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1 Aryl hydrocarbon receptor-dependent and -independent pathways 2 mediate curcumin anti-aging effects

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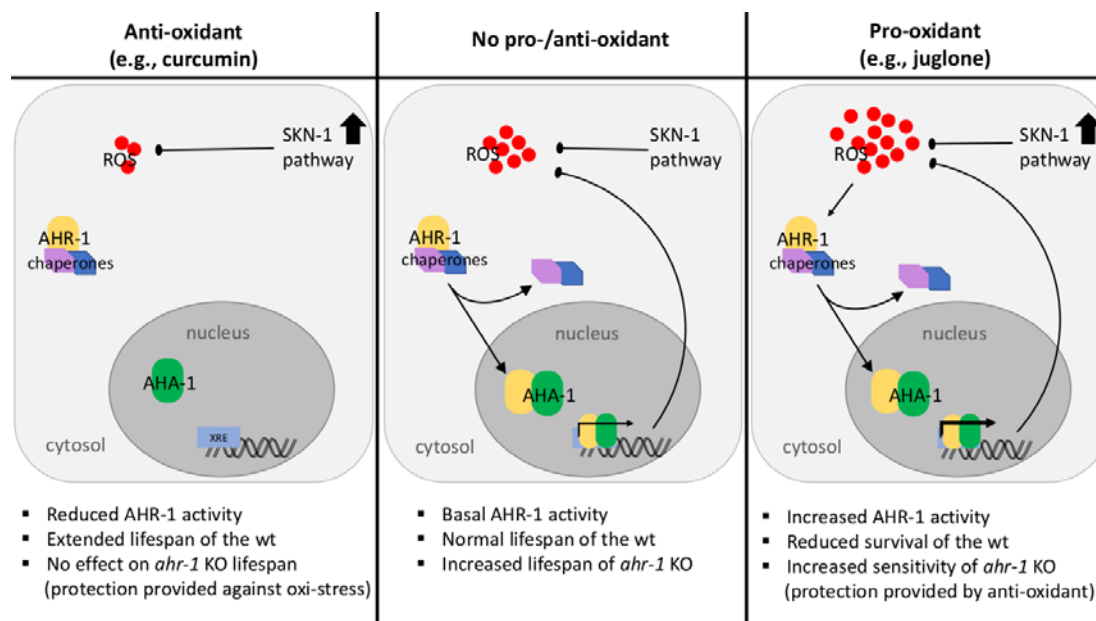
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26

27 Graphical Abstract



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29 Abstract

30 The aryl hydrocarbon receptor (AhR) is a ligand-activated transcription factor whose activity
31 can be modulated by polyphenols such as curcumin. AhR and curcumin have evolutionarily
32 conserved effects on aging. Here, we investigated whether and how the AhR mediates the
33 anti-aging effects of curcumin across species. Using a combination of *in vivo*, *in vitro*, and *in*
34 *silico* analyses, we demonstrated that curcumin has AhR-dependent or -independent effects
35 in a context-specific manner. We found that in *Caenorhabditis elegans*, AhR mediates
36 curcumin-induced lifespan extension, most likely through a ligand-independent inhibitory
37 mechanism related to its antioxidant activity. Curcumin also showed AhR-independent anti-
38 aging activities such as protection against aggregation-prone proteins and oxidative stress in
39 *C. elegans* and promotion of the migratory capacity of human primary endothelial cells.
40 These AhR-independent effects are largely mediated by the Nrf2/SKN-1 pathway.

41

42 **Keywords:** Aryl hydrocarbon Receptor, curcumin, oxidative stress, *Caenorhabditis elegans*,
43 mice, endothelial cells, *in vivo*, *in vitro*, *in silico*

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44 **Introduction**

45 The aryl hydrocarbon receptor (AhR) is a ubiquitous ligand-activated transcription factor
46 identified as a determinant for the toxicological response to 2,3,7,8-tetrachlorodibenzo-p-dioxin
47 (TCDD) in mammals (Poland et al., 1976). AhR signaling pathways have been well described
48 in mammalian cells. Briefly, unliganded AhR is localized in the cytoplasm and stabilized by
49 diverse co-factors, such as 90-kDa heat shock protein (Hsp90), the AHR-interacting protein
50 (AIP), and the chaperone p23. Binding to exogenous (e.g. TCDD) or endogenous (e.g.
51 kynurenine) ligands, promotes the translocation of this complex into the nucleus where AhR
52 dissociates from its co-factors and assembles in a heterodimer with the AHR nuclear
53 translocator (ARNT). The resulting AHR/ARNT complex binds to the xenobiotic responsive
54 elements (XREs) of a battery of responsive phase I and II detoxification genes, eventually
55 leading to the ligands' degradation (Abel and Haarmann-Stemmann, 2010). Apart from its role
56 in xenobiotic response, functions for the AhR in a variety of pathophysiological processes
57 ranging from immunity (Gutierrez-Vazquez and Quintana, 2018, Zhang et al., 2010),
58 inflammation (Vondracek et al., 2011, Hanieh, 2014), lipid and glucose metabolism (Minami et
59 al., 2008, Diani-Moore et al., 2010) to cardiovascular, liver and other organs' diseases (Yi et
60 al., 2018, Schmidt et al., 1996, Fernandez-Salguero et al., 1995, Fernandez-Salguero et al.,
61 1997) have been discovered in the last decades. Growing evidence also points to disparate
62 and seemly contradictory roles of AhR in the aging process, which could nonetheless be
63 reconciled taking into account tissue-, dose- and species-specific effects (Brinkmann et al.,
64 2020a). A negative role for AhR in aging and age-associated features has been described
65 across species (Eckers et al., 2016, Williams et al., 2014). Compared to the wild-type
66 *Caenorhabditis elegans* the AhR mutant strain, *ahr-1(ju145)*, has an extended life- and health-
67 span; in mice, AhR deficiency improves vessel function and increases activity of the nitric oxide
68 synthase and therefore, the NO bioavailability; and, finally, a positive correlation was found
69 between AhR expression and vessel stiffness middle-aged and aged human subjects (Eckers
70 et al., 2016). Furthermore, in an epidemiological study on a Chinese population AhR
71 expression was related to the incidence of coronary arterial disease (Huang et al., 2015).

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72 Of note, many compounds impacting aging or age-related diseases (Sakakibara et al., 2005,
73 Okey et al., 1984, Gao et al., 2015) can modulate AhR activity (Denison et al., 2002, Ashida
74 et al., 2000, Zhang et al., 2003). While activation of AhR by xenobiotics leads to different
75 cancers in mammals (Mandal, 2005, Marinkovic et al., 2010), dietary and environmental
76 factors were shown to have opposite AhR-dependent effects on *C. elegans*' health-span
77 (Brinkmann et al., 2020b). Among the dietary AhR modulators, polyphenols such as curcumin
78 have been largely studied for their pro-health effects. Curcumin, is a yellow pigment from
79 *Curcuma longa*, with numerous evolutionarily conserved beneficial properties, including
80 antioxidant, anti-inflammatory and anti-aging activities (Aggarwal and Harikumar, 2009).
81 Curcumin prevents protein aggregation and increases longevity in *C. elegans* and *Drosophila*
82 via modulation of protein homeostasis (Alavez et al., 2011, Liu et al., 2014, Caesar et al.,
83 2012). Moreover, when administered to an Alzheimer's Disease transgenic mouse model, it
84 significantly reduced the total amyloid-beta ($A\beta$) burden (Lim et al., 2001). In old mice,
85 curcumin restored NO-bioavailability thus reducing oxidative stress and improving endothelial
86 dysfunction and artery stiffness assessed by aortic pulse wave velocity (PWV) - one of the
87 most important clinical measurements or markers of large elastic artery stiffness (Fleenor et
88 al., 2013). Several studies in humans also showed a protective effect of curcumin on
89 cardiovascular health (Oliver et al., 2016). However, the mode of action of curcumin is still
90 largely unclear, and, more importantly, whether its beneficial health effects are mediated by
91 AhR has not been investigated (Xue et al., 2017, Jeuken et al., 2003).

92 Model organisms such as the nematode *C. elegans* have been instrumental to identify genetic
93 and environmental determinants of aging. This is due to its many advantageous properties,
94 including its easy laboratory handling, short lifespan, and the production of a large number of
95 progeny by self-fertilization. *C. elegans*' genome is completely sequenced and most of its
96 genes and pathways are evolutionarily conserved. The protein sequence of AhR is conserved
97 during the evolution and in *C. elegans* the orthologs of AhR and ARNT are encoded by the
98 AhR-related (*ahr-1*) and *ahr-1* associated (*aha-1*) genes, respectively (Powell-Coffman et al.,
99 1998). The corresponding proteins, AHR-1 and AHA-1, share about 40% of sequence identity

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100 with the mammalian ones and form a heterodimer (also with the mammalian counterparts)
101 which can bind XREs of the target genes *in vitro* (Bell and Poland, 2000). AHR-1 is mostly
102 expressed in neuronal cell types such as GABAergic neurons (Huang et al., 2004) and it plays
103 a key role in controlling neuronal development (Qin and Powell-Coffman, 2004). Unlike
104 vertebrates AhR, AHR-1 does not bind TCDD and other related xenobiotics (Powell-Coffman
105 et al., 1998, Butler et al., 2001), yet it shares with mammalian AhR common features in the
106 regulation of neuronal processes, development and fertility (Qin and Powell-Coffman, 2004,
107 Qin et al., 2006, Huang et al., 2004, Smith et al., 2013, Baba et al., 2008, Aarnio et al., 2010)
108 ultimately suggesting that the ancestral AhR was not directly involved in controlling genes for
109 degradation of toxic ligands (Hahn et al., 1997, Hahn, 2002). We thus reckoned *C. elegans* a
110 unique and powerful model system to identify and study ancestral functions of the AhR possibly
111 unrelated to its xenobiotics response.

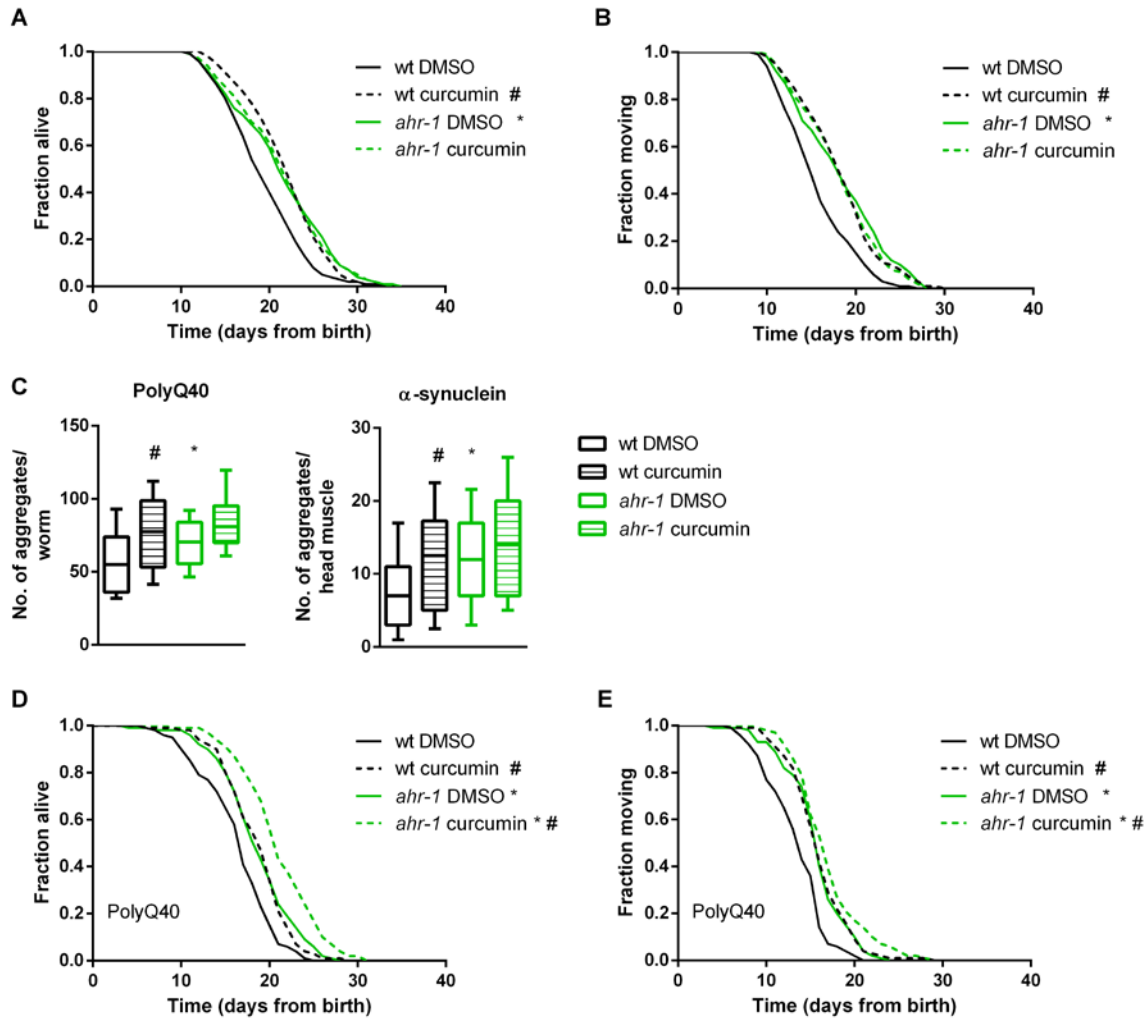
112 In this study, we investigated the role of AhR in curcumin anti-aging effects across species.
113 Through a combination of *in vivo*, *in vitro*, and *in silico* analyses we found that curcumin
114 displays different beneficial anti-aging effects through uncoupled *ahr-1*-dependent
115 and -independent mechanisms. We found that *C. elegans ahr-1*-depleted animals are long-
116 lived but more sensitive to oxidative stress. While curcumin did not further extend the lifespan
117 of the *C. elegans ahr-1* mutants it promoted their resistance to oxidative stress. Curcumin also
118 promoted antioxidant response and migratory capacity of human primary endothelial cells (EC)
119 independently of AhR, an effect that primarily relied on Nrf2/SKN-1 across species. Coupling
120 results from a cellular reporter assay and *in-silico* modeling of the AHR-1 ligand-binding
121 domain (LBD), we then showed that curcumin most likely suppressed AHR-1 activity in a
122 ligand-binding-independent manner. Notably, and in line with the data in *C. elegans* and EC,
123 curcumin and pro-oxidants displayed opposite effects on AHR-1 activity, implying curcumin
124 may modulate AHR-1 activity through its anti-oxidant capacity either directly or indirectly via
125 regulation of Nrf2/SKN-1 or other redox regulatory proteins.

