Prolonged nicotine exposure reduces aversion to the drug in mice by altering nicotinic transmission in the interpeduncular nucleus.

Sarah Mondoloni[1], Claire Nguyen[1], Eléonore Vicq[1,2], Joachim Jehl[1,2], Romain Durand-de Cuttoli[1], Nicolas Torquet[1], Stefania Tolu[1], Stéphanie Pons[3], Uwe Maskos[3], Fabio Marti[1,2], Philippe Faure[1,2*] and Alexandre Mourot[1,2*]

Affiliations:

1. Sorbonne Université, Inserm, CNRS, Neuroscience Paris Seine - Institut de Biologie Paris Seine (NPS - IBPS), 75005 Paris, France.

2. Brain Plasticity Unit, CNRS, ESPCI Paris, PSL Research University, 75005 Paris, France

3. Institut Pasteur, Unité Neurobiologie intégrative des systèmes cholinergiques, Département de neuroscience, 75724 Paris cedex, France.

* equal contributions

Correspondence to: almourot@gmail.com or phfaure@gmail.com

Keywords: nicotinic acetylcholine receptors, nicotine addiction, two-bottle choice paradigm, drug aversion, medial habenula-interpeduncular nucleus pathway

Abstract

Nicotine intake is likely to result from a balance between the rewarding and aversive properties of the drug, yet the individual differences in neural activity that control aversion to nicotine and their adaptation during the addiction process remain largely unknown. Using a two-bottle choice experiment, we observed a high heterogeneity in nicotine-drinking profiles in isogenic adult male mice, with about half of the mice persisting in consuming nicotine even at high concentrations, whereas the other half durably stopped consumption. We found that nicotine intake was negatively correlated with nicotine-evoked currents in the interpeduncular nucleus (IPN), and that prolonged exposure to nicotine, by weakening this response, decreased aversion to the drug, and hence boosted consumption. Lastly, using knock-out mice and local gene re-expression, we causally identified β4-containing nicotinic acetylcholine receptors of IPN neurons as the molecular and cellular correlates of nicotine aversion. Collectively, our results identify the IPN as a substrate of individual variabilities and adaptations in nicotine consumption.

Introduction

Nicotine remains the most-widely used addictive substance in the world, and even though cigarette smoking is overall decreasing, the use of new products such as electronic cigarettes has risen dramatically in recent years [1]. Nicotine administration induces a series of effects, ranging from pleasurable (i.e. appetitive, rewarding, reinforcing, anxiolytic…) to noxious (i.e. anxiogenic, aversive…) [2]. These multifaceted effects have been described both in humans and in rodents[2]. They greatly depend on the dose of nicotine administered, show substantial inter-individual variability, and are believed to be key in the regulation of nicotine intake and in the maintenance of addiction [2,3]. Understanding the variable effects of nicotine at the molecular and circuit levels is therefore fundamental to progress in the pathophysiology of nicotine addiction, and to develop efficient smoking-cessation therapies.

Nicotine mediates its physiological effects by activating nicotinic acetylcholine receptors (nAChRs), pentameric ligand-gated ion channels encoded by a large multigene family. There are nine nAChR α (α2-10) and three β (β2-4) subunits expressed in the brain, which can assemble to form homo-pentamers or hetero-pentamers with various localizations and functions [4,5]. Initiation of consumption and reinforcement to nicotine involve the mesolimbic dopamine reward circuit, which originates in the ventral tegmental area (VTA) [6]. Nicotine primarily acts on this circuit by activating α4β2 nAChRs, a receptor subtype that displays high affinity for the drug [6-9]. Interestingly, an acute injection of nicotine also inhibits a subset of VTA dopamine neurons that project to the amygdala [10], and this results in elevated anxiety in mice,

illustrating the heterogeneity of the brain reward circuit, and the complexity of nicotine

dependence.

Another important pathway in the neurobiology of nicotine addiction is the medial

habenulo-interpeduncular (MHb-IPN) axis [11-14]. This pathway is deeply implicated in

the regulation of aversive physiological states such as fear and anxiety [15-17]. It is

believed to directly mediate aversion to high doses of nicotine [11,12], to trigger the

affective (anxiety) and somatic symptoms following nicotine withdrawal [18-21] and to be

involved in relapse to nicotine-seeking [22]. Strikingly, neurons of the MHb-IPN axis

express the highest density and largest diversity of nAChRs in the brain, notably the

rare α5, α3 and β4 subunits [5]. These are encoded by the CHRNA5-A3-B4 gene cluster,

of which some sequence variants are associated with a high risk of addiction in humans

[23,24]. The α3 and β4 subunits are virtually absent in the VTA, or in other parts of the

brain. The α3β4 nAChR shows lower affinity for nicotine than the α4β2 subtype, which

has contributed to the widely accepted idea that nicotine is rewarding at low doses

because it activates primarily α4β2 receptors of the VTA, while it is aversive at high

doses because only then does it activate α3β4 nAChRs of the MHb-IPN axis [11,13].

Nevertheless, this hypothesis of different reactivity thresholds to nicotine in different

circuits is based on indirect evidence from c-fos quantification or brain slice physiology

experiments, and does not take into account the possible adaptive changes in the

circuits that result from repeated exposure to nicotine. Therefore, real-time recording

of the response of the MHb-IPN circuit to nicotine, both in naive animals and after

prolonged exposure to nicotine, is still a prerequisite to understand the mechanism by

which smokers develop tolerance to the aversive effects of nicotine.

A distinct feature of addiction is that, overall, only some individuals lose control over

their drug use, progressively shifting to compulsive drug intake [25-29]. About a third to

half of those who have tried smoking tobacco become regular users [30]. Individual

differences in the sensitivities of the VTA and MHb-IPN systems, and in their respective

adaptations during chronic tobacco use, could contribute to the vulnerability to nicotine

and to the severity of the addiction process [13,31-34]. Yet, the neural mechanism that

makes individuals more prone to maintain nicotine consumption versus durably stop

are unclear. In addition, whether the MHb-IPN pathway respond differently to nicotine

in individuals with and without a history of nicotine use is largely unknown. Here we

used isogenic mice and electrophysiology (*ex vivo* and *in vivo*) to study the neuronal

correlates of inter-individual variabilities in nicotine consumption behavior, and their

adaptation after chronic exposure to the drug.

Results

<u>Heterogeneity in nicotine consumption in isogenic wild-type mice.</u>

We used a continuous access, two-bottle choice nicotine-drinking test to assess

consumption profiles in wild-type C57Bl6 male mice single-housed in their home cage

(Fig. 1A). In this test, animals have continuous and concurrent access to two bottles

containing a solution of either 2% saccharine (vehicle) or nicotine plus 2% saccharine

(to mask the bitter taste of nicotine). After a 4-day habituation period with water in both

bottles, nicotine concentration was progressively increased in one bottle across 16

days, from 10 to 200 μg/ml (4 days at each concentration), while alternating the side

of the nicotine-containing solution every other day to control for side bias (Fig. 1B). Consumption from each bottle was measured every minute. We found that the daily nicotine dose consumed increased throughout the paradigm, to stabilize at about 10 mg/kg/day on average for the highest nicotine concentration tested (Fig. 1C, Fig. S1A). The progressive increase in nicotine consumption was associated with an overall decrease in the preference for nicotine, especially for concentrations above 50 μg/ml (Fig. 1D). At the population level, these results suggest that mice adjust their daily dose of nicotine by selecting the adapted bottle according to their own preference for the drug, resulting in nicotine titration, as previously reported [11,33].

We then analyzed more precisely individual nicotine consumption profiles, and found two major types of behaviors. About half of the mice (18/35) displayed a gradual increase or reached a particular plateau in their consumption, and still had significant consumption for the highest dose tested. We classified these mice as "consumers" (Fig. 1E). The other half of the mice (17/35) unexpectedly avoided the nicotine-containing bottle, either right at the beginning of the task, or at the transition to specific nicotine doses during the task. We classified these mice as "avoiders". Overall, only a small proportion of the mice (7/35) readily titrated their nicotine intake, which contrasts with what can be observed at the population level here (Fig. 1C) and in previous studies [11,33]. Avoiders and consumers (defined as above throughout the manuscript) showed on average similar nicotine intake for the low concentrations of nicotine (10 and 50 µg/ml, $p > 0.05$), but while nicotine intake increased throughout the task for consumers (16.9 ± 2.9 mg/kg/day for 200 μg/ml of nicotine) it dropped down to 2.6 ± 0.4 mg/kg/day for such high nicotine concentration in avoiders (Fig. 1F), and almost reached zero over the last three days (Fig. 1G). The preference ratio in

consumers was fairly constant throughout the task (Fig. S1B), whereas in avoiders,

preference for nicotine drastically decreased as nicotine concentration increased (Fig.

