

## Glucose uptake in mammalian cells measured by ICP-MS

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### ABSTRACT

We developed a sensitive, ratiometric method to measure simultaneously <sup>13</sup>C-labeled glucose and rubidium in biological samples using ICP-MS. The method uses probe-assisted ultra-sonication with water to extract <sup>13</sup>C-[6C]-labeled-D-glucose and other polar analytes from mammalian tissues. It extracts >80% of the reference value for Rb and >95 % of <sup>13</sup>C in a CRM spiked with <sup>13</sup>C-[6C]-labeled-D-glucose in the micro-molar range. Using optimized instrument conditions, the method achieves a stable <sup>13</sup>C/<sup>12</sup>C signal without spectral interferences. The <sup>13</sup>C/<sup>12</sup>C signal is independent of sample composition and depends linearly on the concentration of <sup>13</sup>C-[6C]-labeled-D-glucose in spiked samples. Overall, the method achieves a limit of detection of 10 μM for 6-C-labeled <sup>13</sup>C glucose in biological tissues. This detection capability for carbon in biological matrices by ICP-MS opens a wider range of applications for ICP-MS in biomedical research. As proof-of-principle, we combined <sup>13</sup>C detection with the multi-channel capability of ICP-MS to measure glucose and rubidium uptake in the same contracting skeletal muscles. Multi-isotope detection is needed to study many biological processes, including coupled membrane transport. These results demonstrate a capability for carbon detection by ICP-MS that can significantly advance studies of complex biological processes that require multi-isotope detection.

Key words: Carbon detection, ICP-MS, glucose transport, mouse skeletal muscle

## 1 INTRODUCTION

2

3 Glucose is the most abundant carbohydrate in living organisms and is the preferred energy source in  
4 mammalian cells. The ability to measure glucose is of great importance in biomedical research and  
5 clinical applications, including studies of energy transport and metabolic disorders such as diabetes  
6 [1, 2].

7

8 The available methods for measuring glucose content or transport in biological samples include  
9 enzyme-based assays (glucose oxidase, glucose dehydrogenase, hexokinase et al.) linked to  
10 chromogenic reactions or to reactions that generate electron flow [3]; and radio- or fluorescent-  
11 labeled glucose used at tracer concentrations [4-7]. These methods are powerful and effective but  
12 suffer from difficulties of calibration, consistency among different assays, and potential interference  
13 by other components in complex biological samples. Importantly, practical considerations typically  
14 limit these assays to detection of a single element or molecule at a time. These methods have been  
15 widely used to study glucose uptake into cells by transporters such as GLUT family proteins [8, 9],  
16 which transport glucose passively into cells by facilitated diffusion. However, single channel assays  
17 provide incomplete information for studies of glucose uptake when it is coupled to the transport of  
18 another ion as occurs, for example, with sodium glucose-linked transporters (SGLTs), which import  
19 glucose together with Na)[10, 9]. A method that can measure more than one element or molecule  
20 simultaneously is needed to fully investigate the mechanisms that underlie coupled glucose  
21 transport into cells and tissues.

22 The goal of this study was to develop a method based on ICP-MS, capable of measuring glucose  
23 uptake into live cells while simultaneously measuring other ions that may be co-transported with  
24 glucose or whose transport is also stimulated during contraction. The multi-channel capability of  
25 ICP-MS is a particular advantage for studies of coupled or secondary transport mechanisms that  
26 involve multiple ions species and/or transporters. Using certified a reference material (CRM)  
27 bovine liver, we developed a ratiometric method to measure <sup>13</sup>C-labeled glucose against the large  
28 background of natural abundance carbon in biological samples, with negligible interference from  
29 other ions present in biological matrices. As proof-of concept, we measured glucose and Rb uptake  
30 simultaneously in contracting mouse skeletal muscles. This experimental model was chosen  
31 because muscle contraction dramatically stimulates both glucose uptake [11] and NKA transport,  
32 which provides the Na gradient that drives many secondary co-transporters.

1 ICP-MS is an established, sensitive tool for multi-element detection and quantification in a wide  
2 range of samples. Technical improvements of the past decade that reduce spectral interferences and  
3 increase reproducibility have extended its application to more complex matrices including  
4 biological samples. However, biomedical applications of ICP-MS have been largely restricted to  
5 detection of inorganic metal and nonmetal ions such as K, Zn, and Fe, P, and S in cells and tissues,  
6 including micro-samples [12-14] and single cells [15, 16]. Notably, only a few studies have used  
7 ICP-MS to detect C-based materials in the form of micro-plastics[17, 18] but to the time of this  
8 work we are not aware of applications in biomedical research. This limited application is due  
9 largely to the high carbon background in biological samples, as well as the difficulty in sourcing  
10  $^{13}\text{C}$  enriched materials. To achieve our goal, we developed an ultra-sonication process to extract C-  
11 glucose and other polar targets from mammalian tissues without extracting structural components  
12 rich in carbon. We optimized instrument conditions using bovine liver CRM, to obtain a stable  
13  $^{13}\text{C}/^{12}\text{C}$  signal with high sensitivity and without spectral interferences. We further validated the  
14 method and demonstrated its capabilities for biomedical research by measuring  $^{13}\text{C}$ -[6C]-labeled-D-  
15 glucose and Rb uptake, which are both stimulated by muscle contraction, in the same mouse  
16 muscles.

17

## 18 **MATERIALS AND METHODS**

19

### 20 **Animals**

21

22 Adult wild-type female mice (C57BL/6; Jackson Laboratory) at 2-3 months of age were used as a  
23 source of tissue. Mice were anesthetized (2.5% Avertin, 17 ml/kg) before tissue extraction and  
24 euthanized after tissue removal. All procedures involving animals accorded with the Guide for the  
25 Care and Use of Laboratory Animals (National Research Council of the National Academies, USA)  
26 and were approved by the University of Cincinnati Institutional Animal Care and Use Committee.

27

### 28 **Chemicals**

29

30 Chemicals were sourced as follows: Ouabain (Sigma-Aldrich);  $^{13}\text{C}$ -[6C]-labeled 2-deoxy-D-glucose  
31 (Cambridge Isotope Laboratories, Inc., 12 Ci/mmol); [1- $^3\text{H}$ ] 2-Deoxy-D-glucose (ViTrax  
32 Radiochemicals); Certified Reference Material (CRM) trace metal drinking water (CRM-TMDW,  
33 High-Purity Standards, USA); CRM milk powder (CRM-MP, High-Purity Standards, USA); Bovine

1 liver CRM (NIST, 1577b);  $999 \pm 2 \mu\text{g/ml}$  in 0.2% (v/v)  $\text{HNO}_3$ (CGC1) inorganic carbon standard  
2 (Inorganic Ventures, USA). All other chemicals and salts were trace metal grade (Sigma Aldrich, or  
3 Thermo Fisher Scientific). Working solutions were prepared using 18 M $\Omega$ -cm purity (Milli-Q  
4 Academic, EMD Millipore). All vials, pipet tips and materials used were trace metal grade/metal-  
5 free or acid washed

6

## 7 **Experimental Solutions**

8

9 For the mouse muscle experiments, the Equilibration Buffer contained (mM): 118 NaCl (Sigma),  
10 4.7 KCl, 2.5 CaCl<sub>2</sub>, 1.2 MgCl<sub>2</sub>, 1.2 NaH<sub>2</sub>PO<sub>4</sub>, 11 D-glucose, 25 NaHCO<sub>3</sub>; gassed with 95% O<sub>2</sub>, 5%  
11 CO<sub>2</sub>; pH 7.4, 32 °C. The Uptake Buffer contained (mM): 118 NaCl, 4.7 KCl, 2.5 CaCl<sub>2</sub>, 1.2 MgCl<sub>2</sub>,  
12 1.2 NaH<sub>2</sub>PO<sub>4</sub>, 11 <sup>13</sup>C-[6C]- D-glucose, 25 NaHCO<sub>3</sub>; and (μM): 200 RbCl. The Wash  
13 Buffer contained (mM): 15 Tris-Cl, 2.5 CaCl<sub>2</sub>, 1.2 MgCl<sub>2</sub>, 263 sucrose; pH 7.4, 0–2 °C. All  
14 solutions were filtered less than 4 hours before the experiment using 0.22 μm sterile disposable  
15 filters (Nalgene Rapid-Flow™, Thermo Fisher Scientific). Solutions were perfused through the  
16 chamber at a flow rate of 2 ml/min with the tissue fully submersed. The temperature of the  
17 perfusate was monitored by a bath thermistor positioned near the muscle and controlled by an in-  
18 line heater. All solutions were stored at 4 °C and used within one week of preparation.

