFC, right precuneus, and right superior temporal cortex (Figure 2B). In addition, we ran an interaction analysis to further emphasize the reversal of neural similarity during encoding and recall (see Methods). This analysis highlights a large set of DMN regions, including medial, dorsal, and lateral PFC, precuneus, left retrosplenial cortex, angular gyrus, right superior and middle temporal cortex, and left temporal pole, where neural patterns in the “twist” group were relatively more similar to the *Ghost* (vs. *Doctor*) interpretation at recall than at encoding (Figure 2C).

Relationship between the neural representations during encoding and recall

To provide further neural evidence for the shift from *Doctor* interpretation during encoding to *Ghost* interpretation during recall in the “twist” group, we directly compared the brain responses elicited during encoding and recall. Chen and colleagues (2017) have demonstrated that, across free recall of a movie, neural patterns are reinstated in DMN. In addition, these scene-specific neural patterns changed between encoding and recall in a systematic manner across individuals (Chen et al 2017). We hypothesized that updating memory to incorporate twist information might alter the neural representations during recall, such that they become more similar to the neural patterns elicited during encoding of the spoiled movie.

We tested this hypothesis in two ways. First, we predicted that (Figure 3A – prediction legend) the neural pattern similarity between recall in the “twist” group and encoding in the “spoiled” group (R_G to M_G) would be higher than the pattern similarity between recall in the “no-twist” group and encoding of the “spoiled” group (R_D to M_G). Our analysis confirmed this prediction in the left angular gyrus, left dorsomedial PFC, and right middle temporal cortex (Figure 3A).

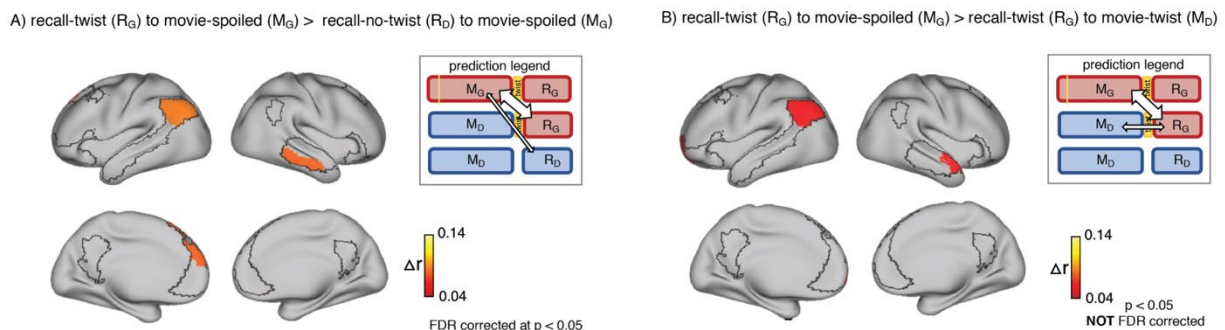


Figure 3: Encoding-retrieval similarity analyses to test our memory updating predictions. “Prediction legends” depict the predicted pattern of correlations between groups based on our hypotheses. A) Areas where intersubject pattern correlations were significantly greater when

comparing updated recall (R_u) to spoiled encoding (M_s) than when comparing naive recalls (R_n) to spoiled encoding (M_s). B) Areas where intersubject pattern correlations between updated recall (R_u) and spoiled encoding (M_s) were greater than between updated recall (R_u) and naive encoding (M_n); note that these results were not significant after correction for multiple tests.

Second, if participants in the “twist” group were to *fully* update their interpretation at recall from *Doctor* to *Ghost*, we would expect activity patterns during recall in the “twist” group to be more similar to encoding in the “spoiled” group (R_u to M_s) compared to encoding in their own (“twist”) group (R_u to M_n) (Figure 3B – prediction legends). When we looked for regions showing this effect, we found weak effects in the predicted direction in the left angular gyrus, left frontal pole and right anterior temporal ROIs (note that all of these comparisons were done across participants -- see Methods for details); however, these effects did not survive correction for multiple comparisons at an FDR-corrected $p < 0.05$ (Figure 3B). The most straightforward interpretation of these weak effects is, in general, “twist” participants did *not* fully update their interpretations; that is, there may be some lingering memory of the *Doctor* interpretation in the “twist” group in some participants even after they are exposed to *Ghost* interpretation and must update their memory.

