

1 **Assessment of binocular fixational eye movements including**
2 **cyclotorsion with split-field binocular scanning laser**
3 **ophthalmoscopy**

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14

15 **Abstract**

16 Fixational eye movements are a hallmark of human gaze behavior, yet little is known
17 about how they interact between fellow eyes. Here, we designed, built and validated
18 a split-field binocular scanning laser ophthalmoscope (bSLO) to record high-
19 resolution eye motion traces from both eyes of six observers during fixation at
20 different binocular vergence conditions. In addition to microsaccades and drift,
21 torsional eye motion could be extracted, with a spatial measurement error of less
22 than 1 arcmin. Microsaccades were strongly coupled between fellow eyes under all
23 conditions. No monocular microsaccade occurred and no significant delay between
24 microsaccade onsets across fellow eyes could be detected. Cyclotorsion was also
25 firmly coupled between both eyes, occurring typically in conjugacy, with gradual
26 changes during drift and abrupt changes during saccades.

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Binocular FEM with bsLO

28 **Keywords**

29 Retinal imaging; Scanning laser ophthalmoscopy; Image registration; Binocular vision; Gaze
30 behavior; Cyclotorsion

31

32 Commercial relationships disclosure:

33 **J Hofmann**, None; **L Domdei**, None; **S Jainta**, None; **W Harmening**, None.

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34 Introduction

35 Seeing with two eyes, i.e. binocularity, is central to human visual processing. For
36 instance, ocular controls of the retinal image forming process, like pupil constriction and
37 accommodation, are highly coupled between the two eyes ([Flitcroft, Judge & Morley, 1992](#)),
38 and ocular motor commands issued to control gaze of one eye are tightly coupled to those
39 of the fellow eye ([Tweed, 1997](#); [Murray, Gupta, Dulaney, Garg, Shaikh & Ghasia, 2022](#)), for
40 example during tracking of a moving object. Less is known whether this tight coupling
41 extends to the phases of stable fixation, where fixational eye movements (FEM)
42 predominate ([Krauskopf, Cornsweet & Riggs, 1960](#); [Otero-Millan, Macknik & Martinez-
43 Conde, 2014](#); [Simon, Schulz, Rassow & Haase, 1984](#)). For example, [Krauskopf, Cornsweet,
44 and Riggs \(1960\)](#) emphasized that microsaccades occur synchronously in both eyes
45 ([Krauskopf, Cornsweet & Riggs, 1960](#)), but this early finding is still discussed controversially
46 ([Møller, Laursen, Tygesen & Sjølie, 2002](#); [Engbert & Kliegl, 2003](#); [Zhou & King, 1998](#)).
47 Binocular eye movements in general cannot be reduced to the yoking of the eyes during
48 saccades: vergence eye movements occur as horizontal, vertical or cyclovergence. All three
49 movements show substantial differences in their contributions to fusion (i.e the perception
50 of a single image; [Leigh & Zee, 2006](#); [Schor & Ciuffreda, 1983](#); [Steinman, Steinman, & Garzia,
51 2000](#)): while horizontal vergence, for example, reacts to – on large scale and fine-tuned –
52 horizontal disparity of the object that needs to be foveated, vertical vergence reacts to
53 vertical misalignments of the whole image of one eye relative to the other eye. Vertical eye
54 movements are supposed to be inherently conjugate in that vertical premotor neurons
55 simultaneously drive both eyes ([McCrea, Strassman & Highstein, 1987](#)). Torsional eye
56 movements (cyclovergence) are also small in overall variability (about 0.10°), and are thus
57 tightly controlled ([Van Rijn, van der Steen & Collewyn, 1994](#)). According to [van Rijn et al.
58 \(1992\)](#) cyclovergence is a truly binocular process and, unlike cyclovergence, requires
59 correspondence of the images presented to the two eyes. Finally, tremor represents a small
60 periodic eye movement ([Martinez-Conde et al., 2004](#); [Rolf, 2009](#)), but whether tremor is a
61 binocularly coordinated eye movement is still discussed ([Riggs & Ratliff, 1951](#); [Spausch et
62 al., 1999](#)). Very few data exist showing all binocular eye movements – systematically –
63 during FEM.

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64 FEM are very small in amplitude, typically just a few minutes of arc of visual angle,
65 and are thus not trivial to observe and to measure accurately (Rucci & Victor, 2015;
66 Rolfs, 2009). To study FEM, both spatial and temporal resolution of the measurement
67 technique needs to be high (Poletti & Rucci, 2015; Otero-Millan, Macknik, Langston &
68 Martinez-Conde, 2013; Chung, Kumar, Li & Levi, 2015). Such techniques include invasive
69 means by attaching mirrors or coils directly to the moving eyeball (Barlow, 1952), or non-
70 invasive means such as pupil and Purkinje image video-tracking (Poletti & Rucci, 2015;
71 Martinez-Conde, Otero-Millan & Macnik, 2013), and retinal tracking by scanning laser
72 ophthalmoscopy (SLO) (Stevenson, Roorda & Kumar, 2010; Sheehy, Yang, Arathorn,
73 Tiruveedhula, Boer & Roorda, 2012). Owing to the obvious disadvantages of invasive
74 measurement techniques, the highest spatial precision is currently achieved by SLO (Sheehy,
75 Yang, Arathorn, Tiruveedhula, Boer & Roorda, 2012). If combined with potent image
76 registration tools and micro-stimulation tools, SLO-based retinal tracking can serve as a
77 highly sensitive gaze tracker with minimal spatial distortions artifacts (Bowers, Boehm &
78 Roorda, 2019), allowing also to directly observe the retinal location of fixation of a visual
79 target (Stevenson, Roorda & Kumar, 2010; Vogel, Arathorn, Roorda & Parker, 2006).

80 In this work, we describe an improved binocular scanning laser ophthalmoscope with
81 which fixational eye motion can be studied during binocular vision with relative ease. We
82 measured binocular fixational eye movements in six healthy participants. Next to high-
83 resolution measurements of binocular gaze behavior, our analysis also allowed to extract
84 cyclotorsion, the rotation of the eyeballs around the visual axes, with high spatial resolution.

