

1 **Avobenzonone, Guaiazulene and Tioxolone identified as potent autophagy inducers in a**
2 **high-throughput image based screen for autophagy flux**

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15 **Keywords:** FDA drugs; GFP-LC3-RFP; High content screening; Microsource spectrum

16 library; mTOR

17 **Abstract**

18 Autophagy is a conserved intracellular degradation pathway that is essential for maintaining
19 cellular homeostasis. Given its critical role in several disease conditions, recent studies are
20 focussed on identifying drugs/small molecules with autophagy modulating capacity for
21 potential clinical applications. Here, we describe the development and characterisation of a
22 quantitative image-based high content screening platform for autophagy flux measurements
23 using the human melanoma A375 cell line that stably expresses the GFP-LC3-RFP probe.
24 The GFP-LC3 is incorporated into autophagosomes, while RFP serves an internal control.
25 The GFP/RFP fluorescence intensity ratio gives an accurate indication of autophagy
26 induction (low ratio) vs blockage of autophagy flux (high ratio), and was validated with the
27 autophagy inducer Torin1 and inhibitor Bafilomycin A₁. This assay was used to screen the
28 Spectrum collection library comprising of 2560 compounds, to identify autophagy
29 modulators. In addition to known autophagy effectors, several novel autophagy inducers and
30 inhibitors were identified in our study. Further three FDA approved drugs that are widely
31 used in skin-care products: Avobenzone, Guaiazulene and Tioxolone, were validated as
32 potent autophagy inducers that function in an mTOR independent manner.

33

34 **Abbreviations:** Baf, Bafilomycin A₁; LC3, Microtubule-associated protein light chain 3;

35 mTOR, mechanistic target of rapamycin

36 **Introduction**

37 Macroautophagy (hereafter, autophagy) is an intracellular degradative pathway, conserved
38 from yeast to human. It occurs at a basal level to maintain cellular homeostasis, and is
39 upregulated during starvation and disease conditions [1]. Recent studies have shown that
40 pharmacological modulation of autophagy holds tremendous therapeutic potential for disease
41 conditions such as neurodegeneration and cancer [2], and hence identification of autophagy
42 modulating drugs/compounds is an active area of research [3].

43 The measurement of autophagy is done by monitoring the lipidated levels of microtubule-
44 associated protein light chain 3 (LC3) protein that specifically incorporates into
45 autophagosomes. Other techniques involve direct visualization of autophagosomes through
46 fluorescence or electron microscopy. The degradative capacity of the pathway or autophagy
47 flux is analysed by using specific inhibitors of autophagosome-lysosome fusion either
48 through western blotting for LC3-II levels or by using ratiometric fluorescence based assays
49 [4-6]. These have been further developed for high throughput platforms and can enable
50 testing the autophagy capacity of several thousand compounds. A series of image based high
51 throughput screening studies using probes such as mRFP-GFP-LC3, GFP-LC3-RFP-LC3ΔG,
52 GFP-LC3-RFP etc. have identified autophagy inducers with broad translation potential [6-
53 10].

54 Here we have developed an image-based high content quantitative assay using the human
55 melanoma A375 cell line stably expressing the fluorescent probe GFP-LC3-RFP [6]. In a
56 primary screening of the Microsource spectrum library, several autophagy flux inducers and
57 inhibitors were identified by low and high GFP/RFP signal ratios respectively. Three drugs
58 widely used in skin-care products Avobenzone, Guaiazulene and Tioxolone, were further
59 validated for their autophagy inducing properties.

60

61 **Results**

62 **Generation and validation of A375 cell line stably expressing autophagy flux probe**

63 Studies have established that the GFP-LC3-RFP probe is a powerful tool for measurements of
64 autophagy flux [5,6,11]. This protein is cleaved by the cellular cysteine protease ATG4, into
65 two equimolar fragments of GFP-LC3 and RFP. The GFP-LC3 is lipidated with
66 phosphatidylethanolamine (PE) at the terminal glycine residue, resulting in its incorporation
67 into autophagosomes. Depending on the status of autophagy in the cell, the levels of GFP-
68 LC3 change, while the RFP serves as an internal control (Fig 1A). The ratiometric
69 measurements of GFP/RFP relative to a basal/untreated condition are an accurate reflection
70 of autophagy induction or inhibition in the cell (Fig 1A) [6,12].

