# Multiethnic Polygenic Risk Prediction in Diverse Populations through Transfer Learning

Peixin Tian<sup>1</sup>, Tsai Hor Chan<sup>1</sup>, Yong-Fei Wang<sup>2</sup>, Wanling Yang<sup>2</sup>, Guosheng Yin<sup>1</sup>, Yan Dora Zhang<sup>1,4\*</sup>

- <sup>1</sup> Department of Statistics and Actuarial Science, The University of Hong Kong, Pokfulam Hong Kong SAR, China;
- <sup>2</sup> Department of Paediatrics and Adolescent Medicine, The University of Hong Kong, Pokfulam Hong Kong SAR, China;
- <sup>4</sup> Centre for PanorOmic Sciences, Li Ka Shing Faculty of Medicine, The University of Hong Kong, Hong Kong SAR, China.
  - \* To whom correspondence should be addressed:doraz@hku.hk

### Abstract

Polygenic risk scores (PRS) leverage the genetic contribution of an individual's genotype by estimating disease risk. Traditional PRS prediction methods are predominantly for European population. The accuracy of PRS prediction in non-European populations is diminished due to much smaller sample size of genome-wide association studies (GWAS). In this article, we introduced a novel method to construct PRS for non-European populations, abbreviated as TL-Multi, by conducting transfer learning framework to learn useful knowledge from European population to correct the bias for non-European populations. We considered non-European GWAS data as target data and European GWAS data as informative auxiliary data. TL-Multi borrowed useful information from auxiliary data to improve the learning accuracy of the target data while preserving the efficiency and accuracy. To demonstrate the practical applicability of the proposed method, we applied TL-Multi to predict systemic lupus erythematosus (SLE) risk in Hong Kong population by borrowing information from European population. TL-Multi achieved better prediction accuracy than alternative methods including Lassosum, meta-analysis and linkage disequilibrium (LD)-informed pruning

and P-values thresholding for multiethnic PRS (PT-Multi), and substantially improved the prediction performance with moderate cross-population genetic correlation in both simulations and SLE application.

**KEY WORDS:** genome-wide association study, polygenic risk score, systemic lupus erythematosus, transfer learning, multiethnic populations

# 1 INTRODUCTION

Genetic risk prediction is an important methodology for understanding the underlying genetic architecture and the inclusion of information on complex traits, such as estimating the genetic risk of complex traits or diseases (e.g., coronary artery disease)(Chatterjee et al., 2016; Ge et al., 2019). Polygenic risk scores (PRS) are one of the approaches to reflect a mathematical aggregation of risk by variants such as single nucleotide polymorphisms (SNPs) (Peterson et al., 2019). With the application of the best linear unbiased predictor to estimate PRS, some methods use summary association statistics as training data (Consortium, 2009; Vilhjálmsson et al., 2015; Shi et al., 2016), and others require individual-level data, such as genotype data and phenotypes (De Los Campos et al., 2010; Speed and Balding, 2014; Maier et al., 2015; Moser et al., 2015; Coram et al., 2017). As an implementation, PRS have become a widely used statistical tool to estimate the genetic risk of certain diseases or phenotypes (Mak et al., 2017). Specifically, PRS for a particular disease demonstrate the risk index for people to suffer from the disease. A remarkable study of five common diseases (coronary artery disease, atrial fibrillation, type 2 diabetes, inflammatory bowel disease, and breast cancer) found that people with top 8.0, 6.1, 3.5, 3.2, and 1.5% highest PRS had a three-fold higher risk to develop these diseases than people with average PRS (Khera et al., 2018).

However, the majority of public genome-wide association study (GWAS) data has been conducted in European population (Popejoy and Fullerton, 2016). Due to the limited availability of non-European ancestral data and the diversity of linkage disequilibrium (LD) architectures among distinct populations, previous studies showed that the genetic architectures of specific phenotypes or diseases were highly consistent between populations (single-variant level and genome-wide level) (Huang et al., 2021). Hence, using PRS derived from European population can result in disease associations being under- or overestimated in other populations (Kim et al.,

2018). Traditional approaches are insufficient to address this challenge when multiple populations are involved. Recent genetic statistical studies have indicated that diverse population variants share the same underlying causal variants (Brown et al., 2016; Shi et al., 2020), which raises the possibility of transferability of PRS across distinct ethnic groups. However, existing studies focus mostly on the application with one homogeneous population. For example, LD-pred (Vilhjálmsson et al., 2015) and PRS-CS (Ge et al., 2019) improve the prediction accuracy by enhancing LD modelling. As an alternative, a penalized regression framework based on summary statistics, namely Lassosum was proposed by Mak et al. (2017), whereas these methods are limited to GWAS data from one homogeneous population. Current multiethnic PRS construction methods can leverage trans-ethnic GWAS information (Coram et al., 2017), and stratify squared trans-ethnic genetic correlation in explanation of environmental effects on genes (Shi et al., 2021). Moreover, Márquez-Luna et al. (2017) proposed PT-Multi for multiethnic PRS prediction by performing LD-informed pruning and P-value thresholding (PT) (Consortium, 2009) on each homogeneous population and linearly combining the most predictive PRS from each specific population.

