Influence of circular RNA topology on microRNA stability

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Abstract

Circular RNAs (circRNAs) have been proposed to "sponge" or block microRNAs, a property shared with linear RNAs. Alternatively, certain RNAs induce microRNA destruction through the process of Target RNA-Directed MicroRNA Degradation (TDMD). Whether both linear and circular transcripts are equivalent in driving TDMD is unknown. Here we show that RNA topology seems critical for TDMD. Through a novel system that expresses a circRNA while reducing the co-expressed cognate linear RNA, we propose that circRNAs cannot induce TDMD. Interestingly, this appears attributed to the circular

RNA topology and not to its sequence, which is TDMD-competent in its linear form. Similarly, based on

the previous knowledge that *Cdr1as* circular RNA protects miR-7 from Cyrano-mediated TDMD, we

demonstrate that depletion of *Cdr1as* reduces miR-7 abundance, while overexpression of an artificial

linear version of *Cdr1as* drives TDMD. By analysing RNA sequencing data of a neuron differentiation

system, we detect potential events of circRNA-mediated microRNA stabilization. Our results support a

model in which circRNAs, unlike linear mRNAs, lead to a topology-dependent TDMD evasion, aiding in

the stabilization of specific microRNAs.

Keywords: circRNA/microRNA/TDMD

Introduction

Circular RNAs (circRNAs) are long known regulatory RNAs that have gained remarkable attention

since the first reports that highlighted their high diversity and abundance (Memczak *et al*, 2013; Hansen

et al, 2013; Salzman *et al*, 2013; Jeck *et al*, 2013). CircRNAs are covalently closed structures that originate

from pre-mRNA backsplicing and therefore lack a poly-A tail and 5'-cap. As a result, given that these

terminal modifications are the entry points for the microRNA (miRNA) effector machinery (Bartel, 2018;

Jonas & Izaurralde, 2015), circRNAs seem largely immune to posttranscriptional degradation by miRNAs.

Conversely, although current knowledge points towards a diversity of both nuclear and cytoplasmic

functions for different individual circRNAs, several findings have suggested that some circRNAs regulate

gene expression by working as miRNA "sponges" (Chen, 2020; Xiao *et al*, 2020; Hanan *et al*, 2020).

Whether circRNAs act on miRNAs by blocking them functionally, affecting their stability, or a

combination of both remains to be determined. In particular, it is unclear whether circRNAs are active

in driving Target Directed MicroRNA Degradation (TDMD), a mechanism that has emerged as central in

affecting miRNA turnover. During TDMD, targets with extensive base-pair complementarity towards the

3' end of the miRNA –i.e. displaying no more than 3 mismatches in addition to a central bulge– lead to

miRNA degradation, reversing the logic of canonical miRNA target silencing by which the target RNA is

conventionally degraded (Ameres *et al*, 2010; Cazalla *et al*, 2010; Marcinowski *et al*, 2012; Fuchs

Wightman *et al*, 2018). TDMD induces a conformational change on Argonaute (AGO) proteins that leads

to their poly-ubiquitination and degradation, rendering the specifically loaded miRNAs unprotected

and susceptible to degradation by general nucleases (Shi *et al*, 2020; Han *et al*, 2020). Unlike sponging,

TDMD-inducing targets act catalytically even at sub-stoichiometric levels, resulting in the most selective

and potent miRNA degradation mechanism described to date and which seems to explain the half-lives

of most naturally unstable miRNAs (de la Mata *et al*, 2015; Denzler *et al*, 2016; Kleaveland *et al*, 2018; Shi

et al, 2020). A priori, the circular topology of circRNAs should not represent an impediment to regulating

miRNAs through TDMD, and circRNAs' high stability could even be an advantage for this activity.

Nevertheless, to date no circRNA has been described to drive TDMD and the only available evidence

indicates that circRNAs might instead lead to miRNA stabilization (Piwecka *et al*, 2017; Chen *et al*, 2019).

CircRNAs are typically coexpressed with their cognate linear RNAs from the common host genes.

However, the circRNA over linear ratio occurs in different proportions, with a subset of circRNAs

reaching higher levels than their cognate linear isoforms (Chen, 2020). To reveal insights into circRNA-

specific functions and mechanisms, a plethora of publications have relied on circRNA overexpression

using various inverted repeat-containing vectors (Zhang *et al*, 2014; Conn *et al*, 2015; Liang & Wilusz,

2014; Kramer *et al*, 2015; Li *et al*, 2017, 90; Liu *et al*, 2019; Guarnerio *et al*, 2019; Litke & Jaffrey, 2019;

Memczak *et al*, 2013; Hansen *et al*, 2013). Yet, the capability of plasmid-based methods to overexpress

exogenous circRNAs free from overlapping, "leaky" linear RNA expression remains questionable. Thus,

attributing any observed effects to the overexpressed circRNA while not rigorously controlling for the

potential role of the undesired coexpressed linear transcripts represents a potential pitfall (Pamudurti

et al, 2017; Kristensen *et al*, 2019; Dodbele *et al*, 2021; Chen, 2020).

A key general question in the field that remains largely unanswered, is whether the circular nature

of circRNAs is intrinsically or mechanistically linked to their molecular functions. In this study we aimed

to elucidate whether linear and circular target topologies function differently to affect miRNA stability

and function. Using a strategy that allows us to express an artificial circRNA with reduced expression of

the counterpart linear transcript, we showed that the circular RNA, as opposed to the linear form, seems

unable to induce TDMD. We also examined the well described *Cdr1as*-miR-7-Cyrano network of

noncoding RNAs, where the lncRNA Cyrano destabilizes miR-7-5p through TDMD (Kleaveland *et al*,

2018), while the circRNA CDR1as (also known as ciRS-7) yields a protection on miR-7-5p (Piwecka *et al*,

2017). We show that expression of an artificially linear version of *Cdr1as* triggers TDMD and is unable to

rescue the endogenous circRNA loss of function, suggesting that the circular topology of *Cdr1as* is

crucial for the evasion of TDMD. Finally, we show that certain circRNA-miRNA interactions might lead to

a phenomenon of miRNA stabilization, representing a potentially active mechanism during neuron-like

differentiation.

91 Results

92 Artificial circRNA expression

In order to compare the effect of circular and linear RNAs on microRNA stability, we designed

constructs capable of expressing either linear transcripts or artificial circRNAs encompassing segments

of identical primary sequence (Figure 1A). Both the linear and circular RNAs contain 4 binding sites for

a candidate miRNA (miR-132) with proven TDMD-competent sequence complementary (de la Mata *et*

al, 2015) (Figure EV1A). To express the circRNA, we followed a strategy consisting of inserting acceptor

and donor splice sites flanking the segment of the transcript to be circularized, plus Alu reverse

complementary sequences (RCS) from the introns of a naturally circularized RNA (human ZKSCAN1

exons 2 and 3 respectively), (Figure 1A) (Liang & Wilusz, 2014). In order to preferentially enrich the

expression of the circular over the linear variant in neurons, we introduced perfectly matched sites

against a highly expressed neuron-specific miRNA (miR-124) which are lost after RNA processing in the

backspliced circular product but remain present in the linear RNA isoform, thus rendering the linear –

but not the circular– RNA form susceptible to AGO2 slicing (Figure 1A). As a TDMD positive control, we

expressed a linear transcript with identical sequence to the circRNA-expressing construct, but lacking

the splice sites and the reverse complementary flanking introns that induce circularization (Liang &

Wilusz, 2014) (Figures 1A and EV1A). The latter constructs have been proved effective in triggering

TDMD in primary neurons (de la Mata *et al*, 2015). All constructs were packed into lentiviral vectors and

used to transduce mouse primary neurons.

To control the miRNA-mediated degradation of the linear byproduct, we generated two circRNA

expressing constructs, differing by seed-mutations in the miR-124 binding sites (Figure EV1A). We first

sought to validate that the constructs expressed a single circRNA species with covalently linked ends

and no concatemers or other spurious by-products, by performing Northern blot analysis of RNase R

treated or untreated samples from HEK293T cells –a cell line where miR-124 is not endogenously

expressed. We observed that both circRNA-expressing constructs bearing either perfect or seed-mutant

sites for miR-124, produced two bands: a single RNase R-resistant circRNA product and an RNase R-

sensitive linear RNA form. The fact that the artificial circRNA was not susceptible to the RNase R

digestion relative to the linear transcript, supports a circular structure (Figure EV1B and D). Importantly,

digital quantification of northern blot bands correlated strictly with the RT-qPCR measurements using

primers to amplify either the circular isoform exclusively (Figure 1A, primer pair #1) or both the linear

and circular isoforms combined –hereafter referred to as Total Output (TO)– (Figure 1A, primer pair #2),

further validating the latter method for subsequent analysis (Figure EV1C). Next, to rule out artifacts

that could be caused by template switching during cDNA synthesis and that could serve as templates

for the divergent primers -designed to amplify across the artificial circRNA backspliced junction- (Figure

1A, primer pair #1), we performed the PCR from cDNAs obtained with two different reverse

transcriptases (MMLV-RT & Superscript II). Amplification from both cDNAs produced identical PCR

products with identical sequences spanning the predicted backsplicing junction (Figure EV1E). Because

the two RT enzymes are unlikely to jump at the exact same sequences during a putative template

switching event, we conclude the transcripts produced from our expression system are bona fide

circRNAs.

