A Novel Chronic *in vivo* Oral Cadmium Exposure-Washout Mouse Model for

Studying Cadmium Toxicity and Complex Diabetogenic Effects

Winifred P.S. Wong[1], Janice C. Wang[1], Matthew S. Meyers[1], Nathan J. Wang[1],

Rebecca A. Sponenburg[2], Norrina B. Allen[3], Joshua E. Edwards[4], Malek El Muayed[1*]

[1]Division of Endocrinology, Metabolism and Molecular Medicine, Feinberg School of

Medicine, Northwestern University, Chicago, IL 60611, USA.

[2]Quantitative Bio-element Imaging Centre, Chemistry of Life Processes, Northwestern

University, Evanston, IL 60208, USA.

[3]Institute for Public Health and Medicine, Center for Epidemiology and Population Health,

Feinberg School of Medicine, Northwestern University, Chicago, IL 60611, USA.

[4]College of Graduate Studies, Midwestern University, Downers Grove, IL 60515, USA.

*Corresponding author: Email: m-muayed@northwestern.edu

Abstract

Type II diabetes mellitus (T2DM) is characterized by insulin resistance, β-cell dysfunction and hyperglycemia. In addition to well known risk factors such as lifestyle and genetic risk score, accumulation of environmental toxicants in organs relevant to glucose metabolism is increasingly recognized as additional risk factors for T2DM. Here, we describe the development of an *in vivo* oral cadmium exposure with washout and high fat diet (HFD) model in C57BL/6N mice with islet cadmium bioaccumulation comparable to that found in human islets. Significant gender effect in phenotype was observed. In males, cadmium exposure followed by washout and HFD results in islet cadmium accumulation that is associated with decreased plasma insulin during hyperglycemia without changes in either body weight or kidney function. In females, cadmium-mediated dysglycemia is associated with islet cadmium accumulation and elevated plasma insulin during GSIS immediately following cadmium exposure. However, following washout with HFD, females displayed an increase in systemic glucose clearance without changes in either plasma insulin or body weight. No effect of cadmium on insulin secretion was observed in islets *ex vivo*, highlighting differences between *in vivo* and *ex vivo* cadmium exposure models. In summary, our oral *in vivo* cadmium exposure-washout with HFD model resulted in islet cadmium bioaccumulation that is relevant in the context of environmental cadmium exposure in humans. Here, we showed that islet cadmium bioaccumulation is associated with a complex cadmium-mediated changes in glucose clearance and β-cell function. The model described here will serve as a useful tool to further examine the relationship between cadmium exposure, islet cadmium bioaccumulation, dysglycemia and their underlying mechanisms.

Introduction

Type II diabetes mellitus (T2DM) is characterized by insulin resistance and dysfunction of insulin-secreting β-cells within pancreatic islets of Langerhans (Petersmann, Muller-Wieland et al. 2019). The development of T2DM is dependent upon the interplay of many factors. Several genetic variations (Todd, Srinivasan et al. 2018, Banerjee, Vats et al. 2019), intrauterine environment (Fernandez-Twinn, Hjort et al. 2019) and lifestyle-related factors including obesity, diet, physical inactivity and smoking have been associated with susceptibility of T2DM (Kolb and Martin 2017). In addition to these risk factors, increasing evidence suggests that exposure to environmental toxicants such as arsenic (Martin, Gonzalez-Horta et al. 2015, Kuo, Moon et al. 2017, Beck, Chandi et al. 2019, Li, Douillet et al. 2020) and cadmium (Schwartz, Il'yasova et al. 2003) as contributors to the development of T2DM.

To date, studies in humans and animal models describing the relationship between Cd exposure on diabetes are inconsistent. Some epidemiologic studies showed an association between Cd exposure and impaired glucose homeostasis (Bell, Early et al. 1990, Schwartz, Il'yasova et al. 2003, Afridi, Kazi et al. 2008, Fitzgerald, Olsen et al. 2020) while others reported the lack of an association (Barregard, Bergstrom et al. 2013, Menke, Guallar et al. 2016). Cadmium is a transition metal with toxic properties that is found in low levels in fruits, grains and vegetables grown on Cd-containing soil (Jolly, Islam et al. 2013), drinking water (Dalmieda and Kruse 2019) and cigarette smoke (Scherer and Barkemeyer 1983). Exposure to environmental cadmium through ingestion of Cd-containing food components and inhalation of cigarette smoke results in gradual

accumulation of Cd in various organs including the pancreas (Wong, Allen et al. 2017).

In mice, short term Cd exposure *in vivo* given as subcutaneous injections resulted in

bioaccumulation of Cd in pancreatic islets and dysglycemia (Fitzgerald, Olsen et al. 2020).

In dispersed mouse islet cell culture, bioaccumulation of intracellular Cd was associated

with a blunted glucose-stimulated insulin secretion (El-Muayed, Raja et al. 2012). Further

studies examining the effects and mechanisms of sustained, oral Cd in insulin-producing

β-cells are warranted. Cadmium has a long tissue half-life of up to 30 years and thus,

results in gradual Cd accumulation in human tissues over decades (Elinder, Lind et al.

1976, Jarup and Akesson 2009) with the highest levels in the kidney cortex reached at

age 50 (Friberg 1984). Replicating similar rates of tissue Cd accumulation in a murine

model is of high importance for examining the effect of Cd at tissue levels but at the same

time, poses unique challenges relating to the long half-life of Cd and its low oral

bioavailability of 2-4% (Schilderman, Moonen et al. 1997).

In the present study, we established a novel *in vivo* oral Cd exposure murine model with

an initial oral Cd exposure phase followed by a washout phase with high fat feeding aimed

at replicating chronic islet Cd accumulation in the setting of insulin resistance in humans

over a reasonable time frame. Our Cd exposure-washout with high fat feeding mouse

model results in near baseline systemic Cd levels while achieving islet Cd

bioaccumulation that are within range of those found in native human islets from the

general population (Wong, Allen et al. 2017). We used this model to investigate the

effects of Cd bioaccumulation in pancreatic islets on β-cell function at islet Cd

concentrations that are relevant to human environmental Cd exposure.

Methods

Cadmium exposure in mice

5-6 weeks old, C57BL/6N mice were exposed to either vehicle or 0.5 or 1mM $CdCl_2$ (56.2

or 112.4ppm, Rigaku, Cat #: 1008154) in deionized drinking water (18.2μΩ, Millipore)

acidified with HCl (30μM, Fisher Scientific) for varying duration as indicated. During Cd

exposure, mice were fed regular chow (Envigo, Cat #: 7912) *ad libitum* unless otherwise

stated. In some experiments, mice were transitioned from $CdCl_2$-containing drinking

water to vehicle drinking water during a subsequent washout phase. Vehicle water was

given with adjusted calories high fat rodent chow (Envigo, Cat #: TD88137, TD180240,

42% from fat) *ad libitum* during the washout phase. Drinking water was changed once a

week to ensure freshness throughout all experimental phases. At the conclusion of the

study, mice were euthanized and tissues were collected for further analysis. All animal

experiments were reviewed and approved by the Institutional Animal Care and Use

Committee of Northwestern University.

In vivo **glucose tolerance tests and glucose-stimulated insulin secretion**

Standard glucose tolerance test (GTT) was performed by injecting a glucose bolus (50%

dextrose, pH 4.2, Hospira, Cat #: 000622) into the intraperitoneal cavity at a dose of 1g/kg

body weight following an overnight fast of 16-18 hours (Ayala, Samuel et al. 2010). Blood

was drawn through a tail capillary before glucose injection (t=0 min) and at 2, 5, 15, 30,

60 and 120 minutes post-glucose load for blood glucose determination. *In vivo* glucose-

stimulated insulin secretion (GSIS) was performed using a higher glucose dose of 3g/kg

body weight (Ayala, Samuel et al. 2010). Blood sampling time points from tail capillary

for glucose measurements during GSIS were similar to that of GTT tests. Blood glucose

concentrations were measured using Accu-Chek Nano glucose meter (Roche

Diagnostics). For GSIS, 20µl of blood was also collected in heparinized microvette tubes

(Sarstedt, Germany, Cat #: CB300LH) before glucose injection (t=0min) and at 2, 5, 15

and 30 minutes post-glucose load for plasma insulin analysis. Plasma samples were

stored at -80ºC until measurements of plasma insulin that was performed using ELISA

kits (Crystal Chem, Cat #: 90080). In some experiments, additional plasma samples were

obtained for determination of proinsulin levels.

