Microglia mediate synaptic plasticity induced by 10 Hz repetitive transcranial magnetic stimulation

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ABSTRACT

Microglia—the resident immune cells of the central nervous system—sense the activity of

neurons and regulate physiological brain functions. They have been implicated in the pathology

of brain diseases associated with alterations in neural excitability and plasticity. However,

experimental and therapeutic approaches that modulate microglia function in a brain-region-

specific manner have not been established. In this study, we tested for the effects of repetitive

transcranial magnetic stimulation (rTMS), a clinically employed non-invasive brain

stimulation technique, on microglia-mediated synaptic plasticity. 10 Hz electromagnetic

stimulation triggered a release of plasticity-promoting cytokines from the microglia in

organotypic brain tissue cultures, while no changes in microglial morphology or microglia

dynamics were observed. Indeed, substitution of tumor necrosis factor alpha (TNFα) and

interleukin 6 (IL6) preserved synaptic plasticity induced by 10 Hz stimulation in the absence

of microglia. Consistent with these findings, *in vivo* depletion of microglia abolished rTMS-

induced changes in neurotransmission in the medial prefrontal cortex (mPFC) of anesthetized

mice. We conclude that rTMS affects neural excitability and plasticity by modulating the

release of cytokines from microglia.

Keywords: Microglia, rTMS, microglia depletion, excitatory synaptic plasticity, TNFα

INTRODUCTION

Despite its increasingly prevalent clinical use, e.g., for the treatment of patients with pharmaco-resistant depression, the cellular and molecular effects of repetitive transcranial magnetic stimulation (rTMS) remain poorly understood (Cirillo et al., 2017; Muller-Dahlhaus and Vlachos, 2013). It is widely known however, that the electric fields produced by non-invasive magnetic brain stimulation modulate neural excitability and synaptic transmission in cortical circuits (Pell et al., 2011). These changes require neural activity, i.e., action potential induction, and Ca^{2+}-dependent signaling pathways, i.e., NMDA receptors and L-Type voltage-gated calcium channels (Lenz et al., 2015). Such changes are consistent with the long-term potentiation (LTP) of synaptic neurotransmission (Vlachos et al., 2012). It remains unclear however, how rTMS and the induction of "LTP-like" plasticity asserts positive effects in clinical settings.

Recent work suggests that microglia, the resident immune cells of the brain, sense and regulate synaptic transmission and plasticity (Badimon et al., 2020; Schafer et al., 2012). There is evidence that changes in network activity modulate microglia states (Pfeiffer et al., 2016; Stowell et al., 2019). These changes are reflected by the dynamic extension and retraction of microglial processes, by the formation of physical contacts between microglia and neurons, and by the activity-dependent secretion of plasticity-modulating factors (Akiyoshi et al., 2018; Cserep et al., 2020; Sheppard et al., 2019). Specifically, the plasticity-modulating effects of pro-inflammatory cytokines, such as tumor necrosis factor alpha (TNFα) and interleukin 6 (IL6), have been demonstrated in several experimental settings, both *in vitro* and *in vivo* (Heir and Stellwagen, 2020; Santello et al., 2011; Stellwagen and Malenka, 2006). These findings suggest that microglia play an important role in neural function and plasticity. Considering their role in pathological brain states (Graeber and Streit, 2010; Prinz et al., 2019; Prinz et al., 2021), it is interesting to theorize that the therapeutic effects of rTMS could—at least in part—

depend on the modulation of microglia function. Indeed, evidence has been provided that rTMS

affects microglial markers (Clarke et al., 2017; Cullen and Young, 2016; Li et al., 2021; Muri

et al., 2020; Stevanovic et al., 2019). However, direct experimental evidence determining the

role of microglia in rTMS-induced neural plasticity is currently not available.

To address the biological relevance of microglia in rTMS-induced synaptic plasticity,

we depleted microglia from organotypic brain tissue cultures and the adult mouse brain and

probed synaptic plasticity with a 10 Hz stimulation protocol. In turn, we tested for the effects

of 10 Hz magnetic stimulation on the structural and functional properties of microglia and

employed *in vitro* cytokine release assays to identify the plasticity promoting effects of

microglial factors secreted after rTMS.

MATERIALS AND METHODS

Ethics statement. Mice were maintained in a 12 h light/dark cycle with food and water available *ad libitum*. Every effort was made to minimize distress and pain of animals. All experimental procedures were performed according to German animal welfare legislation and approved by the competent authority (Regierungspräsidium Freiburg, G-20/154) appropriate animal welfare committee and the animal welfare officer of Albert-Ludwigs-University Freiburg, Faculty of Medicine (X-17/07K, X-17/09C, X-18/02C).

Preparation of tissue cultures. Entorhino-hippocampal tissue cultures were prepared at postnatal day 3-5 from *C57BL/6J*, *HexB-tdTom* (Masuda et al., 2020), and *C57BL/6-Tg(TNFa-eGFP)* (Lenz et al., 2020) mice of either sex as previously described (Lenz et al., 2015). Cultivation medium contained 50% (v/v) MEM, 25% (v/v) basal medium eagle, 25% (v/v) heat-inactivated normal horse serum, 25 mM HEPES buffer solution, 0.15% (w/v) bicarbonate, 0.65% (w/v) glucose, 0.1 mg/ml streptomycin, 100 U/ml penicillin, and 2 mM glutamax. The pH was adjusted to 7.3. All tissue cultures were allowed to mature for at least 18 days in a humidified atmosphere with 5% CO_2 at 35°C. Cultivation medium was replaced 3 times per week.

Microglia depletion *in vitro* and *in vivo*. Tissue cultures were treated immediately after preparation (div 0) with the CSF-1R inhibitor PLX3397 (50 nM; #2501 Axon) for at least 18 days. Vehicle-only treated cultures (DMSO, 0.1 μl) served as age- and time-matched controls. For *in vivo* microglia depletion, we used the CSF-1R inhibitor BLZ945 (kindly provided by Novartis, Basel, Switzerland) dissolved in 20% (2-hydroxypropyl)-β-cyclodextrin (Sigma-Aldrich, Germany). A dose of 200 mg/kg bodyweight was applied by oral gavage in adult (8-weeks old) mice for 7 consecutive days as previously described (Hagemeyer et al., 2017;

Masuda et al., 2020). No weight loss or any apparent signs of stress could be detected

throughout the treatment period.

Repetitive magnetic stimulation *in vitro*. Tissue cultures ($\geq$ 18 days *in vitro*) were transferred

to a 35 mm Petri Dish filled with pre-warmed standard extracellular solution containing (in

mM): 129 NaCl, 4 KCl, 1 $MgCl_2$, 2 $CaCl_2$, 4.2 glucose, 10 HEPES, 0.1 mg/ml streptomycin,

100 U/ml penicillin, pH 7.4 adjusted with NaOH, osmolarity adjusted with sucrose to 380-390

mOsm. Cultures were stimulated using the Magstim Rapid^2 stimulator (Magstim Company,

UK) connected to a Double AirFilm$^®$ Coil (coil parameters according to manufacturer's

description: average inductance = 12 μH; pulse rise time approximately 80 μs; pulse duration

= 0.5 ms, biphasic; Magstim Company, UK) with a biphasic current waveform. Cultures were

positioned approximately 1 cm under the center of the coil and oriented in a way that the

induced electric field was parallel to the dendritic tree of CA1 pyramidal neurons. The

stimulation protocol consisted of 900 pulses at 10 Hz (50% maximum stimulator output).

Cultures were kept in the incubator for at least 2 h after stimulation before experimental

assessment. Age- and time-matched control cultures were not stimulated, but otherwise treated

identical to stimulated cultures (sham stimulation). For cytokine substitution experiments

TNFα (5 ng/ml; #410-MT RD Systems) and IL6 (2.5 ng/ml; #406-ML RD Systems) were

added to the stimulation medium.

Repetitive magnetic stimulation *in vivo*. rTMS was carried out in adult (~8 weeks old)

urethane-anesthetized (1.25 g kg^{-1}, intraperitoneal; 0.125 g kg^{-1}, subcutaneous) *C57BL/6J*

mice of either sex. The head was placed under the coil with the medial prefrontal cortex

(mPFC) under the center. During the stimulation, the brain-to-coil distance was kept minimal,

while brain-to-coil contact was avoided. Repetitive stimulation was performed at fixed

intensities of 60% MSO (which corresponds to 90% motor threshold, see (Lenz et al., 2016))

using the same 10-Hz stimulation protocol described above. Control animals placed near the

coil during stimulation were not stimulated but otherwise treated identically. All animals were

transferred back to their cages with appropriate body temperature control and were held in

anesthesia for 2 h under continuous surveillance. After the waiting period, ketamine/xylazin

(100 mg kg^{-1} / 20 mg kg^{-1}; i.p. application) was injected to achieve a suitable analgesia before

rapid decapitation.