19

## 20 **Tissue dissolution and C extraction for ICP-MS**

21

22 We evaluated three methods for <sup>13</sup>C-[6C]-labeled-D-glucose extraction: acid dissolution, water-  
23 based mortar-and-pestle, and water-based ultra-sonication. For acid dissolution, muscle samples (8-  
24 30 mg) were submersed in a mixture of 100 μL of concentrated sulfuric acid and 100 μL of  
25 concentrated hydrochloric acid, and heated on a dry bath for 3 h at 90°C followed by 1 h at 120°C.  
26 After the tissue was dissolved, 100 μL of internal standard mix was added to each vial and the  
27 samples were brought to a final volume of 10 mL using doubly deionized 18 M $\Omega$  water. For the  
28 mortar-and-pestle method, approximately 15 mg samples of bovine liver certified reference material  
29 (CRM) were weighed and transferred to a mortar. 3 ml of 18 M $\Omega$  water was added and the mixture  
30 was ground manually using a pestle for 3-5 minutes. The solutions were then centrifuged for 7  
31 minutes at 450 g. The supernatant was transferred to a 0.45 μm spin filter and centrifuged for an  
32 additional 5 minutes at 7,000 g. The sonication protocol was optimized as follows: Approximately  
33 15-20 mg of bovine liver CRM was weighed out in a 15 ml metal free tubes to which 3.0 mL of 18

1 MΩ water was added. The mixture was first vortexed for approximately 5 seconds then ultra-  
2 sonicated with a 3 mm x 100 mm sonication probe programmed to deliver 2 s pulses with a 3 s rest  
3 at 30% amplitude (37.5 watts) for a total time of one minute. Samples were then split into two equal  
4 volume solutions into 1.5 ml centrifuge tubes and centrifuged for 5 minutes at 13,000 g. Next, the  
5 supernatants were transferred to a different vial, acidified with 75 μl of concentrated HCl and kept  
6 at -20 °C overnight. The samples were then transferred to 0.5 ml, 0.45 μm spin filters and  
7 centrifuged for 10 minutes at 9,000 g. Sample solutions were then pooled to obtain a homogenous  
8 mixture used to perform the <sup>13</sup>C-[6C]- D-glucose and magnesium spiking.

9  
10 For the analysis of mouse muscles, the sonication method was used with cryo-crushing as  
11 additional sample preparation step. For this a Cellcrusher tissue pulverizer (Schull, Co. Cork,  
12 Ireland) was used. The provided metal spoons and disassembled tissue crusher components were  
13 placed in a medium sized foam cooler which was subsequently filled with liquid nitrogen. Tools  
14 were chilled for two minutes. The tissues were submerged in liquid nitrogen for two minutes and  
15 placed inside the crusher. To pulverize the tissue, the tissue crusher pestle was gently lowered into  
16 base using pliers and struck three times using a rubber mallet. Lastly, the tissue crusher pestle was  
17 lifted using pliers and chilled metal spoons were used to transfer pulverized tissue on tissue crusher  
18 components into a 5 mL metal free Eppendorf tube. The volume of water used for the sonication  
19 was 1.5 ml for the EDL and 3 ml for the TA tissues. The sonication and filtration steps were the  
20 same as the ones used for the CRM.

## 21 22 **Measurement of rubidium and <sup>13</sup>C-labeled glucose by ICP-MS**

23  
24 Quantification of the elements of interest by ICP-MS was accomplished using an Agilent 7500ce  
25 instrument equipped with a collision cell, a Cetac ASX-500 series auto sampler connected to a  
26 micromist nebulizer (Glass Expansion) using 0.25 mm ID PTFE tubing into a double pass Scott-  
27 type chilled spray chamber. The torch was a standard 2.5 mm insert quartz torch with platinum  
28 shield torch. The cones used for the interface were nickel sample and skimmer cones with a CE lens  
29 stack. The instrument was operated in multi-tune isotope analysis mode. Helium mode used for  
30 polyatomic interference removal was tuned daily with 1 ppb of Ce, Li, Co, Y and Tl. The no-gas  
31 mode was tuned daily with a 1 ppm <sup>13</sup>C solution in the form of <sup>13</sup>C-[6C]- D-glucose against a 1 ppm  
32 natural abundance carbon in the form of glucose.

33

## 1 **Spiking of $^{13}\text{C}$ -[6C]- D-glucose in biological tissues**

2  
3 In order to evaluate the effect of endogenous carbon background on the  $^{13}\text{C}$  spiking recovery, a  
4 portion of the CRM extract was transferred to a different metal-free tube and diluted 2 times with  
5 18 M $\Omega$  water by mass before adding the  $^{13}\text{C}$ -[6C]-labeled-D-glucose spiking solution, while the  
6 original extract was spiked without further dilution. For the spiking experiments, 1,350  $\mu\text{L}$   
7 solutions of both the original and diluted CRM solutions were spiked with varying volumes of a 10  
8 ppm  $^{13}\text{C}$  working standard and diluted with LC-MS grade water to a final volume of 1,500  $\mu\text{L}$  to  
9 obtain two sets of CRM solutions. The spiking experiment was then carried out under two levels of  
10 carbon background, at the 0.083, 0.165, 0.413 and 0.826 ppm based on  $^{13}\text{C}$ .

## 11 12 **Carbon Calibration Curves**

13  
14 A 100 ppm working standard was prepared using  $999 \pm 2 \mu\text{g/mL}$  in 0.2% (v/v)  $\text{HNO}_3$ (CGC1)  
15 inorganic carbon standard (Inorganic Ventures, USA), and used to make 0, 0.5, 1, 5, 10, 25, and 50  
16 ppm water-based calibration standards. Using  $^{13}\text{C}$ -[6C]-labeled-D-glucose (Cambridge Isotope  
17 Laboratories, Inc.), 117.785 and 10 ppm  $^{13}\text{C}$  primary and working standards respectively were  
18 prepared and used to make 0, 0.2, 0.4, 0.8, 4, 8 and 20 ppm  $^{13}\text{C}$  water-based calibration standards.

## 19 20 **Instrumental considerations for reliable carbon isotopic analysis**

21  
22 In order to achieve a reliable carbon signal from the ICP-MS in the intended samples, the following  
23 steps were taken: i) The spray chamber, torch and torch connector were cleaned by soaking in a  
24 solution of 0.1% triton X-100 for 10 minutes, subsequently rinsed with 18 M $\Omega$  water, followed by  
25 an overnight soaking in 18 M $\Omega$  water. The cleaned set was used exclusively for this analysis. ii)  
26 The detector was forced to acquire the signals for both  $^{12}\text{C}$  and  $^{13}\text{C}$  in analogue mode, under isotope  
27 analysis mode in order to avoid any pulse/analogue factor variations during or between runs. iii)  
28 The background signal and the  $^{13}\text{C}/^{12}\text{C}$  ratio were pre-monitored and adjusted in the tune window;  
29 for this, the  $^{13}\text{C}$  signal was adjusted between  $3 \times 10^4$  -  $5 \times 10^4$  CPS; for a  $^{12}\text{C}$  signal of  $2.3 \times 10^6$  –  
30  $4.0 \times 10^6$  CPS. Values above this range would compromise the response of the detector and, in our  
31 experience, are most likely due to contamination of the interface. iv) The stability of the  $^{13}\text{C}/^{12}\text{C}$   
32 ratio at different carbon concentrations is sensitive to the ICP-MS lens voltages; for this reason, the  
33 lenses were adjusted daily by comparing a 1 ppm to a 50 ppm inorganic carbon standard for a ratio

1 difference below 3%. After the stability of the natural abundance carbon ratio was ensured, a 0.5  
2 ppm  $^{13}\text{C}$  in the form of  $^{13}\text{C}$ -[6C]-labeled-D-glucose was used to ensure a proper response in the  
3 form of an increased  $^{13}\text{C}/^{12}\text{C}$  ratio. v) The rinsing of the sample introduction system is critical for a  
4 reliable and stable signal. For this method, rinsing with 18 M $\Omega$  water was adopted and, in order to  
5 optimize the rinsing time, while keeping the sample consumption to a minimum, manual acquisition  
6 was used. The signal pre-monitoring option was set for 25 s after the sample reached the nebulizer.  
7 In this way, the acquisition can be manually started or aborted based on the stability and magnitude  
8 of the carbon isotope signals. Once optimized (typical values of 10-15 s were observed in normal  
9 samples), the time can be set for the use of the auto sampler and the intelligent rinse between  
10 samples can ensure that the high concentration standards are rinsed properly.

11  
12 The instrument used in this study was a quadrupole based ICP-MS and for this, the accuracy of the  
13 isotopic ratio is not enough for *de-novo* isotopic distribution studies. Nevertheless, the precision of  
14 the instrumental  $^{13}\text{C}/^{12}\text{C}$  ratio can be sustained below 3% for a 6h analysis, with a consistent return  
15 to the initial value after rinsing with 18 M $\Omega$  water. In order to achieve the best instrumental  $^{13}\text{C}/^{12}\text{C}$   
16 ratio, an un-treated or un-spiked sample was extracted and analyzed. A summary of typical  
17 instrument tune parameters is given in **Table 1**.