S1B), with a pattern similar to what we observed in a two-bottle choice quinine-drinking

test (Fig. S1C), suggesting that avoiders have actually developed aversion to nicotine.

The dose of nicotine triggering aversion differs between mice

The average consumption over four days is a good indicator of the drug dose

consumed and preference ratio. However, it does not take into account the choice

patterns of the animals and their behavioral adaptations when bottles are swapped.

Due to the oral nature of the test, it may be difficult for an animal to associate

consumption in a particular bottle with the effects (whether positive or negative) of

nicotine. We thus systematically analyzed individual preference ratios throughout the

task. We found that some consumers actively tracked the side associated with nicotine

when bottles were swapped (e.g. mouse #1 in Fig. 2A), indicating preference for the

bottle containing nicotine, while others displayed a strong side preference and never

alternated drinking side (e.g. mouse #2 in Fig. 2A), and hence consumed nicotine in a

more passive fashion. In contrast, all avoider mice (n = 17) readily displayed actual

avoidance behavior of the nicotine-containing solution, whether they initially tracked

the nicotine solution (e.g. mice #3 and 5 in Fig. 2A) or not (e.g. mice #4 and 6 in Fig.

2A). To quantify the evolution of nicotine preference at the individual level throughout

the task, and to better take into account the passive consumption behavior of some of

the mice, we mapped each profile in a pseudo-ternary plot where two apices represent

100% saccharine (Sacc.) and 100% nicotine (Nic.) preference, while the third apex

represents 100% side bias (Fig. 2B). Such a ternary representation enabled us to

represent the trajectory for each individual, from the water condition to the 200 μg/ml

nicotine condition, and to calculate the shortest distance from the point of interest to

each apex, at each step of the task. We found that the behavior of consumers was on

average fairly consistent throughout the task, i.e. their distance from the apex was not

really impacted by the nicotine dose (Fig. 2C and Fig. S2). In contrast, the behavior of

avoiders was highly nicotine dose-dependent, with mice going further away from the

nicotine apex as nicotine concentration increases (Fig. 2 C and Fig. S2). Aversion to

nicotine in avoider mice mainly occurred at the transition from 100 to 200 μg/ml, but

some mice displayed a threshold as low as 10 μg/ml for avoidance-like behavior. In

fact, the proportion of avoiders progressively developed as nicotine concentration

increased in the bottle, to reach about 50% at the end of the 20-day task (Fig. 2D).

Together, these results indicate that most mice can discriminate nicotine from the

control solution and that, at some specific threshold dose, some mice start actively

avoiding the nicotine-containing bottle.

Do avoiders readily and durably learn to avoid the nicotine-containing solution, or do

they just rapidly react to the dose to adjust their intake? To answer this question, we

added at the end of the two-bottle choice task, i.e. after the 200 μg/ml nicotine

condition, a condition with a low concentration of nicotine (50 μg/ml). We chose 50

μg/ml of nicotine because avoiders and consumers initially displayed comparable

nicotine intake and preference at this dose (Fig. 1F, Fig. S1B). We hypothesized that

if avoiders increased their preference at the 200-50 μg/ml transition, it would indicate

a rapid adjustment to the concentration proposed. In contrast, if avoiders maintained

a steady, low preference for nicotine, it would indicate that a threshold was reached

during previous exposure and that nicotine aversion became persistent, independently

of the dose. We found that indeed lowering nicotine concentration from 200 to 50 µg/ml

did not increase the nicotine preference ratio in avoiders (Fig. 2E), thus indicating that

wild-type (WT) mice can develop learned aversion for nicotine during a self-

administration task, which results in a durable change in behavior and nearly-complete

cessation of consumption.

<u>Nicotine consumption negatively correlated with the amplitude of nicotine-evoked</u>

<u>currents in the IPN</u>

We then hypothesized that the IPN, which is involved in nicotine aversion and in

negative affective states [2,35,36], might be differently activated by nicotine in avoiders

and consumers. We used patch-clamp electrophysiology on brain slices to assess, at

completion of the two-bottle choice task, the functional expression level of nAChRs in

IPN neurons. We recorded neurons from the dorsal and rostral IPN because these

neurons have high nAChR density [13,14,37,38]. To record nicotine-evoked currents, we

used a local puff application of nicotine at a concentration (30 µM) close to the EC50

for heteromeric nAChRs [39]. We found that the amplitude of nicotine-induced currents

was higher in IPN neurons of avoider mice than in consumers (Fig. 2F). Moreover, we

found a negative correlation between the average amplitude of nicotine-induced

current in IPN neurons, and nicotine consumption levels (measured over the last 24

hours prior to the patch-clamp recording, Fig. 2G), suggesting that nicotine

consumption level in mice is negatively linked to the amplitude of the response to

nicotine in IPN neurons.

 <u>Chronic nicotine treatment alters both nicotinic signaling in the IPN and nicotine</u>

<u>consumption.</u>

It is still unclear at this stage whether chronic nicotine exposure progressively alters

the response of IPN neurons to the drug (consumers being further exposed to high

nicotine doses than avoiders) or whether an intrinsic difference pre-exists in consumer

and avoiders. To determine the effect of chronic nicotine exposure on nAChR current

levels in IPN neurons, we passively and continuously exposed mice to nicotine for 4

weeks, using subcutaneously implanted osmotic minipumps. The concentration of

nicotine in the minipump (10 mg/kg/day) was chosen to match the average voluntary

intake of nicotine in the two-bottle choice task (Fig. 1C). We then recorded nicotine-

evoked currents from acute brain slices and found that indeed, prolonged exposure to

nicotine reduced the amplitude of nicotine-evoked currents in the IPN of these mice

compared to control mice treated with saline (Fig. 3A). These results are consistent

with the reduced current amplitudes we observed in mice that underwent the two-bottle

choice task, compared to naive mice in their home cage (Fig S3A). Because IPN

neurons are mostly silent in brain slices, and in order to preserve the entire circuitry

intact, we decided to perform juxtacellular recordings of IPN neurons *in vivo*, and to

characterize their response (expressed in % of variation from baseline) to an

intravenous (i.v.) injection of nicotine (30 µg/kg). To our knowledge, no description of

in vivo recordings of IPN neurons, and thus no criteria for identification have been

reported as yet, hence we solely considered neurons that were labelled *in vivo* with

neurobiotin and confirmed to be within the IPN for the analysis. We found that nicotine

i.v. injections in naive WT mice induced an increase in the firing rate of IPN neurons

compared to an injection of saline, and that this acute effect of nicotine was reduced

after the prolonged (4 weeks) passive exposure of mice to the drug (Fig.3B). Some of

the IPN neurons, however, responded to nicotine by decreasing their firing rate, and

the degree of inhibition was lower in the group exposed to chronic nicotine (Fig. S3B).

Together, these *ex vivo* and *in vivo* recordings demonstrate that prolonged exposure

to nicotine markedly reduces nicotine-evoked responses in mouse IPN neurons.

To verify the hypothesis that a modification in the cholinergic activity of IPN neurons

impacts nicotine aversion, we first evaluated the consequence of prolonged nicotine

exposure on nicotine consumption. Mice were implanted with an osmotic minipump to

passively deliver nicotine and, after 20 days, were subjected to a modified two-bottle

task that consisted in a rapid presentation to high doses (100 µg/ml) of nicotine (Fig.

3C). We chose this protocol to avoid the confounding effects of a gradual exposure to

nicotine. We found that mice pretreated with saline (controls), but not those pretreated

with nicotine, significantly decreased their preference for the nicotine-containing

solution (Fig. 3C), gradually over the four days (Fig. S3C). This indicates that mice

under chronic nicotine treatment developed tolerance for the aversive effects of

nicotine. Overall, this resulted in greater nicotine intake for the group treated with

nicotine than for the group treated with saline (Fig. 3C). When focusing on individuals,

we observed that a single saline-pretreated mouse (1/23) increased its nicotine

preference when nicotine was introduced in the task, while the great majority of the

mice actively avoided nicotine. In contrast, a large proportion of the mice treated with

nicotine (8/25) increased their preference for nicotine (Fig.3D). The two groups were

identical in the water/water session. However, in the water/nicotine session, mice

pretreated with nicotine showed a greater distance from the "Saccharine apex", and a

shorter distance from the "Nicotine apex" than mice pretreated with saline in the

pseudo ternary representation (Fig. 3E), indicating increased reference for the drug in

the nicotine pretreated group. Altogether, these electrophysiological and behavioral

data demonstrate that prolonged exposure to nicotine both decreases nicotine efficacy

in the IPN, and also increases the threshold for triggering nicotine-aversion in

individuals, resulting in increased consumption of the drug. Yet, whether these

electrophysiological and behavioral effects are causally related remains to be

demonstrated.