126 Results

127 **Curcumin promotes healthspan in an AhR-dependent and -independent manner**

128 Loss of *ahr-1* promotes *C. elegans*' health- and lifespan in basal conditions (Eckers et al.,
129 2016) and it negatively impacts age-related traits in response to mammalian AhR modulators
130 like benzo[a]pyrene (BaP), UVB light, and microbiota (Brinkmann et al., 2020b). Dietary
131 polyphenols, such as curcumin, form an important group of mammals' AhR modulators with
132 pro-longevity effects in *C. elegans* (Liao et al., 2011, Nishiumi et al., 2007) and we thus
133 investigated the lifespan-extending effect of curcumin for its *ahr-1* dependency. Curcumin
134 reproducibly and significantly extended the life- and health-span of *C. elegans* in an *ahr-1*-
135 dependent manner (**Fig 1A, B**). Previously, we have shown that loss of *ahr-1* also extends the
136 lifespan in Huntington's disease and Parkinson's disease models, with muscle-overexpression
137 of aggregation-prone polyglutamine (polyQ40) and α -synuclein (α -syn) respectively, while at
138 the same time increasing their content of protein aggregates (Brinkmann et al., 2020b).
139 Interestingly, curcumin treatment increased the number of polyQ40 and α -syn aggregates to
140 the same extent as *ahr-1* loss of function (**Fig 1C**). Curcumin also promoted lifespan and
141 locomotory ability in these disease models (**Fig 1D, E**) but the effects of *ahr-1* loss and
142 curcumin supplementation were additive in the PolyQ background (**Fig 1D**), revealing AHR-1-
143 independent protective functions of curcumin at least in this compromised background.

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145 **Figure 1. Curcumin promotes health in an AHR-1-dependent and -independent manner.**

146 Lifespan (A) and health-span (B) curves of DMSO- or curcumin-treated wt and *ahr-1* nematodes.
147 Survival curves show pooled data of 290-300 worms/condition in 5 experiments. Statistical test: Log-
148 Rank test, #significance vs. DMSO, *significance vs. wt, Bonferroni p-value < 0.05. C) Quantification of
149 aggregates in 10-days old polyQ;wt and polyQ;*ahr-1* (left panel) or 7-days old asyn;wt and asyn;*ahr-1*
150 (right panel). Boxplots show pooled data from 59-111 worms/condition in 3 experiments. Statistical test:
151 1-way ANOVA with Tukey's multiple comparisons test, *p-value < 0.05 vs. wt, #p-value < 0.05 vs.
152 DMSO. D-E) Life-/healthspan of polyQ;wt and polyQ;*ahr-1*. Survival curves show pooled data of 180
153 worms/condition in 3 experiments. Statistical test: Log-Rank test, #significance vs. DMSO, *significance
154 vs. wt, Bonferroni p-value < 0.05.

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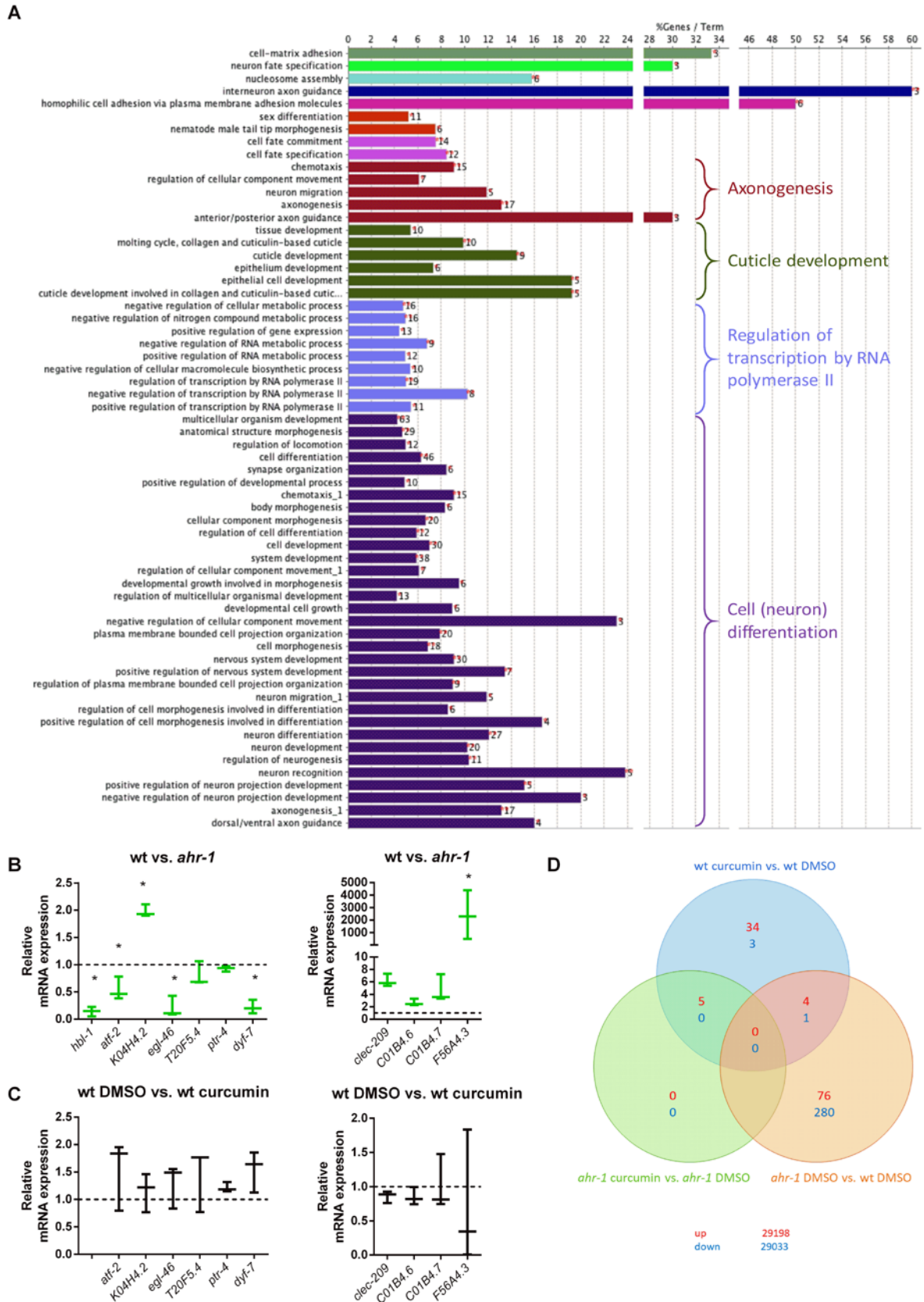
156 ***ugt-45* mediates the anti-aging effects of curcumin and *ahr-1* depletion**

157 In search of possible downstream *ahr-1*-dependent effectors of curcumin, we took targeted
158 and unbiased approaches. We examined the expression of classical mammalian AhR target
159 genes and focused on the *Cyp* genes since curcumin alters *Cyp1A1* and *Cyp1B1* expression

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160 in mammalian cells (Rinaldi et al., 2002, Choi et al., 2008). However, the quantification of 47
161 different *cyps* in *C. elegans* by semi-quantitative Real-time PCR (qPCR) revealed that only
162 *cyp-13B1* was significantly up-regulated either by *ahr-1* depletion or by curcumin in an *ahr-1*-
163 dependent manner (**Fig S1A-B**), while three other *cyps* (i.e. *cyp-13A5* and *cyp-13A8*, *cyp*-
164 *42A1*) were increased by curcumin only in the absence of *ahr-1* (**Fig S1**). These data, along
165 with other works (Brinkmann et al., 2020b, Jones et al., 2013), suggest that *cyps* are likely not
166 the major targets of *CeAhR*. This is also supported by our transcriptomic analysis in wild-type
167 and *ahr-1* mutants. Indeed, consistent with the role of AHR-1 in neuronal determination (Huang
168 et al., 2004, Qin and Powell-Coffman, 2004, Smith et al., 2013, Qin et al., 2006), the gene
169 expression changes between wild-type and *ahr-1* mutants showed enrichment in processes
170 linked to neuronal development and differentiation and no major changes in classical
171 detoxification genes (**Fig 2A**). qPCR analysis of some of the most up- and down-regulated
172 genes between *ahr-1(ju145)* and wild-type (*atf-2*, *K04H4.2*, *egl-46*, *T20F5.4*, *ptr-4*, *dyf-7*, *clec*-
173 *209*, *C01B4.6*, *C01B4.7*, *F56A4.3*) mostly confirmed their *ahr-1*-dependency in basal
174 conditions (**Fig 2B**) but neither UVB (Brinkmann et al., 2020b) nor curcumin (**Fig 2C**)
175 significantly affected the expression of these genes. We wondered whether the expression
176 changes in these genes are evolutionarily conserved and assessed their expression in different
177 tissues (i.e. brain, liver, gut, and blood) of 8- and 18-months-old wild-type and AhR KO mice.
178 Some genes showed a tendency for an increased expression in young (*atf-2* homolog) or old
179 (*lpr-4/5* homologs) mice in a tissue-specific manner, but neither obvious pattern nor conserved
180 changes were observed (**Fig S2**). These results reflect possible species-specific differences
181 or tissue-dependent AhR transcriptional activity in mammals overlooked by whole-animal
182 transcriptomic analysis in *C. elegans*.

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184 **Figure 2. Genes differentially regulated by curcumin are primarily regulated in an *ahr-1*-**
 185 **dependent manner.**

186 **A)** Gene Ontology (GO) enrichment for biological processes after GO term fusion in *ahr-1* vs. wt. **B-C)**
 187 The expression of the strongest down- and up-regulated genes between wt and *ahr-1* (Brinkmann et
 188 al., 2020b) was assessed by qPCR in wt vs. *ahr-1* (B) and DMSO- vs. curcumin-treated nematodes

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189 (C). Boxplots show data of 3 experiments. The expression is shown relative to DMSO-treated wt
190 (dashed line). Statistical test: 1-way ANOVA with Tukey's multiple comparisons test, *p-value < 0.05
191 vs. wt, #p-value < 0.05 vs. DMSO. **D)** Venn diagram of differentially expressed genes on the
192 microarray. The number of genes that were differentially up- or down-regulated between the indicated
193 conditions is shown in red and blue, respectively. The numbers in the interchanges refer to the genes
194 that occurred in both comparisons. The values in the lower right corner show the number of genes on
195 the array that were not differentially expressed.

196

197 A thorough examination of the most differentially expressed genes between *C. elegans* wild-
198 type and *ahr-1(ju145)* revealed that the expression of many of these genes is affected in
199 *C. elegans* during aging and by dietary mammalian AhR modulators (e.g. quercetin,
200 resveratrol) (Brinkmann et al., 2020b), thus suggesting a role for AHR-1 in polyphenol-
201 modulated gene expression. In line with this scenario, the microarray data showed that most
202 of the genes differentially expressed upon curcumin treatment were indeed regulated in an
203 *ahr-1*-dependent manner (**Fig 2D; Table 1**). Out of 47 genes altered by curcumin in the wild-
204 type (43 up- and 4 down-regulated), only 5 were also induced by curcumin in *ahr-1(ju145)*.
205 Among the genes regulated by curcumin in an AHR-1-dependent manner were phase II
206 enzymes and interestingly, some of them (*ugt-9* and *ugt-29*), were regulated in the same
207 direction by curcumin or by loss of *ahr-1* (**Table 1**). Thus, we checked their expression and
208 that of additional *ugts* (*ugt-45* and *ugt-57*) that were differentially expressed when applying a
209 less restrictive statistical analysis not corrected for multiple comparisons. Of the examined
210 genes *ugt-45* was increased in *ahr-1(ju145)* and by curcumin treatment (**Fig 3A, B**). We also
211 observed changes in the expression of some detoxification genes between wild-type and AhR
212 KO mice, in a tissue-dependent manner. The differential expression of those genes was
213 highest in the brain, where *Ugt2a3* (*ugt-9* and *ugt-29* in *C. elegans*) was down- and *Hpgds*
214 (*gst-4* in *C. elegans*) was up-regulated (**Fig S3A**). There was no change in the expression of
215 any of the tested genes in the liver samples of mice (**Fig S3B**). In line with the *C. elegans* data,
216 the *ugt-45* murine homolog *Ugt3a2* showed a tendency towards overexpression in the
217 intestines of Ahr KO mice (**Fig S3C**). Notably, *ugt-45* RNAi prevented the beneficial effects on
218 life- and health-span promoted by curcumin (**Fig 3C, D**) or *ahr-1* depletion (**Fig 3E, F**) indicating

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219 the two interventions may rely on jointly modulated downstream signaling to elicit their anti-
 220 aging activity.