In order to quantify the linear/circular RNA ratio produced by our circRNA-expressing constructs, the

relative intensities of the bands were acquired by densitometry using Image J. On average, the

linear/circular RNA ratio obtained was in the order of 4±1 in HEK293T cells (Figure EV1B), a cell line that

does not express miR-124 and therefore does not degrade the linear RNA. To validate that our strategy

was successful at expressing a circRNA while selectively degrading its counterpart linear transcript by

means of miR-124, we transduced the circRNA-expressing constructs into mouse primary neurons and

performed RT-qPCR using both the primers described above plus additional primers to amplify the

linear isoform exclusively (Figure 1A, primer pair #3). Remarkably, we observed that our strategy led to

a potent (3-4 fold) degradation of "leak" linear RNA without affecting circRNA abundance (Figure 1B).

Furthermore, circRNA levels produced from the circRNA-expressing construct were exceedingly higher

than from the construct expressing the linear RNA (TDMD inducer), with both constructs producing

equivalent total output levels (Figure 1C). Altogether, these results confirm that our system is effective

in expressing circRNAs while reducing the abundance of their cognate linear RNAs, making it a generally

useful tool in experiments aimed at dissecting circRNA function.

CircRNA-expressing construct is incapable of triggering TDMD

To explore whether linear and circular target topologies function differently to affect miRNA stability

through TDMD, we determined the extent to which a circular RNA topology can impact miRNA stability

via TDMD in neurons, a cell type known to display a potent TDMD effect (de la Mata *et al*, 2015). To this

end we transduced primary neurons with either linear or circRNA expression constructs bearing TDMD-

competent (bulged) or seed-mutant binding sites for miR-132, and measured miR-132 abundance by

an RT-qPCR Taqman assay. Whereas the linear TDMD inducer was capable of effectively destabilizing

miR-132, the circRNA-expressing construct showed no effect on miRNA stability. Considering that the

circRNA-expressing construct reduces the linear RNA abundance by 3-4 fold in neurons and that the TO

of the circRNA-expressing construct remains similar to that of the linear RNA-only expressing construct

(TDMD inducer), we conclude that: 1) the circRNA levels account for up to 30-50% of the total RNA

abundance expressed from the circRNA-expressing construct in neurons (compared to the ca. 25% in

HEK293T cells that lack endogenous miR-124), and 2) the fact that no miR-132 downregulation is

observed under these conditions suggests that up to the extent that we were able to express the

artificial circRNA, it appears unable to contribute to any additional TDMD effect, and it likely even

antagonizes the TDMD effect driven by its co-expressed linear counterpart. (Figures 1C and 2A). We

confirmed that miR-132 downregulation by the linear TDMD inducer was not a consequence of changes

in transcription and/or maturation of the targeted miRNA by showing that the abundance of the

primary transcript (pri-miR-132) and passenger strand (miR-132-5p) of miR-132 remained unchanged,

confirming that the reduction in the miR-132 guide strand was a bona fide post-transcriptional effect

occurring after miR-132 processing and therefore consistent with TDMD (Figure EV2A). To control for

the specificity of the linear TDMD inducer against miR-132, we measured the levels of four (4) additional

control mature miRNAs (miR-124, -128, -138 and -409). None of them were significantly affected,

confirming that the effect is indeed specific for miR-132 (Figure EV2A).

In order to determine whether the observed differential effect could be attributed to the inability of

the circular RNA to bind to the RISC complex, we set out an RNA immunoprecipitation experiment (RIP)

by specifically pulling-down AGO2 and isolating all copurifying RNA species. To this end, we co-

transfected HEK293T cells with FLAG/HA-AGO2 together with the different circRNA-expressing

constructs and a vector for pri-miR-132 (otherwise of low abundance in HEK293T cells) followed by

immunoprecipitation and RT-qPCR analysis. We observed that the artificial circRNA was effectively

pulled down together with AGO2 only when carrying bulged sites for miR-132 but not if the sites were

mutated at the miRNA seed-binding region (Figures 2B and EV2B-C). These results demonstrate that the

circular RNA is indeed able to specifically bind to the RISC complex, ruling out that defects in circRNA-

AGO2 binding could account for the observed lack of TDMD activity.

To exclude the possibility that the observed differences were a trivial consequence of an aberrant

localization of the circRNA relative to the linear isoform (Chen, 2020), we performed a purification of

nuclear and cytoplasmic subcellular fractions. Our results showed that the artificial circRNA accumulates

in the cytoplasm at similar proportions relative to the linear control and is only slightly lower in the

nuclear compartment (Figures 2C and EV2D-E), suggesting that the inability of the circRNA to trigger

TDMD is not related to it being retained in the nucleus.

Circular topology of *Cdr1as* is necessary to protect miR-7 from TDMD

To answer whether the inability to trigger TDMD was restricted to our circRNA expression system or

if it may actually be observed for other known endogenous circRNAs as well, we studied the case of the

Cdr1as-miR-7 interaction (Hansen *et al*, 2011, 2013; Memczak *et al*, 2013). To determine whether the

circular topology of *Cdr1as* has a role in modulating miR-7 abundance, we designed tools to manipulate

endogenous *Cdr1as* levels in rodent primary neurons (Fellmann *et al*, 2013). In order to knock down

Cdr1as we engineered a lentiviral vector to express a specific shRNAmiR (sh*Cdr1as*) (Figure EV3A) and

transduced it in primary neurons at high efficiency. Interestingly, the effective *Cdr1as* knockdown

achieved did not increase miR-7 levels as expected had *Cdr1as* been an active inducer of TDMD on this

miRNA. On the contrary, and in line with previous evidence (Piwecka *et al*, 2017), *Cdr1as* knockdown

reduced miR-7 levels, consistent with a stabilization role of the circRNA on this miRNA (Figure 3A-B).

To determine whether the observed effect was dependent on *Cdr1as*'s circular topology, we

attempted to rescue the *Cdr1as* knockdown with the expression of an artificial linear version of *Cdr1as*

–lin*Cdr1as*– lacking the sh*Cdr1as* target site. Interestingly, the drop of miR-7 abundance caused by the

knockdown of the endogenous *Cdr1as*, could be neither rescued nor enhanced by co-expressing the

linear *Cdr1as*, even though the artificial lin*Cdr1as* reached expressions levels similar to those of

endogenous *Cdr1as* in control cells (Figure 3A-B). Remarkably, expressing lin*Cdr1as* alone –without

knocking down endogenous *Cdr1as*– caused a significant destabilization of miR-7 (Figure 3C-D),

consistent with TDMD being driven by the RNA expressed under an artificial linear RNA topology.

Importantly, the linear lin*Cdr1as* did not induce a significant variation of the endogenous abundance of

(circular) *Cdr1as* (Figure EV3C). To exclude the possibility that miR-7 downregulation was a consequence

of changes in transcription and/or maturation of the targeted miRNA upon transduction of lin*Cdr1as*,

we measured the abundance of the primary transcript (pri-miR-7a-1), miR-7 passenger strands (miR-7a-

1-3p and miR-7a-2-3p) and two (2) additional control miRNAs (miR-9 and -132). Our result shows that

the guide strand miR-7-5p, but neither the passenger strands nor the other control miRNAs, undergo

degradation by the linear version of Cdr1as (Figure 3D, EV3D). This result confirms that the reduction in

the miR-7 is a post-transcriptional effect occurring after miRNA processing and is therefore compatible

with active TDMD triggered by the linCdr1as construct (EV3D). Careful inspection of the miR-7 sites

present in *Cdr1as* showed that no less than 3 of them indeed exhibit a base pairing complementarity

compatible with a TDMD-competent architecture (Figure EV3B) (Fuchs Wightman *et al*, 2018).

As an orthogonal strategy to reduce *Cdr1as* levels and rule out potential off target or indirect effects

caused by the sh*Cdr1as*, we used CRISPR/Cas9 genome editing to mutate the splicing sites of the

endogenous *Cdr1as* gene. To that end we expressed two sgRNAs against both donor and acceptor

splice sites of *Cdr1as* respectively (Figure EV3E). Despite an overall lower efficacy in *Cdr1as* knockdown

reached through CRISPR/Cas9 editing compared to the sh*Cdr1as*, we observed a similar effect

consistent with *Cdr1as* being unable to induce TDMD on miR-7 but rather leading to its stabilization

(Figure EV3E-G).

Overall, our results show that endogenous *Cdr1as* is unable to trigger TDMD on miR-7 but rather

stabilizes this miRNA. Accordingly, only if expressed as an artificially linear RNA can it engage in miR-7

degradation through TDMD, further supporting the notion that the natural circular/linear topology, and

not just the linear sequence of a RNA target, is a crucial determinant for engaging in such type of

regulation.