The brain was prepared as previously described (Lenz et al., 2021; Ting et al., 2018).

After dissection, the brain was embedded in low-melting agar (1.8% w/v in PBS; Sigma

Aldrich #A9517) and frontal sections (350 µm thickness) containing the mPFC were prepared

using a Leica VT1200S vibratome with a cutting angle of 15°. The brain was cut in NMDG-

aCSF [containing (in mM) 92 NMDG, 2.5 KCl, 1.25 NaH$_2$PO$_4$, 30 NaHCO$_3$, 20 HEPES, 25

glucose, 2 thiourea, 5 Na-ascorbate, 3 Na-pyruvate, 0.5 CaCl$_2$, and 10 MgSO$_4$, (pH = 7.3–7.4)]

at approximately 0°C. After cutting slices were recovered in NMDG-aCSF at 34°C. Sodium

spike-in was performed according to a previously established protocol that is suitable for ~8

week old animals (Lenz et al., 2021; Ting et al., 2018). After recovery, we transferred the slices

to a holding chamber [holding-aCSF; containing (in mM) 92 NaCl, 2.5 KCl, 1.25 NaH$_2$PO$_4$,

30 NaHCO$_3$, 20 HEPES, 25 glucose, 2 thiourea, 5 Na-ascorbate, 3 Na-pyruvate, 2 CaCl$_2$, and

2 MgSO$_4$, (pH = 7.3–7.4)] at room temperature in which slices were maintained at least half an

hour until electrophysiological assessment.

Propidium iodide staining. Tissue cultures were incubated with propidium iodide (PI, 5

µg/ml; #P3566 Invitrogen) for 2 h, washed in phosphate buffered saline (PBS) and fixed as

described below. Cultures treated for 4 h with NMDA (50 µg/ml; #0114 Tocris) served as

positive controls in these experiments. Cell nuclei were stained with DAPI, sections were

mounted on microscope slides and confocal images were acquired as described below.

Immunostaining and imaging. Tissue cultures were fixed overnight in a solution of 4% (w/v)

paraformaldehyde (PFA) in PBS (prepared from 16% PFA stocks in phosphate buffered saline

according to manufacturer's instruction; #28908 Thermo Scientific). After fixation, cultures

were washed in PBS (0.1 M, pH 7.4) and consecutively incubated for 1 h with 10% (v/v) normal

goat serum (NGS) in 0.5% (v/v) Triton X-100 containing PBS to reduce nonspecific staining

and to increase antibody penetration. Subsequently, cultures were incubated overnight at 4°C

with rabbit anti-Iba1 (1:1000; #019-19741 Fujifilm Wako) in PBS with 10% NGS and 0.1%

Triton X-100. Sections were washed and incubated overnight at 4°C with appropriate Alexa

Fluor$^{®}$ dye-conjugated secondary antibodies (1:1000, donkey anti-rabbit Alexa Fluor 488 or

647; #A-21206 or #A-32795 Invitrogen) in PBS with 10% NGS or NHS, 0.1% Triton X-100.

For post-hoc visualization of patched pyramidal cells, Streptavidin Alexa Fluor 488 or 633

(Streptavidin A488, 1:1000; #S32354 Invitrogen; Streptavidin A633, 1:1000; #S21375

Invitrogen) was added to the secondary antibody incubation solution. DAPI nuclear stain

(1:2000 in PBS for 20 minutes; #62248 Thermo Scientific) was used to visualize

cytoarchitecture. Cultures were washed, transferred onto glass slides and mounted for

visualization with DAKO anti-fading mounting medium (#S302380-2 Agilent).

A Leica SP8 laser-scanning microscope equipped with a 20x multi-immersion (NA

0.75; Leica), a 40x oil-immersion (NA 1.30; Leica) and a 63x oil-immersion objective (NA

1.40; Leica) was used for confocal image acquisition. Images for analysis of microglia cell

density (Figure 1) and images of propidium iodide stainings (Figure 3) were acquired with a

20x objective at 0.75x optical zoom (resolution: 512 x 512 px). Image stacks for spine density

and spine volume analysis (Figure 6) were acquired with a 63x oil-immersion objective at 5.0x

optical zoom (resolution: 1024 x 1024, $\Delta z = 0.22$ µm at ideal Nyquist rate). Image stacks of

Iba1 stained *HexB-tdTom* cultures (Figure S1) were acquired with a 20x objective at 2.0x

optical zoom (resolution: 512 x 512 px). Image stacks of Iba1 stained acute cortical slices

(Figure 11) were acquired using a 40x oil-immersion objective at 2.0x optical zoom (resolution

1024x1024, $\Delta z = 1$ µm). Laser intensity and detector gain were set to achieve comparable

overall fluorescence intensity throughout stacks between all groups in each experimental

setting.

Live-cell imaging. Live-cell imaging of tissue cultures was performed at a Zeiss LSM800

microscope equipped with a 10x water-immersion (NA 0.3; Carl Zeiss) and a 40x water-

immersion objective (NA 1.0; Carl Zeiss). Filter membranes with 2 to 6 cultures were placed

in a 35 mm Petri Dish containing pre-oxygenated imaging solution consisting of 50% (v/v)

MEM, 25% (v/v) basal medium eagle, 50 mM HEPES buffer solution (25% v/v), 0.65% (w/v)

glucose, 0.15% (w/v) bicarbonate, 0.1 mg/ml streptomycin, 100 U/ml penicillin, 2 mM

glutamax and 0.1 mM trolox. The cultures were kept at 35°C during the imaging procedure.

Live-cell imaging of homozygous ($HexB^{tdT/tdT}$) and heterozygous ($HexB^{tdT/+}$) cultures

prepared from *HexB-tdTom* transgenic animals was performed to assess microglia morphology

after rMS. Cultures were stimulated as described above (rMS and sham stimulation) and

imaging was started immediately in imaging solution under continuous oxygenation (5% CO_2

/ 95% O_2). For 3 hours, every 2 minutes a z-stack of the same cell was recorded using a 40x

water-immersion objective with $\Delta z = 1$ µm at ideal Nyquist rate and an optical zoom of 1.0x

(resolution 512 x 512 px, 2x line average). Laser intensity and detector gain were initially set

and were kept constant over image acquisition time.

Live-cell imaging of *C57BL/6-Tg(TNFa-eGFP)* cultures was performed to monitor

TNFα expression after rMS as an indicator of neuroinflammation. Cultures were stimulated as

described above (rMS and sham stimulation) and kept in the incubator after stimulation. After

3 hours a z-stack of each culture was recorded using a 10x water-immersion objective with Δz

$= 6.3$ µm at ideal Nyquist rate and an optical zoom of 0.5x (resolution 1024 x 1024 px). Laser

intensity and detector gain were initially set to keep the fluorescent signal in a dynamic range

throughout the experiment and were kept constant.

Confocal image stacks were stored as .czi files.

Transcriptome Microarray. Tissue cultures that were cultivated on one filter membrane (3

cultures) were transferred as one sample into RLT buffer (QIAGEN) and RNA was isolated

according to the manufacturer's instructions (RNeasy Plus Micro Kit; #74034 QIAGEN). RNA

was eluted in 50 µl water and precipitated in 0.75 M ammonium-acetate and 10 µg glycogen

(#R0551 Thermo Scientific) by adding 125 µl ethanol (100%). Samples were incubated at -

80°C overnight and consecutively centrifuged for 30 minutes at 4°C. Pellets were washed with

70% ethanol, centrifuged again and dried. Finally, pellets were dissolved in water for further

processing. RNA concentration and integrity was consecutively analyzed by capillary

electrophoresis using a Fragment Analyser (Advanced Analytical Technologies, Inc., USA).

RNA samples with RNA quality numbers (RQN) > 8.0 were further processed with the

Affymetrix WT Plus kit and hybridized to Clariom S mouse arrays as described by the

manufacturer (Thermo Fisher, Germany). Briefly, labeled fragments were hybridized to arrays

for 16 h at 45°C, 60 rpm in a GeneChip™ Hybridization Oven (Thermo Fisher, Germany).

After washing and staining, the arrays were scanned with the Affymetrix GeneChip Scanner

3000 7G (Thermo Fisher, Germany). CEL files were produced from the raw data with

Affymetrix GeneChip Command Console Software Version 4.1.2 (Thermo Fisher, Germany).

Cytokine detection assay. To analyze protein release upon rMS, cultures were stimulated on

incubation medium in interface configuration with three cultures grown on one filter

membrane. Three hours after stimulation, both incubation medium (for detection of protein

release) and tissue cultures (for gene expression analysis) were collected and frozen in liquid

nitrogen until further processing.

