The antique genetic plight of the Mediterranean monk seal (*Monachus monachus*)

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Abstract

Disentangling the impact of Late Quaternary climate change from human activities can have crucial implications on the conservation of endangered species. We investigated the population genetics and demography of the Mediterranean monk seal (*Monachus monachus*), one of the world's most endangered marine mammals, through an unprecedented dataset encompassing historical (extinct) and extant populations from the eastern North Atlantic to the entire Mediterranean Basin. We show that Western-Sahara/Mauritania (Cabo Blanco), Madeira, Western Mediterranean (historical range) and Eastern Mediterranean regions segregate in four populations. This structure is likely the consequence of recent drift, combined with long-term isolation by distance (R^2 = 0.7), resulting from prevailing short-distance (< 500 km) and infrequent long-distance dispersal (< 1,500 km). All populations (Madeira especially), show high levels of inbreeding and low levels of genetic diversity, seemingly declining since historical time, but surprisingly not being impacted by the 1997 massive die-off in Cabo Blanco. Approximate Bayesian Computation analyses support scenarios combining local extinctions and a major effective population size decline in all populations during Antiquity. Our results suggest that the early densification of human populations around the Mediterranean Basin coupled to the development of seafaring techniques were the main drivers of the decline of Mediterranean monk seals.

Keywords

Mediterranean monk seals, Population decline, Demographic history, Marine mammals, Genetic diversity, Isolation by distance.

Background

Because Late Quaternary extinctions were caused by the superimposed effects of climate change and human activities from the Last Glacial Maximum (LGM) onwards (ca. 25–10 ka; [1]), distinguishing between the respective impact of recent climate- and human-driven changes on the biosphere has proven challenging [2]. Differentiating climate- and human-driven impacts is similarly relevant to currently endangered species. Indeed, informed conservation planning relies on a systemic approach including knowledge of species' demographic history [3], which in turn can be used to predict species' ability to adapt to future climate changes [4,5].

Pinnipeds are marine mammals that rely on coastal haul-out areas during their annual life cycle. As such, they have been affected by LGM climate changes and early human activities [6,7], although the impact of the latter (through targeted hunting) may be posterior to the end of the LGM in this case (but see [8]). Despite the fact that the Mediterranean monk seal (MMS; *Monachus monachus*) is arguably the world's most endangered pinniped [9], the factors responsible for its critical conservation status are not well understood. The MMS once ranged across the entire Temperate Northern Atlantic province [10], from the Black Sea and the Mediterranean Basin into North Atlantic eastern waters encompassing the coasts of western Africa, the Macaronesian islands and the northern Iberian Peninsula [11–13]. Nowadays, the species is fragmented into three isolated populations, including the eastern Mediterranean (ca. 187-240 mature individuals [14]) and the eastern North Atlantic, in Cabo Blanco (Western Sahara/Mauritania) (ca. 350 individuals) and the archipelago of Madeira (ca. 20 individuals; [15]) (Fig. 1).

Figure 1. *Monachus monachus* nuclear genetic structure.
Individual posterior cluster membership coefficients for *K* = 4 presented using vertical barplot (**A**) and geolocated pie-charts (**B**). Sample representation on the first two axes of principal components analysis (**C**) showing a strong West-