To test this hypothesis, we ran an exploratory analysis where we correlated neural pattern change (i.e., the degree to which the neural pattern at recall matched the *Doctor* or *Ghost* encoding pattern) with behavioral twist scores (i.e., how much each subject discussed the twist during recall) across participants in the “twist” group, in each DMN ROI (Figure 4). If weak neural pattern change effects are due to incomplete memory updating, we would expect to see a positive correlation between these measures. We observed a positive correlation between the neural and behavioral indices of memory update in posterior regions of the DMN, including precuneus and angular gyrus. The right precuneus ROI exhibited a notable relationship ($R = 0.62$, $p = 0.005$); however, this did not survive FDR correction.

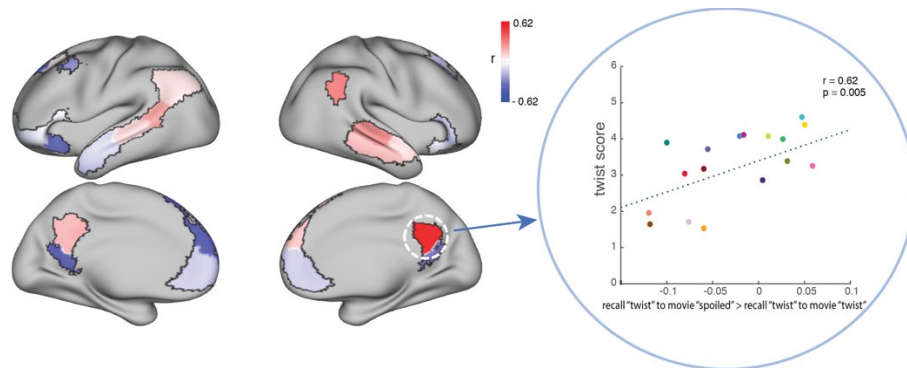


Figure 4: The relationship between the behavioral (twist score) and neural (recall “twist” to movie “spoiled” > recall “twist” to movie “twist”) measures of memory update in each DMN ROI. The panel on the right depicts the correlation in the precuneus. Each dot is a participant in the “twist” group ($N = 19$). Note that the example at right was selected for high correlation and is not significant after correction for multiple tests.

Discussion

Using a novel naturalistic paradigm that prompted participants to update their previously-encoded memories, we studied how new information can retrospectively change the event representations in the default mode network. At encoding, a widespread network of frontal, parietal, and temporal regions exhibited significantly higher pattern similarity between groups in which participants had the same interpretation of the movie (naïve to the twist; see Figure 2A). This result demonstrates how a belief about the identity of the doctor (which can broadly be construed as the context or the state of mind of the observer) can shape the encoding processes of new information (the same movie) into memory. But information is not only shaped by context during encoding, as stored memories must also be amenable to change as the context changes at a later stage. Indeed, our unique paradigm allows us to see how the patterns of stored memories change, as we learn about the twist in the movie. In particular, the neural patterns during recall changed in the twist condition to better match the neural patterns in the spoiled condition observed during recall in the ventromedial PFC, right precuneus, and temporal cortex (see Figure 2B). Furthermore, numerous areas throughout the DMN showed a significant interaction whereby neural patterns in the “twist” group became relatively more similar to patterns from the “spoiled” *Ghost* group (compared to the “no-twist” *Doctor* group) at recall (compared to encoding; Figure 2C). We also found evidence for memory updating by directly comparing patterns from encoding and retrieval. In the left angular gyrus, left dorsomedial PFC, and right middle temporal cortex, viewing the twist at the end of the movie (vs. not viewing the twist) resulted in neural patterns at recall becoming more similar to the “spoiled” *Ghost* encoding patterns (Figure 3A). In some regions, this updating effect led to “twist” recall patterns being numerically more similar to the “spoiled” encoding patterns than to encoding patterns from the “twist” condition, but this effect did not survive multiple comparisons correction (Figure 3B). We suggested that the weakness of this effect may be attributable to some participants not fully deactivating the *Doctor* interpretation when they update their memories; in line with this, an exploratory analysis showed that -- in some DMN ROIs -- the degree of neural change was related (across participants) to “twist scores” that behaviorally measured how strongly a participant’s recall was influenced by the twist (Figure 4; these exploratory correlations also did not survive multiple comparisons correction). Taken together, our results provide further evidence for the involvement of DMN regions in integrating new information with prior knowledge to form distinct high-level event representations. In particular, we suggest a subset of core DMN regions are implicated in representing changes in event interpretations during memory updating.

