

1 **Effects of lowered $[Na^+]_o$ and membrane depolarization on the Ca^{2+} transients of**
2 **fast skeletal muscle fibers. Implications for muscle fatigue.**

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27 Short title: Effects of lowered extracellular Na^+ and depolarization on Ca^{2+} release.
28

29 **Abstract**

30 Sodium (Na^+) and potassium (K^+) movements during repetitive stimulation of skeletal muscle
31 fibers leads to lowered transmembrane Na^+ and K^+ gradients. Impaired calcium release resulting
32 from the predicted reduction of the action potential (AP) overshoot (OS) has been suggested as a
33 causative factor of muscle fatigue.

34 To test this hypothesis, we used a double grease-gap method and simultaneously recorded
35 membrane action potentials (MAPs) and Ca^{2+} release (as Ca^{2+} transients), elicited by single pulses
36 or short trains of pulses (100 Hz, 100 ms), in rested fibers polarized to membrane potentials (V_m)
37 between -100 to -55 mV, and exposed to various extracellular Na^+ concentrations ($[\text{Na}^+]_o$; 115, 90,
38 60 and 40 mM).

39 In single stimulation experiments, we found that at physiological V_m (-100 mV), Ca^{2+} release was
40 mostly immune to $[\text{Na}^+]_o$ reductions up to 60 mM ($\sim 1/2$ the physiological value). In contrast, at
41 40 mM Na^+ , Ca^{2+} release was reduced by 80%, notwithstanding robust MAPs with large OS (~ 30
42 mV) were recruited in this conditions.

43 At V_m between -100 and -60 mV, a 20% reduction of $[\text{Na}^+]_o$ (115 to 90 mM) had no major
44 detrimental effects on Ca^{2+} release. Instead, depolarization-dependent potentiation of Ca^{2+}
45 transients, with a maximum at -65 mV, was observed at both 115 and 90 mM Na^+ . Potentiation
46 was smaller at 90 mM Na^+ . At both $[\text{Na}^+]_o$, maximally potentiated Ca^{2+} transients (i.e. at -60 mV)
47 were recruited by MAPs with reduced OSs.

48 In contrast, Ca^{2+} release was significantly depressed and no potentiation was observed at V_m
49 between -100 to -70 mV when $[\text{Na}^+]_o$ was reduced 60 mM.

50 At extreme Na^+ (40 mM), Ca^{2+} release recorded at V_m between -100 and -70 mV was almost
51 obliterated; nonetheless robust MAPs, with OSs of ~ 25 mV, were recruited.

52 Extreme depolarizations significantly depressed Ca^{2+} release at all $[\text{Na}^+]_o$ tested. The V_m leading
53 to Ca^{2+} release depression was more negative the lower the $[\text{Na}^+]_o$ (-55, -60 and -70 for 115, 90
54 and mM Na^+ , respectively).

55 Fiber exposed to 115-60 mM Na^+ can sustain normal Ca^{2+} release at a frequency of 100 Hz when
56 polarized between -100 and -80 mV. Depolarizations beyond -80 mV lead to impaired Ca^{2+} release
57 along the trains. In most cases, there was no correlation between changes in Ca^{2+} release and
58 changes in OS. At 40 mM Na^+ , only the 1st-3rd stimuli of trains recruited Ca^{2+} transients, which
59 were significantly depressed vis a vis close to normal MAPs.

60 Neither the OS nor the duration of MAPs are figures of merit predicting the amplitude of Ca^{2+}
61 transients. At critical combinations of depolarization, $[\text{Na}^+]_o$, and stimulation frequency,
62 potentiated Ca^{2+} transients are recruited by MAPs with small OSs; and conversely, partial or total
63 decoupling of Ca^{2+} release from close to normal MAPs was observed.