## 18 19 **Measurement of $^{13}\text{C}$ -[6C]-labeled-D-glucose and Rb uptake by EDL muscles**

20  
21 Two extensor digitorum longus (EDL) and two tibialis anterior (TA) muscles were taken from each  
22 mouse. The TA muscle was used to obtain the endogenous, basal Rb content of untreated muscles  
23 as well as the experimental  $^{13}\text{C}/^{12}\text{C}$  ratio under no  $^{13}\text{C}$  exposure. The endogenous Rb concentration  
24 varied 5-10% in different animals, but was highly consistent (<2%) in different muscles from the  
25 same animal, as reported [19]. The endogenous Rb concentration of untreated mouse muscles was  
26 in the range of reference values for the Rb content of CRM bovine skeletal muscle (NIST RM  
27 8414). The TA muscles were untreated, weighed, placed in an acid-washed vial, stored at 4 °C, and  
28 assayed by ICP-MS alongside the EDL samples. To measure glucose and Rb uptake, an EDL  
29 muscle was placed in a chamber perfused with Equilibration Buffer at 32 °C and positioned  
30 between parallel platinum plate electrodes. One tendon was fixed and the other tendon was attached  
31 to a force transducer. The muscle was stimulated with brief pulses (0.5 ms duration) to find and set  
32  $L_0$ , the length at which the muscle produces peak twitch force. Thereafter, the muscle was perfused  
33 for 15 minutes at 32 °C in Equilibration Buffer. The muscle was then incubated for 5 min at 32 °C



1 in Uptake Buffer containing 11 mM  $^{13}\text{C}$ -labeled glucose and 200  $\mu\text{M}$  RbCl, which was used as a  
2 tracer for K transport by the NKA. During the uptake period, the test muscle was stimulated  
3 electrically to produce repetitive tetanic contractions (brief pulses applied at 90 Hz for 10 seconds,  
4 repeated once per minute for 5 min). The contralateral muscle from the same mouse served as  
5 control and was subjected to the same protocol but without stimulation. After the uptake period, the  
6 muscle was perfused immediately without  $^{13}\text{C}$ -labeled glucose, K, Rb, or Na wash Buffer at 0  $^{\circ}\text{C}$ ,  
7 then removed from the chamber and washed in 10 mL of Wash Buffer for 5 minutes at 0  $^{\circ}\text{C}$ ,  
8 repeated 4 times with shaking. The wash procedure stopped enzyme cycling and removed excess  
9 cations from the muscle extracellular spaces. After washing, the muscle was gently blotted,  
10 weighed on an analytical balance, placed in an acid-washed glass digestion vial with Teflon-lined  
11 cap, and stored at 4  $^{\circ}\text{C}$  until taken for measurement of the  $^{13}\text{C}$  and Rb content by ICP-MS.

12

### 13 **Measurement of $^3\text{H}$ -glucose Uptake by EDL muscles**

14

15 In order to validate our developed method, the glucose uptake measured in our muscle model by  
16 ICP-MS was compared with glucose uptake measured using a radio tracer assay in the form of  $^3\text{H}$ -  
17 2-deoxy glucose. Essentially the same protocol described above was used to measure  $^3\text{H}$ -2-deoxy  
18 glucose uptake, except that the uptake buffer contained 11 mM unlabeled glucose and a tracer  
19 amount of  $^3\text{H}$ - 2-deoxy-D-glucose. After washing, the muscles were gently blotted, weighed on an  
20 analytical balance, and placed in a scintillation vial containing 250  $\mu\text{L}$  formic acid and 100  $\mu\text{L}$   
21 hydrochloric acid. The vials were heated overnight in a water bath at 50  $^{\circ}\text{C}$  to dissolve the muscles.  
22 Following dissolution, 3 mL of scintillation fluid was added to the vials and the vials were placed  
23 on a shaker for 10 min before counting. An aliquot of Uptake Buffer was taken in each experiment  
24 to measure  $^3\text{H}$  activity for calibration of glucose uptake.

25

### 26 **Calculation of glucose and rubidium uptake rates from ICP-MS data**

27

28 The concentration of Rb in the tissue (in ng/mL) was obtained using the standard calibration curve  
29 equation generated by plotting a range of Rb concentrations and their respective CPS. The uptake  
30 rate of Rb (in nM/g tissue-min) is obtained by multiplying the Rb concentration by the following  
31 dimensional factors:



$$Rb \text{ uptake rate} = \text{concentration of Rb} \left( \frac{ng}{mL} \right) * 10 \text{ mL} * \frac{1 \text{ nmol Rb}}{85.47 \text{ ng Rb}} * \frac{1}{5 \text{ min}} * \frac{1}{\text{mass of sample}(mg)}$$

(Eqn. 1)

Isotopic abundances obtained with quadrupole based ICP-MS instruments are known to deviate from the natural abundance ones, especially for very light or very heavy elements, as a result of instrumental mass bias. For this reason, it is necessary to experimentally determine the naturally occurring  $^{13}\text{C}/^{12}\text{C}$  ratio in the instrumental conditions for each analysis day. This was accomplished by analyzing the untreated TA muscle, which was never been exposed to  $^{13}\text{C}$ -[6C]-labeled-D-glucose and provided a reference for the naturally occurring  $^{13}\text{C}/^{12}\text{C}$  ratio in the EDL muscle from the same animal. This ratio was used to calculate the natural content of  $^{13}\text{C}$ , and subtracted from the values measured in the treated muscles to obtain the CPS of  $^{13}\text{C}$  from the labeled glucose using the following equation:

$$Y = (total \ 13C \ CPS)_{EDL} - \left[ \left( \frac{^{13}C \ CPS}{^{12}C \ CPS} \right)_{TA} * (total \ 12C \ CPS)_{EDL} \right],$$

where  $y = ^{13}\text{C}$  CPS taken up by EDL muscle

(Eqn. 2)

Subsequently, to obtain the concentration of  $^{13}\text{C}$  taken up by the treated muscle, the calculated extra  $^{13}\text{C}$  CPS (compared with the predicted ones from the  $^{12}\text{C}$  signal \*  $^{13}\text{C}/^{12}\text{C}$  in the TA) was input into the standard calibration curve equation generated using a commercial C standard. The calibration curves were constructed using the natural abundance of each isotope and not just the nominal concentration. This resulted in calibrations based on the individual content of each isotope. The signal for  $^{12}\text{C}$  and  $^{13}\text{C}$  was used to calculate the amount of  $^{13}\text{C}$ -[6C]-labeled-D-glucose taken up using the equation:

$$Y = mx + b,$$

(Eqn.3)

where  $x = ^{13}\text{C}$  CPS taken up by the EDL muscle,  $y =$  the concentration of  $^{13}\text{C}$  in ng/mL obtained from the calibration curve of the  $^{13}\text{C}$  concentration adjusted for the isotopic distribution of carbon,  $m =$  sensitivity, and  $b =$  y-intercept.

Finally, the uptake rate of  $^{13}\text{C}$ -[6C]-labeled-D-glucose (in nmol glucose/ (g-tissue-min)) was obtained by multiplying the concentration of  $^{13}\text{C}$  (in ng/mL) by the following dimensional factors:

$$\text{uptake rate} = \text{concentration of } ^{13}\text{C} \left( \frac{\text{ng}}{\text{mL}} \right) * 10 \text{ mL} * \frac{1 \text{ nmol C}}{13 \text{ ng C}} * \frac{1 \text{ nmol Glu}}{6 \text{ nmol C}} * \frac{1}{5 \text{ min}} * \frac{1}{X \text{ g tissue}}$$

(Eqn. 4)

## Data analysis and statistics

Sigma Plot 14 and Origin 2018 (OriginLab Corp.) were used for statistical analyses. Significant differences between means of normally distributed groups were evaluated by Student's T-Test.

## RESULTS

### Glucose and rubidium extraction from mammalian tissues

The target analytes in this study were  $^{13}\text{C}$ -[6C]-labeled-D-glucose and ionic rubidium, which are both dissolved in the cytosol of mammalian cells. We optimized Rb extraction using 18 MΩ water as extractant and bovine liver CRM as test matrix. Bovine liver was used to develop the protocol because it was the closest available reference standard with a Rb concentration and sample composition similar to mammalian skeletal muscle. The concentration of Rb (in ppb) extracted was 9,686.6 (± 2,477.8, n=4) for mortar & pestle, 11,130.3 (± 4,471, n= 4) with ultra sonication probe, and 13,566.8 (± 363.8, n=4) with acid dissolution. These represent yields of 70.7, 81.2, and 99.0 % of the CRM reference value (13,700 ppb ± 1,100). Although acid dissolution gave a slightly higher yield, it was rejected because inorganic carbon (charcoal) formed as a by-product and interfered with target signals by absorbing analytes in solution. Consequently, it was necessary to perform filtration on the acid-digested samples as soon as they reached room temperature, to avoid time-dependent decay of the Rb signal (data not shown). The extraction efficiency of  $^{13}\text{C}$ -[6C]-labeled-D-glucose and Rb are the same between the two methods; however, due to the reduction of the natural abundance carbon background, the sonication protocol was chosen for the  $^{13}\text{C}$  spiking and Mg interference measurements.

### Carbon analysis by ICP-MS, measurement of background C under different conditions and evaluation of its impact on $^{13}\text{C}$ quantification

1

2 For all calibrations in this work, the natural abundance of each isotope was taken into account in  
3 order to obtain the isotopic sensitivity and not the sensitivity obtained from the nominal mass. In  
4 order to obtain a good performance of this method for the intended application, the sensitivity of  
5  $^{12}\text{C}$  and  $^{13}\text{C}$  should be similar, and more importantly, stable within the intended working range  
6 regardless of the carbon source and background concentration of endogenous carbon.