85 Methods

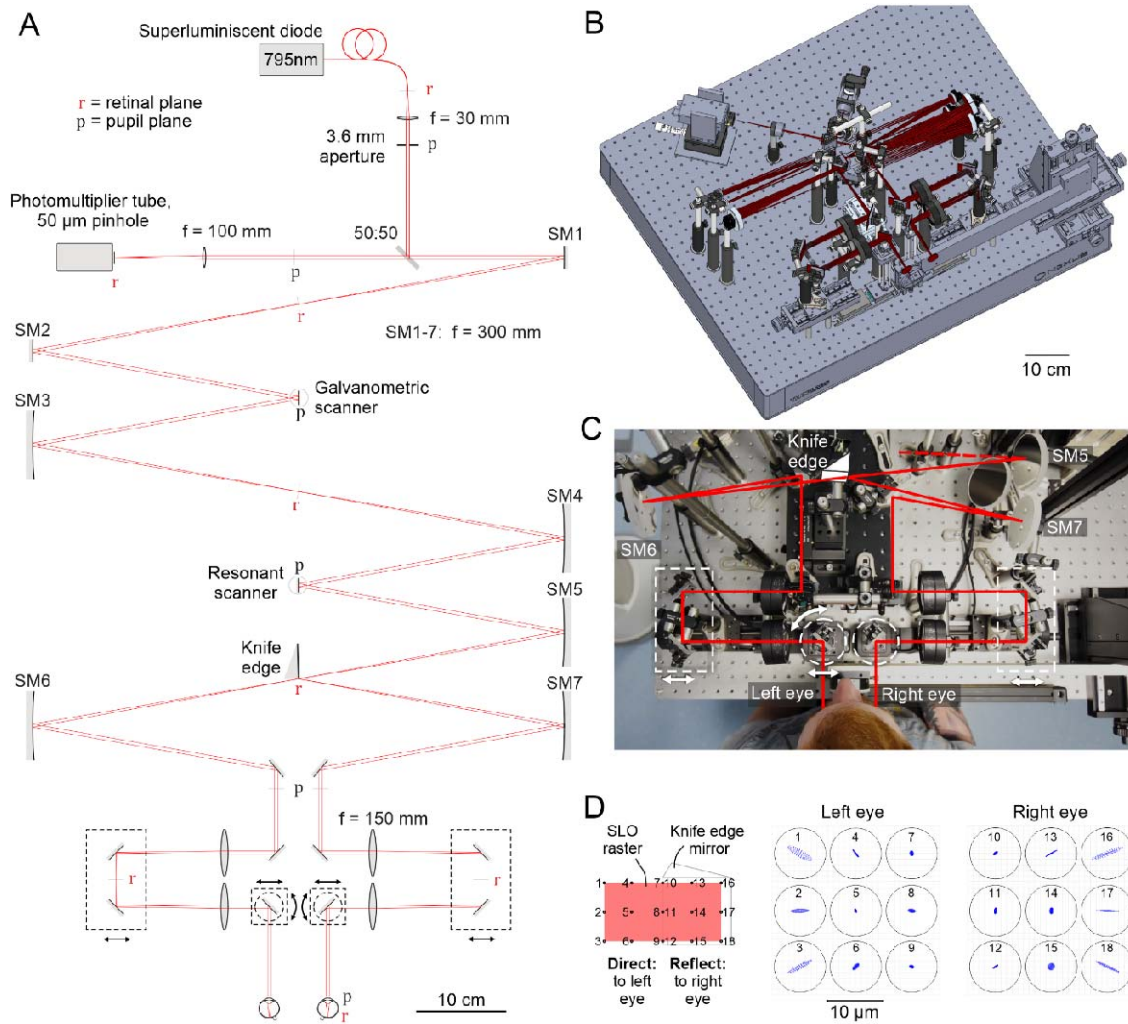
86 *Binocular scanning laser ophthalmoscope, bSLO*

87 A binocular scanning laser ophthalmoscope (bSLO) was developed, similar to an
88 earlier design described by Stevenson, Sheehy and Roorda (2016), with additional functional
89 improvements (see **Fig. 1**). Pertinent details are described here. A mirror-based ($f = 300$
90 mm) SLO with confocal detection scheme was designed in optical simulation software
91 (Zemax Optics Studio, Zemax Germany GmbH, Munich, Germany), and optimized to allow
92 diffraction limited lateral resolution across a 3×3 deg field of view in each eye (see spot
93 diagrams in **Fig. 1D**). Beam folding of the afocal, 4-f telescopic front-end followed
94 orthogonal folding rules as laid out in Gomez-Vieyra et al. (2009) to minimize system

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95 astigmatism. Light source was the fiber-coupled output of a superluminescent light emitting
96 diode with 795 nm center wavelength (~15 nm FWHM) (SLD-CS-381-HP3-SM-795-I,
97 Superlum, Cork, Ireland). After launching a 3.6 mm-diameter collimated beam in the
98 reflection portion of the a 50:50 beam splitter into the bSLO front-end, galvanometric (30 Hz
99 sawtooth) and resonant (~16 kHz sinusoidal) scanning, positioned in conjugate pupil planes,
100 produced a raster field size of 3 x 6 (vertical x horizontal) degrees of visual angle. A knife-
101 edge mirror (Thorlabs MRAK25-P01), placed in a retinal plane, split the rectangular raster
102 into two square, 3 x 3-degree half-fields, which were optically relayed separately into both
103 eyes via a lens-based Badal optometer (Range of correctible ocular defocus: +2 to -7D). The
104 last fold mirrors before the eyes were on single-axis translation and rotational stages that
105 could be operated electronically to correct for interpupillary distance and binocular
106 vergence angle. Power incident at each cornea was 200 μ W. The light reflected by the retina
107 was detected in the transmitted portion of the 50:50 beam splitter in a single
108 photomultiplier tube (H7422-50, Hamamatsu Photonics, Hamamatsu, Japan), placed behind
109 a confocal pinhole (pinhole diameter = 50 μ m, equaling 0.9 Airy disk diameters). PMT output
110 signals were sampled at 20 MHz by a field programmable gate array (FPGA) in custom
111 software (ICANDI, available at <https://github.com/C-RITE>) to produce 512x512 pixel video
112 frames at 29.3 Hz.

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114 **Figure 1** | Binocular scanning laser ophthalmoscope (bsLO). **A:** Schematic drawing of the bsLO setup.
 115 Components are drawn to scale; the beam path is shown unfolded for clarity (compare **B** for actual
 116 beam path). Translation and rotation stages marked by dashed lines. Scale is given along the
 117 direction of beam propagation. **B:** Three-dimensional model of the actual beam path and
 118 optomechanical components. **C:** Top view photograph of the front-end with indication of beam
 119 paths for both eyes and position of moveable stages. **D:** Simulated spot diagrams at the 18 cardinal
 120 points of the bsLO raster, spanning square imaging fields in the two eyes. Circles indicate Airy disk
 121 diameter.

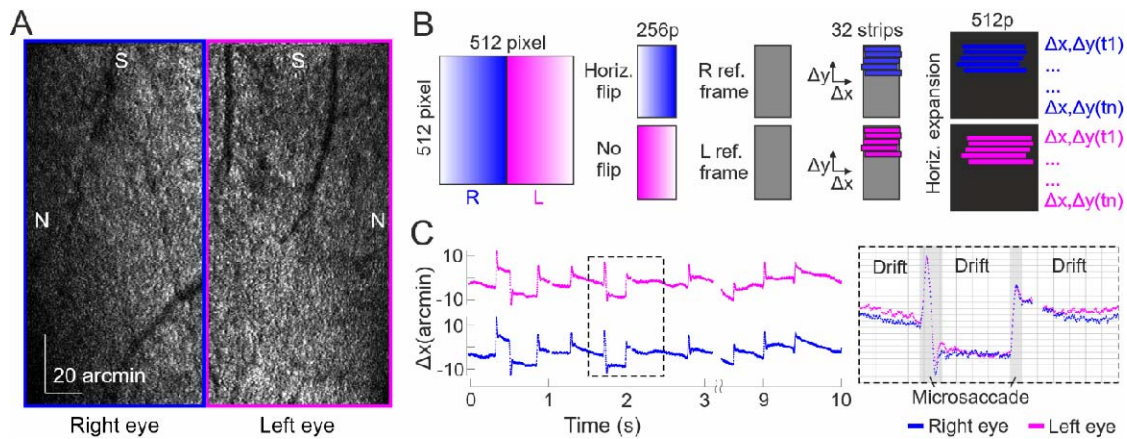
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Binocular FEM with bSLO

