

1 **Title:** Neuromodulation due to propofol affects anesthetic oscillatory coupling

2 **Authors:** Austin E. Soplata<sup>1,2,3</sup>, Michelle M. McCarthy<sup>2</sup>, Elie M. Adam<sup>2</sup>, Patrick L. Purdon<sup>3</sup>,

3 Emery N. Brown<sup>3,4,5</sup>, Nancy Kopell<sup>2</sup>

4 **Affiliations:**

5 1. Graduate Program for Neuroscience, Boston University, Boston, MA, USA

6 2. Department of Mathematics & Statistics, Boston University, Boston, MA, USA

7 3. Department of Anesthesia, Critical Care and Pain Medicine, Massachusetts General Hospital,

8 Harvard Medical School, Boston, MA, USA

9 4. Department of Brain and Cognitive Sciences, Massachusetts Institute of Technology,

10 Cambridge, MA, USA

11 5. Institute for Medical Engineering and Science, Massachusetts Institute of Technology,

12 Cambridge, MA, USA

13 **Contributions:**

14 Austin E. Soplata: Conceptualization, Data curation, Investigation, Methodology, Software,

15 Analysis, Validation, Visualization, Writing, Editing. Michelle M. McCarthy: Conceptualization,

16 Analysis, Writing, Editing. Elie M. Adam: Software, Visualization, Analysis, Editing. Patrick .

17 Purdon: Funding acquisition, Data curation, Project administration, Supervision, Editing. Emery

18 N. Brown: Funding acquisition, Project administration, Supervision, Editing. Nancy Kopell:

19 Conceptualization, Analysis, Funding acquisition, Project administration, Supervision, Writing,

20 Editing.

21 **Running Head:** Neuromodulation due to propofol affects anes. osc. coupling

22 **Key Words:** anesthesia, thalamocortical oscillations, oscillatory coupling, propofol, thalamus

23

24 **Abstract**

25 The anesthetic propofol produces prominent oscillatory signatures on the EEG. Despite the  
26 strong correlation between oscillations and the anesthetic state, the fundamental mechanisms of  
27 this unconsciousness remain unknown. On the EEG, propofol elicits alpha oscillations (8-14 Hz),  
28 slow oscillations (0.5-2.0 Hz), and dose-dependent phase-amplitude coupling (PAC) between  
29 these rhythms. A low enough dose causes “trough-max” PAC, where alpha oscillation amplitude  
30 is consistently maximal during slow troughs; this occurs at the same time as arousable  
31 unconsciousness. A high enough dose causes consistent “peak-max” PAC, where alpha  
32 amplitude is maximal during the slow peak, at the same time as unarousable unconsciousness.  
33 Much of the anesthetic state is dominated by a mixture of both states. Using thalamocortical  
34 Hodgkin-Huxley simulations, we show that, in addition to propofol effects on GABA<sub>A</sub> synapses  
35 and thalamocortical H-currents, propofol-induced changes to neuromodulation may generate  
36 LFP oscillations and their dose-dependent coupling. We show this for acetylcholine specifically,  
37 though other neuromodulators may produce the same effects. We find that LFP- and EEG-  
38 relevant synapses of local thalamocortical circuits stochastically display either trough-max or  
39 peak-max PAC on any given slow cycle. Trough-max PAC signals are present only in  
40 thalamocortical synaptic currents, and not identifiable via membrane potentials alone. PAC  
41 preference depends critically on the neuromodulatory state, which is dose-dependent: high doses  
42 are associated with statistically more peak-max than trough-max, and vice-versa. This is caused  
43 by increased cortical synchronization at higher doses. Our results have important consequences  
44 for analyzing LFP/EEG data, in that local network trough- or peak-max may only be seen on a  
45 cycle-by-cycle basis, and not when averaging. We hypothesize that this increased cortical

46 synchronization leads to an inability to process signals in a flexible manner needed for awake  
47 cognition.

48

## 49 **New & Noteworthy**

50 We simulate biophysical neural networks to investigate how the anesthetic propofol enables  
51 alpha and slow oscillations to emerge and interact. Direct effects of propofol on inhibition and  
52 indirect effects on acetylcholine level are necessary for dose-dependent emergence and coupling  
53 of these rhythms. Local groups of anesthetized cells behave with more complexity than global  
54 EEG would suggest. Higher doses are associated with more cortical synchrony, which may  
55 underlie the reduced ability to respond to stimuli.

56

## 57 **Introduction**

58 Reversible loss of consciousness is the primary aim of all anesthetic agents. Loss of  
59 consciousness with the anesthetic propofol is dose-dependent, with lower doses of propofol  
60 leading to limited, “arousable” unconsciousness (Purdon et al. 2013; Mukamel et al. 2014;  
61 Stephen et al. 2020; Gaskell et al. 2017). For example, with lower doses of propofol, subjects  
62 may display decreased arousal but retain their ability to respond to auditory cues if a painful  
63 stimulus is applied (Gaskell et al. 2017), or slowly lose their ability to respond (Purdon et al.  
64 2013; Mukamel et al. 2014). In contrast, high-dose propofol administration anesthetizes patients  
65 into deep, “unarousable” unconsciousness (Purdon et al. 2013; Mukamel et al. 2014; Gaskell et  
66 al. 2017; Stephen et al. 2020).

67

68 The EEG during propofol anesthesia is dominated by slow (0.5-2.0 Hz) and alpha (8-14 Hz)  
69 oscillations (Purdon et al. 2013; Mukamel et al. 2014). Studies suggest that phase-amplitude  
70 coupling (PAC) between slow and alpha oscillations may be an indicator of depth of anesthesia  
71 (Purdon et al. 2013; Mukamel et al. 2014). At a sufficiently low dose of propofol, alpha  
72 amplitude is maximal during the trough of the slow phase, creating “trough-max” PAC. In  
73 contrast, at sufficiently high doses of propofol, alpha amplitude is maximal during the peak of  
74 the slow phase, creating “peak-max” PAC (Mukamel et al. 2014). However, large periods of  
75 time under propofol do not correspond to either of those states on the temporal scale of  
76 spectrogram analysis, instead displaying indeterminate PAC.

77  
78 In this computational modeling paper, we show that the notions of alpha-slow trough-max and  
79 peak-max PAC exist on the fine timescale of single slow periods locally in space. In local  
80 networks, each slow period can exhibit either trough- or peak-max randomly changing in time  
81 during the same simulation. We also show that the statistics of these changes are dose-dependent,  
82 with higher doses of propofol corresponding to a larger percentage of peak-max rather than  
83 trough-max cycles. An important finding of the work is that the statistics of the two PAC states  
84 were strongly influenced by the synchrony of the cortical cells. Thus, the depth of anesthesia,  
85 measured over a long timescale, corresponds to the statistics of trough- and peak-max states, not  
86 a global switch between one state and the other.

87  
88 We base our model on previous models suggesting thalamocortical involvement in the  
89 production of propofol slow and alpha oscillations and their coupling (Soplata et al. 2017). Our  
90 previous model treated the cortical dynamics strictly as inputs to the thalamic dynamics. Here,

91 we use a full thalamocortical model with feedforward and feedback connections, and the results  
92 depend on these connections. Our thalamic model is derived from (Soplata et al. 2017) and our  
93 slow-oscillation-producing cortical model is built on (Compte et al. 2003) (for justification of  
94 this cortical slow model, see Methods). The thalamus-to-cortex connections play a prominent  
95 role in the synchronization of cortical spiking, which promotes the transition to peak-max.

96  
97 Our model includes both direct and indirect effects of propofol: The direct effects are those that  
98 affect GABA<sub>A</sub> inhibition and thalamocortical cell (TC) H-current, while the indirect effects are  
99 from its effects on neuromodulation. We focus on acetylcholine (ACh), which propofol is known  
100 to decrease (Kikuchi et al. 1998; Meuret et al. 2000; Nemoto et al. 2013; Pal and Mashour 2021;  
101 Luo et al. 2020). In the model, ACh affects several currents, but we find that the essential change  
102 is the increase in thalamocortical synaptic strength. ACh-mediated increases in thalamocortical  
103 synaptic strength lead to greater cortical synchrony and a statistical shift in the proportion of  
104 cycles in trough-max versus peak-max. Other neuromodulators may also be involved, especially  
105 those that affect thalamocortical strength.

106

## 107 **Results**

108

### 109 **Modeling Objectives and Model Description**

110

111 The aim of our modeling is to explain the dynamic mechanisms underlying the changing PAC  
112 seen in experimental data during a large proportion of the anesthetic state under propofol, as  
113 illustrated in Figure 1 from approximately time 0 to 45 minutes. Prominent alpha and slow

114 oscillations appear in the EEG of patients under propofol, as shown in Figure 1 A and B. The  
115 PAC between alpha and slow changes over time as the dose is increased. Except for very high  
116 doses, the PAC is neither wholly trough-max nor wholly peak-max, as shown in Figure 1 B and  
117 D. As we will show, our model reproduces alpha and slow frequencies as well as the mix of  
118 trough-max and peak-max.

119  
120 Our network is composed of 20 Hodgkin-Huxley-type thalamocortical cells (TC), 20 thalamic  
121 reticular neurons (TRN), 100 cortical pyramidal soma cell compartments (PYso), 100 cortical  
122 pyramidal dendritic cell compartments (PYdr), and 20 cortical interneurons (IN), as illustrated in  
123 Figure 2 A (see Methods). We model the effects of propofol by “direct” and “indirect” effects.  
124 The direct effects are: increasing GABA<sub>A</sub> maximal conductance ( $\bar{g}_{GABA_A}$ ) and GABA<sub>A</sub> decay  
125 time constant ( $\tau_{GABA_A}$ ) and decreasing TC cell H-current maximal conductance ( $\bar{g}_H$ ) (see  
126 Methods) (Soplata et al. 2017). In addition, we model some indirect effects of propofol on  
127 neuromodulation, in particular cholinergic modulation, which is known to decrease in the  
128 presence of propofol (see Methods and next section) (Kikuchi et al. 1998; Nemoto et al. 2013;  
129 Meuret et al. 2000; Pal and Mashour 2021; Luo et al. 2020). The indirect effects are increased  
130 intracortical AMPAergic synaptic conductances ( $\bar{g}_{AMPA:PY \rightarrow PY}$ ), TC-to-PY thalamocortical  
131 AMPAergic synaptic conductances ( $\bar{g}_{AMPA:TC \rightarrow PY}$ ), and K(Na)-current maximal conductance  
132 ( $\bar{g}_{K(Na)}$ ) (see Methods for detail). As we will see, the most important cholinergic effect is the  
133 increase in strength of the thalamocortical connections; we hypothesize that other modulators  
134 that produce this effect could also produce the same results as in our model. The number of cells  
135 in the model is relatively small and is intended to model local activity similar to an LFP signal.

