Aquatic long-term persistence of *Francisella tularensis* ssp. *holarctica* is

driven by water temperature and transition to a viable but non-culturable

state

Camille D. Brunet[1], Julien Peyroux[1,2], Léa Pondérand[3,4], Stéphanie Bouillot[3], Thomas Girard[4],

Éric Faudry[3], Max Maurin[1,4], Yvan Caspar[3,4*]

[1] Univ. Grenoble Alpes, CNRS, Grenoble INP, TIMC, 38000 Grenoble, France.

[2] Laboratoire d'Informatique de Grenoble, Bâtiment IMAG, 38401 Saint Martin d'Hères

[3] Univ. Grenoble Alpes, CEA, CNRS, IBS, 38000 Grenoble, France

[4] Centre National de Référence des Francisella, CHU Grenoble Alpes, 38000 Grenoble, France.

* Corresponding author:

Dr Yvan Caspar, CHU Grenoble Alpes, Institut de Biologie et de Pathologie, CS10217, 38043,

15 Grenoble, Cedex 9, France, ycaspar@chu-grenoble.fr

Abstract

Francisella tularensis is a highly virulent bacterium causing tularemia zoonosis. An increasing proportion of infections occur through contaminated hydro-telluric sources, especially for the subspecies *holarctica* (*Fth*). Although this bacterium has been detected in several aquatic environments, the mechanisms of its long-term persistence in water are not yet elucidated. We evaluated the culturability and the viability of a virulent *Fth* strain in independent microcosms filled with nutrient-poor water. At 37°C, the bacteria remained culturable for only one week, while culturability was extended to 6 weeks at 18°C and up to 11 weeks at 4°C. However, while the viability of the bacteria declined similarly to culturability at 37°C, the viability of the bacteria remained stable overtime at 18°C and 4°C for more than 24 months, long after loss of culturability. We identified water temperature as one of the major factors driving the aquatic survival of *Fth* through a transition of the whole *Fth* population in a viable but non-culturable (VBNC) state. Low temperature of water (≤18°C) favors the persistence of the bacteria in a VBNC state, while a temperature above 30°C kills culturable and VBNC *Fth* bacteria. These findings provide new insights into the environmental cycle of *Francisella tularensis* that suggest that the yet unidentified primary reservoir of the subspecies *holarctica* may be the aquatic environment itself in which the bacteria could persist for months or years without the need for a host.

Keywords

Introduction

Francisella tularensis is a Gram-negative bacterium causing the zoonosis tularemia. It is a highly virulent human pathogen classified in category A of potential agents of biological threat by the US Centers for Disease Control and Prevention [1]. Two subspecies are associated with human tularemia: *F. tularensis* ssp. *tularensis* (*Ftt*) (type A strains), only present in North America; and *F. tularensis* ssp. *holarctica* (*Fth*) (type B strains), spread all over the Northern Hemisphere, with a few strains identified in the last decade in Australia [1,2].

Terrestrial and aquatic lifecycles of *F. tularensis* have been described but remain not fully characterized despite many decades of research [3]. Especially, the survival of the bacteria in hydro-telluric environments is still under active investigation [4,5]. The terrestrial animal reservoir of *F. tularensis* is large, but lagomorphs and small rodents are considered primary sources of human infections. Recent data corroborate that the aquatic lifecycle of the subspecies *Fth* may be predominant over the terrestrial lifecycle, in particular for the persistence of the disease in the environment, as initially suggested by Jellison [5,6]. This aquatic cycle involves mainly mosquitoes, mosquito larvae, and aquatic rodents [3]. In Northern Europe, mosquitos can transmit *Fth* after larva contamination in water and consequently be responsible for large outbreaks [7–10]. Cases of tularemia related to water have also been described after an aquatic activity (e.g., swimming or canyoning) [11,12] or through drinking or using contaminated water [13,14].

Some studies suggested the potential persistence of this bacterium in aquatic environments over long periods. Genomic studies have confirmed that diverse clones of *Fth* survive for a prolonged period and that a single clone may be responsible for human or animal cases of tularemia over several decades (up to 70 years) [15–17]. Multiple independent respiratory infections with *Fth* strains acquired from the environment over a short period were observed during an outbreak in Sweden in 2010 and in France in 2018, arguing in favor of environmental

changes acting as the trigger of these outbreaks [17,18]. Analysis of exposition factors

suggested environmental contamination, presumably through aerosols originating from an

unidentified environmental reservoir [5]. Low temperature and salinity have been identified to

impact the duration of culturability of *Fth*. It has been described that this bacterium can remain

culturable up to 70 days at 8°C [19,20], ten days in fresh water at room temperature, 21 days in

seawater, and 45 days in brackish water [21]. Recently while studying biofilm formation of *F.*

tularensis in aquatic environments, Golovliov *et al.* identified that *Fth* remained culturable and

infectious in a mice model after 24 weeks of incubation at 4°C in low nutrient water containing

