Examining the Neural Correlates of Error Awareness in a Large fMRI Study

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Brief running title

Error Awareness Neural Correlates

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Abstract

Goal-directed behaviour is dependent upon the ability to detect errors and implement

appropriate post-error adjustments. Accordingly, several studies have explored the neural

activity underlying error-monitoring processes, identifying the insula cortex as crucial for

error awareness and reporting mixed findings with respect to the anterior cingulate cortex.

Variable patterns of activation have previously been attributed to insufficient statistical

power. We therefore sought to clarify the neural correlates of error awareness in a large

event-related functional magnetic resonance imaging (MRI) study. Four hundred and two

healthy participants undertook the Error Awareness Task, a motor Go/No-Go response

inhibition paradigm in which participants were required to indicate their awareness of

commission errors. Compared to unaware errors, aware errors were accompanied by

significantly greater activity in a network of regions including the insula cortex,

supramarginal gyrus, and midline structures such as the anterior cingulate cortex and

supplementary motor area. Error awareness activity was related to indices of task

performance and dimensional measures of psychopathology in select regions including the

insula, supramarginal gyrus and supplementary motor area. Taken together, we identified a

robust and reliable neural network associated with error awareness.

Keywords: anterior cingulate cortex, error awareness, error-monitoring processes,

functional magnetic resonance imaging, insula

Introduction

Error processing facilitates goal-directed behaviour through error detection and the

execution of appropriate post-error adjustments. Within error processing, it is possible to

delineate between errors made with and without conscious recognition. Although error

processing can proceed in the absence of awareness, conscious perception of errors may

subserve the implementation of remedial behaviours. Critically, deficient error awareness has

been associated with symptoms of inattention, lack of insight and perseverative behaviour in

several clinical conditions such as attention-deficit hyperactivity disorder (ADHD; O'Connell

et al. 2009), autism spectrum disorder (ASD; Klein et al. 2013b) and substance use disorder

(Hester et al, 2009), providing impetus for investigating the underlying neurobiology of error

awareness.

In performance monitoring tasks, errors are largely associated with an event-related

potential (ERP) signature comprising the error-related negativity (ERN) and the error

positivity (Pe). The ERN is a negative deflection with a fronto-central distribution that

appears 50-100ms following an error (Gehring et al. 1993), whereas the Pe is a positive

deflection with an approximate latency of 300-500ms occurring over a centro-parietal

location (Falkenstein et al. 1991). Neuroimaging and source localisation studies have

identified the anterior cingulate cortex (ACC) as the source of the ERN (Debener et al. 2005;

van Veen and Carter 2006). Indeed, the ACC is consistently implicated in performance

monitoring tasks and is suggested to navigate the selection and evaluation of goal-directed

behaviours (Holroyd and Yeung 2012). The source of the Pe, however, remains somewhat

equivocal, with reports that it arises from activity in the rostral ACC (rACC; Herrmann et al.

2004; Van Boxtel et al. 2005), prefrontal (Masina et al. 2019) and parietal cortices (van Veen

and Carter 2006; O'Connell et al. 2007).

With regard to error awareness, most electrophysiological studies argue that the ERN

is unaffected by conscious error perception. This pattern has been observed in a myriad of

tasks, including anti-saccade tasks (Nieuwenhuis et al. 2001; Endrass et al. 2007), Go/No-Go

error awareness tasks (O'Connell et al. 2007; Dhar et al. 2011) and visual discrimination tasks

(Steinhauser and Yeung 2010; Endrass et al. 2012). Contrastingly, the Pe has been found to

be selectively modulated by error awareness such that greater amplitudes are observed

following aware errors (Nieuwenhuis et al. 2001; O'Connell et al. 2007; Steinhauser and

Yeung 2010; Dhar et al. 2011; Hoffmann and Beste 2015). There are, however, studies which

have demonstrated that both the ERN and Pe are sensitive to error awareness (Scheffers and

Coles 2000; Maier et al. 2008; Hewig et al. 2011; Wessel et al. 2011; Shalgi and Deouell

2012). Given such findings, the ERN has been proposed to be the foremost indication that an

error has occurred and may serve as a feedforward input signal into systems that are more

responsible for error awareness (Murphy et al. 2012; Wessel 2012), whereas the Pe reflects

the accumulation of information that leads to error awareness (Klein et al. 2013b).

