Age-induced changes in Mu Opioid Receptor signaling in the midbrain Periaqueductal Gray of male and female rats

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Highlights:

- Aged males and females (adult and aged) exhibit reduced vlPAG μ-opioid receptor binding potential compared to adult males

- Aged males and females (adult and aged) exhibit reduced opioid-induced vlPAG G-protein activation compared to adult males

- Aged males and females (adult and aged) exhibit reduced vlPAG MOR mediated cAMP inhibition compared to adult males

- Aged rats (males and females) exhibit increased vlPAG mRNA expression of Regulator of G-Protein Signaling (RGS) proteins RGS4 and RGS9-2 compared to adult rats (males and females)

Abstract: The analgesic effects of opioids are attenuated in aged rats. Opioids such as morphine

produce attenuated analgesia in aged rodents compared to adults; however, the neural mechanisms

underlying this attenuated response are not yet known. The present study investigated the impact of

advanced age and biological sex on opioid signaling in the ventrolateral periaqueductal gray (vlPAG) in

the presence of chronic inflammatory pain. Assays measuring mu opioid receptor (MOR) radioligand

binding, GTPγS binding, receptor phosphorylation, cAMP inhibition, and regulator of G-protein signaling

(RGS) protein expression were performed on vlPAG tissue from adult (2-3mos) and aged (16-18mos),

male and female rats. Persistent inflammatory pain was induced by intraplantar injection of Complete

Freund's Adjuvant (CFA). Adult males exhibited the highest MOR binding potential and the highest G-

protein activation (activation efficiency ratio) in comparison to aged males and females (adult and aged).

No impact of advanced age or sex on MOR phosphorylation state was observed. DAMGO-induced cAMP

inhibition was highest in the vlPAG of adult males compared to aged males and females (adult and

aged). vlPAG levels of RGS4 and RGS9-2, critical for terminating G-protein signaling, were assessed using

RNAscope. Adult rats (both males and females) exhibited lower levels of vlPAG RGS4 and RGS9-2 mRNA

expression compared to aged males and females. The observed age-related reductions in vlPAG MOR

binding potential, G-protein activation efficiency, and cAMP inhibition, along with the observed age-

related increases in RGS4 and RGS9-2 vlPAG expression, provide potential mechanisms whereby the

response to opioids is attenuated in the aged population. These results have significant implications for

pain management in this population.

Keywords: chronic pain; opioid signaling; pharmacology; advanced age; sex differences; mu-opioid

receptor

1 Introduction

Chronic pain is a debilitating condition that contributes to mental health disorders, disability, and increased risk of premature death (Domenichiello and Ramsden, 2019; Patel et al., 2013). More than 50% of individuals aged 65 and over suffer from chronic pain, and as the United States population rapidly ages, the development of effective strategies for chronic pain management for this demographic is imperative (Dahlhamer, 2018). Opioids, including morphine and fentanyl, are the most potent and commonly prescribed analgesics for the management of chronic pain (Manchikanti et al., 2010; Sullivan et al., 2010), but effective dosing strategies for the elderly remain ill-defined, due in large part to a dearth of knowledge regarding the impact of advanced age on opioid signaling.

Clinical studies examining pain management in the elderly are challenging; co-morbid conditions such as diabetes and high blood pressure, and participant use of concomitant medications affect patient outcomes, contributing to difficulties in the interpretation of results (Naples et al., 2016; Prostran et al., 2016). Additionally, there exist age- and sex-related individual differences in the likelihood of reporting pain in a clinical setting which may lead to misrepresentations of analgesic efficacy (Dampier et al., 2013; Reddy et al., 2012). Particularly, aged populations are known to underreport pain due to fears of institutionalization and concerns with addiction and overdose (Reddy et al., 2012).

Using a preclinical model of persistent inflammatory pain (intraplantar Complete Freund's Adjuvant; (CFA)), we have previously reported a significant impact of age and sex on morphine potency. Specifically, we showed that aged rats (18mos) exhibit an attenuated response to morphine compared to adults (2mos), with aged males requiring greater than 2x the concentration of morphine than their adult counterparts (Fullerton et al., 2021). Similar results have been reported in prior preclinical studies, suggesting that aged rodents require higher doses of opioids to produce antinociception (Kavaliers et al.,

1983; Kramer and Bodnar, 1986; Webster et al., 1976). The mechanisms underlying the attenuation of

opioid efficacy in the aged population are currently unknown.

Morphine-induced analgesia is mediated primarily via binding to μ-opioid receptors (MOR), prototypical

G-protein coupled receptors (GPCRs) located predominantly on neuronal cell membranes (Martin, 1963;

Wolozin and Pasternak, 1981). Following agonist binding, coupled G-proteins undergo a conformational

change in which the guanosine diphosphate (GDP) bound to the inactive alpha subunit is replaced by

guanosine triphosphate (GTP), catalyzing the subunit and promoting opioid signaling through interaction

with downstream effectors (Senese et al., 2020). MORs are coupled to a family of G-proteins called Gi/o

that signal via inhibition (Koehl et al., 2018; Bouchet et al., 2021). This G-protein signaling is downregulated

or terminated by **R**egulator of **G**-Protein **S**ignaling (RGS) proteins, which act as GTPase activating proteins

(GAPS), hydrolyzing the active GTP back into GDP and terminating downstream signaling (Gerber et al.,

2016). RGS proteins, particularly RGS4 and RGS9-2, have been previously implicated in opioid-mediated G-

protein signaling, and have been shown to attenuate analgesia (Garnier et al., 2003; Psifogeorgou et al.,

2007; Avrampou et al., 2019; Senese et al., 2020). A primary target of MOR downstream signaling is the

effector adenylate cyclase (AC). AC enzymatically converts adenosine triphosphate (ATP) to the excitatory

second messenger cyclic adenosine monophosphate (cAMP). MOR binding inhibits AC, thereby reducing

cAMP expression, facilitating neuronal hyperpolarization and promoting analgesia (Santhappan et al.,

2015). Like other G-protein coupled receptors, MOR signaling is subject to desensitization via the cellular

mechanism of receptor phosphorylation, which limits agonist binding and thus attenuates opioid signaling.