9 g/L of NaCl. They suggested that this improved survival at low temperature in freshwater

may be a critical mechanism to help the bacteria overwinter and survive between host-

associated replication events [4]. In such situations the bacteria may choose to switch to a

dormancy state that reduces competition with actively growing cells. Among potential

persistence and/or quiescence mechanisms identified in bacteria, bacterial switch to a viable

but non-culturable (VBNC) state that has been poorly studied in virulent *F. tularensis* strains

[20,22]. Initially described in 1982 for *Escherichia coli* and *Vibrio cholerae* [23], the VBNC

state corresponds to bacteria that lose their ability to grow, may change their shape and lose

their virulent traits, although remaining still alive. The VBNC state is induced during a stress

such as nutrient starvation, physicochemical changes of the environment, or thermal shock. It

has already been identified that the virulence-attenuated live vaccine strain (LVS) of *Fth* is able

to survive in a VBNC state at least 140 days at 8°C [20]. Survival of a fluorescent *Fth* strain in

a VBNC state up to 38 days has also been described in the control conditions of a co-culture

experiment with protozoan using a gfp-modified *Fth* strain [22].

Consequently, our goal was to investigate the role of water temperature and salinity on the

persistence of a virulent human strain of *Fth* in water and explore the possibility of a transition

of *Fth* into a VBNC state triggered by these factors.

Material and methods

Bacterial strains and preparation of aquatic microcosms

All culture assays were performed in a BSL3 laboratory. We used the fully virulent *Fth* biovar I clinical strain CHUGA-Ft6 (genome accession: VJBK00000000) [15]. This strain was grown on Polyvitex-enriched chocolate agar plates (PVX, BioMérieux, Marcy l'Etoile, France) incubated at 37°C in a 5% CO2-enriched atmosphere. The *F. tularensis* collection of French National Reference Center for *Francisella* is approved by the Agence Nationale de Sécurité du Médicament et des produits de santé (France) (ANSM, authorization number ADE-103892019-7).

Six independent aquatic microcosms were defined, consisting of 6 aliquots of the same environmental water sample from the Rhône-Alpes region in France (send for analysis in the water laboratory Abiolab-Asposan, Monbonnot-Saint-Martin, France; Table S1). Microcosms were incubated at 4°C, 18°C, and 37°C, and supplemented with either 0 or 10 g/L of NaCl. Each condition was tested in biological triplicate. Bacterial suspensions were prepared in PBS and adjusted to 10^9 CFU.ml^{-1}, and 25 mL were added to 225 mL of environmental water previously sterilized using a 0,22µm filter.

Monitoring of culturability and viability of bacteria in water

The culturability and viability of bacteria in the six environmental models were monitored each week. The culturability was measured by CFU counts after plating 100µL of serials dilutions of each microcosm and on PVX agar plates after 48h incubation at 37°C. The viability of the bacteria was determined using qPCR after PMAxx™ Dye treatment (Biotium San Francisco, US) allowing specific DNA amplification of viable bacteria only. In brief, 1 mL of bacteria suspension was added to 250 µL of enhancer for Gram-negative Bacteria (Biotium San

Francisco, US). PMAxx™ Dye was dissolved in H_2O at 5mM and added to a bacterial solution

at a final concentration of 25µM. After 10 min of incubation in the dark, samples were exposed

30 min to light with GloPlate^{TM} Blue LED Illuminator (Biotum, San Francisco, US). Bacterial-

PMA suspensions were centrifugated at 11,000g for 10 min, and DNA was extracted using

NucleoSpin Blood Kit (Macherey Nagel, Hoerdt, France) according to manufacturers'

recommendations. At each sampling point, DNA extraction of 1 mL of bacterial suspension

without PMA treatment was realized in parallel to determine amplification of total DNA present

in the samples. At each sampling point, control with dead bacteria for PMAxx™ Dye was

realized using a 1 mL suspension of bacteria previously lysed. Each qPCR reaction contained

10µL of Master Mix EvaGreen 2X (Biotium, San Francisco, US), 1µM of each primer, 5µL of

DNA template, and 1µL of sterile H_2O. The 23S ribosomal RNA gene was amplified using the

following   forward   (5'-CATACGAACAAGTAGGACGG-3')   and   reverse   (5'-

GCAAGCGGTTTCAGATTCTA-3'). The qPCR was performed using a LightCycler 480

instrument (Roche, Meylan, France) and SYBRGreen channel, with the following protocol:

initial denaturation at 95°C for 5 min, followed by 40 cycles of 95°C for 5s and 60°C for 30s.

Melting curve analysis was performed from 57°C to 99°C. A negative control (H_2O) was

included in each qPCR run. The viability was evaluated by the Cycle threshold (Ct) of DNA

amplification of living Bacteria. Statistical analyses were performed by student t-test.

