A novel nematode species from the Siberian permafrost shares adaptive mechanisms for cryptobiotic survival with *C. elegans* dauer larva

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Abstract

Some organisms in nature have developed the ability to enter a state of suspended metabolism

called cryptobiosis[1] when environmental conditions are unfavorable. This state-transition

requires the execution of complex genetic and biochemical programs[1,2,3], that enables the

organism to survive for prolonged periods. Recently, nematode individuals have been

reanimated from Siberian permafrost after remaining in cryptobiosis. Preliminary analysis

indicates that these nematodes belong to the genera *Panagrolaimus* and *Plectus*[4]. Here, we

present precise radiocarbon dating indicating that the *Panagrolaimus* individuals have

remained in cryptobiosis since the late Pleistocene (~46,000 years). Phylogenetic inference

based on our genome assembly and a detailed morphological analysis demonstrate that they

belong to an undescribed species, which we named *Panagrolaimus kolymaensis*. Comparative

genome analysis revealed that the molecular toolkit for cryptobiosis in *P. kolymaensis* and in

C. elegans is partly orthologous. We show that biochemical mechanisms employed by these

two species to survive desiccation and freezing under laboratory conditions are similar. Our

experimental evidence also reveals that *C. elegans* dauer larvae can remain viable for longer

periods in suspended animation than previously reported. Altogether, our findings demonstrate

that nematodes evolved mechanisms potentially allowing them to suspend life over geological

time scales.

Introduction

Organisms from diverse taxonomic groups can survive extreme environmental conditions, such as the complete absence of water or oxygen, high temperature, freezing, or extreme salinity. The survival strategies of such organisms include a state known as suspended animation or cryptobiosis, in which they reduce metabolism to an undetectable level[6]. Spectacular examples of long-term cryptobiosis include a *Bacillus* spore that was preserved in the abdomen of bees buried in amber for 25 to 40 million years[7], and a 1000 to 1500 years-old *Lotus* seed, found in an ancient lake, that was subsequently able to germinate[8]. Metazoans such as tardigrades, rotifers and nematodes are also known for remaining in cryptobiosis for prolonged periods[9,10]. The longest records of cryptobiosis in nematodes are reported for the Antarctic species *Plectus murrayi*[11] (25.5 years in moss frozen at -20°C), and *Tylenchus polyhypnus*[12] (39 years desiccated in a herbarium specimen).

Intensive research during the last decades has demonstrated that permafrosts (perennially frozen sediments) are unique ecosystems preserving life forms at sub-zero temperatures over thousands of years[13,14,15,16]. Permafrost remains are an exceptional source for discovering a wide variety of unicellular and multicellular living organisms surviving in cryptobiosis for prolonged periods[6,17,18]. We recently reanimated soil nematodes that were preserved in Siberian permafrost for potentially thousands of years, and initial morphological observations provisionally described them as belonging to the genera *Panagrolaimus* and *Plectus*. Previous studies demonstrated several species of *Panagrolaimus* can undergo cryptobiosis in the form of anhydrobiosis (through desiccation) and cryobiosis (through freezing)[19,20,21,22,23]. In various nematodes, entry into anhydrobiosis is often accompanied by a preparatory phase of exposure to mild desiccation, known as preconditioning[21,24]. This induces a specific remodelling of the transcriptome, the proteome, and metabolic pathways that enhances survival ability[2,3,25]. Some panagrolaimids evolved adaptive mechanisms for rapid desiccation where most of the cellular water is lost, while others evolved freezing tolerance, without loss of water, at sub-zero temperatures by inhibiting the growth and recrystallisation of ice crystals[21]. However, the genetic and biochemical mechanisms of long term cryptobiosis in these organisms have not yet been investigated in detail.

Here we present a high-quality genome assembly and a detailed morphological, phylogenetic analysis and define a novel species, *Panagrolaimus kolymaensis*. Precise radiocarbon dating indicates that *Panagrolaimus kolymaensis* remained in cryptobiosis for about 46,000 years, since late Pleistocene. Furthermore, making use of the powerful model

organism *C. elegans*, we demonstrate that *Panagrolaimus* and *C. elegans* dauer larvae utilize

similar adaptive mechanisms to survive extreme desiccation and freezing, i.e. upregulation of

trehalose biosynthesis and gluconeogenesis.

Results

Discovery site and radiocarbon dating

Previously, we showed that nematodes from the Siberian permafrost with morphologies

consistent with the genera *Panagrolaimus* and *Plectus* could be reanimated thousands of years

after they had been frozen in the permafrost. Several viable nematode individuals were found

in two out of more than 300 studied samples of permafrost deposits of different ages and

genesis, collected by researchers of the Soil Cryology Lab, Pushchino, Russia, in the course of

perennial paleo-ecological expeditions carried out in the coastal sector of the northeastern

Arctic[17]. The detailed description of the study site (outcrop Duvanny Yar, Kolyma River,

Fig.1A), sampling and revitalizing procedures are provided in Supplementary Information (SI).

Like other late Pleistocene permafrost formations in the northeastern Arctic, Duvanny Yar

comprises permanently frozen ice-rich silt deposits riddled with large polygonal ice wedges

and divided by them into mineral blocks[26,27] (Fig.1B). The sediments include sandy alluvial

layers, peat lenses, buried paleosols and Pleistocene rodent burrows (Fig.1C). The burrow (P-

1320), in which *Panagrolaimus* nematodes were found (Fig.1D), has been taken from the

frozen outcrop wall at a depth of about 40 m below the surface and about 11 m above river

water level in undisturbed and never thawed late Pleistocene permafrost deposits. The fossil

burrow left by arctic gophers of the genus *Citellus* consists of entrance tunnel and a large

nesting chamber up to 25 cm in diameter [26].