7 We started by generating a calibration curve for  $^{12}\text{C}$  and  $^{13}\text{C}$  in 18 M $\Omega$  water, by using both, an  
8 inorganic carbon standard and  $^{13}\text{C}$ -[6C]-labeled-D-glucose. The calibration range was from 0.5 – 50  
9 ppm based on total carbon; the calibrations based on the isotopic abundance of  $^{12}\text{C}$  and  $^{13}\text{C}$  can be  
10 seen in figure 1. The slope for  $^{13}\text{C}$  from the inorganic standard and the  $^{13}\text{C}$ -[6C]-labeled-D-glucose  
11 were not different. From these calibrations, it is evident that the instrument response is positively  
12 biased to the  $^{13}\text{C}$  isotope, which consistently resulted in a greater slope than  $^{12}\text{C}$ , in the 15-25%  
13 range. This highlights the need for an experimental  $^{13}\text{C}/^{12}\text{C}$  ratio measurement per running session  
14 in untreated samples.

15 Another important parameter from these calibrations is the blank equivalent concentration (BEC),  
16 which is the C content in the blank (18 M $\Omega$  water in this case). The BEC for  $^{13}\text{C}$  was  $\approx 0.05$  ppm  
17 while the  $^{12}\text{C}$  was 4.5 ppm as seen in Supplemental Figure 1. Given that the ability to distinguish  
18 the  $^{13}\text{C}$  signal coming from the  $^{13}\text{C}$ -[6C]-labeled-D-glucose is limited by the variation of the  
19 background signal, and that the absolute CPS variation of the background is a function of the total  
20 C signal, minimizing the C background is necessary and important for improving the detection  
21 capabilities of the method. The C background in 18 M $\Omega$  water ( $\approx 4.5$  ppm) comes primarily from  
22 dissolved  $\text{CO}_2$ , which is a non-polar molecule and therefore has low solubility in pure water, and  
23 from the carbonic acid/bicarbonate forms that result from the hydration of  $\text{CO}_2$ . Extensive bubbling  
24 for 3 minutes with an inert gas, helium in our case, at approx. 1 L  $\text{min}^{-1}$ , decreased the background  
25 signal by about 22% in the 18 M $\Omega$  water blank, yet it only decreased the background signal of the  
26 extracted control tissues by around 1%. This decrease in the background came at the cost of time  
27 and instrumental modifications and it introduced variability if the time of bubbling and analysis was  
28 not consistent. This prompted us to discard this marginal improvement to keep the run time shorter  
29 and ensure stability of the ICP-MS signal.

30

31 The next step in the validation process was to ensure a comparable  $^{13}\text{C}$  sensitivity between the  
32 inorganic carbon standard proposed for use and the enriched  $^{13}\text{C}$ -[6C]-labeled-D-glucose standards,

1 in both 18 MΩ water and in the extracted tissues at different carbon background concentrations.  
2 Figure 2 shows the calibrations obtained for  $^{13}\text{C}$  from **i**) inorganic carbon standard in 18 MΩ water,  
3 **ii**)  $^{13}\text{C}$ -[6C]-labeled-D-glucose in 18 MΩ water, **iii**)  $^{13}\text{C}$ -[6C]-labeled-D-glucose in a concentrated  
4 CRM extract (15 mg dry mass in 3 ml of 18 MΩ water) and **iv**)  $^{13}\text{C}$ -[6C]-labeled-D-glucose in a  
5 diluted CRM extract (15 mg dry mass in 6 ml of 18 MΩ water). The observed variation in  
6 sensitivity from technical and biological replicates were below 5% for  $^{13}\text{C}$  and  $^{12}\text{C}$ . The use of the  
7 isotopic abundance concentration of  $^{13}\text{C}$  in the standards translated into a first calibration point  
8 being 0.005 ppm, well within the margin of our calculated instrumental LOD for  $^{13}\text{C}$  (see below).  
9 The displacement of the regression lines to higher BECs with the same slope when a spiked tissue  
10 is analyzed can be used to quantify the extracted background of endogenous carbon (proteins, other  
11 metabolites and soluble bio-molecules in general). It is also an important parameter for further  
12 method optimizations and to ensure that the studied tissues under test conditions (electrical  
13 stimulation in this study) are within the desired range of background. For our samples, the  
14 endogenous carbon background was in the 1.6-3.5 ppm range. It is important to highlight that  
15 during this optimization of background range, the important parameter to track is the stability of the  
16  $^{13}\text{C}/^{12}\text{C}$  ratio. In our hands, the ratio was stable from 1 to 50 ppm at < 3% for contracted muscle  
17 samples, and < 1% in the control tissues with a similar endogenous carbon background (1-2 ppm).  
18 The spike recoveries at the concentrated and diluted CRM extracted are illustrated in figure 3a.  
19 From this, it is clear that the studied C backgrounds do not impact the ability to quantify a 0.1 ppm  
20 spike of  $^{13}\text{C}$ .  
21 The use of a standard addition method for the total  $^{13}\text{C}$  was not an option in this methods given that  
22 the total  $^{13}\text{C}$  concentration in extracts of real samples would be too variable. Instead of the standard  
23 addition method, the proposed calculation of the extra- $^{13}\text{C}$  CPS shows no effect of the carbon  
24 background, and when plotted against the spiked concentration (figure 3b), it shows a linear  
25 behavior with the same slope (<5% difference, n=3) as the ones observed in the inorganic C and  
26  $^{13}\text{C}$ -[6C]-labeled-D-glucose standards as seen in Figure 2.

27

## 28 **Mg in mammalian tissue does not interfere with carbon detection**

29

30 Because mammalian tissues contain Mg at millimolar concentrations, it was important to determine  
31 whether the presence of Mg in our samples interferes with detection of carbon by forming the  $\text{M}^{2+}$   
32 ions  $^{24}\text{Mg}^{2+}$  and  $^{26}\text{Mg}^{2+}$ . Although the second ionization potential of Mg is only 0.725 eV lower  
33 than the first ionization of Ar (15.035 eV for Mg. 15.76 eV for Ar) the concentration of Mg in the

1 samples prompted us to evaluate the remote possibility of these interferences being formed. To  
2 address this question, we measured C and Mg in samples of CRM spiked with 0, 1, 5, or 20 ppm of  
3  $^{13}\text{C}$  only, or with 0, 0.75, 1.5, 15 ppm Mg only, or with both  $^{13}\text{C}$  and Mg (Figure 4). Spike  
4 concentrations for  $^{13}\text{C}$  were based on the range of concentrations of glucose in muscle diluted by  
5 our typical 150x dilution factor, which was approximately 5 ppm based on carbon. Spike  
6 concentrations for Mg (ppm) were determined from the Mg concentration in mammalian tissues  
7 (0.3 – 2 mM), after factoring in our dilution factors (15 mg of CRM in 3 ml of 18 M $\Omega$  water and a  
8 subsequent 2x dilution factor). This yielded 1.5 ppm Mg as a starting spike concentration for bovine  
9 liver CRM.

10

11 The instrument  $^{13}\text{C}/^{12}\text{C}$  ratios for un-spiked samples were stable independently of the matrix. This  
12 observation suggests no interference of Mg with  $^{13}\text{C}$  and  $^{12}\text{C}$  signal, even at maximum applied  
13 power of 1600 W. The  $^{13}\text{C}/^{12}\text{C}$  ratio scaled linearly with  $^{13}\text{C}$  concentration. It was independent of  
14 Mg at all concentrations, and identical to the C signal in water. The stability of the  $^{13}\text{C}$  signal across  
15 samples spiked with different concentrations of Mg confirms that there are no measurable  
16 interferences from  $^{13}\text{C}$  in the assay. The ratio of  $^{13}\text{C}/^{12}\text{C}$  in samples spiked with both  $^{13}\text{C}$  and Mg  
17 (dark grey) were identical to the  $^{13}\text{C}/^{12}\text{C}$  ratio in samples spiked with the same concentrations of  $^{13}\text{C}$   
18 alone (white). These measurements demonstrate that the presence of Mg at physiological  
19 concentrations does not interfere with detection of C or Rb in biological samples. The Rb signal  
20 (supplemental figure 2) was identical at all concentrations of  $^{13}\text{C}$  and/or Mg, a result that also  
21 confirms the efficiency and consistency of the extraction method.

22

23 The mass spectra of the CRM samples spiked with 1.5 ppm Mg and/or 5 ppm  $^{13}\text{C}$  (Supplemental  
24 Figure 3) further confirms this finding. Mg has three stable isotopes with masses 24, 25, and 26.  
25 The second ionization potential of Mg (15.035 eV) is slightly below that of the first ionization  
26 potential of the Ar (15.760 eV) plasma and near the first ionization potentials of  $^{12}\text{C}$  &  $^{13}\text{C}$  (11.266  
27 eV). Consequently, if a small amount of  $^{24}\text{Mg}$  and  $^{26}\text{Mg}$  were to form  $\text{M}^{2+}$  ions, the resulting signals  
28 at m/z 12 and 13 would interfere with the carbon signals. The absence of a peak at the 12.5 m/z  
29 mark at shown in Supplemental Figure 3 indicates the absence of doubly ionized  $^{25}\text{Mg}^{2+}$ , which  
30 implies the absence of doubly ionized  $^{24}\text{Mg}$  and  $^{26}\text{Mg}$ .

31

32

33

## 1 **Glucose and rubidium uptake measured in contracting mouse muscles**

2

3 Muscle contraction stimulates glucose uptake by insulin-independent mechanism(s) that have not  
4 been comprehensively described [11]. Muscle contraction also dramatically stimulates the NKA  
5 [20].

