 Sex differences in allometry for phenotypic traits indicate that females are not scaled males Laura A. B. Wilson^{1,2*}, Susanne R. K. Zajitschek^{1,3}, Malgorzata Lagisz¹, Jeremy Mason^{4,5}, Hamed Haselimashhadi⁵ Shinichi Nakagawa^{1*} ¹Evolution & Ecology Research Centre, UNSW Data Science Hub, and School of Biologica 	
 Laura A. B. Wilson^{1,2*}, Susanne R. K. Zajitschek^{1,3}, Malgorzata Lagisz¹, Jeremy Mason^{4,5}, Hamed Haselimashhadi⁵ Shinichi Nakagawa^{1*} 	
 Laura A. B. Wilson^{1,2*}, Susanne R. K. Zajitschek^{1,3}, Malgorzata Lagisz¹, Jeremy Mason^{4,5}, Hamed Haselimashhadi⁵ Shinichi Nakagawa^{1*} 	
 Hamed Haselimashhadi⁵ Shinichi Nakagawa^{1*} 	
7	
¹ Evolution & Ecology Possarch Contro, LINSW Data Science Hub, and School of Piclogica	
	al,
9 Earth and Environmental Sciences, University of New South Wales, Sydney, Australia	
¹⁰ ² School of Archaeology and Anthropology, The Australian National University, Canberra,	
11 Australia	
¹² ³ School of Biological and Environmental Sciences, Liverpool John Moores University,	
13 Liverpool, UK	
⁴ Melio Healthcare Ltd., City Tower, 40 Basinghall St., EC2V 5DE, London, UK	
⁵ European Molecular Biology Laboratory, European Bioinformatics Institute (EMBL-EBI),	
16 Wellcome Genome Campus, Hinxton, Cambridgeshire, CB10 1SD, UK	
17 *correspondence: <u>laura.wilson@anu.edu.au;</u> s.nakagawa@unsw.edu.au	
18	
19	
20	
21	
22	

23 Abstract

24	Sex differences in the lifetime risk and expression of disease are well-known. Paradoxically,
25	preclinical research targeted at improving treatment, increasing health span and reducing
26	the financial burden of health care, has mostly been conducted on male animals and cells.
27	Females are assumed to be the same or scaled versions of males, yet sex differences in the
28	allometric relationship between phenotypic traits and body size, needed to evaluate the
29	validity of this assumption, have not been established. We quantify allometry for 297
30	phenotypic traits in male and female mice, recorded in >2.1 million measurements from the
31	International Mouse Phenotyping Consortium. We find sex differences in allometric
32	parameters (slope, intercept, residual SD) are common. Thus, the allometric relationship
33	varies between the sexes: females are not scaled males. Our results support a complex,
34	trait-specific patterning of sex differences in phenotypic traits, promoting case-specific
35	approaches to therapeutic intervention and drug dosage scaled by body weight.
36	
37	
38	
39	Keywords: biomarker, sex differences, static allometry, animal model, drug reactions

40

41 Introduction

42 A historic use of male animals in preclinical research and male participants in clinical trials 43 has resulted in a significant bias in healthcare systems around the world (Holdcroft, 2007). 44 The knowledge available on many diseases, their manifestation, time course and the 45 efficacy of treatment options, is highly skewed in favour of males. The need to reach parity of 46 the sexes in biomedical research and to conduct sex-specific analysis of research results 47 has been widely acknowledged (Mogil & Chanda, 2005; Rogers et al., 2008; Kim et al., 48 2010; Beery & Zucker, 2011; Klein et al., 2015). Efforts to address this issue initially resulted 49 in legislative changes around clinical research, requiring female participants in government-50 funded clinical trials (e.g., NIH, 1993; Correa-de-Araujo, 2006; Klinge, 2008). Modest 51 improvement to rebalancing representation of the sexes in clinical trials (Zucker & Beery, 52 2010; Mazure & Jones, 2015; Feldman et al., 2019) has been bolstered by recent revisions 53 to government guidelines in the US for preclinical research, requiring biological sex to be 54 included as a study variable (Clayton & Collins, 2014). 55 56 Basing healthcare decisions for women based on research conducted on men (and vice 57 versa, e.g., Wiemann et al., 2007) potentially has profound consequences (Kim et al., 2010; 58 Oh et al., 2015; Tannenbaum et al., 2019). Studies have established that the nature of 59 disease experience and benefits of treatment differ between men and women (Rahore et al., 60 2002; Gandhi et al., 2004; Canto et al., 2007; Whitley et al., 2009; Wallach et al., 2016; 61 Mauvais-Jarvis et al., 2020). These differences manifest in major pillars of healthcare, 62 impacting cost associated with care and its quality (Wainer et al., 2020). For example, sex 63 differences in pharmacokinetics mean that therapeutic decisions based on studies with male 64 subjects may lead to increased magnitudes of adverse drug reactions in women (Nakagawa 65 & Kajiwara, 2015, Yu et al. 2016). Similarly, the broadly divergent behaviour of male (anti-66 inflammatory) and female (pro-inflammatory) immune systems translates to antibody 67 response variability, with some vaccines resulting in a stronger immune response in males 68 compared to females (Bouman & Heineman, 2005; Cook, 2008; Klein, 2013; Flanagan, 69 2014). Moreover, pathophysiological differences between the sexes lead to women being 70 underdiagnosed or undertreated for leading causes of mortality, such as cardiovascular 71 disease and Type 2 diabetes (Mauvais-Jarvis et al., 2020). 72 73 With the growing recognition of the importance of sex in biomedicine, a sharper focus on the

topic has revealed that some of the initial assumptions and concerns surrounding use of
 female animals in preclinical research, such as their propensity for greater variation

associated with the oestrous cycle (Shansky, 2019), lack empirical support (Mogil & Chanda,

2005; Prendergast et al., 2014; Zajitschek et al. 2020). Nevertheless, questions have been

raised about the value of including female animals in preclinical research, citing a negative
impact on the burden of evidence for therapeutic interventions (Fields 2014) and a lack of
clarity surrounding the extent to which sex differences may be explained by sex-linked
variables, such body mass index or body weight differences between the sexes (Richardson
2015).

83

Building on empirical studies that have sought to establish the nature of sex differences in biomedicine and to clarify the assumptions surrounding preclinical (Mogil & Chanda, 2005; Becker et al., 2016; Karp et al., 2017; Zajitschek et al., 2020) and clinical (Campesi et al., 2021) research data collected on males and generalized to females, we here tackle the extent to which females can be considered 'small' males in biomedicine. This is a pervasive narrative that impacts research design.

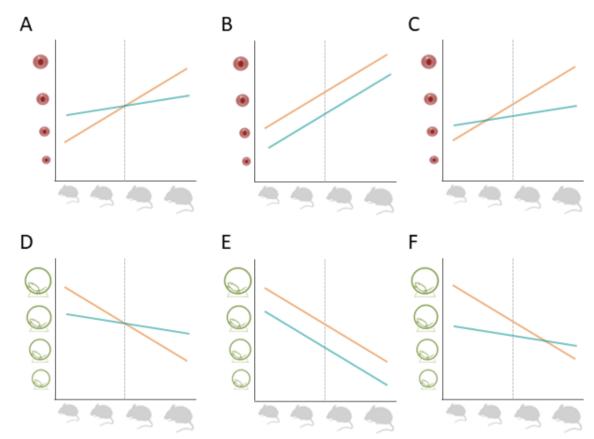
90

91 We adopt the framework of static allometry, the measurement of trait covariation among 92 individuals of different size at the same developmental stage, following Huxley (1924, 1932), 93 who proposed an equation to model simple allometry. This equation expresses the growth of 94 two traits, x and y, when regulated by a common growth parameter: $y = ax^{b}$, or equivalently 95 $\log y = \log(a) + b \log(y)$, where the ratios between the components of the growth rates of y 96 and x correspond to intercept log(a) and a slope b (Pélabon et al., 2013). We quantify the 97 relationship between phenotypic trait and body weight in males and females, statistically 98 evaluating scenarios that describe the magnitude and patterning of sex differences across 99 297 traits in over 2 million mice from the International Mouse Phenotyping Consortium 100 (IMPC, www.mousephenotype.org; Dickinson et al., 2016).