<u>Nicotine avoidance involves β4*nAChRs.</u>

We turned to mutant mice deleted for the gene encoding the nAChR β4 subunit (β4$^{-/-}$

mice), because of the strong and restricted expression of this subunit in the IPN [31,40,41].

We found that β4$^{-/-}$ mice displayed both greater nicotine preference and greater

consumption than WT animals, with virtually no dose-dependent change in nicotine

preference (Fig. 4A). When looking at individuals, we observed both active and passive

nicotine-drinking profiles in β4$^{-/-}$ mice, as already observed in WT mice (13/35 passive

mice for WT mice; 4/13 for β4$^{-/-}$ mice). Strikingly, none of the β4$^{-/-}$ mice (0/13) showed

aversion-like behavior at high nicotine doses, which contrasts with the high proportion

of avoiders in WT animals (17/35, Fig. 4B, Fig. S4A). WT mice showed a strong

adaptation in their behavior according to the dose of nicotine, while β4$^{-/-}$ mice had a

more consistent behavior throughout the task (Fig. 4C and Fig. S4B, C).

To verify that responses to nicotine were affected in IPN neurons of β4$^{-/-}$ mice, we

performed patch-clamp recordings. We found that the amplitude of nicotine-evoked

currents in the IPN was on average three-fold lower in β4$^{-/-}$ than in WT mice (Fig. 4D),

confirming that β4*nAChRs are the major receptor subtype in the IPN. Furthermore,

prolonged nicotine treatment had no significant effect on the amplitude of nAChR

currents in these knock-out mice (Fig. 4D), suggesting that the downregulation

observed after chronic nicotine treatment in the IPN of WT mice mainly affects

β4*nAChRs. We then used *in vivo* juxtacellular recordings, and performed dose-

response experiments (7.5 – 30 μg/kg) in order to assess the role of β4*nAChRs in the

response to different doses of nicotine. In WT mice, nicotine i.v. injections resulted in

a dose-dependent increase in IPN neuron activity (Fig. 4E). In $β4^{-/-}$ mice, responses to

nicotine were of smaller amplitude, especially for the highest dose of nicotine tested

(Fig. 4E), further demonstrating the important role of β4*nAChRs of the IPN in the

response to nicotine. In both WT and $β4^{-/-}$ mice, we observed a population of neurons

that decreased their firing rate in a dose-dependent manner, yet with no difference in

the amplitude of the response between the two genotypes (Fig. S4D-F), suggesting

that β4*nAChR are mainly involved in the increase, but not in the decrease, of neuronal

activity in response to nicotine injection. Collectively, our results in $β4^{-/-}$ mice

demonstrate the key role of the nAChR β4 subunit in signaling aversion to nicotine,

and its predominant role in sensing nicotine and activating the IPN.

<u>β4*nAChRs of the IPN are critically involved in nicotine aversion.</u>

To causally assess the role of β4*nAChRs of IPN neurons in nicotine aversion, and

more generally in nicotine consumption, we targeted re-expression of β4 in the IPN

specifically, using lentiviral vectors in $β4^{-/-}$ mice (KO-β4^{IPN} mice, Fig. 5A). Mice

transduced with eGFP (KO-GFP^{IPN} mice) were used as controls. Proper transduction

in the IPN was verified using immunohistochemistry after completion of the two-bottle

choice task (Fig. 5A), and mice with expression of GFP in the VTA were excluded from

analyses. Transduction of β4, but not of GFP, in the IPN increased the amplitude of

nicotine-evoked currents (Fig. 5B) and restored levels found in WT animals (U test, p

= 0.6, Fig. S5A). We compared nicotine intake in the two groups of mice in the two-

bottle choice task. We found that re-expression of β4 in the IPN of β4$^{-/-}$ mice decreased

nicotine consumption compared to the group of mice transduced with eGFP in the IPN

(Fig. 5C). Overall, consumption levels were similar in WT and in KO-β4^{IPN} animals

(p>0.5 for all doses), demonstrating the causal role of β4 nAChRs of IPN neurons in

nicotine consumption behaviors. At the individual level, the proportion mice that

avoided nicotine at 200 μg/kg was very low (11% avoiders) for KO-GFP^{IPN} control mice,

but greater for KO-β4^{IPN} mice (47% avoiders, Fig. 5D). The behavior of KO-GFP^{IPN}

was steady throughout the task, whereas it was highly nicotine-dose dependent for

KO-β4^{IPN} mice (Fig. 5E and Fig. S5B, C), as already observed with WT mice. Mice with

strong preference for nicotine were only found in the KO-GFP^{IPN} control group.

Collectively, these results show that re-expression of β4 in the IPN of β4$^{-/-}$ mice rescued

aversion for nicotine, and highlight the specific role of β4*nAChRs of IPN neurons in

setting the threshold dose for aversion to nicotine, and in the control of nicotine intake.

Discussion

We used a two-bottle choice paradigm to assess inter-individual differences in nicotine

consumption in mice, and to evaluate how pre-exposure to nicotine modifies drug

taking. Oral self-administration is a classical method for chronic nicotine administration

as it provides rodents with *ad libitum* access to nicotine, likely mimicking administration

in human smokers, while minimizing stress from handling [42]. We observed that, on

average, WT mice titrate their intake to achieve a consistent nicotine dose, in

agreement with previous reports [11,33,34], and discovered that mutant mice lacking the

nAChR β4 subunit did not, resulting in greater nicotine consumption, notably at high

nicotine concentrations of the drinking solution. These behavioral results are in

agreement with the greater intracranial self-administration observed at high nicotine

doses in these mice [32] and, conversely, with the results obtained with transgenic

TABAC mice overexpressing the β4 subunit at endogenous sites, which avoid nicotine

and as a consequence consume very little [12,32]. Nevertheless, it should be noted that

conflicting results have also been reported regarding the role of β4 nAChRs in nicotine

consumption. Notably, intravenous self-administration of nicotine is lower in $\beta4^{-/-}$ mice

despite a higher sensitivity of the VTA to nicotine in these mice [31], and self-

administration is higher in TABAC mice despite reduced nicotine-induced activation of

the VTA [43]. The increased consumption at high nicotine doses reported here for $\beta4^{-/-}$

mice resembles what was observed in mutant mice either lacking the α5 subunit [11] or

with low levels of the α3 subunit [45], likely because the α3, α5, and β4 nAChR subunits,

which are encoded by the same gene cluster, co-assemble in brain structures, notably

the MHb-IPN pathway, to produce functional heteromeric nAChRs that contribute to

the control of nicotine intake.

One important limitation of population-level analyses is that they greatly limit the ability

to examine inter-individual differences in drug taking behaviors. It is indeed

increasingly acknowledged that in mice, as in humans, there is a substantial variability

in the susceptibility for developing drug use disorders [26-28,44-47]. Yet, it is still unclear

why some individuals are more susceptible than others to become regular users. Here

we inspected drinking profiles in individual isogenic mice, and discovered large inter-

individual differences in nicotine vulnerability: about half of the WT mice, the avoiders,

durably quit nicotine at a certain dose, whereas the other half, the consumers,

continued consumption even at high doses of nicotine, classically described as

aversive [2]. Avoiders displayed variable threshold doses for aversion, and some of them

even developed aversion at the beginning of the two-bottle choice experiment, when

concentrations of nicotine were still low. This finding challenges the popular idea that

aversion is only triggered by high doses of nicotine [2,11-13]. By directly measuring the

response of IPN neurons to different doses of nicotine *in vivo*, we show that

concentrations of nicotine as low as 7.5 μg/kg can engage the IPN circuitry, suggesting

that nicotine-induced signaling can emerge in this structure even at low doses of the

drug. Consumers (WT and $\beta 4^{-/-}$ mice) may still have an aversion threshold that would

exceed the highest dose tested here. Importantly, very few mice showed what could

be considered as "efficient titration", emphasizing the needs to consider individual

behavior, as opposed to group behavior, in addiction research.

