E-cadherin mediated Apical Membrane Initiation Site localisation

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Abstract

Individual cells within *de novo* polarising tubes and cavities must integrate their forming apical domains into a

centralised apical membrane initiation site (AMIS). This is necessary to enable organised lumen formation

within multi-cellular tissue. Despite the well documented importance of cell division in localising the AMIS, we

have found a division-independent mechanism of AMIS localisation that relies instead on Cadherin-mediated

cell-cell adhesion. Our study of *de novo* polarising mouse embryonic stem cells (mESCs) cultured in 3D

suggest that cell-cell adhesion localises apical proteins such as PAR-6 to a centralised AMIS. Unexpectedly,

we also found that mESC cell clusters lacking functional E-cadherin still formed a lumen-like cavity in the

absence of AMIS localisation but did so at a later stage of development via a 'closure' mechanism, instead of

via hollowing. This work suggests that there are two, interrelated mechanisms of apical polarity localisation:

cell adhesion and cell division. Alignment of these mechanisms in space allows for redundancy in the system

and ensures the development of a coherent epithelial structure within a growing organ.

Keywords: AMIS/Cadherin/apical-basal polarity/epithelial tube/*de novo* polarisation

Introduction

Most organs in the body arise from tubes or cavities made from polarised epithelial cells. These cells have a

strict apico-basal orientation; they align their apical ends along a centrally located lumen. Some tubes, such

as the anterior neural tube in amniotes, arise via folding and closure of an already polarised epithelial tissue,

through mechanisms such as actomyosin-mediated apical constriction (Nikolopoulou *et al*, 2017). However,

many tubes and cavities, such as the posterior neural tube, mammary acini, kidney tubules and mammalian

epiblast arise via apical-basal polarisation within the centre of an initially solid tissue. The mechanisms by

which such '*de novo*' polarisation is coordinated within dynamically growing tissue has been the focus of a

significant body of research from several different models and have relevance both for understanding

polarity-associated diseases and for directing organ bioengineering approaches.

Although the exact mechanisms are still under debate and may differ in different epithelia (Buckley &

Johnston, 2022), Laminin, Integrin β1 and RAC1 signalling from the extra cellular matrix (ECM) is now well

established to be necessary for directing the overall apico-basal axis of polarisation of internally polarising

tubes (Akhtar & Streuli, 2013; Bedzhov & Zernicka-Goetz, 2014; Buckley *et al*, 2013; Molè *et al*, 2021;

Bryant *et al*, 2014; Yu *et al*, 2004). What is less clear is how the precise localisation of the apical membrane

initiation site (AMIS) is directed at the single cell level and how this is coordinated between neighbouring

cells. The AMIS is a transient structure, marked by the scaffolding protein Partitioning-defective-3 (PAR-3)

and tight junctional components such as Zonula occludens-1 (ZO-1), that defines where apically targeted

proteins will fuse with the membrane, therefore determining where the lumen will arise (Bryant *et al*, 2010;

Blasky *et al*, 2015). It is important that the subcellular localisation of the AMIS is coordinated between cells

during morphogenesis to enable organised lumen formation.

The current literature suggests that cell division plays an important role in AMIS localisation. In particular, the

post-mitotic midbody has been shown to anchor apically directed proteins (Wang *et al*, 2014; Li *et al*, 2014;

Rathbun *et al*, 2020; Luján *et al*, 2016; Schlüter *et al*, 2009). However, studies within the zebrafish neural rod

showed that, whilst misorientation of cell division results in disruption of the apical plane at a tissue level,

these phenotypes can be rescued by inhibiting cell division (Tawk *et al*, 2007; Zigman *et al*, 2011; Quesada-

Hernandez *et al*, 2010; Ciruna *et al*, 2006). We also previously demonstrated that individual zebrafish

neuroepithelial cells were able to recognise the future midline of the neural primordium and organise their

intracellular structure around this location in advance and independently of cell division. This resulted in the

initiation of an apical surface at whichever point the cells intersect the middle of the developing tissue, even if

this is part way along a cell length (Buckley *et al*, 2013). This suggests that, while cell division is undoubtably

a dominant mechanism, there must be another overlying mechanism driving AMIS localisation during *de*

novo polarisation. The earliest indication of midline positioning in the zebrafish neural rod was the central

accumulation of the junctional scaffolding protein Pard3 (PAR-3) and the adhesion protein N-cadherin

(Buckley *et al*, 2013; Symonds *et al*, 2020). This led us to hypothesise that cell-cell adhesions could direct

the site for AMIS localisation during *de novo* polarisation. In line with this hypothesis, β-catenin mediated

maturation of N-cadherin was found to be necessary for the recruitment of the PAR apical complex protein

atypical protein kinase C (aPKC) in the chick neural tube (Herrera *et al*, 2021). Opposing localisations of

ECM and Cadherin proteins were also found to be sufficient to specify the apical-basal axis of hepatocytes in

culture (Zhang *et al*, 2020).

To test the role of cell-cell adhesions in AMIS localisation, we turned to mouse embryo stem cell (mESC)

culture in Matrigel, which has been used as an *in vitro* model for the *de novo* polarisation of the mouse

epiblast (Bedzhov & Zernicka-Goetz, 2014; Shahbazi *et al*, 2017; Molè *et al*, 2021; Kim *et al*, 2021). This

allowed us to study the initiation of apico-basal polarity of embryonic cells alongside the first cell-cell contacts

between isolated cells and small cell clusters. It also allowed us to determine within a mammalian model

whether division-independent polarisation is a conserved feature of *de novo* polarising structures. Unlike

vertebrate epithelial cell culture models such as Madin-Darby canine kidney (MDCK) cells, which initiate

lumenogenesis as early as the 2-cell stage when cultured in Matrigel (Bryant *et al*, 2010; Blasky *et al*, 2015),

mESC cells in Matrigel only form lumens at the multicellular stage after 48-72 hours in culture, coinciding

with an exit in pluripotency (Bedzhov & Zernicka-Goetz, 2014; Shahbazi *et al*, 2017). This results in a

relatively clear separation of the stages of *de novo* polarisation (Fig 1A). Previous literature suggests that the
AMIS is formed at the 2-cell stage, around 24-36 hours after culture in Matrigel, as denoted by membrane-
localised PAR-3 and ZO-1 and sub-apical localisation of apical proteins such as Podocalyxin (PODYXL)
(Shahbazi *et al*, 2017). The pre-apical patch (PAP) stage is formed after 36-48 hours in culture, as denoted
by the fusion of apical proteins such as PODXYL, PAR-6 and aPKC to the apical membrane and the
displacement of junctional proteins PAR-3, ZO-1 and E-cadherin to the apico-lateral junctions (Shahbazi *et
al*, 2017; Kim *et al*, 2021), following which lumenogenesis is initiated after 48-72 hours in culture.
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93   To determine the role of cell division and of cell adhesion in mESC AMIS localisation, we analysed mESC
94   cells cultured in Matrigel at the AMIS stage with and without cell division in wild type and E-cadherin knock
95   out cell lines. We then further analysed polarisation and lumenogenesis in the absence of E-cadherin. Our
96   results suggest that there is a division-independent mechanism of AMIS localisation that relies instead on E-
97   cadherin mediated cell-cell adhesions.
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99   **Results**
100
Cell division is dispensable for AMIS localisation
First, we tested whether cell division was necessary for AMIS localisation in mESC rosettes. We cultured
naïve, unpolarized mESCs (ES-E14 cells) in 2D on gelatin with 2i/LIF and then treated them with mitomycin
C to block cell division. We then isolated single cells and seeded them into Matrigel without 2i/LIF, in N2B27
differentiation medium (Fig 1B). Cell divisions were efficiently blocked during the first 24 hours post seeding,
during which time individual cells contacted each other and formed cell clusters in the absence of cell
division (Movie EV1, Fig EV1A,B).
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To assess AMIS localisation, we carried out immunofluorescence (IF) for PAR-3 and ZO-1 at 24hrs post
seeding. As previously published (Shahbazi *et al*, 2017), in addition to several puncta at the cell peripheries,
both PAR-3 and ZO-1 localised to the membrane at the centre of control cell-cell contacts, marking the AMIS
in the majority of cell clusters (Fig 1Ci,Hi). Interestingly, division-blocked cells also localized PAR-3 and ZO-1
to the central membrane (Fig 1Cii,Hii, quantified in Fig 1D-G & I). In both control and division-blocked cell
clusters, there was a small proportion that had not yet fully localised the AMIS at the 24-hour stage (Fig
1D,I), where PAR-3 was either not localised (Fig S1A) or was only weakly present at cell-cell interfaces (Fig
S1B). E-cadherin was upregulated along the whole length of the cell-cell interfaces in both dividing and non-
dividing cell clusters, with a higher level of E-cadherin at the cell-cell interface relative to the cell-matrix
interface (Fig 1C, EV1C). To quantify the subcellular localization of PAR-3 in each cell cluster, we carried out
intensity profiles across the cell-cell interface of 2-cell doublets (Fig 1Ea, F) and calculated the ratio between
centralised and surrounding non-centralised PAR-3 in multi-cellular clusters (Fig 1Eb, G). This confirmed that
PAR-3 localised to a small central area at the cell-cell interface in both control and division-blocked 2-cell
doublets and multi-cellular clusters. Golgi apparatus and centrosomes were also localised to the centre of
cell-cell contacts both in dividing and non-dividing conditions (Fig 1H-K), confirming that mESCs were
polarised in the absence of cell division. mESC clusters also centrally localised PAR-3, ZO-1 and polarised
the Golgi apparatus when cell division was blocked using an alternative compound, aphidicolin (Fig EV1D-
H).

