

Application and Evaluation of Flipped Teaching Based on Video Conference in Standardized Training for Internal Medicine Residents

Xiao-Yu Zhang^{1,2,3,*}

1 Section of Education, Shanghai Public Health Clinical Center, Fudan University, Shanghai, 201508, P. R. China.

2 Department of Liver Disease, Shanghai Public Health Clinical Center, Fudan University, Shanghai, 201508, P. R. China.

3 Public Health Education Professional Committee, Shanghai Preventive Medicine Association, Shanghai, P.R. China.

*Correspondence:

Xiao-Yu Zhang , Shanghai Public Health Clinical Center, Fudan University, No.2901 Caolang Road, Shanghai, 201508, P. R. China.

Tel: +8613052251333.

Email: zhangxiaoyuPRC@163.com.

Abstract

Background: Infectious disease training was a necessary part of standardized training for internal medicine residents, and a designated hospital by the health administration department provided infectious diseases training for residents in those hospitals that did not meet the training standards for infectious diseases in the region. However, due to holidays, coordination of training dates among hospitals, and vacation of other reasons, the actual training time in the Department of Infectious Diseases might be insufficient.

Objective: I aimed to explore Flipped Teaching with Video Conference as the carrier in infectious disease training for internal medicine residents, to make up for the lack of actual training time of the Department of Infectious Diseases for those residents caused by vacation, and to ensure the smooth implementation and quality assurance of infectious disease training for those residents.

Methods: Vertical management mode was adopted, management team and lecturer team were established, and training program and teaching implementation were formulated. Flipped Teaching based on Video Conference was carried out for internal medicine residents of dispatched hospitals who planned to participate in infectious diseases training of the designated hospital in April. The quantitative analysis was applied to this teaching evaluation, and the evaluation indexes were included into statistical analysis to evaluate the effect of the teaching model.

37 **Results:** All 19-member internal medicine residents participated in the Flipped
38 Teach based on Video Conference from April 1 to 4, of which 12 residents were
39 scheduled to participate in infectious diseases training from March 1 to April 30,
40 and 7 residents were scheduled to participate in infectious diseases training from
41 April 1 to May 31. A management team of 6 internal medicine residents was built,
42 and a group of 12 lecturers were composed of 12 those residents who were
43 scheduled to receive infectious diseases training in the designated hospital from
44 March 1 to April 30. According to the requirements of training diseases in the
45 Department of Infectious Diseases, 12 training contents were selected to carry out
46 teaching, and the implementation rate of teaching plan was over 90%. A total of
47 197 feedback questionnaires were collected. The feedback that the teaching
48 quality was "good" and "very good" accounted for more than 96%, and the
49 attendance rate of the whole teaching process reached more than 94%. About this
50 teaching, 6 internal medicine residents put forward 18 suggestions
51 of "Improvement suggestions", accounting for 9.1%; and 11 internal medicine
52 residents gave 110 suggestions of "Praise highlights", accounting for 55.8%. The
53 overall evaluation feedback of flipped teaching was good, $P < 0.001$.

54 **Conclusion:** Flipped Teach based on Video Conference was generally effective in
55 carrying out for internal medicine residents participating in the infectious diseases
56 training, and it could be used as a supplementary training method for
57 standardized training of internal medicine residents to make up for the shortage of
58 actual training period in a certain stage.

59 **[Key words]** Flipped teaching; Resident physician in internal medicine;
60 Standardized training; Medical teaching

61 **Introduction**

62 In view of the rapid evolution of infectious diseases spectrum in Shanghai in recent
63 years and the need for effective response to public health emergencies, the
64 Department of Infectious Diseases was decided to be included in the compulsory
65 rotation subject of standardized training for internal medicine residents, so as to
66 further improve the knowledge structure of internal medicine residents and meet
67 the social demand for the diagnosis and treatment of infectious diseases. For the
68 training hospitals that did not have a ward of the Department of Infectious
69 Diseases, or the training hospitals that could not meet the diseases required for
70 the training of the Department of Infectious Diseases, internal medicine residents
71 of which should be arranged to take part in the infectious diseases training of the
72 designated hospital by the health administration department.[1]

