Mechanistic model for human brain metabolism and its connection to the neurovascular
coupling.

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Abstract

The neurovascular and neurometabolic couplings (NVC and NMC) connects cerebral activity, blood
flow, and metabolism. This interconnection is used in for instance functional imaging, which analyses
the blood-oxygen-dependent (BOLD) signal. The mechanisms underlying the NVC are complex, which
warrants a model-based analysis of data. We have previously developed a mechanistically detailed
model for the NVC, and others have proposed detailed models for cerebral metabolism. However,
existing metabolic models are still not fully utilizing available magnetic resonance spectroscopy
(MRS) data and are not connected to detailed models for NVC. Therefore, we herein present a new
model that integrates mechanistic modelling of both MRS and BOLD data. The metabolic model
covers central metabolism, using a minimal set of interactions, and can describe time-series data for
glucose, lactate, aspartate, and glutamate, measured after visual stimuli. Statistical tests confirm
that the model can describe both estimation data and predict independent validation data, not used
for model training. The interconnected NVC model can simultaneously describe BOLD data and can
be used to predict expected metabolic responses in experiments where metabolism has not been
measured. This model is a step towards a useful and mechanistically detailed model for cerebral
blood flow and metabolism, with potential applications in both basic research and clinical
applications.

Author summary

The neurovascular and neurometabolic couplings are highly central for several clinical imaging techniques since these frequently use blood oxygenation (the BOLD signal) as a proxy for neuronal activity. This relationship is described by the highly complex neurovascular and neurometabolic couplings, which describes the balancing between increased metabolic demand and blood flow, and which involves several cell-types and regulatory systems, which all change dynamically over time. While there are previous works that describe the neurovascular coupling in detail, neither we nor others have developed connections to corresponding mechanistic models for the third aspect, the metabolic aspect. Furthermore, magnetic resonance spectroscopy (MRS) data for such modelling readily is available. In this paper we present a minimal mechanistic model that can describe the metabolic response to visual stimuli. The model is trained to describe experimental data for the relative change in metabolic concentrations of several metabolites in the visual cortex during stimulation. The model is also validated against independent validation data, that was not used for model training. Finally, we also connect this metabolic model to a detailed mechanistic model of the neurovascular coupling. Showing that the model can describe both the metabolic response and a neurovascular response simultaneously.

1 Introduction

The brain is the central organ of the nervous system in humans and it has many complex functions. Despite that it only constitutes approximately 2% of the body weight of an adult individual, the brain is responsible for 20-25% of the body's overall energy consumption [1,2]. The brain's main source of energy comes from oxidation of glucose. Therefore, the brain requires a continuous supply of glucose and oxygen and while the brain can metabolise stored glycogen to produce glucose, part of the required glucose and all of the oxygen is delivered via the blood [3–5]. For these reasons, the cerebral metabolic glucose consumption is directly linked to the regional cerebral blood flow [6,7]. The regional cerebral blood flow is, in turn, tightly coupled to the neuronal activity [8]. An increase in neuronal activity will lead to an increased regional cerebral blood flow, which provides an increased supply of glucose. These couplings between the neuronal, hemodynamic, and metabolic activity is commonly known as the neurovascular coupling (NVC) and the neurometabolic coupling (NMC).

More specifically, the NVC describes how neuronal activity affects cerebral blood volume (CBV) and cerebral blood flow (CBF), while the NMC describes how neuronal activity affects the cerebral metabolic activity such as the cerebral metabolic rate of oxygen ($CMRO_2$) [9–11]. The NVC is a cornerstone of functional magnetic imaging (fMRI), which is a key method for understanding how different stimuli affect regional neuronal activity [12]. Data from fMRI is based on analysis of a blood-oxygenation-level-dependent (BOLD) signal [12,13]. The BOLD signal is governed by the regional balance between the hemodynamic and metabolic activity i.e., by the balance between oxygen supply and oxygen consumption. Both the supply and the demand of oxygen are regulated by the neuronal activity. This connection between oxygen regulation and neuronal activity is the basis for why the BOLD signal is used as proxy for the neuronal activity [14,15]. However, using the BOLD signal to draw correct conclusions is not straightforward since the crosstalk between hemodynamic, metabolic, and neuronal activity is nonlinear, time-varying, and partially unknown. One approach to deal with this complexity is mathematical modelling.

Mathematical modelling of the NVC has evolved over time. Initial mathematical modelling of the NVC relied on statistical interpretations of the canonical hemodynamic response function [16–18] (Fig. 1A). These models provide estimates of the location and timing of neuronal activity, given a measured BOLD response, but fail to provide any mechanistic insight into the NVC, and the interplay between BOLD, CBV, $CMRO_2$, etc. To remedy this, later mathematical modelling included some mechanistic insight and resulted in the Balloon model, developed by Buxton *et al*. 1998 [19–21]. The Balloon model describes the interplay between neuronal activity, CBF, $CMRO_2$, and the BOLD response, but does so using phenomenological expressions, and thus lack mechanistic interplays between specific substances and intermediaries (Fig. 1A). To take NVC modelling one step further, we have therefore created a new type of systems biology modelling approach, which incorporates such mechanistic interplays into the models (Fig. 1B, top). This modelling approach first demonstrated that the BOLD response is not controlled by a negative feedback but by a positive feed-forward mechanism [22]. This initial paper was then extended to also explain the negative BOLD response [23]. Both these papers are based exclusively on human data. Lately, our models have also added cell-specific contributions, by also incorporating both rodent optogenetic and primate data [24,25]. All these more mechanistic NVC models still have a quite simple description of the metabolism involved during neuronal activity. However, regarding metabolism modelling without NVC, there are some more detailed models that describe for instance the

compartmentalization of the metabolism between different neurons [26–29]. Furthermore, there
are works that integrate the metabolic response with NVC, but these works rely on the
phenomenological Balloon model [30–33]. It is fairly common that the metabolic parts of these
models utilize magnetic resonance spectroscopy (MRS) data [34–36] (Fig. 1B, bottom). However,
there are still important MRS data that have not been incorporated in any metabolic model (Fig. 1B,
middle). Also, no such metabolic model has been integrated into a mechanistically detailed NVC
model (Fig. 1A).

Herein, we utilize both modelled and non-modelled MRS data to construct a new minimal model for
NMC (Fig. 1C). We use a minimal modelling approach to gain mechanistical insight into the NMC
without introducing unneeded complexity. Statistical tests confirm that this model can describe both
estimation data (Fig. 2–3) and independent validation data (Fig. 4–5), not used for model training.
The model is also connected to our previously developed detailed NVC model [23], and the
combined model can still describe the previous BOLD-data. The combined model can be used to
obtain simulated predictions for the metabolic activity for complex paradigms, involving multiple
stimulations, where MRS is currently not available (Fig. 6).