221 **Table 1.** List of genes from the microarray analysis.

Strongest over-/under-expressed genes by curcumin in an <i>ahr-1</i>-dependent manner					
Gene/ Sequence name	Gene class^a	Molecular function^a	logFC^b	adj. P-value^c	Selected modulators^a
H43E16.1	unknown	unknown	1.53	0.021	bacterial infection, quercetin, rotenone, aging, <i>nuo-6(qm200)</i>
numr-1	Nuclear localized metal responsive	unknown	1.42	0.034	bacterial infection, quercetin, <i>spg-7</i> RNAi, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i> , aging
mul-1	Mucin-like	unknown	1.34	0.029	resveratrol, bacterial infection, <i>spg-7</i> RNAi, rotenone, paraquat, indole, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i>
oac-14	O-acyltransferase homolog	transferase activity, transferring acyl groups other than amino-acyl groups	1.24	0.085	bacterial infection, quercetin, tryptophan, rotenone, paraquat, indole, <i>nuo-6(qm200)</i>
F58B4.5	unknown	unknown	1.21	0.030	resveratrol, quercetin, <i>spg-7</i> RNAi, tryptophan, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i> , paraquat, indole,
comt-4	Catechol-O-methyltransferase	O-methyltransferase activity	1.17	0.030	pathogenic bacteria, <i>ahr-1(ju145)</i> , quercetin, rotenone, paraquat, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i> , indole, aging
F09C8.1	Ortholog of human	Phospholipase activity;	1.08	0.030	<i>ahr-1(ju145)</i> , bacterial infection,

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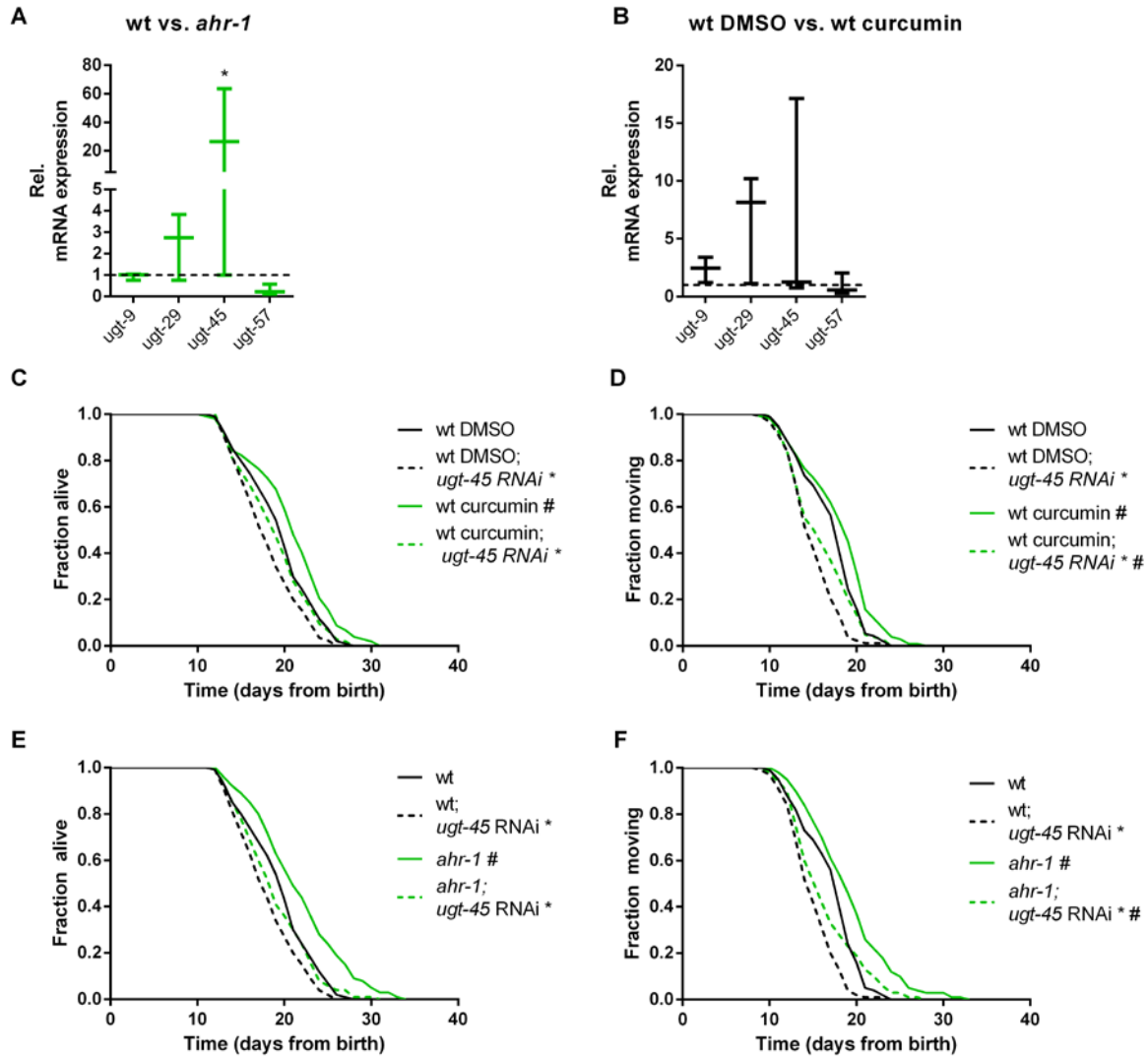
	phospholipase B1	hydrolase activity, acting on ester bonds			quercetin, rotenone, paraquat, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i> , aging
ugt-48	UDP-glucuronosyltransferase	calmodulin binding, glucuronosyltransferase activity, UDP-glycosyltransferase activity, transferase activity, transferring hexosyl and glycosyl groups	1.07	0.034	bacterial infection, rotenone, aging
cyp-13A5	Cytochrome P450	monooxygenase activity, metal ion binding, heme binding, oxidoreductase activity	1.05	0.057	bacterial infection, quercetin, <i>spg-7</i> RNAi, tryptophan, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i> , indole
T19C9.8	unknown	unknown	0.96	0.084	bacterial infection, quercetin, <i>spg-7</i> RNAi, tryptophan, paraquat, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i>
lys-7	Lysozyme	unknown	-1.54	0.084	bacterial infection, aging, rotenone, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i>
cyp-35A5	Cytochrome P450	monooxygenase activity, metal ion binding, heme binding, oxidoreductase activity, steroid hydroxylase activity	-1.08	0.087	bacterial infection, <i>ahr-1(ju145)</i> , aging, tryptophan, rotenone, <i>isp-1(qm150)</i> , <i>nuo-6(qm200)</i>
C14A4.9	unknown	unknown	-0.55	0.079	bacterial infection, quercetin, rotenone, indole
Genes regulated in the same way by curcumin or <i>ahr-1</i> depletion					
Gene/Sequence name	Gene class^a	Molecular function^a	LogFC^d	LogFC^e	
slc-17.5	Solute carrier homolog	transmembrane transporter activity	0.64	0.46	
ugt-9	UDP-glucuronosyltransferase	glucuronosyltransferase activity, transferase activity, transferring hexosyl groups	0.57	0.41	
nhr-239	Nuclear hormone receptor	metal ion binding, zinc ion binding, transcription factor activity, sequence-specific DNA binding	0.43	0.39	

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ugt-29	UDP-glucuronosyl-transferase	glucuronosyltransferase activity, transferase activity, transferring hexosyl and glycosyl groups	0.36	0.34
C14A4.9	unknown	unknown	-0.55	-0.63

222 ^aExtracted from Wormbase; ^bLogFC: logarithmic fold change; ^cAdj. p-value: adjusted p-value;
 223 ^dlogarithmic fold change wt curcumin vs. wt DMSO; ^elogarithmic fold change *ahr-1* DMSO vs. wt DMSO.

224



225

226 **Figure 3. *ugt-45* is required for the lifespan extension of curcumin and *ahr-1* mutants.**

227 **A-B**) Gene expression was assessed by qPCR in wt vs. *ahr-1* (**A**) and DMSO- vs. curcumin-treated wt
 228 nematodes (**B**). Boxplots show data of 3 experiments. The expression is shown relative to DMSO-
 229 treated wt (indicated as dashed line). Statistical test: 2-Way ANOVA with Sidak's multiple comparisons
 230 test, *p-value < 0.05 vs. wt, #p-value < 0.05 vs. DMSO. **C-D**) Effect of *ugt-45* RNAi on curcumin-mediated
 231 life-/healthspan extension in the wt. Survival curves show pooled data of 120 worms/condition in 2
 232 replicates. Statistical test: Log-Rank test, #significance vs. DMSO, *significance vs. control RNAi,
 233 Bonferroni p-value < 0.05. **E-F**) Effect of *ugt-45* RNAi on *ahr-1*-mediated life-/healthspan extension.
 234 Survival curves show pooled data of 120 worms/condition in 2 replicates. Statistical test: Log-Rank test,
 235 #significance vs. wt, *significance vs. control RNAi, Bonferroni p-value < 0.05.

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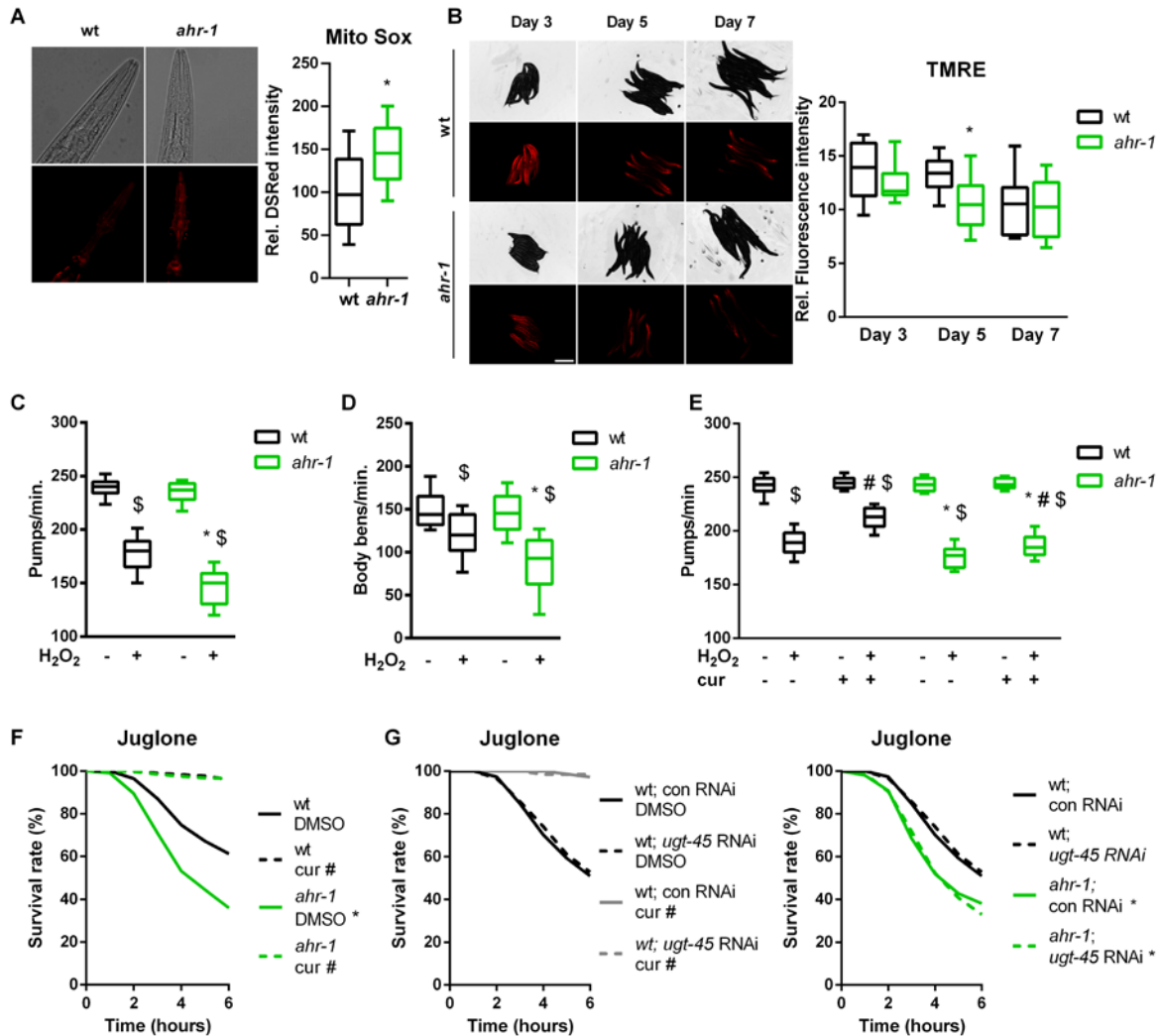
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239 **AHR-1 and curcumin independently protect against oxidative stress**