71 We generated a stable human melanoma A375 cell line expressing this autophagy flux probe
72 (Fig 1B). Positive clones were validated, and one clone for chosen for further studies. The
73 GFP-LC3 expression was detected using both GFP and LC3 antibodies (Fig 1B). Roughly
74 equal levels of RFP were also seen (Fig 1B). Fluorescence images showed that the clone
75 expressed GFP-LC3 and showed punctate distribution in the cell corresponding to
76 autophagosomes, while diffuse RFP staining was observed throughout the cytosol (Fig 1C,
77 upper panel). Non-toxic concentrations of Torin1 (autophagy inducer), and Bafilomycin A₁
78 (Baf) (autophagosome-lysosome fusion inhibitor), were determined (Fig S1A-B). Treatment
79 of these cells with Torin1, resulted in a clear reduction in GFP-fluorescence in these cells,
80 while treatment with Baf showed enhanced GFP intensity (Fig 1C). GFP/RFP ratios in the
81 Torin1 and Baf treated cells were normalized to DMSO treated cells. Torin1 treatment
82 showed a clear reduction of GFP/RFP ratio indicative of high autophagy flux, while Baf
83 showed an enhanced ratio indicative of low autophagy flux (Fig 1D). These data established
84 the validity of this cell line for autophagy flux measurements.

85 **Establishment of a high content screening platform**

86 This cell line was next tested in a high throughput 96 well plate platform. Cells were treated
87 with DMSO (control) or Torin1/ Baf, and images were acquired. As seen earlier through
88 confocal microscopy, Torin1 and Baf treatment resulted in reduced and enhanced GFP/RFP
89 ratios respectively (Fig 2A, S1C-D). Based on values obtained with Torin1 and Baf, we
90 established a cut off limit of <0.8 for autophagy inducers and >1.2 for autophagy inhibitors
91 (Fig 2B). Using this technique, we screened the Spectrum library of 2560 compounds at 10
92 μ M concentration. Control, Torin1, Baf, and drug treatments were given for 12 h. The
93 cytotoxicity of the drug treatment was established through DAPI staining compared to
94 untreated controls as described in the methods section (Data Sheet S1). Based on the
95 GFP/RFP ratios, we identified 104 drugs that changed the cellular autophagy levels (Fig 2C-
96 D, Fig S2, File S1). The autophagy inducers (Fig 2C) and inhibitors (Fig 2D) were classified
97 based on their reported biological activities in literature. Of these 53 drugs have been
98 previously established as autophagy inducers in literature [6,7,9]. We further identified 31
99 novel autophagy inducers and 19 novel autophagy inhibitors (File S1).

100 **Avobenzone, Guaiazulene and Tioxolone identified as potent autophagy inducers**

101 Of the shortlisted drugs, we focused our attention on three FDA-approved drugs that are
102 widely used in skin-care products: Avobenzone, Guaiazulene and Tioxolone. All the drugs
103 were retested for toxicity (Fig 3A), and showed GFP/RFP ratios comparable to Torin1 (Fig
104 3B, C), identifying them as potent autophagy inducers. We also checked these drugs with the
105 ptfLC3 reporter [5], and observed an increase in the number of autophagosomes
106 (mRFP⁺/GFP⁺) and autolysosomes (mRFP⁺/GFP⁺) on drug treatment, that was comparable to
107 Torin1 (Fig S3). Lysosome acidification was checked with the LysoSensor Yellow- Blue
108 assay [13], and was found to be similar to Torin1 treatment (Fig S4). We further validated
109 autophagy induction through western blotting for LC3. All the drugs showed enhanced LC3-
110 II levels (Fig 4A-C). By using Baf we confirmed that LC3-II accumulation caused by these

111 drugs was due to autophagy induction and not due to blockage of autophagosome-lysosome
112 fusion (Fig 4A-C). Levels of p62 clearance were also assessed through western blotting and
113 these showed a reduction compared to DMSO treatment (Fig 4D-E), but did not have any
114 effect on p62 mRNA levels (Fig 4F). We also tested if these drugs acted in an mTOR
115 dependent manner by checking phosphorylation levels of S6 kinase (S6K) and eukaryotic
116 translation initiation factor 4E-binding protein 1 (4E-BP1). While Torin1 resulted in efficient
117 dephosphorylation of S6K and 4E-BP1, these drugs had no effect on phosphorylation of S6K
118 and 4E-BP1 (Fig 4G-H), suggesting that their mode of action is mTOR independent.

119 **Discussion**

120 Autophagy research has rapidly evolved and interest has heightened on examining the
121 potential of novel/existing drugs to modulate autophagy [14]. Autophagy modulation is likely
122 to have therapeutic benefits in several disease conditions [15]. Conversely, several FDA-
123 approved drugs could be autophagy modulators but have not been studied from this
124 perspective.

125 In our current study, we developed a reporter cell line for high throughput measurements of
126 autophagy flux, and identified several known and novel autophagy modulators in the
127 Spectrum collection library of 2560 compounds. Our primary screening and validation
128 showed that three FDA-approved drugs that are widely used in skin-care preparations:
129 avobenzone, guaiazulene, and tioxolone can efficiently induce autophagy flux in an mTOR
130 independent manner.