123 *Eye motion extraction from bSLO videos*

124 Due to the field-split design of the bSLO, a single video frame consisted of two half
125 images of each retina recorded side-by-side (**Fig. 2A**). Because of the equal aspect ratio in
126 the FPGA digital sampling and the rectangular optical scanning field with an aspect ratio of
127 1:2 (horizontal:vertical), retinal image space in each half-image was compressed along the
128 horizontal dimension two-fold. Digital resolution was 84 pixels/degree in the horizontal
129 direction and 168 pixels/degree in the vertical direction. This anisotropy was compensated
130 later by multiplying horizontal motion signals by 2. Binocular eye motion extraction was
131 achieved by an offline strip-wise image registration described earlier of each half-field
132 independently ([Stevenson, Roorda & Kumar, 2010](#)). In brief, half images were divided into
133 32 horizontal strips, each 16 pixels high, and registered to a high-definition reference frame,
134 generated automatically from a longer video sequence (**Fig. 2B**). This produced a high-
135 resolution eye motion trace with 960 Hz temporal sampling frequency. From each video,
136 horizontal and vertical motion traces of both eyes were further analyzed. In those traces,
137 microsaccades were semi-manually labelled by first thresholding motion velocity, and then
138 validating each candidate saccade manually (**Fig. 2C**). By setting a velocity threshold at 0.25
139 arcmin/ms in a moving average of 7 positional samples, a candidate microsaccade was
140 detected. The precise temporal onset of such candidate was then found at the first sample
141 exceeding a velocity of 0.25 arcmin/ms in a moving average of 3 data samples within a 1
142 frame window around this sample. Microsaccade offset was determined similar to onset, at
143 the first sample where positional velocity dropped below 0.25 arcmin/ms in a moving
144 average of 3 data samples after onset. All candidate microsaccades were manually
145 validated. In the horizontal direction, eye movements shifting gaze to the right were
146 expressed by positive value changes. In the vertical, positive value changes mean gaze
147 upwards (both directions in the visual field as seen from behind the participant).

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Figure 2 | Eye motion extraction from bSLO imagery. **A**: Single bSLO video frame while the

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participant fixated on the upper right corner of the scanning raster in both eyes. Note that the right

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eye's image is horizontally flipped due to the scan geometry and beam folding (S: superior, N: nasal

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on the retina). **B**: Half-images in single bSLO frames were separated and brought into fundus

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orientation before strip-wise image registration. Horizontal image shifts were multiplied by 2 to

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account for the unequal image aspect ratio. **C**: Example retinal motion traces of left and right eyes

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(horizontal motion only).

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157

Estimation of cyclotorsional eye motion

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Positional eye motion traces resulted from strip-wise image translations relative to a

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reference image. If the acquired image is however rotated against that reference, e.g.

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during cyclotorsional movement of the eye, eye motion traces will contain an additional

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horizontal component beating at frame rate, resembling a sawtooth pattern. This particular

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rotational artifact is pronounced in the horizontal dimension due to the predominantly

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horizontal geometry of the image strips (**Fig. 3A**). By computationally rotating the reference

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image prior to the strip-wise image correlation systematically, we found a linear relationship

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between the slope at which horizontal strip offsets appeared at frame rate. We selected a

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total of 604 bSLO video frames from different viewing conditions and eyes where no

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rotation artifact was visible. Reference images were rotated within the interval 0 to 30

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arcmin. From this, we derived a factor of 3.77 between the measured gradient in horizontal

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positional motion traces (in arcmin per frame) and angle of image rotation (in arcmin) (**Fig.**

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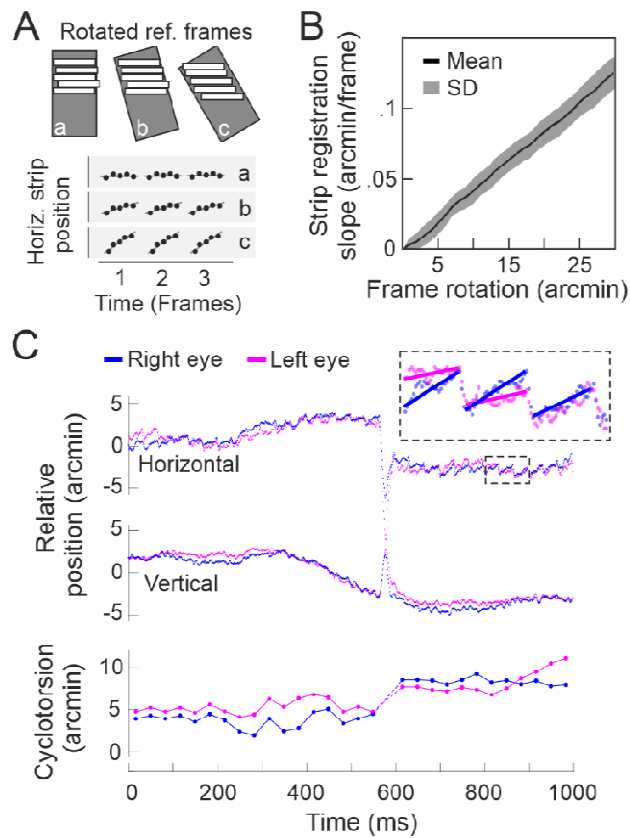
3B). The slope of the horizontal motion trace was measured frame-wise using a linear fit to

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all samples within one frame and converted to image rotation by the aforementioned

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172 factor. Cyclotorsion signals could thus be derived at frame rate in all bsLO eye motion
173 traces. Due to the large change in slope during a microsaccade, these epochs were excluded
174 from cyclotorsional analysis (**Fig. 3C**). Motion trace slope that was due to simultaneous drift
175 was separated from torsion signals. For this, the drift slope was calculated by the difference
176 of the mean drift per frame and then subtracted from the torsion slope, leaving the isolated
177 torsion value. Throughout this paper, positive torsional values correspond to clockwise eye
178 rotation as seen from behind the participant.



179

180 **Figure 3** | Estimation of cyclotorsional eye motion. **A:** Strip-wise image correlation to a rotated
181 reference frame produces a sawtooth pattern in the horizontal position signal, with the slope being
182 a function of frame rotation. **B:** By computationally rotating the reference frame in a number of
183 image sequences that contained no sawtooth pattern, a linear relationship between strip gradient
184 and rotation angle was determined per frame. **C:** Exemplary torsional analysis with the sawtooth
185 pattern highlighted in the inset. Typically, torsion signals changed with a microsaccade.