83 East cline of differentiation on the first axis. In **A**, the samples are ordered by regions, sorted from West to East,
84 separated by vertical black lines, and stars denote historical samples. In **B**, black circles denote locations that include
85 historical samples and the cyan area represents the putative ancient MMS distribution. In **C**, full and empty symbols
86 represent historical and modern samples respectively. W-Sahara: Western-Sahara/Mauritania, W-Med: western
87 Mediterranean Sea, C-Med: central Mediterranean Sea, E-Med: eastern Mediterranean Sea.
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A combination of extrinsic (human activities) and intrinsic (e.g., low genomic diversity,
high susceptibility to diseases) factors has been proposed to explain the local extinctions
affecting the species [16,17], and to a larger extent the extinction proneness observed in the
entire Monachinae subfamily (which also includes the endangered Hawaiian monk seal
Neomonachus schauinslandii and the extinct Caribbean monk seal *N. tropicalis* [18]). As an
iconic representative of the Mediterranean Basin biodiversity hotspot [19], the MMS could have
suffered from targeted hunting since the advent of the early Mediterranean sailors (Bronze Age;
[20–22]). From the end of the Middle Age (XVth century), the massive exploitation of the
species—notably in the Atlantic Ocean—became documented through the logbooks of European
marine explorers [12,23]. Over the last centuries, MMS populations have been further impacted
by the expansion of the fishing industry, deliberate killing by fishermen, marine pollution and
human coastal encroachment, leading to local extinctions in most of the species' range, notably
in the western Mediterranean and the Black Sea [13,24–26].
The decline of the MMS is documented from historical mass killing [11,20,27], local
extinctions [28], massive die-off [29], and genetic inferences [30]. However, the respective
impacts of Late Quaternary climatic fluctuations and anthropogenic pressures on the
demographic history of the species remain poorly understood. Yet, the LGM induced significant
changes in the Mediterranean Basin, such as lowering of sea level (down to -120 m; [31]) and
sea surface temperatures, and local variations in salinity [32,33]. Moreover, the impacts of
human activities on MMS populations may have applied at different periods across the species'
range, with early exploitation since the Middle Paleolithic [21,34], followed by a gradual
dispersal of seafaring civilizations from the eastern Mediterranean Basin (where habitat loss and
overexploitation has been documented since ca. 10,000 yrs) towards the western
Mediterranean Basin and North Atlantic Ocean [31,35].
Preliminary genetic studies have revealed the genetic isolation of the three extant
populations of MMS, the low levels of genetic diversity (since at least the mid-XIXth century)
[36,37], the local extinction of mitochondrial DNA (mtDNA) haplotype in the western
Mediterranean Basin [38,39], the demographic bottleneck in the Western Sahara/Mauritania
population [30,40], and the signature of past metapopulation dynamics across the species'
range [36,41]. In this study, we investigate the genetic patterns and demographic history of the
MMS through an unprecedented dataset, including historical individuals collected across the
majority of the species' range and the three extant populations. We use microsatellite
genotyping and mtDNA sequencing of 375 MMS to assess the historical population structure
and dynamics of the MMS across the Mediterranean Basin and Northern Atlantic Ocean.
Specifically, we delineate past and present population structure and diversity, and assess
whether such patterns are consistent with scenarios of local extinctions together with genetic
drift and inbreeding in extant populations. We also confront the different historical drivers (LGM
vs. human activities) potentially affecting the MMS population dynamics across the
Mediterranean Basin and Northern Atlantic Ocean through complementary population genetic

and modeling approaches based on demographic models, incorporating population structure
and connectivity among populations through time. Based on our results, we formulate
recommendations that might contribute to future evidence-based conservation strategies of the
MMS.

Methods

Laboratory procedures and genotyping

We collected 383 samples from recent (1989 – 2020) and historical (N=54; 1833 – 1975)
specimens of MMS covering the extant populations' and historical species' range (Figs 1, S1-3).
The delineation between recent (from 1989 on) *vs.* historical (prior to 1975) is based on the
extinction period of the last resident MMS groups from the western and parts of the central
Mediterranean Sea during the 1970s [20], which suggested that after this period the
fragmentation of the species' range into North Atlantic and eastern Mediterranean populations,
as we know it today, was effective.
Genomic DNA was extracted from fresh tissue and skin samples, hairs, feces, bones
and tanned skin using dedicated protocols (Method S1).
We amplified 524 bp of the hypervariable region I of the mitochondrial control region
(CR1) following [42] for the modern samples (N = 121), and a reconstructed 484 bp fragment
encompassing all the variable sites of CR1 for the historical samples (N = 3) as already
described elsewhere [38] and detailed in method S2. We complemented our original dataset
with 209 already published CR1 sequences [38,42]. Final CR1 alignment included 299 modern,
25 historical and four historical samples with unknown dating, for a total of 328 sequences (Figs
1, S1-3, Table S1-2).
We genotyped 383 samples at 19 nuclear microsatellites loci (nSSR [37], Method S3)
from 329 modern samples and 54 historical samples. In order to mitigate scoring errors, PCRs
of DNA extracts from hairs, faeces and museum material were replicated 2-to-5 times ([37],
Method S3).
We controlled markers for linkage disequilibrium and departure from Hardy – Weinberg
equilibrium (Method S3, Table S3; Fig. S4-7), and applied a two-fold sample selection
procedure to optimize the number of individuals genotyped at informative loci. We relied on the
minimum number of loci necessary to discriminate among individuals and the region-based
DAPC contribution of loci (Method S3, Fig. S8). The final microsatellite data set comprised 253
samples (including 14 historical samples) with 10.18 % missing data (Table S1, Figs 1 & S1-2).
In total, 204 samples (including 11 historical) were both sequenced for CR1 and genotyped at
19 loci.

