Recurrent urinary tract infection and estrogen shape the taxonomic ecology and functional potential of the postmenopausal urobiome

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Running Title: Estrogen and rUTI history shape the urobiome of postmenopausal women

34 **Abstract**
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Community-acquired urinary tract infection (UTI) is among the most common bacterial infections
observed in humans. Postmenopausal women are a rapidly growing and underserved
demographic group who are severely affected by rUTI with a >50% recurrence rate. In this
population, rUTI can persist for years, reducing quality of life and imposing a significant healthcare
burden. rUTI is most often treated by long-term antibiotic therapy, but development of antibiotic
resistance and allergy leave physicians with fewer treatment options. The female urobiome has
been identified as a key component of the urogenital environment. However, structural and
functional changes in the urobiome underlying rUTI susceptibility in postmenopausal women are
not well understood. Here, we used strictly curated, controlled cross-sectional human cohorts of
postmenopausal women, urobiome whole genome (shotgun) metagenomic sequencing (WGMS),
advanced urine culturing techniques, extensive biobanking of >900 patient-derived urinary
bacterial and fungal isolates, and mass spectrometry-based estrogen profiling to survey the
urobiome in rUTI patients during infection relapse and remission as well as healthy comparators
with no lifetime history of UTI. Our results suggest that a history of rUTI strongly shapes the
taxonomic and functional ecology of the urobiome. We also find a putative protective commensal
population, consisting of species known to convey protection against bacterial vaginosis such as
Lactobacillus crispatus, within the urobiome of women who do not experience UTI. Integration of
clinical metadata detected an almost exclusive enrichment of putative protective species
belonging to the genus, *Lactobacillus*, in women taking estrogen hormone therapy (EHT). We
further show that the urobiome taxonomic ecology is shaped by EHT, with strong enrichments of
putatively protective lactobacilli, such as *L. crispatu*s and *L. vaginalis*. Integrating quantitative
metabolite profiling of urinary estrogens with WGMS, we observed robust associations between
urobiome taxa, such as *Bifidobacterium breve* and *L. crispatus*, and urinary estrogen conjugate
concentrations, suggesting that EHT strongly alters the taxonomic composition of the female
urobiome. We have further used functional metagenomic profiling and patient-derived isolate
phenotyping to identify microbial metabolic pathways, antimicrobial resistance genes (ARGs), and
clinically relevant antimicrobial resistance phenotypes enriched between disease-states. Our data
suggest distinct metabolic and ARG signatures of the urobiome associated with current rUTI
status and history. Taken together, our data suggests that rUTI history and estrogen use strongly
shape the functional and taxonomic composition of the urobiome in postmenopausal women.

Introduction

Urinary tract infection (UTI) is among the most common adult bacterial infections and imparts particularly significant medical burden on women, with more than 50% of women suffering UTI in their lifetime (Gaitonde et al., 2019; Jhang and Kuo, 2017). Historically, UTI has largely been underprioritized in medical research due to low mortality rates and the effectiveness of available antibiotics for most UTI episodes. However, UTI is a disease of disproportionate burden as age is one of the strongest associated risk factors for UTI and the development of recurrent UTI (rUTI) (Flores-Mireles et al., 2015). Indeed, it is estimated that approximately 50% of UTIs in postmenopausal women develop into rUTI, which is clinically defined as ≥3 symptomatic UTIs in 12 months (Gaitonde et al., 2019; Malik et al., 2018b). rUTI can last for years, dramatically decreasing quality of life and, if treatment is unsuccessful, can develop into life-threatening urosepsis. Current therapeutic strategies mostly rely on the chronic use of antibiotics to achieve urinary tract sterility (Flores-Mireles et al., 2015; Malik et al., 2018a; Neugent et al., 2020). However, increasing rates of antibiotic refractory rUTI make this strategy unsustainable and ultimately ineffective. For example, a recent prospective study of 86 postmenopausal women observed resistance or allergy incidence rates of 76%, 56%, and 35% to the frontline antibiotics trimethoprim-sulfamethoxazole (TMP-SMX), fluoroquinolones, and nitrofurantoin, respectively (Malik et al., 2018a). These observations highlight the need for alternative therapeutic strategies to combat the growing antibiotic resistance rates in the treatment of rUTI.

A promising source of therapeutic strategies for rUTI lies in modulating or restoring the urinary microbiome, termed here the "urobiome" (Flores-Mireles et al., 2015; Stamm and Norrby, 2001). Decades of medical dogma have largely assumed sterility of urine and the urinary tract. However, a large body of work has robustly established the existence of a resident microbiome within the human urinary tract (Brubaker and Wolfe, 2017; Hilt et al., 2014; Lewis et al., 2013; Price et al., 2019; Siddiqui et al., 2011; Wolfe et al., 2012). Initial taxonomic analyses have associated dysbiosis of the urobiome taxonomic composition to urinary incontinence, overactive bladder, and bladder cancer (Bucevic Popovic et al., 2018; Karstens et al., 2016; Pearce et al., 2014). However, fundamental knowledge of urobiome composition and function in postmenopausal women is lacking. Studies surveying the microbial ecologies of the urobiome associated with UTI have almost exclusively focused on premenopausal women or cohorts of mixed age (Barraud et al., 2019; Brubaker and Wolfe, 2017; Hilt et al., 2014; Neugent et al., 2020; Price et al., 2019; Siddiqui et al., 2011; Wolfe et al., 2012). As a result, the relationship between the urobiome and rUTI susceptibility or treatment outcome is poorly understood in postmenopausal women. Interestingly a 2021 report showed that pre and postmenopausal women displayed different core urinary

microbiota, providing strong rationale to characterize the postmenopausal urobiome in urogenital
disease (Ammitzboll et al., 2021).

Recently, the female urobiome has been reported to exhibit interconnection with the vaginal
microbiome (Thomas-White et al., 2018). For example, vaginal D(-)Lactate-producing lactobacilli,
known to protect the vagina from colonization by bacterial and fungal pathogens, have been
consistently observed in the female urobiome in multiple independent studies (Edwards et al.,
2019; Pearce et al., 2014). These observations beg the question of whether these known
protective vaginal species serve a similar protective role in the urobiome. Interestingly, a 2011
randomized clinical trial found a moderate reduction of rUTI incidence among women receiving
an intravaginal *L. crispatus* probiotic (Stapleton et al., 2011). While this study was performed in
premenopausal women and has yet to be validated in a larger clinical study, it does suggest that
lactobacilli may support urinary tract health. However, the niche-specific colonization and
metabolic needs of lactobacilli have not been assessed for this understudied ecosystem.

While numerous studies have used 16S rRNA amplicon sequencing to taxonomically profile the
microbial ecology of the human urobiome, no whole genome metagenomic sequencing (WGMS)
datasets have been generated to profile the genomic ecology of the urobiome in postmenopausal
women. Given the genomic diversity observed within and among taxonomic clades, metagenomic
information beyond 16S rRNA sequence enrichment is needed to assess the functional potential
of microbial communities (Quince et al., 2017). Whole-metagenome analysis of the urobiome is
required to identify the genes and metabolic pathways associated with urinary tract health, a
critical step towards the development of rationally designed probiotic therapies for rUTI. Here, we
present a WGMS survey of the urobiome of a strictly curated, cross-sectional cohort of
postmenopausal women separated into three groups defined by rUTI history and current UTI
status. Two of the cohort groups were curated to have recent rUTI history, differing only by current
infection status. The third cohort group consisted of postmenopausal women with no known
lifetime history of UTI. Our analysis has defined the urobiome ecology among the three cohorts
and has determined that the large-scale structure of the urobiome is not altered by rUTI history.
However, our taxonomic biomarker analysis using a Bayesian differential abundance model
identified significant species-level enrichments of gut bacteria and known uropathogens within the
urobiomes of women with rUTI history but no current UTI, suggesting that an imprint of past UTI
remains in the urobiome. We also observed a striking association between the use of estrogen
hormone therapy (EHT) and the presence of *L. crispatus* in the urobiome. Interestingly, we
observed differential enrichment of *Lactobacillus* spp. between patients using different EHT
modalities with strong *Lactobacillus* spp. enrichment among women using oral and patch EHT,

an observation which was not observed in patients using vaginal EHT. These findings mirror the
detected levels of excreted urinary estrogen conjugates in EHT(+) women. Functional analysis
revealed that the encoded metabolic potential is different between uropathogen-dominated and
commensal-dominated communities and that a history of rUTI dramatically alters the resistome
of the urinary microbiota with significant enrichments of beta-lactam, sulfonamide, and
aminoglycoside antimicrobial resistance genes associated with rUTI history. Taken together,
these results suggest that rUTI history and EHT shape the taxonomic and functional ecology of
the urobiome in postmenopausal women.

Results

Cohort curation, metagenomic DNA preparation, and whole genome metagenomic dataset
generation

Microbiome studies often observe high inter-sample variability, which can make interpretation
of ecological and associative analyses difficult (Fouts et al., 2012). With this in mind, we
implemented a strict set of exclusion criteria to guide patient recruitment and enrollment into the
study. Patients were excluded if they were premenopausal, seeking medical intervention for
complicated rUTI, diabetic, currently receiving chemotherapy, exhibiting renal insufficiency
(creatinine >1.5 mg/dL), using indwelling or intermittent catheters, had neurogenic bladder, or had
recent exposure to antibiotics within the last 4 weeks, unless an active infection was detected by
initial culture screening. rUTI often follows a cyclic pattern of infection relapse interrupted by
periods of remission (Figure 1A). To model this pattern of relapse and remission, the cohort of
postmenopausal women was striated into three groups based on rUTI history. Group 1 served as
a healthy comparator and consisted of postmenopausal women with no lifetime history of
symptomatic UTI (No UTI History), group 2 consisted of postmenopausal women with a recent
history of rUTI but no active infection at the time of urine donation (rUTI Remission), and group 3
consisted of postmenopausal women with a history of rUTI and an active UTI at the time of urine
donation (rUTI Relapse) (Figure 1B). In total, 258 patients were recruited and screened for
enrollment candidacy through interview, clinical assessment, and electronic medical records.
29.8% of recruited patients passed the exclusion criteria and were enrolled. We determined that
25 patients per group was sufficient to balance a-priori sample size estimation (Figure S 1A, B)
with clinical feasibility and enrollment rates. Cohort demographic information is reported in Table
1.

Urine was collected via the clean catch midstream method after patients were educated about
the procedure for sample collection. It should be noted the clean-catch midstream urine samples

are representative of the urogenital microbiome (Karstens et al., 2018), which is inclusive of the

bladder, urethral, and, in some cases, vaginal microbiomes. Metagenomic DNA yields following

purification from cohort urine reflected the anticipated biomass of the urobiome in each group with

the highest DNA yields observed in women with active rUTI (rUTI Relapse). We collected a

median (± interquartile range) DNA mass of 62.1 ± 345.5 ng from No UTI History samples, 46.7

± 198.2 ng from rUTI Remission samples, and 1822 ± 544 ng from rUTI Relapse samples (Figure

S 1C).

WGMS sequencing of human samples can suffer from a high degree of host contamination.

Previous reports of human contamination in WGMS sequencing of the urobiome range from 1-

99% of obtained reads (Moustafa et al., 2018; Quince et al., 2017). We therefore targeted 50

million reads per sample, balancing the higher cost of deep sequencing with the added advantage

of increased microbial sampling power. To remove host contamination, we mapped all reads

against the human genome reference (hg38) and collected unmapped reads, which represent all

non-human DNA sequenced. We observed and average of 67.57% host contamination within the

metagenomic sequencing data (Figure S 1E). After host removal, we generated a dataset with an

average of 2.6×10^7 non-human reads per sample.

