| 1<br>2           | Urocortin-3 neurons in the perifornical area mediate the impact of chronic stress on female infant-directed behavior   |
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| 9                | Abbreviated title: Ucn3 neurons mediate impact of stress on female parenting   |
| 10               |  |

## 11 Abstract

Infant avoidance and aggression are promoted by activation of the Urocortin-3 12 expressing neurons of the perifornical area of hypothalamus (PeFA<sup>Ucn3</sup>) in male and female 13 mice. PeFA<sup>Ucn3</sup> neurons have been implicated in stress, and stress is known to reduce maternal 14 15 behavior. We asked how chronic restraint stress (CRS) affects infant-directed behavior in virgin and lactating females and what role PeFA<sup>Ucn3</sup> neurons play in this process. Here we show that 16 infant-directed behavior increases activity in the PeFA<sup>Ucn3</sup> neurons in virgin and lactating 17 females. Chemogenetic inhibition of PeFA<sup>Ucn3</sup> neurons facilitates pup retrieval in virgin females. 18 CRS reduces pup retrieval in virgin females and increases activity of PeFA<sup>Ucn3</sup> neurons but does 19 not affect maternal behavior in mothers. Inhibition of PeFA<sup>Ucn3</sup> neurons blocks stress-induced 20 deficits in pup-directed behavior in virgin females. Together, these data illustrate the critical role 21 for PeFA<sup>Ucn3</sup> neuronal activity in mediating the impact of chronic stress on female infant-directed 22 23 behavior.

24

## 25 Significance statement

While a large body of research has studied the impact of maternal stress on offspring, few studies have focused on the neural circuitry underlying reduced maternal behavior in stressed mothers. In this study, we examine the neural substrates involved in reduced infantdirected behavior caused by chronic stress. We find that perifornical area neurons expressing the neuropeptide urocortin-3 are critical mediators of the impact of stress on infant-directed behavior in females.

## 33 Introduction

34 Many decades of research have focused on the neurobiology of maternal behavior, 35 revealing common mechanisms and pathways involved in infant caregiving behavior across a 36 variety of species (Numan & Insel, 2003; Numan, 2020). Studies have converged on the critical 37 role of the medial preoptic area of hypothalamus in orchestrating the behavioral responses of mothers to their young in frogs, fish, birds, and rodents (Numan, 1974; Slawski & Buntin, 1995; 38 39 Fischer et al., 2019; Maruska et al., 2020). Recently, it has been appreciated that these 40 mechanisms may also be involved in paternal behaviors as well, suggesting a core circuitry that 41 exists in both sexes to promote caregiving (O'Connell et al., 2012; Wu et al., 2014; Kohl et al., 2018). Moreover, it has been well-documented that neural plasticity mechanisms underlie the 42 facilitation of infant care behavior, including alloparental care towards unrelated young, 43 44 particularly in females (Numan & Insel, 2003). 45 In the absence of caregiving behavior, it is possible to observe neglect or even aggression toward infants by adults. Studies have identified circuit nodes in the brain, including 46 47 the medial and posterior amygdala, the bed nucleus of stria terminalis, and the perifornical area of hypothalamus, that modulate expression of infant-directed neglect and aggression 48 49 (Tsuneoka et al., 2015; Chen et al., 2019; Sato et al., 2020; Autry et al., 2021). We wondered if 50 this anti-parental circuitry may be active in neglectful animals including virgin females or

51 stressed virgin and lactating females.

52 Clinical research clearly shows that stress is a critical risk factor for postpartum mental 53 illnesses including postpartum depression or anxiety which affect up to 25% of women and 10% 54 of men annually in the United States (Paulson & Bazemore, 2010; Wisner *et al.*, 2013). 55 However, there are few preclinical studies that examine the neurobiology underlying reduced 56 parent-infant bonding or associated symptoms in animal models (Nephew & Bridges, 2011; 57 Zoubovsky *et al.*, 2020; Rosinger *et al.*, 2021). Extant research has focused on the impact of 58 maternal stress as a model of early life stress either pre- or postnatally on behavior outcomes in

59 offspring, often with profound behavioral, physiological, and neurobiological impacts on young 60 raised by stressed mothers (Cameron et al., 2005; Wang et al., 2011; Singh-Taylor et al., 2015; 61 Delpech et al., 2016; Feifel et al., 2017; Kronman et al., 2021; Rincon-Cortes & Grace, 2021). 62 During lactation, females are hyporesponsive to acute stress due to hormonal changes that 63 impact the Hypothalamic-Pituitary-Adrenal (HPA) axis regulation (Walker et al., 2001; Brunton et al., 2008). HPA axis hypo-responsivity is thought to be protective of anxiety-related behavior 64 65 and adult-pup interactions in lactating females (Miller et al., 2011; Medina et al., 2021). 66 However, chronic stress has been documented to have a long-lasting impact on the regulation of the HPA axis, leading to reduced parenting, and how the underlying neurobiology is affected 67 remains poorly understood (Carini et al., 2013; Murgatroyd & Nephew, 2013; Murgatroyd et al., 68 69 2015).

70 Ucn3 is a member of the corticotropin releasing factor (CRF) family of stress hormones 71 and has the highest endogenous binding affinity for CRF receptor 2 (CRFR2). Previous studies 72 of this group of neurons suggest that they are sensitive to stress and adrenalectomy (loss of stress hormones) (Jamieson et al., 2006). Overexpression of Ucn3 in the brain leads to 73 74 increased anxiety- and depression-related behaviors and results in a blunted HPA response to 75 stress (Neufeld-Cohen et al., 2012). Furthermore, overexpression of Ucn3 specifically in the 76 PeFA is associated with enhanced anxiety-like behaviors in mice (Kuperman et al., 2010). 77 Social discrimination abilities are altered in a sex-specific manner in total Ucn3 knockout mice 78 (Deussing et al., 2010). Taken together, these studies suggest that PeFA Ucn3 cells mediate 79 stress-induced behavioral changes.

Thus, we hypothesized that chronic stress would negatively affect infant-directed behavior in females and that this disruption is dependent on activation of perifornical area urocortin-3 expressing neurons. We set out to determine if anti-parental circuit components, specifically the urocortin-3 positive neurons in the perifornical area of hypothalamus were more active in naïve or stressed females, and if we could recover parental behavior by blocking

| 85  | activation of this anti-parental circuit node. We find that increased parental behavior is           |
|-----|--|
| 86  | accompanied by decreased activity in perifornical area urocortin-3 expressing neurons and            |
| 87  | blocking activity in these cells enhances parental behavior in naïve females. Chronic stress         |
| 88  | reduces alloparental behavior in naïve females and this stress-induced behavioral effect is          |
| 89  | occluded by inhibition of perifornical area urocortin-3 cells. In stressed lactating females,        |
| 90  | parental behavior is preserved and perifornical area urocortin-3 cells are less activated in stress. |
| 91  | Together, these data reveal a critical role for perifornical urocortin-3 neurons in the expression   |
| 92  | of alloparental behavior in female mice under both normal and pathological conditions.               |
| 93  | Materials and Methods  |
| 94  | Animals  |
| 95  | Mice were maintained on a 12h:12h dark light cycle (10:30am-10:30 pm dark phase)                     |
| 96  | with access to food and water ad libitum. All experiments were performed in accordance with          |
| 97  | NIH guidelines and approved by the Albert Einstein College of Medicine Institutional Animal          |
| 98  | Care and Use Committee (IACUC; protocol 20180110; 20180111; 00001386).                               |
| 99  | C57BL/6J sexually naïve female and pregnant female (E14) mice were ordered from                      |
| 100 | Jackson Laboratories (Bar Harbor, ME) aged at 6-8 weeks. Ucn3::Cre BAC transgenic line               |
| 101 | (STOCK Tg(Ucn3-cre) KF43Gsat/Mmcd 032078-UCD; obtained from laboratory of Catherine                  |
| 102 | Dulac, Harvard University) were genotyped at weaning (3 weeks of age) and used in                    |
| 103 | experiments at age 2-5 months. Animals received from Jackson Laboratories habituated to our          |
| 104 | facility for 7 days prior to behavioral testing.   |
| 105 | Corticosterone Measure   |
| 106 | Trunk blood samples were taken at the time of sacrifice and blood serum was isolated                 |
| 107 | from blood samples by centrifugation. A high-sensitivity corticosterone (CORT) enzyme                |
| 108 | immunoassay (EIA) was used and analyzed according to manufacturer's instructions                     |
| 109 | (Immunodiagnostic Systems Ltd, Fountain Hills, AZ, USA) as previously described (Autry et al.,       |
| 110 | 2009). Briefly, percent binding (B/Bo%) of each calibrator, control and sample was calculated by     |
|     |  |

111 dividing the mean absorbance over the mean absorbance for '0' calibrator and multiplied by

112 100. A calibration curve was used to plot B/Bo% on the ordinate against concentration of

113 corticosterone. A 4pl curve fit was applied.

114 Chronic restraint stress model

Virgin and lactating female mice were used. Lactating females were restrained starting from approximately postpartum (PP) day 2. Both stressed and unstressed mice were brought to a test room under dim red light during their dark cycle. All animals were weighed, and females were either placed back into their home cage or placed into a 50 mL conical tube for one hour. Humidity and temperature in the test room was recorded each day. On the last day of stress, females remained in the test room for 1-2 hours before being exposed to a foreign-born pup (see Parental Behavior).