Hyperglycemic clamp

Hyperglycemic clamps were performed by the Mouse Metabolic Phenotyping Center

(MMPC), Vanderbilt University, Tennessee. Briefly, 5 days prior to clamp studies,

catheters were implanted into the carotid artery and jugular veins for sampling and

infusion respectively. Hyperglycemic clamps were performed in unrestrained, conscious

mice following 5 hours fast (Ayala, Samuel et al. 2010). At t=0 min, blood glucose was

raised and continuous glucose infusion rate adjusted to maintain hyperglycemic plateau

between 250-300mg/dl (13.8-16.7mM) based on arterial blood glucose measurements at

10 min intervals. Mice received heparinized saline- washed mouse erythrocytes from

donors at 5µl/min to prevent a drop in hematocrit. Baseline arterial blood glucose, insulin

and c-peptide were measured at -15 and -5 minutes prior to clamp. Arterial blood

sampling for clamp insulin was measured at 5, 10, 15, 20, 40, 60, 80, 100 and 120 minutes

during clamp. Arterial c-peptide was measured at 15, 100 and 120 minutes during clamp.

Plasma insulin and plasma c-peptide were measured using radioimmunoassay (EMD

Sigma, Cat #: RI-13K) and bead immunoassay (Luminex, R&D Systems) respectively that

were used according to manufacturer's instructions. Following completion of clamp

studies, mice were returned to regular housing for at least 48 hours with food and water

available *ad libitum* prior to islet perifusion studies.

Pancreatic islet isolation

Islet isolation was performed as previously described (El-Muayed, Raja et al. 2012). In

brief, C57BL/6N male mice were anaesthetized with intraperitoneal injection of ketamine

(10mg/ml)/xylazine (1mg/ml) and the abdominal cavity opened to expose the common

bile duct. Pancreas was perfused with 3ml collagenase (0.5mg/ml, Sigma, Cat #: C7657)

dissolved in HBSS buffer (Corning, Cat #: 21-020-CV) with phenol red through the

common bile duct. Inflated pancreases were excised, washed in phenol red-free HBSS

buffer (Gibco, Cat #: 14175-103) and digested at 37°C for 15 minutes. Islets were purified

from digested pancreas tissue by centrifugation in Biocoll density gradient (EMD Millipore,

Cat #: L6155) at 4°C, 2500rpm for 20 minutes. Purified islets were hand-picked under a

microscope (Leica Microsystems) and transferred into clean microcentrifuge tubes. Islets

were washed 3 times in ice-cold PBS (Corning, Cat #: 21-031-CV) at 4°C, 500xg for 2

minutes and stored at -20°C for ICP-MS metal analysis or used for GSIS experiments as

described.

Islet perifusion

Islet perifusion was performed by MMPC Core Facility, Vanderbilt University, Tennessee.

In brief, following isolation, islets were handpicked under the microscope for functional

assessment. Islet function was assessed by perifusion using approximately 50 islets (~55

islet equivalents (IEQ)/per perifusion chamber) at a baseline of 5.6mM glucose, and

stimulated with 16.7mM glucose, 16.7mM glucose + 100μM 3-isobutyl-1-methyl-xanthine

(IBMX, Sigma, Cat #: I5879), 16.7mM glucose + 20mM Arginine/HCl (Sigma, Cat #:

A6969), 5.6mM glucose + 300μM Tolbutamide (Sigma, Cat #: T0891), and 5.6mM

glucose + 20mM KCl. Perifusate fractions were collected at the flow rate of 3ml/min and

insulin was measured using radioimmunoassay kit (Millipore, Cat #: RI-13K). Insulin

secretion were normalized to IEQ.

Measurement of islet and blood metal content

Measurements of islet Cd were performed as previously reported (Wong, Allen et al.

2017). In brief, 100 islets or 30μl of blood was collected in metal-free, trace metal grade,

HCl-washed, 1.7ml polypropylene tubes (Denville, Cat #: C-2170). Ceramic scissors and

plastic instruments were used for tail nicking and blood collection. Blood and islet

samples were dried and heated at 80°C for 30 minutes. Dried blood and islet samples

were dissolved in ultra trace elemental grade (TEG) 68% HNO_3 (Fisher Scientific, Cat #:

A467-500), heated to 80°C for 30 minutes followed by dilution with trace metal grade

water (EMD, Cat #: WX0003-6) and stored at -20°C. Samples were further diluted with

trace metal grade water acidified with TEG HNO_3 to a final concentration of 2.765N prior

to submission for Inductively Coupled Plasma Mass Spectrometry (ICP-MS) analysis, as

previously reported (Wong, Allen et al. 2017). Islet metal concentrations were normalized

to total islet protein. Total islet protein in hydrolyzed samples was measured using a BCA

assay kit (Thermo Scientific, Cat #: 23235) following pH neutralization with NaOH.

Accuracy of BCA assay protein measurements using this procedure was validated using

BSA standards. Negative ICP-MS output values were imputed to zero. Certified metal-

free pipette tips (VWR, Cat #: 53508-918), conical tubes (VWR Cat #: 89049-170, 89049-

174) and 1.7ml polypropylene microcentrifuge tubes (Denville, Cat #: C-2170) were used

throughout the collection and analysis process. All steps were performed in an epoxy-

coated laminar flow hood with trace element grade air filter (Baker, UK).

Zn^{67} turnover in MIN6 cells

MIN6 cells (immortalized murine β-cell line) were exposed to either vehicle or 0.5μM

CdCl$_2$ for 48 hours as previously described (El Muayed, Raja et al. 2012). Growth media

was supplemented with 10μM ZnCl$_2$ to achieve a total Zn^{2+} concentration of 15μM in

culture (native media contains 5μM Zn^{2+}). This exposure regimen results in significant

accumulation of Cd (El Muayed, Raja et al. 2012). At 1, 2 or 4 hours prior to harvest,

culture media was changed and fresh media containing the rare, non-radioactive Zn^{67}

tracer was added as Zn^{67}Cl$_2$ at a concentration of 10μM (in addition to the 5μM natural

Zn^{2+} mix found in media). At harvest, samples were washed twice in PBS and incubated

in 0.05% trypsin (37°C, 4 min). Following trypsinization, samples were transferred into

fresh microcentrifuges tubes, centrifuged (500rcf, 3 min) and further washed in PBS.

Pellets were stored at -20°C until processed for metal profile including Zn isotopes by

ICP-MS. The rate of divalent Zn^{67} uptake was used as a proxy measure for Zn turnover.

Statistical analysis

Two-tailed t-tests were performed to compare differences between control and test groups (Prism, v9.3.1). One way ANOVA with post hoc Tukey's test for multiple comparison was performed to compare differences between more than two groups. Where appropriate, two-way ANOVA with repeated measures was performed to compare glucose and insulin secretion over time (Prism, v9.3.1). Linear regression analysis was performed between islet Cd levels, islet Zn levels, glucose AUC and insulin AUC in both male and female datasets (SAS). Values are expressed as mean $\pm$ standard error of the mean (SEM). $p < 0.05$ were considered statistically significant.

Results

Development of the newly established *in vivo* Cd exposure-washout model

In initial experiments, we exposed male C57BL/6 mice to either vehicle (V) or 1mM CdCl$_2$ in drinking water continuously for 12 months. There were no differences in either glucose tolerance (Suppl. Fig 1A), glucose area under the curve (Suppl. Fig 1B), glucose-stimulated insulin secretion or body weight (Suppl. Fig 1C) between Cd-exposed and V controls in this initial model of Cd exposure without insulin resistance. Next, we performed experiments aimed at examining the effects of Cd exposure with high fat diet-induced insulin resistance (Ayala, Samuel et al. 2010). To ameliorate the well described anorexigenic effects of Cd, we employed an initial Cd exposure phase, during which mice were exposed to either 0.5 or 1mM CdCl$_2$ in their drinking water, followed by a washout phase (without Cd exposure) with high fat diet. Animal cohorts and their relevant outcome parameters that were performed in this study are summarized in Suppl. Table 1.