131 Avobenzone (butyl methoxydibenzoylmethane; parsol 1789) is an ultraviolet A absorber
132 widely used in sunscreens [16-22]. Studies have shown that avobenzone can efficiently
133 penetrate the stratum corneum and viable epidermis [23]. It has been shown to protect against
134 UVA-induced melanogenesis through indirect regulatory effect on the Nrf2-ARE pathway
135 [24]. It has also been shown to inhibit the proliferation of human trophoblasts, enhance Akt
136 and ERK1/2 activity and induce mitochondrial membrane depolarization [25]. In normal
137 human epidermal keratinocytes, it can downmodulate lipid metabolism, and Peroxisome
138 proliferator-activated receptor-gamma signaling [26], and can induce keratinocyte derived
139 Vascular endothelial growth factor production [27]. Its autophagy inducing properties have
140 not been described till date, however based on the above-mentioned studies, it is likely that
141 autophagy will play an important role in the mode of action of avobenzone.

142 Guaiazulene (1,4-dimethyl-7-isopropylazulene), is a natural azulenic compound widely used
143 in cosmetic and health-care products and in pharmaceutical preparations such as creams and

144 toothpastes [28,29]. Its early use was as an ophthalmic drug, and later it became a popular skin
145 conditioning agent. The drug was also shown to be promising for the treatment of gastritis
146 and peptic ulcers [30]. Studies have shown that it can act in a synergic manner with
147 diclofenac and can have therapeutic advantages for the clinical treatment of inflammatory
148 pain [31]. It has also been shown to have anti-cancer properties [32]. A recent study showed
149 that guaiazulene inhibited Akt/mTOR signalling and induced autophagosome formation [33].
150 However, this study used a very high concentration of guaiazulene (100/150 μ M), which
151 might account for the observed mTOR inhibition.

152 Tioxolone (6-Hydroxy-2H-1,3-benzoxathiol-2-one) is used for cosmetics products such as
153 hair shampoos, skin cleansers and acne treatment products [34]. It has anti-fungal, anti-
154 bacterial, anti-inflammatory and anti-tumorigenic effects, and has been shown to be an
155 inhibitor of human carbonic anhydrase II [35,36]. Tincture of thioxolone plus benzoxonium
156 chloride was shown to be useful for the treatment of cutaneous leishmaniasis [37].

157 In summary, our high throughput screening approach has identified several novel autophagy
158 inducers and inhibitors. We also validate that three widely used drugs in skin-care products
159 are potent autophagy inducers. Further studies will highlight if the autophagy inducing
160 properties of these drugs govern their mode of action.

161 **Materials and Methods**

162 **Cell lines**

163 A375 and HEK293T cells were obtained from the Cell Repository at the National Centre for
164 Cell Sciences, Pune, India. Cells were grown in Dulbecco's modified Eagle's medium
165 (DMEM) (HiMedia, AL007A) supplemented with 10% fetal bovine serum (FBS) (HiMedia,
166 RM10432), 100 µg/ml penicillin-streptomycin, 2 mM L-glutamine and 1x MEM Non-
167 Essential Amino Acids Solution (HiMedia, ACL006).

168 **Reagents, antibodies and plasmids**

169 The following reagents were used in the study: Torin1 (Tocris Bioscience, 4247),
170 Bafilomycin (Baf)-A1 (Sigma-Aldrich, B1793-10UG), PMSF (Sigma-Aldrich, P7626-100G),
171 Protease inhibitor cocktail (Sigma-Aldrich, 11697498001), LysoSensor Yellow/Blue DND-
172 160 (Thermo Fisher Scientific, L7545). The Spectrum collection library (MicroSource
173 Discovery Systems, Inc., SP170615) comprising of 2560 compounds including bioactive
174 molecules, natural products, and FDA-approved compounds was used for image based high
175 content screening. The following antibodies were used in the study: GAPDH (14C10);
176 Phospho-4E-BP (Thr37/46) (2855S); 4E-BP (9644S); Phospho-p70 S6 Kinase (Thr389)
177 (97596S) and p70 S6 Kinase (2708S) from Cell Signalling Technology, LC3 (ab51520); RFP
178 (ab62341), GFP (ab32146) and SQSTM1/p62 (ab56416) from Abcam, HRP-conjugated
179 secondary antibodies from Jackson ImmunoResearch Laboratories. The following plasmids
180 were obtained from Addgene: gag/pol (14887, Tannishtha Reya) [38], pCI-VSVG (1733,
181 Garry Nolan) [39], pMRX-IP-GFP-LC3-RFP (84573, Noboru Mizushima) [6], and ptfLC3
182 (21074, Tamotsu Yoshimori) [10]. The following primers (5'-3') were used in the study
183 GAPDH: F-TGCACCACCAACTGCTTAGC, R-GGCATGGACTGTGGTCATGAG;
184 P62/SQSTM1: F-AGGCGCACTACCGCGAT, R-CGTCACTGGAAAAGGCAACC.

