OTTERS: A powerful TWAS framework leveraging summary-level reference data

Qile Dai[1,12], Geyu Zhou[2], Hongyu Zhao[2,3], Urmo Võsa[4], Lude Franke[5,6], Alexis Battle[7], Alexander Teumer[8], Terho Lehtimäki[9], Olli Raitakari[10,11], Tõnu Esko[4], eQTLGen Consortium, Michael P. Epstein[12*], Jingjing Yang[12*]

1. Department of Biostatistics and Bioinformatics, Emory University School of Public Health, Atlanta, Georgia 30322, United States of America.
2. Program of Computational Biology and Bioinformatics, Yale University, New Haven, Connecticut 06511, United States of America.
3. Department of Biostatistics, Yale School of Public Health, New Haven, CT 06520, United States of America.
4. Estonian Genome Centre, Institute of Genomics, University of Tartu, 50090 Tartu, Estonia.
5. Department of Genetics, University of Groningen, University Medical Center Groningen, 9700 RB Groningen, Netherlands.
6. Oncode Institute, 3521 AL Utrecht, Netherlands.
7. Department of Computer Science, and Departments of Biomedical Engineering, Johns Hopkins University, Baltimore, Maryland 21218, United States of America
8. Institute for Community Medicine, University Medicine Greifswald, 17489 Greifswald, Germany.
9. Department of Clinical Chemistry, Fimlab Laboratories, and Finnish Cardiovascular Research Center, Tampere, Faculty of Medicine and Health Technology, Tampere University, Tampere 33520, Finland.
10. Centre for Population Health Research, and Research Centre of Applied and Preventive Cardiovascular Medicine, University of Turku, 20500 Turku, Finland.
11. Department of Clinical Physiology and Nuclear Medicine, Turku University Hospital, 20521 Turku, Finland.
12. Center for Computational and Quantitative Genetics, Department of Human Genetics, Emory University School of Medicine, Atlanta, Georgia 30322, United States of America.

*Correspondence Authors: M.P.E. (mpepste@emory.edu) and J.Y. (jingjing.yang@emory.edu)

Abstract

Existing TWAS tools require individual-level eQTL reference data and thus are not applicable to summary-level reference eQTL datasets. Development of TWAS methods that can harness summary-level reference data is valuable to enable TWAS in broader settings and enhance power due to increased reference sample size. Thus, we develop a TWAS framework called OTTERS (Omnibus Transcriptome Test using Expression Reference Summary data) that adapts multiple polygenic risk score (PRS) methods to estimate eQTL weights from summary-level eQTL reference data and conducts an omnibus TWAS. We show OTTERS is a practical and powerful TWAS tool by both simulations and application studies.

Keywords:

Transcriptome-wide association study; Summary-level eQTL reference data; PRS method; GWAS; UK Biobank; eQTLGen; Cardiovascular disease

Background

A transcriptome-wide association study (TWAS) is a valuable analysis strategy for identifying genes that influence complex traits and diseases through genetic regulation of gene expression[1–5]. Researchers have successfully deployed TWAS analyses to identify risk genes for complex human diseases, including Alzheimer's disease[6–8], breast cancer[9–11], ovarian cancer[12,13], and cardiovascular disease[14,15]. A typical TWAS consists of two separate stages. In Stage I, TWAS acquires individual-level genetic and expression data from relevant tissues available in a reference dataset like the Genotype-Tissue Expression (GTEx) project[16,17] or the North American Brain Expression Consortium (NABEC)[18], and trains multivariable regression models on the reference data treating gene expression as outcome and SNP genotype data

(typically cis-SNPs nearby the test gene) as predictors to determine genetically regulated

expression (GReX). After Stage I uses the GReX regression models to estimate effect sizes of

SNP predictors that, in the broad sense, are expression quantitative trait loci (eQTLs), Stage II

of TWAS proceeds by using these trained eQTL effect sizes to impute GReX within an

independent GWAS of a complex human disease or trait. One can then test for association

between the imputed GReX and phenotype, which is equivalent to a gene-based association

test taking these eQTL effect sizes as corresponding test SNP weights[19–21].

For Stage I of TWAS, a variety of training tools exist for fitting GReX regression models

to reference expression and genetic data, including PrediXcan[19], FUSION[20], and TIGAR[22].

While these methods all employ different techniques for model fitting, they all require individual-

level reference expression and genetic data to estimate eQTL effect sizes for TWAS. Therefore,

these methods cannot be applied to emerging reference summary-level eQTL results such as

those generated by the eQTLGen[23] and CommonMind[24] consortia, which provide eQTL effect

sizes and p-values relating individual SNPs to gene expression. The development of TWAS

methods that can utilize such summary-level reference data is valuable to permit applicability of

the technique to broader analysis settings. Moreover, as TWAS power increases with increasing

reference sample size[25], TWAS using summary-level reference datasets can lead to enhanced

performance compared to using individual-level reference datasets since the sample sizes of

the former often are considerably larger than the latter. For example, the sample size of the

summary-based eQTLGen reference sample is 31,684 for blood, whereas the sample size of

the individual-level GTEx V6 reference is only 338 for the same tissue. Consequently, TWAS

analysis leveraging the summary-based eQTLGen dataset as reference likely can provide novel

insights into genetic regulation of complex human traits.

In this work, we propose a TWAS framework that can use summary-level reference data

to train GReX regression models required for Stage I of analysis. Our method is motivated by a

variety of published polygenic risk score (PRS) methods[26–29] that can predict phenotype in a test

dataset using summary-level SNP effect-size estimates and p-values based on single SNP tests

from an independent reference GWAS. We can adapt these PRS methods for TWAS since

eQTL effect sizes are essentially SNP effect sizes resulting from a reference GWAS of gene

expression. Thus, our predicted GReX in Stage II of TWAS is analogous to the PRS constructed

based on training GWAS summary statistics of single SNP-trait association. Here, we adapt four

summary-data based PRS methods — P-value Thresholding with linkage disequilibrium (LD)

clumping ($P+T$)[26], frequentist LASSO[30] regression based method *lassosum*[27], Bayesian Dirichlet

Process Regression model[31] based method *SDPR*[29], and Bayesian multivariable regression

model based method *PRS-CS*[28] for TWAS analysis. We apply each of these PRS methods to

first train eQTL effect sizes based on a multivariable regression model from summary-level

reference eQTL data (Stage I), and subsequently use these eQTL effect sizes (i.e., eQTL

weights) to impute GReX and then test GReX-trait association in an independent test GWAS

(Stage II).

As we will show, the PRS method with optimal performance for TWAS depends on the

underlying genetic architecture for gene expression. Since the genetic architecture of

expression is unknown a priori, we maximize the performance of TWAS over different possible

architectures by proposing a novel TWAS framework called OTTERS (Omnibus Transcriptome

Test using Expression Reference Summary data). OTTERS first constructs individual TWAS

tests and p-values using eQTL weights trained by each of the PRS techniques outlined above,

and then calculates an omnibus test using the aggregated Cauchy association test[32] (ACAT-O)

with all individual TWAS p-values (Figure 1). OTTERS is applicable to both summary-level and

individual-level test GWAS data within Stage II TWAS analysis.