For cytokine detection, a V-Plex Proinflammatory Panel 1 (mouse) Kit Plus
(#K15048G Mesoscale Discovery) was used. The collected incubation medium was diluted 1:1
in diluent provided with the kit. Protein detection was performed according to the
manufacturer's instructions. A pre-coated plate with capture antibodies on defined spots was
incubated with the diluted samples overnight. After washing, samples were incubated for over
night with a solution containing electrochemiluminescent MSD SULFO-TAG detection
antibodies (Mesoscale Discovery; Antibodies: Anti-ms TNFα Antibody #D22QW, Anti-ms
IL6 Antibody #D22QX, Anti-ms CXCL1 Antibody #D22QT). After washing, samples were
measured with a MESO QuickPlex SQ 120 instrument (Mesoscale Discovery). The respective
protein concentrations were determined using the MSD DISCOVERY WORKBENCH
software (Mesoscale Discovery).

RNA Isolation and Quantitative reverse transcription PCR (RT-qPCR). RNA isolation
for qPCR analysis was performed as follows. Tissue cultures that were cultivated on one filter
membrane (3 cultures) were transferred as one sample into RNA Protection buffer (New
England Biolabs) and RNA was isolated according to the manufacturer's instructions
(Monarch® Total RNA Miniprep Kit; #T2010S New England Biolabs). As a quality control,
the RIN (RNA integrity number) value of RNA isolated from tissue culture was determined
using the Agilent RNA 6000 Pico Kit (#5067-1513 Agilent) with a 2100 Bioanalyzer
(#G2939BA Agilent; Mean RIN value: 8.9). Purified RNA was consecutively reverse
transcribed (RevertAid RT Kit; #K1691 Thermo Scientific). cDNA was diluted in water to a
final concentration of 3 ng/ml. RT-qPCR was performed using a C1000 Touch Thermal Cycler
(BIO-RAD) and the CFX 384 Real-Time PCR system (BIO-RAD). 13.5 ng target cDNA
diluted in TaqMan Gene Expression Master Mix (#4369016 Applied Biosystems) were
amplified using standard TaqMan gene expression assays (Applied Biosystems; Assay-IDs:
Gapdh: Mm99999915_g1; *Tnf*: Mm00443258_m1; *Il6*: Mm00446190_m1; *Cxcl1*:

Mm04207460_m1). The RT-qPCR protocol was performed as follows: 1 cycle of 50°C for 2

min, 1 cycle of 95°C for 10 min, 40 cycles of 95°C for 15 s and 60°C for 1 min. Of each sample

three technical replicates were used and no amplification was detected in non-template

controls. Amplification curves were excluded from further analysis if efficiency values were

less than 90 or exceeded 110 according to automated calculation by the Bio-Rad CFX Maestro

software package. Data were exported and stored on a computer as .pcrd-files.

Whole-cell patch-clamp recordings. Whole-cell patch-clamp recordings were carried out at

35°C (3-6 neurons per culture). Patch pipettes contained (in mM) 126 K-gluconate, 10 HEPES,

4 KCl, 4 ATP-Mg, 0.3 GTP-Na_2, 10 PO-Creatine, 0.3% (w/v) biocytin (pH 7.25 with KOH,

290 mOsm with sucrose), having a tip resistance of 4-6 MΩ. Pyramidal neurons were visually

identified using a LN-Scope (Luigs & Neumann) equipped with an infrared dot-contrast and a

40x water-immersion objective (NA 0.8; Olympus). Electrophysiological signals were

amplified using a Multiclamp 700B amplifier, digitized with a Digidata 1550B digitizer, and

visualized with the pClamp 11 software package.

For whole-cell patch-clamp recordings of CA1 pyramidal neurons in tissue cultures,

the bath solution contained (in mM) 126 NaCl, 2.5 KCl, 26 $NaHCO_3$, 1.25 NaH_2PO_4, 2 $CaCl_2$,

2 $MgCl_2$, and 10 glucose (aCSF) and was oxygenated continuously (5% CO_2 / 95% O_2).

Spontaneous excitatory postsynaptic currents (sEPSCs) of CA1 pyramidal neurons were

recorded in voltage-clamp mode at a holding potential of -60 mV. Series resistance was

monitored before and after each recording and recordings were discarded if the series resistance

reached ≥ 30 MΩ. For mEPSC recordings of CA1 pyramidal neurons, D-APV (10 μM;

#ab120003 Abcam), (-)-Bicuculline-Methiodide (10 μM; #ab120108 Abcam) and TTX (0.5

μM; #18660-81-6 Biotrend) were added to the external solution.

Whole-cell patch-clamp recordings of superficial (layer 2/3) cortical pyramidal neurons in

acute mouse brain slices were carried out in a bath solution containing holding-aCSF. For

sEPSC recordings, layer 2/3 pyramidal neurons were held at -70 mV in voltage-clamp mode.

For recording of intrinsic cellular properties in current-clamp mode, pipette capacitance

of 2.0 pF was corrected and series resistance was compensated using the automated bridge

balance tool of the MultiClamp commander. I-V-curves were generated by injecting 1 s square

pulse currents starting at -100 pA and increasing in 10 pA steps (sweep duration: 2 s). Series

resistance was monitored, and recordings were discarded if the series resistance reached $\geq$ 30

MΩ.

Multi-scale modeling. A 3-dimensional mesh model was created with two compartments, i.e.,

bath solution and organotypic tissue culture, using the finite element method and the program

Gmsh (4.8.4). Local mesh resolution was increased from 0.01 to 0.004 units in the CA1 region

of the culture, i.e., region of interest (ROI), where neurons were placed. The final mesh

consisted of 3.55×10^6 nodes and 2.11×10^7 tetrahedrons. The mean tetrahedron edge length

was 5.6 μm in the ROI. The physical dimensions of the mesh model were adapted from the *in*

vitro setting.

The coil-to-culture distance was kept at 10 mm and the coil was positioned above the

culture. Electrical conductivities for the bath and culture were 1.654 S m^{-1} and 0.275 S m^{-1},

respectively. The rate of change of the coil current was set to 1.4 A μs^{-1} at 1% MSO and it was

scaled up to 50% MSO. Macroscopic electric field simulations were performed using SimNIBS

(3.2.4) and Matlab (2020b). A validated 70 mm MagStim figure-of-eight coil was used in all

simulations.

For multi-scale modeling, we used the Neuron Modeling for TMS (NeMo-TMS)

framework to study the biological responses of CA1 pyramidal neurons to biphasic single pulse

TMS and rTMS (Shirinpour et al., 2021). Axonal morphology was adopted from an example

cell (Shirinpour et al., 2021). For all neurons, we implemented the generalized version of the

Jarsky model (Shirinpour et al., 2021).

We extracted the membrane potentials and voltage-gated calcium 'influx' from the

somatic and dendritic compartments (Shirinpour et al., 2021). We analyzed the number of

action potentials, calcium spikes and their peak values. Simulations were run on a high

performance computer in the state of Baden-Württemberg, Germany (bwHPC).

Quantification and statistics. For the analysis of microglia cell density and spine density,

cells or spines were counted manually in maximum intensity projections of the confocal image

stacks using the 'Cell Counter' plugin of Fiji image processing package [available at

https://fiji.sc/; (Schindelin et al., 2012)].

Spine head volumes were assessed in the confocal image stacks using the Imaris x64

(version 9.5.0) software. The surface tool with the 'split touching object' option enabled was

used to measure the volume of spine heads. Files were stored as .ims.

Confocal images of PI stained cultures were processed and analyzed using the Fiji

image processing package. After background subtraction (rolling ball radius 50 px), images

were binarized and PI positive particles were displayed and counted using the 'Analyze

Particles' function. Values were normalized to the mean value of the control group.

Confocal image stacks of heterozygous *C57BL/6-Tg(TNFa-eGFP)* cultures were

processed and analyzed as previously described (Lenz et al., 2020) using the Fiji image

processing package. Mean fluorescence intensity of the culture area was normalized to the

mean value of fluorescence intensity of the sham-stimulated cultures in the respective round.

Dendritic morphologies were assessed using the Neurolucida® 360 software (version

2020.1.1). Cells were semi-automatically reconstructed with the 'user guided tree

reconstruction' function. Reconstructions were saved as .DAT files and analysis was performed

in the Neurolucida Explorer (version 2019.2.1).

To analyze microglia morphology in *HexB-tdTom* cultures, confocal image stacks were

processed and analyzed using the Fiji image processing package. Of each z-stack a maximum

intensity projection was generated and binarized using the 'Trainable Weka Segmentation'

plugin (Arganda-Carreras et al., 2017). The same classifier was applied to all images of the

same microglia over the recorded 3 h. After removing outliers (radius = 2 px, threshold = 50),

microglia scanning density and microglia domain of each image were manually assessed as

previously described (Pfeiffer et al., 2016). Values were normalized to the mean.

For the analysis of microglial morphology in acute mouse cortical slices, stacks of

single cells were also processed and analyzed using the Fiji image processing package. First,

each stack was processed using the 'despeckle' function, then a maximum intensity projection

was generated. After removing outliers (radius = 3 px, threshold = 50), the image was binarized

as described before. Again, outliers were removed (radius = 2 px, threshold = 50), microglia

scanning density and microglia domain of each image were manually assessed.