Genetic diversity and structure

To assess the overall, per sampling site and per locus nSSR genetic diversity, we
estimated allelic richness (A_R [43]) using minimum sampling sizes of 5, 10 and 25 for rarefaction
with the R package *hierfstat* [44], the number of alleles (A), the observed (H_O) and Nei's

unbiased expected heterozygosities (H_E [45]) with the R package *adegenet* [46]. To assess the
effect of drift in the small colonies of MMS, we estimated the average individual inbreeding
coefficient *F* [46] in *adegenet*, from 100 iterations. We assessed the level of genetic
differentiation among localities, populations, and time periods using Nei's F_{ST} [47]. Additionally,
we investigated patterns of genetic variance with a principal component analysis (PCA) of allele
frequencies, with a discriminant analysis of principal components (DAPC, considering sampling
regions as groups), and through the SnapClust clustering approach [48]. To assess how the
geographic distance alone explains the genetic diversity [49,50], we investigated individual- and
population-based patterns of isolation by distance (IBD) using Mantel tests [51], with the genetic
distance metric and the spatial scale that maximizes the amount of variance explained [52,53].
To assess how dispersal is distributed geographically we used Mantel correlograms [54,55].
For CR1, we estimated the number of haplotypes (*Nh*) and polymorphic sites (S),
haplotype diversity (*h* [56]), and nucleotide diversity (π [57]) per sampling area using the R
package *pegas* [58]. CR1 haplotype relationships were reconstructed with a maximum
parsimony network using *pegas*. All above-mentioned methods are detailed in Method S4.

Demographic history

We used Approximate Bayesian Computation (ABC; [59]) to compare data simulated
under several alternative scenarios to the real data (SSR & CR1), and estimate parameters of
interest from the best supported scenario [60–62]. We first tested scenarios assuming a single
panmictic population and different histories of population size change (Figs S9-10). Second, we
modeled stable-size structured populations with constant migration rates among populations
(Figs S9, S11). These models included unsampled ghost populations mimicking extinct
populations and a change in connectivity, mimicking the loss of gene flow among extant
populations (Figs S9, S11, S12). Third, we combined population size change, structure, ghost
populations, and changes in connectivity, to model populations that suffered one or several
events of decline and fragmentation (Figs S9, S13). Structured scenarios also compared n-
island, stepping-stone and spatially-explicit models of connectivity (Table S4, S5). Further
details are described in Method S6.

Results

Genetic diversity and structure

The microsatellite population-structure analyses exhibited at K=2 (Figs 1 & S14-15) a strong
East-West pattern of differentiation ($F_{ST} > 0.4$, Table S6-7) separating the Atlantic and
Mediterranean populations. This pattern appeared as a continuous cline of differentiation driving
the first component of the PCA (Fig. 1), and was also the first revealed by the DAPC
representation (Fig. S16). Second, our analyses showed a clear segregation of Madeira from
Western-Saharan/Mauritania individuals, clearly distinguishing the two North-Atlantic
populations (Figs 1, S15-16). The Western-Mediterranean population formed a group relatively
distinct from the Eastern-Mediterranean, and genetically intermediary between Central-Eastern

