

Tuftsins: a natural molecule against SARS-CoV-2 infection

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Abstract

Coronavirus disease 2019 (COVID-19) continuously proceeds despite the application of a variety of vaccines. It is still urgent to find effective ways to treat COVID-19. Recent studies indicate that NRP1, an important receptor of the natural peptide tuftsins, facilitates SARS-CoV-2 infection. Importantly, tuftsins is a natural human molecule released from IgG. Here, we found 91 overlapping genes between tuftsins targets and COVID-19-associated genes. Bioinformatics analyses indicated that tuftsins could also target ACE2 and exert some immune-related functions to treat COVID-19. Using surface plasmon resonance (SPR) analysis, we confirmed that tuftsins can bind ACE2 and NRP1 directly. Moreover, tuftsins effectively impairs the binding of SARS-CoV-2 S1 to ACE2. Thus, tuftsins is an attractive drug against COVID-19. And tuftsins as natural immunostimulating peptide in human, we speculate that tuftsins may has crucial roles in asymptomatic carriers or mild cases of COVID-19.

Introduction

Coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) results in high morbidity and mortality ^{1,2}. It is known that the spike (S) protein binding to angiotensin-converting enzyme 2 (ACE2) is the core mechanism of SARS-CoV-2 infecting host cells. Through persistent efforts, COVID-19 vaccines have been approved for human use in most countries. However, the quantity of neutralizing antibodies induced by vaccines still needs to be verified in humans. At present, another hopeful intervention is neutralizing monoclonal antibodies (mAbs) ³. Unfortunately, producing safe and effective mAbs is complicated, and the duration of effective protection remains to be determined ^{4,5}. Moreover, continuous mutations of SARS-CoV-2 during the pandemic may lead to escape from antibody recognition and reduce the neutralizing activity of mAbs ⁶. Hence, discovering a broad-

44 spectrum and effective method for treating COVID-19 is urgent.

45

46 Recently, neuropilin 1 (NRP1) has been found to be a host factor for SARS-CoV-2
47 infection ⁷. It has been reported that NRP1 facilitates the entry of SARS-CoV-2 into
48 cells in the presence of ACE2 ⁸. It is worth noting that NRP1 is an important receptor
49 of tuftsin ^{9,10}. Tuftsin, a natural phagocytosis-stimulating peptide, was found by Victor
50 Najjar et al. in 1970 ¹¹. Tuftsin is released from the Fc fragment of IgG by an
51 endocarboxy-peptidase in the spleen and a leukokininase on the outer membrane of
52 neutrophilic leukocytes ^{11,12}. Furthermore, tuftsin is a tetrapeptide that consists of Thr-
53 Lys-Pro-Arg, located at amino acid residues 289 to 292 of the heavy chain of IgG.
54 Tuftsin has a broad spectrum of activities mainly associated with immune system
55 functions and exerts effects on phagocytic cells, especially macrophages. These
56 functions of Tuftsin briefly include cell phagocytosis, motility, immunogenic response,
57 and bactericidal and tumoricidal activities ^{13,14}. It was reported that tuftsin activity is
58 inversely correlated with splenectomy function and is significantly lower in patients
59 with AIDS, cirrhosis, intestinal failure and some infectious diseases ^{12,15,16}. Moreover,
60 it was demonstrated that tuftsin has stability and low toxicity in vitro and in vivo ^{14,17,18}.
61 As a natural immune stimulating peptide, tuftsin is an attractive candidate for
62 immunotherapy. Thus, we hypothesized that tuftsin could inhibit SARS-CoV-2
63 infection by interacting with NRP1. We subsequently performed experiments to verify
64 our conceptions.

65

66 **Materials and Methods**

67 Compound profiling and disease-related gene identification

68 The structure of tuftsin was found in PubChem (<https://pubchem.ncbi.nlm.nih.gov/>).
69 The 3D structure of tuftsin was built using Chem3D. Afterward, the target proteins
70 corresponding to tuftsin screened from the Pharmmapper database and PubMed
71 database were standardized in UniProt (<http://www.uniprot.org/>). Finally, Cytoscape
72 3.8.2 was used to determine the drug-target network. COVID-19-related genes were
73 mined from the GeneCards database. All of the disease gene targets were normalized
74 with R software using the Bioconductor package when redundancy was deleted ¹⁹.