However, previous studies ignored the information gap among diverse populations. Li et al. (2020) proposed a high-dimensional linear regression model to transfer knowledge between informative samples and target samples to improve the learning performance of target samples. By using GWAS summary statistics from different ancestries and incorporating the idea of transfer learning (Li et al., 2020), we propose a novel statistical method called TL-Multi to enhance the transferability of polygenic risk prediction across diverse populations. TL-Multi assumes most causal variants are shared among diverse populations. There is a difference between the target samples and the informative auxiliary samples in the genetic architecture, which causes estimation bias. TL-Multi further corrects this bias and estimates the PRS using Lassosum (Mak et al., 2017). Additionally, TL-Multi inherits the advantages of Lassosum, ensuring that it has more accurate performance in all circumstances than initial PT and circumvents convex optimization challenges in LDpred. Moreover, TL-Multi extends the application to estimate the genetic risk from unmatched ancestral populations. For practical analysis, we investigate TL-Multi prediction performance with informative auxiliary European samples from UK Biobank (https://www.ukbiobank.ac.uk), and European summary statistics and Hong Kong tar-

get samples from previous studies to predict PRS in systemic lupus erythematosus (SLE). We obtain a greater than 125% relative improvement in prediction accuracy compared to only using GWAS data from Hong Kong population. Furthermore, TL-Multi performs more accurately in PRS prediction in most scenarios in comparison with the recent multiethnic methods, meta-analysis, and PT-Multi.

Additionally, we refer to Huang et al. (2021) to classify the PRS methods into two categories: single-discovery methods and multi-discovery methods. Single-discovery methods use GWAS data from a single homogeneous population, and multi-discovery methods apply the combined GWAS data of multiple populations.

# 2 MATERIALS AND METHODS

### 2.1 Data Overview

In this study, we requested the individual-level genotyped data for a previous SLE GWAS in Hong Kong (Wang et al., 2021) as the testing dataset, which included 1,604 SLE cases and 3,324 controls. We used GWAS summary statistics of SLE from both East Asian and European populations to train the models. The data for East Asians were collected from Guangzhou (GZ) and Central China (CC), including 2,618 SLE cases and 5,107 controls (Wang et al., 2021). The data for Europeans were obtained from previous studies (Wang et al., 2021; Morris et al., 2016; Julià et al., 2018), involving a total of 4,576 cases and 8,039 controls. Variants with minor allele frequency greater than 1% and imputed INFO scores greater than 0.7 in respectively ancestral groups were reserved for the following analyses.

### 2.2 Lassosum

Lassosum is a statistical approach introduced by Mak et al. (2017) which enables to tune parameters without validation datasets and phenotype data via pseudovalidation, and outperforms PT and LDpred in prediction (Consortium, 2009; Vilhjálmsson et al., 2015). It refers to the idea of Tibshirani (1996) to deal with sparse matrices and calculate PRS only by using summary statistics and an external LD reference panel. In this article, the ancestry-matched LD block is generally estimated by the 1000 Genome project (https://www.internationalgenome.org).

Additionally, we keep the reference panel's ancestry consistent with that of our target population. Furthermore, if the SNP-wise correlation  $r_i$  is not available, we can estimate  $r_i$  following Mak et al. (2017):  $r_i = \frac{t_i}{\sqrt{n-1+t_i^2}}$ .

### 2.3 PT-Multi

PT-Multi assumes the multiethnic PRS is a linear combination of the most predictive PRS from each population. First, it applies LD-pruning and P-value thresholding (PT) (Consortium, 2009) to each single ethnic summary statistics and gets the most predictive PRS. Second, it fits marginal linear regression models to get weights for each population, respectively. We apply the R package 'bigspnr' (Privé et al., 2018) to validation data for LD informed clumping with  $r^2$  threshold of 0.1. The P-value thresholds are among: 1, 0.3, 0.1,  $3 \times 10^{-2}$ ,  $10^{-2}$ ,  $3 \times 10^{-3}$ ,  $10^{-3}$ ,  $3 \times 10^{-4}$ , and  $10^{-4}$ . We conduct 10-fold cross-validation to determine the optimal P-value threshold for each population. We use an independent validation data set to compute the final PRS and the average value of  $\mathbb{R}^2$  across the 10 folds.

This article uses single-discovery method (Lassosum) to regress European, Asian, and multidiscovery methods (meta-analysis, TL-Multi, PT-Multi) to determine the most predictive PRS with the highest  $R^2$ . For ease of notations, let  $PRS_a$ ,  $PRS_e$ ,  $PRS_{ma}$ ,  $PRS_{tl}$ , and  $PRS_{pt}$  represent PRS for Asian, European, meta-analysis, TL-Multi and PT-Multi, respectively.

### 2.4 Meta-analysis of two diverse ancestries

We generate the estimates of effect sizes of joint GWAS data by

$$\hat{eta}_{ma} = rac{rac{eta_{a}^{2}}{se_{a}} + rac{eta_{e}^{2}}{se_{e}}}{se_{e}^{-2} + se_{e}^{-2}},$$

where  $\beta_a$  and  $\beta_e$  are the effect sizes obtained from Asian and European GWAS data, respectively, and  $se_a$  and  $se_e$  are the standard errors obtained directly from ancestry-matched GWAS data. Furthermore, the estimate of the standard error in meta-analysis is defined as:

$$\hat{se}_{ma} = \sqrt{\frac{1}{se_a^{-2} + se_e^{-2}}},$$

and the estimate of z-statistic is obtained from:

$$\hat{oldsymbol{z}}_{ma} = rac{\hat{oldsymbol{eta}}_{ma}}{\hat{se}_{ma}}.$$

The *P*-value is converted from  $\hat{z}_{ma}$  following:

P-value = 
$$2\Phi(-|\hat{z}_{ma}|)$$
,

where  $\Phi(\cdot)$  is the cumulative distribution function of the standard normal distribution N(0,1). In this meta-analysis, the ancestry of the reference panel is consistent with the ancestry of the target population. Furthermore, due to the majority of the total sample being of European ancestry, the LD block is estimated from European population in the 1000 Genome Project.