136 The LFP of the model is produced by two sets of synapses: thalamocortical (TC→PY) and  
137 intracortical (PY→PY), both targeting the dendrites of cortical pyramidal cells (see Methods).

138

139 The parameters were chosen such that in a baseline condition without propofol, the model  
140 produces a depolarized relay-mode state under weak, constant applied current, as shown in  
141 Figure 2 B. This simulation exhibits non-bursting, tonic spiking in both the cortex and thalamus  
142 as spikes are relayed between regions. Neither region shows high-activity bursts or long periods  
143 of quiescence as one would expect in sleep or anesthetized states. This baseline simulation does  
144 not exhibit either slow or alpha oscillations spiking.

145

#### 146 **Direct effects do not produce alpha and slow oscillations**

147

148 Our previous work (Soplata et al. 2017) showed that the "direct" effects of propofol were  
149 sufficient for enabling alpha oscillations in a thalamic model with an artificial cortical input. In  
150 contrast, our current model expresses neither UP/DOWN slow states nor alpha oscillations in  
151 response to the direct effects of propofol across many different values of  $GABA_A$  and  $\bar{g}_H$   
152 parameter values, as shown in

153

154 Figure 3 A. The lack of DOWN states allows the cortex to continue to send strong, consistent  
155 excitation to the anesthetized thalamus, thus interfering with thalamic bursting and propofol  
156 alpha oscillations, as shown in

157

158 Figure 3 B and C. More details about this mechanism are in Ancillary Information 1.

159

160 **Neuromodulatory effects enable both alpha and slow oscillations**

161

162 Since direct propofol effects are not able to produce propofol oscillations in our model of the  
163 depolarized relay state, we expand our propofol modeling to also include its "indirect" effects.  
164 Our indirect effects are modeled as a decrease of cortical ACh in three ways: increasing PY cell  
165 K(Na)-current maximal conductance ( $\bar{g}_{K(Na)}$ ) (Compte et al. 2003; Benita et al. 2012), increasing  
166 intracortical PY→PY AMPAergic synaptic maximal conductance ( $\bar{g}_{AMPA:PY\rightarrow PY}$ ) (Krishnan et al.  
167 2016), and increasing thalamocortical TC→PY AMPAergic synaptic maximal conductance  
168 ( $\bar{g}_{AMPA:TC\rightarrow PY}$ ), the latter by way of muscarinic ACh receptors (Kruglikov and Rudy 2008;  
169 Favero, Varghese, and Castro-Alamancos 2012).

170

171 With the addition of the indirect effects, the model is able to generate propofol slow and alpha  
172 oscillations observed in both the model LFP and the spiking in Figure 4 A and B. The slow  
173 oscillation of our cortical model relies on  $\bar{g}_{K(Na)}$ , as in the sleep slow model from which it was  
174 derived (Compte et al. 2003). Random excitation triggers a cortical UP state, during which  
175 intracellular sodium builds up, activating the K(Na)-current. This current then terminates the UP  
176 state and transitions the pyramidal cells to silent, hyperpolarized DOWN states, just as in the  
177 original work (Compte et al. 2003). We assume in our model that these cortical UP and DOWN  
178 states correspond, respectively, to the peak and trough of EEG / LFP slow as in natural sleep  
179 slow oscillations (Vincenzo Crunelli and Hughes 2010; Cash et al. 2009; Amzica and Steriade  
180 2002).

181



182 In addition to slow oscillations, propofol-induced neuromodulation enables thalamic alpha  
183 oscillations, as shown in Figure 4. In each slow cycle, the alpha spiking appears in one of two  
184 patterns depending on individual slow cycles. During some individual slow cycles, thalamic  
185 alpha is present during the cortical DOWN state (blue highlights in Figure 4), while during other  
186 slow cycles, thalamic alpha is absent from the cortical DOWN state (orange highlights in Figure  
187 4). We refer to the former as trough-max and the latter as peak-max: the two switch apparently  
188 randomly on the timescale of seconds, consistent with Figure 1 B. In peak-max, the thalamic  
189 alpha exists only in a small range of phases of the slow oscillation. In trough-max, the alpha is  
190 spread out over almost the entire slow oscillation cycle, with the most power where cortex is in  
191 the DOWN state, making the duration of the alpha longer than in peak-max periods. Though  
192 “peak-max” and “trough-max” are defined here in terms of spiking patterns, we will show below  
193 that the LFP matches this nomenclature: high alpha in spiking is at the peak of the LFP during  
194 peak-max, and high alpha in spiking is around the trough of the LFP during trough-max.

195

196 In the next sections, we will characterize how peak-max and trough-max time periods come  
197 about, locally in time in both the spiking and the LFP. For this analysis, we need to understand  
198 how the LFP is produced during each of the states by looking at the two kinds of synaptic  
199 currents in the model that constitute the LFP: thalamocortical and intracortical synapses that  
200 target the pyramidal cell dendrites.

201

202 **Phase-amplitude coupling between alpha and slow oscillations during peak-max**

203

204 During peak-max, thalamic alpha oscillations occur in the spiking only near or during cortical  
205 UP states, as shown in Figure 5. Immediately before a cortical UP state, thalamic cells  
206 spontaneously burst at the propofol alpha frequency, as shown Figure 5 C. These thalamic bursts  
207 initiate a cortical UP state in which the firing is relatively synchronous. The resulting PY→TC  
208 depolarization from the synchronous cortical UP is strong enough to depolarize the TC cells into  
209 their silent, depolarized state, also known as the “thalamic relay-mode” (see section below  
210 “Cortical synchronization modulates thalamic state and is modulated by thalamocortical  
211 feedback”). This terminates the thalamic alpha bursting, causing the TC cells to cease oscillating.  
212 Loss of TC activity contributes to cessation of cortical spiking and the emergence of the DOWN  
213 state. Once both cortical and thalamic cells are quiescent for long enough, the TC cells  
214 spontaneously hyperpolarize and initiate bursts again, resetting the cycle.

215

216 We now consider the synaptic currents onto the pyramidal cell dendrites, the constituents  
217 currents of the LFP model, during peak-max as shown in Figure 6. During peak-max, both  
218 TC→PY and PY→PY synaptic currents are maximal during the cortical UP states, as shown in  
219 Figure 4 B and Figure 6. Since thalamic alpha is generated only around the cortical UP, at the  
220 peak of the LFP, the coupling between alpha and slow is strong during peak-max, as shown in  
221 Figure 4 B, Figure 6 D and Ancillary Information 1. Thus, during peak-max, there is a  
222 cooperation in the coupling signal.

223

224 To quantify the amount and preferred slow-phase of alpha power in our LFP signal during this  
225 time period, we used the Modulation Index (MI) method (Tort et al. 2010; Purdon et al. 2013) as  
226 shown in Figure 7 D. Across the different slow cycles of the combined TC→PY and PY→PY

227 synaptic current comodulogram, the alpha magnitude of the combined synaptic current switches  
228 its preference between 0 (middle) on the slow phase, corresponding to the slow peak, and  $\pm\pi$   
229 (edges), corresponding to the slow trough. During the indicated time period, which corresponds  
230 to the orange peak-max time period in 6 A, this current tends towards the slow peak phase  
231 instead of the slow trough phase, illustrated by the coupling skewing towards the center. Our  
232 simulated peak-max signature highlighted in Figure 7 D is similar to peak-max times in Figure 1  
233 of this work.

234

### 235 **Phase-amplitude coupling between alpha and slow oscillations during trough-max**

236

237 We next examine how the alpha and slow interact during the blue trough-max time periods.  
238 During this time, cortical spiking is not tightly synchronized, as shown in Figure 5 A and D. Due  
239 to this less synchronized cortical excitation, the thalamus is able to remain hyperpolarized  
240 enough during trough-max to have uninterrupted alpha bursting.

241

242 During this trough-max time period, target PYdr compartments exhibit slow oscillations, as  
243 shown in Figure 8 B, while the cortically projecting TC cells exhibit alpha oscillations during the  
244 cortical DOWN state, as shown in Figure 8 C. The resulting TC→PY synaptic current is shown  
245 in Figure 8 D. The amplitude of the total TC→PY synaptic current fluctuates both with alpha  
246 bursts from the thalamus and on a slow timescale due to the fluctuation of the membrane voltage  
247 of the PY cells. During cortical slow fluctuations, the synaptic current is maximal during the  
248 DOWN/non-spiking (trough) phase of the target cortical cell, as indicated by dashed lines in  
249 Figure 8 D and E. This is likely due to the less-synchronous cortex allowing for thalamic alpha to

250 occur for more of the phase than in peak-max. We note that neither the spiking of the TC nor PY  
251 cells alone display alpha-slow coupling; the coupling is evident only in the synaptic interaction  
252 between the TC cells and the pyramidal cell dendrites.

253

254 In contrast to peak-max, synaptic intracortical currents have very different behavior than  
255 synaptic thalamocortical currents during trough-max, as shown in Figure 8 and Figure 9. During  
256 peak-max, intracortical currents are maximal during the slow peak or UP state (Figure 8 F-H),  
257 whereas thalamocortical currents are maximal during the slow trough or DOWN state (Figure 8  
258 B-E). Despite these synaptic currents competing with each other (Figure 9 A and B), the  
259 thalamocortical current is an order of magnitude stronger than the intracortical current (Figure 9  
260 C), causing the combination of these currents to exhibit trough-max (Figure 9 D).

261

## 262 **Cortical synchronization modulates thalamic state and is modulated by thalamocortical** 263 **feedback**

264

265 There are two obvious dynamic differences between trough-max and peak-max: the latter  
266 displays more cortical synchronization and the thalamus undergoes periods of silence similar to  
267 cortical DOWN states, as shown in Figure 5 and Figure 10. These two phenomena are causally  
268 related: during peak-max, the cortical cells are highly synchronized, giving more excitation to  
269 the thalamus during the cortical UP state, which depolarizes the thalamus out of its alpha  
270 bursting mode into silent depolarization, producing a DOWN state in thalamus. In the absence of  
271 cortical synchrony, the thalamus remains more hyperpolarized, producing continuous alpha  
272 during cortical DOWN states. Furthermore, in peak-max, the existence of the thalamic DOWN  
273 state implies that the cortex receives less excitation during that period, causing the cortex to fire

274 more synchronously during the next UP, since PY cells have not been made to prematurely fire.  
275 Thus, there is a reciprocal relationship between spiking synchrony in the cortex and the decrease  
276 of alpha in the thalamus.

