

1 **A new animal model signifying a decisive bridge between innate immunity and the**
2 **pathognomonic morphological characteristics of Type 1 Diabetes.**

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21 **Summary Statement**

22 The results presented signify a previously unknown decisive bridge between innate immunity and
23 formation of the pathognomonic immunopathological events described in subjects with recent onset
24 T1D.

25

26 **Abstract**

27 Available animal models for Type 1 Diabetes (T1D) show limited similarities with the human
28 disease and have no predictive value in screening for effective intervention therapies. Heat-
29 inactivated bacteria instilled in the ductal compartment of the pancreas in healthy rats rapidly
30 cause periductal inflammation and accumulation of mainly granulocytes and monocytes in the
31 exocrine pancreas and in the peri-islet area mimicking the acute pancreatic inflammation in
32 subjects with recent onset T1D. After three weeks, the triggered exocrine inflammation had
33 vanished and pancreases showed normal morphology. However, a distinct accumulation of both
34 CD4+ and CD8+ T cells within and adjacent to affected islets was found in one third of the rats,
35 mimicking the pathognomonic insulinitis in T1D. As in human T1D, the insulinitis affected a
36 fraction of all islets and was observed only in certain lobes of the pancreases. The presented
37 animal model for T1D will allow detailed mechanistic studies to unravel a previously unknown
38 interplay between bacteria-activated innate immunity and an acquired cellular immunity
39 forming the immunopathological events described in humans at different stages of T1D.

40 **Introduction**

41 The autoimmune barrier in Type 1 Diabetes (T1D) is only vaguely understood. However, an
42 immunopathological hallmark in the pancreas of patients with T1D is the accumulation of
43 immune cells within and around affected islets, i.e., insulitis (Campbell-Thompson et al.,
44 2016a, Reddy et al., 2015). Notably, only few T cells infiltrate the islets (In't Veld, 2014,
45 Krogvold et al., 2016, Reddy et al., 2015). In fact, an extensive study using multiplex
46 immunofluorescent staining of 35 simultaneous biomarkers with a spatial resolution of 1 μm
47 demonstrated that immune and islet cells essentially remain isolated from each other even in
48 patients with recent onset T1D (Damond et al., 2019). Phenotypically, CD8⁺ and CD4⁺ T cells
49 dominate the insulitis, followed by monocytes/macrophages. B cells are less frequent, and
50 regulatory T cells, NK cells and plasma cells are only rarely found (Willcox et al., 2009).
51 Also, the exocrine pancreas is affected, as evidenced for example by a markedly smaller
52 volume and presence of multifocal T-cell infiltrates in acinar regions.

53 The proportion of islets with insulitis has been inversely associated with disease duration in
54 some (Campbell-Thompson et al., 2016a), but not other studies (Reddy et al., 2015). Insulitis
55 seems not related to age at onset, number of autoantibodies, or HLA genotype (Campbell-
56 Thompson et al., 2016a). The presence of remaining insulin-positive cells in islets with
57 insulitis several years, or even decades, after diagnosis of T1D is intriguing and argue against
58 a classical T-cell mediated cytotoxic elimination of the insulin-producing cells. On the
59 contrary, our current knowledge of T1D suggests a mild and slowly progressing disease.

60 A substantial proportion the CD8⁺ T cells in the insulitic lesions from subjects with
61 recent onset T1D constitute tissue resident memory T cells (T_{RM} cells) (Kuric et al., 2017).
62 T_{RM} cells were present in all T1D subjects examined and represented about 40% of the total
63 number of CD8⁺ T cells per inflamed islet, a proportion of T_{RM} cells similar to that
64 previously described in skin lesions of psoriasis (Cheuk et al., 2014). Also, T and B cell
65 gene expression pattern in infiltrated islets argue against that the T cells found in the
66 insulitic lesions constitute conventional cytotoxic T CD8⁺ cells (Krogvold et al., 2016).
67 T_{RM} cells constitute a subset of memory T cells that persist for years at the site of a
68 previous infection without persistence of antigen stimulation and provide rapid immune
69 protection against re-infection via the same entry port (Clark, 2015). The substantial
70 proportion of T_{RM} cells in islets of recent onset T1D subjects support the hypothesis of
71 infectious agents in the development of T1D (Skog et al., 2013).

72 Progress in medical research often depend on the availability of validated small animal models,
73 especially so in disease-oriented research aiming to develop effective intervention therapies,
74 including T1D. Lack of predictive and validated animal models has indeed caused the
75 pharmaceutical industry to abandon entire disease areas (Pound, 2020).