101

102 By providing empirical data on static allometry across phenotypic traits that represent 103 preclinical parameters (e.g., immunology, metabolism, morphology), we aim to clarify if, and 104 the extent to which, trait values for males may be scaled to match those of females. That is, 105 we tackle the assumption that females are small males and identify, for the first time, the 106 trait-specific features of the allometric relationship. We discuss these data considering the 107 discourse on the generalization of male data in preclinical research (Usui et al. 2021), as 108 well as their evolutionary implications, leveraging a large, wildtype dataset to illuminate 109 microevolutionary trends in static allometry. Consideration of the evolutionary context 110 surrounding sex differences may augment understanding of how disease state phenotypes 111 emerge or persist in a population (Morrow & Connallon, 2013; Morrow, 2015). Data on 112 allometric scaling also relate to one of the most salient aspects of sex differences, those 113 concerning adverse drug reactions (ADRs) and the so far unanswered question of whether

- 114 weight-adjusted doses would suffice to offset the majority of sex-specific ADRs (Zucker &
- 115 Prendergast, 2020).
- 116



117

Figure 1. Examples of scenarios of sex differences in a trait of interest ~ weight allometric relationship. Top row shows a hypothetical positive relationship between body weight and eye size and the bottom row negative relationship between body size and activity. Body weights are scaled and centred so that the intercept is at the trait mean represented by a grey dashed line. A) Different positive slopes for the sexes, but same intercepts. B) Same positive slopes for both sexes, but different intercepts. C) Different positive slopes for both sexes, and different intercepts. D) Different negative slopes for the sexes, but the same intercepts. E) Same negative slopes for both sexes, but different intercepts. F) Different negative slopes for both sexes and different intercepts.

125

126 Results

127 Data characteristics

- 128 Following initial data cleaning and filtering procedures, the dataset comprised 297
- phenotypic traits with a median sample size of 1,585 mice per trait (n = 2,104,527).
- 130 Representation of males and females was highly similar across most phenotypic traits, with
- 131 fewer than 10% of traits (29/297) displaying greater than 5% difference in sample size
- 132 between males and females. The traits were collated into nine functional groupings following
- 133 Zajitschek et al. (2020) (see Methods): behaviour (57 traits, n = 484,207), eye (27 traits, n =
- 134 10,366), hearing (16 traits, n = 201,220), heart (27 traits, n = 196,777), hematology (25 traits,

135 n = 300,699), immunology (79 traits, n = 89,952), metabolism (9 traits, n = 111,659),

morphology (24 traits, n = 364,484), and physiology (33 traits, n = 345,163).

137

138 The 297 phenotypic traits were further filtered for non-independence of traits, so that *p*

- values were merged for traits that were related to one another, resulting in a reduced data
- set of 181 traits, with a median sample size of 4,044 individuals per trait.
- 141

142 Linear mixed-effects models for static allometry

143 Our linear mixed-effects models indicated that 8 out of 181 traits (4%) (13 / 297 traits for 144 unmerged p-values) are associated with scenario A (different slope, same intercept, Fig. 1A, 145 1D); most of these traits belonged to immunology and heart functional groups. Note that the 146 intercept for each sex was set so that we compared mean values for each sex for a given 147 trait. Scenario B (same slope, different intercept, Fig. 1B, 1E) was supported for 70 / 181 148 (39%) traits (125 / 297 traits for unmerged p-values). For scenario C (different slope, 149 different intercept, Fig. 1C, 1F), 69 / 181 (38%) traits were categorized as consistent (86 / 150 297 traits for unmerged p-values), and the remaining 34 / 181 (19%) traits showed no 151 significant differences in slope and intercept between males and females. Overall, when a 152 statistically significant difference in allometric pattern was present between the sexes, 153 intercept differences appeared more common than slope differences (39% compared to 4% 154 traits), however both slope and intercept differences were also similarly common (38%). Just 155 under a fifth of traits showed no significant differences between males and females, 156 indicating that, for most traits, sex differences in allometric patterning represent a significant 157 source of variation in trait values.

158

Taken together, traits in all functional groups showed statistically significant (α = 0.05) sex
 differences. Slope differences between the sexes (scenario A) e most common in
 immunology and heart groups, while intercept differences (scenario B) were most common

- 162 for traits in the behaviour and heart functional groups. Traits exhibiting both slope and
- intercept differences between the sexes (scenario C) were most commonly found in the
- 164 metabolism and physiology functional groups. Non-significant differences in slope and

intercept were most common among traits in the behaviour and morphology functionalgroups.

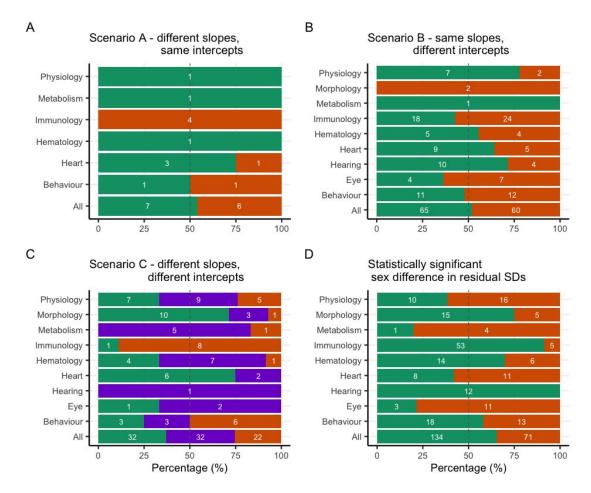
167

168 Sex bias in allometric parameters

169 Sex bias in the slope and intercept values, in addition to the magnitude of variance (residual

- 170 SD), showed considerable variability across functional groups, suggesting trait-specific
- 171 patterning of sex differences. For scenario A, representing traits with significant differences

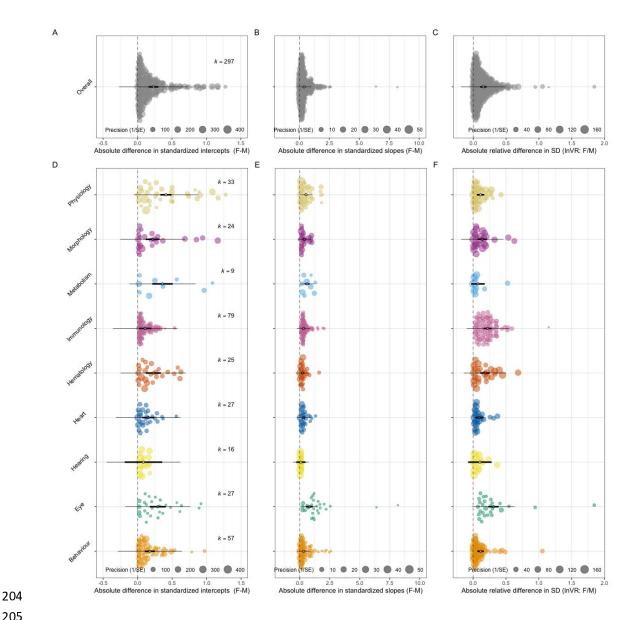
172 in slope, most traits showed greater slope magnitudes for males (n = 6 traits), rather than for 173 females (n = 4 traits) (Fig. 2A). For scenario B, females showed greater intercept 174 magnitudes for morphology, immunology, eye and behaviour functional groups (n = 45175 traits), whereas males showed greater intercepts for traits in physiology, metabolism, 176 hematology, heart and hearing functional groups (n = 32 traits) (Fig. 2B). Overall sex bias 177 (65 male traits: 60 female traits, Fig. 2B) was slightly greater for intercept differences, 178 compared to slope differences (7 male traits: 6 female traits, Fig. 2A). Scenario C, which 179 represents significant slope and intercept parameter differences between the sexes, was 180 predominated by mixed bias across five out of nine functional groups (n = 24 traits), 181 indicating that most functional groups contained traits that showed a mixture of directional 182 differences in bias, comprising a combination of male bias in one parameter (slope or 183 intercept) and female bias in the other parameter (slope or intercept) (Figure 2C). 184 Immunology-related traits represent an exception under scenario C, whereby traits with 185 significant differences between the sexes did not show a mixed bias for slope and intercept 186 values. Across functional groups, male bias is slightly more common (5 groups) than female 187 bias (4 groups) for statistically significant sex difference in residual SD, indicating that where 188 traits show differences between the sexes, it is more common for males to be more variable 189 than females, than vice versa (Figure 2D) (133 male traits: 71 female traits). 190



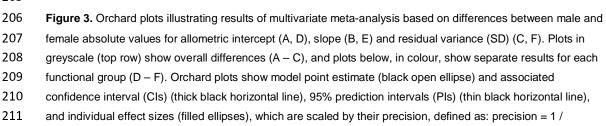
191

192 Figure 2. Sex biases for mice phenotypic traits arranged in functional groups. Colours represent significant 193 differences in trait values between the sexes (green - male biased, orange - female biased) for allometric slope 194 (scenario A), intercept (scenario B) or slope and intercept, including traits with mixed (purple) significant 195 differences (i.e. male-biased significant slope and female-biased significant intercept, or female-biased significant 196 slope and male-biased significant intercept) (scenario C), and bias in statistically significant difference in variance 197 (residual SD) between the sexes (D). The number of traits that are either female biased (relative length of orange 198 bars) or male biased (relative length of green bars) are expressed as a percentage of the total number of traits in 199 the corresponding group. Numbers inside the green bars represent the numbers of traits that show female bias 200 within a given group of traits, values inside the orange bars represent the number of male biased traits, and those 201 inside the purple bars represent a combination of female bias (for intercept or slope) and male bias (for intercept 202 or slope).