277

278 The level of cortical synchrony of a slow cycle is produced not only by thalamocortical feedback  
279 but also by a stochastic process determined by many factors. These other factors allow switches  
280 between peak-max and trough-max on a slow cycle-by-cycle basis. In particular, there is a  
281 seemingly chaotic response to similar but different initial conditions: different simulations  
282 express very different proportions of time spent in trough-max or peak-max (low or high  
283 synchrony). We hypothesize that variables associated with activity of pyramidal cells in the  
284 peak-max cortical DOWN state, in which a few pyramidal cells always remain spiking,  
285 contribute to the switch from peak-max to trough-max. However, obtaining a complete  
286 understanding of the slow cycle-to-cycle variations is outside the scope of this work.

287

## 288 **Neuromodulation can change preferred PAC regime via changing thalamocortical** 289 **feedback**

290

291 By modeling higher dose propofol via increasing the indirect effects of ACh, we find that the  
292 network shifted from preferring trough-max to peak-max, as shown in Figure 11. To show this,  
293 we ran 200 simulations with the previous parameters and random initial conditions, and 200  
294 more simulations with the same parameters, except for increases in  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$ ,  $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$ ,  
295 and  $\bar{g}_{\text{K}(\text{Na})}$ , which model further increases in propofol via a decrease in cholinergic modulation.  
296 We then averaged the amount of time each simulation exhibited trough-max (data in

297 Supplementary Data 1), since any time not spent in trough-max exhibited peak-max. The lower  
298 dose propofol simulations show a slight preference for trough-max over peak-max, with 53% of  
299 the time spent in trough-max. In high-dose simulations, the system shifts to a clear preference for  
300 peak-max, with trough-max occurring only 27% of the time. There is a high degree of variability  
301 among individual simulations, with the proportion of time spent in trough-max having a standard  
302 deviation of 20% in the low-dose case and 13% in the high-dose case.

303

304 To understand the cause of this PAC preference shift, we examined each of the propofol indirect  
305 effects individually. Starting with low-dose parameters, we changed one indirect effect  
306 parameter at a time (i.e.,  $\bar{g}_{\text{AMPA:TC}\rightarrow\text{PY}}$ ,  $\bar{g}_{\text{AMPA:PY}\rightarrow\text{PY}}$ , or  $\bar{g}_{\text{K}(\text{Na})}$ ) and ran 200 more simulations  
307 each. With a high dose level of  $\bar{g}_{\text{AMPA:TC}\rightarrow\text{PY}}$ , the proportion of time spent in trough-max  
308 decreases to 30% ( $\pm 13\%$ ), similar to the decrease from low-dose to high-dose propofol with all  
309 indirect effects increased. In contrast, with a high-dose level of  $\bar{g}_{\text{AMPA:PY}\rightarrow\text{PY}}$  or  $\bar{g}_{\text{K}(\text{Na})}$ , the  
310 proportion of time spent in trough-max is 50% ( $\pm 19\%$ ) or 54% ( $\pm 18\%$ ), respectively. This  
311 strongly suggests that changes to thalamocortical synaptic strength are the primary cause of the  
312 change in preferred PAC in our model (parameters in Methods and Appendix, data in  
313 Supplemental Data 1).

314

315 The shift to peak-max when  $\bar{g}_{\text{AMPA:TC}\rightarrow\text{PY}}$  increases is likely due to the increased ability of  
316 thalamic bursting to recruit more cortical cells into the synchronized cortical UP state. These  
317 synchronized cortical cells send more feedback excitation to TC cells, causing them to enter their  
318 depolarized silent state and begin the mutually-enforcing patterns of thalamocortical and  
319 corticothalamic interactions that characterize peak max.

320

## 321 **Discussion**

322

## 323 **Overview**

324

325 In this work, we simulate a thalamocortical network of Hodgkin-Huxley cells to understand the  
326 propofol anesthetic state during which neither trough-max nor peak-max appears to dominate the  
327 EEG, though the statistics of these two states change with dose. We find that both the direct  
328 effects of propofol on cellular membrane and inhibitory dynamics as well as the indirect effects  
329 of propofol mediated by ACh are necessary for producing slow oscillations, alpha oscillation,  
330 and their coupling. Slow oscillations generated by cortex and alpha oscillations generated by  
331 thalamus couple during propofol states, but do not form stable, long-lasting PAC regimes at the  
332 LFP level. The alpha-slow PAC can change from slow cycle to slow cycle in a manner that  
333 appeared to be stochastic, with a slight preference for trough-max with a lower dose and a strong  
334 preference for peak-max at a higher dose. We found the PAC type distribution depends on the  
335 synchronization of the cortex and, therefore, the cortical signal given to the thalamus. At the  
336 higher dose of propofol, the increase in  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$ , an indirect effect of propofol due to ACh, is  
337 highly influential in changing the preferred PAC type in favor of peak-max. Increasing  
338  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$  leads to higher synchronization of the cortical pyramidal cells, which leads to  
339 stronger and more focused feedback to the thalamus.

340

## 341 **Prior work and thalamocortical feedback**

342

343 While prior modeling demonstrated thalamocortical circuits could produce propofol alpha  
344 oscillations (Ching et al. 2010; Vijayan et al. 2013), or propofol alpha and slow (Krishnan et al.  
345 2016), our previous work (Soplata et al. 2017) was the first modeling investigation into the  
346 unique alpha-slow PAC dynamics of propofol of which we are aware. Our current  
347 thalamocortical model includes feedback from thalamus to cortex, leading to updates of several  
348 predictions pertaining to propofol alpha-slow PAC as well as to new mechanistic insights into  
349 the role of thalamocortical feedback in network dynamics related to loss of consciousness.  
350  
351 Our prior model predicted propofol-alpha generation in thalamus due to the direct effects of  
352 propofol. Our current thalamocortical model supports thalamic generation of alpha but  
353 additionally requires the indirect effect of propofol lowering ACh and decreasing cortical firing  
354 to generate this alpha. In the prior thalamus-only model, thalamic alpha emerged only during the  
355 DOWN state in trough-max and only during the UP state in peak-max. In the current model, in  
356 which the hyperpolarization level of the thalamus is partially controlled by the cortex, we find  
357 that, during trough-max, the thalamus does not hyperpolarize enough to stop spiking during the  
358 UP state; rather, the thalamus continues to burst in alpha in both cortical UP and DOWN states.  
359 We also find that, during peak-max, the thalamic silence during the DOWN state is due to  
360 depolarization from corticothalamic excitation, rather than hyperpolarization as suggested by the  
361 thalamus-only model. The natural switching between trough-max and peak-max found in the  
362 current model relies on thalamocortical feedback, in the shape of partial control of cortical  
363 dynamics by the thalamus not available in the prior model.  
364  
365 Additionally, cortical synchronization, which requires thalamocortical feedback, plays a key role



366 in determining the PAC regime. However, ultimately the PAC regime expressed in each slow  
367 cycle is a product of many factors including randomness, and it is outside the scope of this work  
368 to evaluate all the determinants of peak-max versus trough-max LFP PAC. Many synaptic and  
369 intrinsic factors across different regions could have strong effects on the network dynamics.  
370 Even small perturbations to the initial conditions result in radically different simulations,  
371 indicating chaotic outcomes in the time course of our simulated LFP PAC. This is similar to the  
372 slow oscillations in natural sleep, in that different components of the sleep slow oscillation arise  
373 out of different, possibly complementary mechanisms rather than any single set (Neske 2016).

374

### 375 **Detectability of cycle-by-cycle PAC**

376

377 In Figure 1 it is surprising that we see cycle by cycle changes in EEG experiments. The EEG  
378 may be considered to be an average of many LFP signals (Nunez and Srinivasan 2006);  
379 therefore, one might expect that cycle-by-cycle LFP PAC changes could be washed out by the  
380 EEG spatial averaging. The fact that we do see cycle-by-cycle changes suggests that there may  
381 be significant synchrony locally around each EEG electrode.

382

383 If we are correct that TC→PY synapses are the main contributor to the LFP during trough-max,  
384 this PAC may not be observable from individual, cortical, or thalamic cell voltages or spike  
385 recordings alone. Instead, the EEG signature of trough-max may arise exclusively from  
386 TC→PY-generated synaptic current dipoles within the dendrites of pyramidal cells. Therefore,  
387 trough-max may appear in cortical electric field measures or spike-field coherence between

388 thalamic spikes and cortical fields, but possibly not spike-field coherence between cortical spikes  
389 and cortical fields.

390

### 391 **Spatiotemporal heterogeneity and future modeling**

392

393

394 Heterogeneity in TC→PY and PY→PY strength and connectivity across cortical regions and  
395 layers may contribute to diversity in cortical synchronization levels (Redinbaugh et al. 2020;  
396 Malekmohammadi et al. 2019) and therefore diversity in local PAC. Our simulations indicate  
397 that different doses of propofol tend to express different PAC regimes on a small spatial scale.  
398 Our results also suggest that under propofol, different local cortical networks may, on a fast  
399 timescale, switch between trough-max or peak-max at the LFP level in the cortex even while a  
400 regional EEG signal predominantly shows a single type of dose-dependent PAC. Our model  
401 suggests that during high-dose propofol when the comodulogram predominantly expresses EEG  
402 peak-max, the EEG can still exhibit some trough-max PAC cycles, as we see in Figure 1 B.

403

404 By introducing region-specific heterogeneity to cortex (e.g., sensory and higher-order) and  
405 thalamus (e.g., core and matrix), future simulations may be able to investigate the significant  
406 spatiotemporal changes between low- and high-dose propofol. “Anteriorization” is a well-known  
407 phenomenon where propofol administration initially leads to the loss of awake, occipital alpha  
408 and an increase in frontal alpha (Tinker, Sharbrough, and Michenfelder 1977; Cimenser et al.  
409 2011; Vijayan et al. 2013). This frontal alpha is at its strongest and most persistent state during  
410 low-dose EEG trough-max, before spreading to become region-nonspecific during high-dose

411 EEG peak-max PAC (Cimenser et al. 2011; Purdon et al. 2013; Mukamel et al. 2014; Stephen et  
412 al. 2020) and decreasing in power with increasing dose (Gutiérrez et al. 2022). Slow power is  
413 also greater during high-dose than low-dose propofol (Purdon et al. 2013; Mukamel et al. 2014;  
414 Mhuircheartaigh et al. 2013; Lee et al. 2017) and may modulate higher frequencies more in  
415 frontal regions during peak-max (Stephen et al. 2020). Modeling prefrontal cortex specifically  
416 will allow us to probe why trough-max is prevalent in frontal cortex (Mukamel et al. 2014), why  
417 there is stronger frontal slow modulation during peak-max (Stephen et al. 2020), and why there  
418 is increased thalamocortical alpha coherence in this region (Flores et al. 2017). Simultaneously  
419 modeling of sensory cortex will allow us to explore coherence, phase (Malekmohammadi et al.  
420 2019), and firing rate (Krom et al. 2020) discrepancies found between frontal and sensory  
421 regions under anesthesia. Understanding how heterogeneity affects cross-cortical communication  
422 and frontal cortex specifically may help to validate theories of loss of consciousness, including  
423 frontoparietal disconnection (Hudetz and Mashour 2016) and similar connectivity changes  
424 (Banks et al. 2020), brainstem changes to neuromodulation (Brown, Purdon, and Van Dort  
425 2011), alpha blocking of processing (Palva and Palva 2007), and slow oscillation control of  
426 activity (Gemignani et al. 2015; Stephen et al. 2020).