### 2.5 Multiethnic polygenic risk scores prediction using TL-Multi

In this article, we employ European population data as our informative auxiliary data, owing to its large sample size and relative accessibility. Additionally, we treat East Asians as the target population due to the scarcity of public data (Brown et al., 2016; Shi et al., 2020). Recall the fundamental framework we using for genetic architecture and phenotype, it is a linear combination with effect sizes  $\beta$ , and an n-by-p genotype matrix X, where p is the number of columns containing marker genotype codes corresponding to the number of reference alleles on the sample-specific SNP (e.g., 0, 1, 2), and n is the sample size, following as:

$$y = X\beta + \epsilon$$
,

where  $\mathbf{y}$  is a vector of clinical outcomes. Tibshirani (1996) proposed Lasso which is commonly used to estimate coefficients  $\hat{\boldsymbol{\beta}}$  (weights of  $\mathbf{X}$ ), when p (the columns of  $\mathbf{X}$  or the number of elements of  $\mathbf{y}$ ) is large enough to result in many  $\hat{\boldsymbol{\beta}}$  being 0. Specifically, the optimization problem of target population is equivalent to minimizing the objective function:

$$L(\boldsymbol{\beta}_a) = (\boldsymbol{y}_a - \boldsymbol{X}_a \boldsymbol{\beta}_a)^T (\boldsymbol{y}_a - \boldsymbol{X}_a \boldsymbol{\beta}_a) + 2\lambda \|\boldsymbol{\beta}_a\|_1,$$

where  $y_a$  is the vector of Aisan phenotypes,  $X_a$  is the genotype matrix of Asian population,

 $L(\cdot)$  is an optimizing function,  $\|\beta_a\|_1$  is the  $L_1$  norm of  $\beta_a$ ,  $\lambda$  is a data-dependent parameter determining the proportion of  $\beta_a$  to be estimated to 0. It can be widely extended in the scenarios in which only the summary statistics are available (Mak et al., 2017).

Motivated by Lassosum, we further propose a novel method, namely TL-Multi to extend its application to multiethnic polygenic prediction. We observed additional samples from auxiliary studies (e.g., European population). The estimate of the marginal effect sizes of European population,  $\hat{\beta}_e$ , can be generated using the auxiliary model:

$$L(\boldsymbol{\beta}_e) = (\boldsymbol{y}_e - \boldsymbol{X}_e \boldsymbol{\beta}_e)^T (\boldsymbol{y}_e - \boldsymbol{X}_e \boldsymbol{\beta}_e) + 2\lambda \|\boldsymbol{\beta}_e\|_1,$$
(1)

where  $y_e$  is the vector of European phenotypes,  $X_e$  is the genotype matrix of European population. For illustration, we denote the auxiliary studies, in which informative auxiliary samples can be transferred, and the target model and auxiliary model are similar at certain levels (e.g., similar genetic architectures). Furthermore, we assume the difference between auxiliary samples and target samples is denoted as (Li et al., 2020):

$$\hat{oldsymbol{\delta}} = \hat{oldsymbol{eta}}_a - \hat{oldsymbol{eta}}_e,$$

where  $\hat{\beta}_a$  (the weights of target population e.g., Asian population  $X_a$ ) is the target regression estimator, and  $\hat{\beta}_e$  (the weights of auxiliary population e.g., European population  $X_e$ ) is the estimator for auxiliary study. Furthermore, the informative auxiliary set,  $A_q$ , has a requirement to ensure that the information auxiliary set includes sufficiently different information under a constrained level. Specifically, the information difference should satisfy the sufficient sparsity:

$$A_q = \{ \|\hat{\boldsymbol{\delta}}\|_q \le h \}, \tag{2}$$

where  $q \in [0, 1]$ ,  $\|\hat{\boldsymbol{\delta}}\|_q$  is the  $L_q$  norm of the information difference  $\hat{\boldsymbol{\delta}}$  of the informative auxiliary samples. The assumption requires the auxiliary informative population  $A_q$  to include samples in their contrast vectors with a maximum  $L_q$ -sparsity of at most h. Moreover, when h is small in comparison to  $\hat{\boldsymbol{\beta}}$ , the prediction performance of the target samples can be improved.

Our goal is to correct the bias between these populations and improve prediction performance in Asian population. First, we can estimate the marginal effect sizes of European population,  $\hat{\beta}_e$  by minimizing the objective function based on equation (1):

$$L(\hat{\boldsymbol{\beta}}_e) = \operatorname{argmax}_{\boldsymbol{\beta}} 2\boldsymbol{r}_e^T \boldsymbol{\beta}_e - \boldsymbol{\beta}_e^T \boldsymbol{R}_e \boldsymbol{\beta}_e - \lambda \|\boldsymbol{\beta}_e\|_1,$$
(3)

where  $\mathbf{r}_e = \mathbf{X}_e^T \mathbf{y}_e$  is the SNP-wise correlation between the genotype matrix of European population  $\mathbf{X}_e$  and the phenotype  $\mathbf{y}_e$ , and  $\mathbf{R}_e$  is the LD matrix indicating a matrix of correlations between SNPs. The estimates of  $\mathbf{r}_e$  can be obtained from summary statistics, and the estimates of  $\mathbf{R}_e$  can be obtained from publicly available databases, such as the 1000 Genome project. As Mak et al. (2017) indicated, the PRS can be estimated by optimizing equation (3) without extra individual-level data.