64 Depolarization and Na^+ deprivation depressed Ca^{2+} release in a synergistic way; lowered $[\text{Na}^+]_o$
65 increased the detrimental effects of depolarization on Ca^{2+} release, and depolarization render the
66 ECC process more sensitivity to Na^+ deprivation.

67 Impaired TTS AP generation and/or conduction may explain the detrimental effects of
68 depolarization and Na^+ deprivation on Ca^{2+} release.

69 The effects of increased K^+ and Na^+ deprivation on the force generation of rested fibers can be
70 explained on the basis of the effects of membrane depolarization and Na^+ deprivation on Ca^{2+}
71 release.

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76 **Keywords:** muscle fatigue, extracellular sodium concentration, sodium depletion, sodium
77 deprivation, membrane potential, excitation-contraction coupling, calcium release, high
78 frequency stimulation, transverse tubular system.

79

80 **Definitions:**

81 $[\text{ion}]_i$, $[\text{ion}]_o$: intracellular and extracellular ion concentrations; ion= Na^+ , K^+ , Ca^{+2} . (in molar
82 units)

83 EFM-Na, EMF-K: electromotive force of Na^+ and K^+ (in mV)

84 E_{Na} , E_{K} : equilibrium potential for Na^+ and K^+ (in mV)

85 V_m : membrane or holding potential (in mV)

86 TTS: transverse tubular system.

87 Ca-FWHM, Ca^{+2} transient full-width at half-maximum (in ms)

88 MAP-FWHM: MAP full-width at half-maximum (in ms)

89 REF: releasing effective time, time a MAP waveform is above -40 mV (in ms)

90

91 Introduction

92 Repetitive stimulation of skeletal muscle fibers leads to a gradual decline of their capacity to
93 generate mechanical work, a phenomenon referred to as muscle fatigue [1], for a review, see [2].

94 Although the exact mechanisms underlying muscle fatigue are still debated, membrane
95 depolarization, and changes in the extra- and intracellular K^+ and Na^+ concentrations ($[K^+]_o$,
96 $[Na^+]_o$, $[K^+]_i$, $[Na^+]_i$) resulting from repetitive stimulation has been long suggested as possible
97 causatives factors [2, 3].

98 Impaired generation, waveform, or conduction of Na-dependent action potentials (APs), the
99 physiological trigger of the excitation-contraction coupling (ECC) process, have been invoked as
100 mechanisms by which depolarization and changes in $[K^+]_o$ and $[Na^+]_o$ leads to fatigue.

101 The effects of increases in K^+_o and reductions in K^+_i on force generation have been proposed to be
102 mediated by membrane depolarization ensuing from the resulting reduction in K^+ electromotive
103 force (**K-EMF**); which in turn will reduce the sodium conductance (**gNa**) and thus impair the
104 generation and conduction of APs. The consequent depression of the ECC process would reduce
105 the capacity to generate force [4, 5]. This explanation for the activity dependent impairment of
106 force generation is usually referred to as the “potassium hypothesis” of muscle fatigue [4].

107 The detrimental effects of Na^+_o deprivation and Na^+_i accumulation on force generation are
108 explained by a reduction in the Na^+ electromotive force (**Na-EMF**) leading to a reduced AP
109 overshoot (**OS**) and impaired AP conduction. This alterations will depress Ca^{2+} release and
110 subsequent force generation. This explanation is referred to as the “sodium hypothesis” of muscle
111 fatigue [6].

112 A practical experimental paradigm to assess the role of changes in $[K^+]_o$ or $[Na^+]_o$ on muscle
113 fatigue generation has consisted in measuring the mechanical output of rested muscles or bundles
114 of muscle fibers in response to field stimulation while the concentration of one ion is changed and
115 the other is maintained constant [4, 6, 7]. It is assumed that factors contributing to fatigue
116 development during repetitive stimulation, should also affect force development in rested fibers
117 [4]. This experimental paradigm does not allow for amenable measurements of membrane
118 potential, let alone its control. While this approach has been key to further our understanding of
119 muscle fatigue, the number of studies assessing changes in intermediate steps of the ECC process
120 (i.e. Ca^{2+} release) is scant.