The default mode network, traditionally known to support internally oriented processes, is now considered a major hub for actively processing incoming external information and integrating it with prior knowledge in the social world (Yeshurun et al., 2021). This network is involved in episodic encoding and retrieval (Rugg & Vilberg, 2013), processing information over long time scales (Hasson et al., 2008; Lerner et al., 2011), and constructive tasks such as imagining fictitious scenes and future events (Addis et al., 2007; Hassabis et al., 2007; Hassabis & Maguire, 2007; Rugg & Vilberg, 2013; Schacter & Addis, 2007; Schacter et al., 2007). These characteristics make this network a good candidate to contribute to memory updating—a constructive process in which new information is integrated into past memories in service of better guiding behavior. Our findings support this idea by showing the shift in neural representations during updated recall in a subset of regions in this network.

At encoding, a widespread set of areas including dorsal and lateral PFC, left precuneus, left retrosplenial cortex, and left angular gyrus had differentiable neural patterns across the two interpretations of the movie. These results are consistent with previous work that showed the time course of brain responses in DMN distinguishes between groups when participants are prompted to take two different perspectives before listening to an audio story (Yeshurun et al., 2017). We extend these results to an audiovisual movie, and provide evidence that interpretative perspective is also encoded in spatially distributed neural response patterns for narrative events, averaged across minutes-long scenes. Interestingly, the difference in neural responses measured by Yeshurun and colleagues was not significant between the two perspectives of the story in the ventral portion of mPFC. Similarly, vmPFC ROIs did not exhibit a significant difference between the *Doctor* and *Ghost* representations during the encoding phase in our experiment. Previous research has implicated mPFC in processing schematic information and integration of new information into prior knowledge (Gilboa & Marlatte, 2017; Schlichting & Preston, 2017; van Kesteren et al., 2012). Using naturalistic clips as schematic events, it has been shown that response patterns in mPFC are particularly dependent on intact and predictable schemas (Baldassano et al., 2018). Together, these results suggest that our manipulation (*Doctor* and *Ghost* interpretations) may not have substantially altered the schemas that participants were using during movie-viewing (e.g., during a restaurant scene, participants will need to use their “restaurant” schema to interpret it, regardless of whether the doctor is alive or a ghost) -- although one must of course be cautious about reasoning from null results.

Even though groups had different knowledge/perspectives during encoding, we found higher pattern similarity across groups if they had similar twist knowledge during recall in vmPFC, right precuneus, and parts of temporal cortex. Previous findings suggest mPFC is involved in not just encoding but retrieval of memories in relation to prior knowledge (Brod et al., 2015; van Kesteren et al., 2010) and retrieval of overlapping representations to support integration and organization of related memories (Tomparry & Davachi, 2017). Our observations during recall fit with these findings and suggest that shifting toward a more similar perspective during recall leads to higher neural similarity in mPFC. However, during encoding, we did not observe a significant pattern correlation between groups that held the same interpretation of the movie. Furthermore, vmPFC showed up in our interaction analysis (Figure 2C), indicating that the similarity structure of vmPFC patterns across conditions was significantly different at encoding vs. retrieval. Together, these results suggest vmPFC is differently implicated in encoding and recall of story-specific representations during processing of naturalistic events.