CircRNAs potentially stabilize dozens of microRNAs across neuron-like
differentiation

Based on our results, we hypothesized that circRNAs might possess the ability to influence miRNA

stability through evading TDMD and eventually protecting miRNAs from degradation. Yet, whether this

type of regulation could be a widespread phenomenon is unclear. To explore this possibility, we

analysed available sequencing data of miRNA, circRNA and mRNA expression from hESC H9 cells both

undifferentiated and differentiated into forebrain (FB) neuron progenitor cells (Chen *et al*, 2015; Zhang

et al, 2016). We reasoned that this model would be appropriate to test our hypothesis from the

viewpoint that a significant proportion of circRNAs are regulated along neuron differentiation –with

upregulation being more frequent than downregulation (You *et al*, 2015; Rybak-Wolf *et al*, 2015).

Concomitantly, neuron-specific miRNAs are known to become more susceptible to degradation in more

mature neurons (Krol *et al*, 2010), a scenario where circRNAs could act by selectively regulating miRNA

stability. In order to consider only the biochemically supported circRNA-miRNA pairs, we used the CLIP-

Seq experimentally supported mRNA-miRNA, lncRNA-miRNA and circRNA-miRNA interaction networks

catalogued in the STARBASE v3/ENCORI database (Yang *et al*, 2011; Li *et al*, 2014) as a proxy for bona

fide interactions.

We first followed a miRNA perspective approach aimed at analysing whether the abundance of

miRNAs across the neuron-like differentiation was dependent on the extent of "sponging" imposed by

circRNAs. To that end, we initially computed the total number of specific miRNA sites contributed by all

circRNAs weighed by circRNA levels before differentiation (hereafter referred to as "miRNA-specific

effective sites", see materials and methods and Dataset EV1). We observed that miRNA fold changes

across differentiation show no apparent correlation with the number of miRNA-specific effective sites

on all circRNAs (Figure 4A). In order to obtain a stoichiometrically relevant estimate of the "sponging

suffered" by each miRNA at the onset of differentiation, we further weighted the miRNA-specific

effective sites to each miRNA's abundance before differentiation (Figure 4B, ranked in Dataset EV1).

According to this analysis, the most highly "sponged" miRNAs, corresponding to those potentially

interacting with multiple and/or highly expressed circRNAs at higher circRNA:miRNA stoichiometries

early during differentiation, are significantly upregulated across differentiation relative to the least

"sponged" miRNAs (Figure 4B-C). We next searched for additional evidence in support of a stabilizing

effect of circRNAs which, by acting on top of transcriptional effects, could account for the observed

differences in mature miRNA fold changes between the different sponging quartiles. To that end we

estimated the change in pri-miRNA abundance as a proxy for change in transcription levels of the

respective miRNA genes across differentiation. Interestingly, while we observe a positive correlation

between mature miRNA and pri-miRNA fold changes, the correlation becomes weaker for the most

highly "sponged" than for the least "sponged" miRNAs (Figure 4D). By fitting the data to a multiple

regression model with interaction, we found that the fold change in mature miRNA levels for the more

highly sponged miRNAs (quartile "+++ sponged") seems differentially dependent on the fold change

of pri-miRNA levels relative to the least sponged miRNAs (quartile "- sponged") (i.e., the slope changes

by ≈2 fold, p-value for the interaction term = 0.0354) (Figure 4D). While this analysis shows that changes

in mature miRNA levels are to a large extent explained by changes in transcription of their host genes,

the impaired correlation and difference in slope observed for miRNAs in the most highly sponged

quartile are consistent with a stabilization effect that cannot be solely explained by changes in their

transcription rates. In sum, although we cannot rule out that the more highly upregulated miRNAs are

more efficiently processed from their pri-miRNAs than the less upregulated ones, our analysis argues

for a post-transcriptional effect of circRNAs on miRNA stability acting in parallel to –but independently

of– changes in miRNA transcription. This effect would occur through the concerted interaction of

individual miRNAs with multiple and/or highly expressed circRNAs across differentiation.

As a complementary approach from a circRNA perspective, we asked whether the extent of

"sponging capacity" offered by circRNAs, namely their ability to simultaneously interact with different

miRNAs across differentiation, could impact their own abundance. To that end we calculated a

"sponging capacity" index based on the total number of sites (for all miRNAs) present on each circRNA

weighed by circRNA levels before differentiation (see materials and methods and Dataset EV1).

Interestingly, we observed that an increasing "sponging capacity" index did not correlate with a visible

change in circRNA fold changes across differentiation, which is consistent with the notion that circRNAs

are not subjected to regulation by miRNAs (Figure 4E). The collection of miRNAs and circRNAs

interacting across this neuron-like differentiation might include more than a hundred miRNAs and

dozens of circRNAs. In fact, by focusing on the predicted most highly sponging circRNAs, this analysis

illustrates that circRNAs with the highest "sponging capacity" for miRNAs lie at highly connected nodes

within a complex network, further supporting the view that some individual circRNAs might act as

potential scaffolds for multiple miRNAs (Figure EV4A).

Predicted binding of miRNAs to circRNAs through TDMD-like interactions

In order to determine the existence of possible associations between specific features of circRNAs and their ability to engage in potential miRNA-stabilizing interactions, we performed the following analyses. We first compared the median length of circRNAs engaged in interactions with miRNAs subjected to different degrees of sponging by circRNAs. We observed no association between the circRNA median lengths and the degree of sponging (Figure EV4C). We next analysed the genomic regions within transcripts that generate the circRNAs with predicted binding sites for miRNAs of different sponging quartiles. Considering that most circRNAs are expressed from protein coding genes (Guo *et al*, 2014), we analysed the overlapping genomic regions (CDS, 5'UTR, 3'UTR, etc) from such genes only. We observed that the genomic region from which circRNAs originate does not correlate with the degree of miRNA sponging they engage with across differentiation (Figure EV4D).

Our previous knowledge that a limiting number of bona fide TDMD sites –present even at sub-stoichiometric levels– can act catalytically to outcompete the tens of thousands of miRNA binding sites present in the transcriptome (de la Mata *et al*, 2015; Denzler *et al*, 2016; Kleaveland *et al*, 2018; Shi *et al*, 2020) might seem at odds with the interpretation arising from our results that those TDMD sites can be nevertheless antagonized by a few thousand binding sites present on circRNAs. Conceivably, this conundrum could be explained if the miRNA-stabilizing interactions involved sites on circRNAs with TDMD-like architecture themselves. In this scenario, combined with their ability to avoid TDMD, circRNAs bearing TDMD-like sites would act as more effective competitors against bona fide TDMD sites than linear RNAs bearing canonical miRNA sites. To test this hypothesis, we searched for TDMD-like architectures within both circRNAs and 3' UTRs of linear mRNAs using a TDMD-site prediction tool (Soutschek *et al*, 2022). According to this analysis, the most highly "sponged" miRNAs are predicted to interact through TDMD-like interactions with both linear and circRNA at a higher proportion than the least sponged miRNAs, with the proportion of interactions involving circRNAs being overrepresented. From this analysis we conclude that TDMD-like sites on circRNAs may be particularly effective in competing for – and thus stabilizing– miRNAs across differentiation (Figure 5A-B and EV5).

Discussion

A long-lasting and largely unresolved question in the field is whether circRNAs' topology –i.e., their

circular nature– is intrinsically relevant for them to exert their molecular actions. Alternatively, the

circular form of some circRNAs might have been evolutionarily selected merely based on their

resistance to endonucleases that confer them special stability properties. Due to different technical

reasons, many of which are related to the expression systems employed, these key questions have not

been fully addressed so far.

While most experimental approaches have largely relied on knocking down or overexpressing

circRNAs in different organisms or cultured cells, undesirable artifacts can very commonly act as

confounding factors in the interpretation of the results. In particular, overexpression of circRNAs suffers

from a major caveat related to the unwanted linear RNA species that are inevitably co-expressed from

the commonly used expression vectors. This type of problem can easily lead to conclusions where

functions are wrongly assigned to circRNAs under circumstances where the associated linear transcripts

are the true functional molecules but are ignored in the experiments (Dodbele *et al*, 2021). We have

addressed this issue by designing a strategy that allows us to express circRNAs while keeping expression

of the counterpart linear product to a minimum. A similar strategy was previously reported in a different

context with the goal of restricting expression of transgenes to specific tissues (Brown *et al*, 2007). In

our hands the approach proved to work as an efficient tool to deliver high levels of circRNAs while

limiting the expression of the linear RNA derived from the circRNA construct (Figure 1).

We have exploited this tool to gain insight into the mechanism of the well-known role of circRNAs

in blocking miRNAs. Despite being neither prevalent nor unique to circRNAs as a class, the capacity to

inhibit or "sponge" miRNA silencing activity has been the most extensively documented function of

circRNAs (Chen, 2020; Dodbele *et al*, 2021). This abundance of papers likely obeys to historical reasons,

namely the fact that this was the first function to be reported for circRNAs since their rediscovery during

the last decade (Memczak *et al*, 2013; Hansen *et al*, 2013). In spite of this, a clear picture of the

mechanism by which some circRNAs act on miRNAs is still missing. For instance, it remains unclear

whether circRNAs act on miRNAs simply by blocking their function and/or by affecting their stability. In

this sense, although it has been speculated that circRNAs might trigger TDMD like linear RNAs, this

premise was never formally and experimentally tested so far (Gasparini *et al*, 2020). Our data suggest

the opposite: even when expressed at comparable levels, artificial circular RNAs of identical sequence

to those of TDMD-inducing linear RNAs, prove incapable of inducing TDMD (Figure 2). This is largely

recapitulated by the endogenous circRNA *Cdr1as* which cannot trigger TDMD on miR-7 –in fact it leads

to its stabilization as discussed below– unless artificially expressed as a linear RNA.