We exposed male mice to either V or 1mM $CdCl_2$ for 4 weeks followed by a washout

phase (without high fat diet (HFD)). Following 4 weeks of Cd exposure, we observed a

significant increase in both islet Cd accumulation (79.40 $\pm$ 3.40nmol/g protein vs 0.27 $\pm$

0.05nmol/g protein, p<0.001, Fig 1A) and systemic blood Cd (0.9434 $\pm$ 0.0078μM vs

0.0033 $\pm$ 0.0003μM, p<0.001, Fig 1B) in Cd-exposed mice compared to V controls.

However, at 16 weeks into the washout phase (without HFD), we continue to observe an

increase in islet Cd accumulation (Fig 1A) but with systemic blood Cd levels (Fig 1B) near

baseline levels in Cd-exposed mice. While blood Cd levels decreased during the washout

phase to near baseline levels (Fig 1B), islet Cd in Cd-exposed mice remained significantly

elevated following the washout phase (Fig 1A).   This demonstrates that the

bioaccumulated Cd in murine islets as a consequence of Cd exposure *in vivo* remains

and persists in islets long after the cessation of Cd exposure despite the return of systemic

Cd levels to baseline during the same time period. For comparison, Cd concentration

median and range found in native human islets are 26.1nmol/g protein and 4.4-

94.7nmol/g protein respectively (Wong, Allen et al. 2017).   Therefore, islet Cd

concentrations found in our model are comparable to that found in human islets from the

general US population (Wong, Allen et al. 2017). To further confirm this observation, we

exposed a separate cohort of male mice with either V or 1mM $CdCl_2$ in their drinking water

for 19.5 weeks followed by a washout phase with HFD for either 3 or 15 weeks. At 3

weeks into the washout phase, both islet Cd (p<0.001, Fig 1C) and blood Cd levels (Fig

1D) were elevated in Cd-HFD mice compared to V-HFD controls. At 15 weeks into the

washout phase, islet Cd levels remain significantly elevated in Cd-HFD mice (p<0.01, Fig

1C) while systemic Cd levels returned to near baseline values ($p<0.05$, Fig 1D) when

compared to V-HFD controls. Islet Cd bioaccumulation in Cd-HFD mice at both 3 and 15

weeks into the washout phase were observed in the absence of significant differences in

islet Zn content (Fig 1E). Body weight gain were similar between V-HFD and Cd-HFD

groups throughout the exposure and washout phases with the exception of one time point

at 26 weeks of age ($p<0.05$, 33.5 ± 2.4 g vs 29.8 ± 2.6 g for V-HFD and Cd-HFD groups

respectively), demonstrating that this Cd exposure-washout with HFD regiment was

successful in mitigating the well-known anorexigenic effects of Cd in Cd-exposed mice

(Fig 1F).

Cadmium results in transient impairment in glucose clearance in the setting of

insulin resistance

To examine the effects of islet Cd accumulation in the setting of insulin resistance in our

exposure-washout model, we exposed male mice with either V (n=7) or 1mM $CdCl_2$ (n=6)

in their drinking water simultaneously with HFD. Mice were exposed to V or Cd for $20 \pm$

3 weeks followed by a washout phase. During the washout phase, Cd-exposed mice

were placed on vehicle drinking water and both mice groups continue to receive HFD. At

11-12 weeks into the washout phase with HFD, we performed GSIS in both the V and

Cd-exposed mice. Cd-HFD mice showed lower systemic glucose clearance ($p<0.05$, Fig.

2A, $p<0.01$ Fig. 2B) without changes in either plasma insulin (Fig. 2C) or fasting body

weight (Fig. 2D). However, at 24 weeks into the washout phase with HFD, Cd-HFD mice

did not show differences in systemic glucose disposal following a glucose tolerance test

(Fig. 2E). As with our initial pilot experiments, islet Cd (53.6 ± 9.4nmol/g protein, $p<0.001$,

Fig. 2F) in Cd-HFD mice remained elevated compared to V-HFD controls at 31 weeks

into the washout phase despite systemic Cd levels being close to baseline (-0.0316 $\pm$

$0.0004\mu M$ vs. $0.06 \pm 0.03\mu M$, p<0.01, Fig. 2G).

Islet cadmium bioaccumulation reduces plasma insulin during hyperglycemic

clamp without significant changes in *ex vivo* islet insulin secretion

Next, we investigated the effects of islet Cd bioaccumulation on insulin and glucose

homeostasis in the setting of insulin resistance. To do this, we exposed age-matched,

male mice to either vehicle (n=6) or 0.5mM $CdCl_2$ (n=7) in drinking water for 17 weeks.

At the end of 17 weeks Cd exposure, Cd-exposed mice were transitioned to regular

vehicle water (i.e. washout phase) and both V and Cd-exposed mice received high fat

diet (HFD, 42% fat diet) for 12 weeks prior to hyperglycemic clamp studies. In the setting

of hyperglycemia, maintained at 250-300mg/dL arterial glucose (Fig. 3A) by continuous

glucose infusion (Fig. 3B), Cd-exposed mice on HFD (Cd-HFD) showed lower plasma

insulin levels compared to V mice on HFD (V-HFD) at 120 min (p<0.05, Fig. 3C). The

decrease in plasma insulin observed in Cd-HFD mice during hyperglycemic clamp

occurred in the absence of changes in either plasma c-peptide (Fig. 3D) or body weight

(Fig. 3E). To assess Cd accumulation on *ex vivo* islet insulin secretion, we performed

islet perifusion and stimulation with glucose and several insulin secretagogues in islets

from V-HFD (n=5) and Cd-HFD (n=5) mice. Islet insulin release (Fig. 3F) and total islet

insulin content (Fig. 3G) were similar between Cd-HFD and V-HFD control islets in

response to 16.7mM glucose, 100uM BMX, 20mM Arginine, 300uM Tolbutamine and

20mM KCl. This suggests that the mechanisms of Cd-induced decrease in plasma insulin

observed during hyperglycemic clamp is independent of changes in the rate of insulin

secreted per islet.

Gender dichotomy of cadmium-mediated glycemic effects *in vivo*

Next, we investigated the gender dichotomy of Cd-mediated glycemic effects. To do this,

we exposed age-matched, male and female mice to either V (n=9-11) or a higher 1mM

CdCl$_2$ (n=9-10) dose in drinking water for 18 weeks. Cd-exposed mice were transitioned

to vehicle drinking water following 18 weeks of Cd exposure during the washout phase.

Both groups of V and Cd-exposed mice received HFD (42% from fat) during the washout

phase. Following the Cd exposure phase and prior to the washout phase, V and Cd-

exposed, male mice did not display any differences in whole body glucose clearance (Fig.

4A) and GSIS (Fig. 4B). In contrast, Cd-exposed female mice displayed significantly

higher plasma insulin levels 30 minutes after a glucose load compared to their V controls

($p<0.05$, Fig. 4B). This increase in plasma insulin was not associated with changes in

either whole-body glucose clearance (Fig. 4A) or fasting body weight (Fig. 4C) and may

signify an increase in insulin resistance. Following 20 ± 1 week into the washout phase

with HFD, we did not observe significant differences in GSIS between V-HFD and Cd-

HFD males (Figs. 4D, 4E and 4F). In contrast, at the same time point, we observe a

significantly higher whole-body glucose clearance in Cd-HFD females compared to their

V-HFD control counterparts ($p<0.05$, Fig. 4D and 4E). This increase in whole body

glucose clearance in Cd-HFD females was not associated with changes in either plasma

insulin (Fig. 4F) or fasting body weight (Fig. 4G). Islets from Cd-HFD female mice showed

significant islet Cd bioaccumulation (119.3 ± 14.0nmol/g protein) compared to their V-

HFD female controls (29.3 ± 17.3nmol/g protein) (p<0.01, Fig. 4H). Taken together, these

findings suggest Cd-mediated changes in glucose homeostasis where islet Cd

bioaccumulation is associated with Cd-mediated dysglycemia in females but not in males.