Animals injected with AAV1/DIO-hM4Di (see chemogenetics) recovered from surgery at least 1 week before the start of restraint. For the stressed virgin female group, mice were excluded from the stressed group (n=4 females) based on open field test behavior that was indistinguishable from control. For the groups that received AAV1/DIO-hM4Di injections, females were excluded if they did not show adequate recombination of the DREADD construct (n=2, virgin females Figure 2; n=0 stressed virgin females Figure 6).

128 Intruder stress model

Lactating females were stressed starting from approximately postpartum (PP) day 2. Both stressed and unstressed mice were brought to a test room under dim red light during their dark cycle. All animals were weighed, and females were placed back into their home cage and either placed back on the housing rack or had an intact adult male intruder (C57, ~2 months old) introduced into their home cage for 10 minutes as described in previous studies (Carini *et al.*, 2013; Murgatroyd *et al.*, 2016). In the event the male was too aggressive toward pups, the intruder stress period was curtailed. Humidity and temperature in the test room was recorded each day. On the last day of stress, females remained in the test room for 1-2 hours before

## 137 being exposed to a foreign-born pup (see Parental Behavior).

138

#### 139 Behavior assays

Mice were individually housed for at least 1 week prior to testing. Experiments were conducted during the dark phase under dim red light. Tests were recorded by Fly Capture cameras (Point Grey, Richmond, BC, Canada) and behaviors were scored by an observer blind to experimental condition using Observer XT13 Software or Ethovision XT 13 (Noldus Information Technology, Leesburg, VA, USA). Animals were tested for a single behavior per session with at least 24 hours between sessions.

## 146 Parental behavior

147 Parental behavior tests were conducted in the mouse's home cage as previously 148 described (Wu et al., 2014). Mice were habituated to the testing environment for 10 minutes. 149 One to two C57BL6/J pups 1-4 days old were presented in the cage in the opposite corner to 150 the nest. Test sessions started either at pup introduction or pup approach (female first touches 151 the pup with its snout) and lasted for 10- 15 minutes. If the mouse became aggressive by biting 152 and wounding the pup, the session was immediately halted, and the pup was euthanized. The 153 following behaviors were quantified: latency to retrieve, pup investigation (sniffing, close contact 154 with snout), grooming (handling with forepaws and licking), nest building, time spent in the nest, 155 crouching, latency to attack (latency to bite and wound), aggression (roughly handling, 156 aggressively grooming, aggressive carrying with no retrieval), and tail rattling. A 'parenting 157 behavior' index was calculated as the sum of duration of grooming, nest building, time spent in 158 the nest, and crouching.

159 Open field

Mice were assessed for activity in a 45cm x 45 cm open field at 40 lux for 5 min as previously described (Autry *et al.*, 2009). Center was considered 15 cm x 15 cm and borders were 5 cm around the perimeter of the box. Time and frequency in center and borders as well

- as distance and velocity were calculated using Ethovision XT13.
- 164 Behavioral ethograms were made in Matlab using custom code.
- 165 Fluorescence in situ hybridization

166 Fluorescence in situ hybridization (FISH) was performed as recommended by ACD Bio

167 (Newark, CA, USA) using V1 RNAscope reagents. Briefly, fresh brain tissue was collected from

animals housed in their home cages or 35 min after the start of the behavior tests for immediate

169 early gene (*Fos*) studies. Brains were embedded in OCT (Tissue-Tek) and frozen with dry ice.

170 25µm cryosections were used for mRNA in situ. Adjacent sections from each brain

171 were collected over replicate slides to stain with multiple probes. Protease 3 was used to digest

tissue. Fos (Cat No. 316921), Ucn3 (Cat No. 464861), and Crh (Cat No. 316091) probes were

used as per manufacturer's instructions. Slides were mounted using Prolong Gold with DAPI.

174 Zeiss Axioscan was used to image DAPI, Alexa 488, Atto-550, and Alexa 647 at 20X

175 magnification.

#### 176 Immunostaining and histology

177 To visualize c-Fos protein in combination with AAV-hM4Di, perfused tissue was sliced on a freezing microtome at 30 µm, and every third section throughout the PeFA was stained. 178 179 Sections were rinsed with 0.1% PBS with Triton (PBST), blocked with 5% donkey serum diluted 180 in PBST (blocking solution) for 1 hour at room temperature. Primary antibody chicken antimCherry (Millipore AB3566481) and rabbit anti c-Fos (Cell Signaling 2250S) were diluted at 181 182 1:1000 in blocking solution and sections were incubated overnight at 4°C. After rinsing with PBST, secondary anti-chicken-A594 (Sigma CF594) and anti-rabbit-A647 (Life Technologies 183 A31573) were applied at 1:200 and 1:1000 dilutions, respectively, in blocking solution and 184 185 incubated overnight at 4°C. Sections were rinsed in PBS, mounted to Superfrost Plus slides, 186 coverslipped with Prolong Gold containing DAPI, and imaged on the Zeiss Axioscan as 187 described previously.

# 188 <u>Chemogenetics</u>

| 189 | Ucn3::Cre virgin female mice (or Cre negative littermates as controls) 8-20 weeks old were         |
|-----|--|
| 190 | used for these experiments. We stereotaxically injected ~225 nL of conditional inhibitory          |
| 191 | designer receptor exclusively activated by designer drug (DREADD) virus bilaterally into the       |
| 192 | PeFA_(AP -0.6mm, $\pm$ ML 0.3mm, DV -4.2mm). For the naïve virgin female DREADD                    |
| 193 | experiment, we used a custom prep from UNC Vector Core (AAV1-hSyn-DIO-HM4D(Gi)-                    |
| 194 | mCherry; Chapel Hill, North Carolina, USA) and for the stressed virgin female DREADD               |
| 195 | experiment we used a custom prep from Vector Builder (AAV1-hSyn-FLEX-HM4D(Gi)-mCherry;             |
| 196 | Chicago, Illinois, USA). Animals used for stress study recovered from surgery for 1 week before    |
| 197 | the start of restraint and around two-three weeks before behavioral testing.                       |
| 198 | Cre-positive and Cre-negative females were administered intraperitoneally (i.p) with               |
| 199 | either 1x PBS (vehicle) or 0.3mg/kg clozapine-n-oxide (CNO) dissolved in 1x PBS and                |
| 200 | habituated to the testing environment for two-three hours prior to pup assay. Females were         |
| 201 | presented one to two C57BL6/J pups in the corner of their home-cage opposite the nest and          |
| 202 | parental behaviors were recorded for 10-15 minutes.  |
| 203 | Four control animals used in the stress study were administered either CNO or saline i.p           |
| 204 | and 2 hours later were exposed to a pup. Animals were then perfused 90 minutes later to stain      |
| 205 | for c-Fos protein expression. (See Immunostaining and histology)                                   |
| 206 | Data analysis and Statistics   |
| 207 | Data was analyzed by Graphpad Prism 9.0 or Matlab scripts. For colocalization                      |
| 208 | experiments, we used Fisher's exact test to compare the total number of fos+/marker+ positive      |
| 209 | cells to the total number of fos-/marker+ positive cell populations across all mice and expressed  |
| 210 | the data as percentages from each individual mouse. Pup retrieval percentages are analyzed         |
| 211 | by Kolmogorov-Smirnoff (2 groups) or Friedman test (3 groups). For experiments comparing           |
| 212 | one manipulation to control (i.e., stress or neuronal inactivation), we used t-test for parameters |
| 213 | with normally distributed data and Mann-Whitney test for non-normally distributed data. To         |

| 214 | compare one manipulation and control across several sessions, we used one-way repeated             |
|-----|--|
| 215 | measures ANOVA tests followed by post-hoc correction. In experiments with comparison of two        |
| 216 | manipulations in several sessions (stress and neuronal inactivation), we used two-way repeated     |
| 217 | measures ANOVA followed by post-hoc correction. P values reported as follows: <0.05 $^{*}$ , **    |
| 218 | P<0.01, *** P<0.001, **** P<0.0001. All data are expressed as mean ± SEM.                          |
| 219 | Image analysis   |
| 220 | Images were exported from Zen Blue software and cells were manually counted for                    |
| 221 | colocalization using FIJI Cell Counter. Graphpad Prism 9 was used to plot graphs and perform       |
| 222 | statistics.  |
| 223 | Fiber Photometry   |
| 224 | Ucn3-cre animals were injected with a cocktail of 150 nL of AAV-syn-jGCaMP7f-WPRE                  |
| 225 | (Addgene 104488-AAV9) and 225 nL of AAV-hSyn-DIO-hM4D(Gi)-mCherry into PeFA (ML:                   |
| 226 | 0.3mm; AP -0.6mm; DV 4.2mm). In the same surgery, a 200 $\mu$ M fiber optic cannula was            |
| 227 | implanted (ML: 0.3mm; AP -0.6mm; DV 4.2mm). Animals recovered for at least 3 weeks before          |
| 228 | behavioral experiments. Animals were brought up to the test room in dim red light and injected     |
| 229 | with either vehicle (session 1) or 0.3mg/kg CNO (session 2) i.p. Two hours later, a fiber optic    |
| 230 | patch cable (Doric) was attached to the cannula and adjusted to attachment for 10 minutes          |
| 231 | before recording. Using a multi-channel fiber photometry system (Neurophotometrics LTD), a         |
| 232 | 470 nm LED and 415 nm LED (isosbestic control) alternatively illuminated at $60\mu W$ via a $20X$  |
| 233 | objective and fluorescence emission was collected using a CMOS camera sensor. After 1-2            |
| 234 | minutes of recording, animals underwent 6 tail suspensions for approximately 5 seconds per         |
| 235 | suspension. Data were acquired using the open-source software Bonsai.                              |
| 236 | Photometry data was analyzed using custom MATLAB code. To correct for                              |
| 237 | photobleaching and motion artifact, we used normalization similarly described by Hvratin et al     |
| 238 | 2020 (Hrvatin et al., 2020). In short, the isosbestic signal was fit with a biexponential and then |
| 239 | linearly scaled to fit signal emitted by GCaMP. GCaMP signal was then divided by the scaled fit    |

for  $\Delta$ F/F. Tail suspension events were aligned to normalized photometric signal and peri-events were taken from 5 sec before tail suspension ("pre") to 5 sec after ("post"). The pre-event baseline was used to calculate the z score  $\frac{\chi_i - \chi_{baseline}}{S_{baseline}}$ . The mean  $\Delta$ F/F of each pre- and post- tail suspension event was taken and averaged across animals per group (vehicle vs CNO) and compared using a paired t test. Area under curve was calculated with the mean  $\Delta$ F/F of each pre- and post- tail suspension event using the MATLAB built-in function "trapz". Standard error mean is plotted with the average z-score.