203



205



- 212 Standard Error (SE) (see Nagakawa et al., 2021).
- 213

214 Meta-analysis and meta-regression of sex differences in slope, intercept and variance

215 Multi-level meta-analysis of absolute values in allometric slope and intercept, and variance,

- 216 revealed significant differences between the sexes (Fig. 3A - C), with the greatest effect size
- 217 evident for intercept value (Fig. 3A). Across functional groups, there was variability in the

218 magnitude of absolute difference between the sexes, both within parameters (i.e., intercept)

- and across parameters. For absolute differences in intercept, traits within the physiology
- 220 functional group showed greatest model point estimate difference between males and
- 221 females, whereas those within the hearing group showed the smallest magnitude of
- difference (Fig. 3D). For differences in slope, which showed lower inter-trait variability than
- 223 differences in intercept, the largest model point estimate difference was observed for eye
- traits, and the smallest difference for hearing traits (Fig. 3E).
- 225
- 226 Similarly, for relative difference in residual SD, eye traits showed the largest amount of
- 227 dimorphism, whereas heart and metabolism traits were most similar in SD values between
- the sexes (Fig. 3F). Overall, across all parameters (intercept, slope and SD), confidence
- intervals (CIs) for hearing traits were the only ones to consistently overlap with zero, showing
- 230 no statistically significant difference between the sexes (Fig. 3D, E, F). For traits within a
- 231 given functional group, there was considerable variability in the magnitude of difference
- 232 between the sexes. For sex differences in intercept, inter-trait variability was highest for
- 233 physiology, morphology and metabolism groups (Fig. 3D), whereas slope differences
- showed most inter-trait variability for eye and behaviour traits (Fig. 3E), and relative
- difference in SD was also most variable among traits in eye and behaviour groups (Fig. 3F).

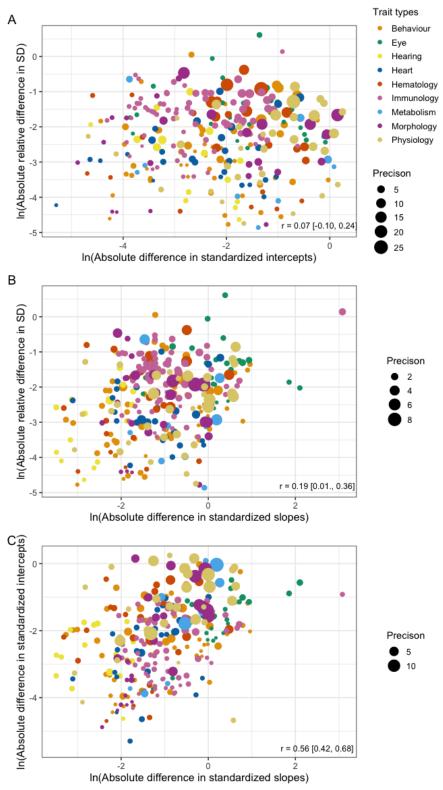


Figure 4. Bivariate ordinations of log absolute difference between males and females for intercept and residual
 SD (A), slope and residual SD (B), and slope and intercept (C), for biological traits collated into nine functional
 groups (i.e., Trait types, represented as different circle colours). Individual effect sizes (circles) are scaled by their
 precision, defined as: precision = 1 / Standard Error.

236

241

242 Relationship between slope/intercept and residual variance

243 Tri-variate meta-regressions and ordinations of the relationships between slope, intercept 244 and residual variance (Fig. 4) revealed weak correlations between either slope or intercept 245 and residual variance (r = 0.07 - 0.19, Fig. 4A – B), indicating that a greater magnitude of 246 difference between the sexes in either slope or intercept parameter is not strongly 247 associated with greater trait variance. In contrast, absolute differences between the sexes in 248 slope and intercept are strongly correlated (r = 0.56, Fig. 4C), indicating that in cases where 249 there are significant differences in trait values for males and females, should a difference in 250 intercept be present, this is likely accompanied by a difference in allometric slope. 251

252 Discussion

253 Most current medical guidelines are not sex-specific, being informed by preclinical studies 254 that have been conducted only on male animals (Zucker & Beery, 2010; Kim et al., 2010; 255 Zucker et al., 2021) under the assumption that the results are equally applicable to females, 256 or that the female phenotype represents a smaller body size version of the male phenotype 257 (Buch et al., 2019; Campesi et al., 2021). Our study sought to provide comprehensive 258 assessment of this assumption for a large dataset of phenotypic traits in mice. We did not 259 recover strong evidence for the validity of this assumption in a preclinical (mouse) model: we 260 find that females are not 'small' males or, more accurately, not 'scaled' males. 261

262 In an era where personalised medicine interventions are within reach and patient-specific 263 solutions represent a realisable frontier in healthcare (e.g., Jackson & Chester, 2014; Javaid 264 & Haleem, 2018; Heath & Pechlivanoglou, 2022), it is now well recognised that sex-based 265 data are much needed to advance care in an equitable and effective manner. The historic 266 neglect of sex as a study variable means that the natural history and trajectory of treatment 267 response in women remains opaque for many chronic diseases. As studies that illuminate 268 the presence and importance of sex differences continue to emerge, many experimental set-269 ups that use both sexes continue to eschew downstream testing for sex differences, in part 270 due to perceived inflation of sample size required for such analyses (Dayton et al., 2016; 271 Buch et al., 2019; Arnegard et al., 2020; Woitowich et al., 2020).

272

273 Explicit male-female comparisons are needed to clarify the nature of sex differences (Garcia-

274 Sifuentes & Maney, 2021; Zucker et al., 2021). Here we address this issue through a novel

275 meta-analytical focus on identifying and characterising allometric scaling relationships for

biological traits on a broad scale. We identify slope parameter (*b*) differences between the

sexes as being common (Fig. 2C, Fig. 3E) and where present, often associated with

278 significant differences in intercept value (Fig. 4C). We therefore demonstrate that the 279 relationship between trait and body mass in mice differs fundamentally in mode (i.e., change 280 in inter-trait covariance) between the sexes and that dimorphism cannot be fully explained by 281 a magnitude shift in intercept value, as would be predicted should female phenotype 282 represent a scaled version of male phenotype. For traits where there are significant 283 differences in both slope and intercept between the sexes (Fig. 3C), it is common for a 284 mixed scenario (male-biased significant slope and female-biased significant intercept, or 285 female-biased significant slope and male-biased significant intercept; note that intercepts 286 represent mean values for each sex) to occur. Therefore, for a given trait, a female value cannot be predicted based on an allometric coefficient extracted from regression data 287 288 collected on males. Further, we find a male bias in residual SD for traits in morphology, 289 immunology, hematology, hearing, and behaviour functional groups (7 out of 9 functional 290 groups). However, we also find a weak correlation between difference in intercept and 291 residual SD (Fig. 4A), meaning that allometric scaling differences alone do not explain 292 increased residual SD in males compared to females. Or, put another way, among traits that 293 show significant dimorphism in allometric relationships, males do not show greater variance 294 than females just because they have greater body weights than females.

295

296 Our results complement recent evidence that supports a complex, trait-specific patterning of 297 sex differences in markers routinely recorded in animal research (Rawlik et al., 2016; Karp et 298 al., 2017; Zajitschek et al., 2020). Specifically, we build on previous studies using phenotypic 299 traits from the International Mouse Phenotyping Consortium that have identified that sexual 300 dimorphism is prevalent among phenotyping parameters (Karp et al., 2017), and moreover 301 that, contrary to long-held assumption, neither females nor males show greater trait 302 variability. We here show that the allometric relationship between trait value and body weight 303 is dimorphic for most traits (75%), and these differences, where present, reflect trait-specific 304 allometric patterns, involving both slope and intercept changes. As such, for slopes greater 305 than zero, some trait values increase faster than body weight (positive allometry; b > 1) and 306 some do not increase at the same rate as body weight (negative allometry; b < 1).