It is of note that serum creatinine levels in Cd-HFD males were similar to that of V-HFD

males (Table 1) suggesting that this regiment of Cd exposure (1mM $CdCl_2$ for 18 weeks

followed by washout and HFD for 26 weeks) did not affect kidney function, which is an

important consideration when interpreting dysglycemia data given that renal failure results

in prolonged half-life of insulin. To further evaluate the relationship between Islet Cd

bioaccumulation and Cd-mediated dysglycemia in each gender, we performed linear

regression analysis between islet Cd content and insulin AUC in both males and females.

When the male and female datasets were pooled and analyzed, we observed a significant

gender effect on insulin AUC (p<0.05, Table 2). To determine if the gender effect was

male or female-dependent, we repeated the linear regression analysis in males and

females separately. We observed that islet Cd content was negatively associated with

insulin AUC in males (p<0.05, Table 2) but not in females. There was no correlation

between islet Zn and insulin AUC in both males and females (Table 2). There was also

no correlation between glucose AUC and insulin AUC in both males and females (Suppl.

Table 2). There were no differences in plasma proinsulin or proinsulin:insulin ratio in

selected experiments (results not shown).

***Ex vivo* cadmium accumulation in intact murine and human islets did not result in**

measurable changes in insulin secretion

To compare the rate of Cd accumulation between human and murine islets, we exposed

human islets (n=3/group) and mouse islets (n=6/group) to either V or 0.1μM CdCl$_2$ for 48

hours in culture and measured islet Cd content. Islets originating from the same donor

or mouse were divided equally between groups. Cd-exposed human islets (121.7 $\pm$

25.8nmol/g protein) had significantly higher intracellular Cd levels compared to vehicle

control islets (21.1 $\pm$ 7.0nmol/g protein) following 48 hours of Cd exposure (p<0.05, Fig.

5A). Cd-exposed murine islets (38.3 $\pm$ 3.0nmol/g protein) also showed significantly higher

intracellular Cd levels compared to vehicle control islets (7.6 $\pm$ 1.2nmol/g protein)

following 48 hours of Cd exposure (p<0.001, Fig. 5A). Cd levels in human islets exposed

to Cd *ex vivo* was significantly higher compared to mouse islets exposed under the same

conditions (p<0.0001, Fig 5A). Human islets contained lower Zn levels compared to

mouse islets at baseline (p<0.01, Fig 5B), suggesting significant differences in divalent

metal handling between human and mouse islets. However, Cd exposure did not

significantly affect islet Zn content in both human and mouse islets (Fig 5B). There were

also no significant differences in total islet proinsulin to insulin ratio in response to Cd

exposure in mouse islets *ex vivo* (data not shown).

***Ex vivo* cadmium accumulation did not affect islet Zn content or β-cell Zn turnover**

Given that Cd has been shown to interact with many Zn transport and binding proteins

(Himeno, Yanagiya et al. 2009, Friedman 2014), we compared islet Zn levels following *in*

vivo Cd accumulation and examined Zn turnover following islet Zn accumulation. To do

this, we exposed MIN 6 cells (immortalized mouse β-cell line) to either V or 0.5μM CdCl$_2$

in media for 48 hours. Following 48 hours of CdCl$_2$ incubation, media was changed and

10μM Zn^{67} tracer was added to fresh culture media (equivalent to 66% of total Zn in media)

and the rate of cellular Zn^{67} uptake was measured at 1, 2 and 4 hours following the start

of Zn^{67} tracer exposure. The rate of cellular Zn^{67} uptake was used as a proxy

measurement for cellular Zn turnover. We observed that the rate of Zn^{67} accumulation

were similar between V and Cd-exposed MIN6 cells, suggesting that cellular Cd

accumulation *in vitro* did not affect cellular Zn turnover (Suppl Fig. 2). Overall, islet Zn

content was not significantly different between Cd-HFD mice and V-HFD controls from

any of our animal cohorts (Suppl Table 1).

Discussion

Here, we report the development of a chronic, oral Cd exposure mouse model that results

in islet Cd bioaccumulation that is comparable to that found in human islets from the

general US population (Wong, Allen et al. 2017). In males, Cd exposure followed by

washout with HFD resulted in islet Cd bioaccumulation that is associated with decrease

plasma insulin during hyperglycemia in the absence of changes in *ex vivo* islet insulin

secretion, body weight and kidney function. Concomitant exposure of Cd and HFD results

in transient impairment in systemic glucose clearance without changes in either plasma

insulin or body weight. In females, Cd exposure followed by washout with HFD was

associated with islet Cd bioaccumulation and elevated plasma insulin during GSIS without

changes in whole body glucose clearance immediately following Cd exposure (prior to

washout phase). However, following the washout phase with HFD, Cd-HFD females

displayed lower systemic glucose clearance during GSIS without changes in either

plasma insulin or body weight.

There are several benefits to our oral exposure-washout *in vivo* mouse model. Firstly, it

ameliorated the anorexigenic effects of Cd, thereby resulting in a similar mean body

weight gain between V and Cd-exposed animals. Secondly, this oral exposure-washout

regiment achieves target tissue (pancreatic islets) Cd bioaccumulation at concentrations

comparable to those found in human islets while reducing systemic blood Cd

concentrations at the end of the washout phase and minimizing generalized systemic

toxic effects. Islet Cd range in Cd-exposed mice is consistent with islet Cd range that we

have previously reported in human islets (4.4 - 94.7nmol/g protein) (Wong, Allen et al.

2017), hence making this *in vivo* experimental Cd dose relevant in the context of human

environmental Cd exposure. Furthermore, the continued oral Cd exposure through

drinking water was employed to resemble environmental exposure routes seen in the

general population. The oral Cd dose of 1mM was chosen to compensate for low oral Cd

bioavailability and life-long tissue accumulation as reported in humans (Jarup, Rogenfelt

et al. 1983, Schilderman, Moonen et al. 1997).

Several epidemiological studies have described contradictory findings between Cd

exposure and dysglycemia. Some have reported a statistically significant, positive

association between Cd exposure and dysglycemia (Schwartz, Il'yasova et al. 2003,

Wallia, Allen et al. 2014, Nie, Wang et al. 2016) while others have reported the lack of a

statistically significant association (Barregard, Bergstrom et al. 2013, Moon 2013, Menke,

Guallar et al. 2016). Discrepancies in observations could be attributed to differences in

study design, study power, sample analyzed (blood or urine), genetics and population

exposure levels. Inconsistencies between Cd exposure and dysglycemia have also been

reported in Cd-induced diabetic animal models. Some studies have shown that *in vivo*

Cd exposure resulted in hyperglycemia and β-cell dysfunction (Trevino, Waalkes et al.

2015, Fitzgerald, Olsen et al. 2020) while others have demonstrated normal glucose

homeostasis with modest decrease in insulin secretion following Cd exposure *in vivo* (Li,

Li et al. 2019). Animal strain, dose, duration and route of administration of Cd should be

considered when interpreting data reported in Cd-induced animal models of dysglycemia.

Additionally, short duration Cd exposure may result in acute systemic toxic effects

especially with elevated blood Cd levels in the absence of a washout period.

Pancreatic β-cells accumulate Cd in a dose- and time-dependent manner *in vitro* (El-

Muayed, Raja et al. 2012). Measurable levels of Cd have also been detected in human

islets (Wong, Allen et al. 2017). However, the molecular mechanisms of Cd^{2+} transport

into β-cells are largely unknown. DMT1 (Lortz, Schroter et al. 2014), ZnT (Kambe, Narita

et al. 2002, Chimienti, Favier et al. 2005, Cai, Kirschke et al. 2018) and ZIP (Lawson,

Maret et al. 2017) are metal transport proteins that are abundantly expressed in

pancreatic β-cells. A known iron transporter, DMT1 has been reported to also effectively

transport several other divalent metals such as Fe^{2+}, Mn^{2+}, Ni^{2+} and Co^{2+} (Arredondo,

Munoz et al. 2003, Garrick, Dolan et al. 2003). ZIP and ZnT are known to facilitate Zn^{2+}

entry into and exit from the cytosol respectively (Lemaire, Chimienti et al. 2012, Lawson,

Maret et al. 2017). In addition to transporting the divalent cation Zn^{2+}, ZIP proteins can

bind to and transport Cu^{2+}, Ni^{2+} (Antala and Dempski 2012) and Mn^{2+} (Winslow, Limesand

et al. 2020). In addition to its role in Zn^{2+} transport, ZnT10 is also involved in the regulation

of manganese homeostasis, which is now viewed as its main function (Winslow,

Limesand et al. 2020). Taken together, these reports suggest that DMT1, ZIP and ZnT

proteins are not divalent cation-specific. As Cd^{2+} is also a divalent cation, it is plausible

that Cd^{2+} could bind to and be transported into and out of the cytosol through any of these

divalent metal transport proteins. This has been shown for ZIP8, ZIP14 and ZnT1 (Dalton,

He et al. 2005, Ohana, Sekler et al. 2006, Girijashanker, He et al. 2008).