2 Methods

2.1 Model formulation

105 The model presented herein is formulated using ordinary differential equations (ODEs) and can in
106 general be denoted as

$$\dot{x} = f(x(t), \theta, u(t), t) \tag{1a}$$
$$x(0) = x_0 \tag{1b}$$
$$\hat{y} = g(x(t), \theta, u(t), t) \tag{1c}$$

where x is a vector describing the model states e.g., the concentrations of the different metabolites,
signalling intermediates, etc; where $\dot{x}$ describe the derivative of these states with respect to time,
denoted t; where θ is a vector of the constant unknown parameters; where u is the model input,
here representing a visual stimulus corresponding to the experimental setup; where x_0 is the state
values corresponding to an initial time point $t = 0$; where $\hat{y}$ are the observed model properties,
here the percental difference in metabolite concentrations as well as the BOLD response; and where
f and g are smooth nonlinear functions. This general description of an ODE, as well as the general
modelling methods in Sections 2.2, 2.4, and 2.6, are described in a similar way as in many previous
papers e.g., [23].

2.2 Development of a minimal model: general workflow

The model presented herein was developed according to an iterative modelling cycle based on
hypothesis testing and rejection (Fig. 1D). To start with, a falsifiable hypothesis regarding the
relevant mechanisms is formulated based on literature and prior knowledge. This hypothesis is then
combined with existing experimental data, for the system of interest, to formulate a mathematical
model. These mechanistic models are developed as minimal models, which means that they are as
simple as possible while still explaining relevant experimental data. Once formulated, each
mathematical model is fitted to the experimental data and evaluated with respect to how well the
model can describe the data. Such evaluation is done via qualitative inspection of the model
simulation but also through quantitative statistical tests; here a χ^2-test. If a model structure cannot

satisfactorily describe the data, the model and the corresponding hypothesis is rejected and needs
to be revised and then fitted again. If the model structure is not rejected, further model analysis is
performed, to determine model identifiability and to generate well-determined predictions, which
we call core-predictions [37]. Such core-predictions are ideally generated such that testing them
experimentally will generate further biological insights into the performance of the model. Thus,
model predictions can act as the basis for further experiment design that in turn generates or find
more relevant experimental data. Finally, if this new data agrees with the model predictions, it
serves as a support, or partial validation, of the model structure, since such agreement indicates that
the model can explain more properties and states than just the experimental data used for model
training. A thus validated model can then be used to generate additional predictions, within similar
applications as the original development and testing of the model. In this project, we have
developed the model in this iterative fashion, and below we present the final accepted model.

138 2.3 Model structure

139 2.3.1 Model structure for the metabolism model

140 All events in the model starts with a stimulation. This stimulation represents a visual stimulus and is
141 implemented in the form of a simple step function [23,24,38,39] formulated as:

$$u(t) = \begin{cases} 1 & t_{\text{on}} \leq t \leq t_{\text{off}} \\ 0 & Otherwise \end{cases} \tag{2}$$

144 where t is the time; t_{on} is the time stimulation is turned on and t_{off} is the time the stimulation ends.

145 To turn this step function into a softer response function, we introduce a second stimulus variable
146 that increases depending on the step function $u(t)$, and has a built-in decrease proportional to the
147 level of activation, i.e.:

$$\frac{d(Stimulus)}{dt} = k_{stim1} * u(t) - Stimulus * k_{stim2} \tag{3}$$

where $Stimulus$ is a state that represent the effect of the visual stimuli; k_{stim1} describes the rate of
stimulus activation and k_{stim2} describes the rate of stimulus decay.

The electrical activity in the neurons triggers a metabolic response involving many different
metabolic reactions. Herein, we consider a simplified network of metabolites and reactions, for
which we have available measurements. More specifically, the simplified metabolic network
described by this model consists of around a dozen reactions. These reactions represent the
metabolic pathways in and directly around the tricarboxylic acid cycle (TCA cycle). At the top of this
network, glucose diffuses across the blood brain barrier from blood vessels into the neuronal tissue
($Gluc_t$). The rate of this reaction is described by the variable V_{Gluc}, which is assumed to be
irreversible and governed by mass action kinetics. Following the inflow, glucose is consumed and we
here assume that this consumption occurs only via glycolysis. The rate of glycolysis ($V_{glycolysis}$) is

assumed to have a basal rate and a Stimulus activated rate, both governed by mass action kinetics.
With these assumptions, the ODE for $Gluc_t$ is given by:

$$\frac{d(Gluc_t)}{dt} = V_{Gluc} - V_{glycolysis} = k_{\max_{gluc_c}} * Gluc_c - k_{\max_{gluc_t}} * Gluc_t * (1 + Stimulus) \tag{4}$$

where $Gluc_t$ describes the concentration of glucose in the neuronal tissue and where the kinetic
rate parameters for inflow and consumption of $Gluc_t$ are described by $k_{\max_{gluc_c}}$ and $k_{\max_{gluc_t}}$,
respectively.

In the model, we assume that the plasma glucose concentration close to the activation site can be
modified i.e., that $Gluc_c$ is a time-dependent state. In contrast, we assume a constant inflow of
glucose to the local circulation since the visual stimulus is assumed to only impact the local
metabolism.

$$\frac{d(Gluc_c)}{dt} = Glucose_{Blood} - V_{Gluc} = Glucose_{Blood} - k_{\max_{gluc_c}} * Gluc_c \tag{5}$$

where $Gluc_c$ describes the concentration of glucose in the local circulation, and where $Glucose_{blood}$
represents a constant inflow of glucose from the wider circulation.

Glucose in the tissue is metabolised in intracellular glycolysis which consists of several reactions. In
this model, glycolysis is simplified into a single reaction that converts glucose to pyruvate. The rate
expression for this is described by $V_{glycolysis}$, which was included in Eq (4). Pyruvate in turn is then
either converted into lactate or sent to the TCA cycle. The rate expression for conversion to lactate is
described by V_{LDH}, which for simplicity is given by mass action kinetics. The steps leading to the TCA
cycle can occur either via pyruvate carboxylase (PC) or via pyruvate dehydrogenase (PDH). The rate
expression for PC is given by V_{PC} and assumes Michaels-Menten kinetics. The second reaction going
into the TCA cycle, PDH, also assumes Michaels-Menten kinetics but is given by a more complex rate
expression, dependent on two substrates. The reason for this complexity is that the pyruvate that
enters the TCA cycle via the PDH pathway is combined with oxaloacetic acid (OAA), which then,
through several reactions, is turned into 2-oxoglutarate (OG). These multiple rection steps are in the
model simplified into a single reaction (with reaction rate V_{TCA1}), which describes the first part of
the TCA cycle (Fig. 1C). The rate expression for V_{TCA1} is thus dependent on two substrates and is
assumed to have a saturation with respect to both Pyruvate and OAA. With all these reactions
included the ODE for pyruvate becomes:

$$\begin{aligned}
\frac{d(Pyr)}{dt} &= V_{glycolysis} - V_{TCA1} - V_{LDH} - V_{PC} \\
&= k_{\max_{gluc_t}} * Gluc_t * (1 + Stimulus) - \left(\frac{k_{maxPO} * Pyr}{K_{M_{Pyr}} + Pyr} * \frac{k_{maxPO} * OAA}{K_{M_{OAA}} + OAA} \right) - k_{maxPyr} * Pyr - \\
&\quad \frac{k_{maxpyr2} * Pyr}{K_{M_{Pyr2}} + Pyr}
\end{aligned} \tag{6}$$

where Pyr describe the concentrations of pyruvate; $k_{max_{PO}}$, $k_{max_{Pyr}}$, and $k_{max_{Pyr2}}$ are kinetic rate
parameters; and where $K_{M_{Pyr}}$, $K_{M_{OAA}}$ and $K_{M_{Pyr2}}$ are Michaelis-Menten constants. Note that
$k_{max_{PO}}$, $k_{max_{Pyr2}}$ describe the maximum rate of V_{TCA1} and V_{PC}, respectively, while $k_{max_{Pyr}}$
describes the rate of conversion from pyruvate to lactate.

Lactate is not considered in detail in this model and is simply described by a conversion from
pyruvate (V_{LDH}) and a clearance term (V_{clear1}). The differential equation for lactate is given by:

$$\frac{d(Lac)}{dt} = V_{LDH} - V_{clear1} = k_{max_{Pyr}} * Pyr - k_1 * Lac \tag{7}$$

where Lac is the concentration of lactate and k_1 is the rate parameter describing the degradation
rate of lactate.

As described earlier, the model condenses the multiple reactions of the TCA-cycle that converts
oxaloacetic acid (OAA) and pyruvate to 2-oxoglutarate (OG) into a single reaction TCA1 (reaction
rate: V_{TCA1}). Further, the remaining reactions that returns OG to OAA is also simplified into a single
reaction TCA2 (reaction rate: V_{TCA2}). Thus, the reactions TCA1 and TCA2 create a cyclical relationship
between the model states of OAA and OG, which together make out the TCA cycle. Additionally,
OAA can undergo transamination to form aspartate, this is described in the model as V_{GOT}. With
these reactions, the full differential expression for OAA is thus described as:

$$\frac{d(OAA)}{dt} = V_{TCA2} + V_{PC} - V_{TCA1} - V_{GOT}$$
$$= k_{max_{OG1}} * OG + \frac{k_{max_{pyr2}} * Pyr}{K_{M_{Pyr2}} + Pyr} - k_{max_{PO}} * \left(\frac{Pyr}{K_{M_{Pyr}} + Pyr} * \frac{OAA}{K_{M_{OAA}} + OAA} \right) - k_{max_{OAA}} * OAA \tag{8}$$

203 where OAA is the concentration of oxaloacetic acid in the tissue and where $k_{max_{OG1}}$, and $k_{max_{OAA}}$
204 are the kinetic rate parameters describing the reaction rates of V_{TCA2} and V_{GOT}, respectively.

205 Analogously, OG is synthesised via TCA1 and is consumed by TCA2, but OG can also be
206 transaminated to form glutamate. This reaction from OG to glutamate is denoted XM (reaction rate:
207 V_{xm}). The full ODE for OG is thus given by:

$$\frac{d(OG)}{dt} = V_{TCA1} - V_{TCA2} - V_{xm}$$
$$= k_{max_{PO}} * \left(\frac{Pyr}{K_{M_{Pyr}} + Pyr} * \frac{OAA}{K_{M_{OAA}} + OAA} \right) - OG * (k_{max_{OG1}} + k_{max_{OG2}}) \tag{9}$$

where OG is the concentration of 2-oxoglutarate, and $k_{max_{OG2}}$ is the kinetic rate parameter for the
transamination of OG.

Lastly, the model describes the concentrations of three metabolites on the periphery of the TCA
cycle that are vital to cerebral metabolism. The first of these metabolites is aspartate, which is

converted from OAA via V_{GOT}. The subsequent metabolism of aspartate is implemented as a simple
reaction denoted V_{clear2}

$$\frac{d(Asp)}{dt} = V_{GOT} - V_{clear2} = k_{max_{OAA}} * OAA - k_{max_{Asp}} * Asp \tag{10}$$

where Asp is the concentration of aspartate and $k_{max_{Asp}}$ is the kinetic rate parameter describing
the rate of further metabolization of aspartate, not described in detail by this model.

The second of the peripheral metabolites is glutamate, which as described is transaminased from
OG. Glutamate is then converted into glutamine, the third peripheral metabolite, via glutamine
synthetase (rate expression: V_{GS}). Reversely, glutamine is converted back to glutamate via
phosphate-activated glutaminase (rate expression: V_{PAG}). Finally, glutamate is decreased by V_{clear3},
which is a simplified description for further metabolism and utilization of glutamate in the neuronal
tissue. All these reactions and simplifications means that the ODE for glutamate is implemented as:

$$\frac{d(Glut)}{dt} = V_{xm} + V_{GS} - V_{PAG} - V_{clear3} \tag{11}$$
$$= k_{max_{OG2}} * OG + k_{max_{Gln}} * Gln - Glut * (k_{max_{Glut1}} + k_{max_{Glut2}})$$

226 where $Glut$ is the concentrations of glutamate; $k_{max_{Gln}}$ and $k_{max_{Glut1}}$ are the kinetic rate parameters
227 for the forward and reverse conversion of glutamine to glutamate, respectively; and $k_{max_{Glut2}}$ is the
228 kinetic rate parameter of any further metabolism of glutamate, not described in detail in this work.

229 The last metabolite described in this model is glutamine, and the only glutamine dynamics described
230 in this model is governed by the already described V_{GS} and V_{GLUT} rate expressions, i.e.

$$\frac{d(Gln)}{dt} = V_{PAG} - V_{GS} = k_{max_{Glut1}} * Glut - k_{max_{Gln}} * Gln \tag{12}$$

232 where Gln is the concentration of glutamine.

2.2.2 Model structure for the NVC model

The model structure for the NVC model was taken from the model presented by Sten *et al.* 2017
[23]. This model gives a detailed physiological description of how neuronal activity affects the CBF,
CBV, and the cerebral metabolic activity to generate a BOLD-response. For a detailed description and
motivation of this model, please see the supplementary material (S1 Table) or the original work [23],
and all reactions in the complete model, along with simulation files are given in the supplementary
material of this work (supplementary_material.zip).