307

308 Sex-based scaling in biomedical studies

Our findings likely have implications for drug therapy, and specifically data surrounding the efficacy of drug dosing scaled by body weight. There exist known sex differences in drug prescription prevalence and usage patterns, as well as response to drug therapy (Watson et al., 2019; Malda et al., 2021). The same therapeutic regimen can elicit different responses due to sex-specific variance in pharmacokinetics and pharmacodynamics profiles (e.g., Yang et al., 2012; Zakiniaeiz et al., 2016), arising from underlying physiologic differences. These

315 include, for example, significantly dimorphic traits captured among the physiology group in 316 our analysis, such as iron (Jiang et al., 2019) and body temperature (van Hoof, 2015), 317 among the morphology group, such as lean mass and fat mass (Madla et al., 2021), and 318 among the heart functional group, such as QT interval (time between Q wave and T wave) 319 (Regitz-Zagrosek & Kararigas, 2017). Population studies have revealed that there is a higher 320 prevalence of use for most therapeutic drugs in women as compared to men (Fernandez-Liz 321 et al., 2008; Watson et al., 2019). Further, women are 50 – 75% more likely to experience 322 Adverse Drug Reactions (ADRs) (Rademaker, 2001), although these are not fully explained 323 (Koren et al., 2012). Women may be at increased risk of ADRs because they are prescribed 324 more drugs than men, however women are usually prescribed drugs at the same dose as 325 men, meaning that they receive a higher dose relative to body weight in most cases. Scaling 326 of doses on a milligram/kilogram body weight basis has been recommended as a pathway to 327 reducing ADRs (Zucker & Prendergast, 2020), particularly for drugs that exhibit a steep 328 dose-response curve (Chen et al., 2020). Indeed, sex differences in ADRs have been 329 argued to be the result of body weight rather than sex, per se (Richardson et al., 2015). For 330 both assertions to be supported, we would expect to observe a scenario (here, scenario B) 331 whereby most or all phenotypic traits exhibit a scaled relationship between males and 332 females, as a function of body weight. Our results do not provide overwhelming support in 333 favour of scenario B, but rather support a sex- and trait-specific relationship between weight 334 and phenotypic traits. This aligns more closely with evidence that weight-corrected 335 pharmacokinetics are not directly comparable in men and women (Fadiran & Zhang, 2015; 336 Zucker & Prendergast, 2020), and that many sex differences in ADRs persist after body 337 weight correction (Greenblatt et al., 2014, 2019). Nevertheless, the Food and Drug 338 Administration (FDA) has recommended dosage changes for women (e.g., sleep drug 339 zolpidem; Farkas et al., 2013) and weight adjusted dosing of some drugs, such as antifungal 340 drugs and antihypertensive drugs, appear to ameliorate sex differences in pharmacokinetics 341 (Guo et al., 2010; Jarugula et al., 2010). As such, we suggest that where there exists an 342 association between sex and dose, dose-response curves are likely to be sex-specific and 343 clarification of this relationship would be supported (e.g., using meta-analysis, Zhong et al., 344 2017) rather than using a scaled male-specific dose response curve for females. Since many 345 drugs are withdrawn from the market due to risks of ADRs in women, meta-analytic 346 approaches to illuminating sex-specific dose response curves represents a viable 347 opportunity to reducing the number of ADRs and reaching an important target set by 348 precision medicine (Polasek et al., 2018). 349

350 Implications for allometric evolution

351 The study of allometry has a long history in evolutionary biology, established as a 352 foundational descriptor of morphological variation at ontogenetic, population and 353 evolutionary levels (Cheverud, 1982; Klingenberg, 1998). Allometry may channel phenotypic 354 variation in fixed directions, defining scaling relationships that persist across large 355 evolutionary timescales. For example, craniofacial variation among mammals has been 356 observed to be constrained by allometry, such that small mammals have shorter faces than 357 do larger ones (Cardini & Polly, 2013; Cardini et al., 2015). Conversely, allometry may 358 facilitate morphological diversification, acting as a line of 'evolutionary least resistance', 359 allowing for new morphotypes to originate relatively rapidly among closely related species 360 (Porto et al., 2009; Pélabon et al., 2014). These pathways (allometric constraint vs allometric 361 facilitation) may be a start point for exploring how sex differences in disease phenotypes 362 arise, data that have been cited as a potential unexploited resource relevant for the 363 development of new therapies (Arnold, 2010). Studies of static allometry, as examined 364 herein, have revealed low levels of intraspecific variation in allometric slope, which explains 365 only a small proportion of variation in size (Voje et al., 2014), compared to variation in 366 allometric intercept (Bonduriansky, 2007). Moreover, traits under sexual selection have also 367 revealed low magnitudes of allometric slope change under artificial selection experiments 368 (Egset et al., 2012) and in wild populations (Egset et al., 2011), whereas intercept changes 369 appear clear and heritable. These differences have historically been thought to be due to 370 underlying features of the developmental system acting as an internal constraint (Huxley 371 1932; Gould, 1966), whereas more recent interpretations suggest that external constraint 372 (selection) more likely acts to maintain slope invariance at the static level (Pélabon et al., 373 2013), which is consistent with data showing that variation occurs instead at the ontogenetic 374 level, i.e. growth rate and ontogenetic allometric slope are evolvable (e.g., Wilson & 375 Sánchez-Villagra, 2010; Klingenberg, 2010; Wilson, 2013). Broadly consistent with other 376 static allometric studies, we find that where differences in allometry are present, significant 377 intercept shifts alone are more common than are significant slope shifts (Fig. 2A compared 378 to 2B). We focus explicitly on sex differences and observe that many traits show a 379 combination of intercept and slope changes, as well as differences in residual variance. 380 Aside from the evolutionary implications – that allometric slope likely does not have a high 381 evolvability, or capacity to evolve - many of the traits examined here may show a low level 382 of sex difference in slope because the sexes are both experiencing the same selective 383 pressure to maintain functional size relationships across different body sizes. 384 385 Our meta-analytic results build a narrative of complexity in sex-based trait interactions and

- 386 promote a case-specific approach to preclinical research that seeks to inform drug
- discovery, development and dosage. That females are not 'small' or 'scaled' males in a

388 preclinical mouse model underscores the need to include female data from the earliest

experimental stages. Our results evidence the plasticity of allometry at a microevolutionary

scale, revealing a pathway for sex variation in phenotypic traits, which may influence study

391 outcomes in biomedicine.

392

393 Methods

394 Data compilation and filtering

395 We conducted all data procedures, along with statistical analyses, in the R environment v. 396 4.1.1 (R Development Core Team, 2021). We compiled our data set from the International Mouse Phenotyping Consortium (IMPC) (www.mousephenotype.org, IMPC data release 397 398 10.1 June 2019), accessed in October 2019. These represent traits recorded in a high-399 throughput phenotyping setting whereby standard operating procedures (SOPs) are 400 implemented in a pipeline concept. The phenotypic traits represent biomarkers used for the 401 study of disease phenotypes (see Karp et al., 2017), collated into the following nine 402 functional groups: behaviour, eye, hearing, heart, hematology, immunology, metabolism, 403 morphology, and physiology, which are the IMPC's original categorization (also previously 404 used in Zajitschek et al., 2020). These groupings were assigned in relation to the description 405 of the procedure undertaken for data point collection and following the categorisation of 406 pipeline events at adult stage, detailed in the International Mouse Phenotyping Resource of 407 Standardised Screens (IMPReSS, https://www.mousephenotype.org/impress/index).

408

409 For the initial dataset, data points were collated for adult wildtype mice only, filtering to 410 include non-categorical phenotypic trait values for which covariate information on sex and 411 body weight were available. This initial dataset comprised of 2,866,345 data points for 419 412 traits. A series of data cleaning procedures were implemented to remove data points with 413 missing body weight, zero values for a phenotypic trait and duplicated specimen IDs. Data 414 filtering was conducted using the R package dplyr v.1.0.7 (Wickham et al., 2021). The 415 resulting data set comprised 2,104,497 data points for 297 phenotypic traits, all of which had 416 corresponding body weight data, enabling us to estimate an allometric relationship between 417 a trait of interest and body weight. For each phenotypic trait, we had the following variables 418 (covariates): phenotyping center name (location where experimental data were collected), 419 external sample ID (animal ID), metadata group (identifier for experimental conditions in 420 place during the experiment), sex (male / female), weight (body weight in grams), weight 421 days old (day on which weight was recorded), procedure name (description of the 422 experimental procedure as in IMPReSS), parameter name (description of the recorded 423 parameter as in IMPReSS), and data point (phenotypic trait measurement – response 424 variable).