Together, these results demonstrate that cell division is dispensable for *de novo* AMIS localisation in

polarizing mESCs.

Cell-cell contact directs PAR-6 localisation

To understand the dynamics of apical protein polarisation in the absence of cell division, we generated a

mESC stable cell line expressing mCherry-PAR-6B and imaged cells live. In line with previous

characterisation of PAR-6 by IF (Shahbazi *et al*, 2017; Kim *et al*, 2021) in control dividing cells, mCherry-

PAR-6B localised to the apical membrane by the PAP stage at 48 hours and to the luminal apical membrane

from 72 hours (Fig 2A and S2B). In addition, the transgene allowed us to better visualize PAR-6B puncta at

earlier 24h AMIS stages of development. At this stage, mCherry-PAR-6B was localized sub-apically,

polarized to towards the central region of cell-cell contact (Fig 2A and S2B). Some mCherry-PAR-6B puncta

appeared to be associated with the Golgi network. However, a large proportion of mCherry-PAR-6B was in

the cytoplasm sub-apically (Fig S2C), suggesting that PAR-6B puncta were in the process of being delivered

to the apical membrane at 24 hours. A similar polarised distribution of PAR-6B was observed in both control

and division-blocked cells (Fig 2B,C, S2C), demonstrating that cell division is dispensable for apical protein

polarisation.

We next assessed the dynamics of PAR-6B polarisation. In both control and division-blocked cells, non-

cortical mCherry-PAR-6B puncta were visible at the single cell stage. In control cells, these puncta

relocalised to the abscission plane, following cell division (Fig 2D, S2D, Movie EV2). In division-blocked

cells, PAR-6B puncta dynamically relocalised to newly forming cell-cell contacts, eventually forming cell-cell

clusters with centrally localised PAR-6B (Fig 2D, S2E, Movie EV2).

These results suggest that cell-cell contact directs PAR-6B localisation at the central AMIS, independent of

cell division.

E-cadherin adhesions are necessary for AMIS localisation

The above results suggest that there is a division-independent mechanism of AMIS localisation that relies

instead on cell-cell adhesions. Since E-cadherin is the predominant adhesion molecule in non-neural

epithelia, we hypothesised that it might be important in AMIS localisation. To achieve a full removal of E-

cadherin, we employed an *E-cadherin* knock-out (*Cdh1* KO) mESC line (Larue *et al*, 1996).

To assess AMIS localisation, we again carried out IF for PAR-3 and ZO-1 at 24hrs post seeding. As seen

earlier (Fig 1), both PAR-3 and ZO-1 localised to the central region of cell-cell contact within wild-type (W4

cells) doublets/clusters with and without division. However, PAR-3 and ZO-1 localisation was strongly

inhibited in the absence of E-cadherin (Fig 3A-D & G,H). RNAi knock-down (KD) of E-cadherin in ES-E14

mESCs showed similar results to the *Cdh1* KO mESCs: PAR-3 at the central region of E-cadherin KD two-

cell clusters was significantly reduced (Fig S3B-D).

To investigate AMIS localisation at a single cell level, we co-cultured division-blocked wild type (ES-E14) and

Cdh1 KO cells and analysed division-blocked chimeric mESC doublets, comprising one control and one

Cdh1 KO cell. Whilst homogenous control doublets localised PAR-3 to the central region of the cell-cell

interface, heterogeneous chimeric doublets did not localise PAR-3 centrally (Fig 3E,F). The same result was

seen in E-cadherin RNAi chimeric doublets (Fig S3Bb). Golgi and centrosome localisation towards the cell-

cell interface suggested that the overall axis of polarity was maintained, even in the absence of both cell

division and E-cadherin (Fig 3G-I & S3D). These results demonstrated that E-cadherin is necessary for AMIS

localisation.

Since E-cadherin is localised along the whole cell-cell interface but PAR-3 and ZO-1 localise at central cell-

cell interfaces, we next used fluorescence recovery after photobleaching (FRAP) to compare the stability of

E-cadherin protein at central and side regions in 2-cell mESC clusters (Fig EV2C). E-cadherin

immunofluorescence (Fig EV2A, B) and E-cadherin-eGFP (Fig EV2D) levels were the same at these two

regions. However, FRAP of E-cadherin-eGFP showed that the mobile fraction of E-cadherin-eGFP was

lower in the central region than the side regions (Fig 3J, K). Therefore, E-cadherin junctions are more stable

at the centre-most region of the cell-cell interface, which may provide at least a partial explanation for why

AMIS localisation occurs precisely at this region.

It has previously been demonstrated that a reduction in E-cadherin can slow pluripotency exit (Soncin *et al*,

2009). However, pluripotency exit was previously shown not to alter AMIS formation (Shahbazi *et al*, 2017).

In support of these results, we also found that cells maintained in the pluripotent state when cultured in

Feeder cell medium provided with 2i/LIF still localised the AMIS, with and without cell division (Fig EV3A-C).

However, in line with our results showing lack of AMIS localisation in *Cdh1* KO cells cultured in the absence

of 2i/LIF (Fig 3), cells cultured in the presence of 2i/LIF also could not localise an AMIS in the absence of E-

cadherin (Fig EV3A-C). Despite this result, we wanted to check whether the stage of pluripotency exit

differed between WT and *Cdh1* KO cells in our experiments since this might indicate a different speed of

maturation. We therefore carried out IF for Orthodenticle Homeobox 2 (OTX2) protein, which is necessary for

pluripotency exit, and the pluripotency marker protein Nanog. Although, as expected, the overall level of

nuclear OTX2 increased and Nanog decreased over the 24-hour course of development, we found no

significant difference in post-mitotic levels of OTX2 and Nanog between WT and *Cdh1* KO cells (Fig EV3D).

This result suggests that there was no difference in the stage of pluripotency exit in the cell clusters that we

analysed during this study, and this is therefore unlikely to play a role in the lack of AMIS localisation seen in

Cdh1 KO cells.

These results demonstrate that E-cadherin adhesions between cells are necessary for AMIS localisation but

not for the overall axis of polarity. They also demonstrate that ECM in the absence of E-cadherin is

insufficient for AMIS localisation.

Adhesion molecules P-cadherin, JAM-A and Nectin-2 are not necessary for AMIS localisation

E-cadherin is not the only form of adhesion molecule that is expressed at cell-cell contacts. A complex

network of interactions between the PAR-complex, adhesion molecules, MAGUK scaffolding proteins and

the actin cytoskeleton is responsible for building cell-cell junctions (Buckley & Johnston, 2022). Of relevance

to this study, PAR-3 has been found to directly bind to transmembrane Junctional Adhesion Molecules

(JAMs) and Nectin proteins in mammals (Ebnet *et al*, 2001; Takekuni *et al*, 2003; Itoh *et al*, 2001). In the

mammalian embryo, JAM-A and Nectin-2 adhesion molecules are expressed between inner cell mass cells

in the mouse blastocyst (Thomas *et al*, 2004). We found that JAM-A and Nectin-2, as well as P-cadherin,

were expressed at cell-cell contacts in 2D cultured mESCs (Fig EV4A).

We therefore carried out IF of 2-cell mESC clusters cultured in Matrigel for 24 hours to determine the

localisation of P-cadherin, JAM-A and Nectin-2 at the AMIS stage. Whilst the majority of 2-cell and 4-cell

clusters formed a polarised PAR-3 centre, P-cadherin was uniformly expressed along cell-cell interfaces (Fig

4A & EV4B). JAM-A was uniformly expressed along cell-cell interfaces at the 2-cell stage (Fig 4D) and

concentrated toward the centre of 4-cell mESC clusters (Fig EV4C). At the 2-cell stage, Nectin-2 was

expressed along the whole cell-cell interface with a sight concentration towards the central regions where

PAR-3 was localised (Fig 4G). At the 4-cell stage, Nectin-2 was concentrated toward the centre of the

clusters (Fig EV4D). These results suggest that PAR-3 localises at the AMIS before JAM-A or Nectin-2.

Next, we used siRNA KD of protein function in dividing and division-blocked cells to test whether P-cadherin,

JAM-A or Nectin-2 proteins were necessary for AMIS localisation. However, following siRNA for each of

these proteins, PAR-3 was still polarised to the centre of cell-cell contacts (Fig 4 and EV4B-D). Compared to

the loss of PAR-3 polarisation upon E-cadherin KO or KD (Fig 3, S3), the results demonstrate that P-

cadherin, JAM-A and Nectin-2 are not necessary for AMIS localisation. Indeed, when the centralised PAR-3

localisation was lost in the the E-cadherin KO mESC 2-cell clusters (Fig 3A-C), P-cadherin, JAM-A and

Nectin-2 were still expressed at the cell-cell interface between the mESCs (Fig EV4E-G). This suggests that

E-cadherin based adhesions might be specifically responsible for mediating AMIS localisation.