The fact that the protection of miR-7 exerted by *Cdr1as* was not recapitulated by our artificial circRNA

on miR-132, might be explained by the still partially present expression of the linear counterpart

containing TDMD-active miR-132 sites. An alternative explanation might be the emergent properties of

the *Cdr1as*-miR-7-Cyrano network. Based on the latter idea, the stabilization of miR-7 might emerge

from the inability of *Cdr1as* to drive TDMD in combination with its preserved ability to bind and compete

for miR-7, ultimately shielding the exceptionally potent TDMD activity driven by Cyrano on miR-7

(Kleaveland *et al*, 2018). A similar reasoning might apply to the fact that the artificial (linear) lin*Cdr1as*,

when expressed in combination with the knockdown of endogenous (circular) *Cdr1as*, does not

produce any additional reduction of miR-7 abundance: under these conditions, an unleashed Cyrano-

driven TDMD activity acting on miR-7 might reach a limit in miR-7 degradation rate which cannot be

further enhanced by an additional TDMD-competent target such as lin*Cdr1as* (Figure 3). In the presence

of *Cdr1as*, the system would be set to intermediate miR-7 degradation rates which could be further

enhanced by other TDMD-competent RNAs such as lin*Cdr1as* (see model in Appendix Figure S1).

Notably, a similar protection phenomenon has been observed in a prostate cancer cell line, where

knockdown of circ*CSNK1G3* bearing TDMD-like binding sites for miR-181b/d decreased their

abundance, while circ*CSNK1G3* overexpression increased it (Chen *et al*, 2019) (Figure S2F).

The molecular basis explaining the functional differences between circRNAs and their cognate linear

transcripts in triggering TDMD, might obey to the structural properties affected by the circular-linear

topology. Based on a previous report, whereas circRNAs inhibit PKR-mediated innate immune

responses, their cognate linear counterpart transcripts cannot. The explanation behind this

phenomenon seems to be the inherent ability of circRNAs to fold into more stable short local secondary

structures compared to their linear counterpart transcripts. This in turn seems to lead to a more stable

interaction between circRNAs and PKR (Liu *et al*, 2019). Based on similar principles –but with an opposite

outcome– the greater tendency of circRNAs to form secondary structures could confer them an extra

rigidity that could ultimately limit their capacity to drive TDMD. This seems in agreement with previous

reports showing that an extended miRNA:target basepairing *per se* is not enough to trigger TDMD:

miRNA binding must also occur within a conformationally flexible region of the target for TDMD to be

active (Pawlica *et al*, 2016; Li *et al*, 2021; Fuchs Wightman *et al*, 2018). In line with this idea, two in-depth

studies have contributed to our understanding of TDMD by pinpointing the ubiquitin ligase ZSWIM8 as

a mediator of the mechanism (Shi *et al*, 2020; Han *et al*, 2020). These findings showed that the binding

of TDMD-competent target RNAs drives a conformation change on AGO proteins (loaded with specific

miRNAs) that leads to their poly-ubiquitination and degradation, leaving the specific miRNAs

unprotected and susceptible to degradation by general nucleases. The extra rigidity of circRNAs could

preclude the conformational change of AGO, thus bypassing TDMD while remaining bound to the RISC

complex. A recent report might be consistent with this view by showing differences between the

thermodynamic properties of linear and circular RNA in binding to complementary short RNAs,

favouring a model where circRNAs might bind to miRNAs more efficiently than their cognate linear

RNAs (Petkovic *et al*, 2021).

An alternative explanation could relate to the differential ability of distinct RNA species in recruiting

TDMD machinery factors such as ZSWIM8. In that sense, several characteristics of circRNAs could be

critical, such as their lack of capping and poly-A tails. However, the latter seems dispensable for TDMD

based on the fact that HSUR-1, which lacks a poly-A tail, effectively drives TDMD on miR-27 (Cazalla *et*

al, 2010; Pawlica *et al*, 2016). Additionally, specific sequence elements within transcripts are required for

TDMD. For instance, both the miR-7 and miR-17 binding sites that exist within known TDMD-inducing

targets (Cyrano and HCMV's UL144-145 respectively), depend on sequences that are located outside of

the miRNA site *per se* for efficiently triggering of TDMD (Lee *et al*, 2013; Kleaveland *et al*, 2018; Han *et al*,

2020). Such sequences might be absent or simply occluded within the more highly structured circRNAs,

possibly explaining their observed inability to drive TDMD.

Interactions between miRNAs and competing-endogenous RNAs (ceRNAs) have received a broad

attention in the recent years as they might represent a mechanism of miRNA inhibition (Tay *et al*, 2014).

However, due to stoichiometry considerations, the likelihood that individual ceRNAs titrate the total

amount of miRNA available for target repression seems limited (Denzler *et al*, 2014; Jens & Rajewsky,

2015; Bosson *et al*, 2014; Pinzón *et al*, 2017; Denzler *et al*, 2016). Instead, models where multiple ceRNAs

regulate single miRNAs have been favoured (Ameres & Zamore, 2013; Dodbele *et al*, 2021). The case of

Cdr1as-miR-7 pair might represent an outstanding example functioning in an analogous way: *Cdr1as* is

a highly expressed circRNA with > 60 evolutionarily conserved miR-7 binding sites based on previous

reports (Memczak *et al*, 2013; Hansen *et al*, 2013) (67 predicted sites for miR-7 in humans based on the

STARBASE/ENCORI database), significantly exceeding the average number of sites annotated for

circRNAs (based on Starbase/ENCORI database, see Dataset EV2). On the other hand, while *Cdr1as* is

highly expressed in human, rat and mouse brain, miR-7 tends to display medium to low expression. Our

results favour a model where the concerted interaction of multiple circRNAs with individual miRNAs

seems the most likely and relevant scenario in regulating miRNA stability. Interestingly, among the

miRNAs that are upregulated upon ZSWIM8 knockdown in mouse induced neurons (Shi *et al*, 2020), two

belong to the most highly "sponged" miRNAs according to our analysis (miR-7 and also miR-409-3p),

suggesting that such type of regulation might be acting in neuron differentiation and possibly in

pathophysiological conditions (Figure EV4B).

An increasing number of TDMD natural examples have arisen in the past few years, including both

endogenous and viral transcripts (Ameres *et al*, 2010; Cazalla *et al*, 2010; Bitetti *et al*, 2018; Ghini *et al*,

2018; Li *et al*, 2021; Simeone *et al*, 2022; Kingston *et al*, 2022). Furthermore, the discovery that TDMD is

more widespread than initially thought suggests that more examples will be discovered (Shi *et al*, 2020;

Han *et al*, 2020). In this scenario, circRNAs' capacity to evade such regulation could confer them an

advantage in regulating miRNA stability even (or especially) when involving highly complementary

pairing architectures that would otherwise drive TDMD in the context of linear RNAs. Our findings

suggesting that the most highly "sponged" miRNAs seem to engage in TDMD-like interactions with

circRNAs more frequently than the least "sponged" miRNAs seems in line with this idea. Although we

ignore the extent to which circularization may affect the thermodynamic and/or kinetic properties of

miRNA-target pairing, we speculate that, by avoiding TDMD, sites with TDMD-like architectures within

circRNAs might provide an enhanced stability and/or decreased dissociation rate relative to sites with

canonical architectures present within the more abundant linear transcripts. Accordingly, by binding

and sequestering miRNAs through TDMD-like architectures, certain combinations of circRNAs might

stabilize specific miRNAs, rendering them unavailable for TDMD even when expressed at an overall sub-

stoichiometric level relative to the whole set of linear targets present in the cell. This type of regulation

would in turn be compatible with a potential reversibility of circRNA's inhibitory function on miRNAs.

A complex and yet unresolved aspect of the role of circRNAs in regulating miRNAs relates to our

inability to predict their outcome on canonical miRNA silencing activity. In this sense, depending on

factors such as the relative binding site architectures and the relative stoichiometries of the molecules

involved, different outcomes may be expected. For instance, miRNA stabilization by circRNAs could lead

to greater average target repression due to increased abundance of the cognate miRNAs. This is

consistent with the effect that we observe in primary neurons upon *Cdr1as* KD (Appendix Figure S2B)

and with previously published analysis in mouse cortex upon *CDR1as* knockout (Piwecka *et al*, 2017),

where miR-7 predicted targets are significantly upregulated upon *CDR1as* knockout. However, miRNA

stabilization by circRNAs could alternatively be accompanied by an overall tight blockade of miRNA

silencing activity, leading to the opposite outcome in such contexts. Accordingly, our reanalysis of the

data from a prostate cancer model (Chen *et al*, 2019) shows that a decrease of miR-181b/d upon

circ*CSNK1G3* knockdown (analogous the case of miR-7 and *Cdr1as*) leads to an overall downregulation

of miR-181b/d predicted targets. Our side-by-side reanalysis of both datasets from these reports

suggests an overall opposite effect of specific miRNA stabilization by circRNAs on target silencing in

these different cellular contexts (Appendix Figures S2B-E). Based on this, a direct correlation between

the eventual stabilization of miRNAs by circRNAs and their ensuing downstream effect on miRNA

canonical silencing cannot be currently established, highlighting the need of further dissecting the role

of circRNAs on miRNA target repression. Eventually, more in-depth knowledge of the players involved,

their relative stoichiometries and dynamics will help us understand the emergent properties arising

from different systems and the full potential and adaptive value of circRNAs in miRNA regulation.

