1 Ferric Citrate Uptake is a Virulence Factor in Uropathogenic Escherichia coli

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17 Abstract

18 More than half of women will experience a urinary tract infection (UTI) with uropathogenic 19 Escherichia coli (UPEC) causing ~80% of uncomplicated cases. Iron acquisition systems are 20 essential for uropathogenesis, and UPEC encode functionally redundant iron acquisition systems, 21 underlining their importance. However, a recent UPEC clinical isolate, HM7 lacks this functional 22 redundancy and instead encodes a sole siderophore, enterobactin. To determine if E. coli HM7 23 possesses unidentified iron acquisition systems, we performed RNA-sequencing under iron-24 limiting conditions and demonstrated that the ferric citrate uptake system (fecABCDE and fecIR) 25 was highly upregulated. Importantly, there are high levels of citrate within urine, some of which is 26 bound to iron, and the *fec* system is highly enriched in UPEC isolates compared to environmental 27 or fecal strains. Therefore, we hypothesized that HM7 and other similar strains use the fec system 28 to acquire iron in the host. Deletion of both enterobactin biosynthesis and ferric citrate uptake 29 $(\Delta entB/\Delta fecA)$ abrogates use of ferric citrate as an iron source and fecA provides an advantage 30 in human urine in absence of enterobactin. However, in a UTI mouse model, fecA is a fitness 31 factor independent of enterobactin production, likely due to the action of host Lipocalin-2 chelating 32 ferrienterobactin. These findings indicate that ferric citrate uptake is used as an iron source when 33 siderophore efficacy is limited, such as in the host during UTI. Defining these novel compensatory 34 mechanisms and understanding the nutritional hierarchy of preferred iron sources within the 35 urinary tract are important in the search for new approaches to combat UTI.

36

37 Importance

38 UPEC, the primary causative agent of uncomplicated UTI is responsible for five billion dollars in 39 healthcare costs in the US each year. Rates of antibiotic resistance are on the rise therefore it is vital to understand the mechanisms of UPEC pathogenesis to uncover potential targets for novel 40 41 therapeutics. Iron acquisition systems used to obtain iron from sequestered host sources are 42 essential for UPEC survival during UTI and have been used as vaccine targets to prevent 43 infection. This study reveals the ferric citrate uptake system is another important iron acquisition 44 system that is highly enriched in UPEC strains. Ferric citrate uptake has not previously been 45 associated with these pathogenic isolates, underlining the importance of the continued study of 46 these strains to fully understand their mechanisms of pathogenesis.

47

48 Introduction

49 More than half of women will experience a urinary tract infection (UTI) during their lifetime, 50 and 25% of infections recur (1, 2) with uropathogenic Escherichia coli (UPEC) causing 80% of 51 uncomplicated cases (3, 4). These infections are responsible for an annual five billion dollars of health care costs in the U.S. alone (5, 6) To survive within the host UPEC encodes a wide array 52 53 of virulence factors that include toxins, adhesins and iron acquisition systems (6-9). Iron is an 54 essential cofactor for many biological processes including DNA replication, DNA repair, and 55 central metabolism (10, 11). Consequently, mammalian hosts employ "nutritional immunity" 56 wherein iron is sequestered within proteins or molecules such as transferrin, lactoferrin, ferritin, 57 and hemoglobin and is not readily accessible to bacteria (12, 13). To survive in the host, UPEC 58 has evolved mechanisms to acquire iron from these sequestered sources which fall into two broad 59 categories: heme receptors and siderophores. Heme receptors import heme, allowing the bacteria 60 to utilize the bound iron while siderophores are small molecules with extraordinarily high affinities for iron (K_d ranging from 10^{23} to 10^{52} M⁻¹) (14, 15), which allow them to strip iron from sequestered 61 62 sources.

63 UPEC can encode up to five iron acquisition systems: heme receptors (ChuA and Hma), 64 and four siderophores (enterobactin, salmochelin aerobactin, and yersiniabactin) (16-18). UPEC 65 strains often employ a subset of these systems. For example, prototypical UPEC strain CFT073 66 encodes heme receptors and produces enterobactin, salmochelin and aerobactin. This high level 67 of functional redundancy is essential for UPEC survival within the host due in part to specific host 68 defenses. For example, the innate immune protein Lipocalin-2 (Lcn2) binds ferric and aferric 69 enterobactin, preventing the bacterium from utilizing this siderophore (19). Therefore, UPEC 70 cannot rely upon a single method of iron acquisition.

71 While heme receptors and siderophores are traditional iron acquisition systems utilized by 72 UPEC and other pathogenic bacteria, there are other methods. For instance, citrate is a weak iron chelator and ferric citrate complexes can be imported through the ferric citrate transporter, or 73 74 fec system (20, 21). A study investigating E. coli strains that caused bovine mastitis (MPEC) 75 discovered that fec was a major pathogenic determinate of these strains; in 62 MPEC strains, 76 ~98% encoded the fec system (22). The high citrate levels in milk (~10 mM) provide a pool of 77 ferric citrate for these bacterial strains to use as an iron source via the fec system, allowing MPEC 78 to grow in milk and induce mastitis (22).

Overall, little has been done to define the role of the *fec* system in the context of pathogenesis. However, there is a substantial body of work defining its regulation and mechanism of action. The *fec* system is composed of two operons, *fecIR* and *fecABCDE* (23-25). *fecIR* is Furregulated and expressed under iron-limiting conditions (26), while *fecABCDE*, is specifically transcribed via FecI, an alternative sigma factor, when ferric citrate is present (21, 26). FecA is a

TonB-dependent outer membrane receptor, and FecBCDE comprise an ABC transporter (23, 24,
27).

86 In this study we have investigated the redundancy of iron acquisition systems in a 87 collection of UPEC strains that caused symptomatic UTI in healthy, college-aged women (28, 29). One of these clinical isolates, HM7, lacked the functional redundancy in iron acquisition systems 88 89 characteristic of most UPEC strains and only encoded a sole siderophore, enterobactin, While 90 this strain lacks the traditional methods of iron acquisition and has no clear mechanism to prevent 91 Lcn2 from inactivating enterobactin, it is clearly pathogenic as it was isolated from a young woman 92 with cystitis and was present in the urine at $\geq 10^{5}$ CFU/mL. In this study, we sought to determine how this novel strain acquires iron from the host. First, we empirically demonstrated that Lcn2-93 94 susceptible enterobactin is the sole siderophore produced by HM7. Then, using RNA-sequencing 95 (RNA-seq), we found the ferric citrate uptake system highly upregulated under iron limitation. 96 Furthermore, we discovered that the fec system is highly enriched in UPEC isolates when 97 compared to fecal or environmental strains, and that there is a small, but significant cohort of 98 UPEC strains that encode a single siderophore. Additionally, HM7 can use ferric citrate as an iron 99 source through the fec system and enterobactin in vitro, and the fec system is a fitness factor in 100 vivo. Our study characterizes ferric citrate uptake as a UPEC virulence factor, adding a novel iron-101 scavenging mechanism that UPEC uses to survive within the urinary tract.