Specifically, TL-Multi estimates the PRS of Asian population by correcting the bias between European and Asian populations. We further denote the bias as  $\boldsymbol{\delta}$  which is the difference between European and Asian populations in genetic architecture. The new estimate of effect sizes of Asian population can be presented as:  $\boldsymbol{\beta}_{tl} = \boldsymbol{\beta}_e + \boldsymbol{\delta}$ , in which  $\boldsymbol{\delta}$  is estimated by:

$$L(\hat{\boldsymbol{\delta}}) = \operatorname{argmax}_{\boldsymbol{\delta}} 2 \left( \boldsymbol{r}_a^T \boldsymbol{\delta} + \boldsymbol{\delta} \boldsymbol{R}_a \boldsymbol{\beta}_e \right) - \boldsymbol{\delta}^T \boldsymbol{R}_a \boldsymbol{\delta} - \lambda_{\boldsymbol{\delta}} \| \boldsymbol{\delta} \|_1.$$
 (4)

According to pseudovalidation proposed by Mak et al. (2017), the optimal single-discovery PRS for European and Asian populations can be determined directly by the highest R<sup>2</sup> without the phenotypes. The optimal estimates of effect sizes of Asian and European populations that we apply to TL-Multi are the ancestry-matched optimal PRS, respectively. The Algorithm 1 describes our proposed TL-Multi algorithm, and we further develop an R package, which is publicly available at https://github.com/mxxptian/TL-Multi.git.

### **Algorithm 1** Algorithm for TL-Multi

Data:  $r_a, r_e, X_a^{\star}$  (genotype matrix of target samples),  $R_a, R_e, y_a, (\lambda^{(1)}, \dots, \lambda^{(K)})$  (the tuning parameters for  $\hat{\boldsymbol{\beta}}_e$ ),  $(\lambda_{\boldsymbol{\delta}}^{(1)}, \dots, \lambda_{\boldsymbol{\delta}}^{(K)})$  (the tuning parameters for  $\hat{\boldsymbol{\delta}}$ );

Result:  $PRS_{tl}$ ;

- 1 Obtain  $\{\hat{\beta}_e^{(k)}\}_{k=1}^K$  by solving  $L(\hat{\beta}_e) = \{j \in [K] : \operatorname{argmax}_{\beta} 2\boldsymbol{r}_e^T \boldsymbol{\beta}_e \boldsymbol{\beta}_e^T \boldsymbol{R}_e \boldsymbol{\beta}_e \lambda^{(j)} \|\boldsymbol{\beta}_e\|_1 \}$  with different tuning parameters  $(\lambda^{(1)}, \dots, \lambda^{(K)})$ ;
- **2** Evaluate model performance by  $R^2$  with  $y_a$ ;
- **3** Obtain the optimal  $\hat{\beta}_e$  with the maximum  $\mathbb{R}^2$ ;
- 4 Obtain  $\hat{\boldsymbol{\beta}}_{tl}^{(j)} = \hat{\boldsymbol{\delta}}^{(j)} + \hat{\boldsymbol{\beta}}_e$  by solving  $L(\hat{\boldsymbol{\delta}}) = \{j \in [K] : \operatorname{argmax}_{\boldsymbol{\delta}} 2\boldsymbol{r}_a^T \boldsymbol{\delta} + 2\boldsymbol{\delta} \boldsymbol{X}_a^{\star T} \boldsymbol{X}_a \hat{\boldsymbol{\beta}}_e \boldsymbol{\delta}^T \boldsymbol{R}_a \boldsymbol{\delta} \lambda_{\boldsymbol{\delta}}^{(j)} \|\boldsymbol{\delta}\|_1 \}$  with different tuning parameters  $(\lambda_{\boldsymbol{\delta}}^{(1)}, \cdots, \lambda_{\boldsymbol{\delta}}^{(K)})$ ;
- **5** Evaluate model performance by  $R^2$  with  $y_a$ ;
- 6 Obtain the optimal  $\hat{\beta}_{tl}$  with the maximum  $\mathbb{R}^2$ ;
- 7 PRS<sub>tl</sub> =  $\hat{\boldsymbol{\beta}}_{tl} \boldsymbol{X}_a^{\star}$ .

### 2.6 Simulation studies

We performed a wide range of simulation studies to evaluate the performance of TL-Multi. We used real genotypes of European population from UK Biokbank and Asian population from previous studies. Following the quality control procedure proposed in Chang et al. (2015), we simulated genotypes from UK Biobank by applying the R package 'bigsnpr' (Privé et al., 2018) for variants whose P-value of Hardy-Weinberg equilibrium Fisher's exact test  $< 1 \times 10^{-5}$  with minor allele frequency (MAF) > 1%, and filtered out the SNPs and the samples with missingness. We further extracted the common variants between European samples and Asian samples. This resulted in 69, 398 SNPs in total, and 4,049 subjects in Asian population. We fixed SNP-heritability  $h^2$  at 0.5, and further simulated genetic architectures by randomly treating 1%, 1.5%, 2%, and 5% variants as causal variants. We assumed that these causal variants were shared in multiple populations with different effect sizes. Additionally, we sampled effect sizes from a multivariate normal distribution with a wide range of cross-population genetic correlation values (0.4, 0.6, and 0.8). There were 12 combinations in total. For each scenario, we generated 20 replicates and calculated the average values to assess the prediction accuracy. We took out the original phenotypes and generated new ones based on a linear framework:

$$y = X\beta + \epsilon$$
,

where X is the training set of the standardized genotype matrix, and  $\epsilon$  represent the random

error which was generated from  $N(0, 1 - h^2)$ .