73 With the continuous promotion of the infectious diseases training for internal

74 medicine residents in Shanghai, more and more hospitals participated in the
75 collaborative training of internal medicine residents in the designated hospital, and
76 the number of internal medicine residents entering the infectious diseases training
77 of the designated hospital gradually had been increasing. According to the
78 requirements of the standardized training program for internal medicine residents,
79 internal medicine residents attending the infectious diseases training in the
80 designated hospital needed to carry out professional training for 1-2 months. In
81 order to unify management and training, it was necessary to arrange a certain
82 number of internal medicine residents to enter the designated hospital for
83 infectious diseases training in an orderly manner every month, and make orderly
84 connection so as to ensure the quality of training and rational use of public
85 medical resources. During the operation of the project, the training cycle of
86 internal medicine residents in the designated hospital for infectious diseases
87 training might be insufficient, due to holidays or vacations, coordination of training
88 dates between multiple hospitals, and other subjective and objective reasons.
89 Therefore, I explored a new teaching mode to further improve the infectious
90 diseases training for internal medicine residents.

91 In the Flip Teaching research report, the flipped classroom approach in health
92 professions education yielded a significant improvement in student learning
93 compared with traditional teaching methods[3], the flipped classroom and lecture
94 were essentially equivalent[4], and an increased perceived value and acceptability
95 of this model was noted by the participants[5]. Therefore, I explored the use of
96 Video Conference as the carrier to carry out Flipped Teaching, and constructed the
97 teaching mode of "Flipped Teaching in Standardized Training for Internal Medicine
98 Residents Based on Video Conference" to perform distance online teaching. The
99 mode was applied to the infectious diseases training for internal medicine
100 residents, and preliminary evaluation was conducted.

101 **Objects and Methods**

102 **Subjects**

103 The study objects were internal medicine residents who planned to take training in
104 the designated hospital in April. And they were also those residents who had
105 participated in the standardized training for residents in Shanghai. Their
106 dispatched hospital had signed an "Agreement on Joint Training of Internal
107 Medicine Residents" with the designated hospital. The informed consents of
108 participants in internal medicine residents were obtained, including their data
109 being used for the training and the research, and that this study was conducted in
110 accordance with the Declaration of Helsinki.

111 **Construction of Flipping Teaching Mode with Video Conference as the Carrier**

112 The Flipped Teaching with Video Conference as the carrier adopted "vertical
113 management mode" for management[2], and management team and lecturer
114 team were established. According to the training requirements of the Department
115 of Infectious Diseases in the Standardized Training Content and Standard for
116 Resident Physicians (2021 Edition) -- Internal Medicine Training Rules, the
117 management team would formulate the training program, and the lecturer team
118 would select the training content and carry out teaching activities according to the
119 plan. The following was the implementation of the teaching plan and the
120 evaluation of the teaching work. The whole teaching organization, teaching
121 implementation, discussion after teaching, teaching management and teaching
122 evaluation were carried out online without restriction of physical space.

123 **Evaluation Indexes and Criteria**

124 This teaching model was evaluated from four aspects, including the
125 implementation of the teaching plan, the attendance of the Flipped Teaching, the
126 evaluation of teaching quality, and the overall evaluation of teaching.

127 Six teaching plan indicators (teaching on the planned time, teaching on the
128 planned content, making PPT fully, providing references, unifying the teaching
129 content and training program, and participating in after-class discussion) were
130 established to evaluate the implementation of the teaching plan. Three attendance
131 indicators (online on time, middle roll call and end on time) were established to
132 evaluate the online attendance of the Flipped Teaching were completed. Nine
133 teaching quality indicators (rigorous teaching attitude, punctual class, detailed and
134 accurate teaching content, reasonable structure and clear process, highlighting
135 teaching key points, clear teaching difficulties, accurate and refined language,
136 combining theory with clinical practice, improving ability to analyze and deal with
137 the disease) were established to evaluate the teaching quality. The overall
138 evaluation of teaching adopted open questionnaire to evaluate each teaching
139 without limit.

140 The teaching plan indicators and the attendance indicators were completed by
141 the organizer, and the teaching quality indicators and the overall evaluation
142 content were completed by every trainee for each teaching session. Among them,
143 teaching plan indicators and teaching quality indicators were objective indicators,
144 and they were derived from Teaching Evaluation Table of Standardized Residency
145 Training; while overall evaluation indicators was subjective. The feedback of the
146 over evaluation from open questionnaire was firstly classified according to the

147 evaluation content. The details of classification as follow: If the content of a
148 questionnaire feedback was pointing out deficiencies or needing improvement of
149 one teaching session, this feedback was classified as "Improvement suggestions"; If
150 all the content of a questionnaire feedback was praising highlights or learning
151 achievements of one teaching session, this feedback was classified as "Praise
152 highlights"; If the content of a questionnaire feedback was no special suggestions
153 of one teaching session, this feedback was classified as "No special suggestions".