E-cadherin adhesions are sufficient to initiate AMIS localisation, independent of ECM signalling and

cell division

As discussed, ECM-mediated signalling plays an important role in orienting the axis of polarisation within *de*

novo polarising systems. Recently, the apico-basal axis of cultured mature hepatocytes was established by a

combination of ECM signalling and immobilised E-cadherin (Zhang *et al*, 2020). However, PAR-3 has also

recently been shown to polarise in mESCs lacking functional Integrin-β1 or cultured in agarose in the

absence of ECM proteins (Molè *et al*, 2021). Our current study shows that the AMIS can localise in the

absence of cell division but not in the absence of E-cadherin. We therefore wanted to explore the relative

roles of ECM, cell division and E-cadherin in AMIS localisation.

We first eliminated the influence of ECM by culturing division-blocked mESCs (ES-E14) in 0.5% agarose and

carried out IF for PAR-3 after 30 hours in culture. These cells were still able to polarise PAR-3, even in the

absence of both cell division and ECM proteins (Fig 5A,B). However, in line with our earlier results (Fig 3),

PAR-3 localisation was strongly inhibited in *Cdh1* KO cells (Fig 5A,B). These results suggest that AMIS

localisation occurs independently of both ECM signalling and of cell division, relying instead on E-cadherin.

To further test the sufficiency of E-cadherin adhesions in initiating AMIS localisation, we cultured individual

division-blocked mESCs (ES-E14) onto either E-cadherin recombinant protein or Fibronectin pre-coated

glass, then topped the cells with N2B27 medium, with or without 20% Matrigel and carried out IF for PAR-3

after 24 hours in culture. Like results from hepatocytes (Zhang *et al*, 2020), cells plated on E-cadherin and

topped with Matrigel localised PAR-3 to the centre of the cell-cadherin interface (Fig 5C-F). However, this
central PAR-3 localisation was significantly reduced when cells were plated on fibronectin (Fig 5C-F).
Interestingly, cells cultured on E-cadherin but in the absence of Matrigel still localised PAR-3 to the centre of
the cell-cadherin interface (Fig 5C-F).
257
258 These results demonstrate that E-cadherin adhesions are both necessary and sufficient for initiating AMIS
259 localisation, while ECM is not necessary or sufficient for AMIS localisation.
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E-cadherin is necessary for hollowing lumenogenesis
We next wanted to test the importance of E-cadherin-mediated AMIS localisation in lumenogenesis. We
therefore cultured WT (ES-E14) and *Cdh1* KO mESCs and fixed them at the AMIS 24-hour stage, PAP 48-
hour stage and lumen 72 and 96-hour stage. We then carried out IF for PAR-3 and ZO-1 to label
AMIS/apical-lateral junctions and PODXYL to label apical proteins. Whilst most WT cell clusters had a
centralised apical domain or small lumen after 48 hours in culture, very few *Cdh1* KO cell clusters had made
a centralised apical domain by the 48-hour PAP stage (Fig 6A-D). In line with our earlier findings at the 24-
hour AMIS stage (Fig 3), this provides further evidence that E-cadherin is necessary for centralised AMIS
localisation. However, we noticed that a small percentage of *Cdh1* KO cell clusters at 48 hours had formed
an open 'cup-shape', with apically localised PODXYL (Fig 6B) and apico-laterally localised junctional PAR-3
(e.g. Fig 6Aiii) and ZO-1 (Fig EV5A). We termed these 'open cavities' (Fig 6C). Surprisingly, by the 72-hour
lumen stage, approximately 75% of *Cdh1* KO cell clusters had formed polarised cavities, approximately 50%
of which were open cavities and 50% were closed (Fig 6D,E). Over the course of 48-96 hours in culture, the
overall percentage of polarised cavities increased (Fig 6D) as did the proportion of these structures that were
'closed' (Fig 6E). This suggested that these cavities might form via gradual 'closure' of the tissue, rather than
via hollowing. Both 'open' and 'closed' cavities were surrounded by polarised Golgi apparatus, demonstrating
that the overall apico-basal axis of cells was in-tact. (Fig EV5B).
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To further assess the morphogenetic mechanism by which cavities form in *Cdh1* KO cells, we generated WT
(ES-E14) and *Cdh1* KO mESC lines labelled with LifeAct-mRuby (Fig S4). We visualised the process of
lumenogenesis within mESCs cultured in Matrigel via live imaging (Fig 6F and Movies EV3, 4). This
confirmed that, whilst the WT cell clusters made a central lumen (8/8 movies on day 2) and then expanded
this already central lumen (8/8 movies on day 3), *cdh1* KO cell clusters first generated an open cup-shape
cavity (3/3 movies on day 2), which then gradually closed, eventually generating a centralised lumen-like
structure without hollowing at a later stage of development (3/3 movies on day 3).
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287 These results demonstrate that, in the absence of E-cadherin mediated AMIS localisation, cell clusters do
288 not hollow but instead generate lumen-like cavities via a closure mechanism (Fig 7). Our results also
289 demonstrate that E-cadherin and centralised AMIS localisation are not required for apical membrane
290 formation. In the absence of E-cadherin, an apical surface is still formed but this occurs later in development
291 so appears less efficient.
292
293 **Discussion**
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Epithelial cells can polarise *de novo* in the absence of cell division.

Both AMIS associated proteins PAR-3/ZO-1 and apical polarity protein PAR-6B localised similarly in WT and division-blocked mESCs (Figs 1 and 2). This finding supports our previously published zebrafish neuroepithelial cell *in vivo* analysis, which demonstrated the division-independent localisation of Pard3 (PAR-3) and ZO-1 at the neural rod primordial midline (Buckley *et al*, 2013). Together, this demonstrates that although division is an important contributor to AMIS formation, a division-independent mechanism of *de novo* polarisation and AMIS localisation can occur in both *in vivo* and *in vitro* conditions. Whilst disorganised lumen formation can also occur in the absence of division in the zebrafish neural rod (Buckley *et al*, 2013), this was not possible to test within the mESC culture model since mitomycin treated cell clusters did not survive beyond 30 hours in culture.

E-cadherin based cell-cell contacts are necessary and sufficient to initiate AMIS localisation

AMIS localisation in *Cdh1* KO cell clusters is strongly inhibited (Fig 3) and individual mESC cells can localise their AMIS to the central region of the cell-cadherin interface independently from ECM-signalling (Fig 5). Together this demonstrates that formation of E-cadherin-based cell-cell contacts is both necessary and sufficient for initiating AMIS localisation and that ECM is insufficient to direct AMIS localisation in the absence of E-cadherin. Our results therefore suggest that Cadherin-based cell-cell adhesion may provide the spatial cue required for AMIS localisation during *de novo* polarisation. This in turn localises apical proteins such as PAR-6B to a centralised region of cell-cell contact (Fig 2), determining where the lumen will arise.

Whilst we demonstrate that AMIS localisation can occur independently from cell division, the importance of abscission and midbody formation in apical protein targeting has been robustly demonstrated and the molecules involved are now starting to emerge (Schlüter *et al*, 2009; Wang *et al*, 2014; Rathbun *et al*, 2020; Luján *et al*, 2016; Klinkert *et al*, 2016; Mangan *et al*, 2016; Li *et al*, 2014; Wang *et al*, 2021). Rather than acting as the initial symmetry breaking step in AMIS localisation, we suggest that tethering of apically directed proteins to the midbody might instead act to transiently align cell division, cell adhesion and the forming apical domain, therefore enabling an organised structure to be generated in the presence of dynamic cell movement and tissue growth (Buckley & Johnston, 2022). The localisation of scaffolding and tight junction-associated proteins such as PAR-3 and ZO-1 at the AMIS might aid in this alignment. For example, Cingulin is a tight junctional protein that has been shown to bind both to the midbody and to FIP5, which is important for the apical targeting of vesicles containing apical proteins (Mangan *et al*, 2016). During zebrafish neural rod development, cell adhesion and cell division align to allow an organised structure to arise from dynamically reorganising cells (Symonds and Buckley 2020) and loss of N-cadherin results in mis-oriented cell divisions and a disrupted apical domain (Zigman *et al*, 2011). Once apical proteins fuse with the apical membrane, proteins associated with junctions such as Cadherin, PAR-3 and ZO-1 are then cleared from the apical surface and instead form the apical-lateral junctions, as demonstrated in several different epithelial systems (Symonds *et al*, 2020; Morais-de-Sa *et al*, 2010; Kim *et al*, 2021).