6

7 We used the multi-channel capability of ICP-MS to measure total  $^{13}\text{C}$ -[6C]-labeled-D-glucose and  
8 Rb uptake rates in the same actively contracting muscles. Rb is an excellent congener for K uptake  
9 by the NKA [19] and provides a better signal/noise than K, and specificity versus the endogenous  
10 K which is present at high concentration in mammalian tissues.

11

12 Because contraction-related signal(s) are proposed to stimulate insulin-independent glucose uptake,  
13 and because NKA activity increases the uptake of Rb, we aimed to study the co-transport of these  
14 two analytes in contracting muscles.

15

16 Muscle contraction stimulated both glucose (Fig. 4A) and Rb uptake (Fig. 4B), as expected. The  
17 contraction-related rate of glucose uptake was  $10.812 \mu\text{M}$  glucose/g-min, which represents  
18 contraction-related, non-insulin-dependent glucose uptake rate. The Rb uptake rate in the same  
19 muscles was  $\sim 1.200 \mu\text{Mol}$  Rb/g-min.

20

## 21 **Measurement of $^3\text{H}$ -glucose uptake and comparison with $^{13}\text{C}$ -glucose uptake measured by** 22 **ICP-MS**

23

24 To validate our measurement of  $^{13}\text{C}$ -[6C]-labeled-D-glucose uptake by ICP-MS, we measured  
25 glucose uptake using tracer  $^3\text{H}$ -2-deoxy-glucose. Paired EDL muscles were subjected to the same  
26 stimulation protocol but with a tracer amount of  $^3\text{H}$ -glucose included in the incubation Buffer.

27 Under our experimental conditions, the glucose uptake by resting muscles was below the limit of  
28 quantification for both the ICP-MS and  $^3\text{H}$  measurements. The mean  $^3\text{H}$ -glucose uptake rate in  
29 stimulated muscles was  $9,887 \text{ nMol/g-min} \pm 220$  (n=3) which compares well with the glucose  
30 uptake rate measured by ICP-MS (11,812, Fig. 4).

31

32

## 1 **Limits of Detection**

2

3 The ICP-MS based limit of detection was calculated as  $3 \times \text{SD}$  of the calibration blank/slope of the  
4 calibration curve for the  $^{13}\text{C}$  isotope. In our case, two different calibrations can be used, one based  
5 on the inorganic C in water (Figure 1a), and one based on the extra- $^{13}\text{C}$  against the spiking level on  
6 the tissue to account for the endogenous background of carbon, as seen in figure 1. Under our  
7 conditions, the instrument LOD for water matrix was  $0.0015 \pm 0.001$  ppm, while the LOD for  
8 concentrated tissue extract was  $0.014 \text{ ppm} \pm 0.01 \text{ ppm}$ . The LOD at the tissue level depends on the  
9 dilution factor and extraction of endogenous C. The lowest spiking intended for this method in its  
10 current form was of 0.08 ppm expressed as  $^{13}\text{C}$ , which in our current method is equivalent to 1.15  
11  $\mu\text{M}$  glucose in solution or 60-170  $\mu\text{M}$  glucose in tissue, which is well below the normal mM  
12 concentration of glucose in blood or cells.

13

14



## 1 **DISCUSSION**

2

3 We developed a sensitive, ratiometric method to measure  $^{13}\text{C}$  in mammalian tissues by ICP-MS,  
4 using  $^{13}\text{C}$ -[6C]-labeled-D-glucose as our test compound. The method efficiently extracts  $^{13}\text{C}$ -[6C]-  
5 labeled-D-glucose and other polar analytes from mammalian tissues and detects  $^{13}\text{C}$  with a LOD of  
6 70-190  $\mu\text{M}$  glucose in tissue for  $^{13}\text{C}$  in bovine liver CRM. While the LOD obtained cannot compete  
7 with traditional quantification of metals by ICP-MS, this level of  $^{13}\text{C}$  detection is entirely new and  
8 extends the use of ICP-MS to a wide range of biomedical research applications, where changes in  
9 the ppm range are biologically relevant. As proof-of-principle, we validated the method with  
10 measurements of glucose and Rb uptake in contracting mouse skeletal muscles *ex vivo*.

11

12

### 13 **Carbon detection by ICP-MS in biological samples**

14

15 Historically, biomedical applications of ICP-MS have been limited to detection of inorganic metals  
16 and semi-metal ions such as K, Zn, Fe, As, and Se in cells and tissues, including micro-samples [14,  
17 13]. In contrast, only limited applications have been successfully implemented for carbon-based  
18 molecules, mostly for laser ablation studies as an internal standard or quality control for acid  
19 mineralization, where residual carbon can degrade instrument performance. Recently an application  
20 to characterize and quantify micro-plastics in water was developed with ultra-fast detector mode at  
21  $m/z=13$ , with calibration with inorganic carbon based only on the  $^{13}\text{C}$  signal[17, 18]. The use of  
22  $^{13}\text{C}$ -enriched materials is essential for carbon analysis by ICP-MS because the endogenous  
23 contribution of organic bio-molecules makes the analysis of natural abundance carbon too variable  
24 and nonspecific to be useful. However, measurement of  $^{13}\text{C}$  by ICP-MS has not yet achieved wide  
25 use in biomedical research due to the high carbon background of biological samples as well as the  
26 high ionization energy of carbon, potential interferences from divalent ions, and difficulties in  
27 sourcing  $^{13}\text{C}$ -enriched materials.

28

29 In contrast, molecular mass spectrometry has been widely employed to detect  $^{13}\text{C}$ -labeled  
30 molecules for metabolomic and proteomic studies for over a decade. Molecular fragmentation and  
31 incorporation of liquid or gas chromatography before mass spectrometry are critical for these  
32 approaches. The main drawbacks of molecular mass spectrometry are the low ionization efficiency  
33 and matrix dependent ionization that can result in ion suppression, and the complexity of the

1 resulting mass spectra. Because a single molecule can exist in several ionization states or associate  
2 with various common molecules (water, sodium, calcium et al.) and most molecules present in the  
3 ionization interface are reflected in the obtained spectra, the spectra are difficult to interpret without  
4 fragmentation. In addition, soft ionization methods commonly used to preserve the integrity of  
5 target molecules are sensitive to matrix overloading and signal suppression, and accurate  
6 quantification is only possible with heavy isotope spiking of individual target molecules. The use of  
7 a strong ionization source in the form of argon plasma present in an ICP-MS can reduce the  
8 dependence of results on matrix composition, simplify interpretation, and improve quantification.

9  
10 With the goal of developing a simple method to detect  $^{13}\text{C}$ -based molecules for a wider range of  
11 biomedical applications, we focused our efforts on  $^{13}\text{C}$ -[6C]-labeled-D-glucose. The success of our  
12 method depended on: i) avoiding extraction of as much background natural abundance carbon  
13 from the sample as possible while extracting  $^{13}\text{C}$ -labeled glucose and target ions efficiently; and ii)  
14 finding instrument conditions for a stable  $^{13}\text{C}/^{12}\text{C}$  yet responsive signal without spectral  
15 interferences.

16  
17 The first goal was accomplished by disrupting the tissues with probe-assisted ultra-sonication in 18  
18 M $\Omega$  water. Water was a successful extractant for these cytosolic, polar analytes. Ultra-sonication  
19 gave enhanced reproducibility compared to mortar-and-pestle or acid dissolution, without forming  
20 elemental carbon (charcoal). Extraction efficiency, evaluated based on recovery of a certified  
21 content of Rb and spiked  $^{13}\text{C}$ -[6C]-labeled-D-glucose, was > 80% for Rb and > 95 % for  $^{13}\text{C}$ . The  
22 extraction protocol could be refined to further reduce the endogenous background carbon, but was  
23 adequate for the test application used in this study

24  
25 The instrument parameters developed for detecting  $^{13}\text{C}$ -[6C]-labeled-D-glucose by ICP-MS were  
26 guided by previous work [19, 16]. The ability to quantify  $^{13}\text{C}$ -[6C]-labeled-D-glucose requires a  
27  $^{13}\text{C}/^{12}\text{C}$  signal variation that is sufficiently above the background noise of a sample containing only  
28 natural abundance carbon. Measurement of a daily  $^{13}\text{C}/^{12}\text{C}$  ratio is required because the sensitivity  
29 of an ICP-MS instrument for these ions depends on the inherent mass bias of extraction cones, ion  
30 lenses, collision/reaction cells, mass filters and detectors. The use of a high power, 1600-watt  
31 plasma torch under no-gas tune, with the collision/reaction cell in bypass mode, improved the  
32 stability of the  $^{13}\text{C}/^{12}\text{C}$  ratio. The reduction of ion-beam differential deflection in the omega  
33 bias/omega lenses as well as the Oct bias/QP bias was necessary for a stable  $^{13}\text{C}/^{12}\text{C}$  ratio over a

1 wide range of C content. Despite day-to-day variability, the instrument  $^{13}\text{C}/^{12}\text{C}$  ratio was stable  
2 within reported values (<3%) for the duration of a six-hour run, and allowed analysis of well over a  
3 hundred samples with minimal drift.