75

76 Network establishment

77 Screening for drug-disease crossover genes was performed. Based on previous steps,
78 two sets of target lists were prepared: drug targets and disease-related genes. The
79 crossover genes were filtered with R software using the Venn Diagram package. The
80 STRING 11.5 database (<http://string-db.org/>) was used to analyse the intersecting
81 protein-protein interactions (PPIs), and the common targets were counted with R
82 software.

83

84 Enrichment analysis

85 The proteins with overlapping expression patterns were evaluated by bioinformatics
86 annotation with R software using the Bioconductor package, including a panther
87 classification system (<http://www.pantherdb.org/>), a gene ontology (GO) annotation

88 database website (<http://www.geneontology.org>), and Kyoto Encyclopedia of Genes
89 and Genomes (KEGG) pathway enrichment analysis (<http://www.genome.jp/kegg/>). A
90 $p < 0.05$ was considered statistically significant.

91

92 Molecular docking analysis

93 The flexible docking process between tuftsin and target proteins was conducted by
94 software Discovery Studio 2021 (DS). Briefly, the crystallographic structures of human
95 ACE2 (PDB ID: 1R42) and human NRP1 (PDB ID: 2QQ1) with high resolution were
96 prepared using the Prepare Protein and Minimization module of DS. The active binding
97 site of each protein was defined based on the most representative features of the SARS-
98 CoV-2 interface. Tuftsin was docked into the active binding site of ACE2 and NRP1
99 using the molecular docking module in DTS.

100

101 Surface plasmon resonance analysis

102 The recombinant human ACE2 protein (Novoprotein, Beijing, China) and recombinant
103 human NRP1 protein were used for surface plasmon resonance (SPR) analysis using a
104 Biacore 8K instrument (Biacore, Uppsala, Sweden). Each target was immobilized onto
105 flow cells in a CM5 sensor chip (GE Healthcare) via the amine-coupling method.
106 Briefly, ACE2 and NRP1 were diluted in 10 mM pH 4.5 acetate to 20 $\mu\text{g}/\text{mL}$. Then, the
107 protein solutions were injected individually on the carboxyl-modified sensor surface to
108 form amine bonds. Both ACE2 and NRP1 immobilized levels were approximately
109 10000 RU. Binding analyses were carried out at 25°C and a flow rate of 10 $\mu\text{l}/\text{min}$.
110 Tuftsin diluted in running buffer (1×PBS, 0.05% Tween 20 and 5% dimethyl sulfoxide,
111 pH 7.4) was run over each target at gradient concentrations. An empty flow cell without
112 any immobilized protein was used as a deducted reference. The binding curves were
113 analysed using a kinetic binding model supplied with Biacore Evaluation Software (GE
114 Healthcare).

115

116 Competition binding experiment

117 For the competition binding experiment, the SARS-CoV-2 S1 protein was immobilized
118 on the CM5 sensor chip via the amine-coupling method. 5 nM ACE2 was injected for
119 negative control. Tuftsin was diluted into a series of solutions with gradient
120 concentrations and fixed with 5 nM ACE2, and then the solutions were injected into the
121 chip. The blocking efficacy was evaluated by comparison of response units with and
122 without tuftsin incubation.

123

124 Statistical analysis

125 The results were analysed using Student's t test with SPSS software and R 4.1.0.

126

127 **Results**

128 **Bioinformatics analyses revealed the connection between tuftsin and COVID-19**

129 The 2D structure of tuftsin was obtained from the PubChem database (Compound CID:
130 [156080](#)), and the most stable 3D structure was built based on the 2D structure through