240 The beneficial properties of polyphenols are often ascribed to their ability to protect against
241 reactive oxygen species (ROS) (Bors et al., 1990, Sandoval-Acuna et al., 2014). Since AhR is
242 involved in oxidative stress-mediated processes (Wang et al., 2019, Kubli et al., 2019, Shi et
243 al., 2021) we wondered whether curcumin may impact animals' physiology via AhR-regulated
244 antioxidant responses. We observed that *ahr-1* mutants produce more mitochondrial(mt)ROS
245 and have a reduced mitochondrial membrane potential (**Fig 4A, B**), two parameters correlating
246 with longevity (Bazopoulou et al., 2019, Lemire et al., 2009). While consistent with the
247 mitohormesis paradigm *ahr-1(ju145)* produce slightly more mtROS and live longer, these
248 animals were more sensitive to oxidative stress than the wild-type. Specifically, the detrimental
249 effect induced by juglone and H₂O₂ on animals' pumping, motility and survival was significantly
250 stronger in *ahr-1(ju145)* compared to wild-type (**Fig 4C-F**). These data suggest that AHR-1
251 depletion has beneficial mitohormetic effects in basal conditions, while its presence is required
252 for oxidative stress protection thus uncoupling two often correlating age-related parameters,
253 namely lifespan and stress resistance. Instead, curcumin significantly improved H₂O₂ and
254 juglone resistance in both wild-type and *ahr-1* mutants (**Fig 4E, F**), suggesting that curcumin
255 elicits an *ahr-1*-independent antioxidant response. Consistent with the uncoupled regulation of
256 lifespan and oxidative stress resistance, *ugt-45* silencing did not affect sensitivity to oxidative
257 stress either of *ahr-1* mutants or curcumin-treated animals (**Fig 4G**). Thus, curcumin has pro-
258 longevity effects via *ahr-1* and *ugt-45* but protects against oxidative stress through *ahr-1*-
259 independent mechanisms.

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260

261 **Figure 4. AHR-1 and curcumin independently protect against oxidative stress.**

262 **A)** Representative images (left) and DSRed intensity quantification (right) in MitoSOX-stained wt or *ahr-1*
 263 nematodes. Boxplots show pooled data from 129-135 worms/condition in 3 experiments. **B)** The
 264 mitochondria membrane potential was assessed by TRME staining in nematodes of indicated ages.
 265 Representative images (left) and the quantification of the TMRE fluorescence intensity (right) are presented.
 266 Boxplots show pooled data from 3 experiments. **C-D)** Pharyngeal pumping activity (**C**) and motility (**D**)
 267 of wt and *ahr-1* mutants after H₂O₂ treatment. Boxplots show pooled data from 39-54 (C) or 35-36
 268 worms/condition (D) in 3-4 experiments. *p-value < 0.05 vs. wt, \$p-value < 0.05 vs. control treatment,
 269 statistical test: 1-way ANOVA with Tukey's multiple comparisons test. **E)** Pharyngeal pumping of
 270 curcumin-treated nematodes after H₂O₂ treatment. Boxplots show pooled data from 32 worms/condition
 271 in 2 experiments. *p-value < 0.05 vs. wt, #p-value < 0.05 cur vs. DMSO treatment, \$p-value < 0.05 H₂O₂
 272 vs. control statistical test: 2-way ANOVA with Tukey's multiple comparisons test. **F)** Influence of
 273 curcumin on juglone-induced toxicity. Survival curves show pooled data of 500 worms/condition in 20
 274 experiments. *significance *ahr-1* vs. wt, #significance curcumin vs. DMSO, Bonferroni p-value < 0.05.
 275 **G)** Effect of *ugt-45* RNAi in curcumin-fed wt and *ahr-1* worms. Survival curves show pooled data of 150
 276 worms/condition in 6 experiments. Statistical test: Log-Rank test, *significance *ahr-1* vs. wt, #significance
 277 curcumin vs. DMSO, Bonferroni p-value < 0.05. No statistical significance was observed in *ugt-45* vs.
 278 control RNAi-treated worms.

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280 **Nrf2/SKN-1 mediates the AhR-independent effects of curcumin**

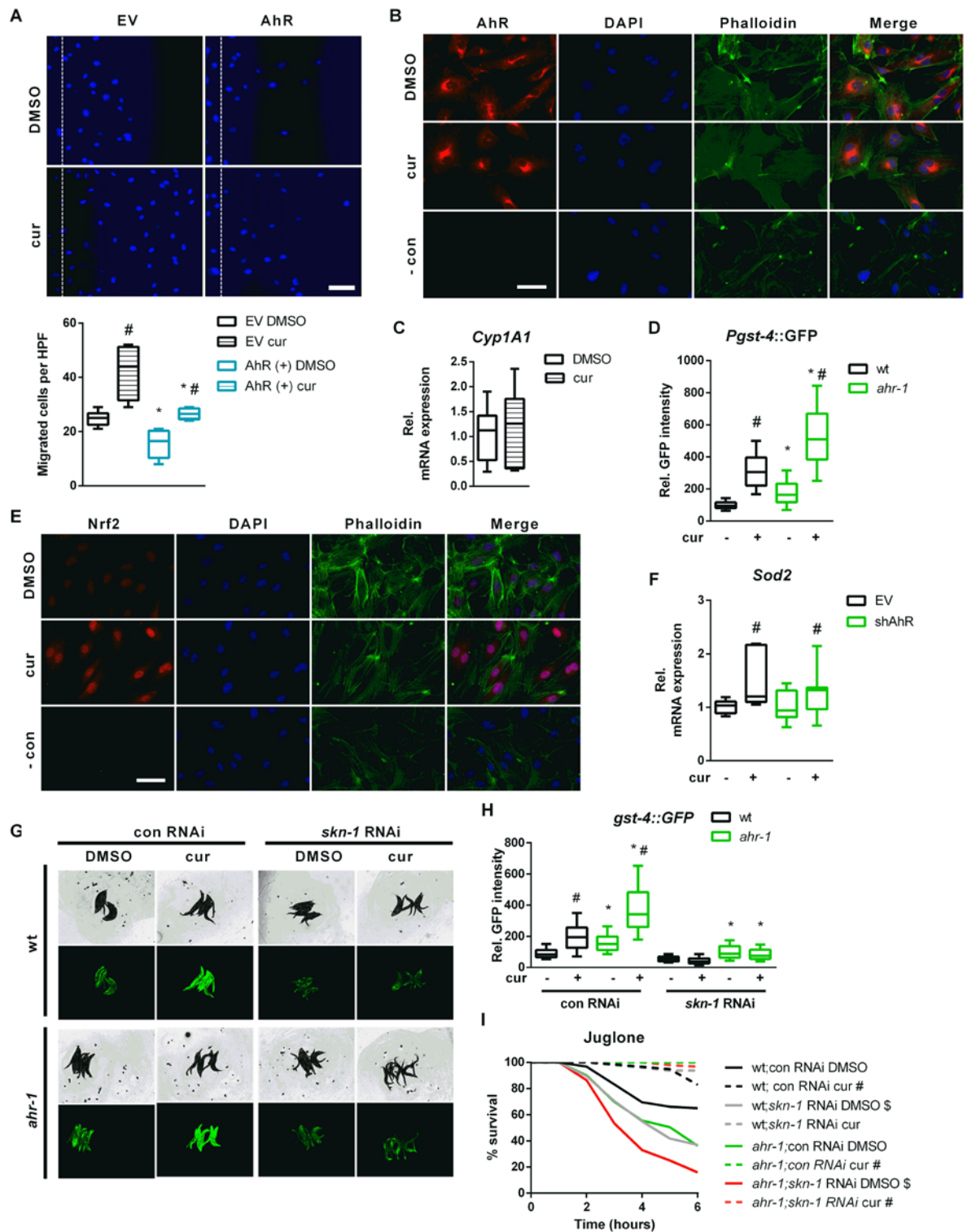
281 To further evaluate AhR-curcumin crosstalk in additional age-related features, we measured
282 the migratory capacity in human primary EC – a hallmark for vessel functionality, which
283 declines with age (Lahtenvuo and Rosenzweig, 2012) and is reduced by AhR activation
284 (Eckers et al., 2016). In line with the anti-aging activity of *ahr-1* suppression and of curcumin,
285 AhR overexpression significantly inhibited, while curcumin increased, the migratory capacity
286 of primary human EC (**Fig 5A**). Of note, the induction of migratory ability by curcumin was
287 comparable in empty vector- or AhR expression vector-transfected cells (**Fig 5A**). However,
288 migration of curcumin-treated cells was significantly reduced by AhR overexpression: curcumin
289 induces in empty vector-transfected cells up to 60 migrated cells per high power field, while in
290 AhR overexpressing cells only up to 25 cells per high power field (**Fig 5A**). These data suggest
291 that the pro-migratory effect of curcumin is modulated by AhR-independent mechanisms but
292 possibly also by a reduction of AhR activity. We next determined intracellular AhR distribution
293 and the expression of *cyp1a1* in curcumin-treated human EC. Curcumin did not affect AhR-
294 nuclear translocation (**Fig 5B**) or *cyp1a1* expression (**Fig 5C**).

295 In search of pathways modulated by curcumin in an AhR-independent manner, we turned back
296 to nematode transcriptomic profiles to find transcription factors regulating genes significantly
297 modulated by loss of *ahr-1* or by curcumin treatment in wild-type animals (**Table 1**). This *in*
298 *silico* search identified the redox transcription factor SKN-1, the ortholog of human Nrf2
299 (nuclear factor erythroid 2-related factor 2), whose activation by curcumin (Ashrafizadeh et al.,
300 2020) has been often reported as a possible mediator of its anti-oxidant activity (Chiu et al.,
301 2020, Li et al., 2021). Accordingly, the prototype *C. elegans* Nrf2/SKN-1-dependent gene, *gst-*
302 *4*, is overexpressed in the *ahr-1* mutant (Brinkmann et al., 2020b) and induced by curcumin in
303 wild-type and even more in the *ahr-1* mutant (**Fig 5D**). Moreover, curcumin increased
304 stabilization and nuclear translocation of Nrf2 in primary human EC (**Fig 5E**) and induced the
305 expression of manganese superoxide dismutase (*Sod2*) – a classic Nrf2 target gene – in the
306 cells transfected with an empty vector or in cells in which AhR has been silenced by shRNA
307 (**Fig 5F**). The lack of *Sod2* induction by AhR shRNA in EC may be due to a partial reduction

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308 (50%) in *AhR* expression (**Fig S3D**), which may not be sufficient to trigger the activation of Nrf2
309 or of additional transcription factor (TF), which in *C. elegans* might concur to the induction of
310 the *gst-4* (Detienne et al., 2016) upon complete AhR depletion. Interestingly, *Hpgds*, a homolog
311 of *C. elegans gst-4*, was significantly increased in the brain of AhR KO mice (**Fig S3A**) but it is
312 not a target of Nrf2. Further evidence for possible Nrf2/SKN-1 independent signaling activated
313 by *ahr-1* depletion is that the activation of the *gst-4* by curcumin is completely suppressed by
314 *skn-1* RNAi in the *C. elegans* wild-type, whereas *ahr-1* mutants still induce *gst-4* despite *skn-*
315 *1* depletion (**Fig 5G, H**). However, *skn-1* RNAi reduced oxidative stress resistance in both wild-
316 type and *ahr-1(ju145)* (**Fig 5I**). Unexpectedly, *skn-1* silencing did not affect the juglone
317 resistance of curcumin-treated animals (**Fig 5I**). Our data reveal a complex scenario whereby
318 curcumin promotes different anti-aging features relying either on AhR-dependent or AhR-
319 independent but Nrf2/SKN-1-dependent (and additional) signaling.