(Zhang et al., 1996; Yu et al., 1997; Groer et al., 2011).

The present studies test the hypothesis that the observed age-induced reduction in morphine potency in

the presence of chronic pain is mediated by changes in MOR signaling within the midbrain periaqueductal

gray, a CNS region critical for the opioid modulation of pain. (Basbaum et al., 1976; Behbehani and Fields,

1979; Morgan et al., 2006, 1992). The ventrolateral PAG (vlPAG) contains a large population of MOR+

neurons, and direct administration of MOR agonists into the PAG produces potent analgesia (Satoh et al.,

1983; Jensen and Yaksh, 1986; Bodnar et al., 1988; Loyd et al., 2008) In addition, intra-PAG administration

of MOR antagonists or lesions of PAG MOR significantly attenuate the analgesic effect of systemic

morphine, suggesting a critical role for PAG MOR in mediating morphine action (Ma and Han, 1991; Y.

Zhang et al., 1998; Loyd et al., 2008).

We have previously shown that aged rats exhibit reduced vlPAG MOR protein expression and reduced

MOR agonist binding in the vlPAG compared to adult rats (Fullerton et al., 2021), suggesting that

diminished levels of functioning MOR in the vlPAG contribute to the attenuated opioid potency seen in the

aged. The present studies build on these previous findings to assess age and sex differences in MOR

availability, affinity and phosphorylation, G-protein activation, cAMP inhibition, and expression of RGS

proteins. We report that aged rats, and more specifically males, exhibit reduced MOR binding potential,

reduced G-protein activation, reduced cAMP inhibition, and increased RGS regulation compared to adults,

with no change in MOR phosphorylation. Similar changes were observed in females regardless of age.

These findings identify several mechanisms whereby opioid signaling is attenuated in the aged rat, and

provide a framework for the development of novel pharmacological therapies to improve pain

management in the elderly.

2 Materials and methods

2.1 Experimental subjects

Adult (2-3mos) and aged (16-18mos) male and regularly cycling female Sprague–Dawley rats were used

in these experiments (Charles River Laboratories, Boston, MA). Rats were co-housed in same-sex pairs

on a 12:12 hour light/dark cycle (lights on at 08:00 am). Access to food and water was ad libitum

throughout the experiment, except during testing. All studies were approved by the Institutional Animal

Care and Use Committee at Georgia State University and performed in compliance with Ethical Issues of

the International Association for the Study of Pain and National Institutes of Health. All efforts were

made to reduce the number of rats used in these experiments and to minimize pain and suffering. All

assays were performed on separate cohorts of rats (n=8/sex/age; N=32), with the exception of the

radioligand binding and GTPγS assays, which were run simultaneously on PAG tissue from a single

cohort.

2.2 Vaginal cytology

Beginning ten days prior to testing, vaginal lavages were performed daily on adult and aged female rats

to confirm that all rats were cycling regularly and to keep daily records of the stage of estrous. Proestrus

was identified as a predominance of nucleated epithelial cells, and estrus was identified as a

predominance of cornified epithelial cells. Diestrus 1 was differentiated from diestrus 2 by the presence

of leukocytes. Rats that appeared between phases were noted as being in the more advanced stage

(Loyd et al., 2007).

2.3 CFA-induced chronic pain treatment

72 hours prior to experimentation, persistent inflammatory pain was induced by injection of complete

Freund's adjuvant (CFA; Mycobacterium tuberculosis; Sigma; 200μl), suspended in an oil/saline (1:1)

emulsion, into the plantar surface of the right hind paw. Edema was present within 24 hours of

injection, indicated by a >100% change in paw diameter, determined using calibrated calipers applied

midpoint across the plantar surface compared to handled paw.

2.4 Membrane preparation for radioligand binding and GTPγS assays

vlPAG membrane protein lysates were prepared from adult and aged, male and female, handled and

CFA treated rats to be used for radioligand binding assay and GTPγS assays. 72 hours post-CFA injection

or handling, rats were restrained using DecapiCones and decapitated. Brains were removed rapidly,

flash-frozen in 2-methyl butane on dry ice, and stored at −80°C. Ventrolateral PAG tissue from caudal

PAG (Bregma -7.5 through -8.5) was dissected from each brain using a straight edge razor at -20°C. On

the day of the assay PAG sections were placed in ice cold assay buffer (50 mM Tris-HCl, pH 7.4). Tissue

was homogenized with a glass dounce and centrifuged at 20,000g at 4°C for 30 min. The supernatant

was discarded and the pellet resuspended in assay buffer (Li et al., 2018; Shaqura et al., 2016b, 2016a;

Zollner et al., 2003). Membrane protein concentration was calculated using the Bradford Assay, and

lysates of vlPAG membrane protein from adult and aged, male and female, naïve and CFA treated rats

(n=4; N=32) were used immediately for radioligand binding assays and GTPγS assays.