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Binocular FEM with bSLO

187 *Assessment of binocular FEM*

188 Binocular fixational eye movements (bFEM) were measured in six healthy volunteers
189 (one female, five males, mean age: 34), referred to as P1 to P6 throughout the manuscript.
190 Participant naming was based on a decreasing order of the magnitude of fixational stability,
191 with P1 exhibiting the lowest average binocular deviance iso-contour areas (see **Results**).
192 Refractive state was measured by an auto-refractor and was between -0.125 and -3
193 diopters best spherical equivalent. While the participant's head was immobilized in front of
194 the bSLO by a dental impression (bite bar) held on a XYZ-translation stage, they were asked
195 to fixate on the top right corner of the individual scan raster seen by each eye as relaxed
196 and accurate as possible. To facilitate observer alignment in front of the system, the
197 transversal position of the last fold mirrors was adjusted to accommodate interpupillary
198 distance (IPD). IPD adjustment and observer head positioning followed a simple protocol.
199 First, observer IPD was measured with a handheld digital pupillometer. This reading was
200 entered into a custom written software that controlled the movable stages electronically,
201 and the last fold mirrors travelled to the prescribed distance, symmetrically about the
202 systems center. When the observer then sat in front of the system, only minor
203 misalignments remained, which could be corrected promptly. First, a possible vertical
204 asymmetry of the observer pupil position relative to the parallel system beams was
205 corrected by rotating the gimbal mount which held the bite bar. This head rotation was only
206 necessary for one of the participants (at 2 degrees). In this case, the optimal rotation angle
207 could be found by observing relative bSLO image brightness while the head was moved
208 along the vertical direction via the x,y,z-stage. If the two half images reached maximum
209 brightness at different heights (e.g. right eye lower), the gimbal had to be rotated
210 accordingly (right eye down). A remaining small horizontal asymmetry in pupil position was
211 more common and easily corrected by translation of the whole head relative to the two
212 beams via the x,y,z-stage. Binocular vergence of the last fold mirror of the bSLO was set to
213 either 0, 1, 2, 3, 4 or 5 degrees for each video, in ascending or descending order for half of
214 the subjects, respectively. This was done to both test feasibility of such experimental option
215 and to put a vergence load onto the motor system to trigger differences in FEM dynamics.
216 Five ~10-second long bSLO videos were recorded at each viewing condition (one video
217 comprised 300 frames = 10.24 s). Pupils were dilated by instilling one drop of 1 %
218 Tropicamide 15 minutes before the beginning of the recording session. Written informed

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219 consent was obtained from each participant and all experimental procedures adhered to the
220 tenets of the Declaration of Helsinki, in accordance with the guidelines of the independent
221 ethics committee of the medical faculty at the Rheinische Friedrich-Wilhelms-Universität of
222 Bonn, Germany.

223 **Results**

224 **Binocular coordination of fixational eye movements**

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225 In all six participants (P1-P6), binocular FEM were derived from thirty ~10-second

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226 videos during six different binocular vergence angles (5 in each condition). In each video,

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227 horizontal and vertical movements of both eyes were extracted at 960 Hz, torsion was

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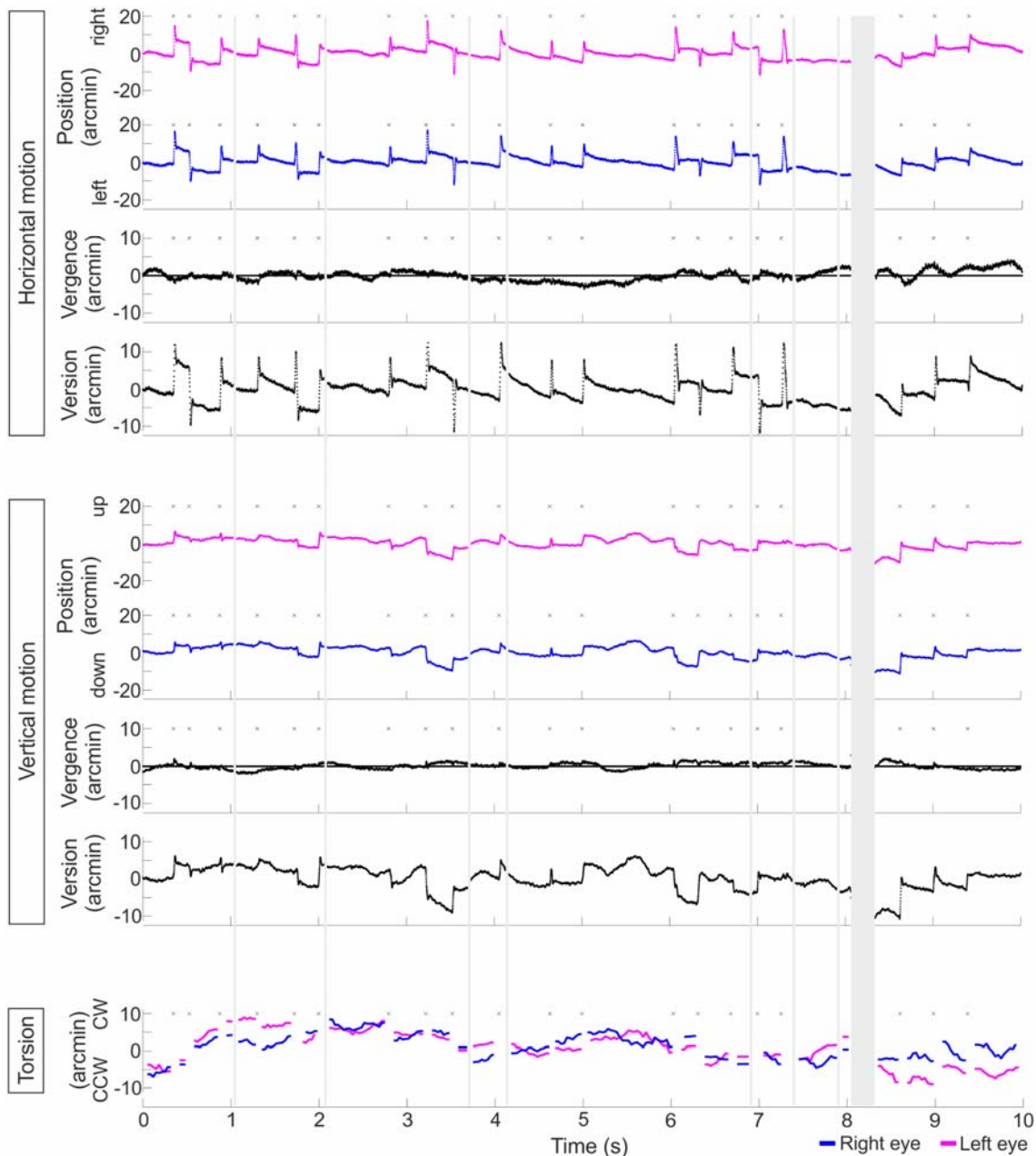
228 extracted at 30 Hz (see Methods). After removing video frames containing eye blinks and

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229 frames that could not be registered to the reference frame (due to out of field motion and

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230 other registration errors), we arrived at a total of 1,564,640 samples collected for
231 transversal movement for all eyes combined, and after an additional exclusion of



232 microsaccade epochs, at a total of 37,228 samples for torsional movement. Across all eyes
233 and conditions, positional resolution was high. The variance between adjacent positional
234 samples around a moving average of 10 samples was a tenth of an image pixel, equaling
235 0.07 arcmin in x-direction and 0.04 arcmin in y-direction. Relative vergence and version
236 were computed by subtracting or averaging the left and right eye motion traces,
237 respectively (an example data set is shown in **Fig. 4** of P4 at a vergence angle of 2° degree).