To observe and measure potential contaminating background and environmental taxonomic

signals, a pure water sample was randomly inserted into the metagenomic DNA isolation

workflow, subjected to identical DNA isolation procedures, NGS sequencing, and taxonomically

analyzed with MetaPhlan2 (Segata et al., 2012). The majority of microbial reads observed in the

water control mapped to common nucleic acid purification kit and environmental contaminants

(Figure S 2A) (Salter et al., 2014). Except for known members of the human microbiome and

urobiome, these background taxa were censored from sample data when observed. We observed

a small relative abundance of taxa salient to the human urobiome in the water control, such as

Pseudomonas, *Escherichia*, *Klebsiella*, *Enterococcus*, *Staphylococcus*, and *Corynebacterium.*

These signals ranged from 0.0510%-11.5% of approximately 3 million mappable reads observed

in the water control.

Validation of viable urobiome species through advanced urinary culture and WGMS hybrid

taxonomic profiling.

To observe and validate the presence of living microbiota within the urobiomes sampled, we

coupled WGMS with advanced urine culture, a modification of the previously reported EQUC

protocol (Price et al., 2016). Advanced culture of cohort urine both generated a detailed, species-

level taxonomic profile and validated the presence of living taxa detected within the urobiomes

sampled. Taxonomic profiling by WGMS revealed that the aggregate of the urobiomes sampled
was dominated by the kingdom, Bacteria, which represented 99.4% of the detected non-viral,
microbial taxa (Figure 1C). Consistent with what is known about the taxonomic composition of
urobiomes studied to date (Brubaker and Wolfe, 2017; Siddiqui et al., 2011), the detected
bacterial taxa across the entire cohort belong to 4 major phyla: Firmicutes (44.7%), Actinobacteria
(22.3%), Proteobacteria (20.6%), and Bacteroidetes (12%) (Figure 1C). Advanced urine culture
captured 93.9% of bacterial genera detected in WGMS with observed aggregate relative
abundance ≥5% in any sample (Figure 1D). At the patient-level, advanced urine culturing was
able to validate the viability of an average of 74.5% of genera detected by WGMS (Figure S 2A).
The most frequent cultivable genera detected across all samples were *Lactobacillus*, *Escherichia*,
Streptococcus, *Bifidobacterium*, *Gardnerella*, *Klebsiella*, *Staphylococcus*, *Finegoldia*,
Enterococcus, and *Facklamia*. We cryo-preserved pure isolates from every cultivable species
detected through advanced urine culture and generated a large isolate biobank of 904 speciated
bacterial and fungal isolates, a first of its kind resource for the field.
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Analysis of urobiome ecology reveals similar ecological structure between women with
No lifetime UTI history and rUTI Remission.
We next analyzed the genus and species-level taxonomic profiles and ecological structure
within the No UTI History, rUTI Remission and rUTI Relapse groups (Figure 2A, B, Figure S 3A).
Inspection of the rUTI Relapse group revealed urobiomes mainly dominated by single bacterial
uropathogens with little detected abundance of *Eukarya* and *Archaea* (Figure 2B, Figure S 3A).
The most prevalent uropathogen detected in our analysis was *Escherichia coli* (15/25, 60%), a
species known to be the major uropathogen among most types of UTI (Flores-Mireles et al.,
2015). Along with *E. coli*, our analysis also detected known uropathogens, *Klebsiella pneumoniae*
(2/25, 8%), *Enterococcus faecalis* (1/25, 4%), and *Streptococcus agalactiae* (1/25, 4%). We also
observed a low relative abundance of fungal species within the rUTI Relapse urobiomes including
Candida glabrata and *Malassenzia globosa*. Similarly low amounts of Archaeal taxa were
detected, such as, *Methanobrevibacter spp* (Figure S 3A). Interestingly, we observed viral taxa
present within the urobiomes of the rUTI Relapse cohort. The most observed virus was JC
polyomavirus (4/25 16%) but Human herpes virus 4 (1/25 4%) and Enterobacteria phage Ike (1/25
4%) were also detected (Figure S 3B).
The most frequently observed bacterial species in urobiomes of women without active infection
(No UTI History and rUTI Remission) belonged to the genera *Lactobacillus*, *Bifidobacterium*,
Gardnerella, *Streptococcus*, *Staphylococcus*, and *Actinobaculum* (Figure 2 A, B). A subset of

these samples (54%) were dominated by one taxon while others were diverse and exhibited no

single dominant taxon. We observed 13 patients (24%) in the No UTI History and rUTI Remission

groups with a >50% relative abundance of various *Lactobacillus spp*., including *L. crispatus, L.*

iners, and *L. gasseri* (Figure 2B). Interestingly, we also observed a subset of urobiomes in the No

UTI History and rUTI Remission groups dominated by *Bifidobacterium spp.*, such as *B. breve, B.*

dentium, and *B. longum*, as well as *Gardnerella vaginalis* (Figure 2B). Fungal and archaeal

species were also observed in low abundance (0-8.8% relative abundance) in the No UTI History

and rUTI Remission urobiomes (Figure S 3A). Three species of *Candida*, including *C. albicans*,

C. glabrata, and *C. dubliniensis* were detected. Other fungal taxa observed include *Malassezia*

globosa, *Naumovozyma spp.*, and *Eremothecium spp.* Observed archaeal species within the No

UTI History and rUTI Remission urobiomes included *Methanosphaera stadtmanae* and

Methanobrevibacter spp. Viral taxa were more frequently observed in the No UTI history and rUTI

Remission groups as compared to the rUTI Relapse group (Figure S 3B). The most observed

viral taxa in the No UTI history and rUTI Remission groups were JC polyomavirus, BK

polyomavirus, and Merkel cell polyomavirus (Figure S 3B).

To model the urobiome ecological structure within the three groups, we calculated alpha-

diversity indices including the observed taxa count, Shannon, Simpson, Chao 1, and ACE indices

(Thomas-White et al., 2017). Our analysis found that women in the No UTI History and rUTI

Remission groups had similarly diverse urobiomes across different alpha diversity indices (Figure

2C, D, Figure S 4 A, B, C). These data suggest that if there are ecological differences in the

urobiomes of postmenopausal women who are susceptible to rUTI (rUTI Remission) versus those

who are not (No UTI History), they are not reflected in alpha diversity metrics. The rUTI Relapse

group exhibited significantly lower alpha diversity indices as compared to the rUTI Remission

cohort, an observation that is likely attributed to uropathogen niche dominance during active

infection (Figure 2C, D, Figure S 4 A, B, C).

To assess large-scale taxonomic signatures associated with rUTI history and infection status,

we used double principal coordinate analysis (DPCoA), a beta-diversity ordination method which

allows for dimensionality reduction through relative abundance weighted phylogenetic distance

calculation between samples (Pavoine et al., 2004). Visualization of the first two PCoAs applying

weighted DPCoA to the aggregate dataset of detected species in the cohort revealed clustering

of the urobiomes of the rUTI Relapse group along a vector defined by the enrichment of *E. coli*

and were ecologically distinct from the urobiomes of the No UTI History and rUTI Remission

groups. The No UTI History and rUTI Remission groups exhibited relatively similar clustering

patterns in the first two PCoAs (Figure 2E) and many of these women clustered along opposing

vectors defined by the enrichment of either *L. crispatus* or *G. vaginalis*, which are associated with

a healthy vaginal microbiome or bacterial vaginosis, respectively (Ravel and Brotman, 2016;

Ravel et al., 2011). This similar clustering pattern between the No UTI history and rUTI Remission

cohorts suggests that a history of rUTI does not significantly alter the large-scale taxonomic

structure of the urobiome in postmenopausal women. However, the clustering of the No UTI

History and rUTI Remission urobiomes along the vectors defined by *L. crispatus* or *G. vaginalis*

supports an association between the urinary and vaginal microbiomes as previously reported

(Thomas-White et al., 2018).

Taxonomic co-occurrence analysis identifies three non-interacting microbial clusters

within the urobiome.

Microbial communities can harbor intricate interactions between member taxa (Alteri et al.,

2015; Keogh et al., 2016). Exceedingly little is known about interactions and co-occurrence of

bacterial species within the urobiome. We used the CCREPE pipeline to compute pairwise

associations and a compositionally corrected statistical association assessment between genera

detected within the cohort urobiomes (https://huttenhower.sph.harvard.edu/ccrepe/) (Figure 2F).

This analysis identified 2025 non-zero taxa correlations that were further filtered to 87 statistically

significant associations ($P<0.05$) (Figure 2F). After multiple hypothesis testing correction, a total

of 17 unique microbial associations exhibited robust statistical significance ($Q<0.05$) (Figure 2F).

Network visualization of significant associations ($P<0.05$) revealed three non-interacting microbial

clusters (Figure 2G). Cluster 1 member taxa were all known members of the human gut

microbiome (Human Microbiome Project, 2012). Cluster 2 exhibited the largest member set and

diversity and captured associations between genera known to inhabit the urobiome but whose

association has not yet been reported. Cluster 2 member genera, such as *Peptoniphilus* and

Finegoldia, have been reproducibly observed in the human urobiome in multiple, independent

studies (Anglim et al., 2021; Thomas-White et al., 2017). Interestingly, Cluster 2 grouped strongly

around the genus *Peptoniphilus*, a member of the vaginal microbiome that is known to be

associated with dysbiosis (Diop et al., 2019). Cluster 3 was identified as a pairwise interaction

between the genera *Gardnerella* and *Atopobium*, two taxa that have been previously associated

in vaginal dysbiosis and bacterial vaginosis (Bradshaw et al., 2006; Hardy et al., 2016; Hardy et

al., 2015). Taken together, these data suggest that taxonomic signatures within the urobiome of

postmenopausal women may follow patterns of co-occurrence, an observation which merits

further mechanistic study.

Taxonomic biomarker analysis reveals that rUTI history alters the species-level taxonomic signature of the urobiome.

rUTI follows a cyclic pattern of active infection followed by periods of no infection or remission (Figure 1A). We and others have observed that the taxonomic profiles of the urobiomes of individuals with UTI are significantly different than healthy individuals (Figure 2 A,B) (Flores-Mireles et al., 2015). Taxonomic remodeling associated with infection has also been shown to significantly alter the microbiome in other niches throughout the human body. Interestingly, taxonomic remodeling of the gut microbiome associated with antibiotic use is the strongest risk factor associated with the development of *Clostridium difficile* infection (Theriot et al., 2014). To test the hypothesis that rUTI history alters the underlying urobiome, we performed genus and species-level differential taxonomic enrichment analysis between the urobiomes of the No UTI History and the rUTI Remission patients. We employed the linear discriminant analysis of effect size (LEfSe) to incorporate an extensively employed non-parametric assessment of differential taxonomic abundance (Segata et al., 2011). We also employed the Bayesian microbial differential abundance (BMDA) model that can account for common characteristics that complicate differential analysis of microbiome data, such as data sparsity (zero inflation), over-dispersion, and uneven sampling depth (Li et al., 2019). Differentially enriched taxa detected by these analyses may serve as candidate taxonomic biomarkers for urobiome dysbiosis and possibly rUTI susceptibility. LEfSe detected no differentially abundant taxa between the No UTI History and rUTI Remission groups. However, using the BMDA model, we detected multiple differentially abundant taxa between No UTI History and rUTI Remission groups. BMDA detected two genera, *Aerococcus* ($\log_{10}$(Posterior Effect Size) = 0.70, PPI = 0.97) and *Lactobacillus* ($\log_{10}$(Posterior Effect Size) = 0.52, PPI = 0.96), as well as two species of lactobacilli, *L. vaginalis* ($\log_{10}$(Posterior Effect Size) = 7.66, PPI = 1) and *L. crispatus* ($\log_{10}$(Posterior Effect Size) = 1.36, PPI = 1), as significantly enriched in the No UTI History group compared to the rUTI Remission group (Figure 3A, B). At the genus-level, *Klebsiella*, *Gemella*, *Bacteroides*, *Clostridiales Family XIII Incertae Sedis unclassified*, *Eggerthella*, and *Escherichia* were among the most significantly enriched in the rUTI Remission group compared to the No UTI History group. Fifteen species were identified as significantly enriched in the rUTI Remission group, including *Ureaplasma parvum*, *Bacteroides uniformis*, *E. faecalis*, *Staphylococcus hominis*, and *Staphylococcus epidermidis* (Figure 3B). Many taxa enriched in the rUTI Remission group are primarily known to be native to the human gut microbiome and not the female urobiome or vaginal microbiome (Figure 3 A, B). Taken together, these results suggest that rUTI history may leave an imprint on urobiome composition that may be missed by common ecological indices (alpha or beta diversity) and traditional

differential abundance pipelines that do not consider the sparsity, over-dispersion and uneven

sampling that is common in low biomass microbiomes like the urobiome (Karstens et al., 2018).

