# Differential response of *Candida* species morphologies and isolates to fluconazole and boric acid

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#### 4 Abstract

5 *Candida albicans* is the most prevalent cause of vulvovaginal candidiasis ('yeast 6 infection') and recurrent vulvovaginal candidiasis, though the incidence of non-albicans yeast 7 species is increasing. The azole fluconazole is the primary antifungal drug used to treat R/VVC 8 yet isolates from some species have intrinsic resistance to fluconazole, and recurrent infection 9 can occur even with fluconazole-susceptible populations. The second-line broad-spectrum 10 antimicrobial drug, boric acid, is an alternative treatment that has been found to successfully treat 11 complicated VVC infections. Far less is known about how boric acid inhibits growth of yeast 12 isolates in different morphologies compared to fluconazole. We found significant differences in 13 drug resistance and drug tolerance (the ability of a subpopulation to grow slowly in high levels of 14 drug) between C. albicans, C. glabrata, and C. parapsilosis isolates, with the specific 15 relationships dependent on both drug and phenotype. Population-level variation for both 16 susceptibility and tolerance was broader for fluconazole than boric acid in all species. Unlike 17 fluconazole, which neither prevented hyphal formation nor disrupted mature biofilms, boric acid 18 inhibited C. albicans hyphal formation and reduced mature biofilm biomass and metabolic 19 activity in all isolates in a dose-dependent manner. Variation in planktonic response did not 20 generally predict biofilm phenotypes. Overall, our findings illustrate that boric acid is broadly 21 effective at inhibiting growth across many isolates and morphologies, which could explain why it 22 is an effective treatment for R/VVC.

# 24 Introduction

25 Vulvovaginal candidiasis (VVC), a pathological condition of the lower female 26 reproductive tract, affects ~75% of females at least once in their life (1, 2). Although patients 27 usually respond well to the first-line treatment (typically fluconazole) (3, 4), ~8% of females globally will experience recurrent VVC, which can have a significant negative impact on quality 28 29 of life (4, 5). *Candida albicans* has been the primary cause (75-90%) of VVC, yet the frequency 30 of other species, particularly C. glabrata followed by C. parapsilosis, is increasing (6-8). In light 31 of the transition to rename C. glabrata as Nakaseomyces glabrata, (9), we use the acronym NAC 32 to refer to "non-albicans clinical" species, rather than "non-albicans *Candida*" species as has been 33 done historically.

34 Boric acid (BA) intravaginal suppositories are recommended and have found success as a 35 second-line treatment for NAC infections and when recurrence occurs on first-line treatment, 36 typically fluconazole (FLC) (3, 4, 10, 11). Despite this success, BA remains a second-line 37 treatment because its exact mechanism of action is unknown and much less work has evaluated its 38 broad efficacy and possible long-term effects (12, 13). The minimum inhibitory concentration of 39 BA was previously measured in a relatively small number of C. albicans, C. glabrata, and C. 40 parapsilosis isolates (13, 14), yet unlike FLC (and many other antifungal drugs), there are no 41 standard clinical methods for drug resistance testing, nor have breakpoints been established for 42 BA planktonic resistance. Furthermore, variation among isolates in fungal drug tolerance, the 43 ability of a subpopulation of drug-susceptible isolates to grow slowly at inhibitory drug 44 concentrations (15–18), has largely been ignored, yet recent studies are beginning to implicate 45 tolerance as a factor in predicting drug efficacy (16–18).

46 Morphological plasticity is an important virulence trait in many contexts for *Candida* 47 species (19). The yeast to hyphal transition is critical for biofilm stability, penetration of host 48 epithelial cells, and escape from host phagocytes (20, 21). Hyphal formation is also important for 49 biofilm formation in C. albicans (C. glabrata do not form hyphae and C. parapsilosis forms 50 pseudohyphae) (22). The involvement of biofilms in RVVC is still being debated (23, 24). 51 However, hyphal forms were recently detected in vaginal lavage fluid from an RVVC patient (25). In vivo mice models showed that C. albicans can form biofilms on the vaginal mucosa (23, 24) 52 53 and genes involved in hyphal morphogenesis biofilm formation were detected in vaginal lavage 54 (25). FLC was shown previously not to inhibit hyphal formation (26). However, low BA

55 concentrations (0.02 mg/mL) can disrupt the cytoskeleton of hyphae by changing the actin 56 distribution from the apical to the isotropic pattern (27), and higher BA concentrations (10 mg/mL 57 or 50 mg/mL) were shown to inhibit hyphal formation in two *C. albicans* isolates (13). BA has 58 also been found to reduce the biomass of mature biofilms relative to biofilms growing without 59 drug (13); it was unclear, however, whether this reflected the drug simply stopping further growth, 60 or whether boric acid acted to reduce the biofilm below pre-drug treatment levels.

61 To quantify the diversity of BA phenotypic responses among different species, we compared FLC and BA planktonic susceptibility and tolerance among 235 clinical isolates of C. 62 63 albicans, C. glabrata and C. parapsilosis. We also quantify the impact of FLC and BA on C. 64 albicans yeast to hyphal transition (leading to biofilm formation), and on C. albicans mature biofilms. We found significant differences among species for drug resistance and tolerance, and a 65 66 consistent increase in the variance among isolates for both drug response phenotypes in FLC 67 compared to BA. We also found that unlike FLC, BA is effective at inhibiting the yeast-to-hyphal 68 transition and thus biofilm formation, and can effectively break apart mature biofilms. Combined, 69 this demonstrates multiple pathways where BA is more effective at inhibiting *Candida* species growth compared to fluconazole. 70