During recall, many participants recounted both the old and new interpretations (*Ghost* and *Doctor*) of movie scenes. This behavior indicated that they maintained both representations in parallel (possibly competing), rather than overwriting the old representation with new information. The simultaneous presence of these representations poses an interesting theoretical question for future studies: When does updating the memory cause us to lose traces of the old interpretation, and when do the old and new interpretations end up co-existing in memory? Previous studies have shown that old and new memory traces are simultaneously reactivated in the brain, leading to competition (e.g., Kuhl et al., 2012), and this competition can trigger learning processes that resolve the competition, e.g., by weakening one of the memories or by restructuring the memories so they can co-exist (Ritvo et al., 2019). Understanding how competition between interpretations plays out over time is an important topic for future work; existing research on memory revaluation suggests that updating may be a temporally-extended

process driven by successive replays of the new information, rather than taking place all at once (see, e.g., Momennejad et al., 2018). In clinical settings, methods inspired by reconsolidation and memory updating are extensively used to treat maladaptive memories (Phelps & Hofmann, 2019). In these clinical contexts, it will be especially important to understand the factors that influence the “end state” of this competition between interpretations (in terms of our study: who ends up fully adopting the *Ghost* interpretation and who ends up with lingering *Doctor* traces).

Setting aside these points about whether the original (*Doctor*) interpretation lingers on, our findings clearly show that the twist causes the *Ghost* interpretation to take root in participants’ brains. Overall, these results highlight the importance of DMN regions in updating naturalistic memories and suggest new approaches to studying real-world memory modification in both experimental and clinical treatment settings.

Methods

Stimuli

The stimuli consisted of three edited versions of “The Sixth Sense” (M. Night Shyamalan, 1999) movie. The movie depicts the story of a child psychologist treating a young boy who claims he can see and speak with dead people. In the film’s ending scene, however, it is revealed that the psychologist died prior to the events of the movie and has actually been one of the ghosts the boy was seeing all along. Three different edited versions of the movie were created for the experiment. The first version was a ~60-min shortened movie including the final scene with the big reveal followed by a text on the screen describing the twist to ensure all participants in the “twist” group fully understood the twist information. The second version was identical to the first version, but a spoiler was presented as text on screen early in the movie (the “spoiled” group). In the third version, the final scene was cut out and the movie ended at a point where it appeared that the doctor successfully completed the treatment and therefore did not raise any suspicion about the twist in participants who watched this version (“no-twist” group). All participants rated the movie as engaging in a post-scan questionnaire. Eighteen scenes were selected to be included in the cued recall task (see the section on timestamping and scene selection below). For each of these scenes, a short clip from the beginning of that scene (lasting from 5 to 36 seconds. Mean = 12.9 sec) was used as a retrieval cue for the scene during the recall task.

Participants

Sixty-six right-handed, native English speakers (ages 18–24, average = 20, 21 males) were scanned in the experiment. None of the participants had previously seen *The Sixth Sense* in full or in part, which was confirmed through an online questionnaire before the session. However, because the movie is well-known and frequently referenced in popular culture, participants with some knowledge about the twist (e.g., knowing that this is a movie about ghosts and the main character is actually dead) were admitted to the “spoiled” group (see *Experimental design*) in order to facilitate data collection. In the post-scan questionnaire, two participants reported guessing the twist during watching the movie and their data was excluded. One participant did not understand the twist after watching the final scene and receiving the text explanation, so their data were omitted as well. Six participants were excluded due to large head motion (spikes with FD > 4 mm). The data of the remaining fifty-seven participants were used in the analyses. All

participants provided written informed consent prior to the experiment and received information about the conditions of the experiment and their rights. The experiment protocol and the consent forms were approved by the Institutional Review Board of Princeton University.