185 **Stable cell line generation**

186 HEK293T cells were co-transfected with gag/pol, pCI-VSVG and pMRX-IP-GFP-LC3-RFP
187 plasmids using Lipofectamine 2000 and incubated at 37°C for 24 h. The supernatant was
188 harvested for retrovirus, and was used to transduce A375 cells. Puromycin selection (2
189 µg/ml) was given after 48 h. After one week of selection, cells were trypsinized and 10,000
190 cells were serially diluted to achieve single cell seeding per well of a 96 well-plate. Isolated
191 colonies were visible by 14 days, and were tested for the expression of GFP, RFP and
192 autophagy flux using Torin1 and Baf treatments. One clone was chosen for further studies.

193 **Drug treatment & confocal imaging**

194 Stable GFP-LC3-RFP A375 cells or A375 cells transiently transfected with ptfLC3, were
195 treated with Torin1 (1 µM/ 6h; 100 nM/ 12h) or Baf (100 nM/ 6h; 20 nM/ 12h) or
196 DMSO/Avobenzonone/ Guaiazulene Tioxolone (10 µM) for 12 h. For confocal microscopy all
197 cells were grown on glass coverslips. GFP/RFP intensity ratio per cell was calculated and
198 normalized to DMSO control treated cells. For ptfLC3 experiments, autophagosomes
199 (RFP⁺/GFP⁺ structures) and autolysosomes (RFP⁺/GFP⁻ structures) per cell were counted
200 using Spot to Spot colocalization analysis in Imaris 8.

201 **High content imaging and analysis**

202 For image based high content screening 15,000 cells/well were seeded in Corning 96 well
203 black polystyrene microplates (Corning, CLS3603). Torin1 (100 nM), Baf (20 nM), and drug
204 (10 µM) treatment was given for 12 h. All drugs were tested in biological duplicates or
205 triplicates. Cells were fixed and stained with DAPI. Images were acquired on ImageXpress
206 Micro Confocal High-Content Imaging System (Molecular Devices, USA) using FITC,
207 Texas red, and DAPI channels with a 10 X objective lens. A total of 16 fields per well were
208 acquired and this covered the entire well area. Analysis was performed using the multi-
209 wavelength cell scoring module of the MetaXpress Software. To calculate drug cytotoxicity,
210 total nuclei were counted using DAPI in drug and DMSO treated wells. Any drug showing

211 more than 20% reduction in total nuclei was considered as toxic and excluded from further
212 analysis. Only triple positive cells (DAPI, GFP, RFP) were used for quantitation. The integral
213 intensity of GFP and RFP per well was calculated and used to estimate the GFP/RFP ratio.
214 The values obtained for DMSO treatment were used for normalization. The GFP/RFP ratio in
215 Torin1 treatment gave a mean value of 0.68, while BafA1 treatment gave a mean value of
216 1.2. Any drug showing a GFP/RFP ratio <0.8 was considered as an autophagy inducer, and
217 GFP/RFP ratio >1.2 was marked as autophagy flux inhibitor.

218 **Western blotting**

219 After drug treatment A375 cells were washed with PBS and lysed using cell lysis buffer [150
220 mM NaCl, 1% Triton X-100, 50 mM Tris-HCl (pH 7.5), 200 μ M PMSF and protease
221 inhibitor cocktail]. Protein quantification was done using BCA assay (G-Bioscience, 786-
222 570) kit. Cell lysates were separated on polyacrylamide gels and transferred to a PVDF
223 membrane for immunoblotting using specific primary and secondary antibodies. Western blot
224 images were processed using ImageJ (NIH, USA) software for quantitation of band
225 intensities. Data are represented as mean \pm SD from three independent experiments.

226 **LysoSensor Yellow- Blue assay**

227 The LysoSensor Yellow-Blue assay was performed as described in [13]. A375 cells were
228 were grown on glass coverslips, and were treated with DMSO (control), Torin1 (1 μ M) or
229 Baf (100 nM) or Avobenzone/ Guaiazulene Tioxolone, followed by incubation with 10 μ M
230 LysoSensor for 5 min. Cells were then washed with ice-cold PBS three times and fixed using
231 4% PFA. Cells were imaged on LSM 880, Carl Zeiss, with excitation wavelength range 371-
232 405 nm and emission wavelength range 420-650 nm. The LysoSensor dye has dual-emission
233 peaks of 440 nm (blue in less acidic organelles) and 540 nm (yellow in more acidic
234 organelles). Yellow fluorescence per cell was quantified and normalized to DMSO treated
235 control.