Estrogen hormone therapy and urinary estrogen concentration is associated with

***Lactobacillus* abundance in the urobiome of postmenopausal women**

Given that many of the urobiomes of women without active rUTI were dominated by species of

lactobacilli (26%, 13/50) (Figure 2 A, B), we sought to further characterize this taxonomic

enrichment in the No UTI History and rUTI Remission groups. We screened the cohort-associated

clinical metadata for any variables associated with *Lactobacillus* abundance. Interestingly, we

found that estrogen hormone therapy (EHT) was strongly associated with the presence of

Lactobacillus in the urobiome (Figure 4 A, B, C). Ecological modeling revealed that the urobiomes

of EHT(+) women were significantly less diverse than those of EHT(-) women and tended to be

dominated by a single species belonging to the genus, *Lactobacillus* (Figure 4 D, E, F). To

determine how EHT shapes the taxonomic profile of the urobiome, we performed differential

taxonomic enrichment analysis using LEfSe and BMDA. The LEfSe identified the enrichment of

the species *L. crispatus* in patients using EHT and the enrichment of the genus, *Streptococcus*,

in patients not using EHT (*L. crispatus* LDA=5.1, *P*=0.0185; *Streptococcus* LDA=4.8, *P*=0.0081)

(Figure 4 G). Differential enrichment analysis using BMDA captured a similar result but was able

to further resolve species-level differential enrichment (Figure 4 H). *L. crispatus* and *L. vaginalis*,

were significantly enriched in the urobiomes of EHT(+) women (*L. crispatus* $\log_{10}$(Posterior Effect

Size) = 13.5, PPI=1; *L. vaginalis* $\log_{10}$(Posterior Effect Size) = 8.5, PPI=1). Interestingly, BMDA

detected species-level enrichment of the *Streptococcus mitis/oralis/pneumoniae* (*S. m/o/p*) group,

Streptococcus infantis, and *Atopobium vaginae* within the urobiomes of EHT(-) women (*S. m/o/p*

$\log_{10}$(Posterior Effect Size)= 8.8, PPI=1; *S. infantis* $\log_{10}$(Posterior Effect Size)= 9.2, PPI=1; *A.*

vaginae $\log_{10}$(Posterior Effect Size)= 13.9, PPI=1) (Figure 4H). Taken together, these data

suggest a strong association between EHT use and urobiome dominance by *Lactobacillus*

species known to convey protection against bacterial pathogens (Edwards et al., 2019).

EHT can be administered via multiple modalities including oral supplementation, transdermal

patch, and topical vaginal cream (Lobo, 2017). Using the cohort-associated clinical metadata, we

striated patients based on EHT modality. Interestingly, we observed that women using oral and

patch EHT exhibited significant urobiome enrichment of *Lactobacillus*. However, urobiome

Lactobacillus enrichment varied widely in women using vaginal EHT (vEHT) and was not

significantly different from EHT(-) women (Figure 5A). We hypothesized that the vEHT may differ

from oral and transdermal patch in composition, metabolism, or dosage. We therefore used a

modified version of previously published targeted liquid-chromatography mass spectrometry (LC-
MS) methods for the measurement of urinary estrogens to quantify excreted urinary estrogen
conjugates of women in the No UTI History and rUTI Remission groups (van der Berg et al.,
2020). Limiting our analysis to the known major excreted sulfate and glucuronide conjugates of
estrone (E1) and 17β–estradiol (E2), we observed significantly higher urinary E1 and E2
conjugate abundance, both sulfates and glucuronides, in women using oral EHT, an observation
concordant with observed urinary *Lactobacillus* abundance (Figure 5 B, C, D Figure S 6 A, B, C,
D). Women using patch EHT also exhibited high urinary *Lactobacillus* abundance and we
observed a significant enrichment of E1-sulfate in patch EHT(+) women compared to EHT(-)
women (Figure S 5C). Consistent with urinary *Lactobacillus* abundance, we observed no
statistically significant difference in urinary estrogen conjugate concentrations between vEHT(+)
women and EHT(-) women (Figure 4 A, B, C, D Figure S 5 A, B, C, D).

We further sought to determine if rUTI history differentially affected the EHT-associated
taxonomic signature by dichotomizing patients by No UTI History and rUTI Remission group
membership. We then performed exploratory correlation analysis of creatinine-normalized
estrogen metabolite concentrations and the species-level taxonomic profile. Multiple studies have
assessed association between urinary and vaginal *Lactobacillus* abundance and host estrogen
status with varying conclusions (Anglim et al., 2021; Thomas-White et al., 2020). However, it
remains unknown if urinary *Lactobacillus* abundance is directly correlated with host systemic or
excreted estrogen concentration. Interestingly, we observed a striking difference in the estrogen-
associated taxonomic profile between the No UTI History and rUTI Remission groups (Figure 5
E, F). We observed strong correlations between urinary E1 and E2 conjugates and three species
of *Lactobacillus, L. crispatus, L. iners, and L. gasseri,* in the No UTI History group, correlations
which were not detected in the rUTI Remission group (Figure 5 E, F Figure S 5 E, F). Interestingly,
Bifidobacterium breve, an *Actinobacterium* often used in probiotics and associated with colon
health, exhibited the strongest positive association across estrogen conjugates in the No UTI
History group (Figure 5 E, G). This observation was again absent in the urobiomes of the rUTI
Remission group. We observed one species, *Anaerococcus prevotii*, which was consistently and
significantly negatively associated with urinary estrogens in the No UTI History group (Figure 5 E,
Figure S 5 E). Interestingly, fewer and distinct taxa correlated with estrogen conjugates in the
rUTI Remission group (Figure 5 F, Figure S 5F). It should be noted that most EHT(+) women in
the rUTI Remission group used vEHT, which was not found to be associated with urobiome
Lactobacillus abundance (Figure 5 A). Taken together, these data demonstrate a direct
correlation between excreted urinary estrogen conjugate concentration and urobiome abundance

of known protective urogenital lactobacilli, such as *L. crispatus*. The data indicate that the

correlation between specific estrogen metabolites and urobiome is dependent on previous rUTI

history, suggesting that both rUTI history and estrogen shape the taxonomic ecology of the

urobiome.

Functional profiling reveals significant differences in the metabolic potential of cohort

urobiomes.

The genes encoded within a microbial community define the phenotypic capabilities of its

members. We used the HUMAnN (v2.0) pipeline to profile the metabolic potential encoded within

the cohort urobiomes (Franzosa et al., 2018). We sought to determine if rUTI history leaves a

detectable imprint on the functional metabolic potential of the urobiome. We further sought to

define the metabolic potential of the urobiomes of women who do not experience UTIs compared

to the rUTI Relapse group. Principal component analysis (PCA) performed on the relative

abundance of detected encoded metabolic pathways in the three groups identified discriminating

clusters that separated many of the rUTI Relapse urobiomes from the rUTI Remission and No

UTI History urobiomes in the first two principal components (PCs) (35.39% cumulative variance

explained in PC1 and 2) (Figure 6A). These results were consistent with those observed in the

taxonomic beta-diversity analysis (Figure 2 E). Analysis of the PCA loadings within the first two

PCs found that the rUTI Relapse group ordinated along vectors defined by the enrichment of

lipopolysaccharide (LPS) biosynthesis (*n*=4 pathways), demethylmenaquinol-8 biosynthesis,

Fucose and Mannose degradation, D-galacturonate degradation, Sucrose degradation, and the

TCA cycle (Figure 6B). Interestingly, rUTI Remission and No UTI History groups, which were not

discriminated in the first two PCs, tended to ordinate along vectors defined by the genetic

enrichment of nucleotide biosynthesis pathways (*n*=8 pathways), L-lysine biosynthesis II, S-

adenosyl methionine (SAM) biosynthesis, and UDP-N-acetyl-glucosamine biosynthesis (Figure

6B). These data suggest that the large-scale genetic potential of the urobiome is relatively similar

between rUTI Remission and No UTI History groups but is dramatically altered during active rUTI.

Because dimensional reduction techniques tend to lose fine-scale discriminating features, we

next sought to identify unique metabolic enrichments using pairwise comparisons. We used the

LEfSe microbial biomarker identification pipeline to identify discriminatory metabolic pathway

enrichments between the No UTI History group and the rUTI Remission or rUTI Relapse groups

(Segata et al., 2011). First, we tested the hypothesis that rUTI history imparts functional changes

on the urobiomes of PM women by comparing the No UTI History and rUTI Remission groups.

The analysis identified 49 metabolic pathways differentially enriched between the No UTI History

and rUTI Remission groups with an FDR-corrected $P<0.05$ and LDA >2 (Figure 6C). Forty-five

discriminatory metabolic pathways were significantly enriched in the rUTI Remission urobiomes

and 4 metabolic pathways significantly enriched in the No UTI History urobiomes. The top 40

differentially enriched pathways discriminating No UTI History from rUTI Remission urobiomes

primarily belonged to carbohydrate metabolism (n=14), electron carrier biosynthesis (n=8), amino

acid metabolism (n=5), cell envelope building block biosynthesis (n=4), vitamin and cofactor

biosynthesis (n=4), and polysaccharide degradation (n=3) (Figure 6C). While most of the

discriminatory carbohydrate metabolic pathways were enriched in the rUTI Remission urobiomes

(13/14, 92.9%), we observed an enrichment of D-galactose degradation (Leloir pathway) in the

urobiomes of the No UTI History group (LDA=3.06, P=0.028). Interestingly, we observed a strong

enrichment of electron carrier biosynthesis pathways in the rUTI Remission urobiomes.

Biosynthetic pathways for ubiquinol 7, 8, 9, and 10 as well as menaquinol 6, 9 and 10 and

demethylmenaquinol 9 were strongly enriched in the rUTI Remission urobiomes (Figure 6C). L-

lysine biosynthesis, L-threonine biosynthesis, and L-tryptophan degradation were observed to be

enriched in the No UTI History urobiomes, while L-ornithine biosynthesis and L-arginine

degradation were found to be enriched in the rUTI Remission urobiomes. The remaining

discriminating metabolic pathways were enriched in the rUTI Remission urobiomes and included

cell envelope biosynthesis (e.g. LPS biosynthesis), vitamin metabolism (e.g. coenzyme A

biosynthesis), polysaccharide degradation (e.g. 4-deoxy L-threo hex-4-enopyranuronate

degradation), cinnamate and hydroxy cinnamate degradation, and ppGpp biosynthesis (Figure

6C). These data suggest that the functional metabolic landscape of the urobiome may be

significantly altered by rUTI history.