Neuroimaging studies on error awareness have been found to accord with

electrophysiological findings. Consistent with findings on the Pe, a network of frontal and

parietal regions has been implicated in error awareness, namely the bilateral inferior parietal

and bilateral mid-frontal cortices (Hester et al. 2005; Harsay et al. 2012; Orr and Hester

2012). The insula cortex – largely the anterior insula cortex (AIC) – is also widely recognised

to be selectively modulated by error awareness (Klein et al. 2013b). While the insula is

unlikely to generate the Pe directly, it has been suggested to indirectly elicit the Pe through its

functional connections with frontal and parietal cortices (Klein et al. 2007). Corroborating

findings on the ERN, the relationship between awareness and the ACC remains a topic of

contention. Several earlier studies that have found ACC activity to be greater for errors than

correct responses have discerned no difference in activity between aware and unaware errors

(e.g., Hester et al. 2005; Klein et al. 2007). In contrast to the majority of earlier studies,

recent investigations have reported dorsal ACC (dACC) sensitivity to error awareness, with

increased activity observed during aware errors (Harsay et al. 2012; Harsay et al. 2018).

Although heterogeneity in imaging modalities, sample characteristics and study

designs may contribute to discordant neuroimaging findings, they are unlikely to explain

variation observed across several error awareness studies (Wessel 2012). Instead, disparities

in distinguishing ACC activity patterns between aware and unaware errors may be attributed

to inadequate statistical power associated with small sample sizes. For example, we have

previously found no difference in ACC activity between aware and unaware errors in samples

of 13 (Hester et al. 2005) and 16 (Hester et al. 2009a) participants, however have found

greater dACC activity for aware errors in a sample of 27 participants (Hester et al. 2012).

Importantly, when the samples of these three studies were collated, a significant effect of

awareness on dACC activity was observed (Orr and Hester 2012). Insufficient statistical

power thus seems a robust explanation for these mixed neuroimaging findings (Button et al.

2013; Poldrack et al. 2017). Indeed, low power is a pertinent problem for task-based

neuroimaging studies where there are often a small number of observations and few

participants (Cremers et al. 2017; Turner et al. 2018). Although recent work has begun to

address the reproducibility of brain imaging (Bossier et al. 2020), relatively few functional

imaging replication studies have been conducted in this area of research. In light of this

shortcoming, the neural correlates of error awareness and the influence of measures of task

and individual differences warrants further examination.

Here, we set out to confirm previous investigations using the motor Go/No Error

Awareness Task (Hester et al. 2005), in a large, community-based sample. Behavioural

performance on the error awareness task and corresponding event-related neuroimaging were

used to assess the neural mechanisms associated with error awareness. Based on the reviewed

literature, we hypothesise that aware errors will be accompanied by greater activity in a

network of regions including the insula, parietal and mid-frontal cortices, and midline

structures such as the ACC. Further, we extend upon previous investigations by exploring

whether variance in awareness-related neural activity is accounted for by measures of

individual differences in dimensional measures of psychopathology including ADHD, ASD,

and impulsivity.

Materials and Methods

Participants

Participants were recruited via Monash University Clayton campus, social media and

newspaper advertisements along with experimenter networks. All participants were right-

handed and had normal or corrected-to-normal vision. Participants were excluded if they

were colour blind or reported any history of neurological or psychiatric illness, including

head injury, previous usage of psychotropic medication or substance use disorder. All

participants provided written informed consent and were reimbursed for participation. The

study received approval by the Monash University Human Research Ethics Committee for

meeting the research standards prescribed by the National Health and Medical Research

Council (CF12/3072 – 2012001562).

Four hundred and seventy-three participants completed the event-related fMRI

protocol. Participants were subsequently excluded due to missing functional runs ($n = 4$) or

behavioural data ($n = 22$), no signalling of aware errors ($n = 37$), corrupted functional data (n

$= 6$), or distorted anatomical data ($n = 2$). The final sample with complete behavioural and

neuroimaging data comprised 402 participants (female, 54.22%; $M_{age} = 23.64$ years, $SD =$

5.45; age range: 18-50 years). Of those, 20 participants (female, 50%; $M_{age} = 25.55$ years, SD

$= 7.25$) did not have questionnaire data available. Further information on participant age can

be found in Table 1A of the Supplementary Material.

Experimental Design

Participants were administered a battery of self-report measures designed to assess a comprehensive range of psychopathological characteristics. The battery comprised the Barratt Impulsiveness Scale, Version 11 (BIS-11; Barratt and Patton 1983) to assess impulsivity, Conners' Adult ADHD Rating Scales – Self Report: Long Version (CAARS - S:L; Conners 1998) to assess ADHD-like behaviours, the Behavioural Inhibition/Activation Systems Scale (BIS/BAS; Carver and White 1994) to measure sensitivity to avoidance and approach motivation, the Autism-Spectrum Quotient (AQ; Baron-Cohen et al. 2001) to assess autistic traits, and the Hospital Anxiety and Depression Scale (HADS; Zigmond and Snaith 1983) to assess anxiety and depression traits.

