

1 **Instance segmentation of mitochondria in electron microscopy images with a generalist**
2 **deep learning model.**

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9

10 **Abstract**

11 Mitochondria are extremely pleomorphic in biology. Automatically identifying each one
12 precisely and accurately from any 2D or volume electron microscopy (volume EM) dataset is an
13 unsolved computational challenge. Current deep learning (DL) models are trained within limited
14 contexts, restricting their widescale utility and potential as a universal or generalist solution for
15 mitochondrial segmentation. To address this, we amass a highly heterogeneous $\sim 1.5 \times 10^6$
16 unlabeled cellular EM image dataset and a $\sim 22,000$, partially crowdsource-labeled,
17 mitochondrial instance segmentation dataset. We release MitoNet, a DL model trained on these
18 data, which performs well on new and challenging volume EM benchmarks. An accompanying
19 Python package and napari plugin, called empanada, can be used for efficient training, inference,
20 and clean-up of instance segmentations on EM images.

21

22 **Keywords**

23 Volume EM, segmentation, deep learning, electron microscopy, Panoptic, benchmark, image
24 dataset, crowdsourcing

25

26 **Introduction**

27

28 Electron microscopy (EM) reveals 2D snapshots of cellular and subcellular ultrastructure at
29 unrivaled resolutions, and more recent volume EM approaches extend these into the third
30 dimension^{1,2}. Technological advances in volume EM have dramatically increased the size of
31 volumes that can be interrogated, most notably in connectomics³⁻⁵. Developing meaningful
32 quantitative insights from EM data often requires the segmentation of features of interest. For
33 these large neuronal datasets, machine learning (ML) or deep learning (DL) based tracing
34 algorithms have helped generate detailed wiring diagrams⁶⁻¹⁰. Similar DL approaches have also
35 provided insights into a variety of sub-cellular structures in other systems¹¹⁻¹⁵.

36

37 As one of the most ubiquitous and morphologically complex organelles in biology¹⁶⁻¹⁸ and a
38 critical player in cellular physiology¹⁹⁻²¹ and pathological processes²²⁻²⁴, mitochondria are
39 frequent targets of analyses. Mitochondria have extraordinarily variable sizes, shapes,
40 distributions and intra-organellar structures, yet they are instantly recognizable by their
41 ultrastructure. This suggests that a universal DL model that accurately and precisely recognizes
42 individual mitochondria in any given EM image should be possible.

43

44 Current approaches largely take the following strategy: a region of interest (ROI) from a dataset
45 is chosen for dense manual segmentation, a model is trained on this ROI and then inference is
46 run on the larger dataset, often followed by some manual “polishing”^{6,7,11,13,25,26}. This strategy
47 can lead to visually impressive results^{11,27}; however, the constrained contexts presented during
48 model training are one reason why such models have failed to generalize. As a result,
49 segmentation quality drops when the models are presented with unseen cell and tissue types,
50 sample preparation and imaging protocols, or even in some cases, regions of a dataset spatially
51 distant from the training ROI^{11,13,28}. Poor generalization limits the usefulness of models, as
52 unfamiliar datasets require revisiting the cycle of manual annotation, model training,
53 hyperparameter tuning, and prediction updating. Achieving good generalization is a challenging
54 task. Mitochondria are present in nearly all eukaryotic cells such that the landscape of cellular
55 contexts that a generalist segmentation model must account for is immense. This challenge

56 fundamentally distinguishes mitochondrial segmentation from other tasks such as tracing
57 neurites or synapses that exist in a single tissue context (e.g., brain).

58

59 There are several publicly available datasets with segmented mitochondria from a narrow range
60 of tissues: MitoEM,²⁶ Perez et al.,²⁹ Lucchi++ and Kasthuri++²⁵ are from brain tissue, Guay et
61 al.³⁰ from human platelets, UroCell¹³ from urinary bladder and Heinrich et al.¹¹ from three kinds
62 of *in vitro* cells (HeLa, Jurkat and macrophage). Only one of these datasets (MitoEM) includes
63 instance segmentations (i.e., where each mitochondrion is assigned a different label). We
64 hypothesized that sparse 2D instance segmentations from an eclectic set of EM images would
65 more effectively expand the range of contexts as compared to dense volumetric segmentation.
66 Moreover, instance segmentation can unlock methods for the quantification of mitochondrial
67 morphologies³¹⁻³⁴, networks^{18,35}, and fusion and fission dynamics^{36,37}, for which semantic
68 segmentation is insufficient.

69

70 Here, we have curated a heterogeneous, non-redundant, information-rich and relevant unlabeled
71 EM image dataset (at $\sim 1.5 \times 10^6$ images, the largest of its kind to our knowledge), called
72 *CEM1.5M*, for use as a database from which to sample images for mitochondrial segmentation.
73 Through the unification of existing labeled datasets and crowdsourced annotations of images
74 from CEM1.5M, we have created a similarly diverse labeled image dataset called *CEM-MitoLab*
75 for training ML/DL models. *MitoNet* is the model resulting from self-supervised pre-training on
76 CEM1.5M followed by supervised training on CEM-MitoLab. We show that MitoNet
77 outperforms other candidate datasets when tested on new and challenging benchmarks (we also
78 share these benchmarks). Finally, in line with our overall mission is to democratize these efforts,
79 we have created a Python package and napari plugin called *empanada*, which allows easy model
80 training and inference as well as prediction clean-ups for MitoNet and any other ML/DL models.

81

82 **Results**

83

84 *Dataset Collation*

85

86 The first step in creating this resource was the generation of a database of unlabeled EM images
87 of cells and tissues both for self-supervised model pre-training and as a source for sampling
88 images for mitochondrial annotation. We collected a total of 463 volume EM datasets, of which
89 352 were produced in-house at the Center for Molecular Microscopy (CMM) and 111 were
90 generated and publicly deposited by external sources. Datasets larger than 5 GB were randomly
91 cropped into 320 cubes of 256x256x256 (equaling 5 GB of unsigned 8-bit voxels) to limit their
92 overrepresentation. Smaller datasets were kept at their original dimensions. In total, this yielded
93 15,152 ROIs, corresponding to 338 GB. To these we added 5,390 2D EM images acquired at
94 comparable pixel samplings (traditional TEM and STEM images of stained and resin-embedded
95 biological samples), of which 1,738 images were from CMM, 2,261 were from the NCI electron
96 microscopy lab and 1,391 were from external sources. Lastly, 27 video files of volume EM data
97 from online publications were incorporated. Metadata and appropriate attribution were recorded,
98 where possible, for all datasets (**Supplementary File 1**). We then applied the data preparation
99 and curation pipeline previously developed in our work on the CEM500K dataset³⁸ to generate
100 approximately 1.5×10^6 2D image patches of 224x224 pixels. Patches from isotropic voxel
101 datasets were derived from xy, xz and yz planes. The curation pipeline removed near-duplicate
102 patches within each dataset before a neural network classified patches as “informative” or
103 “uninformative”, the latter of which were discarded.

104

105 Of the combined 490 volume and video datasets, we selected 478 for annotation. The excluded
106 volumes were those with pixel sizes greater than 40 nm or severe artifacts that likely would have
107 made accurate annotation impossible. 20 of the volumes had 2D or 3D ROIs with mitochondrial
108 instance segmentations (13 externally sourced; seven from CMM). The 3D segmentations were
109 cropped into 2D patches and combined with 3,289 previously generated in-house segmentations
110 of 2D data to form the “legacy” portion of the supervised dataset (see **Materials and Methods**).
111 For all the remaining volumes, which had no corresponding mitochondrial annotations, we
112 sampled patches for later manual segmentation. The overall curation process is outlined in

113 **Figure 1a.** Even with the 5 GB cap, the number of patches derived from each dataset within
114 CEM1.5M varied significantly (**Figure 1b**) such that a naïve random sampling would have
115 resulted in drastically oversampling the largest ones. Therefore, when picking annotation targets,
116 we chose a maximum of 15 random patches from every dataset. For large and heterogeneous
117 datasets this very sparse sampling likely misses some unique cellular contexts. However, we
118 decided that for testing our hypothesis and the release of these resources, this level of sampling
119 would adequately represent the data landscape while avoiding the time and labor cost of denser
120 annotation. For the 2D images in CEM1.5M, we circumvented unequal sampling by coarsely
121 grouping sets of 2D images together by known publication or imaging project (see **Materials**
122 **and Methods**). This resulted in the creation of 83 groups of 2D EM images. To compensate for
123 the possibility that groups may each represent multiple biological contexts, we selected a
124 maximum of up to 25 instead of 15 random patches.

125
126 At the end of data collation, we had 1,494,389 image patches for self-supervised pre-training,
127 and for supervised training, nearly 15,897 previously annotated images from legacy data and
128 5,841 images set aside for crowdsourced annotation. Unlike CEM1.5M and legacy data, which
129 were significantly imbalanced toward a few large datasets, the images set aside for annotation
130 almost evenly represented every volume EM dataset. During model training, weighted sampling
131 from datasets was used to correct for imbalance in the combined legacy and crowdsourced data,
132 see **Figure 1b, Materials and Methods**). The total 21,738 annotated images (of various sizes,
133 **Supplementary Figure 1a**) that constituted CEM-MitoLab contained 134,812 mitochondrial
134 instances and represented myriad pixel resolutions, imaging techniques, sample preparation
135 protocols, cells, tissues, and organisms (**Figure 1c-f, Supplementary Figure 1b**).

136
137 Our dataset consists exclusively of 2D images and favors a broad but superficial sampling of
138 very many cellular contexts. **Supplementary Figure 1c** shows a random sample of patches from
139 the Heinrich et al.,¹¹ and MitoEM²⁶ datasets, revealing a similar appearance across images. The
140 mitochondria also showed little variation in contrast (**Supplementary Figure 1d**), as may be
141 expected with the standardized sample preparation and imaging techniques used by these groups.
142 By eschewing 3D segmentation strategies, we were able to quickly annotate widely, building a
143 significantly larger and more heterogeneous dataset than the current alternatives. As a resource,

144 the CEM1.5M dataset can be used to build similarly diverse labeled datasets for other
145 downstream segmentation tasks.