2.5 Saturation radioligand binding assay

Saturation binding experiments were performed on vlPAG membranes using [^{3}H]DAMGO (specific

activity 50 Ci/mmol, American Radiolabeled Chemicals, Missouri). Briefly, 100 μg membrane proteins

were incubated with various concentrations of [^{3}H]DAMGO (0.5 to 5nM), in a total volume of 1ml of

binding buffer (50mM Tris-HCl pH 7.4). Nonspecific binding was defined as radioactivity remaining

bound in the presence of 10 μM unlabeled naloxone. At the end of the incubation period (1h at RT)

bound and free ligands were separated by rapid filtration over Whatman brand Grade GF/C glass filters

(Sigma-Aldrich) using a sampling vacuum manifold (MilliporeSigma). Filters were washed four times with

5ml of cold dH$_2$0. Bound radioactivity was determined by liquid scintillation spectrophotometry after

overnight extraction of the filters in 3ml of scintillation fluid. All experiments were performed in

triplicate. B_{max} and K_d values were determined by nonlinear regression analysis of concentration-effect

curve in GraphPad Prism 9.1.

2.6 Agonist-stimulated [^{35}S]GTPγS binding

DAMGO-stimulated [^{35}S]GTPγS binding to PAG membrane protein was assessed by incubating

membrane protein (100ug) in the presence or absence of [^{35}S]GTPγS (0.1nM) (specific activity 1250

Ci/mmol, American Radiolabeled Chemicals, Missouri) and various concentrations of DAMGO (2 to

30,000 nM) in assay buffer (50 mM Tris-HCl, pH 7.4) for 30min at 30°C. Stimulated [^{35}S]GTPγS binding

was compared to unstimulated binding at each measurement point and presented as percent basal

binding. At the end of the incubation period, bound and free ligands were separated by rapid filtration

over Whatman brand Grade GF/B glass filters (Sigma-Aldrich) using a sampling vacuum manifold

(MilliporeSigma). Filters were washed four times with 5ml of cold buffer (50 mM Tris-HCl, pH 7.4).

Bound radioactivity was determined by liquid scintillation spectrophotometry after overnight extraction

of the filters in 3ml of scintillation fluid. All experiments were performed in duplicate. Efficacy (Emax) is

defined as the maximum percent stimulation by an agonist; potency (EC$_{50}$) is defined as the

concentration of DAMGO required for half the maximal response. Emax and EC$_{50}$ values were

determined by nonlinear regression analysis of concentration-effect curves using Graph Pad Prism 9.1.

2.7 Phosphorylated MOR analysis

To assess the impact of advanced age and sex on MOR phosphorylation state, levels of MOR

phosphorylation were analyzed by Western blot. The lysis buffers used and general methods are the

same as reported in (Lei et al., 2017). Briefly, rat PAG samples were homogenized in ~500 μL of lysis

buffer using a glass dounce and rotated overnight at 4°C. The samples were then spun down at 13,000g

for 10 min at 4°C. The resulting lysates were quantified by DC Protein Assay Kit (Bio-Rad, #500-0111)

according to the manufacturer's instructions. 50-75 μg of soluble protein per sample (same for all

samples in a set) was run on 10% Bis-Tris Bolt PAGE gels (Fisher Scientific, #NW00100BOX), and wet-

transferred to nitrocellulose membrane (Protran 0.2 μm NC, #45-004-001 from Fisher Scientific) at 30V

at 4°C for 2-3 hours. Membranes were blocked using 5% nonfat dry milk in TBS, then blotted for primary

antibody target in 5% BSA in TBST overnight rocking at 4°C. Primary antibodies used were: pMOR

(1:1000, Bioss #bs-3724R), tMOR (1 µg/mL, R&D #MAB6866), and GAPDH (1:1000, Invitrogen #MA5-

15738). All 3 targets were always probed for on the same blot, using low pH stripping buffer between

each set. Secondary antibodies were used at 1:5000 each in 5% nonfat dry milk in TBST, rocking for ~1 hr

at room temperature. Secondary antibodies used were: Goat-α-Mouse-IRDye800CW (Fisher Scientific

#NC9401841) and Goat-α-Mouse-IRDye680LT (Fisher Scientific #NC0046410). Target signal was acquired

using an Azure Sapphire imager using the near-infrared channels (658 and 784 nm). Band density was

quantified and background subtracted using the onboard AzureSpot analysis software. Samples were

run with at least two representatives of each experimental group on the same gel. Adult and aged, male

and female, naïve and CFA treated rats (n=4; N=32) were used for these experiments. pMOR signal was

normalized to same sample tMOR or GAPDH as indicated, and all samples were normalized to the Adult

Male average on each gel before combining data from different gels.

2.8 Agonist-dependent cAMP inhibition

DAMGO-dependent cAMP inhibition was analyzed using a cAMP assay. vlPAG membrane protein lysates

were prepared from adult and aged, male and female, handled and CFA treated rats. 72 hours post-CFA

injection or handling, rats were restrained using DecapiCones and decapitated. Brains were removed

rapidly, flash-frozen in 2-methyl butane on dry ice, and stored at −80°C. Ventrolateral PAG tissue from

caudal PAG (Bregma -7.5 through -8.5) was dissected from each brain using a straight edge razor at -

20°C. Briefly, vlPAG tissues were homogenized in ice-cold lysis buffer containing 0.25-M sucrose, 50-mM

Tris–HCl pH 7.5, 5-mM EGTA, 5-mM EDTA, 1-mM phenylmethylsulfonyl fluoride, 0.1-mM dithiothreitol,

and 10 µg/ml leupeptin. The homogenized tissues were then centrifuged at 1000×g for 5 min (4 °C) and

the supernatant was centrifuged at 35000 ×g for 10 min (Viganò et al., 2003). vlPAG membrane protein

samples (100ug) from adult and aged, male and female, naïve and CFA treated rats (n=4; N=32) were

incubated in 1uM forskolin (FSK) and in the presence or absence of 10uM DAMGO to stimulate

adenylate cyclase activity. cAMP levels in vlPAG tissue were determined using the LANCE *Ultra* cAMP

Detection Kit (Perkin Elmer) a time-resolved fluorescence resonance energy transfer (TR-FRET) cAMP

immunoassay. Data is plotted as % change in TR-FRET signal comparing FSK baseline measurements to

measurements following DAMGO-stimulated cAMP inhibition.