121 We have extended this approach by using cut segments of single fibers under current clamp
122 conditions and directly measuring Ca^{2+} release with an impermeant low affinity Ca^{2+} -sensing dye.
123 In these conditions, membrane potential and extracellular and myoplasmic ionic composition can
124 be measured and/or controlled [7].

125 Using this method we previously tested directly some of the tenets of the potassium hypothesis
126 [4]. In particular, we have demonstrated that a)changes in Ca^{2+} release in response to increased
127 $[K^+]_o$ up to, but not beyond, 10 mM are mediated by membrane depolarization and raised resting
128 intracellular calcium concentration ($[Ca^{2+}]_i$); b)the effects of $[K^+]_o$ changes on Ca^{2+} release can
129 be mimicked or counteracted by membrane potential changes imposed by current injection; and,
130 c)depolarization-dependent (and $[K^+]_o$ -dependent) changes in action potential overshoot and
131 duration cannot individually explain the changes in Ca^{2+} release in response to membrane
132 depolarization. It was concluded that the effects of elevated K^+_o (and thus, depolarization) on the
133 twitch force of rested muscles are mediated by its effects on Ca^{2+} release and that the concomitant
134 changes in the AP waveform (i.e. OS, duration) do not directly correlate with changes in Ca^{2+}
135 release [7].

136 The goal of the present work was to test the Na^+ hypothesis for muscle fatigue. To this end, we
137 studied the effects of Na^+_o deprivation on the Ca^{2+} release of muscle fibers maintained at various
138 membrane potentials and stimulated with single pulses or brief trains of pulses.

139 **Methods**

140 **Animal model**

141 Animals were handled in accordance to the regulations laid down by Universidad Central de
142 Venezuela. Animals were euthanized by rapid transection of the cervical spinal cord followed by
143 pithing in the cranial and caudal directions. Experiments were performed with segments of fibers
144 dissected from the dorsal head of the semitendinosus muscle of tropical toads (*Leptodactylus* sp.).

145 **Electrophysiological techniques**

146 Segments of fibers, cut at both ends, were mounted in an inverted double grease-seal chamber
147 originally designed in our laboratory [7, 8] and maintained in current clamp conditions as
148 previously described. The grease seals delimit three electrically isolated sections. The electrical
149 activity and Ca^{2+} release are measured in the central section. The two lateral sections afford
150 diffusional access to- and electrical contact with the myoplasm at the central section. The current-
151 and voltage-clamp amplifier was home made. Experiments were started 20 min after fibers were
152 mounted in the experimental chamber. Contraction was prevented by stretching the fibers to
153 sarcomere lengths of about $4\mu\text{m}$. This condition also allowed for the Ca^{2+} dye calibration at the
154 end of experiments [7].

155 The mean diameter and sarcomere length were $62.8 \pm 8 \mu\text{m}$ and $4.2 \pm 0.5 \mu\text{m}$, respectively (36
156 fibers, 9 toads).

157 The membrane potential (or holding potential, V_m) was initially adjusted to -100 mV , and then
158 varied to values between -100 to -55 mV by manually adjusting the holding current.

159 Action potentials were elicited by single pulses or short trains of pulses (100 Hz, 10 pulses). Pulse
160 duration was 0.2 ms , and amplitude was adjusted to $\sim 15\%$ above the threshold (determined from
161 -100 mV), and not varied thereafter. Since regenerative responses are recruited simultaneously at
162 all points of the segment of fiber in the central pool of the experimental chamber [7], non-
163 propagated or membrane action potentials (MAPs) are elicited.