Whilst we have demonstrated that E-cadherin directs AMIS localisation, we do not yet have a full explanation for why AMIS proteins localise at the central-most point of cell-cell contact in the absence of divisions, despite E-cadherin localisation all along the cell-cell interface. As mentioned, PAR-3 has been shown to

directly bind to the transmembrane JAMs and Nectin proteins (Ebnet *et al*, 2001; Takekuni *et al*, 2003; Itoh *et*
al, 2001). However, these proteins localised to the AMIS later than PAR-3 and were not necessary for AMIS
localisation (Fig 4). PAR-3 and PAR-6 have been found to be directly recruited to Cadherin proteins within
endothelial cells (Iden *et al*, 2006). Recently, opposing actin flows in migrating cells as they first encounter
each other were found to be responsible for regulating the first AJ deposition via tension-mediated unfolding
of a-catenin and further clustering of surface E-cadherin molecules (Noordstra *et al*, 2021). Together, this
could provide an explanation for how the first contacts between cells could act as an apical 'seed', therefore
defining the position of the AMIS within multicellular tissues. This could therefore explain why we have
previously seen an upregulation of N-cadherin at the zebrafish neural rod midline, where cells growing from
either side of the organ primordium meet (Symonds *et al*, 2020). However, it is still unclear how this might
regulate the subcellular localisation of the AMIS to the centre of cell-cell contacts. Our FRAP results
demonstrate that E-cadherin is relatively more stable at the central-most point of contact between two
adhering cells (Fig 3J, K). This might suggest that E-cadherin is more stably bound via its downstream
partners to the internal actin cytoskeleton at this point, which might help to stabilise or to localise AMIS
proteins. In line with this hypothesis, previous publications have demonstrated an upregulation of
phosphorylated MYOSIN-II (pMLC) at the AMIS (Molè *et al*, 2021), which is suggestive of higher actomyosin-
mediated tension. Uncovering the mechanisms directing adhesion-dependent AMIS localisation precisely to
the midpoint of cell-cell adhesions will be an interesting area for future studies. In addition, a recent study of
chick neural tube polarisation (where N-cadherin is the dominant Cadherin) has demonstrated that the
interaction of β-catenin with pro-N-cadherin in the Golgi apparatus is necessary for the maturation of N-
cadherin, which is in turn important for apical-basal polarity establishment (Herrera et al, 2021). This
provides the possibility that the polarised Golgi apparatus that we observe in the mESC clusters might be
directionally delivering mature E-cadherin to the central-most region of cell-cell contact.
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In the absence of an AMIS, lumens form via 'closure' rather than hollowing
The centralised localisation of an AMIS appears necessary to enable lumen hollowing within multi-cellular
clusters. *Cdh1* KO cells lack AMIS localisation at the 24-hour AMIS stage (Fig 3). However, they still retain
their apico-basal polarity axis (as denoted by Golgi apparatus and centrosome localisation, Fig 3G-I) and
form apico-lateral junctions at luminal stages of development (Fig 6). Therefore, *Cdh1* KO cells do appear to
still make an apical membrane (presumably directed by ECM-mediated signalling) but do so more slowly
than in WT cells and without going through a centralised AMIS stage. This suggests that the role of E-
cadherin in *de novo* polarisation is specifically to localise the AMIS, which enables the integration of
individual cell apical domains to a centralised region preceding lumen hollowing. The lack of a centralised
AMIS in E-cadherin deficient cells could also explain the multiple-lumen (but otherwise polarised)
phenotypes previously seen in E-cadherin deficient MDCK cells cultured on collagen (Jia *et al*, 2011).
Although the other adhesion molecules we have tested (P-cadherin, JAM-A and Nectin-2) did not contribute
to centralised AMIS formation, mESCs cultured in Matrigel and mouse inner cell mass cells only become
fully epithelialised and start to generate the central cavity once they have exited pluripotency and there are
multiple cells in the structures (Kim et al., 2021; Shahbazi et al., 2017). Thus, whilst E-cadherin appears to
be essential for AMIS localisation, other adhesion molecules may be important at later polarisation and
lumenogenesis stages.
378

A surprising observation was the ability of *Cdh1* KO mESC clusters, in the absence of AMIS localisation, to

instead form 'lumen-like' structures via a 'closure' process. Our movies of *Cdh1* KO cell clusters (Movies

EV3 & 4) confirmed conclusions from fixed data (Fig 6) that *Cdh1* KO cell clusters first generate a polarised,

open cup-shape cavity, before 'closing'. Due to phototoxicity, we only had limited sample size and movie

lengths, thus we were not able to fully exclude the possibility that the hollowing lumenogenesis occurs to

some small extent in parallel, but our data is not suggestive of hollowing lumenogenesis in the *Cdh1* KO cell

clusters. We do not currently know the mechanism by which such 'closure' occurs in *Cdh1* KO cell clusters.

However, the presence of F-actin and p-MLC rich cable-like structures in 'cup'-shaped open cavities is

potentially suggestive of a contractile process (Fig EV5). Understanding the relative roles of mechanics in

localisation of the AMIS and in 'opening' vs. 'closing' tubes is an important future research goal, as is the

potential role of cell geometry in mediating such differences. Additionally, collective cell migration could play

a role in this 'closure' mechanism. Collective inwards migration of cells caused lumen formation via a folding

mechanism when MDCK monolayers were overlaid with a soft collagen gel (Ishida *et al*, 2014). A similar

collective process could be occurring in the *Cdh1* KO cell clusters from our study, which were cultured in a

soft (10%) Matrigel and formed loosely connected cell clusters, which then 'closed' to make a centralised

lumen.

In summary, our work suggests that Cadherin-mediated cell-cell adhesion directs AMIS localisation during

de novo polarisation of epithelial tubes and cavities. Our work also suggests that ECM is insufficient to direct

AMIS localisation in the absence of Cadherin. In parallel with the well described role of the midbody in

tethering apical proteins, this suggests that there are two, interrelated mechanisms of AMIS localisation: cell

adhesion and cell division. The alignment of these cellular processes allows for redundancy in the system

and provides an explanation for how an organised epithelial structure can arise within the centre of a

proliferating organ primordium.

Material and Methods

Cell cultures and treatment

mESC carriers were maintained in Feeder Cell medium in Corning cell culture dishes precoated with 0.1%

Gelatin (ES-006-B, Sigma-Aldrich), at 37 □ suppled with 5% CO_2 at one atmospheric pressure. The culture

medium was renewed every three days. The cells were trypsinised when reaching confluency to be

passaged or subjected to experiments. The cells were regularly checked to be mycoplasma-contamination-

free.

For 3D culture of wild-type and E-cadherin knock-out mESCs, 20 µL of Matrigel (356231, Corning, Lot

354230, 354234, 356231) was spread evenly to the bottom of each well in a µ-slide 8 well dish (80821,

Ibidi). The dish was left on ice for 10 minutes to flatten the Matrigel surface, then was left at 37 □ for 10

minutes to solidify the Matrigel. mESCs were trypsinised, pipetted thoroughly and passed through a cell

strainer (431750, Corning) to isolate cells into single cells. Singled mESCs were suspended in the N2B27

medium and seeded onto the solidified Matrigel. The seeded density was: control, 14 cells/mm^2; mitomycin

C treated, 227 cells/mm^2. The cells were left at 37 □ for 15 min when over 95% of the cells attached to the

Matrigel, then the culture medium was renewed to 10% Matrigel/N2B27 medium with or without 2i/LIF.

For control and *Cdh1* KO mESC chimeric cluster cultures, wild-type and *Cdh1* KO mESCs were mixed at 1:4

ratio and co-cultured in 2D in the Feeder Cell Medium. They were then treated with mitomycin C for 2 hours,

trypsinized and seeded for 3D Matrigel culture at 227 cells/mm^2.

For mESC cultured in agarose, 5,000 control or 125,000 mitomycin C treated cells were suspended in a 37

℃ warmed 20 µL 0.5% low melting point agarose (16520, Invitrogen) droplet at the bottom of the µ-slide 8

well dish. The dish was left at room temperature for 5 minutes to solidify and topped with the N2B27

medium. The cells were then cultured at 37 □, 5% CO_2 until analysis.

For cells cultured on E-cadherin and fibronectin coated glass, the µ-slide 8 well dish was incubated with

nitrocellulose/methanal at 37 □ for 3 hours and left to air dry. The dish was then incubated with 40 µg/mL

mouse E-cadherin recombinant protein (8875-EC-050, Bio-Techne) or 40 µg/mL fibronectin (F1141, Sigma-

Aldrich) at 4 □ overnight. The dish was briefly washed with water. Mitomycin C pre-treated ES-E14 cells

were seeded onto the dish at 14 cells/mm^2 in N2B27 medium. The cells were allowed to attach to the glass

at 37 □ for one hour, then the medium was renewed to N2B27 medium with 20% Matrigel. The cells were

fixed 24 hours post Matrigel introduction.

For mitomycin C treatment, the cells were incubated with 10 µg/mL mitomycin C (J63193, Alfa Aesar) in

culture media at 37 □ for two hours. The mitomycin C contained media were removed and the cells were

washed with PBS briefly. Then the mitomycin C treated cells were trypsinised and subjected to further

experiments.