247 Code availability

Custom Matlab code for ethogram generation and analysis of photometry data isavailable upon request.

250

#### 251 Results

To identify the activation levels of Urocortin-3 in the rostral perifornical area of the 252 253 hypothalamus, we exposed C57 virgin females as well as lactating females (postpartum day 2) 254 to either a foreign pup (P0-P4) or ~25 mg of fresh bedding (control) in their home cage. Animals 255 were subsequently sacrificed 30 minutes after exposure (Figure 1A). To control for number of pups as well and foreign pup discrimination (Ostermeyer & Elwood, 1983; Mogi et al., 2017), we 256 257 utilized two groups of lactating females that either had their litter removed 10 minutes prior to 258 foreign pup introduction or kept their litter (Figure 1A). Visualization of immediate early gene Fos and Ucn3 in PeFA revealed increases in PeFA<sup>Ucn3</sup> cell activation in virgin females exposed to a 259 260 pup compared to controls (Figure 1B, C; Supplemental Figure 1-1). However, in lactating females, Fos levels in PeFA<sup>Ucn3</sup> decrease with pup exposure if litter has been removed but 261 increase if litter is present. These results suggest that PeFA<sup>Ucn3</sup> cells respond to pup exposure 262 similarly in virgin females and lactating females that keep their litter, while we observe opposite 263 impact on PeFA<sup>Ucn3</sup> cell activity in mothers when her litter is removed. 264

265 Because virgin females are not as parental as lactating females (Lonstein & De Vries, 2000; Kuroda et al., 2011; Marlin et al., 2015; Carcea et al., 2021) and PeFA<sup>Ucn3</sup> neurons are 266 activated by infanticide in females (Autry et al., 2021), we wanted to test if suppression of 267 268 PeFA<sup>Ucn3</sup> neuronal activity could enhance alloparental behavior in virgin females. To 269 accomplish this, we used a conditional viral strategy to express the inhibitory designer receptor 270 exclusively activated by designer drug (DREADD hM4Di) in Ucn3::Cre positive and Cre 271 negative animals in the PeFA of virgin females naïve to pups. Two-three weeks after viral 272 injection, both groups of animals were administered CNO (0.3 mg/kg intraperitoneally) and 2-3 hours later, exposed to two pups for fifteen minutes in their home cage (Figure 2A; 273 274 Supplemental Figure 2-1). We confirmed viral recombination to include females in subsequent 275 behavioral analyses (Figure 2B). Cre+ females retrieved more pups in a shorter amount of time 276 relative to Cre- females (Figure 2C & D). However, there was no difference in latency to retrieve the 2<sup>nd</sup> pup (Figure 2F). Furthermore, Cre+ animals spent more time in the nest with pups and 277 278 started nest-building earlier compared to Cre-females (Figure 2K &N). While other behaviors were not improved (Figure 2 G-J, L, M,O-P), suppression of PeFA<sup>Ucn3</sup> neurons improved certain 279 280 aspects of alloparenting behavior (Figure 2Q), particularly pup retrieval and time spent in the 281 nest with the pups.

To understand the impact of chronic stress on alloparental behavior in virgin females, we 282 283 employed a chronic restraint stress paradigm in which females were placed into a 50 mL Falcon conical tube for 1 hour a day for 20 days (Figure 3A). Stressed females weighed significantly 284 less than control females (Figure 3B). On day 19, females were tested for exploratory behavior 285 286 in a 5-minute open field task (Figure 3C-F). Stressed females spent less time in the center of 287 the field compared to control females (Figure 3C). On the last day of stress, day 20, females 288 were exposed to a newborn pup (P0-4) for 15 minutes and their alloparental behavior was recorded and analyzed (Figure 3G-R). Only 2 out of 9, or 22%, of stressed females retrieved 289 290 pups compared to control females (5 of 9, or 55% retrieved) (Figure 3G). Other than retrieval

latency, virgin stressed females did not show any significant changes in other measures of
 alloparental behavior. Altogether, we find that chronic restraint stress significantly reduces pup
 retrieval in virgin females.

294 Next, to understand the impact of chronic stress on maternal behavior in lactating 295 females, we utilized the same chronic restraint paradigm in females from postpartum day 2-18 296 (Figure 4A), before weaning age for pups. Like stressed virgin females, stressed lactating 297 females weighed significantly less than control females (Figure 4B), indicating that chronic 298 restraint induced physiological changes. On day 16 of chronic restraint, females were tested for 299 anxiety-related behavior in a 5-minute open field task (Figure 4C-F). Surprisingly, stressed 300 females spent more time in the center of the field and less time in the borders (Figure 4C, D). 301 Stressed females also showed an increase in velocity and distance traveled relative to control 302 females (Figure 4E, F). On the last day of stress, day 17, females had their litters removed and 303 10 minutes later we introduced a foreign-born pup to their home cage (Figure 4G-R). All females 304 retrieved pups before the end of the 10 minutes session (Figure 4G, H) and there was no 305 difference in latency to retrieve between groups. Stressed mothers showed similar levels of 306 parenting toward pups as control mothers. We also attempted to use an intruder stress 307 paradigm that has previously been reported to impact parental behavior in lactating females (Carini et al., 2013; Murgatroyd et al., 2016). We did not see any weight changes or parenting 308 309 measures (Supplemental Figure 4-1).

Next, we investigated molecular and physiological impacts of chronic restraint stress in virgin or lactating females. In situ hybridization revealed increases in PeFA<sup>Ucn3</sup>/Fos colocalization in stressed virgin females (Figure 5A, B; Supplemental Figure 5-1). In control virgin females, percentage of PeFA<sup>Ucn3</sup>/Fos colocalization was negatively correlated with time spent parenting, indicating that activation of PeFA<sup>Ucn3</sup> may reduce alloparental behaviors (Figure 5E). Because activation of corticotropin releasing factor (CRF) cells in the paraventricular hypothalamus (PVH) is postulated to disrupt maternal behavior and is critical for physiological

317 stress responses (Herman & Tasker, 2016; Klampfl & Bosch, 2019), we also quantified PVH<sup>CRF</sup>/Fos colocalization (Figure 5C,F). We found that PVH<sup>CRH</sup>/Fos levels were significantly 318 reduced in both stressed virgin females and lactating females, and like PeFA<sup>Ucn3</sup>, PVH<sup>CRF</sup> 319 320 neuronal activation is negatively correlated with parental behaviors (Figure 5F). Chronic 321 restraint stress did not affect circulating CORT levels in virgin females (Figure 5D). In mothers, chronic stress led to a decrease in PeFA<sup>Ucn3</sup>/Fos levels compared to control lactating females, 322 323 opposite to the effect we observed in virgin females (Figure 5G, H). Like virgin females, however. PVH<sup>CRF</sup> cell activation was significantly decreased in chronically stressed lactating 324 325 females (Figure 5G, I; Supplemental Figure 5-1), consistent with previous literature (Girotti et 326 al., 2006; Radley & Sawchenko, 2015; Matovic et al., 2020). We observed a similar negative trend for correlation of PeFA<sup>Ucn3</sup> neuronal activation and parental behaviors in control lactating 327 females that we observed in virgin females, but the trend for PVH<sup>CRF</sup> cell activation is positively 328 correlated in lactating females (Figure 5 K, L). We observed that CORT levels were significantly 329 330 decreased in stressed lactating females (Figure 5J), suggesting adaptive habituation to the repeated stress. In our intruder stress experiment, we did not observe molecular changes in 331 PeFA<sup>Ucn3</sup> activation or in circulating corticosterone levels, consistent with no changes in weight 332 333 or parental behavior (Supplemental Figure 5-2). Altogether, chronic restraint stress induces differential PeFA<sup>Ucn3</sup> activation patterns in virgin and lactating females in response to pups, 334 while chronic stress reduces PVH<sup>CRF</sup> neuronal activation in both virgins and mothers. 335 Because our chronic restraint stress paradigm dampened alloparental behavior in virgin 336 females and increased PeFA<sup>Ucn3</sup> neuronal activation, we sought to ameliorate deficits in 337 parenting by inhibiting PeFA<sup>Ucn3</sup> neurons during pup exposure. To accomplish this, we injected 338 virgin Ucn3::Cre positive and negative females with AAV1-eF1a-DIO-hM4Di-mCherry and then 339

340 started restraint stress 1 week after recovery from surgery. After 16 days of chronic restraint

- 341 stress, we injected either vehicle or CNO on 2 consecutive days after the last day of stress.
- 342 After several days we then employed randomized CNO/Vehicle open field trials. On day 32, we

343 performed an additional pup exposure with vehicle treatment (Figure 6A). Stressed females had 344 a significant difference in weight compared to control females (Figure 6B). During open field, 345 CNO administration did not induce changes in exploratory behaviors in either group (Figure 6C-346 F). In the pup exposure assay, both stressed and control virgin females had improved 347 cumulative retrieval with CNO treatment, which we did not observe in the Cre negative group 348 (Figure 6 G, H: Supplemental Figure 6-1). Strikingly, stressed females treated with CNO 349 displayed improved latency to retrieve, time spent crouching, time spent in nest and overall time 350 spent parenting which did not occur in unstressed controls or Cre negative controls, or in the 351 final vehicle session (Figure 6I, L, M, N; Supplemental Figure 6-1). No significant changes were 352 observed in pup grooming (Figure 6K). Interestingly, pup investigation was significantly 353 decreased in both groups which may be due to increased familiarity (Figure 6J) (Bielsky et al., 354 2005; Richter et al., 2005; Moy et al., 2008). CNO administration did not improve any of the 355 parenting measures in stressed Cre negative females (Supplemental Figure 6-1). We confirmed that CNO administration reduced activity in the PeFA<sup>Ucn3</sup> neurons using both 356 357 histology and fiber photometry recording (Supplemental Figure 6-2). Altogether, inhibition of PeFA<sup>Ucn3</sup> neuronal activity leads to enhancement in parenting behaviors in stressed virgin 358 359 females (Figure 6O, P).