236 **Cell viability assay**

237 A375 cells were seeded at a density of 15000 cells/well in 96-well plates. After 24 h, cells
238 were treated with indicated concentrations of Torin1/ Baf/ Avobenzone/ Guaiazulene
239 Tioxolone for 6 or 12 h. The cytotoxicity assay was performed using CellTiter-Glo kit
240 (Promega, G7572). Percentage of cell viability was measured relative to DMSO treated cells.

241 **Statistical analysis**

242 Statistical analysis of the data was performed using one-way ANOVA and differences were
243 considered significant at values of $*P < 0.05$, $**P < 0.01$, $***P < 0.001$, $**** P < 0.0001$

244 **Conflict of interest**

245 The authors have no conflict of interest to declare

246

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- 370

371 **Figure Legends**

372 **Figure 1. Development of GFP-LC3-RFP cell-line for autophagy flux assays.** (A)

373 Schematic representation of the autophagy flux measurement assay using the GFP-LC3-RFP
374 fluorescent probe. (B) The stable A375 (GFP-LC3-RFP) clone was analysed by western
375 blotting using GFP, RFP and LC3 antibodies. Cleavage of the GFP-LC3 from the RFP
376 fragment is observed. Endogenous LC3 bands can be seen in a higher exposure (H.E) blot on
377 the extreme right (C) A375 (GFP-LC3-RFP) cells were treated with DMSO or autophagy
378 inducer Torin1 (1 μ M) or inhibitor Baf (100 nM) for 6 h. Cells were imaged on a confocal
379 microscope. Scale bar 200 μ m. (D) GFP/RFP intensity ratios were measured from 20-30 cells
380 from two independent coverslips and normalized to DMSO control. One-way ANOVA was
381 used to determine statistical significance, *** $P < 0.001$, **** $P < 0.0001$

382 **Figure 2. High throughput imaging screen of Microsource spectrum library.** (A) The

383 Microsource spectrum library consisting of 2560 drugs were screened for the identification of
384 autophagy flux modulators. A375 (GFP-LC3-RFP) cells were treated with DMSO/ Torin1
385 (100 nM)/ Baf (20 nM)/ drugs (10 μ M) for 12 h in biological duplicates or triplicates. Images
386 were acquired using the Image Xpress high content imaging system, and representative
387 images are shown. Scale bar 100 μ m. (B) GFP/RFP ratios were measured and normalized to
388 DMSO control. Values show relative GFP/RFP ratios from 3 independent experiments. (C-D)
389 Venn diagram showing the categorical classification of different molecules identified as
390 autophagy inducers (ratio < 0.8) or inhibitors (ratio > 1.2). One-way ANOVA was used to
391 determine statistical significance, **** $P < 0.0001$

392 **Figure 3. Avobenzone, Guaiazulene and Tioxolone are autophagy inducers.** (A) Viability

393 measurements of A375 cells treated with Avobenzone/ Guaiazulene/ Tioxolone (10 μ M) for
394 12 h. (B-C) A375 (GFP-LC3-RFP) cells were treated with DMSO, drugs (Torin1/ Baf) or
395 Avobenzone/ Guaiazulene/ Tioxolone (n=3), and images were acquired using the Image

396 Xpress high content imaging system. The relative ratiometric quantitation of GFP/RFP
397 normalized to DMSO control is plotted in (C). One-way ANOVA was used to determine
398 statistical significance, *** $P < 0.001$, **** $P < 0.0001$.

399 **Figure 4. Characterization of Avobenzone, Guaiazulene and Tioxolone as autophagy**
400 **inducers.** (A-B) A375 cells were treated with the indicated drugs (10 μ M) for 10 h, followed
401 by Baf treatment (100 nM) for 2 h before harvest and immunoblotted with LC3 and GAPDH
402 antibodies. Increase in LC3-II levels on Baf treatment is indicative of functional autophagy
403 flux. Numbers below the blot indicate ratio of LC3-II/GAPDH, calculated using Image J. (C)
404 Bar graph shows relative quantitation of LC3 expression in Baf treated cells normalized to
405 GAPDH from three independent experiments. (D-E) Cells were treated as described for panel
406 A, and lysates were blotted for p62 and GAPDH. (E) Bar graph shows quantitation of p62
407 levels normalized to GAPDH from three independent experiments. (F) Relative mRNA levels
408 of p62 in cells treated as described above. (G-H) mTOR downstream signaling was checked
409 by measuring the proteins level of p-T386S6K1, S6K1, p-4E-BP1(Thr37/46) and 4E-BP1
410 antibodies. Torin1 treatment was used as a positive control. Data is representative of three
411 independent experiments. One-way ANOVA was used to determine statistical significance,
412 * $P < 0.05$, ** $P < 0.01$, **** $P < 0.001$.