Limitations of the study

In this study we have generated a vector capable of expressing a circRNA with reduced levels of the

linear "leak" RNA that is otherwise inevitably produced from these kinds of constructs. As shown in this

work, although the principle works in our hands, the net circRNA-to-linear RNA relative expression yield

that we obtain is still suboptimal. Bearing this limitation in mind, our data support the notion that the

circRNA levels that we achieve are enough to prevent TDMD, either by not contributing to any

additional TDMD effect and/or by antagonizing the TDMD driven by its co-expressed linear counterpart.

462 We are aware that effectively expressing circRNAs from artificial vectors is a general debate in the field,

463 and we hope that our efforts to generate an improved system for circRNA expression might contribute

464 to the development of even better strategies in the future.

465 It is important to stress the idea that additional properties of different circRNAs might determine

466 their ability to bypass TDMD, including but not limited to circRNA modifications (RNA methylation, etc)

467 and specific secondary structures, none of which have been systematically addressed in our work. More

468 studies will be required to determine whether the avoidance of TDMD by circRNAs in particular and the

469 ensuing miRNA stabilization in general, is a widespread phenomenon.

470 Furthermore, we have shown that a group of miRNAs sharing high "availability" of sites on circRNAs

471 relative to their own abundance (defined above as "sponging suffered" coefficient) is preferably

472 upregulated across a neuron-like differentiation. It is worth emphasizing that this correlation does not

473 imply causality and that functional experiments will be needed in the future in order to validate this

474 possibility. Finally, the enrichment of TDMD-like sites that we report in this study is based solely on

475 predicted –though not experimentally validated– sites using the scanMiR bioinformatic tool (Soutschek

476 *et al*, 2022).

Materials and methods

Plasmid construction

480 Unless otherwise specified, the lentiviral vectors are based on pRRLSIN.cPPT.SYN.WPRE (de la Mata

481 *et al*, 2015).

482 Linear *Cdr1as* (lin*Cdr1as*) was amplified by PCR from rat genomic DNA (see primers at Table EV1).

483 Following gel purification (QIAquick Gel Extraction Kit), and cloning into pCR II-Blunt-TOPO

484 (ThermoFisher) it was then subcloned into pRRLSIN.cPPT.SYN.WPRE. The linear *Cdr1as* version lacking

485 the sh*Cdr1as* target site –lin*Cdr1as*[671–] was generated by PCR amplification of a *Cdr1as* fragment lacking

486 a 174-bp 3'-terminal segment that encompasses the miR-671 binding site, and re-cloning it into the

487 original backbone's BamHI-SalI sites (Table EV1). The linear transcript used as a negative control consists

488 of GFP expressed from pRRLSIN.cPPT.PGK-GFP.WPRE (Addgene plasmid 12252).

The pri-miR-132 and pri-miR-124 expressing constructs were made by amplifying the pri-miRNA

fragments (Table EV1) from miRNASelectTM pEGP-mmu-mirna expression vectors (Cell Biolabs) and

subsequently cloning them into the BamHI-BsrGI sites of pRRLSIN.cPPT.SYN.WPRE.

The shRNAmiR (sh*Cdr1as*) is an engineered version miR-671 –previously described as a natural

Cdr1as regulator (Piwecka *et al*, 2017; Kleaveland *et al*, 2018)– designed to be fully complementary to

the circRNA and maximizing its slicing capacity (Figure EV3A). The sh*Cdr1as* lentiviral vector was

constructed by replacing the pri-miRNA fragments from the previously described vectors using BamHI-

NheI (Table EV1), and inserting a synthetic DNA (gBlock gene fragment, IDT) by Gibson Assembly

(Gibson *et al*, 2009).

CircRNA-expressing constructs were constructed inserting gBlocks (Integrated DNA Technologies)

encompassing the ZKSCAN1 upstream and downstream introns (Liang & Wilusz, 2014) flanking

mCherry and bulged or seed-mutant miR-132 sites (de la Mata *et al*, 2015) downstream of a Tetracyclin-

inducible promoter (TREp, see Figure 1A and Table EV1). Perfect or seed-mutant sites for miR-124 were

subsequently inserted downstream or the circularizable region (Figure EV1A). Linear TDMD inducers

expressing mCherry upstream of bulged or seed-mutant miR-132 sites were previously described (de la

Mata *et al*, 2015).

The lentiviral vector driving expression of FLAG/HA-AGO2 (human) from the Syn promoter (pLV-

FLAG-HA_AGO2) was generated by amplifying FLAG/HA-AGO2 from pIRESneo-FLAG/HA AGO2

(Addgene plasmid 10822).

The construct for CRISPR/Cas9 genome editing of *Cdr1as* splicing sites is based on lentiCRISPRv2

(Addgene plasmid 52961), following the Zhang Lab protocol (Sanjana *et al*, 2014; Shalem *et al*, 2014)

(Primers in Table EV1).

512   HEK293T culture and transient transfection

513   HEK293T cells were available in our institute. Cells were tested for mycoplasma contamination and

514   only clean stocks were further used for our experiments. Cells were grown in DMEM-F12 (Gibco)

515   supplemented with 10% (v/v) FCS and 25 U/mL Penicillin-Streptomycin (Gibco) and were plated for

516   transfection at 100,000 cells/well on 24-well plates. One day after plating, cells were transfected using

517   the PEI method as previously described (de la Mata *et al*, 2015).

Lentivirus production and transduction

Recombinant lentiviral particles were produced in HEK293T cell line. Cells were co-transfected using the PEI method with the lentiviral expression vector and two 2nd generation lentiviral packaging vectors: pMD2.G expressing the VSV-G envelope gene (Addgene plasmid 12259) and pCMVR8.74 expressing the gag/pol genes (Addgene plasmid 22036). The supernatants containing the viral particles were collected 48–72 h after transfection, concentrated using centrifugal filter units (Amicon Ultra-15, molecular weight cutoff 100 kDa, Millipore Cat. #UFC910024) as further checked as previously described (de la Mata *et al*, 2015).

Animals used in this study

All animal tissues used in this study were obtained under experiment protocol no. No.2020-04-DR with the approval from the Comisión Institucional para el Cuidado y Uso de los Animales de Laboratorio (CICUAL) at the Instituto de Investigación en Biomedicina de Buenos Aires (IBioBA) – CONICET – Partner Institute of the Max Planck Society.

Neuronal cultures and lentiviral transduction

Cortical and hippocampal neurons were dissected from embryonic day 16.5 and 18.5 (E16.5 and E18.5) respectively CD1 embryos of mixed sex. Culture preparation was performed as previously described (Giusti *et al*, 2014; Vogl *et al*, 2015). Briefly, cortex from CD1 mouse embryos were dissected and a neuronal suspension was prepared through Trypsin digestion and mechanical disruption of the tissue. Neurons were plated in 24 multi-well plates at a density of 80cells/mm2 (150.000 cells per well) and maintained in Neurobasal-A media (ThermoFisher) with 2% B27 and 0.5 mMGlutaMAX-I (ThermoFisher) at 37 °C and 5% CO2. CD1 mice for neuronal cultures were provided by our Specific Pathogen Free Animal Facility.

The euthanasia of the animals to generate primary neuronal cultures was performed under experiment protocol no. 2020-04-DR which was evaluated by the Institutional Animal Care and Use Committee of the IBioBA-CONICET according to the Principles for Biomedical Research involving

animals of the Council for International Organizations for Medical Sciences and provisions stated in the

Guide for the Care and Use of Laboratory Animals.

Neurons were transduced 4-7 days after plating (DIV4-7) with lentiviral constructs: lin*Cdr1as*[671-],

sh*Cdr1as*, the linear control or a combination of these, appropriately described in Results and Figures.

The vectors driving each of the circRNA-expressing constructs were transduced in combination with a

lentiviral construct expressing the tetracycline-controlled transactivator protein (LV-Syn-tTA). RNA was

extracted at DIV11 as indicated below.

FLAG/HA-AGO2 transfection and immunoprecipitation (AGO2 RIP)

The FLAG/HA-AGO2 expressing plasmid was transfected into HEK293T cells as described above.

Immunoprecipitation of FLAG/HA-AGO2 was performed with Anti-FLAG M2 Magnetic Beads (Sigma.

Cat # M8823). Beads were washed twice with TBS buffer (50 mM Tris HCl, 150 mM NaCl, pH 7.4). For each

immunoprecipitation (IP), one 6-cm plate with 50% confluency was used. Cells were washed once with

cold PBS and lyzed in 500 µl of lysis buffer [50 mM Tris–HCl pH 7.5, 150mM NaCl, 1% (v/v) TRITON X-100,

1 mM EDTA, containing protease inhibitors (cOmplete, EDTA-free Protease Inhibitor Cocktail, Roche)

and RNase inhibitor (Invitrogen)]. The lysates were incubated 30 minutes on ice, cleared by

centrifugation at 16,000 g for 10 minutes at 4 degrees and mixed with the washed beads. After 2 hours

of rotation at 4 degrees, the beads were washed three times with TBS buffer. As a control for the IPs,

non-transfected HEK293T cells were used. FLAG/HA-AGO2 expression and immunoprecipitation

efficiency were determined by Western blot using anti-HA antibody (clone 3F10, Roche). RNA was

extracted by adding Trizol reagent (Invitrogen) directly on the beads.