2.9 Single molecule fluorescence in situ hybridization

Single cell fluorescent in situ hybridization (RNAscope) assays were used to determine mRNA expression

of OPRM1, RGS9-2, and RGS4 in the vlPAG. Rats were restrained using DecapiCones and decapitated.

Brains were removed rapidly, flash frozen in 2-methyl butane on dry ice, and stored RNase free at −80

°C. Frozen tissue was sectioned in a 1:6 series of 20 μm coronal sections at −20 °C with a Leica CM3050S

cryostat. Sections were immediately mounted onto Superfrost slides (20 °C) and stored at −80 °C until

the time of the assay. vlPAG sections from adult and aged, male and female, naïve and morphine

treated rats were used (n=4; N=32. For morphine dosing paradigm see (Fullerton et al., 2021). Tissue

was processed for single molecule fluorescence in situ hybridization (smFISH) according to the

RNAscope Multiplex Kit protocol (Advanced Cell Diagnostics) using probes for OPRM1, RGS4, and RGS9-

2. To facilitate cellular mRNA quantification within the vlPAG, sections were counterstained with DAPI.

mRNA puncta were visualized as fluorescent signal. Fluorescent images were captured on Zeiss LSM 700

Confocal Microscope at 40x, and mRNA expression (target puncta/DAPI) was calculated using Imaris

software. To determine RGS4 and RGS9-2 expression levels in MOR+ neurons, quantification was

restricted to puncta located within 10uM of DAPI that co-expressed OPRM1 mRNA. mRNA expression

values were determined for the left and right ventrolateral subdivision of each PAG image from two

representative levels of the mid-caudal PAG (Bregma −7.74 and −8.00). As there was no significant effect

of rostrocaudal level in the analyses, data were collapsed and presented as vlPAG and were averaged for

each rat. RGS4 and RGS9-2 mRNA values are expressed as the mean ± standard error of the mean (SEM).

All images were collected and analyzed by an experimenter blinded to the experimental condition.

2.10 Statistical analysis and data presentation

All values are reported as mean ± SEM. Data were assessed for normality and homogeneity of variance

using Shapiro-Wilk and Bartlett's tests. Significant main effects of sex, age, and treatment were assessed

using ANOVA; $p < 0.05$ was considered statistically significant. Tukey's post-hoc tests were conducted to

determine significant mean differences between groups that were a priori specified. Data are expressed

either as fmol/protein or nm DAMGO for radioligand binding assay, or Emax or median effective

concentration for GTPγS assay.

3 Results

3.1 Advanced age and sex impact vlPAG MOR binding properties

To assess the impact of advanced age, biological sex, and pain vlPAG MOR signaling, we first used

radioligand saturation binding assays to determine MOR binding parameters. The saturation binding

curves generated with [3H]DAMGO are shown in Fig. 1A. There was no significant impact of treatment

on any measures, so CFA and handled groups are combined.

Kd values, indicative of receptor affinity, were determined using the concentration-effect curves

generated from each sample. Analyses of Kd values indicated no significant impact of age [$F_{(1,26)} = 0.770$,

p=0.388] or sex [$F_{(1,26)} = 1.241$, p=0.275], or a significant interaction [$F_{(1,26)} = 1.278$, p=0.269] (Fig. 1B).

Analyses of B_{max} values, indicative of receptor availability, showed no significant impact of age [$F_{(1,28)} =$

2.661, p=0.114] or sex [$F_{(1,28)} = 0.002$, p=0.967], but a significant interaction [$F_{(1,28)} = 4.995$, p=0.034]. Post

hoc analysis showed a significant difference in vlPAG MOR availability between adult males and aged

males, as evidenced by reduced B_{max} values in the aged males compared to their adult counterparts (p =

0.025)(Fig. 1C). B_{max} values for aged males were markedly reduced compared to adult males, while adult

females and aged females exhibited smaller reductions in B_{max} compared to their adult male

counterparts (%Δ -23.6 and -17.1, respectively. Fig. 1C).

Analyses of binding potential (BP) values, a measure that takes into consideration the density of

available receptors and the affinity of the receptor for its agonist, showed a significant impact of sex,

with males exhibiting greater binding potential than females [$F_{(1,28)}$ = 4.631, p=0.040] and a significant

interaction between age and sex [$F_{(1,28)}$ = 9.110, p=0.005]. No significant impact of age [$F_{(1,28)}$ = 3.312,

p=0.079] was observed. Post hoc analyses showed a significant difference in vlPAG MOR binding

potential between adult males and adult females (p = 0.006), and adult males and aged males (p =

0.010), indicating that adult males exhibit greater vlPAG MOR binding potential than their aged male

counterparts and their adult female counterparts (Fig. 1D). Adult females, aged males, and aged females

all exhibited marked reductions in MOR binding potential compared to their adult male counterparts

(%Δ -52, -48.7, and -40, respectively; Fig. 1D).