Due to the possibility that sample size affects performance, we investigated 25:1 and 50:1 proportions of European samples to Asian samples. Additionally, we observed that the number of variants has a significant influence on the prediction performance, and the majority of variants are located on chromosomes 1-11. To show the effects of the number of SNPs, we performed simulations under the following scenarios: (1) using chromosomes 1-4; (2) using chromosomes 1-6; (3) using chromosomes 1-8; (4) using chromosomes 1-11.

# 3 RESULTS

### 3.1 Simulations

We performed simulations with real genotypes and simulated continuous phenotypes. We split the data from Hong Kong population into two groups: 1,000 samples as a training data set and 3,049 samples as testing data, and drew 50,000 samples from European samples. The training data set was used to simulate phenotypes, and the testing data were applied to performance assessments. The prediction accuracy was assessed by R<sup>2</sup>, which was based on the simulated phenotypes generated from the test data. Specifically, LD blocks for single-discovery method were ancestry-matched as the reference panels, and they were in correspondence with the ancestry of the target population for multi-discovery methods.

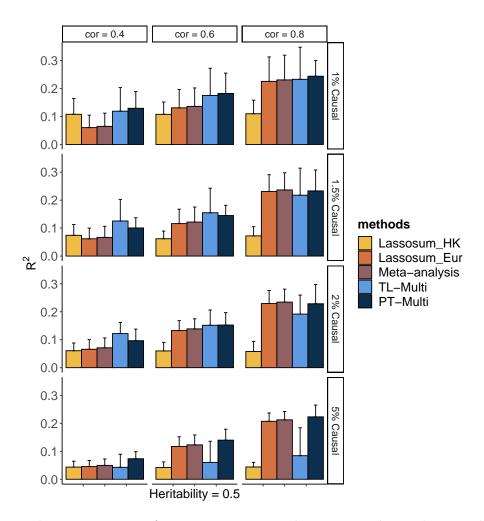


Figure 1: Prediction accuracy of Lassosum, meta-analysis, PT-Multi, and TL-Multi over 20 replications. Lassosum\_HK is Lassosum for Hong Kong population, and Lassosum\_Eur is Lassosum for European populations. Heritability was fixed at 0.5 and different genetic correlations (0.4, 0.6, and 0.8) with different causal variant proportions (1%, 1.5%, 2%, and 5%) were generated. 50,000 European samples and 1,000 Hong Kong samples were simulated. The variants were generated from the common variants of the first 4 chromosomes (21,477 SNPs). The prediction accuracy was measured by R<sup>2</sup> between the simulated and true phenotypes. The error bar indicated the upper bound of 95% confidence interval over 20 replications.

In Figure 1, we displayed the average values with a 95% upper bound of each simulation setting under scenario (1) over 20 replicates. We conducted single-discovery analyses for Asian and European populations by Lassosum, and multi-discovery analyses by meta-analysis, TL-Multi, and PT-Multi. Lassosum adopted the PRS with the maximum R<sup>2</sup> by 10-fold cross-validation. We observed that meta-analysis could not improve the prediction accuracy when single-discovery analysis of European population did not perform better than the Asian one. It reflected the consistent relationship between meta-analysis and single-discovery analysis of the informative

population. Moreover, meta-analysis could hardly outperform the European one. The performance of Lassosum for European population dominates the performance of meta-analysis since the sample size of European population is significantly larger than that of Hong Kong. Additionally, we observed that TL-Multi could always improve the accuracy compared to Lassosum for Hong Kong population. If the genetic architecture correlation was not particularly large (e.g.,  $\rho = 0.4$  or 0.6), TL-Multi was still superior to them at 1.5% and 2% causal proportions. In most scenarios, TL-Multi outperformed PT-Multi. Among 1%, 1.5%, 2% causal proportions, TL-Multi substantially improved multiethnic prediction accuracy under these simulation settings. PT-Multi conducted PT, which caused information loss in the data. However, TL-Multi could take all the data information into account. We found TL-Multi performed poorly at a 5% causal proportion. We noted that under this situation, the result of Lassosum for Hong Kong population was significantly inferior to that of European. We referred to the assumption (2) to cast doubt on the breach of our assumption. However, it is noteworthy that TL-Multi still enhanced Hong Kong's prediction accuracy in this scenario. We discovered that the performance of meta-analysis and PT-Multi for Hong Kong were nearly identical to that of Lassosum for Europeans, when we attributed to the huge disparity in multiethnic sample sizes. To summarize, European population dominated the performance of meta-analysis and PT-Multi.

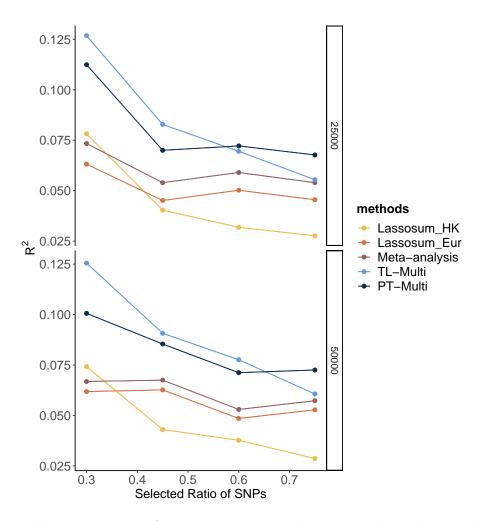


Figure 2: Prediction accuracy of Lassosum, meta-analysis, PT-Multi and TL-Multi over 20 replications in simulations. Selected ratio of SNPs is the ratio of the actual numbers of SNPs simulated to the total number of common SNPs (69,398). The actual numbers of SNPs simulated in the four scenarios are 21,477 (chromosomes 1-4), 32,151 (chromosomes 1-6), 39,682 (chromosomes 1-8), 49,909 (chromosomes 1-11) respectively. The average of R<sup>2</sup> are plotted. (A) The sample size of European population is 25,000, and the sample size of Hong Kong population is 1,000. (B) The sample size of European population is 50,000, and the sample size of Hong Kong population is 1,000.