Subcellular fractionation

Briefly, the circRNA-expressing construct and the linear control were transfected into HEK293T cells

as described above, in 6-well plates at 50% confluency. After 48 hours, cells were harvested using 500

⊠l of PBS, transferred to a microcentrifuge tube and centrifuged at 500 g for 5 minutes. The supernatant

was discarded, and the pellet resuspended in 350 ⊠l of PBS plus 0.1% NP-40 (IGEPAL). 150 ⊠⊠l were

separated and called TOTAL fraction. The remaining volume was centrifuged for 10 seconds at 10,000

rpm. 150 ⊠l of the supernatant were separated and called CYTOPLASM fraction. The pellet was

resuspended in 150 µl of PBS plus 0.1% NP-40 (IGEPAL) and centrifuged again at 10,000 rpm. The

supernatant was discarded, and the pellet resuspended in 150 µl of PBS plus 0.1% NP-40 (IGEPAL). This

was called the NUCLEAR fraction.

Out of the 150 µl of each fraction, 75 µl were used for Western Blotting and 75 µl for RNA

extraction followed by reverse transcription and quantitative polymerase chain reaction (RT-qPCR).

RNA extraction

Total RNA extractions were made using Trizol reagent (Invitrogen) following the manufacturer's

instructions.

RT-qPCR quantification

MiRNA and *U6* expression levels were determined by using Taqman® microRNA Assays (Applied

Biosystems) following the manufacturer's instructions or using SYBR Green and step-loop RT-qPCR (see

Table EV3 for oligo design). MicroRNA levels were normalized to *U6* RNA levels. Standard curves for the

analysed miRNAs and *U6* RNA were performed with serial dilutions of selected cDNAs, allowing

calculation of relative abundances. For quantification of target mRNAs, the artificial circRNA and *Cdr1as*,

total RNA was treated with RNase-free Dnase I (DNA-freeTM Kit, Ambion) and reverse transcribed using

random hexamers and SuperScriptTM II Reverse Transcriptase (Invitrogen) or MMLV-RT (Sigma),

following the manufacturer's instructions. The abundance of target mRNAs, artificial circRNA and *Cdr1as*

were determined by SYBR green qPCR using a custom-made qPCR mix (Table EV2) and specific primers

(detailed at Table EV3). Alternatively, INBIO highway qPCR SYBR green mix was used (Ref M130).

Standard curves for the analysed amplicons were performed with serial dilutions of selected cDNAs,

allowing calculation of relative abundances.

Northern blot analysis

Northern blot analysis was performed according to standard procedures (Roditi *et al*, 1987). A total

amount of 10 µg of RNA was loaded in each lane. The radioactively labelled probe, corresponding to

the mCherry CDS fragment, was prepared using the Megaprime DNA labelling kit (Amersham

Biosciences) according to manufacturer's instructions. The 18S RNA from the agarose gel run was used

as loading control. Blots were hybridized at 65° and washed in 0.2× SSC/0.1% SDS. The blots were

exposed to Phosphorimager screens and scanned with Typhoon FLA 7000 (GE Healthcare Life Sciences).

The relative intensities of the bands were measured by densitometry using ImageJ.

Western blot analysis

Protein samples were separated on 12% SDS-polyacrylamide gels and transferred to PVDF

membranes. Membranes were incubated with primary antibodies: anti-HA 3F10 (Rat, 1:2500), anti-

Tubulin (polyclonal rabbit anti β Tubulin H-235 from Santa Cruz Biotechnology, 1:2500) and Histone-3

(polyclonal rabbit anti H3 H-0164 from Merk, 1:2500). After washing, membranes were incubated with

IRDye® 800CW (LI- COR Biosciences) secondary antibodies. Bound antibody was detected an Odyssey

imaging system (LI-COR Biosciences).

Statistical analysis

R programming language was used to process information, visualize and design graphs, and

perform statistical tests. Data was normalized and scaled across experiments using Unit Length

Normalization. Bar, line, scatter, dot and boxplots were designed using the ggplot2 (Wickham, 2016)

and ggpubr packages. Statistical tests were done using base R and/or ggpubr (and its complement

rstatix) (https://rpkgs.datanovia.com/ggpubr/index.html). For experiments where two conditions were

compared, we performed unpaired t-tests, and for those where multiple comparisons were made, we

used the Bonferroni correction (ns: $p > 0.05$, *: $p <= 0.05$, **: $p <= 0.01$, ***: $p <= 0.001$, ****: $p <= 0.0001$).

For comparisons involving multiple groups we used either ANOVA followed by Tukey multiple

comparisons, Generalized Linear Models (GLM) with emmeans (https://github.com/rvlenth/emmeans),

or Wilcoxon rank sum test p-values (corrected with the Hochberg method for multiple comparisons) as

indicated in the text. When comparing several miR-7 targets across conditions, we performed a two-

way ANOVA followed by Tukey multiple comparisons, showing the adjusted p-value.

Bioinformatic analysis of circRNA-miRNA interactions

Two publicly available datasets produced by the Chen Lab were combined to generate a

comprehensive analysis taking into account miRNA, circRNA and mRNA expression during

differentiation of H9 (hESC) cells to H9 forebrain neurons. From GEO Accession GSE73325 (Zhang *et al*,

2016) we obtained data for circRNA and mRNA expression. From GEO Accessions GSE56152 and

GSE63709 (Chen *et al*, 2015) we obtained data for microRNA expression. Noteworthy, although the

same procedure for differentiation was followed (Zhang *et al*, 2016; Chen *et al*, 2015), sequencing was

done on different days (D26 and D35, respectively). We realize this is suboptimal, nevertheless we

proceeded with the analysis considering this the best data available to approach our questions.

Data of the interactions between circRNAs and miRNAs was retrieved from Starbase/ENCORI v3

database (http://starbase.sysu.edu.cn; (Yang *et al*, 2011; Li *et al*, 2014)). This particular source was

selected because it combines site prediction by several programs with experimental validation (e.g., by

CLIP). The main parameters chosen for downloading through their API were: assembly = hg19,

geneType= circRNA & miRNA, clipExpNum=1, program= all, programNum= 2, target= all and cellType=

all.

A condensed spreadsheet summarizing all the previously mentioned data can be found at Dataset

EV3.

The analysis was done in R, briefly:

• The expression tables were loaded and merged using the Tidyverse package (Wickham *et al*, 2019)

and/or the readxl package (Wickham & Bryan, 2022), while the circRNA-miRNA interactions table

was joined using the Fuzzyjoin package (https://CRAN.R-project.org/package=fuzzyjoin) to

consider genomic locations of both the circRNAs and the miRNA sites.

• Log_2 fold changes across differentiation were calculated for each type of RNA.

Analysis from a miRNA perspective:

• An absolute number of validated miRNA-specific sites on every circRNA (when present) was

calculated.

• A relative number of effective miRNA-specific sites was calculated by weighing the above number

(i.e. the absolute number of miRNA-specific sites on every circRNA) to the number of backspliced

junction reads as an estimate of the contribution of each circRNA.

• A total number of effective sites was calculated per miRNA (referred to as "miRNA-specific effective

sites" later on) by summing all the effective miRNA-specific sites among all circRNAs,.

• A coefficient of "sponging suffered" by each miRNA was defined by dividing the above number

("miRNA-specific effective sites") by the miRNA abundance pre-differentiation. To simplify the

analysis, we separated miRNAs in quartiles of increasing sponging suffered coefficients and

performed the downstream analysis based on them.

Analysis from a circRNA perspective:

• The sum of all (i.e. pooling all miRNAs) absolute numbers of validated miRNA sites on each circRNA

(when present) was calculated.

• The "sponging capacity" index for each circRNA was calculated by multiplying the above number

to the number of junction reads pre-differentiation.

All graphs were programmed and illustrated using the packages ggplot2 (Wickham, 2016), ggrepel

(https://CRAN.R-project.org/package=ggrepel) and/or viridis (https://CRAN.R-

project.org/package=viridis). The network diagram (Figure EV4A) was done using IGraph package

(https://igraph.org/r/). Statistical analysis of the boxplots was done and added to the graphs using

ggpubr (https://rpkgs.datanovia.com/ggpubr/index.html).

For pri-miRNA analysis we used the Galaxy platform (The Galaxy platform for accessible,

reproducible and collaborative biomedical analyses: 2022 update., 2022). Briefly, raw reads extracted

from GSE73325 were trimmed using Trim Galore! (https://github.com/FelixKrueger/TrimGalore) and

mapped to the human reference genome (hg38) with the RNA-STAR aligner (Dobin *et al*, 2013). Pri-miR

counts were obtained from the mapped BAM files using featureCounts (Liao *et al*, 2014) and the

annotation file (has.gff3) retrieved from miRBase (Kozomara *et al*, 2019).

