

1 **Title:** Growth phase estimation for abundant bacterial populations sampled longitudinally from
2 human stool metagenomes.

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12

13 **ABSTRACT**

14 Longitudinal sampling of the stool has yielded important insights into the ecological dynamics of
15 the human gut microbiome. However, due to practical limitations, the most densely sampled
16 time series from the human gut are collected at a frequency of about once per day, while the
17 population doubling times for gut commensals are on the order of minutes-to-hours. Despite
18 this, much of the prior work on human gut microbiome time series modeling has, implicitly or
19 explicitly, assumed that day-to-day fluctuations in taxon abundances are related to population
20 growth or death rates, which is likely not the case. Here, we propose an alternative model of the
21 human gut as a flow-through ecosystem at a dynamical steady state, where population
22 dynamics occur internally and the bacterial population sizes measured in a bolus of stool
23 represent an endpoint of these internal dynamics. We formalize this idea as stochastic logistic
24 growth of a population in a system held at a semi-constant flow rate. We show how this model
25 provides a path toward estimating the growth phases of gut bacterial populations *in situ*. We
26 validate our model predictions using an *in vitro Escherichia coli* growth experiment. Finally, we
27 show how this method can be applied to densely-sampled human stool metagenomic time
28 series data. Consistent with our model, stool donors with slower defecation rates tended to
29 harbor a larger proportion of taxa in later growth phases, while faster defecation rates were
30 associated with more taxa in earlier growth phases. We discuss how these growth phase
31 estimates may be used to better inform metabolic modeling in flow-through ecosystems, like
32 animal guts or industrial bioreactors.

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36 INTRODUCTION

37 The human gut is an anaerobic flow-through bioreactor, ecologically distinct to each individual,
38 that transforms dietary and host substrates into bioactive molecules important to host health¹⁻³.
39 Disruptions to the ecological composition of the gut have been shown to mediate the
40 progression of various complex diseases⁴⁻⁸. Furthermore, the ecological dynamics of the gut
41 appear to be relevant to both health and disease states^{9,10}. However, the biological
42 interpretation of densely-sampled adult human fecal microbiome time series is fraught.

43 Various dynamical models have been applied to gut microbial abundance data collected
44 from adult human donors¹¹⁻¹⁵. These models often assume, either explicitly or implicitly, that
45 day-to-day changes in abundance are proportional to population growth and/or death¹⁶.
46 However, the underlying data often do not match this assumption^{11,16-20}. The gut is a flow-
47 through ecosystem and commensal gut bacteria must grow fast enough to avoid dilution-to-
48 extinction. As such, gut bacterial doubling times tend to be fast, ranging from minutes-to-hours
49²¹⁻²³. However, stool sampling frequency is usually limited to, at most, about once per day.
50 Consequently, rapid internal population dynamics likely cannot be directly estimated from the
51 day-to-day measurements obtained from stool¹⁶.

52 Given these sampling limitations, and in the absence of major perturbations that require
53 multi-day recovery processes in the human gut, it is unclear whether or not meaningful insights
54 into commensal population dynamics can be gleaned from adult human gut microbiome time
55 series. One workaround for inferring growth rates of bacterial populations *in situ* is to leverage
56 metagenome-inferred replication rates^{21,22}. Briefly, instantaneous replication rates can be
57 estimated for abundant bacterial populations in metagenomic samples by taking advantage of
58 the fact that fast-growing taxa show an asymmetry in reads mapping to different genomic loci,
59 with higher read depth near the origin of replication and a lower depth near the terminus due to

60 the initiation of multiple replication forks^{21–23}. However, even when replication rates and
61 population abundances can both be estimated from the same metagenomic samples, it is
62 unclear how these measurements are related to the *in situ* growth phase of a population. As
63 such, biological interpretations regarding population size and replication rate fluctuations in flow-
64 through ecosystems like the human gut, where internal dynamics are much faster than sampling
65 rates, remain challenging.

66 Early experiments by Jaques Monod²⁴ identified distinct growth phases for bacterial
67 populations in culture, which can be captured by the stochastic logistic growth equation (sLGE)
68²⁵. The sLGE has been shown to be a good fit for bacterial population growth *in vitro* and in real-
69 world, steady-state ecosystems^{26–32}. We used the sLGE to study statistical relationships
70 between population sizes and growth rates across the various phases of growth (i.e.,
71 acceleration, mid-log, deceleration, stationary phases) to see if we could extract *in situ* growth
72 phase information. Overall, the sLGE model yields statistical relationships that may be
73 leveraged to identify the *in situ* growth phase of a bacterial population sampled at a regular
74 period from a flow-through ecosystem, like the human gut.

75 To assess our model predictions, we sampled *Escherichia coli* populations at different
76 points along the growth curve. We calculated population sizes and replication rates for these
77 samples and observed excellent agreement between this *in vitro* model and our sLGE
78 predictions. We also measured population abundance and replication rate trajectories from
79 more than a dozen organisms across four densely sampled human gut metagenomic time
80 series³³. On average, gut commensal growth rates and population sizes were positively
81 correlated, both cross-sectionally over 84 stool donors and longitudinally within each of four
82 stool donor time series, which suggests that most abundant taxa in the gut are growing
83 exponentially when sampled in stool. Furthermore, we were able to identify specific growth
84 phase signatures in abundant bacterial populations in the guts of four individuals with long and

85 dense metagenomic time series by analyzing paired replication rate and abundance trajectories.
86 We describe how our growth phase inference approach can serve to improve statistical
87 inferences derived from microbiome data and to inform more accurate mechanistic modeling of
88 flow-through ecosystems (e.g., community-scale metabolic models, which usually assume
89 exponential growth), which could have broad implications for human health^{8,34,35}, agricultural
90 systems^{36,37}, climate change^{36,38,39}, and industrial bioreactor production processes^{40,41}.

91

92 **RESULTS**

93 ***Framing the gut as an anaerobic flow-through bioreactor***

94 The mammalian gut can be understood as an anaerobic batch culture reactor with a semi-
95 continuous input (i.e., discrete boluses of dietary inputs, mixed with host substrates like mucin
96 and bile acids) and output (i.e., discrete boluses of stool)⁴², and microbial taxa must grow fast
97 enough within the system to avoid dilution-to-extinction (**Fig. 1A**). Thus, stool sampling captures
98 the endpoint of internal gut bacterial population dynamics. For example, in our conceptual figure
99 we see that Taxon 1 starts growing higher up in the colon and is in stationary phase by the time
100 a stool sample is collected, while Taxon 3 starts growing lower in the colon and is still growing
101 exponentially at the point of stool sampling (**Fig. 1A**). Overall, the daily abundances of Taxa 1-3
102 represent the average (μ) steady-state population size, plus or minus some amount of biological
103 and technical noise, at the time of stool sampling (**Fig. 1A**). To investigate improved methods
104 for interpreting the dynamics of human gut microbial time series, we downloaded shotgun
105 metagenomic time series data from the BIO-ML cohort (i.e., health-screened stool donors who
106 provided fecal-transplant material to the stool bank OpenBiome)³³. The BIO-ML cohort
107 contained 84 donors³³. To filter for dense longitudinal data, we selected a subset of donors with
108 more than 50 time points. Four donors (i.e. donors ae, am, an, and ao) met this criterion, with 3-
109 5 fecal samples per week for >50 days (**Fig. 1B**).

110

111 ***Characterizing the relationships between gut commensal population size and growth rate***
112 ***using metagenomic time series data***

113 We first investigated the statistical properties of day-to-day fluctuations in gut bacterial
114 population sizes, estimated from fecal shotgun metagenomic time series. Specifically, we
115 looked at the associations between population abundance estimates (t_n) and the changes in
116 abundance estimates (i.e., deltas) between time points ($t_{n+1} - t_n$). Naïvely, if most bacterial
117 populations in stool were growing exponentially, we would expect that population abundances
118 and growth rates would be positively correlated. However, prior work has indicated an overall
119 negative correlation between abundances and changes in abundances in stool 16S rRNA gene
120 amplicon sequencing data generated from densely sampled human stool time series¹⁵. Indeed,
121 we found that abundant bacterial populations in the stool of the four BIO-ML donors maintained
122 stable average abundances over time (μ), with day-to-day fluctuations above and below this
123 average, as pictured in the example of *Bacteroides cellulosilyticus* in donor am (**Fig. 2A-B**). This
124 kind of pattern mirrors what one would expect when randomly sampling from a stationary
125 distribution (**Fig. 2B**). We observed that the deltas ($t_{n+1} - t_n$) for the same gut taxon (*Bacteroides*
126 *uniformis*) measured across each donor time series, when plotted against their respective
127 normalized abundances (t_n), showed the expected negative association (**Fig. 2C**). Furthermore,
128 similar negative associations were uniformly observed across all taxa analyzed, across all four
129 donors (**Fig. 2D**). This negative association between population abundances and changes in
130 abundance between time points is strongly consistent with sampling from a stationary
131 distribution, which is equivalent to ‘regression-to-the-mean’ as an organism fluctuates around a
132 fixed carrying capacity, similar to what we have reported previously^{15,32}.

133 One important ecological factor that can impact gut microbial dynamics is host diet^{43,44}.

134 Although changes in dietary intake can alter microbial abundance, average dietary choices are

135 highly conserved within an individual and these choices are notoriously difficult to modify
136 outside of radical changes in geography or lifestyle⁴⁵⁻⁴⁷. Prior work demonstrated that
137 macronutrient intake within an individual is largely stable over time and does not show
138 significant autocorrelation or drift^{15,48}. Indeed, for donor A from this prior study, we found that
139 longitudinal measurements of macronutrients (i.e. daily intake of calories, carbohydrates,
140 protein, fat, fiber, cholesterol, saturated fat, sugar, sodium, calcium) were stationary over
141 several months, despite day-to-day fluctuations (**Fig. S1**). Combined with the overwhelming
142 stationarity of microbial abundance trajectories within healthy individuals not undergoing major
143 lifestyle changes^{15,32,33}, these results support our assertion that dietary patterns are largely
144 stable over weeks-to-months and stool samples provide stable, steady-state population
145 abundance estimates of abundant gut commensal bacteria.

146 Next, we looked at the statistical associations between calculated peak-to-trough ratios
147 (i.e., PTRs; a proxy for growth-rate) for abundant bacterial populations from each metagenomic
148 sample and their respective metagenomic population abundance estimates²². If the deltas,
149 presented above, were truly proportional to growth and/or death rates, we would expect that the
150 statistical relationships between deltas and population size would be similar to those between
151 PTRs and population size. However, unlike the regression-to-the-mean signature identified for
152 the deltas, we found variable statistical relationships between \log_2 PTR and centered log-ratio
153 (CLR) transformed population abundances for the same taxon across the four donors
154 (*Bacteroides ovatus*, **Fig. 3A**). Similarly, we saw a wide range of positive, negative, and null
155 associations between \log_2 PTRs and CLR abundances across all measured taxa within each
156 donor (**Fig. 3B**). These results are inconsistent with a regression-to-the-mean signal, and
157 suggest a more complex relationship between growth rate and population size⁴⁹⁻⁵¹. Finally, we
158 calculated temporally-averaged (i.e., mean for all collection time within a taxon) PTRs and
159 population sizes for each abundant taxon within each of the four donors. Overall, there was a

160 significantly positive association (linear regression, p -values = 0.0318, 0.125, 0.155, 0.031 for
161 donors ae, am, an, and ao, respectively; combined p -value using Fisher's method = 0.005)
162 between average \log_2 PTR and average CLR abundance across all four donors (**Fig. 3C**),
163 indicating that taxa with higher average population sizes tend to have higher average growth
164 rates. This result is consistent with what one would expect to observe in exponentially-growing
165 populations. We also looked into whether or not \log_2 PTR magnitudes were inter-comparable
166 across taxa (**Fig. S2**). We calculated \log_2 PTRs for all abundant taxa detected across all 84 BIO-
167 ML donors and found that the median \log_2 PTR was fairly similar across taxonomic classes
168 (\sim 0.45-0.75), with most classes showing a wide range of \log_2 PTRs (**Fig. S2**). To assess
169 whether or not \log_2 PTR-CLR associations were robust to controlling for taxonomy, we included
170 either class- or species-level categorizations as covariates in a linear regression model and saw
171 a significant association, independent of taxonomy (class-level $\beta = 0.0612$, $p = 8.359e^{-60}$;
172 species-level $\beta = 0.0101$, $p = 0.0006$).

173

174 ***Stochastic logistic growth equation provides insights into growth phases***

175 In order to better understand and interpret the varying relationships we observe between
176 \log_2 PTRs and CLR abundance time series, we used a modeling approach. The basic properties
177 of growth curves of microbial taxa can be captured using the logistic growth equation (**Fig. 4**).
178 This model is defined such that the change in abundance for each taxon i (dx_i/dt) is captured
179 by the current abundance at time t , $x_i(t)$, multiplied by the maximal growth rate, r , and the
180 carrying capacity (k) term $(1 - x_i(t)/k)^{52}$. In this model, population size over time shows a
181 sigmoidal curve, with the abundance asymptotically approaching k (**Fig. 4A**, top panel). The
182 derivative of this curve with respect to time yields the growth rate over time, which peaks during
183 mid-log phase (**Fig. 4A**, middle panel). The second derivative of abundance with respect to
184 time, which is the instantaneous change in growth with respect to time and is often referred to

185 as the acceleration rate, shows a peak during the acceleration phase and a trough during the
186 deceleration phase (**Fig. 4A**, bottom panel). Based on this second-derivative curve, we show
187 the expected relationships between growth rate and abundance as you move across the logistic
188 growth curve, along the time axis (**Fig. 4B**). These expected relationships provide a potential
189 path forward for inferring the *in situ* growth phase of a bacterial population sampled at a
190 consistent frequency from a flow-through ecosystem.

191 The logistic growth model is a deterministic equation. However, the observed
192 abundances of commensal bacterial populations in the gut fluctuate due to myriad factors
193 including interspecies competition, resource fluctuations, technical noise, sampling noise, and
194 stool residence time^{27,32,53}. In order to approximate these fluctuations in our modeling, we
195 introduced a stochastic term to the logistic growth model (**Fig. 5A**). Herein, σ denotes the noise
196 magnitude and $\omega(t)$ represents a white noise term. Four growth phases (i.e., acceleration, mid-
197 log, deceleration, and stationary) were defined using the half-maximum and half-minimum,
198 respectively, of the second derivative of the LGE curve (**Fig. S3A**). We simulated 100 iterations
199 of the stochastic logistic growth equation (sLGE) for each of a range of parameterizations (see
200 Methods), which recapitulated the expected statistical relationships between growth rates and
201 abundances for populations consistently sampled within our four major growth phase categories
202 (**Fig. 5A-C**). For example, Pearson's correlations between growth rates and abundances were
203 significantly positive in the acceleration phase and significantly negative in the deceleration
204 phase (**Fig. 5B**). Mid-log phase growth was more variable, but showed little-to-no significant
205 association between growth rates and abundances (**Fig. 5B-C**). These results were reproduced
206 across a wide range of parameter space and were robust to varying noise levels (**Fig. S3B**).

207 Even though we expect dietary intake to be stationary within an individual, variation in
208 diet can drive day-to-day fluctuations in the carrying capacities of microbial populations. In order
209 to investigate whether growth-phase specific associations between abundances and growth

210 rates were influenced by fluctuations in carrying capacity, we added variation to k in the sLGE
211 model (**Fig. S4**). Fluctuations in k did not alter the sigmoidal shape of the sLGE curve (**Fig.**
212 **S4A**), and the relationships between abundances and growth rates across growth phases were
213 preserved (**Fig. S4B-C**).

214

215 ***Validating sLGE growth phase inferences in vitro***

216 To validate the relationship between growth rates and abundances across growth phases, we
217 cultured replicate *E. coli* populations *in vitro* and sampled them across their growth curves (**Fig.**
218 **6A**). *E. coli* abundances were measured as OD600 values and as the log-ratio of *E. coli* reads
219 to phiX reads (i.e., a fixed amount of the phiX genome was spiked into each DNA extraction)
220 from the shotgun sequencing data (**Fig. 6A-C**). Growth rates were quantified as the \log_2 PTR for
221 each *E. coli* sample⁵⁴. The relationships between the \log_2 PTRs and CLR-normalized *E. coli*
222 abundances across growth phases matched the sLGE model predictions (**Fig. 6B-C**).
223 Specifically, growth rates and abundances were significantly positively and negatively correlated
224 in acceleration and deceleration phases, respectively (**Fig. 6B-C**). Furthermore, we saw no
225 significant association between growth rates and abundances in mid-log and stationary phases
226 (**Fig. 6B-C**). Finally, we found that samples in mid-log phase had an average \log_2 PTR of
227 1.25 ± 0.167 (\pm standard deviation), while samples in stationary phase had an average \log_2 PTR
228 of 0.358 ± 0.059 , which clearly distinguished between these phases.