427

## 428 **Propofol, slow oscillations, and neuromodulation**

429

430 A notable interpretation of this model is that the anesthetic effects depend on the indirect  
431 neuromodulatory effects of ACh as much as on the direct effects on GABA<sub>A</sub> inhibition and the  
432 TC cell H-currents; however, any other modulator that increases the strength of coupling from  
433 thalamus to cortex will likely have the same effect. While we restrict our investigation here to

434 propofol cholinergic changes, propofol likely also utilizes known slow mechanisms via its  
435 effects on non-cholinergic brainstem neuromodulatory systems. Propofol affects not just the  
436 cholinergic sources in the basal forebrain, laterodorsal tegmental area, and pedunculopontine  
437 tegmental area, but, through enhancing inhibition by the pre-optic area, also inhibits the  
438 tuberomammillary nucleus, locus coeruleus, dorsal raphe nucleus, ventral periaqueductal gray,  
439 and lateral hypothalamus (Brown, Lydic, and Schiff 2010; Brown, Purdon, and Van Dort 2011).  
440 These areas respectively provide histamine, norepinephrine, serotonin, dopamine, and  
441 orexin/hypocretin to the cortex (Brown, Lydic, and Schiff 2010; Brown, Purdon, and Van Dort  
442 2011). Many of these neuromodulators affect various potassium currents that are critical in  
443 known slow models, including the K(Na)-current, the NaP-current, and potassium leak currents  
444 (Schwindt, Spain, and Crill 1989; McCormick 1992). These neuromodulators can also affect  
445 both excitatory and inhibitory currents in the cortex, and can change the relative impact of  
446 thalamocortical synapses (McCormick 1992; Favero, Varghese, and Castro-Alamancos 2012;  
447 Kuo and Dringenberg 2008). However, there is still much we do not understand about how these  
448 neuromodulators work in concert together (Krishnan et al. 2016). Global GABA<sub>A</sub> conductance  
449 strength, which is very important in the mechanisms of propofol, has also been found to vary  
450 across natural sleep and has been analyzed alongside other neuromodulators in a similar  
451 thalamocortical model (Krishnan et al. 2016). Additionally, increasing K(Na) strength decreases  
452 the frequency of slow oscillations in this cortical model (Benita et al. 2012), and this current  
453 behaves similarly to ATP-dependent K-currents previously used in burst suppression modeling  
454 (Cunningham et al. 2006, 200; Ching et al. 2012). Therefore, by further exploring the slow  
455 oscillation mechanism in this work and including slow mechanisms impacted by non-cholinergic

456 and metabolic neuromodulators, it may be possible to augment this model to simulate not just  
457 propofol PAC regimes, but also burst suppression.

458

459 It is known that the cholinesterase inhibitor physostigmine reverses propofol LOC (Meuret et al.  
460 2000); assuming LOC depends on slow oscillations, our model suggests that the indirect  
461 engagement of the K(Na) current by propofol may explain this experimental result.

462 Physostigmine acts to increase ACh levels, which would decrease  $\bar{g}_{K(Na)}$  in our model and stop  
463 the K(Na)-dependent slow, thus eliminating propofol-induced slow. ACh also acts to weaken  
464 thalamocortical connections (Favero, Varghese, and Castro-Alamancos 2012) and therefore  
465 release the cortex from over-synchronization; less synchronized states are associated with the  
466 awake state. Thus, loss of ACh may be a major contributor to propofol-induced loss of  
467 consciousness. The fact that our model requires neuromodulatory changes to produce propofol  
468 oscillations and their coupling suggests that the effects of propofol on the brainstem may be  
469 critical for its oscillatory phenomena, which is supported by active experimental research on  
470 propofol and other anesthetics (Moody et al. 2021; Minert, Yatziv, and Devor 2017; Minert,  
471 Baron, and Devor 2020; Muindi et al. 2016; Vlasov et al. 2021). Since the transition from  
472 trough-max to peak-max is associated with only lowering ACh in our model, we predict that a  
473 smaller dose of physostigmine may promote less peak-max.

474

475 In addition to a deeper understanding of the role of ACh in the dynamics of anesthesia, our  
476 model makes predictions about effects of localized injections of propofol and ACh receptor  
477 antagonist, scopolamine. If propofol is locally injected into the thalamus, and scopolamine is  
478 locally injected into the cortex, we predict that propofol slow and alpha oscillations would

479 appear on the EEG. This would happen due to the cortical decrease in ACh, enabling K(Na)-  
480 current activation, thus generating cortical slow, which in combination with the direct effects of  
481 propofol in thalamus would enable thalamic alpha. Different doses of scopolamine in this case  
482 may be able to induce predominantly EEG trough-max or peak-max as well, depending on how  
483 ACh modulation through scopolamine affects thalamocortical synaptic strength.

484

### 485 **Propofol, slow oscillations, and sleep**

486

487 Our work suggests that propofol utilizes not only thalamic spindling mechanisms (Soplata et al.  
488 2017), but also natural sleep slow mechanisms and changes in neuromodulation to produce its  
489 oscillatory and PAC effects. The K(Na)-current is the primary mechanism of slow generation in  
490 the cortical sleep slow model we used (Sanchez-Vives, Nowak, and McCormick 2000; Schwindt,  
491 Spain, and Crill 1989; Compte et al. 2003). Because propofol decreases ACh in the cortex  
492 (Kikuchi et al. 1998; Nemoto et al. 2013), and decreasing ACh strengthens the K(Na)-current  
493 (Schwindt, Spain, and Crill 1989; McCormick 1992) (see Introduction), indirect cholinergic  
494 effects by propofol on this current may contribute to propofol slow generation. Most other slow  
495 models rely on a combination of changes to cortical excitatory/inhibitory plasticity and/or the  
496 persistent sodium current (NaP) (Bazhenov et al. 2002; Hill and Tononi, Giulio 2004; V.  
497 Crunelli et al. 2011; Sanchez-Vives and McCormick 2000; Timofeev et al. 2000; Krishnan et al.  
498 2016). The NaP-current has been shown to be functionally coupled to the K(Na)-current (Hage  
499 and Salkoff 2012), and therefore the K(Na)-current may contribute to these mechanisms. Models  
500 of slow UP state initiation, also called DOWN-to-UP transitions, rely on random cortical  
501 excitation (Timofeev et al. 2000), synaptic plasticity changes (Krishnan et al. 2016; Sanchez-

502 Vives and McCormick 2000), or TC initiation of cortical slow UP states (V. Crunelli et al. 2011).  
503 In our trough-max simulations, persistent thalamic alpha provides constant excitation relative to  
504 cortical slow oscillations, enabling UP states to initiate as soon as the hyperpolarizing K(Na)-  
505 current in a PY cell has decayed. In our peak-max simulations, however, TC cells exhibit their  
506 own silent depolarized states, and upon thalamic re-hyperpolarization, sudden intrinsic thalamic  
507 bursting onto a silent cortex enables synchronized cortical UP states. Future work designed to  
508 differentiate natural sleep slow versus anesthetic slow mechanisms will enable finer-grained  
509 experiments into how the loss of consciousness occurs in these two distinct states.

510

### 511 **Propofol, memory consolidation, and aging**

512

513 Our investigation of these thalamocortical dynamics under propofol may have implications for  
514 memory and aging. During natural sleep, memory consolidation onto cortical axo-dendrite  
515 connections likely occurs during the nesting of hippocampal ripples during thalamic spindles,  
516 which themselves are nested inside thalamocortical sleep slow oscillations (Penagos, Varela, and  
517 Wilson 2017). Based on our current and previous work (Soplata et al. 2017), propofol alpha and  
518 slow oscillations likely utilize some of the same mechanisms used by these processes. Proper  
519 memory consolidation requires correct encoding of worthwhile memories during sleep  
520 (Stickgold 2005), but if application of propofol abnormally activates some of the same  
521 oscillations in this process, the oscillations of propofol may cause invalid memory consolidation  
522 or interfere with synaptic-dendrite networks involved in storing memory. A recent experiment  
523 showed promising results in using propofol to disrupt reconsolidation of traumatic memories  
524 (Galarza Vallejo et al. 2019), which could help treat Post-Traumatic Stress Disorder patients.

525 Additionally, alpha power and, to a lesser extent, slow power under propofol may indicate a  
526 subject's "brain age" (Purdon et al. 2015). Our modeling predicts that propofol alpha may  
527 exclusively arise from the thalamus, and therefore a decrease in propofol alpha power across age  
528 could correlate with brain fitness via losses in the ability of the thalamus to burst (Purdon et al.  
529 2015), myelination retention of thalamocortical afferents (Peters 2002), or the strength of  
530 thalamocortical synapses onto cortical dendrites (Morrison and Baxter 2012).

531

### 532 **Implications for unconsciousness**

533

534 One unintuitive finding suggested by our model was that TC neurons may be depolarized into  
535 "relay mode" during peak-max DOWN states, and could potentially relay sensory information  
536 during this window, even during anesthesia. In our simulations, strong corticothalamic excitation  
537 after synchronized UP states increased the membrane potential of TC cells during peak-max, as  
538 shown in Figure 6. This increase was enough to interrupt the intrinsic alpha bursts of the  
539 thalamus, but if this occurs at the same time as strong sensory input spikes, the TC cells may be  
540 depolarized enough to briefly relay sensory spiking information up to the cortex. Recently, in  
541 humans under low propofol anesthesia, auditory stimuli resulted in wake-like cortical neural  
542 activity in primary auditory cortex but not higher-order cortex (Krom et al. 2020). This suggests  
543 that some thalamic sensory relay may still occur under propofol anesthesia, even if changes to  
544 cross-cortical communication prevent its higher-order processing. Furthermore, in our  
545 simulations, peak-max may occur during individual slow cycles of both low- and high-dose  
546 propofol, indicating this brief sensory relay may occur at any point during propofol anesthesia  
547 (Malekmohammadi et al. 2019; Krom et al. 2020).