The sterility of permafrost sampling and age of cultivated biota were discussed in detail

in several reviews[14,28, 29]. Based on previous reports, the age of the organisms found in a burrow

is equal to the freezing time and corresponds to the age of organic matter conserved in the

syncryogenic sediments. This makes it possible to use radiocarbon dating of organic matter to

establish the age of organisms. We performed Accelerator Mass Spectrometry (AMS)

radiocarbon analysis of plant material obtained from studied borrow P-1320 and determined a

direct ^{14}C age of 44,315±405 BP (Institute of Geography, RAS; sample IGAN$_{AMS}$ 9137).

Calibrated age range is 45,839 – 47,769 cal BP (95.4% probability) (Fig.S1).

Like other parthenogenetic *Panagrolaimus* the newly discovered species is triploid

The revived animal was cultivated in the laboratory for over 100 generations and initially described as *Panagrolaimus* aff. d*etritophagus*[4] based on morphology. We conducted a detailed morphological analysis of the revived animal (Fig.2, S2, Table S1; see SI for details), which confirmed unambiguously that the animal belongs to the genus of *Panagrolaimus*, in agreement with a previous phylogenetic analysis of the 18S ribosomal RNA sequence[4]. However, due to the morphological uniformity of *Panagrolaimus*, unusual even for nematodes, morphology and molecular analysis of a single ribosomal RNA sequence is insufficient to describe a species. We found the species to be parthenogenetic, which further complicates description under most species concepts.

To obtain comprehensive molecular data for species determination using phylogenomics, we generated a genome assembly. Using PacBio HiFi sequencing, we generated 84X coverage in long reads (average length 14,425 bp). Our analysis of repeat and gene content is described in Supplementary Table 3. K-mer analysis of the reads clearly indicated that this animal has a triploid genome (Fig.3A), similar to other parthenogenetic *Panagrolaimus* species[30]. Despite the challenges that a triploid genome poses for assembly, we obtained a highly-contiguous contig assembly of the three pseudohaplotypes that comprise about 266 Mb and thus have a similar genome size as other parthenogenetic *Panagrolaimus* species[30]. The contig N50 value of all three pseudohaplotypes is 3.8 Mb. Since the three pseudohaplotypes exhibited a noticeable degree of divergence, we further investigated their relationship by using the apparent homeologs in our gene predictions to align long continuous contigs based on micro synteny (Fig. 3B). Links between the contigs clearly shows the triploid state of the genome.

Phylogenomics to define *Panagrolaimus kolymaensis* sp. nov.

To place the species in the genus *Panagrolaimus*, we conducted a broader multi-gene phylogenomic analysis using Maximum likelihood methods. Our analysis of a concatenated, partitioned alignment of 60 genes, and a coalescence-based approach using a broader set of 12,295 gene trees, retrieves the novel species as sister to all other sequenced *Panagrolaimus* species, but as an ingroup to *Propanagrolaimus*[31] (Fig.3C; Fig. S3B-C). Thus, the phylogenetic placement provides strong evidence that this animal belongs to a novel species. Further supporting this, there is substantial sequence divergence between this novel species, and *Panagrolaimus* sp. PS1159 and *Panagrolaimus* sp. ES5, estimated to be on average 2.06 and 2.11 amino acid substitutions per site in our concatenated alignment, respectively. The

substantial divergence is in line with previous data on ages of *Panagrolaimus* nematodes[30], and

more broadly seen in nematodes, which can be hyper-diverse[32,33]. Our data also contradicts the

assumption that parthenogenesis is monophyletic trait[30] in the *Panagrolaimus* genus (Fig.3C).

Based on the Kolyma River location where the animal was unearthed, we propose the following

taxonomic classification and species name:

Phylum Nematoda Potts, 1932

Class Chromadorea Inglis 1983

Suborder Tylenchina Thorne, 1949

Family Panagrolaimidae Thorne, 1937

Panagrolaimus kolymaensis sp. nov.

C. elegans dauer larvae and P. kolymaensis utilize similar mechanisms to enter and

remain in cryptobiotic state for prolonged periods of time

In the absence of established genetic methods in *P. kolymaensis* we referred to *C. elegans* as a

powerful model system to gain insights into possible pathways for long term survival[3,4,24,25].

The high-quality genome of *P. kolymaensis* allowed us to compare its molecular toolkit for

cryptobiosis with that of *C. elegans*. We used orthology clustering and phylogenetics to

investigate whether the genome of *P. kolymaensis* contains genes previously implicated in

cryptobiosis in the *C. elegans* dauer larva. Our analysis showed that the *P. kolymaensis* genome

encodes orthologs to a *C. elegans* trehalose phosphate synthase gene (*tps-2*) and to a trehalose

phosphatase gene (*gob-1*) (Fig. 3D, supplementary file Orthology analysis). Furthermore, we

found orthologs to all *C. elegans* enzymes required for polyamine biosynthesis, the TCA cycle,

glycolysis, gluconeogenesis, and glyoxylate shunt (Fig.3D, supplementary file Orthology

analysis) suggesting that *P. kolymaensis* utilizes a similar molecular tool kit as *C. elegans* to

facilitate survival of unfavorable conditions.