76 The most common animal models in T1D research are the NOD mouse and the BB rat.
77 Unfortunately, both models show limited similarities with human T1D and have little predictive
78 value in screening for effective intervention therapies (Roep and Atkinson, 2004). Major
79 dissimilarities between these animal models and human T1D include 1) the general
80 dysregulation of their immune system causing disease progression in several organs besides the
81 pancreas, 2) the gender and strain-dependency, 3) the dependency of specific husbandry
82 conditions, and 4) major histopathologic differences in morphology and immune mediated
83 destruction of the beta cells when compared to that in humans.

84 The hallmark of T1D is a slowly (years) progressing decline in endogenous insulin secretion
85 resulting in an increased blood glucose. In the search for an animal model for T1D, high blood
86 glucose has often been the primary criterion. However, rodents, in contrast to humans, have a
87 remarkable capacity to regenerate both the exocrine and endocrine pancreas, e.g. three weeks
88 after 90% pancreatectomy in the rat both the exocrine and endocrine volumes are almost
89 restored (Brockenbrough et al., 1988). This difference in regenerative capacity should be
90 considered together with the remitting and relapsing disease process over many years and the
91 patchy distribution of affected areas of the pancreas in humans affected by T1D (Gepts, 1965),
92 i.e. at each point of time, some lobes of the pancreas are affected whereas others remain
93 apparently intact. This patchy affection of the pancreas is one of the most characteristic
94 immunopathological findings in T1D and shows resemblances with several other immune
95 mediated diseases, including psoriasis, alopecia and multiple sclerosis. A remitting/relapsing
96 and patchy disease process in a species with significant regenerative capacity would trigger a
97 compensatory formation of new islets from unaffected areas of the pancreas thereby preventing
98 development of hyperglycemia. In fact, in NOD mice or BB rats all beta cells in the entire
99 pancreas are destroyed over a short period of time, an immune-process vastly different from
100 that in human T1D (Alanentalo et al., 2010). Therefore, we should refrain from including overt
101 diabetes as the main criterion for clinically relevant rodent models of T1D.

102 We have previously reported that injection of heat-inactivated human pathogens in the ductal
103 compartment of the pancreas in healthy rats of several different strains causes periductal
104 inflammation and accumulation of immune cells, mainly granulocytes and monocytes, in
105 certain lobes of the exocrine pancreas and in the peri-islet area (Korsgren et al., 2012). Small

106 bleedings or large dilatations of the capillaries were frequently found within the islets and
107 several beta cells showed severe hydropic degeneration, i.e., swollen cytoplasm, but with
108 preserved nuclei. These findings show marked similarities with those observed in the
109 pancreases of patients dying at onset of T1D. However, inflammation of the pancreas in humans
110 examined weeks or months after diagnosis of T1D is substantially reduced and mainly consists
111 of discreet insulitis, mainly consisting of T cells, in only few islets (Campbell-Thompson et al.,
112 2013, Krogvold et al., 2016).

113 The present investigation was undertaken in order to study how the acute inflammation
114 triggered by instillation of heat-inactivated bacteria in the ductal compartment develops over a
115 period of several weeks in the rat and how observed findings relate to T1D in humans with an
116 aim to further validate the model for T1D research.

117 RESULTS

118

119 *Bacterial Challenge and Animal Well-being*

120 All animals tolerated the surgical procedure well. No macroscopic changes were observed in
121 any abdominal organ after 3 or 6 weeks after the bacterial challenge. IVGTT revealed no
122 significant differences in peak glucose values and subsequent glucose disposal 3 or 6 weeks
123 after the bacterial challenge when compared with control rats ($p>0.05$, Fig. 1).

124 *Early Innate Antibacterial Responses*

125 Pancreatic sections from a human organ donor with acute onset T1D showed a >2-fold
126 overexpression of 18 antibacterial genes compared to non-diabetic donors ($P<0.05$, $fdr<10\%$)
127 (Fig. 2A). Bacterial translocation in the rat induced after 4 h a >2-fold overexpression of 22
128 genes and underexpression of one gene (*ccl5/rantes*) related to antibacterial response ($P<0.05$,
129 $fdr<10\%$) (Fig. 2B). Eight of these were homologues to genes that were significantly
130 induced by bacterial translocation in the human.