Single cell recordings were analyzed off-line using Clampfit 11 of the pClamp11

software package (Molecular Devices). sEPSC and mEPSC properties were analyzed using the

automated template search tool for event detection (Lenz et al., 2021). Input resistance was

calculated for the injection of -100 pA current at a time frame of 200 ms with maximum

distance to the Sag-current. Resting membrane potential was calculated as the mean baseline

value. AP detection was performed using the input/output curve threshold search event

detection tool, and the AP frequency was assessed upon the number of APs detected during the

respective injection step. 4 cells in the microglia-depleted (BLZ945-treated) sham stimulated

group were excluded in the analysis of intrinsic properties (Figure S4) due to loss of the

integrity of the patch during recording of the I-V-curve.

Statistical evaluation of the multi-scale modeling was implemented in R (4.0.3;

https://www.R-project.org/) and R Studio (1.3.1093; http://www.rstudio.com/) integrated

development environment. We ran generalized linear mixed models (GLMM) with predictors

TREATMENT (two levels: control, PLX3397) and COMPARTMENT (three levels: soma,

apical and basal dendrites). GLMM allows modeling dependent variables from different

distributions and model both fixed and random effects (Stroup, 2012). The null model

contained the cell as random intercept, and we added each predictor and their interaction terms

one-by-one to the subsequent models. The Bayesian information criterion (BIC) was used to

compare the current model with the previous one. We selected the winning model if the ΔBIC

was at least 10 units less than for the null or previous model.

Affymetrix GeneChip™ microarray data (CEL files) were analyzed using the

Affymetrix Transcriptome Analysis Console (TAC version 4.0.2.15). Gene expression was

considered significantly different when FDR p-value < 0.05 and fold change < -2 or > 2.

Differentially expressed well-annotated genes were considered 'microglia-specific' (Figure 1)

if they were part of highly specific microglia markers found by Chiu et al. (Chiu et al., 2013)

and 'microglia-related' if there was literature found that showed expression of these genes in

microglia. A full list of differentially expressed genes including predicted genes is provided in

supplementary table 1.

RT-qPCR data were analyzed as previously described (Lenz et al., 2020) with the Bio-

Rad CFX Maestro 1.0 software package using the ΔΔCq method with *Gapdh* as reference gene.

Values were normalized to the mean value of the respective vehicle-treated control group.

Mesoscale cytokine detection assay was analyzed using the MSD DISCOVERY

WORKBENCH 4.0 platform. mRNA/protein level correlations were visualized by a linear

regression fit and analyzed using non-parametric Spearman's correlation coefficients (r).

Data were analyzed using GraphPad Prism 7 (GraphPad software, USA). Statistical

comparisons were made using non-parametric tests, since normal distribution could not be

assured. For column statistics, Mann-Whitney test (to compare two groups) and Kruskal-

Wallis-test followed by Dunn's multiple comparisons were used. For statistical comparison of

XY-plots, we used an RM two-way ANOVA test (repeated measurements/analysis) with

Sidak's multiple comparisons. p-values < 0.05 were considered a significant difference. In the

text and figures, values represent mean ± standard error of the mean (s.e.m.). * $p < 0.05$, ** p

< 0.01, *** $p < 0.001$ and not significant differences are indicated by 'ns'.

Digital Illustrations. Figures were prepared using Photoshop graphics software (Adobe, San

Jose, CA, USA). Image brightness and contrast were adjusted.

RESULTS

Pharmacologic depletion of microglia in organotypic tissue cultures

To determine the role of microglia in r(T)MS-induced synaptic plasticity organotypic tissue

cultures were treated with the colony-stimulating factor 1 receptor (CSF-1R) antagonist

PLX3397, which readily depletes microglia (Coleman et al., 2020; Elmore et al., 2014). Tissue

cultures containing the entorhinal cortex and the hippocampus were exposed to 50 nM

PLX3397 for at least 18 days *in vitro*, starting immediately after tissue-culture preparation

(Figure 1). A robust and almost complete depletion of microglia (~96% reduction in cell

density) was observed in the three-week old tissue cultures, as demonstrated by

immunostaining for the microglial marker Iba1 (Figure 1B-D).

Successful depletion of microglia was also confirmed with RNA microarray analysis

(Figure 1E-G). We observed a significant reduction of microglia-specific and microglia-related

genes in the group treated with PLX3397 (Figure 1E, F). Specifically, gene sets characteristic

of M0-, M1-, and M2-classified microglia (Jurga et al., 2020) were reduced in our tissue

cultures (Figure 1G). In turn, no major changes in the expression of genes related to astrocytes,

oligodendrocytes, and neurons, i.e., synaptic genes were observed following microglia

depletion. These findings show that treatment with PLX3397 results in a robust and specific

depletion of microglia in three-week-old organotypic tissue cultures.

CA1 pyramidal neurons in microglia-depleted tissue cultures do not express rMS-

induced synaptic plasticity

Microglia-depleted tissue cultures and non-depleted control cultures were stimulated with a 10

Hz stimulation protocol consisting of 900 pulses at 50% maximum stimulator output using a

Magstim Rapid[2] stimulator equipped with an AirFilm® coil (Figure 2). The distance from the

coil and the orientation of the stimulated tissue within the electric field were kept constant in

all experiments (Figure 2A, B). CA1 pyramidal neurons were patched and α-amino-3-hydroxy-

5-methyl-4-isoxazolepropionic acid (AMPA) receptor-mediated miniature excitatory

postsynaptic currents (mEPSCs) were recorded 2–4 h after stimulation (Figure 2C). Sham-

stimulated controls were treated the same way except for stimulation. In line with previous

work (Lenz et al., 2020; Lenz et al., 2015; Vlachos et al., 2012), 10 Hz rMS induced a robust

strengthening of excitatory synapses in CA1 pyramidal neurons of control tissue cultures, as

demonstrated by increased mean mEPSC amplitude, half width, area, and frequency (Figure

3A-C). Conversely, no changes in mEPSCs were observed in microglia-depleted tissue cultures

following rMS (Figure 3D-E). These results demonstrate that the presence of microglia is

required for rMS-induced synaptic plasticity.

Microglia depletion does not affect cell viability

The neurotrophic and neuroprotective effects of microglia are well recognized in the field (e.g.,

(Freria et al., 2020; Jin et al., 2017)). Although no obvious signs of cell death were observed

in our experiments and despite the fact that baseline mEPSC properties were comparable

between the two groups (c.f., Figure 3C and F), we decided to err on the side of caution and

tested for alterations in cell viability as a potential confounding factor of rMS-induced synaptic

plasticity. In these experiments propidium iodide (PI) staining was used to assess viability and

cell death in our preparations [Figure 4; c.f., (Lenz et al., 2020)]. PI is a cell-membrane

impermeant fluorescent molecule that binds to DNA. Hence, PI can be used as a marker for

membrane integrity when applied to living tissue. Tissue cultures treated with PLX3397 (50

nM) or vehicle-only controls were stained with PI and NMDA treated tissue cultures (50 µM,

4 h) served as a positive control in these experiments (Figure 4A). The PI-signal was

comparatively low in three-week-old control cultures and age- and time-matched PLX3397-

treated preparations, while a significant increase in PI-signal was detected in the NMDA-

treated group (Figure 4A). We conclude from these results that the inability of CA1 pyramidal

neurons to express rMS-induced synaptic plasticity is not based on altered cell viability or cell

death in the absence of microglia.

No major functional and structural changes of CA1 pyramidal neurons in microglia-

depleted tissue cultures

Neuronal excitability and morphology are expected to have a major impact on the outcome of

electromagnetic stimulation (Aberra et al., 2020; Shirinpour et al., 2021). Therefore, we tested

for the effect of microglia depletion on structural and functional properties of CA1 pyramidal

neurons in our experiments (Figure 4-6). Another set of CA1 pyramidal neurons was recorded

in control and microglia-depleted tissue cultures and stained posthoc for morphological

analysis (Figure 4B; c.f., Figures 5 and 6).

PLX3397-mediated microglia depletion did not affect the basic functional properties of

CA1 pyramidal neurons, i.e., resting membrane potential (Figure 4C) and input resistance

(Figure 4D). A slight but non-significant difference in action potential frequency was observed

for high current injections between the two groups (Figure 4E). Likewise, amplitudes and

frequencies of AMPA-receptor mediated spontaneous EPSC were not significantly different

between the groups (Figure 4F). These results indicate that microglia depletion does not affect

basic functional properties and synaptic activity of CA1 pyramidal neurons.