360

## 361 Discussion

Previously, we have observed that virgin females showing alloparental behavior toward pups have a low-level of activation of PeFA<sup>Ucn3</sup> neurons while activating these cells highly with chemogenetic or optogenetic methods leads to infant-directed neglect and aggression toward pups (Autry *et al.*, 2021). In the present study, we further explored the role of urocortin-3 neurons of the perifornical area during female alloparental and maternal behavior. We aimed to examine the intersection between the role of these neurons in infant-directed behavior and their putative role in the hypothalamic-pituitary-adrenal axis. We hypothesized that PeFA<sup>Ucn3</sup> neurons become more active with stress and increased PeFA<sup>Ucn3</sup> cell activity would lead to deficits in
pup-directed behavior. Therefore, we studied activation levels of PeFA<sup>Ucn3</sup> neurons in virgin
females and mothers exposed to pups with and without stress and studied the effect of
PeFA<sup>Ucn3</sup> neuron inhibition on alloparental behavior under non-stressed and stressed
conditions.

We find that around 20% of PeFA<sup>Ucn3</sup> neurons are active during infant-directed behavior 374 375 in virgin females, replicating our previous findings (Autry et al., 2021). In addition, we replicated our finding that mothers have a lower level of PeFA<sup>Ucn3</sup> neuronal activation during pup exposure 376 compared to virgin females. However, we noticed that the controls for our mother group, in 377 which we typically remove the litter, had a high baseline of PeFA<sup>Ucn3</sup> neuron activity compared 378 to virgin females exposed to bedding. We therefore added a group of mothers who did not have 379 380 their litters removed. This experiment revealed that our control bedding exposure and experimental pup exposure conditions impact PeFA<sup>Ucn3</sup> neural activity differentially in mothers 381 depending on whether the mother's litter is present. These results indicate that PeFA<sup>Ucn3</sup> 382 383 neurons may be sensitive to social contexts; these neurons appear to have high baseline 384 activity in mothers with their litters removed during a control bedding exposure and this activity 385 level plummets with introduction of foreign pups. In the future, it will be important to tease apart whether this heightened PeFA<sup>Ucn3</sup> neural activity after litter removal may be related to an 386 387 aversive or stressed state, or possibly a social motivation set point that is altered after a female gives birth. Indeed, previous studies have shown that maternal separation can impact both a 388 389 mother and their offspring's behavior in measures related to anxiety, social behavior, and 390 cognition (Lemaire et al., 2000; Weinstock, 2001; Chapillon et al., 2002).

We next assessed the impact of inhibiting this low-level of activity during infant-directed behavior. We found that there was a subtle but significant effect of inhibition PeFA<sup>Ucn3</sup> neurons on pup-retrieval latency in virgin females. We previously observed that activation of the excitatory PeFA<sup>Ucn3</sup> neuron projections to the ventromedial hypothalamus or lateral septum

395 mediate infant avoidance and neglect. Our current results suggest that inhibition of PeFA<sup>Ucn3</sup> 396 neurons in virgin females may lead to decreased activity in these target areas responsible for 397 negative pup directed behavior, allowing for faster infant retrieval. While the behavioral impact 398 of this manipulation is relatively minor, it is in line with the low-level of activation we observe at 399 the cellular level.

400 In a parallel set of experiments, we tested the impact of chronic stress on infant-directed behavior and PeFA<sup>Ucn3</sup> neuronal activity in virgin females and mothers. We started by testing a 401 chronic restraint stress paradigm in virgin females. With this paradigm, we observed significant 402 403 weight loss in females exposed to daily restraint compared to unstressed females. Prior to testing infant-directed behavior, we tested open-field behavior to ensure that the stress 404 405 paradigm had a behavioral impact after two weeks of chronic restraint, and indeed we observed 406 a reduction in exploration time of the center of the arena in stressed females. Thus, we 407 continued with the infant-directed behavior assay and observed that females with chronic 408 restraint showed significantly less pup retrieval compared to unstressed females, with 2 out of 9 409 stressed females displaying infant-directed aggression behavior. When we examined the 410 physiological effects of stress, we found that circulating CORT levels were not impacted though PVH<sup>CRF</sup> neuron activation was significantly reduced in females subjected to stress, suggestive 411 of HPA axis habituation to the repeated stress. However, we did find enhanced PeFA<sup>Ucn3</sup> 412 413 neuron activity in chronically stressed females. Intriguingly, we found a strong negative correlation between PeFA<sup>Ucn3</sup> neuronal activity levels and overall alloparenting behavior in 414 unstressed females, and this correlation was lost in stressed females. Together, these data 415 support our hypothesis that stress increases activity of PeFA<sup>Ucn3</sup> neurons, and heightened 416 activity in PeFA<sup>Ucn3</sup> neurons negatively impacts infant-directed behavior. 417

We therefore proceeded with the chronic restraint paradigm in lactating females. We used a similar timeline for testing, with daily weighing and an open field test prior to pup exposure. We observed significant weight loss in lactating females exposed to stress, however

421 our open field test revealed that females with chronic restraint stress displayed increased exploration of the center of the open field relative to control females. This behavior may be a 422 423 sign of hypervigilance and may be explained by an increase in distance traveled as well as 424 velocity (Cabib et al., 1988; Sequeira-Cordero et al., 2019; Rudolph et al., 2020). In our 425 subsequent infant-directed behavior assessment, we found no differences in maternal behavior 426 between unstressed and chronically restrained mothers. In our physiological measures, we 427 observed that CORT levels were decreased in mothers with chronic restraint stress with a 428 decrease in both CRF and Ucn3 neuronal activation. The decrease in CORT and CRF neuronal 429 activation are indicative of HPA axis habituation to the repeated stress. Indeed, previous studies have illustrated a reduction in CRF/Fos colabeling or electrophysiological properties of 430 CRF neurons in the PVH with repeated restraint stress in rodents (Bonaz & Rivest, 1998; 431 432 Matovic et al., 2020). We interpret the decrease in Ucn3 neuronal activity as a protective 433 mechanism, preserving maternal behavior under stressful conditions. Indeed, previous studies 434 show that lactating mothers display changes in HPA axis responsivity to stress (Johnstone et al., 2000; Douglas et al., 2003; Klampfl & Bosch, 2019), and reduction in PeFA<sup>Ucn3</sup> neuronal 435 436 activity may contribute to behavioral adaptations to stress.

To overcome the habituation to repeated restraint we observed in mothers, we attempted to perform chronic social stress in lactating females (Supplemental Figure 4-1). However, the stress did not result in weight changes or impact maternal behavior. In the future, we hope to identify a stress paradigm for lactating females that impacts maternal behavior. Furthermore, we aim to study the role of PeFA<sup>Ucn3</sup> neurons in HPA axis hypo-responsivity in mothers to uncover their potential role in maternal behavior preservation.

We plotted female infant-directed behaviors as ethograms to gain broader insight into how stress affects this complex interaction. Surprisingly, we found that virgin females display longer bouts of infant-directed behaviors during the pup exposure assay relative to mothers, whose behavioral motifs appear to be more sporadic from one behavior to the next (Zoubovsky

*et al.*, 2020). We suspect that this difference is at least in part due to the removal of the litter
during habituation for mothers that is not required for testing virgin females. However, this
result does imply that, at least in terms of studying the neural architecture of infant-directed
behavior, (1) we can collect a rich dataset from virgin females and (2) that we must be diligent in
considering the conditions under which we test behavior in mothers in the laboratory given that
litter removal may have a significant impact on some experimental parameters (Lonstein, 2005;
Smith & Lonstein, 2008; Miller *et al.*, 2011).