229

230 ***Inferring in situ growth phases for abundant gut commensal populations sampled in*** 231 ***metagenomic time series***

232 Based on the sLGE results and *in vitro* validation work presented above, we assigned putative
233 *in situ* growth phases to abundant gut bacterial populations from the four BIO-ML gut
234 metagenomic time series. The average magnitude of the PTR provides additional information on

235 whether a population is more likely to be in acceleration/mid-log/deceleration (i.e., $\log_2\text{PTR} >>$
236 0.358) or stationary (i.e., $\log_2\text{PTR} < 0.358$) phase (**Fig. 6**). For those taxa with average
237 $\log_2\text{PTR}$ s above the empirical stationary phase threshold, significantly positive associations
238 (linear regression, adjusted p -value < 0.05 , with a positive beta-coefficient) between $\log_2\text{PTR}$ s
239 and CLR abundances likely indicate acceleration-phase and significantly negative associations
240 (linear regression, adjusted p -value < 0.05 , with negative beta-coefficient) likely indicate
241 deceleration phase. *Bacteroides cellulosilyticus*, *Bacteroides ovatus 1*, and *Megaspaera eldenii*
242 showed significantly positive PTR-abundance associations within donor ae (**Figs. 7A and S5**).
243 *Bacteroides xylanisolvens* had an average $\log_2\text{PTR}$ less than the stationary threshold in donor
244 am (**Fig. S6**). *Bacteroides ovatus 1* and *Parabacteroides distasonis* showed positive $\log_2\text{PTR}$ -
245 CLR abundance associations, while *Alistipes finegoldii*, and *Bacteroides uniformis* showed
246 negative associations in donor am (**Figs. 7A and S6**). *Acidaminococcus intestini*, *Bacteroides*
247 *xylanisolvens*, and *Odoribacter splanchnicus* showed average $\log_2\text{PTR}$ below the empirical
248 stationary phase threshold in donor an (**Fig. S7**). *Alistipes shahii*, *Bacteroides intestinalis*,
249 *Bacteroides thetaiotaomicron*, and *Bacteroides uniformis* showed significantly negative
250 $\log_2\text{PTR}$ -CLR abundance associations in donor an (**Figs. 7A and S7**). Finally, *Favonifractor*
251 *plautii* showed a positive $\log_2\text{PTR}$ -CLR abundance association and *Bacteroides fragilis*,
252 *Bacteroides ovatus 1*, *Bacteroides uniformis*, and *Bacteroides xylanisolvens* showed negative
253 associations in donor ao (**Fig. 7A and S8**). In all four donors, many taxa showed average
254 $\log_2\text{PTR}$ s greater than the stationary threshold but without significant associations between
255 $\log_2\text{PTR}$ and CLR abundances (**Figs. 7A and S5-8**). The absence of a significant association
256 for these non-stationary taxa likely indicates mid-log phase, but a non-significant association
257 could also represent a false negative (i.e., not powered enough to detect a positive or negative
258 association with the number of time points sampled).

259 We observed a slight difference in the number of significantly positive and negative PTR-
260 abundance associations between donors ae/am, and an/ao. Donors ae and am tended to have
261 a larger proportion of taxa in acceleration phase, while an and ao tended to have a larger
262 proportion of taxa in deceleration or stationary phases. Interestingly, donors an and ao had a
263 lower average defecation frequency (≤ 1 per day) than donors ae and am (> 1 per day).
264 Concordantly, based on our flow-through model of the gut ecosystem (**Fig. 1A**), we would
265 expect that bacterial populations would be pushed towards earlier growth phases at faster flow
266 rates (**Fig. 7B**). Overall, we were able to at least partially constrain our phase estimates for all
267 taxa with sufficient longitudinal data (**Fig. 7A**). Our approach provides a new path toward
268 providing constraints on *in situ* growth phases for microbial populations in flow-through
269 ecosystems.

270

271 **DISCUSSION**

272 Many prior studies assumed, either implicitly or explicitly, that the growth and death rates of gut
273 bacterial populations were proportional to day-to-day changes in abundances, as measured
274 from human stool samples. However, we outline how this assumption is likely invalid due to the
275 fact that human gut bacterial population growth/death processes inside the intestinal tract are
276 known to be faster (minutes-to-hours) than our sampling timescales (days). In support of this
277 assertion, we show how the statistical relationships between changes in abundance ($t_{n+1} - t_n$)
278 and abundances (t_n), estimated from stool metagenomic time series, indicate a regression-to-
279 the-mean effect that one would expect when sampling from a steady-state population fluctuating
280 around a carrying capacity (**Figs. 1-2**). Thus, as prior work has indicated^{15,32}, bacterial taxa in

281 the gut have stable average population sizes, which likely represent steady-state endpoints of
282 internal dynamics (**Figs. 1-2**). Despite the fundamental mismatch between gut bacterial
283 population dynamics and sampling timescales, we attempt to identify statistical signatures within
284 these daily-sampled human gut time series that might provide accurate insights into *in situ*
285 population dynamics.

286 While changes in abundance between time points do not appear to be related to
287 population growth, PTRs enable direct estimates of *in situ* growth rates from metagenomic
288 samples^{21–23,55–57}. Unlike the relationships between deltas and abundances, which were always
289 negative (**Fig. 2C-D**), the relationships between PTRs and abundances were quite variable (**Fig.**
290 **3A-B**). While regression-to-the-mean is a plausible mechanism for the consistent negative
291 delta-abundance relationships (**Fig. 2**), the underlying processes driving variable log₂PTR-
292 abundance relationships appear to be more nuanced (**Fig. 3**).

293 We turned to the sLGE to explore relationships between growth rate and abundance
294 across different phases of growth, and we found clear diagnostic patterns (**Fig. 4**). Simulations
295 showed a wide range of demographic stochasticity (**Fig. 5**) and fluctuations in carrying
296 capacities (**Fig. S4**) could not ablate these patterns, although adding enough noise to these
297 models eventually overrides the signal. We validated these patterns *in vitro* and saw marked
298 correspondence between model predictions and empirical measurements (**Fig. 5-6**). Finally, we
299 applied our sLGE predictions to four human gut metagenomic time series. Consistent with our
300 predictions, we found that individuals with higher defecation rates tended to be enriched for taxa
301 in earlier growth phases (**Fig. 7**). In a recent study, we observed a similar association between
302 PTRs and bowel movement frequency (BMF) in another independent cohort, where PTRs
303 appeared to increase with increasing BMF⁵⁸. Overall, our results reveal a promising approach
304 to inferring *in situ* growth phases for abundant organisms detected in human gut metagenomic
305 time series.

306 We observed that the average \log_2 PTR and average CLR abundance of a given taxon
307 over time were positively correlated, which is consistent with exponentially-growing populations
308 (**Fig. 3C**). However, despite this average pattern across taxa, we were also able to identify
309 specific taxa that were abundant in stool that appeared to be in stationary phase (**Fig. 7A**).
310 These results are highly relevant to the metabolic modeling community. Ecological interactions
311 within free-living and host-associated microbial communities are largely governed by exchanges
312 of small-molecule metabolites^{59,60}. Genome-scale metabolic modeling and flux-balance analysis
313 (FBA) has been effective mechanistic tools for simulating these metabolic exchanges, especially
314 in controlled bioreactor systems⁶¹. The objective function used to find a solution subspace for
315 these bacterial FBA models is often biomass maximization, which assumes that these
316 organisms are growing exponentially at steady state. Exponential growth is a valid assumption
317 for organisms in acceleration or mid-log phases, and to some extent in deceleration phase, but
318 this assumption breaks down completely in stationary phase. Prior work has demonstrated that
319 biomass composition can change depending on the growth phase of a population, which ideally
320 could be taken into account to more accurately model metabolic fluxes within the system⁶²⁻⁶⁴.
321 Alternatively, organisms that are not actively growing could be omitted from community-scale
322 metabolic models of colonic metabolism⁶⁵. Overall, our work suggests that most abundant
323 organisms in human stool are amenable to FBA, and our growth phase estimation approach
324 allows for the identification of abundant populations that may not fit classical FBA assumptions.

325 In conclusion, we provide a new path forward for the biological interpretation of
326 metagenomic time series data generated from adult human stool samples. Our results are
327 somewhat reassuring for cross-sectional studies, as they indicate that bacterial abundances in
328 the gut fluctuate around stable carrying capacities within an individual, making inter-individual
329 comparisons fairly robust. Furthermore, this suggests that multi-day averages of abundances
330 will be even more accurate estimates of this carrying capacity, as we have suggested previously

331 ³³. This work is especially relevant to the design and interpretation of human gut microbiome
332 studies that aim to characterize or investigate ecosystem-scale dynamics. We hope that *in situ*
333 growth phase estimation will be applied more broadly to other kinds of flow-through
334 environments to improve our understanding of internal dynamics in these systems and provide
335 improved constraints for mechanistic modeling of microbial communities.

336

337 **METHODS**

338 **Stationarity testing for daily nutrient intake in a human stool donor**

339 Metadata for daily nutrient intake, excluding the time window when the donor was traveling
340 abroad, was downloaded from David et al. ⁴⁸. We tested for stationarity in these nutrient intake
341 time series using the augmented Dickey-Fuller (ADF) test (tseries package in R ⁶⁶), with
342 significance threshold for stationarity at $p < 0.1$. ADF tests the null hypothesis that a unit root is
343 present in a time series, with the alternative hypothesis being that the time series is stationary.
344 Thus, significant p-values indicate stationarity of the time series. All analyses throughout the
345 manuscript in R were conducted in R v4.2.2 ⁶⁷, unless stated otherwise.

346

347 ***E. coli* strain information and growth curve analysis with a microplate reader**

348 *Escherichia coli* strain (MG1655) was streaked from a glycerol stock onto R2A agar plates
349 (Thermo Fisher Scientific: Oxoid CM0906) and incubated overnight at 37°C. A colony was
350 selected using an inoculating loop and transferred to 200 mL of LB-broth (Lennox) and grown at
351 37°C overnight in a shaking incubator at 225 rpm until the culture reached stationary phase. The
352 overnight culture was then diluted in fresh LB medium to an OD of 0.51 (600 nm). The diluted
353 culture was then chilled for ~25 minutes at ~2°C using an ice bath to synchronize metabolic
354 activity. The chilled culture was then aliquoted (2µL) into a non-treated 96-well flat-bottomed
355 plate (Thomas Scientific Cat No. 1154Q44) containing 198 µL of LB media (Lennox) in each

356 well. The inoculated plate was then transferred to a BioTek Epoch II plate reader set to 37°C
357 with orbital shaking and programmed to make OD600 readings every minute for the first 60
358 minutes and every 5 minutes for the remainder of the experiment (~10 hours). The first set of
359 inoculations covered plate rows A and B (n = 24), this was followed by the sequential
360 inoculation of the next 3 sets of rows at 15-minute intervals (i.e., Set 1 = A/B: 0 min; Set 2 = C/D
361 15 min; Set 3 = E/F: 30 min; Set 4 = G/H 45 min.). This resulted in 4 sets of replicate cultures
362 inoculated 15 minutes apart, allowing sampling every hour for the next 10 hours, spanning 40
363 time points spaced 15 minutes apart. To ensure there was enough DNA for sequencing at early
364 low OD time-points (first two sample points), we pooled two wells into one sample. All samples
365 were collected in PCR strip tubes (Axygen: PCR-0208-CP-C) and centrifuged at room
366 temperature to pellet the cells. The supernatant was decanted and the remaining cell pellet was
367 immediately frozen in liquid nitrogen for storage at -80°C.

368

369 **DNA extraction, library preparation, and sequencing**

370 Cell Pellets were resuspended and transferred to 96 deep-well plates for DNA extraction using
371 the IBI Scientific 96-well Genomic DNA Bacteria Kit (IBI Scientific: IB47295) per the
372 manufacturer's protocol. DNA quantification was done using Qubit HS DNA assay, on a Qubit3
373 device. After DNA quantification, we added PhiX DNA (Thermo Fisher Scientific: SD0031) as an
374 internal standard and run-quality monitor across all samples. A total of 500 fg PhiX DNA was
375 added to each DNA sample before library preparation. DNA libraries were constructed following
376 the NEBNext Ultra II FS DNA Library Prep Kit for Illumina (New England Biolabs: E7805L) and
377 indexed using Dual Index Primer Set 2 (New England Biolabs: E7780S). Libraries were
378 quantified again via Qubit 3, and the quality and size of libraries were checked using an Agilent
379 Tapestation, and a D5000 high sensitivity DNA tape assay. Libraries were pooled to 2 nM and
380 sent to NovoGene for sequencing on a NovaSeq 6000 device (Illumina, USA). A partial lane

381 was used for sequencing, 150 cycles, generating ~64GB (~3.3 million reads per sample) of
382 paired-end reads.

383

384 **Shotgun metagenomics data processing and analysis**

385 Longitudinal shotgun metagenomics sequencing data from healthy human stool samples (BIO-
386 ML) was downloaded from NCBI BioProject accession PRJNA544527, and the associated
387 metadata was downloaded from the associated article ³³. Raw FASTQ files from the BIO-ML
388 cohort and from the *in vitro E. coli* experiment were filtered and trimmed using FASTP ⁶⁸,
389 removing the first 5 nucleotides of the read 5' end to avoid leftover primer and adapter
390 sequencing not removed during demultiplexing and an adaptive sliding window filter on the 3'
391 end of the read with a required minimum quality score of 20. Reads containing ambiguous base
392 calls, having a mean quality score less than 20, or with a length smaller than 50nt after trimming
393 were removed from the analysis. Taxonomic assignment on the read level was performed with
394 Kraken2 using the Kraken2 default database ⁶⁹. Abundances on the kingdom, phylum, genus,
395 and species ranks were then obtained using Bracken ⁷⁰. Trimmed and filtered reads were then
396 aligned to 2,935 representative bacterial reference genomes taken from the IGG database
397 (version 1.01) using Bowtie2 ^{71,72}. Coverage profiles and log₂ estimates of peak-to-trough ratios
398 (PTRs) were estimated using COPTR v1.1.2 at the species-level within each sample for taxa
399 that passed our abundance threshold ⁵⁴. PTR estimates were then merged with Bracken
400 abundance estimates, retaining only those species identified by both methods (Kraken2 and
401 Bowtie2 alignment to IGGdb). For the *in vitro E. coli* experiment, reads were aligned to a custom
402 database containing the *E. coli K12* strain genome (NCBI accession NC_000913.3) and the
403 phiX174 genome (NCBI accession NC_001422.1). CLR abundances were then calculated from
404 the read counts for the *E. coli* genome and the phiX174 genome.

405 The processed data containing the raw reads and \log_2 peak-to-trough ratios (\log_2 PTRs)
406 were read into R version 4.1.3 for analysis⁶⁷. All plots were generated using ggplot2⁷³, unless
407 indicated otherwise. BIO-ML donors were selected by retaining individuals with over 50
408 metagenomic time points, resulting in four time series (i.e., donors ae, am, an, and ao). Distinct
409 *Bacteroides ovatus* strains across all four donors contained duplicated taxon names with unique
410 taxonomic identifiers, and were renamed to “*Bacteroides ovatus_1*” and “*Bacteroides ovatus_2*.”
411 Raw read counts for a given taxon within a sample were centered log-ratio (CLR) transformed
412⁷⁴. Taxa that had matched \log_2 PTR and CLR abundance information available across more than
413 5 time points within an individual, with time differences between samples less than three days,
414 were used in subsequent analyses. Changes in normalized abundance were calculated as
415 *Abundance changes(delta) = x(t + 1) - x(t)*, where $\Delta t < 3 \text{ days}$. To assess the regression-to-
416 the-mean effect, CLR-normalized abundances were plotted against deltas for each taxon, and
417 the regression coefficients, aggregating all microbial taxa, were plotted as boxplots (showing
418 median and interquartile range), summarized by donor.

419 For each donor, to estimate the growth phase of each individual taxon, we used linear
420 regression of CLR-normalized abundances vs. \log_2 PTRs, followed by a Benjamini-Hochberg p-
421 value correction to control for the false discovery rate (FDR) in base R. Regression coefficients
422 with FDR-adjusted p-values < 0.05 were considered significant. Taxa with average \log_2 PTRs $<$
423 0.358 (experimentally-determined stationary threshold) were designated as being in stationary
424 phase. For those taxa not designated as being in stationary phase, significantly positive or
425 negative associations between \log_2 PTRs and abundances were considered to be in
426 acceleration or deceleration phase, respectively. Those with no correlation and an average
427 \log_2 PTR above the stationary threshold were constrained to be in mid-log phase or in
428 acceleration/deceleration phase (i.e., if there was a false negative due to lack of statistical
429 power in detecting a positive or negative slope). Linear regression was also used to test
430 whether or not average CLR-normalized abundances and average \log_2 PTRs were significantly

431 associated within each donor, and p-values from individual tests were combined using Fisher's
432 method ⁷⁵.

433

434 **Stochastic logistic growth model simulation**

435 The stochastic logistic growth equation (sLGE) was implemented as: $\frac{dx_i}{dt} = rx_i(t) \left(1 - \frac{x_i(t)}{K}\right) +$
436 $\sigma x_i(t)\omega(t)$, where t is time, r is the growth rate, x_i is the abundance of taxon i , K is the carrying
437 capacity, σ is the noise magnitude term, and $\omega(t)$ is the noise distribution term. Using the R
438 package `sde` ⁷⁶, taxonomic growth was simulated with $x_{i,0} = 1$, $t_0 = 1$ to $t_{final} = 100$, for 100
439 iterations. The other parameters were varied as described in the results and below. To
440 investigate the impact of noise on sLGE trajectories, noise levels were set from 0.001 to 1, with
441 r and K ranging from 1 to 3 and 10 to 1000, respectively. To investigate the statistical
442 relationships between deltas and abundances across growth phases and across model
443 parameterizations, Pearson's R coefficients and p-values were calculated for each of the three
444 growth phase categories. The growth phases for each model parameterization were defined
445 using the non-stochastic logistic growth equation (LGE): $\frac{dx_i}{dt} = rx_i(t) \left(1 - \frac{x_i(t)}{K}\right)$, the solution for
446 which can be written as $x_i = \frac{x_{i,0}Ke^{rt}}{(K-x_{i,0})+x_{i,0}e^{rt}}$.