Our earlier findings established that among several developmental stages of *C. elegans*,

only the dauer larva, formed during unfavorable conditions (such as low nutrients and high

population density) could survive anhydrobiosis and freezing[4,24]. To survive extreme

desiccation, *C. elegans* dauer larvae need to be first preconditioned at high relative humidity

(98% RH) for 4 days[24]. During preconditioning, dauer larvae upregulate trehalose biosynthesis

that ensures their survival to harsh desiccation[24,25]. We tested whether preconditioning also

facilitates survival of *P. kolymaensis*. Although a small proportion of *P. kolymaensis*

individuals survive harsh desiccation and freezing without preconditioning (Fig.4A), mixed

populations of *P. kolymaensis* survive significantly (p value< 0.0001) higher to harsh

desiccation upon preconditioning (Fig.4A). Similarly, preconditioning and desiccation further enhanced survival rate of *P. kolymaensis* to freezing (-80°C). Like *C. elegans, P. kolymaensis* upregulate trehalose levels up to 20-fold upon preconditioning (Fig.4B). We previously reported that, to upregulate trehalose levels upon preconditioning, *C. elegans* dauer larva dissipate their fat reserves (Triacylglycerols) by activating the glyoxylate shunt and gluconeogenic pathway[25]. Upon preconditioning, we found that triacylglyceride (TAG) levels are significantly decreased in *P. kolymaensis* (Fig.S5A&B). To further investigate whether the acetyl-CoA derived from degradation of TAGs culminate in trehalose, we applied the previously developed method of metabolic labelling with ^{14}C-acetate in combination with 2D-TLC [4,25]. As shown in Fig. 4C, preconditioning led to huge increase of radioactivity in trehalose and to smaller extent in some amino acids (glycine/serine, phenylalanine; panels c and d). Interestingly, *P. kolymaensis* displayed an additional spot (Fig. 4D, enumerated as 7), that was not found in *C. elegans*, which we identified as trehalose-6-phosphate (Fig.S5C-H), an immediate precursor of trehalose, using mass spectrometry. Thus, to resist harsh desiccation, like *C. elegans*, *P. kolymaensis* utilizes glyoxylate shunt and consequently acetate derived from TAGs to synthesize trehalose. Detection of the immediate precursor (trehalose-6-phosphate) suggests the flux of metabolites is intense in the latter.

Finally, we investigated whether *C. elegans* can also survive in prolonged cryptobiotic state. Despite of preconditioning, the survival ability of desiccated dauer larvae at room temperature declines very rapidly, with most larvae dead after around 10 days (Fig. 4E) (Fig. S4A&B). Direct freezing at -80℃, leads to almost instant death of the animals. To test whether combining these conditions could extend the viability of dauer larvae (Fig. S4A&B), we transferred the desiccated larvae to -80℃. Remarkably, under these conditions, there was no significant decline in viability even after 480 days (Fig. 4E). Moreover, after thawing, the animals resumed reproductive growth and produced progeny in numbers like those of animals kept under control conditions (Fig. 4F). Since no reduction in survival was observed at any time point in extended experiments, these results suggest that the combination of anhydrobiosis and freezing can prolong the survival ability of dauer larvae. Thus, *C. elegans*, when exposed to combination of cryptobiotic states can survive for extremely long periods of time.

Discussion

Our findings here demonstrate the ability of the nematodes to survive in suspended animation for geological time scales. Along with the adaptive mechanisms of an organism, a naturally preserving ecosystem would synergistically aid the survival for prolonged periods. The Siberian permafrost is a unique repository for preserving organisms in sub-zero temperatures for millions of years. Expeditions in the past decade revived several organisms across various taxa from the Siberian permafrost[5,34,35,36]. The possibility to exploit permafrost as a source for reanimating multicellular animals was recognized already in 1936. A viable Cladocera crustacean *Chydorus sphaericus* preserved in the Transbaikalian permafrost for several thousand years[37,38] was discovered by P.N. Kapterev, who worked at the scientific station Skovorodino as a GULAG prisoner. Unfortunately, this extraordinary observation remained unnoticed for many decades.

The new species can now be placed into the genus *Panagrolaimus*[39], which contains several described and undescribed parthenogenetic and gonochoristic species and strains[30,40]. Many *Panagrolaimus* display adaptation to survival in harsh environments[21] and the genus includes the Antarctic species *P. davidii*[22]. The genus *Panagrolaimus* is exceptional in its morphological uniformity even among nematode species that are hard to classify based on morphology in general. Thus, species designation via microscopic (including SEM) analysis is unreliable, which is further complicated by the absence of males in parthenogenetic species makes. Males have important diagnostic features as spicules and pericloacal papillae, females differ from one species to another mainly by morphometrics, whereby the interspecies differences (absolute measures and ratios) may be very fine. Our specimens are close by absolute sizes and ratios to females of the bisexual species *Panagrolaimus detritophagus*[41]. The only non- overlapping morphometric character is index "b" (body length: pharynx length): 5.6–6.8 in *P. kolymaensis* versus 4.4-5.1 in *P. detritophagus*.