Error Awareness Task. The error awareness task (see Figure 1) is a Go/No-Go motor inhibition task that presents a serial stream of colour words in a congruent or incongruent colour. Previously, we employed an awareness task with two competing inhibition rules (a repeat No-Go rule and colour No-Go rule). To address concerns that introducing two No-Go rules potentially contaminates the BOLD signal, we opted to remove the repeat No-Go rule. Pilot testing confirmed that unaware error rates with a single No-Go rule were consistent with our previous work (see Table 2A of the Supplementary Material for a summary of pilot data). Thus, participants were required to respond to the incongruent trials (Go trials) with a left button press, while withholding their response when the word and colour were congruent (No-Go trials). To indicate error awareness, participants were trained to forego making a standard 'Go' response and instead execute a right button press following any commission error. Erroneous No-Go trials were those in which a participant failed to withhold a response. To classify erroneous trials for data analysis, unaware errors were those in which the participant responded with a left button press on the No-Go trial and again on

the following Go trial. Any deviation from this pattern of response on or following a No-Go

error was classified as an aware error (Figure 1).

The task comprised six blocks, each with 175 trials. Across all blocks, participants

were administered 900 Go trials and 150 No-Go trials. All stimuli were presented for 900ms

followed by a 600ms inter-stimulus interval. An event-related design was employed,

distributing the No-Go trials pseudo-randomly throughout the serial presentation of Go trials.

Events of interest were adequately separated in order to analyse correct and failed response

inhibition events separately without cross-contamination. The number of Go trials separating

No-Go trials ranged between 1 and 12 ($M = 6.23$; $SD = 2.55$).

Figure 1

Note. The error awareness task presents a serial stream of colour words, in a congruent (No-

Go trial) or incongruent (Go trial) colour. Participants respond to Go trials using a left button

press ('L') while withholding their response to No-Go trials. To indicate error awareness,

participants forgo making a standard 'Go' response and instead execute a right button press

('R') on the trial following the commission error. The task comprised six blocks, each with

175 trials. Across all blocks, participants were administered 900 Go trials and 150 No-Go

trials. All stimuli were presented for 900ms followed by a 600ms inter-stimulus interval.

Image Acquisition

Scanning was conducted between August, 2013 and July, 2017, at Monash

Biomedical Imaging (Victoria, Australia). Images were acquired using a Siemens Skyra 3-

Tesla MRI scanner with a 32-channel head coil. High resolution T1-weighted structural

MPRAGE images (TE = 2.07 ms, TR = 2300 ms, FOV = 256 mm, flip angle = 9 degrees,

thickness = 1mm isotropic, sagittal slices) were acquired prior to functional imaging to

enable activation localisation and for spatial normalisation. Functional images were acquired

using a gradient-echo pulse (EPI) sequence (TE = 30 ms, TR = 2460 ms, FOV = 190 mm,

flip angle = 90 degrees, 44 contiguous transversal slices of 3.0 mm thickness). The error

awareness task was presented using E-Prime software (version 2.0; Psychology Software

Tools) on a Cambridge 32-inch BOLD screen which was reflected onto a mirror visor

positioned in the radio frequency head coil. Participants responded to each stimulus using

their right hand, entering their responses using two buttons on a four-button MR-compatible

response pad (Fiber-Optic response pads; Current Designs).

Statistical Analysis

Behavioural Analysis

Behavioural data analysis was undertaken in the programming language R using the

stats package (R Core Team 2017), with the addition of the *psych* (Revelle 2020), *afex*

(Singmann et al. 2020) and *emmeans* (Russell et al. 2020) packages. Effect sizes were

calculated using the *effectsize* package (Ben-Shachar et al. 2020). Assumptions were tested,

and non-parametric analyses were computed under violations of normality. Greenhouse-

Geisser-adjusted degrees of freedom and *p*-values are reported under violations of sphericity.

Post-hoc tests were undertaken using Tukey's method for multiple comparisons. *P*-values

were otherwise adjusted using Holm procedures. Alpha was set to .05 for all analyses. The

number of trials available for our behavioural analyses are outlined in Table 3A of the

Supplementary Material. The full reproducible code for the current results has been made

publicly available online (https://osf.io/hrba7/).

The error awareness task is not optimised to analyse response speed adjustments

following errors as participants are required to make an awareness button press on the first

post-error trial. Switching to the awareness button typically results in abnormally fast

reaction times on the Go trials following the error. Response speed adjustments following

No-Go trials were therefore determined by calculating the difference in reaction time for the

Go trial following the No-Go trial by three trials and the Go trial immediately preceding the

No-Go trial (a subtraction of the pre-error Go reaction time from the third Go reaction time

after the No-Go trial).

Neuroimaging Analysis

Neuroimaging analyses were undertaken using AFNI software (Cox 1996). Data

analysis procedures followed those implemented in studies with similar experimental

paradigms (e.g., Hester et al. 2012). Behavioural data were used to categorise trial events into

the following regressors: correct inhibitions, unaware errors and aware errors. Activation

outside of the brain was removed using edge detection techniques. Following image

reconstruction, the time series data were time shifted (using Fourier interpolation) to remove

differences in slice acquisition times and then motion corrected using 3D volume registration

(least-squares alignment of three translational and three rotational parameters).