Consistent with these findings, Sholl analysis of the reconstructions of apical and basal

dendrites did not show any major effects of microglia depletion on the dendritic morphologies

of CA1 pyramidal neurons (Figure 5A, B). We did not observe any significant differences in

total dendritic length (Figure 5C), the number of branching points (Figure 5D), or the number

of endpoints (Figure 5E).

Finally, a detailed morphological analysis of CA1 dendritic spines (Figure 6) confirmed

our sEPSC recordings by demonstrating no significant differences in spine densities and spine-

head volumes between the two groups in CA1 stratum radiatum (Figure 6A), stratum oriens

(Figure 6B) and stratum lacunosum-moleculare (Figure 6C).

Taken together, we conclude that microglia depletion does not cause major structural and

functional changes in CA1 pyramidal neurons that could readily explain the inability of neurons

to express rMS-induced synaptic plasticity in the absence of microglia.

Realistic multi-scale computer modeling predicts no major differences in rMS-induced

depolarization and intracellular Ca^{2+} levels

We further evaluated the effects of 10 Hz rMS on CA1 pyramidal neurons using multi-scale

computational modeling to link the physical input parameters of rMS to dendritic morphologies

and subcellular neural effects [Figure 7; (Shirinpour et al., 2021)]. The 3D reconstructed

morphologies from recorded CA1 pyramidal neurons in microglia-depleted and non-depleted

tissue cultures (c.f., Figure 5) were used in these experiments (Figure 7A). Both membrane

voltage and calcium concentrations were assessed in this modeling approach (Figure 7B-F).

We estimated the minimum synaptic weight just below the firing threshold of the CA1

pyramidal neurons. Consistent with our experimental data the synaptic weights of the model

did not differ in CA1 pyramidal neurons from depleted and non-depleted tissue cultures (Figure

8D).

We compared the peak spike values for the membrane voltage. The winning model

(ΔBIC = 341.24; $F_{2,102}$ = 1387.59, p = 2.2 × 10^{-16}) employed the compartment as predictor.

Confirming our expectations, the analysis revealed significantly weaker peak values in the

apical ($t = -48.524$, $p = 2.2 \times 10^{-16}$) and basal dendrites ($t = -6.563$, $p = 2.23 \times 10^{-9}$). However,

the treatment had no effect on either the number of spikes (Figure 7D) or the peak action

potential values in any compartment (Figure 7E).

We continued by comparing the peak calcium-concentration values extracted from the

compartments and treatment conditions. As for the voltage data, the winning model (ΔBIC =

189.3875; $F_{2,102} = 283.51$, $p = 2.2 \times 10^{-16}$) utilized the compartment as predictor. Again, the

analysis revealed significantly weaker peak values in the apical ($t = -21.64$, $p = 2.2 \times 10^{-16}$) and

basal dendrites ($t = -19.75$, $p = 2.2 \times 10^{-16}$). However, the treatment had no major effects on

the peak calcium-concentration levels in compartments investigated (Figure 7F).

Repetitive magnetic stimulation does not affect structural properties of microglia

After demonstrating that structural and functional differences of CA1 pyramidal neurons do

not explain our major findings, i.e., the inability of neurons to express rMS-induced synaptic

plasticity in the absence of microglia, we considered the possible effects of rMS on the

structural and functional properties of microglia (Figures 8 and 9).

To test for the effects of 10 Hz rMS on microglia morphology and dynamics, tissue

cultures were prepared from the recently established transgenic *HexB-tdTom* mouse line, which

expresses the red fluorescent protein tdTomato under the control of the Hexoaminidase B

promotor (HexB) (Masuda et al., 2020). Of all tdTomato expressing cells, 97% also showed a

positive Iba1 staining, while in 98% of all Iba1 positive cells, tdTomato signal was also

detected (Figure S1). Apparently, the vast majority of microglia are readily identified in three-

week-old tissue cultures prepared from *HexB-tdTom* mice.

We next employed live-cell microscopy and imaged microglia, i.e., tdTomato

expressing cells in CA1 stratum radiatum. Confocal image stacks were obtained every 2

minutes for 3 hours immediately after 10 Hz rMS or sham stimulation (Figure 8). In these

experiments, we did not observe any major rMS-related changes in microglia morphology. A

detailed analysis of microglia dynamics in maximum-intensity projections (Figure 8A-C)

revealed no significant changes in dynamic microglial domains and scanning densities among

rMS-stimulated and sham-stimulated tissue cultures (Figure 8D). We conclude that 10 Hz rMS

does not lead to major changes in microglia morphology and dynamics.

Repetitive magnetic stimulation triggers a release of plasticity-promoting cytokines from

microglia

We then considered whether 10 Hz rMS triggers an activation of microglia in the absence of

major changes in microglia morphology. The plasticity-modulating effects of cytokines

secreted by activated microglia are well-established (e.g., Cao et al., 2014; Chai et al., 2019;

Habbas et al., 2015; Heir and Stellwagen, 2020; Lenz et al., 2020; Maggio and Vlachos, 2018;

Santello et al., 2011; Stellwagen and Malenka, 2006; Tancredi et al., 2000). Specifically, TNFα

and IL6 have been linked to the ability of neurons to express synaptic plasticity (Lenz et al.,

2015; Rizzo et al., 2018; Stellwagen and Malenka, 2006; Tancredi et al., 2000). In this context,

we were recently able to demonstrate that low concentrations of TNFα promote the ability of

neurons to express synaptic plasticity (Maggio and Vlachos, 2018). Therefore, we theorized

that 10 Hz rMS could trigger the production and/or secretion of TNFα and other cytokines at

low, i.e., plasticity-promoting concentrations.

We performed qPCR-analyses and protein-detection assays in another set of 10 Hz

stimulated and sham-stimulated microglia-depleted and non-depleted tissue cultures (Figure

9A-C and Figure S2). Indeed, 10 Hz rMS triggered an increase in TNFα at both the mRNA and

protein levels that was not evident in microglia-depleted tissue cultures (Figure 9A). Notably,

reduced baseline levels of TNFα protein were observed in the microglia-depleted tissue

cultures, which is consistent with the suggestion that microglia are a major source of TNFα in

our preparations ($n_{control, non-depleted}$ = 6 cultures, $n_{control, PLX3397}$ = 8 cultures; Mann-Whitney test).

Moreover, a considerable increase in IL6 and CXCL1 was detected only in non-depleted tissue

cultures (Figure 9B, C). Notably, IL1β could only be detected at the lower detection limit and

did not increase significantly upon stimulation.

We further excluded an rMS-induced pathological activation of microglia in tissue

cultures prepared from a transgenic TNFα reporter mouse line, which expresses the enhanced

green fluorescent protein under the control of the TNF-promoter, *C57BL/6-Tg(TNFa-eGFP)*.

In a previous study, we found a strong pathological activation of microglia, i.e., strong increase

in eGFP-expression, in the presence of bacterial lipopolysaccharides (Lenz et al., 2020). Live-

cell microscopy revealed no obvious changes in eGFP fluorescence following 10 Hz rMS

(Figure 9D), which is in line with a moderate production and release of cytokines (Figure 9A-

C) in the absence of obvious morphological changes of microglia (Figure 8). Taken together,

these results suggest that 10 Hz rMS induces a physiological increase and release in microglial

cytokines, e.g., TNFα and IL6.

Substitution of plasticity-promoting cytokines during stimulation rescues rMS-induced

synaptic plasticity in microglia-depleted tissue cultures

We then tested whether the exogenous substitution of TNFα and IL6 rescues the ability of CA1

pyramidal neurons to express rMS-induced synaptic plasticity in the absence of microglia

(Figure 10). TNFα (5 ng/ml) and IL6 (2.5 ng/ml) were added to the medium during stimulation

only, and AMPA-receptor mediated mEPSCs were again recorded from CA1 pyramidal

neurons of microglia-depleted tissue cultures between 2-4 h after stimulation (Figure 10A).

Indeed, in these experiments rMS-induced synaptic strengthening, i.e., a significant increase in

mean mEPSC amplitude and half width was observed (Figure 10B). Of note, exposure to TNFα

and IL6 at the same concentration and duration did not affect mEPSC amplitudes; only mEPSC

frequencies were increased (n_{sham} = 20 cells, $n_{sham+cytokines}$ = 22 cells; mEPSC amplitude: 24.27

± 0.56 pA (sham) vs. 24.86 ± 0.43 pA (sham+cytokines), ns; mEPSC frequency: 0.81 ± 0.06

Hz (sham) vs. 0.95 ± 0.05 Hz (sham+cytokines), $p < 0.05$*; Mann-Whitney test). We conclude

that TNFα and IL6 released from microglia during stimulation is required for rMS-induced

synaptic potentiation.