In subsequent sections, we first describe how to use the PRS methods on summary-

level reference eQTL data in Stage I TWAS, and then describe how we can use the resulting

eQTL weights to perform Stage II TWAS using OTTERS. We then evaluate the performance of

individual PRS methods and OTTERS using simulated expression and real genetic data based

on patterns observed in real datasets. Interestingly, when we assume individual-level reference

data are available, we observe that OTTERS outperforms the popular FUSION[20] approach

across all simulation settings considered. Many of the individual PRS methods also outperform

FUSION in these settings. We then apply OTTERS to blood eQTL summary-level data

(n=31,684) from the eQTLGen consortium[23] and GWAS summary data of cardiovascular

disease from the UK Biobank (UKBB)[33]. By comparing OTTERS results to those of FUSION[20]

using individual-level GTEx V6 reference data (n=338 for whole blood tissue), we demonstrate

that TWAS using large summary-level reference datasets can successfully reveal potential risk

genes missed by TWAS based on smaller individual-level reference datasets. Finally, we

conclude with a discussion.

Results

Method Overview

For the standard two-stage TWAS approach, Stage I estimates a GReX imputation

model using individual-level expression and genotype data available from a reference dataset,

and then Stage II uses the eQTL effect sizes from Stage I to impute gene expression (GReX) in

an independent GWAS and test for association between GReX and phenotype. GReX for test

samples can be imputed from individual-level genotype data and eQTL effect size estimates.

When individual-level GWAS data are not available, one can instead use summary-level GWAS

data for TWAS by applying the TWAS Z-score statistics proposed by FUSION[20] and S-

PrediXcan[34] (see details in Methods).

Since eQTL summary data are analogous to GWAS summary data where gene

expression represents the phenotype, we can follow the idea from PRS methods to estimate the

eQTL effect sizes based on a multivariable regression model using only marginal least squared

effect estimates and p-values (based on a single variant test), from the eQTL summary data as

well as a reference LD panel from independent samples of the same ancestry[26–29]. Although all

PRS methods are applicable to TWAS Stage I, we only consider four representative methods —

P+T[26], *Frequentist lassosum*[27], *Bayesian SDPR*[29], *Bayesian PRS-CS*[28] (see details in Methods).

As shown in Figure 1, OTTERS first trains GReX imputation models per gene *g* using

P+T, lassosum, SDPR, and *PRS-CS* methods that each infers cis-eQTL weights using cis-eQTL

summary data and an external LD reference panel of similar ancestry (Stage I). Once we derive

cis-eQTLs weights for each training method, we can impute the respective GReX using that

method and perform the respective gene-based association analysis in the test GWAS dataset.

We thus derive a set of TWAS p-values for gene *g,* one per training method. We then use these

TWAS p-values to create an omnibus test using the ACAT-O[32] approach that employs a Cauchy

distribution for inference (see details in Supplemental Methods). We refer to the p-value derived

from ACAT-O test as the OTTERS p-value.

The ACAT-O[32] approach has been widely used in hypothesis testing to combine multiple

testing methods for the same hypothesis[35–37], which has been shown as an effective approach

to leverage different test methods to increase the power while still managing to control the type I

error. Adding more TWAS p-values based on additional PRS methods to the ACAT-O test can

possibly improve the power further at the cost of additional computation.

Simulation Study

We used real genotype data from gene *ABCA7* (2,156 SNPs with minor allele frequency

> 5%) within 1894 whole genome sequencing (WGS) samples from the Religious Orders Study

and Rush Memory and Aging Project (ROS/MAP) cohort[38,39] and Mount Sinai Brain Bank

(MSBB) study[40]. We randomly split samples into 568 training (30%) and 1326 testing samples

(70%). From the real genotype data, we simulated 4 scenarios with 2 different proportions of

casual cis-eQTL, $p_{causal} = (0.001, 0.01)$, as well as 2 different proportions of gene expression

variance explained by causal eQTL, $h_e^2 = (0.05, 0.1)$. We generated gene expression of gene g

(E_g) using the multivariable regression model $E_g = X_g w + \epsilon_g$, where X_g represents the

standardized genotype matrix of the randomly selected causal eQTL of gene g, $\epsilon_g \sim N(0, (1 -$

$h_e^2)I)$. We generated the eQTL effect sizes w from $N(0,1)$ and then re-scaled these effects to

ensure that the expression variance explained by all causal variants is h_e^2. We generated 100

replicates of gene expression per scenario. For each simulated gene expression, we generated

10 sets of GWAS Z-scores to perform a total of 1000 TWAS simulations. We generated the

GWAS Z-scores from a multivariate normal distribution with $Z \sim MVN \left(\Sigma_g w \sqrt{n_{gwas} h_p^2}, \Sigma_g \right)$[36],

where w is the true causal eQTL effect sizes, Σ_g is the correlation matrix of the standardized

genotype X_g from test samples, n_{gwas} is the assumed GWAS sample size, and h_p^2 denotes the

amount of phenotypic variance explained by simulated GReX=$X_g w$ (see Methods). We set

$h_p^2 = 0.025$, and considered n_{gwas} = (50K, 100K, 150K, 200K) for scenarios with $h_e^2 = 0.05$, and

considered n_{gwas} = (10K, 25K, 50K, 75K) for scenarios with $h_e^2 = 0.1$.

In Stage I of our TWAS analysis, we applied *P+T (0.001), P+T (0.05), lassosum, SDPR,*

and *PRS-CS* methods to estimate eQTL weights using eQTL summary data and the reference

LD of training samples. In Stage II of the TWAS, we used the estimated eQTL weights and the

simulated GWAS Z-scores to conduct gene-based association test. In addition to gene-based

association tests based on eQTL weights per training method, we further constructed the

corresponding OTTERS p-values. We evaluated the performance of the training methods with

test samples, comparing test R^2 that was the squared Pearson correlation coefficient between

imputed GReX and simulated gene expression. We evaluated TWAS power given by the

proportion of 1,000 repeated simulations with TWAS p-value $< 2.5 \times 10^{-6}$ (genome-wide

significance threshold adjusting for testing 20K independent genes).

As shown in Figure 2, we demonstrated that the Stage I training method with optimal test

R^2 and TWAS power depended on the underlying genetic architecture of gene expression

(p_{causal}) as well as gene expression heritability (h_e^2). In situations where true cis-eQTLs were

sparse $(p_{causal} = 0.001)$ and the gene expression heritability was relatively small $(h_e^2 = 0.05)$,

the *P+T (0.001)* method performed the best with the highest test R^2 and TWAS power among all

individual methods. When gene expression heritability increased in a sparse eQTL model, the

training methods *SDPR and PRS-CS* achieved better or similar performance compared to the

P+T methods. We observed that *lassosum* performed better when the true eQTL signal was

sparse with $p_{causal} = 0.001$ and *SDPR* performed better when true eQTL was less sparse with

$p_{causal} = 0.01$. Although *PRS-CS* was not always the top performer in all simulation settings,

PRS-CS performed robustly across all considered scenarios. As expected, by leveraging TWAS

p-values based on four PRS training methods, OTTERS obtained the highest power across all

scenarios. Additionally, to evaluate the type I error, we conducted null simulations 10^6 times

with phenotypes randomly simulated from $N (0,1)$. We randomly picked one simulated replicate

from the scenario with $h_e^2 = 0.1$ and $p_{causal} = 0.001$ and permuted the eQTL weights for TWAS

in these null simulations. All individual PRS methods and OTTERS were well calibrated as

shown by quantile-quantile (QQ) plots of TWAS p-values in Figure S1, with well controlled type I

error across all considered significance levels (Table S1).

Within our simulations, we also compared the performance of our training methods to

those of FUSION assuming individual-level reference data were available for the latter method

to train GReX models. As shown in Figure 2A, we interestingly observed that our training

methods yielded similar or improved test R^2 compared to FUSION in this situation, with *PRS-CS*

outperforming FUSION across all simulation settings. Shifting to the study of TWAS power, we

found that OTTERS outperformed FUSION by a considerable margin in our simulations (Figure

2B). These simulation results suggest that, while we developed our PRS training methods and

OTTERS to handle summary-level reference data, these methods also have value when

individual-level reference data are available.