146

147 *Crowdsourced Annotation*

148

149 We were inspired by the citizen science project Etch-a-cell¹⁵ on the Zooniverse platform, in
150 which thousands of volunteers annotated organelles like the nuclear envelope, mitochondria and
151 endoplasmic reticulum (ER) in a single or small number of volume EM reconstructions. To
152 create crowdsourced segmentations for mitochondria in CEM-MitoLab, we created a “private”
153 project on Zooniverse, where 34 students recruited from local high schools were briefly trained
154 to identify and annotate mitochondria in diverse and challenging EM images. **Supplementary**
155 **Figure 1c** demonstrates the difficulty of the task: The appearance of a mitochondrion depends
156 strongly on cell and tissue type, sample preparation and imaging approach. To give some 3D
157 context and help resolve ambiguous images and edge cases, we presented images extracted from
158 volumetric datasets as short “flipbooks” of five consecutive slices. For this task students were
159 instructed to only annotate the middle slice of the flipbook (screenshots of the user interface
160 shown in **Supplementary Figure 2a**). We also implemented three controls to enhance the
161 quality of annotations. First, a retirement limit of ten was set such that each image was annotated
162 independently by ten students, and not shown again. These ten annotations were combined to
163 form a consensus instance segmentation (see **Materials and Methods, Supplementary Figure**
164 **3**). Second, we asked annotators to rate their confidence in their annotation on a scale from 1 to 5
165 (where 1 was not at all confident and 5 was very confident). Third, all consensus annotations
166 were reviewed by at least two experienced CMM researchers to create the final ground truth
167 segmentation.

168

169 For this project, nine sets of 500-1000 images were uploaded to the Zooniverse platform over a
170 period of six months. These sets were organized into three groups with each group containing
171 patches from different 2D and 3D datasets. Group 1 contained a mixture of in-house and external
172 volume EM datasets, Group 2 contained in-house and NCI 2D datasets and Group 3 exclusively
173 contained in-house volume EM datasets acquired since the launch of the project. As a baseline,
174 and to test the annotation interface, the first two sets of images (referred to as Group 1a) were

175 annotated by seven experienced EM researchers, with an image retirement limit of five. The
176 remaining three sets of images in Group 1 (referred to as Group 1b) along with Group 2 and
177 Group 3 were annotated exclusively by students.

178
179 We found that the consensus annotations for mitochondria with clearly defined outer membranes
180 and cristae were often high-quality, especially at the pixel-level (**Figure 2a**). 39.6% of consensus
181 annotations required no corrections upon expert review, 12.5% required cosmetic pixel-level
182 corrections and the remaining 47.9% required some combination of pixel-level, false positive
183 and false negative corrections. Among this last set, the average correction added 3.7 false
184 negatives and removed 0.4 false positives per image. The total number of corrections for each
185 group of images are tabulated in **Supplementary Figure 2b**. Annotations in need of the most
186 corrections were often the result of systematic gaps in the annotators' knowledge. Such errors
187 were manifested as annotations with strong mutual agreements which nevertheless were far from
188 the expert-reviewed ground truth (**Supplementary Figure 2c**). Nevertheless, student annotation
189 performance as a whole improved over the course of the project. The students' first annotations
190 had much lower F1 scores measured at an intersection-over-union (IoU) threshold of 0.5
191 (F1@50) than experts (**Figure 2b**). By Group 3, the median student F1@50 scores had risen
192 from 0.57 to 0.72, and impressively, the top 50% of students achieved F1@50 scores that were
193 within the range of experienced annotator scores for Group 1a. This improvement occurred
194 despite the introduction of previously unseen cellular contexts in each group and may be
195 attributed to the heterogeneous data encountered earlier in the project. The improvements were
196 not uniform for all students and this was reflected by a widening range in annotator performance
197 with each new group of images. Seven of the 29 annotators (five dropped out before the last
198 group of images) actually did worse over time (**Figure 2b**).

199
200 Despite the variability in annotator quality, consensus annotations were always near or above the
201 75th percentile of annotators (**Figure 2b**). This underscores the effectiveness of acquiring
202 multiple independent annotations and applying a robust consensus algorithm. Although there was
203 a slight upward trend with increasing the limit for students, the gains in annotation quality
204 appeared to start leveling off after five or six regardless of the group of images being annotated
205 (**Figure 2c**). The lower limit of five for experienced annotators was sufficient to reach nearly

206 perfect annotations, with consensus scores reaching 0.9. With a retirement limit of ten for the
207 students annotators, we observed that the best consensus annotations on a per-image basis were
208 created by setting a vote threshold of five (i.e., at least five annotators must have agreed on the
209 label of a pixel for that label to be used in the consensus) (**Figure 2d**). This vote threshold also
210 achieved a reasonable balance between true positive, false positive and false negative detections
211 (**Supplementary Figure 2d**). While this vote threshold was set after evaluating results of Group
212 1, we subsequently observed that F1@50 over all mitochondrial instances that were annotated by
213 students, instead of over all images, was marginally higher at a threshold of three (**Figure 2d**).
214 However, even with a vote threshold of five for all consensus annotations, our approach created
215 each instance segmentation as accurately as possible, independent of number of mitochondria per
216 image.

217

218 Lastly, we hoped that self-reporting of annotation confidence could be used to filter out low-
219 quality predictions, instead we found this factor to be a poor proxy for annotation quality. While
220 there was an increase in average F1@50 with increasing confidence scores, there was also a wide
221 variance. Thus discarding “low confidence” annotations would have thrown out nearly as many
222 good as bad annotations. (**Figure 2e**). There was only a weak correlation ($r=0.322$) between an
223 annotator’s average reported confidence score and that annotator’s average annotation quality
224 (**Figure 2f**), suggesting different levels of baseline confidence within the student cohort. For
225 larger crowdsourced datasets where proofreading every annotation is infeasible, confidence
226 scores may still be useful as a guide for identifying annotations most likely to require correction.
227 Surprisingly, we also observed that there was no correlation ($r=-0.096$) between the number of
228 annotations a student completed and their average F1@50 score (**Figure 2g**). These findings
229 highlight the difficulty of gathering annotations from the public even with a motivated and
230 trained cohort. Future crowdsource projects may benefit from targeted coaching or
231 exclusion/weighting of lower-performing annotators. Time and resources must be invested to
232 teach the skills necessary for handling such tasks, and still, reliable and high-performing
233 annotators can only be identified after expert review and corrections over several rounds.

234

235 *Benchmark Datasets*

236

237 To assess how well models trained on the collected mitochondrial data might generalize to future
238 unseen images, we withheld six instance segmented volumes from the above pipelines. These
239 volumes were chosen to encapsulate a few different cellular contexts, mitochondrial
240 morphologies, and sample preparation protocols. Crucially, they also represented varying levels
241 of difficulty to help identify deficiencies in the training dataset, model architectures and
242 postprocessing algorithms. The six volumes, five of which were not previously annotated,
243 included conventionally fixed, heavy metal stained and resin-embedded samples (different
244 sample preparation protocols, and imaged independently) of fly³⁹ and mouse brain^{25,40} tissue,
245 glycolytic muscle tissue³⁵, mouse salivary gland, and a HeLa cell. The sixth volume was a high-
246 pressure frozen (HPF), freeze substituted *C. elegans* embryo specimen. The first three of these
247 were generated externally and the last three were generated in-house. Representative 2D images
248 and 3D renderings of mitochondria from each dataset are shown in **Figure 3a**. The mouse brain
249 volume was the test set from the commonly used Lucchi++ benchmark (we converted the
250 semantically segmented mitochondria to instance segmentation, see **Materials and Methods**).
251 This benchmark was useful to calibrate performance because there were established results for
252 comparison. Importantly, unlike prior research on this dataset, the entire Lucchi++ dataset was
253 excluded from our training data. Aside from the Lucchi++ benchmark, which was imaged at
254 isotropic 5 nm voxel resolutions, we intentionally chose or resampled the other volumes to have
255 intermediate resolutions (10-25 nm) in line with the most common resolutions in the training
256 dataset. In this range, mitochondria are generally still easy to identify on the whole but may be
257 small.

258
259 Each of the new benchmark volumes presented unique challenges. The mitochondria in the fly
260 brain volume were morphologically simple but appeared in two distinct variants: lightly stained
261 with poorly defined cristae and darkly stained with well-defined cristae (**orange and blue
262 arrows respectively**). The HeLa cell volume, in addition to being cluttered with subcellular
263 features such as Golgi, ER and a variety of vesicles, had areas of localized heavy metal
264 precipitation from sample preparation (**green arrow**). The *C. elegans* embryo volume has a
265 mixture of two mitochondrial morphologies that are difficult to segment: small puncta and
266 skinny tubules, with a small median cross-sectional radius of six voxels (**Figure 3b**). Moreover,
267 this volume also contained membranous organelles⁴¹ that might induce false positive detections

268 as they appear similar to mitochondria with swollen cristae at these resolutions (**yellow arrow**).
269 Finally, overall contrast was relatively lower, as expected for high-pressure freezing (HPF) and
270 freeze-substitution used in the sample preparation protocol. The glycolytic muscle volume had a
271 relatively uncluttered background but more complex and elaborate branched morphologies.
272 About a third of the mitochondria had more than one branch and ten had four or more long
273 branches, with the most branched mitochondrion having 11 (**Figure 3b**). The salivary gland
274 volume was by far the most challenging. Besides the unusual tissue context, the mitochondria
275 were weakly stained relative to the cytoplasm, which was packed with ER. Many mitochondria
276 were also flat or bowl-shaped and tightly pressed against and around acini (**red arrow**).
277 Especially difficult for accurate instance segmentation, mitochondria were closely packed
278 together with the boundaries of over 75% being within just five voxels of the next nearest
279 mitochondrion's boundary (**Figure 3b**).

280

281 *Instance Segmentation Algorithm*

282

283 For 2D instance segmentation of mitochondria, we adopted the Panoptic-DeepLab⁴² (PDL)
284 architecture. PDL is an encoder-decoder architecture, similar to the standard U-Net⁴³. As is
285 common for biological images, PDL employs a bottom-up approach to instance segmentation. A
286 key advantage of bottom-up algorithms is that they can segment an arbitrarily large number of
287 objects within a field of view, in contrast to top-down algorithms like Mask R-CNN⁴⁴ or
288 Mask2Former⁴⁵ that set limits on the number of objects. We trained PDL models to infer
289 mitochondrial semantic segmentations, centers and per-pixel x and y offsets from each center
290 (**Figure 4a**). To create semantic segmentations at resolutions higher than the input image
291 resolution, we also employed the PointRend⁴⁶ module. PointRend iteratively interpolates the
292 segmentation, identifies the most uncertain pixels, and then reevaluates the label for those pixels
293 to refine the segmentation (**Supplementary Figure 4**). Thus PointRend allows the model to
294 accept images that have been downsampled to lower resolutions – preferably in the 10-20 nm
295 range to match our labeled dataset – and output segmentations with crisp boundaries at the
296 original resolution without the need for a resolution-specific model architecture. Finally, the
297 semantic segmentation, offsets and object centers were merged into an instance segmentation
298 (**Figure 4a**) via a simple postprocessing algorithm (see **Materials and Methods**).