131

132 *Immune-cell Infiltration and Insulinitis*

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134 *A human organ donor that died at onset of type 1 diabetes*

135 A detailed morphological description of the inflammation in the pancreas of the 29-year-old
136 organ donor that died at onset of T1D has been reported previously (Korsgren et al., 2012).
137 This donor fulfilled the consensus definition of insulinitis (Campbell-Thompson et al., 2013)
138 and clusters of immune cells were frequently observed close to the islets (insulinitis) (Fig. 3A).
139 Immunohistochemical staining for CD3 revealed that most cells in the insulinitis were T cells.
140 Of these, a majority was CD8⁺, but several CD4⁺ cells were also observed (Korsgren et al.,
141 2012).

142 *Rats three weeks after bacterial challenge*

143 The general pancreatic inflammation seen in rats acutely after bacteria translocation was not
144 different when compared to our previous report (Korsgren et al., 2012). This acute
145 inflammation in response to the bacterial challenge was no longer observed three weeks after
146 translocation. Seven of the eight control animals had normal pancreatic architecture with
147 presence of only occasional immune cells. However, some of the rats showed increased
148 occurrence of fibrosis in the head of the pancreas and one control animal had signs of a small

149 bleeding in the head region of the pancreas with presence of small numbers of CD68+,
150 CD20+, CD3+ and CD4+ and CD3 and CD4+ immune cells. The pancreatic tail region of this
151 animal had very few immune cells and no signs of bleedings.

152 Five of the eight animals treated with ductal instillation of a bacterial mixture showed normal
153 pancreatic architecture with presence of only occasional immune cells. However, in three of
154 the rats injected with *E. faecalis*, some pancreatic lobes in both the head and tail regions
155 contained occasional focal areas of dense accumulations of immune cells (Fig. 3B),
156 resembling the organization of lymphatic tissue with presence of large numbers of T cells
157 (CD3+, CD8+ and CD4+) and B cells (CD20+). These areas of dense lymphatic tissues
158 seemed randomly distributed in the exocrine pancreas.

159 The most noticeable finding in these three rats was presence of insulitis in some lobes of both
160 the head and tail regions of the pancreases. In the affected regions, 20-80% of islets showed
161 insulitis (Fig. 3C-L). Islet architecture remained normal with presence of insulin-positive cells
162 preferentially in the center and glucagon-positive cells preferentially in the periphery of the
163 islets (Fig 3C-D). Phenotypically, a majority of the immune cells in the insulitic lesions were
164 T cells (CD3⁺) (Fig. 3E-F), but also B cells (CD20⁺) (Fig. 3G) and macrophages (CD68⁺)
165 (Fig. 3H) were common. Both CD8⁺ and CD4⁺ cells were frequent among the T cells in the
166 insulitic lesions (Fig. 3I-J) and many displayed the tissue residence marker CD103 (Fig. 3K-
167 L).

168 *Rats six weeks after bacterial challenge.*

169 All animals had normal pancreatic architecture with presence of only occasional immune
170 cells. No rat showed insulitis. However, half of the rats challenged with heat-inactivated
171 bacteria in the ductal system showed increased occurrence of fibrosis in the head of the
172 pancreas.

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177 **DISCUSSION**

178 In the present study, a new rat model in T1D was validated against the classical
179 morphological hallmarks of human T1D. The intense cellular innate inflammation triggered
180 acutely after instillation of heat-inactivated bacteria in the ductal compartment (Korsgren et
181 al., 2012) was seemingly resolved after 3 weeks. However, in about one third of the animals
182 examined after 3 weeks, a distinct accumulation of both CD4⁺ and CD8⁺ T cells was found
183 within and adjacent to some of the islets, fulfilling the consensus definition of insulitis in
184 humans (Campbell-Thompson et al., 2013). As in humans with recent onset T1D, the insulitis
185 affected a minority of islets and was observed only in certain lobes of the pancreases
186 examined.

187 No deterioration of glucose metabolism was found in rats subjected to an IVGTT. At first
188 this may seem disappointing, however, a rodent model mimicking human T1D should in the
189 initial disease process affect only some islets. It could be speculated that at least two
190 additional circumstances are required for hyperglycemia to develop; 1) repeated lesions that
191 over time that would gradually affect increasingly larger volumes of the pancreas and 2) a
192 species unable to regenerate the pancreas between each insult. Rodents able to restore both
193 endocrine and exocrine pancreas in just a few weeks (Brockenbrough et al., 1988) are
194 therefore not suitable for studying the effects on long-term glucose metabolism. It is also
195 plausible that an animal less resilient to bacterial challenges than the rat, e.g., humans, would
196 show more negative effects on their glucose metabolism.