154 **Software Application and Statistical Analysis**

155 Video Conference adopted Tencent Conference software to carry out the Flipped
156 Teaching, including: teaching organization, teaching implementation, discussion
157 after teaching, teaching management, and teaching evaluation.

158 The Questionnaire Star software was used to develop teaching quality indicators
159 and overall evaluation indicators, and carry out star survey after class; and then the
160 data of above indexes were downloaded from the software and incorporated into
161 statistical analysis.

162 SPSS software version 23.0 (SPSS Inc. Chicago, IL, USA) was used for statistical
163 analysis of the data. The data conforming to normal distribution were expressed as
164 mean \pm standard deviation to reflect the distribution of the study indicators. The
165 counting data was represented by example (%) to reflect the composition ratio of
166 the study indicators. Pearson chi-square test was used for the counting data. A P
167 value of two-sided less than 0.05 was considered as statistically significant.

168 **Results**

169 **Basic Information of Physicians Participating in Teaching Activities**

170 A total of 19 internal medicine residents participated in the Flipped Teaching
171 program, all from tertiary hospitals. Among them, 9 were male, accounting for
172 47.4%. The average age was 29.5 years. 5 had bachelor degree, accounting for
173 26.3%; 4 had master degree, accounting for 21.1%; 10 had doctor degree,
174 accounting for 52.6%. 17 internal medicine residents were qualified as practicing
175 physicians, accounting for 89.5%. 2 in the first year of training, accounting for 10.5%.
176 12 in the second year of training, accounting for 63.2%. 5 in the third year of
177 training, accounting for 26.3%. 12 were scheduled to participate in infectious
178 diseases training in the designated hospital from March 1 to April 30, accounting
179 for 63.1%; 7 were scheduled to participate in infectious diseases training in the
180 designated hospital from April 1 to May 31, accounting for 36.8%. The detailed
181 information is shown in **Table 1**.

182 **Flipped Teaching Organization**

183 The Flipped Teaching with Video Conference as the carrier was organized and
184 implemented by the contact person of the "Rotation Training of Infectious
185 Diseases Department for Internal Medicine Residents" project, which was managed
186 by the "vertical management mode". The management team was formed together
187 with the monitor and group leader of this training course, and 12 lecturers were
188 composed of those residents who were scheduled to take part in the infectious
189 diseases training of the designated hospital from March 1 to April 30.

190 The contents of the lecture were as follows: Analysis of Chronic Hepatitis B,
191 Study on Guidelines for Prevention and Treatment of Hepatitis C (2019 Edition),
192 Identification and Treatment of Clostridium Difficile Associated Diarrhea, Bacterial
193 Liver Abscess, Diagnosis and Treatment of Tuberculosis, Guidelines for the
194 Diagnosis and Treatment of Syphilis, Diagnosis and Treatment of Tuberculous
195 Meningitis, Infective Endocarditis, Cryptococcal Meningitis, Study on AIDS
196 Diagnosis and Treatment Guide in China (2021 edition), Diagnosis and Treatment
197 of Cirrhotic Ascites, and Diagnosis and Treatment of liver Failure. Teaching tasks
198 were assigned to those residents according to the time period, and PPT was
199 developed to carry out teaching activities according to clinical guidelines. The
200 contents of the lecture are shown in **Table 2**.

201 **Evaluation of Teaching Plan Implementation**

202 The Flipped Teaching was carried out according to plan, with real-time online
203 management and evaluation. In the teaching process, one of the lecturers delayed
204 the start time of teaching on the planned time, because he was not familiar with
205 Video Conferencing software; and the rest of the lecturers carried out teaching
206 activities on time. Teaching plan met the requirements for 11 times, accounting for
207 91.7%. All the other teaching plan indicators were in compliance with the
208 compliance rate of 100%. The detailed information is shown in **Table 3**.

209 **Teaching Attendance and Feedback**

210 The whole process of attendance was checked for this Flipped Teaching based on
211 Video Conference, and the three time nodes of "online on time", "middle roll call"
212 and "end on time" were included in the statistics. There were 18, 18 and 19 internal
213 medicine residents in attendance at the above three time nodes, and the
214 attendance rates were 94.7%, 94.7% and 100% respectively. One of those residents
215 failed to go online on time because he was not familiar with Video Conference
216 software, and one asked for leave and went offline due to an emergency. The
217 detailed attendance is shown in **Table 4**.