131 a molecular simulation assay (Fig. 1A). In addition to the reported receptors of tuftsin,
132 the potential targets of tuftsin in humans were also predicted through the PharmMapper
133 database. Together, 284 targets of tuftsin were collected (Fig. 1B and data S1).
134 Furthermore, we collected 2572 disease-associated genes of COVID-19 from the
135 GeneCards database (data S2). We surprisingly found 91 intersecting proteins of tuftsin
136 targets and COVID-19-associated genes through intersection analysis (Fig. 1C). It is
137 intriguing that the overlapping proteins account for nearly one-third of tuftsin targets.
138 Moreover, the protein–protein interaction network of the overlapping proteins was
139 established, and it showed that JAK2, STAT1 and AKT1 are core molecules in the
140 network (Fig. 1D). Furthermore, we performed enrichment analysis for the 91
141 intersecting genes. GO annotation revealed that the expressed tuftsin-COVID-19
142 crossover proteins were mainly associated with immune functions such as neutrophil
143 activation, neutrophil-mediated immunity and cytokine receptor binding. Moreover, the
144 KEGG pathway enrichment analysis showed that the COVID-19 pathway was the most
145 significantly enriched. In addition, many target genes were strongly associated with
146 some immunologic pathways, such as Th17 cell differentiation, the IL-17 signaling
147 pathway and the immune checkpoint pathway (Fig. 1E). In the COVID-19 pathway,
148 the SARS-CoV-2 receptors ACE2 and NRP1 were targets of tuftsin. Moreover, IL-2,
149 STAT1 and some complement molecules in the COVID-19 pathway were targets of
150 tuftsin (Fig. 1F). Together, these results suggest that tuftsin is a promising candidate
151 against COVID-19, owing to its multifaceted pharmacological activities.

152

153 **The interaction of tuftsin with ACE2 and NRP1 analysed by molecular docking**

154 It is novel that ACE2 is a potential target of tuftsin, as mentioned above. Thus,
155 molecular docking was performed to determine the potential binding sites and binding
156 affinity between tuftsin and the SARS-CoV-2 receptors ACE2 and NRP1. First, we
157 defined the interaction interface of SARS-CoV-2 S1-RBD with ACE2 as the active sites
158 of ACE2. These interface sites in ACE2 include Q24, M82, N330, and R393, which are
159 mainly located in the N-terminal peptidase domain of ACE2²⁰. Then, the docking
160 region was a sphere containing the defined ACE2 active sites (Fig. S1A). The results
161 showed that the affinity of tuftsin and ACE2 was -6.9 kcal/mol, demonstrating that they
162 could combine spontaneously (Fig. 2A). Furthermore, tuftsin could form strong
163 hydrogen bonds to Ser47 and Asp67, carbon hydrogen bonds to His345, Asp67 and
164 Asn51, and salt bridges to Asp67 of ACE2 (Fig. 2A). It is worth mentioning that the
165 binding sites were adjacent to the interactional sites of S1-RBD and ACE2, indicating
166 that tuftsin could inhibit S1 binding to ACE2 by covering their binding sites.
167 Meanwhile, the b1b2 domain of NRP1 was prepared, as previous studies showed that
168 the extracellular b1b2 domain of NRP1 mediates binding to CendR peptides²¹. Then,
169 the active sites of NRP1 b1b2 were defined according to the interactional sites of S1-
170 RBD and NRP1 b1b2, including D320, E348, Y353 and so on⁷. The docking region
171 was a sphere containing the defined NRP1 b1b2 active sites (Fig. S1B). The docking
172 results showed that tuftsin and NRP1 b1b2 have a high binding affinity of -8.1 kcal/mol.
173 In addition, tuftsin solidly fits into a binding pocket on NRP1 b1b2 (Fig. 2B).
174 Furthermore, tuftsin could form a salt bridge to Lys 397 and a carbon hydrogen bond

175 to Pro398, which are near the interactional sites of S1-RBD and NRP1 b1b2. Moreover,
176 the binding region of tuftsin and NRP1 overlapped with the binding area of NRP1 and
177 S1-RBD in space (Fig. 2B). Collectively, these results demonstrated that tuftsin could
178 bind ACE2 and NRP1 and inhibit the SARS-CoV-2 S1 binding of ACE2 and NRP1 by
179 covering their interactional sites.