Mouse PAR-6B coding DNA sequence (cDNA, GenBank: BC025147.1) was assembled with mCherry by

Gibson assembly, LifeAct-Ruby cDNA were sub-cloned from an existing pRN3P-LifeAct-Ruby plasmid. The

cDNAs were cloned into pDONR221 plasmid and introduced into the PB-Hyg-Dest plasmid using Gateway

technology (Thermo Fisher Scientific). The PB-Hyg-Dest-mCherry-PAR-6B or the PB-Hyg-Dest-LifeAct-Ruby

plasmid was co-transfected with the piggyBac plasmid using Lipofectamine 3000 to generate Hygromycin B

resistant stable cell lines. The mCherry-PAR-6B or LifeAct-Ruby expressing mESC stable cell line was

created via 10 µg/mL Hygromycin B selection and single cell colonies expansion. Primers used for cloning

are listed below:

Forward: attB1-N-mCherry
5-GGGGACAAGTTTGTACAAAAAAGCAGGCTTCGCCACCATGGTGAGCAAGGG-3
Reverse: C-mCherry-N-PAR6B
5-TGCCGGTGGCCGCGGTTCATCGGATCCCCCGGGCTGCAGGA-3
Forward: C-mCherry-N-PAR6B
5-TCCTGCAGCCCGGGGGATCCGATGAACCGCGGCCACCGGCA-3
Reverse: C-PAR6B-attB2
5-GGGGACCACTTTGTACAAGAAAGCTGGGTCTAGCAGATGATGTCGTCCTCGT-3
Forward: attB1-N-LifeAct
5-GGGGACAAGTTTGTACAAAAAAGCAGGCTTCGAAGGAGATAGAACCATGGGCGTGGCCGACCTGAT-3
Reverse: C-mRuby-attB2
5-GGGGACCACTTTGTACAAGAAAGCTGGGTGTTACCCTCCGCCCAGGCCGG-3

Compositions of cell culture media

Feeder Cell Medium: DMEM (41966, Thermo Fisher Scientific), 15% FBS (ES-009-B, Sigma-Aldrich), penicillin–streptomycin (15140122, Thermo Fisher Scientific), GlutaMAX (35050061, Thermo Fisher Scientific), MEM non-essential amino acids (11140035, Thermo Fisher Scientific), 1 mM sodium pyruvate (11360070, Thermo Fisher Scientific) and 100 µM β-mercaptoethanol (31350-010, Thermo Fisher Scientific). To maintain cells in pluripotency, 2i/LIF (1 mM MEK inhibitor PD0325901, 13034, Cayman Chemical; 3 mM GSK3 inhibitor CHIR99021, 13122, Cayman Chemical; and 10 ng/ml leukemia inhibitory factor, LIF, A35933, Gibco) was added to the Feeder Cell medium to preserve naïve pluripotency. N2B27 Medium: 1:1 mix of DMEM F12 (21331-020, Thermo Fisher Scientific) and neurobasal A (10888-022, Thermo Fisher Scientific) supplemented with 2% v/v B27 (10889-038, Thermo Fisher Scientific), 0.2% v/v N2 (17502048, Gibco), 100 µM β-mercaptoethanol (31350-010, Thermo Fisher Scientific), penicillin–streptomycin (15140122, Thermo Fisher Scientific) and GlutaMAX (35050061, Thermo Fisher Scientific).

Cell line list

Name	Description	Animal strains	Source	RRID	Reference
ES-E14	Wildtype mouse embryonic stem cells	129P2/Ola mice	Cambridge Stem Cell Institute	CVCL_C320	(Hooper *et al*, 1987)
W4	Wildtype mouse embryonic stem cells	129S6/SvEvTacArc mice	Gifted from Shukry Habib at King's College London	CVCL_Y634	(Auerbach *et al*, 2000)
Cdh1 KO	E-cadherin knock-out mouse embryonic stem cells	129S6/SvEvTacArc mice	Gifted from Lionel Larue at Institute Curie		(Larue *et al*, 1996)
mCherry-PAR-6B ES-E14	ES-E14 mouse embryonic stem cells expressing mCherry-PAR-6B	129P2/Ola mice	Generated in this study		
E-cadherin-eGFP ES-E14	ES-E14 mouse embryonic stem cells expressing E-cadherin-eGFP	129P2/Ola mice	Published in (Molè *et al*, 2021)		(Molè *et al*, 2021)
LifeAct-mRuby ES-E14	ES-E14 mouse embryonic stem cells expressing LifeAct-mRuby	129P2/Ola mice	Generated in this study		
LifeAct-mRuby *Cdh1* KO	E-cadherin knock-out mouse embryonic stem cells expressing LifeAct-mRuby	129S6/SvEvTacArc mice	Generated in this study		

siRNA transfection

To achieve protein knockdowns, siRNA was transfected using Lipofectamine RNAiMAX according to the manufacturer's instruction. mESCs cultured in 2D on the gelatin was transfected with 100 nM pre-designed siRNA (s63752, Silencer Select). siRNA target mRNA sequences were: E-cadherin, GAAGAUCACGUAUCGGAUU; P-cadherin, CGAAAGAGAGAGUGGGUGA; JAM-A, GCCUUUGAUAGUGGUGAAU; Nectin-2, GGACUACUGAAUUCUUUUA. Two days after the first transfection (Fig EV4A), the cells were cultured with or without mitomycin C and seeded into 10% Matrigel. The cells were cultured in Matrigel with Lipofectamine RNAiMAX and 100 nM siRNA for another 24 hours, then were subjected to further experiments and analysis.

Immunofluorescence

Cells cultured in a µ-slide 8 well dish were fixed with 4% paraformaldehyde (J61899, Alfa Aesar) for 30 minutes at room temperature, then were permeabilised with 0.5% Triton X-100 for 15 minutes at room temperature. The cells were blocked with the incubation buffer (0.5% BSA, 0.1% Tween in PBS) for two hours, then were incubated with primary antibodies diluted in the incubation buffer at 4 □ overnight on shaking. The primary antibodies were washed off with PBS, then were incubated with secondary antibodies diluted in the incubation buffer at room temperature for two hours. The secondary antibodies were washed off with PBS. Samples cultured in Matrigel were kept in PBS; samples cultured in agarose were sealed in 200 µL 0.5% agarose. The samples were imaged shortly after. Antibodies and dilutions were as listed below.

Antibody list

Primary antibodies					
Protein	Catalog number	Supplier	Type	Specie	Concentrations
E-cadherin	ECCD-2	Invitrogen	Monoclonal	Rat	2 µg/mL
GM130	610822	BD Biosciences	Monoclonal	Mouse	1:300
Nanog	ab80892	Abcam	Polyclonal	Mouse	1:300
JAM-A	sc-52688	Santa Cruz	Monoclonal	Rat	1:300
Nectin-2	502-57	HycultBiotech	Monoclonal	Rat	1:200
OTX2	AF1979	R&D Systems	Polyclonal	Goat	1:300
PAR-3	07-330	Merck Millipore	Polyclonal	Rabbit	1:100
P-cadherin	AF761	R&D Systems	Polyclonal	Goat	1:500
Podocalyxin	MAB1556	R&D Systems	Monoclonal	Rat	3.3 µg/mL
Γ-Tubulin	T6557	Sigma-Aldrich	Monoclonal	Mouse	1:250
ZO-1	61-7300	Invitrogen	Polyclonal	Rabbit	1:500
Secondary antibodies					
Name		Supplier	Target/Catalog number	Concentrations	
Alexa Fluor 488		Invitrogen	Rat	1:500	
Alexa Fluor 488		Invitrogen	Rabbit	1:500	
Alexa Fluor 488		Invitrogen	Goat	1:500	
Alexa Fluor 546		Invitrogen	Mouse	1:500	
Alexa Fluor 555		Invitrogen	Goat	1:500	
DyLight 550		Invitrogen	Rat	1:500	
CF 633		Insight Biotech	Phalloidin	6.6 pM	
4′,6-diamidino-2-phenylindole, DAPI		Sigma	D8417	0.5 µg/mL	

Microscope imaging

Live cell imaging was carried out on the PerkinElmer UltraVIEW spinning disk system fitted on an Olympus IX80 confocal microscope with a 37 □ and 5% CO_2 chamber. Images were captured with the 40x 1.3 NA (oil) objective, 2x Hamamatsu Orca-R2 CCD camera and Volocity 3.7.1 software. The cells were imaged at 2 µm z-step size and 30 minutes time intervals. Fixed samples were imaged on the Leica SP8 confocal microscope with the 40x 1.3 NA (oil) or 63x 1.4 NA (oil) objective and LAS X 3.7.4 software. The cells were imaged at 0.3 µm z-step size and 2X line average. FRAP was performed on the Zeiss LSM-900 confocal