To compare the shape and the length of VBNC and culturable bacteria, pictures of bacteria

incubated in water at 18°C without NaCl one hour for culturable bacteria, and 6 months for

VBNC bacteria labeled with Syto9 were analyzed by Image J software and Microbe J plugging

[24]. Bacterial morphology was described by parameters: area (0.1-1.2µm); length (0.2-1.4

µm); width (0-1.4 µm); circularity (0.3-max µm). Parameters were calculated for 1055 bacteria

in each sample.

Bacterial viability of VBNC cells after temperature change of microcosm

Several months after the loss of culturability of *Fth* in water, 5 mL of microcosm at 4°C were

transferred at 18°C, 30°C and 37°C. 5 mL of microcosm at 18°C were transferred at 4°C, 30°C

and 37°C. After 7 and 14 days, the viability was evaluated by qPCR after PMAxx™ Dye

treatment. Statistical analyses were performed using R (version 4.0.3) for the comparison of

multiple groups by one-way ANOVA. False discovery rate (FDR) correction was applied for

pairwise t-tests.

Biofilm quantification

Biofilm quantification was performed on the bacterial suspensions evolved in nutrient-poor

water in T75 culture flasks, one year at 4°C, six months at 18°C, or four months at 37°C after

inoculation. Negative control consisted in fresh culturable bacteria incubated for one hour in

water. Each condition was tested in a biological duplicate. After incubation, the culture medium

was aspirated, and flasks were washed three times with PBS. 5 mL of Crystal violet (0,2% w/v)

were added, and flasks were re-incubated for 15 minutes. Crystal violet was washed three times

with PBS, and biofilm was solubilized by 1 mL of ethanol 95%. 200µL of this biofilm was

added to microtiter plates in three wells, and biofilm was quantified by measuring absorbance

at 570nm. Statistical analyses were performed by student t-test.

Results

Culturability of F. tularensis ssp. holarctica extends to 11 weeks at low temperature

In low nutrient-containing water, at 37°C, the culturability of the virulent clinical strain of *Fth*

biovar I decreased from 10^8 to 0 CFU/mL in 8 days (Figure 1a). However, the culturability of

bacteria extended dramatically when reducing the temperature of water microcosms. At 18°C,

bacteria decreased from 10^8 to 0 CFU/mL in 6 weeks (Figure 1b). At 4°C, culturability of

bacteria declined even more slowly with a complete absence of growing colonies only 11 weeks

after inoculation of the water sample (Figure 1c). At 37°C, NaCl concentration enrichment of

the microcosm at 10g/L conferred only a slight transient survival advantage to the bacteria

(Figure 1a). No significant differences were observed at 18°C or 4°C.

F. tularensis ssp. holarctica switched to VBNC state at low temperature in nutrient-poor water

The virulent clinical strain of *Fth* biovar I did not survive for more than eight days at 37°C in

nutrient-poor water. In this microcosm, viability was correlated with culturability. qPCR-PMA

Ct value increased from 12.1±0.5 to 25.8 ±0.2 after eight days in nutrient-poor water without

NaCl showing a strong reduction of viable bacteria in this microcosm. In comparison, for each

condition the Ct value of the controls with dead bacteria, i.e., lysed and PMAxx™ Dye treated

bacteria, was 22.7±3.9. On the opposite, while the culturability declined, almost all bacteria

remained alive during the eight-week study at 18°C and the 14 weeks study at 4°C (Figures 1e

and 1f). The Ct value of viable bacteria stayed stable at 12.5 ±1.3 for all four conditions during

the whole experiment and for more than two weeks after the loss of culturability (Water at 4°C

without NaCl, Ct range: 11.8-13.8. Water at 4°C with NaCl, Ct range: 11-13.5. Water at 18°C

without NaCl, Ct range: 12-13.6. Water at 18°C with NaCl, Ct range: 10.4-13.7). Two replicates

were kept in the water for 24 months and tested again. Interestingly, the Ct of PMA-qPCR

remained unchanged (13.2 and 14.1). Thus, we observed that roughly the full initial bacterial

inoculum switched at low temperature to viable but non-culturable state corresponding to the

definition of transition into VBNC state. It is interesting to note that the temperatures of 4°C

and 18°C differentially affected culturability but not viability. Viability of the bacteria in the

microcosms at 4 and 18°C was confirmed by the Live/Dead® BacLight™ assay (Figure S1).

The addition of 10g/L NaCl conferred a slight transient survival advantage to the bacteria at

37°C. On the fourth day, there was a 4-log difference (p-value = 0.0005) between the two

conditions but qPCR-PMA Ct value also increased from 11.4±1.1 to 22.6 ±0.4 showing that all

the bacteria were dead in eight days in both conditions (Figure 1d). The addition of salt to the

microcosm did not significantly affect the culturability and viability of the bacteria at 4°C and

18°C (p-value > 0,05 for each time points, Figures 1b,c,e,f).