180

181 **Tuftsin binds ACE2 and NRP1 directly, as confirmed by surface plasmon** 182 **resonance (SPR) analyses**

183 The interactions of tuftsin with ACE2 and NRP1 were further evaluated by real-time
184 biomolecular interaction analysis with SPR. The kinetics of the binding reaction were
185 determined by injecting different concentrations of tuftsin over recombinant human
186 ACE2 immobilized on one half of the chip surface and over recombinant human NRP1
187 immobilized on another half of the chip surface. The results showed that tuftsin can
188 bind ACE2 with an equilibrium dissociation constant (K_D) of 460 $\mu\text{mol/L}$, according
189 to the obtained association and dissociation rates (Fig. 3A). Moreover, the K_D fitting
190 curves of tuftsin and ACE2 became gentle with higher concentrations of tuftsin,
191 indicating that the interaction of tuftsin and ACE2 is specific. (Fig. 3A). Tuftsin can
192 also bind NRP1 specifically with a higher binding affinity of $K_D = 10.65 \mu\text{mol/L}$. The
193 sensorgrams and K_D fitting curves of tuftsin and NRP1 are shown in Fig. 3B. As SPR
194 is the gold standard for detecting drug-target interactions, these results demonstrate that
195 tuftsin binds ACE2 and NRP1 directly and specifically, validating the accuracy of the
196 above results of bioinformatics analyses and molecular docking assays.

197

198 **Tuftsin impairs the binding of SARS-CoV-2 S1 to ACE2**

199 An SPR-based competition assay was employed to determine whether tuftsin could
200 affect the binding of S1 protein with ACE2. We first determined the binding affinity of
201 the S1 protein with ACE2 by SPR assay, which unsurprisingly showed a high affinity.
202 A suitable concentration ACE2 solution was injected over the immobilized SARS-
203 CoV-2 S1 protein as a control. Then, a series of gradient concentrations of tuftsin
204 solutions containing equal concentrations of ACE2 were injected over the immobilized
205 SARS-CoV-2 S1 protein for comparison. We observed that 9 $\mu\text{mol/L}$ tuftsin had a mild
206 inhibitory effect. It is worth noting that the addition of 156 $\mu\text{mol/L}$ tuftsin significantly
207 attenuated the response signal by approximately two-thirds compared to that of ACE2
208 alone over the immobilized S1. Notably, a substantial decrease in the response signal
209 was observed with increasing concentrations of tuftsin. The response signal was close
210 to zero when the added concentration of tuftsin was 625 $\mu\text{mol/L}$. This result indicates
211 that the interaction between S1 and ACE2 was almost completely blocked in the
212 presence of 625 $\mu\text{mol/L}$ tuftsin (Fig. 4). The experiment was repeated three times

213 independently. In conclusion, the competition binding experiment revealed that tuftsin
214 effectively impairs the binding of SARS-CoV-2 S1 to ACE2 in a dose-dependent
215 manner.

216

217 **Discussion**

218 At present, vaccination is the most general way to prevent COVID-19; however, the
219 notable problem is the uneven distribution of vaccine resources worldwide²². The cost
220 of producing vaccines and neutralizing antibodies is relatively high. It has been reported
221 that the effectiveness of the SARS-CoV-2 vaccine declines significantly during 2021
222²³. Here, we report that an immune-stimulating peptide, tuftsin, is a potential effective
223 drug for COVID-19. Tuftsin, as a natural tetrapeptide that exists in humans, originates
224 from a special fraction of the parent carrier IgG through enzymatic processing.
225 Accordingly, tuftsin has lower toxicity and fewer side effects than other drugs²⁴. There
226 are many marked drugs, such as oral liquid of spleen aminopeptide, which mainly
227 contains tuftsin, and some drugs, which are derivatives of tuftsin, which all have
228 satisfactory clinical efficacy²⁵. Importantly, tuftsin can be produced on a large scale at
229 a lower cost²⁶. This allows tuftsin to be widely applied for the prevention and treatment
230 of COVID-19 infection. The general existence of tuftsin in species allows wide
231 protection of animals. It is worth noting that the mutant sequence of tuftsin turns
232 inactive or inhibitory analogs²⁷.