2.2.3 Connection between NVC model and Metabolism model

The two models – the new metabolism model in 2.2.1 and the Sten *et al.* 2017 model – can be
considered as two separate standalone models. However, we here also present and analyse a

connected version. In this connected version, equations (3), (4), and (5) were removed from the
metabolic model since corresponding reactions already exist in the Sten *et al.* 2017 model. Further,
the reaction named $V_{glycolysis}$ in equation (6) was replaced with the reactions baseMet (reaction
rate: $V_{baseMet}$) and stimMet (reaction rate: $V_{stimMet}$), which are a part of the Sten *et al.* 2017 model
[23]. The first of these reactions, baseMet describes the basal non-stimulated metabolism of glucose
and oxygen, and stimMet describes the increase in metabolism caused by neuronal activity. With
these alterations implemented, the ODE for pyruvate is described by:

$$
\begin{aligned}
\frac{d(Pyr)}{dt} &= V_{baseMet} + V_{stimMet} - V_{TCA1} - V_{LDH} - V_{PC} \\
&= Glucose_A * \left(k_{basalMet} * O_{2A}^{k_{prop1}} + Delay_M * O_{2A}^{k_{prop2}} \right) - \left(\frac{k_{maxPO} * Pyr}{K_{M_{Pyr}} + Pyr} * \frac{k_{maxPO} * OAA}{K_{M_{OAA}} + OAA} \right) - k_{maxPyr} \\
&\quad * Pyr - \frac{k_{maxpyr2} * Pyr}{K_{M_{pyr2}} + Pyr}
\end{aligned}
\tag{13}
$$

where $k_{basalMet}$, k_{prop1} and k_{prop2} are kinetic rate parameters; where $Glucose_A$ and O_{2A} are the
respective concentrations of glucose and oxygen in the neuronal tissue; where $Delay_M$ represents
an intermediate state of the stimulus effect on the metabolism. The variable $Glucose_A$ describes the
same quantity as the state $Gluc_t$ described in the removed Eq. (4). The reason for this change of
name in the combined model is that $Glucose_A$ was an already implemented state in the NVC model.
The parameters and states of the NVC model are described in further detail in Sten *et al.* 2017 [23],
and both that and the combined models are described in the supplementary material (S1 Table).

In this combined model, as in the two constituent sub-models, the observed model properties, or
model observables, consist of four metabolic states: Lac, $Glut$, $Gluc_t$, and Asp. Additionally, a fifth
model observable is the BOLD-signal defined in Sten *et al.* 2017 as a signal proportional to the
amount of deoxy haemoglobin (dHb). The BOLD-signal is formally defined as:

$$
BOLD = e^{-ky*dHb}
\tag{14}
$$

263   where dHb is the amount of deoxy haemoglobin and ky is a scaling parameter.

264   More specifically, each of the five model observables are defined as a percentage difference from a
265   steady-state baseline. In practice, this is achieved by dividing the observable value with its
266   corresponding steady-state value, withdrawing one and multiplying with 100%:

$$
\hat{y}_i = ky_i * \left(\frac{X_i}{ssX_i} - 1 \right) * 100\,\%
\tag{15}
$$

268   where X_i is one of the observable properties Lac, $Glut$, $Gluc_t$, Asp, or BOLD; where ssX_i is the
269   corresponding steady-state value, and where ky_i is the ith scaling parameter.

2.4 Model evaluation

2.4.1 Parameter estimation

The model parameters (θ) are estimated from experimental data (D), by minimizing the negative log-likelihood function J:

$$J(\theta) = -\log\big(L(D|\theta)\big) = \frac{1}{2}\sum_{e=1}^{n_e}\sum_{o=1}^{n_o^e}\sum_{s=1}^{n_s^{e,o}}\left[\log\left(2\pi(\sigma_s^{e,o})^2 + \left(\frac{y_s^{e,o} - \hat{y}_s^{e,o}(\theta)}{\sigma_s^{e,o}}\right)^2\right)\right]$$

(16)

where θ is the model parameters; n_e is the number of experiments e, n_o^e is the number of observations in experiment e; $n_s^{e,o}$ is the number of samples at observation o in experiment e; $y_s^{e,o}$ is the measured data sample point; $\hat{y}_s^{e,o}(\theta)$ is the model simulation for the corresponding sample point; and $\sigma_s^{e,o}$ is the standard deviation of the sample point.

The function $J(\theta)$ is implemented as the objective function for a suitable optimization algorithm (see section 2.5) and optimized with respect to the parameters θ.

2.4.2 Simulation uncertainty

The model's simulation uncertainty and parameter sensitivities were estimated through a Markov chain Monte Carlo (MCMC) sampling approach. A posterior distribution of the parameter values was generated, using 10^5 samples, and all parameter sets found acceptable according to a χ^2-test was collected. The uncertainty is then determined by the confidence interval:

$$CI_{\alpha,df} = (J(\theta) \leq J(\theta^*) + \Delta_\alpha(\chi_{DoF}^2))$$

(17)

Where α is the confidence level; $\Delta_\alpha(\chi^2)$ is the α quantile of the χ^2 statistic [40,41]; DoF is the degrees of freedom; and θ^* are the optimal parameters. In this work, the DoF is equal to the number of model parameters (n = 58). The optimal parameter values and the boundaries of the parameter distributions can be found in the supplementary material (S2 Table).

2.5 Experimental Data

In this work, experimental data from previously published studies have been used for model evaluation. Mainly, H-MRS data from human subjects exposed to visual stimuli have been considered for the model evaluation presented herein. Here follows a condensed description of the data, for further details please see the original publications for each dataset. When necessary, data were extracted from publication figures, using the WebPlotDigitizer tool [42].

2.5.1 Metabolic estimation data

In their work, Lin *et al.* 2012 [34] present metabolite data gathered from the visual cortex of human subjects using functional MRS. Data was gathered form ten healthy subjects (7 males, 3 females, 25 ± 3 years old) and the data used herein consists of two sets of four metabolites. The first data set describes the relative change in metabolic concentrations in the primary visual cortex for lactate, glutamate, glucose, and aspartate, for a single visual stimulus. The second data set describes the relative change in metabolic concentrations for the same four metabolites but for a double visual stimuli paradigm. The visual stimulus consisted of contrast-defined wedges, moving towards and from a central point. The single stimulus paradigm consisted of a 6.6-minute baseline followed by a 13.2-minute exposure to the visual stimulus, followed in turn by a 19.8-minute recovery. In the

double stimulus paradigm, the baseline was established for 9.9 minutes followed by a two 9.9-minute periods of exposure to the visual stimulus, with a 9.9-minute rest period in between.