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239 **Figure 4** | Exemplary binocular eye motion traces. Data is from a single 10-second video recorded in
240 P6 at two-degree vergence angle. Ten of such videos were recorded per viewing condition per
241 participant. Colors indicate fellow eyes (left = magenta, right = blue). Horizontal, vertical and
242 torsional movements are shown separately. Note that for horizontal and vertical movements,
243 positional distances are reported (in arcmin), while for torsion, angular rotation is reported (also in
244 arcmin). Small asterisks indicate the occurrence of a microsaccade for which torsion was undefined.
245

246 In general, binocular eye coordination was high for all subjects across all conditions. The
247 average vergence motion (computed as L-R position signals) was 1.18 arcmin (standard
248 deviation, SD: 1.21 arcmin) in the horizontal, and 0.56 arcmin (SD: 0.53 arcmin) in the
249 vertical direction. Within 4,052 total microsaccades detected across all subjects, we did not
250 observe a monocular microsaccade, i.e. one that was present only in one eye. Microsaccade
251 frequency varied across participants (average microsaccades per second, P1: 1.12, P2: 0.71,
252 P3: 0.62, P4: 1.68, P5: 1.41). Temporal microsaccade onset difference between eyes was
253 distributed normally around an average of 1.03 ms (SD: 1.23 ms). The main sequence of
254 microsaccades, defined as the relationship between peak velocity and excursion amplitude
255 showed a typical linear relationship in log-log plotting, with an average slope of 0.073 ms^{-1}
256 ¹ across eyes, equal for fellow eyes (Pearson's correlation between the left and right eye
257 >0.99 for all subjects). Microsaccade amplitude and direction were firmly coupled between
258 the two eyes (**Fig.5**). Microsaccade amplitude range across all participants was 2.04 to 31.3
259 arcmin, median amplitude was 13.46 arcmin (N= 4052). The amplitude deviance between
260 left and right (L-R) had a mean of -0.2 arcmin and standard deviation of 1.7 arcmin (Range: 0
261 – 12.74 arcmin). The mean polar direction deviance was 0.39 degrees, with a standard
262 deviation of 3.68 deg, and a range of 1.32 arcmin to 10.15 deg. Drift amplitudes ranged from
263 0 to 7.15 arcmin, median amplitude was 2.16 arcmin (N= 7244). Here, the largest absolute
264 amplitude deviance between left and right was 5.8 arcmin (mean: 0.83 arcmin, SD: 0.77
265 arcmin). The mean direction deviance was 0.54 degrees, with a standard deviation of 34.65
266 deg, and a range of 0 arcmin to 97.82 deg.

267 Across all eyes and viewing conditions, more horizontally oriented microsaccades were
268 performed. Drift direction was mainly pointing down and left, a bias likely induced by the
269 positioning of the fixation target at the upper right corner of the imaging raster.

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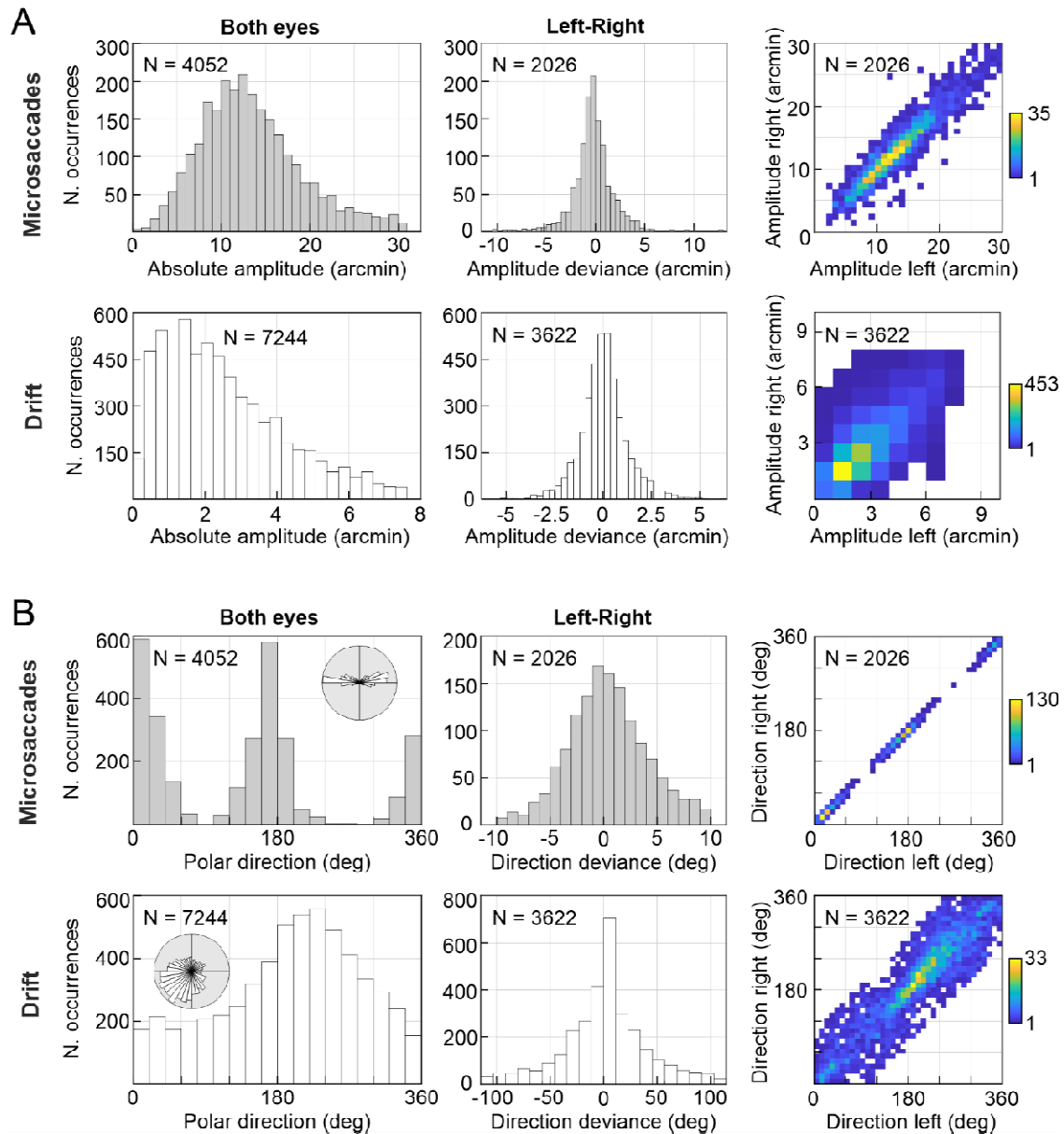
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277 **Figure 5** | Binocular coupling of microsaccades and drift. A: Analysis of microsaccade and drift
278 amplitude. First column is the histogram of all absolute motion amplitudes, middle column is the
279 histogram of left and right eye amplitude deviances (computed by left-right amplitudes), and third

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280 column is the amplitude correlation between all fellow eyes. B: Analysis of microsaccade and drift
281 direction in the visual field (0 deg = right, 90 deg = up). The columns are the same as in A. The small
282 inset in the direction histogram show the same data in polar coordinates for reference.