Using the BLOCK basis function, separate haemodynamic impulse response

functions (IRFs) were computed at 2.46 s temporal resolution for aware errors, unaware

errors and correct inhibitions. To avoid confounding the baseline and event-related activity

estimates, rest and omission errors were included as regressors of no interest. A multiple

regression program (3dDeconvolve) determined the best fitting gamma variate function for

these IRFs. The area under the curve of the gamma variate function was expressed as a

percentage of the area under the baseline. The baseline in this design refers to task-related

Go-trial processing that remains once the variance of the other events has been removed. The

percentage area (event-related activation) map voxels were re-sampled at 1 mm resolution,

then spatially normalised to standard MNI space and spatially blurred with a 3mm isotropic

root mean squared Gaussian kernel.

Group activation maps were obtained using a paired samples *t*-test (3dttest++) against

the null hypothesis of no event-related activation differences between aware and unaware

errors. Significant voxels passed a voxel-wise statistical threshold ($t = 6.60$, $p = 1.0 \times 10^{-10}$)

and were required to be part of a 250 µl cluster of significant contiguous voxels. This method

of combining probability and cluster thresholding sought to maximise power while

minimising the likelihood of false-positives. ANFI's 3dClustSim was provided with the

number of voxels in the group map, the spatial correlation of the voxels, and the voxel-wise

threshold. A series of Monte Carlo simulations (10,000 iterations) were then undertaken to

determine the frequency of varying sized clusters produced by chance. From this frequency

distribution, we selected the cluster size that occurred less than 1% of the time by chance, to

provide a threshold of $p = .01$, corrected. Using this method for the current sample resulted in

a highly liberal cluster-wise threshold (< 1 µl). We thus opted for a cluster-wise threshold of

250 µl as it is far more conservative and is moreover comparable with previous studies (e.g.,

Hester et al. 2005). Mean activity estimates for each event were derived for clusters in the

whole brain map using the program 3DRoiStats. The estimates were used in assessing the

relationship between neural activity and measures of task performance and individual

differences.

Linking Neural Activity to Psychopathological Traits

Lasso (least absolute shrinkage and selection operator) regression was employed to

determine a subset of the dimensional psychopathological measures that best predict error

awareness and mean activity estimates for the supramarginal gyrus, insula and anterior

cingulate cortices. Lasso is a modified form of least squares regression that applies a

regularisation parameter (λ) to determine the variables that best predict the outcome measure

(Tibshirani 1996). The regularisation parameter shrinks coefficients to zero for irrelevant

covariates in order to minimise prediction error and reduce overfitting. The optimal penalty

term was determined using a 10-fold cross-validation. By enforcing sparsity, lasso regression

provides a principled way of identifying a subset of predictors that have the strongest

influence on the dependent variable (Tibshirani 1996). Lasso generalised linear models were

computed in the programming language R (R Core Team 2017) using the *glmnet* package

(Friedman et al. 2010). The main independent variables were subscale scores from each of

the aforementioned psychopathological questionnaires. Although a whole-brain approach was

used to explore the regions associated with awareness, a more focused subset of areas was

selected as dependent variables to investigate how awareness activity is related to

psychopathological traits. Dependent variables were therefore error awareness, and mean

aware activity estimates for three clusters identified in our imaging analysis (anterior

cingulate cortex, insula cortex and supramarginal gyrus). These clusters were selected due to

theoretical relevance and previous findings of sensitivity to error awareness (Harsay et al.

2012; Orr and Hester 2012; Klein et al. 2013b). Four separate models were computed, one for

each dependent variable. The analysis does not allow missing data, therefore cases with

missing values were omitted. Little's test indicated that data were missing completely at

random, $\chi^2(155) = 173.53$, $p = .155$. All variables were standardised prior to analysis to

generate *Z*-scores. A test statistic or *p*-value for lasso regression is still under development

(Lockhart et al. 2014). Further, given the interest here is predictive performance and not

statistical inference, results are presented as standardised regression weights alone. To

determine the robustness of the variable selection, each Lasso model was computed on 500

bootstrap samples. The percentage of non-zero bootstrap samples is reported for each

variable alongside the coefficients.

Results

Behavioural Results

Performance indices are summarised in Table 1. Participants correctly withheld

53.59% of their responses on No-Go trials, and were aware of 86.47% of commission errors

(error awareness range 21.74-99.11%). There was a non-significant weak association

between awareness of errors and overall inhibition performance, $r_s = -.10$, $p = .055$. A

294 repeated measures ANOVA revealed that the speed of response was significantly related to

295 trial type, $F(2, 798) = 21.37, p < .001, \eta_p^2 = .05$. Post-hoc tests using the Tukey method for

296 multiple comparisons indicated that reaction times were significantly faster for aware errors

297 than for either unaware errors, $t(798) = -4.22, p < .001, d = -.23$, 95% CI [-.30, -.16], or

298 correct Go responses, $t(798) = -6.44, p < .001, d = -.15$, 95% CI [-.22, -.08]. There was no

299 significant difference in reaction time between correct responses and unaware errors, $t(798) =$

300 $2.22, p = .069, d = -.08$, 95% CI [-.15, -.01].