GReX Imputation Accuracy in GTEx V8 Blood Samples

To evaluate the imputation accuracy of *P+T (0.001)*, *P+T (0.05)*, *lassosum*, *SDPR*, and

PRS-CS methods in real data, we applied these training methods to summary-level eQTL

reference data from the eQTLGen consortium[23] with n=31,684 blood samples, to train GReX

imputation models for 16,699 genes. For test data, we downloaded the transcriptomic data of

315 blood tissue samples that are in GTEx V8 but were not part of GTEx V6 (as GTEx V6

samples contributed to the reference eQTLGen consortium summary data). For these 315

samples, we compared imputed GReX to observed expression levels. We considered trained

imputation models with test $R^2 \geq 0.01$ as "valid" models. As an additional comparison, we also

compared imputation accuracy of these five training models to those using FUSION based on a

smaller individual-level training dataset (individual-level GTEx V6 reference dataset; see

Methods). For such models, we compared the test R^2 for genes that had test $R^2 \geq 0.01$ by at

least one training method.

We observed that *PRS-CS* obtained the most "valid" GReX imputation models (test

$R^2 \geq 0.01$). Among 16,699 tested genes, *PRS-CS* obtained GReX imputation models for 10,337

genes, compared to 9,816 genes by *P+T (0.001)* (5.0% less valid genes than PRS-CS), 9,662

genes by *P+T (0.05)* (6.5% less), 8,718 genes by *lassosum* (15.7% less), 9,670 genes by

SDPR (6.5% less), and 4,704 genes by FUSION (54.5% less) (Table 1). Among the "valid"

GReX imputation models obtained by each method, the ones trained by *PRS-CS* have the

highest median test R^2. The *P+T (0.001)* method obtained the second most "valid" GReX

imputation models with the second largest median test R^2, as compared to *P+T (0.05)*,

lassosum, and *SDPR* (Table 1). We note that the performance of PRS-CS method was not

sensitive to the global shrinkage parameter (Figure S2).

By comparing test R^2 per "valid" GReX imputation model by *PRS-CS* versus the other

methods (Figure 3), we observed that *PRS-CS* had the best overall performance for imputing

GReX as it provided the most "valid" models with higher GReX imputation accuracy compared

to *P+T* methods, *lassosum*, *SDPR*, as well as FUSION. In regards to comparing the test R^2

among the other four training methods, we observed that the two *P+T* methods obtained similar

test R^2 per "valid" model. Meanwhile, the test R^2 per valid model varied widely among the *P+T*

methods, *lassosum*, and *SDPR* (Figure S3), suggesting that none of these four were optimal for

all genes and their performance likely depended on the underlying genetic architecture

(consistent with our simulation results).

<u>TWAS of Cardiovascular Disease</u>

Using the eQTL weights trained by *P+T (0.001), P+T (0.05), lassosum, SDPR, and PRS-*

CS methods with the eQTLGen[23] reference data and reference LD from 838 GTEx V8 WGS

samples[41], we applied our OTTERS framework to the summary-level GWAS data of

Cardiovascular Disease from UKBB (n=459,324, case fraction = 0.319)[33] (see Methods). We

performed TWAS of cardiovascular disease for 16,678 genes by using the FUSION and S-

PrediXcan Z-score statistics. First, for each gene, we obtained TWAS p-values per individual

training method (*P+T (0.001), P+T (0.05), lassosum, SDPR, and PRS-CS*). Second, we

performed genomic control[42] for TWAS test statistics generated under each specific training

model, by scaling all test statistics to ensure that the median test p-value equals to 0.5. Third,

we combined the adjusted p-values across training models using ACAT-O to obtain our

OTTERS test statistics and p-values. Genes with OTTERS p-values $< 2.998 \times 10^{-6}$ (Bonferroni

corrected significance level) were identified as significant TWAS genes for cardiovascular risk.

In total, we identified 37 significant TWAS genes using either OTTERS or any of the

individual training methods. To identify independently significant TWAS genes, we calculated

the R^2 between the GReX predicted by *PRS-CS* for of each pair of genes. For a pair of genes

with the predicted GReX $R^2 > 0.5$, we only kept the gene with the smaller TWAS p-value as the

independently significant gene. OTTERS obtained 22 independently significant TWAS genes

(Table 2, Figure 3B), compared to 17 by *P+T (0.001)*, 13 by *P+T (0.05)*, 10 by *lassosum*, 15 by

SDPR, and 18 by *PRS-CS*. Among these 22 independent TWAS risk genes identified by

OTTERS, gene *RP11-378A13.1* (OTTERS p-value = 1.58×10^{-6}) was not within 1 MB of any

known GWAS risk loci with genomic-control corrected p-value $< 5 \times 10^{-8}$ in the UKBB

summary-level GWAS data. This novel risk gene *RP11-378A13.1* was also identified to be a

significant TWAS risk gene in blood tissue for systolic blood pressure, high cholesterol, and

cardiovascular disease by FUSION[1].

We compared our OTTERS results with the TWAS results shown on TWAS hub (see

Web Resource) obtained by FUSION using the same UKBB GWAS summary data of

cardiovascular disease but using a smaller individual-level reference expression dataset from

GTEx V6 (whole blood tissue, n=338). Of the 22 independent genes that OTTERS identified

from TWAS with eQTLGen reference data of whole blood, FUSION only identified 7 of these

genes (*CLCN6b, ZDHHC18, PSRC1, RP11-378A13.1, CAMK1D, MTHFSD, OPRL1*) when

using the GTEx V6 reference data of the same tissue. FUSION did identify 11 additional

OTTERS genes (*NPPA, ABCF3, CPEB2, NT5C2, TNNT3, C11orf49, SIPA1, MAPKAPK5-AS1,*

FES, USP36, RASIP1), when considering all available tissue types in GTEx V6 reference data.

In particular, these genes were identified by FUSION when considering the GTEx V6 reference

data of artery, thyroid, adipose visceral, and nerve tibial tissues. For example, the most

significant gene *FES* (OTTERS p-value = 1.16e-29) was identified by FUSION using GTEx

reference data of artery tibial, thyroid, and adipose visceral omentum tissues, and was also

identified as a TWAS risk gene for high blood pressure, which is strongly related to

cardiovascular disease[43].

Our OTTERS method also identified 4 novel risk genes (*HCG4B, PRELID1P1, RP3-*

473L9.4, EDN3) that were not detected by FUSION, where *EDN3* (Endothelin 3, a member of

the endothelin family) was shown to be active in the cardiovascular system and play an

important role in the maintenance of blood pressure or generation of hypertension[44].

By comparing OTTERS results with the ones obtained by individual methods (Table 2;

Figure 4; Figure S4), we found that all individual methods contributed to the OTTERS results.

For example, genes *RP11-378A13.1* and *USP36* were only detected by *PRS-CS;* genes *ABCF3*,

CPEB2, *CAMK1D*, and *MTHFSD* were only identified by *lassosum* and *SDPR;* the novel risk

gene *EDN3* was only identified by the *P+T* methods. These results were consistent with our

simulation study results, which showed that different individual methods were optimal depending

on underlying genetic architecture. We do note that there were a handful of genes identified by

an individual method that were not significant using OTTERS (Table S2). Nonetheless, the

omnibus test borrows strength across all individual methods, thus generally achieves higher

TWAS power and identifies the group of most robust TWAS risk genes.