447 The x_i values for each simulated time point from solving the LGE were used to calculate
448 the first derivative (i.e., the growth rate), which is exactly equal to the LGE. The second
449 derivative (i.e., growth acceleration), $\frac{d^2x_i}{dt^2} = K^2x_i \left(1 - \frac{x_i}{K}\right) \left(1 - \left(\frac{2x_i}{K}\right)\right)$, was calculated using
450 solved x_i values. Growth phases from the sLGE were defined using the second derivative
451 curves. First, the intersections of the acceleration curve and the half-max, a_1 and a_2 , and the
452 half-min, a_3 and a_4 , were calculated (**Fig. S3**). The corresponding simulated time points of a_j ,
453 denoted as s_j , where $j = 1 - 4$, were then used to define growth phases as follows: lag
454 phase: $t < s_1$; acceleration phase: $s_1 < t < s_2$; log phase: $s_2 < t < s_3$; deceleration phase: $s_3 <$

455 $t < s_4$; and stationary phase: $t > s_4$. Here, lag and acceleration phases were combined, as these
456 phases display similar delta-abundance relationships along the logistic growth curve.

457 Conceptual diagrams were created using BioRender.

458 Death or dilution terms were not explicitly added to the simulated sLGE models. Here,
459 we discuss how death or dilution rates are equivalent to changing the carrying capacity term,
460 which has no impact on our growth phase inferences. Analytically, a decrease in abundance at
461 a given time can be represented as a fraction of the current abundance subtracted from the

462 LGE: $\frac{dx_i}{dt} = rx_i(t) \left(1 - \frac{x_i(t)}{K}\right) - Hx_i(t)$. Here, H is the “harvest rate”, which determines the

463 proportional decrease in each timepoint in the equation. At steady state, $rx_i^*(t) \left(1 -$

464 $\frac{x_i^*(t)}{K}\right) - Hx_i^*(t) = 0$, where $x_i^*(t)$ represents the fixed point. Two equilibria exists in

465 this equation: $x_i^*(t) = 0$ and $x_i^*(t) = K\left(1 - \frac{H}{r}\right)$, with the latter being asymptotically

466 stable. As H increases, the stable population size $x_i^*(t)$ decreases due to the proportional

467 decrease in K . As long as H does not exceed the intrinsic growth rate of gut microbes, which is

468 expected for highly abundant and stably colonized taxa, the resulting K becomes the new stable

469 K . To show that variation in k does not impact the relationship between growth rate and

470 abundance, we simulated the LGE with stochastically varying K by adding the stochastic term,

471 i.e. $\sigma k_i(t)\omega(t)$, to $k_i(t)$ (**Fig. S4**). In base R, simulation was performed for 100 iterations with

472 the same noise levels ($\sigma = 0.1$) as the representative sLGE simulations with stochastic x . Major

473 growth phases were defined the same way as sLGE simulations with stochastic x .

474

475 **Data and code availability**

476 Nextflow pipelines implementing the processing of metagenomic shotgun sequencing data from

477 raw reads to taxonomic abundance matrices and PTR estimates can be found at

478 <https://github.com/Gibbons-Lab/pipelines/> (metagenomics pipelines). These DNA datasets are

479 publicly available from the National Center for Biotechnology (NCBI) Sequence Read Archive
480 (SRA), accession code PRJNA942341. Scripts used to analyze the data, run the sLGE
481 simulations, and produce the figures in the manuscript have been deposited at
482 <https://github.com/Gibbons-Lab/human-microbiome-time-series-growth-phase-estimation>.

483

484 **Acknowledgements**

485 We would like to thank Shijie Zhao for suggesting that we investigate PTR-abundance
486 relationships in the BIO-ML data set. Thanks to Pamela Troisch for help with DNA library
487 preparation for the *in vitro* experiment. We would also like to thank Nitin Baliga, Amy Willis, Julia
488 Cui, and the members of the Gibbons Lab for helpful discussions of this work. SMG and CD
489 were supported by a Washington Research Foundation Distinguished Investigator Award and
490 by startup funds from the Institute for Systems Biology. JL was supported by the Environmental
491 Pathology/Toxicology training grant (ES007032). Research reported in this publication was
492 supported by the National Institute of Diabetes and Digestive and Kidney Diseases of the
493 National Institutes of Health (NIH) under award number R01DK133468 (to SMG).

494

495 **Conflict of Interest Statement**

496 The authors report no conflicts of interest.

497

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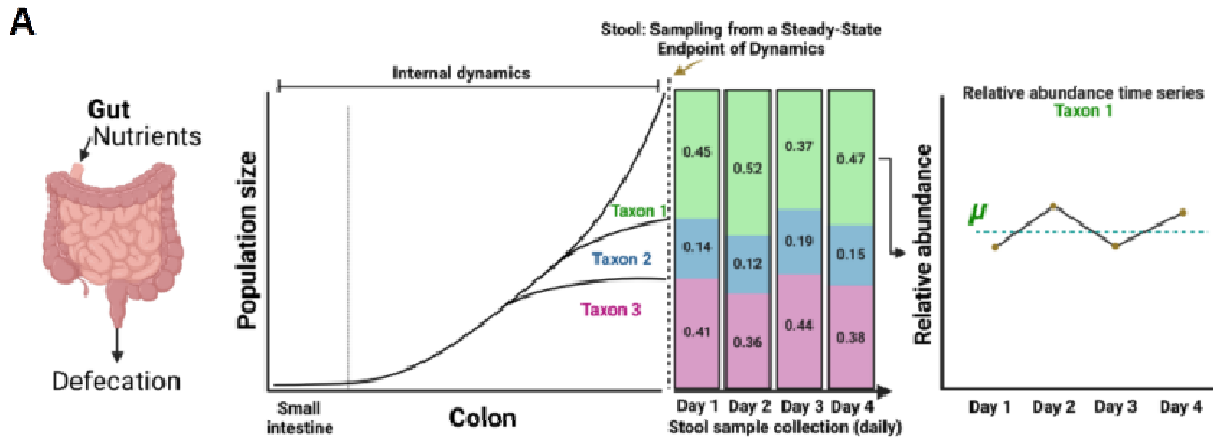
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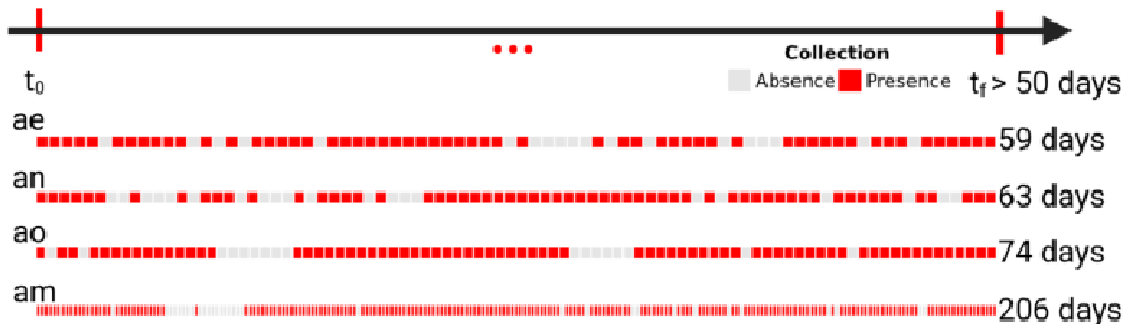
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660

661 **FIGURE LEGENDS**

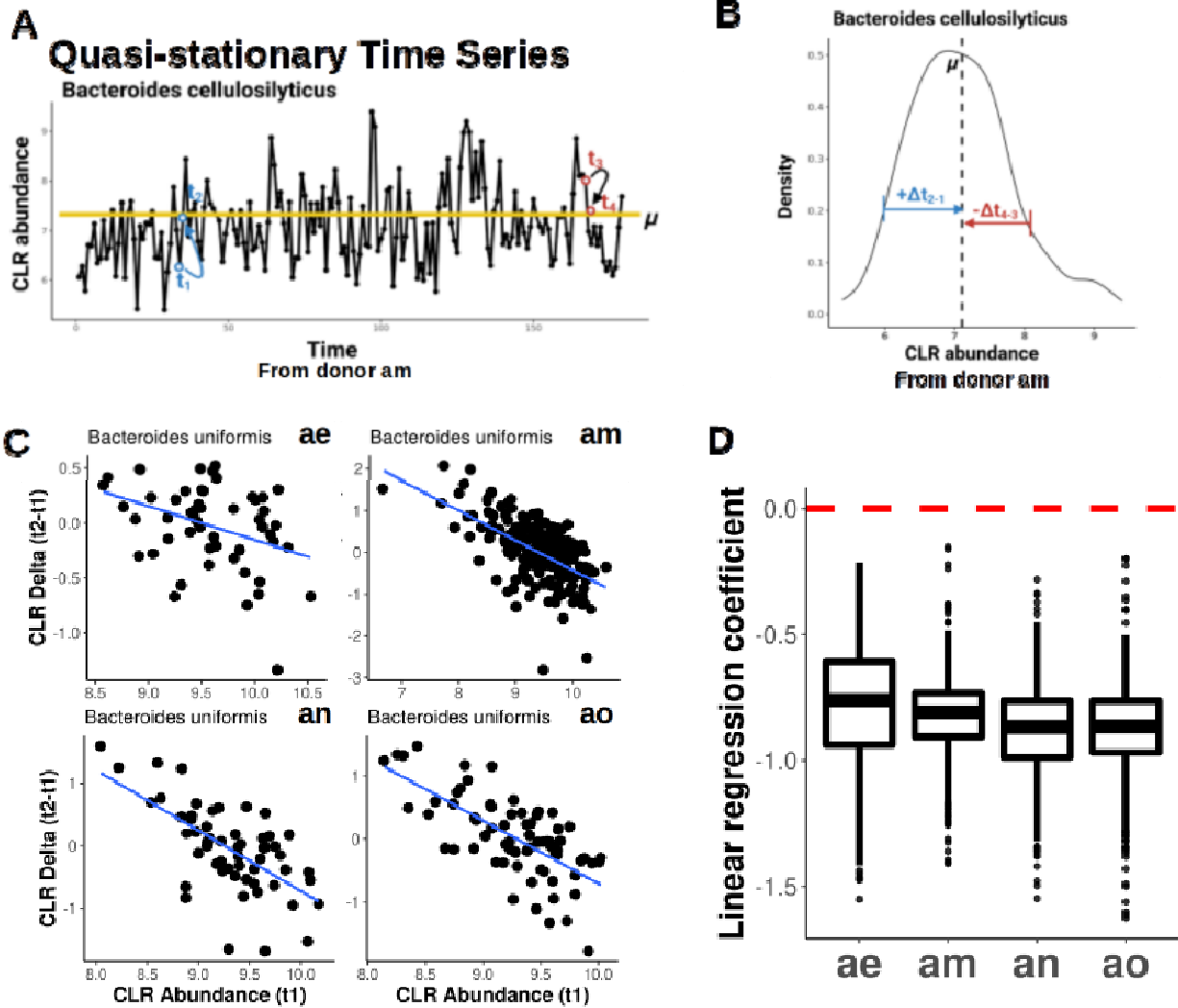


B **4 healthy human donors longitudinal fecal microbiome collection**



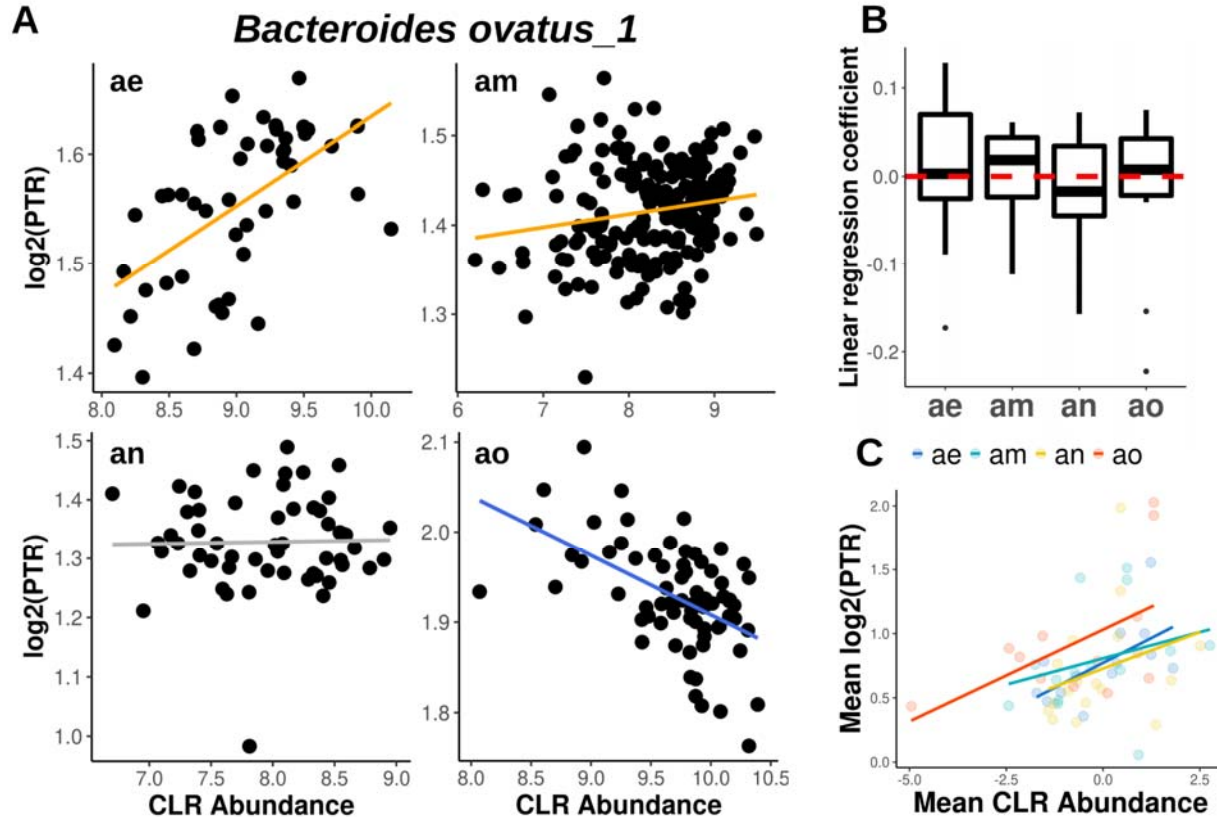
662

663 **Figure 1. Conceptual figure showing two flow-through microbial ecosystems: a**
 664 **bioreactor and a human gut. A.** Both bioreactors and guts are continuous flow-through
 665 systems. Prior to reaching the measured abundances in stool, taxa grow in the large intestine
 666 with varying growth rates, carrying capacities, and steady-state population sizes, which may be
 667 in different growth phases at the time of measurement. For example, see dynamics for Taxa 1-
 668 3. Daily stool collections show variation in abundances, but this variation likely does not reflect
 669 internal growth dynamics in the gut. **B.** Healthy BIO-ML stool donors (subject IDs: ae, am, an,
 670 and ao) with samples collected 3-5 days per week for a total of >50 time points. Red indicates
 671 presence of shotgun metagenomic sequencing data and gray represents absence of
 672 metagenomic data from consecutive daily time points.

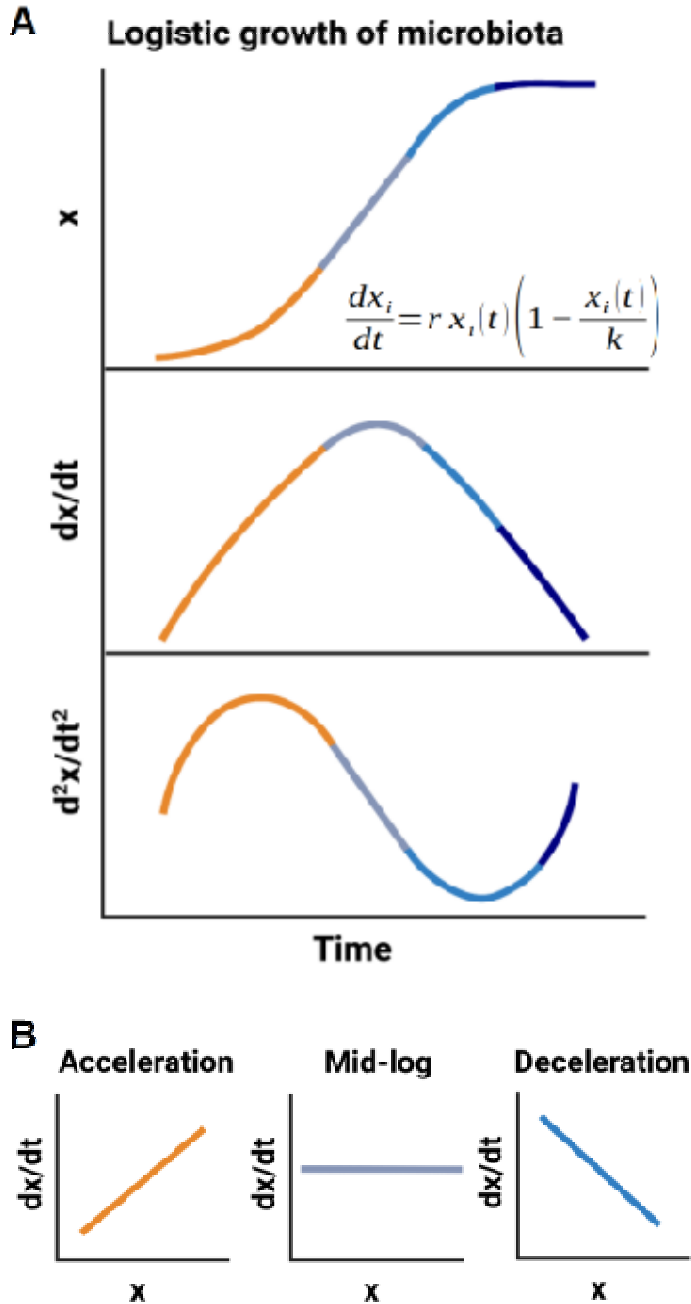


673

674 **Figure 2. Regression-to-the-mean effect in human microbial time series data.** A. Yellow
675 line represents the mean abundance (μ) of *Bacteroides cellulosilyticus* over time in donor am.
676 Time points t_1 and t_3 indicate fluctuations below and above the mean abundance, and t_2 and t_4
677 show the return to the mean abundance. B. Distribution of time series delta values (e.g., t_2-t_1)
678 for *Bacteroides cellulosilyticus* in donor am, which is approximately normally distributed. C.
679 Delta vs. abundance for *Bacteroides uniformis* time series from donors ae, am, an, and ao. D.
680 Boxplots (showing median and interquartile range) of linear regression coefficients for deltas vs.
681 abundances across all taxa time series in all four donors. Red line indicates a regression
682 coefficient of 0.