233

234 In this research, 9 μM tuftsin had slight inhibitory activity. We observed that when the
235 concentration of tuftsin was 156 μM , the binding affinity of SARS-CoV-2 S1 and
236 ACE2 was reduced significantly. When the concentration reached 625 μM , the
237 combination of SARS-CoV-2 S1 and ACE2 was completely blocked. It has been
238 confirmed that a 156 μM concentration of tuftsin can exist at a high concentration in
239 the internal environment after intravenous injection²⁸. We conceive that tuftsin can be
240 designed as an oral or nasal spray. In this case, the local concentration of tuftsin reached
241 625 μM . It has been reported that the amount of IgG induced by vaccines is mainly
242 focused on the lower respiratory tract. Consequently, the upper respiratory tract, which
243 mainly suffers from viral infection, lacks sterilizing immune protection²⁹. Importantly,
244 the spray form of tuftsin could protect the upper respiratory tract, which the antibodies
245 induced by vaccines cannot effectively protect. The molecular docking assay showed
246 that tuftsin binds at the N-terminus of ACE2, which is the area of S1 protein binding.
247 This indicated that tuftsin can block the binding of S1 protein and ACE2 directly.

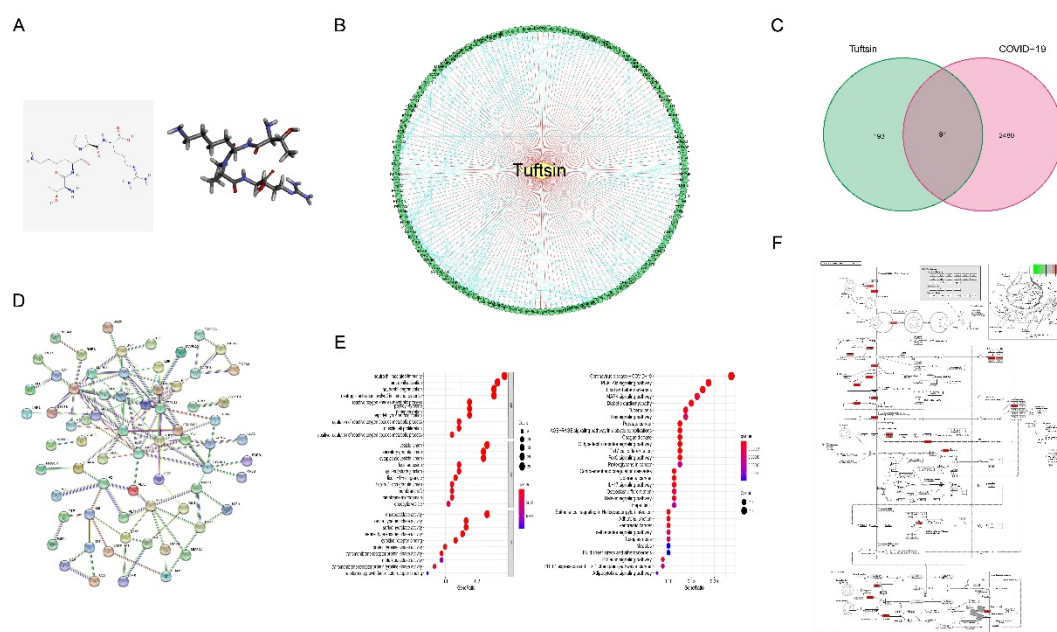
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249 It is worth noting that there were many asymptomatic and mild infectors during the
250 pandemic. It is clear that innate and adaptive immunity functions during asymptomatic
251 infection; however, the mechanism of the T cell and antibody response is unclear^{30,31}.

252 Asymptomatic people seem to clear the virus faster ³². Tuftsin, a human natural
253 immunostimulating peptide released from IgG, certainly has significant roles related to
254 innate immunity. We reported that tuftsin can target the important receptors of SARS-
255 CoV-2 S1, which is similar to adaptive immunity. Thus, we speculated that tuftsin has
256 crucial roles in asymptomatic or mild infection. It is likely that the activity of tuftsin is
257 higher in asymptomatic individuals than in symptomatic individuals.