To visualize bacterial morphology after transition into VBNC state, fresh bacteria suspended

one hour in water and VBNC bacteria sampled five months after the loss of culturability were

labeled with an anti- *F. tularensis* LPS antibody and observed with oil immersion objective

100X. After the loss of culturability the anti-LPS antibody was still able to bind to the LPS of

Fth strain and microscopic examination suggested a reduced length of VBNC bacteria (Figure

S2). Modification of the size of the bacteria was confirmed by Syto9 staining and image analysis

that showed that VBNC bacteria were smaller than culturable *Fth* with respectively an area of

$0.31 \pm 0.19 \ \mu m^2$ and $0.47 \pm 0.27 \ \mu m^2$; a length of $0.62 \pm 0.22 \ \mu m$ and $0.76 \pm 0.26 \ \mu m$; a perimeter

of $1.85 \pm 0.63 \ \mu m$ and $2.29 \pm 0.75 \ \mu m$ (p-value <0.0001 for each parameters). However,

circularity was not statistically different (0.97 ± 0.03 for both culturable and VBNC *Fth* samples;

p-value = 0.47) (Figure S3).

High water temperatures inactivated F. tularensis ssp. holarctica VBNC bacteria

After their transition into the VBNC state, the viability of the bacteria was still dependent on

the temperature of the water. Several months after the loss of culturability, when VBNC bacteria

were moved from 4°C to 18°C and vice versa, the temperature change did not influence the

viability of the bacteria during after 14 days of incubation (4°C to 18°C: Ct value from 13.8 ± 0.8

to 14.3 ± 2.5; 18°C to 4°C: Ct value from 12.7 ± 1.1 to 15.3 ± 3.7). However, when the temperature

was shifted to 30°C, the viability of VBNC bacteria significantly declined in 14 days (4°C to

30°C: Ct value from 13.8 ± 0.8 to 20 ± 1.5; 18°C to 30°C: Ct value from 12.7 ± 1.1 to 20 ± 6) (p-

value < 0.05). Moreover, when placed at 37°C, viability of VBNC bacteria declined in 14 days

under the threshold corresponding to dead bacteria only (4°C to 37°C: Ct value from 13.8 ± 0.8

to 23.8 ± 2.5; 18°C to 37°C: Ct value from 12.7 ± 1.1 to 26.3 ± 3.3) (p-value <0.05) (Figure 2).

Virulent F. tularensis ssp. holarctica strain was able to form biofilm in water

Optical density at 570 nm of the water flasks containing fresh bacteria after crystal violet staining was 0.14±0.01 while optical density of the flasks containing the *Fth* VBNC bacteria were increased twofold: 0.27±0.01 for VBNC bacteria after one year at 4°C (p-value = 0.019) and 0.3±0.01 (p-value < 0.0001) for VBNC bacteria after six months at 18°C. On the opposite, optical density of the flasks containing dead *Fth* bacteria (4 months at 37°C) was 0.15±0.03 showing no significant biofilm production compared to fresh bacteria (p-value = 0.7) (Figure 3). Microscopic observation of the stained flasks showed small Gram-negative coccobacilli embedded and surrounded by a structure resembling a biofilm (Figure S4).

Discussion

Although the presence and potential survival of *Fth* in the aquatic environment have been identified in several studies [25–29], the mechanisms of its persistence and its precise environmental reservoir remain unclear. According to current descriptions of the aquatic cycle of *Fth,* aquatic environments may be initially contaminated by *F. tularensis* through dead animals or excrements of infected animals [3]. However, how these bacteria can persist for weeks or even years within these environments remains to be elucidated. Following recent work showing extended culturability of *Fth* at 4°C in water, we hypothesized that in environmental water, this bacterium might also survive in a dormancy form such as the VBNC state. This hypothesis would help the bacteria to survive in hostile environments, as described for several other Gram-negative bacteria, thus limiting nutrient starvation and competition with other microorganisms [20,22,30,31].

We observed that a clinical strain of *Fth* remained culturable for more than 11 weeks of incubation in nutrient-poor water at 4°C; more than one month at 18°C but only one week at

37°C, consistent with previously published data on the culturability of *Fth* FSC200 and LVS

[4,19–21]. However, we show here that culturability is not representative of the viability of *Fth*

strains since the bacterium may switch to the VBNC state under conditions that remain to be

fully characterized. Indeed, our results showed prolonged survival in nutrient-poor water at 4°C

and 18°C of a virulent *Fth* biovar I strain long after the bacterium had lost its ability to grow on

an agar plate. Our main approach assessing bacterial survival is based on qPCR amplification

of DNA from bacteria preincubated with PMAxx™ Dye widely used to detect and determine

the viability of human pathogens [32]. As PMAxx™ Dye does not pass through intact bacterial

membranes, it cannot bind to the DNA of living bacteria although binding to the DNA of dead

bacteria and extracellular DNA is possible. While the amount of DNA from living bacteria

decreased similarly to culturability at 37°C, it remained remarkably stable over time at 4°C and

18°C during the whole experiment matching the definition of bacterial switch into a VBNC

state as the majority of initial bacteria remained viable despite the loss of culturability and

results were confirmed by Live/Dead® BacLight™ assay [33]. Morphological analysis showed

that VBNC *Fth* bacteria are smaller as they have a reduced length, perimeter and area compared

to the culturable forms.