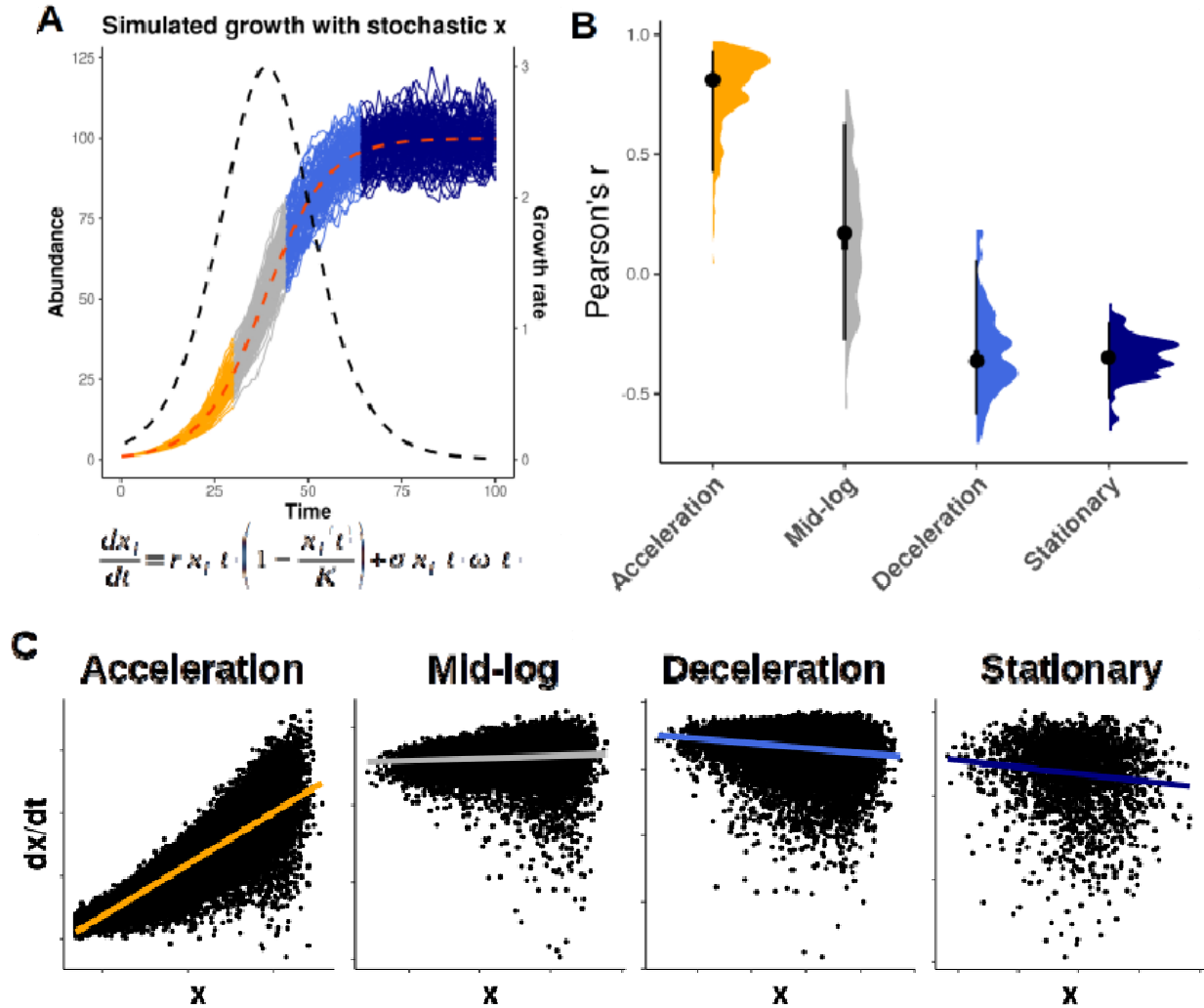


683
684 **Figure 3. Variable relationships between PTRs and CLR-normalized abundances across**
685 **human gut microbial time series.** The ratio of sequencing coverage near the replication origin
686 to the replication terminus for each species (i.e. peak-to-trough ratio, or PTR), was calculated
687 using COPTR. **A.** Log₂(PTR) and CLR-normalized abundance relationships for donors ae, am,
688 an, and ao. Orange and blue lines show significantly positive and negative linear regression
689 coefficients (linear regression, FDR adjusted *p*-value < 0.05), respectively. Gray lines indicate
690 no statistically significant association. **B.** Boxplots (showing median and interquartile range) of
691 linear regression coefficient combined for all filtered taxa for each donor. **C.** Mean log₂(PTR)
692 and mean CLR-normalized abundance for all abundant taxa in each donor (*p*-values for
693 regressions run within each donor were combined using Fisher's method; combined *p*-value =
694 0.005). PTR was calculated.



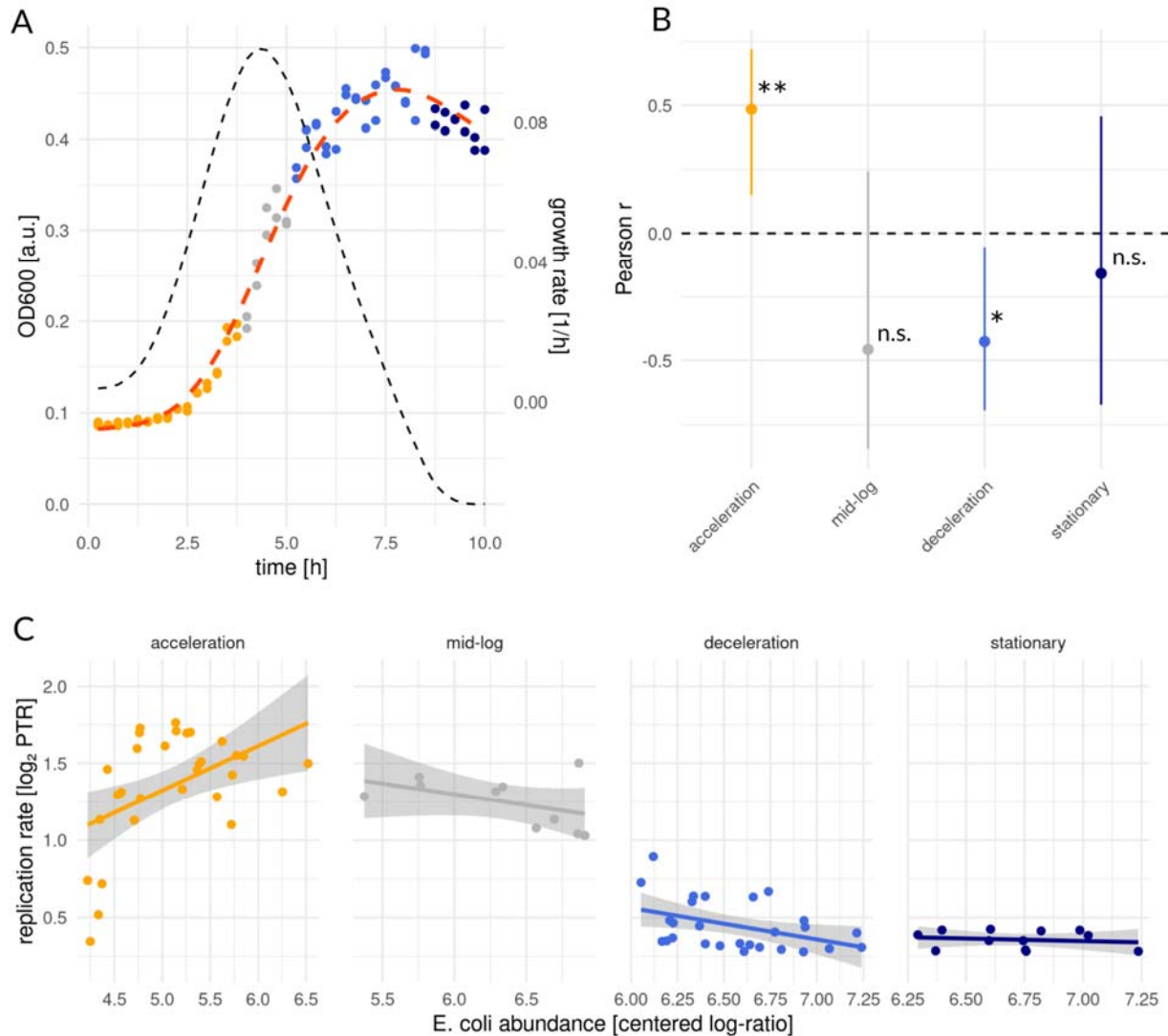
695

696 **Figure 4. Diagram of the logistic growth equation.** **A.** The logistic growth curve models
697 abundance (x) with respect to time (top panel). Orange, grey, blue, and navy describes
698 acceleration, mid-log, deceleration, and stationary phases, respectively. The first derivative of
699 the logistic growth curve models the growth rate with respect to time (middle panel). The second
700 derivative of the logistic growth curve models growth rate acceleration with respect to time
701 (bottom panel). **B.** Expected relationships between abundance and growth rate at different
702 locations along the logistic growth curve.



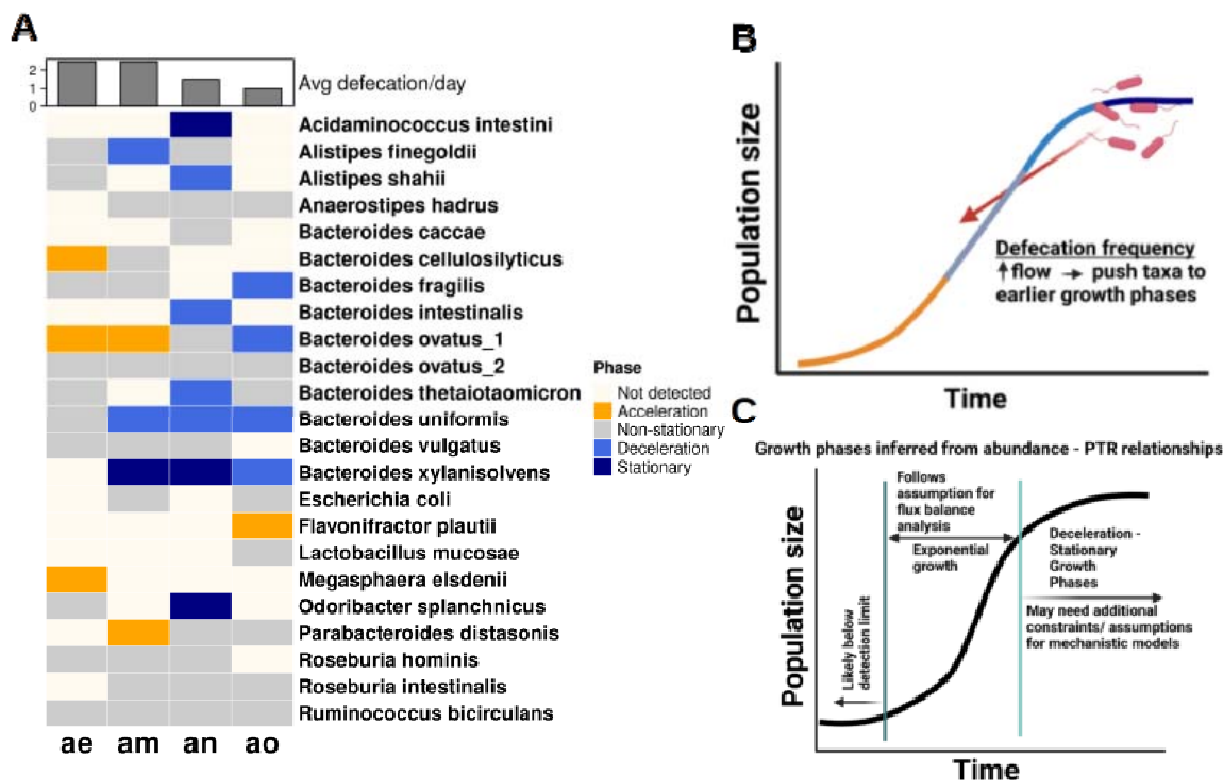
703
 704 **Figure 5. Distinguishing growth phases using the stochastic logistic growth model. A.**
 705 Stochastic logistic growth curves with growth rate ($r = 1.2$, carrying capacity ($k = 100$, and
 706 noise level ($n = 0.1$) across 100 iterations. Major growth phase groups in orange (acceleration),
 707 gray (mid-log), blue (deceleration), and navy (stationary). **B.** Pearson r values between
 708 abundances and growth rates in each of the four growth phase windows across variable model
 709 parameterizations ($r = 1-3$, $k = 10-1000$) and a fixed noise level ($\sigma = 0.1$). **C.** Scatter plots in log
 710 scale showing relationships between abundance and growth rate across the four growth phase
 711 regions defined in panel A.

712



713

714 **Figure 6. Relationship between growth rate and abundance in major growth phases in *E.***
715 ***coli* populations. A.** Growth curve of *E. coli* (MG1655) using OD measurements. Colors
716 describe major growth phases. Dotted black and red lines show the growth rate derived from
717 OD measurements and mean growth trajectory, respectively. **B.** Pearson r values between
718 abundance and growth rate in each of the four growth phase windows. Asterisks show statistical
719 significance. **: $p < 0.01$, *: $p < 0.05$, n.s.: not significant. **C.** Scatter plots in log scale showing
720 relationships between abundance and replication rate (\log_2 PTR) across the four growth phase
721 regions defined in panel A.



722
 723 **Figure 7. *in vivo* growth phase estimation.** **A.** We find variable relationships between
 724 \log_2 PTRs and population abundances across taxa in each of the four donors, consistent with
 725 the growth phase patterns observed in sLGE simulations. Donors with higher defecation rates
 726 tended to have a larger fraction taxa with positive \log_2 PTR-abundance associations and fewer
 727 with negative associations, indicating acceleration and deceleration-stationary phases,
 728 respectively. Taxa in stationary phase were classified using an empirical threshold (average
 729 \log_2 PTR < 0.358). Non-stationary taxa (i.e., above the stationary phase threshold, but lacking a
 730 significant correlation between \log_2 PTRs and abundances) are likely in mid-log phase, but these
 731 taxa could also be in acceleration/deceleration phases (i.e., underpowered to detect the
 732 correlation). **B.** We suggest that higher defecation rates (i.e., higher dilution rates) push
 733 bacterial populations towards earlier growth phases, which is consistent with our results in panel
 734 **A.** **C.** Growth phase estimates can be leveraged to identify taxa that are more-or-less amenable
 735 to metabolic modeling techniques, such as Flux Balance Analysis, which assumes exponential
 736 growth.