425

426 Linear mixed-effects model for static allometry

427 The static form of allometry, the covariation of a trait with size as measured across a 428 population of adults within a single species (Klingenberg, 1998), was quantified using a 429 linear mixed-effects model approach (Laird & Ware, 1982). Within this framework, the 430 relationship between phenotypic trait value and body weight, accounting for random effects 431 associated with assignment to a metadata group and batch (defined as the date when the 432 measurements are collected), was quantified for each of the 297 traits. Models were 433 constructed using the function *Ime* in the R package nlme v. 3.1-153 (Pinheiro et al., 2021) and applied to each phenotypic trait separately. We used the approach described by 434 435 Nakagawa et al. (2017) that uses within-group centring (wgc) of the continuous predictor 436 (i.e., weight); in this way, the intercepts (x = 0) for each sex represents the population mean 437 for that specific sex. Also, we calculated z-scores (z) from the response (y) so that all 438 regression coefficients are directly comparable across different traits. The applied model 439 was: 440 441 $z(\log (data point)) \sim wqc(\log (weight)) * sex + (1 | batch) + (weight | metadata group)$ 442 443 The random factor 'batch' labelled a cohort of mice that went through a procedure on the

same day (see Karp et al., 2017), whereas 'metadata group' represented occasions when procedural parameters were changed (e.g., different instruments, different observers and different settings). These two random factors along with the 'weight' random slopes would reduce Type I errors due to clustering (Schielzeth & Forstmeier, 2009). Also, to estimate different residual variances between the two sexes, we modelled group-wise heteroscedasticity structure, which was defined using the *Ime* function's argument weights = varldent (form = ~1 | sex).

451

452 For each phenotypic trait, model parameters (regression coefficients and variance 453 components) were extracted, using R package broom.mixed v.0.2.7 (Bolker & Robinson 454 2021), for males and females (slope, intercept, standard error, SE of slope, SE of intercept 455 and residual variance) and corresponding p values for regression coefficients were extracted 456 to assess the significance of sex differences in slope and intercept. Because the Ime 457 function did not provide statistical significance for differences in residual variances (standard 458 deviations, SDs), we used the method developed by Nakagawa et al (2015) or the logarithm 459 of variability ratio, which compares the difference in SDs between two groups to obtain p 460 values for residual SD differences (see also Senior et al., 2020).

461

462 We were aware that some of the 297 studied traits were strongly correlated (i.e., non-

463 independent: e.g., traits from left and right eyes and immunological assays with

hierarchically clustering and overlapping cell types). Therefore, we collapsed *p* values of

these related traits into 181 *p* values, using the procedure (grouping related traits or trait

466 grouping) performed by Zajitschek et al. (2020). We employed Fisher's method with the

467 adjustment proposed by Li and Ji (2005) implemented in the R package, poolr (Cinar &

Viechtbauer, 2021), which modelled the correlation between traits; we set this correlation to

469

0.8.

470

471 Static allometry hypotheses and Sex-bias in allometric parameters

472 Using parameters extracted from the above models, three scenarios were assessed (see Fig 473 1), describing the form of sex differences in the static allometric relationship between 474 phenotypic trait value and body weight. For a given trait, these were: a) males and females 475 have significantly different slopes but share a similar intercept (Fig. 1A, 1D), b) males and 476 females have significantly different intercepts but share a similar slope (Fig. 1B, 1E), c) 477 males and females have significantly different slopes and intercepts (Fig. 1C, 1F). In 478 addition, we assessed how many traits were significantly different in residuals SDs between 479 the sexes. For these classifications, we used both p values from 297 traits and 181 merged 480 trait groups.

481

482 For scenarios A – C, which represent significant differences between male and female 483 regression slope and / or intercept parameters and cases where sex differences in SDs were 484 significant, data were collated into functional groupings (as listed above) to assess whether, 485 and to what extent, sex bias in parameter values and variance was present across 486 phenotypic trait values. That is, when males and females differed significantly, we counted 487 which sex displayed the greater parameter value (intercept, slope) and, separately, we also 488 tallied the sex with the higher magnitude of variance. Results were pooled for phenotypic 489 traits within a functional group and visualised using R package ggplot 2 v. 3.3.5 (Wickham 490 2016) for scenarios A - C, resulting in one set of comparisons for parameter values, and one 491 for variance (SD) values. We should highlight that we only used the data set with 297 traits 492 because the directionality of some trait values became meaningless once traits were 493 merged, although merged p values were meaningful as p values are not directional (e.g., 494 spending time in light side or dark side).

495

496 *Meta-analysis of differences in slopes, intercepts and residual SDs*

497 We were aware that our classification approach using *p* values are akin to vote counting,

498 which has limitations (Gurevitch et al., 2018). Therefore, we conduced formal meta-analyses

499 using the following effect sizes: 1) difference between intercepts (traits mean for males and 500 females), 2) difference between slopes and 3) differences between residuals SDs. We used 501 corresponding SE or, more precisely, the square of SE as sampling variance. We were not 502 able to compare the directionality of effect sizes among traits (e.g., latencies and body 503 sizes), however our main interest in this study was whether males and females were 504 different in intercepts, slopes and residuals SDs irrespective of directionalities. Therefore, we 505 conducted meta-analyses of magnitudes applying the transformation to the mean and 506 sampling variance, which assumes to follow folded normal distribution (Morrissey, 2016, eq. 507 8), by using the formulas below:

$$ES_{folded} = SE \sqrt{\frac{2}{\pi}} \exp\left(\frac{ES^2}{2SE^2}\right) + ES \left[1 - 2\Phi\left(-\frac{ES}{SE}\right)\right]$$
$$SE_{folded}^2 = ES^2 + SE^2 - ES_{folded}^2$$

508 Where Φ is the standard normal cumulative distribution function and ES_{folded} and SE_{folded} are, 509 respectively, transformed effect size (point estimate) and sampling variance, while ES and 510 SE are corresponding point estimate and sampling variance before transformation. 511 Morrissey (2016) has shown that meta-analytic means using such a folding transformation 512 are hardly biased. Therefore, these transformed variables were directly meta-analysed using 513 the *rma.mv* function in the R package, metafor (Viechtbauer, 2010). The intercept models 514 (meta-analytic model) had three random factors: 1) functional group, 2) traits group and 3) 515 effect size identifier (which is equivalent to residuals in a meta-analytic model; see 516 Nakagawa & Santos, 2012), while in the meta-regression models, we fitted functional group 517 as a moderator (see Fig 3). The model structures for all the three effect sizes were identical. 518 We reported parameter estimates and 95% confidence intervals, CI and 95% prediction 519 intervals, PI, which were visualised by the R package, orchaRd (Nakagawa et al., 2021). In a 520 meta-analysis, 95% PI represents the degree of heterogeneity as well as a likely range of an 521 effect size for a future study. We considered the estimate statistically significant when 95% 522 CI did not span zero.

523

524 Correlations among differences in slopes, intercepts and residual SDs

525 We also quantified correlations among the three effect sizes, using a Bayesian tri-variate

- 526 meta-analytic model, implemented in the R package, brms (Burkner, 2017). We fitted
- 527 functional grouping as a fixed effect and trait groups as a random effect using the function,
- 528 *brm*. Notably, we have log transformed ES_{folded} and also transformed SE_{folded} using the delta
- 529 method (e.g., Nakagawa et al., 2017), accordingly, before fitting effect sizes to the model.
- 530 We imposed the default priors for all the parameter estimated with the settings of two chains,
- 531 1,000 warm-ups and 4,000 iterations. We assessed the convergence of the chains by

- 532 Gelman-Rubin statistic (Gelman & Rubin, 1992), which was 1 for all chains (i.e., meaning
- they were all converged) and we also checked all effective sample sizes for posterior
- samples (all were over 800). We reported mean estimates (correlations among the three
- effect sizes) and 95% credible intervals (CI) and if the 95% CI did not overlap with 0, we
- considered the parameter statistically significantly different from 0.
- 537

538 Data availability

- 539 The R code and data generated during this study are freely accessible on GitHub at <to be
- 540 inserted>. An R Markdown file with the complete workflow for all analyses is provided in the
- 541 supporting information, available at <to be inserted>.
- 542