102

103 Results

- 104 Clinical UPEC isolate HM7 lacks all but one of the iron acquisition systems associated with 105 **UPEC.** Roughly, there are up to five systems that UPEC use to acquire iron from the host (Fig. 106 **1A**). Most UPEC strains encode four of the five systems, including the three major UPEC type 107 strains (CFT073, UTI89, and 536, Fig. 1A, B). However recent clinical isolate HM7 (28) encodes 108 a single system, enterobactin, (Fig. 1A, B). After analyzing 487 publicly available UPEC strains on the bioinformatics resource PATRIC (30) (Table S1), 44 strains shared the same profile as 109 110 HM7, indicating that HM7 is not an outlier, and potentially represents a previously unrecognized 111 subset of UPEC strains (Fig. 1B). 112 HM7 encodes a single siderophore. It was not clear how HM7 acquired iron and survived in the
- host since the innate immune protein Lcn2 renders enterobactin unusable by bacteria (19). 113 114 Therefore, we hypothesized that HM7 encodes a novel siderophore to acquire iron. To test this, 115 we deleted the gene entB (Δ entB), which is sufficient to disrupt enterobactin production (17), and 116 tested siderophore production by culturing the deletion mutant on Chrome Azurol S (CAS) agar. 117 a colorimetric iron chelation assay (31). A color change from blue to orange on the plate indicates iron chelation, which is observed on the colony itself as well as a halo around the colony due to 118 119 diffusion of secreted siderophores. The wildtype (WT) strain showed robust siderophore activity 120 that was absent in the $\Delta entB$ mutant but was subsequently restored by genetic complementation 121 $(\Delta entB/^{AentB})$ (Fig. 1C). These results indicate that enterobactin is the sole siderophore system in 122 HM7.
- Ferric citrate uptake is significantly upregulated during iron restriction. HM7 did not make a novel siderophore, therefore, we predicted that it might utilize a previously undiscovered or understudied iron acquisition system. To identify a list of candidate genes, we used RNAseq to determine the iron regulon of HM7. We added increasing amounts of the iron-specific chelator 2,2'-dipyridyl (Dip) to minimal M9 medium supplemented with 0.4% glucose to define an ironrestricted condition. The addition of 150 μM Dip to the base medium was sufficient to modestly

limit growth due to iron restriction without introducing a severe growth defect (**Fig. S1A**). Based on previous literature (32, 33) M9 supplemented with 36 μ M FeCl₃ was the iron-replete condition (**Fig. S1A**). We confirmed these conditions reflected iron-restricted and iron-replete conditions through qRT-PCR; the iron-regulated gene *entF* was significantly and highly upregulated in the iron-restricted condition when compared to iron-replete (**Fig. S1B**).

134 HM7 was cultured to mid-log phase under these conditions in biological triplicate, its RNA 135 isolated and sequenced. 368 genes were significantly downregulated in the iron-depleted 136 condition (Table S2), while 393 genes were significantly upregulated (Table 1, Table S2). As 137 expected, we observed that the genes for enterobactin biosynthesis and uptake as well as genes 138 associated with iron-starvation (nrdEFH (34)) were upregulated (Table 1). Two transport systems 139 related to iron were significantly upregulated. One was *mntH* which takes up both Mn²⁺, and Fe²⁺, 140 although with a preference for Mn²⁺ (35). The other system was ferric citrate uptake, which is 141 composed of two operons, *fecIR*, encoding the system's regulatory element and σ factor, and 142 fecABCDE encoding the outer membrane receptor and transport elements (Fig. 2A). 143 Interestingly, *fecD* was not significantly upregulated. Unlike *mntH*, the *fec* system takes up Fe^{3+} 144 which is dominant form of iron in the urinary tract as opposed to Fe²⁺. Furthermore, citrate is 145 present is extremely high levels in the urinary tract, normal levels in healthy individuals vary from 146 1.7-6.6 mM (36). Given that MPEC uses ferric citrate in bovine milk, and the citrate concentration 147 in milk (~10mM) is comparable to the concentration in urine, we hypothesized that UPEC is using 148 a similar mechanism in the urinary tract.

149 fecA is highly prevalent UPEC strains. We wanted to establish the prevalence of the fec system 150 in UPEC strains, since three UPEC type strains, CFT073, UTI89 and 536 lack the fec system 151 (Fig. 1B). When we interrogated the cohort of 487 UPEC strains, we found that ~50% of them 152 encoded the outer membrane receptor fecA, compared to only ~12% in 107 fecal or 153 environmental *E. coli* isolates (Fig. 2B). This is a highly significant association, with an odds ratio 154 of 7.1, supporting the hypothesis of ferric citrate uptake as a UPEC virulence factor. Interestingly, 155 this enrichment seems to be even more profound in UPEC strains with a single iron acquisition 156 system; ~65% of these "HM7-like" strains also encoded fecA compared to ~47% of strains with 157 four traditional iron acquisition systems (Fig. 2C).

158 fecA is responsive to physiologically relevant levels of citrate. HM7 is a mostly 159 uncharacterized clinical isolate, therefore we wanted to determine if the fec system is fully 160 functional, and responsive to citrate at physiologically relevant levels. We cultured WT HM7 in M9 161 medium with glucose as a carbon source and supplemented with concentrations of citrate ranging 162 from 10 μ M up to 100 mM, which encompasses urinary citrate levels in a healthy population (36). 163 We quantified *fecA* gene expression compared to M9 without citrate. We observed significant 164 upregulation at 100 µM, 1 mM, and 10 mM citrate (Fig. 2D) and importantly, some of the strongest upregulation occurred at physiologically relevant concentrations (1 mM and 10 mM citrate). We 165 166 also tested *fecA* expression in *ex vivo* urine pooled from healthy female volunteers, compared to 167 expression in LB. fecA was significantly upregulated (Fig. 2D) in this physiologically relevant 168 medium.

169 **fecA is more highly upregulated in the absence of enterobactin.** Next, we wanted to 170 determine if ferric citrate uptake could act as a compensatory mechanism in the absence of 171 enterobactin, indicating the strain can use ferric citrate as an alternative iron source. Accordingly, 172 we repeated the citrate sensitivity experiments using the $\Delta entB$ mutant. Significant upregulation 173 at 100 µM, 1 mM, and 10 mM citrate was recapitulated in the mutant strain (**Fig. 2D**). Furthermore,

at both 100 μ M and 1 mM citrate the Δ *entB* mutant had significantly higher expression of *fecA* compared to WT, a phenomenon that was trending in all concentrations of citrate. Interestingly, while expression of *fecA* dropped at 100 mM citrate in WT, it remained highly elevated in the Δ *entB* mutant, indicating that perhaps enterobactin is the preferred mechanism for iron acquisition, but in its absence, the *fec* system can be utilized. These results support the hypothesis that HM7 is using ferric citrate as an iron source, especially in the absence of Fe³⁺ uptake by siderophores.

181 HM7 uses ferric citrate as an iron source through the fec system or enterobactin. To 182 determine if HM7 can use ferric citrate as an iron source, we added high levels (100 mM) of citrate 183 to M9 mediums so most of the iron would be complexed within citrate. The bacteria have two 184 ways to acquire iron: either enterobactin will chelate iron from ferric citrate, or the fec system will 185 import ferric citrate. To nullify ferric citrate uptake, we deleted the outer membrane receptor gene, fecA (Δ fecA). We also constructed a double mutant (Δ fecA/ Δ entB). With these assumptions, only 186 187 the double mutant, $\Delta fecA/\Delta entB$, would have a growth defect at high citrate concentrations, since 188 the $\Delta fecA$ mutant could still utilize enterobactin, and the $\Delta entB$ mutant could still utilize the fec 189 system. As expected, only the $\Delta fecA/\Delta entB$ mutant had a profound growth defect with the addition 190 of 100 mM citrate (Fig. 3Aii) while none of the mutants had a growth defect in LB or M9 medium 191 alone (Fig. S2, Fig 3Ai). This is an iron-specific defect since chemical complementation with 1 192 mM FeCl₃ rescued the growth of the double mutant (Fig. 3Aiii).