We next performed pairwise differential pathway enrichment analysis between the No UTI

History and rUTI Relapse groups to test the hypothesis that the functional potential of the

urobiome is altering during rUTI. This analysis identified 183 discriminatory metabolic pathways

differentially enriched between the No UTI History and rUTI Relapse groups with a P-value less

than 0.05 and LDA >2 (Figure 6D). We observed 50 and 133 metabolic pathways significantly

enriched in No UTI History and Relapsed rUTI groups, respectively (Figure 6D). In line with the

taxonomic enrichment of Gram-negative species, we observed a strong enrichment of

biosynthetic pathways for lipopolysaccharide (LPS) within the rUTI Relapse cohort. The top 40

most discriminating pathways mainly represent carbohydrate (n=13), nucleotide (n=9), and amino

acid metabolism (n=6), as well as cell envelope biosynthesis (n=5) (Figure 6D). We also observed

a striking enrichment of diverse carbohydrate degradation and central carbon metabolism

pathways, including rhamnose, fucose, glyoxylate, and fructuronate degradation in rUTI Relapse

urobiomes (Figure 3D). This was coupled with a significant enrichment of TCA cycle metabolism,

particularly 2-oxoglutarate decarboxylase and ferroreductase, within the urobiomes of the rUTI

relapse cohort (Figure 3D). Interestingly, only four metabolic pathways involved in carbohydrate

metabolism, including glycolysis from glucose and glucose 6-phosphate (G6P), pyruvate

fermentation, and N-acetyl glucosamine biosynthesis, were among the top 40 differentially

enriched within the No UTI History urobiomes (Figure 3D). There was a strong enrichment of

nucleic acid biosynthesis pathways among the urobiomes of the No UTI History group while the

Relapsed rUTI group was strongly enriched for nucleic acid degradation pathways (Figure 6D).

Differentially enriched amino acid metabolism pathways included strong enrichments for L-lysine,

L-threonine, and L-isoleucine biosynthesis in the No UTI History group as well as L-phenylalanine

biosynthesis in the rUTI Relapse group (Figure 3D). These results suggest that the metabolic

potential of the urobiome is significantly altered during active rUTI with the urobiomes of the rUTI

Relapse group displaying the ability to utilize a more diverse nutrient set than the urobiome of

women who do not experience UTI.

History of rUTI alters the resistance genotype and phenotype of the urobiome

Antibiotic therapy is currently the most prescribed treatment for the management of rUTI.

However, resistance to front-line antibiotic regimens, such as TMP-SMX, fluoroquinolones, and

nitrofurantoin, is becoming a significant barrier to the successful treatment of rUTI (Malik et al.,

2018a). We used the GROOT resistome analysis pipeline to generate a detailed profile of the

antimicrobial resistance genes (ARGs) encoded within the urobiomes of the women in each study

group (Rowe and Winn, 2018). This analysis detected an aggregated total of 55 distinguishable

ARGs distributed among all three patient groups. We observed significantly more ARG's present

in the urobiomes of the rUTI Remission (P=0.0455) and rUTI Relapse (P=0.0302) groups as

compared to the No UTI History urobiomes (Figure 7A). Interestingly, there was no significant

difference in ARG count between rUTI Relapse and rUTI Remission urobiomes, suggesting that

the urobiomes of women with rUTI history, independent of current rUTI status, harbor more ARGs

than the urobiomes of women with No UTI History. These results suggest that a history of rUTI

leaves an imprint on the underlying resistome of the urinary microbiota in postmenopausal

women.

To directly assess ARG enrichments associated with rUTI history, we performed differential

enrichment analysis using a Bayesian model of proportional enrichment with an objective Jeffrey's

prior (Jeffreys, 1946). This analysis identified the TEM β-lactamase family, the sulfonamide

resistance genes *sul1* and *sul2*, and the *straA* aminoglycoside 3'-phosphotransferase as

significantly differentially enriched in the rUTI Relapse group. We further observed significant
enrichments of the aminoglycoside 3'-phosphotransferase genes, *aph(3')-III* and *aph(3')-Ia*, the
macrolide resistance gene, *ermB*, the β-lactam resistance gene *mecA*, and the aminoglycoside
O-nucleotidyltransferase gene, *ant(6)-Ia*, in the urobiomes of the rUTI Remission group (Figure
7B). Interestingly, no ARGs were found to be statistically enriched in the No UTI History group,
further suggesting that rUTI history is associated with an accumulation of ARGs within the
urobiome. Taken together, these data suggest that urobiomes of women with active rUTI
frequently harbor ARGs conferring resistance to the commonly used antibiotic classes: β-lactams,
sulfanomides, and aminoglycosides. Of note, the urobiomes of the rUTI Relapse group were
found to be significantly enriched for *sul1* and *sul2*, which confer resistance to sulfanomides such
as sulfamethoxazole, one of the most common prescribed antibiotic therapies for rUTI (Kõljalg et
al., 2009).

Genotypic assessments of ARG presence in metagenomes can only predict the phenotype of
a microbe or set of microbes belonging to the sampled population (Quince et al., 2017). Given
the observed enrichment of ARGs within rUTI Relapse urobiomes, we sought to phenotypically
assess the resistance characteristics, by disc diffusion, of 22 unique bacterial uropathogens
isolated from 22 women of the actively infected rUTI Relapse group. The bacterial isolates
generated from these women represented many known uropathogens including *E. coli* (UPEC)
(*n*=15), *K. pneumoniae* (*n*=2), *Klebsiella oxytoca* (*n*=1), *Streptococcus anginosus* (*n*=2), *S.
agalactiae* (*n*=1), *E. faecalis* (*n*=1), and *S, epidermidis* (*n*=1). We observed 15 isolates exhibiting
either complete or intermediate resistance to the penicillin β-lactam, Ampicillin (Amp), and 4
isolates exhibiting either complete or intermediate resistance to the cephalosporin β-lactam
Cefixime (Cfx) (Figure 7C). Of the isolates exhibiting β-lactam resistance phenotypes, 80%
(12/15) and 50% (2/4) were isolated from urobiomes for which WGMS resistome profiling detected
ARGs conferring resistance to Amp and CFX, respectively (Figure 7C). We observed that 50% of
isolates exhibiting resistance to Trimethoprim/Sulfamethoxazole (TMP/SMX) were isolated from
urobiomes for which WGMS resistome profiling detected the presence of the ARGs Sul I/II and
DrfA1 (Figure 7C). Aminoglycoside resistance to Gentamycin (Gen), Kanamycin (Kan), Amikacin
(Amk), and Streptomycin (Str) was also assayed. We observed 50% (1/2), 60% (5/5), 100% (1/1),
87.5% (7/8) of the isolates exhibiting complete or intermediate resistance to Gen, Kan, Amk, and
Str, respectively, were isolated from urobiomes for which WGMS resistome profiling detected
ARGs conferring resistance (Figure 7C). We observed that 27.3% (3/11) and 33.3% (2/6) of the
isolates with complete or intermediate resistance to the fluoroquinolones, Ciprofloxacin and
Levofloxacin, were isolated from urobiomes for which WGMS resistome profiling detected ARGs

conferring resistance (Figure 7C). However, because GROOT does not detect single nucleotide
polymorphisms (SNPs) and fluoroquinolone resistance is often conferred by SNPs in the
quinolone resistance-determining regions (QRDR) of the genes encoding gyrase and
topoisomerase I, fluoroquinolone ARG identification was less sensitive (Correia et al., 2017).
Relatively few urobiomes harbored resistance factors to macrolides, which are not clinically used
in the treatment of Gram-negative infections (Arsic et al., 2018). However, while 60% (3/5) of the
urobiomes dominated by Gram-positive uropathogens harbored macrolide ARGs, such as *mphA*
and *erm* genes, we observed that all Gram-positive isolates were resistant to erythromycin.
Tetracycline and phenicol ARGs were less common in the WGMS data and we observed little
resistance to these antibiotics among tested isolates (Figure 7C). Taken together, these data
suggest an overall fair accuracy of prediction of antibiotic resistance phenotype by WGMS ARG
analysis that varies depending on drug class.

Discussion

This study provides a robust survey of the urobiome in health and rUTI using a cross-sectional,
controlled human cohort of postmenopausal women. This age group is particularly burdened by
UTI and rUTI with more than 50% of UTIs progressing into rUTI (Gaitonde et al., 2019). Given
that many postmenopausal women experience UTIs, the frequency of progression into rUTI
imparts a significant impact on quality of life and if treatment is unsuccessful can lead to life
threatening urosepsis. However, few postmenopausal women experiencing rUTI find rapid relief
from the cycles of infection and millions of patients suffer the significant medical burden of a
chronic disease. A decade of research has identified and characterized the urobiome; the
microbial communities inhabiting the urinary tract (Brubaker and Wolfe, 2017; Hilt et al., 2014;
Lewis et al., 2013; Price et al., 2019; Siddiqui et al., 2011; Wolfe et al., 2012). Through these
research endeavors, it has become evident that the urobiome is involved or affected by urinary
tract disease. Given the interconnection between host health and microbiome composition, the
urobiome has drawn significant attention in further understanding the pathobiology of UTI and
rUTI (Thomas-White et al., 2018). Currently, most metagenomic studies of the female urobiome
are performed in mostly younger or mixed age cohorts with little focused representation of
postmenopausal women (Vaughan et al., 2021). This lack of focus on postmenopausal women
leaves critical gaps in our knowledge of a demographic that is heavily impacted by UTI, rUTI, and
other urological diseases. In a focused effort to understand the postmenopausal urobiome
ecology and function in rUTI, we used a comprehensive approach, coupling whole genome
metagenomic sequencing (WGMS) with advanced urine culture, mass spectrometry-based

metabolite profiling, and a combination of traditional and Bayesian statistical methodologies to
provide an unbiased, robust survey of the postmenopausal urobiome during rUTI pathology. We
generated a unique, controlled human cohort which models both the active infection (rUTI
Relapse) and intervening stages of rUTI (rUTI Remission) in postmenopausal women, a
demographic which is underrepresented in infection biology, microbiome, and clinical research.

While the urobiome has been importantly and robustly characterized using bacterial 16S
amplicon sequencing, few WGMS studies have been reported (Ammitzboll et al., 2021; Moustafa
et al., 2018; Siddiqui et al., 2011; Thomas-White et al., 2020; Vaughan et al., 2021). This unbiased
approach allows for the profiling of prokaryotic, eukaryotic, archaeal, and viral taxa present in the
sample. Beyond taxonomic profiling, WGMS also allows the characterization of the functional,
genetic content of the urobiome (Neugent et al., 2020; Quince et al., 2017). By looking beyond
the species-level taxonomic composition, we can define metabolic pathways, virulence factors,
and genes critical in urobiome health and urinary tract pathology using WGMS.

Taxonomic profiling by WGMS is a very sensitive technique to profile the ecology of a microbial
niche. However, in silico analysis of metagenomic sequencing data can suffer from database bias
and does not have the ability to distinguish living from dead microbial community members
(Quince et al., 2017). To address these issues, we combined a bioinformatics analysis of deeply
sequenced WGMS dataset with advanced urine culture based on a modified version of the
previously reported EQUC protocols (Hilt et al., 2014). This hybrid approach was able to confirm
the presence of 93.9% of the genera observed at >5% relative abundance in the aggregate
metagenomic data. Our culturing efforts also led to the generation of an extensive biobank of 904
speciated and cryopreserved pure isolates, a unique resource for the field.

Our taxonomic analysis of the three groups determined that bacteria make up the majority of
the non-human, non-viral metagenome of the postmenopausal urobiome. The detected bacterial
taxa across the three cohort groups were mainly members of the Phyla *Firmicutes*, *Actinobacteria*,
and *Proteobacteria*. The main uropathogen detected in the rUTI Relapse group was UPEC, an
observation consistent with the fact that UPEC is responsible for 75% of all UTIs (Flores-Mireles
et al., 2015). The urobiomes of the No UTI History and rUTI Remission groups were either
dominated by a single bacterial species or were relatively diverse. Both the No UTI History and
rUTI Remission group exhibited similar subsets of patients dominated by species of vaginal
Lactobacillus, *Gardnerella*, and *Bifidobacterium*, which mainly consisted of the species *L.*
crispatus, L. gasseri, *L. iners*, *B. breve*, *B. dentium*, *B. longum*, and *G. vaginalis* (Ravel et al.,
2011). These data support the observations by Thomas-White et al. of an interconnected
urogenital microbiome (Thomas-White et al., 2018). Many of the diverse urobiomes exhibited the

presence of streptococci, such as, *S. agalactiae* and *S. anginosis*. These species of streptococci
are not only known uropathogens but have also been linked to vaginal dysbiosis (Gilbert et al.,
2021). We detected relatively small abundances of fungal and archaeal taxa. Currently, little is
known about the impact or function of fungal and archaeal taxa in the urobiome, particularly of
postmenopausal women. This represents an area of significant interest for future research.