548

543 References

- 544 Arnegard, M. E., Whitten, L. A., Hunter, C., & Clayton, J. A. (2020). Sex as a biological variable: a 5-545 year progress report and call to action. Journal of Women's Health, 29(6), 858-864.
- 546 Arnold, A. P. (2010). Promoting the understanding of sex differences to enhance equity and 547 excellence in biomedical science. *Biology of Sex Differences*, 1(1), 1.
 - https://doi.org/10.1186/2042-6410-1-1
- Becker, J. B., Prendergast, B. J., & Liang, J. W. (2016). Female rats are not more variable than male
 rats: a meta-analysis of neuroscience studies. Biology of Sex Differences, 7(1), 34.
 https://doi.org/10.1186/s13293-016-0087-5
- Beery, A. K., & Zucker, I. (2011). Sex bias in neuroscience and biomedical research. Neuroscience &
 Biobehavioral Reviews, 35(3), 565-572.
- 554 https://doi.org/https://doi.org/10.1016/j.neubiorev.2010.07.002
- 555Bolker, B., & Robinson, D. (2021). broom.mixed: Tidying Methods for Mixed Models. In (Version5560.2.7.) https://CRAN.R-project.org/package=broom.mixed
- Bouman, A., Heineman, M. J., & Faas, M. M. (2005). Sex hormones and the immune response in
 humans. Human Reproduction Update, 11(4), 411-423.
- Bonduriansky, R. (2007). Sexual selection and allometry: a critical reappraisal of the evidence and
 ideas. Evolution: International Journal of Organic Evolution, 61(4), 838-849.
- Buch, T., Moos, K., Ferreira, F. M., Fröhlich, H., Gebhard, C., & Tresch, A. (2019). Benefits of a
 factorial design focusing on inclusion of female and male animals in one experiment. Journal
 of Molecular Medicine, 97(6), 871-877. https://doi.org/10.1007/s00109-019-01774-0
- 564 Bürkner, P.-C. (2017). brms: An R package for Bayesian multilevel models using Stan. Journal of 565 statistical software, 80, 1-28.
- Campesi, I., Seghieri, G., & Franconi, F. (2021). Type 2 diabetic women are not small type 2 diabetic
 men: Sex-and-gender differences in antidiabetic drugs. Current Opinion in Pharmacology,
 60, 40-45. https://doi.org/https://doi.org/10.1016/j.coph.2021.06.007
- Canto, J. G., Goldberg, R. J., Hand, M. M., Bonow, R. O., Sopko, G., Pepine, C. J., & Long, T. (2007).
 Symptom presentation of women with acute coronary syndromes: myth vs reality. Archives
 of internal medicine, 167(22), 2405-2413.
- 572 Cardini, A., & Polly, P. D. (2013). Larger mammals have longer faces because of size-related
 573 constraints on skull form [Article]. Nature Communications, 4, 2458.
 574 <u>https://doi.org/10.1038/ncomms3458</u>
- 575 Cardini, A., Polly, D., Dawson, R., & Milne, N. (2015). Why the long face? Kangaroos and wallabies
 576 follow the same 'rule' of cranial evolutionary allometry (CREA) as placentals. *Evolutionary*577 *Biology*, 42(2), 169-176.

578	Chen, ML., Lee, SC., Ng, MJ., Schuirmann, D. J., Lesko, L. J., & Williams, R. L. (2000).
579	Pharmacokinetic analysis of bioequivalence trials: Implications for sex-related issues in
580	clinical pharmacology and biopharmaceutics. Clinical Pharmacology & Therapeutics, 68(5),
581	510-521. https://doi.org/https://doi.org/10.1067/mcp.2000.111184
582	Cheverud, J. M. (1982). Phenotypic, genetic, and environmental morphological integration in the
583	cranium. Evolution, 36(3), 499-516.
584	Cinar, O., & Viechtbauer, W. (2021). poolr: Methods for Pooling P-Values from (Dependent) Tests. In
585	(Version 1.0-0.) https://CRAN.R-project.org/package=poolr
586	Clayton, J. A., & Collins, F. S. (2014). Policy: NIH to balance sex in cell and animal studies. Nature
587	News, 509(7500), 282.
588	Cook, I. F. (2008). Sexual dimorphism of humoral immunity with human vaccines. Vaccine, 26(29-30),
589	3551-3555.
590	Correa-de-Araujo, R. (2006). Serious gaps: how the lack of sex/gender-based research impairs health.
591	Journal of Women's Health, 15(10), 1116-1122.
592	Dayton, A., Exner, E. C., Bukowy, J. D., Stodola, T. J., Kurth, T., Skelton, M., Greene, A. S., & Cowley Jr,
593	A. W. (2016). Breaking the cycle: estrous variation does not require increased sample size in
594	the study of female rats. Hypertension, 68(5), 1139-1144.
595	Dickinson, M. E., et al. (2016). High-throughput discovery of novel developmental phenotypes.
596	Nature, 537(7621), 508-514. https://doi.org/10.1038/nature19356
597	Egset, C. K., Bolstad, G. H., Rosenqvist, G., Endler, J. A., & Pélabon, C. (2011). Geographical variation
598	in allometry in the guppy (Poecilia reticulata). Journal of Evolutionary Biology, 24(12), 2631-
599	2638.
600	Egset, C. K., Hansen, T. F., Le Rouzic, A., Bolstad, G. H., Rosenqvist, G., & Pélabon, C. (2012). Artificial
601	selection on allometry: change in elevation but not slope. Journal of Evolutionary Biology,
602	25(5), 938-948. https://doi.org/https://doi.org/10.1111/j.1420-9101.2012.02487.x
603	Fadiran, E. O., & Zhang, L. (2015). Effects of sex differences in the pharmacokinetics of drugs and
604	their impact on the safety of medicines in women. In M. Harrison-Woolrych (Ed.), Medicines
605	for women (pp. 41-68). Springer International Publishing.
606	Farkas, R. H., Unger, E. F., & Temple, R. (2013). Zolpidem and Driving Impairment — Identifying
607	Persons at Risk. New England Journal of Medicine, 369(8), 689-691.
608	https://doi.org/10.1056/NEJMp1307972
609	Feldman, S., Ammar, W., Lo, K., Trepman, E., van Zuylen, M., & Etzioni, O. (2019). Quantifying Sex
610	Bias in Clinical Studies at Scale With Automated Data Extraction. JAMA Network Open, 2(7),
611	e196700-e196700. https://doi.org/10.1001/jamanetworkopen.2019.6700
612	Fernández-Liz, E., Modamio, P., Catalán, A., Lastra, C. F., Rodríguez, T., & Mariño, E. L. (2008).
613	Identifying how age and gender influence prescription drug use in a primary health care
614	environment in Catalonia, Spain. British Journal of Clinical Pharmacology, 65(3), 407-417.
615	Flanagan, K. L. (2014). Sexual dimorphism in biomedical research: a call to analyse by sex.
616	Transactions of The Royal Society of Tropical Medicine and Hygiene, 108(7), 385-387.
617	https://doi.org/10.1093/trstmh/tru079
618	Gandhi, M., Aweeka, F., Greenblatt, R. M., & Blaschke, T. F. (2004). Sex differences in
619	pharmacokinetics and pharmacodynamics. Annual Review of Pharmacology and Toxicology,
620	44, 499-523.
621	Garcia-Sifuentes, Y., & Maney, D. L. (2021). Reporting and misreporting of sex differences in the
622	biological sciences. eLife, 10, e70817. https://doi.org/10.7554/eLife.70817
623	Gelman, A., & Rubin, D. B. (1992). Inference from iterative simulation using multiple sequences.
624	Statistical science, 7(4), 457-472.
625	Gould, S. J. (1966). Allometry and size in ontogeny and phylogeny. Biological Reviews, 41(4), 587-
626	638.
627	Greenblatt, D. J., Harmatz, J. S., Singh, N. N., Steinberg, F., Roth, T., Moline, M. L., Harris, S. C., &
628	Kapil, R. P. (2014). Gender differences in pharmacokinetics and pharmacodynamics of