We also discovered that the functional expression level of $\beta 4$-containing nAChRs in

the IPN underlies these different sensitivities to the aversive properties of nicotine.

Indeed, inter-individual variability for nicotine aversion was virtually eliminated in $\beta 4^{-/-}$

mice, none of which quit drinking nicotine, and was restored after selective re-

expression of the $\beta 4$ subunit in the IPN. Strikingly, we observed a negative correlation

between nicotine consumption and the response of the IPN to the drug: mice

consuming high amounts of nicotine displayed lower nicotine-evoked currents in the

IPN than mice consuming small amounts of nicotine, which displayed large currents.

The expression level of $\beta 4$-containing nAChRs in the IPN thus determines the aversion

threshold for the drug, and consequently its intake. We suggest that $\beta 4$-containing

nAChRs, by engaging the IPN circuitry, initiate a primary response to nicotine that, if

above a certain threshold, will trigger acute aversion to the drug, thus impacting the

balance between drug reward and aversion to limit drug consumption. In line with this,

it was found that pharmacological or optogenetic stimulation of the MHb-IPN pathway

could directly produce aversion [13,14,33], while pharmacological inactivation of this

pathway increases nicotine intake [11]. From our results, we further suggest that the

aversion produced by nicotine is not just acute but also long-lasting, since mice persist

in avoiding nicotine even after the concentration has been lowered to a dose they used

to ingest. This echoes observations made in humans, in which the unpleasant initial

responses to cigarettes is associated with a reduced likelihood of continued smoking

[48]. Such a sustained aversive reaction to nicotine was conditioned, in mice, by nicotine

itself, and required β4-containing nAChRs of the IPN for its onset, but most likely

involves other brain circuits for its persistence in the long-term. Identifying the

molecular and cellular mechanism of long-term aversion to nicotine in mice will be

instrumental to progress in our understanding of human dependence to tobacco.

We did not observe major differences in the consumption levels of avoiders and

consumers at the beginning of the two-bottle choice experiment, for low concentrations

of nicotine (< 100 μg/ml), but cannot completely rule out pre-existing inter-individual

differences that may explain the opposite trajectories taken by the two groups. Indeed,

the mice used in this study were isogenic, yet epigenetic changes during development

or differences in social status, which are known to affect brain circuits and individual

traits [49], may affect the responses of the IPN to nicotine. It is indeed tempting to

speculate that external factors (e.g. stress, social interactions…) that would affect the

expression level of β4-containing nAChRs in the IPN, will have a strong impact on

nicotine consumption. In addition to pre-existing differences, history of nicotine use

could produce long-lasting molecular and cellular adaptations in the IPN circuitry that

may affect nicotine aversion and consumption. In the VTA, chronic nicotine

upregulates the number of β2-containing receptors at the cell surface [50,51]. We

discovered that prolonged nicotine exposure had the opposite effect on β4-containing

nAChRs of the IPN: it downregulated and/or desensitized these receptors, as

evidenced by the decreased response to nicotine both *ex-vivo* and *in-vivo*. This effect

seems to be specific to β4-containing nAChRs, since chronic nicotine had virtually no

consequence on the residual IPN nAChR current in $\beta4^{-/-}$ mice. These results may

appear at odds with the recent report of increased nAChR currents in IPN slices of

nicotine-treated mice [52]. Nevertheless, our behavioral results in nicotine-treated WT

and $\beta4^{-/-}$ mice completely match: both displayed reduced responses to nicotine (ex vivo

and i*n vivo)* in IPN neurons, as well as increased nicotine consumption compared to

naive, WT animals. We suggest that long-term exposure to nicotine increases the

threshold for aversion to the drug, and thereby increases drug consumption. In other

words, nicotine intake history weakens the ability of nicotine to induce aversion in mice.

In most nicotine replacement therapies, such as gums or patches, nicotine is slowly

administered over prolonged periods of time, to supposedly attenuate the negative

emotional reactions elicited by nicotine withdrawal. However, we show that mice under

prolonged nicotine administration will also develop tolerance to the aversive effects of

nicotine, thus providing some possible explanation as to why such replacement

strategies in humans have limited efficacy in the long term [53], and highlighting the

necessity to develop alternative medical approaches.

Materials and Methods

Animals

Eight to sixteen-week old wild-type C57BL/6J (Janvier labs, France) and Acnb4 knock-out (β4^{-/-}) mice (Pasteur Institute, Paris) [54] were used for this study. β4^{-/-} mice were backcrossed onto C57BL/6J background for more than twenty generations. Mice were maintained on a 12h light and dark cycle. All experiments were performed in accordance with the recommendations for animal experiments issued by the European Commission directives 219/1990, 220/1990 and 2010/63, and approved by Sorbonne Université.

Two-bottle choice experiment

Mice single-housed in a home cage were presented with two bottles of water (Volvic) for a habituation period of 4 days. After habituation, mice were presented with one bottle of saccharine solution (2%, Sigma Aldrich) and one bottle of nicotine (free base, Sigma Aldrich) plus saccharine (2%) solution diluted in water (adjusted to pH ~7.2 with NaOH). Unless otherwise noted, four different concentrations of nicotine were tested consecutively (10, 50, 100 and 200 µg/ml) with changes in concentration occurring every 4 days. For the two-bottle aversion task, a single nicotine concentration (100 µg/ml) was used after the habituation period. Bottles were swapped every other day to control for side preference. The drinking volume was measured every minute with an automated acquisition system (TSE system, Germany). Mice were weighed every other day to quantify the nicotine intake in mg/kg/day. Mice showing a strong side bias (preference <20% or >80%) in the habituation period were not taken into account for the analyses.

For the pseudo-ternary plot analyses, mouse choices (each drinking event) were

quantified using the percentage of choices for the nicotine-containing bottle. For each

dose of nicotine and each animal, we calculated two percentages, associated with

nicotine on the left-hand side (%c1) and nicotine on the right-hand side (%c2),

respectively. To evaluate avoidance of nicotine, tracking or side bias, we plotted

min(%c1, %c2) against max(%c1, %c2). In this plot the three summits (0,0), (1,1) and

(0,1) represent mice that avoid nicotine on both sides, mice that track nicotine on both

sides, and finally mice that drink only one side, respectively. We then used a 90°

rotation to obtain the pseudo-ternary plot.

Prolonged treatment with nicotine

Osmotic minipumps (2004, Alzet minipump) were implanted subcutaneously in 8-

week-old mice anesthetized with isoflurane (1%). Minipumps continuously delivered

nicotine (10 mg/kg/d) or saline (control) solution with a rate of 0.25 µl/h during 4 weeks.

Brain slice preparation

Mice were weighed and then anaesthetized with an intraperitoneal injection of a

mixture of ketamine (150 mg/kg, Imalgene 1000, Merial, Lyon, France) and xylazine

(60 mg/kg, Rompun 2%, Bayer France, Lyon, France). Blood was then fluidized by an

injection of an anticoagulant (0.1mL, heparin 1000 U/mL, Sigma) into the left ventricle,

and an intra-cardiac perfusion of ice-cold (0-4°C), oxygenated (95% O_2/5% CO_2)

sucrose-based artificial cerebrospinal fluid (SB-aCSF) was performed. The SB-aCSF

solution contained (in mM): 125 NaCl, 2.5 KCl, 1.25 NaH_2PO_4, 5.9 $MgCl_2$, 26 $NaHCO_3$,

25 sucrose, 2.5 glucose, 1 kynurenate (pH 7.2). After rapid brain sampling, slices (250

µm thick) were cut in SB-aCSF at 0-4°C using a Compresstome slicer (VF-200,

Precisionary Instruments Inc.). Slices were then transferred to the same solution at

35°C for 10 min, then moved and stored in an oxygenated aCSF solution at room

temperature. The aCSF solution contained in mM: 125 NaCl, 2.5 KCl, 1.25 NaH_2PO_4,

2 $CaCl_2$, 1 $MgCl_2$, 26 $NaHCO_3$, 15 sucrose, 10 glucose (pH 7.2). After minimum 1h of

rest, slices were placed individually in a recording chamber at room temperature and

infused continuously with aCSF recording solution at a constant flow rate of about 2

ml/min.