3.2 Advanced age and sex impact opioid-induced G-protein activation in the vlPAG

We next conducted GTPγS binding assays to determine if advanced age or biological sex impacted MOR

mediated G-protein activation. Preliminary studies revealed a significant main effect of chronic pain [$F_{(1,}$

$_{23)}$ = 21.16, p = 0.0001]. To improve the translatability of these results to the target population of aged

patients suffering from chronic pain, GTPγS experiments were performed exclusively on CFA-treated

rats. Concentration curves generated from [^{35}S]GTPγS assays are shown in Fig. 2A. Analyses of E_{max}

values, a measure of G-protein availability, indicated no significant impact of age [$F_{(1,24)}$ = 0.035, p =

0.8532] or sex [$F_{(1,25)}$ = 2.852, p = 0.1042], or a significant interaction [$F_{(1,24)}$ = 2.023, p = 0.1678] (Fig. 2B).

Analyses of EC_{50} values, a measure of the concentration of DAMGO required for effective G-protein

binding, indicated a significant impact of sex, with males exhibiting lower effective concentration values

than females [$F_{(1,24)}$ = 5.177, p = 0.0321]. There was no significant impact of age [$F_{(1,24)}$ = 2.339, p =

0.1393], and no significant interaction [$F_{(1,24)}$ = 2.473, p = 0.1289] (Fig. 2C). Compared to their adult male

counterparts, aged males, adult females, and aged females all exhibited marked increases in G-protein

EC_{50} as evidenced by their percent change values (%Δ 60.5, 114.8, and 98.6, respectively) (Fig. 2C).

Together, these results suggest that opioid-induced G-protein signaling is impaired in the PAG of the

aged rat and the female rat.

Next, we calculated the coefficient ratio of analysis of E_{max} / EC_{50}, [indicative of overall G-protein

activation efficiency]. A significant impact of age was noted, with adults exhibiting higher vlPAG G-

protein activation efficiency than aged rats [$F_{(1,24)}$ = 6.491, p = 0.0177]. There was also a significant

impact of sex, with males exhibiting higher vlPAG G-protein activation efficiency compared to females

[$F_{(1,24)}$ =10.39, p = 0.0036]. A significant interaction was also observed [$F_{(1,24)}$ = 13.93, p = 0.0010]. Post

hoc analyses showed a significant difference in vlPAG G-protein activation efficiency between adult

males and aged males (p = 0.0009), with adult males exhibiting greater vlPAG G-protein activation

efficiency than aged males. A significant difference in vlPAG G-protein activation efficiency between

adult males and adult females (p= 0.0003) was also observed, with adult males exhibiting greater vlPAG

G-protein activation efficiency than adult females (Fig. 2D). Aged males, adult females, and aged females

all exhibited marked reductions in G-protein activation efficiency compared to their adult male

counterparts (%Δ -40.0, -52.1, and -41.9, respectively; Fig. 2D).

3.3 Phosphorylated MOR

The results above showed significant reductions in MOR binding potential and G-protein activation

efficacy. Therefore, we next examined if there was an effect of age and sex on MOR phosphorylation, as

increased levels of pMOR would likely contribute to these reductions. Western blots were used to

determine the impact of advanced age on MOR phosphorylation at serine-375, a known site of

phosphorylation-mediated desensitization (Schulz et al., 2004). There was no significant impact of

treatment, so CFA and handled groups are combined. Although increased pMOR/tMOR was observed in

aged males compared to their adult counterparts (%Δ 34.0), no significant main effect of age [$F_{(1,41)}$ =

2.168, p = 0.1486], sex [$F_{(1,41)}$ = 1.807, p = 0.1863], or age x sex interaction [$F_{(1,41)}$ = 0.4615, p = 0.5008]

was observed (Fig. 3).

3.4 Advanced age and sex impact opioid-induced cAMP inhibition in the vlPAG

We next determined if advanced age, biological sex, or persistent pain impacted opioid-induced cAMP

inhibition in the vlPAG. Forskolin-induced cAMP release was used as a baseline measurement for each

group, while forskolin + DAMGO was used to assess the degree to which cAMP was inhibited by

DAMGO. Percent change from baseline was used to compare across treatment groups (Fig. 4A). There

was no significant impact of persistent pain on any measures, so CFA and handled groups are combined.

Our analyses revealed a significant main effect of age [$F_{(1,30)}$ = 9.314, p = 0.0047], a significant main

effect of sex [$F_{(1,30)}$ = 10.31, p = 0.0031], and a significant interaction [$F_{(1,30)}$ = 14.24, p = 0.0007]. Post hoc

analyses showed a significant difference in cAMP inhibition between adult males and adult females (p =

0.0002), adult males and aged males (p = 0.002), and adult males and aged females (p = 0.004),

indicating that DAMGO elicits greater cAMP inhibition in adult males compared to aged males and

females (both adult and aged) (Fig. 4B).

3.5 Advanced age and sex impact RGS4 and RGS9-2 in the vlPAG

Regulator of G-protein Signaling (RGS) proteins act as GAP accelerators to negatively modulate G-

protein signaling. RGS protein family members RGS4 and RGS9-2 are expressed in the vlPAG and have

both been shown to regulate opioid signaling by reversing G-protein activation. Therefore, we next used

smFISH to determine if RGS4 and RGS9-2 expression in the vlPAG was altered by advanced age and

biological sex. In these studies, following CFA administration, a cohort of rats were administered

morphine to examine the relationship between morphine EC_{50} and RGS levels. However, no differences

were noted between the morphine and naive conditions, so these groups are combined. First, we

assessed total vlPAG expression of RGS4 and RGS9-2. These analyses revealed a significant main effect

of age on both RGS4 [$F_{(1,37)}$ = 18.15, p = 0.0001] and RGS9-2 [$F_{(1,41)}$ = 17.09, p < 0.0002], with aged rats

exhibiting increased levels of RGS4 and RGS9-2 mRNA compared to their adult counterparts (Fig. 5A &

B). No significant main effect of sex on RGS4 [$F_{(1,37)}$ = 0.0247, p = 0.8763] or RGS9-2 [$F_{(1,41)}$ = 0.4855, p =

0.4903], or significant interactions between age and sex for RGS4 [$F_{(1,37)}$ = 0.4994, p = 0.4842] or RGS9-2

[$F_{(1,41)}$ = 0.3246, p = 0.5723] were observed (Fig. 5A & B).