Like the seeds of plants, VBNC forms allow preserving the genetic heritage of bacteria in

unfavorable conditions [34]. *Fth* bacteria could then remain viable for a very long time as

VBNC bacteria in aquatic environments without the need for a host. When more favorable

conditions return, VBNC bacteria revert to their vegetative state, usually recovering their

culturability and virulence. Reversion after switch into VBNC state remains to be demonstrated

for *Fth* in further studies.

Bacteria evolve to a VBNC state to withstand environmentally induced stresses. In our

experiments, incubation of *Fth* in water at 37°C was the most deleterious environmental

condition. It did not induce a transition to the VBNC state since bacterial mortality correlated

with loss of culturability. Therefore, it appears that conditions that are too harmful to *Fth* and

associated with a loss of their culturability in one week do not allow the development of VBNC

bacteria. The most favorable conditions for *Fth* survival are close to environmental conditions

in tularemia endemic areas, i.e., areas of water temperatures ranging from 4 to 20°C between

winter and summer periods [4,28]. Importantly after the switch into VBNC state, *Fth* viability

was still dependent on the temperature of the water. Over 30°C, the viability of VBNC bacteria

declined, and was completely abolished after seven days at 37°C. Thus, the temperature tipping

point no longer supporting the transition of *Fth* to the VBNC state is between 18°C and 30°C.

Our results support the aquatic environmental distribution of *Fth* in Northern regions where

water temperature may not often exceed the temperature limit killing bacteria in a VBNC state.

The inter-tropical region, with higher water temperature, could therefore represents a physical

limitation to spreading towards the southern hemisphere. The seasonality could also have a

significant role in maintaining this environmental reservoir since the bacterial persistence is

better in freshwater.

One other mode of persistence of bacteria in aquatic environments is biofilm formation, as

observed for many bacteria like *Legionella pneumophila* [35]. Experimental studies have

shown that environmental species of *Francisella* can form biofilms *in vitro* [36]. *F. novicida*

starts biofilm formation after two hours and can be evidenced by crystal violet staining after

24h [36]. In our study, we observed thin biofilm formation at the bottom of the flasks after six

or 12 months of incubation of the microcosms at 18°C or 4°C but no biofilm formation after

four months at 37°C. The biofilm was very fragile and therefore difficult to manipulate for

observation. Biofilm formation of *Fth* strains may be a slow process requiring the viability of

the bacteria for more than one week. The absence of biofilm formation of *F. tularensis* strains

observed in the study of Golovliov *et al.* may be related to experimental conditions in axenic

media not mimicking the natural aquatic environment [4]. Our study is closer to environmental

conditions, although it did not contain other competitive bacteria or predatory microorganism, because the *Fth* strain was incubated in a large volume of filtered French lake water. In our experiment, VBNC bacteria seemed to be embedded in a biofilm matrix, as previously shown for other pathogens (e.g., *Legionella pneumophila* and *Listeria monocytogenes*) [30,37]. In 2016, Flemming *et al.* described biofilms as a "reservoir of VBNC bacteria," especially in the starvation zones of the biofilm [35]. The biofilm and VBNC states play an essential role in the persistence of bacteria. Both allow the bacteria to survive in hostile environments while many pathogens lose their virulence properties after their switch into a VBNC state [31].

The persistence of *Fth* in aquatic environments in a VBNC state questions our capacity to detect and fight this bacterium in this specific reservoir. VBNC state may be a way of long-term bacterial persistence of *Fth* that cannot be detected by conventional culture-based techniques. The VBNC formation process likely explains that detection of *F. tularensis* in the aquatic environment has been obtained by species-specific molecular methods but very rarely by culture techniques [5]. In case of accidental or intentional dispersal of *F. tularensis*, the bacterium may thus survive for many months in water environments although undetected by culture methods. Identification of reactivation factors from the VBNC state into a more virulent and culturable state will have to be addressed in further experiments. It would help prevent and control waterborne sporadic and outbreak tularemia cases.