2.5.2 BOLD estimation data

The data used to train the BOLD-response is gathered from Witt *et al.* 2016 [43] and consists of fMRI data from a visual-motor task. The data was gathered from 11 healthy subjects (5 males, 6 females, 21-28 years of age) that was tasked to push a button in response to a certain visual stimulus. The visual stimulus was shown for 0.5 seconds, and a BOLD-response was extracted from each subject. The positive BOLD responses were gathered from the bilateral primary cortex, while negative BOLD-responses were gathered from the posterior cingulate cortex. The BOLD data is normalized as a percentage signal change.

2.5.3 Metabolic validation data

The model presented herein was validated with respect to independent validation data *i.e.,* data that was not been used for model training. This data was taken from two independent studies. The first such study is the work presented by Schaller *et al.* 2013 [36]. In this work, ten healthy subjects (9 males, 1 female, 20-28 years of age) were exposed to a visual stimuli and changes in metabolic concentrations for lactate, glutamate was gathered via MRS. The data was sampled at 75 time points over a 25-minute period. This period consists of a 5-minute baseline period followed by two periods of exposure to visual stimuli for 5-minutes each. These exposure periods were interwoven by a 5-minute rest period and followed by a 5-minute recovery period.

The second study from which validation data were gathered is the work presented by Bednařík et al. 2015 [35]. In this work, the authors present MRS data that shows how metabolic concentrations of glutamate, aspartate, lactate, and glucose change as a response to a visual stimulus. The data is gathered form fifteen healthy subjects (7 males, 8 females, 33 ± 13 years of age). The visual stimulus consisted of a red and black flickering checkerboard. For the metabolite measurements the stimulation sequence consisted of a 5.3-minute baseline acquisition, followed by a stimulation-rest-stimulation-rest sequence were each block lasted 5.3 minutes. The metabolic concentration data was sampled with a 2.7-minute resolution, for a total of nine sample points for each metabolite. For the model validation the model was used to simulate the metabolic response that corresponded to the experimental setting of the validation data, described above. The parameters used for this simulation were the optimal parameters, with respect to the estimation data, obtained from the parameter estimation described in Section 2.4.1.

2.6 Model implementation

Model implementations and simulations were done in the "Advanced Multi-language Interface to CVODES and IDAS" (AMICI) toolbox [44–46]. The implementation of the equations described in section 2.2 and the subsequent model analysis were done in MATLAB by The MathWorks, Inc. releases 2017b and 2020a. Model parameter estimation were done using the "Metaheuristics for systems biology and bioinformatics global optimization" (MEIGO) toolbox [47] with the enhanced scatter search (ess) algorithm.

3 Results

We have developed a new model for the central metabolism in the visual cortex and connected this model to our existing model for the NVC [23]. The model is described in detail in Materials and Methods and all simulation files are available in the Supplementary material (supplementary_material.zip). The model has been developed using experimental data from two different studies, Lin *et al.* 2012 [34] (Fig. 2) and Sten *et al.* 2017[23] (Fig. 3). This data was used to estimate the model parameters. Additionally, the model has been evaluated with experimental data gathered from Schaller *et al.* 2013 [36] (Fig. 4) and Bednařík *et al.* 2015 [35] (Fig. 5). This data was used as independent validation data to assess the model's ability to explain data for which it had no prior knowledge. This provides some support for the included mechanisms and predictive capability of the model. Finally, we demonstrate the usefulness of the model by showing how one can provide reasonable simulation results of metabolism in experiment where metabolism has not been measured. In these simulations, we also used the model to predict how long a stimulation would need to be to generate a measurable metabolic response (Fig. 6).

3.1 Metabolic estimation results

As mentioned, part of the dataset used to train the model was gathered from Lin *et al.* 2012 [34], described in further detail in Section 2.5.1. Briefly, this data describes the relative change in metabolic concentrations in response to either a single stimulus (Fig. 2A–D, error bars) or a double stimulus (Fig. 2E–H, error bars). More specifically, the single stimulation consisted of a sustained visual stimulus for 13.6 minutes (Fig. 2A–D, black bar). In contrast, the double stimuli paradigm consists of two periods of sustained visual stimuli for 9.9 minutes, separated by a 9.9-minute rest period (Fig. 2E–D, black bars). The experimental data is presented as mean $\pm$ SEM (Fig. 2, red error bars).

The model was simultaneously fitted to both the metabolic data in response to the single and double stimulation paradigm in Lin *et al.* 2012 [34], as well as to the BOLD data in Sten *et al.* [23] (presented in Section 3.2). The resulting agreement between data (error bars) and the simulation (shaded areas) is shown in Fig.s 2 and 3. As can be seen, for the single stimulus, the model clearly describes the increase in lactate (Fig. 2A) and glutamate (Fig. 2B) and the decrease in glucose (Fig. 2C) and aspartate (Fig. 2D), in response to the visual stimuli. Similarly, the double stimuli paradigm shows a model behaviour that is consistent with the experimental data (Fig. 2E–H): during the visual stimulation the lactate and glucose levels increase (Fig. 2E & F) and the glucose and aspartate levels decrease (Fig. 2G & H), relative to their baseline. These visual assessments are also supported by a statistical χ^2-test ($J(\theta^*) = 213.44$, threshold: $\chi^2(\alpha = 0.05, DoF = 191) = 224.24$) (Materials and Methods).

3.2 The model simultaneously agrees with BOLD data

The data used to train the model's BOLD-response originates from Witt *et al.* [43] and was used to train the model in Sten *et al.* [23]. The data consists of a positive BOLD-response (Fig. 3A) and a negative BOLD-response (Fig. 3B). This data is described in more detail in Section 2.5.2. The stimulus used is a short (0.5 s) visual stimuli at $t = 0.1$ (Fig.s 3, black line), and the data is presented as a percental mean $\pm$ SEM deviation from the baseline (Fig. 3, red error bars). As described in the previous section, the model was simultaneously fitted to both these BOLD data and the MRS data (Fig. 2). The agreement between the BOLD data and simulation (blue shaded areas) is presented in Fig. 3. As can be seen, the model displays all the expected features of an archetypical BOLD

389 response: a small initial dip around 2 seconds after the stimulation, a larger main response at around
390 5-7 seconds and a post-peak undershoot between around 10-16 seconds [22,23]. This response is in
391 good agreement with the data, which again is formally supported by a χ^2-test ($J(\theta^*) = 213.44$,
392 threshold: $\chi^2(\alpha = 0.05, DoF = 191) = 224.24$).