218 **Quality Evaluation of Teaching**

219 The teaching quality of the Flipped Teaching based on Video Conference was
220 investigated from the questionnaire star, and 179 effective feedback
221 questionnaires were collected. Feedback "good" of nine indicators ("Rigorous
222 teaching attitude", "Punctual class", "Detailed and accurate teaching content",
223 "Reasonable structure and clear process", "Highlighting teaching key points",
224 "Clear teaching difficulties", "Accurate and refined language", "Combining theory
225 with clinical practice", and "Improving ability to analyze and deal with the disease")
226 was 26, 29, 36, 33, 32, 33, 31, 28 and 30, accounting for 13.2%, 14.7%, 18.3%, 16.8%,
227 16.3%, 16.8%, 15.8%, 14.3% and 15.3%, respectively. And Feedback "very good" of the
228 above nine indicators 170, 167, 157, 159, 162, 157, 161, 163 and 163, accounting
229 for 86.3%, 84.8%, 79.7%, 80.7%, 82.2%, 79.7%, 81.7%, 82.7% and 82.7%, respectively.
230 Overall, teaching quality was rated as "good" and "very good" by more than 96%.
231 The detailed evaluation of teaching quality is shown in **Table 5**.

232 **Overall Evaluation of Teaching**

233 In the overall evaluation of the Flipped Teaching based on Video Conference, 6
234 internal medicine residents filled in "Improvement suggestions" feedback in 18
235 questionnaires, accounting for 9.1%; 11 internal medicine residents proposed
236 "Praise highlights" feedback in 110 questionnaires, accounting for 55.8%. 10
237 internal medicine residents had "No special suggestions" feedback in 69
238 questionnaires, accounting for 35.0%. The overall evaluation feedback of Flipped
239 Teaching based on Video Conference was good, $P < 0.001$. The detailed overall
240 evaluation of feedback is shown in **Table 6**.

241 **Discussion**

242 The participation of internal medicine residents participating in the infectious
243 diseases training was carried out under specific conditions, which was the
244 perfection of the knowledge structure of the standardized training of internal
245 medicine residents and the social needs for the diagnosis and treatment of
246 infectious diseases. Those training hospitals that did not meet the training
247 standards for infectious diseases should cooperate with the designated hospital to
248 conduct infectious diseases training for internal medicine residents. Due to the fact
249 that the internal medicine residents who participated in the infectious diseases
250 training of the designated came from more than 10 hospitals in Shanghai, the
251 personnel management, and implementation plan and training progress of
252 internal medicine residents in each hospital were different to some extent. In order

253 to ensure the quality of internal medicine residents training and rationally allocate
254 the training resources, a certain number of internal medicine residents were
255 accepted to participate in the infectious diseases training of the designated
256 hospital every month. In the actual operation, due to involve legal holidays,
257 vocations for other reasons and emergencies; some of the internal medicine
258 residents taking part in the infectious diseases training of the designated hospital
259 could not meet the training time requirements. To this end, I applied Flipped
260 Teaching based on Video Conference to carry out infectious diseases training for
261 internal medicine residents. Therefore, it was obviously advanced and necessary to
262 carry out the application and research of this teaching model.

263 Flipped classrooms showed many advantages when tested in a radiology
264 classroom setting, making up for some inadequacies of didactic classrooms; but it
265 was needed to make improvements to make it more suitable for the Chinese
266 medical education mode.[6] The flipped classroom approach showed promise in
267 ophthalmology clerkship teaching; but, it had some drawbacks; further evaluation
268 and modifications were required before it could be widely accepted and
269 implemented.[7] Based on the above, I carried out this teaching model research.
270 The whole Flipped Teaching mode involved organizational structure, training
271 content, training plan, training implementation, training management and
272 evaluation. This teaching research was a prospective study, establishing
273 organizational structure and management model, and developing training content
274 and training plan. The implementation and quality analysis of the teaching model
275 was evaluated by assessment and after-school questionnaire survey. Then the
276 practicability, rationality, feasibility and effectiveness of this teaching model were
277 evaluated. Therefore, this teaching research had distinct scientific nature.