Finally, we tested if we could rescue stress-induced deficits in alloparental behavior by 454 inhibiting PeFA<sup>Ucn3</sup> neurons. We confirmed that our chronic restraint stress paradigm led to 455 weight reductions and proceeded with our pup exposure assay. We found that chemogenetic 456 inhibition of PeFA<sup>Ucn3</sup> neurons did lead to improved alloparental behavior on several measures 457 458 including latency to retrieve, time in nest, and crouching. We designed the experiment to 459 observe the effect of stress alone on the first day with vehicle administration followed by inhibition of PeFA<sup>Ucn3</sup> neurons by CNO treatment on the second day, with a final vehicle test 460 461 after drug washout. We settled on this design based on our previous observation that blocking PeFA<sup>Ucn3</sup> neuronal activity optogenetically led to prolonged improvement of infant-directed 462 463 behavior. We included two control groups, the nonstressed Cre positive group, and the 464 stressed Cre negative group to control for the effects of repeated testing. Our data illustrate that inhibiting PeFA<sup>Ucn3</sup> neurons in stressed females leads to more substantial effects on alloparental 465 behavior compared to either control group. 466

467 Overall, we find that PeFA<sup>Ucn3</sup> neuronal activity is higher in females showing lower levels 468 of positive infant-directed behavior, a trend that can be observed regardless of physiological 469 status. Chronic stress leads to reduced alloparental behavior accompanied by higher numbers 470 of active PeFA<sup>Ucn3</sup> neurons in virgin females. Blocking activity in PeFA<sup>Ucn3</sup> neurons rescues 471 infant-directed behavioral deficits in virgin females. Together with previous studies, our results 472 suggest the important role for the level of PeFA<sup>Ucn3</sup> neuronal activity in the expression of pro-

| 473 | and anti-parental behavior (Supplemental Figure 6-3). These results support the critical role for              |
|-----|--|
| 474 | PeFA <sup>Ucn3</sup> neurons in the neural circuitry controlling female parental behaviors and the sensitivity |
| 475 | of these behaviors to stress.  |
| 476 |  |
| 477 | Author Contributions   |
| 478 | B.A. and A.E.A. designed and performed experiments, analyzed, and plotted data, and                            |
| 479 | interpreted data and wrote the paper. R.A. supported animal experiments and analyzed data.                     |
| 480 | I.C. analyzed and plotted data.  |
| 481 |  |
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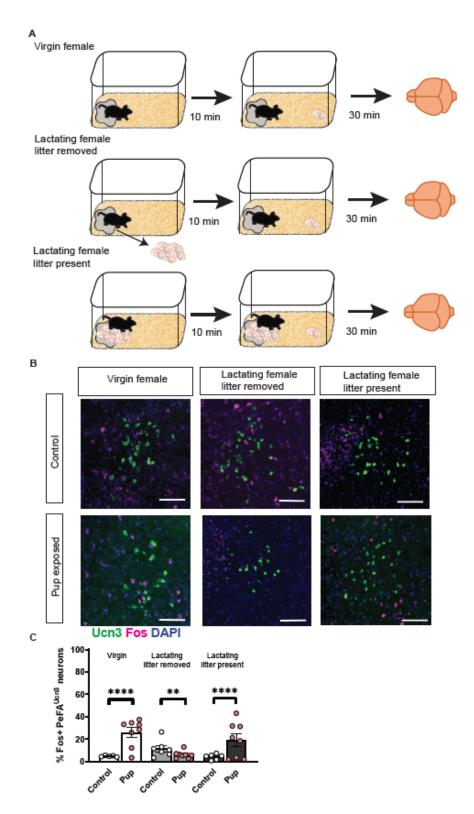
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# 755 Figures and legends

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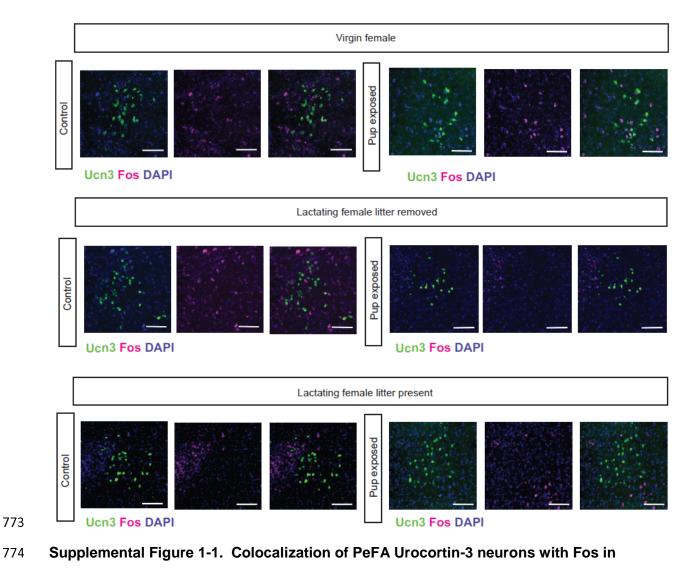
758

759 Figure 1. PeFA Urocortin-3 neuronal activation levels in response to foreign pups

760 **depends on physiological context. (A)** Schematic of behavioral paradigm. C57 virgin females

761 were exposed to a newborn pup and sacrificed 30 minutes after pup exposure or addition of 762 fresh bedding into home cage (control). Lactating females either had a litter removed or litter 763 intact and exposed to a foreign-born pup or fresh bedding. (B) Rostral perifornical area cells 764 containing Urocortin-3 and Fos RNA were counted for colocalization in each group. (scale bar 765 100 µm) (C) Quantification of percentage of Ucn3+ cells colocalized with Fos across groups. Fisher exact test reveals that pup exposure increases PeFA<sup>Ucn3</sup> activation in virgin females 766 (Control n=605 N=5; Pup exposed n=655 N=8; \*\*\*\*p=<0.0001), reduced PeFA<sup>Ucn3</sup> activation in 767 768 lactating females with litter removed (Control n=622 N=7; pup exposed n=828 N=8; 769 \*\*p=0.0044), and increased activation in lactating females that did not have litter removal 770 compared to control bedding exposure (Control n=816 N=6; pup exposed n=988 N=8 771 \*\*\*\*p<0.0001).

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- response to foreign pups. Representative images from Figure 1 with Ucn3 and Fos channels
- 776 separated (scale bar 100 μm).

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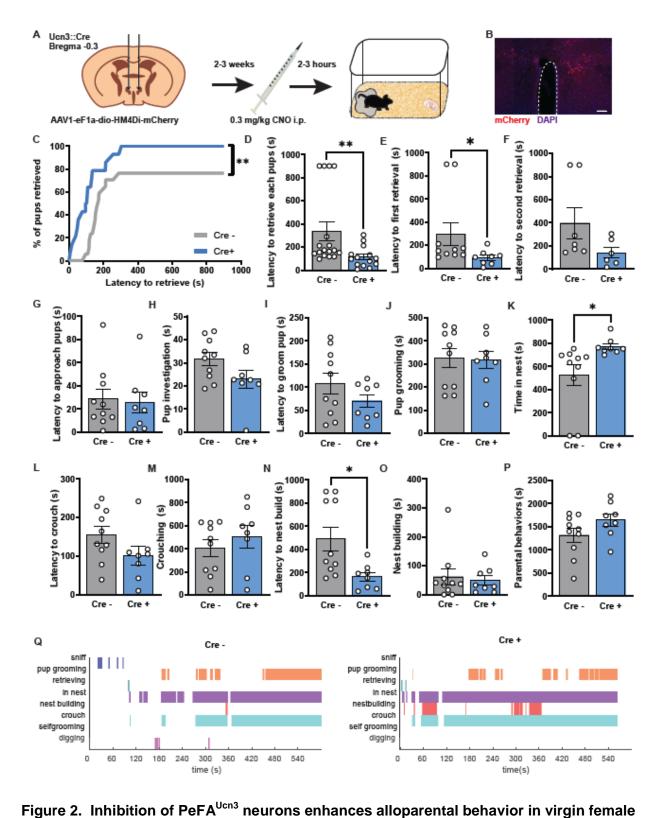
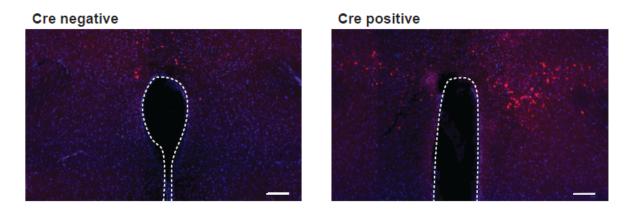


Figure 2. Inhibition of PeFA<sup>ucn3</sup> neurons enhances alloparental behavior in virgin female
 mice. (A) Schematic of viral injection strategy and behavior timeline (n=10 Cre- females; n=8