By examining the quantile-quantile (QQ) plots of TWAS p-values, we observed a

moderate inflation for all methods (Figure S5). Such inflation in TWAS results is not

uncommon[45–47], which could be due to similar inflation in the GWAS summary data and not

distinguishing the pleiotropy and mediation effects for considered gene expression and

phenotype of interest[48] (Figure S6). We also observed a notable inflation in the GWAS p-values

of cardiovascular disease from UKBB (Figure S6), as we estimated the LD score regression[49]

intercept to be 1.1 from the GWAS summary data.

Computational Time

The computational time per gene of the different PRS method depends on the number of

initial test variants considered for the target gene. Thus, we calculated the computational time

and memory usage for 4 groups of genes that assumed the number of test variants were <2000,

from 2000 to 3000, from 3000 to 4000, and >4000, respectively. Among 16,699 tested genes

with both eQTL summary statistics and GTEx LD reference data, the median number of test

variants per gene is 3152, and the proportion of genes in each group is 10.3%, 33.4%, 34.5%,

and 21.8%, respectively. For each group, we randomly selected 10 genes on Chromosome 4 to

evaluate the average computational time and memory usage per gene. We benchmarked the

computational time and memory usage of each method on one Intel(R) Xeon(R) processor (2.10

GHz). The evaluation was based on 1000 MCMC iterations for SDPR and PRS-CS (default)

without parallel computation (Table S3). We show that *P+T* and *lassosum* are computationally

more efficient than *SDPR* and *PRS-CS*, whose speed are impeded by the need of MCMC

iterations. Between the two Bayesian methods, SDPR implemented in C++ uses significantly

less time and memory than PRS-CS implemented in Python.

Discussion

To the best of our knowledge, our OTTERS framework represents the first omnibus

TWAS tool that can leverage summary-level expression and genotype results from a reference

sample, thereby robustly expanding the use of TWAS into more settings. To this end, we

adapted and evaluated five different PRS methods assuming different underlying models,

including the relatively simple method *P+T*[26] with two different p-value thresholds (0.001 and

0.05), the frequentist method *lassosum*[27], as well as the Bayesian methods *PRS-CS*[28] and

SDPR[29]. In simulation studies, we demonstrated that the performance of each of these five PRS

methods depended substantially on the underlying genetic architecture for gene expression,

with *P+T* methods generally performing better for sparse architecture whereas the Bayesian

methods performing better for denser architecture. Consequently, since genetic architecture of

gene expression is unknown apriori, we believe this justifies the use of the omnibus TWAS test

implemented in OTTERS for practical use as this test had near-optimal performance across all

simulation scenarios considered. While we developed our methods with summary-level

reference data in mind, we note that our prediction methods and OTTERS perform well (in

terms of imputation accuracy and power) relative to existing TWAS methods like FUSION when

individual-level reference data are available.

In our real data application using UKBB GWAS summary-level data, we compared

OTTERS TWAS results using reference eQTL summary data from eQTLGen consortium to

FUSION TWAS results using a substantially smaller individual-level reference dataset from

GTEx V6. OTTERS identified 11 significant TWAS risk genes that were missed by FUSION

using individual-level GTEx reference data of blood tissue, suggesting that the use of larger

reference datasets like eQTLGen in TWAS can identify novel findings. Interestingly, the genes

missed by FUSION were instead detected using individual-level GTEx reference data of other

tissue types that are more directly related to cardiovascular disease.

Among all individual methods, *P+T* is the most computationally efficient method. The

Bayesian methods *SDPR* and *PRS-CS* require more computation time than the frequentist

method *lassosum* as the former set of methods require a large number of MCMC iterations for

model fit. By comparing the performance of these five methods in terms of the imputation

accuracy in simulations and real applications, we conclude that although *PRS-CS* showed the

best overall performance, none of these methods were optimal across different genetic

architectures. We found that all methods provided distinct and considerable contributions to the

final OTTERS TWAS results. These results demonstrate the benefits of OTTERS in practice,

since OTTERS can combine the strength of these individual methods to achieve the optimal

performance.

351  To enable the use of OTTERS by the public, we provide an integrated tool (see

352 Availability of data and materials) to: (1) Train GReX imputation models (i.e., estimate eQTL

353 weights in Stage I) using eQTL summary data by *P+T*, *lassosum*, *SDPR*, and *PRS-CS*; (2)

354 Conduct TWAS (i.e., testing gene-trait association in Stage II) using both individual-level and

355 summary-level GWAS data with the estimated eQTL weights; and (3) Apply ACAT-O to

356 aggregate the TWAS p-values from individual training methods. Since the existing tools for *P+T*,

357 *lassosum*, *SDPR*, and *PRS-CS* were originally developed for PRS calculations, we adapted and

358 optimized them for training GReX imputation models in our OTTERS tool. For example, we

359 integrate TABIX[50] and PLINK[51] tools in OTTERS to extract input data per target gene more

360 efficiently. We also enable parallel computation in OTTERS for training GReX imputation

361 models and testing gene-trait association of multiple genes.

362  The OTTERS framework does have its limitations. First, training GReX imputation

363 models by all individual methods on average cost ~20 minutes for all 5 training models per

364 gene, which might be computationally challenging for studying eQTL summary data of multiple

365 tissue types and for ~20K genome-wide genes. Users might consider prioritize *P+T(0.001)*,

366 *lassosum,* and *PRS-CS* training methods as these three provide complementary results in our

367 studies. Second, the currently available eQTL summary statistics are mainly derived from

368 individuals of European descent. Our OTTERS trained GReX imputations model based on

369 these eQTL summary statistics, and the resulting imputed GReX, could consequently have

370 attenuated cross-population predictive performance[52]. This might limit the transferability of our

371 TWAS results across populations. Third, our OTTERS cannot provide the direction of the

372 identified gene-phenotype associations, which should be referred to the sign of the TWAS Z-

373 score statistic per training method. Last, even though the method applies to integrate both cis-

374 and trans- eQTL with GWAS data, the computation time and availability of summary-level trans-

375 eQTL reference data are still the main obstacles. Our current OTTERS tool only considers cis-

eQTL effects. Extension of OTTERS to enable cross-population TWAS and incorporation of

trans-eQTL effects is part of our ongoing research but out of the scope of this work.

Conclusions

Our novel OTTERS framework using large-scale eQTL summary data has the potential

to identify more significant TWAS risk genes than standard TWAS tools that use smaller

individual-level reference transcriptomic data. This tool provides the opportunity to leverage not

only available public eQTL summary data of various tissues for conducting TWAS of complex

traits and diseases, but also the emerging summary-level data of other types of molecular QTL

such as splicing QTLs, methylation QTLs, metabolomics QTLs, and protein QTLs. For example,

OTTERS could be applied to perform proteome-wide association studies using summary-level

reference data of genetic-protein relationships such as those reported by the SCALLOP

consortium[53], and epigenome-wide association studies using summary-level reference data of

methylation-phenotype relationships reported by Genetics of DNA Methylation Consortium

(GoDMC) (see Web Resources). Nonetheless, OTTERS would be most useful for the broad

researchers who only have access to summary-level QTL reference data and summary-level

GWAS data. The wide application feasibility of integrating summary-level molecular QTL data

and GWAS data make our OTTERS tool valuable in current multi-omics studies of complex

traits and diseases.