To establish that HM7 could specifically use the *fec* system to acquire iron via ferric citrate, we took a genetic approach, complementing the $\Delta fecA/\Delta entB$ double mutant with each single system. Unsurprisingly, growth of the $\Delta fecA/\Delta entB$ double mutant was rescued by genetic complementation with *entB* (**Fig. 3Ci, ii,** and **iii**). However, *fecABCDE* was also sufficient to rescue growth (**Fig. 3Bi, ii,** and **iii**). *fecA* was not sufficient to rescue growth, indicating that the $\Delta fecA$ mutant is a polar mutation, although that does not change the interpretation of our previous results.

200 Ferric citrate uptake is an *in vitro* fitness factor when HM7 cannot utilize enterobactin. The 201 association of fecA with UPEC strains (Fig. 2B) and HM7 using ferric citrate as an iron source 202 (Fig. 3) indicates that the presence of the fec system could provide UPEC with a competitive 203 advantage. Initially we assessed growth of WT HM7, and the three mutants, $\Delta fecA$, $\Delta entB$, 204 $\Delta fecA/\Delta entB$, in pooled ex vivo urine (**Fig. S3**). Surprisingly there seemed to be no significant 205 growth defect in any of these mutants compared to WT. Therefore, we turned to a more sensitive 206 assay to assess the advantage the fec could provide and performed competition experiments in 207 pooled human urine. We tested WT against the $\Delta fecA$ mutant and observed that there was no 208 competitive disadvantage of the mutant strain compared to WT (Fig. 4A). Both strains could still 209 use enterobactin, indicating that perhaps the siderophore is the preferred mechanism to acquire 210 iron. This was confirmed when competing WT and $\Delta entB$; the mutant had a subtle, but significant 211 disadvantage (Fig. 4A). This disadvantage was exacerbated and trended towards significance 212 when WT was competed against the $\Delta fecA/\Delta entB$ double mutant (Fig. 4A), indicating that both 213 systems contribute to the survival of HM7, but the function of enterobactin masks the role of fec.

To dissect the precise contribution of the *fec* system, we competed the Δ *entB* mutant with the Δ *fecA*/ Δ *entB* double mutant. The double mutant had a significant defect (**Fig. 4B**). This defect is largely specific to the *fec* system since complementing the double mutant with *fecABCDE* was sufficient to partially rescue the defect (**Fig. 4B**). In the urinary tract during infection, Lcn2 counteracts enterobactin. Therefore, to mimic the host's infectious environment, we added recombinant Lcn2 to these competitions. We determined that 25 μ g/mL of Lcn2 was sufficient to inhibit HM7 growth in an iron-limited environment (**Fig. S4**) and then supplemented that amount to pooled human urine and competed WT and the $\Delta fecA$ mutant. With the addition of Lcn2, the $\Delta fecA$ mutant now had a significant competitive disadvantage (**Fig. 4C**). This provides further evidence that in the absence or inhibition of enterobactin the *fec* system is a fitness factor.

Ferric citrate uptake is an *in vivo* fitness factor. Finally, we wanted to determine if the *fec* system was an *in vivo* fitness factor. Using the ascending UTI mouse model, we co-infected female CBA/J mice with WT and the Δ *fecA* mutant, allowed the infection to progress for 48 hours and harvested the urine, bladder, and kidneys to calculate log₁₀C.I. The Δ *fecA* mutant had a significant disadvantage in all three organ sites (**Fig. 5**), definitively defining it as a fitness factor.

229 We hypothesized that the $\Delta fecA$ mutant had a defect *in vivo*, due to the presence of Lcn2, 230 as we saw in our *in vitro* competitions that were supplemented with Lcn2 (Fig. 4C). Lcn2 is highly 231 elevated in the bladders and kidneys of mice infected with WT HM7 (Fig. S5A, B). Lcn2 levels 232 correlated with increased CFU burden in the kidneys, where it is produced (37) (Fig. S5C). To 233 determine if Lcn2 was responsible for the competitive disadvantage of the $\Delta fecA$ mutant, we 234 repeated the competition experiments with Lcn2 knock-out mice (Lcn2^{-/-}). However, the Lcn2^{-/-} 235 mice are in a different genetic background, C57BL/6, rather than CBA/J, so we repeated the 236 competition in the WT (C57BL/6) mouse background as well. While there was a subtle difference in the log₁₀C.I. of the bladders between WT and Lcn2^{-/-} mice that was trending towards 237 significance, the $\Delta fecA$ mutant no longer had a disadvantage compared to WT in the C57BL/6 238 239 background (Fig. S6). This discrepancy in results indicates the differences between the mouse 240 strains. Overall, we conclude that ferric citrate uptake through the fec system is a bona fide fitness 241 factor in UPEC strain HM7, allowing it to acquire iron from the host in a manner not inhibited by 242 Lcn2.

243 Discussion

Iron acquisition is an essential virulence factor in UPEC, because most iron in the host is sequestered. Subsequently, UPEC relies on specific iron acquisition systems such as siderophores or heme receptors to scavenge iron from otherwise inaccessible sources and these systems are essential for UPEC pathogenesis (10, 38, 39). Our work shows there is another understudied and overlooked iron acquisition system that enhances UPEC pathogenesis: ferric citrate uptake, encoded by the *fec* system.

250 Our study focuses on a recent clinical UPEC isolate, HM7. This strain encodes a sole 251 siderophore, enterobactin, and lacks the functional redundancy in iron acquisition systems 252 normally observed in UPEC strains. We assumed that HM7 was employing another method to 253 acquire iron from the host and used RNA-seq to define its iron regulon. Under iron-limiting 254 conditions, we found almost every component of ferric citrate uptake (*fecABCE* and *fecIR*) was 255 highly and significantly upregulated (Table 1, Table S2, Fig. 2A). Interestingly, fecD was not 256 highly upregulated. While the rest of the genes in the system had log₂ fold-change (FC) values 257 ranging from 2.6-5.1, fecD had a log₂FC of 0.8, and unlike the rest, this change was not significant. 258 This is intriguing given that *fecD* is the second to the last gene in the operon, and yet the gene 259 after it, fecE, is significantly and highly upregulated. fecD and fecC encode the permeases of the 260 transport system that form a channel in the inner membrane of the bacterium (24, 40). Permeases 261 can form homodimers, or heterodimers, and it is tempting to speculate the modest upregulation 262 of fecD indicates that there is a preference for FecC homodimers as opposed to FecC/FecD 263 heterodimers. Potentially, there could be an alternative start site that *fecE* utilizes, explaining its 264 higher expression levels. fecE encodes the ATPase of this system (40), which is essential for

265 activity of this ABC transporter. However, precisely defining this mechanism will require future 266 studies.

267 We uncovered a strong association of the *fec* system with UPEC strains compared to fecal 268 or environmental strains, another indication that the *fec* system is a virulence factor. (Fig. 2B). 269 Given how common the fec system is within UPEC and MPEC, it could be a virulence factor in 270 other pathogenic E. coli. For example, the citrate levels in plasma vary from 100-150 µM (41) and 271 while these levels are lower than in urine or milk, they are still sufficient for robust upregulation of 272 fecA (Fig. 2D). Potentially the E. coli that cause bloodstream infections could also utilize fec to 273 acquire iron. In fact, a recent study exploring conjugative plasmids in pathogenic E. coli found a 274 plasmid that encoded the *fec* system conferred a modest *in vivo* competitive advantage during bacteremia (42). This was also tested in the UTI model, and when this plasmid was conjugated 275 276 into a different *E. coli* strain loss of *fec* resulted in an extremely mild reduction in fitness (log₁₀C.I. 277 ~-0.1 in the bladder, and ~-0.2 in the kidneys). However, this result could not be recapitulated in 278 its parent strain. Other iron acquisition systems in these strains were not defined and could explain 279 the divergence of results, demonstrating how functional redundancy of iron acquisition systems 280 can mask the contributions of specific systems.