506 microscope with 63X, 1.40NA Plan Apo objective and ZEN Blue 2.1 software equipped with a 37 °C heated
507 stage.
508
509 **Image and data analysis**
510
511 The central section images were projected from raw images in the Fiji software by maximum-value projection
512 of the whole z stacks to produce the 3D projection images, or of the central three image of the z stacks to
513 produce the central-section images. The whole z stacks projections were applied to count cell cluster
514 percentages. The central-section images were applied for line-scans or analysis of region of interest to
515 determine protein signals.
516
517 The mESCs with positive or negative protein centres were manually determined and counted. The
518 percentage was calculated with the number relative to the number of total cell clusters captured in each
519 condition. The mean percentages from three independent experiments were compared with student's t-test
520 or one-way ANOVA specified in figure legends using the GraphPad Prism software. Sample sizes are
521 specified in figure legends.
522
To quantify PAR-3 signal along the cell-cell interface, a 0.8μm width line was drawn alone the cell-cell
interface by using F-actin (labelled by Phalloidin) or E-cadherin signal as the path. PAR-3 and F-actin pixel
values along the path were extracted. The two peaks of F-actin signals at two ends of the path were
determined as the start and end of the cell-cell interface and the positions in-between were defined as 1X
cell-cell interface. The corresponding PAR-3 pixel to the F-actin peak positions were identified and the PAR-
3 line-profile between the two positions were sectioned to 20 sections. PAR-3 pixel value in each section
was averaged to be the PAR-3 signal in 5% of the cell-cell interface. The values from 10-20 cells were
plotted as line graphs.
531
To compare the level of PAR-3 at the centre and outer regions in multi-cell mESC clusters, a 4 μm diameter
circular area was created in the Fiji software and placed over the multi-cellular joint in a cell cluster, and the
average PAR-3 fluorescence values in the circle was measured. The boundary of the cell cluster was drawn
by the free-hand tool in Fiji by using the correspondent F-actin signal, and the average PAR-3 fluorescence
values between the circle and the boundary were measured. The ratio between the PAR-3 values in the
circle and outer regions was then calculated.
538
To generate the PAR-3 signal heatmap, based on the F-actin signal, a squared region of interest was
created in the Fiji software for every cell, which the main cell body of a cell was fitted into. The PAR-3 image
in each squared region was transformed into a 10 x 10-unit matrix by using the R-language. Each unit was
created by averaging the PAR-3 fluorescence intensity in every 10% length along the X or Y axis of the
squared region of interest extracted from the original image. A serial of images from one condition of an
experiment was stacked and the averaged pixel value at each position was calculated to generate an
averaged 10 x 10 matrix. The final matrix was transformed into a heatmap in the GraphPad Prism software.
546

To compare the level of PAR-3 in the core areas in the cells culture on the glass, a 6 µm diameter circular
area of interest was created in the Fiji software to cover the PAR-3 core area in a cell, and the average PAR-
3 fluorescence values in the circle was measured. The boundary of the cell was drawn by the free-hand tool
in Fiji, and the average PAR-3 fluorescence values in the boundary was measured. The ratio between the
PAR-3 values in the circle and inside the boundary was then calculated.

Sample sizes and statistical analysis are detailed in the figure legends. No blinding was done for the
experiments in this study. Instead, we included direct continuous measurements (e.g. of fluorescent
intensity) alongside categorical analyses. To assess AMIS localisation independently to cell division, we did
not include control cells that were undergoing mitosis (identified by chromosome and cell morphologies) into
the quantifications. We checked that excluding this data made no difference to the outcome of the analyses.

FRAP

FRAP of E-cadherin-eGFP was performed to measure E-cadherin dynamics at the cell-cell interface. A E-
cadherin-eGFP expressing stable ES-E14 line was used to perform the experiment (Molè *et al*, 2021). After
24 hours culturing in Matrigel, two-cell clusters with long axis parallel to surface of the culture dish, hence the
cell-cell interfaces were aligned to the axis of the objective were used for FRAP. A region of interest (ROI) of
2 X 1 µm along xy-axis was chosen at the approximately centre-most region or side regions at each cell-cell
interface. The ROI in a series of z-axis stacks with 0.3 µm intervals cross 2 µm was bleached with 3
iterations of the 488 nm laser with 100% transmission. This resulted in a photobleaching of over 80% in a 2
X 2 µm (xz-axis) region at the cell-cell interface. Time-lapse images were acquired before (3 frames) and
after (30 frames) photobleaching with an interval of 10s per frame. Average fluorescence intensity values $F(t)$
in the bleached area within the centre z-stack were analysed with ImageJ. The mean values of the three
frames before bleaching was used as the pre-bleached value $F(i)$. The value of the first frame after bleaching
was defined as $F(0)$. FRAP values were then calculated and plotted over time in Fig 3J as:

$$\text{FRAP} = \frac{F(t) - F(0)}{F(i) - F(0)}$$

The FRAP values were fitted using a non-linear regression and the exponential one-phase association
model using Y0 = 0 and where mobile fraction corresponds to the plateau value in the GraphPad Prism
software. For Fig 3K, the mobile fraction from each FRAP profile was pooled and compared between
conditions.

Data and code availability

Image data is accessible in the BioImage Archive, accession number S-BIAD473.
The R-language code for generating the PAR-3 heatmap in Figure 5D is accessible at:
https://github.com/Buckley-Lab-opto/Liang-2022

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Author contributions

Conceptualisation: CEB, XL. Methodology: XL, CEB, AW. Formal analysis: XL, CYH. Investigation: XL, AW. Writing: CEB, XL. Visualisation: XL. Supervision: CEB, MZG. Funding acquisition: CEB, XL, MZG.

Conflict of interest

The authors declare that they have no conflict of interest.

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    Figure Legends

Figure 1 - Cell division is dispensable for AMIS localisation in mESC 3D cultures in Matrigel.

A Stages of polarisation and lumen formation in mESCs cultured in Matrigel.

B Timeline of experiment setups to assess AMIS formation.

C Immunofluorescence of PAR-3 and E-cadherin. PAR-3 localisation was concentrated at the centre of 2-cell

mESC doublets and 3- or 4-cell mESC clusters, whilst E-cadherin was localised along the whole length of

cell-cell interfaces in both control and mitomycin C treated conditions.

D Quantification of the frequency of cell clusters with a strong polarised PAR-3 centre. See the

representative mESC clusters without the strong polarised PAR-3 in Appendix Fig S1A,B.

E Illustrations of PAR-3 analysis in 2-cell (a) and >2-cell (b) clusters. The line-scan analysis was performed

from the yellow arrow to the orange arrow at the cell-cell interface between two cells in (a). The average

pixel intensity was analysed at central (red region, inner dotted line) and surrounding non-central regions

(orange region, between the inner and outer dotted lines) in (b).

F Line-scan profiles of PAR-3 at the cell-cell interface of 2-cell mESC doublets. Line scans were sectioned

and fitted to each 5% along the cell-cell interface length.

G Ratio of PAR-3 pixel intensity values at central and surrounding regions in >2-cell mESC clusters.

H, I Representative images of centralised ZO-1 puncta and polarised Golgi apparatus, labelled by GM130

(H) and quantification of the frequency of cell doublets with a polarised ZO-1 or Golgi apparatus centre (I).

Also see the spilt channels in Appendix Fig S1C.

J, K Representative images of polarised centrosomes (J), labelled with γ-tubulin and distance between

centrosomes (K) normalised to the length of the long axis of the doublets in 2-cell clusters.

Data information: Data are presented as means ± SEM in (D) & (I); individual line-scans and mean valued

line-scans in (F); individual cell cluster values (small dots), mean experimental values (large dots) and

means of 3 experiments (bars) in (G); individual values in dots and median values in bars in (K). n = 3

experiments in (D) & (I), 15-32 cell clusters were analysed for each column in every experiment; 15 cell

doublets for each condition from one experiment in (F); 15-22 cell clusters for each condition in every

experiment in (G); 35 doublets for each condition in (K). Two-way ANOVA analysis in (D); student's t-test

analysis in (G), (I), (K). *P* values were listed in the graphs. All scale bars: 10 μm.

Figure 2 - Polarised PAR6B in mESC 3D cultures.

A Representative images of mCherry-PAR-6B mESC live cells cultured from 24 – 96 hours in Matrigel. See
the bight-filed images in Fig S2A.

B, C Representative images (B) and quantification of the frequency of cell clusters with polarised mCherry-
PAR-6B (C) in control and mitomycin division-blocked mESC live cells after 24 hours in Matrigel.

D Movie stills of mCherry-PAR-6B in control and mitomycin C treated mESCs cultured in Matrigel (also
Movie EV2). Control cells divided (i) and two mitomycin treated cells touched (ii) to form 2-cell doublets.
Control cells divided twice (iii) and two mitomycin treated cell clusters touched (iv) to form 4-cell clusters. (v),
Kymograph of mCherry-PAR6B in the arrow-head cell in (ii) along the path between the arrows; each pixel is
the fluorescence values averaged over 0.2 μm sections. See more examples in Appendix Fig S2D,E.

Data information: Data in (C) are presented as means ± SEM. n = 3 experiments. At least 20 clusters were
analysed for each column in every experiment. Two-way ANOVA analysis; *P* values were listed in the
graphs. All scale bars: 10 μm.

Figure 3 - E-cadherin junctions are important for polarisation.