301  A repeated measures ANOVA was computed to compare reaction time adjustments

302 across No-Go responses (correct inhibitions, aware error, unaware error). The results

303 revealed an effect of No-Go response type on post-No-Go reaction time, $F(1.52, 598.43) =$

304 $4.85, p = .015, \eta_p^2 = .01$. Post-hoc tests indicated greater slowing of responses following

305 unaware errors (+19ms) compared to aware errors (+5ms), $t(786) = 2.91, p = .010, d = -.48$,

306 95% CI [-.56, -.41], and correct No-Go responses (+7ms), $t(786) = 2.41, p = .043, d = -.40$,

307 95% CI [-.47, -.33]. There was no significant difference in post-No-Go reaction adjustments

308 between correct responses and aware errors, $t(786) = 0.50, p = .869, d = .08$, 95% CI [.01,

309 .15].

310
311

312 **Table 1**

313 *Behavioural Performance: Inhibition Accuracy, Error Awareness and Reaction Time on the*

314 *Error Awareness Task*

Category	Mean (*SD*)
Inhibition accuracy %	53.59 (19.31)
Total errors	66.45 (29.05)
Error awareness %	86.47 (11.74)
Reaction time (ms)	
Go trial	517.66 (80.60)
Aware trial	489.14 (107.28)
Unaware trial	507.37 (117.33)
Post-No-Go reaction time adjustment (ms)[a]	
Aware error	+5.94 (49.66)
Unaware error	+19.22 (93.21)
Correct inhibition	+7.89 (44.24)

[a]Post-No-Go reaction time – pre-No-Go reaction time. Post-No-Go reaction time is taken

from the Go trial that succeeds the No-Go by three trials.

Neuroimaging Results

The event-related functional analysis revealed 17 clusters that differentiated aware

errors from unaware errors (Table 2). Aware errors were accompanied by greater activity in

the left insula cortex (Figures 2C and 2D), the supramarginal gyrus (SMG; Figure 2B), and

midline structures such as the left supplementary motor area (SMA), left anterior cingulate

cortex (ACC) and bilateral precuneus (Figure 2A). It should be noted that while the centre of

mass of activity in the SMA and ACC falls within the left hemisphere, the lateral extent of

these clusters was bilateral.

ACC activity was not robustly correlated with behavioural measures that are typically

related to error awareness. That is, the speed of error commission was not significantly

associated with the degree of ACC activity for either aware, $r_s = -.09$, $p = .061$, or unaware

errors, $r_s = -.06$, $p = .194$. Further, we did not find evidence in support of an association

between inhibition performance and ACC activity related to aware errors, $r_s = .01$, $p = .890$,

nor error awareness rate, $r_s = .09$, $p = .063$. Likewise, we found no evidence for an

association between post-error reaction time adjustments and ACC activity for aware errors,

$r_s = -.06$, $p = .233$, or unaware errors, $r_s = -.08$, $p = .096$. The difference between BOLD

activity in the ACC associated with aware errors and that associated with unaware errors was

also not found to be significantly related to the speed of aware errors, $r_s = -.02$, $p = 1.00$, and

unaware errors, $r_s = .01$, $p = 1.00$, or post-aware error adjustments in reaction time following

aware errors, $r_s = -.03$, $p = 1.00$, and unaware errors, $r_s = .09$, $p = .284$.

The association between neural activity and performance indices was further assessed.

Inhibition performance was found to correlate positively with BOLD activity associated with

aware errors in the insula, $r_s = .12$, $p = .030$, and right SMG, $r_s = .25$, $p < .001$. Only the left

middle frontal gyrus, $r_s = .17$, $p = .010$, and the SMA, $r_s = .15$, $p = .030$, were found to

correlate significantly with aware error reaction time. Post-aware reaction time adjustments

were associated with activity in the SMA, $r_s = .15$, $p = .030$, right SMG, $r_s = .19$, $p < .001$,

right superior temporal gyrus, $r_s = .14$, $p = .040$, and left and right middle frontal gyri, $r_s =$

$.17$, $p = .010$, and $r_s = .21$, $p < .001$, respectively, such that greater activity in these regions

correlated with slower reaction time on the post-error trial. For unaware errors, neither the

speed of the erroneous response nor post-error reaction time adjustments were found to

significantly correlate with BOLD activity in any of the 17 clusters.