281 The *fec* system seems lower on the hierarchy of iron acquisition systems but becomes 282 more important the fewer iron acquisition systems a strain produces. In a large cohort of UPEC 283 strains, about ~9% encoded a single traditional iron acquisition system, enterobactin, like HM7. 284 While a relatively small percentage, it is still a part of the population that would likely rely more 285 heavily on a system like *fec*, especially given that enterobactin is not highly effective in the urinary 286 tract (38). This seems to be case since the fec system in these isolates is more enriched 287 compared to more traditional UPEC strains (Fig. 2C). Interestingly, a very small population of 288 these strains (2%) seemed to encode none of the traditional iron acquisition systems. However, the sequencing quality of these genomes is quite poor, and follow up studies are needed to 289 290 confirm these results. If these results are confirmed, these strains could be an excellent tool to 291 discover additional novel or understudied iron acquisition systems.

292 In vitro competition in pooled human urine showed that the fec system provides a 293 competitive advantage, but this advantage is contingent on the absence of enterobactin (Fig. 4). 294 Enterobactin seems to be the preferred method of iron acquisition in vitro, since loss of enterobactin is sufficient to cause a small reduction in fitness (Fig. 4A). Furthermore, addition of 295 296 Lcn2 was sufficient to inhibit the function of enterobactin, allowing the fec system to provide an 297 advantage (Fig. 4C). Lcn2 is present in high levels in the urinary tract during infection (43); therefore, these in vitro competitions with the addition of Lcn2 are likely a closer representation 298 299 of UTI.

300 The gene expression profile of UPEC during CBA/J mouse infection closely mimics the 301 UPEC transcriptome during human infection (44). Therefore, we are reasonably confident that the 302 results from the mouse model are relevant to human infection. When WT HM7 was competed 303 against the $\Delta fecA$ mutant, the mutant had a disadvantage in the urine, bladder, and kidneys (Fig. 304 5). While this result is different than the *in vitro* competition in human urine alone, it aligns with 305 the in vitro competitions supplemented with Lcn2 and implies that the fec system provides an 306 advantage in vivo because HM7 is unable to use enterobactin. This is likely caused by Lcn2; mice 307 infected with HM7 had increased production of Lcn2 in the bladder and kidneys (Fig. S5).

We attempted to confirm this hypothesis using $Lcn2^{-/-}$ mice. If Lcn2 is essential for the competitive advantage of the *fec* system that advantage should be abrogated in the knock-out line. The $Lcn2^{-/-}$ mice were in a C57BL/6 background, therefore, we re-tested WT HM7 and $\Delta fecA$ mutant in WT C57BL/6 mice. Unfortunately, there was no loss in fitness in the $\Delta fecA$ mutant in WT C57BL/6 mice (**Fig. S6**). However, there are several genetic differences between these mouse lines (45) that could account for these differences. For example, of the 10 CBA/J mice we infected, 100% of them had kidney colonization, while only 35% of the 20 C57BL/6 mice had kidney colonization. While the contribution of Lcn2 to the mechanism of ferric citrate uptake via the *fec* system has not been definitively proven, it seems a promising explanation.

In summary, we have uncovered a novel mechanism by which UPEC acquires iron from the host via ferric citrate uptake. During UTI Lcn2 is highly produced, blocking the usage of enterobactin. In response, UPEC uses the *fec* system to import ferric citrate present in the urinary tract as an iron source (**Fig. 6**). The *fec* system is highly prevalent in UPEC strains and is yet another instrument in its highly diverse arsenal to survive within the harsh environment of the urinary tract.

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- 327 L. Holmes for both the WT and *Lcn2^{-/-}* C57BL/6 mice.
- 328

329 Methods

330 Bacterial culture conditions, growth curves, mutant construction, and complementation.

Clinical UPEC isolate HM7 was routinely cultured at 37°C with aeration in LB, M9 medium supplemented with glucose, or filter-sterilized pooled human urine. Mutant and complemented strains were cultured with antibiotics. Mutants were constructed using lambda red mutagenesis and complementation vectors constructed with Gibson assembly. For a detailed description, refer to **Text S1**.

336 Chrome Azurol S Assay.

Chrome Azurol S (CAS)-agar was prepared as defined in (31). Strains were cultured overnight
 with aeration at 37°C in LB with appropriate antibiotics. Five µL of the overnight culture was
 spotted onto the CAS-agar plate, and then incubated overnight at 37°C. The next morning the
 plates were imaged using Qcount Software.

341 RNA isolation and library preparation, and sequencing.

342 E. coli HM7 was cultured overnight in M9 medium, supplemented with 0.4% glucose, shaking at 343 37°C. Overnight cultures were diluted 1:100 in M9 medium with 0.4% glucose supplemented with 344 either 36 µM FeCl₃ (Sigma), or 150 µM 2,2' Dipyridyl (Sigma) and grown to mid-log phase (0.4- 0.6 OD_{600}). Cultures were then treated with Bacterial RNA Protect (Qiagen), harvested by 345 centrifugation and the pellets stored at -80°C. This was performed in biological triplicate. RNA 346 347 was isolated using a similar method from (28, 44). The libraries were prepared using NEBNext 348 Ultra II Directional RNA Library Prep Kit and sequenced using an Illumina NextSeq-500 (paired 349 end, 38 bp read length). For a detailed description, refer to **Text S1**.

350 Genome assembly, RNA-seq data processing and differential expression analysis.

Raw sequencing data was preprocessed using BBTools (38.18) (46). BBDuk was used to remove Illumina adapter sequences, and to quality trim and filter the reads (minlength=20, trimg=14,

maq=20, maxns=1). The HM7 genome was re-assembled based on sequencing from (28) using Flye long read assembler (47) with Trestle repeat resolve parameter on then the quality controlled reads were aligned to the HM7 genome using BWA (0.7)(48). The resulting alignment files were filtered (mapping quality > 10) using samtools (1.11) (49) with counts for each feature were generated using htseq-count (0.13.5) (50). Alignment details shown in **Table S3**. Differential expression analysis was performed using R package DESeq2 (51).

359 **qRT-PCR.**

360 Strains were grown to mid-log cultures and RNA isolated as described above and reverse-361 transcribed into cDNA using iScript (Biorad). qRT-PCR was performed on a QuantStudio 3 PCR 362 machine (Applied Biosystems) using PowerUp Syber Green mastermix (Applied Biosystems). For 363 a detailed description, refer to **Text S1**.

364 **Purification of Lipocalin-2.**

Recombinant human Lipocalin-2 (Lcn2) expressed as a glutathione S-transferase (GST) fusion protein (52) (a kind gift from Dr. Michael Bachman) in XL-1 Gold *E. coli* protein was purified in a similar manner as previously described (53, 54). For a detailed description, refer to **Text S1**.

368 *In vitro* growth competition.

369 Strains were cultured overnight in M9 medium supplemented with 0.4% glucose at 37°C with 370 aeration and appropriate antibiotic selection. The next day, the OD_{600} was determined for each 371 strain, the strains were OD_{600} -matched, and then diluted 1:100 into 3 mL of pooled human urine. 372 Where applicable, Lcn2 was added to a final concentration of 25 µg/mL, or the vehicle control 373 (25% glycerol) in an equal volume. 0.5% arabinose (final concentration) induced the 374 complemented strains, and ampicillin added to maintain the plasmid. Input CFUs were determined 375 for each strain through drip plating of serial dilutions on plain LB agar and antibiotic selection 376 (chloramphenicol or kanamycin). The strains were then grown overnight, shaking at 37°C, and 377 the output CFU of each strain determined in the same manner as the input.