In vivo microglia depletion prevents rTMS-induced excitatory synaptic plasticity in the

mouse mPFC

Finally, we tested whether the presence of microglia is required for rTMS-induced plasticity of

synaptic transmission _in vivo_ (Figure 12; Kloosterboer and Funke, 2019; Lenz et al., 2016;

Thimm and Funke, 2015). _In vivo_ microglia depletion was achieved through daily application

of the CSF-1R inhibitor BLZ945 (200 mg kg^{-1}, oral gavage, for 7 consecutive days prior to

experimental assessment; Hagemeyer et al., 2017; Masuda et al., 2020). Anesthetized

microglia-depleted and non-depleted mice were stimulated with the same 10 Hz stimulation

protocol as in our _in vitro_ experiments. Two hours after the stimulation, frontal brain sections

containing the medial prefrontal cortex were prepared and AMPA-receptor meditated sEPSCs

were recorded from superficial pyramidal neurons of the mPFC (3-5 hours post stimulation;

Figure 11A). BLZ945-induced microglia depletion was confirmed by Iba1 stainings of frontal

brain sections (~90% reduction in cell density in the BLZ945-treated animals; Figure 11B).

While _in vivo_ microglia-depletion had no significant effects on baseline synaptic transmission,

a significant increase in sEPSC frequencies was not observed in the stimulated microglia-

depleted animals. Notably, the mean sEPSC amplitude remained unaltered in microglia-

depleted and non-depleted animals (Figure 11C). Amplitude-frequency plots confirmed that

rTMS promoted an amplitude-independent increase in sEPSC frequencies which was absent -

if not reversed - in the mPFC of microglia-depleted animals (Figure 11C, D). These changes

occurred in the absence of major changes in active and passive membrane properties in

microglia-depleted and non-depleted animals (Figure S3). Similar to our *in vitro* experiments

in hippocampal area CA1, no rTMS-induced changes in microglia morphologies were observed

in the mPFC of anesthetized mice (Figure S4). These results demonstrate the essential, i.e.,

plasticity-promoting, role of microglia for rTMS-induced changes in network activity and

neurotransmission.

DISCUSSION

The experiments of this study demonstrate that the presence of microglia is required for the induction of synaptic plasticity triggered by 10 Hz rTMS in brain tissue of mice (*in vitro* and *in vivo*). In this context, a robust functional activation of microglia was observed as reflected by the gene expression and release of TNFα and IL6 (but not IL1b). Indeed, substitution of TNFα and IL6 rescued the ability of neurons to express synaptic plasticity in microglia-depleted brain tissue cultures. The changes occurred in the absence of major morphological and functional changes of the stimulated neurons in the microglia-depleted brain tissue, and no obvious changes of microglia morphologies and their dynamics were observed after 10 Hz electromagnetic stimulation. These results demonstrate that rTMS effectively modulates microglia function, i.e., cytokine release, in stimulated brain regions, thereby identifying a novel mechanism of action which may explain some of the beneficial effects of rTMS seen in healthy individuals and in patients.

During recent years experimental evidence has suggested that rTMS-induced after-effects are mediated by "LTP-like" plasticity mechanisms (Ziemann, 2004). This evidence is based on physiological characteristics and pharmacological analogies between studies performed at the system level in human subjects (Brown et al., 2020; Korchounov and Ziemann, 2011; Ziemann et al., 2015) and data obtained from animal models (Hoogendam et al., 2010; Vlachos et al., 2012). Specifically, the effects of pharmacological modulation of NMDA receptors have been interpreted as evidence for "LTP-like" plasticity, considering the relevance of NMDA receptors in LTP-induction (Brown et al., 2020; Lenz et al., 2015; Vlachos et al., 2012). Our own past work demonstrated that pharmacological inhibition of NMDA receptors or L-Type voltage-gated calcium channels block the ability of neurons to express synaptic plasticity induced by 10 Hz rMS (Lenz et al., 2015; Vlachos et al., 2012). Consistent

with these findings, stimulation in Ca^{2+}-free external solution failed to induce synaptic

plasticity, thus confirming the relevance of Ca^{2+}-dependent signaling pathways in rMS-induced

synaptic plasticity (Lenz et al., 2015). Notably, NMDA receptors and L-Type voltage-gated

calcium channels are also expressed on microglia (Hopp, 2021; Murugan et al., 2011). In fact,

robust experimental evidence exists demonstrating that the modulation of intracellular Ca^{2+}

levels regulate important microglia functions (Laprell et al., 2021). Hence, some of the results

obtained in animal models and human studies could be explained—at least in part—by

differential regulation of calcium signaling in microglia and neurons. In this context, additional

research is required to clarify whether rTMS acts on microglia directly or whether microglia

are activated indirectly by sensing rTMS-induced changes in neuronal activity, e.g., via

microglial glutamate receptors, purinergic receptors, or other signaling pathways (Cserep et al.,

2020).

Regardless of these considerations, the present study demonstrates that the presence of

microglia is required for rTMS-induced synaptic plasticity: CA1 pyramidal neurons in

microglia-depleted tissue cultures as well as superficial pyramidal neurons in the mPFC of

adult mice did not express rTMS-induced excitatory synaptic plasticity. These findings support

the recently emphasized impact of glial cells on the neural effects of non-invasive brain

stimulation (Gellner et al., 2021). Interestingly, we did not observe any obvious signs of

functional and structural alterations of CA1 pyramidal neurons in microglia-depleted tissue

cultures. Consistent with these findings, multi-scale compartmental modeling confirmed that

basic morphological and functional properties of neurons do not explain the inability of CA1

pyramidal neurons to express rMS-induced plasticity. We must concede, however, that detailed

morphological reconstructions of axons were not obtained, as it is difficult to reliably visualize

and reconstruct the entire axon morphology of individual neurons. Indeed, computational

studies emphasize the relevance of axons and myelination in rTMS-induced synaptic plasticity

(Aberra et al., 2020; Fields, 2005; Shirinpour et al., 2021; Wang et al., 2018). It should be

noted, though, that we did not observe any differences in network activity in our experimental

setting, as neither sEPSC amplitudes nor frequencies were affected in microglia-depleted tissue

cultures. Consistent with these findings we did not observe any differences in dendritic spine

counts, and no evidence for alterations in oligodendrocyte markers was obtained in our RNA

microarray analysis of microglia-depleted tissue cultures. It is thus unlikely that major changes

in the structural and functional properties of CA1 pyramidal neurons explain our results,

especially considering our rescue experiments in which only short exposure to TNFα and IL6

during stimulation was sufficient to restore rMS-induced synaptic plasticity in the absence of

microglia.

10 Hz rMS induced a robust increase in immune-mediator gene expression and TNFα

and IL6 release in organotypic tissue cultures, suggesting that rMS activates microglia.

Previous studies have demonstrated that proinflammatory cytokines influence excitatory

neurotransmission (Cao et al., 2014; Maggio and Vlachos, 2018; Riazi et al., 2015; Sheppard

et al., 2019; Stellwagen and Malenka, 2006; Strehl et al., 2014). Specifically, TNFα and IL6

have been implicated as important secreted factors that modulate synaptic transmission

(Furukawa and Mattson, 1998; Garcia-Oscos et al., 2012; Stellwagen et al., 2005) and plasticity

(Heir and Stellwagen, 2020). In this context it has been shown that TNFα acts as a permissive

factor (Becker et al., 2013; Steinmetz and Turrigiano, 2010), where TNFα *per se* does not

trigger major changes in postsynaptic strength; rather, it modulates the ability of neurons to

express plasticity without affecting baseline synaptic transmission; besides changes in

presynaptic glutamate release (Santello et al., 2011) as also reflected by the increased mEPSC

frequencies seen in our experiments, in which microglia-depleted tissue cultures were exposed

to TNFα and IL6 without stimulation. Indeed, experiments employing classic tetanic electric

stimulation showed that low concentrations of TNFα rapidly promote LTP-induction, while

high concentrations of TNFα impede the ability of neurons to express LTP (Maggio and

Vlachos, 2018). These findings are consistent with the metaplastic effects of TNFα. In line with

this suggestion, pathological activation of microglia with bacterial lipopolysaccharides, which

triggers strong TNFα production, i.e., ~10–15 fold increase in TNFα-mRNA and ~2000 fold

increase in TNFα protein levels, occludes the ability of CA1 pyramidal neurons to express 10

Hz rMS-induced synaptic plasticity (Lenz et al., 2020). Together with the results of the present

study, these findings demonstrate that microglia have an important role in rTMS-induced

synaptic plasticity. They call for a systematic assessment of rTMS-induced microglia plasticity,

and raise the intriguing possibility that rTMS recruits metaplasticity by activating microglia

(directly or indirectly). Hence, some of the beneficial effects of rTMS seen in patients may

reside—at least in part—in the effects of rTMS on microglia function, which also seem to be

involved in promoting the ability of neurons to express "LTP-like" plasticity shortly after

stimulation.

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FIGURE LEGENDS

Figure 1: PLX3397 depletes microglia in organotypic tissue cultures

(A) Entorhino-hippocampal tissue culture stained with DAPI nuclear stain (EC, entorhinal
cortex; DG, dentate gyrus). Scale bar, 200 μm.