4  
5 The use of the isotopic content of both  $^{12}\text{C}$  and  $^{13}\text{C}$  was necessary as the standard addition method  
6 would rely on the same background of C, something not achievable by our method. By obtaining an  
7 instrumental  $^{13}\text{C}/^{12}\text{C}$  ratio from control tissues, the calculated extra- $^{13}\text{C}$  CPS were used to calculate  
8 the extra  $^{13}\text{C}$  concentration. This calculation is only valid because the sensitivity of the instrument  
9 to each carbon isotope was the same regardless of the sample matrix, carbon source or variabilities  
10 in the endogenous C background. The reproducibility of the calibrations, natural abundance-  
11 instrumental  $^{13}\text{C}/^{12}\text{C}$  ratio and instrumental optimizations allowed for a robust quantification of  $^{13}\text{C}$ -  
12 [6C]-labeled-D-glucose in contracting muscles. The LOD in  $\mu\text{M}$  are well suited for this analysis,  
13 given that the extra and intra cellular concentrations of glucose and its metabolites in muscle are in  
14 the milli-molar range.

15  
16 Although a remote possibility, we examined whether  $^{24}\text{Mg}^{2+}$  and  $^{26}\text{Mg}^{2+}$  might be present as  
17 interferences at the same m/z as  $^{12}\text{C}$  and  $^{13}\text{C}$ , respectively. This was an important part of our method  
18 development due to the high content of Mg in biological samples and the low levels of detection  
19 required for target elements. If  $^{24}\text{Mg}^{2+}$  and  $^{26}\text{Mg}^{2+}$  signals were to add to the signals, a complex  
20 mathematical equation would have been needed to identify the carbon signal. This correction would  
21 add variability in proportion to the Mg concentration and sample composition, and negatively affect  
22 the LOD. Our results demonstrate that the  $^{13}\text{C}/^{12}\text{C}$  signal is independent of Mg concentration or  
23 sample composition and depends linearly on the concentration of  $^{13}\text{C}$ -[6C]-labeled-D-glucose in the  
24 spiked samples.

25

## 26 **Glucose uptake in contracting mouse skeletal muscle measured by ICP-MS**

27

28 As proof-of-principle, we measured glucose uptake in contracting mouse EDL muscles, which have  
29 a highly glycolytic metabolism. We chose this experimental model because glucose uptake  
30 increases greatly, in the milli-molar range, during muscle contraction and because the skeletal  
31 muscles play a major role in glucose homeostasis. Glucose uptake in quiescent muscles was much  
32 lower than the contracted pair; this result was expected because basal glucose uptake requires  
33 insulin from the circulation, which is negligible in the ex vivo model. Contraction dramatically

1 stimulated glucose uptake, as expected. The contraction-related rate of glucose uptake measured by  
2 ICP-MS compared well with that measured using a conventional radiolabeled tracer glucose assay,  
3 which further validates the method

4  
5 In addition, we combined the  $^{13}\text{C}$  sensitivity of our method with the multi-element capability of  
6 ICP-MS to measure glucose and Rb uptake in the same contracting muscles. This application was  
7 motivated by the fact that glucose uptake by contracting muscles is not completely understood and.  
8 In contrast to basal glucose uptake, contracting muscles take up glucose without a requirement for  
9 insulin. Indeed, circulating insulin declines during prolonged or intense exercise. A number of  
10 studies have proposed mechanisms by which GLUT4 translocation may be triggered by signaling  
11 pathways that do not require the Insulin Receptor [11](reviewed in Richter & Hargreaves 2015;).  
12 Notably, a large fraction of glucose uptake persists in the absence of GLUT4 (GLUT4 KO),  
13 suggesting the existence of an additional glucose transporter(s) in muscle.

14  
15 A more complete characterization of alternative signaling pathways for GLUT4 translocation, as  
16 well as the identification of glucose uptake mechanisms other than GLUT4, will require  
17 experimental approaches that allow simultaneous measurement of glucose and multiple other  
18 factors or ions. The  $^{13}\text{C}$  sensitivity of our method and the multi-element capability of ICP-MS are  
19 well-suited for this application. To evaluate this approach, we measured glucose uptake  
20 simultaneously with K/Rb uptake by the NKA in contracting muscles. This test was chosen because  
21 NKA activity, specifically NKA  $\alpha 2$  isoform activity, increases dramatically during muscle  
22 contraction [21]; and because NKA activity generates the Na gradient that provides the driving  
23 force for many other transport processes. Rb uptake increased due to contraction-related stimulation  
24 of the NKA, as expected.

25

## 26 **Biological applications and extensions of the method**

27

28 Our method for detecting  $^{13}\text{C}$ -enriched molecules together with inorganic ions has wide  
29 applications for biomedical research. The method developed for  $^{13}\text{C}$ -labeled glucose can be further  
30 developed and broadly applied to detect other organic molecules and metabolites where changes in  
31 the  $\mu\text{M}$  range are biologically relevant. The multi-channel capability of ICP-MS is a particular  
32 advantage for studies of coupled or secondary transport mechanisms that involve multiple ions  
33 species and/or transporters. These applications include many vital cotransporters and exchangers

1 (Na/Ca exchanger, anion exchangers et al.) or secondary active transporters (SGLTs, sodium-  
2 coupled nutrient transporters, neurotransmitter transporters et al.) that use the energy stored in the  
3 Na gradient generated by NKA activity to drive uptake of essential ions and nutrients into cells and  
4 organelles. This capability can also be applied to studies of complex molecular interactions in other  
5 signaling and metabolic pathways.

6

## 7 **Conclusion**

8 In conclusion, we successfully developed, validated and applied a method, based on water-based  
9 ultra-sonication extraction to quantitatively extract Rb and glucose from whole muscle tissues. The  
10 extraction procedure was suitable for ICP-MS detection, and for this, we developed a method to  
11 quantify  $^{13}\text{C}$ -[6C]-labeled-D-glucose and Rb simultaneously. The developed approach was applied  
12 to an *ex-vivo* electrically-stimulated, muscle contraction-induced glucose uptake model with results  
13 comparable to an established method in the form of  $^3\text{H}$ -2-DG uptake. The safety advantages over  
14 radioisotope tracer measurements and the multi-ion flux detection capabilities of ICP-MS bring our  
15 method to the toolbox of researchers interested in the study of complex flux analysis and other  
16 complex molecular interactions.

17

## 18 **ACKNOWLEDGMENTS**

19 Part of this work was funded by the NIH Grant RO1 AR063710.

20

## 21 **CONFLICTS OF INTEREST**

22 The authors declare no conflicts of interest.

23

24

25

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32

1 **TABLE**

2

3 **Table 1** Instrument tune parameters for the ICP-MS quantifications

4

Parameter	Tune mode	
	No gas	He gas
Forward power	1600W	1600W
Nebulizer gas flow	1 L/min	1 L/min
Extract 1	3V	3V
Extract 2	-140V	-140V
He gas flow	0mL/min	4 mL/min
OctP bias	-8V	-18V
OctP RF	140	140V
Energy discrimination <input type="checkbox"/>	8.7mV	8.7mV
Isotopes Monitored and Integration Times	<sup>12</sup> C& <sup>13</sup> C: 1 <sup>5</sup> Sc, <sup>89</sup> Y, <sup>103</sup> Rh: 0.1	<sup>31</sup> P: 0.25 <sup>31</sup> P, <sup>45</sup> Sc, <sup>85</sup> Rb, <sup>89</sup> Y, <sup>105</sup> Pd: 0.1

5

6 **FIGURES**

7

8 **Figure 1**

9 Calibration curves of natural abundance inorganic (a) <sup>13</sup>C and (b) <sup>12</sup>C compared to one (c) <sup>13</sup>C  
10 generated with <sup>13</sup>C-[6C]-labeled-D-glucose. Each point reflects the average of 3 technical replicates  
11 with the error bars represent the SD.

12

13 **Figure 2.**

14 Calibration curves obtained for <sup>13</sup>C and <sup>12</sup>C from i) inorganic carbon standard in 18 MΩ water, ii)  
15 glucose in 18 MΩ water, iii) <sup>13</sup>C-[6C]-labeled-D-glucose in 18 MΩ water, iv) <sup>13</sup>C-[6C]-labeled-D-  
16 glucose in a concentrated CRM extract (15 mg dry mass in 3 ml of 18 MΩ water) and v) <sup>13</sup>C-[6C]-  
17 labeled-D-glucose in a diluted CRM extract (15 mg dry mass in 6 ml of 18 MΩ water). Each point  
18 reflects the average of 3 technical replicates with the error bars represent the SD.

19

20 **Figure 3**

21 (a) <sup>13</sup>C concentration quantified from four spike levels in bovine liver CRM extracts at two different  
22 matrix dilutions, diluted represents 2x lower carbon background. (b) Calibration based on the  
23 calculated <sup>13</sup>C-exogenous content from the spike experiments. The two calibrations correspond to  
24 the diluted and concentrated CRM extract, each point represents 3 technical replicates and the error  
25 bars the SD.

26

27 **Figure 4.**

28 <sup>13</sup>C/<sup>12</sup>C ratios for (a) three spike levels of carbon, magnesium and carbon + magnesium in bovine  
29 liver CRM extracts and water spiking experiments. The numbers on top of each bar represent the  
30 spiking level of carbon, magnesium or carbon + magnesium. Error bars represent the standard  
31 deviation from 3 experimental replicates.