378 C.I. is a ratio of the input versus the output and is calculated as follows:

379
$$\frac{mutant \ output}{mutant \ input}/WT \ output}{WT \ input}$$

Log₁₀CI <0 indicates that the WT outcompetes the mutant, and a log₁₀CI >0 indicates the mutant outcompetes the WT. When competing Δ*entB* and Δ*fecA*/Δ*entB*, Δ*entB* was "WT", and Δ *fecA*/Δ*entB* was "mutant". When competing Δ*entB* eV and Δ*fecA*^{+fec}/Δ*entB*, Δ*entB* eV was "WT", and Δ*fecA*^{+fec}/Δ*entB* was "mutant".

384 Murine UTI model.

We used three different mouse strains: CBA/J, C57BL/6 WT and C57BL/6 *Lcn2^{-/-}* (55). CBA/J mice were purchased from Jackson Laboratories, while both the C57BL/6 WT and C57BL/6 *Lcn2^{-/-}*mice were a kind gift from Dr. Michael Bachman and bred in-house. All mice used were female. For a detailed description, refer to **Text S1**.

389

391 Data accessibility.

392 Data available on in NCBI's Gene Expression Omnibus repository under accession number393 GSE188170.

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Table 1: Top 50 Significantly Upregulated Genes Under Iron Limitation				
Gene	Description	Log ₂ FC ^a	Locus Tag	
adhP	alcohol dehydrogenase	4.6	b1478	
aroF	Phospho-2-dehydro-3-deoxyheptonate aldolase	4.1	EICMKPFN_03556	
bioA	adenosylmethionine-8-amino-7- oxononanoate aminotransferase	4.0 b0774		
cirA	outer membrane receptor for ferrienterochelin and colicins	5.0	5.0 b2155	
EICMKPFN_01803	phosphate starvation-inducible protein	3.9	EICMKPFN_01803	
EICMKPFN_02077	hypothetical protein	4.2	EICMKPFN_02077	
EICMKPFN_02251	Glyceraldehyde-3-phosphate dehydrogenase	4.7	EICMKPFN_02251	
EICMKPFN_02252	Glyceraldehyde-3-phosphate dehydrogenase	4.5	EICMKPFN_02252	
EICMKPFN_03110	Colicin I receptor	4.5	EICMKPFN_03110	
entA	2,3-dihydro-2,3-dihydroxybenzoate dehydrogenase	5.4	b0596	
entB	enterobactin synthase component B	5.8	b0595	
entC	isochorismate synthase EntC	4.7	b0593	
entD	enterobactin synthetase component D	5.0	b0583	
entE	2,3-dihydroxybenzoate-AMP ligase	5.1	b0594	
entF	enterobactin synthetase component F	6.9	b0586	
entH	proofreading thioesterase in enterobactin biosynthesis	5.0 b	b0597	
fecA	ferric citrate outer membrane transporter	4.8	b4291	
fecl	RNA polymerase σ^{19} factor	5.2	b4293	
fecR	regulator for <i>fec</i> operon	5.3	b4292	
fepA	ferric enterobactin receptor	5.4	b0584	
fes	Fe ⁺³ -enterobactin esterase	5.3	b0585	
fhuE	outer-membrane receptor for ferric coprogen and ferric-rhodotorulic acid	5.4	b1102	
fhuF	ferric iron reductase protein	4.6	b4367	
fiu	catecholate siderophore receptor	4.4	b0805	
gabP	4-aminobutyrate:H(+) symporter	4.7	b2663	
gadA	glutamate decarboxylase A	5.1	b3517	
gadB	glutamate decarboxylase B	5.2	b1493	
gadC	L-glutamate:4-aminobutyrate antiporter	5.4	b1492	
gcd	quinoprotein glucose dehydrogenase	4.2	b0124	
hchA	D-lactate dehydratase	4.5	b1967	
mntH	manganese transport protein	5.6	b2392	
nrdE	ribonucleoside-diphosphate reductase 2 subunit alpha	6.1	b2675	
nrdF	ribonucleoside-diphosphate reductase 2 subunit beta	6.8	b2676	
nrdH	glutaredoxin-like protein	6.3	b2673	
nrdl	protein involved in ribonucleotide reduction	5.9	b2674	

phoH	phosphate starvation-inducible protein	4.1	b1020
sufC	Fe-S cluster assembly ATP-binding protein	4.0	b1682
sufD	Fe-S cluster assembly protein	4.1	b1681
sufE	cysteine desulfuration protein	3.8	b1679
sufS	selenocysteine lyase	4.1	b1680
tyrA	chorismate mutase	3.7	b2600
ybdZ	enterobactin biosynthesis protein	6.1	b4511
ybgS	uncharacterized protein	4.3	b0753
ybiX	PKHD-type hydroxylase	3.7	b0804
yciG	uncharacterized protein	4.5	b1259
yddM	putative DNA-binding transcriptional regulator	4.6	b1477
ydiE	uncharacterized protein	4.2	b1705
yjjZ	uncharacterized protein	7.3	b4567
yncE	PQQ-like domain-containing protein	5.0	b1452
yohC	putative inner membrane protein	3.7	b2135

^aFC, fold change.

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Table 2: List of Strains and Plasmids			
Strain	Genotype/Description	Reference/Source	
HM7	Wild-type cystitis causing uropathogenic <i>E.</i> <i>coli</i> strain, isolated from a healthy young woman in 2012	(28)	
∆entB	HM7 <i>entB</i> ::kan, Kan ^r	This study	
∆fecA	HM7 <i>fecA</i> ::cam, Cam ^r	This study	
$\Delta fecA/\Delta entB$	HM7 <i>fecA</i> ::cam/ <i>entB</i> ::kan, Cam ^r , Kan ^r	This study	
Plasmid	Description	Reference/Source	
pGEN eV	Low copy number, promoterless plasmid, Spec ^r	This study	
pBAD eV	pBAD- <i>Myc</i> /His A, low copy number, arabinose inducible plasmid, Amp ^r	Thermo-Fisher	
pGEN <i>entB</i>	entB with native promoter, cloned from HM7 via Gibson assembly, Spec ^r	This study	
pBAD fecABCDE	<i>fec</i> operon (<i>fecABCDE</i>) cloned from HM7 inserted into MCS via Gibson assembly, Amp ^r	This study	
pGEX-4T-3 LCN	Human Lipocalin-2 glutathione S-transferase (GST) fusion protein, Amp ^r	(53)	