Consequently, we turned to phylogenomics methods to place the species on the tree. This showed that species is an outgroup to other known *Panagrolaimus* species, raising for the possibility of a second independent evolution of parthenogenesis in the genus, in contrast to previous findings[40,31,30]. This will need to be confirmed through further sampling and genome sequencing of *Panagrolaimus* species. We found *P. kolymaensis* to be triploid and thus a hybrid origin is possible, as seen in other parthenogenetic *Pangrolaimus*[30]. The highly contiguous genome of *P. kolymaensis* will allow for analyses of this trait in comparison to other *Panagrolaimus* species currently being genome sequenced. The successful phylogenomic

species identification we conducted here demonstrates the utility of this method for
morphologically hard to identify species, in particular when the additional data yielded by a
fully sequenced genome are considered.

Our results provide a deeper insight into the homology of molecular and biochemical
mechanisms between *C. elegans* and *P. kolymaensis*, which are not only taxonomically but
also ecologically distinct. *C. elegans* can mostly be found in rotting fruits and plants in
temperate regions[42,43], while *Panagrolaimus* species are globally distributed and prevalent in
leaf litter and soil[40], including in harsh environments[21]. We show through orthology analysis
that the well-studied molecular pathways used by *C. elegans* larvae to enter the dauer state,
such as insulin[44,45] (DAF-11, DAF-2 & DAF-16), TGF-β[46] (DAF-7), steroid[47] (DAF-9, DAF-
12) are present in the genome of the *P. kolymaensis* (Fig.S4C). While further functional
analyses are needed to study molecular pathways detail, our results hint at convergence or
parallelism in the molecular mechanisms organizing dauer formation and cryptobiosis.

As mentioned earlier preconditioning enhances the survival of *P. kolymaensis* to
desiccation and freezing. We previously reported that preconditioning induces trehalose
upregulation in *C. elegans* dauer larvae and the elevated trehalose renders desiccation tolerance
by protecting the cellular membranes[24]. It is not surprising that *P. kolymaensis* upregulates
trehalose, however the magnitude of trehalose elevation is higher than *C. elegans* dauer larvae.
This indicates that central regulators (DAF-16, DAF-12) of trehalose upregulation may
differentially regulate *tps-2* in *P. kolymaensis*[48,49]. Although *P. kolymaensis* utilizes glyoxylate
shunt and gluconeogenesis to upregulate trehalose levels, it is intriguing to observe that they
accumulate substantial levels of trehalose-6-phosphate. Further investigation of this
observation using perturbation experiments will provide insights into metabolic regulation in
P. kolymaensis upon preconditioning. Our findings for the first time demonstrate that *C.*
elegans dauer larvae possess an inherent ability to survive freezing for prolonged periods if
they undergo anhydrobiosis. It is tempting to speculate that undergoing anhydrobiosis might
be a survival strategy of *C. elegans* to survives seasonal changes in nature.

In summary our findings indicate that by adapting to survive cryptobiotic state for
short time frames in environments like permafrost, some nematode species gained the potential
for individual worms to remain in the state for geological timeframes. This raises the question
whether there is an upper limit to the length of time an individual can remain in the cryptobiotic
state, potentially only limited by drastic changes to the environment such as strong fluctuations
in ambient temperature, natural radioactivity, or other abiotic factors. These findings have

implications for our understanding of evolutionary processes, since generation times could be
stretched from days to millennia, species ages might be much longer than anticipated, and long-
term survival of individuals of species can lead to the refoundation of otherwise extinct lineages.
Finally, understanding the precise mechanisms of long-term cryptobiosis and cues that lead to
successful revivals can inform new methods for long term storage of cells and tissues.
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Methods:

Materials and *C. elegans* strains

[1-14C] -acetate (sodium salt) from Hartmann Analytic (Braunschweig, Germany). All other chemicals were purchased from Sigma-Aldrich (Taufkirchen, Germany). The *Caenorhabditis* Genetic Centre (CGC) provided *daf-2(e1370)* and *E. coli NA22* strains.

Genomic DNA isolation from *Panagrolaimus kolymaensis* nematodes

P. kolymaensis nematodes were grown on several plates of NGM agar plated with *E. Coli NA22* bacteria at 20°C. Worms were collected from the plates, washed with water at least three to five times by centrifugation at 1000 g to remove any residual bacteria and any debris. The worm pellet was dissolved in 5 volumes of worm lysis buffer (0.1M Tris-HCl pH=8.5, 0.1M NaCl, 50mM EDTA pH=8.0) and distributed in 1.5 ml of microcentrifuge tubes. These tubes are incubated at -80°C for 20 minutes. 100 µl of Proteinase 'K' (20 mg/ml) was added to each tube and they are incubated at 60°C overnight. 625 µl of cold GTC buffer (4M Guanidinium Thiocynate, 25mM Sodium citrate, 0.5% (v\v) N-lauroylsarcosine, 7%(v/v) Beta Mercaptoethanol) was added to the tube, incubated on ice 30 min, and mixed by inverting every 10 min. 1 volume of phenol–chloroform-isoamyl alcohol (pH=8) was added to the lysate and mixed by inverting the tube 10-15 times. Tubes were centrifuged for 5 min at 10,000 g at 4 °C to separate the phases. The upper aqueous phase was carefully collected into a fresh tube. One volume of fresh chloroform was added and mixed by inverting the tubes for 10-15 times and centrifuged for 5 min at 10,000 g at 4°C to separate the phases. One volume of cold 5 M NaCl was added, mixed by inverting the tubes and incubated on ice for 15 min. After incubation these tubes were centrifuged for 15 min at 12,000–16,000 g at 4 °C. The supernatant containing the nucleic acids were slowly transferred into a fresh tube. One volume of isopropanol was added to the tube, inverted few times, and incubated on ice for 30 minutes. After incubation, the tubes were centrifuged at 3000 g for 30–45 min at 25°C and the supernatant was discarded without disturbing the pellet. The pellet was washed twice with 1 ml of 70% ethanol, tubes were centrifuged at 3000 g for 5 min and supernatant was discarded and incubated at 37°C for 10-15 min to dry the pellet. The pellet was resuspended carefully in TE buffer. The quality of the genomic DNA was analyzed with pulse field gel electrophoresis.