258

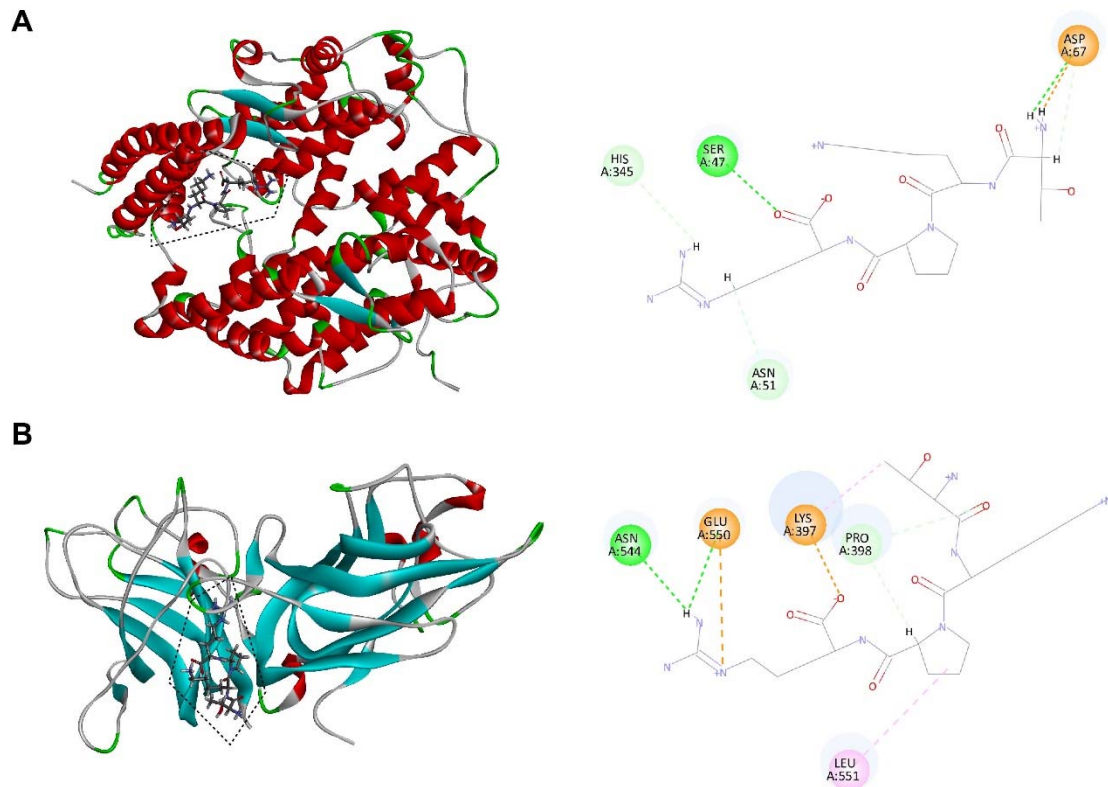
259 Figures



260

261 **Fig. 1. The connection between tuftsin and COVID-19.** (A) (Left) The 2D chemical
262 structure of tuftsin downloaded from the PubChem database. (Right) The 3D chemical
263 structure of tuftsin established by software based on the 2D structure. (B) The ‘drug-
264 target’ network of tuftsin. Red links represent the interactions between tuftsin and target
265 nodes. Each node is a protein target. Green points represent the targeted proteins in
266 humans. Blue links represent the interactions between the targets. (C) A Venn diagram
267 of tuftsin and COVID-19 cotargeted genes. (D) Protein–protein interaction (PPI)
268 network of the intersected targets. The interactions with a high confidence of 0.95. (E)
269 (Left) Gene ontology enrichment results in bubble plot. (Right) The KEGG enrichment
270 results in bubble plot. (F) Detailed targets of tuftsin in the COVID-19 pathway. Red
271 points represent the tuftsin targets. The intensity of the color represents the possibility
272 of tuftsin targeting. Deeper color indicates higher possibility.