Figure 2

Note. Clusters associated with greater BOLD signal for aware errors than unaware errors. (A)

Sagittal slice at $x = 0$. Purple cluster centred on left anterior cingulate cortex, orange cluster

centred on left supplementary motor area (SMA), yellow cluster centred on left precuneus;

(B) Blue cluster centred on right superior temporal gyrus, pink cluster centred on right

supramarginal gyrus; (C) Axial slice at $z = 10$. Blue cluster centred on left insula; (D)

Coronal slice at $y = 5$. Blue cluster centred on left insula, red cluster centred on left precentral

gyrus, orange cluster centred on left SMA, green cluster centred on left postcentral gyrus; (E)

Green cluster centred on right postcentral gyrus, orange cluster centred on left SMA, red

cluster centred on left precentral gyrus, blue cluster centred on right middle frontal gyrus.

Table 2

Regions that Showed Significantly Greater BOLD Signal for Aware Errors than Unaware

Errors

Structure	Vol. µl	HS	Centre of mass (MNI Coordinates)		
			x	*y*	*z*
Postcentral gyrus	30420	L	-38	-32	54
Cerebellum	7778	R	23	-50	-27
Cerebellum	4055	L	-30	-52	-31
SMA[a]	2849	L	1	-6	58
Cerebellum	2401	R	21	-49	-57
ACC[a]	1784	L	-2	41	-3
Insula	1521	L	-40	-2	13
SMG	1368	R	39	-37	43
Cerebellum	1085	L	-34	-44	-59
Middle frontal gyrus	703	L	-32	37	35
Middle frontal gyrus	687	R	32	44	38
SMG	585	R	56	-43	26
Precuneus	554	R	7	-73	42
Precuneus	541	L	-5	-57	13
Superior temporal gyrus	394	R	46	-29	-3
Precentral gyrus	375	L	-57	2	33
Precuneus	252	L	-11	-70	47

366   *Note.* Positive values for *x, y* and *z* coordinates denote locations that are right, posterior and

367   superior relative to the anterior commissure, respectively. SMA, supplementary motor area;

368   ACC, anterior cingulate cortex; SMG, supramarginal gyrus.

369   [a]While the centre of mass of activity in the SMA and ACC falls within the left hemisphere,

370   the lateral extent of these clusters was bilateral.

Lasso Regression

Lasso regression results for each model are summarised in Table 3 (see Table 4A of

the Supplementary Material for descriptive statistics). Error awareness was found to be

predicted by impulsivity, namely motor and planning scores from the BIS-11, and

behavioural inhibition score from the BIS/BAS (Carver and White 1994). The most important

predictors of insula activity were attention to detail and imagination scores from the AQ

(Baron-Cohen et al. 2001), and HADS depression score (Zigmond and Snaith 1983). No

variable was found to predict ACC activity, while all variables except attention switching

from the AQ, and attention, self-concept and DSM attention from the CAARS (Conners

1998) were found to predict SMG activity.

Table 3

Lasso Regression Coefficients

	Outcome									
	Error awareness		L-insula		ACC		R-SMG		R-Middle frontal gyrus	
Predictor	LASSO coeff.	non-zero (%)	LASSO coeff.	non-zero (%)	LASSO coeff.	non-zero (%)	LASSO coeff.	non-zero (%)	LASSO coeff.	non-zero (%)
BIS-11 – attentional	.	56	.	56	.	26	-0.05	58	.	33
BIS-11 – motor	-0.07	86	.	46	.	30	0.11	78	0.05	74
BIS-11 – non-planning	-0.03	90	.	38	.	48	-0.01	52	.	34
AQ – social skill	.	48	.	40	.	56	-0.15	82	.	46
AQ – attention switching	.	68	.	50	.	22	.	54	.	37
AQ – attention to detail	.	64	.0003	60	.	44	0.04	64	.	47
AQ – communication	.	58	.	56	.	20	0.16	92	0.05	71
AQ – imagination	.	54	0.02	76	.	34	0.03	64	0.13	92
BIS/BAS – BAS drive	.	68	.	56	.	30	0.04	66	0.05	72
BIS/BAS – BAS fun	.	50	.	42	.	24	-0.12	74	.	25
BIS/BAS – BAS reward	.	62	.	42	.	34	0.01	54	.	41
BIS/BIS – BIS score	0.04	90	.	68	.	30	0.03	60	0.01	53

HADS – anxiety	.	52	.	50	.	30	0.02	64	.	49
HADS – depression	.	52	0.10	90	.	34	0.19	98	.	79
CAARS – attention	.	42	.	38	.	22	.	38	.	43
CAARS – hyperactivity	.	46	.	52	.	24	0.11	54	.	25
CAARS – impulsivity	.	48	.	48	.	22	-0.04	60	.	37
CAARS – self-concept	.	46	.	42	.	54	.	36	.	32
CAARS – DSM attention	.	34	.	50	.	20	.	42	-0.05	49
CAARS – DSM hyperactivity	.	38	.	40	.	22	-0.14	60	.	23
CAARS – DSM ADHD	.	6	.	4	.	6	-0.01	20	.	24
CAARS – index	.	64	.	18	.	12	-0.02	40	.	24