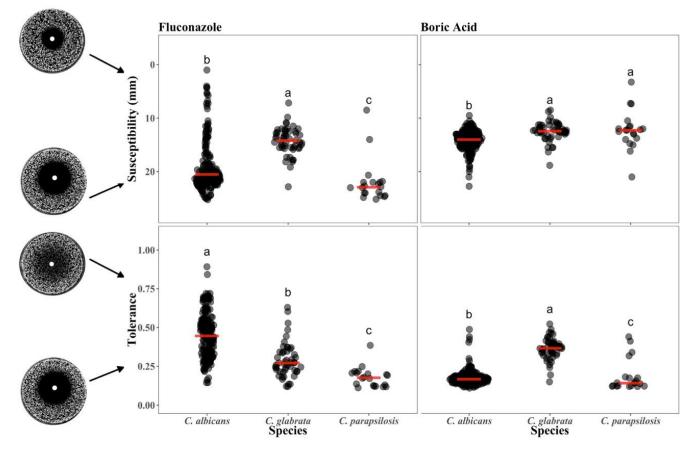
# 72 **Results**

#### 73 Variation in Drug Susceptibility and Tolerance

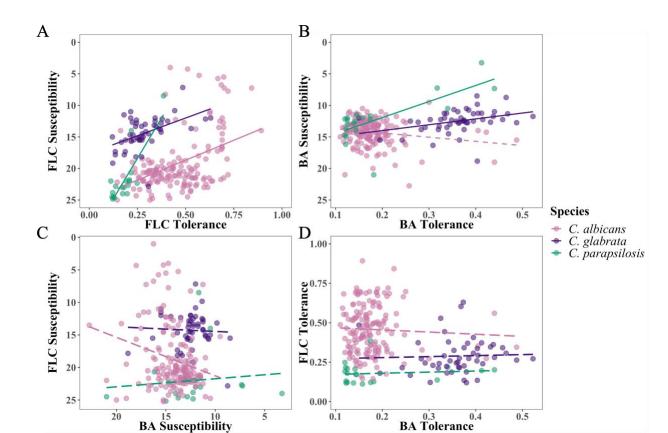
74 Fluconazole (FLC) and boric acid (BA) drug susceptibility and tolerance were measured for 235 Candida isolates (165 C. albicans, 50 C. glabrata, 20 C. parapsilosis) using diskImageR, 75 76 a computational analysis tool that quantifies drug response from imagers of disk diffusion assays 77 (15). Susceptibility was measured as  $RAD_{20}$  (the radius where 20% of growth reduction occurs), 78 while tolerance was measured as  $FoG_{20}$  (the fraction of the population that is able to grow above 79 RAD<sub>20</sub> after 48 h). C. albicans isolates on average had higher susceptibility than C. glabrata but 80 lower susceptibility than C. parapsilosis, and higher tolerance than either in FLC (Figure 1, left panels; Kruskal-Wallis rank-sum test; susceptibility:  $\chi^2 = 63.43$  df = 2, P < 0.0001, species 81 82 differences determined by post-hoc pairwise Wilcoxon tests with the (28) P adjustment; tolerance:  $\chi^2 = 82.04$ , df = 2, P < 0.0001). In BA, C. albicans isolates had higher susceptibility than both 83 NAC species, and lower tolerance than C. glabrata (susceptibility:  $\chi^2 = 39.8$ , df = 2, P < 0.0001; 84 tolerance:  $\gamma^2 = 97.9$ , df = 2, P < 0.0001). The magnitude of isolate variation in BA was significantly 85 less than in FLC for both C. albicans and C. glabrata, the two species with a sufficiently large 86 sample size (Fligner-Killeen test of homogeneity; susceptibility: C. albicans,  $\chi^2 = 23.4$ , df = 1, P 87 < 0.0001; C. glabrata,  $\chi^2 = 7.8$ , df = 1, P = 0.005; tolerance: C. albicans,  $\chi^2 = 116.59$ , df = 1, P <88 0.0001; *C. glabrata*,  $\chi^2 = 4.94$ , df = 1, *P* = 0.03). 89

90 There was a significant positive correlation for FLC susceptibility and tolerance within 91 isolates of the same species: isolates that had lower susceptibility (i.e., higher resistance levels) 92 also tended to have higher tolerance (Figure 2A, Spearman's rank correlation, for C. albicans: rho 93 = -0.197, S = 571000, P = 0.02 C. glabrata: rho = -0.49, S = 29249, P < 0.0001, C. parapsilosis: 94 rho = -0.73, S = 2295, P < 0.0001). In BA, the correlation was significant for C. glabrata and C. parapsilosis (Figure 2B, C. glabrata, rho = -0.42, S = 27802, P = 0.003; C. parapsilosis, rho = -95 0.63, S = 2173, P = 0.003) but not C. albicans (rho = 0.07, S = 444639 P = 0.420). There was no 96 97 correlation in susceptibility and tolerance between drugs, indicating that the mode of action for 98 BA differs from that of FLC, as the isolates that are less susceptible or more tolerant in one drug 99 do not tend to have improved growth in the other (Figure 2C&D, Spearman's rank correlation, susceptibility, C. albicans: S = 500605, P = 0.56; C. glabrata: S = 19549, P = 0.99; C. parapsilosis: 100

- 101 S = 975, P = 0.26; tolerance, *C. albicans:* S = 490557, P = 0.74; *C. glabrata:* S = 15401, P = 0.14;
- 102 *C. parapsilosis:* S = 1332, *P* = 0.995).
- 103



**Figure 1** Susceptibility and tolerance for FLC and BA was quantified for 165 *C. albicans*, 50 *C. glabrata*, and 20 *C. parapsilosis* isolates. Note that susceptibility is measured as RAD<sub>20</sub> and the y-axis is reversed so that the less susceptible (more resistant) isolates are towards the top. Tolerance is measured FoG<sub>20</sub> from *diskImageR* analysis. Letters indicate the statistical differences among-species in each panel from a post-hoc pairwise Wilcox test with the Benjamini and Hochberg (1995) p-value adjustment; when species do not share a letter, they are significantly different from each other (P < 0.05).





**Figure 2** Association within and between drug response parameter and drugs. (A) susceptibility and tolerance in FLC, (B) susceptibility and tolerance in BA, (C) susceptibility in FLC and BA, (D) tolerance in FLC and BA. Solid lines indicate a significant correlation (P < 0.05) from a Spearman's rank correlation test.

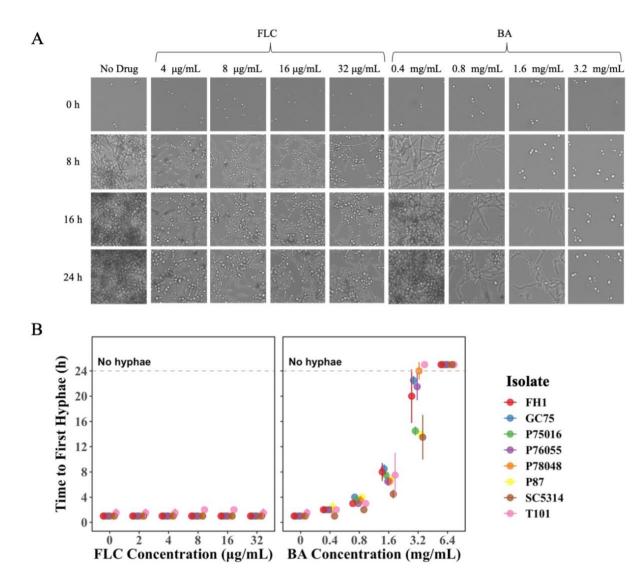
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#### 107 BA Inhibits C. albicans Hyphal Formation

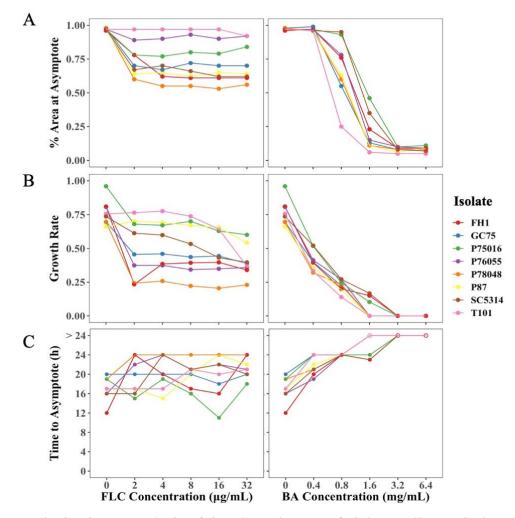
108 We used time-lapse microscopy to examine the ability of eight phylogenetically diverse C. 109 *albicans* isolates to form hyphae and begin biofilm formation in the presence of drug (Figure 3). 110 Visual inspection of images indicated it took only 1-2 hours for all isolates to form hyphae 111 regardless of the FLC concentration (Figure 3B). By contrast, BA affected hyphal formation in a 112 highly dose-dependent manner. In low levels of BA (0.4 and 0.8 mg/mL), there was very little 113 variation in the time to first hyphal formation among isolates. As the level of BA increased, the 114 time to hyphal formation as well as the variation among isolates increased. No hyphae were 115 observed by 24 h at the highest level of BA.