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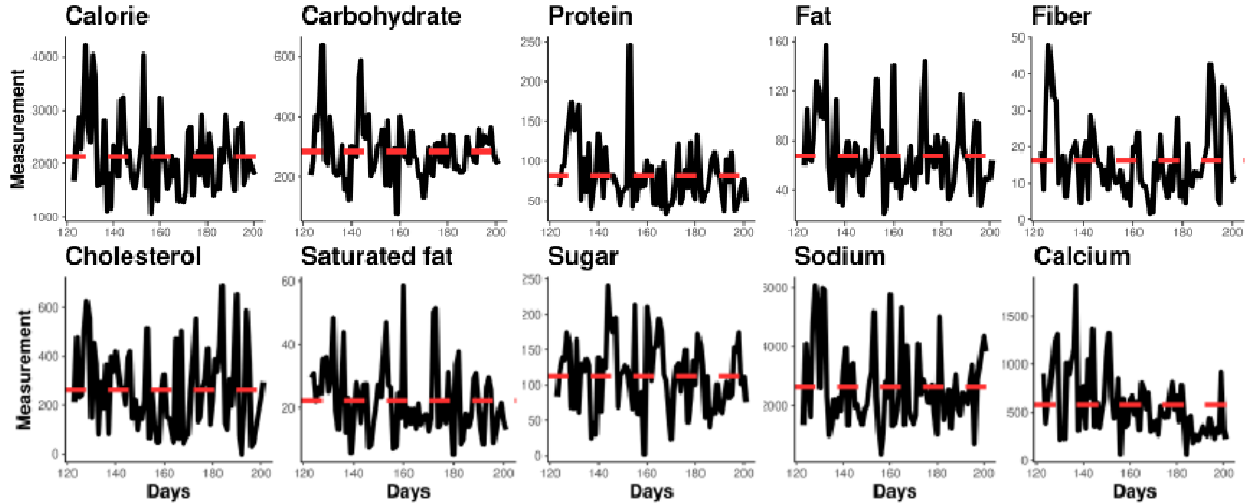
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742 **Supplemental Figures**



743 **Figure S1. Lack of autocorrelation detected in most daily macronutrient intake.** Daily
744 measurements of nutrient intake were downloaded from David et al. ⁴⁸. Post-travel time points
745 are shown. Autocorrelation was tested using the augmented Dickey-Fuller test (i.e., $p < 0.1$
746 indicates significant stationarity of a dietary variable). For each nutrient, p-values are reported
747 for the recordings post-travel period of the subject. Calorie ($p = 0.0341$), carbohydrate ($p =$
748 0.0144), protein ($p = 0.0314$), fat ($p = 0.0172$), fiber ($p = 0.0369$), cholesterol ($p = 0.0534$),
749 saturated fat ($p < 0.01$), sugar ($p = 0.0123$), sodium ($p = 0.0341$), calcium ($p < 0.01$). Dotted red
750 lines show the mean measurement values.
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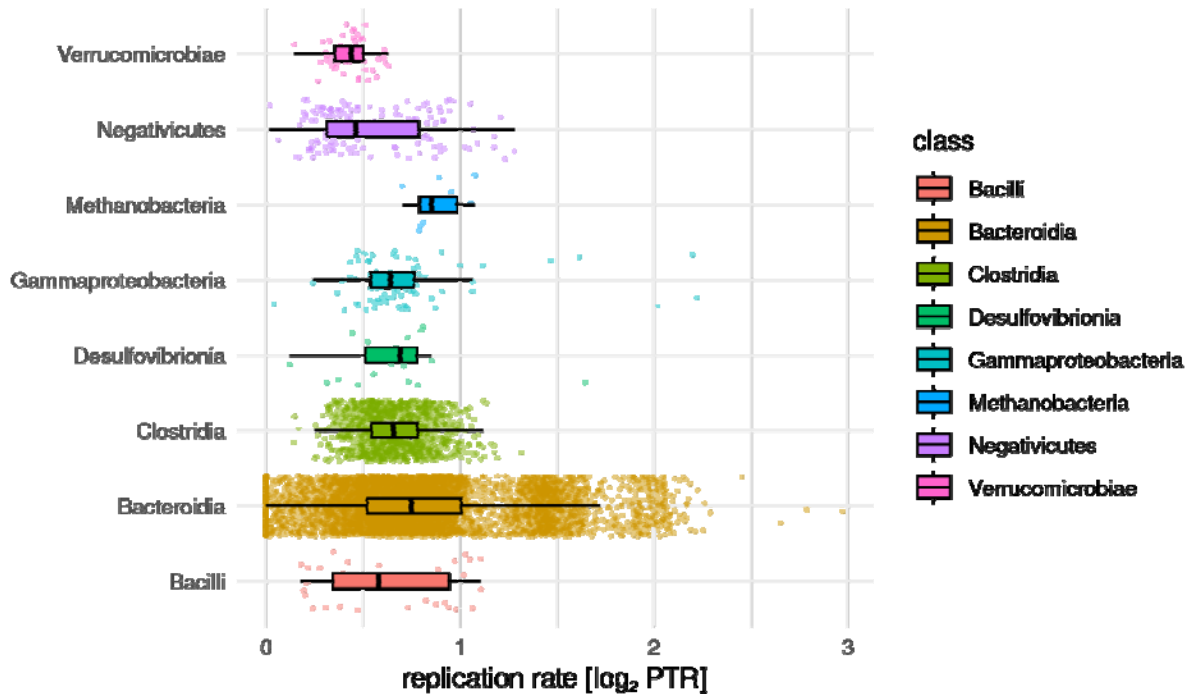
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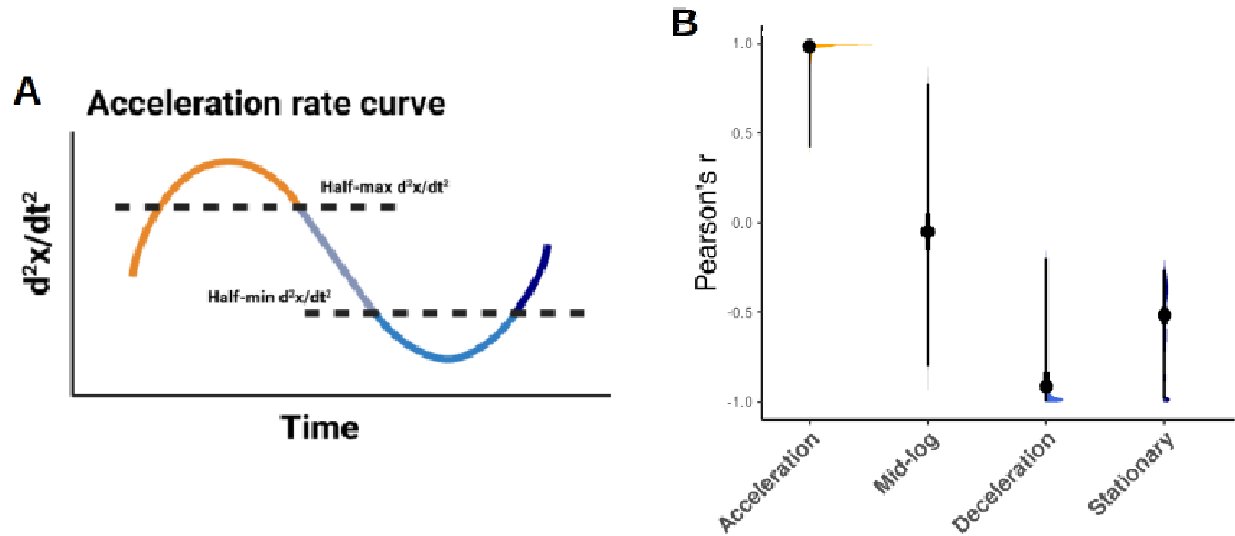
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Figure S2. Distributions of log₂PTR values across 84 BIO-ML donors, broken down by phylogenetic class. We see a fairly wide range of log₂PTRs within each taxonomic class. The median log₂PTR across classes varies between ~0.45 and ~0.75. In a linear regression model, controlling from taxonomic group as a covariate, we see a significant positive association between log₂PTRs and CLR abundances at the class-level ($\beta = 0.0612$, $p = 8.359e^{-60}$). This positive taxonomy-controlled association is preserved at the species-level ($\beta = 0.0101$, $p = 0.0006$).

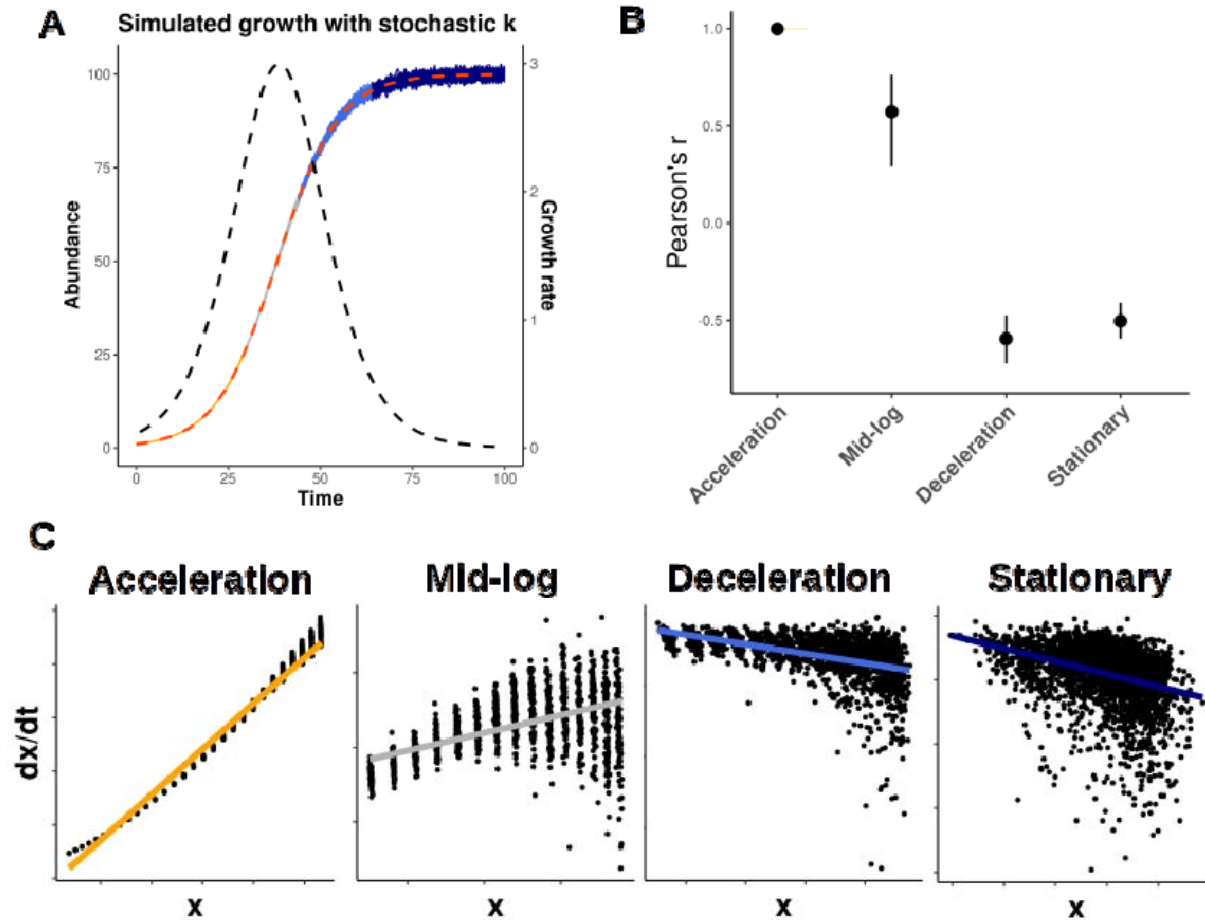


778

779 **Figure S3. Definition of major growth phases using the stochastic logistic growth model.**

780 **A.** The half-maximum of the peak and half-minimum of the trough of the second derivative of
781 abundance were used to define growth phases across model parameterizations. **B.** Pearson r
782 values between abundances and growth rates in the three growth phase categories obtained
783 from combined sLGE simulation results across a range of growth rates ($r = 1-3$), carrying
784 capacities ($k = 10-1000$), and noise levels ($n = 0.001-1$).

785



786

787

788 **Figure S4. Relationship between growth rate and abundance across the major growth**

789 **phases, simulated using the logistic growth model with stochastically varying carrying**

790 **capacities. A.** Stochastic logistic growth curves with growth rate ($r = 1.2$, carrying capacity (k)

791 $= 100$, and noise level ($n = 0.1$) applied to k across 100 iterations. Major growth phase groups in

792 orange (acceleration), gray (mid-log), blue (deceleration), and navy (stationary). **B.** Pearson r

793 values between abundances and growth rates in each of the four growth phase windows across

794 variable model parameterizations ($r = 1-3$, $k = 10-1000$) and a fixed noise level ($n = 0.1$). **C.**

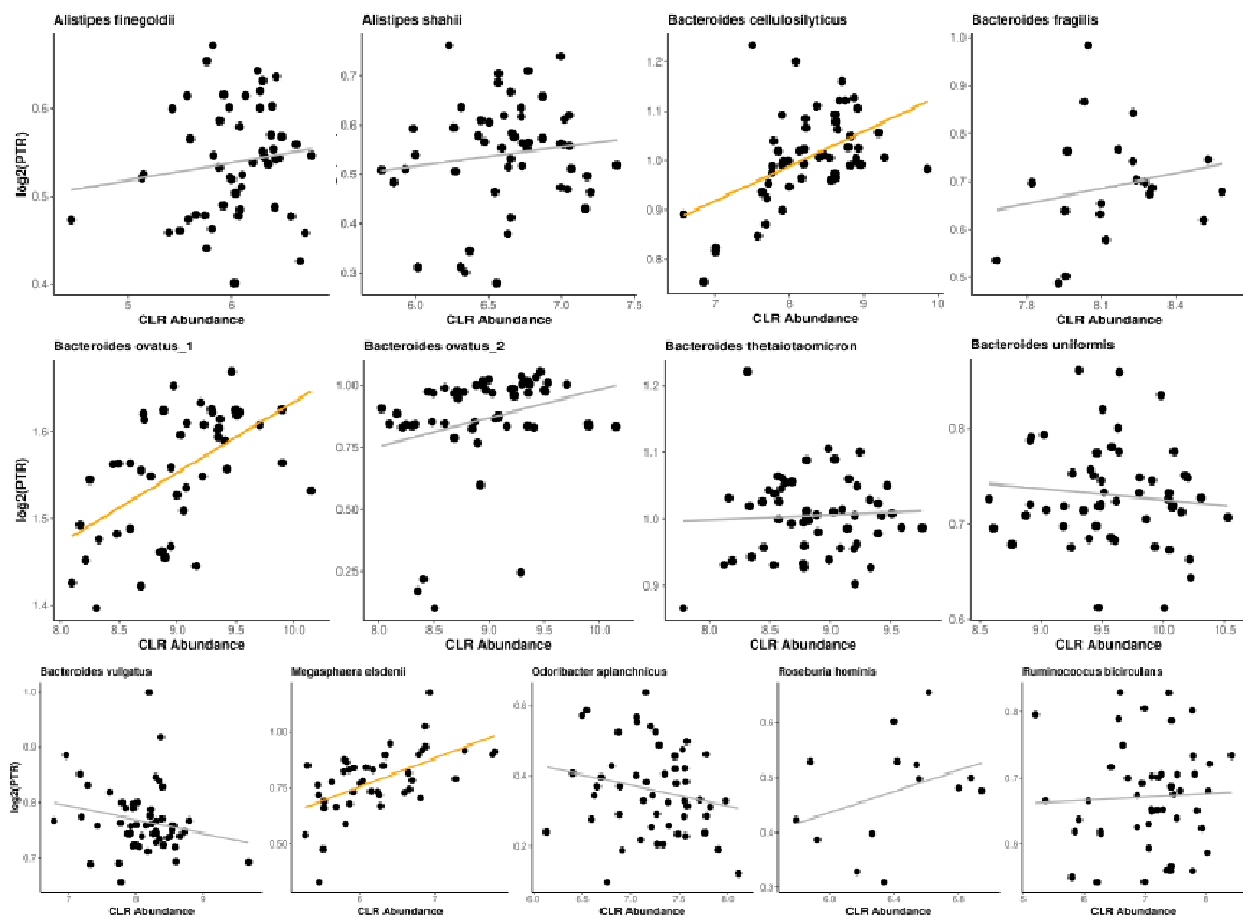
795 Scatter plots in log scale showing relationships between abundance and growth rate across the

four growth phase regions defined in panel A.