Alternatively, we generated phenotypes using different chromosome subsets and sample sizes of European population while maintaining a fixed Hong Kong sample size. Over 20 replicates, we take the performance using a fixed genetic correlation of 0.4 and 1.5% causal variants as an example. In Figure 2(A), we drew 25,000 European subjects and 1,000 Hong Kong subjects. We observed that TL-Multi performed much better than the competing approaches. While the performance of Hong Kong was superior to that of Europeans, the performance of the meta-analysis was poor compared to that of Hong Kong. As the total number of SNPs increased, the

prediction accuracy of Hong Kong dramatically decreased. However, the prediction accuracy of Europeans decreased relatively slowly. Specifically, under scenario (4), TL-Multi was inferior to the other two multi-discovery methods. This can be explained by the ultra-dimensional data structure, which resulted a significant bias while simulating effect sizes of Hong Kong population. It leaded to limiting improvement for the target population. Moreover, the consistent trend in European, meta-analysis, and PT-Multi supported our previous extrapolation that the performance of European population could determine the primary contribution of the other two. In Figure 2(B), we simulated 50,000 European subjects. In scenario (3), we observed that the performance of PT-Multi was inferior to TL-Multi under the scenarios (1)-(3) and both of them outperformed the single-discovery method and meta-analysis. Furthermore, the performance of meta-analysis was consistent with that of European. As a result, even though the prediction accuracy under all the scenarios.

### 3.2 Analysis of SLE in Hong Kong Population

We applied the above four approaches to predict SLE risk in Hong Kong population. We used European SLE GWAS summary statistics from previous studies (Wang et al., 2021; Morris et al., 2016; Julià et al., 2018) (4,576 cases, and 8,039 controls), and the ancestry-matched GWAS summary statistics (Wang et al., 2021) (2,618 cases, and 5,107 controls). The validation data for Hong Kong population were from Wang et al. (2021) (1,604 cases, and 3,324 controls) employing 10-fold cross-validation following Mak et al. (2017).

We reported the area under the receiver operating characteristic curve (AUC) to assess the prediction accuracy of derived PRS. The ethnicity of the LD block is consistent with that of the majority population in GWAS data, and the LD block was derived from Berisa and Pickrell (2016). Furthermore, the reference panel was obtained from the 1000 Genome Project, and the ethnicity of it was consistent with the target population's. We set the P-value thresholds to be the same as the values in simulation studies, and  $r^2 = 0.1$ . We used the R package bigsnpr (Privé et al., 2018) to conduct PT. In real data analysis, TL-Multi outperformed the competing methods. The optimal PRS from European GWAS data yielded AUC of 0.6872 and 0.6943 from East Asian GWAS data. We further obtained the optimal PRS of meta-analysis,

TL-Multi and PT-Multi, with AUC values of 0.7098, 0.7131, and 0.5447, respectively. For binary classification, we used a logistic regression to obtain the mixing weights in PT-Multi. Consistent with the evaluations in simulation studies, we observed that TL-Multi improved 2.7% in prediction accuracy compared to Lassosum for Hong Kong population, and meta-analysis improved 2.2% compared to Lassosum. However, PT-Multi performed even worse than single-discovery method in real data analysis.

Moreover, we reported the case prevalence of the bottom 2%, 5%, and 10% and top 2%, 5%, and 10% of PRS distribution, constructed by single-discovery method, meta-analysis, and TL-Multi in Table 1. This summary report demonstrated the case prevalence under different PRS conditions. For instance, the bottom numbers indicate the prevalence of SLE among individuals with low PRS. We observed that TL-Multi had satisfactory performance and showed 10.66, 7.50, and 5.80 fold increases comparing the top 2%, 5%, and 10% with bottom 2%, 5%, and 10% of the PRS distribution, respectively.

Table 1: Case prevalence of the quantiles in the PRS distribution constructed by Lassosum, meta-analysis, and TL-Multi.

Prevalence	Bottom			Top		
	$\overline{2\%}$	5%	10%	10%	5%	2%
Lassosum_HK	0.0864	0.1133	0.1309	0.6963	0.7192	0.7407
Lassosum_Eur	0.1111	0.1281	0.1704	0.6938	0.7389	0.8148
Meta-Analysis	0.0864	0.0985	0.1309	0.7432	0.8030	0.8519
TL-Multi	0.0741	0.0985	0.1235	0.7160	0.7389	0.7901

# 4 DISCUSSION

In this article, we have proposed a novel approach named TL-Multi to improve the accuracy of PRS prediction for non-European populations. Our proposed method leverages summary statistics and makes complete use of all available data without clumping. We have shown that transferring the information from the informative auxiliary populations (e.g., European) to the target populations (e.g., East Asian) can indeed improve learning performance and the prediction accuracy of the target populations compared to single-discovery method. In addition, TL-Multi shows a higher AUC compared to meta-analysis and PT-Multi in real data analysis.

Compared to single-discovery method, we showed that the performance of TL-Multi was always more accurate with an acceptable running time (e.g., 2 minutes) than the performance of Lassosum for Hong Kong population, especially under moderate genetic correlation (e.g.,  $\rho = 0.6$ ). When the sample size of the target data set is limited, increasing the sample size of the informative data set can enhance the prediction accuracy of TL-Multi. In the simulation studies, we found that the performances of meta-analysis and PT-Multi were dominated by the performance of Lassosum for European population. Therefore, the performances of PT-Multi and meta-analysis were unsatisfactory, while the performance of European population was worse than that of Hong Kong population.