Ecological modeling with alpha- and beta-diversity metrics found that the urobiomes of the rUTI
Relapse group exhibited a less diverse and taxonomically distinct signature than those of the No
UTI History and rUTI Remission groups. This can be attributed to uropathogen domination of the
urobiome during infection. A critical question for future research will be to determine the
longitudinal impact of infection on the underlying urobiome. Interestingly, the No UTI History and
rUTI Remission groups were virtually indistinguishable in alpha- and beta-diversity measures.
This observation indicates that the large-scale taxonomic structure of the urobiome is relatively
similar between women with and without rUTI history. This analysis does not measure fine-scale
taxonomic changes as information is lost during the dimensionality reduction techniques used for
beta-diversity assessment. Further, this analysis does not consider possible changes in the
functional potential of the urobiome, such as metabolic enrichment or antimicrobial resistance.

Within microbial communities, co-occurrence is often observed between different taxa that
presumably mutually benefit one another. The opposite, *e.g.,* mutual exclusivity is also observed
among microbial communities and is attributed to inter-taxa competition during the colonization
of a given niche (Faust et al., 2012). Little is currently known of taxonomic associations within the
urobiome of postmenopausal women. Interestingly, we observed three non-interacting bacterial
co-occurrence networks in the urobiomes of the No UTI history and rUTI Remission cohort
groups. These networks include a cluster of genera known to be members of the human gut
microbiome: *Bacteroides, Collinsella, Lachanospiracea, Eggerthella, Eubacterium, Blautia, and*
Subdoligranulum. The largest co-occurring bacterial cluster consisted mainly of known members
of the female urogenital microbiome. Interestingly, these taxa clustered strongly around the
genus, *Peptoniphilus*, a member of the vaginal microbiome believed to be associated with
bacterial vaginosis (Marrazzo et al., 2008; Onderdonk et al., 2016). The third cluster detected was
a pairwise association between the genera *Gardnerella* and *Atopobium*, two taxa again known to
be associated with bacterial vaginosis (Bradshaw et al., 2006). Of note, we did not detect any co-
occurrence networks that included *Lactobacillus*. We hypothesize that this is due to the tendency
for lactobacilli to dominate the microbial community and will require further research to
mechanistically understand. A body of work has characterized the ability of vaginal lactobacilli to
protect against bacterial vaginosis by the secretion of D-lactate among other mechanisms (Atassi

et al., 2019; Daniel S. C. Butler, 2016; Edwards et al., 2019; Jespers et al., 2015). In the vaginal environment, the major *Lactobacillus spp.*, *L. crispatus*, *L. iners*, *L. gasseri*, and *L. jensenii*, are critical for maintaining vaginal pH and resisting invasive pathogens associated with bacterial vaginosis (Ravel et al., 2011). It is still largely unknown if these same *Lactobacillus* species play a similar protective role in the urobiome.

We hypothesized that rUTI would leave a detectable taxonomic imprint of the underlying urobiome. Our initial alpha- and beta- diversity analysis did not detect any significant differences between the No UTI History and rUTI Remission groups. However, this analysis is not sensitive to individual taxa-level enrichments. Differential taxonomic enrichment detected genus- and species-level taxonomic biomarkers enriched in women with rUTI history. We observed genus-level enrichments for many of the known uropathogenic species in the rUTI Remission group as compared to the No UTI History group. These enriched uropathogenic genera included *Klebsiella*, *Escherichia*, and *Enterococcus*. It is unclear whether these uropathogen enrichments are representative of persisting populations of previous infections. The enrichment of the genus *Lactobacillus* in the No UTI History group was also expected given the role many vaginal lactobacilli play in protection from bacterial vaginosis (Jespers et al., 2015). At the species-level, we observed that *L. vaginalis* and *L. crispatus,* two species associated with vaginal health, were strongly enriched among the women of the No UTI History group (Jespers et al., 2015). Conversely, in the rUTI Remission group we observed strong species-level enrichments of *Ureaplasma parvum*, *Anaerococcus hydrogenalis, E. faecalis, S. hominis, Peptoniphilus lacrimalis*, and *Anaerococcus prevotii,* suggesting that a history of rUTI changes the underlying taxonomic structure of the urobiome. Interestingly a 2021 report by Vaughan et al. studying the urobiome of postmenopausal women with rUTI identified multiple taxonomic differences associated with rUTI compared to controls, including differences in the order, *Bacteroidales*, and the family, *Prevotellaceae* (Vaughan et al., 2021).

Postmenopausal women are disproportionately affected by rUTI (Glover et al., 2014). Evidence suggests that approximately 50% of UTIs experienced by postmenopausal women will progress into rUTI (Glover et al., 2014; Ikaheimo et al., 1996). These associative observations beg questions about menopausal changes which may make PM women more susceptible to rUTI. One major physiological change during menopause is a dramatic decrease in circulating levels of the sex hormones in the estrogen family. Menopause-associated decreases in estrogen levels are associated with many changes in physiology, including vasomotor symptoms, sleeping disorders, sexual health, urogenital discomfort, and quality of life (Fait, 2019). Estrogen hormone therapy (EHT) is a common medical intervention many PM women use to treat discomfort

associated with menopause (Fait, 2019). Our analysis of cohort-associated metadata found a
strong link between EHT use and the presence of *Lactobacillus* in the urobiome of non-infected
patients. These observations support those made by Thomas-White et al. and are of particular
interest to research endeavors seeking to identify possible UTI-protective members of the urinary
and urogenital tract microbial communities (Thomas-White et al., 2020). Lactobacilli control the
local chemical environment of the vagina and are responsible for not only maintaining an acidic
pH, but also secrete large amounts of the antimicrobial D (-) lactate isomer (Amabebe and
Anumba, 2018). A 2019 report by Edwards et. al showed that vaginal *L.crispatus* directly confers
protection against *Chlamydia trachomatis* infection through the secretion of large amounts of D (-
) lactate (Edwards et al., 2019). Given the prevalence of vaginal species of lactobacilli (*i.e. L.
crispatus, L.* gasseri) in the urobiome, it is possible that these species play a similar role in
preventing uropathogen colonization the urinary tract, and that disruptions in urogenital lactobacilli
populations may increase susceptibility to UTI and rUTI (Thomas-White et al., 2018). In the
present study, we found that the two largest sources of variances in taxonomic ecology between
groups were the genera *Escherichia* and *Lactobacillus*. The variance explained by *Escherichia*
abundance can be attributed to UPEC infection whereas we the presence of *Lactobacillus spp.*
was strongly predicted by EHT use. We further identify *L. crispatus and L. vaginalis* as uniquely
associated with EHT use. Interestingly, EHT(-) women exhibited urobiome enrichment of
streptococci, such as *S. infantis* and *S. mitis/oralis/pneumoniae*. We also observed that EHT(-)
women were enriched for *A. vaginae*, a Gram-positive species associated with *G. vaginalis* in
bacterial vaginosis. These differential taxonomic enrichment signatures may suggest a level of
urobiome dysbiosis among the postmenopausal women not using EHT. Future work is needed to
understand the taxonomic perturbations of the urobiome in rUTI pathology.
The cohort studied here exhibited women using three different modalities of EHT (oral,
transdermal patch, and vaginal cream). Our findings suggest that oral and patch EHT modalities
are associated with significant enrichment of *Lactobacillus* in the urobiome. However, we
observed a large amount of variance in the abundance of *Lactobacillus* among patients taking the
vaginal modality of EHT. We hypothesized that EHT modalities may differ in dosage, composition,
patient compliance, or primary metabolism. Oral and patch EHT modalities used by women in the
cohort contained 17β-estradiol as the active ingredient. However, vaginal EHT modalities include
two estrogen compositions. 64.7% of vaginal EHT(+) women used a 17β-estradiol cream while
35.3% of vaginal EHT(+) women used conjugated estrogens creams, which contain mainly equilin
sulfate and estrone sulfate as the active ingredients (Whittaker et al., 1980). Circulating estrogens
are metabolized in the liver and conjugated with polar chemical groups, such as sulfates or

glucuronides, for urinary excretion (Raftogianis et al., 2000). Our data suggests that both oral and
patch EHT modalities are associated with elevated excreted urinary estrogen conjugates, while
vaginal EHT modalities were not. In a 2021 report, Anglim et al. found no difference in urinary
lactobacilli among postmenopausal women with and without rUTI taking vaginal EHT compared
to baseline controls (Anglim et al., 2021). However, Thomas-White et al. reported a significant
enrichment of lactobacilli in the bladders of postmenopausal women with overactive bladder
symptoms using vaginal EHT (Thomas-White et al., 2020). These results along with our report
suggest nuances in the association between urinary lactobacilli and EHT that merit future
mechanistic research.

We further performed an exploratory correlation analysis to globally determine the taxa
associated with excreted urinary estrogen conjugates. Interestingly, we found that disease state
affected the results of this analysis with the No UTI History and rUTI Remission groups exhibiting
different patterns of taxonomic association with excreted urinary estrogen. The species *B. breve,*
L. iners, *L. crispatus*, and *L. gasseri*, correlated with urinary estrogen conjugates in the No UTI
history group only. We did not observe strong taxonomic associations with urinary estrogens in
the rUTI Remission group. We hypothesize that this may be due to the fact the rUTI Remission
EHT(+) women were predominantly taking vaginal EHT, which we observe to not be strongly
associated with urinary lactobacilli. This observation may also be attributable to perturbations of
the underlying urobiome by the history of infection and treatment in the rUTI Remission patients.

The use of WGMS allowed for the assessment of the total genetic potential of the urobiome
between disease states (Quince et al., 2017). Our analysis found that cohort urobiomes cluster
similarly by function as they do by taxonomy. Of note, the metabolic pathways facilitating this
distinct clustering of the rUTI relapse group away from the No UTI history and rUTI Remission
groups were mainly LPS biosynthesis, the TCA cycle, sugar utilization, and biosynthesis of
electron carriers, such as demethylmenaquinol-8. This pattern of discrimination may represent a
metabolic signature of carbon sources and central metabolism shared among uropathogen-
dominated microbial communities. Pairwise differential enrichment analysis revealed that
compared to the urobiomes of the No UTI history group, the urobiomes of the rUTI Remission
group exhibited greater metabolic potential for the degradation of carbohydrates, biosynthesis of
electron carriers, production of cell envelope, and polysaccharide metabolism among others.
These data suggest that a history of rUTI, even in the absence of an active infection, alters
urobiome functional potential. Future work may focus on understanding whether these alterations
are signatures of dysbiosis or sensitization factors for future rUTI Relapse events. Interestingly,
we observed that L-lysine biosynthesis II (acetylase variant pathway observed among *Firmicutes*

(Bartlett and White, 1985) was very strongly enriched in the No UTI History urobiomes, a
discriminatory feature that was also found in comparison to the active infections of the rUTI
Relapse urobiomes. Finally, the No UTI History urobiomes exhibited strong enrichments for
nucleotide biosynthesis pathways while the rUTI Relapse cohort were enriched for nucleotide
degradation pathways. These data may suggest critical differences in the metabolic phenotypes
of commensal and uropathogenic members of the urobiome.