The impact of temperature may also have some effects on tularemia diagnosis in humans. This bacterium is usually grown at 37°C from clinical samples in only 10% of tularemia patients. In the light of this work, this temperature may not be optimal for isolating this bacterium from patients, animal samples, or environmental samples or even for bacterial counts after growth on an agar medium. Potential switch into VBNC state *in vivo* in infected tissues (especially lymph nodes) could also partly explain the failure to isolate this bacterium and may impact therapeutic outcome as VBNC bacteria usually exhibit increased antibiotic resistance because of a reduced

metabolism while biofilms also increase resistance to antibiotics [31,38]. These findings may

have implications in treatment failures observed in 20 to 30% of patients, especially when the

diagnosis is delayed, which could allow the bacteria to switch to a VBNC state *in vivo*.

Finally, all these data about the environmental survival of *Fth* in water at low temperature brings

new important features allowing updating the aquatic cycle of this bacterium and proposing

new hypotheses (Figure 4). Indeed, many other *Francisella* species are aquatic bacteria, making

several parts of this aquatic cycle questionable [5]. What if *Fth* had rather evolved to adapt to

an aquatic niche yet poorly characterized so far while becoming infectious for various mammal

species, which are usually dead ends for the bacteria because it often kills its hosts [3]? Indeed,

this bacterium has been identified in many aquatic areas, including the sea water, rivers, ponds

[25–28,39,40], which might suggest that the primary reservoir of the subspecies *holarctica*

could rather be the aquatic environment itself. This hypothesis could explain why a specific

reservoir within the environment has not been identified despite decades of research. Some

aquatic environments may thus represent the largest reservoir of *Fth* with the implication of

aquatic rodents to maintain the cycle through bacterial inoculum amplification. Animals and

humans may thus be infected directly from this environmental reservoir through water

consumption or aerosols, explaining some sporadic human respiratory contaminations after

outdoor activities. Aquatic environments could act as a primary source of human and animal

infections or mosquito larvae contamination after reactivation of the VBNC state into virulent

bacteria upon particular environmental conditions. Further studies will be necessary to

determine: 1/ if *Fth* VBNC bacteria are also virulent and able to infect animals and mosquito

larvae who are at the interface between the aquatic and the terrestrial cycle; 2/ to identify

reactivation factors from the VBNC state towards the culturable and virulent state; 3/ to study

interaction of VBNC *Fth* bacteria within biofilms and with amoeba.

In conclusion, our study demonstrated the extended persistence of a virulent strain of *Fth* in

water up to 24 months through the formation of VBNC bacteria and thin biofilms. Water

temperature appears as a major factor for bacterial survival in aquatic environments. It affects

the culturability of the bacteria, the switch toward the VBNC state, and the viability of VBNC

cells. Our findings reinforce the hypothesis of a long-term environmental aquatic reservoir of

this pathogen.

Funding

This work and the doctorate allocation of Camille D. Brunet are funded by the Agence

Innovation Defense, Direction Générale de l'Armement, France, [grant number Tulamibe

ANR-17-ASTR-0024].

Acknowledgment

We thank the company Abiolab Asposan for the chemical analysis of the water. We thank

Ludovic Sansoni for his help on the figure of aquatic cycle.

Declaration of interest statement

The authors declare no conflicts of interest

References

[1] A. Sjostedt, Tularemia: History, Epidemiology, Pathogen Physiology, and Clinical
Manifestations, Ann. N. Y. Acad. Sci. 2007;110:1–29.

[2] J. Jackson, A. McGregor, L. Cooley, et al. *Francisella tularensis* Subspecies *holarctica,*
Tasmania, Australia, 2011, Emerg. Infect. Dis. 2012;18:1484–1486.

[3] M. Maurin and M. Gyuranecz, Tularaemia: clinical aspects in Europe, Lancet Infect. Dis.
2016;16:113–124.

[4] I. Golovliov, S. Bäckman, M. Granberg, et al. Long-term survival of virulent tularemia
pathogens outside a host in conditions that mimic natural aquatic environments, Appl.
Environ. Microbiol. 2021;027:13-20.

[5] A. Hennebique, S. Boisset and M. Maurin, Tularemia as a waterborne disease: a review,
Emerg. Microbes Infect. 2019;8:1027–1042.

[6] W.L. Jellison, Tularemia in North America, 1930-1974, (1974).

[7] S. Bäckman, J. Näslund, M. Forsman, et al. Transmission of tularemia from a water source
by transstadial maintenance in a mosquito vector, Sci. Rep. 2015;5:7793.

[8] O. Wik, Large tularaemia outbreak in Varmland, central Sweden, 2006, Euro Surveill.
Bull. Eur. Sur Mal. Transm. Eur. Commun. Dis. Bull. 2006;11

[9] H. Eliasson and E. Bäck, Tularaemia in an emergent area in Sweden: An analysis of 234
cases in five years, Scand. J. Infect. Dis. 2007;39:880–889.

[10] U. Jounio, M. Renko and M. Uhari, An outbreak of *holarctica*-type tularemia in pediatric
patients, Pediatr. Infect. Dis. J. 2010;29:160–162.