We have previously shown that the accumulation of Cd in β-cells at environmentally

relevant levels leads to impaired β-cell function *ex vivo* (El-Muayed, Raja et al. 2012).

These experiments were carried out in dispersed murine islets as well as in an

immortalized murine β-cell line, MIN6. In contrast, our current experiments did not show

any differences in *ex vivo* function of intact islets following either *in vivo* or *ex vivo* Cd

accumulation. It is likely that this difference is due to a protective effect of an intact islet

structure. We also observed a higher rate of *ex vivo* Cd accumulation in human islets

compared to mouse islets, possibly due to differences in the composition and function of

metal transporters (especially divalent metal transporters) between human and mouse

islets. This observation highlights the value of assessing tissue level Cd concentrations

when evaluating its toxic effects. Accumulation of Cd *in vivo* have been associated with

hyperglycemia and decrease glucose-stimulated insulin secretion in a model of shorter

term exposure (Fitzgerald, Olsen et al. 2020). The addition of a washout phase in our

current model provides the added advantage of mitigating acute toxic effects of Cd,

thereby facilitating a better correlation between target tissue Cd levels and its resulting

toxic effects.

The underlying molecular mechanisms of intracellular Cd bioaccumulation on β-cell

cytotoxicity and function are not well studied. Chang et al. (2013) showed that intracellular

Cd accumulation *in vitro* resulted in β-cell apoptosis that is mediated by the JNK-regulated,

mitochondria-dependent pathway (Chang, Hsu et al. 2013). Cd-mediated pancreatic β-

cell death was also shown to be mediated by Ca^{2+}-dependent, JNK activation and CHOP-

related signaling pathways (Huang, Kuo et al. 2019). It has also been hypothesized that

Cd may interfere with the trafficking of Zn in β-cells given the high Zn turnover present in

β-cells and the overlap between Cd and Zn transport pathways. However, the lack of

change in islet Zn concentration in response to Cd accumulation provides evidence

against this hypothesis, at least at the whole cell level. However, this does not rule out

changes in Zn distribution within cells at the protein or organelle level in response to Cd

accumulation. Taken together, our current findings and published literature indicate that

accumulation of Cd in pancreatic islets is cytotoxic to β-cells, thus resulting in Cd-

mediated β-cell apoptosis that consequently affects total insulin secretory capacity *in vivo*.

Given the diverse intracellular targets of Cd, each with a different concentration-effect

relationship, it is not surprising that Cd effects that are observed at a whole cell and

organism level are strongly dependent on exposure duration and tissue concentration.

Cd-mediated molecular mechanisms *in vivo* and *ex vivo* are likely distinct from one

another which, in turn, could affect Cd toxicology differently under both conditions. This

may be due to the uptake, organification and toxicokinetic properties of Cd. *In vivo*, Cd

is primarily bound to albumin or metallothionein (Jin, Nordberg et al. 1986, Nordberg

2004). *Ex vivo*, the primary form of Cd in culture is Cd^{2+}. Recently, we reported

differences in Cd-mediated islet transcriptome changes between *in vivo-* and *ex vivo-*

exposed islets where we did not find any overlap in Cd-induced differentially expressed

genes in both groups (Wong, Wang et al. 2021).

Here, we report the development of a chronic, oral Cd exposure mouse model that results

in islet Cd bioaccumulation that is relevant in the context of environmental Cd exposure

in humans. Our *in vivo* Cd exposure-washout mouse model showed islet Cd

bioaccumulation that is associated with subtle and complex Cd-mediated effects on

glucose clearance and plasma insulin levels. Further research examining the relationship

between Cd exposure, islet Cd bioaccumulation, dysglycemia and their underlying

mechanisms are needed to understand the effects of Cd-mediated β-cell dysfunction.

Acknowledgements

ICP-MS metal analysis was performed at Quantitative Bio-elemental Imaging Center, Northwestern University that is supported by NASA Ames Research Center (NNA04CC36G). The authors thank the Vanderbilt MMPC Core Facility (U24 DK059637) for performing hyperglycemic clamps and islet perifusion studies.

Funding

This research was supported by grants from the National Institutes of Health/National Institute of Environmental Health Sciences (5R01ES027011 and 5K08ES020880) awarded to MEM and the National Institutes of Health/National Center for Advancing Translational Sciences (UL1TR001422).

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Authors' contributions

Winifred Wong: Conceptualization, Investigation, Validation, Formal analysis, Writing – original draft, review and editing. Janice Wang: Investigation, Validation, Writing-review and editing. Matthew Meyers: Investigation. Nathan Wang: Investigation. Rebecca Sponenburg: Investigation. Norrina Allen: Formal analysis. Joshua Edwards: Writing – review and editing. Malek El-Muayed: Conceptualization, Investigation, Formal

analysis, Funding acquisition, Writing-review and editing. All authors have read and

approved the final manuscript.

List of Figures

Fig. 1: (A) Islet Cd content (normalized to total islet protein) and (B) blood Cd levels in

male mice exposed to either V (n=4-5) or 1mM $CdCl_2$ (n=4-8) for 4 weeks followed by 16

weeks of washout. (C) Islet Cd content, (D) blood Cd levels, (E) islet Zn content and (F)

body weight curve in male mice exposed to either V or 1mM $CdCl_2$ for 19.5 weeks

followed by 3 and 15 weeks washout with high fat diet (HFD). V-HFD, V-exposed followed

by washout and HFD; Cd-HFD, Cd-exposed followed by washout and HFD. Data are

expressed as mean $\pm$ SEM. *p<0.05, **p<0.01, ***p<0.001.

Fig 2: (A) Blood glucose, (B) area under the curve, (C) plasma insulin and (D) fasting

body weight during GSIS at 11-12 weeks into washout phase with HFD in male mice

exposed to either V (n=7) or 1mM CdCl$_2$ (n=6) on HFD. (E) Blood glucose during glucose

tolerance test 24 weeks into washout phase with HFD in V (n=7) or Cd-exposed (n=6)

male mice on HFD. (F) Islet Cd content and (G) blood Cd in male mice exposed to either

V (n=6) or 1mM CdCl$_2$ (n=6) for 19 weeks with HFD followed by 31 weeks of washout

with HFD. V-HFD, V-exposed followed by washout and HFD; Cd-HFD, Cd-exposed

followed by washout and HFD. Data are expressed as mean $\pm$ SEM. *p<0.05, **p<0.01,

***p<0.001.

(A)

(B)

(C)

(D)

(E)

(F)

(G)

Fig. 3: (A) Arterial blood glucose, (B) glucose infusion rate, (C) plasma insulin, (D) plasma

c-peptide and (E) body weight during hyperglycemic clamp in mice exposed to either V

(n=6) or 0.5mM $CdCl_2$ (n=7) for 17 weeks followed by 12 weeks of washout with HFD on

V water.   (F) Islet insulin secretion in response to high glucose and several insulin

secretagogues from V and Cd-exposed mice following 12 weeks of washout with HFD

(n=5/group). (G) Total islet insulin content following islet perifusion in V and Cd-exposed

mice islets following 12 weeks of washout with HFD (n=5/group). V-HFD, V-exposed

followed by washout and HFD; Cd-HFD, Cd-exposed followed by washout and HFD.

Data are expressed as mean $\pm$ SEM. *$p<0.05$.