197 Instillation of heat-inactivated bacteria induced a self-resolving short-term patchy innate
198 inflammation in the rat. However, about one third of the rats showed induction of acquired
199 immunity as evidenced by persistent insulitis consisting mainly of CD8⁺ T cells. This type of
200 insulitis is seemingly identical to that found in human subjects examined a few weeks after
201 diagnosis of T1D, e.g. in the DiViD biopsy study (Krogvold et al., 2016, Kuric et al., 2017).
202 Notably, a fraction of the T cells found in the insulitic lesions in the rats expressed the CD103
203 antigen. The precise role of CD103 on T cells is not fully understood. However, it has been
204 suggested that CD103 is important for conjugation of CD8⁺ T cell to E-cadherin-expressing
205 epithelial cells, thereby facilitating their destruction upon virus and bacterial infections
206 (Clark, 2015). Recently, we reported on the presence of significant number of tissue resident
207 memory T cells (CD8⁺, CD69⁺, CD103⁺) in the insulitic lesions in humans with recent onset
208 T1D (Kuric et al., 2017) similar to the herein reported expression of CD103 on T cells in the
209 insulitis in rats after bacterial instillation. Notably, also the areas of dense lymphatic tissues,
210 seemingly randomly distributed in the exocrine pancreas in the rat model mimic the

211 compartmentalized tertiary lymphoid organs recently reported in human subjects with short
212 T1D disease duration (Smeets et al., 2021, Korpos et al., 2021).

213 Importantly, half of the rats examined 6 weeks after installation of heat-inactivated
214 bacteria in the ductal compartment showed increased fibrosis in some lobes of the exocrine
215 pancreas. The involvement of the exocrine pancreas in patients with T1D is
216 underappreciated; several studies have reported the appearance of autoantibodies against
217 exocrine cells prior to the onset of T1D (Hardt et al., 2008, Panicot et al., 1999, Taniguchi
218 et al., 2001, Taniguchi et al., 2003), with high predictive value for the future development
219 of T1D. Focal lesions of acute pancreatitis and an accumulation of leukocytes, often around
220 the ducts, has frequently been reported in a majority of subjects with recent-onset (T1D)
221 (Gepts, 1965, Foulis et al., 1986), and most T1D patients display extensive periductal and
222 interlobular fibrosis, i.e., the end stage of inflammation (Meier et al., 2005). Also, a
223 substantial reduction ($\approx 30\%$) in pancreatic volume is present in newly diagnosed subjects
224 (Gaglia et al., 2011, Williams et al., 2007, Williams et al., 2012), as well as mild-to-
225 moderate exocrine pancreatic insufficiency (Creutzfeldt et al., 2005). Reduced pancreatic
226 weight has also been demonstrated in pancreases from organ donors with “pre-diabetes”
227 (presence of islet auto-antibodies) (Campbell-Thompson et al., 2016b, Campbell-Thompson
228 et al., 2012).

229 A role for bacteria in the development of T1D is emerging (Korsgren et al., 2012, Rouxel et
230 al., 2017, Knip and Siljander, 2016, Abdellatif et al., 2019). Notably, both the type and the
231 intensity of the proinflammatory responses induced in isolated human islets depend on the
232 specific strain of bacteria applied (Korsgren et al., 2012, Abdellatif et al., 2019). Although the
233 present study includes only a few bacterial species, only rats instilled with a bacterial
234 challenge including heat-inactivated *E. faecalis* developed the morphological characteristics
235 of T1D. Expression of genes related to anti-bacterial response was upregulated in the pancreas
236 of the subject with recent onset T1D as well as in rats exposed to heat-inactivated bacteria
237 relative to that observed in controls (Fig 2). It is therefore postulated that the observed
238 findings result as an interplay between an external inflammatory trigger (the heat-inactivated
239 bacteria) and a proinflammatory response induced in affected islets (release of cytokines and
240 chemokines).