116 To further quantify biofilm formation from the time-lapse images, we used a computational 117 pipeline that we recently developed that uses machine learning in the Orbit Image Analysis 118 program (29) and custom R scripts. The pipeline computationally quantifies the percent area 119 covered by cells in each image, and uses this to calculate the biofilm growth rate, the time to reach 120 the growth asymptote (i.e., growth plateau), and percent area covered at the asymptote. At the 121 highest FLC concentration, populations retained 50-100 % of percent area covered by cells at the 122 asymptote relative to no drug (Figure 4A) and had a reduced but still relatively high growth rate 123 (Figure 4B). There was not a clear trend among isolates in the time required to reach the asymptote 124 (Figure 4C). Consistent with the identified variation by eye in the time to hyphal formation, BA 125 reduced the percent area covered by cells at the growth asymptote, decreased the growth rate and 126 increased the time to reach the growth asymptote in a dose-dependent manner (Figure 4A-C). 127 Interestingly, there was more variation in percent area at the growth asymptote, growth rate, and 128 time to reach the growth asymptote among isolates in FLC compared to BA. There was no 129 correlation between FLC drug responses and BA drug responses (Spearman's rank correlation, 130 percent area covered by cells: S = 1399899, P = 0.48; time to reach the growth asymptote S =131 1346887, P = 0.89; growth rate: S = 1275866, P = 0.5447). Overall, unlike FLC, BA effectively 132 inhibits hyphal formation and biofilm formation in a dose-dependent manner.





**Figure 3** Biofilm formation drug responses of eight *C. albicans* isolates. Fungal cells were initially cultured in liquid YPD at 30 °C, washed and standardized to  $OD_{600}$  of 0.01 in RPMI. Cells were inoculated into various concentrations of FLC or BA. The plate was incubated at 37 °C and (A) manually taken out every 1 h for 24 h for scan using Evos FL Auto 2 inverted microscopy. (B) Time to the first hyphal formation was measured by manually going through the images and identifying the hour where the first hypha was observed. Values presented for each isolate are the mean of two biological replicates  $\pm$  SD.



**Figure 4** Quantitative image analysis of time lapse images of eight *C. albicans* isolates. Orbit Image Analysis was used to calculate the % area covered by cells for all the images and custom R scripts was used to calculate % area at the asymptote, growth rate and time to reach the asymptote. BA affected biofilm formation in a dose dependent manner; (A) it reduced % area at the asymptote, (B) decreased the growth rate, and (C) increased time to reach the asymptote unlike FLC. Values presented are the mean of two biological replicates.

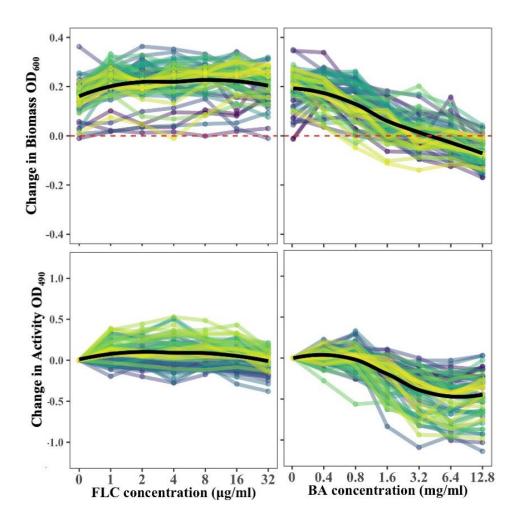
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#### 136 BA Eradicates C. albicans Mature Biofilms

The ability of drugs to break apart mature *C. albicans* biofilms formed in absence of drug was evaluated by quantifying both biomass and activity. As previously shown by others (24, 30, 31), mature biofilms were largely impervious to FLC; post-drug biomass was higher than the measured pre-drug biomass for all levels of FLC (Figure 5; linear mixed-effect model implemented in the lmer R package (32), with change in biomass as the response variable, level of the drug as the predictor and isolate as a random effect, p-value obtained through the analysis of variance test with Satterthwaite's method for degrees of freedom;  $F_{1,342} = 2.98$ , P = 0.09). There was a negative 144 association between FLC concentration and biofilm activity (linear mixed-effect model with 145 change in activity as the response variable, level of the drug as the predictor, and isolate as a 146 random effect,  $F_{1,342} = 32.46$ , P < 0.0001), driven by activity at the highest level of FLC (model 147 with FLC 32 µg/mL removed from the dataset:  $F_{1,285} = 0.0937$ , P = 0.76).

148 Similar to biofilm formation, BA significantly affected biofilm biomass and activity in a 149 dose-dependent manner (Figure 5; biomass,  $F_{6,342} = 249.94$ , P < 0.0001; activity,  $F_{6,342} = 249.94$ , 150 P < 0.0001). Interestingly, the biomass of 48% of isolates and the activity of 57% of isolates 151 increased at 0.4 mg/mL BA relative to no drug, suggesting that BA can stimulate growth at a low 152 concentration. The biofilm biomass at high BA concentrations relative to a biofilm grown without 153 drug was reduced for all isolates. The activity of the remaining biofilm at the highest BA levels 154 for some isolates increased above that of the preceding lower drug level, likely because BA 155 degraded the biofilm matrix allowing XTT to better penetrate the cells.

Planktonic drug responses were partially predictive of biofilm responses, albeit in an 156 157 inconsistent manner. Isolates with higher planktonic growth tended to have a higher biofilm 158 activity but not higher biomass, while lower susceptibility (higher resistance) did not predict either 159 biofilm biomass or activity (Supplementary Materials Figure 1-4; linear mixed-effect model with 160 the FLC planktonic response as the predictor variables and isolate as a random effect; change in biomass as the response variable: susceptibility,  $F_{1,57} = 1.59$ , P = 0.21, tolerance,  $F_{1,54} = 1.28$ , P =161 0.26; change in activity as the response variable, susceptibility,  $F_{1,57} = 2.51$ , P = 0.12, tolerance, 162  $F_{1,54} = 5.76$ , P = 0.02). By contrast, reduced BA planktonic susceptibility was associated with 163 164 higher biofilm activity but not biomass, while tolerance was associated with neither (susceptibility, 165 change in biomass,  $F_{1,57} = 1.04$ , P = 0.31, change in activity,  $F_{1,57} = 5.55$ , P = 0.02; tolerance, change in biomass,  $F_{1,57} = 0.0004$ , P = 0.98; change in activity,  $F_{1,57} = 0.07$ , P = 0.79). Hence, 166 167 isolate differences in planktonic drug responses are likely not a good predictor for how a specific 168 isolate will respond to drug when in a biofilm.



**Figure 5** Biofilms drug responses of 63 *C. albicans* isolates. In all panels, the black line indicates the mean across all isolates at each concentration. The line colors are arbitrary and used to visualize different isolates. Biofilms were insensitive to FLC regardless of the FLC concentration. BA eradicated mature biofilms in a dose-dependent manner and reduced activity. Values presented are the means of three biological replicates.