Mediterranean and Atlantic populations (Figs 1, S15-16). The only historical sample genotyped
from the Black Sea was assigned to the eastern Mediterranean population (Figs 1, S15).
Further subdivision of the MMS resulted in erratic clustering results (Figs S14-15, S17).
Overall, all the populations showed relatively low nuclear genetic diversity (H_O = 0.12 -
0.42 & H_E = 0.04 - 0.36) and a wide range of inbreeding levels (Fig. 2). Madeira had the lowest
levels of genetic diversity across all estimated indexes and among the highest estimates of
inbreeding (Fig. 2, Tables S6-7). The historical Western-Mediterranean population showed a
relatively high allelic richness, and the Western-Sahara/Mauritania and Eastern-Mediterranean
populations exhibited the highest number of private alleles (Fig. 2). The historical sample from
the Black Sea did not harbor private alleles (Fig 2). Similarly, mtDNA (CR1) diversity was low in
all populations, with Madeira exhibiting only one haplotype (Table S2, Fig S18).
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Figure 2. *Monachus monachus* nuclear genetic diversity.
Boxplot of the SSR (**A**) allelic richness (A_R), (**B**) observed (H_O), and (**C**) expected (H_E) heterozygosity, (**D**) mean
private alleles (P_A) of 500 resamplings of the smallest sample size across each population, and barplot of the number
of private alleles (P_A), and (**E**) boxplot of the average individual inbreeding coefficient (F), per population, expressed
for modern (>1979) and historical (<1980) samples. In A-D, historic samples were removed from the analyses for all
extant populations apart from the W-Med where no population is clearly identified and for which we almost exclusively
have historic samples. Letters and box-colors in A-D illustrate the Tukey post-hoc group assignment. W-Sahara:
Western-Sahara/Mauritania, W-Med: Western Mediterranean Sea, CE-Med: Central and Eastern Mediterranean Sea,
C-Med: Central Mediterranean Sea, E-Med: Eastern Mediterranean Sea.
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The likelihood estimates of individual homozygosity (F) suggested higher levels of
inbreeding in modern samples than in historical ones (per population; Fig. 2). In addition, the
allelic richness (A_R) and the private allelic richness (P_A) were higher historically than in modern
samples (Fig. S19). However, the overall observed (H_O), and expected (H_E) heterozygosity, as
well as the overall evolution of inbreeding levels through time (Fig. S19), did not exhibit a
pattern of diversity loss across the timespan covered by our dataset (1840-2020). Across
modern samples (>1975), and for the two major populations (Western-Sahara/Mauritania and
Eastern-Mediterranean), we could not see any clear pattern of diversity loss between 1990 and
2020 (Figs S20-21). At the mtDNA level, one historical CR1 haplotype was not recovered in
modern samples (MM07) and, reciprocally, one modern haplotype was not recovered from
historical samples (MM06; Figs S18, S22-23).

The investigation of the 1997 massive die-off of the Cabo Blanco (Western
Sahara/Mauritania) colony shows that no population and individual-based genetic diversity
indexes (A_R, H_O, H_E, F), apart from private alleles (P_A), were consistent with the genetic diversity
decrease expected after a bottleneck despite a large sampling before and after the event has
taken place (Figs S24-25). Furthermore, we did not record a clear signal of rare allele loss, or
decrease in frequency, nor of major allele gain in frequency (Fig. S26-27), that are to be
expected after a reduction of the population size [63,64].
In line with the PCA showing an East-West cline of differentiation, we found an isolation
by distance (IBD) pattern explaining up to 69.6% of the among-individuals genetic distance
variability (Figs 3, S28-29). Such a strong IBD signal was sustained by Mantel correlograms
exhibiting high values for the first 500 km classes, progressively declining up to ~1,500 km,
above which values were no longer significant or negative (Fig. 3). Females exhibited significant
positive values up to higher distance classes (1500 km) than males (700 km), but this signal
may have resulted from sample size differences among males and females for each class.
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254   Figure 3. Isolation by distance in *Monachus monachus*.
255   **A**: isolation by distance (IBD) relationship between individual based genetic and maritime distances. **B** & **C**: Mantel
256   correlogram of spatial correlation, for 59 classes of 100 Km, in all, modern, and historic samples (**B**), and all, males
257   and females samples (**C**). Significant values, over 1000 permutations, are represented by filled symbols.
258   Complementary analyses using alternative genetic distances are presented in Figs S26-27.