Methods

Traditional Two-Stage TWAS Analysis

Stage I of TWAS estimates a GReX imputation model using individual-level expression and

genotype data available from a reference dataset. Consider the following GReX imputation

model from n individuals and m SNPs (multivariable regression model assuming linear additive

genetic effects) within the reference dataset:

400
$$E_g = Xw + \epsilon, \ \epsilon \sim N(0, \sigma_\epsilon^2 I). \qquad \text{(Equation 1)}$$

Here, E_g is a vector representing gene expression levels of gene g, X is an $n \times m$ matrix of

genotype data of SNP predictors proximal or within gene g, w is a vector of genetic effect sizes

(referred to as a broad sense of eQTL effect sizes), and ϵ is the error term. Here, we consider

only cis-SNPs within 1 MB of the flanking 5' and 3' ends as genotype predictors that are coded

within X[19,20,22]. Once we configure the model in Equation 1, we can employ methods like

PrediXcan, FUSION, and TIGAR to fit the model and obtain estimates of eQTL effect sizes ($\hat{w}$).

Stage II of TWAS uses the eQTL effect sizes ($\hat{w}$) from Stage I to impute gene

expression (GReX) in an independent GWAS and then test for association between GReX and

phenotype. Given individual-level GWAS data with genotype data X_{new} and eQTL effect sizes

($\hat{w}$) from Stage I, the GReX for X_{new} can be imputed by $\widehat{GReX} = X_{new} \hat{w}$. The follow-up TWAS

would test the association between $\widehat{GReX}$ and phenotype Y based on a generalized linear

regression model, which is equivalent to a gene-based association test taking $\hat{w}$ as test SNP

weights. When individual-level GWAS data are not available, one can apply FUSION and S-

PrediXcan test statistics to summary-level GWAS data as follows:

415
$$Z_{g,FUSION} = \frac{\sum_{j=1}^{J}(\hat{w}_j Z_j)}{\sqrt{\hat{w}' V \hat{w}}}, \qquad Z_{g,S-PrediXcan} = \frac{\sum_{j=1}^{J}(\hat{w}_j \hat{\sigma}_j Z_j)}{\sqrt{\hat{w}' V \hat{w}}} \qquad \text{(Equation 2)}$$

where Z_j is the single variant *Z-score* test statistic in GWAS for the jth SNP, $j = 1, \dots, J$, for all test

SNPs that have both eQTL weights with respect to the test gene g and GWAS Z-scores; $\hat{\sigma}_j$ is

the genotype standard deviation of the jth SNP; and V denotes the genotype correlation matrix in

FUSION Z-score statistic and genotype covariance matrix in S-PrediXcan Z-score statistic of the

test SNPs. In particular, $\hat{\sigma}_j$ and V can be approximated from a reference panel with genotype

data of samples of the same ancestry such as those available from the 1000 Genomes

Project[54]. If $\hat{w}$ are standardized effect sizes estimated assuming standardized genotype X and

gene expression E_g in Equation 1, FUSION and S-PrediXcan Z-score statistics are equivalent[13].

Otherwise, the S-PrediXcan Z-score should be applied to avoid false positive inflation.

TWAS Stage I Analysis using Summary-Level Reference Data

We now consider a variation of TWAS Stage I to estimate cis-eQTL effect sizes $\hat{\boldsymbol{w}}$ based

on a multivariable regression model (Equation 1) from summary-level reference data. We

assume that the summary-level reference data provide information on the association between

a single genetic variant j ($j = 1, ..., m$) and expression of gene *g*. This information generally

consists of effect size estimates ($\tilde{w}_j, j = 1, ..., m$) and p-values derived from the following single

variant regression models:

$$\boldsymbol{E}_g = \boldsymbol{X}_j w_j + \boldsymbol{\epsilon}, \ \boldsymbol{\epsilon} \sim N(0, \sigma_\epsilon^2 \boldsymbol{I}), j = 1, ..., m. \quad \text{(Equation 3)}$$

Here, $\boldsymbol{X}_j$ is an $n \times 1$ vector of genotype data for genetic variant j. Since eQTL summary data are

analogous to GWAS summary data where gene expression represents the phenotype, we can

estimate the eQTL effect sizes $\hat{\boldsymbol{w}}$ using marginal least squared effect estimates ($\tilde{w}_j, j = 1, ..., m$)

and p-values from the QTL summary data as well as reference linkage disequilibrium (LD)

information of the same ancestry[26–29]. Although all PRS methods apply to the TWAS Stage I

framework, we only consider four representative methods as follows:

P+T: The *P+T* method selects eQTL weights by LD-clumping and P-value

Thresholding[26]. Given threshold P_T for p-values and threshold R_T for LD R^2, we first exclude

SNPs with marginal p-values from eQTL summary data greater than P_T or strongly correlated

(LD R^2 greater than R_T) with another SNP having a more significant marginal p-value (or Z-

score statistic value). For the remaining selected test SNPs, we use marginal standardized

eQTL effect sizes from eQTL summary data as eQTL weights for TWAS in Stage II. We

considered $R_T = 0.99$ and $P_T = (0.001, 0.05)$ in this paper and implemented the *P+T* method

using PLINK 1.9[51] (see Web Resources). We denote the *P+T* method with P_T equal to 0.001

and 0.05 as *P+T (0.001)* and *P+T (0.05)*, respectively.

Frequentist lassosum: With standardized E_g and **X**, we can show that the marginal least

squared eQTL effect size estimates from the single variant regression model (Equation 3) is

$\widetilde{w} = X^T E_g / n$ and that the LD correlation matrix is $R = X^T X / n$. That is,

$$X^T E_g = n\widetilde{w} \text{ and } X^T X = nR. \quad \text{(Equation 4)}$$

By approximating nR by nR_s ($R_s = (1-s)R_r + sI$ with a tuning parameter $0 < s < 1$, a

reference LD correlation matrix R_r from an external panel such as one from the 1000 Genomes

Project[54], and an identity matrix I) in the LASSO[30] penalized loss function,   the frequentist

lassosum method[27] can tune the LASSO penalty parameter and s using a pseudovalidation

approach and then solve for eQTL effect size estimates $\widehat{w}$ by minimizing the approximated

LASSO loss function requiring no individual-level data (see details in Supplemental Methods).

Bayesian SDPR: Bayesian DPR method[31] as implemented in TIGAR[22] estimates $\widehat{w}$ for

the underlying multivariable regression model in Equation 1 by assuming a normal prior $N(0, \sigma_w^2)$

for w_j and a Dirichlet process prior[55] $DP(H, \alpha)$ for σ_w^2 with base distribution H and concentration

parameter α. *SDPR*[29] assumes the same DPR model but can be applied to estimate the eQTL

effect sizes $\widehat{w}$ using only eQTL summary data (see details in Supplemental Methods).

Bayesian PRS-CS: The *PRS-CS* method[28] assumes the following normal prior for w_j and

non-informative scale-invariant Jeffreys prior on the residual variance σ_ϵ^2 in Equation 1

$$w_j \sim N\left(0, \frac{\sigma_\epsilon^2}{n}\psi_j\right), \ \ p(\sigma_\epsilon^2) \propto \sigma_\epsilon^2; \ \ \psi_j \sim Gamma(a, \delta_j), \delta_j \sim Gamma(b, \phi) \ ,$$

where local shrinkage parameter ψ_j has an independent gamma-gamma prior and ϕ is a global-

shrinkage parameter controlling the overall sparsity of **w**. *PRS-CS* sets hyper parameters $a = 1$

and $b = 1/2$ to ensure the prior density of w_j to have a sharp peak around zero to shrink small

effect sizes of potentially false eQTL towards zero, as well as heavy, Cauchy-like tails which

asserts little influence on eQTLs with larger effects. Posterior estimates $\hat{w}$ will be obtained from

eQTL summary data (i.e., marginal effect size estimates $\tilde{w}$ and p-values) and reference LD

correlation matrix R by Gibbs Sampler (see details in Supplemental Methods). We set ϕ as the

square of the proportion of causal variants in the simulation and as 10^{-4} per gene in the real

data application.