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320

321 **Figure 5. Curcumin activates Nrf2/SKN-1 independent of the AhR.**

322 **A)** Scratch wound assay in curcumin (cur)- or DMSO-treated human primary EC transfected with an
 323 empty vector (EV) or an expression vector for human AhR. Upper panel: representative pictures; the
 324 dashed line represents migration start. Scale bar: 100 μ m. Lower panel: quantification; boxplots show
 325 data of 4-6 experiments. Statistical test: 1-way ANOVA, * $p < 0.05$ vs. EV, # $p < 0.05$ vs. DMSO. **B, C)**
 326 Human primary EC were treated with cur or DMSO. **B)** Representative immunostainings: AhR is stained
 327 in red, nuclei were visualized with DAPI (blue), the cytoskeleton is counterstained with phalloidin (green),
 328 merge shows an overlay of all fluorescence channels. In the negative control (- con) the first antibody
 329 was omitted and cells were stained with Alexa 488-coupled phalloidin and DAPI. Scale bar: 50 μ m. **C)**
 330 Relative *cyp1a1* expression was assessed by qPCR. Mean expression in the DMSO-treated controls

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331 was set to 1. Boxplots show data of 7 experiments. **D)** *Pgst-4::GFP* expression in DMSO- and curcumin-
332 treated (cur) wt and *ahr-1* worms. Boxplots show pooled data of 118-138 worms/condition in 4
333 experiments. *p-value < 0.05 vs. wt, #p-value < 0.05 vs. DMSO treatment, statistical test: 1-way ANOVA.
334 **E)** Representative immunostaining images of human primary EC treated with cur or DMSO: Nrf2 is
335 stained in red, nuclei were visualized with DAPI (blue), the cytoskeleton is counterstained with phalloidin
336 (green), merge shows an overlay of all fluorescence channels. In the negative control (- con) the first
337 antibody was omitted and cells were stained with Alexa 488-coupled phalloidin and DAPI. Scale bar: 50
338 μm . **F)** Human primary EC were transfected with an empty vector (EV) or an expression vector for an
339 shRNA targeting the human AhR transcript (shAhR). Relative *sod2* expression was assessed by qPCR,
340 mean expression in the EV transfected cells was set to 1. Boxplots show data of 7 experiments. #p<0.05
341 vs. respective control. **G-H)** *Pgst-4::GFP* expression in DMSO- or cur-treated wt and *ahr-1* nematodes
342 subjected to control or *skn-1* RNAi. Representative images (G) and *gst-4*-driven GFP quantification (H)
343 are shown. Boxplots show pooled data of 103-189 worms/condition in 4 experiments. **I)** Juglone stress
344 survival in curcumin- or DMSO-treated wt and *ahr-1* nematodes subjected to control or *skn-1* RNAi.
345 Kaplan Meier survival curves show pooled data of 100 worms/condition in 4 experiments. Statistical test:
346 Log-Rank test, *significance *ahr-1* vs. wt, #significance curcumin vs. DMSO, \$significance *skn-1* vs. con
347 RNAi, Bonferroni p-value < 0.05.

348

349 **Curcumin and pro-oxidants display opposite effects on AHR-1 activity**

350 Consistent with the anti-aging effect of reduced AhR expression/activity, our data suggest that
351 curcumin may extend the lifespan of *C. elegans* by suppressing AHR-1-regulated pathways
352 through reduction of AHR-1 expression/activity or acting on common downstream signaling
353 pathways. Hence, we tried to quantify AHR-1 activity in *C. elegans* but numerous attempts to
354 evaluate AHR-1 expression and subcellular localization using antibodies (against mammalian
355 AhR or customized antibodies against CeAhR) or fluorescently-tagged reporters (OP562,
356 UL1709, ZG93), did not give meaningful evidence. Considering that AHR-1 binds to XREs *in*
357 *vitro* (Powell-Coffman et al., 1998) we thought to use XRE-driven gene expression as a readout
358 for AHR-1 activity. Thus, we turned to monkey derived Cos7 cells, which do not express
359 endogenous AhR and thus display no endogenous AhR activity (Abnet et al., 1999, Ema et al.,
360 1994) and can be exploited to monitor XRE-driven Luciferase induction as a readout for AHR-
361 1 activity (Larigot et al., *submitted along with this study*). When Cos7 cells were co-transfected
362 with vectors expressing *C. elegans* AhR/*ahr-1*, ARNT/*aha-1*, and a luciferase-coupled XRE-
363 containing promoter of the human *CYP1A1* gene (Morel and Barouki, 1998) AHR-1 showed
364 low activity in basal (vehicle-treated) conditions. Of note, treatment with curcumin or other
365 nutraceuticals that promote healthy aging in *C. elegans*, such as lutein (Maglioni et al., 2022)
366 and resveratrol (Regitz et al., 2016, Wood et al., 2004), significantly suppressed AHR-1 activity

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367 **(Fig 6A-C)**. Instead, BaP and leflunomide, known AhR activators in mammals, did not affect
368 AHR-1 activity **(Fig 6A-B)** at the concentrations we used. Notably, AHR-1 activity was
369 abolished in Cos7 cells transfected with a vector expressing the *ahr-1(ju145)* allele instead of
370 the wild-type allele **(Fig 6A-C)**, suggesting that *ju145* is a true loss-of-function allele and that
371 the measured luciferase intensity is due to functional AHR-1.

372 We then sought to investigate whether curcumin reduces the activity of AHR-1 by direct binding
373 or indirect modulation. To date, no ligands of *C. elegans* AHR-1 have been identified, and since
374 there is no available information on its LBD, we performed an *in silico* analysis to characterize
375 it. The two AHR-1 isoforms 1a and 1b were aligned and although different in length their PASB
376 domain sequence is identical. This sequence was then aligned to the PASB domain of
377 *Drosophila melanogaster*, and to those of two AhRs from vertebrates for which structural
378 models were previously generated, namely mouse (*Mus musculus*) (Motto et al., 2011), and
379 zebrafish (*Danio rerio*) (Fraccalvieri et al., 2013) **(Fig 6D)**. The alignment showed clear
380 differences between species with the main peculiarity of invertebrates bearing sequence
381 deletions in the most variable region in the PAS domain, corresponding to the flexible region
382 including the helical bundle (C α , D α , E α helices) and the short loops connecting these
383 elements **(Fig 6D, E)**. These deletions could reduce the available space in the binding cavity
384 of these AhRs. We then generated a 3D model of the AHR-1 PASB by Homology Modelling.
385 This model presents the typical PAS fold, but with a shorter D α helix compared to other AhRs.
386 However, the internal cavity has some peculiarities; it contains more hydrophobic residues and
387 is truncated in half by some internal side chains. In particular, H365 and H274 are faced and
388 could form a hydrogen bond in the middle of the cavity; moreover, the Y332, L363, and L302
389 side-chains could obstruct the cavity, reducing the internal space available for ligands **(Fig 6E)**.
390 This small and truncated cavity most likely does not allow binding of large ligands (e.g., TCDD
391 or curcumin). Similar to the AHR-1 structural model, a model of the zebrafish zfAhR1a showed
392 that the LBD cavity is truncated compared to the TCDD-binding paralogs zfAhR1b and zfAhR2
393 (Fraccalvieri et al., 2013). Small and flexible ligands, like leflunomide bind and activate the

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394 zfAhR1a but the leflunomide concentration we tested did not activate AHR-1 in our Cos7 cell
395 system (**Fig 6B**).

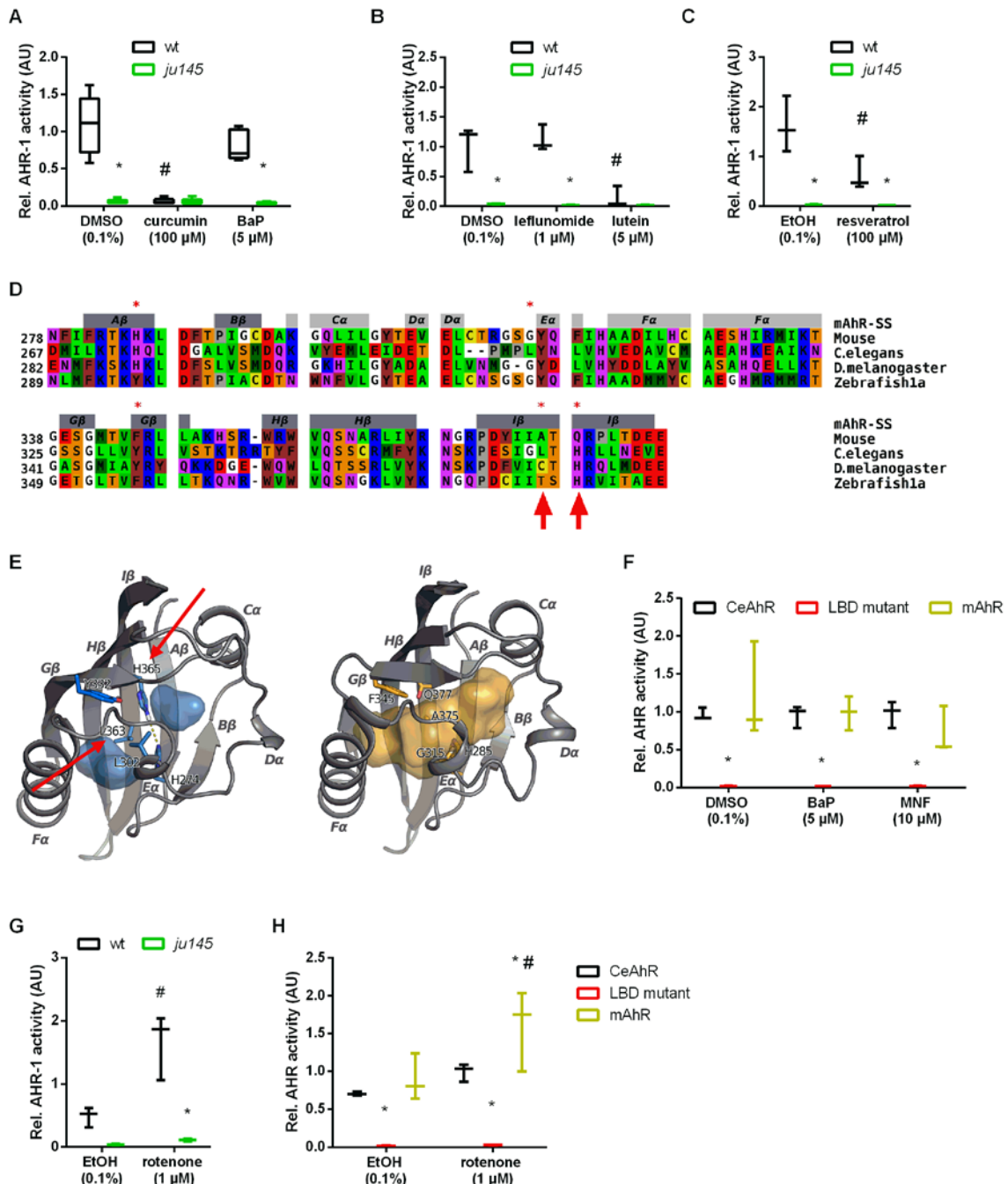
396 We then wondered whether mutations in amino acids responsible for the small cavity of the
397 LBD might allow classical ligands to activate CeAhR. The CeAhR L363 residue (**Fig 6D**)
398 corresponds to A375 in mAHR^{b-1} and V375 in mAHR^d, and this residue has a major impact on
399 ligand binding (Poland and Glover, 1975). Similarly, T386 of zfAhR1a (**Fig 6D**), matching to
400 A375 in mAHR^{b-1} and A386 in zfAhR1b and zfAhR2, contributes to the lack of TCDD binding
401 of zfAhR1a and, when mutated to alanine, restores TCDD sensitivity when Y296H is also
402 introduced (Fraccalvieri et al., 2013). The amino acid Y296 is already a histidine in *C. elegans*
403 (H274). Thus, we mutated only the leucine at the position L363 in the CeAhR vector to an
404 alanine (L363A) (**Fig 6D, E** indicated by an arrow). Moreover, we mutated the nearby histidine
405 at position H365 to glutamine (H365Q), which is Q377 in mice (**Fig 6D, E** indicated by an
406 arrow) since it likely forms a hydrogen bond with H274 and might contribute to the small cavity
407 of AHR-1 (**Fig 6E**). We then tested whether mammalian AhR ligands affect the AHR-1 activity
408 when L363 and H365 are mutated. However, these alterations, instead of restoring response
409 to xenobiotic ligands as in zebrafish (Fraccalvieri et al., 2013), abolished even the basal AHR-
410 1 activity, similar to the *ju145* allele (**Fig 6F**). These results show clear differences between
411 the LBDs of *C. elegans* and zebrafish but display that the LBD is fundamental for basal AHR-
412 1 activity. Together with previous studies (Jones et al., 2013, Powell-Coffman et al., 1998, Qin
413 and Powell-Coffman, 2004), our results suggest that AHR-1 is unlikely to be involved in the
414 classical xenobiotic-induced transactivation response which thus may not be relevant to *ahr*-
415 1-regulated physiological aging. Instead, plant-derived compounds might exert conserved
416 effects at least in part via suppression of AHR-1-modulated pathways. Our 3D model suggests
417 that curcumin does not modulate AHR-1 activity by binding its LBD. Thus, the suppression of
418 AHR-1 activity by curcumin could be due to its antioxidant effect. Consistent with this
419 possibility, and the increased sensitivity of the *C. elegans ahr-1* mutants to oxidative stress,
420 we found that AHR-1 activity is indeed increased by ROS-inducing agents. Namely, Cos7 cells
421 treated with the pro-oxidant rotenone displayed increased AhR activity when transfected with

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422 either *C. elegans* or murine AhR but not when transfected with the *ju145* allele or the allele

423 with LBD mutations (Fig 6G, H).