Demographic history

The ABC procedure supported models including population structure, ghost populations
(local extinctions) and an effective population size decline (Figs. S9-13). The most supported
population structure used a custom stepping stone framework, realistically modeling extant and
extinct population connectivity, based on their respective position in space (Table S4, S8-9, &
Figs S12-13). Among the models including these features, the most supported ones (M180 &
M181) suggest that all sampled populations underwent one to two major declines, most of which

were of at least one order of magnitude (Table S10, Figs 4, S30). Furthermore, it reveals that
these declines, and the loss of connectivity among sampled populations, most likely occurred
during Antiquity (M181 & M180, Table S10, Figs 4, S30-31), as well as at the onset of the
Middle-Age (M180).
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Figure 4. The antique decline of MMS.
ABC-GLM posterior estimates of effective population size (N_e; **A**) and of the time (T_1; **B**) of the major demographic
event(s) -Population decline + local extinction + change in connectivity - estimated from the most likely scenarios
(M181 & M180), within the ABC framework. **A**: mode (symbol), 50 % (continuous) and 95 % (dotted) quantiles of the
effective population size (N_e) under the models 181 and 180, represented after (N_0: current population) and before
(N_1: ancient population) the demographic events occurring at T_1 and at T_2. **B**: scaled-density distributions of the time
of the demographic event(s) T_1 and at T_2. WS: Western-Sahara/Mauritania, MAD: Madeira, WM: Western-
Mediterranean, CM: Central Mediterranean, EM: Eastern-Mediterranean.
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Discussion

The genetic structure of Mediterranean monk seals through time and space

Our study is based on an unprecedented genetic sampling, covering the entire distribution
range of the Mediterranean monk seal and encompassing historical (extinct) and extant
populations. This enabled us to provide the most comprehensive diversity and structure
assessment of the species to date in comparison to previous studies limited in their geographic
and temporal representation and/or using meager genetic information. Our results illustrate how
the inclusion of historical samples helps understanding the dynamics of species' genetic
diversity through time and space [65]. The global analysis showed that MMS are composed of
four populations, including the previously delineated eastern Mediterranean (reaching the
Ligurian Sea as its westernmost location) and two northern Atlantic populations (Madeira and
Western Sahara/Mauritania) [36–39,42], and a newly identified, historical population in the
Western Mediterranean. The latter ranged from the northern Maghreb to southern France,
Sardinia Isl. and the Adriatic Sea, partly overlapping at its eastern fringe with the extant eastern

Mediterranean population (Fig. 1). Because the western Mediterranean population holds both
North Atlantic and Mediterranean mitochondrial haplotypes, it could not be clearly delineated in
the previous, single-locus studies integrating historical samples [38,39]. The modern sample
from northern Morocco (1993) upsurges the long-standing question as to whether the western
Mediterranean population still exists today, notably on the western Algerian coast where MMS
were present until the recent past [66]. Although sightings of MMS across the western
Mediterranean basin have been reported within the last c. 20 yrs [67], their actual relevance is
difficult to assess unless proper monitoring of potential breeding sites are systematized.

The status of the extinct population in the Black Sea [68] remains unsolved. The sole
successfully-genotyped historical sample included in the SSR analyses did however carry
information attributing it to the eastern Mediterranean population (Figs 1, S15). Together with
the sharing of a unique CR1 haplotype in the Black Sea with individuals from the Aegean Sea,
our preliminary results do not support the straits of Çanakkale (Dardanelles) and Istanbul
(Bosphorus) as a putative barrier to MMS movements, despite its effect on other species at a
wide taxonomic scale, including marine mammals [69,70].

Although substantial differentiation was previously reported between Western
Sahara/Mauritania and Madeira [37], Western Sahara/Mauritania and Eastern Mediterranean
[36], and Aegean and Ionian seas [41], our results demonstrate that this differentiation is clinal
and likely a consequence of isolation by distance (R^2 = 0.7, Figs 1, 3). At the level of the
Mediterranean basin, similar continuous differentiation is found in several marine organisms
with varying mobility [e.g. dolphins, Sea star [71,72]], suggesting that oceanic distance alone
can affect species across a broad taxonomic range. Because the inclusion of historical samples
did not disrupt the genetic covariation with geography, the isolation by distance pattern might
have been long-standing over the past two centuries. Interestingly, this pattern, previously
unveiled at the eastern Mediterranean Sea scale [41], appears driven by prevailing short
distance (< 500 km) and infrequent long distance dispersal (< 1,500 km, Fig. 3). MMS may tend
to establish in close proximity to their place of birth, eventually dispersing within their local water
basin, and, on rare occasions, to further-away places. This is in sharp contrast with the lack of
structure of *Neomonachus schauinslandi,* the Hawaiian Monk Seal [73], which shows long
distance dispersal across a ~2,700 km linear oceanic distribution likely facilitated by the strong
oceanic surface currents active in that region [74]. On the contrary, our results suggest that the
weaker and circular Mediterranean Sea currents, together with natal philopatry exacerbated by
the rarity of breeding sites, remain likely contributors to the current MMS genetic structure.