Ex vivo patch-clamp recordings of IPN neurons

Patch pipettes (5-8 MΩ) were stretched from borosilicate glass capillaries (G150TF-3,

Warner instruments) using a pipette puller (Sutter Instruments, P-87, Novato, CA) and

filled with a few microliters of an intracellular solution adjusted to a pH of 7.2, containing

(in mM): 116 K-gluconate, 20 HEPES, 0.5 EGTA, 6 KCl, 2 NaCl, 4 ATP, 0.3 GTP and

2 mg/mL biocytin. Biocytin was used to label recorded neurons. The slice of interest

was placed in the recording chamber and viewed using a white light source and a

straight microscope coupled to a Dodt contrast lens (Scientifica, Uckfield, UK).

Neurons were recorded from the dorsal (IPDL) and rostral (IPR) parts on the IPN.

Whole-cell configuration recordings of IPN neurons were performed using an amplifier

(Axoclamp 200B, Molecular Devices, Sunnyvale, CA) connected to a digitizer (Digidata

1550 LowNoise acquisition system, Molecular Devices, Sunnyvale, CA). Signal

acquisition was performed at 10 kHz, filtered with a lowpass (Bessel, 2 kHz) and

collected by the acquisition software pClamp 10.5 (Molecular Devices, Sunnyvale,

CA). Nicotine tartrate (30 µM in aCSF) was locally and briefly applied (200 ms puffs)

using a puff pipette (glass pipette ~3 µm diameter at the tip) positioned about 20-30

µm from the soma of the neuron. The pipette was connected to a Picospritzer (PV-800

PicoPump, World Precision Instruments) controlled with pClamp to generate transient

pressure in the pipette (~2 psi). Nicotine-evoked currents were recorded in voltage-

clamp mode at a membrane potential of -60 mV. All electrophysiology traces were

extracted and pre-processed using Clampfit (Molecular Devices, Sunnyvale, CA) and

analyzed with R.

In vivo electrophysiology

Mice were deeply anesthetized with chloral hydrate (8%, 400 mg/kg) and anesthesia

was maintained throughout the experiment with supplements. Catheters were

positioned in the saphenous veins of the mice to perform saline or nicotine intravenous

injections. Nicotine hydrogen tartare salt (Sigma-Aldrich) was dissolved in 0.9% NaCl

solution and pH was adjusted to 7.4. The nicotine solution was injected at a dose of

7.5, 15 and 30 µg/kg. Borosilicate glass tubings (1.5 mm O.D. / 1.17 mm I.D., Harvard

Apparatus) were pulled using a vertical puller (Narishige). Glass pipettes were broken

under a microscope to obtain a ~1 µm diameter at the tip. Electrodes were filled with

a 0.5% NaCl solution containing 1.5% of neurobiotin tracer (AbCys) yielding

impedances of 6-9 MΩ. Electrical signals were amplified by a high-impedance amplifier

(Axon Instruments) and supervised through an audio monitor (A.M. Systems Inc.). The

signal was digitized, sampled at 25 kHz and recorded on a computer using Spike2

(Cambridge Electronic Design) for later analysis. IPN neurons were recorded in an

area corresponding to the following stereotaxic coordinates (4-5° angle): 3.3 - 3.6 mm

posterior to bregma, 0.2 - 0.45 mm from medial to lateral and 4.3 - 5 mm below the

brain surface. A 5 min-baseline was recorded prior to saline or nicotine i.v. injection.

For the dose-response experiments, successive randomized injections of nicotine (or

saline) were performed, interspaced with sufficient amount of time (> 10 min) to allow

the neuron to return to its baseline.

Stereotaxic viral injections

8-week old mice were injected in the IPN with a lentivirus that co-expresses the WT β4

subunit together with eGFP (or only eGFP for control experiments) under the control

of the PGK promoter. Lentiviruses were produced as previously described [6]. For viral

transduction, mice were anaesthetized with a gas mixture containing 1-3% isoflurane

(IsoVet®, Pyramal Healthcare Ltd., Nothumberland, UK) and placed in a stereotactic

apparatus (David Kopf Instruments, Tujunga, CA). Unilateral injections (0.1µl/min) of

1µl of a viral solution (Lenti.pGK.β4.IRES.eGFP, titer 150 ng/µl of p24 protein; or

Lenti.pGK.eGFP, titer 75 ng/µl of p24 protein) were performed using a cannula

(diameter 36G, Phymep, Paris, France). The cannula was connected to a Hamilton

syringe of 10 µL (Model 1701, Hamilton Robotics, Bonaduz, Switzerland) placed in a

syringe pump (QSI, Stoelting Co, Chicago, IL, USA). Injections were performed in the

IPN at the following coordinates (5° angle): from bregma ML - 0.4 mm, AP - 3.5 mm,

and DV: - 4.7 mm (according to Paxinos & Franklin). Electrophysiological recordings

were made at least 4 weeks after injection, the time required for the expression of the

transgene, and proper expression was subsequently checked using

immunohistochemistry.

Immunocytochemical identification

Immunostaining was performed as described in [9], *with the following* primary antibodies:

anti-tyrosine hydroxylase 1:500 (anti-TH, Sigma, T1299) and chicken anti-eYFP 1:500

(Life technologies Molecular Probes, A-6455). Briefly, serial 60 µm-thick sections of

the midbrain were cut with a vibratome. Slice were permeabilized for one hour in a

solution of phosphate-buffered saline (PBS) containing 3% bovine serum albumin

(BSA, Sigma; A4503). Sections were incubated with primary antibodies in a solution

of 1.5 % BSA and 0.2 % Triton X-100 overnight at 4℃, washed with PBS and then

incubated with the secondary antibodies for 1 hour. The secondary antibodies were

Cy3-conjugated anti-mouse (1:500 dilution) and alexa488-conjugated anti-chicken

secondary (1:1000 dilution) (Jackson ImmunoResearch, 715-165-150 and 711-225-

152, respectively). For the juxtacellular immunostaining, the recorded neurons were

identified with the addition of AMCA-conjugated streptavidin (1:200 dilution) in the

solution (Jackson ImmunoResearch). Slices were mounted using Prolong Gold

Antifade Reagent (Invitrogen, P36930). Microscopy was carried out either with a

confocal microscope (Leica) or with an epifluorescence microscope (Leica), and

images were captured using a camera and analyzed with ImageJ.

Statistical analyses.

All statistical analyses were computed using R (The R Project, version 4.0.0). Results

were plotted as a mean ± s.e.m. The total number (n) of observations in each group

and the statistics used are indicated in figure legends. Classical comparisons between

means were performed using parametric tests (Student's T-test, or ANOVA for

comparing more than two groups when parameters followed a normal distribution

(Shapiro test $P > 0.05$), and non-parametric tests (here, Mann-Whitney or Friedman)

when the distribution was skewed. Multiple comparisons were corrected using a

sequentially rejective multiple test procedure (Holm-Bonferroni correction). All

statistical tests were two-sided. $P > 0.05$ was considered not to be statistically

significant.

Author contribution: SM and RDC performed patch-clamp recordings; SM, CN, ST and FM performed juxtacellular recordings; SM and CN performed stereotaxic injections; SM, EV, CN and JJ performed behavioral tests; NT and SM developed analytical tools; SM and CN performed immunostainings, SP and UM provided viral tools and transgenic lines; SM, PF and AM designed the study; PF and AM acquired funding; SM, PF and AM wrote the article, with inputs from the other authors.

Acknowledgments: The authors would like to thank Ines Centeno-Lemaire (Sorbonne Université, Paris, France) for her help with behavioral tests, Jean-Pierre Hardelin (ESPCI, Paris, France) for critical reading of the manuscript, and the animal facility at Institut de Biology Paris Seine (IBPS, Paris, France). This work was supported by the Agence Nationale de la Recherche (ANR-21-CE16-0012 CHOLHAB to A.M.), by the Fondation pour la Recherche Médicale (Equipe FRM DEQ2013326488 to P.F.), by the Institut National du Cancer Grant TABAC-16-022 and TABAC-19-02 (to P.F.). A.M. was recipient of a fundamental research prize from the Fondation Médisite for neuroscience. S.M. and R.D.C. were supported by a fourth-year fellowship from FRM (FDT201904008060 and FDT20170437427). CN was supported by a fourth-year fellowship from the Biopsy Labex. JJ was supported by a fourth-year fellowship from the Memolife Labex. All data needed to evaluate the conclusions in the paper are present in the paper and/or the Supplementary materials.

Competing interests: The authors declare no competing interest.

References

1. *WHO global report on trends in prevalence of tobacco use 2000-2025 third edition*. 1–121 (2019).