[11] E. Peker, A. Ayaydin and N. Duran, Familial tularaemia, Indian J. Med. Microbiol.
2009;27:272.

[12] B. Guerpillon, A. Boibieux, C. Guenne, et al. Keep an Ear Out for *Francisella tularensis:*
Otomastoiditis Cases after Canyoneering, Front. Med. 2016;3.

[13] A. Karadenizli, M. Forsman, H. Şimşek, et al. Genomic analyses of *Francisella tularensis*
strains confirm disease transmission from drinking water sources, Turkey, 2008, 2009 and
2012, Euro Surveill. Bull. Eur. Sur Mal. Transm. Eur. Commun. Dis. Bull. 2015;20.

[14] T. Kantardjiev, I. Ivanov, T. Velinov, et al., Tularemia outbreak, Bulgaria, 1997-2005,
Emerg. Infect. Dis. 2006;12:678–680.

[15] M. Kevin, G. Girault, Y. Caspar, et al. Phylogeography and Genetic Diversity of
Francisella tularensis subsp. *holarctica* in France (1947–2018), Front. Microbiol.
2020;11.

[16] C. Dwibedi, D. Birdsell, A. Lärkeryd, et al., Long-range dispersal moved *Francisella*
tularensis into Western Europe from the East, Microb. Genomics 2016;2:100.

[17] A. Johansson, A. Lärkeryd, M. Widerström, et al. An Outbreak of Respiratory Tularemia
Caused by Diverse Clones of *Francisella tularensis*, Clin. Infect. Dis. Off. Publ. Infect.
Dis. Soc. Am. 2014;59:1546–1553.

[18] A. Mailles, R. Ollivier, F. Benezit, et al. [A tularemia outbreak in France in 2018
suggesting a change in the epidemiology of the disease] Médecine Mal. Infect. 2019;49:4.
French.

[19] S.E. Gilbert and L.J. Rose, Survival and persistence of nonspore-forming biothreat agents
in water: Persistence of nonspore-forming biothreat agents in water, Lett. Appl. Microbiol.
2012;55:189–194.

[20] M. Forsman, E.W. Henningson, E. Larsson, et al. *Francisella tularensis* does not manifest
virulence in viable but non-culturable state, FEMS Microbiol. Ecol. 2000;31:217–224.

[21] Z.L. Berrada and S.R. Telford III, Survival *of Francisella tularensis* Type A in brackish-
water, Arch. Microbiol. 2011;193:223–226.

[22] J. Thelaus, A. Andersson, P. Mathisen, et al. Influence of nutrient status and grazing
pressure on the fate of *Francisella tularensis* in lake water: Role of nutrient and protozoa
for the fate o*f F. tularensis*, FEMS Microbiol. Ecol. 2009;67:69–80.
[23] H.S. Xu, N. Roberts, F.L. Singleton, et al. Survival and viability of nonculturable
Escherichia coli and *Vibrio cholerae* in the estuarine and marine environment, Microb.
Ecol. 1982;8:313–323.
[24] A. Ducret, E.M. Quardokus and Y.V. Brun, MicrobeJ, a tool for high throughput bacterial
cell detection and quantitative analysis, Nat. Microbiol. 2016;1:16077.
[25] I. Janse, R.Q.J. Van der Plaats, A.M. de Roda Husman et al. Environmental Surveillance
of Zoonotic *Francisella tularensis* in the Netherlands, Front. Cell. Infect. Microbiol.
2018;8:140.
[26] T. Broman, J. Thelaus, A.-C. Andersson, et al. Molecular Detection of Persistent
Francisella tularensis Subspecies *holarctica* in Natural Waters, Int. J. Microbiol. 2011:1–
10.
[27] S. Duodu, P. Larsson, A. Sjödin, et al. The Distribution of *Francisella*-like Bacteria
Associated with Coastal Waters in Norway, Microb. Ecol. 2012;64:370–377.
[28] C.D. Brunet, A. Hennebique, J. Peyroux, et al. Presence of *Francisella tularensis* subsp.
holarctica DNA in the Aquatic Environment in France, Microorganisms 2021;9:1398.
[29] Z.L. Berrada and S.R. Telford, Diversity of *Francisella* Species in Environmental Samples
from Martha's Vineyard, Massachusetts, Microb. Ecol. 59 (2010), pp. 277–283.
[30] L. Li, N. Mendis, H. Trigui, et al. The importance of the viable but non-culturable state in
human bacterial pathogens, Front. Microbiol. 2014;5
[31] J.D. Oliver, Recent findings on the viable but nonculturable state in pathogenic bacteria,
FEMS Microbiol. Rev. 2010;34:415–425.
[32] L. Soto-Muñoz, N. Teixidó, J. Usall, et al. Development of PMA real-time PCR method
to quantify viable cells of *Pantoea agglomerans* CPA-2, an antagonist to control the major
postharvest diseases on oranges, Int. J. Food Microbiol. 2014;180:49–55.
[33] M. Ayrapetyan and J.D. Oliver, The viable but non-culturable state and its relevance in
food safety, Curr. Opin. Food Sci. 2016;8:127–133.
[34] J.T. Lennon and S.E. Jones, Microbial seed banks: the ecological and evolutionary
implications of dormancy, Nat. Rev. Microbiol. 2011;9:119–130.
[35] H.-C. Flemming, J. Wingender, U. Szewzyk, et al. Biofilms: an emergent form of bacterial
life, Nat. Rev. Microbiol. 2016;14:563–575.
[36] C. Siebert, C. Villers, G. Pavlou, et al., *Francisella novicida* and *F. philomiragia* biofilm
features conditionning fitness in spring water and in presence of antibiotics, PLOS ONE
2020;15:0228591.
[37] J. Wingender and H.-C. Flemming, Biofilms in drinking water and their role as reservoir
for pathogens, Int. J. Hyg. Environ. Health. 2011;204:417–423.
[38] S.J. Kassinger and M.L. van Hoek, Genetic Determinants of Antibiotic Resistance in
Francisella, Front. Microbiol. 2021;12:644855.
[39] P. Kaysser, E. Seibold, K. Mätz-Rensing, et al. Re-emergence of tularemia in Germany:
Presence of *Francisella tularensis* in different rodent species in endemic areas, BMC
Infect. Dis. 2008;8:157.
[40] J. Hightower, I.T. Kracalik, N. Vydayko et al. Historical distribution and host-vector
diversity of *Francisella tularensis,* the causative agent of tularemia, in Ukraine, Parasit.
Vectors 2014;7:453.
444