A, B Immunofluorescence of PAR-3 (A) and proportions of mESC clusters with a strong PAR-3 centre (B) in
wild-type (W4) and E-cadherin knock-out (*Cdh1* KO) mESCs at 24 hrs in Matrigel. See E-cadherin in
Appendix Fig S3A.

C Line-scan profiles of PAR-3 at the cell-cell interface in wild-type control, mitomycin C treated and *Cdh1* KO
control, mitomycin C treated 2-cell doublets.

D Ratio of PAR-3 pixel intensity values at central and surrounding regions in >2-cell mESC clusters.

E, F Representative images of PAR-3 immunofluorescence (E) and line-scan profiles of PAR-3 at the cell-
cell interface (F) in WT homogeneous or WT (ES-E14) /*Cdh1* KO chimeric mESC 2-cell doublets. *, WT
mESCs.

G, H Representative images of ZO-1 puncta and Golgi apparatus (G) and proportions of mESC doublets with
central ZO-1 puncta or polarised Golgi apparatus (H) in WT and *Cdh1* KO mESC doublets.

I Distance between centrosomes in cell doublets. The distance was normalised to the length of the long axis
of the doubles. See the representative images in Appendix Fig S3D.

J Fluorescence recovery after photobleaching (FRAP) of E-cadherin-eGFP at the centre-most or side 2 μm
regions of division-blocked mESC doublets' cell-cell interfaces. See methods in Fig EV2C.

K Mobile fraction of E-cadherin-eGFP calculated from the plotting of (J).

Data information: Data are presented as means ± SEM in (B), (H); individual and mean-valued line-scans in

(C) & (F); individual cell cluster values (small dots), mean experimental values (large dots) and means of 3

experiments (bars) ± SEM in (D); individual values in dots and median values in bars in (I); exponential

association fitting curves ± SD in (J); means ± SD in (K). n = 3 experiments in (B) & (H), 17-50 cell clusters

were analysed for each column in every experiment; 15 doublets for each condition in (C); 17-30 cell clusters

were analysed for each condition in every experiment in (D); 15 doublets for each condition in (F); 35-40

doublets in each condition in (I); 15-18 doublets for each condition in (J) & (K). Two-way ANOVA analysis in

(B), (D), (I) & (K); student's t-test analysis in (H); *P* values were listed in the graphs. All scale bars: 10 µm.

Figure 4 - Adhesion molecule P-cadherin, JAM-A and Nectin-2 do not aid PAR-3 in the AMIS.

A-C Immunofluorescence of PAR-3 and P-cadherin (A), proportions of mESC clusters with a positive PAR-3

centre (B) and line-scans of PAR-3 at the cell-cell interface (C) in control, P-cadherin knock-down by RNAi,

mitomycin treated and P-cadherin knock-down mitomycin treated W4 mESC doublets cultured for 24 hours

in Matrigel.

D-F Immunofluorescence of PAR-3 and JAM-A (D), proportions of mESC clusters with a positive PAR-3

centre (E) and line-scans of PAR-3 at the cell-cell interface (F) in control, JAM-A knock-down by RNAi,

mitomycin treated and JAM-A knock-down mitomycin treated W4 mESC doublets cultured for 24 hours in

Matrigel.

G-I Immunofluorescence of PAR-3 and Nectin-2 (G), proportions of mESC clusters with a positive PAR-3

centre (H) and line-scans of PAR-3 at the cell-cell interface (I) in control, Nectin-2 knock-down by RNAi,

mitomycin treated and Nectin-2 knock-down mitomycin treated W4 mESC doublets cultured for 24 hours in

Matrigel.

Data information: Data are presented as means ± SEM in (B), (E), (H); individual and mean-valued line-

scans in (C), (F), (I). n = 3 experiments in (B), (E), (H), 15-21 clusters were analysed for each column in

every experiment; 15-21 line-scans in (C), (F), (I). Two-way ANOVA analysis in (B), (E), (H); *P* values were

listed in the graphs. All scale bars: 5 µm.

Figure 5 - Cell-ECM interactions in regulating AMIS seeding.

A, B Immunofluorescence of PAR-3 (A) and proportions of mESC doublets with polarised PAR-3 (B) in wild-

type (ES-E14) and E-cadherin knock-out (*Cdh1* KO) cells at 30 hours in 0.5% agarose.

C Immunofluorescence of PAR-3 in cell division blocked mESCs cultured on E-cadherin or Fibronectin

coated glass topped with or without Matrigel for 24 hours.

D Heatmap of PAR-3 in cells from one experiment of (C). Squared frames were fitted to the main bodies of

the cells. A pixel was the average value in each 10% along the width of the frames. The heatmaps were

stacks of 15 cells in one experiment.

E PAR-3 levels at the central 20% of the heatmaps from three experiments of (C).

F Ratios between PAR-3 in the 2.5 μm diameter central core and whole cell surface from three experiments

of (C).

Data information: Data are presented as means ± SEM in (B); individual cell values (small dots), mean

experimental values (large dots) and means of experiments ± SEM (bars) in (E) & (F). n = 3 experiments in

(B), (E), (F); at least 15 clusters were analysed for each column in every experiment; 15 - 20 cells for each

column in every experiment of (E) & (F). Two-way ANOVA analysis in (B), (E), (F); *P* values were listed in

the graphs. All scale bars: 5 μm.

Figure 6 - Lumenogenesis in wild-type and E-cadherin knock-out mESC cultures.

A PAR-3 immunofluorescence in wild-type (ES-E14) and E-cadherin knock-out (*Cdh1* KO) mESCs cultured

in Matrigel for 48 and 72 hours. At 48 hours, most WT cell clusters had formed a polarised rosette or small

lumen (i). However, most Cdh1 KO cells had not formed a central AMIS (ii). A small percentage of Cdh1 KO

cells had formed an open 'cup-shape', with apically localised PAR-3 (iii). By 72 hours, a significant proportion

of Cdh1 KO cells had formed polarised 'cavity-like' structures, about half of which were configured in an

open 'cup-shape' and half as closed 'lumen-like' structures (iv).

B Podocalyxin immunofluorescence in WT and Cdh1 KO mESCs cultured in Matrigel from 1-4 days. See Fig

EV5A for ZO-1 staining.

C Examples of masked *Cdh1* KO cell cluster surfaces from 'open' and 'closed' cavities. The cavities were

categorised based on Podocalyxin signals.

D Percentage of cell clusters with different cavities relative to total cell clusters at different time points. The

analysis was compared between the closed/rosette category among the conditions.

E Percentage of cell clusters with closed cavities relative to total cell clusters with cavities calculated from

(D).

F Movies stills of LifeAct-mRuby labelled cell clusters. The images are whole cell cluster z-projections,

overlaid with 3D rendering of the cluster surfaces to show the forming lumens. See Movie EV3 for z-stack

movies and Movie EV4 for 3D rotations.

Data information: Data are presented as means ± SEM in (D) & (E). n = 20 (48 hours WT & *Cdh1* KO), 30

(72 hours WT) and 32 (72 hours *Cdh1* KO) images in (A); 3 experiments in (D) & (E), at least 25 clusters

were analysed for each column in every experiment. Two-way ANOVA analysis in (D) & (E); *P* values were

listed in the graphs. All scale bars: 25 μm.

Figure 7 - Synopsis of *de novo* polarisation and lumenogenesis.

A *De novo* polarisation and AMIS formation in dividing and division-blocked mESCs cultured in Matrigel.

B Lumenogenesis in wide-type and E-cadherin knock-out mESCs cultured in Matrigel.

Extended Viewer Figure and Movies legends

Figure EV1 - Division blocked mESCs in Matrigel 3D cultures.

A Percentage of cells that divided or did not divide in control cells or following mitomycin C treatment. Cell
numbers were taken from live movies of the first 24 hours following seeing into Matrigel. Mitomycin C
sufficiently blocked cell divisions.

B Movie stills of mitomycin C treated cells from Movie EV1.

C Quantification of E-cadherin fluorescence intensity at cell-cell interfaces and cell-matrix interfaces in 2-cell
mESC clusters.

D Percentage of cells that divided or did not divide in control cells or following aphidicolin treatment. Cell
numbers were taken from live movies of the first 24 hours following seeing into Matrigel. Aphidicolin
sufficiently blocked cells divisions.

E, F Immunofluorescence of PAR-3 (E) and percentages of 2-cell mESC clusters with a positive PAR-3
centre (F) in control and aphidicolin treated cells cultured for 24 hours in Matrigel.

G, H Immunofluorescence of ZO-1 and Golgi apparatus (G) and percentages of 2-cell mESC clusters with a
strong positive ZO-1 centre or polarised Golgi apparatus (H) in control and aphidicolin treated cells.

Data information: All data are presented as means ± SEM. n = total numbers of cells tracked at time point
zero in (A) & (D); 18 cell clusters in each condition in (C); 3 experiments in (F), (H), 20 clusters were
analysed for each column in every experiment. Student's t-test analysis in (C) and (H); two-way ANOVA
analysis in (F); *P* values were listed in the graphs. All scale bars: 10 µm.