A long depauperate and decreasing genetic diversity

Combining data from all extant populations, our genetic survey confirms that MMS harbors the
most depauperate genetic diversity (H_E = 0.04-0.36) of all seal species [30]. Furthermore, it
reveals Madeira's dramatic levels of genetic diversity (H_E = 0.04, Fig. 2), which echoes its
decline to less than 10 individuals in the 1980s [27]. As a matter of comparison, Madeira's
diversity is lower than that of the ringed seal population (*Pusa hispida*) landlocked since the
LGM in Saimaa Lake, Finland [75].

We uncovered a decrease of allelic richness (A_R) and private allelic richness (P_A) from
historical to modern samples, and an increasing trend in inbreeding at the population level (Figs
2, S19). This pattern is consistent with the trend exhibited by CR1 [38] and mitogenome [39]

studies, confirming that MMS genetic diversity has decreased over the past two centuries. In all
cases, the decrease in genetic diversity started from remarkably low historical levels, which
could explain the relatively stable distribution of heterozygosity that we observed over time (Fig.
S19). This contrasts with the sharp drop in diversity caused by commercial exploitation in other
seal species [76,77], implying an older exploitation of MMS populations.
Remarkably, the MMS genetic diversity has not been decreasing in the past 30 years
(Figs S20-21), at least in the two populations with sufficient temporal sampling (eastern
Mediterranean and Cabo Blanco). This encouraging signal can be interpreted as the incipient
results of conservation efforts and population recovery over that period [13]. However, this
pattern is surprising in the Western Sahara/Mauritania, where we could not trace any substantial
genetic diversity or minor allele frequency drop -except private allele loss- following the massive
1997 die-off that decimated more than two thirds of the Cabo-Blanco colony (Figs S24-25 [29]).
The originally low diversity and high inbreeding in the population, a higher death rate of most
inbred individuals at the time of the die-off, or an insufficient resolution of the studied loci, may
have blurred declining pattern signatures. Additionally, individuals from unsurveyed nearby
localities (e.g. Guerguerat) at the time of the mass die-off may have participated in maintaining
the genetic diversity of the Cabo-Blanco colony (pers. obs. AA).

Human-seal interactions in the Mediterranean basin: a history of overexploitation

The low diversity and high levels of inbreeding in all MMS populations (Fig. 2) are strong signals
for the species undergoing a major decline with limited gene flow among populations.
Furthermore, the marked IBD pattern (Fig. 3) reveals that MMS populations were connected by
gene flow in the recent past. These patterns are confirmed by our demographic modeling
analyses, which suggest that populations were organized in a stepping-stone manner,
connected by intermediary (extinct) populations. These populations underwent one to two major
demographic declines during Antiquity, most of which were at least of one order of magnitude
(Figs 4, S30).
Surprisingly, the LGM (~20 ka ago) that dramatically affected the sea level (~120-130 m
below current level) and the Mediterranean basin area, did not leave an identifiable signature in
the MMS genetic data. The Neolithic transition allowed rapid human population growth and the
development of complex civilizations [31,78], mastering increasingly sophisticated seafaring and
fishing techniques [79,80]. By the rise of Antiquity, large human populations had spread across
the entire Mediterranean basin and its islands [80–82]. Although the extent of hunting pressure
on MMS is hard to accurately gauge at this time, historical sources relate hunting, meat
consumption, oil use in lamps and skin use [83], conflict with fishermen [84], use in circus shows
[85] and use of body parts to produce medicines [83]. In Antiquity, the species was reported to
be common, widespread, and of 'naive' behavior towards humans, with rookeries of large size,
and using open environments such as beaches, outcrops or promontories [83,86,87]. Such
descriptions echoes the large ancient effective population sizes (between 100,000 and 356,000
individuals, Table S10) inferred from our demographic reconstructions, and is consistent with
the ancestral population size estimates of *Neomonachus tropicalis* [88]. However, it is in sharp

contrast with the current elusive nature of the species, its habits of resting and giving birth in caves and remote islets, all which are probably a result of long lasting persecution [9].