2. Fowler, C. D. & Kenny, P. J. Nicotine aversion: Neurobiological mechanisms and relevance to tobacco dependence vulnerability. *Neuropharmacology* **76 Pt B,** 533–544 (2014).

3. Verendeev, A. & Riley, A. L. The role of the aversive effects of drugs in self-administration. *Behavioural Pharmacology* **24,** 363–374 (2013).

4. Taly, A., Corringer, P.-J., Guedin, D., Lestage, P. & Changeux, J.-P. Nicotinic receptors: allosteric transitions and therapeutic targets in the nervous system. *Nat Rev Drug Discov* **8,** 733–750 (2009).

5. Zoli, M., Pistillo, F. & Gotti, C. Diversity of native nicotinic receptor subtypes in mammalian brain. *Neuropharmacology* **96,** 302–311 (2015).

6. Maskos, U. *et al.* Nicotine reinforcement and cognition restored by targeted expression of nicotinic receptors. *Nature* **436,** 103–107 (2005).

7. Tapper, A. R. *et al.* Nicotine activation of alpha4* receptors: sufficient for reward, tolerance, and sensitization. *Science* **306,** 1029–1032 (2004).

8. Tolu, S. *et al.* Co-activation of VTA DA and GABA neurons mediates nicotine reinforcement. *Mol Psychiatry* **18,** 382–393 (2013).

9. Durand-de Cuttoli, R. *et al.* Manipulating midbrain dopamine neurons and reward-related behaviors with light-controllable nicotinic acetylcholine receptors. *eLife* **7,** 15991 (2018).

10. Nguyen, C. *et al.* Nicotine inhibits the VTA-to-amygdala dopamine pathway to promote anxiety. *Neuron* **109,** 2604–2615.e9 (2021).

11.   Fowler, C. D., Lu, Q., Johnson, P. M., Marks, M. J. & Kenny, P. J. Habenular α5

nicotinic receptor subunit signalling controls nicotine intake. *Nature* **471,** 597–

601 (2011).

12.   Frahm, S. *et al.* Aversion to Nicotine Is Regulated by the Balanced Activity of

beta4 and alpha5 Nicotinic Receptor Subunits in the Medial Habenula. *Neuron*

70, 522–535 (2011).

13.   Wolfman, S. L. *et al.* Nicotine aversion is mediated by GABAergic

interpeduncular nucleus inputs to laterodorsal tegmentum. *Nature*

Communications **9,** 2710 (2018).

14.   Morton, G. *et al.* Chrna5-Expressing Neurons in the Interpeduncular Nucleus

Mediate Aversion Primed by Prior Stimulation or Nicotine Exposure. *J. Neurosci.*

38, 6900–6920 (2018).

15.   Otsu, Y. *et al.* Control of aversion by glycine-gated GluN1/GluN3A NMDA

receptors in the adult medial habenula. *Science* **366,** 250–254 (2019).

16.   Yamaguchi, T., Danjo, T., Pastan, I., Hikida, T. & Nakanishi, S. Distinct Roles of

Segregated Transmissionof the Septo-Habenular Pathway in Anxiety and Fear.

Neuron **78,** 537–544 (2013).

17.   Zhang, J. et al. (2016). Presynaptic Excitation via GABAB Receptors in

Habenula Cholinergic Neurons Regulates Fear Memory Expression. *Cell* **166,**

716–728 (2016).

18.   Salas, R., Sturm, R., Boulter, J. & De Biasi, M. Nicotinic Receptors in the

Habenulo-Interpeduncular System Are Necessary for Nicotine Withdrawal in

Mice. *J. Neurosci.* **29,** 3014–3018 (2009).

19. Zhao-Shea, R. *et al.* Increased CRF signalling in a ventral tegmentalarea-

interpeduncular nucleus-medial habenulacircuit induces anxiety during nicotine

withdrawal. *Nature Communications* **6,** 1–13 (2015).

20. Pang, X. *et al.* Habenula cholinergic neurons regulate anxiety during nicotine

withdrawal via nicotinic acetylcholine receptors. *Neuropharmacology* **107,** 294–

304 (2016).

21. Zhao-Shea, R., Liu, L., Pang, X., Gardner, P. D. & Tapper, A. R. Activation of

GABAergic Neuronsin the Interpeduncular Nucleus Triggers Physical Nicotine

Withdrawal Symptoms. *Current Biology* **23,** 2327–2335 (2013).

22. Forget, B. *et al.* A Human Polymorphism in CHRNA5 Is Linked to Relapse to

Nicotine Seeking in Transgenic Rats. *Curr. Biol.* **28,** 3244–3253.e7 (2018).

23. Bierut, L. J. *et al.* Variants in nicotinic receptors and risk for nicotine dependence.

Am J Psychiatry **165,** 1163–1171 (2008).

24. Lassi, G. *et al.* The CHRNA5–A3–B4 GeneCluster and Smoking: FromDiscovery

to Therapeutics. *Trends in Neurosciences* **39,** 851–861 (2016).

25. George, O. & Koob, G. F. Individual differences in the neuropsychopathology of

addiction. *Dialogues Clin Neurosci* **19,** 217–229 (2017).

26. Deroche-Gamonet, V., Belin, D. & Piazza, P. V. Evidence for addiction-like

behavior in the rat. *Science* **305,** 1014–1017 (2004).

27. Siciliano, C. A. *et al.* A cortical-brainstem circuit predicts and governs compulsive

alcohol drinking. *Science* **366,** 1008–1012 (2019).

28. Juarez, B. *et al.* Midbrain circuit regulation of individual alcohol drinking

behaviors in mice. *Nature Communications* **8,** 2220 (2017).

29. Pascoli, V. *et al.* Stochastic synaptic plasticity underlying compulsion in a model

of addiction. *Nature* **564,** 1–22 (2018).

30.   Centers for Disease Control and Prevention (US), National Center for Chronic

Disease Prevention and Health Promotion (US)Office on Smoking and Health

(US). How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis

for Smoking-Attributable Disease: A Report of the Surgeon General. (2010).

31.   Harrington, L. *et al.* Role of β4* Nicotinic Acetylcholine Receptors in the

Habenulo-Interpeduncular Pathway in Nicotine Reinforcement in Mice.

Neuropsychopharmacology **41,** 1790–1802 (2016).

32.   Husson, M. *et al.* β4-Nicotinic Receptors Are Critically Involved in Reward-

Related Behaviors and Self-Regulation of Nicotine Reinforcement. *J. Neurosci.*

40, 3465–3477 (2020).

33.   Tuesta, L. M. *et al.* GLP-1 acts on habenular avoidance circuits to control

nicotine intake. *Nature Neuroscience* **20,** 708–716 (2017).

34.   Antolin-Fontes, B. *et al.* The habenular G-protein-coupled receptor 151 regulates

synaptic plasticity and nicotine intake. *Proceedings of the National Academy of*

Sciences **117,** 5502–5509 (2020).

35.   Molas, S., DeGroot, S. R., Zhao-Shea, R. & Tapper, A. R. Anxiety and Nicotine

Dependence: Emerging Role of the Habenulo-Interpeduncular Axis. *Trends in*

Pharmacological Sciences **38,** 169–180 (2017).

36.   McLaughlin, I., Dani, J. A. & De Biasi, M. The medial habenula and

interpeduncular nucleus circuitry is critical in addiction, anxiety, and mood

regulation. *J Neurochem* **142,** 130–143 (2017).

37.   Hsu, Y.-W. A. *et al.* Medial habenula output circuit mediated by α5 nicotinic

receptor-expressing GABAergic neurons in the interpeduncular nucleus. *J.*

Neurosci. **33,** 18022–18035 (2013).

38. Quina, L. A., Harris, J., Zeng, H. & Turner, E. E. Specific connections of the
interpeduncular subnuclei reveal distinct components of the
habenulopeduncular pathway. *J. Comp. Neurol.* **525,** 2632–2656 (2017).

39. Fenster, C. P., Rains, M. F., Noerager, B., Quick, M. W. & Lester, R. A. Influence
of subunit composition on desensitization of neuronal acetylcholine receptors at
low concentrations of nicotine. *J. Neurosci.* **17,** 5747–5759 (1997).

40. Shih, P.-Y. *et al.* Differential Expression and Function of Nicotinic Acetylcholine
Receptors in Subdivisions of Medial Habenula. *J. Neurosci.* **34,** 9789–9802
(2014).