629	zolpidem following sublingual administration. The Journal of Clinical Pharmacology, 54(3),
630	282-290.
631	. Greenblatt, D. J., Harmatz, J. S., & Roth, T. (2019). Zolpidem and gender: Are women really at risk
632	Journal of clinical psychopharmacology, 39(3), 189-199.
633	Guo, T., Sun, W. J., Xia, D. Y., & Zhao, L. S. (2010). The pharmacokinetics of fluconazole in healthy
634	Chinese adult volunteers: influence of ethnicity and gender. Journal of Clinical Pharmacy and
635	Therapeutics, 35(2), 231-237.
636	Gurevitch, J., Koricheva, J., Nakagawa, S., & Stewart, G. (2018). Meta-analysis and the science of
637	research synthesis. Nature, 555(7695), 175-182.
638	Heath, A., & Pechlivanoglou, P. Prioritizing Research in an Era of Personalized Medicine: The
639	Potential Value of Unexplained Heterogeneity. Medical Decision Making, 0(0),
640	0272989X211072858. https://doi.org/10.1177/0272989x211072858
641	Huxley, J. S. (1924). Constant differential growth-ratios and their significance. Nature, 114, 895-896.
642	Huxley, J. S. (1932). Problems of Relative Growth. John Hopkins University Press.
643	Holdcroft, A. (2007). Gender bias in research: how does it affect evidence based medicine? In: SAGE
644	Publications Sage UK: London, England.
645	Jackson, S. E., & Chester, J. D. (2015). Personalised cancer medicine. International Journal of Cancer,
646	137(2), 262-266. https://doi.org/https://doi.org/10.1002/ijc.28940
647	Jarugula, V., Yeh, C. M., Howard, D., Bush, C., Keefe, D. L., & Dole, W. P. (2010). Influence of body
648	weight and gender on the pharmacokinetics, pharmacodynamics, and antihypertensive
649	efficacy of aliskiren. The Journal of Clinical Pharmacology, 50(12), 1358-1366.
650	Javaid, M., & Haleem, A. (2018). Additive manufacturing applications in orthopaedics: A review.
651	Journal of Clinical Orthopaedics and Trauma, 9(3), 202-206.
652	https://doi.org/https://doi.org/10.1016/j.jcot.2018.04.008
653	Karp, N. A., Mason, J., Beaudet, A. L., Benjamini, Y., Bower, L., Braun, R. E., Brown, S. D., Chesler, E. J.,
654	Dickinson, M. E., & Flenniken, A. M. (2017). Prevalence of sexual dimorphism in mammalian
655	phenotypic traits. <i>Nature Communications</i> , 8(1), 1-12.
656	Kim, A. M., Tingen, C. M., & Woodruff, T. K. (2010). Sex bias in trials and treatment must end.
657	Nature, 465(7299), 688-689. https://doi.org/10.1038/465688a
658	Klein, S. L., & Poland, G. A. (2013). Personalized vaccinology: one size and dose might not fit both
659	sexes. Vaccine, 31(23), 2599-2600.
660	Klein, S. L., Schiebinger, L., Stefanick, M. L., Cahill, L., Danska, J., de Vries, G. J., Kibbe, M. R.,
661	McCarthy, M. M., Mogil, J. S., Woodruff, T. K., & Zucker, I. (2015). Opinion: Sex inclusion in
662	basic research drives discovery. Proceedings of the National Academy of Sciences, 112(17),
663	5257-5258. <u>https://doi.org/10.1073/pnas.1502843112</u>
664 665	Klinge, I. (2008). Gender perspectives in European research. Pharmacological Research, 58(3), 183-
665	189. https://doi.org/https://doi.org/10.1016/j.phrs.2008.07.011
666	Klingenberg, C. P. (1998). Heterochrony and allometry: the analysis of evolutionary change in
667 667	ontogeny. <i>Biological Reviews, 73</i> (1), 79-123. https://doi.org/10.1017/s000632319800512x
668	Klingenberg, C. P. (2010). There's something afoot in the evolution of ontogenies. Bmc Evolutionary
669 670	Biology, 10, Article 221. https://doi.org/10.1186/1471-2148-10-221
670	Koren, G., Nordeng, H., & MacLeod, S. (2013). Gender differences in drug bioequivalence: time to
671 672	rethink practices. Clinical Pharmacology & Therapeutics, 93(3), 260-262.
672 672	Laird, N. M., & Ware, J. H. (1982). Random-effects models for longitudinal data. Biometrics, 963-974.
673 674	Li, J., & Ji, L. (2005). Adjusting multiple testing in multilocus analyses using the eigenvalues of a
	correlation matrix. Heredity, 95(3), 221-227.
675 676	Madla, C. M., Gavins, F. K. H., Merchant, H. A., Orlu, M., Murdan, S., & Basit, A. W. (2021). Let's talk
677	about sex: Differences in drug therapy in males and females. Advanced Drug Delivery Reviews, 175, 113804, https://doi.org/https://doi.org/10.1016/i.addr.2021.05.014
678	Reviews, 175, 113804. https://doi.org/https://doi.org/10.1016/j.addr.2021.05.014 Mauvais-Jarvis, F., Bairey Merz, N., Barnes, P. J., Brinton, R. D., Carrero, JJ., DeMeo, D. L., De Vries,
678 679	
0/3	G. J., Epperson, C. N., Govindan, R., Klein, S. L., Lonardo, A., Maki, P. M., McCullough, L. D.,

680	Regitz-Zagrosek, V., Regensteiner, J. G., Rubin, J. B., Sandberg, K., & Suzuki, A. (2020). Sex
681	and gender: modifiers of health, disease, and medicine. The Lancet, 396(10250), 565-582.
682	https://doi.org/https://doi.org/10.1016/S0140-6736(20)31561-0
683	Mazure, C. M., & Jones, D. P. (2015). Twenty years and still counting: including women as
684	participants and studying sex and gender in biomedical research. BMC Women's Health,
685	15(1), 94. https://doi.org/10.1186/s12905-015-0251-9
686	Mogil, J. S., & Chanda, M. L. (2005). The case for the inclusion of female subjects in basic science
687	studies of pain. PAIN, 117(1).
688	https://journals.lww.com/pain/Fulltext/2005/09000/The_case_for_the_inclusion_of_female
689	_subjects_in.1.aspx
690	Morrissey, M. B. (2016). Meta-analysis of magnitudes, differences and variation in evolutionary
691	parameters. Journal of Evolutionary Biology, 29(10), 1882-1904.
692	Morrow, E. H. (2015). The evolution of sex differences in disease. Biology of Sex Differences, 6(1), 5.
693	https://doi.org/10.1186/s13293-015-0023-0
694	Morrow, E. H., & Connallon, T. (2013). Implications of sex-specific selection for the genetic basis of
695	disease. Evolutionary Applications, 6(8), 1208-1217.
696	Nakagawa, K., & Kajiwara, A. (2015). Female sex as a risk factor for adverse drug reactions. Nihon
697	rinsho. Japanese journal of clinical medicine, 73(4), 581-585.
698	Nakagawa, S., & Santos, E. S. (2012). Methodological issues and advances in biological meta-analysis.
699	Evolutionary Ecology, 26(5), 1253-1274.
700	Nakagawa, S., Poulin, R., Mengersen, K., Reinhold, K., Engqvist, L., Lagisz, M., & Senior, A. M. (2015).
701	Meta-analysis of variation: ecological and evolutionary applications and beyond. Methods in
702	Ecology and Evolution, 6(2), 143-152.
703	Nakagawa, S., Johnson, P. C. D., & Schielzeth, H. (2017). The coefficient of determination R ² and
704	intra-class correlation coefficient from generalized linear mixed-effects models revisited and
705	expanded. Journal of The Royal Society Interface, 14(134), 20170213.
706	https://doi.org/doi:10.1098/rsif.2017.0213
707	Nakagawa, S., Kar, F., O'Dea, R. E., Pick, J. L., & Lagisz, M. (2017). Divide and conquer? Size
708	adjustment with allometry and intermediate outcomes. BMC biology, 15(1), 1-6.
709	Nakagawa, S., Lagisz, M., O'Dea, R. E., Rutkowska, J., Yang, Y., Noble, D. W. A., & Senior, A. M. (2021).
710	The orchard plot: Cultivating a forest plot for use in ecology, evolution, and beyond.
711	Research Synthesis Methods, 12(1), 4-12. https://doi.org/https://doi.org/10.1002/jrsm.1424
712	NIH, 1993. Revitalization Act of 1993, PL 103-43. Available at
713	grants.nih.gov/grants/funding/women_min/guidelines_amended_10_2001.htm001.htm
714	Oh, S. S., Galanter, J., Thakur, N., Pino-Yanes, M., Barcelo, N. E., White, M. J., de Bruin, D. M.,
715	Greenblatt, R. M., Bibbins-Domingo, K., Wu, A. H. B., Borrell, L. N., Gunter, C., Powe, N. R., &
716	Burchard, E. G. (2015). Diversity in Clinical and Biomedical Research: A Promise Yet to Be
717	Fulfilled. PLOS Medicine, 12(12), e1001918. https://doi.org/10.1371/journal.pmed.1001918
718	Pélabon, C., Bolstad, G. H., Egset, C. K., Cheverud, J. M., Pavlicev, M., & Rosenqvist, G. (2013). On the
719	relationship between ontogenetic and static allometry. The American Naturalist, 181(2),
720	195-212.
721	Prendergast, B. J., Onishi, K. G., & Zucker, I. (2014). Female mice liberated for inclusion in
722	neuroscience and biomedical research. Neuroscience & Biobehavioral Reviews, 40, 1-5.
723	https://doi.org/https://doi.org/10.1016/j.neubiorev.2014.01.001
724	Pinheiro, J., Bates, D., DebRoy, S., Sarkar, D., & Team, R. C. (2021). nlme: Linear and Nonlinear Mixed
725	Effects Models. In (Version 3.1-153) https://CRAN.R-project.org/package=nlme
726	Polasek, T. M., Shakib, S., & Rostami-Hodjegan, A. (2018). Precision dosing in clinical medicine:
727	present and future. Expert Review of Clinical Pharmacology, 11(8), 743-746.
728	https://doi.org/10.1080/17512433.2018.1501271