Another advantage of TL-Multi is its powerful transferability, which corrects the bias in estimation between European and non-European populations. De Candia et al. (2013) showed that the cross-population genetic correlation could leverage the causal effect sizes in different populations. In simulation studies, TL-Multi performed better when the genetic correlations were 0.4 and 0.6. It indicated that TL-Multi could be widely applied to two different populations which share some common genetic architecture information. Moreover, TL-Multi retained the pseudovalidation proposed in Mak et al. (2017). It extended the application of TL-Multi to fit the data without a validation data set and phenotype data.

Despite these advantages, some limitations of TL-Multi still remain for the future work. For example, if the difference between two populations is too enormous, our proposed approach's assumptions will fail to hold. It is worth bearing in mind to deal with this scenario. And in this article, we did not consider the X chromosome, whose information could also contribute to prediction accuracy (Tukiainen et al., 2014). In recent years, some approaches have fitted multiple diseases simultaneously (Maier et al., 2015; Turley et al., 2018; Chung et al., 2019; Musliner et al., 2019; Graff et al., 2021). These studies inspire us to investigate other TL-Mutli extensions that not bridge not only the gap between populations but also the gap between illnesses in the interim.

# References

Berisa, T. and Pickrell, J. K. (2016). Approximately independent linkage disequilibrium blocks in human populations. *Bioinformatics*, 32(2):283.

- Brown, B. C., Ye, C. J., Price, A. L., Zaitlen, N., Consortium, A. G. E. N. T. D., et al. (2016). Transethnic genetic-correlation estimates from summary statistics. *The American Journal of Human Genetics*, 99(1):76–88.
- Chang, C. C., Chow, C. C., Tellier, L. C., Vattikuti, S., Purcell, S. M., and Lee, J. J. (2015). Second-generation plink: rising to the challenge of larger and richer datasets. *Gigascience*, 4(1):s13742–015.
- Chatterjee, N., Shi, J., and García-Closas, M. (2016). Developing and evaluating polygenic risk prediction models for stratified disease prevention. *Nature Reviews Genetics*, 17(7):392–406.
- Chung, W., Chen, J., Turman, C., Lindstrom, S., Zhu, Z., Loh, P.-R., Kraft, P., and Liang, L. (2019). Efficient cross-trait penalized regression increases prediction accuracy in large cohorts using secondary phenotypes. *Nature communications*, 10(1):1–11.
- Consortium, I. S. (2009). Common polygenic variation contributes to risk of schizophrenia that overlaps with bipolar disorder. *Nature*, 460(7256):748.
- Coram, M. A., Fang, H., Candille, S. I., Assimes, T. L., and Tang, H. (2017). Leveraging multi-ethnic evidence for risk assessment of quantitative traits in minority populations. *The American Journal of Human Genetics*, 101(2):218–226.
- De Candia, T. R., Lee, S. H., Yang, J., Browning, B. L., Gejman, P. V., Levinson, D. F., Mowry, B. J., Hewitt, J. K., Goddard, M. E., O'Donovan, M. C., et al. (2013). Additive genetic variation in schizophrenia risk is shared by populations of african and european descent. The American Journal of Human Genetics, 93(3):463-470.
- De Los Campos, G., Gianola, D., and Allison, D. B. (2010). Predicting genetic predisposition in humans: the promise of whole-genome markers. *Nature Reviews Genetics*, 11(12):880–886.
- Ge, T., Chen, C.-Y., Ni, Y., Feng, Y.-C. A., and Smoller, J. W. (2019). Polygenic prediction via bayesian regression and continuous shrinkage priors. *Nature Communications*, 10(1):2041–1723.
- Graff, R. E., Cavazos, T. B., Thai, K. K., Kachuri, L., Rashkin, S. R., Hoffman, J. D., Alexeeff, S. E., Blatchins, M., Meyers, T. J., Leong, L., et al. (2021). Cross-cancer evaluation of

- polygenic risk scores for 16 cancer types in two large cohorts. *Nature communications*, 12(1):1–9.
- Huang, H., Ruan, Y., Feng, Y.-C. A., Chen, C.-Y., Lam, M., Sawa, A., Martin, A., Qin, S., and Ge, T. (2021). Improving polygenic prediction in ancestrally diverse populations.
- Julià, A., López-Longo, F. J., Venegas, J. J. P., Bonàs-Guarch, S., Olivé, À., Andreu, J. L., Aguirre-Zamorano, M. Á., Vela, P., Nolla, J. M., de la Fuente, J. L. M., et al. (2018). Genomewide association study meta-analysis identifies five new loci for systemic lupus erythematosus. Arthritis research & therapy, 20(1):1–10.
- Khera, A. V., Chaffin, M., Aragam, K. G., Haas, M. E., Roselli, C., Choi, S. H., Natarajan, P., Lander, E. S., Lubitz, S. A., Ellinor, P. T., et al. (2018). Genome-wide polygenic scores for common diseases identify individuals with risk equivalent to monogenic mutations. *Nature genetics*, 50(9):1219–1224.
- Kim, M. S., Patel, K. P., Teng, A. K., Berens, A. J., and Lachance, J. (2018). Genetic disease risks can be misestimated across global populations. *Genome biology*, 19(1):1–14.
- Li, S., Cai, T. T., and Li, H. (2020). Transfer learning for high-dimensional linear regression: Prediction, estimation, and minimax optimality.
- Maier, R., Moser, G., Chen, G.-B., Ripke, S., Absher, D., Agartz, I., Akil, H., Amin, F., Andreassen, O. A., Anjorin, A., et al. (2015). Joint analysis of psychiatric disorders increases accuracy of risk prediction for schizophrenia, bipolar disorder, and major depressive disorder. The American Journal of Human Genetics, 96(2):283–294.
- Mak, T. S. H., Porsch, R. M., Choi, S. W., Zhou, X., and Sham, P. C. (2017). Polygenic scores via penalized regression on summary statistics. *Genetic epidemiology*, 41(6):469–480.
- Márquez-Luna, C., Loh, P.-R., Consortium, S. A. T. . D. S., Consortium, S. T. . D., and Price, A. L. (2017). Multiethnic polygenic risk scores improve risk prediction in diverse populations.
  Genetic epidemiology, 41(8):811–823.
- Morris, D. L., Sheng, Y., Zhang, Y., Wang, Y.-F., Zhu, Z., Tombleson, P., Chen, L., Graham, D. S. C., Bentham, J., Roberts, A. L., et al. (2016). Genome-wide association meta-analysis