OTTERS Framework

As shown in Figure 1, OTTERS first trains GReX imputation models per gene *g* using

P+T, lassosum, SDPR, and *PRS-CS* methods that each infers cis-eQTLs weights using cis-

eQTL summary data and an external LD reference panel of similar ancestry (Stage I). Once we

derive cis-eQTLs weights for each training method, we can impute the respective GReX using

that method and perform the respective gene-based association analysis in the test GWAS

dataset using the formulas given in Equation 2 (Stage II). We thus derive a set of TWAS p-

values for gene *g*; one p-value for each training model that we applied. We then use these

TWAS p-values to create an omnibus test using the ACAT-O[32] approach that employs a Cauchy

distribution for inference (see details in Supplemental Methods). We refer to the p-value derived

from ACAT-O test as the OTTERS p-value.

Marginal eQTL Effect Sizes

In practice of training GReX imputation models using reference eQTL summary data, the

marginal standardized eQTL effect sizes were approximated by $\tilde{w}_j \approx Z_j / \sqrt{median(n_{g,j})}$, where

Z_j denotes the corresponding eQTL Z-score statistic value by single variant test and

$median(n_{g,j})$ denotes the median sample size of all cis-eQTLs for the target gene g. The

median cis-eQTL sample size per gene was also taken as the sample size value required by

lassosum, SDPR, and *PRS-CS* methods, for robust performance. Since summary eQTL

datasets (e.g., eQTLGen) were generally obtained by meta-analysis of multiple cohorts, the

sample size per test SNP could vary across all cis-eQTLs of the test gene. The median cis-

eQTL sample size ensures a robust performance for applying those eQTL summary data based

methods.

<u>LD Clumping</u>

We performed LD-clumping with R_T=0.99 for all individual methods in both simulation

and real studies. Using PRS-CS as an example, we also showed that LD-clumping does not

affect the GReX imputation accuracy compared to no clumping in the real data testing (Figure

S7).

<u>LD Blocks for lassosum, PRS-CS, and SDPR</u>

LD blocks were determined externally by ldetect[56] for *lassosum* and *PRS-CS*, while

internally for *SDPR* which ensure that SNPs in one LD block do not have nonignorable

correlation ($R^2 > 0.1$) with SNPs in other blocks.

<u>Simulate GWAS Z-score</u>

Given gene expression E_g simulated from the multivariate regression model $E_g = X_g w +$

ϵ_g with standardized genotype matrix X_g and $\epsilon_g \sim N(0, (1 - h_e^2)I$, we assume GWAS

phenotype data of n_{gwas} samples are simulated from the following linear regression model

$$Y = h_p(X_g w) + \epsilon_p, \qquad \epsilon_p \sim N(0, I).$$

Conditioning on true genetic effect sizes, the GWAS Z-score test statistics of all test SNPs will

follow a multivariate normal distribution, $MVN\left(\Sigma_g w \sqrt{n_{gwas} h_p^2}, \Sigma_g\right)$, where Σ_g is the correlation

matrix of the standardized genotype X_g from test samples, and h_p^2 denotes the amount of

phenotypic variance explained by simulated GReX=$X_g w$[36]. Thus, for a given GWAS sample

size, we can generate GWAS Z-score statistic values from this multivariate normal distribution.

FUSION using Individual-level Reference Data

To train GReX imputation models by FUSION with individual-level reference data, we

trained Best Linear Unbiased Predictor (BLUP) model[57], Elastic-net regression[58], LASSO

regression[30], and single best eQTL model as implemented in the FUSION tool (see Web

Resource). Default settings were used to train GReX imputation models by FUSION in our

simulation and real studies. LASSO regression was performed only for genes with positive

estimated expression heritability. The eQTL weights of the best trained GReX imputation model

will be used to conduct TWAS by FUSION.

GTEx V8 Dataset

GTEx V8 dataset (dbGaP phs000424.v8.p2) contains comprehensive profiling of WGS

genotype data and RNA-sequencing (RNA-seq) transcriptomic data across 54 human tissue

types of 838 donors. The GTEx V8 WGS genotype data were used to construct reference LD in

our studies. The GTEx V6 RNA-seq data of whole blood samples were used to train GReX

imputation models by FUSION, and the GTEx V8 RNA-seq data of additional whole blood

samples (n=315) were used to test GReX imputation accuracy in our studies.

eQTLGen Consortium Dataset

The eQTLGen consortium[23] dataset was generated based on meta-analysis across 37

individual cohorts (n=31,684) including GTEx V6 as a sub-cohort. eQTLGen samples consist of

25,482 blood (80.4%) and 6,202 peripheral blood mononuclear cell (19.6%) samples. We

considered SNPs with minor allele frequency (MAF) > 0.01, Hardy–Weinberg P value >0.0001,

call rate >0.95, genotype imputation r^2 > 0.5 and observed in at least 2 cohorts[23]. We only

considered cis-eQTL (within ±1MB around gene transcription start sites (TSS)) with test sample

size > 3000. As a result, we used cis-eQTL summary data of 16,699 genes from eQTLGen to

train GReX imputation models for use in OTTERS in this study.

<u>UK Biobank GWAS Data of Cardiovascular Disease</u>

Summary-level GWAS data of Cardiovascular Disease from UKBB (n=459,324, case

fraction = 0.319)[33] were generated by BOLT-LMM based on the Bayesian linear mixed model

per SNP[59] with assessment centered, sex, age, and squared age as covariates. Although

BOLT-LMM was derived based on a quantitative trait model, it can be applied to analyze case-

control traits and has well-controlled false positive rate when the trait is sufficiently balanced

with case fraction ≥ 10% and samples are of the same ancestry[33]. The tested dichotomous

cardiovascular disease phenotype includes a list of sub-phenotypes: hypertension, heart/cardiac

problem, peripheral vascular disease, venous thromboembolic disease, stroke, transient

ischaemic attack (tia), subdural haemorrhage/haematoma, cerebral aneurysm, high cholesterol,

and other venous/lymphatic disease.

Figure Titles and Legends

Figure 1. OTTERS framework.

OTTERS estimates cis-eQTL weights from eQTL summary data and reference LD panel using

four imputation models (Stage I), and conducts ACAT-O test to combine gene-based

association test p-values from individual methods with individual/summary level test GWAS data

(Stage II).

Figure 2. Test R^2 (A) and TWAS power (B) comparison in simulation studies

Various proportions of true casual cis-eQTL $p_{causal} = (0.001, 0.01)$ and gene expression

heritability $h_e^2 = (0.05, 0.1)$ were considered in the simulation studies. The GWAS sample size

was chosen with respect to h_e^2 values. The proportion of phenotype variance explained by gene

expression (h_p^2) was set to be 0.025. TWAS was conducted using simulated GWAS Z-scores.

Figure 3. Test R^2 by *PRS-CS* versus *P+T(0.001), P+T(0.05), lassosum, SDPR, FUSION.*

Test R^2 by *PRS-CS* versus *P+T(0.001) (A)*, *P+T(0.05) (B)*, *lassosum (C)*, *SDPR (D), and*

FUSION (E) with 315 GTEx V8 test samples, with different colors denoting whether the

imputation R^2 > 0.01 only by PRS-CS (red), only by the y axis method (green), or both methods

(blue). Genes with $R^2 \leq 0.01$ by both methods were excluded from the plot.

Figure 4. Manhattan plot of TWAS results by OTTERS.

Manhattan plot of TWAS results by OTTERS using GWAS summary-level statistics of

cardiovascular disease and imputation models fitted based on eQTLGen summary statistics.