3.3 Model validation against additional MRS data

Once the model had been trained on the MRS data gathered from Lin *et al*. 2012 [34] and BOLD data
from Sten *et al*. [23], the model was validated against the data gathered from Schaller *et al*. [36] (Fig.
4) and Bednařík *et al*. [35] (Fig. 5). The MRS data gathered from Schaller *et al*. describes the change
in metabolic concentrations of lactate and glutamate in response to two visuals stimuli, with a short
break in between. The data is herein presented as a relative change in mean concentration with the
SEM displayed as error bars (Fig. 4, red error bars). The model predicted dynamics for the
concentrations of lactate (Fig. 4A) and glutamate (Fig. 4B) which displayed as the blue shaded area,
and which is in very good agreement with the data. For changes in lactate concentration, the model
provides a good prediction of how lactate increases as a response to the visual stimulus i.e., the
same increase can be seen in the data (Fig. 4A). For the changes in glutamate, the model predicts a
slight increase when the visual stimulus is turned on. This is in accordance with the data. However,
when the visual stimulus is turned off (at 600 s and 1200 s) the model describes a decrease in
glutamate levels, but this decrease is slower than the corresponding decrease seen in the data. This
makes the model prediction slightly too high for all points following the first stimulus period (Fig.
4B). All in all, given that the model is not trained for any of these data, the agreement between
model and data is good, both qualitatively and quantitative, and comparable to the size of the
experimental variations and uncertainties.

Further, the model was simultaneously validated using the data gathered from Bednařík *et al.* [35].
This data also describes changes in metabolic concentrations as a response to a sequence of visual
stimuli, further described in Section 2.5.3. This data set contains data for lactate (Fig. 5A), glutamate
(Fig. 5B), glucose (Fig. 5C), and aspartate (Fig. 5D), and again the data is presented as the mean
concentrations $\pm$ SEM indicated by the red error bars. Once again, the model predicts the changes in
metabolic concentrations with good accuracy (Fig. 5, blue shaded areas). Similarly, to previous
results, the model predictions for lactate and glutamate show an increase when the visual stimulus is
turned on and as previously this is supported by the data (Fig. 5A–B). Also, similarly as before, the
predicted recovery rate for glutamate appears slightly to slow when compared to data (Fig. 5B).
Further, for glucose and aspartate, the model-predicted levels are slightly lower than what is
indicated by the data. For glucose, the model prediction is consistently below the data points after
the first period of stimulus (Fig. 5C). For aspartate, the model prediction is consistently below the
data points following the start of the first stimulus period (Fig. 5D). All in all, the overall agreement
between model predictions and validation data is qualitatively correct, and quantitatively the
simulation-data differences are comparable to the experimental uncertainty, at least for lactate,
glutamate, and glucose.

3.4 Using the final model: simulating non-measured variables

Once the model had been validated, we used the model to predict various variables and conditions
for which we have no data. In particular, we investigated how long a visual stimulation needs to be
to generate a measurable response in metabolic concentrations. This was achieved by evaluating the
amplitude of the metabolic responses for glucose, lactate, aspartate, and glutamate, for different

stimulation lengths (Fig. 6A, grey shaded areas). The length of the stimulations was varied from 0.5 s
to 10 000 s. As to be expected, the amplitude of the metabolic response increases as the length of
the stimulation increases. Furthermore, our simulations suggests that the metabolic response
reaches a maximal amplitude, after a few hundred seconds. For lactate and aspartate, a stimulation
of around 200 s or longer yields this maximal response, for glutamate, the maximal response is
reached for stimulations around 300 s, and for glucose the stimulation length needs to be around
600 s to reach a maximal response (Fig. 6A).

Further, the model can be used to make predictions for non-measured variables in an existing
experiment. In Lundengård *et al*. [22], there are BOLD response data for a series of two short 0.5
seconds stimuli, with 4 seconds in-between, but no metabolic data were collected. Our model can be
used to assess what the metabolism probably looked like. The model can accurately predict this
BOLD response (Fig. 6B), but it also predicts the corresponding metabolic response for the same
stimulation paradigm. These predictions shows that the metabolic response is slower than the BOLD
response: the BOLD signal Is completely over after 15-20 seconds, even though the metabolism still
is maximal (Fig. 6C–F). Furthermore, for such short stimuli, the amplitude of the metabolic response
is considerably lower than in the previous examples above (Fig.s 2,4, 5). This lower amplitude is in
consistency with results in Fig. 6A. This means that corresponding metabolic changes would not be
experimentally detected, which makes sense since metabolic experiments usually have longer
paradigms. The simulations, however, provides an estimation of MRS experiments with higher
signal-to-noise-ratio.

4 Discussion

Mathematical modelling provides a great potential to understand the complex interplay between cerebral metabolic, hemodynamic, and neuronal activity. Herein, we present a mathematical model that can explain previously unmodelled MRS data for the central cerebral metabolism. Further, we present a first connection between a minimal metabolic model and a mechanistically detailed NVC model. We show that this combined model can accurately describe MRS and fMRI data simultaneously and that the model can also describe independent validation data, not used for model training. This MRS data, used to train the model, consisted of time series that show how concentrations for glucose, lactate, aspartate, and glutamate change as a response to visual stimuli (Fig. 2). The fMRI data consisted of a positive and negative BOLD-response (Fig. 3), also from a visual stimulus. Similarly, the independent MRS data, used for model validation, also consists of time-series that show the changes in metabolic concentrations as a response to visual stimuli (Fig. 4 and 5). Finally, we show that this model can be used to make predictions of non-measured variables and conditions, and that it can be used to assess *e.g.,* how long a stimulation needs to be to generate a measurable change in metabolic concentrations, and what the likely shape of the metabolism is in cases of shorter stimulations, when MRS cannot detect any signal (Fig. 6).

In this study we have based our modelling of the cerebral metabolism on the MRS data gathered by Lin *et al*. 2012 [34], Schaller *et al*. [36], and Bednarík *et al*. [35]. However, MRS is by no means the only measuring technique employed to investigate the cerebral metabolic pathways. One more accurate, but also more demanding, approach to determine cerebral metabolic pathways is modelling combined with ^{13}C MRS data. In this technique researchers insert isotopically labelled substrates into the metabolic system and measure the fractional enrichment of these isotopes in metabolic products [48,49]. Mathematical modelling based on this type of data then allows for accurate quantification of different metabolic pathways during different conditions e.g., before and after stimulation [50]. However, these models require specific knowledge regarding the relevant atom transitions of the isotopically labelled substance. This means that such atom-based models are more difficult to scale up, and that they mainly are used to investigate specific metabolic pathways in isolation. Furthermore, such methods are mostly applied to animal and *in vitro* experimental system.