Genome sequencing and assembly

Long insert library has been prepared as recommended by Pacific Biscienes according to theprotocol 'Procedure & Checklist-Preparing gDNA Libraries Using the SMRTbell® Express Template Preparation Kit 2.0'. In summary, RNAse treated HMW gDNA has been sheared to 20Kb fragments on the MegaRuptor™ device (Diagenode) and 10 μg sheared gDNA have been used for library preparation. The PacBio SMRTbell™ library was size selected in two fractions (9-13kb, > 13kb) using the BluePippin™ device with cassette definition of 0.75% DF MarkerS1 3-10 kb Improved Recovery. The second fraction of the size selected library has been loaded with 95 pM on plate on a Sequel SMRT cell (8M). Sequel polymerase 2.0 has been used in combination with the v2 PacBio sequencing primer and the Sequel sequencing kit 2.0EA, runtime was 30 hours. We created PacBio CCS reads from the subreads.bam file using PacBio's ccs command linetool (version4.2.0). We obtained 8.5Gb hiqh quality CCS reads (HiFi reads) with a N50 of 14.4 Kb. We ran HiCanu (version 2.2)[39] to create the contig assembly. Blobtools (version 1.1.1,CITE:) was used to identify and remove bacterial contigs. The final triploid contig assembly consists of 856 contigs has a N50 of 3.82 Mb and a size of 266Mb. The mitochondrial genome was created with the mitoHifi pipeline (version 2, https://github.com/marcelauliano/MitoHiFi) based on the assembled contigs and the closely related reference mitochondrial genome of Panagrellus redivivus (strain: PS2298/MT8872, ENAaccession: AP017464). The mitoHifi pipeline identified 49 mitochondrial contigs ranging from 13-32Kb. The final annotated circular mitochondrial genome has length of 17467 bp.

To identify pseudohaplotypes in the *P. kolymanensis* sp. nov genome assembly, we selected the longest isoform of each predicted protein-coding gene in our assembly and in the *C. elegans* genome (downloaded from WormBase Parasite, release WBPS15) using AGAT (version 0.4.0) and clustered them into orthologous groups (OGs) using OrthoFinder (version 2.5.2). We identified OGs that contained three *Panagrolaimus* sequences (i.e. groups that were present as single-copy in all three pseudohaplotypes) and used these to identify trios of multi-megabase size contigs derived from the three pseudohaplotypes. We visualized synteny between the three pseudohaplotypes using Circos to plot the positions of each homeolog (version 0.69-8).

Genome annotation

We used RepeatModeler 1.0.8 (http://www.repeatmasker.org/) with parameter '-engine ncbi' to create a library of repeat families. This library was used with RepeatMasker 4.0.9 to soft-mask the *Panagrolaimus* genome. To annotate genes, we cross mapped protein models from

an existing *Panagrolaimus* as external evidence in the Augustus[51] based pipeline. We evaluated
the completeness of our predictions using BUSCO on the gVolante web interface.

Orthology analysis
We conducted a gene orthology analysis using genomic data from *Panagrolaimus kolymaensis*,
the plectid nematode species from the permafrost, as well as genomic data from WormBase
Parasite (https://parasite.wormbase.org; accessed 17/12/2020): *Caenorhabditis elegans*,
Diploscapter coronatus, *Diploscapter pachys*, *Halicephalobus mephisto*, *Panagrellus*
redivivus, *Panagrolaimus davidi*, *Panagrolaimus* sp. ES5, *Panagrolaimus* sp. PS1159,
Panagrolaimus superbus, *Plectus sambesii*, and *Propanagrolaimus* sp. JU765. For plectids,
genomic resources are scarce. We therefore added transcriptome data of *Plectus murrayi*,
Anaplectus granulosus, *Neocamacolaimus parasiticus*, and *Stephanolaimus elegans*. The latter
three transcriptomes were kindly provided by Dr. Oleksandr Holovachov (Swedish museum of
natural history). The *Anaplectus granulosus*, and *Neocamacolaimus parasiticus* transcriptomes
have been published [52,53]. All three transcriptomes were assembled de novo with Trinity[54]. The
exact procedures are described in the respective publications[52,53]. The *Stephanolaimus* elegans
transcriptome was assembled in the same way as described for *Neocamacolaimus parasiticus*.
The *Plectus murrayi* transcriptome was built from raw reads deposited at NCBI (https://sra-
[downloadb.be-md.ncbi.nlm.nih.gov/sos2/sra-pub-run-13/SRR6827978/SRR6827978.1](https://sra-downloadb.be-md.ncbi.nlm.nih.gov/sos2/sra-pub-run-13/SRR6827978/SRR6827978.1);
accessed 22.12.2020). The transcriptome was assembled using Galaxy Trinity version 2.9.1[55],
[54] using all default options and including in silico normalization of reads before assembly.
Transdecoder (conda version 5.5.0)[56] was used to translate to amino acid sequence. Identical
reads were removed with cd-hit version 4.8.1[57,58], and the Trinity
get_longest_isoform_seq_per_trinity_gene.pl command[56] (Trinity conda version 2.8.5)
{Anaconda Software Distribution, Conda, Version 4.9.2, Anaconda, Nov. 2020; was used, to
remove shorter isoforms. Amino acid translated longest isoforms from genomic data were
extracted with AGAT {Dainat, https://www.doi.org/10.5281/zenodo.3552717} from genome
assembly FASTA files and genome annotation GFF3 files, using the
agat_convert_sp_gxf2gxf.pl command to convert all GFF3 files to the required GFF3 format,
and the agat_sp_keep_longest_isoform.pl as well as the agat_sp_extract_sequences.pl
commands to extract amino acid translated FASTA files. The headers and names of all FASTA
files were modified to allow for simple species assignment of each sequence in subsequent
analysis. The orthology analysis was conducted with OrthoFinder v. 2.5.1[59,60] using default
settings. For genes of interest, we constructed alignments with MAFFT v. 7.475[61] using the