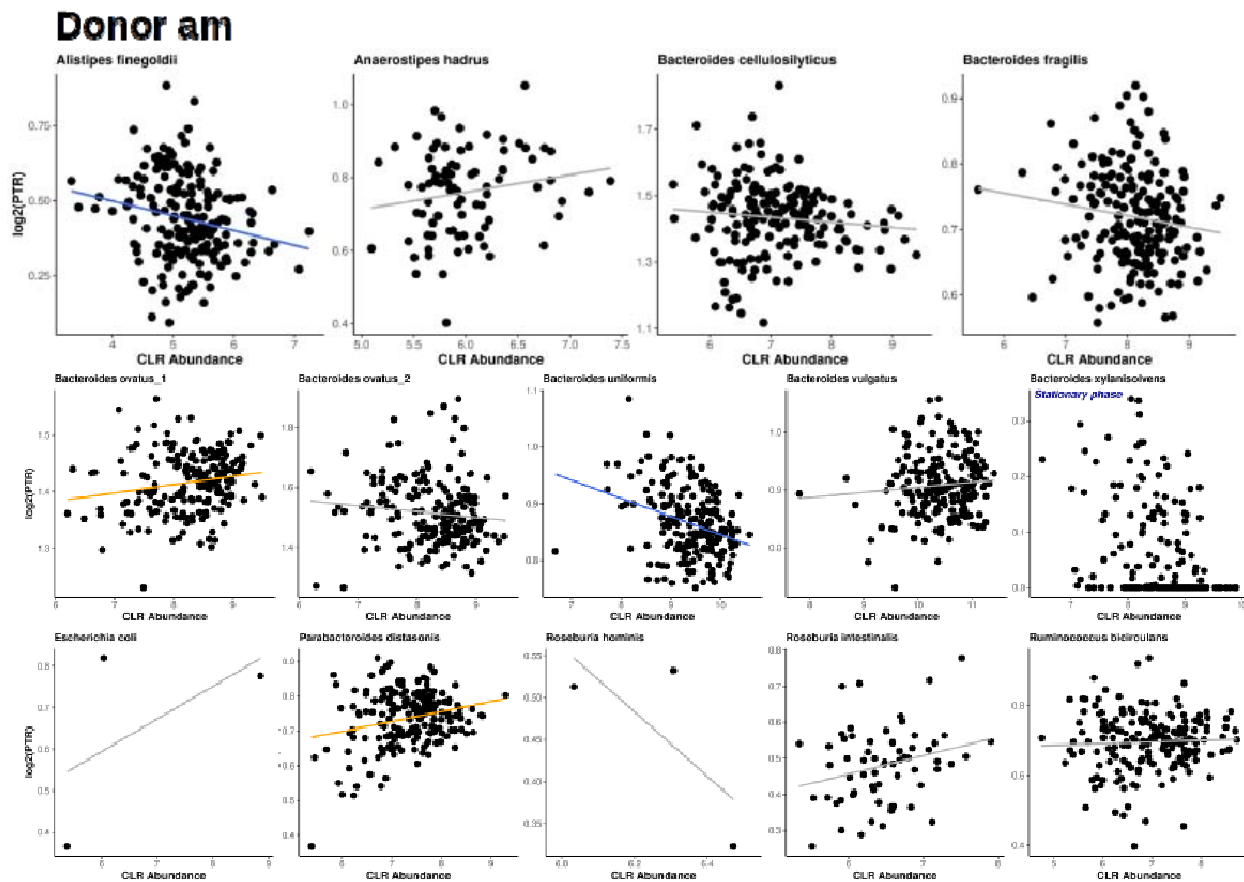
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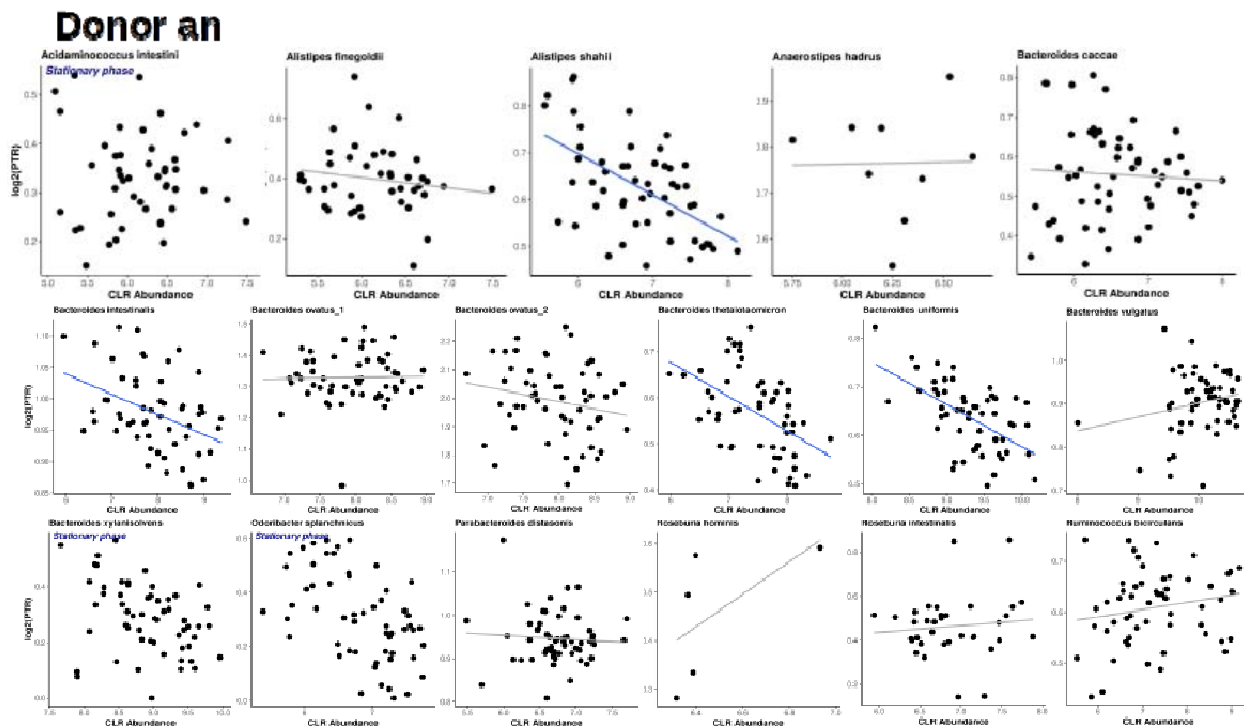
Donor ae



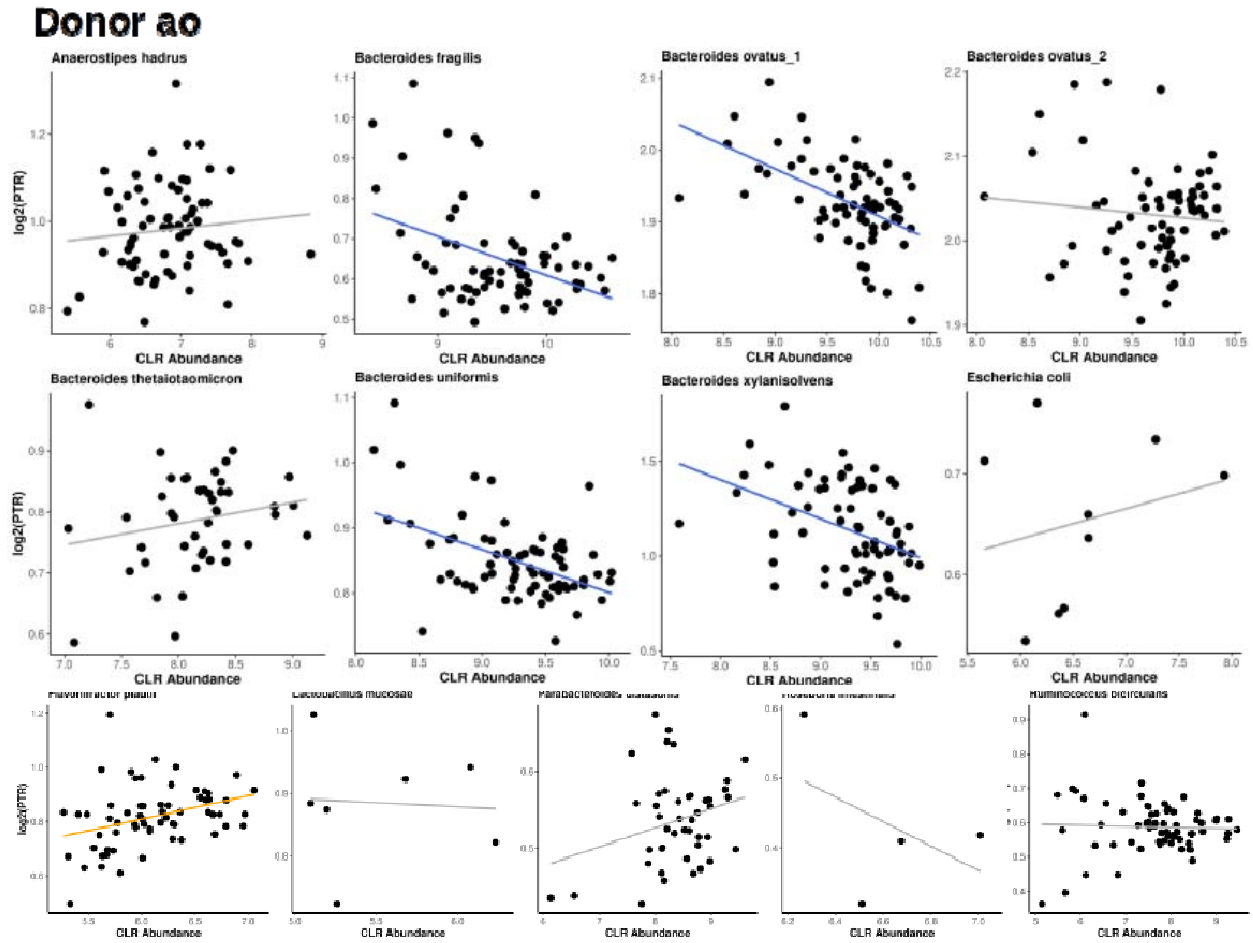
798
799 **Figure S5. Relationships between abundance and log₂(PTR) for abundant taxa in donor**
800 **ae.** Abundant taxa with relatively dense longitudinal PTR and abundance data (at least 5
801 matched data points; time differences between adjacent samples less than three days) were
802 selected for analysis. Gray trend lines show no significant correlations, orange trend lines
803 indicate significant positive correlations, and blue trend lines represent significant negative
804 correlations (linear regression, BH-FDR < 0.05).



805
806 **Figure S6. Relationships between abundance and log₂(PTR) for abundant taxa in donor**
807 **am.** Abundant taxa with relatively dense longitudinal PTR and abundance data (at least 5
808 matched data points; time differences between adjacent samples less than three days) were
809 selected for analysis. Gray trend lines show no significant correlations, orange trend lines
810 indicate significant positive correlations, and blue trend lines represent significant negative
811 correlations (linear regression, BH-FDR < 0.05).

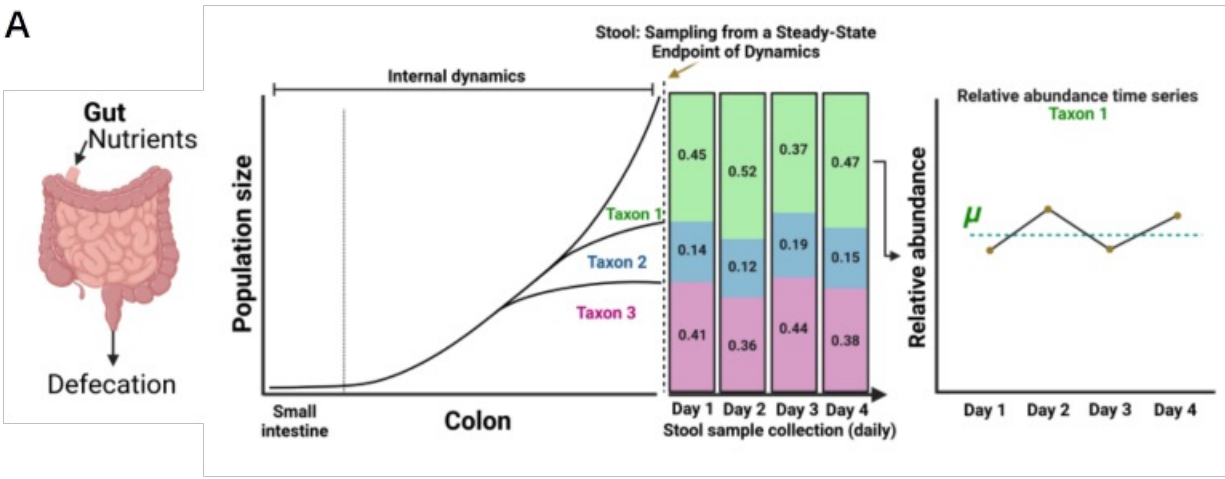


812
813 **Figure S7. Relationships between abundance and log₂(PTR) for abundant taxa in donor**
814 **an.** Abundant taxa with relatively dense longitudinal PTR and abundance data (at least 5
815 matched data points; time differences between adjacent samples less than three days) were
816 selected for analysis. Gray trend lines show no significant correlations, orange trend lines
817 indicate significant positive correlations, and blue trend lines represent significant negative
818 correlations (linear regression, BH-FDR < 0.05).



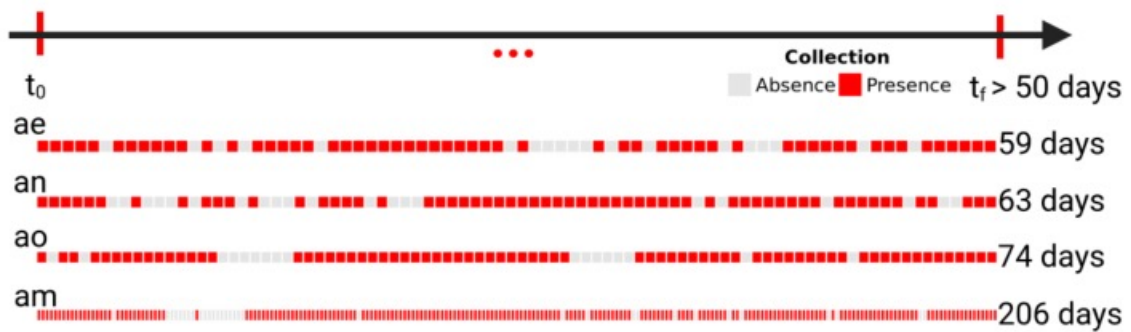
819
820 **Figure S8. Relationships between abundance and $\log_2(\text{PTR})$ for individual taxon in donor**
821 **ao.** Abundant taxa with relatively dense longitudinal PTR and abundance data (at least 5
822 matched data points; time differences between adjacent samples less than three days) were
823 selected for analysis. Gray trend lines show no significant correlations, orange trend lines
824 indicate significant positive correlations, and blue trend lines represent significant negative
825 correlations (linear regression, BH-FDR < 0.05).
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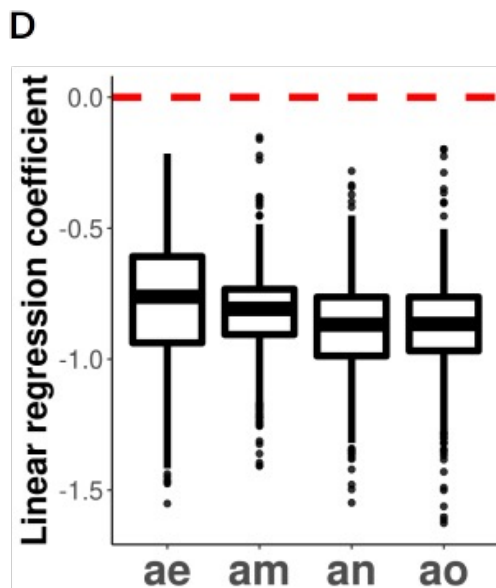
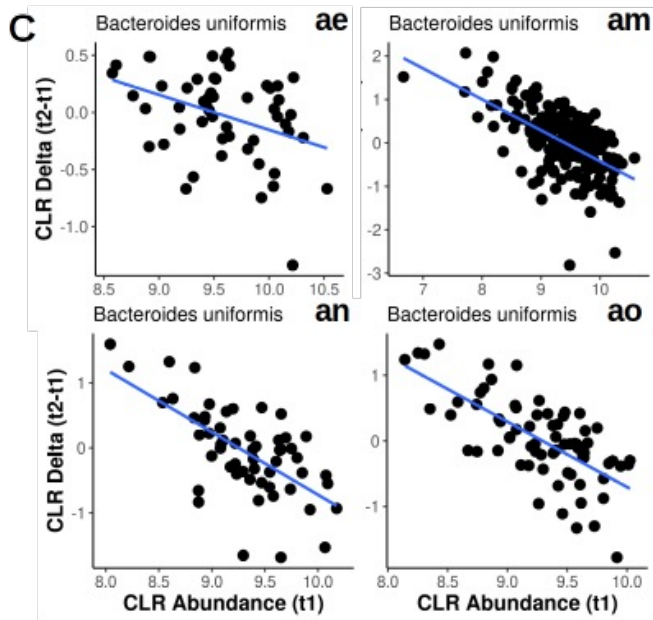
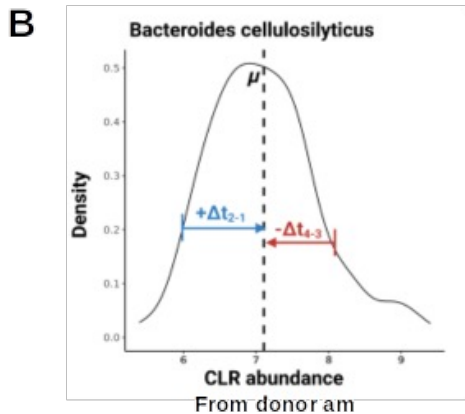
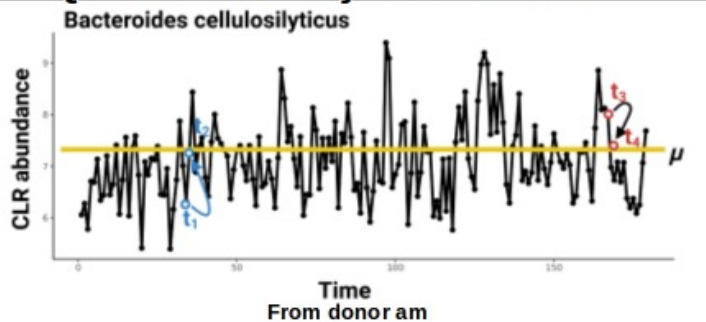