32

## 1 **Figure 5**

2 Glucose uptake and Na,K-ATPase activity during muscle contraction. A)  $^{13}\text{C}$ -[6C]-labeled-D-  
3 glucose uptake rate in quiescent and contracting EDL muscles. B) Rb uptake rate measured in the  
4 same muscles. An isolated mouse EDL muscle was incubated with 11 mM  $^{13}\text{C}$ - [6C]-2-deoxy-D-  
5 glucose and 200  $\mu\text{M}$  tracer Rb and either left quiescent or stimulated to produce repetitive  
6 contractions using conditions that maintain force and do not produce fatigue (10 sec, 90 Hz tetani  
7 repeated once per min for 5 min), as described in Methods and Supplemental Fig. 1. The amount of  
8 glucose taken up during the contraction period was measured by ICP-MS using the  $^{13}\text{C}/^{12}\text{C}$  ratio  
9 and converted to glucose uptake rate using Eqn. 1. The rate of glucose uptake in quiescent  
10 muscles was below detection limits. Uptake rates for Rb were computed after scaling by the ratio  
11 of Rb to K in the uptake buffer. Each comparison used paired test and contralateral muscles from  
12  $n=3-4$  animals. C & D) rates of glucose and Rb uptake in stimulated EDL muscles in the absence  
13 and presence of 0.75  $\mu\text{M}$  ouabain.  $n=4$  animals. Bars show group means  $\pm$  SD/SEM \* indicates  
14 statistically significant difference at  $P < 0.05$ .

15  
16

## 17 **Supplemental Figure 1**

18 Example of one set of calibration curves in the original format obtained in the Agilent Mass Hunter  
19 software, showing calibration data details for inorganic carbon standard based  $^{13}\text{C}$  and (b)  $^{12}\text{C}$  and  
20 (c)  $^{13}\text{C}$  generated with  $^{13}\text{C}$ -[6C]-labeled-D-glucose.

21  
22

## 22 **Supplemental Figure 2**

23 Rubidium response in CPS for the magnesium spiking experiment. (a) carbon, magnesium and  
24 carbon + magnesium in water and (b) in bovine liver CRM extracts. The scale is  $\log_2$  to cover the  
25 broad range of instrument response. The numbers on top of each bar represent the spiking level of  
26 carbon, magnesium or carbon + magnesium. Error bars represent the standard deviation from 3  
27 experimental replicates.

28  
29

## 29 **Supplemental Figure 3**

30 Continuous-line representation of the mass spectra obtained from water and water spiked with  $^{13}\text{C}$ -  
31 [6C]-labeled-D-glucose (black continuous and black segmented line); and bovine liver CRM  
32 extracts and spiked bovine liver CRM extracts (gray continuous and gray segmented line). The  
33 arrows represent the gain in count rate at  $m/z=13$  on both spiking experiments. The acquisition was  
34 in semi-quantitative mode to capture 10 points per  $m/z$  unit.

35  
36  
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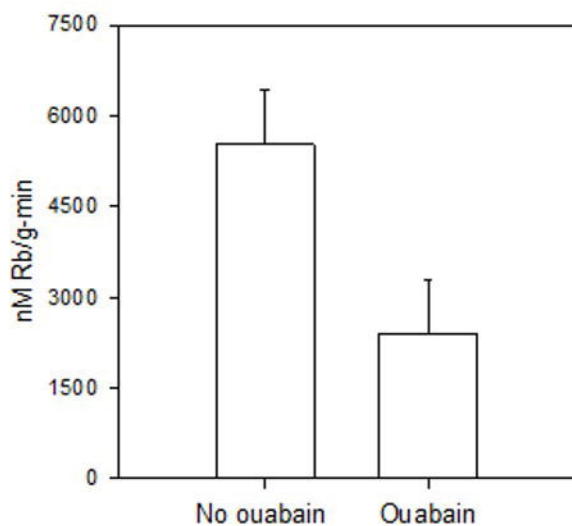
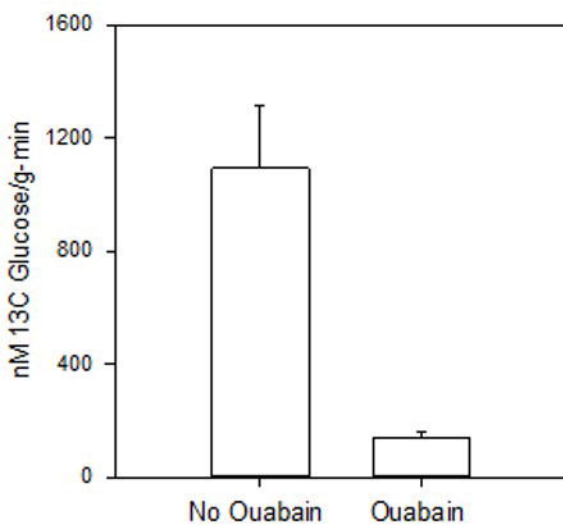
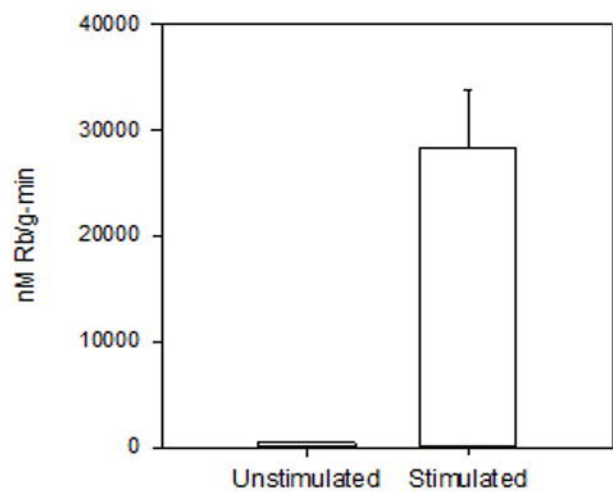
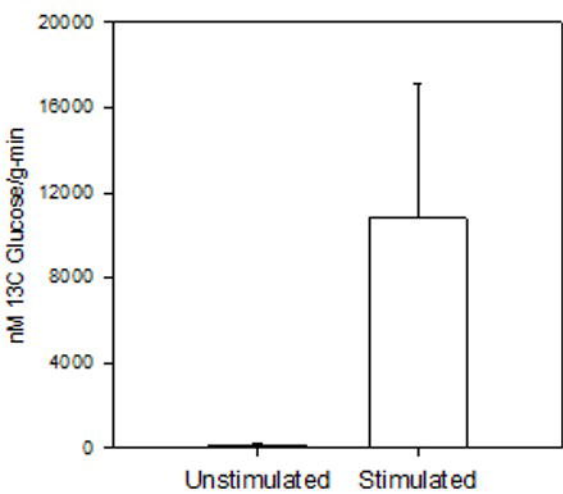
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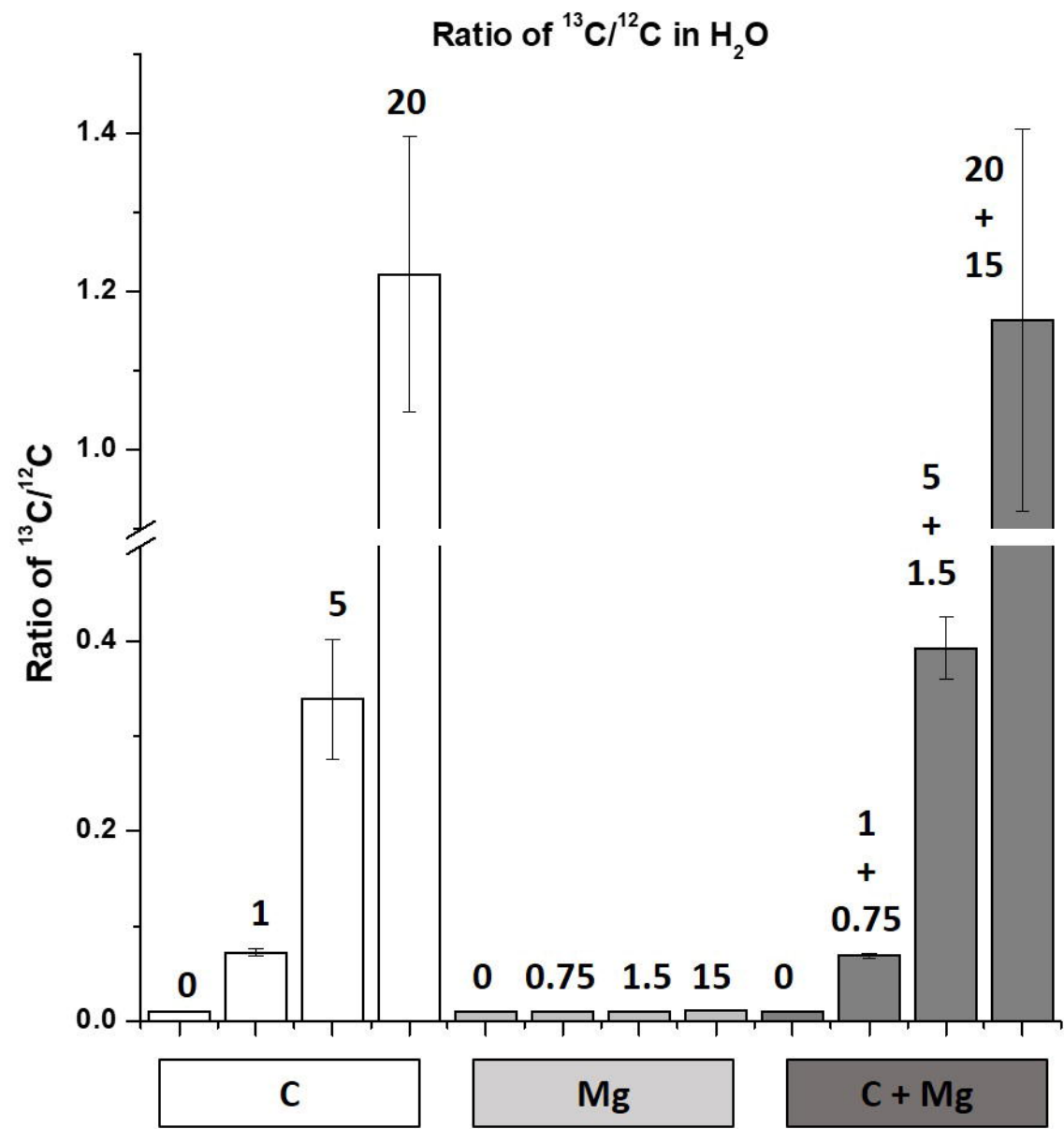
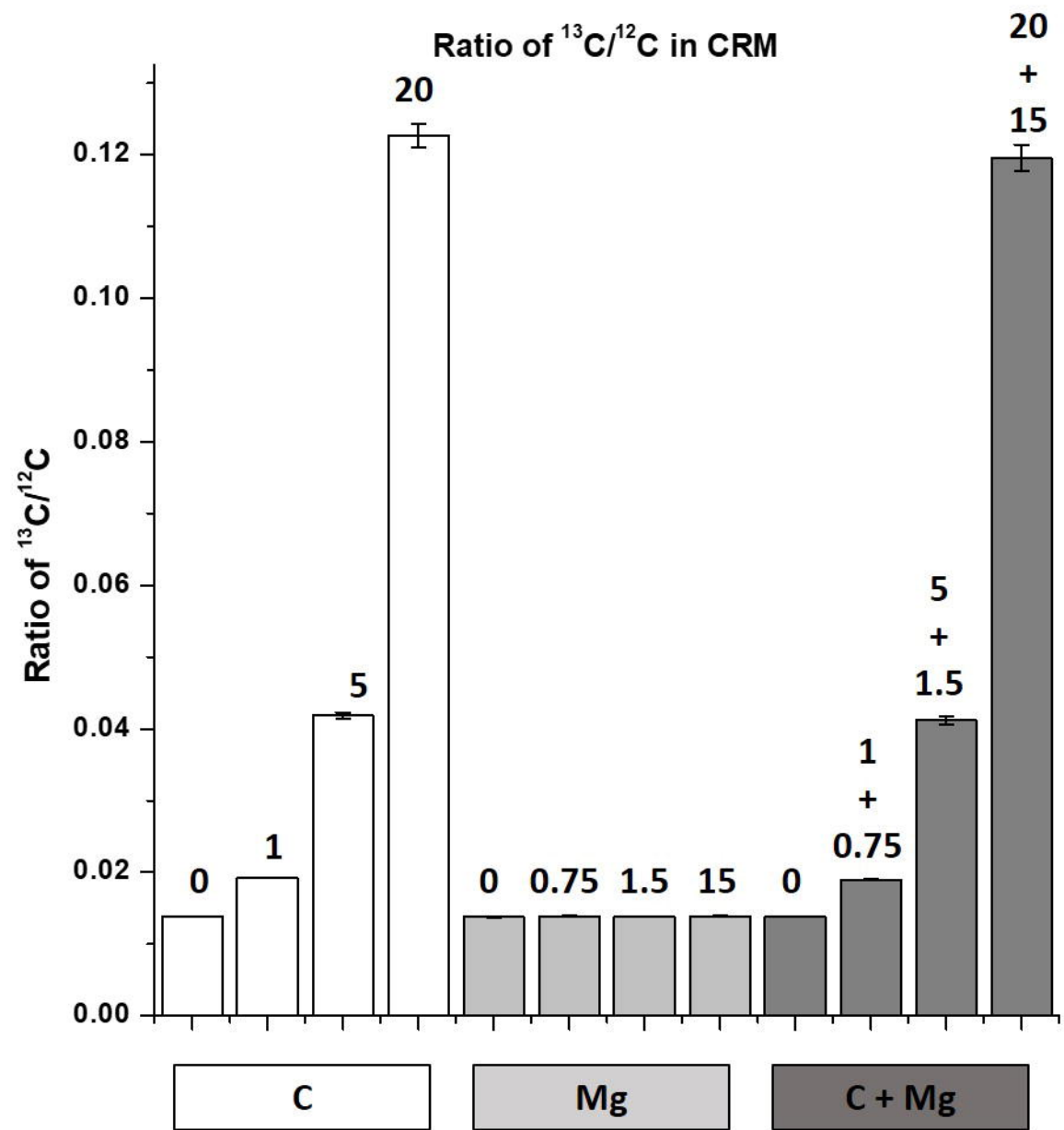