41. Grady, S. R. *et al.* Rodent habenulo-interpeduncular pathway expresses a large
variety of uncommon nAChR subtypes, but only the alpha3beta4* and
alpha3beta3beta4* subtypes mediate acetylcholine release. *J. Neurosci.* **29,**
2272–2282 (2009).

42. Pogun, S. & C Collins, A. Oral Nicotine Self-Administration in Rodents. *J Addict*
Res Ther **01,** 1–19 (2012).

43. Gallego, X. *et al.* Overexpression of the CHRNA5/A3/B4 genomic cluster in mice
increases the sensitivity to nicotine and modifies its reinforcing effects. *Amino*
Acids **43,** 897–909 (2011).

44. Nesil, T., Kanit, L., Collins, A. C. & Pogun, S. Individual differences in oral
nicotine intake in rats. *NP* **61,** 189–201 (2011).

45. Garcia-Rivas, V., Cannella, N. & Deroche-Gamonet, V. Individual Variations in
the Mechanisms of Nicotine Seeking: A Key for Research on Nicotine
Dependence. *Neuropsychopharmacology* **42,** 584–586 (2017).

46. Piazza, P. V., Deminière, J. M., Le Moal, M. & Simon, H. Factors that predict individual vulnerability to amphetamine self-administration. *Science* **245,** 1511–1513 (1989).

47. Dongelmans, M. *et al.* Chronic nicotine increases midbrain dopamine neuron activity and biases individual strategies towards reduced exploration in mice. *Nature Communications* **12,** 6945 (2021).

48. DiFranza, J. R. *et al.* Recollections and repercussions of the first inhaled cigarette. *Addictive Behaviors* **29,** 261–272 (2004).

49. Torquet, N. *et al.* Social interactions impact on the dopaminergic system and drive individuality. *Nature Communications* **9,** 3081 (2018).

50. Sallette, J. *et al.* Nicotine Upregulates Its Own Receptors through Enhanced Intracellular Maturation. *Neuron* **46,** 595–607 (2005).

51. Lester, H. A. *et al.* Nicotine is a Selective Pharmacological Chaperone of Acetylcholine Receptor Number and Stoichiometry. Implications for Drug Discovery. *AAPS J* **11,** 167–177 (2009).

52. Arvin, M. C., Yan, Y., Beckley, N. A., Henry, B. A. & Drenan, R. M. Chronic nicotine exposure alters the neurophysiology of habenulo-interpeduncular circuitry. *J. Neurosci.* 2816–18–52 (2019). doi:10.1523/JNEUROSCI.2816-18.2019

53. Hartmann-Boyce, J., Chepkin, S. C., Ye, W., Bullen, C. & Lancaster, T. Nicotine replacement therapy versus control for smoking cessation. *Cochrane Database of Systematic Reviews* **1,** 7–196 (2018).

54. Xu, W. *et al.* Multiorgan autonomic dysfunction in mice lacking the beta2 and the beta4 subunits of neuronal nicotinic acetylcholine receptors. *J. Neurosci.* **19,** 9298–9305 (1999).

Figure Legends

FIGURE 1

Figure 1: Two different profiles, consumers and avoiders, emerged in WT mice subjected to a two-bottle choice nicotine-drinking test. A. Continuous access, two-bottle choice setup. **B.** Two-bottle choice paradigm. Each dot represents a bottle and is color-coded according to whether it contains water (blue or light blue), nicotine plus 2% saccharine (red, gradient of color intensities according to the concentration), or 2% saccharine (white) solutions. The nicotine concentration in the bottle increased progressively from 10 to 50, 100 and 200 µg/ml. Each condition lasted 4 days, and the bottles were swapped every other day. **C.** Daily nicotine intake (mg/kg/d) averaged over four days, as a function of nicotine concentration in the bottle (Friedman test, n = 35, df = 3, p < 0.001 and Mann-Whitney post-hoc test with Holm-Bonferroni correction). **D.** Nicotine preference (%) in WT mice for each dose of nicotine, averaged over four days (Friedman test, n = 35, df = 4, p < 0.001 and Mann-Whitney post-hoc test with Holm-Bonferroni correction) **E.** Nicotine intake in individual consumers (n = 18) and avoiders (n = 17). **F.** Nicotine consumption in consumers and avoiders for each nicotine

dose, averaged over four days (Mann-Whitney comparison with a Holm-Bonferroni correction). **G.** Daily nicotine consumption in consumers and avoiders for the nicotine 100 and 200 µg/ml conditions. Note the drop in nicotine consumption at day 2 of nicotine 200 µg/ml for avoiders. In all figure panels avoiders are depicted in pinkish-orange while consumers are in blue (paired Mann-Whitney). *** p < 0.001, ** p < 0.01, * p < 0.05.

FIGURE 2

Figure 2: Nicotine consumption was negatively correlated with the amplitude of the response to nicotine in IPN neurons. A. Representative examples of choice behaviors in WT mice when the right-hand side bottle contains either nicotine + saccharine (red dots, grey stripe) or saccharine only (white dots, white stripes). Consumers maintained their strategy throughout the 20-day long test, and either tracked the side associated with nicotine (e.g. mouse #1) or had a strong side bias (e.g. mouse #2). Avoiders actively avoided the side associated with nicotine after a certain nicotine dose was reached in the bottle, whether they initially tracked nicotine (e.g. mice #3 or 5) or not (e.g. mice # 4 or 6). Mice are same as in Fig. 1. **B.** Pseudo-ternary diagram representing, for each individual (18 consumers and 17 avoiders, see figure 1), its side success rate over its nicotine success rate. Bottom left apex: 100% saccharine preference (Sacc); Bottom right apex: 100% nicotine preference (Nic); Top apex: 100% side preference (Side, absolute non-switchers). Small dots correspond to the habituation period (water vs. water) while bigger dots correspond to the condition

with 200 µg/ml of nicotine in one bottle. Note how all avoider mice end up in the bottom

left apex (0% nicotine preference) at the end of the task. **C.** Average distance from the

three apices for each condition in the task (0, 10, 50, 100 and 200 µg/ml of nicotine,

color-coded from light to dark), for consumers and avoiders. Only avoider mice

significantly changed their drinking strategy as nicotine concentration increased

(paired Mann-Whitney test with Holm-Bonferroni correction). **D.** Proportion of avoiders

and consumers as nicotine concentration increases. **E.** Average nicotine preference

(%) for avoider and consumer mice for each dose of nicotine in the two-bottle choice

task. The 50 µg/ml nicotine solution was presented a second time to the mice, at the

end of the session. (Mann-Whitney test, Holm-Bonferroni correction, $p(50\ Nic) = 0.04$,

$p(100\ Nic) = 0.005$, $p(200\ Nic) = 0.004$). **F.** Representative (right) and average (left)

currents recorded in voltage-clamp mode (-60 mV) from IPN neurons of consumers

(blue, n = 142, -194 $\pm$ 15 pA) and avoiders (red, n = 65, -297 $\pm$ 30 pA) following a puff

application of nicotine (30 µM, 200 ms). Avoiders presented greater nicotine-evoked

currents than consumers (Mann-Whitney test, p = 1.4e-11). **G.** Correlation between

the dose consumed (log scale, over the last 24 hours prior to the recording) and the

averaged nicotine evoked-current per mouse (-pA). In all figure panels avoiders are

depicted in pinkish-orange and consumers in blue. *** p<0.001, ** p<0.01, * p<0.05.