A critical functional analysis enabled by WGMS is resistome profiling. This is essential for rUTI,
which is most often managed by antibiotic therapy (Waller et al., 2018). The cyclic nature of rUTI
treated by frequent antibiotic regimens is thought to facilitate the evolution of antibiotic resistance
within the urobiome and among uropathogens. Consequences of acquired antibiotic resistance
include treatment failure, a need for urgent escalation of therapeutic strategies, and if
unsuccessful, cystectomy or life-threatening urosepsis. Currently, there is no single dataset
profiling the rUTI-associated antimicrobial resistance genes (ARGs) encoded in the urobiomes of
a controlled cohort of postmenopausal women. As expected, we found that the resistome of the
infected urobiomes of the rUTI Relapse contained significantly more ARGs than the No UTI
History group. Interestingly, we also found that the rUTI Remission urobiome also harbored a
significantly larger resistome than the No UTI History urobiomes. This suggests that even in the
absence of infection, a history of rUTI is associated with significantly more urobiome ARGs than
found in healthy comparators with no lifetime history of UTI. rUTI Relapse urobiomes exhibited
significant enrichments for the TEM β-lactamase alleles. It should be noted that the analytical
pipeline used was not able to distinguish between TEM alleles. Interestingly, rUTI Relapse
urobiomes also exhibited significant enrichments for ARGs which confer resistance to
sulfonamide antibiotics, such as the frontline antibiotic, sulfamethoxazole. Phenotypic analysis
showed that bacterial isolates generated from the rUTI Relapse cohort exhibited similar antibiotic
resistance phenotypes as what WGMS predicted. These data suggest that, at least among
uropathogenic bacteria, antibiotic resistance predicted by WGMS resistome profiling was
reasonably consistent with observed phenotypes. One major limitation of currently available
resistome profiling pipelines for metagenomic datasets; however, is that they are limited to
detecting ARGs and do not detect antibiotic resistances conferred by point mutations. This
limitation makes detection of quinolone resistance by this method incomplete. Further study is
needed to understand the evolution of the resistome associated with rUTI

This work aimed to survey the taxonomic and functional ecology of the urobiome associated
with rUTI and rUTI history through WGMS analysis of a clinically relevant group of
postmenopausal women. These robust sequencing and analytical datasets, associated clinical

metadata, and extensive microbial isolate collection represent an important resource for the field.

Our analysis has identified taxonomic and functional biomarkers associated with rUTI history, as

well as a set of putatively protective taxa correlated with particular modalities of EHT. We also

find that a history of rUTI significantly alters the number of and composition of resistance genes

encoded in the urobiome, an observation with implications towards future and current treatment

paradigms rUTI. Taken together, this work provides robust foundation for further mechanistic

studies of how the urobiome is associated with rUTI pathobiology and perhaps may serve as a

resource for the development of urobiome-aware alternative therapies for a disease that affects

millions of women worldwide.

Methods

Patient Recruitment and Cohort Curation

The current study is approved under IRBs STU032016-006 (University of Texas Southwestern

Medical Center) and 19MR0011 (University of Texas at Dallas). To estimate the number of

patients needed to enroll into each cohort group and predict statistical power, we performed a

series of power analyses using the 'pwr' package (https://github.com/heliosdrm/pwr) in the R-

statistical language based on ranging effect sizes from small to large for both multivariate analysis

of 3 groups with equal sample size and pairwise-based comparisons of two groups. Balancing

cost and clinical feasibility with predicted statistical power, we chose a sample size of 25 for each

cohort group. Patients were recruited from the Urology Clinic at University of Texas Southwestern

Medical Center between April 2018 and October 2019. Written informed consent was obtained

from each patient prior to recruitment into the study cohorts. All patients were postmenopausal

females. The following set of exclusion criteria were used to initially screen patient's candidacy

for enrollment into the cohort: pre- or perimenopausal status; antibiotic exposure within the 4

weeks prior to urine sample donation unless an active infection was detected by culture; pelvic

malignancy or history of pelvic radiation within 3 years before urine sample donation; most recent

post void residual (PVR) greater than 100 mL; greater than stage 2 prolapse; pelvic procedure for

incontinence within 6 months prior to urine sample donation; use of intermittent catheterization;

neurogenic bladder; any upper urinary tract abnormality which may explain rUTI; and Diabetes

Mellitus (DM) type 1 or 2. All urine samples were obtained by clean-catch midstream urine

collection and therefore were representative of the urogenital microbiome, rather than specifically

just the bladder microbiome. Patients were educated about the cleaning and urine collection

needs for this sampling technique prior to urine collection. Urine samples were stored at 4°C for

no more than 4 hours before sample processing, aliquoting, and biobanking at -80°C.

Patients were further vetted by self-reporting of UTI history, mining clinical history from
electronic patient records, clinical (standard) urine culture, and urine culture on Chromogenic agar
(BBL CHROMagar Orientation, BD). Clinical urine culture was performed on samples from all
patients with active UTI symptoms by the Clinical Microbiology Laboratory at UT Southwestern
Medical Center. Group assignment criteria were as follows. No UTI History: no self-reported or
clinical history of UTI, no UTI symptoms at the time of urine collection. rUTI Remission: recent
history of rUTI, no UTI symptoms at time of sample collection. rUTI Relapse: recent history of
rUTI, active UTI symptoms at time of urine collection, positive clinical urine culture. Positive urine
culture was defined as $>10^4$ bacterial CFU/mL.
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Advanced Urine Culture, Isolate Identification, and Isolate Biobanking
Glycerol-stocked urine samples (stored at -80ºC) were thawed at room temperature, and then
diluted 1:3 and 1:30 in sterile 1X Phosphate Buffered Saline to adjust plating density for high and
low biomass samples. 100 µl of urine from each dilution was plated onto blood agar plates (BAP),
CHROMagar Orientation, De Man, Rogosa, and Sharpe (MRS) agar, Rabbit BAP (R-BAP), BD
BBL CDC anaerobe blood agar (CDC AN-BAP), and Columbia Colistin Naladixic Acid Agar
(CNA). Following plating, BAP was incubated in ambient and 5% CO_2 atmospheres, CHROMagar
Orientation in 5% CO_2, MRS and R-BAP in microaerophilic conditions, BD BBL CDC anaerobe
blood agar (CDC AN-BAP) in microaerophilic and anaerobic conditions and CNA in all four
atmospheric conditions. Plates were incubated at 35°C for 4 days in the respective atmosphere.
It should be noted that we were unable to culture *Gardnerella spp.* using these methods. However,
WGMS profiling frequently detected *G. vaginalis* in the sampled urobiomes. For targeted isolation
of *Gardnerella spp.*,100 µl urine was plated onto Human polysorbate-80 (HBT) bilayer medium in
microaerophilic atmosphere for 3 days. To isolate fungal species, 100 µl urine was plated onto
Brain Heart Infusion Agar supplemented with 20 g/L glucose and 50 mg/µl of chloramphenicol
(BHIg-Cam) and incubated at 5% CO2 for 3 days.
Bacterial identification was performed by PCR amplification and Sanger sequencing of the 16S
rRNA gene from well-isolated colonies as described previously (De Nisco et al., 2019). Briefly,
16S rRNA gene was amplified using primers 8F (5'-AGAGTTTGATCCTGGCTCAG-3') and
1492R (5'-GGTTACCTTGTTACGACTT-3') by colony PCR (Vaishnava et al., 2011) using
DreamTaq Master Mix (ThermoFisher Scientific) and 0.2µM primers. Amplicon size was
confirmed on 1% agarose gel, followed by gel purification (Bio basic) and Sanger Sequencing
(Genewiz) using the 8F primer. Sequences were analyzed using BLASTn against the NCBI 16S
ribosomal RNA (Bacteria and Archaea) database.

For fungal identification, ITS1 and ITS2 regions were amplified using the primer sequences
ITS1: 5'-TCCGTAGGTGAACCTGCGG-3' and ITS2: 5'-GCTGCGTTCTTCATCGATGC-3' from
well-isolated colonies and Sanger sequenced (Genewiz). Sequences were analyzed using
BLASTn against the NCBI ITS from Fungi type and reference material database.
All the isolated and taxonomically identified isolates (n=904) were assigned a distinct ID and
biobanked at -80ºC in glycerol. The isolates were grown in Brain Heart Infusion broth, Tryptic Soy
Broth (BD 211825), MRS broth or NYCIII according to their growth preferences and stocked in
16% sterile glycerol for long-term storage at -80C.
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Metagenomic DNA Isolation, Library Construction, and Sequencing
Prior to WGMS, we assessed the quality and reproducibility of 3 metagenomic DNA extraction
techniques: a modified genomic DNA (gDNA) isolation based on the Qiagen blood and tissue
DNAeasy Kit, the Zymo Research DNA/RNA microbiome miniprep, and a modified
phenol/chloroform/isoamyl alcohol extraction as demonstrated by Moustafa et al. (Moustafa et al.,
2018) After assessing the quality and yield of metagenomic DNA isolated using the three
methods, we chose the Zymo Research method. Urine samples were allowed to thaw on ice at
4°C overnight. 10-20 mL of urine was centrifuged for 15 minutes at 4000 x g at 4°C. Urine pellets
were resuspended in 750 µL of DNA/RNA Shield (Zymo Research), transferred to a bead beating
tube, and subjected to ten 30 sec cycles of mechanical bead beating, with 5 min cooling between
each cycle. After mechanical lysis, the maximum volume of sample was collected and transferred
to a new microcentrifuge tube with DNA/RNA lysis buffer (Zymo). Nucleic acids were purified via
the Zymo Research DNA/RNA microbiome miniprep kit per the manufacturer's instruction. Elution
of DNA from the column was performed in nuclease-free water and each column was eluted twice
to maximize DNA recovery. As a control to internally assess gDNA extraction efficiency and
WGMS limit of detection (LOD), gDNA was concurrently extracted from commercially available
community standards (ZymoBiomics) using the same methods. gDNA was also extracted from
nuclease-free water to account for kit and environmental contamination. All DNA samples were
subjected to 16S rRNA gene amplification by PCR and visualized by agarose gel electrophoresis
to ensure microbial DNA was present before proceeding with WGMS. DNA yield and purity for all
samples were assessed by agarose gel electrophoresis, and by fluorescence-based Qubit
quantitation of DNA, RNA, and protein. Prior to library preparation the DNA concentration of each
sample was normalized and 20pg of spike-in gDNA was added (Zymo Research High Bacterial
Load Spike-in), which contains gDNA from the bacterial species *Imchella halotolerans* and
Allobacillus halotolerans, which are known to not be associated with humans.

WGMS was performed at the University of Texas at Dallas Genome Center using 2x150 bp
paired-end reads on a Illumina NextSeq 500. Library preparation was performed using Nextera
DNA Flex kit. Library preparation of the entire cohort and community standard and water controls
was distributed over 2 batches with overlapping samples. All samples were sequenced using
2x150 base pair paired-end sequencing in high output mode with a target of ≥50 million paired
end reads per sample.
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Bioinformatic Analyses
All taxonomic, functional, and resistome bioinformatic analyses were performed on an in-house
Dell PowerEdge T630 server tower with 256GB RAM, 12 core Intel Xenon processor with 16TB
storage capacity or at the Texas Advanced Computing Center (TACC).
Data Preprocessing
The fastq files were checked for read quality, adapter content, GC contents, species
contamination using fastqc (v0.11.2) and fastq_screen (v0.4.4) (Andrews, 2015; Wingett and
Andrews, 2018). Low-quality reads (a quality score of less than Q20) and adapter were removed
using Trim galore (v 0.4.4) (Krueger). Human DNA sequences were removed using KneadData
(Huttenhower).
Taxonomic Profiling, Ecological Modeling, and Co-Occurrence Analysis
The taxonomic assignment and estimation of composition of microbial species present in each
sample was performed using MetaPhlAn2 (Segata et al., 2012). MetaPhlAn2 estimates the
relative abundance of species by mapping the metagenomic reads against a clade specific marker
gene database. The database consists of bacterial, archaeal, viral and eukaryotic genomes. We
further used merge_metaphlan_tables module of MetaPhlAn2 to combine the relative abundance
estimates of samples in a cohort into one table.
To identify kit, environmental, and background contaminating taxonomic signals, we sequenced
a water sample which was randomly inserted into the metagenomic DNA preparation protocol.
Sequencing and taxonomic analysis of this sample revealed known kit and environmental
contaminants, such as *Delftia*, *Stenotrophomonas*, *Ralstonia*, *Bradyrizobium*, and others (Salter
et al., 2014). Unless a known member of the human microbiome, these taxa were censored from
the entire dataset. We further assessed the WGMS limit of reliable detection using a commercially
available log community standard (ZymoBiomics), which is composed of multiple Gram-positive
and Gram-negative bacterial and fungi. We observed a strong linear correlation between the
theoretical and observed relative abundance above 0.001%. We therefore set a relative
abundance threshold of 0.001% for a taxon to be considered as detected within a sample.