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Table 5. 1 Timers used in Study				
Gene or Plasmid	Forward Primer	Reverse Primer		
entB ^a	ATTCCAAAATTACAGGCTTACGC ACTGCCGGAGTCGTGTAGGCTG GAGCTGCTTC	CACCTCGCGGGAGAGTAGCTT CCACCAGGCGTCGA TTAGCCATGGTCC		
fecA ^a	GATGATGGGGAAGGTATGACGC CGTTACGCGTTTTTCGTAAAACA ACACCGTGTAGGCTGGAGCTGC TTC	CCGGGCGTTAACACATCAGAA CTTCAACGACCCCTGCATATAC AGCGTGCATGGGAATTAGCCA TGGTCC		
P _{native} entB ^b	CGGTACCAAGCTTCATATGCACA AATCAGCTTCCTGTTATTAATAAG	GAATAGCCATATCATCCTCCAC AAAATG		
entB ^b	GGAGGATGATATGGCTATTCCAA AATTACAGG	TTCCTGCAGGGCATGCCCCGT TATTTCACCTCGCGGGAG		
fecABCDE ^b	GAGATCTGCAGCTGGTACCAAT GACGCCGTTACGCGTTTTTCG	CCAAGCTTCGAATTCCCATACC TCATTAGGCACATCGGCCTGCS		
pGEN ^b	CGGGGCATGCCCTGCAGG	GCATATGAAGCTTGGTACCGG GATCCGC		
pBAD ^b	TATGGGAATTCGAAGCTTGGGC CCG	TGGTACCAGCTGCAGATCTCG AGC		
fecA ^c	CGGAAGGGCCGATCATAAA	TACCTGGAGCAAGGCAAAC		
entF ^c	TTCCAGAAACCACGCTGAG	CCCGATAGCTGAACTGGTAAC		
gapA ^c	CGACCTGTTAGACGCTGATTAC	CGATCAGATGACCGTCTTTCAC		

Table 3: Primers used in study

400

⁴⁰¹ ^aUsed for lambda red mutagenesis; ^bused for Gibson assembly; ^cused for qRT-PCR. Primers

402 are listed in 5' to 3', underlined sequences for mutant construction indicate regions homologous403 to gene of interest.

403 to gene of Int

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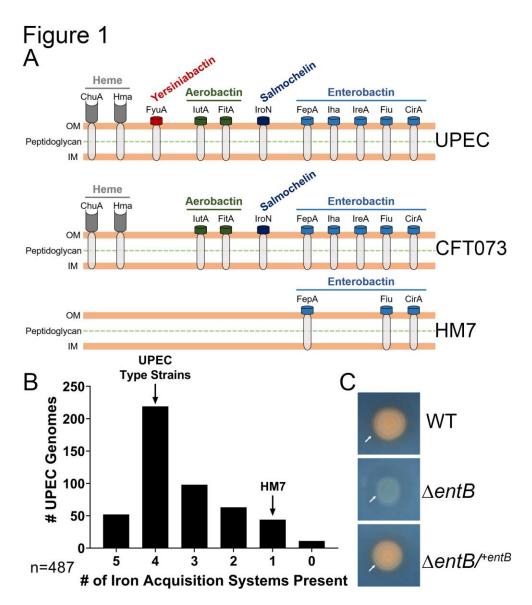
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Figure 1: Clinical UPEC isolate HM7 encodes a single iron acquisition system. (A) Models 567 568 of siderophores, siderophore uptake receptors and heme receptors in UPEC. "UPEC" indicates all known systems that have been found in UPEC while "CFT073" and "HM7" illustrate the 569 570 systems in each of these indicated strains. (B) The number of iron acquisition systems present 571 in cohort of 487 UPEC strains on the bioinformatics resource PATRIC. The five systems are composed of heme uptake (ChuA or Hma), and four siderophores (enterobactin, salmochelin, 572 573 aerobactin and versiniabactin). Presence was determined by at $\geq 80\%$ protein identity and 574 coverage of select genes for each system: heme uptake (*chuA* or *hma*), enterobactin (*entB*), 575 salmochelin (iroB), aerobactin (iucA), and versiniabactin (irp1). Genes selected for siderophores are all involved in biosynthesis. 11% of strains have five systems, 45% of strains have four, 20% 576 577 of strains have three, 13% of strains have two, 9% of strains have one, and 2% appear to have 578 none. (C) Siderophore production assayed through growth on CAS agar. 5 uL of an overnight 579 LB culture were spotted on CAS agar and grown overnight at 37°C. A change from blue to 580 orange indicates siderophore activity. White arrow indicates the colony in all three strains, and 581 the orange halo in WT and complemented strain is due to diffusion of secreted siderophore.

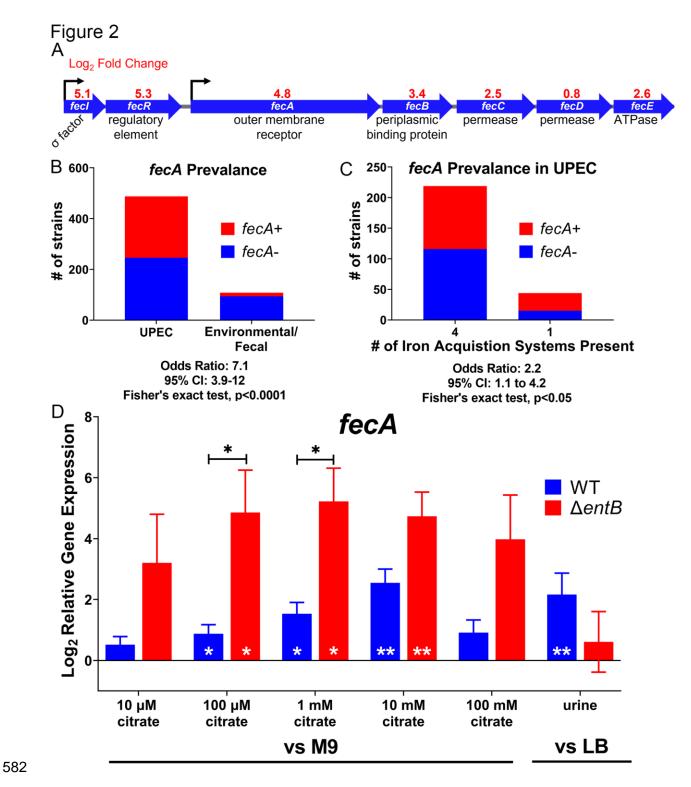


Figure 2: Ferric citrate uptake is a potential iron acquisition system in UPEC. (A) RNAseq
revealed the ferric citrate uptake system (*fecABCDE* and *fecIR*) is upregulated in WT HM7
under iron limitation (M9 supplemented with 36μM FeCl₃ versus M9 with 150 μM 2,2 dipyridyl).
(B) *fecA* is enriched in UPEC strains compared to *E. coli* fecal or environmental isolates. 487
UPEC strains and 107 fecal or environmental strains were analyzed; presence of *fecA* was

588 determined by \geq 80% protein identity and coverage. (C) *fecA* is enriched in UPEC strains with a single traditional iron acquisition system ("HM7-like"), compared to strains with four traditional 589 590 iron acquisition systems. (D) Gene expression of fecA in HM7 in either M9 medium with 0.4% 591 glucose supplemented with increasing amounts of citrate, or in pooled human urine. Gene 592 expression was assayed through qRT-PCR. Bars are the average of five (WT) and four ($\Delta entB$) 593 biological replicates, bars are mean, error bars are ±SEM. Black asterisks compare gene expression between WT and the $\Delta entB$ mutant using mixed-effects analysis with Sidak's 594 multiple test correction, * p<0.05. White asterisks indicate significant upregulation, determined 595 596 by one sample t-test, * p<0.05, ** p<0.005.