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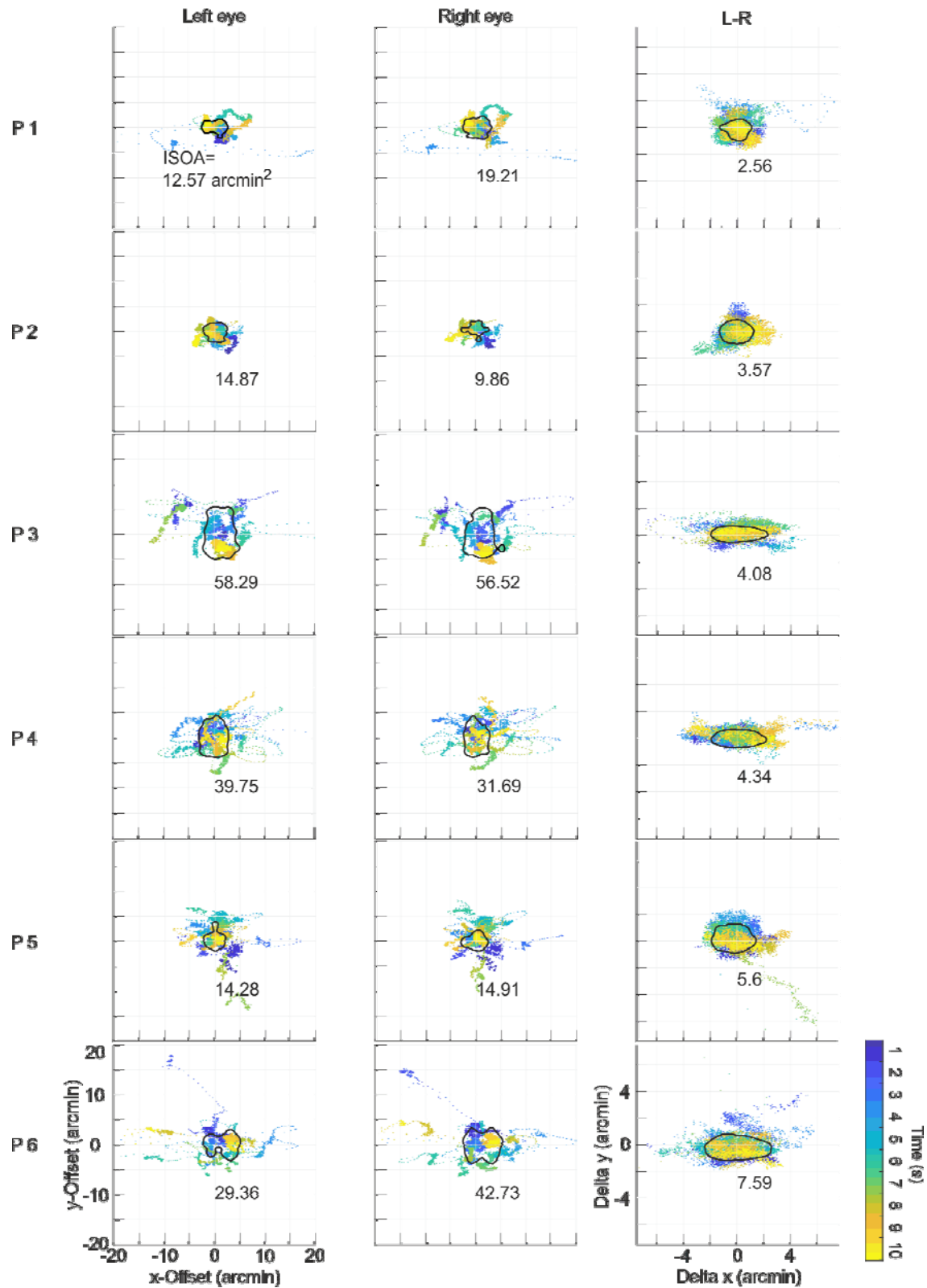
284 In an analysis of fixation stability, expressing all retinal landing points of the fixated
285 object in a two-dimensional plot as their iso-contour area (ISOA, encompassing 68% of all
286 data points), a corresponding relationship emerged (**Fig. 6**). While the magnitude of
287 monocular ISOAs differed between participants (average ISOA: P1: 15.62 arcmin², P2: 24.97
288 arcmin², P3: 27.04 arcmin², P4: 28.46 arcmin², P5: 29.57 arcmin², P6: 31.02 arcmin²), fellow-
289 eye ISOAs were similar (Pearson's correlation between ISOAs of the left and right eye for
290 each participant: P1: $\rho=0.78$, P2: $\rho=0.84$, P3: $\rho=0.79$, P4: $\rho=0.62$, P5: $\rho=0.61$, P6: $\rho=0.96$, all
291 $p < 0.01$). Binocular deviance ISOAs (L-R) were always smaller than monocular ISOAs
292 (average: 3.48 to 8.04 arcmin², P1 to P6, respectively, average range of monoISOA: binoISOA
293 = 4.52 at binocular vergence of 0°). Binocular deviance ISOAs, unlike monocular ISOAs, were
294 elongated in the horizontal direction, being on average 2.2 times wider than high. We
295 observed a weak yet statistically insignificant trend of increasing monocular ISOAs with
296 larger vergence angles set in the bsLO. However, binocular coupling did not seem to be
297 systematically disturbed by the vergence induced. In all participants, and across all vergence
298 angles, binocular fixation stability (L-R) was always lower than monocular fixation stability
299 (average ISOA ratio mono/bino deviance, 0°: 4.98, 1°: 7.16, 2°: 8.29, 3°: 8.78, 4°: 7.13, 5°:
300 7.93).

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Figure 6 | Monocular and binocular fixational stability. Data is from one 10-second video at 0 deg vergence angle for all participants (P1-P6). Fixation target was the corner of the 3x3 degree scanning