299

300 Next, we generalized the 2D instance segmentation algorithm to handle volume EM data. As
301 implemented, PDL did not track objects through an image stack. Instead, we matched objects
302 across consecutive slices by computing IoU scores between all pairs of instances and applying
303 the Hungarian algorithm⁴⁷. We observed that long mitochondrial instances in 2D were
304 sometimes erroneously split into multiple fragments. Since the Hungarian algorithm assumes a
305 1-to-1 matching, these fragments were left unmatched with an object in the preceding slice. By
306 computing intersection-over-area (IoA) scores we were able to identify fragments that were
307 enclosed by a larger object on the preceding slice. These were then merged to the label of that
308 larger object (**Figure 4b**). Since the matching algorithm relied only on consecutive slices, a false
309 negative detection on even a single slice could break the connectivity of that object in 3D. To
310 correct this, we used median within a short stack of the last 3, 5 or 7 recorded semantic
311 segmentation probabilities (**Figure 4c**) to infer the correct segmentation for the current slice. As
312 a final step, matching was performed in the reverse direction through the stack. This was
313 essential to correctly merge branched mitochondria (**Figure 4d**).

314

315 Optionally, for isotropic-voxel volumes, inference may be performed equivalently on images
316 from the xy, xz and yz planes. Following our previous work⁴⁸, we refer to this as ortho-plane
317 inference, although the same idea has been applied elsewhere^{15,49}. In this case, the outputs of
318 ortho-plane inference were three independent instance segmentations. We merged these into a
319 single consensus instance segmentation by applying the same algorithm used during
320 crowdsourcing (**Figure 4e**). In all experiments, unless otherwise noted, we applied ortho-plane
321 inference to isotropic-voxel volumes. Other model architectures and postprocessing algorithms
322 like watershed⁵⁰ could likely work comparably with the architecture presented here. Our design
323 decisions were heavily influenced by computational efficiency. We used simple run-length
324 encoding compression to represent all 2D and 3D instance segmentations. As a result, forward
325 and backward matching of instances and the consensus algorithm, which must process three
326 complete volumetric instance segmentations, was run on large datasets using minimal compute
327 resources. Such considerations are critical for ensuring that this tool can be adopted widely
328 within the EM community.

329

330 *Model training and evaluation*

331

332 Before training any models on the mitochondrial segmentations, we pretrained a ResNet50⁵¹
333 model on CEM1.5M using the SwAV⁵² self-supervised learning algorithm. This pretrained
334 model was employed as the encoder network in our experiments. Our best performing PDL
335 model was trained for 120 epochs on CEM-MitoLab (see **Materials and Methods**). Our results
336 showed that our model, MitoNet, was able to segment a variety of mitochondrial instances
337 accurately in both 2D and 3D (**Figure 5a, b**). Model performance was best on the brain tissue
338 datasets (fly brain and Lucchi++) with both semantic IoU and F1@75 scores of about 0.9 and
339 above (**Figure 5c**). Detailed performance metrics of MitoNet over all benchmarks are included in
340 Table 1. The high contrast, simplicity of mitochondrial morphologies, and relative homogeneity
341 of tissue ultrastructure in these datasets presented an easier challenge. The model also correctly
342 detected both the lightly and darkly stained variants of mitochondria in the fly brain volume as
343 described above. Strikingly, the F1@75 score of 0.88 achieved on the Lucchi++ test set by our
344 generalist model matched the result from models that were trained exclusively on the Lucchi++
345 training set⁵³. Moreover, we observed that all false negative detections at an IoU threshold of 0.5
346 were from small instances that were truncated at the edge of the volume (data not shown).

347

348 MitoNet performance on the HeLa and glycolytic muscle benchmarks was also strong even
349 though these datasets were more difficult. While semantic IoU scores still held within the 0.8-0.9
350 range, F1@75 scores were 0.50 and 0.60 respectively. For the HeLa benchmark, the model
351 successfully ignored most of the intracellular clutter that was expected to be challenging (**Figure**
352 **5a**). Mitochondria in the glycolytic muscle dataset had clearly defined membranes and cristae
353 that should make them easy to distinguish. That said, model performance was surprisingly good
354 given that no images of glycolytic muscle were present in the training dataset at all and only a
355 handful of images were from muscle tissue (mitochondrial ultrastructure is significantly different
356 depending on the oxidative state of muscle)⁵⁴. The lower F1 scores observed for instance
357 segmentation, despite good semantic segmentation, were evidence that individual mitochondria
358 were harder for our model and postprocessing to distinguish in these datasets. At an IoU
359 threshold of 0.5, we observed that over 75% of the false negatives in the HeLa volume and about
360 50% in the glycolytic muscle volume occurred for mitochondria within five or fewer voxels of

361 their nearest neighbor (**Supplementary Figure 5**). **Figure 5b** shows examples of the over
362 merging errors that our method was prone to make. It should be noted, however, that the model
363 still correctly detected 78% of the closely apposed mitochondria in the HeLa volume and 52% in
364 the glycolytic muscle, and performed well with branched mitochondria. As an example, aside
365 from one minor split, the model and postprocessing correctly handled a heavily branched
366 mitochondrion in the glycolytic muscle volume (**Figure 5b**, blue arrow).

367
368 The *C. elegans* dataset presented a number of challenges for our model. The mitochondria were
369 low contrast, and small and tightly packed together; this was made worse by the low pixel
370 sampling (24 nm). To get the best performance on this dataset we found that it was necessary to
371 use a lower vote threshold of only one plane for ortho-plane inference. With this lower vote
372 threshold, the IoU score increased to 0.60 from 0.42, though the F1@75 score was lower at 0.35
373 (still a substantial increase from 0.19). An IoU threshold of 0.5, the model failed to accurately
374 detect any mitochondria at that were smaller than 1,000 voxels, or $\sim 0.25 \mu\text{m}^3$, in size
375 (**Supplementary Figure 5**); such small instances accounted for about 25% of all false negatives.
376 The model also performed slightly worse on mitochondria with lower contrast (mean grayscale
377 of correctly identified mitochondria (True Positive), 75.9; wrongly missed mitochondria (False
378 Negative), 70.5, $p=3 \times 10^{-4}$). Supplementary Table 1 lists the mean mitochondrial parameters
379 corresponding to TP and FN detections across all benchmarks. Again, closely apposed instances
380 accounted for over 75% of all false negatives. A cluster of a few tightly packed mitochondria
381 could induce multiple false negatives and false positives – and rapidly decrease F1 scores – even
382 when the voxel-level segmentation appeared quite good (**Figure 5b**, black arrow). The model
383 did manage, however, to mostly avoid erroneously labeling the so-called membranous
384 organelles, but occasionally labeled some vesicles as mitochondria (**Figure 5a**).

385
386 On the most challenging of the benchmarks, the salivary gland volume, MitoNet achieved an IoU
387 score of just 0.1 and consequently negligible F1 scores. The unusual appearance and
388 morphologies of the mitochondria and abundance of ER made this benchmark extremely
389 difficult. Therefore, here we tested the ability of the model after minimal fine-tuning, i.e., after a
390 second round of training on a small subset of the volume's data. We extracted a small fraction of
391 ground truth data, 64 random patches of 224x224 pixels from this salivary gland dataset ($\sim 0.2\%$

392 of the total volume). Even with a very brief finetuning step of 500 iterations (~5 minutes on our
393 system), we achieved dramatically improved semantic segmentation quality with IoU increasing
394 to 0.65 (**Figure 5d**). F1@50 scores also improved, from 0.04 to 0.22. The lower F1 score overall
395 was because, uniquely among these benchmarks, a large fraction of the mitochondria in this
396 dataset were part of a network of closely apposed instances; our model and postprocessing
397 merged nearly all of these mitochondria into a single large instance (**Figure 5a, Supplementary**
398 **Figure 5**). However, we underscore an important point: Even when the generalist model fails on
399 a given dataset, it is still a strong starting point for training a specialized model, and can succeed
400 with a modest number of examples and compute power. The main challenges that remain for
401 these benchmarks appear to be the handling of small objects and tightly packed instances
402 (Supplementary Table 1). We found that instance branch length, measured in voxels, was not a
403 significant factor that led to false negative detection (**Supplementary Figure 5**), meaning that
404 MitoNet and our 3D postprocessing algorithms were able to track mitochondrial instances over
405 many slices of volume EM datasets without losing connectivity.

406

407 Finally, we directly probed the efficacy of CEM-MitoLab against other training datasets by
408 measuring performance of models across all benchmarks except the salivary gland volume. Since
409 each dataset included a different number of patches, for this experiment we trained all models for
410 approximately 10,000 iterations to control bias toward larger training datasets (the 120 epochs
411 used for MitoNet was the equivalent of about 40,000 iterations). The labeled datasets for training
412 included MitoEM²⁶ and Heinrich et al.¹¹, which were the largest and most heterogeneous
413 publicly available datasets, respectively, plus our legacy dataset and the crowdsourced dataset
414 both with and without proofreading. We found that the Heinrich et al. dataset was not useful for
415 our benchmark volumes, likely because of its small size and limited breadth. The model trained
416 on it achieved F1 scores of zero at all IoU thresholds and the highest IoU score was 1×10^{-3} on
417 the Lucchi++ benchmark. The model trained on MitoEM achieved respectable – but expected
418 since they were similar neuronal data – F1@75 scores of 0.86 and 0.75 on the fly brain and
419 Lucchi++ volumes, but scores of 0, 0.07, and 0.01 on the *C. elegans*, HeLa cell and glycolytic
420 muscle volumes. The average performance metrics over all benchmarks for MitoNet versions
421 trained on various annotated datasets is shown in Table 2.

422

423 Our legacy dataset, described above, was 5x larger than the crowdsourced dataset and reasonably
424 heterogeneous with data from 17 volumes, over 500 TEM images and over 2,000 small 2D
425 patches from CEM500K. Still, we observed that the model trained on this dataset had slightly
426 lower F1 and IoU scores than the model trained on the expert proofread crowdsourced data
427 (which excluded images in Group 1a). This surprising finding underscores how critical data
428 diversity is to training generalist models. A dataset of nothing but small 2D patches sparsely
429 sampled from numerous datasets was more effective on our benchmarks than any of the much
430 larger but somewhat less heterogeneous datasets. As a corollary to this finding, we observed that
431 the student consensus annotations, despite over 50% requiring some expert correction, yielded a
432 more general model than training on the MitoEM dataset. This suggests that even noisy and
433 inaccurate, but heterogeneous, labeled data contains enough training signal for a model to learn a
434 better representation of mitochondrial ultrastructure than could be achieved from large, high-
435 quality but homogeneous data.