549 (F)

Fig. 4: (A) Blood glucose, (B) plasma insulin and (C) fasting body weight during *in vivo* GSIS in age-matched male and female mice exposed to either V (n=10 (males), n=11 (females)) or 1mM $CdCl_2$ (n=10/gender) for 18 weeks. (D) Glucose curve and corresponding (E) area under the curve, (F) plasma insulin and (G) fasting body weight during GSIS in age-matched V-HFD and Cd-HFD male (n=9-10/group) and female (n=9-10/group) mice 19-21 weeks into the washout phase with HFD. (H) Islet Cd content (normalized for total islet protein) at sacrifice in V-HFD (n=9) and Cd-HFD (n=8) female mice. V-F, Vehicle females; Cd-F, Cd-exposed females; V-M, Vehicle males; Cd-M, Cd-exposed males; V-HFD, V-exposed followed by washout and HFD; Cd-HFD, Cd-exposed followed by washout and HFD. Data are expressed as mean $\pm$ SEM. *p<0.05, **p<0.01.

577   Fig. 5: (A) Islet Cd and (B) islet Zn (normalized to total islet protein) in murine (n=6/group)

578   and human islets (n=3/group) exposed to either V or 0.1μM CdCl$_2$ for 48 hours. Data are

579   expressed as mean ± SEM. Adjusted p-values from one way ANOVA with post hoc

580   Tukey's test for multiple comparison. * p<0.05, **p<0.01, ****p<0.0001, ns: not significant.

(A)

(B)

583 **List of tables**

584 Table 1: Serum Clinical Chemistry from male mice that were treated with either V (n=9)

585 or 1mM CdCl$_2$ (n=10) for 18 weeks followed by 26 weeks HFD thereafter. V-HFD, V-

586 exposed followed by washout with HFD mice; Cd-HFD, Cd-exposed followed by washout

587 with HFD mice. Data are expressed as mean $\pm$ SEM. *p<0.05.

Analyte	V-HFD	Cd-HFD
ALP (U/L)	105.4 $\pm$ 11.5	105.1 $\pm$ 11.6
AST (U/L)	503.8 $\pm$ 90.4	522.2 $\pm$ 86.4
ALT (U/L)	611.7 $\pm$ 115.8	678.3 $\pm$ 158.1
Creatine kinase (U/L)	793.2 $\pm$ 504.9	349.7 $\pm$ 84.8
GGT (U/L)	0 $\pm$ 0	0 $\pm$ 0
Albumin (g/dL)	2.5 $\pm$ 0.1	2.6 $\pm$ 0.1
Total Bilirubin (mg/dL)	0.14 $\pm$ 0.02	0.15 $\pm$ 0.02
Total Protein (g/dL)	5.2 $\pm$ 0.2	5.4 $\pm$ 0.2
Globulin (g/dL)	2.7 $\pm$ 0.1	2.8 $\pm$ 0.1
Bilirubin – Conjugated (mg/dL)	0.06 $\pm$ 0.02	0.05 $\pm$ 0.02
BUN (mg/dL)	16.2 $\pm$ 2.0	16.2 $\pm$ 1.1
Creatinine (mg/dL)	0.10 $\pm$ 0.03	0.16 $\pm$ 0.05
Cholesterol (mg/dL)	314.8 $\pm$ 22.7	305.0 $\pm$ 20.0
Glucose (mg/dL)	376.3 $\pm$ 15.5	412.3 $\pm$ 27.3
Calcium (mg/dL)	8.5 $\pm$ 0.2	8.8 $\pm$ 0.3
Phosphorus (mg/dL)	7.4 $\pm$ 0.6	8.5 $\pm$ 0.7
Bicarbonate TCO$_2$ (mM)	17.3 $\pm$ 0.7	17.1 $\pm$ 1.6
Chloride (mM)	113.1 $\pm$ 1.3	108.3 $\pm$ 1.3*
Potassium (mM)	6.1 $\pm$ 0.5	6.2 $\pm$ 0.7
ALB/GLOB ratio	0.9 $\pm$ 0.03	0.9 $\pm$ 0.03
Sodium (mM)	150.6 $\pm$ 0.9	148.4 $\pm$ 1.4
BUN/Creatinine ratio	92.2 $\pm$ 27.8	58.3 $\pm$ 18.0
Bilirubin – Unconjugated (mg/dL)	0.09 $\pm$ 0.03	0.12 $\pm$ 0.03
Na/K ratio	26.0 $\pm$ 2.4	26.0 $\pm$ 2.6
Triglycerides (mg/dL)	67.0 $\pm$ 3.7	57.6 $\pm$ 4.9
C-reactive peptide (ng/ml)	15234.1 $\pm$ 815.1	14033.4 $\pm$ 574.7

589 Table 2: Linear regression analysis between islet Cd content, islet Zn content and insulin AUC in males alone (n=33),

590 females alone (n=29) and combined male and female mice (n=62). *p<0.05, ***p<0.001

Gender	Predictor	Model 1				Model 2			
		Parameter Estimate	LCL Mean	UCL Mean	Pr > |t|	Parameter Estimate	LCL Mean	UCL Mean	Pr > |t|
Males and females	Gender	5.65	-8.48	19.79	0.435	-17.36	-33.43	-1.29	0.039*
	Islet Cd	-0.15	-0.28	-0.02	0.028*	-0.09	-0.2	0.03	0.138
	Islet Zn	0.0005	-12×10^{-5}	0.001	0.115	0.0004	-21×10^{-5}	0.0009	0.217
	Age	-	-	-	-	1.36	0.75	1.98	<0.001***
Males	Islet Cd	-0.27	-0.48	-0.06	0.018*	-0.19	-0.37	-0.02	0.042*
	Islet Zn	0.0009	-5×10^{-6}	0.002	0.061	0.0007	18×10^{-7}	0.001	0.059
	Age	-	-	-	-	1.38	0.70	2.07	<0.001***
Females	Islet Cd	-0.04	-0.16	0.09	0.588	-0.02	-0.16	0.13	0.844
	Islet Zn	-3×10^{-4}	-0.001	0.0006	0.538	-44×10^{-5}	-0.002	0.0006	0.435
	Age	-	-	-	-	0.68	-1.85	3.2	0.604

591 LCL: lower control limits, UCL: upper control limits, Pr > \|t\| : t-distribution two-tailed p-value.

Supplemental Figures

Suppl Fig. 1: (A) Glucose tolerance test and corresponding (B) area under the curve (AUC)

and (C) body weight in mice exposed to either V (n=3) or 1mM $CdCl_2$ (n=5) in drinking

water for 12 months. Data are expressed as mean $\pm$ SEM.

(A)

(B)

(C)

Suppl Fig. 2: Rate of non-radioactive, rare Zn isotope, Zn^{67} uptake as a proxy for Zn

turnover in MIN6 cells following exposure to either V or 0.5µM $CdCl_2$ for 48 hours (n=2).

Data are expressed as mean ± SEM.

Supplemental Table

Suppl Table 1: List of cohorts with their relevant experimental and islet outcome parameters. Data are expressed as mean

$\pm$ SEM. *p<0.05.