170

#### 172 **Discussion**

173 We screened isolates of *Candida* species to enhance our understanding of how diverse 174 isolates in multiple morphologies respond to boric acid (BA), an effective drug for treating complicated vulvovaginal candidiasis (VVC). We directly compared responses against 175 176 fluconazole (FLC), the first-line treatment. Consistent with previous work, compared to C. 177 albicans, we found that C. glabrata on average had lower susceptibility to both FLC (33, 34) and 178 BA (13, 14) Our work is also in agreement with previous work that found no correlation between 179 FLC and BA susceptibility in 76 C. albican isolates (27), implying that the mode of action of FLC 180 is different from that of BA. In both C. albicans and C. glabrata, we found that the distribution of 181 susceptibility values was broader in FLC than BA. Rosenberg et al. (2018) measured 182 susceptibility in 19 C. albicans isolates in seven antifungal drugs and similarly found FLC had the 183 broadest distribution (16). Our work suggests BA resistant isolates may be rare as only one C. 184 parapsilosis isolate out of 235 C. albicans, C. glabrata and C. parapsilosis isolates had 185 considerably higher resistance than other isolates. Additional screening with a larger isolate 186 collection is required to establish clinical breakpoints of BA resistance.

We also found significant variation among species and a wider breadth of responses in FLC compared to BA for drug tolerance. There is a growing acknowledgment that fungal drug tolerance may be associated with treatment failure and infection persistence. One study showed that *C. albicans* isolates from patients with persistent candidemia had a higher tolerance to FLC than isolates from patients with non-persistent candidemia (16). Increased tolerance was also found to be a good predictor of FLC efficiency in patients with *C. albicans* bloodstream infections (18).

193 Interestingly, using the CLSI disk diffusion assay protocol (35), we found that FLC drug 194 susceptibility and tolerance were significantly correlated for all three species, while BA drug 195 susceptibility and tolerance were significantly correlated for C. glabrata and C. parapsilosis. This 196 result differs from a previous screen of 219 C. albicans isolates that found no correlation between 197 FLC susceptibility and tolerance when isolates were grown up on YPD and tested on casitone 198 plates at 30 °C (16). Although the mechanisms of tolerance have not yet been well resolved, assay 199 medium and temperature has previously been shown to significantly influence fungal drug 200 susceptibility and can dramatically affect drug tolerance (15). The drivers and clinical importance 201 of tolerance is an area of active interest and research.

202 The involvement of morphological changes in symptomatic vulvovaginal candidiasis is 203 also an area of current interest. Hyphal formation is an important virulence trait in many infection 204 contexts, and compounds that inhibit hyphal formation in C. albicans significantly reduce 205 virulence in multiple contexts (36, 37). Our results show that C. albicans forms hyphae in the first 206 2 h regardless of FLC concentration, in alignment with previous research (26). Through the new 207 quantitative platform we developed, we similarly found that percent area covered at the asymptote, 208 biofilm growth rate, and time to reach the growth asymptote are also not correlated with FLC 209 concentration, though we did uncover significant variation among isolates for these phenotypes. 210 BA is clearly superior to FLC at the inhibition of hyphal formation, with the speed of 211 morphological transition and subsequent biofilm formation influenced by BA in a dose-dependent 212 manner. Hyphal formation was previously reported before to be responsible for vaginal 213 inflammation (38, 39), and hyphae contribute to the invasive growth of C. albicans (20), 214 suggesting that inhibiting the yeast to hyphal transition could help explain why BA is an effective 215 treatment against complicated VVC.

216 If a biofilm has formed in the absence of a drug (e.g., prior to a symptomatic infection), 217 penetration of drugs through the extracellular matrix is critical for eradication (40). We found that 218 C. albicans biofilms are insensitive to FLC, consistent with past work (30, 31). Conversely, we 219 found that BA can reduce biomass and activity of mature biofilms in a dose-dependent manner, 220 and therefore is likely capable of penetration. Approximately 40% of the extracellular matrix of 221 *C. albicans* is composed of polysaccharides and the major carbohydrates present is glucose (~40%) 222 (22, 41). Saccharides (especially glucose) have a strong affinity for borate (42), thus we think that 223 BA likely penetrates the extracellular matrix of the biofilm by breaking the matrix apart. Compared 224 to planktonic cells, C. albicans cells in a biofilm have a significantly higher  $\beta$ -1,3 glucan content 225 in their cell wall, which has been implicated in FLC impermeability (43). We observed an increase 226 in activity at high BA concentrations even though the biomass was decreasing. We think that this 227 increase in activity is artificial and due to how the XTT activity assay works. Mitochondrial 228 succinoxidase, cytochrome P450 systems, and flavoprotein oxidases convert XTT to a colored 229 formazan (44). If high concentrations of BA degrade the extracellular matrix, then more XTT will 230 get inside the cells, which is read out as increase in activity. Our future work will thus directly 231 investigate the ability of BA to penetrate the cell wall of different *Candida* morphologies.

#### 233 Conclusion

234 Our work provides baseline data for multiple ways boric acid is an effective drug against 235 diverse isolates of *Candida* species. We find that planktonic susceptibility and tolerance are more 236 similar among isolates in boric acid than fluconazole. Boric acid is also effective at slowing or 237 stopping the yeast-to-hyphal transition and biofilm growth in C. albicans, as well as able to 238 penetrate and degrade mature biofilms. Planktonic responses in fluconazole and boric acid were 239 not correlated, and nor did planktonic and biofilm phenotypes. Combined, this work advances our 240 understanding of multiple biological fronts about why boric acid may be an effective treatment 241 against vulvovaginal candidiasis.

#### 243 Material and Methods

#### 244 Isolates

245 235 *Candida* spp. isolates were used in this study (Supporting Materials Table 1). 155 of
246 these isolates (85 *C. albicans*, 50 *C. glabrata*, and 20 *C. parapsilosis*) were provided by the clinical
247 microbiology lab in the Health Sciences Centre (HSC) in Winnipeg, Canada. 80 additional *C.*248 *albicans* isolates that have previously been published from our lab freezer inventory were also
249 examined.

250

#### 251 Disk Diffusion Assay

252 To screen for drug susceptibility and tolerance, the CLSI document M44 guidelines for 253 antifungal disk diffusion susceptibility testing were followed with slight modifications (35). 254 Briefly, isolates were streaked from frozen glycerol stocks into Sabouraud Dextrose Agar (SDA) 255 and incubated for 48 h at 37 °C. Colonies were resuspended in 200 µL of PBS and were 256 standardized to an optical density (OD<sub>600</sub>) of 0.01 in 1 mL PBS. 100 µL of the standardized cells 257 were spread in duplicates onto 15 mL Muller Hinton (MH) plates using sterile beads. 5 mg BA 258 disks were prepared by transferring 10  $\mu$ L of preheated 500 mg/mL BA in Dimethyl sulfoxide 259 (DMSO) stock to blank antimicrobial disks (6 mm, Fisher Scientific). Single disks containing 260 either 5 mg BA or 25 µg FLC (6 mm, Fisher Scientific) were placed in the center of the MH plates. 261 Plates were then incubated at 37 °C for 48 h, and individual photographs were taken of each plate 262 every 24 h and 48 h. Images were edited using ImageJ (45) according to recommendations 263 specified in diskImageR vignette V2 146 (46). Disk diffusion analysis to measure drug 264 susceptibility and drug tolerance was done using diskImageR package and the R script available 265 at https://github.com/acgerstein/diskImageR/blob/master/inst/walkthrough.R (15). Susceptibility 266 was measured from 48 h images as  $RAD_{20}$  (the radius where 20% growth of reduction occurs) 267 while tolerance was measured as  $FoG_{20}$  (the fraction of growth above  $RAD_{20}$ ).