In this study we also investigated how the model predicts that the length of the stimulations affects the metabolic response. Most studies that investigate the cerebral metabolism via MRS uses very long periods of visual stimulation. For instance, the study from which we have gathered data [34] uses a period of continuous visual stimuli that lasts almost ten minutes. While our model suggests that this is the time required for the maximal signal amplitude and thus the largest signal-to-noise ratio (SNR), our simulations also suggest that a detectable signal-to-noise ratio could be reached with shorter stimulations, such as 2 minutes (Fig. 6A). However, it should be noted that such shorter stimulation protocols still need a longer data-collection period, since the dynamics of the metabolism is slow, and probably continues long after short stimulations are over (Fig. 6). These statements are based on our interconnected model that can be used to make predictions of probable behaviours of variables in cases where data is not available. Here, this new possibility was illustrated by doing model predictions for the metabolic responses, in an experimental scenario where only BOLD responses were measured (Fig. 6). This shows that two 0.5 s stimulations with 4 s in-between will give rise to two, in principles, measurable peaks within 10 s in the BOLD signal, but

to slower and lower responses in the metabolites: $< 5\%$ response in glucose and lactate, and $< 2\%$
response in glutamate and aspartate. These expected changes are smaller than the usual
experimental variability (Fig. 2, 4, 5), implying that those predictions would probably not be
experimentally detectable. However, our model can be used for experiment-design of an experiment
that has shorter stimulations than the original studies, but that still would give measurable
responses.

There are a couple of limitations regarding this work that should be mentioned. As is the case with
all mathematical models, the model presented herein is the result of several simplifications and
assumptions. For instance, several previous works have shown that aspects such as
compartmentalisation between neuronal and glial tissue and glycogen metabolism have important
roles in the cerebral metabolism [26–29,32,50,51]. However, adding additional complexity to the
model, for instance in the form of multiple compartments, does not necessarily improve the model's
ability to explain the data we have considered in the manuscript, but it does reduce the model's
parameter identifiability. This means that the estimated confidence intervals for the parameter
values might increase by an order of magnitude, or more, by adding complexity to the model. This is
illustrated by an example case presented in supplementary file S1 Text, where the parameter
identifiability of a two-compartment version of the model presented herein is analyzed.
Consequently, the model gives less accurate estimates of the parameters that are included while not
improving the explanation of the given experimental data. The reason for this reduced identifiability
is that the complexity of the model will increase beyond the complexity of the experimental data.
For instance, the data we used to train the model (Lin *et al.* 2012) cannot distinguish which
compartment the change in a metabolite's concentration occurs in. Similarly, adding additional
metabolic pathways such as an inflow of glycogen to the model would make the production of
glucose less identifiable i.e., more uncertain. Therefore, the source of glucose could be either from
the blood or from glycogen degradation. Given the considered data it would not be possible to
specify the source of glucose. For these reasons we choose to maintain the minimal model
approach even though this means that the model does not include certain previously modelled
aspects of the cerebral metabolism.

Another such simplification is the current interpretation of the oxygen consumption as implemented
in Sten et al. 2017 [23]. More specifically, this implementation means that the only part of the
metabolism that affects the $CMRO_2$ is the glycolysis step *i.e.,* the conversion form glucose to
pyruvate as described by Eq. (13). This interpretation is a simplification, as oxygen is consumed both
in the glycolysis and in the mitochondrial oxidative phosphorylation [52]. However, the effect of
oxygen in the glycolysis seen in Eq. (13) has no corresponding effect on the steps that represents the
TCA-cycle (V_{TCA1} and V_{TCA2} in e.g., Eq. (8)). Such an effect has not been necessary to accurately
describe the data presented in this work. The inclusion of a more detailed description of the oxygen
metabolism would produce a more physiologically accurate interpretation of the cerebral
metabolism but would require more data than we had access to in this work.

Finally, the metabolic model presented herein makes simplifications with respect to the units of the
different states defined in the model. The metabolic concentrations have been modelled in arbitrary
units and are scaled by unknown scaling parameters as defined in Eq. (15). Despite these
simplifications, the model is still able to accurately explain both the metabolic and hemodynamic
dynamic activity that is seen in experimental data, as well as predict independent validation data.

Furthermore, the presented model uses a simplistic expression for calculating the BOLD-signal (see
Eq. 14). This simple expression is taken directly from the Sten *et al.* 2017 [23] model and does not
directly take into account the effects of variables such as CBV, CBF and $CMRO_2$. However, these
variables do indirectly affect the calculated BOLD-signal as they are incorporated into the expression
for dHb. There are models that gives a more detailed description of the BOLD-signal; for instance,
Havlicek *et.al.* 2015 [53] present an expression where the BOLD signal constitutes a combination of
the extravascular and intravascular signals. Further, one other more detailed version of calculating
the BOLD signal, not included if in our model, is to consider the compartmentalization of the
intravascular component as is done in e.g. Griffeth and Buxton 2011 [54] and Kim and Ress 2016
[55]. In these papers, the BOLD signal is calculated as a sum of contributions from arterial, capillary,
and venous vessels, as well as an extravascular compartment. A more comprehensive
implementation of the BOLD-signal would likely lead to a model that could more accurately describe
a versatile set of BOLD-responses possibly improving the prediction of the BOLD-response seen in Fig
6 B, to be more in line with the experimental data. Such an implementation is included in Sten *et al.*
2021 [25] where multiple sets of experimental data are used to identify key mechanisms of the
BOLD-response that are preserved across different species and time-scales. The reason why such an
expression for the BOLD -signal was not implemented in this work is that the model developed
herein focuses on the metabolic responses and the connection to the already existing Sten *et al.*
2017 NVC model.

Our new combined NVC-metabolism model opens the door to several important applications in the
future. First, one such application is model-based experiment-design to *e.g.,* design new shorter
stimulation paradigms, as discussed above. Second, another application is to integrate a wider
variety of data into the same model-based analysis. In other words, this model could incorporate
data from future experiments where e.g., both BOLD and metabolism has been measured
simultaneously. Third, an extension of this application is to incorporate data for CBV and/or CBF.
Since all these variables - BOLD, CBV, CBF, and metabolism - are interconnected, they should be
analysed using one and the same model, to fully exploit all the information that is contained in such
a joint dataset. However, for that to be possible, a more advanced interconnected model than the
one presented herein is needed, since this model probably does not provide a good enough
description of CBV and CBF dynamics. Nevertheless, once such an interconnected model is in place,
it can be used to provide a new updated ability to use a model to infer $CMRO_2$, compared to the
highly simple model that is used presently [54]. Fourth, such integrated analyses could also be useful
in clinical contexts, since multiple variables analysed together would provide an integrated
understanding of the brain, with the potential for new biomarkers and mechanistic insights
regarding patient screening, stratification, and monitoring [56]. Finally, a future metabolic-NVC
model can also be used in multi-organ digital twin models, that also can be used for a variety of
applications. All in all, our new integrated model is the first to include intracellular details regarding
both metabolism and NVC (Fig. 1A), and even though it still is just a first step in this new direction, it
points to way towards many important applications in the future.