278 The teaching organization structure included training organization,
279 management mode, management team and lecturer team. This training was
280 organized and implemented by the contact person of the "Rotation Training of
281 Infectious Diseases Department for Internal Medicine Residents" project, to ensure
282 the cooperation and support of teaching administrative departments and internal
283 medicine residents of each hospital dispatched, and to mobilize the enthusiasm of
284 internal medicine residents for this infectious diseases training project. A
285 management team of six was set up in this teaching work, which were used to
286 assist the project contact person to organize and implement this teaching activity,
287 and supervised the teaching plan and supporting work, In order to further develop
288 the those residents' subjective initiative. A total of 12 lecturers were organized,
289 consisting of those residents who planned to attend training on the infectious
290 diseases in the designated hospital from March 1 to April 30; As a result, they had

291 one month of clinical training experience in the Department of Infectious Diseases.
292 They chose target diseases to give lectures based on their own clinical practice and
293 shared their learning experience of this disease. In this way, the teaching could
294 encourage the lecturers to learn and summarize the clinical knowledge of the
295 selected diseases. 12 lecturers were selected in this teaching to encourage more
296 qualified lecturers to participate in teaching activities and ensure the coverage of
297 the teaching content. This teaching adopted vertical management mode. Since the
298 "vertical management" mode had gained good experience and evaluation in the
299 field of standardized training for public health physicians[2], this mode was
300 adopted in this teaching organization, which also reflected that the teaching
301 organization had very good practicability.

302 The content of this teaching was based on the establishment of the training
303 program of training syllabus for internal medicine residents, with the orientation of
304 the essential diseases and key diseases in the infectious diseases training. The goal
305 of this teaching was to train the diagnosis and treatment skills of infectious
306 diseases for internal medicine residents. The main contents were based on the
307 clinical diagnosis and treatment guidelines of infectious diseases. All above was to
308 ensure that the teaching purpose was consistent with requirements of the
309 infectious diseases training, and the standardized training of internal medicine
310 residents. So, 12 diseases were selected as the main topics of the teaching,
311 covering all the diseases that must be mastered, and involving other key diseases
312 of the infectious diseases training. Therefore, the teaching and training content
313 was reasonably designed, which met the needs of the infectious diseases training
314 at the level of internal medicine residents and reflected the rationality of the
315 teaching mode.

316 In the part of planning implementation, it was an important part of teaching
317 work to formulate training plans and organize implementation under the condition
318 of definite training content. In order to carry out the teaching contents in an
319 orderly manner, targeted teaching plans were drawn up, and the teaching
320 contents needed to be implemented for specific personnel and specific time
321 periods, so that the lecturers and participating residents could make full
322 preparations. The management group made a good teaching time frame; while
323 and the lecturers took the initiative to participate, and selected their own lecturing
324 content and lecturing time. Once the content of the lecture was determined, no
325 modification would be made unless in an emergency situation. If the teaching
326 could not be carried out within the planned time, the lecturer's teaching should be
327 adjusted to the last time period in an orderly manner. The original plan of the 12
328 disease teaching tasks was to be completed in 4 days, and three time periods were

329 arranged for orderly teaching activities every afternoon. In the implementation of
330 the teaching plan, it was adopted for unified planning, group management,
331 classified hosting, punctual teaching, online discussion, whole attendance, and
332 "Questionnaire Star" survey feedback after class. In this teaching activity, one of the
333 lecturers delayed the start time of teaching, because he was not familiar with Video
334 Conference software. Therefore, in the formal organization of teaching activities,
335 teaching preparation should be done more carefully for every section. For example,
336 software drills and trial lectures should be carried out in the early stage of teaching.
337 In the process of teaching implementation, the proportion of "Teaching on the
338 planned time" was 91.7%, and the proportion of "Teaching on the planned content",
339 "PPT making fully", "Providing references", "Unifying teaching content and training
340 outline" and "Participation in after-class questions" was 100%. From the perspective
341 of teaching arrangement and implementation, this teaching plan had been
342 implemented smoothly and has strong feasibility.