localpair and maxiterate (1000) functions. We removed spurious sequences and areas that were not well aligned with Trimal v. 1.4.rev22[62] (procedure stated in supplementary file Orthology analysis below each phylogeny). We then ran phylogenetic analysis with Iqtree2 v. 2.0.6[63], with -bb 1000 option, testing the model for each analysis (models eventually used stated in supplementary file Orthology analysis). We also checked for PFAM domains using Interproscan v. 5.50-84.0[64]. Part of the analysis was performed on the HPC RRZK CHEOPS of the Regional Computing Centre (RRZK) of the University of Cologne. The phylogenies were visualized with Dendroscope 3.7.6[65] and figures were created with Inkscape {https://inkscape.org}.

Phylogenomics

Sequences of 18S and 28S genes from 44 taxa across the *Propanagrolaimus*, *Panagrolaimus*, *Panagrellus* and *Halicephalobus* genera were aligned (MAFFT L-INS-I v7.475)[61], concatenated [66]and used to infer a species tree using maximum likelihood via (IQTREE)[67] and partitioned by best-fit models of sequence evolution for both[68]. Nodal support was determined using 1000 bootstrap pseudoreplicates. A further 60 genes from 101 taxa were used to confirm the taxonomic position using the supermatrix concatenation methods outlined above. Given the limitations of differential gene sampling, we expanded our phylogenomic analyses to include a coalescence approach using 12,295 ML gene trees inferred for orthogroups containing the target animal. Instances of multiple genes per species per group were treated as paralogs/orthologs and analysed using ASTRAL-Pro[69].

Desiccation survival assay

C. elegans dauer larvae desiccation assays were performed as described in. *Panagrolaimus kolymaensis* desiccation assays were performed with mixed populations of the worms.

Exposure of nematodes to extreme environments

Dauer larvae or *Panagrolaimus kolymaensis* nematodes were preconditioned and desiccated as described[24] and then transferred to elevated temperature of 34°C, freezing (-80°C) and anoxia. Anoxic environment was generated in a desiccation chamber at 60%RH by flushing the Nitrogen gas into the chamber. The concentration of oxygen inside the chamber was monitored. After each timepoint they were rehydrated with 500 µl of water for 2-3 hours. Rehydrated worms were transferred to NGM agar plates with *E. Coli NA22* as food. Survivors were counted

438 after overnight recovery. Each experiment was performed on two different days with at least
439 two technical replicates.
440

441 **Trehalose quantification from nematode lysates**
442 Trehalose measurements were performed as described in previous reports[25].
443

Radiolabeling, metabolite extraction and 2D-TLC
The above-mentioned procedures were performed according to previous reports[3,25].

Identification of trehalose-6-phosphate from TLC plates
Normalised aqueous fractions from the non-preconditioned and preconditioned samples were
separated by high performance thin layer chromatography (HPTLC), using 1-propanol-
methanol-ammonia (32%)-water (28:8:7:7 v/v/v/v) as first, dried for 15 min and 1-butanol-
acetone-glacial acetic acid–water (35:35:7:23 v/v/v/v) second dimension respectively. Using
the trehalose as a standard on both dimensions of the TLC, the regions of interest were scrapped
out from the TLCs. The scraped-out silica was extracted with 10 ml of 50% methanol twice.
The fractions were combined, dried under vacuum and dissolved in 100 µl of Ms mix solution
containing 4:2:1 (Isopropanol:Methanol:Chloroform) with 7.5 mM ammonium formate. Mass
spectrometric analysis was performed on a Q Exactive instrument (Thermo Fischer Scientific,
Bremen, DE) equipped with a robotic nanoflow ion source TriVersa NanoMate (Advion
BioSciences, Ithaca, USA) using nanoelectrospray chips with a diameter of 4.1 µm. The ion
source was controlled by the Chipsoft 8.3.1 software (Advion BioSciences). Ionization voltage
was + 0.96 kV in negative mode; backpressure was set at 1.25 psi. The temperature of the ion
transfer capillary was 200°C; S-lens RF level was set to 50%. FT MS spectra were acquired
within the range of m/z 50–750 at the mass resolution of R m/z 200 = 140000; automated gain
control (AGC) of 3×10^6 and with the maximal injection time of 3000 ms. FT MS/MS spectra
were acquired within the range of m/z 50–750 at the mass resolution of R m/z 200 = 140000;
automated gain control (AGC) of 3×10^4 and with the maximal injection time of 30 s.
465