Note. Results are presented as standardised regression coefficients. To determine the

robustness of the variable selection, each Lasso model was computed on 500 bootstrap

samples. The percentage of non-zero bootstrap samples is reported for each variable

alongside the coefficients. BIS, Barratt Impulsiveness Scale, Version 11; AQ, Autism

Spectrum Quotient; BIS/BAS, Behavioural Inhibition/Avoidance Scale; HADS, Hospital

Anxiety and Depression Scale; CAARS, Conners' Adult ADHD Rating Scale; ACC, anterior

cingulate cortex; SMG, supramarginal gyrus.

Discussion

The current study aimed to establish the robustness of previous findings on the neural

correlates of error awareness. Here, we have discerned greater aware-related activity in a

network of regions including the insula cortex, anterior cingulate cortex (ACC),

supplementary motor area (SMA), and supramarginal gyrus (SMG). Further, individual

differences in error-related neural activity were found to be related to indices of task

performance in a select few regions including the insula, SMA and SMG. Moreover, we

found that certain measures of psychopathology – namely impulsiveness and depression –

explained variance in aware-related activity in a subset of these regions.

Although the ACC has been implicated in several studies on performance monitoring,

differentiation of activity in this region with error awareness has been largely unreported (but

see Hester et al., 2012). Our study has shown greater ACC activation – across the dACC and

rACC – for aware errors than unaware errors, suggesting a sensitivity of the ACC to

awareness. This supports claims that insufficient statistical power may underlie the

discrepancy in previous findings (Wessel, 2012). Although the precise role of the ACC in

error processing is unknown, there is a general consensus that the ACC – particularly the

dACC – monitors ongoing behaviour and navigates the selection and evaluation of goal-

directed behaviours (Holroyd and Yeung 2012). In particular, it is purported to respond to

outcomes that are worse than expected and may signal the need for an adjustment in strategy

to reach the desired goal (Holroyd and Coles 2002; Bryden et al. 2011). Our finding of

greater rACC activation is not typically reported in error awareness studies, however the

rACC has been proposed to be a neuronal generator of the Pe – an event-related potential

associated with error awareness (Herrmann et al. 2004; Van Boxtel et al. 2005). While the

rACC may be differentially involved in post-error processing, as evidenced by the Pe, further

work is ultimately needed to discern precisely how the rACC contributes to awareness. Taken

together, it is plausible that the ACC presents a threshold-like relationship to awareness and

post-error processes, whereby a certain level of activity is sufficient to elicit error detection

and post-error adaptation, but the overall level of activity is not tightly coupled to these

processes (Orr and Hester 2012). This is moreover consistent with the absence of a

relationship between individual differences in aware-related ACC activity and behavioural

adjustments in our study. Thus, ACC activity may covary with error commission and

contribute to error awareness such that it is facilitating goal attainment, however may not be

solely responsible for eliciting awareness and post-error alterations.

425    Contrastingly, the insula cortex appears to be consistently modulated by error

awareness. The insula has been proposed to be engaged in a number of processes, however its

role in interoceptive awareness has taken prominence in recent decades. In particular, the

insula integrates autonomic information with salient events such as errors (Klein et al.

2013b). Activity of the insula during aware errors may therefore be explained by

interoceptive awareness of greater autonomic responses to aware errors (Craig 2009).

Interestingly, concurrent insula and ACC activity during performance monitoring is a robust

finding (Craig 2009; Ham et al. 2013). Although these structures are distinct, they have been

purported to form a salience network which has been associated with interoceptive autonomic

domains and the control of goal-directed behaviours (Dosenbach et al. 2007). Indeed,

previous studies have found the ACC to be associated with autonomic engagement during

aware error processing (Harsay et al. 2018). The relationship between the ACC and insula

may explain how the ACC potentially mediates error awareness. Specifically, insula activity

may represent awareness while ACC activity represents the control of directed effort. That is,

error-related activity in the ACC may feedforward into the insula which may be more directly

responsible for error awareness.

Consistent with previous findings, aware errors were associated with greater activity

in the right SMG. The SMG is purported to be connected to the ACC and middle frontal

cortex via the dorsal branch of the superior longitudinal fasciculus (SLF1; Ramos-Fresnedo

et al. 2019). Recent research has demonstrated that individual differences in the SLF1

underpin an individual's evidence accumulation capacity (Brosnan et al. 2020). This is

pertinent given that current views on error awareness operate in line with an evidence

accumulation account (Ullsperger et al. 2010). The emergence of error awareness is said to

coincide with the accumulation of evidence above a response criterion threshold (Murphy et

al. 2012). Given the SMG, ACC and middle frontal cortex were found to contribute to error

awareness in the current study, it is plausible that connectivity between these regions might

be a critical determinant of an individual's error awareness.