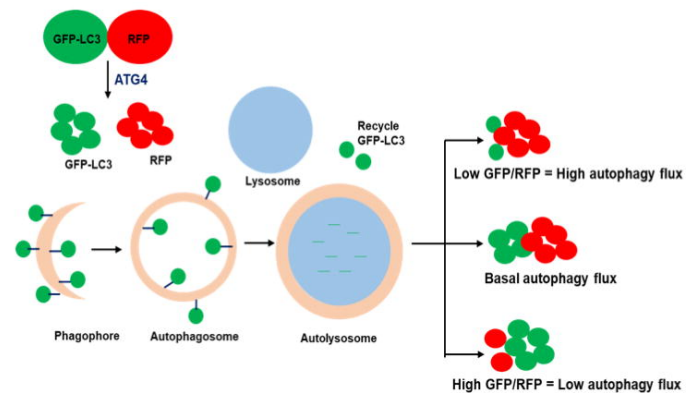
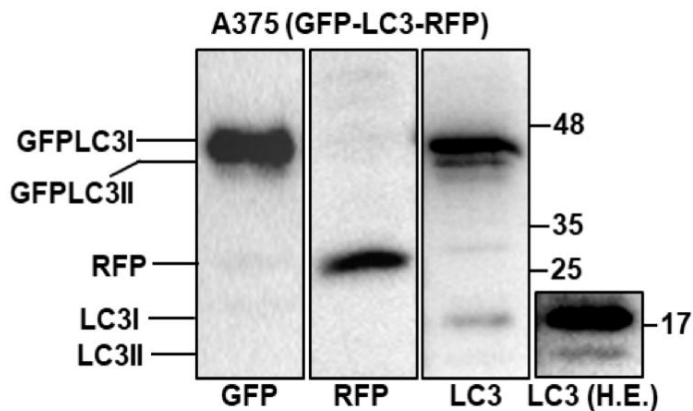
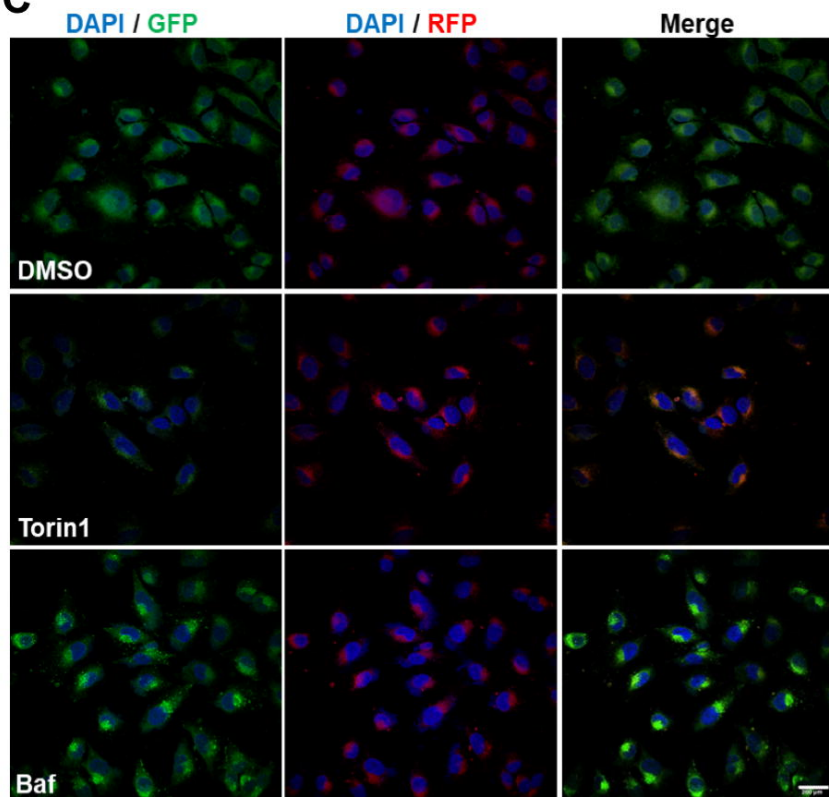
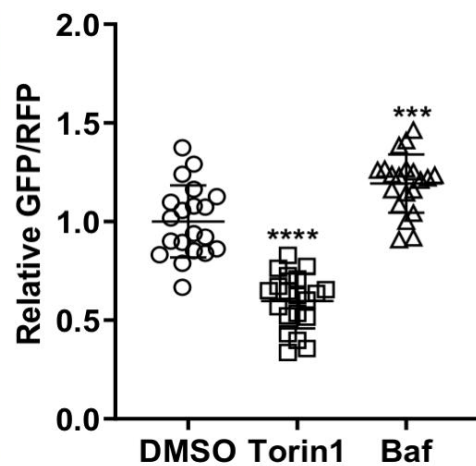
A**B****C****D**