548

549 Our modeling of how propofol alters coordination of thalamocortical oscillatory activity may  
550 help explain how anesthesia leads to arousable and unarousable loss of consciousness. While our  
551 model of PAC shows how sensory stimuli can still reach primary regions of cortex (see previous  
552 paragraph), it also suggests that there may be large dynamic changes in UP state synchrony  
553 among cortical neurons. If thalamic bursting is enhanced under propofol, and enhanced  
554 thalamocortical feedback can strongly synchronize cortical UP states, then the cortical  
555 coordination needed for consciousness may be disrupted by too much synchrony within local  
556 cortical networks. Our model suggests that this occurs during peak-max, which happens more  
557 frequently at higher doses, and therefore this increase in local LFP-scale synchrony (as opposed  
558 to large-scale synchrony) may be responsible for the difference between arousable and  
559 unarousable propofol unconsciousness. At the same time, since ACh strengthens  $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$ ,  
560 during high propofol doses, UP state synchrony may be more likely to spread between  
561 neighboring cortical columns, which may also explain the shift from arousable to unarousable  
562 unconsciousness under propofol. Finally, enhanced intracortical UP state synchrony during peak-  
563 max may also explain why peak-max coupling could extend to frequencies higher than alpha  
564 (Stephen et al. 2020) if higher frequency activity spreads more easily through these synchronized  
565 UP states. Ultimately, our model and the future work it guides may help to find the mechanistic  
566 difference between arousable and unarousable unconsciousness and, possibly, one cause of loss  
567 of consciousness.

568

569 **Methods**

570

571 *Model Network Design*

572

573 Our Hodgkin-Huxley network, illustrated in Figure 2 A, consists of 100 cortical pyramidal  
574 dendritic compartments (PYdr), 100 corresponding cortical pyramidal somatic/axonal  
575 compartments (PYso), 20 cortical interneuron cells (INs), 20 thalamic thalamocortical cells  
576 (TCs), and 20 thalamic reticular neurons (TRNs). All equations and parameters used in the  
577 model are available in both the Appendix and the model code (Soplata 2022b). The thalamic  
578 cells are identical to those used in (Soplata et al. 2017) and therefore derived from (Destexhe et  
579 al. 1996; Ching et al. 2010), except that we used a population size of 20 for each cell class rather  
580 than 50 due to memory/RAM limitations. All intrathalamic synapses between populations are  
581 all-to-all connected, just like in (Soplata et al. 2017). The cortical compartments and cells are  
582 implemented according to their original description in (Compte et al. 2003). For all cortical and  
583 thalamocortical synapses, each source cell is connected to  $(2 \cdot \text{radius} + 1)$  target cells, where the  
584 radius is 10 cells. These connections overlap at the beginning and end of each cells for each  
585 population, and all synapses of a given source cell are equally weighted. Each PYdr  
586 compartment is directly coupled to a single corresponding PYso compartment. While there are  
587 many slow models to choose from (Lytton, Destexhe, and Sejnowski 1996; Destexhe et al. 1996;  
588 Sanchez-Vives and McCormick 2000; Timofeev et al. 2000; Bazhenov et al. 2002; Destexhe and  
589 Sejnowski 2003; Hill and Tononi, Giulio 2004; V. Crunelli et al. 2011), we use this particular  
590 K(Na)-based sleep slow cortical model (Compte et al. 2003) due to its simplicity, experimental  
591 basis (Sanchez-Vives and McCormick 2000), and effective utilization in other slow models  
592 (Benita et al. 2012; Taxidis et al. 2013).

593

594 All connections are illustrated in Figure 2 A and available in both the Appendix and the model  
595 code (Soplata 2022b). AMPA connections include from PY<sub>so</sub> to neighbor-only PY<sub>dr</sub>  
596 (PY<sub>so</sub>→PY<sub>dr</sub> also called PY→PY), from PY<sub>so</sub> to IN (PY→IN), from TC to TRN (TC→TRN),  
597 from TC to PY<sub>dr</sub> (TC→PY), from TC to IN (TC→IN), from PY<sub>so</sub> to TRN (PY→TRN), and  
598 from PY<sub>so</sub> to TC (PY→TC). Intracortical AMPA connections (PY<sub>so</sub>→PY<sub>dr</sub> and PY<sub>so</sub>→IN)  
599 included synaptic depression. NMDA connections include from PY<sub>so</sub> to PY<sub>dr</sub> and from PY<sub>so</sub> to  
600 IN and include synaptic depression. GABA<sub>A</sub> connections include from IN to PY<sub>so</sub> (IN→PY),  
601 from IN to neighbor-only IN (IN→IN), from TRN to TC (TRN→TC), and from TRN to TRN  
602 (TRN→TRN). GABA<sub>B</sub> connections are only from TRN to TC (TC→TRN). Finally, simple  
603 compartmental connections exist between each PY<sub>dr</sub> and its corresponding PY<sub>so</sub> compartment.  
604 Note that we use PY→PY to refer exclusively to AMPAergic PY<sub>so</sub>→PY<sub>dr</sub> connections.

605

#### 606 *Propofol direct effects*

607

608 Similarly to our previous work (Soplata et al. 2017), we model how increasing propofol directly  
609 affects the thalamocortical system via changing three parameters: decreasing TC cell H-current  
610 maximal conductance ( $\bar{g}_H$ ), and potentiating all GABA<sub>A</sub> synapses via increasing maximal  
611 conductance ( $\bar{g}_{GABA_A}$ ) and GABA<sub>A</sub> decay time constants ( $\tau_{GABA_A}$ ). Propofol may decrease  $\bar{g}_H$   
612 directly (Ying et al. 2006; Cacheaux et al. 2005), although the magnitude of this change is  
613 experimentally unknown (Chen 2005). To shift from a relay-mode state to a propofol-  
614 anesthetized state, we decrease  $\bar{g}_H$  from 0.04 to 0.005  $mS/cm^2$ , which is in line with previous  
615 anesthetic and sleep research using this thalamic model (Destexhe et al. 1996; Vijayan et al.  
616 2013; Ching et al. 2010; Soplata et al. 2017).

617

618 For our propofol simulations, we triple  $\bar{g}_{\text{GABA}_A}$  and  $\tau_{\text{GABA}_A}$  for all  $\text{GABA}_A$  synapses, since  
619 doubling these  $\text{GABA}_A$  parameters did not effectively produce trough-max. We originally based  
620 the magnitude of our propofol  $\text{GABA}_A$  changes on prior modeling work (McCarthy, Brown, and  
621 Kopell 2008). In our previous paper (Soplata et al. 2017), we found that our thalamus-only  
622 network could produce persistent alpha oscillations if we doubled or tripled these  $\text{GABA}_A$   
623 parameters. Importantly, in Figure 4 of (Soplata et al. 2017), we showed that thalamic persistent  
624 alpha occurred across a broader range of inputs when tripling the parameters compared to  
625 doubling. In the current paper, for all anesthetic simulation variations, doubling  $\text{GABA}_A$   
626 parameters produces very little simulation time of trough-max, instead producing peak-max, due  
627 to the lack of persistent thalamic alpha oscillations. Instead, only by tripling  $\text{GABA}_A$  parameters  
628 do the simulations produce trough-max for a substantial or majority of simulation time. We  
629 suspect that cortical dynamics with lower doses of propofol require additional cortical cell types  
630 such as found in (McCarthy, Brown, and Kopell 2008). Since these cell types were not included  
631 in the model, we restrict our examination of cortical dynamics and its effects on thalamus to  
632 higher, anesthetic doses of propofol.

633

634 *Propofol indirect effects (acetylcholine)*

635

636 Propofol decreases cortical acetylcholine (ACh) (see Introduction), and we model these  
637 “indirect” anesthetic changes via increasing intracortical AMPAergic synaptic conductances  
638 ( $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$ ) (Compte et al. 2003; Benita et al. 2012; Krishnan et al. 2016), TC-to-PY  
639 thalamocortical AMPAergic synaptic conductances ( $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$ ) (Kruglikov and Rudy 2008;

640 Favero, Varghese, and Castro-Alamancos 2012), and K(Na)-current maximal conductance  
641 ( $\bar{g}_{K(Na)}$ ) (Compte et al. 2003; Benita et al. 2012). ACh affects thalamocortical afferent synapses  
642 in different ways: decreased nicotinic ACh receptor activation weakens thalamocortical  
643 synapses, but decreased muscarinic ACh receptor activation strengthens them (Kruglikov and  
644 Rudy 2008; Favero, Varghese, and Castro-Alamancos 2012; Gil, Connors, and Amitai 1997;  
645 Hsieh, Cruikshank, and Metherate 2000; Oldford and Castro-Alamancos 2003; Eggermann and  
646 Feldmeyer 2009). Based on the rapid desensitization of nicotinic ACh receptors (Quick and  
647 Lester 2002), the slowly-changing, metabotropic nature of muscarinic receptors, and their similar  
648 shifts in natural sleep (McCormick 1992), we believe that muscarinic receptors could exert a  
649 stronger effect than nicotinic receptors on thalamocortical afferents, therefore increasing  
650  $\bar{g}_{AMPA:TC \rightarrow PY}$  with increasing propofol dose.

651

### 652 *Dose parameters*

653

654 For relay-mode, we apply none of the propofol effects and use the following parameters:

655  $\bar{g}_{AMPA:PY \rightarrow PY}$   $0.004 \text{ mS/cm}^2$ ,  $\bar{g}_{AMPA:TC \rightarrow PY}$   $0.004 \text{ mS/cm}^2$ , TC  $\bar{g}_H$   $0.04 \text{ mS/cm}^2$ , PY  $\bar{g}_{K(Na)}$   $0$   
656  $\text{mS/cm}^2$ , and global  $\bar{g}_{GABA_A}$  and  $\tau_{GABA_A}$  modifier: 1x. We choose our relay-mode TC $\rightarrow$ PY and  
657 PY $\rightarrow$ PY maximal synaptic conductances (both  $0.004 \text{ mS/cm}^2$ ) based on values slightly less  
658 than the value needed for one source cell spike to induce one target cell spike.