It is also worth considering that the inferior parietal lobe – which in part comprises

the SMG – has been proposed to form a network with the ACC and insula and together are

associated with the salience of an event (Harsay et al., 2012). The parietal lobe, in particular,

is suggested to act on salient events and likely works to direct and maintain the location of

attention (Corbetta and Shulman 2002). Errors are arguably salient as they are infrequent and

useful in that they re-direct a participant's attention to current task goals. Indeed, consistent

with this orienting account, we found elevated SMG activity to be correlated with slower

reaction times following aware errors. This finding aligns with previous work which has

found that correct trials following an error show heightened activation of the inferior parietal

lobe, coinciding with increased post-error slowing (Marco-Pallarés et al. 2008).

Although error awareness rate did not appear to be associated with inhibition

performance, we found a relationship between inhibition and aware-related activity in the

insula and SMG. This is interesting given that error-related activity in the insula and inferior

parietal lobe have previously been found to predict successful inhibition on the following No-

Go trial (Hester et al. 2009b), suggesting a shared neural system between error awareness and

successful response inhibition. Previously, we speculated that inclusion of two inhibition

contingencies might disrupt the relationship between error awareness and future performance,

reflecting the role of the ACC as a reinforcement learning signal (Orr and Hester 2012). We

therefore opted to include only one inhibition rule in the current design. Despite this task

change, we found no relationship between error awareness and inhibition performance. It is

thus plausible that error awareness facilitates performance only under context-specific

conditions – where there is a more direct contingency between an error and future

performance. Since there was no direct contingency here, with performance not influencing

the sequence of trials that followed, it is likely any increases in conservatism of responding

are loosely, if at all, reflective of sustained changes in performance strategy.

While we examined post-error reaction time adjustments, it is worth considering that

the error awareness task is not optimised for this analysis. Specifically, participants are

required to make an awareness button press on the first post-error trial. To minimise this

confound, we excluded the first two post-error trials from our post-error slowing analysis,

however we still found greater slowing following unaware errors. While studies on post-error

slowing and error awareness have generated mixed evidence (van Gaal et al. 2009; Hewig et

al. 2011; Endrass et al. 2012; Hoonakker et al. 2016), the finding of greater slowing

following unaware errors appears to be exclusive to studies employing the error awareness

task. Given that post-error reaction time did not return to baseline by the third post-error trial,

it seems plausible that unaware errors are accompanied by the continued anticipation of an

impending No-Go trial, resulting in slowed responses. Our finding of greater slowing

following unaware errors is therefore likely to be a task-specific phenomenon rather than a

reflection of deliberate post-error behavioural adjustments. To reconcile these findings, we

require a task that obviates the need for an error awareness button press on the post-error trial

and offers more events (i.e., aware and unaware errors) per individual.

To examine the influence of dimensional measures of psychopathology on error

awareness and related neural activity in three selected clusters (ACC, insula and SMG), we

ran a series of Lasso regressions. The most robust positive predictors of error awareness were

impulsivity-related measures, specifically motor and non-planning impulsiveness. This is

consistent with the finding that disorders marked by deficits in impulsiveness, such as ADHD

and substance use disorder, have been shown to have impaired error awareness (O'Connell et

al. 2009; Charles et al. 2017). Error awareness was also found to be positively predicted by

behavioural inhibition system score which reflects the motivation to avoid adverse outcomes

and is purported to be predictive of affective and behavioural responses after incentives and

threats (Johnson et al. 2003). Moreover, the relationship between aware-related insula and

SMG activity was found to be most notably positively predicted by depressive symptoms.

Although some studies have found a heightened error positivity – an event-related potential

which is suggested to index error awareness – to be related to depressive symptoms (Mies et

al. 2011; Mueller et al. 2015), others have found no such relationship (Compton et al. 2008).

It has been reported, however, that depressed individuals display greater activity in the insula

in response to negative stimuli than healthy controls (Hamilton et al. 2012). The heightened

sensitivity to failure and negative information which is proposed to underlie clinical levels of

depression may in part explain why aware-related activity in these regions is related to

depressive traits in a non-clinical sample.

Our event-related analysis of a large sample revealed a network of regions including

the insula cortex, SMG, and midline structures such as the ACC and SMA that show greater

BOLD signal change for aware errors compared to unaware errors. The most parsimonious

account of error awareness is that it is likely the result of the accumulative efforts of these

systems which may not all individually drive awareness.

Open practices statement. Data are available upon reasonable request and all scripts

required for the current results have been made publicly available online at the Open Science

Framework (https://osf.io/hrba7/).

Conflict of interest. The authors declare no conflicts of interest.

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