343 This Flipped Teaching based on Video Conference adopted online
344 whole-process monitoring, and three time nodes of "On-time online", "Middle roll
345 Call" and "On-time end" were included in the statistics. The attendance rate was
346 94.7%, 94.7% and 100% respectively. One of them failed to go online on time
347 because he was not familiar with the Video Conference software, and one of them
348 asked for leave and went offline because of emergency during the process. From
349 the statistics of the above three time nodes, whole-process monitoring was helpful
350 to stabilize the teaching attendance rate. It was also conducive to mastering the
351 teaching of emergency, timely discovery, timely treatment. From the perspective of
352 teaching management experience, online questioning could motivate the lecturers
353 to prepare for teaching, promote the lecturers to take the initiative to learn for
354 knowledge reserve, and mobilize the active learning consciousness and
355 enthusiasm of those residents. And the attendance of this teaching model was
356 higher than that of other types of flipped classes, where attendance was 30-80%[8].
357 Through the Questionnaire Star to the teaching quality of 9 indicators feedback,
358 the results showed that the teaching quality was "Good" and "Very good"
359 accounting for more than 96%. In other specialized clinical training, flipped
360 classroom was also well received and preferred, and it improved teaching
361 satisfaction.[9-11] In terms of the attendance and teaching quality evaluation of
362 internal medicine residents, the effectiveness of this teaching model was relatively
363 good.

364 In the overall evaluation of this teaching, 11 internal medicine residents raised
365 "Praise highlights" in 110 questionnaires, accounting for 55.8%; which was higher
366 than other feedback, $P < 0.05$. It reflected that the Flipped Teaching based on Video

367 Conference was generally recognized, the opinion which was consistent with other
368 clinical training studies that a flipped classroom approach in physiotherapy
369 education resulted in improved student performances in this professional
370 programme[12], even a study suggested flipped classroom for cardiovascular
371 prevention curriculum showed greater effectiveness in knowledge gain[13].
372 However, 10 internal medicine residents had “No special suggestions” feedback
373 among the 69 questionnaires; and 6 internal medicine residents filled in
374 “Improvement suggestions” feedback in 18 questionnaires, accounting for 9.1%.
375 The above feedback also suggested that the teaching mode still needed to be
376 improved. In promoting the application of this mode, the organizer also needed to
377 follow up the training work in real time, collected the feedback of those residents,
378 and made continuous improvement based on the requirements of infectious
379 diseases knowledge in the standardized training for internal medicine residents.

380 **Conclusions and Perspectives**

381 The Flipped Teaching with Video Conference as carrier for internal medicine
382 residents participating in the infectious diseases training was generally effective.
383 The degree of participation and recognition of those residents in this Flipped
384 Teaching was relatively good, and the implementation of teaching program was
385 feasible. Application of this teaching mode could make up for the shortage of
386 actual training time of residents in a certain stage.

387 **Ethical Approval and Consent to Participate**

388 Informed consents of participants in the standardized training for internal
389 medicine residents were obtained for the training and the study. The study
390 received Institutional Review Board (IRB) approval by the Shanghai Public Health
391 Clinical Center Ethics Committee. The IRB number was No. 2021-S026-01.

392 **Acknowledgments**

393 This study was supported by the internal medicine residents who had participated
394 in the standardized training for residents in Shanghai. Thanks to the teaching
395 administration department and the resident standardized training base of the
396 united training hospital for their support. Thanks for the support of Shanghai and
397 National administration departments of standardized training for resident
398 physicians.

399 **Authors' Contributions**

400 Xiao-Yu Zhang made conception, design, acquisition of data, analysis and
401 interpretation of data, drafted and revised the manuscript, and agreed to be
402 accountable for all aspects of the work.

403 **Funding**

404 The author received no specific funding for this work.

405 **Disclosure**

406 The author has declared that no competing interests exist.

407 **Consent for Publication**

408 The author has read and agreed to the published version of the manuscript.

409 **Data Availability Statement**

410 The data included in the manuscript submitted to the journal is transparent, and all
411 relevant data is available within the tables in the publication.

412 **References**

- 413 [1] Shanghai health and family planning commission, Notice on strengthening
414 standardized training of residents in Shanghai for rotation training of infection
415 department of internal medicine residents.
416 <http://wsjkw.sh.gov.cn/kjy2/20180815/0012-57913.html>
417 [2] Zhang XY. Rapid Clinical Promotion Model of Standardized Training for Public
418 Health Physicians in China. *Adv Med Educ Pract.* 2021;12:463-471.
419 [doi:10.2147/AMEP.S306737](https://doi.org/10.2147/AMEP.S306737)
420 [3] Hew KF, Lo CK. Flipped classroom improves student learning in health
421 professions education: a meta-analysis. *BMC Med Educ.* 2018;18(1):38.
422 [doi:10.1186/s12909-018-1144-z](https://doi.org/10.1186/s12909-018-1144-z)
423 [4] Riddell J, Jhun P, Fung CC, et al. Does the Flipped Classroom Improve Learning
424 in Graduate Medical Education?. *J Grad Med Educ.* 2017;9(4):491-496.
425 [doi:10.4300/JGME-D-16-00817.1](https://doi.org/10.4300/JGME-D-16-00817.1)
426 [5] Afzal S, Masroor I. Flipped Classroom Model for Teaching Undergraduate
427 Students in Radiology. *J Coll Physicians Surg Pak.* 2019;29(11):1083-1086.
428 [doi:10.29271/jcpsp.2019.11.1083](https://doi.org/10.29271/jcpsp.2019.11.1083)
429 [6] Wu S, Pan S, Ren Y, et al. Existing contradictions and suggestions: flipped
430 classroom in radiology courses of musculoskeletal disease under Chinese medical
431 educational mode from medical imaging student perspective. *BMC Med Educ.*