659

660 For direct-effects-only and all low-dose and high-dose propofol simulations, propofol direct  
661 effect parameters are as follows: TC  $\bar{g}_H$   $0.005 \text{ mS/cm}^2$  and global  $\bar{g}_{GABA_A}$  and  $\tau_{GABA_A}$  modifier:  
662 3x. We do not change propofol direct effect parameters between low- and high-dose propofol

663 because only tripling rather than doubling GABA<sub>A</sub> parameters enabled trough-max (see previous  
664 section *Propofol direct effects*) and further changes to  $\bar{g}_H$  may have changed the frequency and  
665 susceptibility of thalamic alpha when our primary aim was to investigate how thalamic alpha  
666 interacts with cortical slow coupling.

667

668 For low-dose propofol simulations, corresponding to indirect effects, we increase PY  $\bar{g}_{K(Na)}$  to  
669  $1.33 \text{ mS/cm}^2$ ,  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$  to  $0.005 \text{ mS/cm}^2$  and  $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$  to  $0.0075 \text{ mS/cm}^2$ , while for  
670 high-dose simulations, we further increase PY  $\bar{g}_{K(Na)}$  to  $1.5 \text{ mS/cm}^2$  and both  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$  and  
671  $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$  to  $0.01 \text{ mS/cm}^2$ . Low- and high-dose values of PY  $\bar{g}_{K(Na)}$  were used for their  
672 similarity to slow investigations with the original model (Benita et al. 2012). Different  
673 computational models use a range of proportional increases to  $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$  caused by ACh,  
674 including up to +75% (Vijayan et al. 2013) or +15% to +100% (Krishnan et al. 2016). Data on  
675 how much ACh may increase  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$  is much more scarce, but the increase may be as high  
676 as +300% (see Figure 8 F of (Favero, Varghese, and Castro-Alamancos 2012)). However, the  
677 effect of these ACh changes on the system may be even more pronounced due to the large  
678 differences in intracortical and thalamocortical maximal AMPAergic conductance assumptions,  
679 which can span more than an order of magnitude of difference just between biophysical models  
680 alone (Traub et al. 2005; Ching et al. 2010; Vijayan et al. 2013; Krishnan et al. 2016). Based on  
681 our initial relay-mode  $\bar{g}_{\text{AMPA:PY} \rightarrow \text{PY}}$  and  $\bar{g}_{\text{AMPA:TC} \rightarrow \text{PY}}$  values of  $0.004 \text{ mS/cm}^2$ , we limit our  
682 analysis to the extensive network changes that occur within +150% of these values to try to stay  
683 as close to biological realism as possible. The only exception to this is where we increase each  
684 indirect effect to its corresponding high-dose level by itself (given above) but kept all other  
685 values at low-dose conditions.

686

### 687 *LFP Model*

688

689 For our LFP model and PAC analysis, we rely on the total combined cortical AMPAergic  
690 synaptic currents of TC→PY and PY→PY synapses, in units of  $\mu A/cm^2$ , except when otherwise  
691 indicated to look at individual synapse types. We base this analysis on the assumption that the  
692 primary determinants of LFP, like most electrode signals, are local excitatory synaptic currents  
693 (Nunez and Srinivasan 2006; Buzsáki, Anastassiou, and Koch 2012; Einevoll et al. 2013).

694

### 695 *Coupling Analysis*

696

697 For the comodulograms of the LFP signals, we use the Modulation Index method (Tort et al.  
698 2010) as implemented in MATLAB by Angela Onslow (Onslow, Bogacz, and Jones 2011) to  
699 estimate phase-amplitude coupling in Figure 7 and Figure 9. A copy of this analysis software is  
700 available in the modified DynaSim toolbox used for this work (Soplata 2022a), and the  
701 parameters used for each analysis are available online in the script files used to run the  
702 simulations and analysis (Soplata 2022b).

703

### 704 *Simulations and Reproducibility*

705

706 All of the simulation parameters (Soplata 2022b) and model code (Soplata 2022c) needed to  
707 reproduce the simulations shown in this work are available online on GitHub. All simulations  
708 were run using a custom version (Soplata 2022a) of the MATLAB simulation toolbox DynaSim

709 (Sherfey et al. 2018) located online. Individual simulations should be reproducible on a modern  
710 desktop computer with access to RAM of 32 gigabytes or higher.

711

712 *Human Data for Figure 1*

713

714 Human experimental data used in Figure 1 is from a single subject analyzed in (Purdon et al.  
715 2013) and subject to the same methodology and analysis.

716

717 **Appendix:**

718 **Equations for Computational Models (attached as PDF)**

719

720 **Acknowledgements:**

721 The authors would like to thank Jason Sherfey, Erik A. Roberts, and Caroline Moore-Kochlacs  
722 for their suggestions during the investigation.

723

724 **Grants:**

725 All authors were supported by NIH Grant P01GM118269. Other sources include Guggenheim  
726 Fellowship in Applied Mathematics, NIH R01-GM104948, funds from MGH, and NSF DMS-  
727 1042134-5.

728

729 **Disclosures:**

730 Massachusetts General Hospital has licensed intellectual property for EEG monitoring developed  
731 by Drs. Brown and Purdon to Masimo Corporation. Drs. Brown and Purdon hold interests in, and



732 Dr. Purdon is a co-founder of, PASACALL Systems, Inc., a start-up company developing EEG-  
733 based anesthetic state control systems for anesthesiology.

734

735 **Supplementals:**

736 **Supplemental Data 1. Simulation PAC data, available at**

737 <https://doi.org/10.6084/m9.figshare.19175720.v1>

738

739 **Endnote:**

740 At the request of the author(s), readers are herein alerted to the fact that additional materials  
741 related to this manuscript (“Ancillary Information 1”) may be found at

742 <https://doi.org/10.6084/m9.figshare.19184564> . These materials are not a part of this manuscript  
743 and have not undergone peer review by the American Physiological Society (APS). APS and the  
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745 to or from it.

746

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1036

## Figure Captions

1037 **Figure 1: EEG alpha and slow phase-amplitude coupling during human propofol anesthesia.**

1038 (A) Frontal EEG recorded at different propofol doses in human patients (data from (Purdon et al. 2013)).

1039 (B) EEG data from A but filtered at alpha (red) and slow (green) frequencies. (C) Stepwise changes in

1040 propofol dose throughout the experiment. (D) Comodulogram of alpha frequency amplitude coupling to

1041 slow frequency phase of EEG activity in A. (D) Spectrogram of EEG activity in A. Red vertical line

1042 marks the time of loss of consciousness.

1043

1044 **Figure 2: The simulated thalamocortical network is capable of relay-mode firing.**

1045 (A) Illustration of thalamocortical Hodgkin-Huxley network model used for all simulations; for details,

1046 see Methods. (B) Rastergrams of each cell/compartment in a relay-mode state, in which each black line

1047 represents a spike by each cell/compartment.

1048

1049 **Figure 3: Applying direct propofol effects to the thalamocortical network do not enable propofol**

1050 **alpha or slow oscillations.**

1051 (A) Rastergrams of each cell/compartment spikes in simulation with direct propofol effects applied. Note

1052 the lack of slow or alpha oscillation by excitatory cells throughout the simulation, and that the TC cell

1053 population is quiescent. This represents only spiking information, not voltage activity. (B) Voltage trace

1054 of a single TC cell. (C) Steady-state curves across voltage for both the “m” activation gate and “h”

1055 inactivation gate of the TC cell T-current, with shaded region indicating activation region of “h” gate.

1056

1057 **Figure 4: Simulating both direct and indirect propofol effects enables the thalamocortical network**

1058 **to exhibit both slow and alpha oscillations.**



1059 Rastergram of a simulation including both direct and indirect propofol effects. Each black line represents  
1060 a spike by each cell/compartment. Blue highlight indicates time periods of the first distinct dynamic state  
1061 of the network, and orange highlight indicates the second dynamic state of the network.

1062

1063 **Figure 5: Different slow cycles of a low-dose propofol simulation display either trough-max or**  
1064 **peak-max alpha-slow PAC.**

1065 (A) Representative voltage traces of each cell/compartment during a time period of the simulation  
1066 expressing trough-max. (B) Representative voltage traces of each cell/compartment type across the low-  
1067 dose propofol simulation, with time periods of either coupling regime highlighted; blue is trough-max,  
1068 and orange is peak-max. This is the same simulation as that of Figure 4. (C) Representative voltage traces  
1069 of each cell/compartment during a time period of the simulation expressing peak-max. (D) Rastergram of  
1070 all spiking activity during the indicated trough-max time range of the simulation. (E) Rastergram of all  
1071 spiking activity across the simulation, with coupling regimes highlighted. (F) Rastergram of all spiking  
1072 activity during the indicated peak-max time range of the simulation.

1073

1074 **Figure 6: During a peak-max time period, both sets of synaptic currents are high only near cortical**  
1075 **UP states.**

1076 (A) Example voltage traces of each cell/compartment type across the low-dose propofol simulation. The  
1077 red box indicates which peak-max time window is explored in the rest of the figure. (B) Example voltage  
1078 trace of receiving PYdr compartment of a TC→PY synapse. (C) Example voltage trace of a source TC  
1079 cell of a TC→PY synapse. (D) Total TC→PY synaptic AMPA currents. (E) Example voltage trace of  
1080 receiving PYdr compartment of a PY→PY synapse. (F) Example voltage trace of a source PYso  
1081 compartment of a PY→PY synapse. (G) Total PY→PY synaptic AMPA currents.

1082 **Figure 7: During peak-max time periods in a low-dose propofol simulation, both TC→PY and**  
1083 **PY→PY synaptic currents are high during the alpha bursting and cortical UP states, enabling**  
1084 **cooperation in the final signal.**

1085 (A) TC→PY synaptic current during the peak-max time period from Figure 6. (B) PY→PY synaptic  
1086 current during the peak-max time period from Figure 6. (C) Combination of TC→PY and PY→PY  
1087 synaptic currents. (D) slow-phase alpha-amplitude comodulogram of combined synaptic currents for the  
1088 entire simulation.

1089 **Figure 8: During trough-max, TC→PY synapses produce more current in the trough, while weaker**  
1090 **PY→PY synapses produced peak-max currents.**

1091 (A) Example voltage traces of each cell/compartiment type across the low-dose propofol simulation. The  
1092 red box indicates which trough-max time period is explored in the rest of the figure. (B) Example voltage  
1093 trace of a receiving PYdr compartiment of a TC→PY synapse. (C) Example voltage trace of a source TC  
1094 cell of a TC→PY synapse. (D) Total TC→PY synaptic AMPA currents. (E) Zoom of D, showing the  
1095 slow-phase modulation of the alpha oscillation amplitude across TC→PY synapses. Dashed lines indicate  
1096 where this synaptic current is maximal. (F) Example voltage trace of a receiving PYdr compartiment of a  
1097 PY→PY synapse. (G) Example voltage trace of a source PYso compartiment of a PY→PY synapse. (H)  
1098 Total PY→PY synaptic AMPA currents. Note the large difference in amplitude between TC→PY and  
1099 PY→PY synapses.