Cohort #	Description	Gender	Deaths (V/Cd)	CdCl$_2$ dose and duration	Diet (Exposure/ Washout)	Body weight at GSIS (g, V/Cd)	AUC insulin during GSIS (ng/ml*min, V/Cd)	AUC glucose during GSIS (mg/dL*min, V/Cd)	Islet Cd (nmol/g protein, V/Cd)	Islet Zn (nmol/g protein, V/Cd)
1	Islet Cd kinetics	m	1/0	1mM, 19.6 weeks	Regular Chow/ TD180240	28.7±0.7/2 7.1±0.7 (pre-washout)	22.6±2.7/ 17.7±1.4 (pre-washout)	55430±2581/ 38835±4598* (pre-washout)	UD/96.6±11.6	19833±724/ 19745±1902
2	Effects of Cd accumulation on islet function in males	m	0/0	1mM, 19 weeks	TD88137/ TD88137	53.8±1.4/5 0.3±1.2	88.9±10.1/5 7.3±6.6*	44417±2514/ 35375±6125	UD/53.6±8.6	25270±1434 /24874±264 5
3	Replicate of cohort 2	m	3/2	1mM, 19.6 weeks	TD88137/ TD88137	46.6±1.8/4 6.1±2.1	71.0±18.6/5 3.7±10.6	33803±2119/ 46365±2795*	2.5±1.9/ 114.3±31.2	49403±2278 /50552±178 8
4	Effects of Cd accumulation on islet function in males with lower Cd dose	m	0/2 (fight wounds)	0.5mM, 16.9 weeks	Regular Chow/ TD88137	44.0±1.8/4 1.4±1.5	N/A	N/A	N/A	N/A
5	Effects of Cd accumulation on islet function in females	f	3/2	1mM, 17.9 weeks	Regular Chow/ TD180240	44.7±1.6/4 0.1±3.5	62.1±6.4/ 52.1±6.1	43544±3704/ 42745±4865	33.6±15.1/ 119.3±13.1	22337±2293 /23171±221 6

	Effects of Cd accumulation on islet function in females with lower Cd dose	f	4/2	0.5mM, 18 weeks	TD180240/ TD88137	43.7±3.8/47.8±1.1	64.0±4.3/49.6±5.3	41713±4768/ 51546±4033	UD/30.4±3.1	27330±1970/30641±2609

608   N/A = not applicable, UD=undetectable.

610 Suppl Table 2: Linear regression analysis between islet Cd content, islet Zn content, glucose AUC and insulin AUC in

611 males alone (n=33), females alone (n=29) and combined male and female mice (n=62).

Gender	Predictor	Parameter Estimate	LCL Mean	UCL Mean	Pr > |t|
Males and females	Gender	-12.93	-30.22	4.37	0.149
	Islet Cd	-0.09	-0.20	0.03	0.137
	Islet Zn	0.0003	-24×10^{-5}	0.0009	0.257
	Age	1.27	0.65	1.90	<0.001
	AUC glucose	-37×10^{-5}	-92×10^{-5}	0.0002	0.196
Males	Islet Cd	-0.19	-0.37	-0.02	0.042
	Islet Zn	0.0007	-46×10^{-6}	0.001	0.077
	Age	1.33	0.61	2.06	0.001
	AUC glucose	-2×10^{-4}	-0.001	0.0006	0.634
Females	Islet Cd	-0.006	-0.15	0.14	0.931
	Islet Zn	-34×10^{-5}	-0.001	0.0007	0.529
	Age	0.49	-1.96	2.94	0.699
	AUC glucose	-56×10^{-5}	-0.001	0.0001	0.111

612 LCL: lower control limits, UCL: upper control limits, Pr > \|t\| : t-distribution two-tailed p-value.

References

Afridi, H. I., T. G. Kazi, N. Kazi, M. K. Jamali, M. B. Arain, N. Jalbani, J. A. Baig and R. A. Sarfraz (2008). "Evaluation of status of toxic metals in biological samples of diabetes mellitus patients." Diabetes Res Clin Pract **80**(2): 280-288.

Antala, S. and R. E. Dempski (2012). "The human ZIP4 transporter has two distinct binding affinities and mediates transport of multiple transition metals." Biochemistry **51**(5): 963-973.

Arredondo, M., P. Munoz, C. V. Mura and M. T. Nunez (2003). "DMT1, a physiologically relevant apical Cu1+ transporter of intestinal cells." Am J Physiol Cell Physiol **284**(6): C1525-1530.

Ayala, J. E., V. T. Samuel, G. J. Morton, S. Obici, C. M. Croniger, G. I. Shulman, D. H. Wasserman, O. P. McGuinness and N. I. H. M. M. P. C. Consortium (2010). "Standard operating procedures for describing and performing metabolic tests of glucose homeostasis in mice." Dis Model Mech **3**(9-10): 525-534.

Banerjee, M., P. Vats, A. S. Kushwah and N. Srivastava (2019). "Interaction of antioxidant gene variants and susceptibility to type 2 diabetes mellitus." Br J Biomed Sci **76**(4): 166-171.

Barregard, L., G. Bergstrom and B. Fagerberg (2013). "Cadmium exposure in relation to insulin production, insulin sensitivity and type 2 diabetes: a cross-sectional and prospective study in women." Environ Res **121**: 104-109.

Beck, R., M. Chandi, M. Kanke, M. Styblo and P. Sethupathy (2019). "Arsenic is more potent than cadmium or manganese in disrupting the INS-1 beta cell microRNA landscape." Arch Toxicol **93**(11): 3099-3109.

Bell, R. R., J. L. Early, V. K. Nonavinakere and Z. Mallory (1990). "Effect of cadmium on blood glucose level in the rat." Toxicol Lett **54**(2-3): 199-205.

Cai, Y., C. P. Kirschke and L. Huang (2018). "SLC30A family expression in the pancreatic islets of humans and mice: cellular localization in the beta-cells." J Mol Histol **49**(2): 133-145.

Chang, K. C., C. C. Hsu, S. H. Liu, C. C. Su, C. C. Yen, M. J. Lee, K. L. Chen, T. J. Ho, D. Z. Hung, C. C. Wu, T. H. Lu, Y. C. Su, Y. W. Chen and C. F. Huang (2013). "Cadmium induces apoptosis in pancreatic beta-cells through a mitochondria-dependent pathway: the role of oxidative stress-mediated c-Jun N-terminal kinase activation." PLoS One **8**(2): e54374.

Chimienti, F., A. Favier and M. Seve (2005). "ZnT-8, a pancreatic beta-cell-specific zinc transporter." Biometals **18**(4): 313-317.

Dalmieda, J. and P. Kruse (2019). "Metal Cation Detection in Drinking Water." Sensors **19**(23): 5134-5178.

Dalton, T. P., L. He, B. Wang, M. L. Miller, L. Jin, K. F. Stringer, X. Chang, C. S. Baxter and D. W. Nebert (2005). "Identification of mouse SLC39A8 as the transporter responsible for cadmium-induced toxicity in the testis." Proc Natl Acad Sci U S A **102**(9): 3401-3406.

El-Muayed, M., M. R. Raja, X. Zhang, K. W. MacRenaris, S. Bhatt, X. Chen, M. Urbanek, T. V. O'Halloran and W. L. Lowe Jr (2012). "Accumulation of Cadmium in Insulin-producing beta-cells." Islets **4**(6): 405-416.

El Muayed, M., M. R. Raja, X. Zhang, K. W. MacRenaris, S. Bhatt, X. Chen, M. Urbanek, T. V. O'Halloran and W. L. Lowe, Jr. (2012). "Accumulation of cadmium in insulin-producing beta cells." Islets **4**(6): 405-416.

Elinder, C. G., B. Lind, T. Kjellstrom, L. Linnman and L. Friberg (1976). "Cadmium in kidney cortex, liver, and pancreas from Swedish autopsies. Estimation of biological half time in kidney cortex, considering calorie intake and smoking habits." Arch Environ Health **31**(6): 292-302.

Fernandez-Twinn, D. S., L. Hjort, B. Novakovic, S. E. Ozanne and R. Saffery (2019). "Intrauterine programming of obesity and type 2 diabetes." Diabetologia **62**(10): 1789-1801.

Fitzgerald, R., A. Olsen, J. Nguyen, W. P. Wong, M. El-Muayed and J. Edwards (2020). "Pancreatic Islets Accumulate Cadmium in a Rodent Model of Cadmium-Induced Hyperglycemia." International Journal of Molecular Sciences **22**(1): 360.

Friberg, L. (1984). "Cadmium and the kidney." Environ Health Perspect **54**: 1-11.

Friedman, R. (2014). "Structural and computational insights into the versatility of cadmium binding to proteins." Dalton Trans **43**(7): 2878-2887.

Garrick, M. D., K. G. Dolan, C. Horbinski, A. J. Ghio, D. Higgins, M. Porubcin, E. G. Moore, L. N. Hainsworth, J. N. Umbreit, M. E. Conrad, L. Feng, A. Lis, J. A. Roth, S. Singleton and L. M. Garrick (2003). "DMT1: a mammalian transporter for multiple metals." Biometals **16**(1): 41-54.

Girijashanker, K., L. He, M. Soleimani, J. M. Reed, H. Li, Z. Liu, B. Wang, T. P. Dalton and D. W. Nebert (2008). "Slc39a14 gene encodes ZIP14, a metal/bicarbonate symporter: similarities to the ZIP8 transporter." Mol Pharmacol **73**(5): 1413-1423.