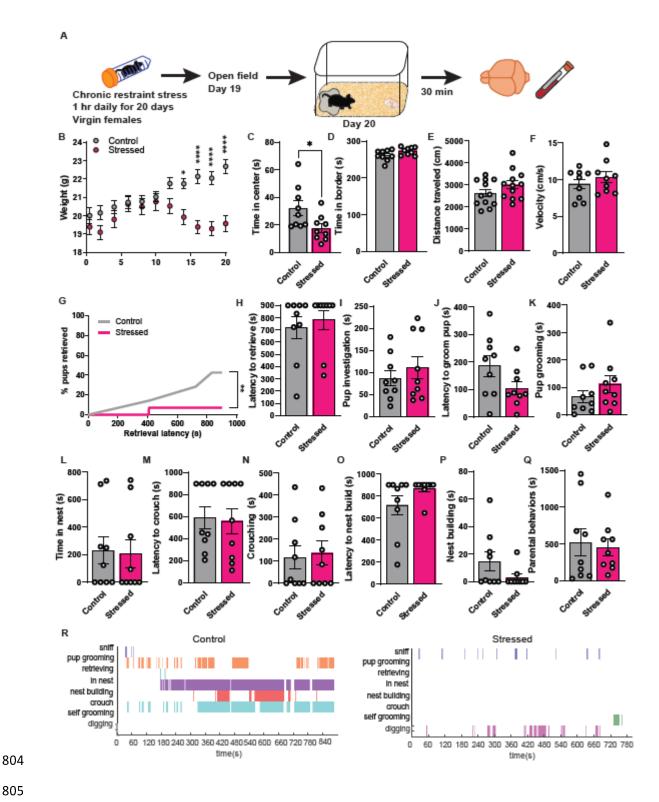
780 Cre+ females). (B) Representative image of mCherry reporter expression in Ucn3::Cre+ 781 female injected with inhibitory DREADD virus (magenta: mCherry; blue: DAPI; scale bar 100 um). (C) Percentage of pups retrieved by Cre+ females is significantly increased compared to 782 783 Cre- females (Kolmogorov-Smirnov test p=0.0048). (D) Latency to retrieve pups is significantly 784 faster in Cre+ females compared to Cre- females (Two-tailed Mann-Whitney test; p=0.0033), as 785 well as (E) latency to retrieve the first pup (Two-tailed Mann-Whiney test; p=0.0259), but there 786 was no difference between groups in (F) latency to retrieve the second pup. (G-H) Latency to 787 approach pups was not significantly different, but time spent investigating pups trended lower in 788 Cre+ animals (Unpaired t test; p=0.0854). (I-J) We observed no significant difference in latency 789 to pup groom or in time spent pup grooming in Cre+ animals compared to Cre- females. (K) 790 Time spent in nest with pups significantly increased in Cre+ animals (Unpaired t test; p=0.0289). 791 (L-M) Latency to crouch trended lower in Cre+ animals (Two-tailed Mann-Whiney test; 792 p=0.1011), but we did not observe a significant difference in time spent crouching. (N-O) 793 Latency to nest build was significantly faster in Cre+ animals (Two-tailed Mann-Whiney test; 794 p=0.0152) but time spent nest building was not significantly different between groups. (P) 795 Cumulative time spent parenting was unchanged between groups (Q) Representative behavior 796 trace of a Cre- animal (left) and a Cre+ animal (right) during pup assay (time 0 is when pup was 797 added to home cage).

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mCherry DAPI

- 800 Supplemental Figure 2-1. Inhibitory DREADD expression in virgin female mice.
- 801 Representative image of AAV-mediated hM4di DREADD expression in the perifornical area
- 802 (PeFA) of Ucn::Cre- (left) or Ucn3::Cre+ (right) females. Third ventricle indicated by outline
- 803 (scale bar 100 μm).

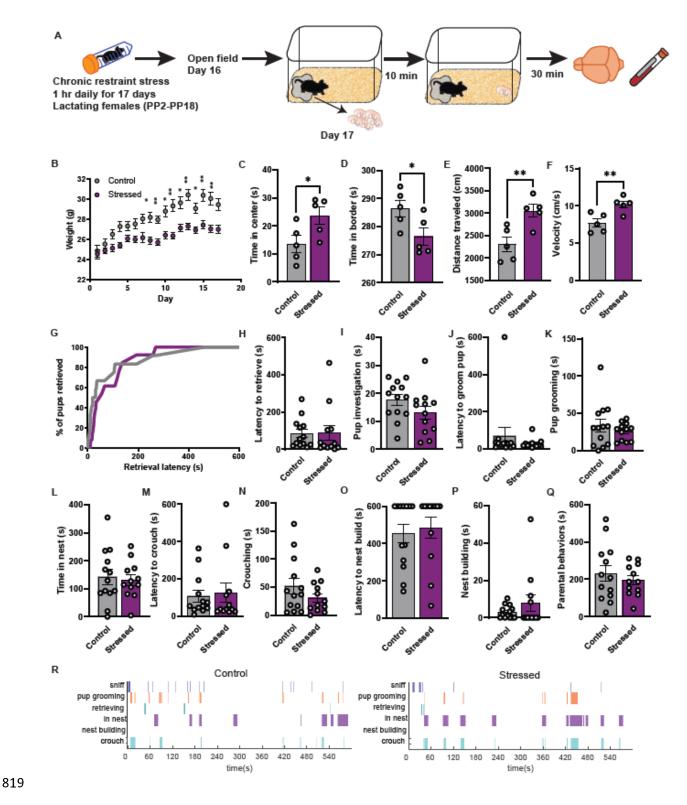


805

Figure 3. Chronic restraint stress dampens alloparental behavior in virgin female mice. 806

807 (A) Schematic of timeline using restraint stress paradigm and behavioral testing in virgin

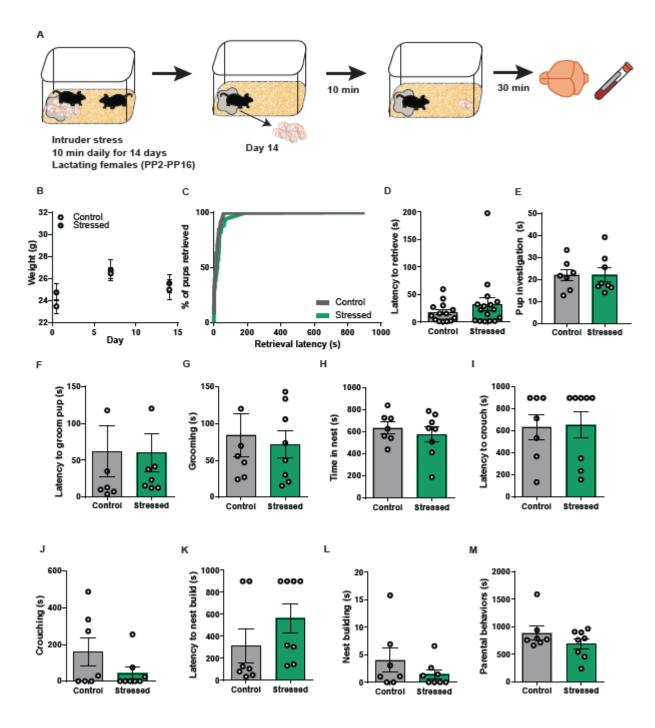
| 808 | females (n=9 control; n=9 stress). <b>(B)</b> Weights taken from each group during the period of              |
|-----|---|
| 809 | chronic restraint stress. Stressed females have significant difference in weight compared to                  |
| 810 | controls (Two-way repeated measures ANOVA; main effect of interaction of stress x time                        |
| 811 | $F_{(10,220)}$ =22.92 p<0.0001; main effect of time $F_{(10,220)}$ = 20.35; Bonferroni's multiple comparisons |
| 812 | test) (C-F) Time spent in center of open field was significantly reduced for stressed females                 |
| 813 | compared to controls (C) (unpaired t test; p=0.0289) but no other parameter in open field was                 |
| 814 | changed. (G) Chronic restraint stress significantly decreased cumulative pup retrieval in females             |
| 815 | (Kolmogorov-Smirnov test p=0.0059).(H-Q) Chronic restraint stress did not significantly change                |
| 816 | other parenting measures such as retrieval latency, or time spent pup grooming, time in nest,                 |
| 817 | crouching, and nest building. (R) Representative behavior trace for a control female (left) and               |
| 818 | stressed female (right) during pup assay. (*p=0.05; **p=0.01; ***p=0.001; ****p=0.0001).                      |

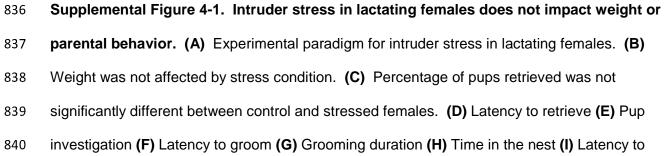




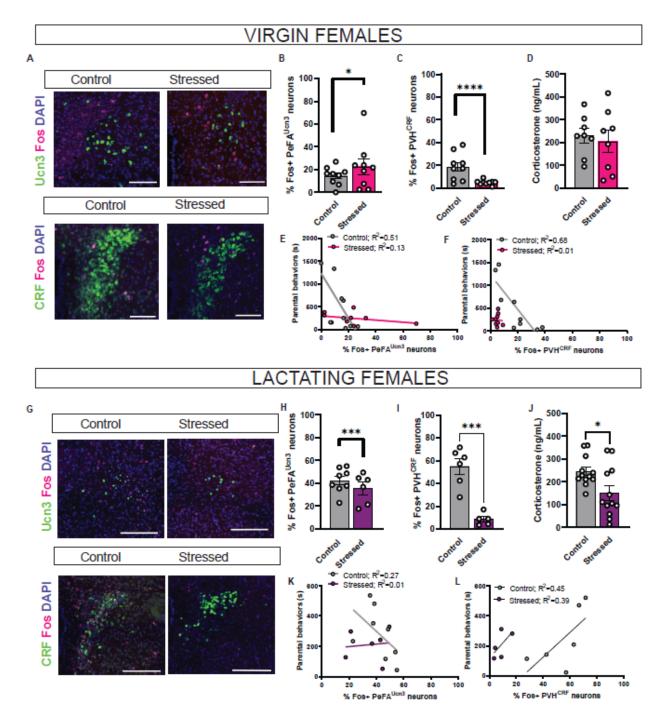
821 lactating females. (A) Schematic of timeline using restraint paradigm and behavioral testing in