Experimental design

Participants were pseudo-randomly divided into three groups: the “twist” group (N = 19) watched a 60-min audio-visual edition of *The Sixth Sense* movie, including the twist at the end while undergoing fMRI scanning. The “spoiled” group (N = 18) watched a spoiled version of the movie (see Stimuli). The “no-twist” group (N = 20) watched a 55 min version of the movie with no twist scene (Figure 3B). Participants were instructed to watch the movie naturally and attentively, as there will be a task related to the movie content after watching. However, no specific information about the upcoming recall task was revealed. After the movie, participants performed a verbal cued recall task. During the cued recall task, participants watched short clips from 18 scenes of the movie. After each clip, they were asked to freely describe the events of that particular scene and to provide the most accurate interpretation of the scene given all the information they have gathered throughout watching. The instructions were identical for all three groups. The movie cue and recall were separated by 14 seconds, which ended as a countdown on the screen. The recall task was self-paced and participants pressed a button to continue to the next scene after each recall. After scanning, participants filled out a questionnaire about their experience in the scanner, including information about the movie and recall tasks and whether they guessed the twist in the middle of the movie (and if yes in which scene). All participants rated the movie as engaging. Participants in the “no-twist” group were debriefed about the real ending of the movie before leaving the facility.

Scanning procedure

The scanning session began with an anatomical scan. Participants watched the movie and read the instructions through a mirror mounted to the head coil which reflected a rear screen. The main screen was located at the back of the magnet bore and the movie was projected on the screen via an LCD projector. MR-safe, in-ear headphones were used for the movie audio. Eye-tracking was set up to monitor participants during the scans in real-time and ensure they stayed awake and attentive during the experiment. The movie and recall stimuli were presented using the Psychophysics Toolbox in MATLAB (Mathworks), which enabled coordinating the onset of the stimuli (movie and recall cues) with data acquisition. The volume level of the movie was adjusted separately for each participant using a sample clip to assure a clear and comfortable audio signal. Recall speech was recorded during the fMRI scan using a customized MR-compatible recording system (FOMRI II; Optoacoustics Ltd). The MR recording system used two orthogonally-oriented optical microphones. The reference microphone captures the background noise, and the source microphone captures both background noise and the speaker's speech (signal). A dual-adaptive filter subtracted the reference input from the source channel using a least mean square approach. To achieve an optimal subtraction, the reference signal was adaptively filtered so the filter gains are learned continuously from the residual signal and the reference input. To prevent divergence of the filter when speech was present, a voice activity detector was integrated into the algorithm. A speech enhancement spectral filtering algorithm further preprocessed the speech output to achieve a real-time speech enhancement. Audio recordings were further cleaned using noise removal software (Adobe Audition). The output recall recordings were fully comprehensible. A response box was used to collect the participants' manual button-presses during the recall task. Participants were instructed to press a button when

they finished the recall of a scene to proceed with the task. In five participants, the recall scans were stopped due to problems in pressing the buttons (or just by mistake) and were resumed after they received feedback and further instructions. In these cases, the recalls were resumed starting with the next scene. In three participants the recall scan was stopped after the first scene and in one participant before the last two scenes. In one participant the scan stopped and resumed in the middle of the recall task.

MRI acquisition

MRI data was collected on a 3T full-body scanner (Siemens Prisma) with a 64-channel head coil. Functional images were acquired using an interleaved multiband EPI sequence (TR= 1500 ms, TE 33 ms, flip angle 80 degrees, whole-brain coverage, 2 mm slice thickness, FOV 192 mm², SMS = 4). Anatomical images were acquired using a T1-weighted magnetization-prepared rapid-acquisition gradient echo (MPRAGE) pulse sequence (1 mm³ resolution). Anatomical images were acquired in a 6-min scan before the functional scans with no stimulus on the screen. Field maps were collected for B0 correction at the end of the recall run.

Preprocessing

Preprocessing was performed using fMRIPrep, version stable (Esteban et al., 2019, RRID:SCR_016216), a Nipype (Gorgolewski et al., 2011, RRID:SCR_002502) based tool. Each T1w (T1-weighted) volume was corrected for INU (intensity non-uniformity) using N4BiasFieldCorrection v2.1.0 (Tustison et al., 2010) and skull-stripped using antsBrainExtraction.sh v2.1.0 (using the OASIS template). Spatial normalization to the ICBM 152 Nonlinear Asymmetrical template version 2009c (Fonov et al., 2009, RRID:SCR_008796) was performed through nonlinear registration with the antsRegistration tool of ANTs v2.1.0 (Avants et al., 2008, RRID:SCR_004757), using brain-extracted versions of both T1w volume and template.