Bioinformatic prediction of TDMD-like sites on circRNAs

To predict TDMD-like sites on circRNAs, we used the scanMiR package (Soutschek *et al*, 2022). Briefly,

all reported human circRNA sequences were retrieved from circBase (Glažar *et al*, 2014) and used as an

input for the *findSeedMatches* function from scanMiR to predict TDMD-like sites for every miRNA

present. The data was filtered to keep only those sites on circRNAs that had at least one junction read

in the neuron-like differentiation data (see above). Finally, we calculated the proportion of miRNAs with

predicted TDMD-like sites (computed as those with at least one TDMD-like site on circRNAs/linear RNAs)

within each of the quartiles of increasing "sponging suffered" coefficients. Fisher's Exact tests between

each quartile and the least "sponged" quartile ("- sponged") were performed to assess enrichment. The

ggpie and rstatix packages were used to generate the pie charts and the ggpubr package to do the

violin plot and t-tests.

Bioinformatic analysis of miR-7 and miR-181b/d targets

Targets for miR-7 were retrieved from TargetScan 7.1 mouse (Agarwal *et al*, 2015) while the ones for

miR-181b/d from TargetScan 7.2 human (Agarwal *et al*, 2015). Raw RNA-seq counts were downloaded

for *Cdr1as* KO data (Piwecka *et al*, 2017) and circCSNK1G3 KD (Chen *et al*, 2019), accessions GSE93130

and GSE113124, respectively. A differential expression analysis was performed using the DESeq2

package (Love *et al*, 2014). Graphs were made using the results of the analysis and the packages

mentioned above.

Data availability

This study did not produce novel next generation sequencing datasets. Scripts and functions used

to produce the results and plots shown in this paper can be found at:

https://github.com/mmataLab/ciR-miR-stability

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Author contributions

D.R. and M.d.l.M. conceived the project and designed and interpreted the experiments. F.F.W. and

J.L. designed, performed and interpreted most of the experiments. F.F.W. conceived, performed and

interpreted most of the computational analysis. M.d.l.M. conceived, performed and interpreted some of

the computational analysis. G.S. and M.S. contributed with the use of the scanMiR package to obtain

the TDMD-like site enrichment results and discussed strategies for data analysis. J.L. and S.G. handled

animals and prepared the neuron primary cultures. L.B. performed the subcellular fractionation

experiments. B.P. performed the Northern blot analysis. P.G. performed the subcloning of some of the

constructs used in the study. J.P.F. designed some of the experiments and discussed experimental

strategies. D.R. and M.d.l.M. co-supervised the whole project. The manuscript was written by F.F.W., D.R.

and M.d.l.M.

Conflict of interest

738   The authors declare that they have no conflict of interest.

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Figure legends

Figure 1.

System to artificially express circRNAs reducing their overlapping, cognate linear RNA expression.

A. Top: Illustration of the linear RNA expressing construct used as a positive control for TDMD (TDMD inducer). Bottom: Illustration of the circRNA-expressing construct; depicted with coloured arrows are the sets of primers used to measure the different transcript variants (circular [1], Total Output-TO [2] and linear [3]).

B. Total output (TO), linear and circular RNA levels upon expression of the circRNA-expressing constructs from the tetracycline-inducible promoter (TREp) bearing perfectly matched or seed-mutant miR-124 sites for selective linear RNA degradation (see Figure EV1A). n = 5 culture wells (from 3 independent primary cultures) of cortical neurons for each condition; and n = 7 culture wells (from 4 independent primary cultures) of hippocampal neurons for each condition.

C. Total reporter output (left) and circRNA levels (right) upon expression of the circRNA-expressing construct or the linear RNA construct (TDMD inducer). The constructs were expressed from the tetracycline-inducible promoter (TREp) and the synapsin (Syn) promoter respectively in order to achieve similar total output levels for both constructs n = 9 culture wells (from 3 independent primary cultures) of cortical neurons for each condition; n = 9 culture wells (from 4 independent primary cultures) of hippocampal neurons for each condition. Missing points are failed culture wells/RT-qPCR reactions.

In (B–C), data are presented as mean ± SEM. Statistical significance was determined by unpaired Student's t tests (ns: p > 0.05, *: p <= 0.05, **: p <= 0.01, ***: p <= 0.001, ****: p <= 0.0001).

Figure 2.

Artificial circRNA-expressing constructs are unable to trigger TDMD.

A   MiR-132 abundance upon transduction of the linear control (left) or the circRNA-expressing construct (right) carrying bulged (TDMD-compatible) or seed-mutant miR-132 sites. n = 9 culture wells (from 3 independent primary cultures) of cortical neurons for each condition; n = 9 culture

wells (from 4 independent primary cultures) of hippocampal neurons for each condition. Missing

points are failed culture wells/RT-qPCR reactions.

B   AGO2-Flag immunoprecipitation (RIP) followed by RT-qPCR in HEK293T cells. MiR-27a was used to

normalize expression. Relative circRNA abundance was measured using circRNA-backspliced-

junction specific divergent primers and normalized to miR-27a levels as an unrelated RISC-loaded

miRNA not expected to be affected by the circRNA. Levels of non-specific *U6* background binding

to Ago2 are shown. As an IP quality control, FLAG/HA-AGO2 input levels were shown to be similar

across transfected conditions and efficiently pulled-down using anti-FLAG beads (Figure EV2B).

Accordingly, miR-27, but not *U6* RNA, was efficiently co-immunoprecipitated, showing an even

recovery of Ago-bound RNA across transfected conditions (Figure EV2C). n = 4 culture wells (from

2 experiments) of HEK293T cells for each condition.

C   Subcellular fractionation showing total vs. cytoplasmic (left) and total vs. nuclear (right) fractions,

followed by RT-qPCR of the circRNA and linear RNA isoforms, normalized by *GAPDH* (for cytoplasm)

or *U6* (for nucleus). Fractionation efficiency was assessed via Western Blot and RT-qPCR (Figure

EV2D-E). n = 4 culture wells (from 2 experiments) of HEK293T cells for each condition.

In (A–C), data are presented as mean ± SEM . Statistical significance was determined by unpaired

Student's *t tests* (ns: p > 0.05, *: p <= 0.05, **: p <= 0.01, ***: p <= 0.001, ****: p <= 0.0001).

Figure 3.

The topology of *Cdr1as* determines the outcome of its effect on miR-7's stability.

A   *Cdr1as* total output levels (linear plus circular) measured by RT-qPCR upon transduction of either

a scrambled shRNA or sh*Cdr1as* alone, or sh*Cdr1as* rescued with a linear version of *Cdr1as*

(lin*Cdr1as*) lacking the *shCdr1as* site, in cortical primary neurons. n = 6 culture wells (from 3

independent primary cultures) for control and cirCDR1as KD; n = 4 culture wells (from 2

independent primary cultures) for lin*Cdr1as* rescue.

B   MiR-7 abundance measured by Taqman RT-qPCR in the same samples as in A. n = 6 culture wells

(from 3 independent primary cultures) for control and cirCDR1as KD; n = 4 culture wells (from 2

independent primary cultures) for lin*Cdr1as* rescue.

C   *Cdr1as* total output levels measured by RT-qPCR upon over-expression of linear *Cdr1as* (lin*Cdr1as*)

973   in primary hippocampal neurons. Control corresponds to a non-related (GFP-expressing) linear

974   transcript. n = 6 culture wells (from 2 independent primary cultures) for each condition.

975   D   MiR-7 abundance measured by Taqman RT-qPCR in the same samples as in C. n = 6 culture wells

976   (from 2 independent primary cultures) for each condition.

977   Data are presented as mean ± SEM. Statistical significance was determined by unpaired Student's *t tests*

978   (ns: $p > 0.05$, *: $p <= 0.05$, **: $p <= 0.01$, ***: $p <= 0.001$, ****: $p <= 0.0001$).

980   **Figure 4.**

981   **CircRNAs potentially stabilize dozens of microRNAs across neuron-like differentiation.**

982   A   Scatter plot of miRNA expression fold changes (log2) across differentiation of hESC H9 cells into

983   forebrain (FB) neuron progenitor cells plotted against the number of effective sites, coloured by

984   quartiles of increasing number of "effective" sites within circRNAs.

985   B   Scatter plot of miRNA fold changes (log2) across differentiation plotted against miRNA "sponging

986   suffered" coefficient score (log10) coloured by quartiles in a scatter plot. The predicted most highly

987   "sponged" miRNAs show the highest fold changes across differentiation.

988   C   Boxplot depicting the fold changes (log2) across differentiation of miRNA separated by quartiles

989   of increasing "sponging suffered" coefficients.

990   D   Scatter plots of miRNA fold changes (log2) plotted against pri-miRNA fold changes (log2) faceted

991   by "sponging suffered" coefficient quartiles. Indicated are the slopes (b) and p-values for the

992   interaction terms of each quartile's curve against the reference ("-sponged") quartile within a

993   multiple regression model with interaction.

994   E   Boxplot showing circRNA expression fold changes (log2) across differentiation separated by

995   quartiles of increasing "sponging capacity " index.