424



425

426 **Figure 6. Curcumin and pro-oxidants have opposite effects on AHR-1 activity.**

427 **A-C)** Evaluation of AHR-1 activity after treatment with the indicated compounds in Cos7 cells transfected
 428 with either wt AHR-1 (wt) or AHR-1 carrying the *ju145* point mutation (*ju145*) and AHA-1 as well as an
 429 XRE-inducible luciferase. Boxplots show data of 3-5 experiments. *p-value < 0.05 vs. wt, #p-value < 0.05
 430 vs. DMSO/EtOH, statistical test: 2-way ANOVA and Tukey's multiple comparisons test. **D)** Alignment of
 431 the LBDs from *C. elegans*, *Drosophila*, and zebrafish AhRs. Color scheme for residues: red, acidic; blue,
 432 basic; purple, polar; yellow, Cys; brown, aromatic; green, hydrophobic; orange, Ser, Thr; gray, Pro;
 433 white, Gly. Secondary structures attributed by DSSPcont to the *CeAhR* PASB are indicated on top (light
 434 gray bars for helices and dark gray bars for β-strands) and labeled according to the PAS domain

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435 nomenclature. Asterisks mark the amino acids likely contributing to the inability of CeAhR to bind big
436 ligands. Amino acids highlighted by an arrow were mutated for the investigation of the LBD function
437 (panels F and H). **E**) 3D models of the CeAhR (left) and the mAHR (right) PASB domains obtained by
438 Homology Modelling, shown in a cartoon representation. Secondary structures attributed by DSSPcont
439 are labeled according to the PAS domain nomenclature. The colored internal area (blue for CeAhR and
440 yellow for mAHR) defines the molecular surface of the binding cavity identified by CASTp. In the CeAhR
441 model, the amino acids protruding into the binding cavity (asterisks in panel A) are labeled and shown
442 as blue sticks. The mAHR amino acids corresponding to those displayed in the CeAhR model, are
443 labeled and shown as yellow sticks. Amino acids highlighted by an arrow were mutated for studying the
444 LBD function (panels F and H). **F**) AhR activity in BaP- or MNF-treated Cos7 cells transfected with either
445 AHR-1, an AHR-1 with L363A and H365Q mutations (LBD mutant), or mouse AhR (mAHR), as well as
446 AHA-1 and an XRE-driven luciferase. Boxplots show data of 3 experiments. Statistical analysis: 2-way
447 ANOVA and Tukey's multiple comparisons test. *p-value < 0.05 vs. wt, #p-value < 0.05 vs. DMSO. **G**)
448 Effect of rotenone on AhR activity in Cos7 cells transfected with AHR-1 (either wt or *ju145*) as well as
449 AHA-1 and an XRE-driven luciferase. Boxplots show data of 3 experiments. Statistical analysis: 2-way
450 ANOVA and Tukey's multiple comparisons test. * p-value < 0.05 vs. wt, #p-value < 0.05 vs. DMSO. **H**)
451 Effect of rotenone on AhR activity in Cos7 cells transfected with either AHR-1, AHR-1 with L363A and
452 H365Q mutations (LBD mutant), or mouse AhR (mAHR). Boxplots show data of 3 experiments.
453 Statistical analysis: 2-way ANOVA with Tukey's multiple comparisons test. *p-value < 0.05 vs. wt/AHR-
454 1, #p-value < 0.05 vs. DMSO/EtOH.
455

456 Overall, while CeAhR activation protects against oxidative stress early in life, its decreased
457 expression counteracts aging, and mediates the beneficial anti-aging effect of curcumin.
458 Curcumin may thus help balancing redox TF activation in a context- and time-dependent
459 manner and favor AhR suppression directly through its anti-oxidant effect and/or through
460 activation of Nrf2/SKN-1 (or other TF), which may concurrently mediate the anti-aging activity
461 of curcumin.

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462 Discussion

463 AhR was originally discovered in mammals for its xenobiotic response activity induced upon
464 binding of environmental toxicants or endogenous ligands but modulators not relying on ligand-
465 binding also exist but are much less investigated. *C. elegans* represents a unique model
466 organism to investigate AhR activities independent of its classical xenobiotic response since
467 CeAhR does not bind prototype AhR ligands (Powell-Coffman et al., 1998, Butler et al., 2001).
468 Using this model we identified an evolutionarily conserved function for AhR in the aging
469 process (Eckers et al., 2016) and showed that some of the mammalian AhR modulators (i.e.
470 bacteria, BaP, UVB) affect aging parameters through AHR-1 in a context-dependent manner
471 (Brinkmann et al., 2020b). Here, we followed up on our previous findings with a more
472 mechanistic investigation of AhR-regulated aging features across species by the dietary
473 polyphenol curcumin. Our combined *in vivo*, *in vitro* and *in silico* analyses revealed a complex
474 scenario: while curcumin promotes anti-aging features in nematodes and human primary EC
475 at least in part in an AhR-dependent manner, its anti-oxidant effects in both species rely on
476 AhR-independent but primarily Nrf2/SKN-1 dependent mechanisms.

477 Curcumin delayed *C. elegans*' physiological aging in an AHR-1-dependent manner. In search
478 of possible downstream *ahr-1*-dependent effectors of curcumin we employed targeted and
479 unbiased approaches and found that the majority of differentially regulated genes upon
480 curcumin treatment are regulated in an AHR-1-dependent manner. Moreover, many of these
481 genes displayed a similar expression pattern in AHR-1-depleted and curcumin-treated animals
482 suggesting curcumin is promoting lifespan extension via suppression of AHR-1 activity.
483 Surprisingly, neither the targeted nor the transcriptomic analysis indicated a major role for
484 classical AhR targets genes such as *cyps*, which instead were found largely under expressed
485 in neurons (Larigot et al., submitted along with this study). Interestingly, these findings may
486 indicate whole animals transcriptomic may mask neuronal-specific effects of AhR, in this
487 specific case through *cyps* genes. Among the differentially expressed genes, many belong to
488 phase-II-detoxification enzymes, such as *ugt-45*, which was increased by both *ahr-1* depletion
489 (and in the brain of AhR KO mice) and curcumin treatment and to mediate their lifespan

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490 extension. Instead, curcumin and *ahr-1* depletion increased the expression of another phase-
491 II-detoxification enzyme, *gst-4*, through different mechanisms: the former relaying while the
492 latter mainly independent of Nrf2/SKN-1, a classical redox TF inducing *gst-4* upon oxidative
493 stress (Kahn et al., 2008). Moreover, while curcumin induces Nrf2/SKN-1-dependent
494 responses in *C. elegans* (*gst-4* expression) and human primary EC (*Sod2* expression and
495 migratory capacity), it also protects *C. elegans* against oxidative stress in an SKN-1-
496 independent manner. In *C. elegans* curcumin cannot extend lifespan in the very sick *skn-*
497 *1(zu67)* mutants (Pecker et al., 1986), while *gst-4* can be induced in an SKN-1-independent
498 manner by EGF signaling (Detienne et al., 2016) and a crosstalk between the EGF pathway
499 and the AhR has been reported in mammals (Fritsche et al., 2007).

500 We also observed an AHR-1-independent effect of curcumin on health-span in nematode
501 models for Huntington's and Parkinson's disease respectively. In these strains curcumin
502 treatment increased the number of protein aggregates to the same extent as AHR-1 deficiency,
503 indicating either a protective effect of the protein aggregation itself and/or curcumin activation
504 of pathways protecting against protein aggregation independently of *ahr-1* depletion. The
505 influence of curcumin on protein aggregation is controversial: it was shown to inhibit fibril
506 formation but also to bind pre-fibrillar/oligomeric species of amyloidogenic proteins, thereby
507 accelerating their aggregation and reducing the overall neurotoxicity (Ahmad et al., 2017). Of
508 note, caffeine, which also protects against features of cardiovascular aging (Ale-Agha et al.,
509 2018, Spyridopoulos et al., 2008), also prevents A β -induced paralysis without decreasing A β
510 aggregates but through the activation of the protective Nrf2/SKN-1-dependent pathway (Dostal
511 et al., 2010). It will be important to assess whether the protective effect induced by curcumin
512 or *ahr-1* depletion in the *C. elegans* disease models, is mediated by mechanisms promoting
513 the removal of oligomeric/pre-fibrillar species into less toxic aggregates and/or by activation of
514 other mechanisms such as Nrf2/SKN-1, which may concurrently protect against proteotoxicity.
515 Noteworthy, detoxification enzymes may contain both XRE and ARE (antioxidant responsive
516 elements) and an interplay between Nrf2/ARE and AhR/XRE regulated signaling has been
517 described (Kohle and Bock, 2007). It will be thus interesting to clarify how curcumin promotes

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518 its different beneficial anti-aging effects through the balance between Nrf2 and AhR-regulated
519 signaling.

520 We showed that curcumin inhibits AHR-1 activity. In mammals, it was suggested the AhR
521 inhibitory effect of curcumin is mediated by direct LBD binding (Ciolino et al., 1998) or inhibition
522 of the protein kinase C that phosphorylates AhR (Nishiumi et al., 2007). Another study
523 indicated that the transcriptional activity of the AhR is dependent on cellular redox status and
524 the chromatin structure, which are both influenced by curcumin (Mohammadi-Bardbori et al.,
525 2016). While AHR-1 does not bind TCDD, it binds XRE *in vitro* (Bell and Poland, 2000) but
526 systematic studies, addressing the potential of polyaromatic hydrocarbons, or other
527 mammalian AhR ligands to modulate AHR-1, are missing primarily due to the lack of suitable
528 tools to assess that. Our studies attempt to fill this gap and, exploiting Cos7 cells expressing
529 AHR-1 coupled to luciferase assays (Larigot et al., submitted along with this study) and *in silico*
530 modeling of *C. elegans* LBD, revealed that curcumin suppresses AHR-1 activity, but likely not
531 by direct LBD binding. The *in vitro* assay used in our study confirmed CeAhR is not activated
532 through the classical xenobiotics signaling. Yet, it would not reveal activities due to AhR binding
533 to DNA sequences other than the “classical” XRE found in *Cyp1a1* such as the
534 polyphenol(quercetin)-responsive XRE found in PON1 (Guedard et al., 2004, Guyot et al.,
535 2013). Immunostaining in human primary EC also argues against curcumin inducing AhR
536 nuclear translocation, which, along with the promoting effect of the migratory capacity in AhR
537 overexpressing cells, may also indicate that curcumin suppresses AhR activity.

538 We propose the inhibitory effect of curcumin, rather than relying on AhR binding, involves its
539 antioxidant ability, which may indeed be associated with, or even depend on, the activation of
540 Nrf2/SKN-1. Mammalian AhR is activated by ROS via LBD-independent oxidative modification
541 (Wang et al., 2019) but our data show that the induction of AHR-1 activity by the pro-oxidant
542 rotenone required the LBD. An indirect mechanism of ROS-mediated AhR activation is the
543 formation of the potent AhR ligand FICZ (Smirnova et al., 2016). Yet, FICZ is a big planar
544 molecule that, according to our *in silico* model, would not fit the AHR-1 LBD. While the exact
545 mechanism by which AHR-1 activity is promoted by ROS and inhibited by curcumin (either via

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546 direct ROS quenching or indirectly via activation of Nrf2 or other antioxidants regulatory genes)
547 remains to be established, this is strongly supported by our findings: AHR-1 is activated by
548 rotenone and *ahr-1* mutants display more mtROS, reduced mitochondrial membrane potential
549 and are more sensitive to H₂O₂ and juglone as well as to UVB and BaP (Brinkmann et al.,
550 2020b), both of which produce ROS (Heck et al., 2003, Wu et al., 2015). In this context, it is
551 interesting to note that *ahr-1* mutants display mild alteration of mitochondrial functions, which
552 resemble those of mitohormesis (Ristow and Schmeisser, 2014). This suggests *ahr-1* deletion
553 (and possibly curcumin by inhibiting AHR-1) may promote health-span through mild
554 mitochondrial stress, which extends lifespan through detoxification genes similarly modulated
555 by *ahr-1* depletion (Herholz et al., 2019, Mao et al., 2019). Moreover, whether, Nrf2/SKN-1 and
556 mitochondria play a role in modulating AHR-1 activity upon curcumin treatment is an interesting
557 possibility that remains to be validated.

558 Overall, our findings suggest the ancestral function of the AhR might be in the regulation of
559 phase-II-enzymes related to antioxidant rather than xenobiotic responses. Opposite to the
560 detrimental effects induced by high levels of ROS, the beneficial effects promoted by AhR-
561 deficiency may be mediated by mild mitochondria stress and/or mild ROS production
562 (mitohormesis), which also rely on Nrf2/SKN-1. We also provide strong evidence for the
563 interaction between curcumin and the AhR. Curcumin inhibition of AhR signaling is
564 evolutionarily conserved and is likely not mediated by binding to the AhR LBD, but rather
565 through curcumin's ROS-scavenging properties or the activation of Nrf2/SKN-1. The Nrf2
566 signaling pathway can indeed be activated by curcumin in different ways (Ashrafizadeh et al.,
567 2020). Finally, our data also showed curcumin promotes anti-aging effects also in an AhR-
568 independent manner in both *C. elegans* (increased *gst-4* expression and oxidative stress
569 resistance) and human primary EC (increased Sod2 expression and migratory capacity), which
570 could also explain the additive effects of curcumin and loss of AHR-1 function on the health-
571 span of polyQ-expressing animals. Overall, curcumin may help balancing the activity of
572 different transcription factors involved in detoxification/antioxidants responses (suppress AhR

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573 and activate Nrf2) in conditions where these are altered (increase AhR and decrease
574 Nrf2/SKN-1), such as aging or age-associated disorders.