Following our assessment of total RGS4 and RGS9-2, we next restricted our analyses to RGS4 and RGS9-2

mRNA expressed on MOR+ neurons. Similar to what was noted above, a significant main effect of age on

expression of RGS4 [$F_{(1,41)}$ = 26.47, p < 0.0001] and RGS9-2 [$F_{(1,41)}$ = 21.69, p < 0.0001] was observed, with

aged rats exhibiting increased levels of RGS4 and RGS9-2 mRNA in MOR+ neurons compared to their

adult counterparts (Fig. 5C & D). No main effect of sex for RGS4 [$F_{(1,41)}$ = 0.7881, p = 0.3799] or RGS9-2

[$F_{(1,41)}$ = 0.0006, p = 0.9799], or significant interactions between age and sex for RGS4 [$F_{(1,41)}$ = 0.6583, p =

0.4219] or RGS9-2 [$F_{(1,41)}$ = 0.0075, p = 0.9314] were observed (Fig. 5C & D).

4 Discussion

Aged male rats and female rats, regardless of age, require higher doses of morphine to effectively

manage persistent pain compared to their young adult counterparts. The present studies were

conducted to determine the impact of advanced age and biological sex on MOR signaling in the vlPAG.

Using a clinically relevant model of persistent inflammatory pain, our results show that advanced age

causes impairments in several MOR signaling processes in the vlPAG. More specifically, compared to

young adult counterparts, aged males show decreased MOR binding potential, G-protein activation, and

agonist-stimulated cAMP inhibition, along with increased RGS4 and RGS9-2 expression. Similar results

were observed in females, independent of age, and together suggest a model of altered MOR signaling

processes in the vlPAG of aged rats (Fig. 6). As MOR binding and downstream signaling are critical for

morphine analgesia, the observed age-induced reductions in vlPAG MOR signaling may drive the

reduced morphine potency observed in these assays (Fullerton et al., 2021).

Impact of advanced age on MOR binding potential

The present studies are the first to examine the impact of advanced age on MOR signaling in the

presence of persistent inflammatory pain in male and female rats. We have previously shown that

morphine modulation of persistent inflammatory pain is reduced in aged rats, and that aged animals

exhibit reduced DAMGO binding in the vlPAG (Fullerton et al., 2021). In the present study, using

saturation radioligand binding assays, we report that adult male rats exhibit greater vlPAG MOR binding

potential compared to aged males, and females of either age. This suggests that the decreases in opioid

potency seen in the aged males and the females are driven, in part, by reduced activation of vlPAG

MOR. Notably, we did not observe any impact of advanced age on the MOR's affinity for its ligand, as

there were no significant effects of age or sex on our K_d values. However, aged males had reduced MOR

availability as evidenced by lower B_{max} values compared to their adult male counterparts. This result

supports our previous finding, that aged males exhibited reduced DAMGO binding, which was assessed

using autoradiography on coronal sections through the vlPAG (Fullerton et al., 2021). No impact of

persistent inflammatory pain on MOR binding potential was noted, suggesting that persistent

inflammatory pain does not alter MOR binding potential in the vlPAG. Previous studies assessing the

effects of morphine in the presence and absence of chronic pain support these results, reporting that

intra-vlPAG morphine produces thermal antinociception in both handled and CFA exposed rats

(Mehalick et al., 2013).

The results of the present experiment, taken together with our previous finding of reduced MOR

expression using IHC, suggest an age-induced downregulation of the MOR, and a mechanism responsible

for the reduced biosynthesis of the receptor in the vlPAG of the aged rat brain. To further assess the

age-induced effects on opioid activity in the vlPAG, experimentation assessing MOR signaling controlled

for MOR membrane protein by using Bradford Assays and normalizing protein levels across

experimental groups. Thus, the analyses of G-protein activation and cAMP inhibition assess for age-

induced desensitization of receptor signaling at the molecular level (rather than downregulation) by

measuring the impact of advanced age on opioid-induced signaling cascades.

These studies used the MOR agonist, DAMGO, which binds MOR with a high affinity. As opioid signaling

is known to elicit ligand-dependent regulation (Pan et al., 2005; Narayan et al., 2021), wherein different

opioid agonists demonstrate alternative MOR signaling properties (such as G-protein coupling and

phosphorylation)(Narayan et al., 2021), our studies cannot account for potential ligand-dependent

differences in receptor signaling. Prior research suggests that ligand-dependent regulation can result

from the expression of alternative MOR isoforms resulting from alternative splicing of the OPRM1 gene

(Pasternak et al., 2004; Oldfield et al., 2008). MOR-1B, a family of MOR isoforms known to be expressed

in the brain, are indistinguishable from MOR at the extracellular surface and agonist binding pocket, but

elicit alternative signaling properties that affect opioid-mediated cell hyperpolarization. Further,

dysregulation of MOR splice variants has been implicated in advanced age (Latorre and Harries, 2017; Li

et al., 2017; Wang et al., 2018). Thus, OPRM1 splicing as a function of advanced age may impact

downstream opioid signaling, and thus our results from the GTPγS and cAMP experiments.

Impact of advanced age on G-protein activation

Agonist binding at MOR activates Gi/o -proteins and downstream signaling cascades which are

necessary for morphine analgesia (Laugwitz et al., 1993; Connor and Christie, 1999; Koehl et al., 2018).