436 Discussion

437

438 In this paper we have reported several resources for the growing volume EM community: a
439 highly heterogeneous $\sim 1.5 \times 10^6$ unlabeled cellular EM image dataset (CEM1.5M), a well-
440 described, large and heterogeneous dataset with instance labeled mitochondria (CEM-MitoLab),
441 a model trained on this dataset (MitoNet), a set of diverse benchmarks to test this and future
442 models, and a Python package and napari plugin (empanada) for immediate use of MitoNet.
443 Increases in throughput enabled by technological advances and the application of volume EM
444 techniques to a wider range of biological systems have exacerbated the segmentation and data
445 analysis bottleneck in the field. Recent DL-based results have been spectacular in narrow
446 contexts, but researchers risk getting stuck in the cycle of “manually label and train a model on a
447 sub-volume, run inference and polish on the full volume”. The models that result from such
448 workflows generalize poorly to unrelated datasets and are usually obsolete as soon as the
449 relevant segmentation is completed. With the ultimate aim of breaking out of this cycle and
450 creating reusable tools that benefit the community, we show that very broad but shallow
451 sampling of cellular contexts is a robust strategy to create general organelle segmentation
452 models. We present these datasets for use as-is or for future expansion or versioning for
453 specialized tasks. To this end, the organization and appropriate description of datasets is crucial.
454 We have created a simple and practical implementation of REMBI protocols⁵⁵ in the form of a
455 spreadsheet (**Supplementary File 1**) and have filled in metadata fields at minimum
456 corresponding to image descriptors and basic biological information, so that users can search this
457 release or future iterations of the dataset using metadata terms.

458

459 We made the important decision to forego 3D approaches, knowingly trading accuracy for
460 generalization and efficiency. Native 3D models are expected to perform better for instance
461 segmentation because of their expanded spatial context. However, it is exceedingly time-
462 consuming to generate sufficient annotation datasets to adequately train a model. For example,
463 our crowdsourced dataset of $\sim 6,000$ 2D labeled images is equivalent to roughly 30 3D labeled
464 images of the same size (224 pixels to a side). Choosing to create such a 3D dataset would have
465 left a great variety of contexts unsampled and would have excluded thousands of TEM and
466 STEM images. Here we attempted to thread the needle. We collected annotations in 2D but gave

467 annotators the extra context of a flipbook. We ran model inference in 2D but developed instance
468 matching, median filtering, and ortho-plane techniques to propagate and incorporate 3D
469 information. Moving beyond 2D will likely be necessary to achieve human-level annotation
470 quality on some volumetric datasets. Indeed, one use-case of MitoNet is that it can be
471 incorporated into human-in-the-loop workflows to rapidly produce 3D segmentations needed to
472 train this next-generation of models.

473
474 Regardless of dimensionality, our results demonstrate that heterogeneity is a central
475 characteristic for a training dataset. The version of MitoNet trained on noisy and often inaccurate
476 crowdsourced annotations from students was measurably better on our benchmarks than the
477 equivalent model trained on the much larger and expertly labeled MitoEM dataset (**Figure 5d**).
478 Still, proofreading the annotations for accuracy was necessary to achieve our best results. Getting
479 high-quality crowdsourced segmentations without expert intervention is challenging, even with
480 powerful tools like Zooniverse. Accumulating the knowledge necessary to recognize
481 mitochondria across many tissues, organisms and sample preparation protocols takes time and
482 training. Relatively few experienced annotators (3-5) are enough to create strong consensus
483 segmentations, meaning that broader expert participation in shared segmentation efforts would
484 be beneficial to the field.

485
486 The value of training data heterogeneity is only apparent when the test data is also
487 heterogeneous. There are few volume EM benchmarks, and those derived from connectomics
488 data are all quite similar to each other; possibly the best known of these, Lucchi++^{25,40} has now
489 been mined to the point that it is difficult to track improvements in DL performance^{25,53,56}, and
490 until this report, only one benchmark, MitoEM, provided instance segmentations. Our
491 benchmark with six instance segmented volumes aims to correct these deficiencies. It is still just
492 a small sampling of the entire cellular landscape, but appears to be the most stringent test
493 available, with a range of mitochondria, contexts, quality and overall difficulty. We suggest that
494 future benchmarks should comprise relatively small ROIs from many volume EM datasets to
495 best test generalization. Training and test datasets must also evolve to accurately measure
496 progress of automated solutions and prevent misleading reports of success.

497

498 Finally, at least within the volume EM field, we are acutely aware of the gap between research
499 groups that have ample resources and computational expertise, and smaller labs that do not. Most
500 groups deal with small, discrete, and one-off 3D reconstructions, so it is important to have tools
501 that are relatively easy to use and not compute heavy. We designed our Python package,
502 *empanada*, and the corresponding napari plugin, with this in mind. *Empanada* and the MitoNet
503 model are optimized for compute and memory efficiency and our plugin is easy to install and
504 use. Additionally, it can run on consumer-grade laptops without GPUs or on HPC clusters with
505 many. MitoNet can be incorporated into other established image analysis platforms and will
506 ideally give users a better model that can be quickly deployed or finetuned to meet their
507 segmentation needs. We did not focus on trying to get the absolute best architecture possible for
508 MitoNet and we hope and expect others will supersede our results. Rather, we used an efficient
509 architecture and postprocessing scheme that scales well to large images and images with very
510 many objects, as would be expected for mitochondrial instance segmentation in EM.

511

512 Volume EM has been suggested to be in the midst of a “quiet revolution” in cell biology⁵⁷. A raft
513 of papers in connectomics and in cell biology have revealed insights into a variety of systems by
514 enabling the high-resolution 3D imaging of cellular and subcellular features. These imaging
515 techniques record ultrastructural information in a largely unselective manner, meaning that the
516 data, once collected, need to be parsed out to extract features of interest for visualization and
517 analysis. This step, segmentation, must be accurate and precise to faithfully represent the
518 underlying biology and it must also be efficient to match the speed of data generation. Recent
519 developments in DL approaches show great promise, yet these tools can be held back by the lack
520 of large-scale and relevant data resources. In this report we directly address this problem as it
521 pertains to universal segmentation of mitochondria in EM images. With an eye towards creating
522 a universal mitochondrial model, we employ a strategy of sparse sampling of widely
523 heterogeneous datasets and show that the resulting model, MitoNet, when trained on these data,
524 yields promising results on challenging tasks. We release the resources to the community with
525 the hope that continued work on this approach will expand the EM segmentation toolkit and
526 further accelerate discoveries in this exciting field.

527

528 **Materials and Methods**

529

530 *Unlabeled dataset creation*

531

532 The expansion of CEM500K to create the CEM1.5M dataset followed the data standardization
533 and curation protocols presented in our previous work⁵⁸. External datasets were either
534 downloaded in their entirety or, for large datasets stored online in next generation file formats
535 (n5 or zarr), accessed either with the CloudVolume or fibsem-tools APIs. Any datasets larger
536 than 5 GB were randomly cropped into 320 cubes of 256x256x256 (equivalent to 5 GB). When
537 available, to ensure that the randomly chosen crops included cellular content and not empty
538 image padding or resin, a low-resolution overview image volume of the dataset was downloaded
539 and used to identify the extents of informative ROIs. Lastly, cellular EM images from videos
540 were converted to mrc files after removing all frames that showed non-EM content. Metadata,
541 and proper attribution, for each dataset following REMBI⁵⁹ standards is available in

542 **Supplementary file 1.**

543

544 In-house 2D EM images were collected from the National Cancer Institute's Electron
545 Microscopy Laboratory database. The database included over 2×10^5 TEM images. A sample of
546 5,000 images with magnifications between 1000x (~16 nm) and 3000x (~6 nm) that excluded
547 negative stain and immunogold label images was randomly selected. This sample represented the
548 output of collaborations with 76 NIH investigators from over the last 12 years. Metadata for each
549 image was limited. Therefore, images were grouped by investigator before further sampling.
550 Additionally, seven more groups of 2D STEM images were added from previous in-house
551 imaging projects; because metadata was available for these images they were grouped by
552 biological context and not investigator.

553

554 *Zooniverse Workflow*

555

556 Our Zooniverse workflow closely approximated the Etch-a-cell project¹⁵. Patches in the
557 CEM1.5M dataset extracted from volume EM images were reconstructed into short "flipbooks"
558 (tif stacks of five consecutive images of 224x224), where each patch from the CEM dataset was

559 the center image (the adjacent patches were typically filtered out by the CEM deduplication
560 pipeline). Before uploading to Zooniverse each flipbook had its 8-bit intensity range rescaled
561 from 25 to 235 and was interpolated to a size of 480x480 for easier viewing. For 2D images,
562 crops of 512x512 were used. Intensity was rescaled to the same range as the flipbooks but no
563 resizing was performed.

564

565 The first two sets of images uploaded to Zooniverse (Group 1a) had an annotation retirement
566 limit of five (i.e., every image was annotated independently by five people) and were annotated
567 by a mixture of lab members familiar with cellular EM and inexperienced student annotators.
568 Consensus annotations from these sets only used annotations from experts; the students'
569 feedback on the project helped refine the Zooniverse tutorials and interface. For all remaining
570 sets, which were annotated entirely by an expanded cohort of students, the retirement limit was
571 set to ten. For the first two of these sets, 5-10% of images were annotated by a team of at least
572 three EM experts. These “gold-standard” annotations were used to measure the performance of
573 the student annotators and to provide them with training examples via a Google CoLab
574 notebook. Later, as the students' annotations became more accurate, the non-proofread
575 consensus annotations were shared. In addition to this, feedback via the Zooniverse message
576 channel and a formal instruction session was used to review challenging examples and explain
577 common mistakes.

578

579 *Consensus annotation algorithm*

580

581 The input to the algorithm was a set of \mathbf{N} annotations (the retirement limit) containing \mathbf{K}
582 mitochondrial detections. An undirected graph was initialized where each node corresponded to
583 one of the \mathbf{K} detections. Pairwise bounding box IoU scores were calculated for all detections to
584 form a \mathbf{KxK} matrix. For all pairs of detections with non-zero bounding box intersections, pixel-
585 level mask IoU scores were calculated. Edges were added to the graph to connect detection
586 nodes with mask IoU scores that exceeded a small threshold value of 0.1 (the same algorithm,
587 when applied during ortho-plane inference, used a threshold of 0.01). The resultant connected
588 components in the detection graph were processed independently to determine the consensus
589 object instances.