241 Trafficking and activation of leukocytes is controlled by chemokines and cytokines
242 produced by parenchymal cells in response to inflammation. The HLA genotypes conferring
243 an increased risk for T1D are linked to increased innate responses to bacterial infections
244 (Kotb et al., 2002) further underlying the importance of the interplay between innate and

245 acquired immune responses in T1D. Several proteins with this powerful immunoregulatory
246 capacity are produced by human islet cells, e.g. CCL2 (MCP-1), CCL5 (RANTES), CCL3
247 (macrophage inflammatory protein 1-alpha (MIP-1-alpha)), CXCL2 (MIP-2), CXCL9
248 (monokine induced by gamma interferon (MIG)), CXCL10 (Interferon gamma-induced
249 protein 10 (IP-10)), CXCL11 (Interferon-inducible T-cell alpha chemoattractant (I-TAC)),
250 Macrophage migration inhibitory factor (MIF), IL-1 β , IL-6 and IL-8 (Waeber et al., 1997,
251 Johansson et al., 2003, Eizirik et al., 2012). This cascade of cytokines and chemokines
252 released by islet cells in response to inflammation can supposedly explain the constant and
253 puzzling finding, observed already after a few hours, with accumulation of large number of
254 granulocytes and monocytes in the peri-islet area also in lobes not, or only marginally,
255 affected by the inflammation in the exocrine pancreas (Korsgren et al., 2012). At later stages
256 this initial innate islet inflammation is replaced by T and B lymphocytes to form the
257 archetypical insulinitis observed in subjects with recent onset T1D (Gepts, 1965). This interplay
258 between the islets and the immune system is illustrated by the distinct insulinitis affecting a
259 substantial number of islets also in the splenic part of the pancreas, i.e., parts of the pancreas
260 most distal from the intestine and the injection site of the heat-inactivated bacteria.

261 Whenever repeated, similar processes would be initiated in additional lobes of the pancreas
262 eventually affecting large volumes of the pancreas. Notably, repeated pancreatic inflammation
263 would likely induce activation of the CD103⁺ T cells residing in the previously formed
264 insulitic lesions resulting in cytolysis until the total number of beta cells is too low to maintain
265 glucose metabolism. Tentatively, the progression to diabetes is facilitated by the observed
266 periductal fibrosis, the end-stage of periductal inflammation found both in the herein
267 described rat model and in human T1D (Gepts, 1965, Meier et al., 2005), negatively affecting
268 the formation of new islets (Butler et al., 2003, Skog and Korsgren, 2020).

269 In summary, we present a novel rodent model for the early immunopathological events in
270 T1D. With the data presented here, together with our previous publication (Korsgren et al.,
271 2012), it is demonstrated that this model fulfills the following criteria of being relevant for
272 human T1D: 1) no strain restriction, 2) similar affection of both male and female animals, 3)
273 no dependency of husbandry conditions, 4) dependency on environmental trigger(s), 5)
274 remitting and relapsing disease process, 6) patchy affection of the pancreas, 7) initial innate
275 inflammation of some pancreatic lobes, and 8) subsequent formation of insulinitis, a
276 pathognomonic morphological characteristics of T1D. The presented model allows detailed
277 mechanistic studies to unravel the interplay between the innate and acquired immunity in the

278 formation of immunopathological events seemingly identical to those described in humans
279 with recent onset T1D.

280 **Materials and Methods**

281 *Ethics*

282 All work involving human tissue was conducted according to principles expressed in the
283 Declaration of Helsinki. The consent to use pancreatic tissue from deceased organ donors for
284 research purposes was obtained verbally from the deceased person's next of kin by the
285 physician in charge or obtained from an online database and fully documented in accordance
286 with Swedish law and regional standard practices. The study was approved by the Regional
287 Ethics Committee in Uppsala, Sweden (Dnr 2009/043, 2009/371, 2015/444). Animal
288 experiments were approved by the Uppsala Laboratory Animal Ethical Committee (permit
289 number C141/15), on the condition that only dead bacteria were used if the observation period
290 was prolonged compared with the initial study (Korsgren et al., 2012).

291 *Human pancreatic samples*

292 Pancreatic tissue from a 29-year old organ donor that died at onset of T1D (a previously
293 healthy man with B-glucose 46 mmol/L and ketoacidosis at arrival to the emergency room
294 and with a BMI of 24.2 kg/m² and HbA1c 90 mmol/mol, previously described in detail
295 (Korsgren et al., 2012) and two donors without diabetes (a 31 year old woman with BMI 25.4
296 kg/m² and HbA1c 33 mmol/mol, and a 27 year old man with BMI 26.0 kg/m² and HbA1c 39
297 mmol/mol), procured within the Nordic Network for Clinical Islet Transplantation, were
298 included in the study. Biopsies were formalin fixed and paraffin-embedded or frozen in liquid
299 nitrogen and stored at -80°C.