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# 269 Boric Acid levels

We picked the concentrations of BA based by measuring the minimum inhibitory concentration (MIC) for the isolates used in biofilm formation and eradication was determined using the CLSI M27-A2 guidelines with some modifications. Briefly, isolates used in biofilm

273 formation and biofilm eradication screening were streaked from frozen stocks on SDA plates and 274 were incubated overnight at 37 °C. Colonies were suspended in PBS and were standardized to an 275 OD<sub>600</sub> of 0.01 in 1 mL of RPMI-1640. 100 µL of the standardized culture were transferred to a 96-276 well plate (Greiner Bio-One) containing two-fold dilutions of BA with the maximum concentration 277 of 50 mg/mL (maximum solubility of BA in RPMI) in column 1, column 11 containing no drug 278 and column 12 containing just RPMI-1640. MIC<sub>50</sub> were determined by taking OD<sub>600</sub> after 24h and 279 48h. The MIC<sub>50</sub> of all isolates was either 0.39 or 0.78 mg/mL and the MIC was 1.56 mg/mL. We 280 decided to pick two levels above and below the MIC and to round the concentrations to one 281 decimal place (i.e., 0.4, 0.8, 1.6, 3.2 and 6.4 mg/mL).

282

# 283 Biofilm Formation Drug Response

284 The ability to form a biofilm in the presence of a drug of eight C. albicans isolates was 285 measured as previously described in (47). Briefly, 100  $\mu$ L of RPMI-1640 was added to all the wells 286 of columns 1-9 and 12 of a flat-bottom 96-well microtiter plate (Greiner Bio-One). 200 µL of 287 RPMI-1640 + 12.8 mg/mL BA was added to all wells of column 11 and 200  $\mu$ L of RPMI-1640 + 288 64 µg/mL FLC was added to all wells of column 10. A 2 fold serial dilution for each drug was 289 done so that odd-numbered columns (11-3) contain dilutions of BA, even-numbered columns (10-290 2) contain dilutions of FLC, and columns 1 and 12 contain no drug. Candida albicans isolates 291 SC5314 (ATCC MYA-2876), FH1 (48), P87 (49), GC75 (49), P78048 (49), P75016 (49), P76055 292 (49) and T101 (50) isolates were grown overnight 30 °C in liquid YPD from frozen glycerol stocks. 293 These isolates were picked because they span the phylogenetic diversity of *C. albicans*. Overnight 294 cultures were washed with PBS and standardized to OD<sub>600</sub> of 0.005 in 1.5 mL RPMI-1640. 100 µL 295 of the standardized cultures were inoculated into the 96-well microtiter plate that contains our 296 drugs. The plate was sealed with a clear seal (Thermo Scientific) and polystyrene microplate lid 297 (Greiner Bio-One), and parafilm was used to seal the sides of the plate. The plate was incubated 298 at 37 °C and images were taken manually every 1 h for 24 h using Evos FL Auto 2 inverted 299 microscopy (Thermo Scientific).

300

# 301 Microscopic Image Analysis

Time to form hyphae was recorded manually by going through the images and taking note of the time of the first hypha that was observed. Important parameters (% area at the asymptote,

304 growth rate, time to reach the asymptote) that correlate with biofilm formation ability were 305 extracted using a high throughput automated method (47). Briefly, Orbit Image Analysis (29) was 306 trained on 14 images and a detection model with 99.3% correctly classified instances was created. 307 This detection model was used to calculate the % area covered by cells for all of the images. 308 Custom R scripts (47) were used to extract % area at the asymptote, growth rate, time to reach the 309 asymptote from Orbit output.

310

# 311 **Biofilm Eradication**

312 Biofilms were prepared as described previously with slight modifications (51). Briefly, 313 overnight cultures of 68 different C. albicans isolates were prepared by inoculating 10 µL of frozen 314 glycerol stocks in 500 µL YPD (Yeast Peptone Dextrose) liquid medium in a microplate shaker 315 (about 200 rpm) at 30 °C overnight. Isolates were then standardized to OD<sub>600</sub> of 0.01 in 1.5 mL 316 RPMI-1640 broth and aliquots of 100 µL of the standardized culture were inoculated into flat-317 bottom 96-well microtiter plates (Fisher Scientific). The plates were then covered with a sealing 318 membrane, sterilized lids, and the sides of the plates were sealed with parafilm. The plates were 319 incubated statically at 37 °C for 24h. Mature biofilms were washed 3 times with phosphate buffer 320 saline (PBS) to remove the non-adherent cells, and OD<sub>600</sub> was taken to quantify the pre-drug 321 biomass of the biofilms.

322 The examined drug concentrations ranged from 0.4 mg/mL to 12.8 mg/mL for BA and 323 from 1 µg/mL to 32µg/mL for FLC. The biofilm antifungal susceptibility testing was done 324 according to (51) with slight modifications. Briefly, the mature biofilms were treated with either 325 BA or FLC and incubated statically with the drug for 24 h at 37 °C. The drug-treated biofilms were 326 washed 3 times with PBS, and OD<sub>600</sub> was taken to quantify the post-drug biomass of the biofilms. 327 The biomass of the biofilms was normalized by subtracting the biomass of the biofilms pre-drug 328 exposure from the biomass of the biofilms at each concentration. The metabolic activity was 329 determined using the calorimetric 2,3-Bis-(2-Methoxy-4-Nitro-5-Sulfophenyl)-2H-Tetrazolium-330 5-Carboxanilide (XTT) assay, which measures mitochondria reduction of the tetrazolium salt 331 reagent; briefly, mature biofilms were incubated with 100 uL of XTT for 2 h in 37 °C, and OD<sub>490</sub> 332 was taken to quantify the metabolic activity. Biofilm activity was normalized by subtracting the 333 activity at no drug concentration from the activity at each drug concentration. We excluded 4

isolates from our analysis because they failed to form biofilms during the pre-drug exposurephase.

#### 336 Statistical Analysis

Values for susceptibility and tolerance screening represent the average of three biological replicates with one or more technical replicates each. Values for hyphal and biofilm formation represent the average of two biological replicates with one technical replicate each. Values for biofilm eradication represent the average of three biological replicates with one technical replicate each. Error bars throughout represent standard error.