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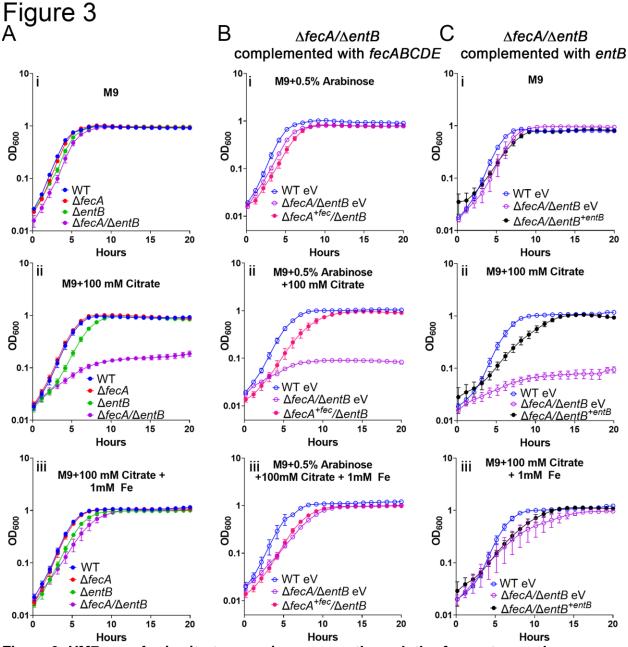
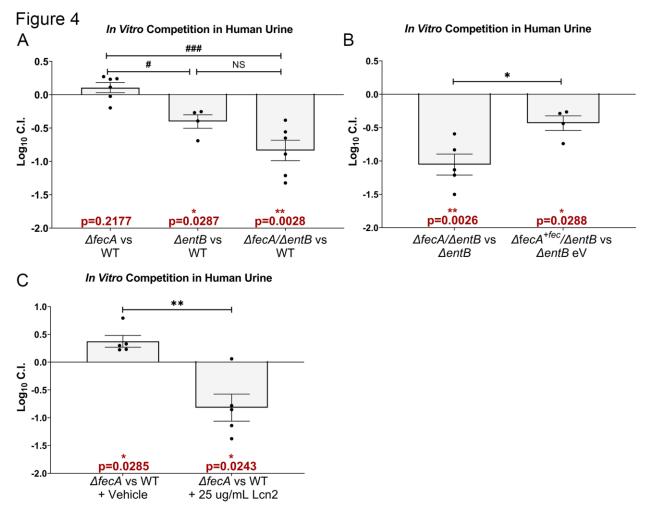




Figure 3: HM7 uses ferric citrate as an iron source through the fec system and

600 enterobactin. Growth in M9 medium (i), M9 medium supplemented with 100 mM citrate (ii), and M9 medium supplemented with both 100 mM citrate and 1 mM FeCl₃ (iii) of (A) WT HM7, 601 602 single mutants $\Delta fecA$, $\Delta entB$ and double mutant $\Delta fecA/\Delta entB$, (B) WT HM7 expressing empty 603 pBAD vector (WT eV), and $\Delta fecA/\Delta entB$ expressing empty pBAD vector ($\Delta fecA/\Delta entB$ eV), and $\Delta fecA/\Delta entB$ complemented with fecABCDE ($\Delta fecA^{+fec}/\Delta entB$). All media in these conditions 604 are supplemented with 0.5% arabinose to induce expression. (C) WT HM7 expressing empty 605 606 pGEN vector (WT eV), and $\Delta fecA/\Delta entB$ expressing empty pGEN vector ($\Delta fecA/\Delta entB$ eV), and $\Delta fecA/\Delta entB$ complemented with entB under control of its native promoter ($\Delta fecA/\Delta entB^{+entB}$). 607 608 0.4% glucose was used as the sole carbon source in all conditions. Growth curves show 609 averages of three to five biological replicates, error bars are SEM.

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612 Figure 4: Ferric citrate uptake is an *in vitro* fitness factor in the absence of enterobactin.

613 *In vitro* fitness of strains or conditions were determined in *ex vivo* pooled human urine. All

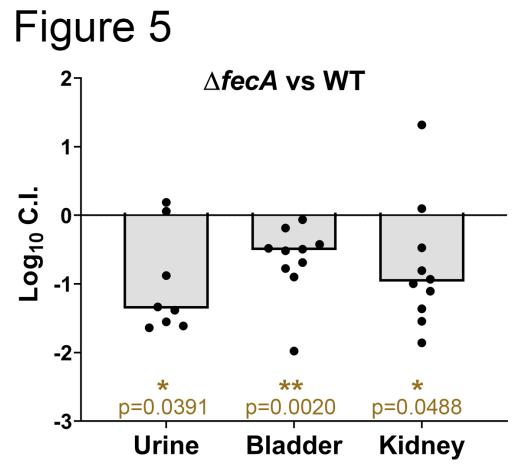
614 strains were inoculated in a 1:1 ratio and grown for 24 hours at 37°C with aeration and their

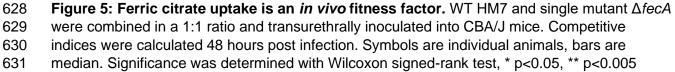
 \log_{10} competitive index (C.I.) determined. A \log_{10} C.I. <0 indicates the first listed strain was

616 outcompeted by the second. (A) Indicated strains were competed. (B) The $\Delta entB$ mutant

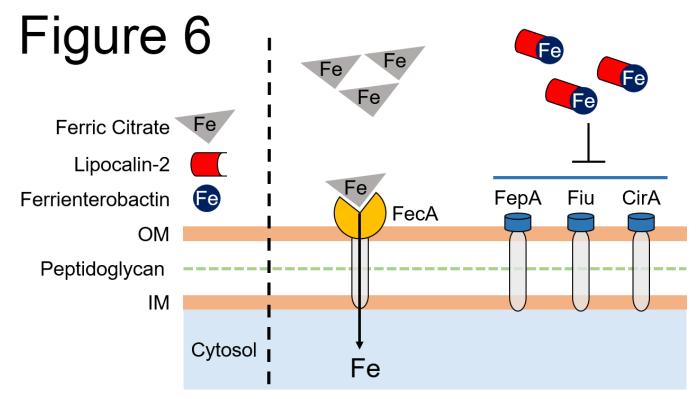
- 617 expressing an empty vector ($\Delta entB \, eV$) and the $\Delta fecA/\Delta entB$ double mutant with the fec operon
- 618 complemented in *trans* ($\Delta fecA + fec/\Delta entB$) were competed in urine supplemented with 0.5%

619 arabinose and ampicillin (100 μ g/mL). (C) WT HM7 was competed with $\Delta fecA$ and the urine was 620 supplemented with either recombinant human lipocalin (Lcn2) or an equal volume of vehicle 621 (25% glycerol). Red asterisks (*) indicate a significant competitive disadvantage, determined by 622 one sample t-test, * p<0.05, ** p<0.005. Hashtags (#) compare log₁₀ C.I. between indicated 623 strains using ordinary one-way ANOVA with Sidak's multiple test correction, # p<0.05, ### 624 p<0.001. Black asterisks (*) compare log₁₀ CI between indicated strains or conditions using unpaired t test, * p<0.05, ** p<0.005. Bars indicate mean, error bars are ±SEM, each dot 625 626 represents an independent experiment.