300 *Bacteria*

301 All four strains used in an earlier study in this new model were included (6). They were
302 isolated from patients with invasive infections at the Department of Clinical Microbiology,
303 Uppsala University Hospital, Uppsala, Sweden, and chosen for their documented ability to
304 translocate into pancreas and cause infections in this anatomic region (Flores et al., 2003,
305 Negm et al., 2010, Schmid et al., 1999, Stelzmueller et al., 2007). The bacteria were grown
306 overnight in brain heart infusion (BHI) broth (Becton Dickinson) or Trypticase soy broth
307 BBL with 10% inactivated horse serum and 5% Fildes enrichment BBL at 35°C to a
308 concentration of 10⁹ CFU/mL. After heat-inactivation by boiling for 15 min, the viability was
309 controlled. The dead bacteria were stored at -70°C until used.

310 *Animals and Operating Procedure*

311 Healthy, male Wistar rats weighing 250 to 300 g (Taconic, Denmark) were used. Before the
312 bacterial challenge, the animals were kept under standard laboratory conditions in accordance
313 with the National Institute of Health principles of laboratory animal care and national laws in

314 Sweden. The rats were housed two by two in plastic cages under a 12:12-h light-dark cycle,
315 and they were given water and food *ad libitum*. At challenge, 200 μ l of BHI broth with or
316 without bacteria was instilled as previously described (Korsgren et al., 2012). Animals were
317 subsequently kept under normal conditions for 4 h, 3 or 6 weeks, respectively. At the end of
318 the experiment after 3 or 6 weeks, glucose tolerance was evaluated on some of the rats by an
319 intravenous glucose tolerance test IVGTT under full anesthesia (thiobutabarbital sodium
320 administered 10 minutes before glucose injection (100 mg/kg BW intraperitoneally). Bolus
321 injection of glucose was given within 60 seconds via the tail vein. Blood glucose was
322 measured immediately before and 5, 10, 30, 60, 90 and 120 minutes after glucose injection.
323 Blood glucose was measured with a glucometer (CONTOUR[®], Bayer, Solna, Sweden),
324 operating within a range of 0.6- 33.3 mmol glucose/L.

325 Animals were subsequently killed by heart puncture and serum, plasma and pancreas were
326 collected. The head and tail of the pancreas were fixed in 4% paraformaldehyde and prepared
327 for paraffin embedding.

328 *RNA Extraction and qPCR Array*

329 Frozen tissue biopsies from three different parts of the pancreatic body and tail from the organ
330 donor with recent onset T1D and one biopsy from each of the two non-diabetic organ donors
331 were subjected to sectioning and RNA extraction. Twenty consecutive 10 μ m sections were
332 placed on glass slides for subsequent IHC (sections 1-2, 7-8, 13-14, & 19-20) or placed in 600
333 μ l buffer RLT (Qiagen) containing 1% 2-mercaptoethanol (Sigma-Aldrich) for extraction of
334 RNA. From each of the five tissue biopsies, sections 3-6, 9-12, and 15-18 were pooled and
335 RNA extracted separately. Frozen tissue from the head and the tail of the pancreas of four rats
336 sacrificed 4 h after the instillation of *Enterococcus faecalis* in the ductal system were
337 subjected to sectioning and RNA extraction following the same protocol as for the human
338 samples.

339 AllPrep Mini kit (Qiagen) was used for RNA extraction according to the manufacturer's
340 instructions, including homogenization using QiaShredder columns (Qiagen) and on-column
341 DNase digestion. In the final step, an elution volume of 30 μ L was used, giving RNA
342 concentrations ranging from 63 to 217 ng/ μ L per sample.

343 Pathway-specific primer mixes (Rat Antibacterial Response, PBR-148Z, and Human
344 Antibacterial Response, PBH-148Z; Qiagen) were used for preamplification and qPCR arrays
345 (Rat Antibacterial Response, PARN-148ZE, and Human Antibacterial Response, PAHS-
346 148ZC; Qiagen) were used for the expression analysis of 84 genes involved in innate

347 antibacterial responses in human and rat respectively. Genes with a quantification cycle (Cq)
348 value >35 were regarded as non-detected and assigned a Cq of 35 to calculate fold induction.