Fig1

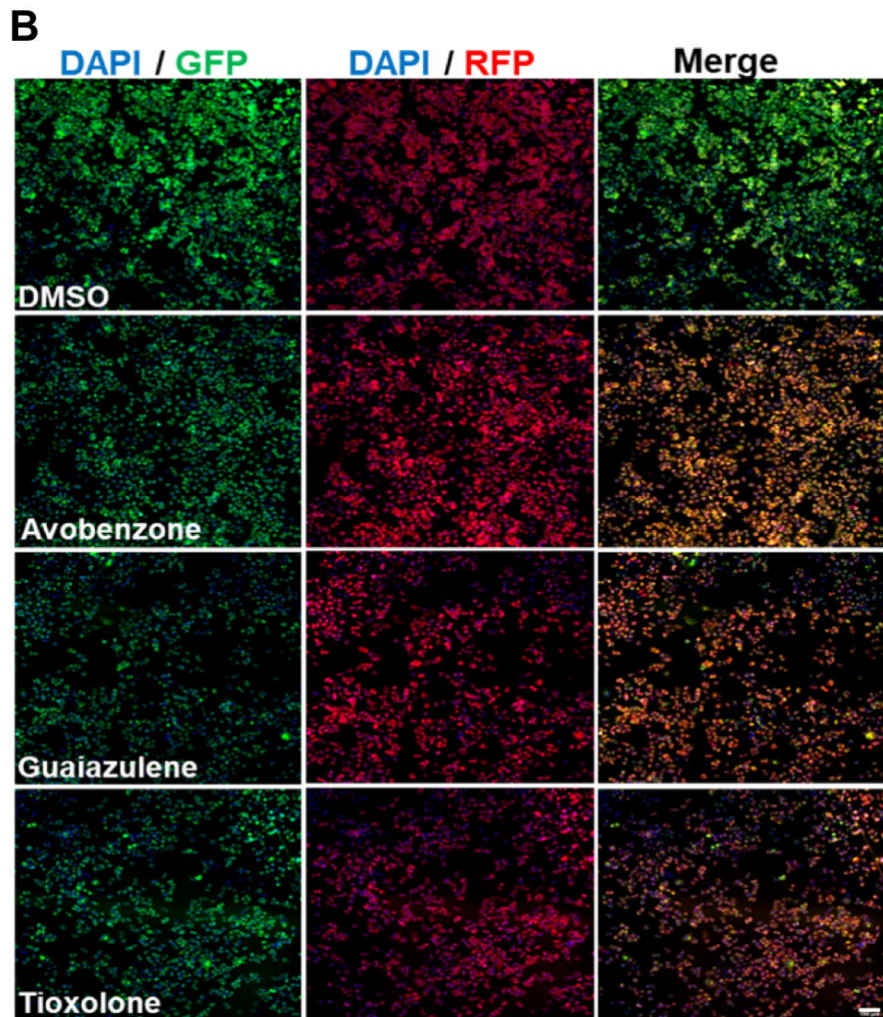
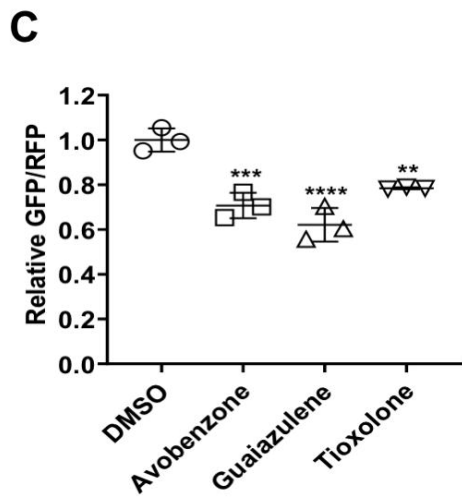
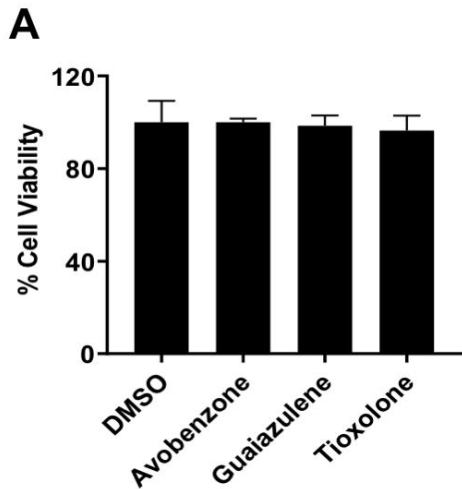
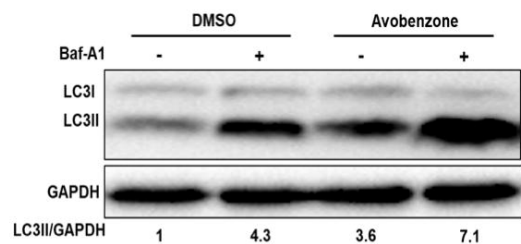
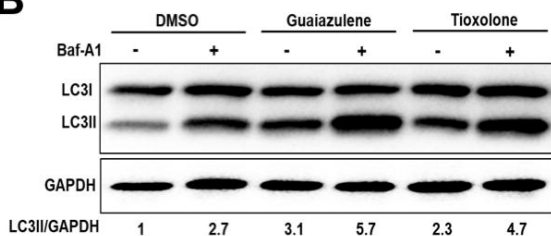
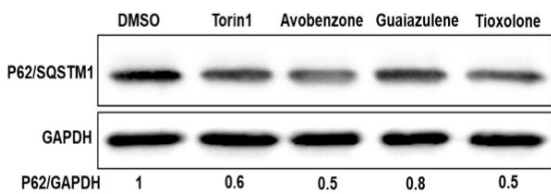