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575 Materials and Methods

576 *C. elegans*

577 *C. elegans* strains and cultivation

578 We used the following *C. elegans* strains: N2 [wild-type], CZ2485 [*ahr-1(ju145)*], NV38b [*ahr-*
579 *1(ju145); unc-54p::Q40::YFP*], NV38wt [*unc-54p::Q40::YFP*] (original strain AM141(Morley et
580 al., 2002)), NV42a [*unc-54p::alphasynuclein::YFP, ahr-1(ju145)*], NV42wt [*unc-*
581 *54p::alphasynuclein::YFP*] (original strain NL5901 (van Ham et al., 2008)), NV35a [*ahr-*
582 *1(ju145); (pAF15)gst-4p::GFP::NLS*], NV35wt [*(pAF15)gst-4p::GFP::NLS*] (original strain
583 CL2166). For maintenance, worms were kept synchronized by egg lay at 20 °C on Nematode
584 Growth Media (NGM) plates and fed with *E. coli* OP50 according to methods described in
585 (Brinkmann et al., 2020b). For the experiments, worms were synchronized on plates
586 supplemented with *E. coli* HT115(DE3) on plates supplemented with 1 mM IPTG.

587 Gene silencing by RNA-mediated interference (RNAi)

588 Gene silencing was achieved through feeding *E. coli* HT115(DE3) expressing plasmids with
589 dsRNA against specific genes (Timmons and Fire, 1998). RNAi feeding was applied
590 continuously from birth to death. For juglone resistance assay with HT115(*skn-1*) bacteria,
591 RNAi feeding was applied from L4 worms for 24 hours before transferring them to fresh juglone
592 plates.

593 *E. coli* strains and growth

594 Bacteria were grown in LB medium at 37 °C overnight. When using *E. coli* carrying vectors the
595 LB medium was supplemented with 0.01% of ampicillin and 0.0005% of tetracycline. *E. coli*
596 HT115(L4440), HT115(*ugt-45*), HT115(*skn-1*), and OP50 were obtained from the Ahringer
597 *C. elegans* RNAi library (Kamath and Ahringer, 2003).

598 Lifespan

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599 The lifespan analysis was started from a synchronized population of worms, which was
600 transferred to fresh NGM plates daily during the fertile period. After the fertile phase, the
601 animals were transferred every alternate day. Dead, alive, and censored animals were scored
602 during the transferring process. Animals were counted as dead when they did show neither
603 movement, nor response to a manual stimulus with a platinum wire, nor pharyngeal pumping
604 activity. Animals with internal hatching (bags), an exploded vulva, or which died desiccated on
605 the wall were censored. The number of dead and censored animals was used for survival
606 analysis in OASIS (Yang et al., 2011) or OASIS 2 (Han et al., 2016). For the calculation of the
607 mean lifespan and the survival curve in OASIS and OASIS 2, the Kaplan Meier estimator was
608 used, and the p-values were calculated using the log-rank test between pooled populations of
609 animals.

610 **Movement/Healthspan**

611 The movement was set as a parameter for healthy aging, and the phase of the active
612 movement is referred to as healthspan. It was assessed in the populations used for the lifespan
613 assay. Animals, which were either crawling spontaneously or after a manual stimulus, were
614 considered as moving while dead animals or animals without crawling behavior were
615 considered as not moving. Statistical analysis was done as described for lifespan.

616 **Curcumin treatment of *C. elegans***

617 Curcumin (Sigma Aldrich, C7727) was dissolved in DMSO (Carl Roth, 4720) in a concentration
618 of 100 mM and supplied to the NGM after autoclaving. The final concentration of curcumin in
619 the media was 100 μ M (0.1% DMSO). Control plates contained 0.1% DMSO. Worms were
620 treated continuously starting from eggs.

621 **Quantification of polyQ aggregates**

622 PolyQ₄₀ aggregates were visualized by fluorescence microscopy (100x magnification) in 10-
623 days old worms anesthetized with 15 mM sodium azide (Sigma, S2002). To assess the number
624 of aggregates, images were stitched using the Fiji pairwise stitching plugin (Preibisch et al.,

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625 2009) to create whole worms and the number of the aggregates was quantified in Fiji
626 (Schindelin et al., 2012) using the plugin “Analyze Particles”.

627 **Quantification of α -synuclein aggregates**

628 α -synuclein aggregates in the head muscles of 7-days old worms were visualized by
629 fluorescence microscopy (400x magnification) in worms anesthetized with 15 mM sodium
630 azide (Sigma, S2002). Pictures were segmented using Ilastik (version 1.3.0) (available on
631 <https://www.ilastik.org/>) (Sommer et al., 2011). The segmented pictures were used to analyze
632 the number of aggregates in Fiji (Schindelin et al., 2012) using the plugin “Analyze Particles”.

633 **Microarray and GO term analysis**

634 Samples from 5 independent replicates with approximately 1000 3-days old worms per
635 condition were collected, the RNA was extracted and loaded to an Affymetrix Chip. The
636 microarray raw data in the format of CEL were analyzed using the software R (version 3.4.2)
637 and Bioconductor (Huber et al., 2015). Background correction, normalization, and expression
638 calculation were performed with the oligo package (Carvalho and Irizarry, 2010) and the RMA
639 method. For quality control of the array, the package arrayQualityMetrics_3.34.0 (Kauffmann
640 et al., 2009) was used. Because of the quality measures, sample ahr-1C5 was excluded from
641 further analysis. The differentially expressed genes were identified using the limma package
642 and a linear model and moderated t-statistic with FDR to test for multiple comparisons (Ritchie
643 et al., 2015). A p-value of 0.1 was applied. The differentially expressed genes were analyzed
644 for Gene Ontology term enrichment using Cytoscape (version 3.6.0) (Shannon et al., 2003)
645 with the plugin ClueGo (version 2.5.0) (Bindea et al., 2009). The microarray data can be
646 accessed through the Gene Expression Omnibus accession no. GSE195769.

647 **ROS quantification**

648 MtROS have been detected in live wt and *ahr-1* mutants worms using MitoSOX Red
649 (ThermoFisher Scientific). Nematodes have been synchronized by egg-laying onto IPTG
650 plates using HT115(L4440) bacteria as food. 48 hours later, 50 animals at the L4 stage have

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651 been transferred onto freshly prepared 10 μ M MitoSOX Red plates seeded with UV-killed
652 HT115(L4440). The worms have been incubated in the dark at 20°C. Following 16-hour
653 incubation, they have been moved onto new NGM plates spread with live HT115(L4440) for
654 1h to remove residual dye from the intestines. For imaging, nematodes were mounted onto
655 2% agarose pad slides, anesthetized by adding 10mM levamisole and fixed by ProLong™
656 Glass Antifade Mountant (ThermoFisher Scientific). Images were acquired immediately with a
657 Zeiss Axio Imager M1 microscope (Carl Zeiss, Inc.) using a 40X objective and a DsRed Filter.
658 Afterward, the worms head region has been manually selected and the integrated intensity
659 was calculated using the imaging software Fiji (Schindelin et al., 2012).

660 **Tetramethylrhodamine ethyl ester (TMRE) assay**

661 To assess the mitochondrial membrane potential, nematodes were synchronized by egg-laying
662 on IPTG plates seeded with HT115(L4440) bacteria. On the day of the experiment, TMRE was
663 dissolved in DMSO to a concentration of 5 mM and then diluted to 30 μ M with heat-inactivated
664 HT115(L4440) (30 min, 65°C). A total of 150 μ l of this solution was added per plate and left to
665 dry in the dark for approximately 30 minutes. Sixty adult synchronous worms at 1, 3, or 5 days
666 of adulthood have been picked onto the TMRE plates prepared and left to the stain to absorb
667 for 2 hours in the dark at 20°C. After staining, worms have been transferred onto IPTG plates
668 seeded with heat-inactivated HT115(L4440) and incubated for 1 h in the dark at 20 °C, to
669 remove residual dye from the intestines. For imaging, 10 nematodes were mounted onto 2%
670 agarose pad slides, anesthetized by adding 10mM levamisole, and fixed by ProLong™ Glass
671 Antifade Mountant (ThermoFisher Scientific). For each experimental run, 5 slides have been
672 prepared per group. Images were acquired immediately with a Zeiss Axio Imager M1
673 microscope (Carl Zeiss, Inc.) using a 2.5X objective and a DsRed filter. The fluorescence
674 intensity has been calculated using Fiji (Schindelin et al., 2012).

675 **Pharyngeal pumping rate and motility assay**

676 N2 and CZ2485 nematodes have been synchronized by bleaching (Shaham, 2006) and the
677 eggs were left to hatch in egg buffer (118 mM NaCl, 48 mM KCl, 2 mM CaCl₂, 2 mM MgCl₂,

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678 25 mM Hepes, pH 7.3) overnight, on orbital shaking. L1 larvae have been spotted onto NGM
679 supplemented with 1 mM IPTG and containing 0.1% DMSO or 100 μ M curcumin.
680 HT115(L4440) bacteria have been used as food. Young adult worms have been collected with
681 M9 buffer, centrifuged (300 g x 3 min), and washed twice to remove bacteria. Worms have
682 been incubated with 0-1 mM H₂O₂ (Sigma-Aldrich, 31642) (100 worms/100 μ l), for 2 hours on
683 orbital shaking. Control worms have been incubated with M9 buffer only. After 2 hours, worms
684 have been moved onto NGM supplemented with 1 mM IPTG and containing 0.1% DMSO or
685 100 μ M curcumin and seeded with HT115(L4440) bacteria as food. The pharyngeal pumping
686 rate, scored by counting the number of times the terminal bulb of the pharynx contracted over
687 a 1-minute interval (pumps/min), and the motility assay, scored by counting the number of body
688 thrash (body bends/min) in M9 buffer over a 1-minute interval, have been scored from 2 hours
689 up to 20 hours later.

690 **Acute juglone sensitivity assay**

691 N2 and CZ2485 nematodes have been synchronized by egg-laying onto NGM plates with
692 either DMSO or 100 μ M of curcumin. Plates have been supplemented with 1 mM IPTG and
693 seeded with HT115(L4440) or HT115(*ugt-45*) bacteria as food. To evaluate the effect of *skn-1*
694 RNAi, the worms have been synchronized by egg-laying onto DMSO or curcumin plates
695 seeded with HT115(L4440) bacteria. As nematodes reached the L4 larval stage, they were
696 transferred for 24h onto DMSO or curcumin plates seeded with HT115(*skn-1*) bacteria. Day 1
697 adult worms (25 worms) have been moved onto fresh NGM plates containing 200 μ M Juglone
698 and seeded with 25 μ L of 10x concentrated bacteria overnight culture. Worm survival under
699 juglone-induced oxidative stress has been checked by touch-provoked movement hourly, for
700 6 hours. Animals were scored as dead when they failed to respond to touch with a platinum
701 wire pick. Nematodes desiccated on the wall have been censored. The number of dead and
702 censored animals has been scored and the Online Application for Survival analysis OASIS 2
703 has been employed for survival analysis (Han et al., 2016).

704

705 **Quantification of the *gst-4::GFP* intensity**

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706 NV35wt and NV35a have been synchronized by egg-laying onto NGM plates supplemented
707 with 1 mM IPTG and containing 0.1% DMSO or 100 μ M curcumin. HT115(L4440), HT115(ugt-
708 45) and HT115(skn-1) bacteria have been used as food. To visualize GFP fluorescence, day
709 1 adult worms have been anesthetized with 10 mM levamisole hydrochloride solution and
710 mounted on 2% agarose pads. Images have been immediately acquired with a Zeiss Axio
711 Imager M1 microscope (Carl Zeiss, Inc., 2,5x magnification) and then analyzed using the
712 software CellProfiler. Briefly, images have been processed using a pipeline to segment worms
713 in each image from bright field microscopy and separate them from the background. Then, the
714 integrated GFP intensity has been measured per worm.

715

716 **Semi-quantitative Real-time PCR (qPCR) in *C. elegans***

717 Samples from 3 independent replicates with approximately 1000 3-days old worms per
718 condition were collected and RNA was extracted. After washing and elution, the RNA content
719 was quantified by spectrophotometry, and 1-2 μ g of RNA was used for the cDNA synthesis
720 (Omniscript RT Kit (Qiagen, 205111)). Primer pairs are listed in Table S1. For the Real-time
721 qPCR, the cDNA was diluted at 1:20 in 10 mM TRIS (pH 8.0). For the reaction, the qPCR
722 Green Core kit (Jena Biosciences, PCR-333L) or the GoTaq® qPCR kit (Promega, A6001)
723 was used. The samples were run in a MyiQ2 cycler (BioRad), and the expression of each
724 sample was measured in duplicate on the same multi-well plate. The expression was
725 calculated relative to the reference genes *act-1* and *cdc-42* using the iQ5 software. All data
726 collected were enabled for gene study according to the BioRad user instructions, and the
727 expression was calculated using the normalized expression (ddC_T). The efficiency of each
728 primer pair reaction was added for correct quantification of the normalized expression. The
729 efficiency was assessed with 1:20, 1:100, 1:500, and 1:2500 dilutions of the cDNA. From
730 normalized expression values, the fold-change compared to wild-type was calculated for each
731 replicate.