590

591 Nodes in a connected component were organized into cliques where all detections within a clique
592 had IoU scores greater than 0.75. An iterative algorithm was then applied to determine whether
593 cliques should be merged or remain split. First, the clique whose detections shared the most
594 edges with other cliques, i.e. the most connected clique, was selected (node C in Supplementary
595 Figure 3 ii, A in 3 iii). Second, if any of the most connected clique's neighbors contained more
596 detections, then the most connected clique was dissolved and its detections were pushed out to
597 each of its neighbors (Supplementary Figure 3 iv). Otherwise, all the most connected clique's
598 neighbors were dissolved and their detections were pulled in by the most connected clique
599 (between B and D in Supplementary Figure 3 iv, and B and C into A in 3 v). These two steps
600 were repeated until no cliques had outgoing edges. Each clique represented a segmented object
601 instance. The detection masks within a clique were added together to form an image where each
602 pixel had a value from 1 to N denoting the number of annotators who labeled it. A vote threshold
603 of 3 when the retirement limit was 5 or 5 when the retirement limit was 10 was applied to create
604 the final binary instance mask. In cases where there was weak instance-level consensus between
605 annotators, the binary instance masks from separate cliques within the same connected
606 component could have non-trivial overlaps with each other. If these overlaps resulted in IoU
607 scores greater than 0.1 between binary instance masks, then those masks were combined into a
608 single mask. In the final consensus instance segmentation, all non-zero binary masks were
609 assigned new labels and merged. A schematic of this algorithm is shown in **Supplementary**
610 **Figure 3**. In summary, this algorithm assumed that the most connected clique at each step
611 roughly corresponded to a maximally merged instance. When one of this clique's neighbors
612 contained more detections, this implied that more votes were in favor of splitting than maximal
613 merging. Pushing the most connected clique to its neighbors ensured that no detections were
614 deleted before being counted towards the final pixel-level majority vote. Conversely, when the
615 most connected clique had the most detections, this implied that more votes were in favor of
616 maximal merging and therefore all detections in neighboring cliques were pulled into the most
617 connected clique.

618

619 *Proofreading*

620

621 Once all images in a set were retired, a consensus strength and instance segmentation were
622 calculated for each. The consensus strength was the average F1@50 score of each individual
623 annotation relative to the consensus instance segmentation. Lower consensus strengths indicated
624 greater disagreement between annotators. Next, all images and instance segmentations were
625 ordered by consensus strength and stacked into a single tif file for later proofreading. If the set
626 used flipbooks, then the images and their consensus instance segmentations were resized from
627 480x480 back to their original sizes. Padding was added as needed to ensure that all images in
628 the stack had the same dimensions. Typically, the single proofreading stack was split into chunks
629 of 40-50 images/flipbooks such that multiple experts could perform proofreading in parallel.
630 Proofreaders were instructed to emphasize the correction of false positive and false negative
631 detections over fine-grained instance boundary corrections. Annotations in each chunk of images
632 were verified by a second proofreader and disagreements were discussed and resolved by at least
633 three proofreaders. 3D Slicer⁶⁰ was used to visualize and correct annotations. The chunks of
634 proofread images and annotations were again combined into a single large stack. Every image, or
635 every third image for flipbooks, and corresponding instance segmentation was stored as a tiff
636 image with any padding cropped out. Importantly, all annotations were passed through a
637 connected components filter to guarantee that there were no disconnected instances.

638

639 *Training dataset creation*

640

641 The training dataset included all consensus annotations gathered from Zooniverse as well as the
642 legacy data. The latter included annotations from publicly available mitochondrial segmentation
643 benchmarks (Kasthuri^{25,61}, Guay³⁰, UroCell⁶², MitoEM²⁶, Heinrich et al.¹¹ and Perez et al.²⁹)
644 and previous in-house projects. Of the benchmark datasets, only the MitoEM benchmark had
645 individual instances labeled; instance segmentations for all others were generated manually after
646 applying a connected components filter. In-house annotations for various unrelated projects
647 included 11 volume EM image reconstructions (see **Supplementary File 1**) as well as 529 TEM
648 images and 2,231 image patches from the CEM500K dataset. None of these images were derived
649 from any of the above, or from benchmark datasets. The 11 volume EM images had previously
650 been annotated by a different deep learning model and then manually corrected, while all the 2D
651 images were manually annotated from scratch. Legacy volume EM images and instance

652 segmentations were cropped into patches of 512x512 and passed through the deduplication and
653 filtering pipeline from CEM500K⁵⁸ to remove redundant and uninformative patches. Patches
654 from isotropic voxel volumes were taken from xy, xz and yz planes while patches from
655 anisotropic volumes were taken from xy only. For external data comprising the legacy datasets,
656 all images were used as-is, except: prior to cropping patches, the MitoEM-H and MitoEM-R
657 volumes were binned by a factor of two in x and y (from 8 nm to 16 nm pixels), and all Heinrich
658 et al. images were downloaded at 8 nm resolution.

659

660 *Benchmark dataset creation*

661

662 Four of the six benchmark volume EM datasets were independently annotated by ariadne.ai
663 (HeLa cell, C. elegans, fly brain, salivary gland). The glycolytic muscle³⁵ dataset was binned by
664 a factor of 2 in all dimensions (from 9 nm to 18 nm voxels) and then automatically annotated by
665 a deep learning model that was trained solely on patches from the volume, and then manually
666 corrected. The remaining benchmark is derived from the Lucchi++^{25,40} benchmark. First, the 2D
667 images and labelmaps were stacked to form volumes. Then, the binary mitochondrial labelmaps
668 were converted to rough instance segmentations by applying a connected components filter and
669 then manually corrected to derive the final instance segmentation.

670

671 Not only were all benchmark volumes excluded from both CEM1.5M and crowdsourced
672 annotation, **we also excluded** any images related to them to rigorously test generalization,
673 **Supplementary Figure 6**. OpenOrganelle³⁹, which was the source of the fly brain benchmark,
674 included multiple volumes of fly brain tissue from different brain areas. We chose the
675 “Drosophila brain: Fan-shaped body” volume and excluded the “Drosophila brain: Entire alpha
676 and alpha' lobes of a mushroom body” and “Drosophila brain: Accessory calyx” volumes. For
677 the C. elegans volume, a related FIB-SEM and STEM dataset were excluded. And lastly, for the
678 Lucchi++^{25,40} benchmark, the Lucchi++ training set was excluded.

679

680 *Benchmark datasets measurements*

681

682 Mitochondrial volumes were calculated by trivially counting the number of voxels per instance.
683 Minimum distances between neighboring mitochondria were calculated by computing the
684 distance transform of each instance's complement (i.e., set of all voxels not inside the instance).
685 These results were stored in a new volume (called "distance volume") where each voxel was
686 updated to the minimum distance calculated so far from all the measured complements at that
687 location. The minimum distance to a mitochondrion's nearest neighbor was then the minimum
688 value enclosed by that instance in the distance volume. Branch lengths and cross-sectional
689 diameters were calculated by first skeletonizing⁶³ each mitochondrion and computing its distance
690 transform. Branches shorter than 60 nm were pruned. Lengths were simply the number of voxels
691 in each branch, and the mean cross-sectional diameter was the average of all values in the
692 distance transform that overlapped with the skeleton.

693

694 *CEM1.5M Pretraining*

695

696 Unsupervised pretraining followed the SwAV algorithm⁶⁴. A ResNet50⁶⁵ model was trained for
697 200 epochs with a batch size of 256. All other hyperparameters used the default values defined in
698 <https://github.com/facebookresearch/swav>. Image augmentations included 360-degree
699 rotations, randomly resized crops (following SwAV defaults), brightness and contrast jitter,
700 random Gaussian blur and noise, and horizontal and vertical flips. To correct for the imbalance
701 in the number of patches per dataset, weighted random sampling was applied. Weights per
702 dataset were calculated by:

$$w_i = \frac{n_i^{-\gamma}}{\sum_{j=1}^N w_j}$$

703 γ was a float from 0 to 1, n_i was the number of patches from the i^{th} dataset, and N was the total
704 number of datasets. Each patch was assigned a sampling weight based on its source dataset.
705 When $\gamma = 0$, patches from all datasets were sampled with the same probability (true random
706 sampling) and when $\gamma = 1$ the sampling was perfectly balanced between datasets. During
707 pretraining we set $\gamma = 0.5$ (i.e., the square root of the number of patches per dataset).

708

709 *Deep learning model architecture*

710

711 The model was based on Panoptic-DeepLab⁴² (PDL). In brief, PDL is an encoder-decoder style
712 network that uses atrous spatial pyramid pooling (ASPP) to integrate features that occur over
713 multiple scales. A ResNet50 encoder, pretrained as detailed above, was used in all experiments
714 unless otherwise noted. To preserve more spatial information, strides in the last downsampling
715 layer were replaced with dilation such that the output from the encoder was 16x smaller than the
716 input (compared to 32x smaller with strides). The baseline model configuration included two
717 ASPP modules and decoders; one for semantic segmentation prediction and the other for
718 instance center and offsets prediction. Since input patches used during training were just
719 256x256, the dilation rates in the ASPP modules were set to 2, 4 and 6 with 256 channels per
720 convolution and dropout with probability 0.5 applied to the output. The semantic and instance
721 decoders each had a single level at which the output from the first layer in the encoder (4x
722 smaller than the input image) was fused via depthwise separable convolution with the
723 interpolated output from the ASPP module. Following the standard for PDL, the convolution
724 channels in the instance decoder were half of those in the semantic decoder (16 compared to 32).
725 The semantic segmentation, instance center and offset heads used a single depthwise separable
726 convolution with kernel size of 5.

727

728 *PointRend*: During training, the semantic segmentation logits predicted by PDL were upsampled
729 by a factor of 4 to the original image resolution and then refined for a single step by the
730 PointRend⁶⁶ module. For a batch of images, a set of 3,072 points were randomly sampled from
731 anywhere within the dimensions of the images and the segmentation logits were evaluated at
732 these points. From these sampled logits, 1,024 were selected for each image where 25% of the
733 logits were randomly chosen and the other 75% were the logits with the smallest absolute values.
734 The same 1,024 points were also used to sample features from the semantic decoder output.
735 Sampled features and logits were concatenated and fed through a three-layer fully connected
736 network. When evaluating the loss, the 1,024 points were also used to sample the ground truth
737 semantic segmentation. Loss was calculated as the (binary) cross-entropy between the sampled
738 and refined logits and the sampled ground truth. During evaluation, two refinement steps were
739 applied with the semantic segmentation logits being upsampled by a factor of 2 at each step.
740 Points corresponding to the center of all logit pixels were used to sample the logits. From these,
741 points corresponding to the 8,192 logits with the smallest absolute values were selected. The

742 logits and semantic decoder output were sampled at these points and passed through the fully
743 connected network. The refined logits then replaced the unrefined logits in the upsampled
744 segmentation. Since the number of sampled points was fixed, the cost of running PointRend
745 refinement was approximately constant with respect to the size of the input.