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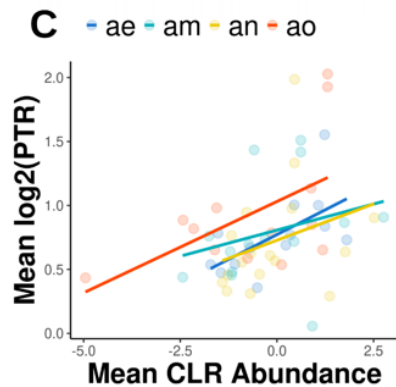
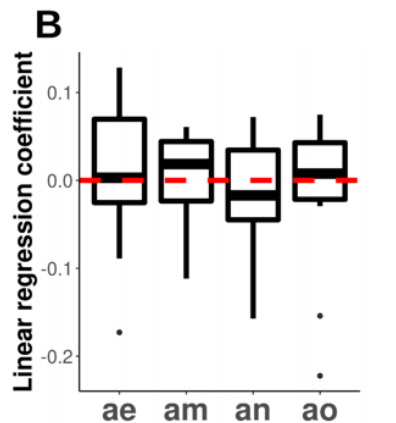
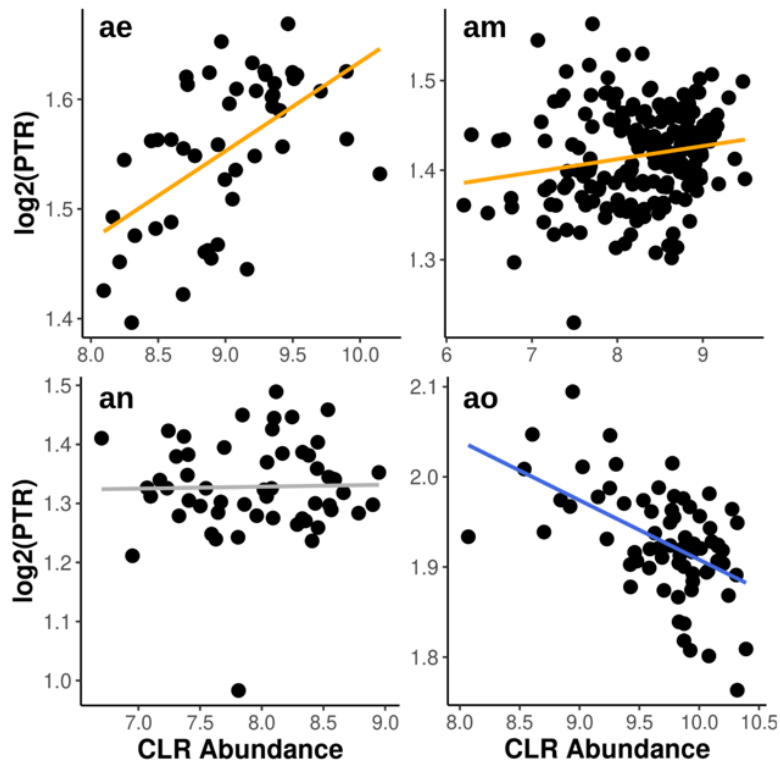
4 healthy human donors longitudinal fecal microbiome collection



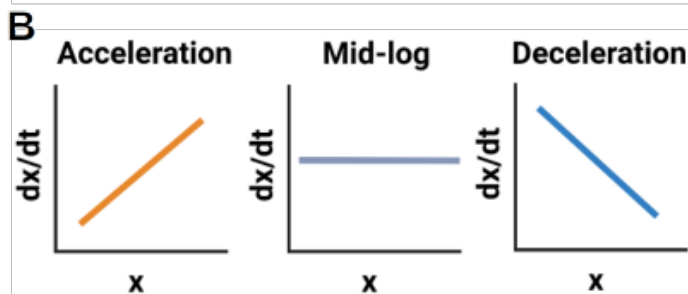
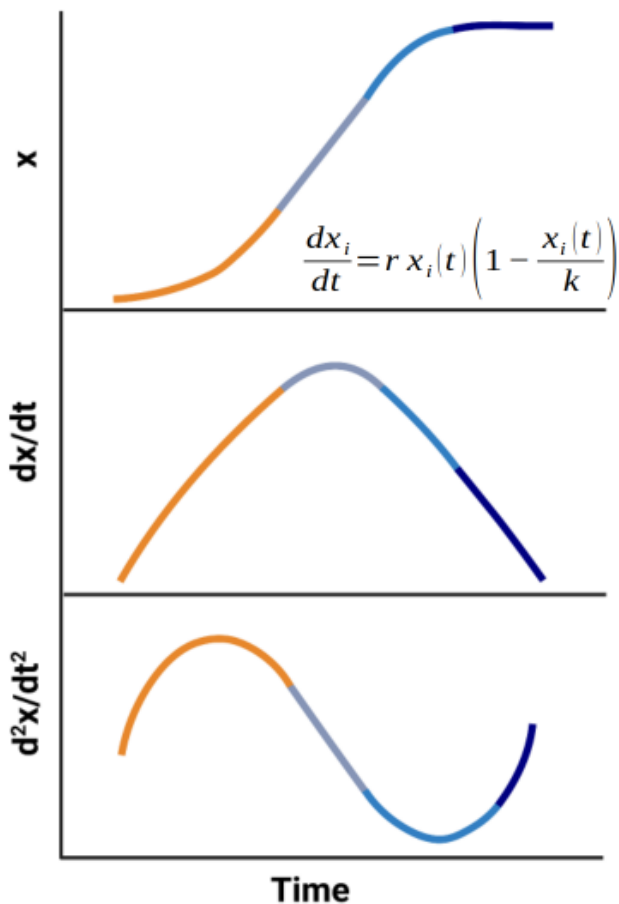
A Quasi-stationary Time Series

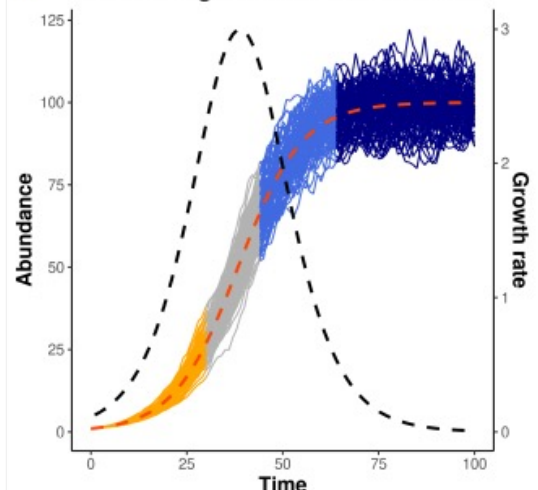


A *Bacteroides ovatus_1*

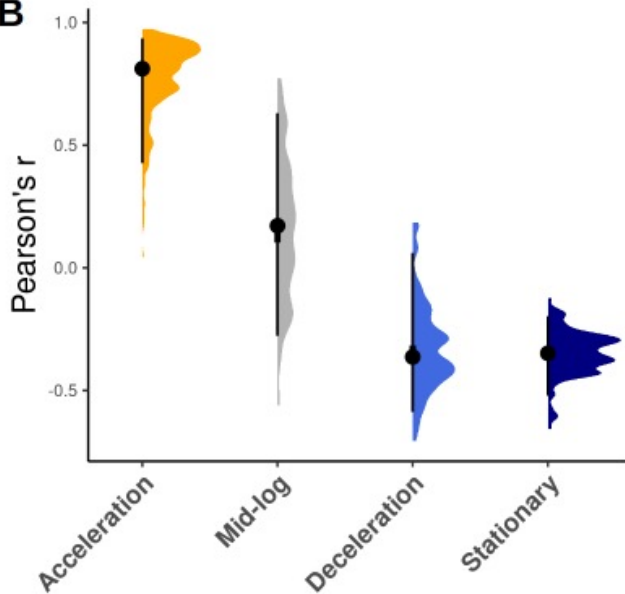


A Logistic growth of microbiota



A Simulated growth with stochastic x 

$$\frac{dx_i}{dt} = r x_i |t| \left(1 - \frac{x_i |t|}{K} \right) + \sigma x_i |t| \omega |t|$$

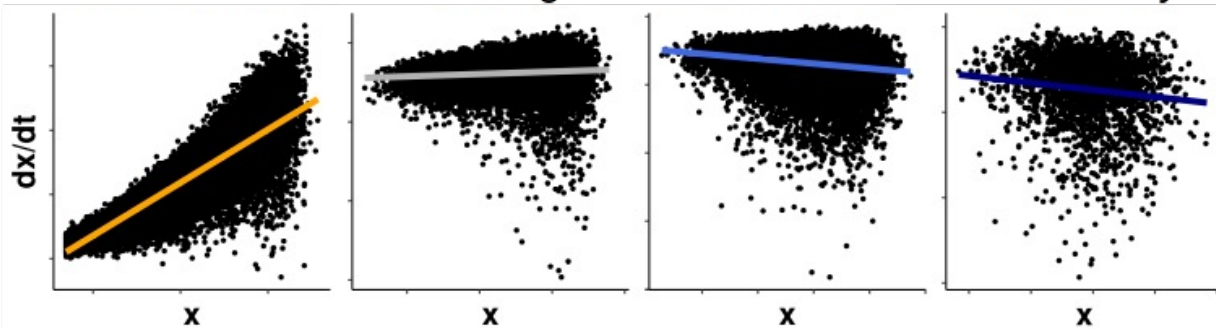
B**C**

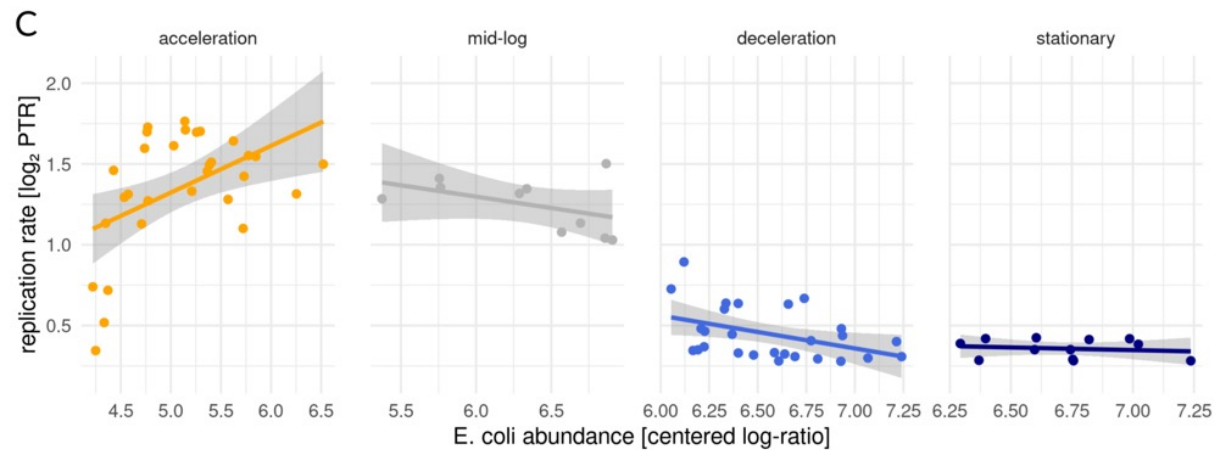
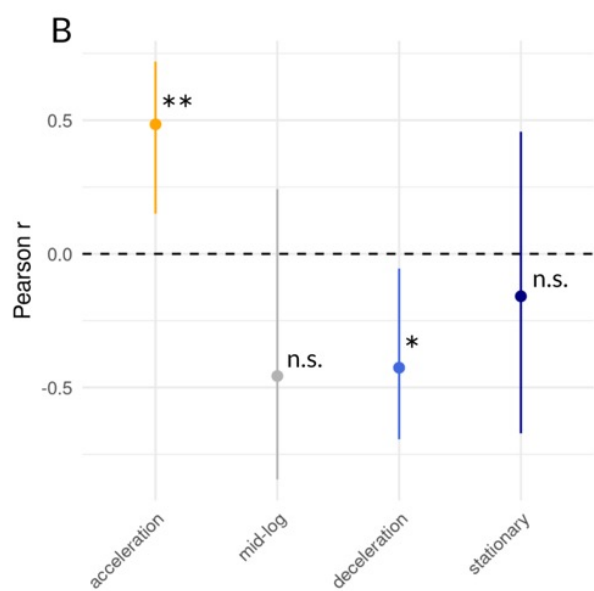
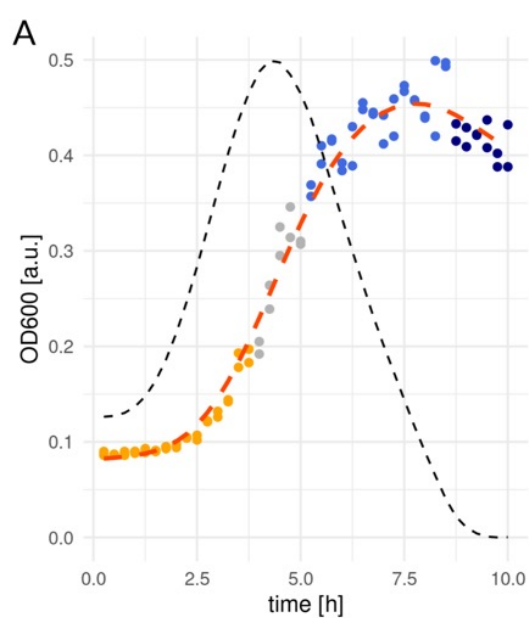
Acceleration

Mid-log

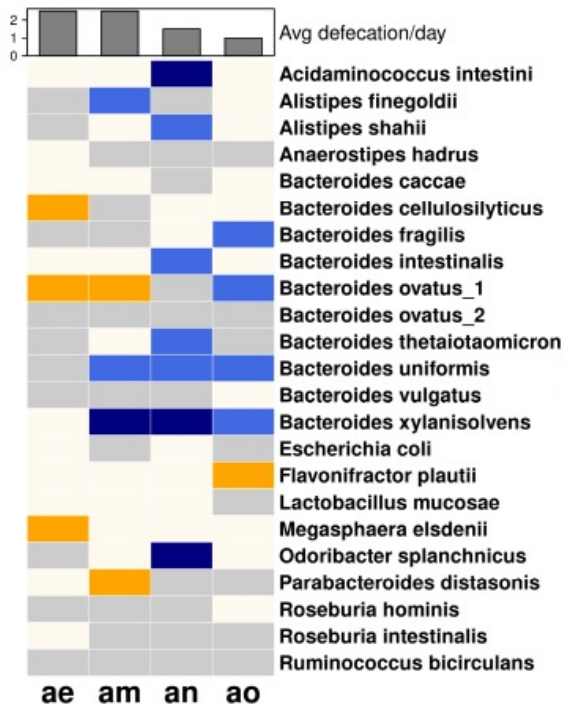
Deceleration

Stationary

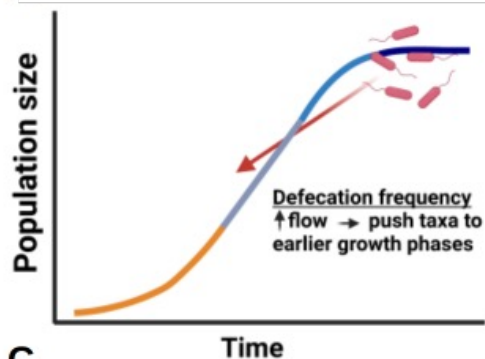




A



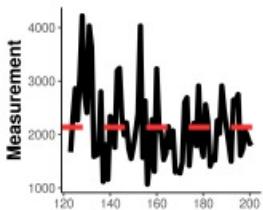
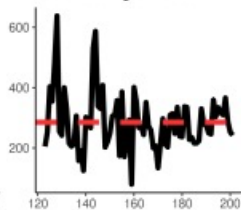
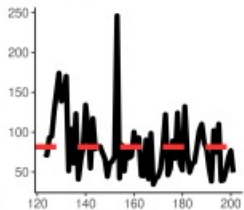
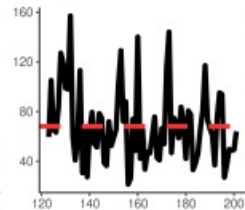
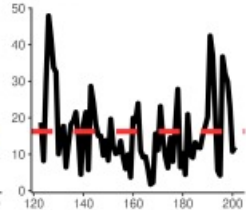
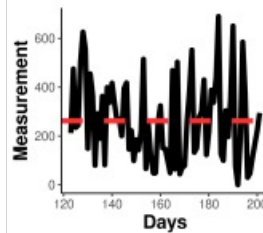
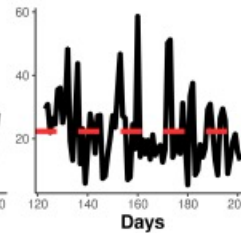
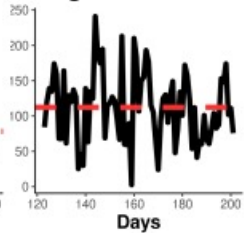
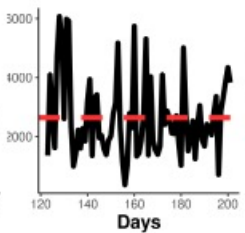
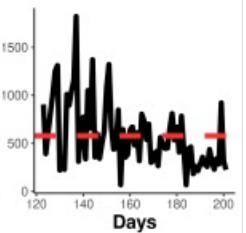
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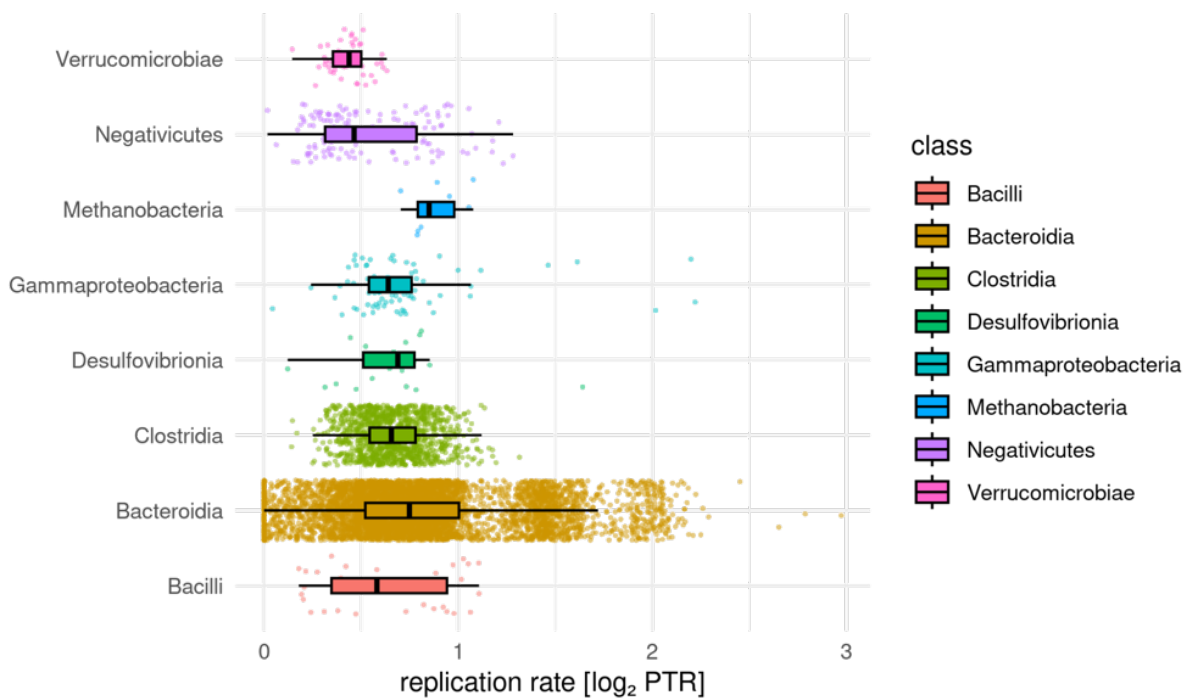