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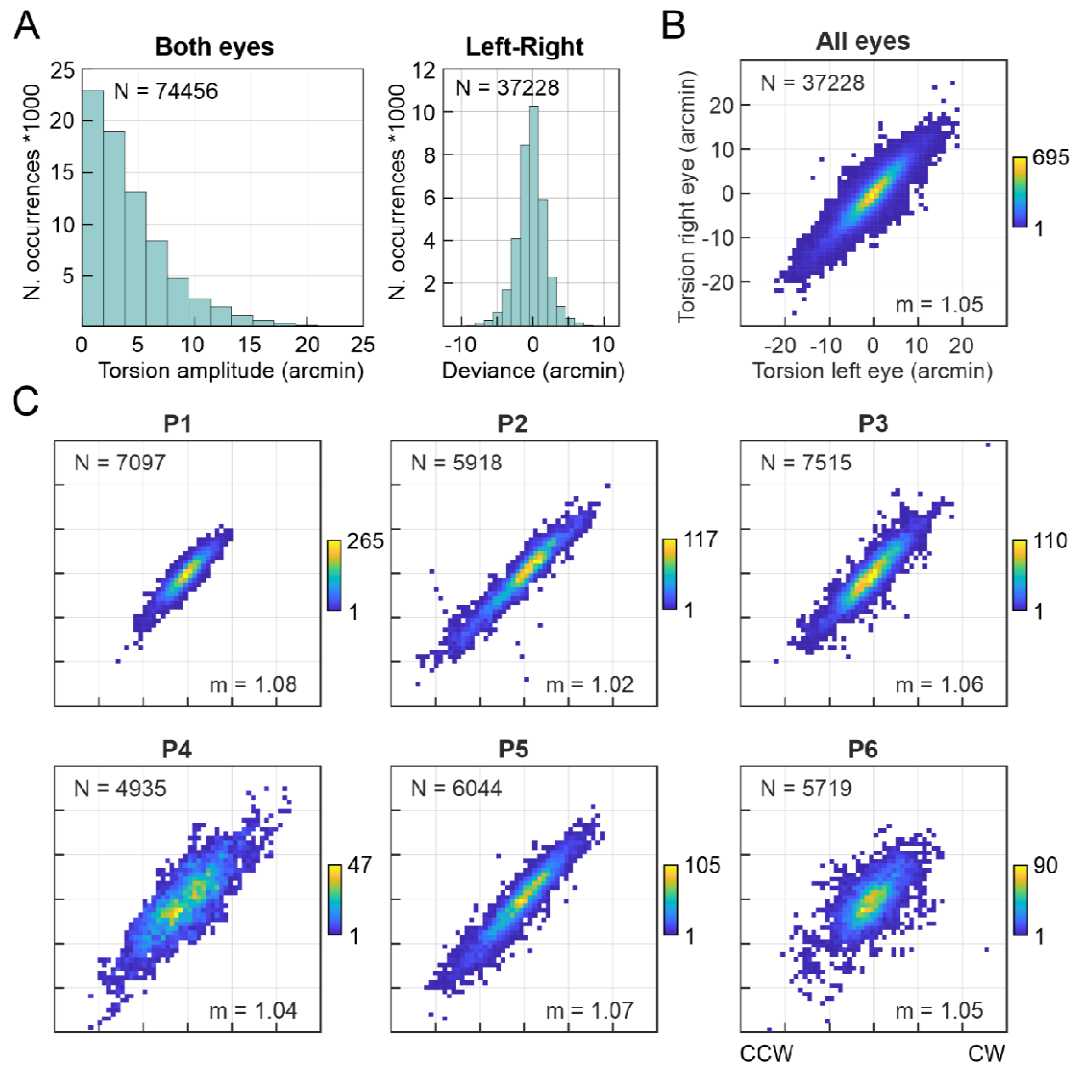
307 raster. Time is color coded. The ISOAs (black outline) are given in arcmin². Note that the scale has
308 been magnified for the binocular deviance (L-R) data set 2.5-fold.
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310 Cyclotorsion during fixational eye motion

311 From the computationally rotated reference frame analysis we could derive a variance of
312 strip offset for each rotational angle. The smallest strip offset which could be observed had
313 a spatial distance of 0.7 arcmin, derived from the smallest possible slope of the sawtooth
314 pattern measured. The smallest torsional signal which could be measured had a rotational
315 angle of 0.6 arcmin. The square root of the average angular variance (SD: 0.47 arcmin) was
316 multiplied by 2.77 to arrive at a repeatability of 1.3 arcmin. Measurement error was thus
317 0.92 arcmin (variance multiplied by 1.96). Across all eyes and viewing conditions, torsional
318 angles between -22.9 and 21.6 arcmin were observed (average: 0.53 arcmin, SD: 5.36
319 arcmin). The largest absolute amplitude deviance between left and right was 11.5 arcmin
320 (mean: 1.57 arcmin, SD: 1.44 arcmin) (**Fig. 7 A**). Out of all torsion signals (N= 74,456), 36,202
321 were in counterclockwise direction while 38,254 were in clockwise direction. A linear fit
322 to a correlation of left and right eyes' torsion demonstrated tight coupling (mean slope = 1.05,
323 $\sigma^2 = 0.0005$) (**Fig. 7 B**). Similar to the metrics of fixation stability and frequency of
324 microsaccades, the distribution of torsional motion was idiosyncratic across participants
325 (**Fig. 7 C**).

326 As a further observation, torsional motion corresponded to horizontal and vertical
327 movement patterns of fixational eye movements, with gradual changes during drift and
328 abrupt changes during saccades. The average torsional velocity change during a
329 microsaccades was 2.32 arcmin/ms (SD: 1.57 arcmin/ms, Range: 0 - 7.56 arcmin/ms).
330 Between microsaccades, i.e. during drift, the average torsional velocity change was 0.09
331 arcmin/ms (SD: 0.08 arcmin/ms, Range: 0 - 0.34 arcmin/ms).

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333 **Figure 7** | Coupling of cyclotorsion between fellow eyes. A: Histogram of the frame-wise torsion
334 amplitudes of all eyes and participants and torsional amplitude deviance between all fellow eyes
335 (computed as left-right). B: Correlation of torsional amplitudes across all eyes. Positive values
336 represent clockwise, negative values represent counter-clockwise rotation. Data has been binned to
337 1 arcmin squares and are color coded for the number of occurrences in each bin. C: The same as in
338 B, shown for each participant individually (P1-P6).

339 **Discussion**

340 We demonstrate an improved design of a split-field binocular scanning laser
341 ophthalmoscope for high-resolution measurement of fixational eye movements. For
342 validation, binocular fixational eye movements including cyclotorsion were assessed in six
343 healthy participants.

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344 The instrument described here offers some technical improvements to a similar split-field
345 binocular SLO that was demonstrated earlier ([Stevenson, Sheehy & Roorda, 2016](#)). First, 3 x
346 3-degree imaging fields were used, allowing observation of larger eye movements.
347 Fixational eye movements range from ~ 11 -60 arcsec (Tremor) to 7.5 ± 1.5 arcmin
348 (Microsaccades) ([Bowers, Boehm & Roorda, 2019](#); [Montes, Bennett, Bensinger, Rani,](#)
349 [Sherkat, Zhao & Sheehy, 2022](#)), which would put our method in the position to cover most
350 fixational situations while the larger imaging rasters can be used as a retinal display system
351 for retina-contingent visual psychophysics ([Yang, Arathorn, Tiruveedhula, Vogel & Roorda,](#)
352 [2010](#)). Two independent Badal optometers allowed correction of ocular lower order
353 aberrations, the largest factor reducing image quality in ophthalmic imaging ([Steven, Sulai,](#)
354 [Cheong, Bentley & Dubra, 2018](#)). This will allow to increase observation numbers in normal
355 participants and patients, given that eyes do not have to be preselected based on favorable
356 refractive states. Interpupillary distance could be adjusted using motorized platforms, which
357 together with an optional pupil monitor camera allowed relatively easy and quick binocular
358 alignment. This is likely to increase imaging and workflow efficiency by decreasing chair
359 time. Finally, binocular vergence angles could be independently induced by motorized
360 rotation platforms, adding experimental options for binocular vision science experiments.
361 Our system was built and optically optimized to accommodate a second light channel in the
362 future for multi-wavelength binocular micro-stimulation ([Harmening, Tuten, Roorda &](#)
363 [Sincich, 2014](#)).