(B, C) Representative examples of tissue cultures stained for the microglial marker Iba1. Note
homogenous distribution of microglia in the control culture and almost complete depletion of
microglia following PLX3397 treatment (50 nM, 18 days). Scale bars, 200 μm.

(D) Microglia cell counts in the respective groups ($n_{control}$ = 14 cultures, $n_{PLX(50nM)}$ = 15 cultures;
Mann-Whitney test, U = 0).

(E-G) Affymetrix® Microarray analysis of control cultures and cultures treated with PLX3397.
(E) Volcano plot shows fold changes and FDR p-values of analyzed transcripts. Significantly
upregulated transcripts are indicated in green, significantly downregulated transcripts are
indicated in red. (F) Classification of differentially expressed transcripts. 97.5% of the
differentially expressed transcripts are microglia-specific or microglia-related. (G) Hierarchical
clustering of differentially expressed gene sets characteristic of M0-, M1-, and M2-classified
microglia. Each sample consisted of 3 pooled cultures (n = 3 samples in each group).

Individual data points are indicated by colored dots. Values represent mean ± s.e.m (***p <
0.001).

Figure 2: 10 Hz repetitive magnetic stimulation in organotypic tissue cultures

(A-B) Entorhino-hippocampal tissue cultures (DAPI nuclear stain, B) were stimulated with a
70 mm outer wing diameter figure of eight coil (Magstim Company, UK). Filter inserts carrying
2–6 tissue cultures were placed in a Petri Dish below the coil. The orientation within the
electromagnetic field and distance to the coil was kept constant in all experiments (DAPI
nuclear stain). Scale bar, 200 μm.

(C) Sham stimulated cultures were not stimulated but otherwise treated equally. After
stimulation, cultures were kept in the incubator for 2-4 h before further experimental
procedures like patch-clamp recordings.

Figure 3: CA1 pyramidal neurons in microglia-depleted tissue cultures do not express
excitatory synaptic plasticity induced by 10 Hz repetitive magnetic stimulation (rMS)

(A) Example of a recorded and posthoc stained CA1 pyramidal neuron in a tissue culture
stained with the microglial marker Iba1. Scale bar, 100 μm.

(B, C) Sample traces and group data of AMPA receptor-mediated miniature excitatory
postsynaptic currents (mEPSCs) recorded from CA1 pyramidal neurons in sham-stimulated
and 10 Hz rMS-stimulated cultures 2-4 h after stimulation ($n_{control-sham}$ = 56 cells, $n_{control-rMS}$ =
60 cells; Mann-Whitney test, $U_{amplitude}$ = 1091, $U_{half\ width}$ = 1042, U_{area} = 956, $U_{frequency}$ = 651;
RM two-way ANOVA followed by Sidak's multiple comparisons test for amplitude-
frequency-plot).

(D) Example of a recorded and posthoc stained CA1 pyramidal neuron in a PLX3397 treated,
microglia-depleted tissue culture stained with the microglial marker Iba1. Scale bar, 100 μm.

(E, F) Representative traces and group data of AMPA receptor-mediated mEPSCs recorded
from CA1 pyramidal cells in sham-stimulated and 10 Hz rMS-stimulated microglia-depleted
tissue cultures 2-4 h after stimulation ($n_{PLX3397-sham}$ = 61 cells, $n_{PLX3397-rMS}$ = 55 cells; Mann-
Whitney test; RM two-way ANOVA followed by Sidak's multiple comparisons test for
amplitude-frequency-plot).

Individual data points are indicated by grey dots. Values represent mean ± s.e.m (** $p < 0.01$,
*** $p < 0.001$; ns, not significant differences).

Figure 4: Depletion of microglia does not affect cell viability and basic functional
properties of CA1 pyramidal neurons

(A) Tissue cultures stained with propidium iodide [left: vehicle control, middle: PLX3397 (50
nM, 18 d), right: NMDA (50 μM, 4 h)], group data of the quantified propidium iodide signals
is shown in the graph on the right ($n_{control}$ = 29 cultures, $n_{PLX(50nM)}$ = 28 cultures, n_{NMDA} = 16
cultures; Kruskal-Wallis-test followed by Dunn's post-hoc correction). Scale bars, 200 μm.

(B) Examples of patched, recorded and posthoc identified CA1 pyramidal neurons. Scale bar,
100 μm.

(C, D) Group data of passive membrane properties of CA1 pyramidal neurons in microglia-
depleted, i.e., PLX3397 (50 nM, 18 days) treated tissue cultures and control cultures ($n_{control}$ =
33 cells, $n_{PLX3397}$= 30 cells; Mann-Whitney test).

(E) Group data of action potential frequencies of CA1 pyramidal neurons in the respective
groups ($n_{control}$ = 33 cells, $n_{PLX3397}$ = 30 cells, RM two-way ANOVA followed by Sidak's
multiple comparisons).

(F) Group data of AMPA receptor-mediated spontaneous excitatory postsynaptic currents
(sEPSCs) recorded from CA1 pyramidal neurons revealed no significant changes in excitatory
neurotransmission in microglia-depleted tissue cultures ($n_{control}$ = 33 cells, $n_{PLX3397}$ = 30 cells;
Mann-Whitney test).

Individual data points are indicated by grey dots. Values represent mean $\pm$ s.e.m (*** $p < 0.001$;
ns, not significant differences).

Figure 5: Dendritic morphology of CA1 pyramidal cells is not affected in microglia-
depleted tissue cultures

(A) Examples of three dimensionally reconstructed CA1 pyramidal neurons in non-depleted
controls and PLX3397 treated, i.e., microglia-depleted tissue cultures. Scale bars, 100 μm.

(B) Sholl analysis of apical and basal dendrites from reconstructed CA1 neurons in the
respective groups ($n_{control}$ = 20 cells, $n_{PLX3397}$ = 15 cells; RM two-way ANOVA followed by
Sidak's multiple comparisons).

(C-E) Group data of additional morphological parameters from the same set of reconstructed
CA1 pyramidal neurons in microglia-depleted tissue cultures and vehicle-only treated control
cultures ($n_{control}$ = 20 cells, $n_{PLX3397}$ = 15 cells; Mann-Whitney test).

Individual data points are indicated by grey dots. Values represent mean±s.e.m (ns, not
significant differences).

Figure 6: Dendritic spines of CA1 pyramidal neurons are not altered in microglia-
depleted tissue cultures

(A-C) Examples of dendritic segments and group data of spine densities and spine volumes

from patched and posthoc identified CA1 pyramidal neurons in stratum radiatum (rad, A),

stratum oriens (sor, B) and stratum lacunosum-moleculare (lcm, C) of PLX3397 treated, i.e.,

microglia-depleted tissue cultures and control cultures (rad density: $n_{control} = 16$ dendritic

segments, $n_{PLX3397} = 12$ dendritic segments; rad volume: $n_{control} = 578$ spines, $n_{PLX3397} = 393$

spines; oriens density: $n_{control} = 15$ dendritic segments, $n_{PLX3397} = 16$ dendritic segments; oriens

volume: $n_{control} = 450$ spines, $n_{PLX3397} = 703$ spines; lcm density: $n_{control} = 36$ dendritic segments,

$n_{PLX3397} = 23$ dendritic segments; lcm volume: $n_{control} = 655$ spines, $n_{PLX3397} = 405$ spines; Mann-

Whitney test). Scale bars, 3 μm.

Individual data points are indicated by grey dots. Values represent mean ± s.e.m (ns, not

significant differences).

Figure 7: Multi-scale computer modeling of repetitive magnetic stimulation (rMS)

(A) Neuronal responses to rMS were modeled in realistic dendritic morphologies from

reconstructed CA1 pyramidal neurons in a stereotypic tissue culture environment. EC,

entorhinal cortex; DG, dentate gyrus. Scale bar, 200 μm.

(B, C) Changes in membrane voltage (Vm; B) and intracellular calcium levels (Ca^{2+}; C) were

assessed for a train of 20 pulses at 10 Hz at the constant stimulation intensity used in the

experimental setting. CA1 pyramidal neurons in both conditions showed a delayed

suprathreshold response upon repetitive magnetic stimulation.

(D) Both the number of cellular spikes upon stimulation and the synaptic weight did not show

a significant difference between CA1 pyramidal neurons from microglia-depleted and non-

depleted control cultures ($n_{vehicle-only} = 20$ cells, $n_{PLX3397} = 15$ cells; GLMM).

(E) In the same set of cells the peak membrane voltage difference in response to magnetic

stimulation was modeled in the somatic, apical and basal dendritic compartments. No

differences were observed between the two groups, respectively.

(F) Analysis of stimulus-triggered changes in intracellular calcium levels. No changes in both

the dendritic and the somatic compartments were evident between CA1 pyramidal neurons of

microglia-depleted tissue cultures and control cultures.