Triacylglycerols measurement from *Panagrolaimus kolymaensis* lysates
Non-preconditioned and preconditioned pellets were lysed in 200 µl of isopropanol with 0.5
mm Zircornium beads twice for 15 min. The lysates were centrifuged at 1300 g for 5 min. The
supernatant was carefully collected without any debris, 20 µl of the lysate was used for protein
estimation. Normalization was performed according to soluble protein levels, supernatant

volumes corresponding to 50-100 μg of proteins were dried in the desiccator. 700 μl of IS
((10:3 (Methyl tert-butyl ether: ethanol)) mix (warmed to room temperature) was added to
dried samples and left on a shaker for 1 hour. The samples were centrifuged at 1400 rpm and
4°C. 140 μl of water was added and left on shaker for 15 min. These samples were centrifuged
at 13400 rpm for 15 min. The upper organic fraction was collected and transferred to 1.5 ml
glass vial and left for drying in the desiccator. The dried samples were reconstituted in
appropriate volume of 300 μl of 4:2:1 (Isopropanol:Methanol:Chloroform) and volume
corresponding 1 μg was used for injection.

LC-MS/MS analysis was performed on a high-performance liquid chromatography
system (Agilent 1200 HPLC) coupled to a Xevo G2-S QTof (Waters). The samples were
resolved on a reverse phase C18 column (Cortecs C18 2.7um from Waters) with 50:50:0.1:1%
(Water:methanol:formic   acid: 1M   Ammonium   formate)   and   25:85:0.1:1%
(Acetonitrile:Isopropanol:Formic acid:1M Ammonium formate) as mobile phase. The
following gradient program was used: Eluent B from 0 % to 100 % within 12 min; 100 % from
12 min to 17min; 0 % from 17 min to 25 min. The flow rate was set at 0.3 ml/min. The samples
were normalised according to the total protein concentration and the worm numbers. TGD
50:00:00 was used as internal standard. Skyline software was used to analyse the raw data. The
TG were extracted from Lipidmaps database.

Author contributions

AS, VG, PS, TK conceived and designed the study. AS, VG, TH, MP, AT, GH, MH, ER, PS and TK contributed to the original draft. AS performed isolation and cultivation of nematodes. VG performed desiccation survival assays, trehalose measurement, 2D-TLC of metabolites, trehalose-6-phosphate detection, combination of cryptobiosis experiments, genomic DNA isolation from *Panagrolaimus kolymaensis*, assembled the data from all the authors and prepared the figures. MP performed genome assembly. TH conducted orthology analyses and single gene phylogenies and worked on figures. AT provided morphological description, light, and scanning electron microscopy. LS analyzed the genome assembly and created figures. GMH performed the phylogenetic analyses. ST performed triacylglycerols measurements, trehalose-6-phosphate detection with suggestions from Andrej Shevchenko. MH annotated supplementary table 3. PS performed genome annotation and supervised TH and LS. EWM supervised MP and had overall responsibility for sequencing and assembly including funding it.

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Figure legends

Figure 1. Study site.

a) location of the Duvanny Yar outcrope on the Kolyma River, northeastern Siberia, Russia. b) view of the upper part of outcrop composed of ice wedges and permafrost silty deposits. c) lithostratigraphic scheme of deposits, showing location of studied rodent borrow (red circle). d) fossil rodent burrow with herbaceous litter and seeds buried in permafrost deposits; m a.r.l. = meters above river level.

Figure 2. General morphology of *Panagrolaimus kolymaensis* sp. n., female.

Scanning electron pictures (a, c), light microscopy photographs (e, f) and graphic presentations

(b, d, g) of holotype: a, b) entire body, c, d) anterior ends, e) anterior body, f) perivulvar body

region, g) tail. Abbreviations: l.f. – lateral field, ov – ovary, pro – procorpus of the pharynx,

t.b. – terminal bulb of the pharynx, u – uterus with eggs, v – vulva, v.p. – ventral pore. Scale

bars: a, d, e, f, g – 20 μm, b – 100 μm, c – 2 μm.

Figure 3. Genome assembly and phylogenomics reveals that the newly discovered *Panagrolaimus kolymaensis* species is triploid.

a) Kmer spectra of the *Panagrolaimus kolymaensis* PacBio HiFi data. Kmers of length 19 were counted using Jellyfish. b) Circos plot showing the triploid structure of the *Panagrolaimus kolymensis* genome. The relationship between eight contigs, representing 39.9 Mb (15%) of the genome, is shown. Numbers represent the contig IDs. c) Inferred species tree for all taxa. The maximum likelihood tree inferred using a concatenated supermatrix (18S and 28S genes) with bootstrap support values is displayed. All genera are represented as monophyletic clades. *Panagrolaimus kolymaensis* is highlighted in red and basal to all other *Panagrolaimus* taxa. Internal nodes, where all subsequent branches represent identical sequences, are displayed with a black star. d) *P. kolymaensis* possesses *C. elegans* gene orthologs to enzymes required for TCA cycle, glyoxylate shunt, glycolysis, gluconeogenesis, trehalose synthesis, and polyamine synthesis. Black filled circles: Ortholog presence suggested by orthogroup clustering, phylogenetic analysis, and domain architecture. White filled circles: No ortholog found via current analysis. Coloured filled circles: Presence of *P. kolymaensis* gene(s), related to several *C. elegans* genes (all genes of same colour) that are all co-orthologous to that gene (those genes). Label: *C. elegans* enzyme names and orthogroup that contains that gene according to our orthogroup clustering.