1100 **Figure 9: During trough-max, TC→PY synaptic currents dominate PY→PY synaptic currents.**

1101 (A) TC→PY synaptic current during trough-max time period from Figure 8. (B) PY→PY synaptic  
1102 current during trough-max time period from Figure 8. Note the much smaller amplitude than A. (C)  
1103 Combination of TC→PY and PY→PY synaptic currents, which is almost the same as A. (D) slow-phase

1104 alpha-amplitude comodulogram of combined synaptic currents for the entire simulation, with  
1105 corresponding trough-max time period indicated.

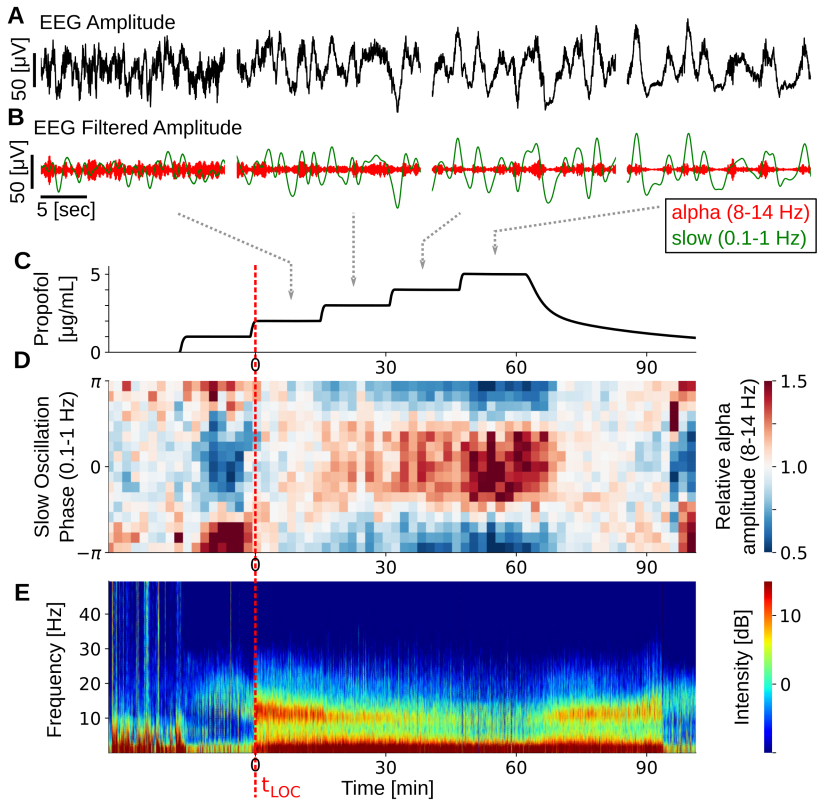
1106 **Figure 10: Cortical pyramidal slow oscillation synchronization is associated with the degree of**  
1107 **network trough-max PAC versus peak-max conditions.**

1108 Trough-max: (A) Example trace of total TC→PYdr AMPA current, showing alpha-slow trough-max. (B)  
1109 Rastergram of PYdr compartment spikes and TC cell spikes, where each black pixel represents a spike.  
1110 Note the weakly synchronous slow component in the cortex and persistent propofol alpha in the thalamus.  
1111 PYdr and PYso activity for any one cell is virtually identical. (C) Example trace of total corticothalamic  
1112 PYso→TC AMPA current, showing UP-grouped firing. Peak-max PAC: (D) Example trace of total  
1113 TC→PYdr AMPA current, showing alpha-slow peak-max. (E) Rastergram of PYdr compartment spikes  
1114 and TC cell spikes. Note the strong synchronicity of UP/DOWN states and thalamic alpha oscillations  
1115 only near PYdr UP states. (F) Example trace of total corticothalamic PYso→TC AMPA current, showing  
1116 slow-synchronous corticothalamic activity that is grouped more strongly.

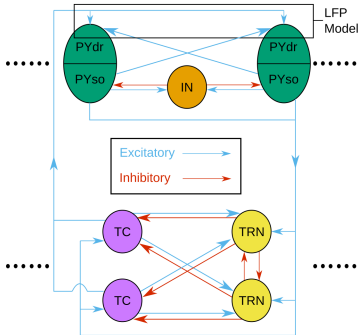
1117

1118 **Figure 11: Increasing indirect effects of propofol shifts the low-dose, trough-max preferring**  
1119 **network to a high-dose, peak-max preferring one.**

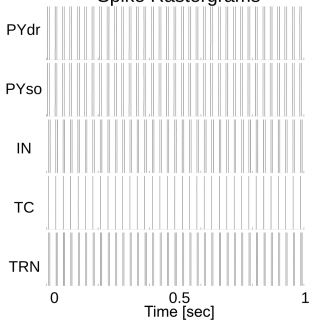
1120 Graphic illustrating different inputs and output results of each simulation class. All simulations show  
1121 different trough-max and peak-max during different slow cycles, but the proportion of trough-max versus  
1122 peak-max is variable across simulations.

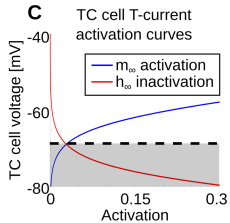
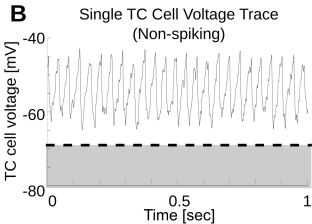
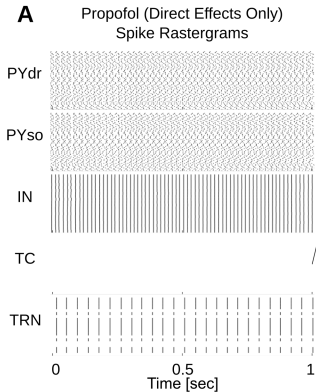