349 *Immunohistochemistry*

350 Formalin-fixed and paraffin-embedded pancreas biopsies were cut into 6 μm consecutive
351 sections and processed for immunohistochemistry for paraffin sections, as previously
352 described (Korsgren et al., 2012). In brief, antigens were unmasked by heat-induced antigen
353 retrieval, using buffer sodium citrate or EDTA according to the manufacturers'
354 recommendations. Synaptophysin and CD45 or insulin and CD3 double-staining was used for
355 screening for insulinitis within the human pancreases. Insulin and CD43 double-staining was
356 used for screening for insulinitis within the rat pancreases. Consecutive sections were further
357 stained for CD3, CD4, CD8, CD20, CD68, CD103, insulin and glucagon (table 1). Bound
358 antibodies were visualized using Dako EnVision and diaminobenzidine-based substrate or
359 double stained using EnVision G/2 Double Stain System, Rabbit/Mouse (DAB+/Permanent
360 Red). Sections were counterstained with hematoxylin and analysed by light microscopy
361 Leica. Rat spleen sections were used as positive control for all antibodies. Negative controls
362 had the primary antibody replaced by buffer.

363 *Statistical Analyses*

364 Data from the IVGTT are presented as means \pm SEM. The statistical significance of the
365 differences between groups was analyzed by the Kruskal-Wallis test followed by Dunn's test
366 for multiple comparisons. PCR array data were analyzed with non-parametric testing using
367 Qlucore Omics Explorer version 3.3 software with an interface to R (Qlucore, Lund,
368 Sweden). FDR was determined using the Benjamini Hochberg procedure.

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373

374 **Author Contributions**

375 A.T., S.I., Å.M., O.S. and O.K designed, analyzed and interpreted the study and wrote the
376 manuscript. O.K. is the guarantors of this work and, as such, had full access to all the data in
377 the study and takes responsibility for the integrity of the data and the accuracy of the data
378 analysis.

379

380 **Disclosures**

381 The authors have nothing to disclose.

382

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534

535 **Figure legends**

536 **Figure 1.** Intravenous glucose tolerance test revealed no significant differences in peak
537 glucose values and subsequent glucose disposal 3 weeks **(A)** or 6 weeks **(B)** after bacterial
538 challenge with *S. aureus* and *E. faecalis* (filled squares) or *E. coli* and α -hemolytic
539 streptococcus (filled triangles) when compared with rats instilled with brain heart infusion
540 broth alone (filled circles; $p>0.05$).

541
542 **Figure 2. A)** Expression of 84 human genes related to innate antibacterial response was
543 analyzed with a qPCR array. Pancreatic RNA extracted from an organ donor that died at acute
544 onset of T1D showed a >2 -fold overexpression of 18 antibacterial genes compared to non-
545 diabetic donors (ND1 & ND2) ($P<0.05$, $fdr<10\%$). **(B)** Expression of 84 rat genes related to
546 innate antibacterial response were analyzed with a qPCR array. RNA was extracted from
547 pancreatic rat tissue with (bact+) or without (bact-) instilled bacteria. Bacterial translocation
548 induced a >2 -fold overexpression of 22 genes and under expression of one gene (*ccl5/rantes*)
549 related to antibacterial response ($P<0.05$, $fdr<10\%$). Eight of these were homologues to genes
550 that were significantly induced by bacterial translocation in the human tissue samples.

551
552 **Figure 3.** Pancreatic tissue from a 29-year old organ donor who died at onset of type 1
553 diabetes **(A)** or from rats three weeks after installation of *E. faecalis* in the pancreatic duct **(B-**
554 **L)** stained for islet hormones and immune cell markers. **A)** An islet with insulinitis; CD45
555 brown, synaptophysin red. **B)** focal area of dense accumulation of immune cells resembling
556 the organization of lymphatic tissue; CD4 brown, CD8 red. **C-L)** Islets with varying degrees
557 of insulinitis; **C)** insulin red, CD43 brown. **D)** glucagon red, CD43 brown. **E-F)** CD3 brown, **G)**
558 CD20 brown. **H)** CD68 brown. **I-J)** CD4 brown, CD8 red. **K-L)** CD103 brown. Scale bars
559 represents 100 μm .