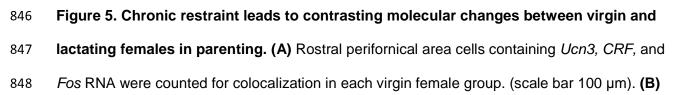
| 822 | lactating females (Control n=12; Stressed n=13). (B) Weights taken from each group during the                 |
|-----|---|
| 823 | period of chronic restraint stress from postpartum day 1 to 18. Stressed females have a                       |
| 824 | significant difference in weight compared to controls (Two-way repeated measures ANOVA;                       |
| 825 | main effect of interaction of stress x time F <sub>(17,368)</sub> =8.286 p<0.0001; main effect of time        |
| 826 | F <sub>(7.579,174.3)</sub> =75.28 p<0.0001; Sidak's multiple comparisons). (C-F) Time spent in center of open |
| 827 | field was significantly increased for stressed females compared to controls (unpaired t test;                 |
| 828 | p=0.0459) and time spent in borders decreased (unpaired t test; p=0.0459) accompanied by                      |
| 829 | increased distance traveled (unpaired t test; p=0.0089) and velocity (unpaired t test; p=0.0089)              |
| 830 | (G-Q) Chronic restraint stress did not significantly change any parenting measures as retrieval,              |
| 831 | pup grooming, time in nest, crouching, and nest building compared to females that did not                     |
| 832 | receive stress. (R) Representative behavior trace for a control female (left) and stressed female             |
| 833 | (right) during pup assay.   |



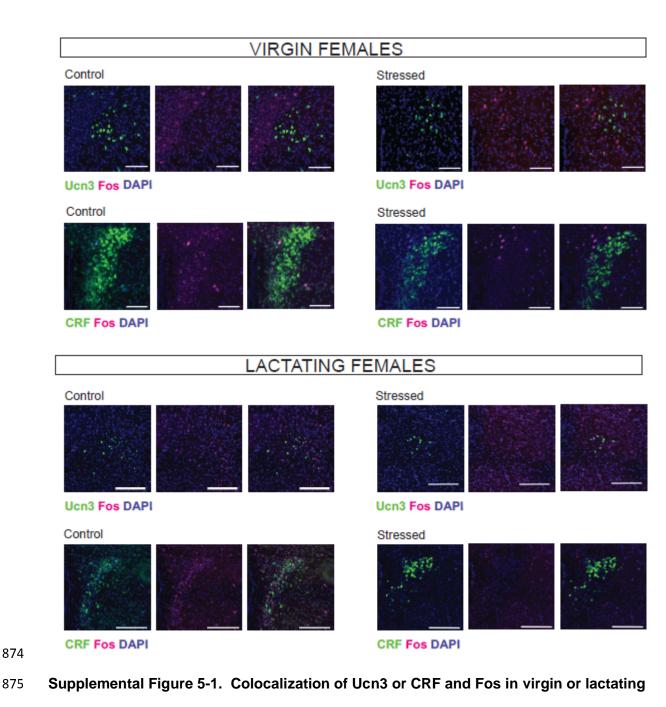


- crouch (J) Crouching duration (K) Latency to nest build (L) Nest building duration and (M)
- 842 Parental behaviors were unchanged between stress and control mothers.

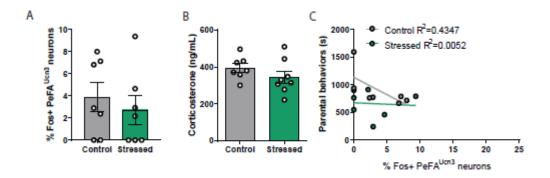




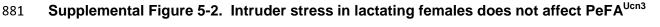
Colocalization of Ucn3 and Fos in perifornical area reveals increased of activation of PeFA<sup>Ucn3</sup> 849 850 neurons in in stressed virgin females compared to control virgin females (Fisher exact test: 851 Control n=490 N=9; Stressed n=472 N=9; p=0.038). (C) Colocalization of CRF and Fos in 852 paraventricular nucleus of the hypothalamus reveals decreased activation of PVH<sup>CRF</sup> neurons in 853 stressed virgin females compared to control virgin females (Fisher exact test: Control n=1305 854 N=9; Stressed n=1272 N=9; p<0.0001). (D) Serum corticosterone levels were measured using 855 ELISA in virgin females. Chronic restraint stress did not contribute to altered corticosterone in virgin females. (E) Plotting time spent parenting against PeFA<sup>Ucn3</sup> activation levels shows 856 marked negative correlation between parenting and PeFA<sup>Ucn3</sup> neuron activation in controls but 857 this relationship is abolished in stressed virgin females (Control  $R^2=0.51$  Stressed  $R^2=0.13$ ; 858 difference in slope F= 10.73 DFn=1, DFd=14; p=0.0055). (F) PVH<sup>CRF</sup> activation levels in 859 860 negatively correlated with time spent parenting in control virgin females but this relationship is indiscernible in stressed virgin females (Control R<sup>2</sup>=0.68 Stressed R<sup>2</sup>=0.01). (G) Rostral 861 862 perifornical area cells containing Ucn3, CRF, and Fos RNA were counted for colocalization in each lactating female group (scale bar 100 µm). (H) PeFA<sup>Ucn3</sup> neuron activation levels are 863 864 reduced in stressed lactating females (Fisher exact test: Control n=338 N=8; Stressed n=360 865 N=6; p=0.0005). (I) Activation levels of CRF cells in the paraventricular nucleus of the hypothalamus are significantly decreased in stressed lactating females (Control n=919 N=6; 866 Stressed n=2268 N=5; p<0.0001). (J) Chronic restraint stress significantly reduced 867 868 corticosterone in lactating females (unpaired t test; p=0.0198). (K) Linear regression analysis reveals a trend towards negative correlation between time spent parenting and PeFA<sup>Ucn3</sup> 869 activation levels in control lactating females but not in the stressed group (Control R<sup>2</sup>=0.27 870 Stressed R<sup>2</sup>=0.01). (L) PVH<sup>CRF</sup> activation is positively correlated with time spent parenting 871 (Control  $R^2$ =0.45 Stressed  $R^2$ =0.39). 872



- 876 **females exposed to pups in control or chronic restraint stress conditions.** Representative
- images from Figure 5 with Ucn3 or CRF and Fos channels separated (Ucn3 or CRF green
- channel; Fos magenta channel; scale bar 100 μm).
- 879







neuronal activation levels or circulating corticosterone. (A) Percentage of Fos+ PeFA<sup>Ucn3</sup>

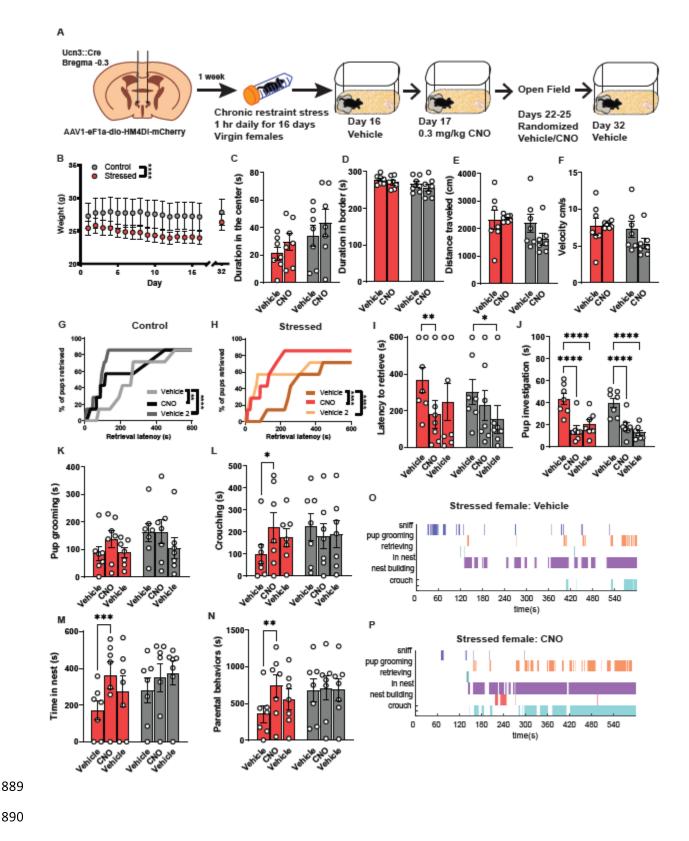
neurons is not significantly different between mothers with or without intruder stress. (B)

884 Corticosterone levels are indistinguishable between mothers with or without intruder stress. (C)

Linear regression analysis reveals a trend towards negative correlation between time spent

parenting and PeFA<sup>Ucn3</sup> activation levels in control lactating females but not in mothers with

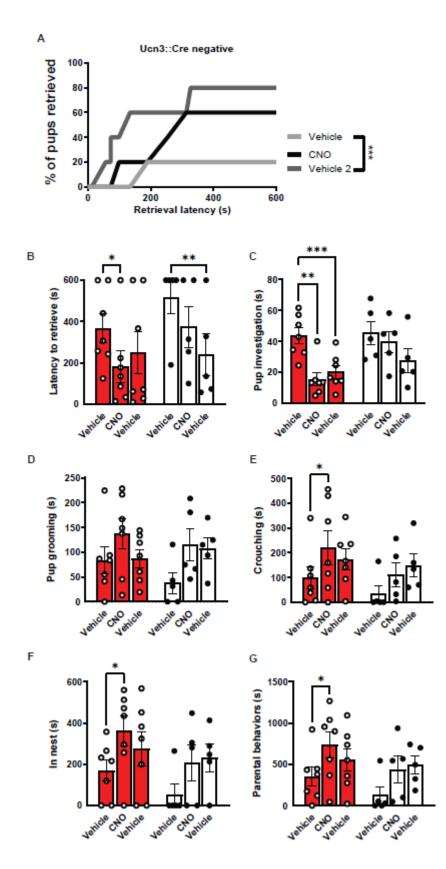
intruder stress (Control  $R^2$ =0.4347 Stressed  $R^2$ =0.0052).