Independently significant TWAS risk genes are labelled.

a: median R^2 among genes with test $R^2 > 0.01$ per method.

b: FUSION was trained on GTEx V6 blood samples while all other training methods were trained using

eQTLGen summary statistics (n=31,684) and reference LD constructed using GTEx V8 samples.

	P+T(0.001)	P+T(0.05)	Lassosum	SDPR	PRS-CS	FUSION[b]
# Genes with R^2 > 0.01	9816	9662	8718	9670	10337	4704
Median $R^{2\,a}$	0.044	0.0430	0.0416	0.0418	0.0517	0.0367

575 **Tables**

576 **Table 1. Test R^2 in 315 whole blood tissue samples from GTEx V8.**

Table 2. Independent TWAS risk genes of cardiovascular disease identified by OTTERS.
Reference eQTL summary data from eQTLGen consortium and GWAS summary data from UKBB were used. The corresponding TWAS p-values by 5 individual PRS methods and OTTERS are shown in the table, with significant p-values in bold.

CHR	ID	OTTERS	P+T(0.001)	P+T(0.05)	lassosum	SDPR	PRS-CS
1	CLCN6[a]	**1.94E-17**	**7.06E-09**	**1.84E-08**	**2.21E-14**	**4.84E-18**	**1.26E-11**
1	NPPA[b]	**3.38E-08**	**2.71E-09**	**8.91E-09**	3.33E-02	9.20E-01	**1.67E-07**
1	ZDHHC18[a]	**2.74E-06**	**1.58E-06**	**1.78E-06**	**7.97E-05**	1.53E-05	**1.22E-06**
1	PSRC1[a]	**1.23E-07**	**6.04E-07**	**2.25E-06**	1.08E-02	1.22E-01	**3.10E-08**
2	RP11-378A13.1[a]	**1.54E-06**	2.01E-02	2.39E-02	1.45E-01	4.64E-01	**3.86E-07**
3	ABCF3[b]	**7.18E-08**	3.10E-04	5.39E-04	**1.82E-08**	**1.65E-06**	4.45E-05
4	CPEB2[b]	**7.02E-07**	4.18E-03	3.27E-03	**2.31E-06**	**1.91E-07**	5.72E-05
6	HCG4B[c]	**8.75E-07**	8.39E-01	7.61E-01	1.45E-05	**2.22E-07**	1.46E-02
6	PRELID1P1[c]	**5.18E-10**	4.34E-02	**1.40E-10**	3.93E-05	**1.78E-09**	**8.51E-08**
10	CAMK1D[a]	**2.67E-07**	2.60E-02	3.57E-02	**1.75E-06**	**6.95E-08**	1.99E-05
10	NT5C2[b]	**5.49E-07**	**2.28E-06**	3.67E-06	6.17E-06	**1.82E-06**	**1.59E-07**
11	TNNT3[b]	**1.29E-10**	**5.99E-07**	**1.99E-06**	**2.82E-08**	**3.24E-11**	**1.54E-07**
11	C11orf49[b]	**1.23E-06**	**1.82E-07**	**3.09E-07**	2.35E-02	2.29E-03	2.84E-04
11	SIPA1[b]	**9.35E-07**	**1.11E-06**	**1.13E-06**	3.80E-06	**1.99E-06**	**3.80E-07**
12	RP3-473L9.4[c]	**2.57E-07**	**6.13E-07**	**7.26E-07**	**2.74E-07**	**1.44E-07**	**2.78E-07**
12	MAPKAPK5-AS1[b]	**8.22E-09**	**2.66E-06**	5.54E-06	**7.78E-08**	**2.11E-09**	2.81E-05
15	FES[b]	**1.16E-29**	**7.67E-10**	**6.34E-09**	**7.07E-24**	**2.89E-30**	**3.61E-20**
16	MTHFSD[a]	**1.45E-07**	1.58E-02	1.35E-02	**1.24E-06**	**3.75E-08**	7.43E-04
17	USP36[b]	**1.02E-10**	2.49E-04	3.56E-04	1.34E-05	4.70E-06	**2.55E-11**
19	RASIP1[b]	**6.96E-07**	**2.05E-06**	**2.42E-06**	6.02E-02	**2.25E-06**	**2.05E-07**
20	EDN3[c]	**2.30E-07**	**6.40E-08**	**5.76E-08**	1.74E-04	8.56E-03	3.29E-02
20	OPRL1[a]	**1.55E-06**	**1.75E-06**	4.13E-06	5.20E-05	7.57E-05	**4.34E-07**

a: Risk gene of UKBB cardiovascular disease in TWAS-hub identified using GTEx whole blood tissue.

b: Risk genes of UKBB cardiovascular disease in TWAS-hub identified using other GTEx tissue types.

c: Novel risk gene

Description of Supplemental Data

585 Supplemental data include 7 figures, 3 tables, and supplemental methods.

Web Resources

ACAT: https://github.com/yaowuliu/ACAT

eQTLGen: https://www.eqtlgen.org

FUSION: http://gusevlab.org/projects/fusion

GoDMC: http://www.godmc.org.uk

lassosum: https://github.com/tshmak/lassosum

OTTERS: https://github.com/daiqile96/OTTERS

PLINK: https://www.cog-genomics.org/plink

PRS-CS: https://github.com/getian107/PRScs

SDPR: https://github.com/eldronzhou/SDPR

TWAS hub: http://twas-hub.org

Declarations

Ethics approval

All data used in this study are de-identified genotype data and summary level eQTL and GWAS

data. ROS/MAP genotype data were collected with ethics approval from the IRB at Rush

University and all participants consented to participate.

Availability of data and materials

eQTLGen consortium data are available from their portal website (https://www.eqtlgen.org). UK

Biobank summary-level GWAS data are available through the Alkes Group

(https://alkesgroup.broadinstitute.org/UKBB). Individual-level GTEx reference data are available

through dbGap (Accession phs000424.v8.p2). ROS/MAP/MSBB WGS data used in our

simulation studies are available through Synapse with data access application

(https://www.synapse.org/#!Synapse:syn10901595). All source code and scripts used in this

study are available through OTTERS Github page (https://github.com/daiqile96/OTTERS).

<u>Competing interests</u>

The authors declare no competing interests and consent for publication.

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<u>Authors' contributions</u>

QD conducted data analysis and drafted the manuscript; JY and MPE conceptualized and led

the project, and edited the manuscript; GZ and HZ consulted data analysis and edited the

manuscript; UV, LF, AB, AT, TL, OR, TE, contributed reference eQTL summary data and edited

the manuscript; eQTLGen Consortium contributed eQTLGen summary data.