Species-level MetaPhlAn 2 taxonomic assignments were not included in analysis if they were
"unclassified".

Alpha-diversity analysis was performed at the species-level using phyloseq (version 1.16.2)
(McMurdie and Holmes, 2013). Beta-diversity analysis was performed using DPCoA on the
species-level taxonomic relative abundance dataset using phyloseq (version 1.16.2)(McMurdie
and Holmes, 2013). Taxonomic co-occurrence was performed with CCREPE pipeline using the
Pearson   correlation   and   compositionally   corrected   P-values
(https://github.com/biobakery/biobakery/wiki/ccrepe#22-ccrepe-function). Network analysis of
taxonomic co-occurrences was performed using CytoScape (Version 3.8.2) with edges defined
by the correlation coefficients between taxa nodes.

Functional Metabolic Profiling

Functional metabolic profiling was performed using HUMAnN 2.0 (Franzosa et al., 2018).
HUMAnN2 uses a tiered approach to identify the functional profile of microbial communities.
Firstly, it maps the sample reads to clade specific markers and creates a database of pangenomes
for each sample. In the second tier, it performs the nucleotide level mapping of samples reads
against pangenome database. Lastly, a translated search against Uniref90 is performed for
unaligned reads in each sample (Suzek et al., 2015). The output result is the mapping of reads to
gene sequences with known taxonomy. The reads are normalized to gene sequence length to
give an estimate of per-organism and community total gene family abundance. Next, gene
families are analyzed to reconstruct and quantify metabolic pathways using MetaCyc (Caspi et
al., 2018). Different modules of HUMAnN such as humann2_join_table and
humann2_renorm_table were used to merge the pathway abundance of all the samples in a
cohort and normalize the abundance to cpm respectively. We filtered the results to only include
pathways whose taxonomic range included bacteria. We further censored pathways which were
specifically associated with a particular taxon due to database bias toward commonly isolated
and studied species. PCA of functional pathways was performed on the pathway level relative
abundance   dataset   using   factroextra   (https://cran.r-
project.org/web/packages/factoextra/readme/README.html). Pathway differential abundance
analysis was performed using LEfSe (Segata et al., 2011) on the pathway-level relative
abundance dataset. LEfSe uses Kruskal Wallis and Wilcoxon tests to find the differential
pathways between microbial communities. Finally, it uses LDA model to rank the pathways.

Resistome Profiling and ARG Enrichment

We used the GROOT (Graphing Resistance Out Of meTagenomes) to generate a profile of
antimicrobial resistance genes within the urobiomes of the present study (Rowe and Winn, 2018).

The default database ARG-ANNOT was used for alignment of the metagenomics reads. Subsequently GROOT report command was used to generate a profile of antibiotic resistance genes at a read coverage of 90%. Filtering of the GROOT results was performed to insure high confidence in ARG presence within the urobiomes. We used a conservative cutoff of a sufficient amount of reads to generate 10x coverage of an ARG to qualify its detection within a urobiome. We further collapsed alleles of the β-lactamase genes TEM, CTX, OXA, OXY2, SHV, and *cfxA* as well as the aminoglycoside ARG Aac3-IIa and Aac3-IIe alleles into single gene-level features to account for multiple-mapping reads.

Bayesian modeling of the resistome data was performed as follows. Resistome data for the three cohorts (Never = 1, Remission = 2, Relapse = 3) consisted of 186 antimicrobial resistance genes (ARG) which were collapsed into family-level genes ($G = 55$). Each cell in the data set contained a binary indicator of no detection (0) or detection (1) of the resistance family-level gene within each patient sample such that $x_{gik} = \{0,1\}, g = 1, \cdots, 55, i = 1, \cdots, 25, k = 1,2,3$ indicates no detection or detection of resistance family-level gene g respectively for sample $i = 1, \ldots, 25$ in cohort k.

A Bayesian Beta-Bernoulli model with Jeffreys prior was used to model the posterior distributions of group proportions and pairwise differences for the G family-level genes $G = 1, \ldots, 55$. Three posterior inferences were performed. First, we removed any family-level genes that had no significant pairwise contrasts using 95% credible intervals as criteria. We determined that a significant family level-gene does not have zero contained in a 95% credible interval for at least one pairwise contrast. Second, we computed the posterior probability and Bayes Factor (BF) to make inferences on each pairwise contrast of cohort proportions of only the significant family-level genes. The BF computed for each contrast represented the odds of H_1: "at least one cohort's proportion for gene g is different" in favor of $H_0: \omega_{g1} = \omega_{g2} = \omega_{g3}$.

Taxonomic Biomarker Analysis

We applied two methods of taxonomic differential abundance analysis employing the robust and widely used LEfSe pipeline as well as BMDA, a recently described Bayesian model of differential abundance (Li et al., 2019). LEfSe analysis was performed as previously described (Segata et al., 2011). For the BMDA model we first applied the quality control step (detailed in the supplement of Li et al., 2019) to the raw count data. We then fitted the BMDA model, which is a novel Bayesian hierarchical framework that uses a zero-inflated binomial model to model the raw count data and a Gaussian mixture model with feature selection to identify differentially abundant taxa. The BMDA can fully account for zero-inflation, over-dispersion, and varying sequencing depth. We chose weakly informative priors on all parameters of the model to avoid biased results. For model

fitting and posterior inference, BMDA implements the Metropolis-Hastings algorithm within a
Gibbs sampler. The marginal posterior probability of inclusion (PPI) was used to identify the set
of discriminating taxa between the control and disease groups. Marginal PPI is the proportion of
MCMC samples in which a taxon is selected to be discriminatory if it is greater than a pre-specified
value. We chose a threshold such that the expected Bayesian false discovery rate (FDR) was
less than 0.05.

<u>Antibiotic susceptibility testing</u>
Assessment of antibiotic (abx) susceptibility was performed via the Kirby-Bauer disk diffusion
susceptibility test (Hudzicki, 2009). Antibiotic disks were prepared by aliquoting 10uL of antibiotic
stock (GEN 1mg/ml, AMP 1mg/ml, CIP 0.5mg/ml, LVX 0.5mg/ml, ERM 1.5mg/ml, CHL 3mg/ml,
TMP/SMX 1.25/23.75mg/ml, NIT 30mg/ml, DOX 3mg/ml) onto the disk in a sterile petri dish and
drying at room temperature in the dark. Vehicle control disks were prepared similarly using the
diluents of each antibiotic. Strains were streaked from frozen glycerol stocks onto CHROMagar
or Blood Agar (species dependent) and incubated overnight at 37ºC in ambient conditions or 35ºC
in 5% CO2. Single, well-isolated colonies were inoculated into 3 mL Brain-Heart-Infusion broth
and incubated at the respective atmospheric conditions for 16 – 18 hours. After incubation,
cultures were normalized to 0.5 McFarland standard, washed, and resuspended in sterile 1X
Phosphate-Buffered Saline (PBS). 150 μL of standardized culture were pipetted onto 150 mm
Mueller-Hinton Agar plates and spread using sterile glass beads. Plates were dried in sterile
conditions before abx-impregnated disks were placed on the surface of the agar. *E. coli* strain
ATCC25922 was used for quality and vehicle controls. Sterile 1X PBS was plated as sterility
control. Plates were incubated inverted per the recommendations of Clinical and Laboratory
Standards Institute (CLSI) M100-ED30: 2020 Performance Standards for Antimicrobial
Susceptibility Testing, 30th Edition
(https://clsi.org/standards/products/microbiology/documents/m100/). After incubation,
antimicrobial susceptibility was evaluated by measurement of the zone of inhibition and using
CLSI established zone diameter breakpoints.

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<u>Liquid Chromatography Mass Spectrometry Measurement of Estrogen Metabolites</u>
Direct measurement of urinary estrogen metabolites was performed via a modification of
previously reported methods(van der Berg et al., 2020). Briefly, urine (500 μL) was diluted and
spiked with 100 ng stable isotope-labeled internal standards of d3-Estrone 3-Glucuronide and d4-
Estradiol 3-Sulfate. Diluted and spiked samples were loaded onto an equilibrated Phenomenex

C18 cartridge for solid phase extraction to separate conjugated estrogens. Following aqueous
methanolic extraction of estrogen conjugates and non-polar extraction of free estrogens with
methanolic acetone, fractions were dried by vacuum centrifugation and prepared for LC-MS/MS
analysis. Estrogen conjugates (sulfates and glucuronides) were directly assayed using a curated
and optimized MRM library by LC-MS/MS.

High sensitivity quantitative LC-MS/MS was performed on a Waters Xevo TQ tandem
quadrupole MS lined to an ACQUITY UPLC with a Selectra C8 RP column (100x2.1 mm 1.8μm,
UCT). MRM libraries of estrogen conjugates have been curated to include both analytical and
confirmatory transitions for each analyte at optimal retention times to maximize separation. Briefly,
data analysis was performed by integrating the peak area of the analytical transition for each
analyte. Peak areas were normalized to molecular class-matched internal spike-in standards and
mapped to a standard curve to accurately estimate analyte concentration. Urine estrogen
metabolite concentrations were then normalized to urinary creatinine, which was measured by
colorimetric assay (Sigma).

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Statistical Analysis

Statistical analysis was performed using R statistical programing, GraphPad Prism 9, and
Microsoft Excel. For hypothesis testing, non-parametric Mann-Whitney U-test was used for
pairwise comparisons and the Kruskal-Wallis non-parametric ANOVA with multiple comparison
post-hoc was used to for non-paired and unmatched comparisons of 3 or more groups. Multiple
comparison adjustment was performed using false discover rate (FDR) when appropriate. An
alpha of 0.05 was considered significant to control type I error.

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Author Contributions

Conceptualization, M.L.N., P.E.Z., K.L.P., N.J.D.; data curation, M.L.N., J.F., A.Kup., A.P.A.; formal analysis, M.L.N, A.Kumar., K.C.L., C.Z., Q.L., C.X., V.S., N.J.D.; funding acquisition, V.S., K.L.P, P.E.Z., N.J.D.; investigation, M.L.N., N.V.H., V.H.N., A.N.; methodology, M.L.N., A.Kumar., N.V.H., K.C.L., V.H.N., A.N., B.M.S., Q.L., C.X., V.S., P.E.Z., K.L.P., N.J.D.; project administration, M.L.N., P.E.Z., N.J.D.; resources, P.E.Z., K.L.P., N.J.D.; software, M.L.N., A.Kumar., K.C.L., C.Z., Q.L., C.X.; supervision, Q.L., C.X., V.S., P.E.Z., K.L.P., N.J.D; validation, M.L.N., N.V.H., K.C.L., C.Z.; visualization, M.L.N., V.H.N.; writing-original draft, M.L.N., A.K., N.V.H., K.C.L., Q.L., C.X., N.J.D.

Supplemental materials

Figure S1. Power analysis and metagenomic dataset characteristics.

Figure S2. Power analysis and metagenomic dataset characteristics.

Figure S3. Taxonomic profiles of detected *Archea, Eukaryota*, and Vial species.