We report that adult males exhibit greater G-protein activation efficiency compared to both aged males

and adult and aged females. These results suggest that the decreases in opioid potency observed in the

aged males and the females are driven, in part, by attenuated G-protein -MOR coupling in the vlPAG. A

significant impact of biological sex on G-protein EC_{50} values was observed, with females showing a

reduction in the potency of opioid-dependent G-protein activation, as evidenced by increased EC_{50}

values. This reduction in vlPAG G-protein activation likely contributes to previous studies reporting that

females are less sensitive to the analgesic effects of opioids (Kest et al., 2000; Loyd et al., 2008; Wang et

al., 2014; Fullerton et al., 2018). In our initial studies, CFA treated animals exhibited reduced EC_{50} values.

Interestingly, this was the only assay in the present study where an impact of CFA treatment was

observed. Both clinical and preclinical studies have reported that chronic pain reduces the development

of morphine tolerance (Trescot, 2008; Eidson and Murphy, 2013). Our finding that opioid-induced G-

protein signaling is amplified in the presence of chronic pain suggests a mechanism whereby CFA

treatment attenuates the development of morphine tolerance by bolstering the downstream opioid

signaling cascade elicited by G-protein activation and strengthening cellular hyperpolarization.

Our finding of attenuated opioid-induced G-protein activation in the aged vlPAG suggests that advanced

age promotes changes in opioid signaling at this critical site, but further experimentation is necessary to

assess the precise mechanism by which advanced age alters G-protein - MOR signaling. Studies suggest

that advanced age induces the downregulation of Gi/o in several brain regions (Young et al., 1991;

Alemany et al., 2007; de Oliveira et al., 2019). Age-induced reduction in Gi/o may limit G-protein-MOR

coupling and thus contribute to reduced G-protein activation efficiency in the PAG of the aged rat.

Studies assessing the impact of advanced age on the expression of Gα isoforms will provide further

insight into the effects of age on G-protein-MOR coupling (Lamberts et al., 2011).

Impact of advanced age on MOR Phosphorylation

The results of the radioligand binding and GTPγS assays suggested that aged rats exhibit attenuated

MOR-agonist interactions. It has been previously shown that MOR can be desensitized by

phosphorylation in its basal state, which limits agonist binding (Zhang et al., 1996; Yu et al., 1997; Groer

et al., 2011). Thus, we tested the hypothesis that the reductions in MOR binding potential and G-protein

activation efficiency observed in the present study were due to age-induced changes in basal MOR

phosphorylation. Our results indicate that while the vlPAG tissue from the aged rats expressed slightly

higher levels of MOR phosphorylation at serine-375 compared to the adults, there was no significant

impact of advanced age. Thus, the reductions in binding potential observed in the vlPAG of aged rats

must be driven by an alternative mechanism.

MOR desensitization is mediated by G protein-coupled receptor kinase (GRK)-dependent

phosphorylation of the receptor, a mechanism by which β-arrestins bind to MOR, resulting in

endocytosis (J. Zhang et al., 1998; Schulz et al., 2004; Dang et al., 2009). Our results suggest no impact of

advanced age on GRK-mediated MOR phosphorylation, however, MOR signaling is also desensitized via

phosphorylation through the extracellular signal-regulated kinase 1 and 2 (ERK1/2) pathway (Dang et al.,

2009). ERK1/2 phosphorylation stimulates the activity of Gα-interacting protein (GAIP), an RGS protein

that acts as a GTPase activator, thereby reducing opioid signaling at the level of G-protein activation

(Ogier-Denis et al., 2000). Indeed, pharmacological inhibition of ERK1/2 phosphorylation in a rat model

leads to improved morphine analgesia (Popiolek-Barczyk et al., 2014; Melkes et al., 2020). Thus, the age-

induced changes in morphine potency may be driven in part by age-induced hyper-phosphorylation of

ERK1/2 and resulting downregulation of G-protein signaling.

Impact of advanced age on cAMP inhibition

Agonist binding at MOR elicits a conformational change in the receptor that allows the G-protein α and

βγ subunits to interact with downstream effectors. Notably, the Gα subunit binds to adenylate cyclase

(AC) and inhibits the conversion of adenosine triphosphate (ATP) to cAMP, thus limiting the activation of

cAMP-dependent protein kinase (PKA) and ultimately inducing higher levels of hyperpolarization

(Christie, 2008; Santhappan et al., 2015). In the present study, adult males exhibited greater DAMGO-

induced cAMP inhibition compared to aged males and adult and aged females, suggesting that aged

males and females (adult and aged) elicit attenuated activity of the α subunit at the level of AC, or a

weakened relationship between AC and cAMP. This attenuated cAMP inhibition in the aged likely

contributes to the observed reduction in opioid potency and may be due, in part, to decreased basal

cAMP circulation in the aged brain. Previous studies report age-induced reductions in several regions of

the rodent brain including the cortex, thalamus, and hypothalamus (Puri and Volicer, 1981; Titus et al.,

2013; Kelly, 2018). In addition to a loss of cAMP circulation, evidence suggests that aged rodents elicit

widespread reductions in ATP (Błaszczyk, 2020), which is required for cAMP synthesis.

When opioids bind MOR, in parallel to the α subunit interacting with AC and reducing cAMP, the βγ

subunits activate G-protein inwardly rectifying potassium (GIRK) channels which hyperpolarize the cell

and promote analgesia. The K+ currents elicited by MOR binding are a common method used to

measure Gi/o signaling and agonist potency (Lemel et al., 2020; Bouchet et al., 2021). Experimentation

that assesses the impact of advanced age on opioid-dependent GIRK channel current, in addition to

cAMP, will further reveal the impact of advanced age on this signaling pathway.