746

747 *Model training parameters*

748

749 The overall loss function during training was:

$$\mathcal{L} = \mathcal{L}_{sem} + \alpha * \mathcal{L}_{center} + \beta * \mathcal{L}_{offset} + \gamma * \mathcal{L}_{pr}$$

750 α, β, γ were constants used to weight the relative contributions of each loss and were set to 200,
751 0.01 and 1. \mathcal{L}_{sem} was the semantic segmentation loss computed as the bootstrapped (binary)
752 cross-entropy where only the top 20% of largest cross-entropy values were averaged across a
753 batch. \mathcal{L}_{center} was the instance center regression loss and \mathcal{L}_{offset} was the center offset loss
754 calculated as mean squared error and absolute error (L1), respectively. \mathcal{L}_{pr} was the PointRend
755 loss calculated as the (binary) cross-entropy.

756

757 All models were trained using the One Cycle learning rate policy⁶⁷ with AdamW⁶⁸. The max
758 learning rate was set of 0.003 with weight decay of 0.1 and momentum was cycled from 0.85 to
759 0.95. Learning rate warmup lasted for the first 30% of training epochs. Weighted sampling of
760 patches from datasets was implemented as above ($\gamma = 0.3$ here) to correct for overrepresented
761 datasets in CEM-MitoLab. Image augmentations included large scale jitter⁶⁹, where images were
762 zoomed in by a maximum of 2x and zoomed out by a maximum of 10x, random cropping to a
763 256x256 patch, 360-degree rotations, brightness and contrast adjustments and vertical and
764 horizontal flips. Like CEM1.5M pre-training, images were selected from datasets based on
765 weighted sampling. Unless otherwise noted, $\gamma = 0.3$ was used for all training runs.

766

767 *Panoptic-DeepLab Postprocessing*

768

769 First, values in the instance center heatmap that were less than the center confidence threshold
770 (0.1 in all experiments) were zeroed. Non-maximum suppression with a kernel size of 7 was
771 applied to filter out peaks in the heatmap that occurred within the same 7x7 grid. The non-zero

772 coordinates that remained in the heatmap were extracted. Next, the instance center offsets were
773 added to their absolute (x, y) positions within the image such that all pixels belonging to the
774 same object ought to be equal to the coordinate that defines the center of that object. The
775 Euclidean distance between this map of each pixel's corresponding object center and the centers
776 extracted from the heatmap were used to group pixels into instances. The index of the center
777 with the minimum distance at each pixel was adopted as the instance label for that pixel. After
778 applying the sigmoid activation to get probabilities from the semantic segmentation logits and
779 hardening the result over a threshold, the instance labels and semantic segmentation were merged
780 to form the final panoptic segmentation.

781

782 *Stack instance matching*

783

784 To match object instances between consecutive slices in a 2D stack, intersection-over-union
785 (IoU) scores were first calculated between instance bounding boxes. Second, for each pair of
786 instances with non-zero bounding box IoU, a mask IoU was calculated and stored in a matrix of
787 size $K \times N$, where K is the number of instances in slice j and N is the number of instances in slice
788 $j+1$. At this stage, mask intersection-over-area (IoA) scores were also calculated and stored in a
789 separate $K \times N$ matrix. The Hungarian algorithm⁴⁷ was then applied to the mask IoU matrix to
790 determine the assignment of instances in slice j to instances in slice $j+1$ that maximized the total
791 IoU. Any unassigned instances in slice $j+1$, or assigned instances with IoU less than a threshold
792 value (IoU threshold), were considered unmatched. Unmatched instances with a IoA score
793 greater than a threshold value (IoA threshold) were matched to the instance in slice j with which
794 they shared the highest IoA. The remaining unmatched instances were assigned new labels in the
795 stack. After forward matching (i.e., from slice j to slice $j+1$) was completed for all images in the
796 stack, a backward pass of matching was conducted (i.e., from slice j to slice $j-1$). No new labels
797 were assigned in the stack during the reverse pass.

798

799 *Benchmark Set Inference*

800

801 Ortho-plane inference⁴⁸ on xy , xz and yz planes was applied to each volume in the benchmark
802 test set. During inference over each plane, semantic segmentations were generated from the

803 median probabilities within a short queue of previous and subsequent segmentation results. A
804 queue length of 3 was used for the *C. elegans* and fly brain volumes, 5 for the HeLa and
805 glycolytic muscle volumes and 7 for the Lucchi++ and salivary gland volumes. These queue
806 lengths roughly track with voxel size (in nm) such that smaller voxels corresponded to longer
807 queues. Median probabilities were hardened at a confidence threshold of 0.3. Since mitochondria
808 were never occluded in any of our benchmark volumes, mitochondrial instances on each 2D slice
809 were required to be connected components. Instance matching across slices used IoU and IoA
810 thresholds of 0.25. After a forward and backward matching pass, a simple size and bounding box
811 extent filter were applied to eliminate likely false positives. The minimum object size was set at
812 the 5th percentile of mitochondrial volume for each benchmark while the minimum bounding box
813 extent was fixed at eight voxels for all datasets. Finally, the same algorithm that was used to
814 generate consensus segmentations during crowdsourced annotation was applied to ensemble the
815 three segmentation stacks created by ortho-plane inference (**Supplementary Figure 3**). A clique
816 IoU threshold of 0.75 was used for all volumes and a vote threshold of 2 out of 3 was used for all
817 benchmarks except the *C. elegans* and salivary gland volumes. For those a vote threshold of 1
818 out of 3 was used. This was in response to the relatively low consensus strength between each
819 stack and the final ortho-plane result. Lowering the threshold gave a significant increase in
820 performance on the *C. elegans* volume and a modest increase for the salivary gland volume.

821

822 *Salivary gland finetuning*

823

824 The salivary gland volume was first cropped into patches of 224x224 and then deduplicated and
825 filtered (see *Training dataset creation* section above). 64 patches (~0.2% of the volume) were
826 randomly selected from the filtered subset and set aside as the finetuning training set. The best
827 performing segmentation model was retrained on the finetuning training set for 500 iterations
828 using the same parameters outline in the *Model training parameters* section above.

829

830 *Benchmark Evaluation*

831

832 Ground truth instance segmentations were stored in json files where each entry contained an
833 instance id, bounding box and run-length encoded segmentation. Equivalent json files were

834 created for all predictions. Instances between the ground truth and prediction were assigned as
835 matches using the Hungarian algorithm to maximize IoU over all possible pairs of instances. In
836 addition to the F1, IoU, and PQ scores reported in results, average precision (AP) scores for
837 future comparison.

838

839 *Test Set Evaluation by Training Dataset*

840

841 To prepare datasets for fair comparison, the MitoEM and Heinrich et al. ground truth ROIs were
842 sliced to 2D images. Since the MitoEM volumes were large and anisotropic, patches of size
843 512x512 were cropped from xy slices only. The Heinrich et al. volumes being small and
844 isotropic were cropped into patches of 224x224 or smaller from xy, xz and yz planes. As above,
845 mitochondrial instances were relabeled on each 2D slice to guarantee that they were connected
846 components. All models were trained for approximately 10,000 iterations.

847

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849

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865

866

867

868 **Figure Legends**

869

870 **Figure 1: Creation of a diverse and representative dataset for mitochondrial instance**
871 **segmentation. a.** Schematic of the data curation pipeline. Volume EM reconstructions and 2D
872 EM images were curated⁵⁸ to create CEM1.5M, an unlabeled dataset of $\sim 1.5 \times 10^6$ image
873 patches used for self-supervised pretraining. Approximately 6,000 randomly sampled patches
874 from CEM1.5M (green) were uploaded to the Zooniverse platform for crowdsourced annotation.
875 These, and 16,000 randomly selected patches from previously labeled data (legacy annotations,
876 red) were combined to form the supervised mitochondrial training dataset CEM-MitoLab. **b.**
877 Lorenz plots for CEM1.5M (blue, Gini coefficient = 0.802), crowdsourced data (green, 0.209),
878 legacy data (red, 0.840), CEM-MitoLab (dashed gray, 0.686). Black line, perfect equality in
879 distribution (Gini = 0). **c.** Distribution of imaging plane pixel sizes for volume EM images in
880 CEM-MitoLab. The dashed lines denote pixel sizes for 2D EM images in the dataset. **d.** Imaging
881 technique, **e.** Source organism, **f.** Source tissue (vertebrates only, *in vitro* cells grouped under
882 Not Defined) of datasets in CEM-MitoLab (n=478).

883

884 **Supplementary Figure 1: a.** Distribution of longest image side in pixels for patches in the
885 supervised mitochondrial dataset, CEM-MitoLab. **b.** Breakdown of isotropic versus anisotropic
886 data (left) and sample fixation method (right) in source datasets that make up CEM-MitoLab **c.**
887 Random selection of image patches from CEM-MitoLab (left), Mito-EM (middle) and Heinrich
888 et al **d.** Comparison between 2D mitochondrial instance label maps in CEM-MitoLab (blue),
889 MitoEM (purple) and Heinrich et al. (pink) labeled datasets, with respect to (left to right) area in
890 pixels, contrast, eccentricity, perimeter to area ratio, and clustering.

891

892 **Figure 2: Crowdsourced annotation of CEM-MitoLab. a.** Ground truth (top left), consensus
893 annotation (bottom left) and ten independent student annotations of an image showing high
894 degree of consensus. **b.** Instance segmentation quality measured by F1@50 over time. Left,
895 Group 1a (expert annotation), 1b, 2, 3 (students). Blue dots, individual scores, pink, consensus
896 score, box denotes median, 25th and 75th percentile. Right, change in individual annotator
897 performance over time. **c-f** Instance segmentation quality measured by F1@50 plotted against **c.**
898 Increase in retirement limit. Blue, purple, student scores (retirement set at 10); green, expert

899 score (retirement set at 5), **d.** Vote threshold. Blue, F1 per instance; pink, F1 per image; dashed
900 line, vote threshold of 5 chosen for consensus calculation, **e.** Self-reported confidence score over
901 all instances (connected line, average F1), **f.** Student mean confidence score, **f.** Number of
902 images annotated by each students.

903

904 **Supplementary Figure 2: a.** Screenshots from Zooniverse project, showing the crowdsourc
905 annotation user interface **b.** Total count of instance False Positive and False Negative errors
906 made by student annotators. **c.** Ground truth (top left), consensus annotation (bottom left) and ten
907 independent student annotations of an image showing a low degree of consensus; the all-or-
908 nothing pattern suggest differences in individual knowledge or experience. **d.** Trends of true
909 positive (blue), false positive (red), false negative (green) for total instances of mitochondria,
910 plotted against vote threshold. A threshold of 5 was chosen for consensus calculation.

911

912 **Supplementary Figure 3. Example of consensus algorithm splitting and merging instance**
913 **votes to create accurate consensus label maps.** See Materials and Methods for details.