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732 **Mammalian cells**

733 **Cultivation of Cos7 cells**

734 Cos7 cells were cultivated at 37 °C and 5% CO₂ in Dulbecco's Modified Eagle's Medium
735 (DMEM (Gibco/ ThermoScientific)) with 1% pyruvate, 1% Glutamax and 10% Fetal Bovine
736 Serum (FBS (Gibco/ ThermoScientific)) and additional Penicillin (10.000 Units/ml)/
737 Streptomycin (10.000 µg/ml). As soon as the cells build a confluent cell lawn, they were
738 detached from the base by using 0.05% Trypsin/EDTA (Thermo Scientific).

739 **Transfection Plasmids**

740 We used the following plasmids for the transfection of the Cos7 cells: pcDNA3, pcDNA3-AhR-
741 1-VP16, pcDNA3-AhA-1-VP16, pcDNA3-AhR-1(ju145)-VP16, p1A1-FL, phRL-TK. The
742 plasmids are described in (Larigot et al., submitted along with this study). The p1A1-FL plasmid
743 carries an XRE-inducible luciferase, phRL-TK carries a renilla luciferase, and the pcDNA3-
744 AhR-1-VP16 and pcDNA3-AhA-1-VP16 carry sequences for the expression of the *C. elegans*
745 AHR-1 and AHA-1, respectively. For this study, we created pcDNA3-AhR-1(LBD)-VP16 by
746 site-directed mutagenesis of the pcDNA3-AhR-1-VP16 plasmid with the QuikChange II Site-
747 Directed Mutagenesis Kit (Agilent, 200523). The following primer pair was used to create an L
748 to A substitution at L363, and an H to Q substitution at H365 of AHR-1: LBD-F
749 5'-GAGAGCATCGGCGCGACCCAACGGCTGCTGAACGAG-3' and LBD-R
750 5'-CTCGTTCAGCAGCCGTTGGGTCGCGCCGATGCTCTC-3'. Super-competent XL1-Blue
751 cells were transformed with the obtained plasmid for amplification. The plasmid sequence was
752 verified by Sanger Sequencing.

753 **Transient transfection of Cos7 cells**

754 24 hours before transfection 20,000 cells/well were seeded in a 48-well plate in 400 µl DMEM
755 (+10% FBS + antibiotics) and incubated at 37 °C. Cells were then transfected with the following
756 plasmid concentrations using lipofectamine 2000 (Invitrogen): p1A1-FL (244 ng/well), phRL-
757 TK (36 ng/well), pcDNA3-AhA-1-VP16 (5 ng/well), and either pcDNA3-VP16 (10 ng/well),

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758 pcDNA3-AhR-1-VP16 (5 ng/well) or pcDNA3-AhR-1(*ju145*)-VP16 (5 ng/well) as described in
759 (Larigot et al., submitted along with this study). Lipofectamine 2000 was used in a
760 concentration of 1 µl/well and pre-incubated with the respective plasmids in DMEM for 20
761 minutes before use. For the transient transfection, Cos7 cells were incubated with the
762 lipofectamine/plasmid mix for 3 hours in DMEM (+10% FBS) without antibiotics to avoid
763 antibiotic-induced toxicity. Then, the transfection medium was removed and replaced by
764 400 µl/well DMEM (+10% FBS + antibiotics). The transfected cells were incubated at 37 °C.
765 On each plate, 2 wells of cells were not transfected and used for normalization purposes.

766 **Treatment of Cos7 cells**

767 Stock solutions at concentrations 1000-times higher than the desired treatment concentration
768 were prepared for all of the compounds. Curcumin (Sigma Aldrich), Benzo(a)pyrene (Sigma
769 Aldrich), leflunomide (Sigma Aldrich), and lutein (Sigma Aldrich), were dissolved in DMSO
770 (Carl Roth), while resveratrol (Sigma Aldrich) and rotenone (Sigma Aldrich) were dissolved in
771 ethanol (Carl Roth). 24 hours after transfection the cell culture medium of the cells was
772 replaced with a cell culture medium containing a 1:1000 dilution of the respective compound.
773 The cells were treated for 24 hours before assessing the luciferase activity.

774 **Luciferase assay (AhR activity)**

775 The AhR transcriptional activity was assessed by measuring the activity of an XRE-driven
776 luciferase (Morel and Barouki, 1998). For this, a Dual-Luciferase Reporter Assay System
777 (Promega, E1960) was used. After a 24-hour treatment, Cos7 cells were washed twice with
778 PBS and then lysed for 15 minutes at RT using the passive lysis buffer included in the Dual-
779 Luciferase Reporter Assay kit. 20 µl of the lysed cells were placed in a white 96-well plate and
780 used for luminescence measurements. The luciferin (LARII) and renilla (Stop&Glo) substrates
781 were prepared according to the manufacturer's description. The samples were loaded on a
782 luminometer (EG&G Berthold microplate Luminometer LB 96V Microluminomat plus) and the
783 substrates were attached to the tubing system of the luminometer. First, 65 µl of LARII was
784 added to each well of the sample, and the luminescence produced by the firefly luciferase was

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785 measured, then 65 μ l of Stop&Glo reagent was added and the luminescence produced by the
786 Renilla luciferase was measured. To assess AhR activity from the luminescence
787 measurements, we performed the following post-processing steps: First, the luminescence of
788 non-transfected cells was subtracted from the luminescence of each sample for background
789 correction. In the next step, we normalized the luciferase luminescence to the renilla
790 luminescence of the same sample to eliminate differences in the transfection rate and cell
791 number. Another normalization step to the pcDNA-VP16 transfected cells was performed for
792 each treatment group to remove AhR-independent effects on the XRE-driven luciferase.

793 **Cultivation of primary human EC**

794 Human primary EC(Lonza) were cultured in complete endothelial basal medium (EBM) (Lonza)
795 supplemented with 1 μ g/ml hydrocortisone, 12 μ g/ml bovine brain extract, 50 μ g/ml gentamicin,
796 10 ng/ml human epidermal growth factor, and 10% (v/v) fetal calf serum at 37 °C and 5% CO₂
797 until the third passage. After detachment with 0.05% (v/v) Trypsin/EDTA (Thermo Scientific),
798 cells were cultured in 6 cm culture dishes or 6 well culture plates for at least 18 hours before
799 transfection or treatment.

800 **Transient transfection of EC**

801 Cells were transfected as described previously (Haendeler et al., 2002). In brief, EC were
802 transfected by using SuperFect® Transfection Reagent (Qiagen, Hilden, Germany) according
803 to the manufacturer's instructions. The overexpression or knockdown of AhR was achieved
804 after 24 h or 48 h, respectively. The transfection efficiency upon overexpression was
805 approximately 40%.

806 **Scratch wound assay of EC**

807 For investigation of migratory capacity of EC scratch wound assays were performed as
808 described previously (Ale-Agha et al., 2018). In detail, wounds were set into a cell monolayer
809 with a cell scraper along a trace line. After the injury, non-attached cells were removed by
810 gentle washing. The curcumin treatment was performed directly after the wound was set.

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811 Curcumin was dissolved in DMSO and used at the final concentration of 7.5 μ M. EC migration
812 was quantified by staining the cells with 5 μ g/ml 4', 6-diamidino-2-phenylindole (DAPI; Carl
813 Roth) in PBS for 5 minutes after the cells had been fixed with 4% (v/v) paraformaldehyde for
814 15 minutes at room temperature. Images were taken using a Zeiss AxioVision Observer D1
815 fluorescent microscope using a 200-x magnification. Cells migrated into the wound from the
816 trace line were automatically counted using the particle analysis function of ImageJ 1.52a
817 (Abràmoff et al., 2004) after overlapping nuclei were separated.

818 **Immunostaining of EC**

819 EC were fixed with 4% (v/v) paraformaldehyde for 15 minutes at room temperature. After
820 permeabilization and blocking in 0.3% (v/v) Triton-X 100 and 3% (v/v) normal goat serum in
821 PBS, cells were incubated with a rabbit antibody against AhR (1:100, Abcam) or Nrf2 (clone
822 D1Z9C, 1:100, Cell Signaling Technology) diluted in 1% (v/v) normal goat serum in PBS
823 overnight at 4 °C. Then, cells were washed with PBS and incubated with an Alexa 594-coupled
824 goat anti-rabbit IgG (1:500, Invitrogen) for 1 hour at room temperature. For actin staining, cells
825 were incubated with Alexa Fluor™ 488 Phalloidin (1:70, Invitrogen) for 20 minutes at room
826 temperature. Nuclei were counterstained with 0.5 μ g/ml DAPI in PBS for 5 minutes at room
827 temperature and cells were mounted with ProLong™ Diamond Antifade Mountant (Invitrogen).
828 Fluorescent images were taken using a Zeiss AxioVision Observer D1 fluorescent microscope,
829 400x or 200x magnification.

830 **qPCR in cells**

831 Total cellular RNA was isolated by combining lysis in TRIzol™ with downstream processing
832 using the RNeasy Mini Kit (Qiagen) according to the manufacturer's instructions. cDNA
833 synthesis was performed using the QuantiTect® Reverse Transcription Kit (Qiagen) with 1
834 μ g RNA according to the manufacturer's instructions. Relative transcript levels were
835 determined by pPCR using the 2x SYBR® Green qPCR Master Mix and a Rotor-Gene® Q
836 thermal cycler (Qiagen). The transcript for the ribosomal protein L32 (*rpl32*) was used as a
837 reference, relative expression was calculated by the ΔC_T -method (Pfaffl, 2001). The following

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838 intron-spanning primer pairs were used: *cyp1a1*: 5'-TCGCTACCTACCCAACCCTT-3', 5'-
839 TGTGTCAAACCCAGCTCCAA-3'; *ahr*: 5'-CGTGGGTCAGATGCAGTACA-3', 5'-
840 ACCAGGGTCAAATTGGGCT 3'; *sod2*: 5'-GCCCTGGAACCTCACATCAA-3'; 5'-
841 AGCAACTCCCCTTTGGGTTC-3'; *rp/32*: 5'-GTGAAGCCCAAGATCGTCAA-3', 5'-
842 TTGTTGCACATCAGCAGCAC-3'.

843 **Mice**

844 **Mouse lines and breeding**

845 Female 8-12 week old “Young” and 18 months old (“old”) AHR-deficient B6.129-AHR^{tm1Bra/J}
846 (Schmidt et al., 1996) (referred to here as AHR-KO) mice were bred as heterozygotes in the
847 IUF’s animal facility. Wild-type littermates were used for control. Mice were bred and kept
848 under specific pathogen-free conditions on a 12/12-hour light-dark cycle and received
849 standard chow (ssniff®M-Z, SSNIFF, Soest) *ad libitum*.

850 **qPCR in mice**

851 Total RNA was isolated from organ tissues of three WT and three AHR deficient mice with
852 TriZol®. 400ng of RNA was reverse transcribed using the reverse transcriptase M-MLV
853 (Promega, USA) and random hexamer primers. Gene expression levels were measured in
854 duplicates for each mouse tissue on a Rotor-Gene Q (Qiagen, Hilden, Germany), in 15 µl
855 final volume, containing 7.5 µl Rotor Gene SybrGreen™ (Biorad, Feldkirchen, Germany), 1
856 µM of each primer, 1.5 µl cDNA and RNase free water. Primer efficiencies were between 90
857 and 146%. See Table S2 for primer sequences and efficiencies. Expression levels were
858 calibrated to the expression of RPS6 as a house-keeping gene in the same sample using the
859 $2^{-\Delta\Delta C_T}$ method (Livak and Schmittgen, 2001).

860 ***In situ* analyses**

861 **Homology modeling of the CeAHR LBD**

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862 The structural model of *C. elegans* AhR LBD (residues 267–372) was generated by homology
863 modeling. The X-ray structures of the PASB domains of homologous bHLH-PAS family
864 members sharing the highest sequence identity (about 20%) with the CeAhR PASB were used
865 as templates: the circadian locomotor output cycles kaput (CLOCK, PDB: 4F3L), the neuronal
866 PAS domain-containing protein 3 (NPAS3, PDB: 5SY7), the Hypoxia-inducible factors 2 α
867 (HIF2 α , PDB: 3H82, 4ZP4, 3F1N) and 1 α (HIF1 α , PDB: 4H6J). The model was obtained with
868 MODELLER (Fiser et al., 2000, Marti-Renom et al., 2000, Sali and Blundell, 1993). The optimal
869 model was selected from among the 100 generated, based on the best DOPE SCORE (Shen
870 and Sali, 2006). The quality of the models was evaluated using PROCHECK (Laskowski et al.,
871 1993). Secondary structures were attributed by DSSPcont (Andersen et al., 2002). The binding
872 cavity within the modeled LBDs was characterized using the CASTp server (Dundas et al.,
873 2006). Visualization of the models was accomplished using PYMOL (Schrödinger, 2010).

874 **Statistical analysis**

875 Unless otherwise stated, statistical analyses were performed in GraphPad Prism. For life-
876 /healthspan assays, statistical analysis was done using OASIS (Han et al., 2016). Statistical
877 analysis of the microarray data was performed in R.

878 **Boxplots**

879 Boxplots were created in GraphPad Prism and show the median (line), 25-75th percentile (box)
880 and 10-90th percentile (whiskers).

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903 **Declaration of interests**

904 The authors declare no competing interests.

905

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