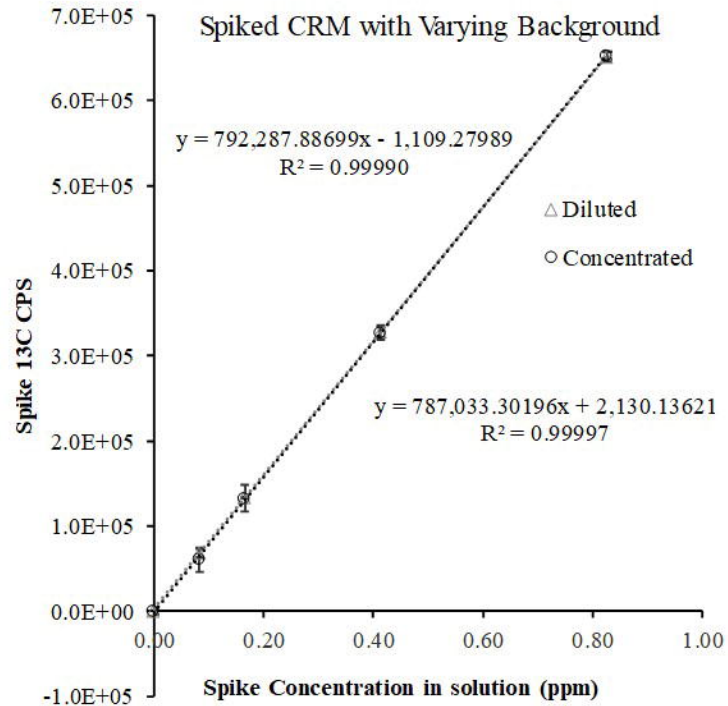
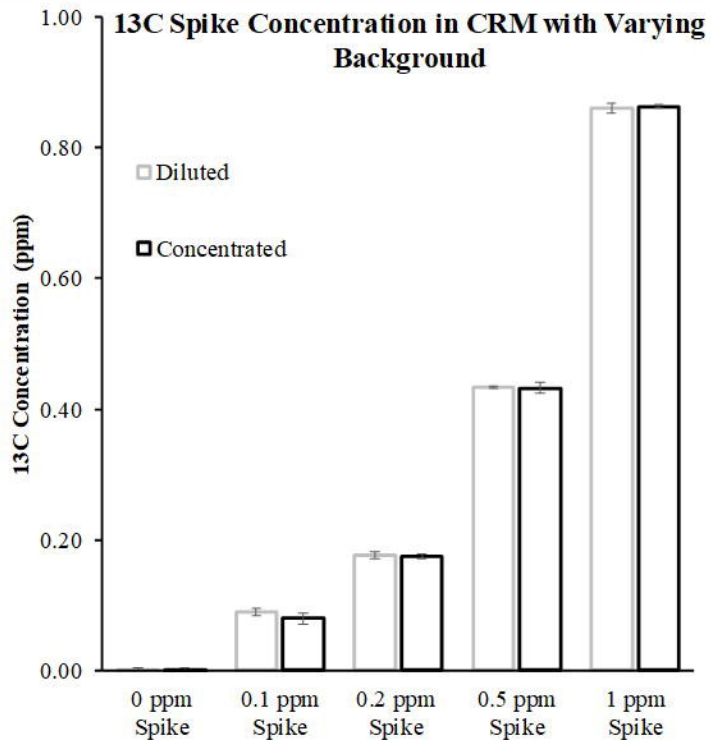
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# 13C CPS summary

$$y = 750,689.67070x + 23,275.29423$$
$$R^2 = 0.99996$$

$$y = 682,090.14757x + 2,420,004.78268$$
$$R^2 = 0.86310$$

$$y = 741,893.75531x + 1,205,516.17324$$
$$R^2 = 0.96473$$

$$y = 760,933.53888x + 35,504.44077$$
$$R^2 = 0.99990$$