Functional data were motion corrected using mcflirt (FSL v5.0.9, Jenkinson et al., 2002). "Fieldmap-less" distortion correction was performed by co-registering the functional image to the same-subject T1w image with intensity inverted (Wang et al., 2017) constrained with an average fieldmap template (Treiber et al., 2016), implemented with antsRegistration (ANTs). This was followed by co-registration to the corresponding T1w using boundary-based registration (Greve & Fischl, 2009) with six degrees of freedom, using flirt (FSL). Motion correcting transformations, field distortion correcting warp, BOLD-to-T1w transformation and T1w-to-template (MNI) warp were concatenated and applied in a single step using antsApplyTransforms (ANTs v2.1.0) using Lanczos interpolation. Frame-wise displacement (Power et al., 2014) was calculated for each functional run using the implementation of Nipype.

Then, the datasets were adaptively smoothed using AFNI's 3dBlurToFWHM to reach 7 mm global smoothness (Cox, 1996). AFNI's 3dTproject was used to regress out confound variables comprising head motion (6 motion parameters and their temporal derivatives), second-order polynomial detrending variables, and high-pass filtering (140 second cutoff). De-spiking and subsequent analyses were conducted using custom MATLAB scripts (see Code Accessibility). The voxel time series in each run in the movie was z-scored across time prior to further analysis. Inspection of the recall data revealed a dramatic difference in mean signal intensity between the audiovisual movie cues and the verbal recall sections during the cued-recall task. To account for this, we used the least-squares-separate (LSS) method (Mumford et al., 2012) implemented by

AFNI's 3dLSS to model the recall data. In this method each verbal recall section was modeled independently of both the other recall scenes and the preceding movie cue. Regression coefficients (beta values) obtained by this method (one beta value per scene) were used in the main analyses. In four participants where the recall scan was split due to button-press issues, the smaller section of the recall only included 1–2 scenes. These scans were too short to be modeled using LSS and the data for these scenes were ignored. All analyses were performed in volume space. The results were projected onto the surface for visualization using Connectome Workbench (<https://www.humanconnectome.org/software/connectome-workbench>).

Atlas and ROI definition

Whole brain ROI analysis was performed on a set of 100 ROIs grouped into seven networks based on functional connectivity during rest (Schaefer et al., 2018). Thirty-four of these ROIs labeled as “DMN” were used in the main analysis.

Timestamping and scene selection

The movie was time-stamped by an independent rater naive to the purpose and design of the experiment to identify the main scenes of the movie. Eighteen scenes with clear scene boundaries were selected to be used in the cued-recall task. Very short snippets from the beginning of these scenes were used as cues in the recall task. A group of four raters watched the movie and rated the selected 18 scenes in terms of how much the twist information might change the interpretation of these scenes. They were instructed to rate each scene on a scale of 1 to 5 (1 = Interpretation does not change at all, 2 = Interpretation is mildly changed, 3 = Interpretation is moderately changed, 4 = Interpretation is strongly changed, 5 = Interpretation is very strongly changed). Six scenes scored 4 or higher (“Interpretation is strongly changed”) -- these *critical scenes* were selected for the main neural analyses. In the independent analysis of the recall behavior data, this same set of 6 scenes scored highest in *twist score* (described in the next section) which indicates a match between expected and perceived effect of twist information on recall behavior. Scene number one, in which the doctor and child meet for the first time was scored ~3 (Interpretation is moderately changed) but showed a high twist score in the behavioral recall analysis. This scene was the first time participants recalled the doctor after the main reveal (watching the twist) and given its high twist score, the recall and possibly the corresponding neural patterns appeared to be more strongly affected by the twist information. Therefore, we added this scene as a seventh *critical scene* to be used in the main neural analyses.