Impact of advanced age on the regulation of G-protein signaling by RGS proteins

G-proteins coupled to MOR are activated by MOR agonist binding, resulting in the conversion of GDP

into GTP (Senese et al., 2020). This mechanism is essential for G-protein signaling and is modulated by

the activity of Regulator of G-protein signaling (RGS) proteins. RGS proteins reduce the magnitude of

GPCR signaling via enhancement of GTPase activity on the α subunit of the G-protein complex. By

promoting the hydrolysis of the alpha-bound GTP during the active state, GTPases return the α subunit

to the GDP-bound inactive state (Roman and Traynor, 2011). In the present study, we observed

increased expression of RGS4 and RGS9-2 in the vlPAG of aged animals compared to adults, suggesting

greater GTPase activity and thus reduced G-protein signaling in the aged. Similar results were observed

when the analysis was limited to MOR+ cells, indicating that opioid-induced G-protein signaling is

subjected to greater negative regulation in the vlPAG of the aged rat. These results are consistent with

Kim et al. (2005) who reported higher RGS9-2 protein levels in the PAG of 1-year old male rats compared

to 3-week-old rats (Kim et al., 2005). Morphine analgesia is increased in mice lacking RGS9-2 (Garzón et

al., 2001; Zachariou et al., 2003) and overexpression of RGS4 attenuates MOR signaling (Ippolito et al.,

2002). Rivero et al. (2010) reported that advanced age promotes increased expression of RGS4 in the

human prefrontal cortex (Rivero et al., 2010). This finding suggests that the age-induced increase in

RGS4 in our experiment may not be specific to the vlPAG. Assessment of RGS4 and RGS9-2 expression in

multiple brain regions involved in pain processing will further elucidate the mechanism by which

advanced age alters opioid-induced G-protein signaling.

Summary

These studies are the first to show that advanced age leads to an attenuation in vlPAG opioid signaling in

both male and female rats. Taken together with our previous findings, our results suggest that age-

induced reductions in vlPAG MOR expression and binding, combined with attenuated downstream MOR

signaling, contribute to the diminished opioid potency seen in aged rats (Fullerton et al., 2021). The

results of our analyses demonstrate that aged rats exhibit reduced MOR agonist binding, G-protein

activation, and cAMP inhibition, along with increased G-protein regulation by RGS proteins. Thus, these

signaling processes are all identified as potential therapeutic targets for improved pain management in

the elderly.

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Figure Legends

Fig. 1. Saturation binding curve of bound [3H]DAMGO (A). No significant effect of age or sex was observed in MOR affinity (K_d) (B). MOR availability (B_{max}) was significantly lower in aged males compared to adult males (C). Adult females, aged males, and aged females exhibited reduced B_{max} values compared to adult males, indicating reduced MOR availability (C). Adult females, aged males, and aged females exhibited reduced MOR binding potential (B_{max}/K_d) compared to adult males, indicating attenuated agonist interaction at the receptor level (D). ns, not significant. *Significant difference between adult and aged males, or adult males and adult females; $p<0.05$ calculated by Tukey's post hoc test. Graphs indicate mean ± SEM. Values indicate % change from adult male.

Fig 2. [^{35}S]GTPγS binding curve of agonist-stimulated GTPγS binding (A). No significant effect of age or sex was observed in E_{max} (B). Aged males, adult females, and aged females exhibited increased EC_{50} values compared to adult males, indicating that adult males have the greatest potency (C). Aged males, adult females, and aged females exhibited reduced G-protein activation efficiency (E_{max}/EC_{50}) compared to adult males, indicating attenuated G-protein signaling (D). ns, not significant. *Significant difference between adult and aged males, or adult males and adult females; $p<0.05$ calculated by Tukey's post hoc test. Graphs indicate mean ± SEM. Values indicate % change from adult male.

Fig 3. No significant impact of advanced age or biological sex on the ratio of phosphorylated MOR/ tagged MOR. ns, not significant. Graph indicates mean ± SEM. Values indicate % change from adult male.

Fig 4. TR-FRET immunoassay showing % change from FSK stimulated baseline and DAMGO inhibited cAMP (circulating cAMP is inversely proportional to TR-FRET signal). Adult males exhibited the highest level of agonist-dependent % change in cAMP (A). Aged males and females exhibited reduced agonist-dependent cAMP inhibition compared to adult males, indicating attenuated downstream opioid signaling (B). *Significant difference between adult and aged males, or adult males and adult females; $p<0.05$ calculated by Tukey's post hoc test. Graphs indicate mean ± SEM. Values indicate % change from FSK baseline.

Fig 5. mRNA expression of RGS4 (A) and RGS9-2 (B) in the vlPAG was significantly greater in aged rats compared to adults. mRNA expression of RGS4 (C) and RGS9-2 (D) on MOR+ cells in the vlPAG was significantly greater in aged rats compared to adults. (E) Photomicrograph of RGS expression compared an adult male and an aged male PAG section. *Significant difference between adults and aged rats; $p<0.05$ calculated by 2x2 ANOVA. Graphs indicate mean ± SEM.

Fig 6. Model and table of MOR signaling impairments in the vlPAG of the aged rat. Aged rats exhibit decreased MOR binding potential, decreased G-protein activation, and decreased cAMP inhibition, along with increased RGS expression. No impact of age was found in phosphorylation of MOR at serine-375

Figure 1

Figure 2

Figure 3

Phosphorylated MOR

Figure 4

cAMP Assay

Figure 5

A vlPAG RGS4 expression

B vlPAG RGS9-2 expression

C MOR+ RGS4 expression

D MOR+ RGS9-2 expression

E DAPI + OPRM1 + RGS4 + RGS9-2

adult male

aged male

Figure 6