364

365 Similar to other monocular SLO tracking systems ([Sheehy, Yang, Arathorn, Tiruveedhula,](#)
366 [Boer & Roorda, 2012](#)), we could demonstrate high temporal and spatial resolution for both
367 horizontal and vertical eye motion estimation in both eyes. Given the split-field design in our
368 system, the right and left eye's image content is recorded quasi-simultaneously, removing
369 the need of temporal synchronization. In reality, the right and left signals are recorded
370 block-wise (R, L, R, L, ...), with a constant temporal offset between right and left signal
371 onsets equal to half of the line rate ($\sim 6.7 \mu\text{s}$), which is less than 0.5% of the temporal
372 sampling rate of about 1 ms, and thus negligible.

373 With SLO-based retinal tracking, [Stevenson, Roorda & Kumar \(2010\)](#) measured vertical
374 vergence during steady fixation with a standard deviation of 1–2 arcmin. Horizontal
375 vergence had more variability, ranging from 2 to 10 arcmin. We measured an average

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376 vergence motion of 1.18 arcmin (SD: 1.21 arcmin) in the horizontal, and 0.56 arcmin (SD:
377 0.53 arcmin) in the vertical direction. [Bowers, Boehm & Roorda \(2019\)](#) used an AOSLO and
378 found the standard deviation of motion signals to be 5.10 ± 0.66 arcseconds horizontally
379 and 5.51 ± 0.57 arcseconds vertically during steady fixation. Average microsaccade
380 amplitude was measured at 7.5 ± 1.5 arcmin and average drift amplitude at 3.8 ± 0.9 arcmin.
381 Our position signals had a standard deviation of 4.79/2.58 arcsec (horizontal/vertical), and
382 average microsaccade amplitude of 13.46 arcmin and an average drift amplitude of 2.16
383 arcmin. Measurement performance was thus similar to invasive tracking. For instance, [Riggs
384 & Ratliff \(1951\)](#) mounted mirrors on plastic contact lenses fitted directly to the moving
385 eyeball. The system was able to record eye movements (horizontal, vertical, and torsional
386 components) smaller than one arc minute. Dual Purkinje image tracker ([Cornsweet & Crane,
387 1973](#); [Crane et al., 1985](#)) use a non-invasive optical method and achieve a precision of
388 around 1 arcmin. For an excellent comparative overview of eye motion measurement
389 precision across techniques see [Sheehy et al. \(2012\)](#).

390 While temporal and spatial resolution of SLO-based retinal tracking is equal or superior to
391 commercial video based binocular eye trackers, they will only track motion amplitudes that
392 are on the order of the imaging field size. Eye motion that produces image content with
393 insufficient overlap to a common reference frame cannot be estimated reliably with such a
394 system ([Stevenson, Roorda & Kumar, 2010](#)). This makes SLO-based retinal tracking ideal to
395 study fixational eye motion, given their smaller amplitude ([Rolfs, 2009](#)). If image acquisition
396 in a retinal imager is fast enough, temporally adjacent video frames can contain sufficient
397 spatial overlap that removes the need of a common reference frame, and thus allows out-
398 of-field tracking ([Szkulmowski et al., 2020](#)). Such an approach may offer, on the other hand,
399 not enough spatial resolution to resolve retinal structure of interest, which may be
400 important if gaze behavior and retinal cell topography is wished to be linked ([Reiniger,
401 Domdei, Holz & Harmening, 2021](#); [Ratnam, Domdei, Harmening & Roorda, 2017](#);
402 [Harmening, Tuten, Roorda & Sincich, 2014](#))

403

404 Our data allowed analysis of the binocular coupling of FEM. With regard to microsaccades, it
405 is widely accepted that they follow the same kinetics as other saccades ([Zuber, Stark &
406 Cook, 1965](#)), establishing a microsaccade-saccade continuum that extends to free-viewing

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407 conditions (see, for example, [Otero-Millan, Troncoso, Macknik, Serrano-Pedraza &](#)
408 [Martinez-Conde, 2008](#)). Whether microsaccades occur as a cyclopic phenomenon or could
409 be generated monocularly is part of an ongoing debate in eye movement research: while
410 early and recent studies using contact lens-based eye-tracking or binocular recordings from
411 high-resolution search coil or Dual-Purkinje-image eye-tracking systems reported that
412 microsaccades were highly conjugate between the two eyes ([Krauskopf et al, 1960](#); [Schulz,](#)
413 [1984](#); [Fang, Gill, Poletti, & Rucci, 2018](#)), several recent reports from video-based eye
414 tracking studies showed and discussed the existence and prevalence of monocular
415 microsaccades (see for example: [Engbert & Kliegl, 2003](#); [Martinez-Conde, Macknick,](#)
416 [Troncoso, & Dyar, 2006](#); [Gautier, Bedell, Siderov, & Waugh, 2016](#); but also: [Kloke, Jaschinski,](#)
417 [Jainta, 2009](#); [Moller, Laursen, Tygesen & Sjolie, 2002](#) and [Holmqvist & Blignaut, 2020](#) for
418 methodological issues). Our data adds to this debate in favour for highly conjugate
419 microsaccades: true monocular microsaccades were not present in our data.

420 In this work, cyclotorsional motion during fixation was extracted by analysis of the sawtooth
421 pattern artifact in the horizontal movement track, as suggested in prior studies ([Stevenson,](#)
422 [Roorda & Kumar, 2010](#); [Bowers, Boehm, & Roorda, 2019](#)). After calibrating this linkage with
423 image data that contained artificial rotation (see Methods), cyclotorsional movement could
424 be estimated with an angular resolution of less than 1 arcmin. We note however that SLO-
425 based torsion signals are theoretically confounded by the same artifacts as position signals
426 are. High-speed motion path estimation from strip-wise image registration in a scanning
427 system makes use of the fact that eye motion causes image distortions in each frame. This is
428 because retinal structures are captured in a continuously updating (scanning) video frame as
429 they move, and because the scanning speed is slower than the fastest occurring retinal
430 motion. At the same time, such intra-frame image distortions pose a limit to creating a true,
431 i.e. undistorted, representation of the unmoving retina. Because intra-frame distortions will
432 be present in the image material used to construct a reference frame, their spatial signature
433 will then show up in the motion path itself. Distortion-free reference frame generation is an
434 ongoing topic in SLO-based eye motion research ([Shenoy, Fong, Tan, Roorda & Ng, 2021](#);
435 [Bedggood & Metha, 2017](#); [Bedggood & Metha, 2019](#)), and accurate torsion estimation, like
436 position estimation, will benefit from its success.

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437 We found that torsional motion was, like microsaccades and drift, largely coupled between
438 the two eyes, and, in accordance with earlier work, often occurred with or immediately
439 after a saccade ([Murdison, Blohm & Bremmer, 2019](#)). Thus, our data tentatively suggests
440 that torsional eye movements correct slight misallocations of the eyes after saccades
441 ([Howard, 2012](#)) in a conjugate fashion. More data for different fixation stimuli is clearly
442 needed to evaluate the functional role of such fixational eye movements in respect of single
443 eye or binocular coordinated processes. The presented binocular scanning laser
444 ophthalmoscope promises to be an apt setup for such research.

445

446 [Acknowledgements](#)

447 We thank Austin Roorda and Pavan Tiruveedhula for technical resources. This study was
448 funded by a research grant of the Dr. Eberhard and Hilde Rüdiger Stiftung (BINOSLO), and by
449 the Emmy Noether-Program of the German Research Foundation (DFG, Ha 5323/5-1,2).

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