Behavioral analysis

The recall data were transcribed from speech to text and subject numbers (and group information) were removed. The same four raters who watched the movie and rated the “twist influence” in the previous section read the recall data scene by scene. They rated each scene for all subjects, while the order of scenes across subjects was shuffled and there was no information indicating which experimental group the scene belonged to. They were asked to rate to what degree the description of the scene reflects the movie twist and score it from 1 to 5 (1 = Purely reflects the *Doctor* interpretation, 2 = More strongly reflects the *Doctor* interpretation, 3 = Balanced between *Doctor* and *Ghost* interpretation, 4 = More strongly reflects the *Ghost* interpretation, 5 = Purely reflects the *Ghost* interpretation). Scores for each scene were averaged across 4 raters and were used as the twist score in the main analyses. Two separate raters scored the recall data based on the details and accuracy of recall irrespective of the twist information. Scores provided by these raters were averaged and used as the “memory score”.

Intersubject pattern correlation (pISC) analysis

The multivariate analysis of the data was performed by measuring the similarity between the spatial patterns of brain response in each ROI. To obtain this measure, first the time series of brain responses to the movie in each subject/ROI was averaged within each of the seven critical scenes. This method has been used to study scene-specific patterns of brain activity in previous studies (Chen et al., 2017; Zadbood et al., 2017). Averaging the time series within each scene resulted in seven spatially distributed patterns of brain activity in each ROI. For the recall phase, the beta values extracted via LSS modeling were used, similarly providing 7 activity patterns in each ROI. All pattern similarity analyses were performed between subjects to capitalize on the between-group design of the experiment (Nastase et al., 2019). For the encoding phase, the patterns of brain activity in each subject from the “twist” group were correlated (Pearson correlation) with the average of activity patterns for the “spoiled” group in corresponding scenes and averaged across scenes. The same procedure was performed to compare the “twist” and “no-twist” groups which resulted in two correlation values assigned to each subject in the “twist” group. All correlation values were Fisher transformed prior to further analysis (Fisher, 1915). In each ROI, the difference between these two comparisons was calculated and averaged across participants (difference r values depicted on each map). To determine statistical significance, we compared these two sets of values using a non-parametric paired t-test by shuffling the sign of difference values across subjects 1000 times and calculating a p-value for the observed difference based on this null distribution (one-tailed). P values were corrected for multiple comparisons across DMN ROIs by controlling the false discovery rate (FDR) at $p < .05$ (Benjamini & Hochberg, 1995). The same procedure was performed in the recall and encoding-recall analysis except for two differences in the encoding-recall analysis: during the analysis to compare “twist” and “no-twist” recall with “spoiled” encoding (Figure 3A), an independent sample non-parametric t test was performed by shuffling the group labels 1000 times and calculating the difference between the two permuted groups at each iteration to create the null distribution. To compare the “twist” recall with the “twist” encoding (Figure 3B), each subject’s recall was compared to the average of the rest of the group’s encoding to ensure all comparisons were made across subjects. To match the number of subjects in the encoding groups, one subject was randomly dropped from the encoding set in each iteration when comparing “twist” recall to “spoiled” encoding. The interaction analysis assessed whether neural patterns in the “twist” group were relatively more similar to the “spoiled” (vs. “no-twist”) group at recall (vs. encoding), and was computed as follows:

$$\text{interaction index } (r) = (\text{movie-no-twist vs. movie-twist}) - (\text{movie-spoiled vs. movie-twist}) - [(\text{recall-no-twist vs. recall-twist}) - (\text{recall-spoiled vs. recall-twist})]$$

In the analysis to identify the relationship between the neural and behavioral signature of memory update, the neural data was obtained by computing (*recall-twist vs. movie-spoiled*) – (*recall-twist vs. movie-twist*), as mentioned above and described in the results section. However, the difference values were not averaged and were correlated with the twist score across participants.

Code and data accessibility:

Code available at <https://github.com/azadbood/sixthsense>

Data are accessible upon request and will be publicly available soon as well.

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Authors contributions

A.Z., J.C., K.A.N., and U.H. designed the experiment. A.Z. collected and analyzed the data and wrote the manuscript. S.A.N. assisted in data collection and analyses and edited the manuscript. U.H., K.A.N., and J.C. supervised the project and edited the manuscript.

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