342 All statistical tests performed and graphs generated were done using R programming 343 language (52). Since our data is not normally distributed, we used rank-based measures. When 344 comparing susceptibility and tolerance among species for each drug, we used Kruska-Wallis rank-345 sum test and determined significance using post-hoc pairwise Wilcoxon tests with the (Benjamini 346 and Hochberg, 1995) P. We looked at homogeneity of group variances using Flinger-Killeen test 347 of homogeneity. We used Spearman's rank correlation when looking at the correlation between 348 planktonic drug responses. We used linear mixed-effect models from lmerTest R package (32) to 349 determine if planktonic drug responses would influence biofilm drug responses. In all cases, the 350 specific statistical test is indicated inline. Significance was assigned for P < 0.05. Raw data and 351 scripts and statistical analyses available to generate figures are at 352 https:// https://github.com/acgerstein/BAFLC\_Phenotypic

# 353 Acknowledgements

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361

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# 527 Supplementary Materials

# 528 Table 1: List of Isolates Used

Strain	Species	Reference
HSC001	C. parapsilosis	This Study
HSC001	C. parapsilosis	This Study
HSC002	C. albicans	This Study
HSC002	C. albicans	This Study
HSC003	C. glabrata	This Study
HSC003	C. glabrata	This Study
HSC005	C. glabrata	This Study
HSC005	C. glabrata	This Study
HSC006	C. tropicalis	This Study
HSC006	C. tropicalis	This Study
HSC007	C. albicans	This Study
HSC007	C. albicans	This Study
HSC008	C. albicans	This Study
HSC008	C. albicans	This Study
HSC012	C. albicans	This Study
HSC012	C. albicans	This Study
HSC013	C. glabrata	This Study
HSC013	C. glabrata	This Study
HSC014	C. albicans	This Study
HSC014	C. albicans	This Study
HSC015	C. albicans	This Study
HSC015	C. albicans	This Study
HSC017	C. glabrata	This Study
HSC017	C. glabrata	This Study
HSC020	C. albicans	This Study
HSC020	C. albicans	This Study
HSC024	C. glabrata	This Study
HSC024	C. glabrata	This Study
HSC026	C. tropicalis	This Study
HSC026	C. tropicalis	This Study
HSC027	C. glabrata	This Study
HSC027	C. glabrata	This Study
HSC028	C. albicans	This Study
HSC028	C. albicans	This Study
HSC029	C. albicans	This Study
HSC029	C. albicans	This Study

HSC030	C. albicans	This Study
HSC030	C. albicans	This Study
HSC031	C. albicans	This Study
HSC031	C. albicans	This Study
HSC032	C. parapsilosis	This Study
HSC032	C. parapsilosis	This Study
HSC033	C. parapsilosis	This Study
HSC033	C. parapsilosis	This Study
HSC034	C. albicans	This Study
HSC034	C. albicans	This Study
HSC036	C. tropicalis	This Study
HSC036	C. tropicalis	This Study
HSC037	C. parapsilosis	This Study
HSC037	C. parapsilosis	This Study
HSC038	C. albicans	This Study
HSC038	C. albicans	This Study
HSC039	C. parapsilosis	This Study
HSC039	C. parapsilosis	This Study
HSC040	C. parapsilosis	This Study
HSC040	C. parapsilosis	This Study
HSC041	C. albicans	This Study
HSC041	C. albicans	This Study
HSC042	C. albicans	This Study
HSC042	C. albicans	This Study
HSC043	C. albicans	This Study
HSC043	C. albicans	This Study
HSC044	C. albicans	This Study
HSC044	C. albicans	This Study
HSC045	C. glabrata	This Study
HSC045	C. glabrata	This Study
HSC046	C. albicans	This Study
HSC046	C. albicans	This Study
HSC047	C. albicans	This Study
HSC047	C. albicans	This Study
HSC048	C. albicans	This Study
HSC048	C. albicans	This Study
HSC049	C. tropicalis	This Study
HSC049	C. tropicalis	This Study
HSC050	C. albicans	This Study
HSC050	C. albicans	This Study

HSC051	C. albicans	This Study
HSC051	C. albicans	This Study
HSC052	C. glabrata	This Study
HSC052	C. glabrata	This Study
HSC053	C. glabrata	This Study
HSC053	C. glabrata	This Study
HSC054	C. albicans	This Study
HSC054	C. albicans	This Study
HSC055	C. albicans	This Study
HSC055	C. albicans	This Study
HSC057	C. albicans	This Study
HSC057	C. albicans	This Study
HSC058	C. albicans	This Study
HSC058	C. albicans	This Study
HSC061	C. albicans	This Study
HSC061	C. albicans	This Study
HSC062	C. albicans	This Study
HSC062	C. albicans	This Study
HSC063	C. albicans	This Study
HSC063	C. albicans	This Study
HSC066	C. glabrata	This Study
HSC066	C. glabrata	This Study
HSC071	C. glabrata	This Study
HSC071	C. glabrata	This Study
HSC072	C. glabrata	This Study
HSC072	C. glabrata	This Study
HSC073	C. glabrata	This Study
HSC073	C. glabrata	This Study
HSC074	C. albicans	This Study
HSC074	C. albicans	This Study
HSC075	C. glabrata	This Study
HSC075	C. glabrata	This Study
HSC077	C. albicans	This Study
HSC077	C. albicans	This Study
HSC078	C. albicans	This Study
HSC078	C. albicans	This Study
HSC080	C. albicans	This Study
HSC080	C. albicans	This Study
HSC081	C. albicans	This Study
HSC081	C. albicans	This Study
		<b>)</b>

HSC082	C. albicans	This Study
HSC082	C. albicans	This Study
HSC083	C. albicans	This Study
HSC083	C. albicans	This Study
HSC084	C. parapsilosis	This Study
HSC084	C. parapsilosis	This Study
HSC085	C. parapsilosis	This Study
HSC085	C. parapsilosis	This Study
HSC086	C. glabrata	This Study
HSC086	C. glabrata	This Study
HSC087	C. tropicalis	This Study
HSC087	C. tropicalis	This Study
HSC088	C. parapsilosis	This Study
HSC088	C. parapsilosis	This Study
HSC089	C. parapsilosis	This Study
HSC089	C. parapsilosis	This Study
HSC090	C. albicans	This Study
HSC090	C. albicans	This Study
HSC091	C. parapsilosis	This Study
HSC091	C. parapsilosis	This Study
HSC094	C. albicans	This Study
HSC094	C. albicans	This Study
HSC096	C. glabrata	This Study
HSC096	C. glabrata	This Study
HSC097	C. albicans	This Study
HSC097	C. albicans	This Study
HSC098	C. albicans	This Study
HSC098	C. albicans	This Study
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HSC099	C. albicans	This Study
HSC100	C. albicans	This Study
HSC100	C. albicans	This Study
HSC101	C. glabrata	This Study
HSC101	C. glabrata	This Study
HSC103	C. glabrata	This Study
HSC103	C. glabrata	This Study
HSC105	C. albicans	This Study
HSC105	C. albicans	This Study
HSC107	C. glabrata	This Study
HSC107	C. glabrata	This Study

HSC109	C. tropicalis	This Study
HSC109	C. tropicalis	This Study
HSC110	C. glabrata	This Study
HSC110	C. glabrata	This Study
HSC111	C. albicans	This Study
HSC111	C. albicans	This Study
HSC112	C. albicans	This Study
HSC112	C. albicans	This Study
HSC113	C. albicans	This Study
HSC113	C. albicans	This Study
HSC114	C. glabrata	This Study
HSC114	C. glabrata	This Study
HSC116	C. albicans	This Study
HSC116	C. albicans	This Study
HSC119	C. glabrata	This Study
HSC119	C. glabrata	This Study
HSC120	C. albicans	This Study
HSC120	C. albicans	This Study
HSC121	C. glabrata	This Study
HSC121	C. glabrata	This Study
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HSC122	C. albicans	This Study
HSC123	C. albicans	This Study
HSC123	C. albicans	This Study
HSC124	C. albicans	This Study
HSC124	C. albicans	This Study
HSC125	C. albicans	This Study
HSC125	C. albicans	This Study
HSC126	C. albicans	This Study
HSC126	C. albicans	This Study
HSC127	C. albicans	This Study
HSC127	C. albicans	This Study
HSC128	C. albicans	This Study
HSC128	C. albicans	This Study
HSC129	C. albicans	This Study
HSC129	C. albicans	This Study
HSC130	C. glabrata	This Study
HSC130	C. glabrata	This Study
HSC131	C. albicans	This Study
HSC131	C. albicans	This Study