914

915 **Figure 3: Challenging and diverse benchmarks for evaluating automatic instance**
916 **segmentation performance. a.** 2D representative images (left) and 3D reconstructions (right)
917 for the benchmark test sets. From top to bottom: *C. elegans*, Fly brain, HeLa cell, Glycolytic
918 muscle, Salivary gland, Lucchi++. Yellow arrow, membranous organelle, orange and blue
919 arrows, lightly and darkly stained mitochondria, green arrow, heavy metal precipitate, red arrow,
920 mitochondrion and tightly apposed salivary granule in the acinus **b.** Comparison of individual
921 mitochondria and box plots across benchmarks by (top to bottom): volume, branch length, cross-
922 section radius, minimum distance to neighbor (all in voxels) and contrast. Pink, *C. elegans*
923 n=241; yellow, Fly brain n=91; green, HeLa cell n=68; teal, Glycolytic muscle n=104; blue,
924 Salivary gland n=131; purple, Lucchi++ n=33.

925

926 **Figure 4: Deep learning model and postprocessing pipeline to create 2D or 3D instance**
927 **segmentations. a.** Schematic of Panoptic-DeepLab. A grayscale image (left) is passed through
928 the model architecture: blue boxes denote outputs from the encoder layers, black boxes output
929 from atrous spatial pyramid pooling (ASPP) layers, gray boxes output from decoder layers.

930 Outputs of the network are (left to right) semantic segmentation, up-down offsets, left-right
931 offsets and instance centers. Far right, instance segmentation created from the outputs. **b.**
932 Instance matching across adjacent slices with partially overlapping segmentation uses
933 intersection-over-union (IoU) and intersection-over-area (IoA) scores. Top row: predicted
934 segmentation of slice j (left), $j+1$ (right), bottom row: IoU only merging (left), IoU and IoA
935 merging (right). **c.** Merging of labels with completely missing segmentation uses a median
936 prediction over 3-7 stacks, in direction of black arrow, depending on size of gap **d.** From top to
937 bottom: Stacked 2D segmentations before matching, after forward matching only and after
938 forward and backward matching, to merge falsely split mitochondria. Black arrows denote
939 direction of matching. **e.** An example of 3D instance segmentation of mitochondria after running
940 inference in (left to right) xy , xz , and yz directions, and far right, merged instance segmentation
941 after combining inferences from orthogonal planes.

942

943 **Supplementary Figure 4.** Example image showing difference in semantic segmentation borders
944 of closely apposed mitochondria, after linear interpolation (top) or PointRend (bottom). Blue
945 dots, PointRend sampling locations.

946

947 **Figure 5. MitoNet results on benchmarks.** **a.** Representative 2D images showing MitoNet
948 segmentation performance. Top to bottom: *C. elegans*, Fly brain, HeLa cell, Glycolytic muscle,
949 Lucchi++, Salivary gland before model finetuning, Salivary gland after model finetuning. **b.**
950 Representative ground truth and predicted segmentations from MitoNet. Red and green,
951 predicted mitochondrial instances, blue and orange, ground truth instances. Blue arrow, highly
952 branched mitochondrion, black arrow, example of segmentation expected to return a high IoU
953 but low F1 score. **c.** Left, MitoNet F1score on each of the benchmarks as a function of IoU
954 threshold; right, IoU scores **d.** Left, comparison of mean F1 score for models trained on different
955 datasets plotted against IoU threshold, right, comparison of mean IoUs achieved by models
956 trained on various datasets. All benchmarks except the salivary gland are included.

957

958 **Supplementary Figure 5. Analysis of True Positive and False Negative detections by**
959 **MitoNet on benchmarks, grouped by different mitochondrial attributes.** Top to bottom:
960 mitochondrial volume, minimum distance to nearest neighbor, branch length, branch mean cross-

961 sectional diameter (measurements by voxel) and mitochondrial contrast. Branch length and cross
962 section plots exclude the Lucchi++ benchmark, as the branches for these mitochondria were
963 shorter than the pruning threshold. Fine tuned model results are plotted for salivary gland.

964

965 **Supplementary Figure 6. Representative images of datasets that were excluded from**
966 **CEM1.5M and CEM-MitoLab datasets, in order to maintain integrity of the test set.**

967 Images to the left of the black line are volumes in the test set (fly brain, C. elegans and
968 Lucchi++). Images to the right show datasets that were excluded because they were considered
969 too similar to the benchmarks.

970

971 **Supplementary Figure 7. Screenshot of the napari plugin empanada.**

972

973 **Table 1: Performance metrics of MitoNet across benchmarks. AP, Average Precision, PQ,**
974 **Panoptic Quality**

975

976 **Table 2: Average performance of MitoNet versions pre-trained on CEM1.5M but trained**
977 **on various annotated datasets**

978

979 **Supplementary Table 1: Average mitochondrial measurements for true positive, false**
980 **negative MitoNet predictions across various benchmarks.**

981

982

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Figure 1

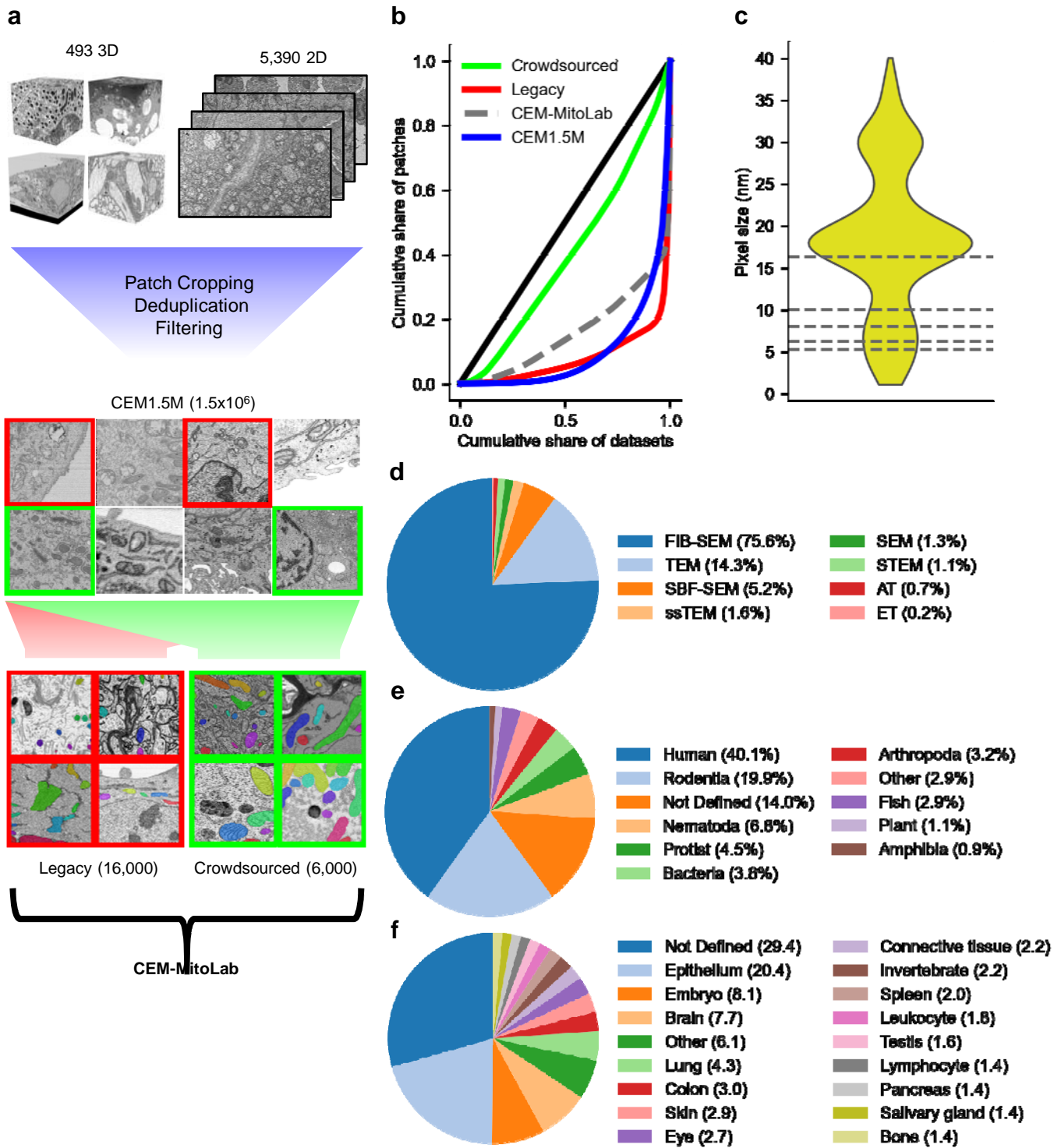
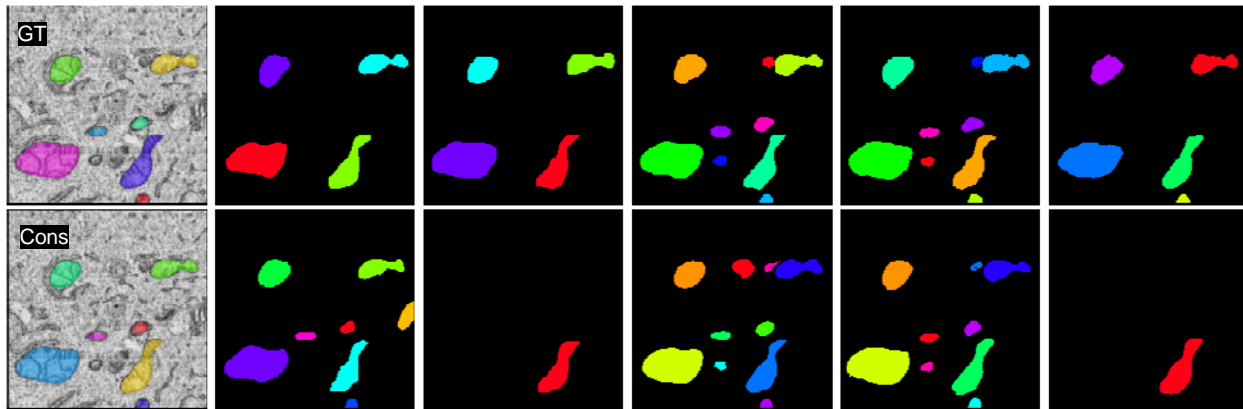
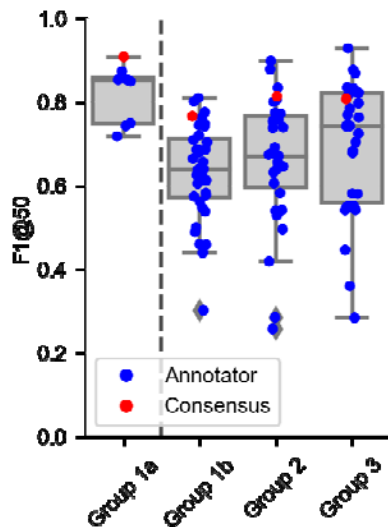