Individual data points are indicated by grey dots. Values represent mean ± s.e.m. (ns, not

significant difference).

Figure 8: Repetitive magnetic stimulation (rMS) does not affect microglia morphology

(A-C) Examples of tdTomato expressing microglia in hippocampal area CA1 imaged from

HexB$^{tdT/tdT}$ cultures over a period of three hours following 10 Hz rMS (2 min intervals).

Maximum intensity projections of image-stacks (A), microglial scanning densities (B), and

microglial domains (C) are illustrated. Scale bars, 15 μm.

(D) Group data of microglial domains and scanning densities from rMS-stimulated and sham-

stimulated tissue cultures ($n_{sham} = 6$ cells, $n_{rMS} = 6$ cells from 6 cultures in each group; RM two-

way ANOVA followed by Sidak's multiple comparisons).

Values represent mean ± s.e.m. (ns, not significant difference).

Figure 9: Repetitive magnetic stimulation (rMS) triggers the expression and release of
plasticity-promoting microglial factors

(A-C) Group data of mRNA and protein levels of (A) tumor necrosis factor alpha (TNFα), (B)

interleukin 6 (IL6) and (C) chemokine ligand 1 (CXCL1) in cultures and microglia-depleted

cultures (PLX3397 treated cultures) after 10 Hz rMS-stimulated tissue cultures and sham-

stimulated controls. ($n_{control} = 6$ cultures or culturing medium samples respectively for each

experimental condition, $n_{PLX3397\ mRNA\ sham} = 6$ cultures, $n_{PLX3397\ mRNA\ rMS} = 7$ cultures; $n_{PLX3397}$

$_{protein\ levels} = 8$ culturing medium samples respectively for each experimental condition; Mann-

Whitney test, $U_{control\ Tnf\ mRNA} = 2$, $U_{control\ TNF\ protein} = 2$, $U_{control\ Il6\ mRNA} = 2$, $U_{control\ IL6\ protein} = 2$,

$U_{control\ Cxcl1\ mRNA} = 3$, $U_{control\ CXCL1\ protein} = 0$).

(D) Sample images and group data of eGFP fluorescence intensity of rMS-stimulated and

sham-stimulated tissue cultures prepared from TNF-reporter mice [*C57BL/6-Tg(TNFa-eGFP)*]

imaged 3 h after 10 Hz rMS (DG, dentate gyrus; n_{sham} = 26 cultures, n_{rMS} = 27 cultures; Mann-
Whitney test). Scale bars, 200 µm.

Individual data points are indicated by grey dots. Values represent mean ± s.e.m. (* p < 0.05,
** p < 0.01; ns, not significant difference).

Figure 10: Substitution of pro-inflammatory cytokines during stimulation in microglia-
depleted tissue cultures rescues rMS-induced synaptic plasticity

(A) Microglia depleted cultures were stimulated with 10 Hz rMS or sham stimulation. To
simulate the rMS-induced cytokine release on tissue level, the rMS-stimulation of a third set
of cultures was performed in the presence of TNFα (5 ng/ml) and IL6 (2.5 ng/ml).

(B) Group data of AMPA receptor-mediated miniature excitatory postsynaptic currents
(mEPSCs) recorded from CA1 pyramidal neurons in sham-stimulated and 10 Hz rMS-
stimulated cultures (n_{sham} = 51 cells, n_{rMS} = 34 cells, $n_{rMS-TNF+IL6}$ = 46 cells; Kruskal-Wallis-test
followed by Dunn's post-hoc correction).

Individual data points are indicated by grey dots. Values represent mean ± s.e.m (* p < 0.05;
ns, not significant differences).

Figure 11: Microglia depletion *in vivo* prevents rTMS-induced synaptic plasticity of
superficial pyramidal neurons in the medial prefrontal cortex of adult mice
(A) Post-hoc visualization of superficial pyramidal neurons by streptavidin staining in the
medial prefrontal cortex of adult mice. Microglia was visualized by Iba1 immunolabeling.
Electrophysiological assessment of excitatory synaptic transmission was performed in frontal
sections of non-depleted (left image) and microglia-depleted (BLZ945-treated, right image)
animals. Scale bars, 100 µm.

(B) Quantification of microglial density confirmed a ~90% reduction of microglia in the medial
prefrontal cortex of BLZ945-treated animals ($n_{control}$ = 10 animals, $n_{microglia-depleted (BLZ945)}$ = 5
animals; Mann-Whitney test. U = 0)

(C) 10 Hz repetitive transcranial magnetic stimulation (rTMS) or sham stimulation were

performed in anesthetized adult mice and tissue sections were prepared 2 hours after

stimulation. After slice recovery, excitatory synaptic transmission recordings were performed

3-5 hours post stimulation. In sections from non-depleted animals, a significant increase in the

sEPSC frequency could be detected while die sEPSC amplitude was unchanged. Notably, no

changes in excitatory neurotransmission were detected in microglia-depleted tissue sections

(non-depleted animals: n_{sham} = 89 cells from 6 animals, n_{rTMS} = 81 cells from 6 animals;

microglia-depleted (BLZ945-treated animals): n_{sham} = 48 cells from 2 animals, n_{rTMS} = 51 cells

from 3 animals; Mann-Whitney test. $U_{sEPSC\ frequency,\ non-depleted}$ = 2324).

(D) sEPSC amplitude-frequency-plots from superficial pyramidal cells in the mPFC of 10 Hz-

rTMS or sham-treated animals (non-depleted or microglia-depleted). While excitatory synaptic

plasticity was evident in non-depleted sections, no changes were detected after microglia-

depletion (RM two-way ANOVA following Sidak's multiple comparisons test).

Individual data points are indicated by grey dots. Values represent mean $\pm$ s.e.m (*** $p < 0.001$;

ns, not significant differences).

A

B DAPI

E

C

sham

rMS

2-4 h incubation

recordings

sham
rMS [2-4 h]

A Iba1
Streptavidin A488
DAPI
control
CA1

B control - sham

control - rMS

20pA
200ms

C

mEPSC amplitude [pA] **

mEPSC half width [ms] ***

mEPSC area [pA*ms] ***

mEPSC frequency [Hz] ***

mEPSC frequency [Hz]
- sham
- rMS [2-4 h]
mEPSC amplitude [pA]

D Iba1
Streptavidin A488
DAPI
PLX3397 (50 nM)
CA1

E PLX3397 (50 nM) - sham

PLX3397 (50 nM) - rMS

20pA
200ms

F

mEPSC amplitude [pA] ns

mEPSC half width [ms] ns

mEPSC area [pA*ms] ns

mEPSC frequency [Hz] ns

mEPSC frequency [Hz]
- sham
- rMS [2-4 h]
mEPSC amplitude [pA]

A control PLX3397 (50 nM)

B
apical dendrites — number of intersections vs radius [µm], control (grey) and PLX3397 (50 nM)^{ns} (blue)

basal dendrites — number of intersections vs radius [µm], control (grey) and PLX3397 (50 nM)^{ns} (blue)

C total dendritic length [µm] — ns; control, PLX3397 (50 nM)

D branching points — ns; control, PLX3397 (50 nM)

E dendritic endpoints — ns; control, PLX3397 (50 nM)

A
0 h after rMS   1 h after rMS   2 h after rMS   3 h after rMS
tdTomato   tdTomato   tdTomato   tdTomato

B
0 h after rMS   1 h after rMS   2 h after rMS   3 h after rMS

C
0 h after rMS   1 h after rMS   2 h after rMS   3 h after rMS

D

A TNFα

Tnf mRNA-level [normalized to control] — control: sham vs rMS [3 h] **; PLX3397: ns

TNF protein level [pg/ml] — control: **; PLX3397: ns

B IL6

Il6 mRNA-level [normalized to control] — control: **; PLX3397: ns

IL6 protein level [pg/ml] — control: **; PLX3397: ns

C CXCL1

Cxcl1 mRNA-level [normalized to control] — control: *; PLX3397: ns

CXCL1 protein level [pg/ml] — control: **; PLX3397: ns

D eGFP

CA3, DG, CA1 — 3 h after sham

eGFP — CA3, DG, CA1 — 3 h after rMS

fluorescence intensity [normalized to sham] — sham vs rMS [3 h]: ns

Legend: sham, rMS [3 h]

A

Streptavidin 633
Iba1
DAPI
control

Streptavidin 633
Iba1
DAPI
BLZ945

B

number of cells per mm²

- control
- BLZ945

***

C

sEPSC amplitude [pA]

ns   ns

control   BLZ945

- sham
- rTMS [3-5 h]

sEPSC frequency [Hz]

***   ns

control   BLZ945

- sham
- rTMS [3-5 h]

D

control

sEPSC frequency [Hz]

sEPSC amplitude [pA]

BLZ945

sEPSC frequency [Hz]

sEPSC amplitude [pA]

- sham
- rTMS [3-5 h]