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Figure Legends

*Fig 1: **Overview of the modelling work presented herein.** A. A table summary of different models*
and what aspects of the neurovascular coupling they cover. B. A schematic overview of how this work
connects pre-existing models for the NVC with a description for the cerebral metabolism and how this
new interconnected model can be used for informative simulations. C: A detailed illustration of the
metabolism model precented in this work. Neuronal activity triggers increased consumption of
glucose, which triggers downstream signaling cascades of different metabolites, which can be
captured using MRS. D. A schematic illustration of the modelling cycle used to develop a minimal
model.

Fig 2: **Model estimation to MRS data showing changes in metabolic concentrations following visual stimuli.** *The data gathered from Lin et al. 2012 [34] shows the change in metabolic concentrations as a response to two different visual stimulus paradigms. The first paradigm (A-D) consisted of a single visual stimulus lasting for 13.6 minutes, indicated by the black bar at the bottom of the plots. The second paradigm (E-H) consists of two 9.9-minute periods of stimulus, separated by a 9.9-minute rest period for each. For both stimulation paradigms four metabolites were analysed: lactate (A and E), glutamate (B and F), glucose (C and G), and aspartate (D and H). The data is here illustrated as a relative change from a baseline, with a mean value ± SEM (red error bars). The model estimation is illustrated as the blue shaded areas.*

Fig 3: **The model estimation of the BOLD response.** *A. The model estimation (blue shaded area) of the positive BOLD response fitted to data (red error bars) to a 0.5 second stimulus. B. The model estimation (blue shaded area) of the negative BOLD response fitted to data (red error bars) to a 0.5 second stimulus. The data is shown as mean values ± SEM and is taken from Sten et al. [23]*

Fig 4: **Model predictions of independent MRS data for lactate and glutamate.** *The model predictions (blue shaded areas) of the changes in metabolic concentrations for lactate (A) and glutamate (B) as a response to a double stimulation paradigm. The stimulation consisted of two 5-minute periods of stimulation (black bars) interwoven by a 5-minute rest period. The data is illustrated as mean values ± SEM (red error bars) and was gathered from Schaller et al. 2013 [36].*

Fig 5: **Model predictions compared with independent MRS data for lactate, glutamate, glucose, and aspartate, not used for training the model.** *The model predictions (blue shaded areas) of the changes in metabolic concentrations for lactate (A), Glutamate (B), Glucose (C), and aspartate (D) as a response to a double stimulation paradigm. The stimulation consisted of two 5.3-minute periods of stimulation (black bars) interwoven by a 5.3-minute rest period. The data is illustrated as mean values ± SEM (red error bars) and was gathered from Bednařík et al. 2015 [35].*

Fig 6: **Examples of the type of simulations that are possible to do with the model.** *A. An illustration of how the maximum amplitude of the metabolic response (grey shaded areas) changes with the length of stimulation. B. Shows a model prediction (blue shaded area) of a BOLD response for two short 0.5 seconds stimuli 4 seconds apart and corresponding data (red error bars). The data is gathered from Lundengård et al. [22]. C-F. shows the model predicted metabolic response to the same short double stimuli. C. shows the metabolic response for lactate; D. for glutamate; E. for glucose; and F. for aspartate.*

Supporting Information

S1 Fig: An illustration of the two-compartment version of the model presented in Fig 1C. Illustrating the division of the metabolic reactions into a glial and a neutron compartment with some cross over reactions.

S2 Fig: Comparison of parameter distributions from the identifiability analysis. The box chart illustrates the parameter distributions for four parameters ($k_{max_{pyr2}}$, $k_{M_{Pyr2}}$, $K_{max_{Glut1}}$, $k_{max_{Glut2}}$). With the distribution of the parameters in the single compartment model shown in blue and distributions of the corresponding parameters for the two-compartment model shown in red and yellow respectively.

S1 Table: A complete list of the implemented model equations form the Sten et al. 2017 model [23].
The equations are taken with the consent of the authors of the original work and are presented here
as for the convenience of the reader. Please see the original publication for a detailed description of
the model equations.

S2 Table: A list of the parameter values for the presented model. The parameter values correspond to
the values obtained for the best fit to the estimation data. The upper and lower bounds correspond
to the range of acceptable parameter values obtained from the uncertainty analysis.

S1 Text: An example case of the problems with parameter identifiability. This example illustrates the
problems with parameter identifiability that arise when additional model complexity is introduced. In
this example a two-compartment version of the metabolic model presented here is fitted to the data
for the metabolic responses and the resulting parameter identifiability is analysed.

supplementary_material.zip: is a zip-file that contains all the necessary files required to
reproduce the results presented in this paper. To ensure compatibility please ensure that all the
requirements described in the provided read me file are fulfilled.

Models Criteria	Lindquist et al.2009; Lindquist and Wager 2007; Loh et al. 2008 (16-18)	Buxton et al. 1998; Friston et al. 2000 (19,21)	Sten et al. 2017, 2020,2021; Griffeth and Buxton 2011; Kim and Ress 2016; Havlicek et. al. 2015 (23-25)	Aubert and Costalat 2007; Grutter et al. 2001; Duarte and Gruetter 2013; Mangia et. al.2009 (26-29)	Aubert et. al. 2001,2007; Winter et. al. 2018; DiNuzzo et.al. 2011 (30-33)	This work
Describes BOLD response	Yes	Yes	Yes	No	Yes	Yes
Includes CBF, CMRO₂, BOLD, metabolism and NVC	No	Yes	Yes	No	Yes	Yes
Intracellular mechanisms of NVC	No	No	Yes	No	No	Yes
Intracellular mechanisms of metabolism	No	No	No	Yes	Yes	Yes

B Pre-existing models and data

Detailed NVC Model

MRS Data

Neurometabolism models

Modelling cycle

New minimal neurometabolism model

Model describing detailed NVC and neurometabolism

Informative simulations

C Metabolism model

Glucose$_{Blood}$

Glucose$_c$ → Glucose$_t$ V_{Gluc}

Stimulus + $V_{glycolysis}$

V_{clear1}

V_{LDH}

Lactate ← Pyruvate

V_{PC}

Oxaloacetic acid V_{TCA1}

V_{GOT} V_{TCA2}

Aspartate 2- Oxoglutarate

V_{clear2} V_{xm} V_{clear3}

V_{PAG}

Glutamine ← Glutamate

V_{GS}

D Modelling cycle

Hypothesis is rejected and revised → Model is rejected

Hypothesis / Experimental data → Construction of a model → Model-based hypothesis testing → Model is rejected

Prediction-facilitated experimental design ← Prediction-based validation ← Model is not rejected

A

B BOLD

Model Prediction Uncertainty   ⚹ Experimental Data

C Lactate

D Glutamate

E Glucose

F Aspartate