Figure 2

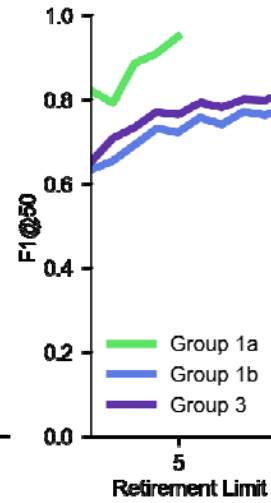
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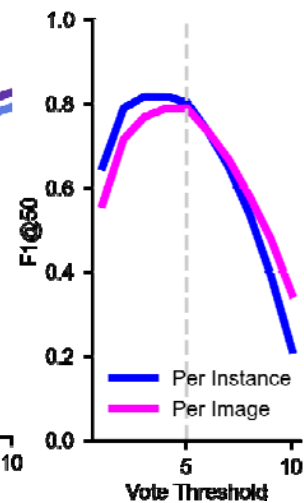
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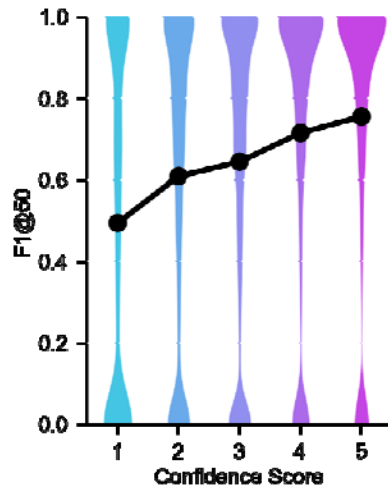
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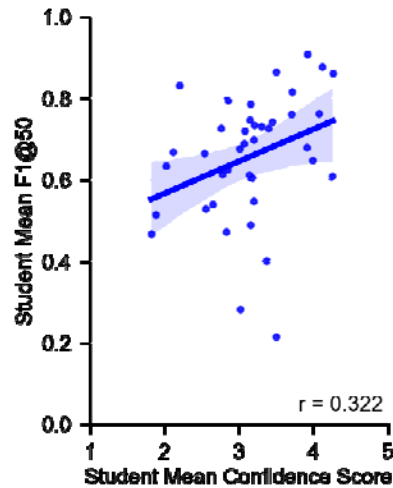
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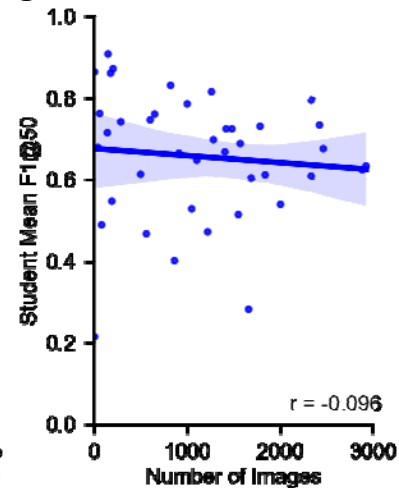


Figure 3

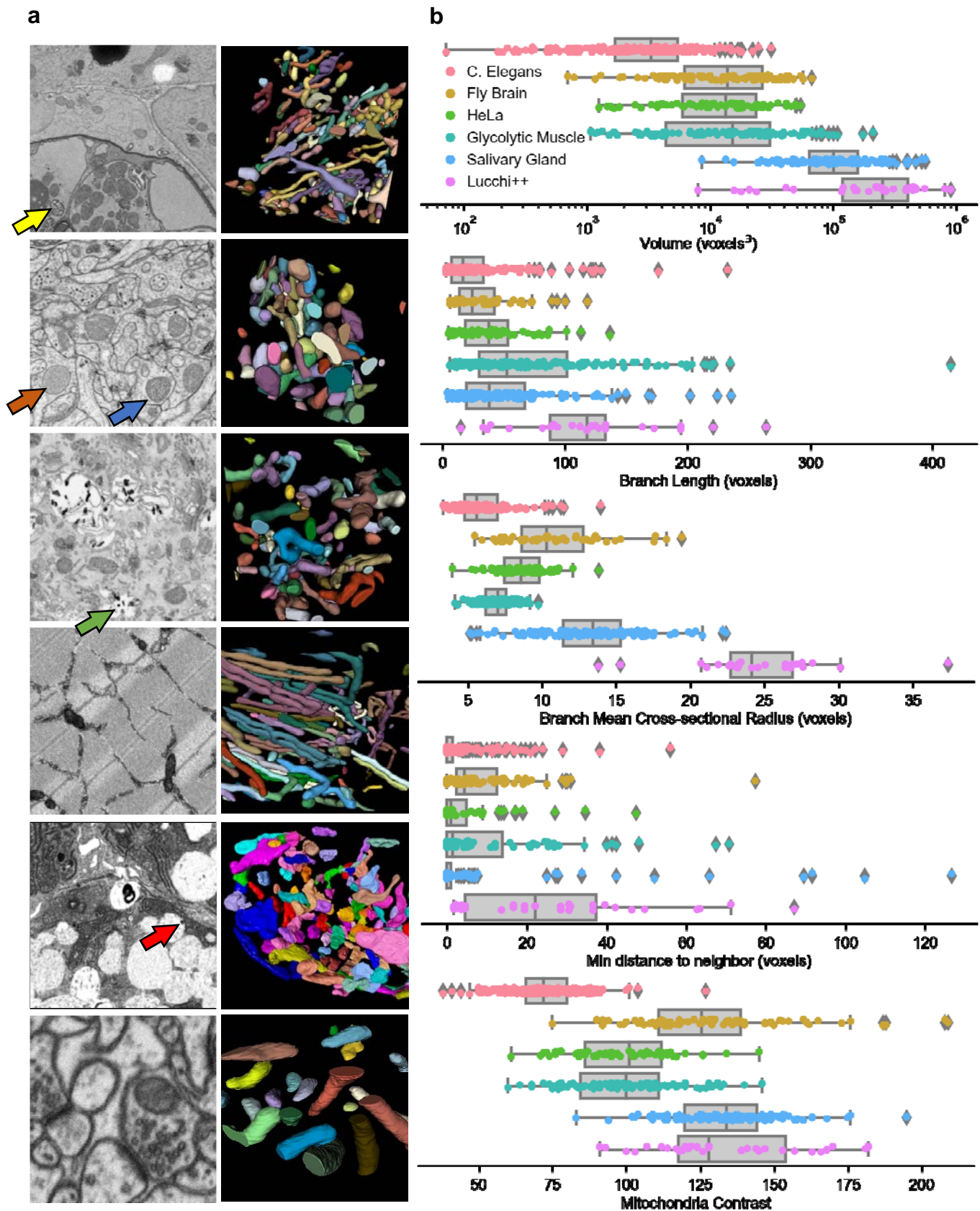


Figure 4

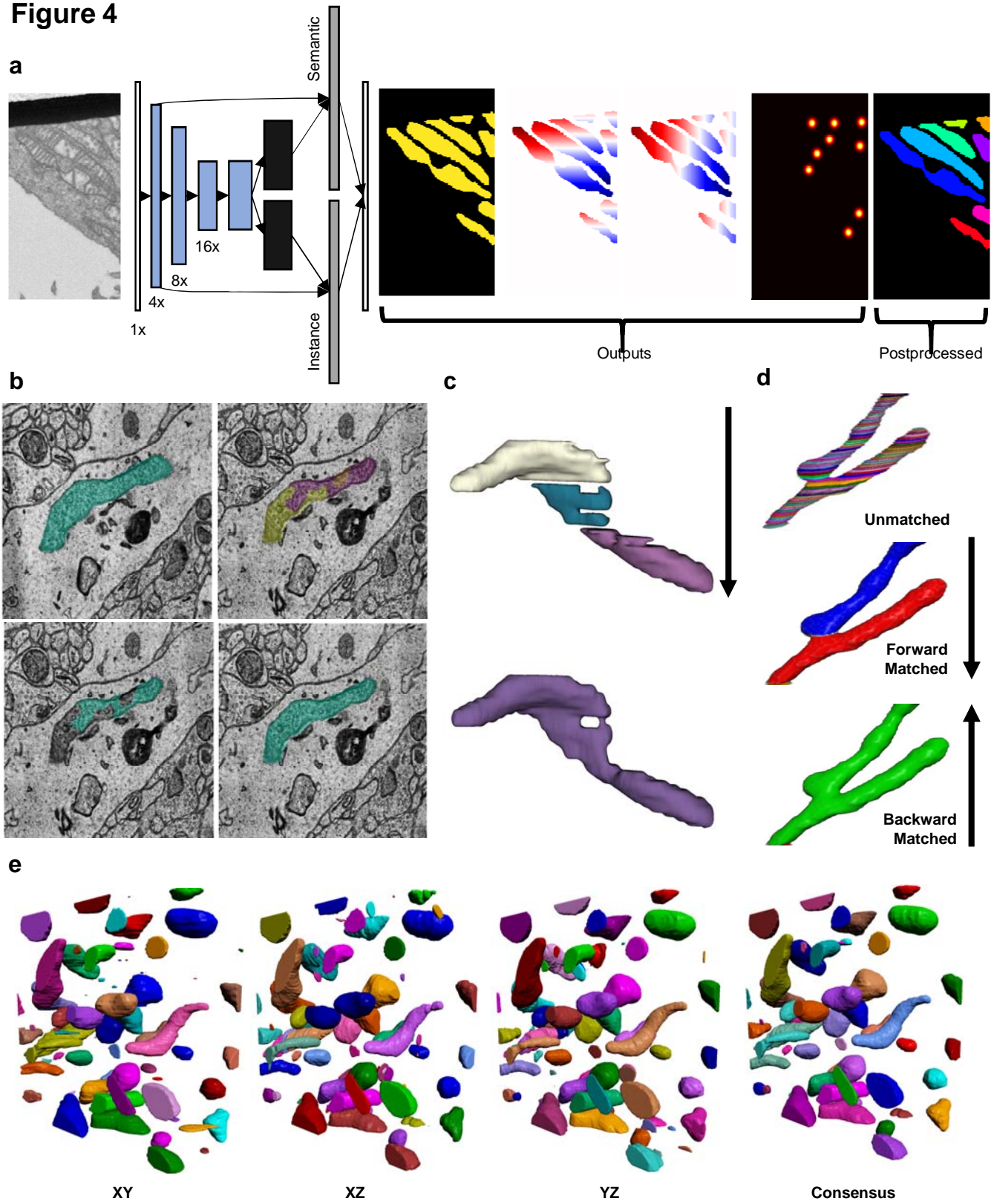


Figure 5