- 432 2020;20(1):75.
433 [doi:10.1186/s12909-020-1991-2](https://doi.org/10.1186/s12909-020-1991-2)
- 434 [7] Tang F, Chen C, Zhu Y, et al. Comparison between flipped classroom and
435 lecture-based classroom in ophthalmology clerkship. 2017;22(1):1406198. Med
436 Educ Online. 2017;22(1):1395679.
437 [doi:10.1080/10872981.2017.1395679](https://doi.org/10.1080/10872981.2017.1395679)
- 438 [8] Vogel L. Educators propose "flipping" medical training. CMAJ.
439 2012;184(12):E625-E626.
440 [doi:10.1503/cmaj.109-4212](https://doi.org/10.1503/cmaj.109-4212)
- 441 [9] Chick RC, Adams AM, Peace KM, et al. Using the Flipped Classroom Model in
442 Surgical Education: Efficacy and Trainee Perception. J Surg Educ.
443 2021;78(6):1803-1807. [doi:10.1016/j.jsurg.2021.05.008](https://doi.org/10.1016/j.jsurg.2021.05.008)
- 444 [10] Vanka A, Vanka S, Wali O. Flipped classroom in dental education: A scoping
445 review. Eur J Dent Educ. 2020;24(2):213-226.
446 [doi:10.1111/eje.12487](https://doi.org/10.1111/eje.12487)
- 447 [11] Lu RY, Yanovitch T, Enyedi L, et al. The flipped-classroom approach to
448 teaching horizontal strabismus in ophthalmology residency: a multicentered
449 randomized controlled study. J AAPOS. 2021;25(3):137.e1-137.e6.
450 [doi:10.1016/j.jaapos.2021.01.008](https://doi.org/10.1016/j.jaapos.2021.01.008)
- 451 [12] Røe Y, Rowe M, Ødegaard NB, Sylliaas H, Dahl-Michelsen T. Learning with
452 technology in physiotherapy education: design, implementation and evaluation of
453 a flipped classroom teaching approach. BMC Med Educ. 2019;19(1):291.
454 [doi:10.1186/s12909-019-1728-2](https://doi.org/10.1186/s12909-019-1728-2)
- 455 [13] Graham KL, Cohen A, Reynolds EE, Huang GC. Effect of a Flipped Classroom
456 on Knowledge Acquisition and Retention in an Internal Medicine Residency
457 Program. J Grad Med Educ. 2019;11(1):92-97.
458 [doi:10.4300/JGME-D-18-00536.1](https://doi.org/10.4300/JGME-D-18-00536.1)

Table 1 Baseline of Internal Medicine Residents Participating in Flipped Teaching	
Indicators	
Total number [n,(%)]	19(100)
Sexuality [male,n,(%)]	9(47.4)
Age [years,Mean±standard deviation]	29.5±3.1
Education background	
Bachelor degree[n,(%)]	5(26.3)
Master degree[n,(%)]	4(21.1)
Doctor degree[n,(%)]	10(52.6)
Qualified as a licensed physician [n,(%)]	17(89.5)
Training phase	
First year of training[n,(%)]	2(10.5)
Second year of training[n,(%)]	12(63.2)
Third year of training[n,(%)]	5(26.3)
From tertiary hospitals [n,(%)]	19(100)
Training period for infectious diseases training in the designated hospital as planned	
March 1 - April 30 [n,(%)]	12(63.1)
April 1 - May 31 [n,(%)]	7(36.8)