Himeno, S., T. Yanagiya and H. Fujishiro (2009). "The role of zinc transporters in cadmium and manganese transport in mammalian cells." Biochimie **91**(10): 1218-1222.

Huang, C. C., C. Y. Kuo, C. Y. Yang, J. M. Liu, R. J. Hsu, K. I. Lee, C. C. Su, C. C. Wu, C. T. Lin, S. H. Liu and C. F. Huang (2019). "Cadmium exposure induces pancreatic beta-cell death via a Ca(2+)-triggered JNK/CHOP-related apoptotic signaling pathway." Toxicology **425**: 152252.

Jarup, L. and A. Akesson (2009). "Current status of cadmium as an environmental health problem." Toxicol Appl Pharmacol **238**(3): 201-208.

Jarup, L., A. Rogenfelt, C. G. Elinder, K. Nogawa and T. Kjellstrom (1983). "Biological half-time of cadmium in the blood of workers after cessation of exposure." Scand J Work Environ Health **9**(4): 327-331.

Jin, T., G. F. Nordberg and M. Nordberg (1986). "Uptake of cadmium in isolated kidney cells--influence of binding form and in vivo pretreatment." J Appl Toxicol **6**(6): 397-400.

Jolly, Y. N., A. Islam and S. Akbar (2013). "Transfer of Metals from Soil to Vegetables and Possible Health Risk Assessment." SpringerPlus **15**(1): 385-393.

Kambe, T., H. Narita, Y. Yamaguchi-Iwai, J. Hirose, T. Amano, N. Sugiura, R. Sasaki, K. Mori, T. Iwanaga and M. Nagao (2002). "Cloning and characterization of a novel mammalian zinc transporter, zinc transporter 5, abundantly expressed in pancreatic beta cells." J Biol Chem **277**(21): 19049-19055.

Kolb, H. and S. Martin (2017). "Environmental/Lifestyle Factors in the Pathogenesis and Prevention of Type 2 Diabetes." BMC Medicine **15**(1): 131-142.

Kuo, C. C., K. A. Moon, S. L. Wang, E. Silbergeld and A. Navas-Acien (2017). "The Association of Arsenic Metabolism with Cancer, Cardiovascular Disease, and Diabetes: A Systematic Review of the Epidemiological Evidence." Environ Health Perspect **125**(8): 087001.

Lawson, R., W. Maret and C. Hogstrand (2017). "Expression of the ZIP/SLC39A transporters in beta-cells: a systematic review and integration of multiple datasets." BMC Genomics **18**(1): 719.

Lemaire, K., F. Chimienti and F. Schuit (2012). "Zinc transporters and their role in the pancreatic beta-cell." J Diabetes Investig **3**(3): 202-211.

Li, X., M. Li, J. Xu, X. Zhang, W. Xiao and Z. Zhang (2019). "Decreased Insulin Secretion but Unchanged Glucose Homeostasis in Cadmium-Exposed Male C57BL/6 Mice." J Toxicol **2019**: 8121834.

Li, Y. Y., C. Douillet, M. Huang, R. Beck, S. J. Sumner and M. Styblo (2020). "Exposure to
inorganic arsenic and its methylated metabolites alters metabolomics profiles in INS-1 832/13
insulinoma cells and isolated pancreatic islets." Arch Toxicol **94**(6): 1955-1972.
Lortz, S., S. Schroter, V. Stuckemann, I. Mehmeti and S. Lenzen (2014). "Influence of cytokines
on Dmt1 iron transporter and ferritin expression in insulin-secreting cells." J Mol Endocrinol
52(3): 301-310.
Martin, E., C. Gonzalez-Horta, J. Rager, K. A. Bailey, B. Sanchez-Ramirez, L. Ballinas-
Casarrubias, M. C. Ishida, D. S. Gutierrez-Torres, R. Hernandez Ceron, D. Viniegra Morales, F.
A. Baeza Terrazas, R. J. Saunders, Z. Drobna, M. A. Mendez, J. B. Buse, D. Loomis, W. Jia, G.
G. Garcia-Vargas, L. M. Del Razo, M. Styblo and R. Fry (2015). "Metabolomic characteristics
of arsenic-associated diabetes in a prospective cohort in Chihuahua, Mexico." Toxicol Sci
144(2): 338-346.
Menke, A., E. Guallar and C. C. Cowie (2016). "Metals in Urine and Diabetes in U.S. Adults."
Diabetes **65**(1): 164-171.
Moon, S. S. (2013). "Association of lead, mercury and cadmium with diabetes in the Korean
population: the Korea National Health and Nutrition Examination Survey (KNHANES) 2009-
2010." Diabet Med **30**(4): e143-148.
Nie, X., N. Wang, Y. Chen, C. Chen, B. Han, C. Zhu, Y. Chen, F. Xia, Z. Cang, M. Lu, Y.
Meng, B. Jiang, D. J. M and Y. Lu (2016). "Blood cadmium in Chinese adults and its
relationships with diabetes and obesity." Environ Sci Pollut Res Int **23**(18): 18714-18723.
Nordberg, G. F. (2004). "Cadmium and health in the 21st century--historical remarks and trends
for the future." Biometals **17**(5): 485-489.
Ohana, E., I. Sekler, T. Kaisman, N. Kahn, J. Cove, W. F. Silverman, A. Amsterdam and M.
Hershfinkel (2006). "Silencing of ZnT-1 expression enhances heavy metal influx and toxicity." J
Mol Med (Berl) **84**(9): 753-763.
Petersmann, A., D. Muller-Wieland, U. A. Muller, R. Landgraf, M. Nauck, G. Freckmann, L.
Heinemann and E. Schleicher (2019). "Definition, Classification and Diagnosis of Diabetes
Mellitus." Exp Clin Endocrinol Diabetes **127**(S 01): S1-S7.
Scherer, G. and H. Barkemeyer (1983). "Cadmium Concentrations in Tobacco and Tobacco
Smoke." Ecotoxicology and Environmental Safety **7**(1): 71-78.
Schilderman, P. A., E. J. Moonen, P. Kempkers and J. C. Kleinjans (1997). "Bioavailability of
soil-adsorbed cadmium in orally exposed male rats." Environ Health Perspect **105**(2): 234-238.
Schwartz, G. G., D. II'yasova and A. Ivanova (2003). "Urinary Cadmium, Impaired Fasting
Glucose and Diabetes in the NHANES III." Diabetes Care **26**(2): 468-470.
Todd, J. N., S. Srinivasan and T. I. Pollin (2018). "Advances in the Genetics of Youth-Onset
Type 2 Diabetes." Curr Diab Rep **18**(8): 57.
Trevino, S., M. P. Waalkes, J. A. Flores Hernandez, B. A. Leon-Chavez, P. Aguilar-Alonso and
E. Brambila (2015). "Chronic cadmium exposure in rats produces pancreatic impairment and
insulin resistance in multiple peripheral tissues." Arch Biochem Biophys **583**: 27-35.
Wallia, A., N. B. Allen, S. Badon and M. El Muayed (2014). "Association between urinary
cadmium levels and prediabetes in the NHANES 2005-2010 population." Int J Hyg Environ
Health **217**(8): 854-860.
Winslow, J. W. W., K. H. Limesand and N. Zhao (2020). "The Functions of ZIP8, ZIP14, and
ZnT10 in the Regulation of Systemic Manganese Homeostasis." Int J Mol Sci **21**(9).
Wong, W. P., N. B. Allen, M. S. Meyers, E. O. Link, X. Zhang, K. W. MacRenaris and M. El
Muayed (2017). "Exploring the Association Between Demographics, SLC30A8 Genotype, and

Human Islet Content of Zinc, Cadmium, Copper, Iron, Manganese and Nickel." <u>Sci Rep</u> **7**(1):
473.
Wong, W. P. S., J. C. Wang, M. J. Schipma, X. Zhang, J. R. Edwards and M. El Muayed (2021).
"Cadmium-mediated pancreatic islet transcriptome changes in mice and cultured mouse islets."
<u>Toxicol Appl Pharmacol</u> **433**: 115756.
756