Figure EV2 - E-cadherin in the centre-most and side regions at two-cell cluster interfaces.

A An example line-scan at the centre-most (blue) and side (red) regions at division blocked two-cell cluster
interfaces. The width of line-scans was 3 µm. Two side regions were line-scanned, and the average was
taken as the line-scan profile at the side regions for a two-cell cluster (See panel B).

B Line-scan profiles of E-cadherin at the centre-most and side regions. The statistical comparison was done
between the area under the curves.

C Illustrations of E-cadherin-eGFP FRAP at a two-cell cluster interface.

D Average E-cadherin-eGFP pixel levels at the photo bleaching regions before bleaching in division blocked
cells.

Data information: In (B) & (D), data are means ± SD; n = 15 cell clusters; student's t-test analysis; *P* values
were listed in the graphs.

Figure EV3 - AMIS seeding and pluripotency exit in wild-type and E-cadherin knock-out mESCs.

A Timeline of experiment setups to assess *de novo* polarisation when mESCs were cultured with 2i/LIF to
remain pluripotent.

B, C Immunofluorescence of PAR-3 (B) and quantification of the proportion of cell clusters with a polarised
PAR-3 centre (C) in wild-type (ES-E14) and *Cdh1* knock-out (KO) mESCs cultured in Matrigel for 24 hours
with 2i/LIF.

D Nuclear levels of OTX2 and NANOG based on immunofluorescence in wild-type and *Cdh1* KO mESCs at
12 or 24 hours post seeding into Matrigel. Only cells in interphase were analysed.

Data information: Data are presented as means ± SEM in (C); values of individual cells in dots and means ±
SD in bars in (D). n = 3 experiments in (C), at least 20 clusters were analysed for each column in every
experiment; 17-45 cells in each column from one experiment in (D). Two-way ANOVA analysis in (C) & (D);
P values were listed in the graphs. Scale bar: 10 μm.

Figure EV4 - Expression and knock-down of P-cadherin, JAM-A and Nectin-2 in mESCs.

A Expression and knock-down of E-cadherin, P-cadherin, JAM-A and Nectin-2 in mESCs (W4) cultured in
2D on gelatin. Scale bar: 15 μm.

B-D Expression of PAR-3 and P-cadherin (B), JAM-A (C) and Nectin-2 (D) in control and knock-down 4-cell
mESC clusters cultured 24 hours in Matrigel. Scale bars: 15 μm.

E-G Expression of PAR-3 and P-cadherin (E), JAM-A (F) and Nectin-2 (G) in wild-type (W4) and E-cadherin
knock-out (KO) mESC clusters cultured 24 hours in Matrigel. Scale bars: 15 μm.

960
961 **Figure EV5 - Wild-type and E-cadherin knock-out mESC cultured in Matrigel during lumenogenesis.**
962

963 A ZO-1 immunofluorescence in wild-type (ES-E14) and E-cadherin knock-out (*Cdh1* KO) mESCs cultured in
964 Matrigel from 1-4 days. See Fig 6B for Podocalyxin staining. Scale bars: 25 μm.

966 B The Golgi network, phospho-myosin light chain 2 and F-actin in *Cdh1* KO mESCs cultured for 72 hours in
967 Matrigel. Scale bars: 25 μm.

Movie EV1 - Bright-field live movies of control and mitomycin-treated mESCs cultured in Matrigel.

A, B Control mESCs cultured in Matrigel from 0 – 24 hours divided one (A) or two times (B).

C, D Mitomycin C treated mESC cultured in Matrigel from 0 – 24 hours did not divide but formed 2-cell clusters (C) or >2-cell clusters (D). Scale bar: 10 μm.

Movie EV2 - Representative movies of mCherry-PAR6B in dividing and division-blocked mESCs cultured in Matrigel.

A, B Control (A) and mitomycin division-blocked (B) mESCs cultured in Matrigel formed 2-cell doublets from 6 – 18 hours in Matrigel.

C, D Control (C) and mitomycin division-blocked (D) mESCs cultured in Matrigel formed multi-cell clusters from 9 – 19 hours in Matrigel. mCherry-PAR-6B localised to cell-cell contacts between 2 cells or the centre of multi-cell clusters after cell divisions (A, C) or after the cells touched (B, D). Scale bar: 10 μm.

Movie EV3 - Representative movies of cysts forming in wild-type and E-cadherin knock-out mESCs cultured in Matrigel.

Representative movies of the central 5μm z-stack of LifeAct-mRuby mESCs from control and cdh1 KO cell clusters as they make lumens.

A Wild-type mESCs cultured from 48 – 69 hours, frame interval = 1 hour.

B Cdh1 KO mESCs cultured from 48 – 68 hours, frame interval = 1 hour.

C Wild-type mESCs cultured from 74 – 83.5 hours, frame interval = 1 hour.

D Cdh1 KO mESCs cultured from 78 – 88.5 hours, frame interval = 30 min.

Scale bars: 25 μm.

Movie EV4 - Rotation of the 3D rendering in Figure 6F.

3D Rendering of wide-type (A) and E-cadherin knock-out (*Cdh1* KO, B) mESCs cultured in Matrigel. Central 5 μm of mESC cultures is shown at the end of the movie to better see the forming lumens. Scale bars: 10 μm.

Figure 1

A

Junctional proteins (PAR-3/ZO-1)
Apical proteins (PAR6/aPKC/Podocalyxin)

AMIS 24-36 hrs · PAP 36-48 hrs · Lumen 48-72 hrs

PAR-3 F-actin

B

2D in Feeder +2i/LIF   3D in N2B27 -2i/LIF

48 hrs | 2 hrs | 24 hrs
Mitomycin · Seeding · Analysis

C

PAR-3 E-cadherin DAPI

i. Control — 2-cell / > 2 cells

ii. Mitomycin C

D

Cell clusters with PAR-3 (%)

No concetrated centres
Weak/not concentrated signals
Strong concentrated centres

0.6784
0.7429   0.6784
0.6784   0.9863

cell number 2 >2 | 2 >2
Control   Mitomycin

E

PAR-3 F-actin

a

b

F

PAR-3 intensity — Control
PAR-3 intensity — Mitomycin
Cell-cell interface length

G

Ratio of PAR-3 in Centre / Outer

0.4936

Con   Mito

Expt #1 Expt #2 Expt #3

H

ZO-1/GM130 F-actin

i. Control

ii. Mitomycin C

I

mESC clusters (%)

Apolar
Polarised

0.2698   0.3343

Ctrl Mito | Ctrl Mito
ZO-1   GM130

J

γ-Tubulin/F-actin DAPI

i. Control

ii. Mitomycin C

K

Mito
Ctrl

0.2261

0.0   0.5   1.0
2-cell cluster length (X)

Figure 2

A mChy-PAR-6B — 24 hrs, 48hrs, 72 hrs, 96 hrs

B mChy-PAR-6B — 2-cell (Control, Mitomycin), > 2 cells (Control, Mitomycin)

C Polarised / Apolar. Clusters with PAR-6B (%). cell number: Ctrl. Mito. (2-cell), Ctrl. Mito. (> 2 cells). 0.4583, 0.2507, 0.0666, 0.9734

D mChy-PAR-6B

Control (i): 06:00, 08:00, 08:30, 09:00, 09:30, 13:30, 18:00

Mitomycin (ii): 06:00, 07:30, 08:30, 09:30, 10:30, 13:30, 18:00

PAR-6B relocalisation n = 17/18 cell clusters

Control (iii): 09:00, 12:30, 13:00, 13:30, 14:00, 17:00, 19:00

Mitomycin (iv): 09:00, 12:30, 13:30, 14:30, 15:30, 17:30, 19:00

PAR-6B relocalisation n = 8/9 cell clusters

v Position, Time, 06:00, 18:00

Figure 3

Figure 4

Figure 5

Figure 6

A

PAR-3 · F-actin

Wild-type

Cdh1 KO

48 hours

i — 90%

ii — 85%

iii — 15%

72 hours

89%

32%

32%

iv — 36%

B

24 hrs · 48 hrs · 72 hrs · 96 hrs

Podocalyxin

Wild-type

Cdh1 KO

C

Open cavity

Closed cavity

D

No cavity · Open cavity · Closed cavity/Rosette

Clusters (%)

0.0001
0.0002
0.1296

0.0001
0.0001
0.0001

Hours   24 48 72 96   24 48 72 96
Wild-type   *Cdh1* KO

E

Closed/ Total cavity ratio (%)

<0.0001
0.9778
>0.9999

0.0007
0.0308

Hours   48 72 96   48 72 96
WT   *Cdh1* KO

F

Wild-type

74:00 · 79:00 · 83:30

Cdh1 KO

78:00 · 81:30 · 85:00

LifeAct · 3D rendering

Figure 7

A

Dividing cells

■ E-cadherin ■ PAR-3/ZO-1 ■ Golgi

Division-blocked cells

B

Wild-type cells

48 hours   72 hours

E-cadherin knock-out cells

48 hours   72 - 96 hours