164 The fibers were continuously perfused with the desired solution. A 3 min period was allowed after
165 varying the holding potential, and a 3 min period was allowed for equilibration after changing
166 solutions. When repetitive stimulation was used, 2 min were allowed between consecutive trains.
167 The use of large equilibration aim at imposing a desired $[\text{Na}^+]$ in the lumen of the t-tubules
168 without radial gradients.

169 We measured the overshoot (OS) and duration of MAPs recorded at the different conditions used.
170 The OS is, by definition, the difference between the peak of a MAP and 0 mV . The duration of
171 MAP waveforms was measured as a) the full-width at half-maximum (**FWHM**) and b) the full-
172 width at -40 mV . The later represents the time the membrane potential is above -40 mV , a typical
173 value for the Ca^{2+} release threshold in voltage clamp conditions [9, 10]. This parameter represents,
174 in practice, the time during which Ca^{2+} release can occur, i.e. the releasing effective time (**REF**).
175 REF definition stems from the classical mechanically effective time [11, 12].

176 All experiments were performed at room temperature ($21\text{-}22^\circ\text{C}$).

177 **Solutions**

178 The central section of the fibers were bathed in Ringer solution (in mM: 115 NaCl, 2.5 KCl, 1.8
179 CaCl_2 , 1 MgCl_2 and 10 4-morpholineethanesulfonic acid [MOPS]; titrated with NaOH) while both
180 cut ends of the fibers were bathed in an “internal” solution designed to approximate the myoplasm
181 ionic composition (in mM: 110 aspartate, 5 $\text{K}_2\text{-ATP}$, 5 $\text{Na}_2\text{-creatine phosphate}$, 20 MOPS, 0.1
182 ethylene glycol tetraacetic acid [EGTA], 5 MgCl_2 , titrated with KOH and added with 0.5 mg/ml
183 creatine phosphokinase) [7]. Reductions in $[\text{Na}^+]_o$ were compensated by additions of N-methyl-
184 D-glucamine, thus osmolarity was maintained constant. $[\text{Na}^+]_o$ was changed from 115 mM to 90,
185 60 and 40 mM. $[\text{K}^+]_o$ was maintained constant in all experiments (i.e. 2.5 mM). All solutions, had
186 a $\text{pH}=7.2$ and an osmolarity of $250 \pm 3 \text{ mOsmol/kg H}_2\text{O}$. Assuming an intracellular Na^+ activity
187 of 10 mM (i.e. identical to that of the internal solution [7]), a temperature of 20°C (295°K), and
188

190 ideal selectivity of the sodium channels, the equilibrium potential for Na⁺ (**ENa**) in the presence
191 of 115, 90, 60 and 40 mM extracellular Na⁺ was calculated as 62, 56, 47 and 35 mV, respectively.
192 All chemicals were from Sigma.

193 194 **Calcium measurement**

195 Changes in [Ca²⁺]_i elicited by MAPs (thereafter referred as Ca²⁺ transients) were followed with a
196 low affinity impermeant fluorescent calcium dye (Oregon green 488 BAPTA 5N, thereafter,
197 OGB5N; ThermoFisher Scientific). Ca²⁺ dependent fluorescence transients were measured using
198 the setup previously described [7]. [Ca²⁺]_i changes (i.e. in actual μM units) were calculated using
199 the same parameters and methods described previously [7]. The peak (μM) and duration of Ca²⁺
200 transients recorded at different conditions were measured. Duration was evaluated as the full-
201 width at half-maximum (**FWHM**), and referred to as **Ca-FWHM** thereafter.

202 203 **Data acquisition and analysis**

204 Membrane potential and fluorescence signals were filtered at 5 and 2 kHz, respectively, using 8-
205 pole Bessel filters (Frequency Devices); and acquired simultaneously using a Digidata 1200A
206 acquisition system and Axotape software (Molecular Devices). Data were analyzed using Origin
207 8.0 (Origin Microcal). Data are presented as means ± SE. Means were compared using the
208 Student's t-test. Statistical significance was set at p<0.05.