729	Porto, A., de Oliveira, F. B., Shirai, L. T., De Conto, V., & Marroig, G. (2009). The Evolution of
730	Modularity in the Mammalian Skull I: Morphological Integration Patterns and Magnitudes.
731	Evolutionary Biology, 36(1), 118-135. https://doi.org/10.1007/s11692-008-9038-3
732	Rademaker, M. (2001). Do women have more adverse drug reactions? American journal of clinical
733	dermatology, 2(6), 349-351.
734	Rathore, S. S., Wang, Y., & Krumholz, H. M. (2002). Sex-based differences in the effect of digoxin for
735	the treatment of heart failure. New England Journal of Medicine, 347(18), 1403-1411.
736	Rawlik, K., Canela-Xandri, O., & Tenesa, A. (2016). Evidence for sex-specific genetic architectures
737	across a spectrum of human complex traits. Genome biology, 17(1), 1-8.
738	Regitz-Zagrosek, V., & Kararigas, G. (2017). Mechanistic pathways of sex differences in cardiovascular
739	disease. Physiological reviews, 97(1), 1-37.
740	Rogers, W. A., & Ballantyne, A. J. (2008). Exclusion of Women From Clinical Research: Myth or
741	Reality? Mayo Clinic Proceedings, 83(5), 536-542.
742	https://doi.org/https://doi.org/10.4065/83.5.536
743	Schielzeth, H., & Forstmeier, W. (2009). Conclusions beyond support: overconfident estimates in
744	mixed models. Behavioral ecology, 20(2), 416-420.
745	Senior, A. M., Viechtbauer, W., & Nakagawa, S. (2020). Revisiting and expanding the meta-analysis of
746	variation: The log coefficient of variation ratio. Research Synthesis Methods, 11(4), 553-567.
747	Sex, T., & Group, G. S. R. C. t. A. (2020). Sex and gender in health research: updating policy to reflect
748	evidence. Medical Journal of Australia, 212(2), 57-62.e51.
749	doi:https://doi.org/10.5694/mja2.50426
750	Shansky, R. M. (2019). Are hormones a female problem for animal research? Science, 364(6443),
751	825-826. https://doi.org/doi:10.1126/science.aaw7570
752	Soldin, O. P., & Mattison, D. R. (2009). Sex Differences in Pharmacokinetics and Pharmacodynamics.
753	Clinical Pharmacokinetics, 48(3), 143-157. https://doi.org/10.2165/00003088-200948030-
754	00001
755	Tannenbaum, C., Ellis, R. P., Eyssel, F., Zou, J., & Schiebinger, L. (2019). Sex and gender analysis
756	improves science and engineering. Nature, 575(7781), 137-146.
757	Team, R. C. (2019). R: A language and environment for statistical computing. In <i>R Foundation for</i>
758	Statistical Computing. http://www.R-project.org
759	Usui, T., Macleod, M. R., McCann, S. K., Senior, A. M., & Nakagawa, S. (2021). Meta-analysis of
760	variation suggests that embracing variability improves both replicability and generalizability
761	in preclinical research. PLoS Biology, 19(5), e3001009.
762	Van Hoof, J. (2015). Female thermal demand. Nature Climate Change, 5(12), 1029-1030.
763	Viechtbauer, W. (2010). Conducting meta-analyses in R with the metafor package. Journal of
764	statistical software, 36(3), 1-48.
765	Voje, K. L., Hansen, T. F., Egset, C. K., Bolstad, G. H., & Pélabon, C. (2014). Allometric constraints and
766	the evolution of allometry. Evolution, 68(3), 866-885. https://doi.org/10.1111/evo.12312
767	Wallach, J. D., Sullivan, P. G., Trepanowski, J. F., Steyerberg, E. W., & Ioannidis, J. P. (2016). Sex based
768	subgroup differences in randomized controlled trials: empirical evidence from Cochrane
769	meta-analyses. bmj, 355.
770	Whitley, H. P., & Lindsey, W. (2009). Sex-based differences in drug activity. American Family
771	Physician, 80(11), 1254-1258.
772	Wickham, H. (2016). ggplot2: Elegant Graphics for Data Analysis. Springer-Verlag.
773	https://ggplot2.tidyverse.org
774	Wickham, H., François, R., Henry, L., & Müller, K. (2021). dplyr: A Grammar of Data Manipulation. In
775	(Version 1.0.7) https://CRAN.R-project.org/package=dplyr
776	Wiemann, L. M., Vallarta-Ast, N., Krueger, D., & Binkley, N. (2007). Effect of female database use for
777	T-score derivation in men. Journal of Clinical Densitometry, 10(3), 244-248.

778	Wilson, L. A. B., & Sánchez-Villagra, M. R. (2010). Diversity trends and their ontogenetic basis: an
779	exploration of allometric disparity in rodents. Proc R Soc Lond B Biol Sci, 277.
780	https://doi.org/10.1098/rspb.2009.1958
704	Milese L. A. (2012) Allow strip discontinuity and extraction. Each second Evolution, 2(4), 074,004

781 Wilson, L. A. (2013). Allometric disparity in rodent evolution. *Ecology and Evolution*, *3*(4), 971-984.

- Woitowich, N. C., Beery, A., & Woodruff, T. (2020). A 10-year follow-up study of sex inclusion in the
 biological sciences. eLife, 9, e56344. https://doi.org/10.7554/eLife.56344
- Yang, L., Li, Y., Hong, H., Chang, C.-W., Guo, L.-W., Lyn-Cook, B., Shi, L., & Ning, B. (2012). Sex
 differences in the expression of drug-metabolizing and transporter genes in human liver.
 Journal of drug metabolism & toxicology, 3(3).
- Yu, Y., Chen, J., Li, D., Wang, L., Wang, W., & Liu, H. (2016). Systematic analysis of adverse event
 reports for sex differences in adverse drug events. Scientific Reports, 6(1), 1-9.
- Zajitschek, S. R. K., Zajitschek, F., Bonduriansky, R., Brooks, R. C., Cornwell, W., Falster, D. S., Lagisz,
 M., Mason, J., Senior, A. M., Noble, D. W. A., & Nakagawa, S. (2020). Sexual dimorphism in
 trait variability and its eco-evolutionary and statistical implications. *eLife*, *9*, e63170.
 https://doi.org/10.7554/eLife.63170
- Zucker, I., & Beery, A. K. (2010). Males still dominate animal studies. *Nature*, 465(7299), 690-690.
 https://doi.org/10.1038/465690a
- Zucker, I., & Prendergast, B. J. (2020). Sex differences in pharmacokinetics predict adverse drug
 reactions in women. *Biology of Sex Differences*, 11(1), 32. <u>https://doi.org/10.1186/s13293-</u>
 020-00308-5
- Zucker, I., Prendergast, B. J., & Beery, A. K. (2021). Pervasive Neglect of Sex Differences in Biomedical
 Research. Cold Spring Harbor Perspectives in Biology, a039156.
- 800

801 Acknowledgements

- 802 This research was supported by Australian Research Council grants DP200100361 awarded
- to SN and ML and FT200100822 awarded to LABW. Research reported in this publication
- 804 was supported by the European Molecular Biology Laboratory core funding and the National
- 805 Human Genome Research Institute of the National Institutes of Health under Award Number
- 806 UM1HG006370. The content is solely the responsibility of the authors and does not
- 807 necessarily represent the official views of the National Institutes of Health.

808

809 Author contributions

- LABW and SN designed the research; SN, LABW, SRKZ, ML and HH contributed to the
- 811 conception and implementation of data analysis; JM contributed to data acquisition; LABW
- 812 drafted the manuscript with contributions from SN and ML.
- 813

814 **Competing interests**

- 815 The authors declare no competing interests.
- 816