Figure 3: Chronic nicotine treatment alters both nAChR expression levels in the IPN and nicotine consumption in WT mice. A. Top, passive nicotine treatment protocol. Mice were implanted subcutaneously with an osmotic minipump (MP) that continuously delivered 10 mg/kg/d of nicotine. After 4 weeks of treatment, nicotine-evoked responses in IPN neurons were recorded in whole-cell voltage-clamp mode (-60 mV) from IPN slices. Bottom, representative recordings (left) and average current amplitudes (right) following a puff application of nicotine (30 µM, 200 ms) in IPN neurons of mice treated either with saline (n = 24, -401 ± 59 pA) or nicotine (n = 34, -202 ± 37 pA). Nicotine treatment reduced the amplitude of nicotine-evoked currents in IPN neurons (Mann-Whitney test, p = 0.001). **B.** *In vivo* juxtacellular recordings of

nicotine-evoked responses in IPN neurons of saline- and nicotine-treated animals. Top, representative electrophysiological recording of an IPN neuron, during an i.v. injection of nicotine (30 µg/kg). Middle, post-recording identification of neurobiotin-labeled IPN neurons by immunofluorescence. Bottom, average time course and average amplitude of the change in firing frequency from baseline after an i.v. injection of saline and nicotine (30µg/kg), for IPN neurons from saline- and nicotine-treated mice. Right, firing rate variation from baseline induced by nicotine or saline injection in IPN neurons from saline- or nicotine-treated animals. Responses were decreased by the chronic exposure to nicotine ($p = 0.035$, Mann-Whitney test). All neurons were confirmed to be located within the IPN using juxtacellular labeling with neurobiotin. **C.** Top, modified two-bottle choice protocol used to evaluate the impact of a long-term exposure to nicotine on their nicotine intake. Mice were implanted subcutaneously with a minipump that delivered 10 mg/kg/d of nicotine continuously 20 days before performing the modified two-bottle choice task. After four days of water vs. water habituation, mice were directly exposed to a high concentration of nicotine (100 µg/ml). Bottom, nicotine preference and consumption at 0 and 100 µg/ml of nicotine, for mice under a chronic treatment of nicotine or saline. The saline group displayed a higher avoidance-like behavior ($n = 23$, from $47.3 \pm 2.0\%$ to $23.0 \pm 3.4\%$, $p = 1.7\text{e-}05$, Mann-Whitney paired test) than the nicotine group ($n = 25$, from 48.9 ± 2.4 to $41.2 \pm 5.5\%$, $p = 0.16$, Mann-Whitney paired test), leading to lower nicotine consumption ($p = 0.004$ and 0.003, Mann-Whitney in nicotine condition for nicotine intake and nicotine preference, respectively). **D.** Pseudo-ternary diagrams representing each saline- and nicotine-treated mouse for its side success rate over its nicotine success rate. Small dots correspond to the habituation period (water vs. water) and bigger dots to the condition with 100 µg/ml of nicotine in one bottle. **E.** Average distance from each apex

843   in the water vs. water (top) and water vs. nicotine 100 µg/ml conditions (bottom).

844   Saline-treated mice developed a strategy to avoid nicotine, but not nicotine-treated

845   mice (p_{Sacc} = 0.013, p_{Side} = 0.27 p_{Nic} = 0.013, Mann-Whitney test with Holm-Bonferroni

846   correction). In all figure panels nicotine-treated animals are displayed in red and saline-

847   treated (control) animals in grey.

FIGURE 4

Figure 4: β4-containing nicotinic receptors are essential for triggering nicotine avoidance-like behavior in mice. A. Left, average nicotine preference (%) in WT and β4-/- mice for each dose of nicotine in the two-bottle choice task. WT mice decreased their nicotine preference (Friedman test, n = 35, df = 4, p < 0.001 and Mann-Whitney post-hoc test with Holm-Bonferroni correction) while β4$^{-/-}$ mice displayed a stable preference throughout the task (Friedman test, n = 13, df = 4, p = 0.11). WT mice avoided the nicotine-containing bottle more than β4$^{-/-}$ mice (Mann-Whitney test with

Holm-Bonferroni correction). Right, average nicotine consumption (mg/kg/d) in $\beta4^{-/-}$

and WT mice as a function of the concentration of nicotine in the bottle (Friedman test,

n = 35, df = 3, p < 0.001 and Mann-Whitney post-hoc test with Holm-Bonferroni

correction). $\beta4^{-/-}$ mice consumed more nicotine than WT mice (Mann-Whitney test). **B.**

Ternary diagram representing each WT and $\beta4^{-/-}$ individual for its side success rate

over its nicotine success rate. Small dots correspond to the habituation period (water

vs. water) and bigger dots to the condition with 200 µg/ml of nicotine in one bottle.

Inserts: pie charts illustrating the proportion of avoiders (light grey) and consumers

(dark grey) for each genotype at the end of the task. Note the absence of avoiders in

$\beta4^{-/-}$ mice. **C.** Average distance from each apex during the two-bottle choice task (0,

10, 50, 100 and 200 µg/ml of nicotine, paired Mann-Whitney test with Holm-Bonferroni

correction, p(Sacc 0-200) = 0.0002, p(Sacc 0-100) = 0.03; p(Nic 0-200) = 0.0002,

p(Sacc 0-100) = 0.03). **D.** Left, representative currents following a puff application of

nicotine (30 µM, 200 ms) on IPN neurons from naive WT and $\beta4^{-/-}$ mice, or from saline-

treated (orange) and nicotine-treated (dark orange) $\beta4^{-/-}$ mice. Right, average nicotine-

evoked currents recorded in IPN neurons from naïve WT (n = 32, -370 $\pm$ 61 pA) and

$\beta4^{-/-}$ (n = 27, -83 $\pm$ 13 pA) mice, and from $\beta4^{-/-}$ chronically treated with either saline

(Sal, n = 30, -72 $\pm$ 11 pA) or nicotine (Nic, n = 31, -123 $\pm$ 21 pA). $\beta4^{-/-}$ mice presented

a large decrease in nicotine-evoked currents (Mann-Whitney test, p = 4e-05). Nicotine

treatment did not alter nicotine-evoked currents in IPN neurons of $\beta4^{-/-}$ mice (Mann-

Whitney test, p = 0.15). **E.** Juxtacellular recordings nicotine-evoked responses in IPN

neurons in naïve WT and $\beta4^{-/-}$ mice. Top, representative example of the variation in

firing frequency of an IPN neuron, following repeated i.v. injections of nicotine at 7.5,

15 and 30 µg/kg, in WT and $\beta4^{-/-}$ mice. Bottom left, dose-dependent change in firing

rate from baseline following i.v. injections of nicotine (p < 0.05). All recorded neurons

were neurobiotin-labelled to confirm their location within the IPN. Bottom right, average

nicotine-evoked responses at 30 μg/kg of nicotine in IPN neurons from WT and β4$^{-/-}$

mice. Insert, average amplitude of the change in firing frequency from baseline after

an i.v. injection of saline and nicotine (30μg/kg), for IPN neurons from WT and β4$^{-/-}$

mice. Nicotine-induced responses were lower in β4$^{-/-}$ than in WT mice ($p < 0.001$, Mann

Whitney test). In all figure panels WT animals are depicted in grey and β4$^{-/-}$ mice in

yellow. *** $p < 0.001$, ** $p < 0.01$, * $p < 0.05$.

Figure 5: β4-containing nAChRs of the IPN are involved in the control of nicotine consumption and in spontaneous nicotine avoidance-like behavior in mice. A. Protocol: stereotaxic transduction of the β4 subunit together with GFP (or GFP alone in control mice) in the IPN of β4$^{-/-}$ mice, and subsequent two-bottle choice task. Right: coronal section highlighting proper viral transduction of lenti-pGK-β4-IRES-GFP in the IPN. **B.** Validation of the re-expression using patch-clamp electrophysiology recordings. Representative currents and average responses following a puff application of nicotine (30 μM, 200 ms) on IPN neurons from β4$^{-/-}$ mice transduced in the IPN with either lenti-pGK-β4-IRES-GFP (KO-β4^{IPN}, n = 7, -362 ± 95 pA) or lenti-pGK-GFP (KO-GFP^{IPN}, n = 7, -71 ± 18 pA; Mann-Whitney test, p = 0.004). **C.** Average nicotine consumption was lower in KO-β4^{IPN} than in KO-GFP^{IPN} (two-way repeated measure; ANOVA: genotype x dose interaction, F[3, 99] = 6.3, ***p < 0.001; main effect of dose, F[3, 99] = 69.1 ***p < 0.001, effect of genotype, F[1, 33] = 6.637, *p = 0.015). **D.** Ternary diagram representing each β4$^{-/-}$ mouse, transduced with either β4 or GFP, and illustrating its side success rate over its nicotine success rate. Small dots correspond to the habituation period (water vs. water) and bigger dots to the condition with 200 μg/ml of nicotine in one bottle. Inserts: pie charts illustrating the proportion of

avoiders (light grey) and consumers (dark grey) for each condition at the end of the

task. **E.** Average distance from each apex during the two-bottle choice task at 0 and

200 µg/ml of nicotine, for KO-β4^{IPN} and KO-GFP^{IPN} mice. In all figure panels KO-β4^{IPN}

mice are depicted in red and KO-GFP^{IPN} mice (controls) in green. (p_{Sacc} = 0.007, p_{Nic} =

0.008, Mann-Whitney test with Holm-Bonferroni correction). *** $p < 0.001$, ** $p < 0.01$,

* $p < 0.05$.