HSC132	C. glabrata	This Study
HSC132	C. glabrata	This Study
HSC133	C. parapsilosis	This Study
HSC133	C. parapsilosis	This Study
HSC134	C. albicans	This Study
HSC134	C. albicans	This Study
HSC138	C. albicans	This Study
HSC138	C. albicans	This Study
HSC140	C. glabrata	This Study
HSC140	C. glabrata	This Study
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HSC142	C. glabrata	This Study
HSC143	C. glabrata	This Study
HSC143	C. glabrata	This Study
HSC144	C. parapsilosis	This Study
HSC144	C. parapsilosis	This Study
HSC145	C. glabrata	This Study
HSC145	C. glabrata	This Study
HSC146	C. glabrata	This Study
HSC146	C. glabrata	This Study
HSC147	C. albicans	This Study
HSC147	C. albicans	This Study
HSC148	C. glabrata	This Study
HSC148	C. glabrata	This Study
HSC149	C. albicans	This Study
HSC149	C. albicans	This Study
HSC150	C. glabrata	This Study
HSC150	C. glabrata	This Study
HSC152	C. glabrata	This Study
HSC152	C. glabrata	This Study
HSC154	C. glabrata	This Study
HSC154	C. glabrata	This Study
HSC155	C. parapsilosis	This Study
HSC155	C. parapsilosis	This Study
HSC156	C. albicans	This Study
HSC156	C. albicans	This Study
HSC157	C. albicans	This Study
HSC157	C. albicans	This Study
HSC158	C. albicans	This Study
HSC158	C. albicans	This Study

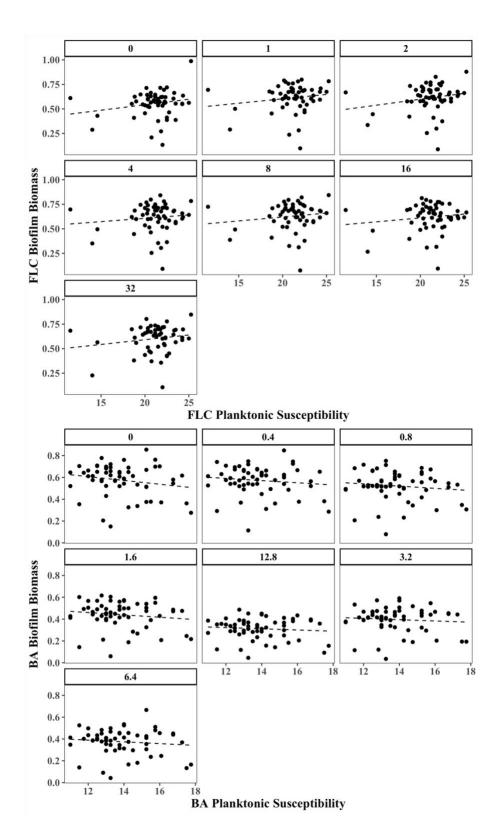
HSC159	C. glabrata	This Study
HSC159	C. glabrata	This Study
HSC160	C. albicans	This Study
HSC160	C. albicans	This Study
HSC161	C. glabrata	This Study
HSC161	C. glabrata	This Study
HSC165	C. albicans	This Study
HSC165	C. albicans	This Study
HSC167	C. albicans	This Study
HSC167	C. albicans	This Study
HSC169	C. albicans	This Study
HSC169	C. albicans	This Study
HSC171	C. glabrata	This Study
HSC171	C. glabrata	This Study
HSC172	C. glabrata	This Study
HSC172	C. glabrata	This Study
HSC173	C. albicans	This Study
HSC173	C. albicans	This Study
HSC174	C. albicans	This Study
HSC174	C. albicans	This Study
HSC175	C. parapsilosis	This Study
HSC175	C. parapsilosis	This Study
HSC176	C. albicans	This Study
HSC176	C. albicans	This Study
HSC177	C. glabrata	This Study
HSC177	C. glabrata	This Study
HSC178	C. parapsilosis	This Study
HSC178	C. parapsilosis	This Study
HSC179	C. parapsilosis	This Study
HSC179	C. parapsilosis	This Study
HSC180	C. albicans	This Study
HSC180	C. albicans	This Study
HSC181	C. tropicalis	This Study
HSC181	C. tropicalis	This Study
HSC182	C. albicans	This Study
HSC182	C. albicans	This Study
HSC183	C. glabrata	This Study
HSC183	C. glabrata	This Study
HSC184	C. parapsilosis	This Study
HSC184	C. parapsilosis	This Study

HSC185	C. albicans	This Study
HSC185	C. albicans	This Study
HSC186	C. glabrata	This Study
HSC186	C. glabrata	This Study
HSC187	C. albicans	This Study
HSC187	C. albicans	This Study
HSC188	C. glabrata	This Study
HSC188	C. glabrata	This Study
HSC189	C. glabrata	This Study
HSC189	C. glabrata	This Study
HSC190	C. albicans	This Study
HSC190	C. albicans	This Study
HSC191	C. glabrata	This Study
HSC191	C. glabrata	This Study
HSC192	C. glabrata	This Study
HSC192	C. glabrata	This Study
HSC193	C. albicans	This Study
HSC193	C. albicans	This Study
HSC194	C. albicans	This Study
HSC194	C. albicans	This Study
HSC196	C. parapsilosis	This Study
HSC196	C. parapsilosis	This Study
HSC197	C. albicans	This Study
HSC197	C. albicans	This Study
HSC198	C. parapsilosis	This Study
HSC198	C. parapsilosis	This Study
HSC199	C. albicans	This Study
HSC199	C. albicans	This Study
HSC201	C. albicans	This Study
HSC201	C. albicans	This Study
HSC202	C. glabrata	This Study
HSC202	C. glabrata	This Study
HSC203	C. glabrata	This Study
HSC203	C. glabrata	This Study
HSC204	C. albicans	This Study
HSC204	C. albicans	This Study
HSC205	C. glabrata	This Study
HSC205	C. glabrata	This Study
HSC206	C. albicans	This Study
HSC206	C. albicans	This Study