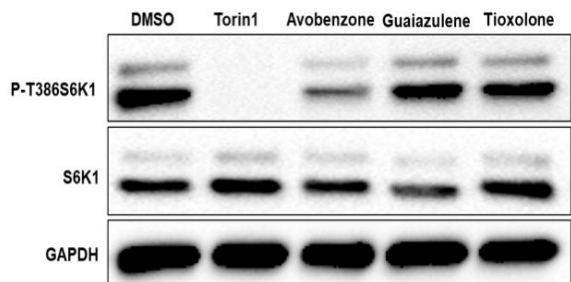
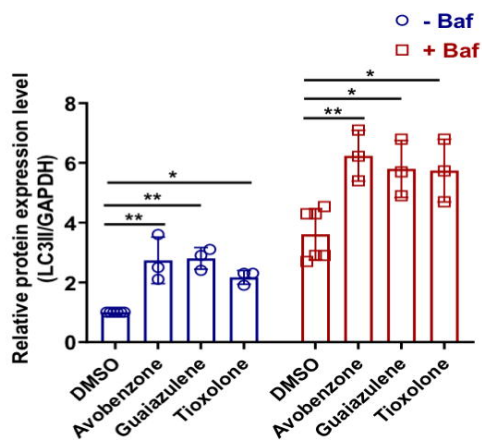
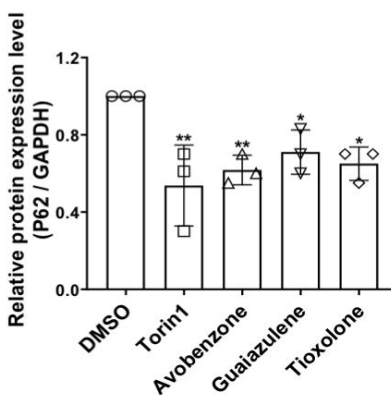
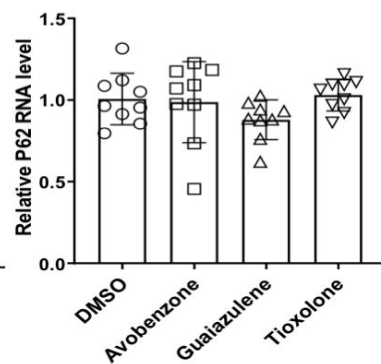
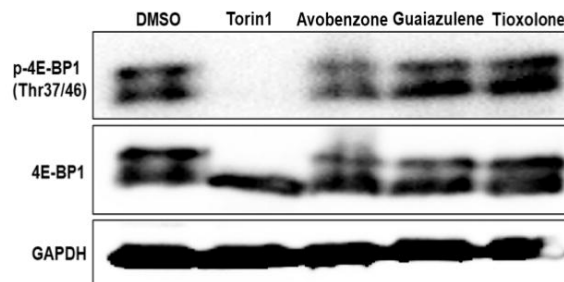


Fig3

A**B****D****G****C****E****F****H****Fig4**