- in chinese and european individuals identifies ten new loci associated with systemic lupus erythematosus. *Nature genetics*, 48(8):940–946.
- Moser, G., Lee, S. H., Hayes, B. J., Goddard, M. E., Wray, N. R., and Visscher, P. M. (2015). Simultaneous discovery, estimation and prediction analysis of complex traits using a bayesian mixture model. *PLoS genetics*, 11(4):e1004969.
- Musliner, K. L., Mortensen, P. B., McGrath, J. J., Suppli, N. P., Hougaard, D. M., Bybjerg-Grauholm, J., Bækvad-Hansen, M., Andreassen, O., Pedersen, C. B., Pedersen, M. G., et al. (2019). Association of polygenic liabilities for major depression, bipolar disorder, and schizophrenia with risk for depression in the danish population. *JAMA psychiatry*, 76(5):516–525.
- Peterson, R. E., Kuchenbaecker, K., Walters, R. K., Chen, C.-Y., Popejoy, A. B., Periyasamy, S., Lam, M., Iyegbe, C., Strawbridge, R. J., Brick, L., et al. (2019). Genome-wide association studies in ancestrally diverse populations: opportunities, methods, pitfalls, and recommendations. Cell, 179(3):589–603.
- Popejoy, A. B. and Fullerton, S. M. (2016). Genomics is failing on diversity. *Nature News*, 538(7624):161.
- Privé, F., Aschard, H., Ziyatdinov, A., and Blum, M. G. (2018). Efficient analysis of large-scale genome-wide data with two r packages: bigstatsr and bigsnpr. *Bioinformatics*, 34(16):2781–2787.
- Shi, H., Burch, K. S., Johnson, R., Freund, M. K., Kichaev, G., Mancuso, N., Manuel, A. M., Dong, N., and Pasaniuc, B. (2020). Localizing components of shared transethnic genetic architecture of complex traits from gwas summary data. The American Journal of Human Genetics, 106(6):805–817.
- Shi, H., Gazal, S., Kanai, M., Koch, E. M., Schoech, A. P., Siewert, K. M., Kim, S. S., Luo, Y., Amariuta, T., Huang, H., et al. (2021). Population-specific causal disease effect sizes in functionally important regions impacted by selection. *Nature communications*, 12(1):1–15.
- Shi, J., Park, J.-H., Duan, J., Berndt, S. T., Moy, W., Yu, K., Song, L., Wheeler, W., Hua, X., Silverman, D., et al. (2016). Winner's curse correction and variable thresholding improve

- performance of polygenic risk modeling based on genome-wide association study summary-level data.  $PLoS\ genetics,\ 12(12):e1006493.$
- Speed, D. and Balding, D. J. (2014). Multiblup: improved snp-based prediction for complex traits. *Genome research*, 24(9):1550–1557.
- Tibshirani, R. (1996). Regression shrinkage and selection via the lasso. *Journal of the Royal Statistical Society: Series B (Methodological)*, 58(1):267–288.
- Tukiainen, T., Pirinen, M., Sarin, A.-P., Ladenvall, C., Kettunen, J., Lehtimäki, T., Lokki, M.-L., Perola, M., Sinisalo, J., Vlachopoulou, E., et al. (2014). Chromosome x-wide association study identifies loci for fasting insulin and height and evidence for incomplete dosage compensation. *PLoS genetics*, 10(2):e1004127.
- Turley, P., Walters, R. K., Maghzian, O., Okbay, A., Lee, J. J., Fontana, M. A., Nguyen-Viet, T. A., Wedow, R., Zacher, M., Furlotte, N. A., et al. (2018). Multi-trait analysis of genome-wide association summary statistics using mtag. Nature genetics, 50(2):229–237.
- Vilhjálmsson, B. J., Yang, J., Finucane, H. K., Gusev, A., Lindström, S., Ripke, S., Genovese, G., Loh, P.-R., Bhatia, G., Do, R., et al. (2015). Modeling linkage disequilibrium increases accuracy of polygenic risk scores. The american journal of human genetics, 97(4):576–592.
- Wang, Y.-F., Zhang, Y., Lin, Z., Zhang, H., Wang, T.-Y., Cao, Y., Morris, D. L., Sheng, Y., Yin, X., Zhong, S.-L., et al. (2021). Identification of 38 novel loci for systemic lupus erythematosus and genetic heterogeneity between ancestral groups. *Nature communications*, 12(1):1–13.