Figures

Figure 1: Culturability and viability of *F. tularensis* ssp. *holarctica* in nutrient-poor water. Culturability (1a-c) and viability (1d-f) of *Fth* in nutrient-poor water at respectively 37°C (1a,d), 18°C (1b,e) and 4°C (1c,f). Culturability was measured by CFU counts after serial dilutions and spreading on chocolate agar plates. Viability was evaluated by amplification of DNA after PMAxx™ Dye treatment. Black circle: nutrient-poor water with 0 g/L NaCl; black square: nutrient-poor water with 10 g/L NaCl.; Dotted line: mean Ct of all the controls performed on dead populations at each sampling points. The results are expressed as the average of three biological replicates. Data were analyzed by student t-test. * p value <0,05 between samples with and without NaCl.

Page 19 sur 22

Figure 2: Viability of VBNC *F. tularensis* ssp. *holarctica* in water after a temperature change.

Several months after the loss of culturability of *Fth* in water, 5 mL of microcosm at 4°C were

transferred at 18°C, 30°C and 37°C (3a) and 5 mL of microcosm at 18°C were transferred at

4°C, 30°C and 37°C (3b). After 7 and 14 days, the viability was evaluated by qPCR after

PMAxx™ Dye treatment. Dash bars: Ct at day 0, black bars: Ct at day 7, white bars: Ct at day

14, dotted line: Ct of the control corresponding to average of a dead population. The results are

expressed as the average of three biological replicates. Data were analyzed by one-way

ANOVA with pairwise t-tests using FDR correction. * p-value < 0.05.

466

Figure 3: Quantitative measurement of biofilm formation of *F. tularensis* ssp. *holarctica* in

VBNC state. *Fth* bacteria were incubated in nutrient-poor water for one hour for cultivable

bacteria, one year at 4°C and six months at 18°C for VBNC and for four months at 37°C for

non-persistent bacteria. Biofilm biomass was estimated by absorbance at 570 nm of crystal

violet assay. The results are expressed as the average of three biological replicates. Data were

analyzed by student t-test, * p-value <0.05 ** p-value < 0.01.

Figure 4: The hidden aquatic reservoir of *F. tularensis* ssp. *holarctica*?

We updated the current knowledge about the aquatic cycle of *Fth* according to the results of

this work and proposed hypotheses that emerged from our observations. We showed that the

survival of *Fth* in aquatic environments is driven by water temperature and transition into a

VBNC state. While *Fth* culturability is prolonged in water at low temperatures (4-18°C), these

low temperatures actually also allow the survival of the bacteria for months or years after

transition into a VBNC state. On the opposite high temperatures (> 30°C) are associated to

complete loss of culturability and loss of viability of the bacteria, even if the bacteria has already

switched into the VBNC state at lower temperatures. Thus, mammals or accidentally human

may be contaminated from this long-term aquatic reservoir by water drinking, direct contact or

by inhalation of contaminated droplets that could explain several respiratory tularemia cases

related to environmental exposure only. When infected, wild animals can amplify the bacterial

inoculum within the same aquatic environment or disperse the bacteria in other environments

with their carcasses and feces and may contaminate other animals or exceptionally humans as

described in the terrestrial cycle of the bacteria.