560 **Table 1. Detailed list of antibodies used.**

Name	Clone and supplier	HIER pH	Dilution
anti-CD3 (rat)	SP7 (Abcam)	6.0	1:100
anti-CD4 (rat)	CAL4 (Abcam)	9.0	1:4000
anti-CD8 (rat)	OX-8 (Abcam)	6.0	1:1000
anti-CD20 (rat)	SP32 (Abcam)	6.0	1:100
anti-CD43 (rat)	AbD (BioRad)	6.0	1:200
anti-CD68 (rat)	ED1 (Biorad)		1:100
anti-CD103 (rat)	ERP2259027 (Abcam)	9.0	1:1000
anti-Insulin	A0564 (Agilent))		1:200
anti-Glucagon	LS C312053 (LSBIO)	6.0	1:400
anti-CD45 (human)	2B11+PD7/26 (Agilent)	9.0	1:75
anti-Synaptohisin	DAK-SYNAP (Agilent)	9.0	1:100
anti-CD3	Polyclonal (Agilent)	9.0	1:100

561

Figure 1

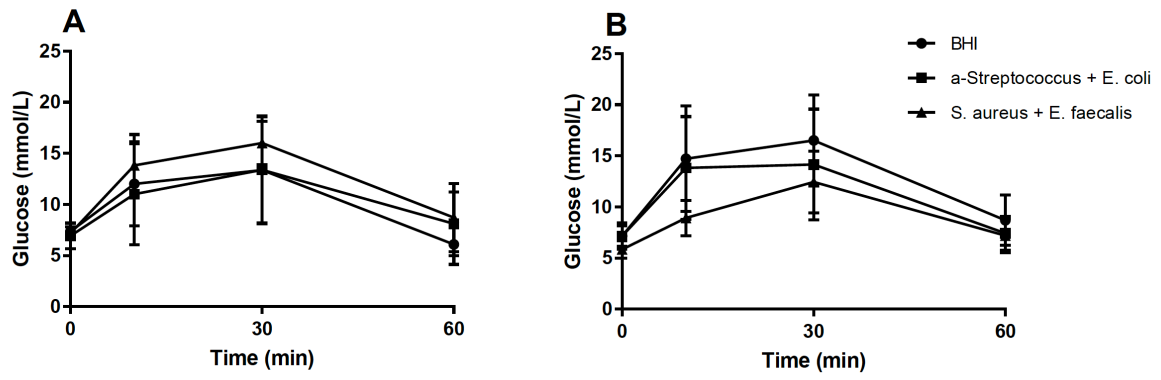


Figure 2

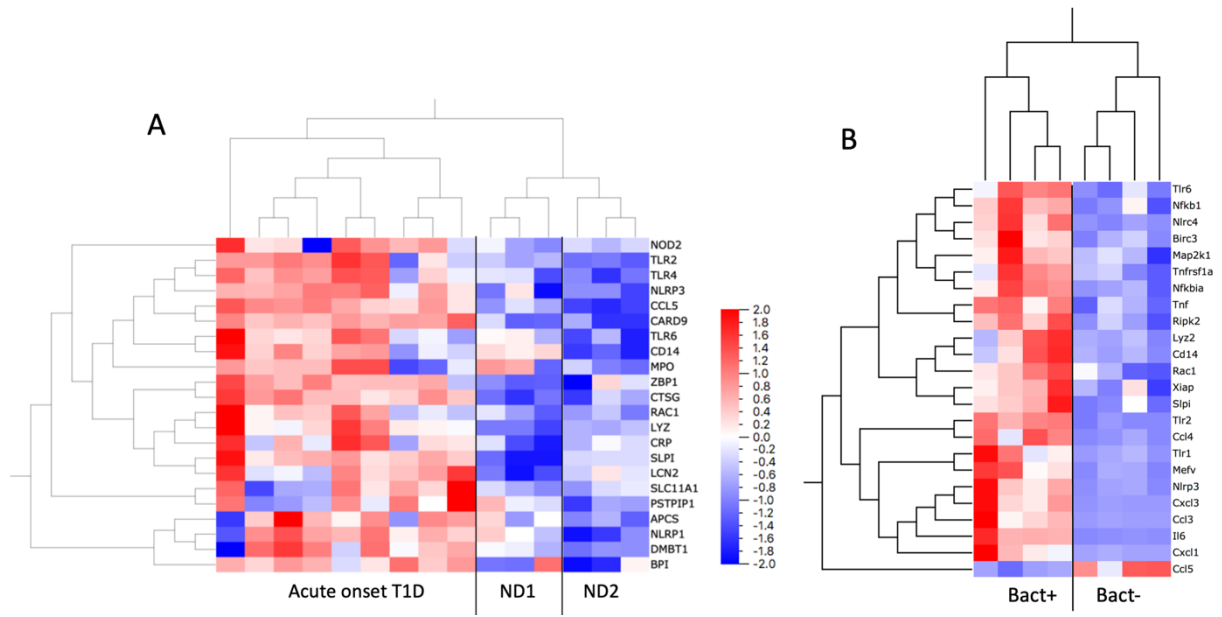


Figure 3