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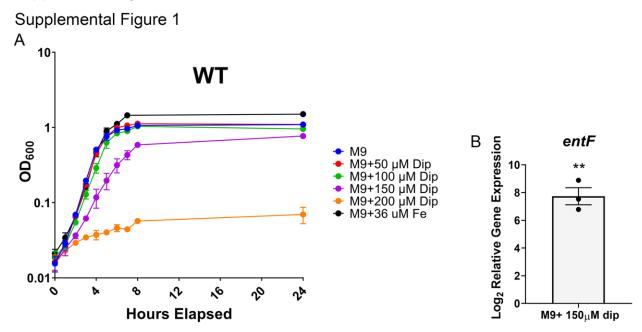


634 Figure 6: Model of UPEC utilization of ferric citrate.

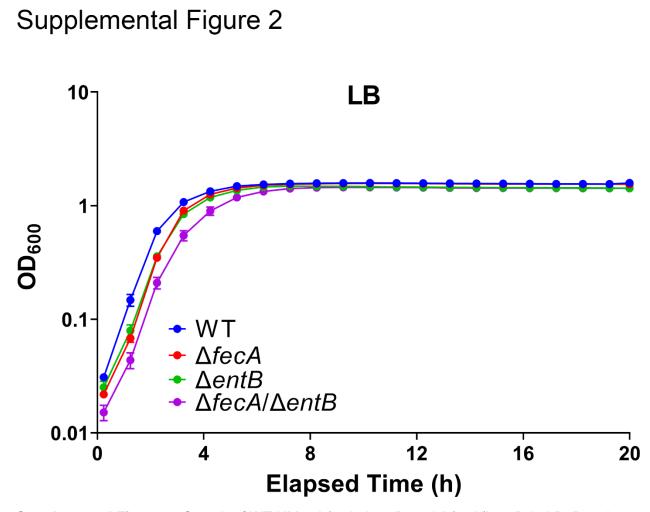
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636 Supplemental Figures

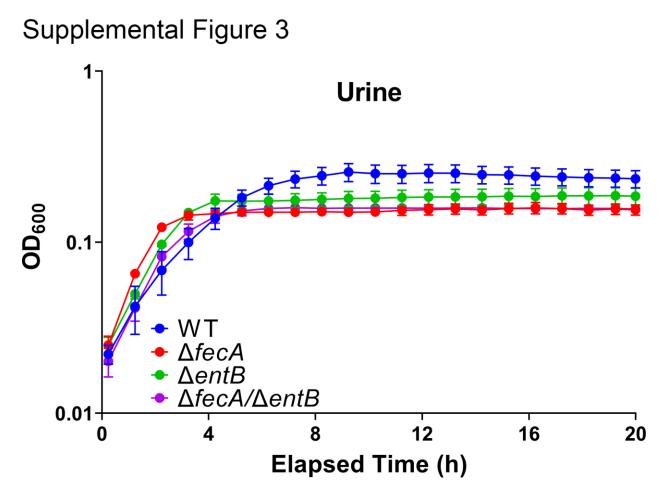
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638 Supplemental Figure 1. (A) Growth of WT HM7 in M9 medium with 0.4% glucose as the sole carbon source (M9), as well as supplemented with 36 µM FeCl₃ or increasing amounts of the 639 640 iron chelator 2.2'-dipyridyl (Dip). WT HM7 was cultured overnight in M9, and then subcultured 1:100 into 3 mL medium in culture tubes and grown at 37°C with aeration. OD₆₀₀ was measured 641 642 on a plate reader for eight hours, taking a reading every hour, and then another reading was 643 taken at 24 hours. Results are an average of three to four biological replicates, error bars 644 represent ±SEM. (B) Gene expression of *entF* in WT HM7 in M9 medium supplemented with 645 150 µM Dip compared to M9 supplemented with 36 µM FeCl₃. Gene expression was assayed 646 through qRT-PCR. Bars are the average of three biological replicates, dots are the values from 647 each biological replicate and error bars are ±SEM, and asterisks indicate significant 648 upregulation, determined by one sample t-test, ** p<0.01.



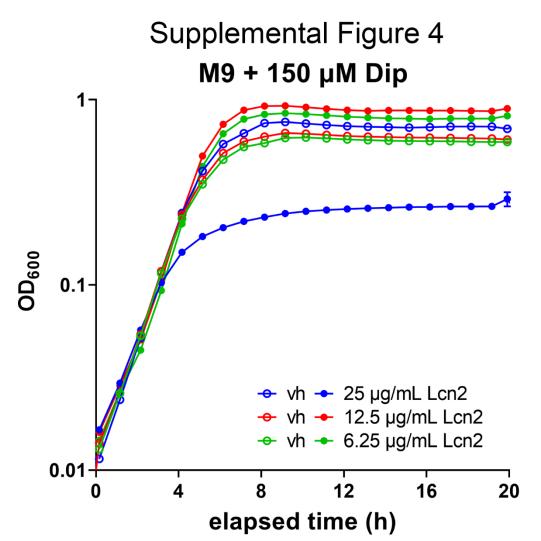
650 **Supplemental Figure 2.** Growth of WT HM7, $\Delta fecA$, $\Delta entB$, and $\Delta fecA/\Delta entB$, in LB. Results 651 are an average of four to five biological replicates, bars represent ±SEM.



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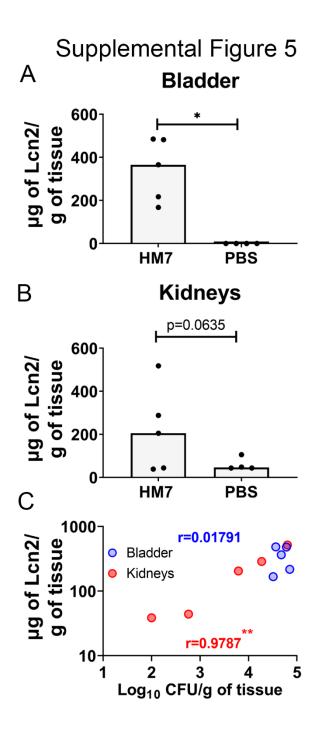
653 **Supplemental Figure 3.** Growth of WT HM7, $\Delta fecA$, $\Delta entB$, and $\Delta fecA/\Delta entB$ in *ex vivo* urine

pooled from healthy female volunteers. Results are an average of four to five biological
 replicates, bars represent ±SEM.

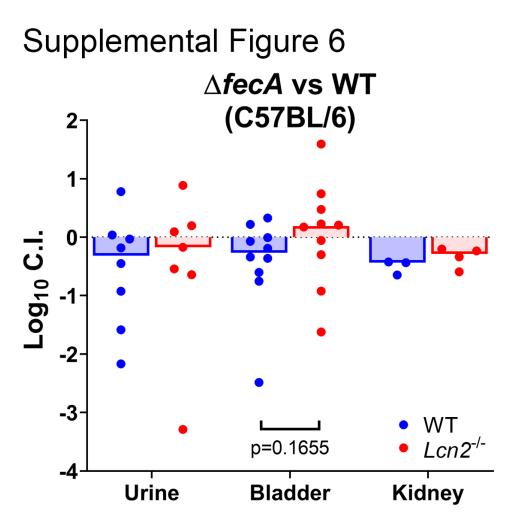


Supplemental Figure 4. Growth of WT HM7 supplemented with recombinant human lipocalin (Lcn2). WT HM7 was grown in an iron starved state (M9 medium supplemented with 150 μ M Dip) with increasing amounts of Lcn2. An equal volume of the vehicle (vh, 25% glycerol) for each amount was added as a control. Results are an average of two biological replicates, bars represent ±SEM.

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Supplemental Figure 5. Quantification of lipocalin (Lcn2) production during murine infection. CBA/J mice were infected either with WT HM7 or mock infected with PBS. Lcn2 levels were quantified via ELISA in the (A) bladder and (B) kidneys. (C) Lcn2 levels were plotted against CFU burden of mice infected with HM7. Pearson correlation coefficient (r) for bladder is displayed in blue, and for kidneys is displayed in red. Dots indicate individual mice, bars are median. Significance was determined via Mann-Whitney test, * p<0.05.



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701 Supplemental Figure 6. WT HM7 competed with Δ*fecA* in WT C57BL/6 mice (WT) and

702 lipocalin null (*Lcn2^{-/-}*) mice. Competitive indices were calculated 48 hours post infection.

Historically, C57BL/6 mice have poor kidney colonization; only 3/10 WT mice and 4/10 Lcn2^{-/-}

mice had detectable CFU in the kidney. Dots are individual animals, bars are median. Log₁₀Cls
 were compared using Mann-Whitney test.

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