273



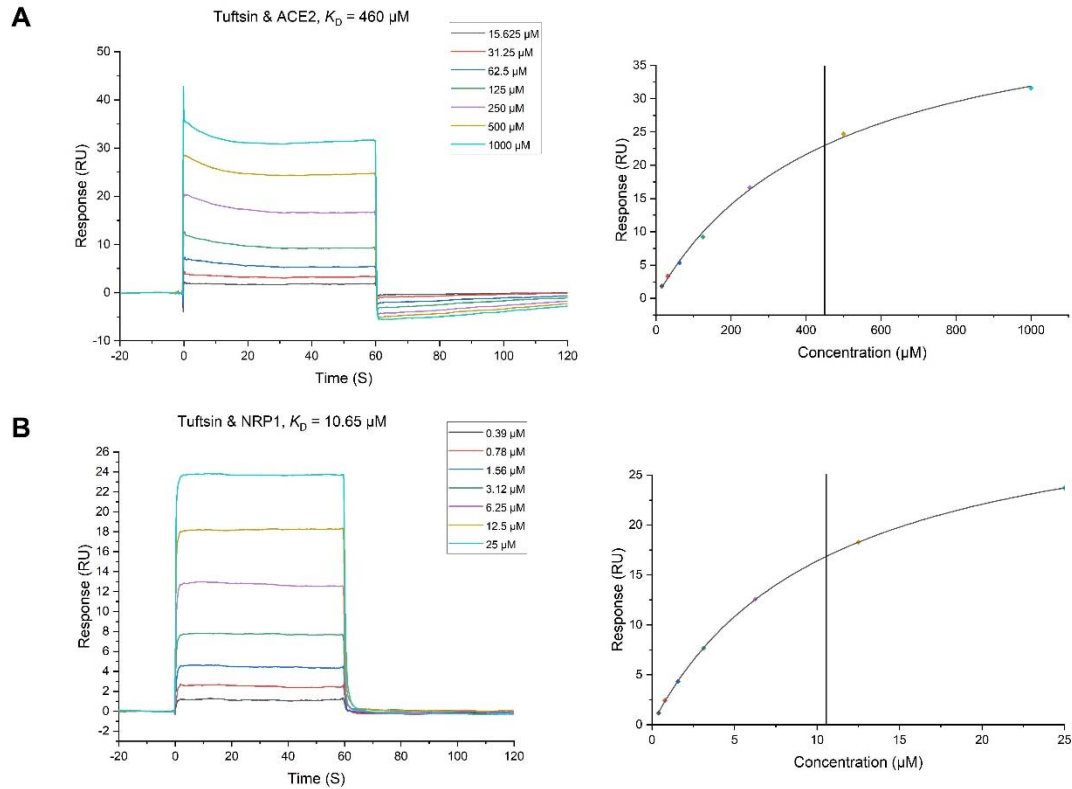
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275 **Fig. 2. Molecular interaction of tuftsin with ACE2 and NRP1.** (A) (Left) The
276 binding pattern of tuftsin with ACE2. Binding area was circled by black dotted line.

277 Secondary structural elements are depicted as ribbons (coils, α -helices, arrows, β -
278 sheets). Color is based on secondary structures (α -helices, red; β -sheets, skyblue; loops,

279 green). (Right) Molecular interaction schemes of tuftsin with the relative residues of
280 ACE2. Green lines represent conventional hydrogen bonds; light green lines represent
281 carbon hydrogen bonds; orange lines represent salt bridges; and pink lines represent
282 alkyl bonds. (B) (Left) The binding pattern of tuftsin with NRP1. Binding area was
283 circled by black dotted line. (Right) Molecular interaction schemes of tuftsin with the
284 relative residues of NRP1. Other interpretations are the same as above.