891 Figure 6. PeFA<sup>Ucn3</sup> inhibition ameliorates parenting deficits in stressed virgin females. (A)

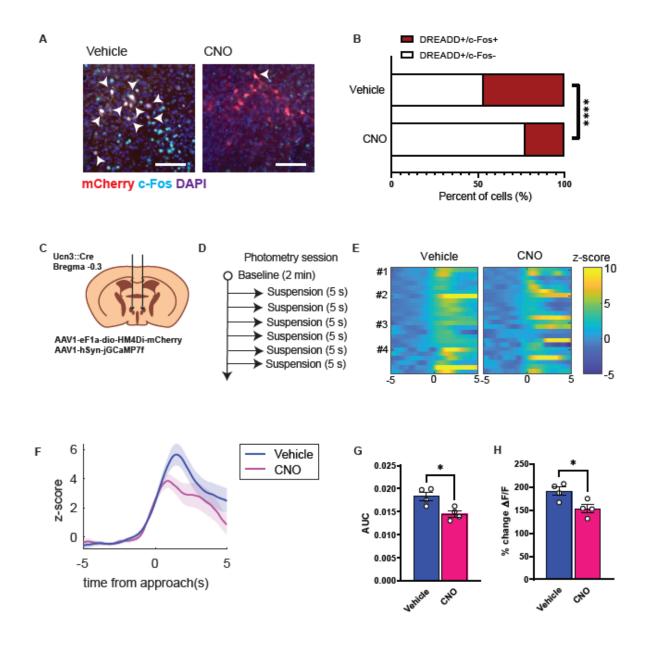
892 Schematic of viral injection strategy and behavior timeline (n=7 stressed Cre+ females; n=7

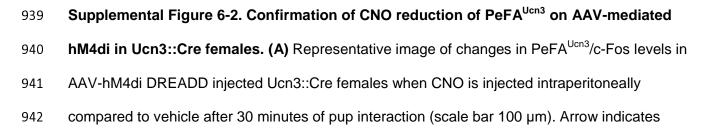
893 control Cre+ females). (B) Stressed females had a significant difference in weight compared to 894 control females (2-way repeated measures ANOVA, main effect of stress x time p<0.0001). (C-F) Open field results show no difference in time spent in center, border, distance moved, or 895 896 velocity in control or stressed mice with or without CNO treatment. (G) Cumulative pup retrieval 897 in control animals improves significantly with CNO injection (Friedman's test; p=0.0013). (H) Cumulative pup retrieval in stressed animals improve with CNO administration (Friedman's test; 898 899 p=0.0003). (I) CNO treatment decreases latency to retrieve in stressed females (Two-way repeated measures ANOVA, main effect time  $F_{(2,24)}$ =8.978 p<0.01; Sidak's multiple comparisons 900 901 test) but not in control animals. (J) Pup investigation dramatically reduces in both animal groups with CNO (Two-way repeated measures ANOVA, main effect of time F<sub>(2,24)</sub>=82.86 p<0.0001; 902 903 Sidak's multiple comparisons test). (K) Pup grooming is unchanged with CNO treatment. (L) 904 Time spent crouching increases with CNO administration in stressed females (Two-way repeated measures ANOVA, main interaction effect of stress and drug  $F_{(2,24)}$ =3.506 p<0.0462); 905 906 Tukey's multiple comparisons). (M) Stressed females spent significantly more time in the nest with CNO administration (Two-way repeated measures ANOVA, main effect of time F<sub>(2,24)</sub>=9.399 907 908 p=0.001; Sidak's multiple comparison's test). (N) Cumulative time spent parenting increases 909 with CNO treatment in stressed females (Two-way ANOVA, main effect of time  $F_{(2,24)}=3.942$ 910 p=0.0331; Sidak's multiple comparisons). (O-P) Representative behavior traces showing 911 induction of more parenting behaviors with CNO in stressed females. (Significant post-hoc comparisons noted as follows: \*p=0.05; \*\*p=0.01; \*\*\*p=0.001; \*\*\*\*p=0.0001). 912



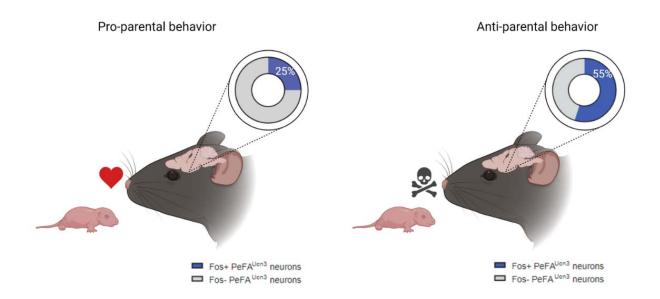
## 915 Supplemental Figure 6-1. CNO treatment does not impact parenting behavior in

916 Ucn3::Cre- stressed virgin females. (A) Cumulative pup retrieval in control animals improves 917 significantly with CNO injection (Friedman's test; p=0.0002 followed by Dunn's posthoc 918 comparisons). (B) CNO reduces latency to retrieve pups in stressed Ucn3::Cre+ females but not 919 in stressed Cre- females (Two-way repeated measures ANOVA main effect of drug treatment F<sub>(2,20)</sub>=9.667 p<0.0012, Sidak multiple comparisons post-hoc effect significant for Cre+ stressed 920 921 group vehicle versus CNO p<0.0224 and Cre- stressed group vehicle vs. vehicle 2 p<0.0036). 922 (C) Pup investigation is impacted in the stressed Cre+ group but not the stressed Cre- group (Two-way repeated measures ANOVA main effect of drug treatment  $F_{(2,20)}$ =10.94 p<0.0006, 923 924 Sidak multiple comparisons post-hoc effect significant for Cre+ stressed group vehicle versus 925 CNO p<0.0010 and vehicle versus vehicle 2 p<0.0009). (D) Pup grooming is unaffected. (E) 926 CNO treatment increases crouching significantly in Ucn3::Cre positive females (Two-way repeated measures ANOVA main effect of drug treatment  $F_{(2,20)}=4.898$ , p<0.0186. Tukey 927 928 multiple comparisons post-hoc effect significant for Cre+ stress group vehicle versus CNO p<0.05) (F) as well as duration in nest (Two-way repeated measures ANOVA main effect of 929 930 drug treatment F<sub>(2,20)</sub>=8.098, p<0.0037, Sidak multiple comparisons post-hoc effect significant 931 for Cre+ stress group vehicle versus CNO p<0.05) (G) and cumulative time spent parenting 932 (Two-way repeated measures ANOVA main effect of drug treatment  $F_{(2,20)}=7.728$  p<0.0033, 933 Sidak multiple comparisons post-hoc effect significant for Cre+ stress group vehicle versus CNO 934 (p<0.05).





943 Ucn3/c-Fos colocalization. (B) Quantification of DREADD expressing neurons co-expressing c-944 Fos is significantly reduced in Ucn3::Cre females injected with CNO. (Fisher exact test: Vehicle n=180 N=2; Stressed n=101 N=2; p<0.0001). (C) Schematic of experimental design to record 945 946 photometric signals from the PeFA with expression of inhibitory DREADD hM4Di construct in the PeFA<sup>Ucn3</sup> neurons. (D) Schematic of tail suspension session design during photometry 947 948 recording. (E) Z-score of the normalized fluorescence signal ( $\Delta F/F$ ) for each individual trial 949 during the 10s peri-event window centered around the onset of tail suspension. Left: vehicle; 950 right: CNO treatment (n=6 trials, N= 4 female mice) (F) Average Z-score of  $\Delta F/F$  averaged 951 across the 6 trials for each of the four females (dark line represents the mean and the shaded 952 area represents the SEM). (G) Area under the curve calculated on the average  $\Delta F/F$  signal for 953 the tail suspension events (n=6 trials, N=4 female mice). AUC of the 5s segment following the 954 suspension is significantly reduced in the CNO trial compared to vehicle treatment (Paired t-test 955 p<0.0281, N=4 female mice, average of 6 trials for each). (H) Percent change of  $\Delta F/F$  relative 956 to baseline reveals significant reduction of fluorescence evoked by tail suspension with CNO 957 treatment relative to vehicle treatment (Paired t-test p<0.0025, N=4 female mice, average of 6 958 trials for each).



960

Supplemental Figure 6-3. Model for PeFA<sup>Ucn3</sup> neuronal activation in pup-directed 961 962 behavior across sexes and physiological states. (Left) Pro-parental behavior such as grooming, retrieving, and crouching over pups in the nest is accompanied by low-level PeFA<sup>Ucn3</sup> 963 964 neuronal activation (25%). Mice in this category include alloparental virgin females, unstressed mothers, and stress-resistant mothers, as demonstrated in this study and Autry et al. 2021. We 965 predict that this level of activation of PeFA<sup>Ucn3</sup> neurons may also be observed in other categories 966 of mice that display pro-parental behavior including alloparental virgin males, unstressed 967 968 fathers, and stress-resistant fathers. (Right) On the other hand, anti-parental behavior such infant-directed aggression or neglect is accompanied by increased activation of PeFA<sup>Ucn3</sup> 969 970 neurons (~55%). Mice in this category include stressed virgin females and infanticidal males as 971 demonstrated in this study and Autry et al., 2021. We predict that this level of activation of PeFA<sup>Ucn3</sup> neurons may also be observed in other categories of mice that display anti-parental 972 behavior including stress-susceptible mothers, stressed virgin males, and stress-susceptible 973 974 fathers. Model created with Biorender.com.

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- 976