# A Simulated Circuit Model Network

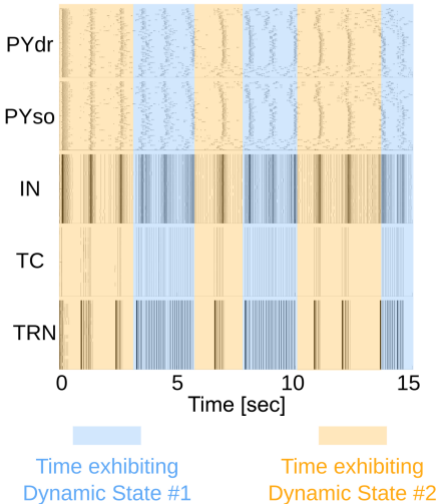


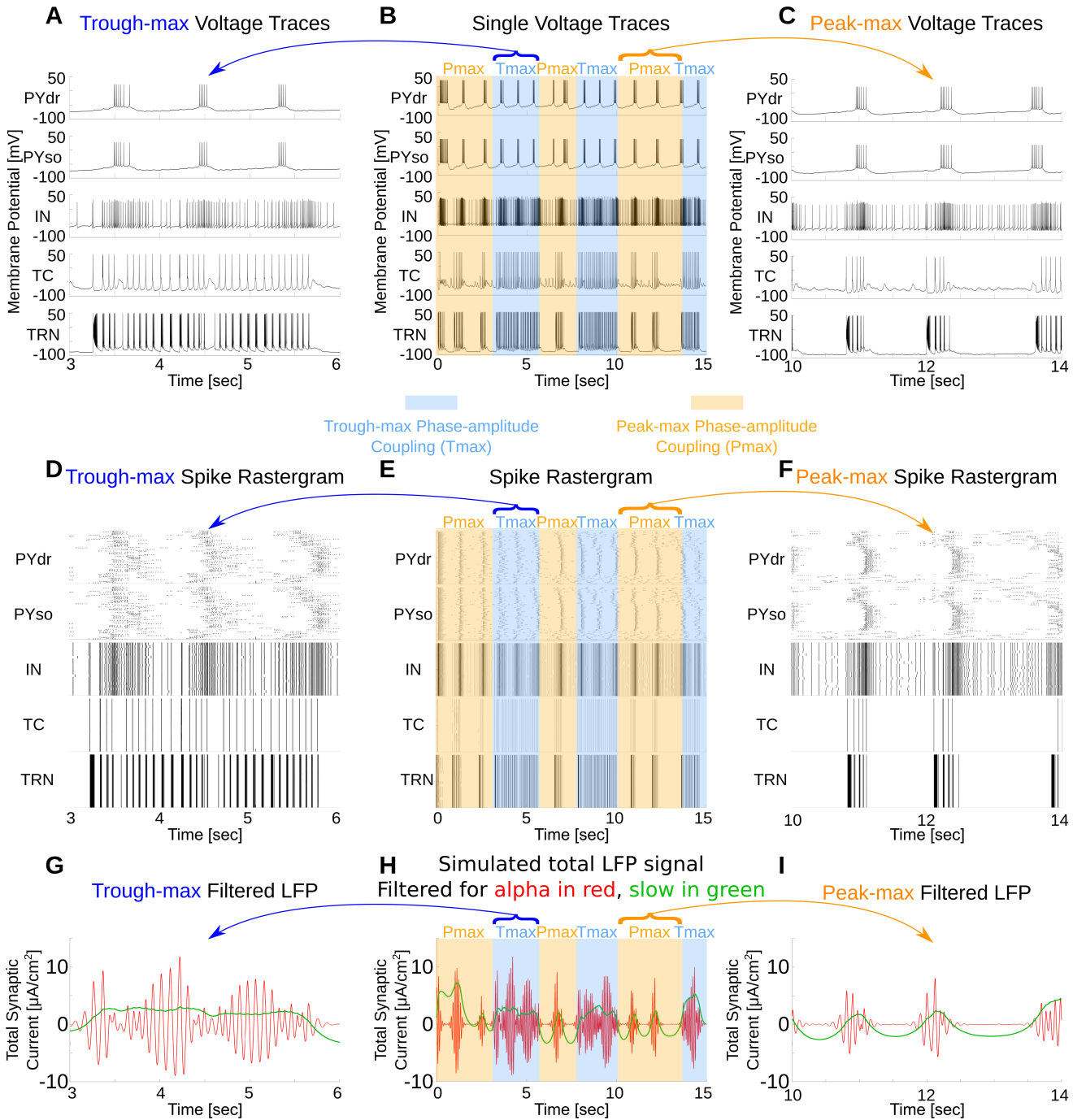
# B Relay-mode Spike Rastergrams



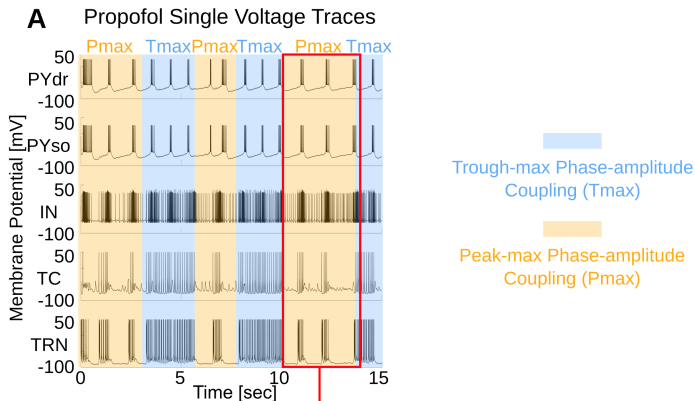


# Simulation Spike Rastergram (Direct and Indirect Propofol Effects)



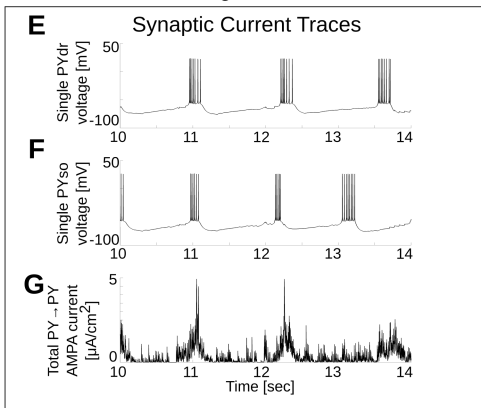
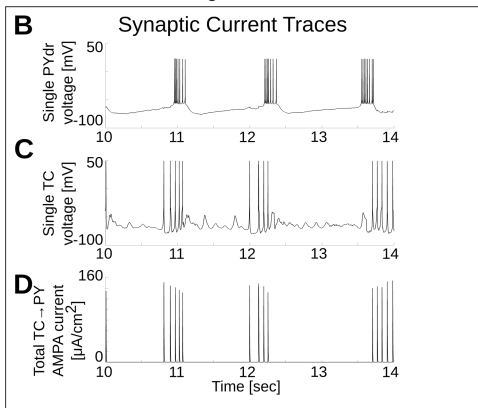




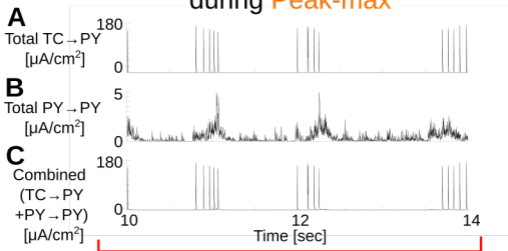


Thalamocortical TC  $\rightarrow$  PY AMPA synapses during **Peak-max**

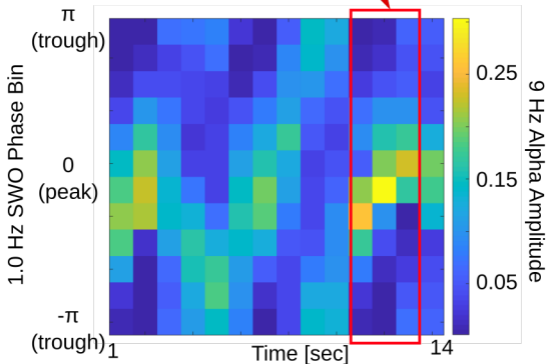
Intracortical PY  $\rightarrow$  PY AMPA synapses during **Peak-max**

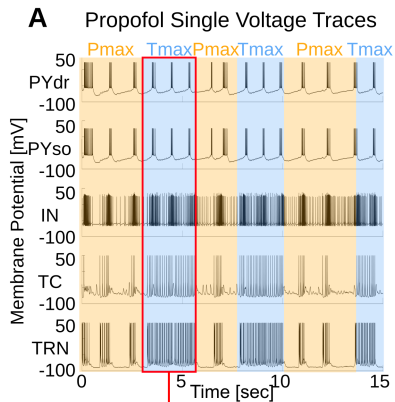


# AMPAergic synaptic currents during Peak-max



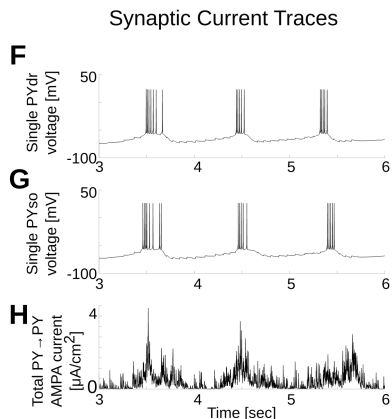
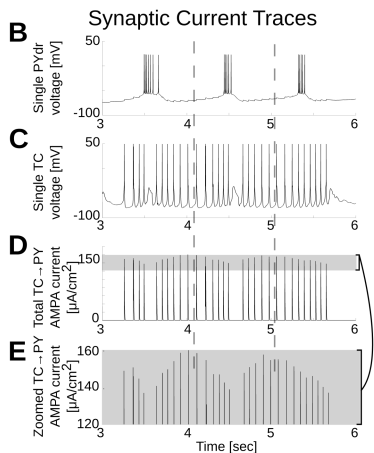
## **D** Alpha-amplitude/SWO-phase comodulogram of combined currents during Peak-max





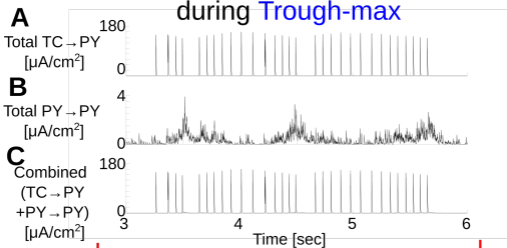
Thalamocortical TC → PY AMPA synapses during Trough-max

Intracortical PY → PY AMPA synapses during Trough-max

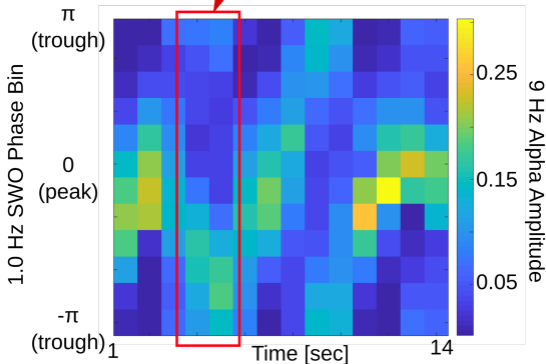


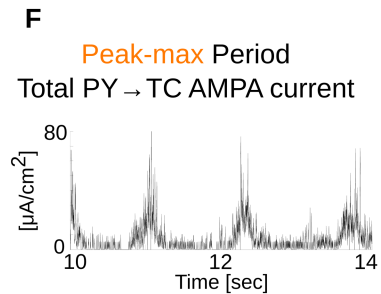
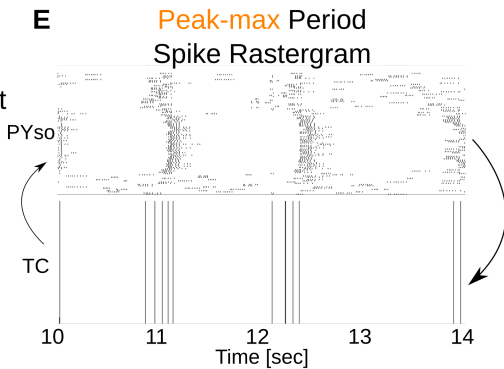
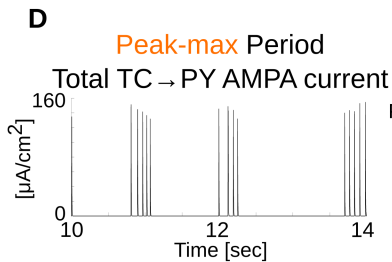
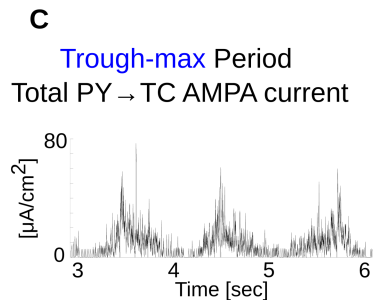
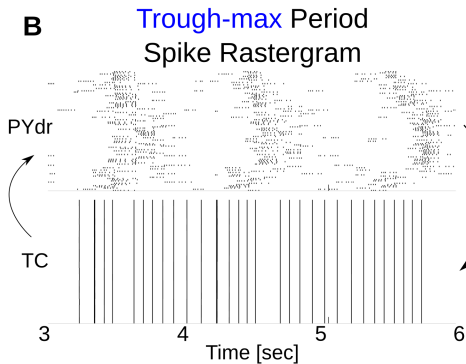
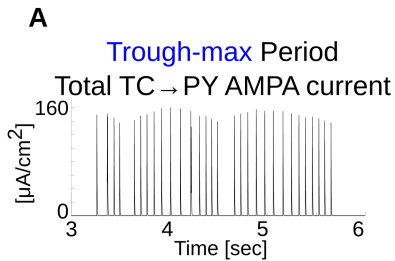
# AMPAergic synaptic currents

during Trough-max



**D** Alpha-amplitude/SWO-phase comodulogram of combined currents during Trough-max





# Breakdown of dose-specific simulation results

↑ dose = ↓ ACh

Low-dose propofol

High-dose propofol

Direct effects:

TC  $g_H$  ↓

$g_{GABA_A}$  ↑

$\tau_{GABA_A}$  ↑

Indirect effects:

$g_{KNa}$  ↑

$g_{AMPA:TC \rightarrow PY}$  ↑

$g_{AMPA:PY \rightarrow PY}$  ↑

Direct effects:

TC  $g_H$  ↓

$g_{GABA_A}$  ↑

$\tau_{GABA_A}$  ↑

Indirect effects:

$g_{KNa}$  ↑↑

$g_{AMPA:TC \rightarrow PY}$  ↑↑

$g_{AMPA:PY \rightarrow PY}$  ↑↑

53% chance  
(±20%)

47% chance  
(±20%)

27% chance  
(±13%)

73% chance  
(±13%)

Trough-max

Peak-max

TC → PY synaptic  
currents exhibit  
Trough-max

PY → PY synaptic  
currents exhibit  
Peak-max  
(weaker than TC → PY)

Both synaptic  
currents exhibit  
Peak-max

Input Parameters

Results