285

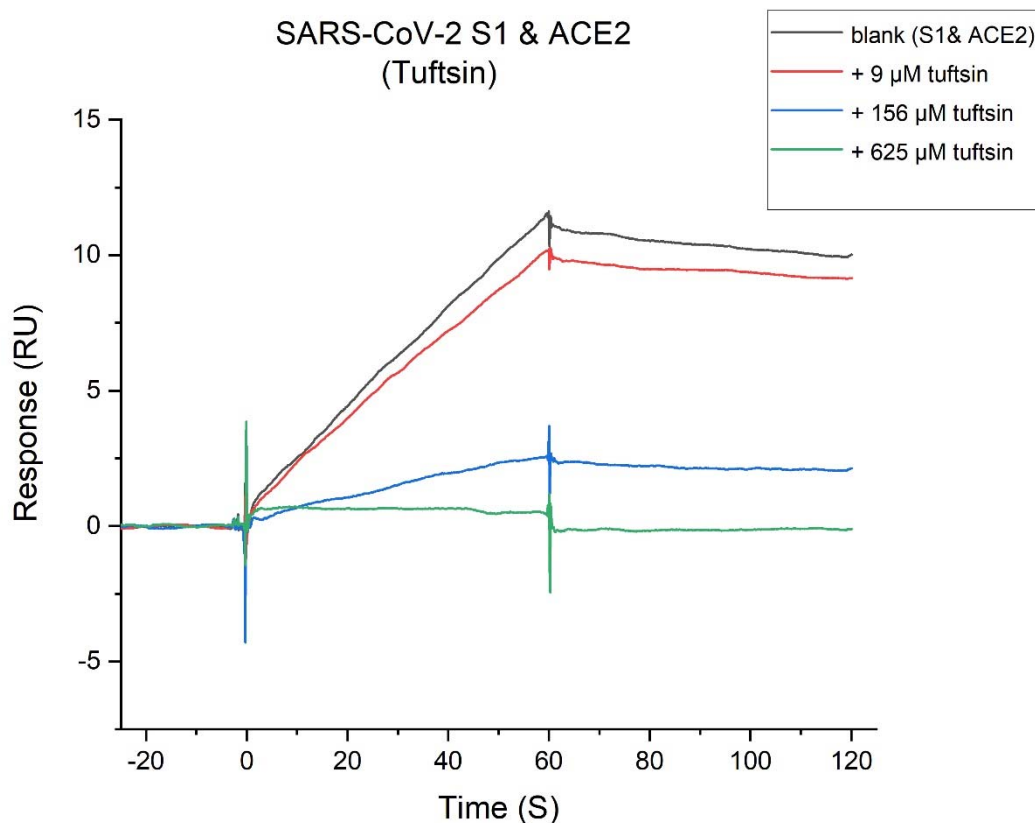


286

287 **Fig. 3. The binding of tuftsin to ACE2 and NRP1 was determined by SPR assay.**

288 (A) (Left) Binding curves of tuftsin with ACE2. The K_D of the ACE2 protein with a
289 series of concentrations of tuftsin was calculated by using a 1:1 binding model. Data
290 are presented as response units (RU) over time (S). (Right) The fitting curve of tuftsin
291 with ACE2. (B) (Left) Binding curves of tuftsin with NRP1. The K_D of the NRP1
292 protein with a series of concentrations of tuftsin was calculated by using a 1:1 binding
293 model. Other interpretations are the same as above. (Right) The fitting curve of tuftsin
294 with NRP1.

295



296

297 **Fig. 4. Tuftsin inhibits the SARS-CoV-2 S1 binding to ACE2.** The binding activity
298 of SARA-CoV-2 S1 to ACE2 in the presence of increasing concentrations of tuftsin.
299 Intensive concentrations of tuftin showed enhanced inhibitory effects.

300

301 **Conflict of Interest**

302 The authors declare that the research was conducted in the absence of any commercial
303 or financial relationships that could be construed as a potential conflict of interest.

304

305 **Author contributions**

306 Y.W., J.H. and C.M. conceptualized and designed this study. J.H. performed the
307 bioinformatic analysis. J.H. and Z.W. performed the molecular docking. J.H. performed
308 the SPR experiments with assistance from J.W. J.H. processed the data. J.H. drafted,
309 edited the manuscript. Y.W., C.M. administered the project. All authors have read and
310 agreed to the published version of this manuscript.

311

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315

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319 assay.

320

321 **Supplementary Material**

322 Figs. S1

323 Data S1 and S2

324

325 **Data Availability Statement**

326 All data are available in the main text or the supplementary information.

327

328 **References and Notes**

329

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