Figure S4. Ecological modeling indices among the cohort groups.

Figure S5. Urinary estrogen conjugate concentrations and taxonomic associations.

Figure legends

Figure 1. Study design and summary of genera detected by WGMS and advanced urine culture. (A) Schematic diagram of rUTI pathobiology cycle depicting periods of active, symptomatic UTI defined by positive urine culture followed by periods of remission defined by negative clinical urine culture. (B) Schematic diagram of clinical cohort structure and datasets generated for the study. (C) Taxonomic cladogram of taxa detected in all sequenced metagenomes (n=75) by Metaphlan2. Node size indicates relative abundance and branch length is arbitrary. The top 20 genera by average relative abundance are displayed. (D) Venn diagram depicting the coverage of WGMS metagenomes by advanced urine culture. Coverage is calculated at the genus level considering all bacterial genera exhibiting relative abundance >5% by WGMS in at least one patient.

Figure 2. The bacterial taxonomic profile of rUTI in postmenopausal women. (A) Genus-level taxonomic profile of the top 15 bacterial genera among cohort groups (No UTI History (*n*=25), rUTI Remission (*n*=25), rUTI Relapse (*n*=25)). All genera not within the top 15 are combined into "Other". (B) Species-level taxonomic profile represented within the top 15 bacterial genera among cohort groups (No UTI History (*n*=25), rUTI Remission (*n*=25), rUTI Relapse (*n*=25)). All species

not represented within the top 15 genera are combined into "Other". Alpha-diversity comparison
of the observed species counts (C) and Shannon index (D) between cohort groups (1 = No UTI
History (*n*=25), 2 = rUTI Remission (*n*=25), 3 = rUTI Relapse (*n*=25)). Solid lines represent
medians while dotted lines represent the interquartile range. *P*-value was generated by Kruskal-
Wallis test with uncorrected Dunn's multiple correction post hoc. (E) Beta-diversity sample
ordination of the WGMS dataset by Double Principal Coordinate Analysis (DPCoA) in the first two
PCoAs. Each dot represents an individual sample color-coded by group (No UTI history in blue,
rUTI remission in purple, and rUTI relapse in salmon). Vectors (grey) are drawn to represent the
major discriminating loadings (*i.e.* species). (F) Volcano plot depicting co-occurrence of genera
within the WGMS dataset by Pearson correlation. *P*-value generated by permutation. Red dots
represent associations which were considered significant after FDR correction of the *P*-value.
Blue dots represent associations which exhibited a nominal *P*-value less than 0.05, but an FDR-
corrected *P*-value greater than 0.05. (G) Network analysis of all genera co-occurrence
associations with *P*-value less than 0.05. Nodes represent genera edges are defined by Pearson
correlation. Node size is proportional to the degree of the node.

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Figure 3. Bayesian modeling detects the taxonomic imprint of rUTI history on the urobiome
of postmenopausal women. (A) Schematic representation of the BMDA model. (B) Bayesian
differential abundance model comparing taxonomic enrichment between the No UTI history
(*n*=25) and rUTI Remission (*n*=25) cohort groups. Dots, indicating the $\log_{10}$(posterior effect size),
are color-coded by their enrichment in a particular cohort group with taxa enriched in No UTI
history in blue and taxa enriched in rUTI remission. Lines indicate the minima and maxima of the
95% credible interval and PPI denotes posterior probability index.

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Figure 4. Estrogen hormone therapy shapes the urobiome of postmenopausal women.
(A) Genus-level taxonomic profile of the relative abundance of the top 22 bacterial genera among
women reporting no use of estrogen hormone therapy (EHT(-), *n*=21) and women reporting use
of EHT (EHT(+), *n*=29) among the No UTI History and rUTI Remission groups. All genera not
within the top 22 are combined into "Other". (B) Taxonomic profile of the relative abundance of
species represented within the top 22 bacterial genera among EHT(-) (*n*=21) and EHT(+) (*n*=29)
non-infected women from the No UTI History and rUTI Remission groups. All species not
represented within the top 22 genera are combined into "Other". (C) Comparison of the relative
abundance of the genus *Lactobacillus* between EHT(-) (grey) and EHT(+) (pink) women in the No
UTI history and rUTI remission groups. Violin plot depicts the smoothed distribution of the data.

Solid lines represent the median. Dotted lines represent the interquartile range. *P*-value generated

by Wilcoxon rank-sum test. Alpha-diversity comparison of the observed species count (D),

Shannon index (E), and Simpson index (F) between EHT(-) (grey) and EHT(+) (pink) women in

the No UTI history and rUTI remission cohorts. Violin plot depicts the smoothed distribution of the

data. Solid lines represent medians while dotted lines represent the interquartile range. *P*-value

generated by Wilcoxon rank-sum. (G) Two significantly differentially enriched taxa detected by

LEfSe biomarker analysis performed between EHT(-) (grey) and EHT(+) (pink) women in the No

UTI history and rUTI remission groups. LDA denotes the $\log_{10}$(linear discriminant analysis score)

and the *P*-value was generated by Wilcoxon Rank Sum Test. (H) Differentially enriched taxa

between EHT(-) (grey) and EHT(+) (pink) women in the No UTI history and rUTI remission cohorts

detected by the Bayesian differential abundance model. Dots indicate $\log_{10}$(posterior effect size)

and PPI denotes posterior probability index. S. m/o/p denotes *Steptococcus*

mitus/oralis/pneumoniae.

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Figure 5. Distinct taxa-urinary estrogen metabolite associations between postmenopausal

women with and without rUTI history. (A) Comparison of the relative abundance of the genus

Lactobacillus between EHT(-) (grey, *n*=21) and EHT(+) (pink, *n*=29) women from the No UTI

History and rUTI Remission groups striated by EHT modality (Oral, Patch, Vaginal). Error bars

are drawn from minimum to maximum of the data distribution. Boxes represent the interquartile

range. Solid lines denote the median. *P*-value generated by Kruskal-Wallis test with uncorrected

Dunn's multiple correction post hoc. Summed creatinine (Cr)-normalized urinary E1 and E2

conjugates (B), E1 conjugates (C) and E2 conjugates (D) measured in the urine of EHT(-) and

EHT(+) women from the No UTI History and rUTI Remission groups striated by EHT modality

(Oral (*n*=6), Patch (*n*=6), Vaginal (*n*=17)). Error bars are drawn from minimum to maximum of the

data distribution. Boxes represent the interquartile range. Solid lines denote the median. *P*-value

generated by Kruskal-Wallis test with uncorrected Dunn's multiple correction post hoc. Volcano

plots depicting correlation of bacterial species with summed Cr-normalized urinary E1 and E2

conjugates by Spearman correlation in No UTI History (E) and rUTI remission (F) groups. *P*-value

generated by permutation. Red dots represent significant (*p*<0.05) positive associations. Blue

dots represent significant negative associations. (G) Correlation scatter plots of the association

between *B. breve*, *L. iners*, *L. crispatus*, and *A. prevotti,* and summed creatinine-normalized

urinary E1 and E2 conjugates among No UTI History women (*n*=25) (blue) and rUTI Remission

women (*n*=23) (purple). Linear regression trend line (solid line) is shown with 95% confidence

intervals (dashed lines).

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Figure 6. rUTI history and active infection shape the metabolic potential of the urobiome.
(A, B) Principal component analysis (PCA) of cohort samples by metagenome-encoded pathway-
level metabolic potential. Depiction of sample ordination and clustering in the first two PCAs in
(A) and vectors (grey) defining major discriminatory loadings (*i.e.* metabolic pathways) in (B). Top
40 differentially enriched pathways detected by LEfSe analysis performed between the No UTI
History (blue, n=25) and rUTI Remission (purple, *n*=25) cohort groups (C) and the No UTI History
(n=25) and rUTI Relapse (red, *n*=25) cohort groups (D). Pathways presented exhibit an FDR-
corrected *P*-values less than 0.05. LDA score indicates $\log_{10}$(linear discriminant analysis score).

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Figure 7. rUTI history and active infection shape the resistome of the postmenopausal
urobiome. (A) Comparison of the observed Antibiotic Resistance Genes (ARGs) detected within
the urobiomes of the No UTI History (*n*=25), rUTI Remission (*n*=25), and rUTI Relapse (*n*=25)
cohort groups. Violin plot depicts the smoothed distribution of the data. Solid lines represent
median while dotted lines represent the interquartile range. *P*-value was generated by Kruskal-
Wallis test with uncorrected Dunn's multiple correction post hoc. (B) Bayesian differential
enrichment analysis of ARG presence within the urobiomes of the No UTI History (*n*=25), rUTI
Remission (*n*=25), and rUTI Relapse (*n*=25) cohort groups. Group comparisons are were
determined by the difference in ARG(+) proportion within a pairwise group comparison. 95%
credible intervals, Bayes factor, and posterior probability are presented for interpretation of
Bayesian analysis. P-value generated by the Fisher Exact test is also provided. (C) Phenotypic
assessment of the agreement between urobiome ARG detection and antibiotic resistance of
isolates of the most abundant uropathogen species present in each patient in the rUTI Relapse
cohort group (*n*=23, *E. coli* (n=15), *Klebsiella* (n=3), *Streptococcus* (n=3), *E. faecali*s (n=1), *S.*
epidermidis (n=1)). Upper diagonal colors represent WGMS GROOT profiling results (blue = ARG
(+), white = ARG(-)). Lower diagonal color represents Isolate Phenotype (red = resistant, yellow
= intermediate resistance, white = sensitive, grey = not tested). Amp, Ampicillin; Cfx, Cefixime;
Cex, Cephalexin; TMP/SMX, Trimethoprim/sulfamethoxazole; Gen, Gentamicin; Kan,
Kanamycin; Amk, Amikacin; Str, Streptomycin; Cip, Ciprofloxcain; Lvx, Levofloxacin; Erm,
Erythromycin; Dox, Doxycycline; Chlor, Chloramphenicol.

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Table 1

Cohort	N-Value	Age ± SD	BMI ± SD	Urine pH ± SD
No UTI History	25	71.3 ± 9.41	25.4 ± 4.37	6.4 ± 1.06
rUTI Remission	25	70.4 ± 8.25	24.6 ± 4.18	6.0 ± 1.08
rUTI Relapse	25	75.7 ± 7.62	26.6 ± 4.30	5.64 ± 0.88

Figure 1

Figure 2

A

	PPI
Aerococcus	0.97
Lactobacillus	0.96
Peptoniphilus	1.00
Prevotella	1.00
Actinomyces	0.98
Finegoldia	1.00
Oscillibacter	0.99
Enterococcus	1.00
Fusobacterium	1.00
Brevibacterium	1.00
Escherichia	1.00
Eggerthella	0.97
Clost. Fam. XIII Inc. Sedis	1.00
Bacteroides	1.00
Gemella	1.00
Klebsiella	0.99

○ No UTI History
● rUTI Remission

log$_{10}$(Posterior Effect Size)

B

	PPI
Lactobacillus vaginalis	1.00
Lactobacillus crispatus	1.00
Anaerococcus lactolyticus	1.00
Aerococcus urinae	0.98
Anaerococcus vaginalis	0.99
Staphylococcus epidermidis	0.99
Anaerococcus prevotii	0.97
Finegoldia magna	1.00
Facklamia hominis	0.98
Actinomyces europaeus	1.00
Corynebacterium pseudogenitalium	0.99
Peptoniphilus lacrimalis	0.99
Staphylococcus hominis	1.00
Enterococcus faecalis	1.00
Prevotella timonensis	1.00
Actinomyces turicensis	1.00
Anaerococcus hydrogenalis	1.00
Brevibacterium massiliense	1.00
Bacteroides uniformis	1.00
Ureaplasma parvum	0.97

○ No UTI History
● rUTI Remission

log$_{10}$(Posterior Effect Size)

Figure 4

A

B

Beta-Bernoulli Model

C