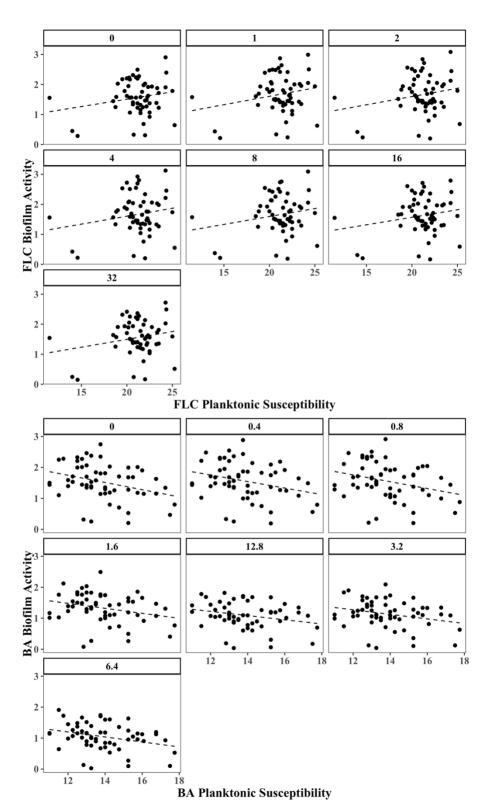
HSC207	C. albicans	This Study
HSC207	C. albicans	This Study
HSC208	C. glabrata	This Study
HSC208	C. glabrata	This Study
HSC209	C. glabrata	This Study
HSC209	C. glabrata	This Study
HSC210	C. albicans	This Study
HSC210	C. albicans	This Study
12C	C. albicans	(53)
73/025	C. albicans	(54)
78/028	C. albicans	(54)
81/064	C. albicans	(54)
AM2003-013	C. albicans	(54)
AM2003/0069	C. albicans	(54)
AM2003/0074	C. albicans	(54)
AM2003/0089	C. albicans	(54)
AM2003/0165	C. albicans	(54)
AM2003/0182	C. albicans	(54)
AM2003/0191	C. albicans	(54)
AM2003/020	C. albicans	(54)
AM2004/0028	C. albicans	(54)
AM2005/0377	C. albicans	(54)
Ca 81	C. albicans	(55)
CAI4 F2	C. albicans	(56)
DSY294	C. albicans	(57)
DSY296	C. albicans	(57)
DSY3534	C. albicans	(58)
DSY3548	C. albicans	(58)
DSY3549	C. albicans	(58)
<mark>E2 from Magee lab</mark>	<mark>C. albicans</mark>	E2 from Magee lab
HUN68	C. albicans	(54)
HUN92	C. albicans	(54)
HUN96	C. albicans	(54)
IHEM16614	C. albicans	(54)
IHEM16945	C. albicans	(54)
IHEM3742	C. albicans	(54)
J951361	C. albicans	(54)
J981315	C. albicans	(54)
L1086	C. albicans	(54)
L26	C. albicans	(53)

MYA3404	C. albicans	(59)
P34048	C. albicans	(49)
P37005	C. albicans	(53)
P37037	C. albicans	(53)
P37039	C. albicans	(53)
P57055	C. albicans	(60)
P57072	C. albicans	(60)
P60002	C. albicans	(49)
P75010	C. albicans	(60)
P75016	C. albicans	(60)
P75063	C. albicans	(60)
P76055	C. albicans	(49)
P76067	C. albicans	(60)
P78042	C. albicans	(60)
P78048	C. albicans	(49)
P87	C. albicans	(49)
P94015	C. albicans	(49)
PT14 TC2440	C. albicans	(61)
PT14 TC2501	C. albicans	(61)
PT14 TC580	C. albicans	(61)
PT15 TC1619	C. albicans	(61)
PT15 TC945	C. albicans	(61)
PT16 TC3107	C. albicans	(61)
PT16 TC3119	C. albicans	(61)
PT16 TC3120	C. albicans	(61)
PT30 TC5106	C. albicans	(61)
PT30 TC5108	C. albicans	(61)
PT43 TC3034	C. albicans	(61)
PT59 TC3917	C. albicans	(61)
PT59 TC4617	C. albicans	(61)
PT59 TC4639	C. albicans	(61)
PT7 TC2307	C. albicans	(61)
PT7 TC412	C. albicans	(61)
PT9 TC3795	C. albicans	(61)
s20122.073	C. albicans	(54)
s20152.082	C. albicans	(54)
s20175.016	C. albicans	(54)
s20176.079	C. albicans	(54)
T101	C. albicans	(54)
T118	C. albicans	(62)

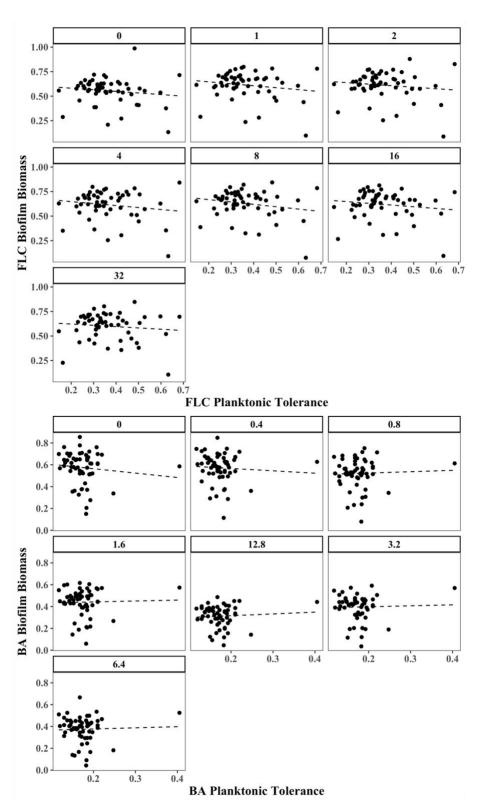
TW05404	C. albicans	Ted White Strains
TW05405	C. albicans	Ted White Strains
TW06017 FH8	C. albicans	Ted White Strains
TW06019	C. albicans	Ted White Strains
TW06021	C. albicans	Ted White Strains
TW07229	C. albicans	Ted White Strains
TW07231	C. albicans	Ted White Strains
TWTC11	C. albicans	(61)



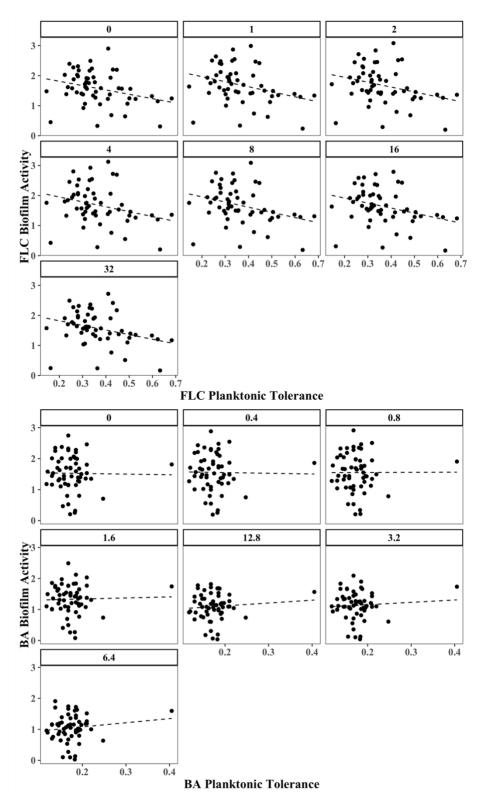
**Supplementary Figure 1** Association of planktonic susceptibility and biofilm biomass of *C. albicans* isolates. There is no association between planktonic susceptibility and biomass of the biofilms for both FLC and BA (linear mixed-effect model).



533 **Supplementary Figure 2** Association of planktonic susceptibility and biofilm activity of *C. albicans* isolates. There is an association between BA planktonic susceptibility and biomass of the biofilms; however, this association absent in FLC (linear mixed-effect model).



535 **Supplementary Figure 3** Association of planktonic tolerance and biofilm biomass of *C. albicans* isolates. There is no association between planktonic tolerance and biomass of the biofilms for both FLC and BA (linear mixed-effect model).



536 **Supplementary Figure 4** Association of planktonic tolerance and biofilm activity of *C. albicans* isolates. There is an association between FLC planktonic tolerance and activity of the biofilms (linear mixed-effect model); however, this association is absent in BA.