Figure 4. *C. elegans* dauer larvae and *P. kolymaensis* utilize similar mechanisms to survive cryptobiosis.

a) Survival rate of *P. kolymaensis* nematodes to desiccation and freezing (-80°C). Error bars indicate standard error of mean of two independent experiments with two technical replicates performed on two different days. Statistical comparison was performed using unpaired t test with Welch correction. n.s. p > 0.05, ****p < 0.0001. For desiccation (non-preconditioned) n = 289, freezing (non-preconditioned) n = 675, desiccation (preconditioned at 98%RH) n = 953 and freezing (preconditioned at 98%RH) n = 1295. b) *P. kolymaensis* nematodes and *daf-2(e1370)* dauer larvae upregulate trehalose levels upon preconditioning at 98%RH. Error bars indicate standard error of mean of two independent experiments with three replicates performed on two different days. Statistical comparison was performed using two-way ANOVA with Holm-Sidak's multiple comparison test, ****p < 0.0001. c-d) 2D-thin layer chromatography of ^{14}C-acetate labelled metabolites from *P. kolymaensis* that were non-preconditioned and preconditioned at 98%RH. Enumerated spots indicate trehalose (1), glucose (2), glutamate (3), glutamine (4), serine/glycine (5) and phenylalanine (6). Representative images from at least two independent experiments performed on two different days. e) Desiccated *daf-2 (e1370)* dauer larvae survive to freezing (-80°C) for an extremely long period. Error bars indicate standard error of mean of two independent experiments with two technical replicates performed on two different days. f) Brood size of desiccated dauer larvae exposed to freezing remain like that non- desiccated dauer larvae. Average brood size is the mean of seven dauer larvae per each condition. Statistical comparison was performed by using non-parametric Kolmogorov-smirnov test n.s p>0.05.

Figure S1. Calibration of a radiocarbon (^{14}C) date.

Radiocarbon date (44,315±405 BP) and calibrated age (45,839 -- 47,769 cal BP) of plant material collected from buried borrow P-1320. Radiocarbon ages were converted to calendar age equivalents with the OxCal V.4.4 program using the IntCal20 calibration curve. Pink-shaded area — radiocarbon date with standard deviation; grey-shaded area — radiocarbon date projection on the calibration curve with 95.4% probability.

Figure S3. Phylogenies inferred for genes sets using both concatenation and coalescence approaches.

a) The ploidy level was analysed with *Smudgeplot* v0.2.1[70]. KMC version 3.1.0[71] was used to count the 21-mers in the PacBio CCS reads. Then we ran *smudgeplot.py* to determine the lower and upper coverage cut-offs. These were determined to be 14 and 380. 21-mers with a coverage between 14 and 380 were filtered with kmc_tools. Then, we computed the k-mer pairs from the filtered 21-mers by running *smudgeplot.py hetkmers*. Finally, the produced a smudgeplot shows an estimated ploidy of 3. b) Species tree inferred for 12,295 gene trees using a coalescence approach. The species tree implemented using the coalescence approach with orthogroup gene trees is displayed. Novel species in this study are displayed in red. All nodes have a posterior probability of 1. c) Species tree inferred for 102 taxa. The maximum likelihood tree inferred using a concatenated supermatrix of 60 genes is displayed. Bootstrap values are only displayed for nodes with less than 100% support. The platyhelminth *Macrostum lignano* serves as an outgroup for rooting. The ancestral *Panagrolaimus*, sister to all others within the *Panagrolaimus* genus, is highlighted in red.

Figure S4. Combination of cryptobiotic states enhances survival of *C. elegans* dauer

larvae.

a) Desiccated dauer larvae manifest enhanced survival rate to heat stress (34°C). Error bars

indicate standard deviation of two independent experiments with two technical replicates. b)

Desiccated dauer larvae display enhances survival rate to anoxia. Error bars indicate standard

deviation of two independent experiments with two technical replicates. Statistical

comparison was performed by paired two tailed t-test. *p<0.05. c) *P. kolymaensis* possesses

gene orthologs to most genes implicated in dauer formation and metabolism in *C. elegans*.

Black filled circles: Ortholog presence suggested by orthogroup clustering, phylogenetic

analysis, and domain architecture. White filled circles: No ortholog found via current analysis

(in all cases these *C. elegans* genes did not cluster with any *Panagrolaimus* genes in the

orthogroup clustering). Label: *C. elegans* enzyme names and orthogroup that contains that gene

according to our orthogroup clustering.

Figure S5. *P. kolymaensis* reduces triacylglycerols (TAGs) levels and accumulates
trehalose-6-phosphate upon preconditioning at 98%RH.
a) 1D-Thin layer chromatography of acetate labelled organic fractions of non-preconditioned
(1) and preconditioned (2) *P. kolymaensis*. b) Mass spectrometric quantification of TAG levels
of non-preconditioned (1) and preconditioned (2) *P. kolymaensis*. Error bars indicate standard
deviation of two independent experiments with two technical replicates. Statistical analysis
was performed using unpaired t-test with Welch correction **$p < 0.001$. c-d) non-
preconditioned and preconditioned mass spectrum of an empty region, e-f) spot 1 (trehalose),
g-f) spot 7 (trehalose-6-phosphate) scraped out and extracted from the 2D-TLC.

Figure 1
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Figure S5
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