Table 2 Flipped Teaching Plan		
Teaching date	Teaching time	content of courses
April 1	13:35-14:20	Analysis of Chronic Hepatitis B
April 1	14:35-15:20	Study on Guidelines for Prevention and Treatment of Hepatitis C (2019 Edition)
April 1	15:35-16:20	Identification and Treatment of Clostridium Difficile Associated Diarrhea
April 2	13:35-14:20	Bacterial Liver Abscess
April 2	14:35-15:20	Diagnosis and Treatment of Tuberculosis
April 2	15:35-16:20	Guidelines for the Diagnosis and Treatment of Syphilis
April 3	13:35-14:20	Diagnosis and Treatment of Tuberculous Meningitis
April 3	14:35-15:20	Infective Endocarditis
April 3	15:35-16:20	Cryptococcal Meningitis
April 4	13:35-14:20	Study on AIDS Diagnosis and Treatment Guide in China (2021 edition)
April 4	14:35-15:20	Diagnosis and Treatment of Cirrhotic Ascites
April 4	15:35-16:20	Diagnosis and Treatment of liver Failure

Table 3 Evaluation of Teaching Plan Implementation			
Teaching plan indicators	CT	NCT	CR (%)
Teaching on the planned time	11	1	91.7
Teaching on the planned content	12	0	100
Making PPT fully	12	0	100
Providing references	12	0	100
Unifying the teaching content and training program	12	0	100
Participating in after-class discussion	12	0	100

459 **Abbreviations:** CT, Coincidence times ; NCT, Not-Coincidence times; CR, Coincidence rate.

460 **Note:** Coincidence rate (%) = Coincidence times of teaching indicators / Total times of teaching
461 indicators *100%.

Table 4 Attendance of Flipped Teaching		
Attendance indicators	Residents in attendance	Attendance rates(%)
Online on time	18	94.7
Middle roll call	18	94.7
End on time	19	100

462 **Note:** Attendance rate (%) = Number of internal medicine residents in attendance / Total
463 number of internal medicine residents of this Flipped Teaching for the infectious training *100%

Table 5 Quality Evaluation of Flipped Teaching					
Teaching quality indicators[n,(%)]	VP(%)	PR(%)	GN(%)	GD(%)	VG(%)
Rigorous teaching attitude	0(0)	0(0)	1(0.5)	26(13.2)	170(86.3)
Punctual class	0(0)	0(0)	1(0.5)	29(14.7)	167(84.8)
Detailed and accurate teaching content	0(0)	0(0)	4(2.0)	36(18.3)	157(79.7)
Reasonable structure and clear process	0(0)	0(0)	5(2.5)	33(16.8)	159(80.7)
Highlighting teaching key points	0(0)	0(0)	3(1.5)	32(16.3)	162(82.2)
Clear teaching difficulties	0(0)	0(0)	7(3.5)	33(16.8)	157(79.7)
Accurate and refined language	0(0)	0(0)	5(2.5)	31(15.8)	161(81.7)
Combining theory with clinical practice	0(0)	0(0)	6(3.0)	28(14.3)	163(82.7)
Improving ability to analyze and deal with the disease	0(0)	0(0)	4(2.0)	30(15.3)	163(82.7)

464 **Abbreviations:** VP, Very poor; PR, Poor; GR, General; GD, Good; VG, Very good.

465 **Note** : 197 feedback of teaching quality evaluation were collected through questionnaires.

Table 6 Overall Evaluation of Flipped Teaching						
Evaluation indicators	NPE	RPE, CI (%)	P	TTE	RTET, CI (%)	P
Improvement suggestions	6	31.6(8.6-54.6)	0.228	18	9.1(5.1-13.2)	<0.001
No special suggestions	10	52.6(22.9-77.4)		69	35.0(28.3-41.7)	
Praise highlights	11	57.9(33.4-82.3)		110	55.8(48.8-62.8)	

466 **Abbreviations:** NPE, Number of participants in evaluation; RPE, Ratio of participants in
 467 evaluation; TTE, Times of teaching evaluations; RTET, Ratio of teaching evaluation time; CI, 95%
 468 confidence interval; P, P value.

469 **Note:** Ratio of participants in evaluation (%) = Number of participants in evaluation / Total
 470 number of participants in the infectious diseases training *100%

471 Ratio of teaching evaluation times (%) = Teaching evaluation times of each indicator of overall
 472 evaluation / Total teaching evaluations times of overall evaluation *100%

473 197 feedback of teaching evaluations on overall evaluation were collected through the
 474 questionnaires.