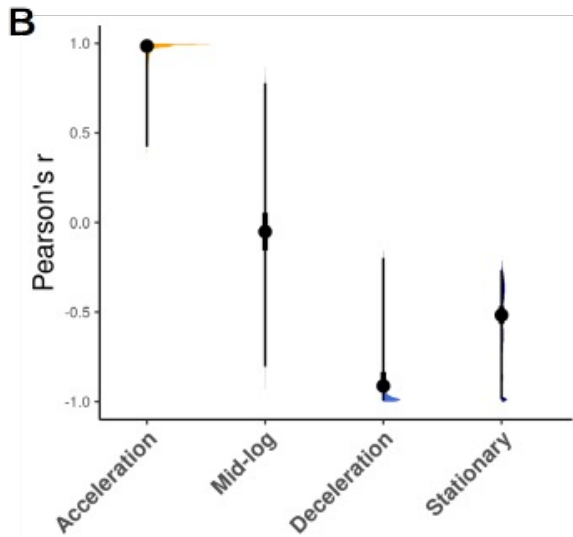
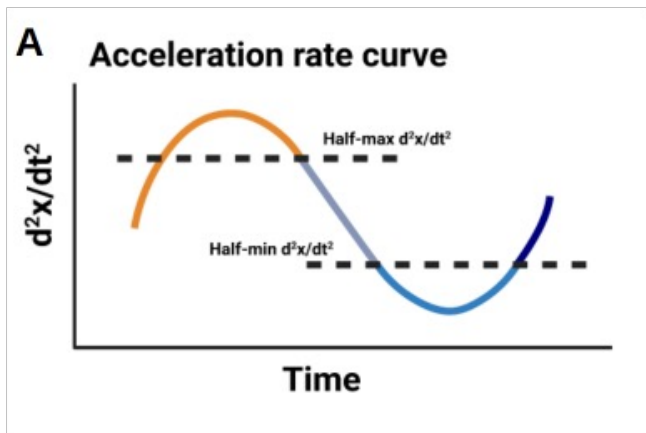
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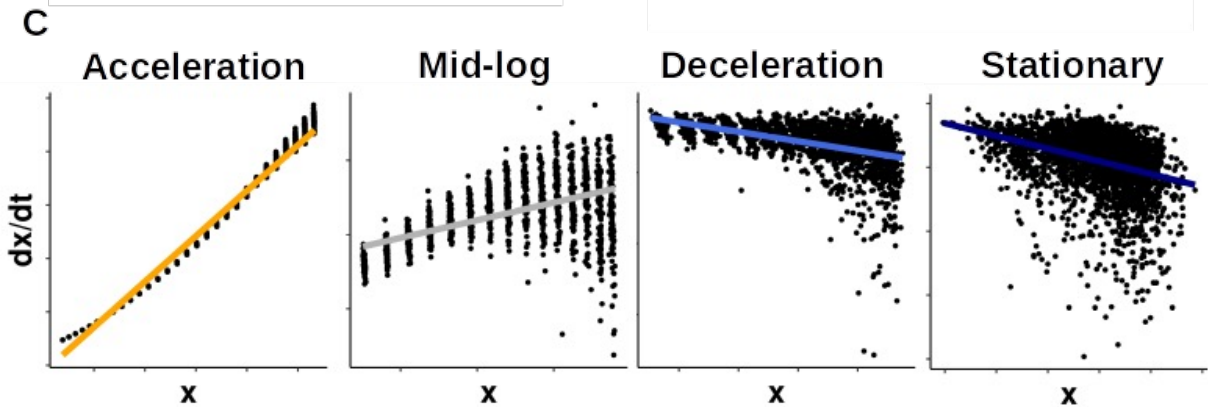
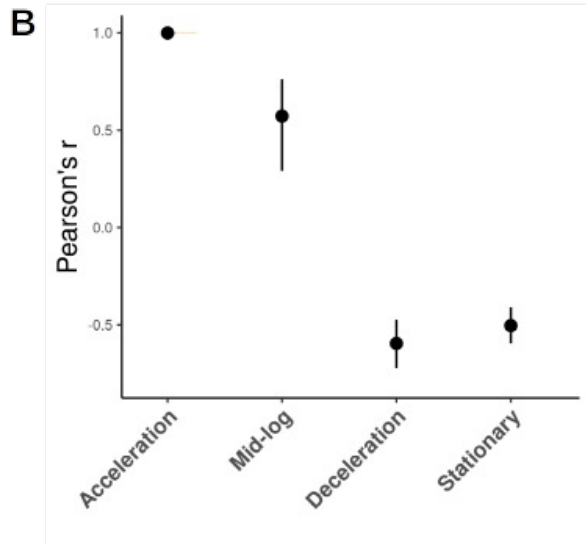
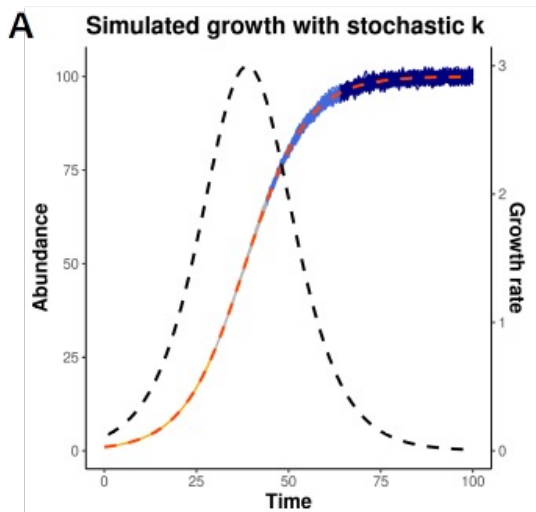
Growth phases inferred from abundance - PTR relationships



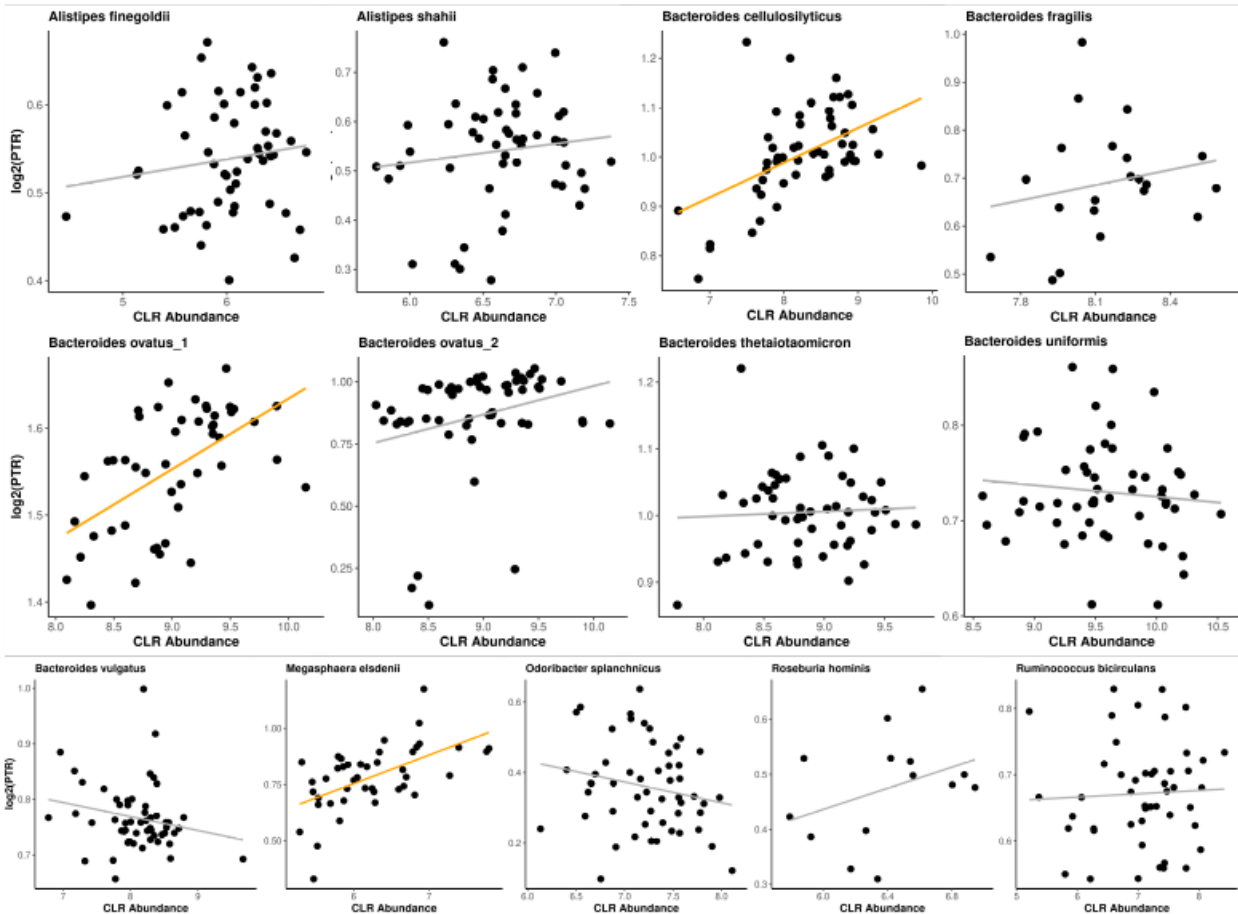
Calorie**Carbohydrate****Protein****Fat****Fiber****Cholesterol****Saturated fat****Sugar****Sodium****Calcium**



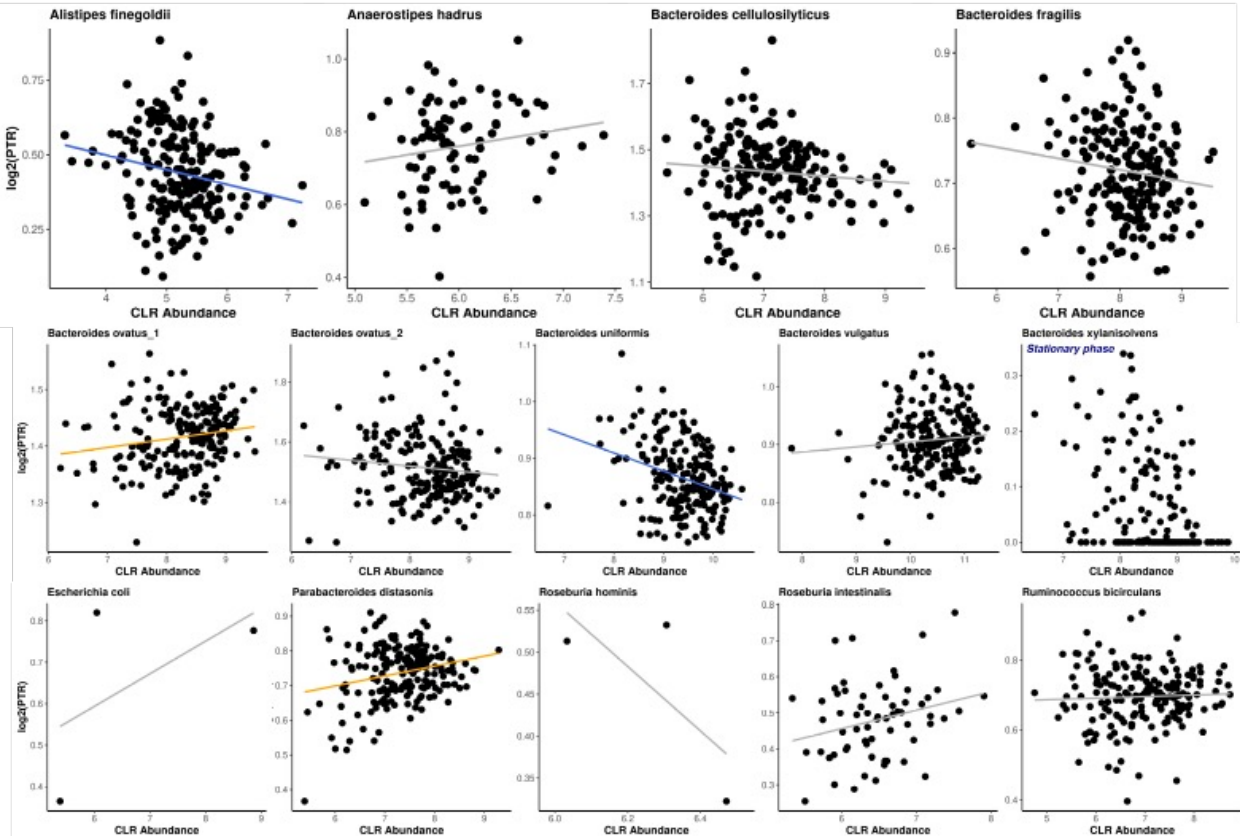




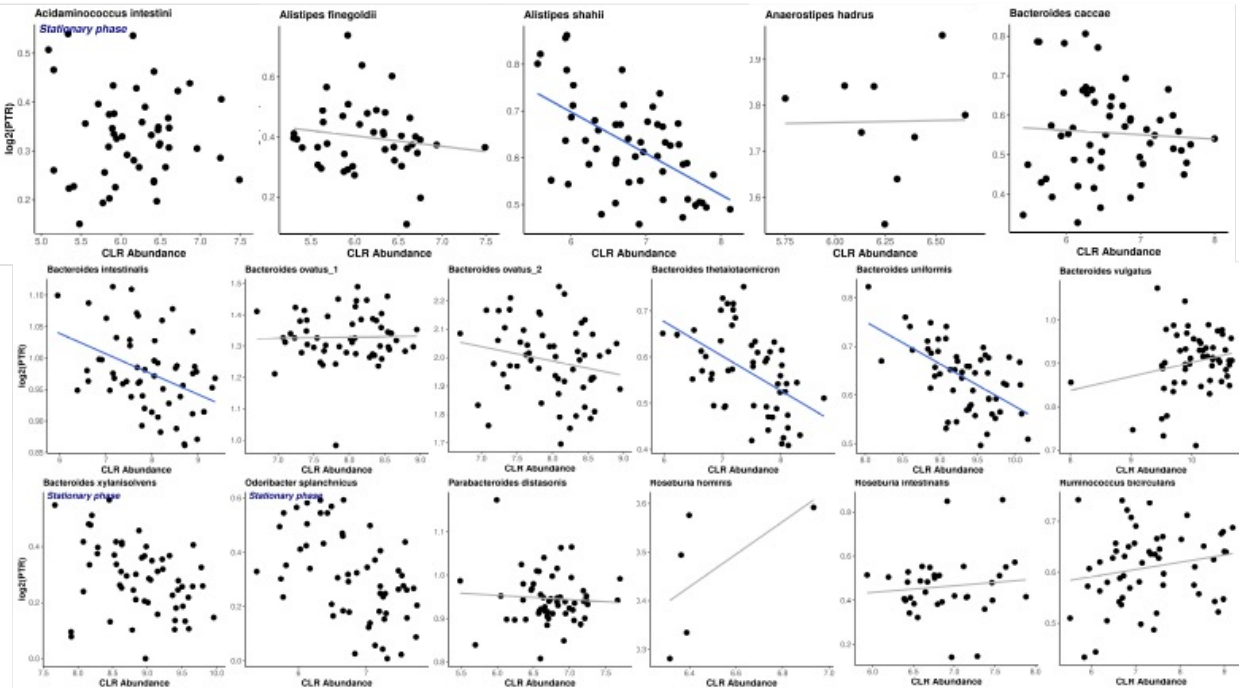
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