Whether Romans, as previously posited [11], and/or other ancient civilizations played a significant role in the abrupt demographic decline of MMS remains unsolved, given the lack of direct evidence. However, the Romans' Empire large scale wildlife exploitation that lead to local-fish stock depletion and local megafauna extinction [85,89,90], and the emerging evidence of their whaling activities [91] are clues pointing towards their potential role in the demise of MMS. Importantly, humans have been hunting MMS long before Antiquity [21,34,92,93] and have continued afterward [12], together with increasing competition for habitat use and marine resources. Wherefore, the MMS decline was likely a continuous process, with a peak during Antiquity that dramatically sealed the genetic depauperation of the species. Furthermore, sealed animals were undoubtedly processed on the beach, and this explains that only very few bones reached inland sites [93]. Thus, systematic sealing (alike whaling [91]) is unlikely to have produced large archeological accumulations, as is the case for smaller marine resources, like tuna [94]. The resulting paucity of ancient MMS remains [92,93] limit our ability to accurately conclude on a precise period of MMS overexploitation.

Conservation outcomes

The existence of a western Mediterranean MMS population, likely on the verge of extinction, calls for the urgent identification and protection of breeding areas. Prior sightings suggest that several sites potentially hosting individuals belonging to this population should be surveyed, monitored and adequately protected on priority (e.g. from Al Hoceima to Cap des Trois Fourches - Morocco, Balearic Islands - Spain, Corsica -France, Sardinia, Tuscan Archipelago, Sicily - Italy, , La Galite - Tunisia [67,95]).

The clinal pattern of genetic diversity across the entire species distribution supports the absence of locally manageable conservation units. It therefore calls for an ambitious integrative conservation plan that comprehensively includes all countries (30) of the MMS past distribution range. Such concerted actions should be strengthened by governmental and intergovernmental agencies efforts and policies [96].

The low genetic diversity of extant populations calls for the development of an ambitious program that includes (i) increasing the size of colonies and populations and (ii) restoring genetic diversity and connectivity among extant populations. Ensuring population growth should be at the core of the MMS conservation program, as it will directly improve the resilience of populations to stochastic events [29]. Ways of re-establishing dispersion among populations should be considered, through, for example, the conservation of historical breeding sites (see [67]).

However, the dramatic levels of genetic diversity reported from our study indicate that rescuing the genetic diversity of MMS through the translocation of individuals among extant populations [97,98] is a scientifically-backed option to promote the long-term recovery of the species and should not be disregarded. Translocation should balance the benefits of counteracting the present limited gene flow among populations with any potential detrimental effects, such as the introduction into the receiving MMS community of parasites or disease to which it had not been previously exposed.

Furthermore, our results demonstrate that all extant MMS populations were connected
until recently, and that their differentiation is explained by their frequent short distance and rare
long distance dispersal (< 1,500 km). Theory predicts that gene flow reduces local adaptation
[99], and small populations governed by strong genetic drift (e.g. Madeira) are less likely to have
fine-scale local adaptations [100]. Therefore, translocation among inbred nearby populations
presents limited risks of outbreeding depression [101,102]. The success of such genetic rescue
is however conditioned by long-term conservation of extant populations, their habitat and
resources, and actions to re-establishing natural dispersion among populations [102].

Finally, our broad scale genetic survey provides a new turnkey cost-efficient tool to
accurately trace the origin of vagrant MMS individuals and monitor the genetic diversity of MMS
populations and colonies. The combination of the 19 MMS microsatellites markers with the CR1
mitochondrial sequence may indeed serve not only to select the MMS individuals for potential
translocation, but also to assess translocation success over time [98].

Data accessibility

435 Microsatellite data is available in table S1. All additional data, scripts and materials are available
436 to readers at 10.5281/zenodo.5796262.

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Conflict of interest disclosure

445 The authors of this article declare that they have no financial conflict of interest with the content
446 of this article.

Authors' contribution

448 PG, EL and JS designed the study. AA, AAK, PFL, RP, GM, SA, AB, ED, BO, AMT, LMG and
449 PD collected the genetic samples and supplied curated databases. JD and PG did the lab work.
450 JS conducted data analyses. JS and PG drafted a first version of the manuscript. All co-authors
451 participated in the writing of the manuscript and agreed with its last version.
452

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