eQTLGen Consortium Author List

Mawussé Agbessi[1], Habibul Ahsan[2], Isabel Alves[1], Anand Kumar Andiappan[3], Wibowo
Arindrarto[4], Philip Awadalla[1], Alexis Battle[5,6], Frank Beutner[7], Marc Jan Bonder[8,9], Dorret I.
Boomsma[10], Mark W. Christiansen[11], Annique Claringbould[8,12], Patrick Deelen[8,13,12,14], Tõnu
Esko[15], Marie-Julie Favé[1], Lude Franke[8,12], Timothy Frayling[16], Sina A. Gharib[11,17], Greg
Gibson[18], Bastiaan T. Heijmans[4], Gibran Hemani[19], Rick Jansen[20], Mika Kähönen[21], Anette
Kalnapenkis[15], Silva Kasela[15], Johannes Kettunen[22], Yungil Kim[23,5], Holger Kirsten[24], Peter
Kovacs[25], Knut Krohn[26], Jaanika Kronberg[15], Viktorija Kukushkina[15], Zoltan Kutalik[27], Bernett
Lee[3], Terho Lehtimäki[28], Markus Loeffler[24], Urko M. Marigorta[18,29,30], Hailang Mei[31], Lili Milani[15],
Grant W. Montgomery[32], Martina Müller-Nurasyid[33,34,35], Matthias Nauck[36,37], Michel G. Nivard[38],
Brenda Penninx[20], Markus Perola[39], Natalia Pervjakova[15], Brandon L. Pierce[2], Joseph Powell[40],
Holger Prokisch[41,42], Bruce M. Psaty[11,43], Olli T. Raitakari[44], Samuli Ripatti[45], Olaf Rotzschke[3],
Sina Rüeger[27], Ashis Saha[5], Markus Scholz[24], Katharina Schramm[46,34], Ilkka Seppälä[28], Eline P.
Slagboom[4], Coen D.A. Stehouwer[47], Michael Stumvoll[48], Patrick Sullivan[49], Peter A.C. 't Hoen[50],
Alexander Teumer[51], Joachim Thiery[52], Lin Tong[2], Anke Tönjes[48], Jenny van Dongen[10], Maarten
van Iterson[4], Joyce van Meurs[53], Jan H. Veldink[54], Joost Verlouw[53], Peter M. Visscher[32], Uwe
Völker[55], Urmo Võsa[8,15], Harm-Jan Westra[8,12], Cisca Wijmenga[8], Hanieh Yaghootkar[16,56,57], Jian
Yang[32,58], Biao Zeng[18], Futao Zhang[32]

Author list is ordered alphabetically

1. Computational Biology, Ontario Institute for Cancer Research, Toronto, Canada
2. Department of Public Health Sciences, University of Chicago, Chicago, United States of America
3. Singapore Immunology Network, Agency for Science, Technology and Research, Singapore, Singapore
4. Leiden University Medical Center, Leiden, The Netherlands
5. Department of Computer Science, Johns Hopkins University, Baltimore, United States of America
6. Departments of Biomedical Engineering, Johns Hopkins University, Baltimore, United States of America
7. Heart Center Leipzig, Universität Leipzig, Leipzig, Germany
8. Department of Genetics, University Medical Centre Groningen, Groningen, The Netherlands
9. European Molecular Biology Laboratory, Genome Biology Unit, 69117 Heidelberg, Germany
10. Netherlands Twin Register, Department of Biological Psychology, Vrije Universiteit Amsterdam, Amsterdam Public Health research institute and Amsterdam Neuroscience, the Netherlands
11. Cardiovascular Health Research Unit, University of Washington, Seattle, United States of America
12. Oncode Institute
13. Genomics Coordination Center, University Medical Centre Groningen, Groningen, The Netherlands
14. Department of Genetics, University Medical Centre Utrecht, P.O. Box 85500, 3508 GA, Utrecht, The Netherlands
15. Estonian Genome Center, Institute of Genomics, University of Tartu, Tartu 51010, Estonia
16. Genetics of Complex Traits, University of Exeter Medical School, Royal Devon & Exeter Hospital, Exeter, United Kingdom
17. Department of Medicine, University of Washington, Seattle, United States of America
18. School of Biological Sciences, Georgia Tech, Atlanta, United States of America
19. MRC Integrative Epidemiology Unit, University of Bristol, Bristol, United Kingdom
20. Amsterdam UMC, Vrije Universiteit, Department of Psychiatry, Amsterdam Public Health research institute and Amsterdam Neuroscience, The Netherlands
21. Department of Clinical Physiology, Tampere University Hospital and Faculty of Medicine and Health Technology, Tampere University, Tampere, Finland
22. University of Helsinki, Helsinki, Finland
23. Genetics and Genomic Science Department, Icahn School of Medicine at Mount Sinai, New York, United States of America
24. Institut für Medizinische InformatiK, Statistik und Epidemiologie, LIFE – Leipzig Research Center for Civilization Diseases, Universität Leipzig, Leipzig, Germany
25. IFB Adiposity Diseases, Universität Leipzig, Leipzig, Germany
26. Interdisciplinary Center for Clinical Research, Faculty of Medicine, Universität Leipzig, Leipzig, Germany
27. Lausanne University Hospital, Lausanne, Switzerland
28. Department of Clinical Chemistry, Fimlab Laboratories and Finnish Cardiovascular Research Center-Tampere, Faculty of Medicine and Health Technology, Tampere University, Tampere, Finland
29. Integrative Genomics Lab, CIC bioGUNE, Bizkaia Science and Technology Park, Derio, Bizkaia, Basque Country, Spain
30. IKERBASQUE, Basque Foundation for Science, Bilbao, Spain
31. Department of Medical Statistics and Bioinformatics, Leiden University Medical Center, Leiden, The Netherlands
32. Institute for Molecular Bioscience, University of Queensland, Brisbane, Australia

33. Institute of Genetic Epidemiology, Helmholtz Zentrum München - German Research Center for Environmental Health, Neuherberg, Germany

34. Department of Medicine I, University Hospital Munich, Ludwig Maximilian's University, München, Germany

35. DZHK (German Centre for Cardiovascular Research), partner site Munich Heart Alliance, Munich, Germany

36. Institute of Clinical Chemistry and Laboratory Medicine, Greifswald University Hospital, Greifswald, Germany

37. German Center for Cardiovascular Research (partner site Greifswald), Greifswald, Germany

38. Department of Biological Psychology, Faculty of Behaviour and Movement Sciences, VU, Amsterdam, The Netherlands

39. National Institute for Health and Welfare, University of Helsinki, Helsinki, Finland

40. Garvan Institute of Medical Research, Garvan-Weizmann Centre for Cellular Genomics, Sydney, Australia

41. Institute of Neurogenomics, Helmholtz Zentrum München, Neuherberg, Germany

42. Institute of Human Genetics, Technical University Munich, Munich, Germany

43. Kaiser Permanente Washington Health Research Institute, Seattle, WA, United States of America

44. Centre for Population Health Research, Department of Clinical Physiology and Nuclear Medicine, Turku University Hospital and University of Turku, Turku, Finland

45. Statistical and Translational Genetics, University of Helsinki, Helsinki, Finland

46. Institute of Genetic Epidemiology, Helmholtz Zentrum München - German Research Center for Environmental Health, Neuherberg, Germany

47. Department of Internal Medicine and School for Cardiovascular Diseases (CARIM), Maastricht University Medical Center, Maastricht, The Netherlands

48. Department of Medicine, Universität Leipzig, Leipzig, Germany

49. Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden

50. Center for Molecular and Biomolecular Informatics, Radboud Institute for Molecular Life Sciences, Radboud University Medical Center Nijmegen, Nijmegen, The Netherlands

51. Institute for Community Medicine, University Medicine Greifswald, Greifswald, Germany

52. Institute for Laboratory Medicine, LIFE – Leipzig Research Center for Civilization Diseases, Universität Leipzig, Leipzig, Germany

53. Department of Internal Medicine, Erasmus Medical Centre, Rotterdam, The Netherlands

54. UMC Utrecht Brain Center, University Medical Center Utrecht, Department of Neurology, Utrecht University, Utrecht, The Netherlands

55. Interfaculty Institute for Genetics and Functional Genomics, University Medicine Greifswald, Greifswald, Germany

56. School of Life Sciences, College of Liberal Arts and Science, University of Westminster, 115 New Cavendish Street, London, United Kingdom

57. Division of Medical Sciences, Department of Health Sciences, Luleå University of Technology, Luleå, Sweden

58. Institute for Advanced Research, Wenzhou Medical University, Wenzhou, Zhejiang 325027, China

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Test R^2

TWAS of Cardiovascular Disease by OTTERS