The analysis includes 236 miRNAs. For panels C and E, GLM with emmeans statistics are shown between

the least sponged and the remaining groups (ns: $p > 0.05$, *: $p <= 0.05$, **: $p <= 0.01$, ***: $p <= 0.001$,

****: $p <= 0.0001$).

Figure 5.

Predicted TDMD-like site architectures within circRNAs are more frequent for the most highly

"sponged" miRNAs

A Pie charts showing the proportion of linear RNA- and circRNA-miRNA interactions involving at least

one predicted TDMD-like site against miRNAs within quartiles of increasing "sponging suffered"

coefficients. Shown are the p-values for the Fisher's Exact test between each quartile and the least

sponged quartile ("- sponged").

B Violin plots depicting the number of predicted TDMD-like sites within circRNAs against miRNAs

belonging to quartiles of increasing "sponging suffered" coefficients. GLM with emmeans statistics

are shown between the least sponged and the other quartiles (ns: $p > 0.05$, *: $p <= 0.05$, **: $p <=$

0.01, ***: $p <= 0.001$, ****: $p <= 0.0001$).

1011

Expanded View Figure Legends

Figure EV1.

CircRNA-expressing constructs and quality controls.

A Table summarizing the generated constructs.

B Northern blot analysis of RNase R treated or untreated samples from HEK293T cells expressing the

indicated constructs. CircRNAs are resistant to RNase R digestion, confirming the circular topology

of the artificial circRNA. All constructs were expressed from the tetracycline-inducible promoter

(TREp). The asterisk (*) marks a putative mechanically linearized product of the corresponding

circRNA.

C Quantification by different methods of the linear and circular isoforms from RNase R untreated

samples of HEK293T cells (naturally lacking miR124) expressing the indicated constructs. Top

panels: digital densitometry quantification of Northern blot bands by ImageJ. Bottom panels: RT-

qPCR quantification using primers specific for the circular isoform or for both the linear and circular

isoforms combined (Total output) as depicted in Figure 1A. In red, the mean is indicated. $n = 2$

culture wells (from 1 experiment) of HEK293T cells for each condition.

D RT-qPCR measurement of the circRNA-to-linear RNA ratio of RNase R treated vs. untreated samples

in cortical neurons or HEK293T cells using divergent primers depicted in Figure 1. Values reflect

relative rather than absolute ratios of the measured isoforms. $n = 3$ culture wells (from 1 primary

culture/experiment) of each cell type and for each condition.E Top: Agarose gel showing

triplicates of the qPCR amplicons obtained with divergent primers against the backsplicing

junction of the artificial circRNA, after retro-transcription with two different reverse transcriptases

(MMLV-RT & Superscript II) in order to rule out artifacts due to template switching during cDNA

synthesis. Bottom: Sanger sequencing of the amplicons shown above confirming backsplicing

junction in HEK293 cells.

1036

Figure EV2.

TDMD specificity, HA-FLAG/AGO2 RIP and cellular fractionation quality controls.

A   RT-qPCR quantification of the indicated RNA species confirms specific degradation of miR-132

guide strand (miR-132-3p) and discards potential transcriptional effects. Levels of miR-132

passenger strand (miR-132-5p), primary transcript (pri-miR-132) and four unrelated miRNAs (miR-

124-3p, miR-128-3p, miR-138-5p and miR-409-3p) were normalized to *U6*. n = 9 culture wells (from

3 independent primary cultures) of cortical neurons for each condition; n = 9 culture wells (from 4

independent primary cultures) of hippocampal neurons for each condition. Missing points are

failed culture wells/RT-qPCR reactions.

B   Representative anti-HA Western Blot from inputs or anti-FLAG IPs in non-transfected HEK-293T

cells or cells co-transfected with HA-FLAG/AGO2 and the circRNA-expressing construct bearing

bulged (WT) or seed-mutant (mut) miR-132 sites.

C   *U6* and miR-27 levels were measured to verify the efficiency of HA-FLAG/AGO2

immunoprecipitation. n = 4 culture wells (from 2 experiments) of HEK293T cells for each condition.

D   Representative Western Blot of HEK293T cells transfected with either the circRNA-expressing

construct or the linear control RNA, following subcellular fractionation. β-Tubulin and Histone-3

were used as cytoplasm and nucleus markers, respectively.

E   Boxplot depicting median values of *GAPDH/U6* ratio measured by RT-qPCR confirms proper

subcellular fractionation of samples either transfected with the circRNA-expressing construct or

the linear control. n = 4 culture wells (from 1 experiment) of HEK293T cells for each condition.

In (A, C), data are presented as mean ± SEM. Statistical significance was determined by unpaired

Student's *t tests* (ns: p > 0.05, *: p <= 0.05, **: p <= 0.01, ***: p <= 0.001, ****: p <= 0.0001). In panel

A, Bonferroni's correction for multiple testing was applied.

1060

Figure EV3.

MicroRNA site illustrations, quality controls and primer design for *Cdr1as*.

A   Scheme depicting the sequences of the miR-671 binding site within *Cdr1as*, miR-671 and the

engineered sh*Cdr1as*. The latter is based on miR-671 with two nucleotide changes that make it

fully complementary to the circRNA to maximize its slicing capacity.

B   Three examples of potential TDMD-competent binding sites for miR-7 present in *Cdr1as*, aligned

and illustrated using scanMiR.

C   Expression levels of *Cdr1as* total output, circular *Cdr1as* and unrelated gene (*Actb*) upon over-

expression of linear *Cdr1as* (lin*Cdr1as*). Levels were normalized to *Gapdh*. n = 6 culture wells (from

2 independent primary cultures) for each condition.

D   Expression levels of miR-7 guide strand (miR-7-5p), passenger strands (miR-7a-1-3p and miR-7a-2-

3p), primary RNA (pri-miR-7a-1) and two unrelated miRNAs (miR-9-5p and miR-132-3p). All miRNAs

levels were normalized to *U6*, while the pri-miR level was normalized to *Gapdh*. n = 6 culture wells

(from 2 independent primary cultures) for each condition.

E   Illustration of the strategy designed to mutate *Cdr1as* splicing sites by CRISPR/Cas9.

F   *Cdr1as* total output levels upon CRISPR/Cas9 editing of the *Cdr1as* splicing sites, measured by RT-

qPCR in primary hippocampal neurons. Control corresponds to a transduced linear transcript (GFP-

expressing). n = 3 culture wells (from 1 independent primary culture) for each condition.

G   MiR-7 abundance measured by Taqman RT-qPCR in the same samples as in F. n = 3 culture wells

(from 1 independent primary culture) for each condition.

H   Illustration of the primer designs for measuring the different *Cdr1as* isoforms (detailed in Materials

and Methods).

Data are presented as mean ± SEM. Statistical significance was determined by unpaired Student's *t tests*

(ns: p > 0.05, *: p <= 0.05, **: p <= 0.01, ***: p <= 0.001, ****: p <= 0.0001). In panels C and D, Bonferroni's

correction for multiple testing was applied. For the F and G panels, equal variance was assumed.

1086

Figure EV4.

Illustrations of the predicted circRNA-miRNA networks and genomic features of the potentially

involved circRNAs.

A Network diagram of biochemically supported interactions between circRNAs and miRNAs.

Depicted are the interactions involving the seven most "sponging" circRNAs.

B Network diagram showing biochemically supported circRNA-miRNA interactions for miR-7 and

two other miRNAs with similar "sponging" coefficient (miR-670-3p and miR-409-3p). For all three

examples, the stoichiometries (i.e. ratios of circRNA-binding-site:miRNA) are similar, with CDR1as

making the largest contribution for miRNA-7. MiR-7 and miR-409 are also a demonstrated case and

strong candidate to undergo of TDMD, respectively (see main text).

C Boxplot showing the size of circRNAs (log2 of the base pairs) that interact with miRNAs from each

of the different "sponging" quartiles. Shown are Wilcoxon rank sum test p-values (corrected with

the Hochberg method for multiple comparisons) between the least sponged and the remaining

groups (ns: $p > 0.05$).

D Barplot representing the percentages of overlapping genomic regions (CDS, 5'UTR, 3'UTR, etc)

giving rise to the circRNAs with predicted binding sites against miRNAs within different quartiles

of sponging suffered. No enrichment of genomics features for circRNAs interacting with miRNAs

within the different quartiles was observed (Pearson's Chi-squared test p-value = 0.998).

1105

Figure EV5.

Examples of predicted TDMD-like sites on circRNAs.

A-B Pie charts showing the proportion of and circRNA-miRNA (A) and linear RNA-miRNA (B)

interactions involving at least one predicted TDMD-like site against miRNAs within quartiles of

increasing "sponging suffered" coefficients. Shown are the p-values for the Fisher's Exact test

between each quartile and the least sponged quartile ("- sponged").

1112

1113 C Examples of TDMD-like sites within circRNAs predicted and aligned using scanMiR. The five

1114   miRNAs belong to the "+++ sponged" quartile.

Figure 1

Figure 2

Figure 3

Figure 4

Figure 5

A

■ ≥ 1 site on both circRNAs and linear RNAs (3'UTRs only)	■ ≥ 1 site only on circRNAs
■ ≥ 1 site only on linear RNAs (3'UTRs only)	■ No predicted TDMD-like sites found

B