209 **Results**

210 **Effects of reducing $[\text{Na}^+]_o$ on Ca^{2+} transients recorded from fibers maintained at -** 211 **100mV**

212 We first studied the Ca^{2+} transients and MAPs elicited by single pulse stimulation in fibers
213 maintained at a holding potential of -100 mV and chronically exposed to 115, 90, 60 and 40 mM
214 Na^+_o (Figure 1). In this way, the effects of changes in $[\text{Na}^+]_o$ on MAP generation and Ca^{2+} release
215 can be studied at constant V_m and g_{Na} . Also, at this potential the availability of Na^+ channels and
216 the voltage sensor for ECC is maximized.

217 A substantial 25 mM reduction of $[\text{Na}^+]_o$ from 115 to 90 mM results only in a slight reduction in
218 the raising phase and a slight increase in the time to peak of Ca^{2+} transients (Figure 1A and inset,
219 black and blue traces, respectively). Likewise, the simultaneously recorded MAPs eliciting those
220 Ca^{2+} transients are very similar to each other (Figure 1B and inset, black and blue traces).

221 A further reduction of $[\text{Na}^+]_o$ to 60 mM (e.g. a 55 mM change) leads per se to a slightly smaller
222 Ca^{2+} transient, with a delayed onset and a the longer time to peak as compared with records
223 obtained at physiological $[\text{Na}^+]_o$ (Figure 1A and inset, red trace). These changes are accompanied
224 by a small reduction in the MAP OS (Figure 1B). Changes induced by reducing Na^+_o were fully
225 reversed by returning to Ringer solution containing 115 mM Na^+ (Figures 1A and 1B and insets,
226 green traces). Reversibility was demonstrated for all other conditions used in this work (not
227 shown).

228 The most dramatic effects are seen upon reducing $[\text{Na}^+]_o$ to 40 mM (close to 1/3 of the
229 physiological value). As shown in Figure 1C and inset (magenta trace), the amplitude of the Ca^{2+}
230 transient was reduced by about 80% in the presence of 40 mM $[\text{Na}^+]_o$, and the time to peak
231 significantly increased. Notably, the changes in the corresponding MAP are relatively minor as
232 compared with the gross impairment of the Ca^+ transient. Although the MAP OS was reduced from
233 51 to 30 mV (Figure 1D and inset, cyan trace), this change seems in itself insufficient to explain
234 the almost obliteration of the Ca^{2+} release (Figure 1D and inset, cyan trace). Since V_m was kept
235 constant, g_{Na} should have also remained constant; consequently, variations in the OS were small;
236 as expected from the calculated ENa .

237 In contrast to what was observed in response to changes in $[\text{K}^+]_o$ [7], no significant changes in
238 pre-stimulus $[\text{Ca}^+]_i$ were detected in response to reductions of $[\text{Na}^+]_o$ alone.

239 **Effects of membrane depolarization on Ca^{2+} transients recorded from fibers** 241 **exposed to various $[\text{Na}^+]_o$**

242 The previous section demonstrated that, in fibers maintained at -100 mV and exposed to 2.5 mM
243 K^+_o , the Ca^{2+} release is practically immune to $[\text{Na}^+]_o$ reductions down to 60 mM. We have
244 previously demonstrated that the effects of K-dependent depolarization on Ca^{2+} release can be
245 mimicked by current injection [7]. In order to assess the combined effects of changes in resting
246 membrane potential and $[\text{Na}^+]_o$ on the ECC process, we next recorded Ca^{2+} transients and MAPs
247 elicited by single stimulation in fibers exposed to various $[\text{Na}^+]_o$ (115, 90, 60 and 40 mM) and
248 maintained at potentials between -100 and -55 mV (typically, -100, -90, -80, -70, -65, -60 and -
249 55 mV) by steady current injection while $[\text{K}^+]_o$ was maintained constant. Representative records
250 obtained at each condition are shown in Figure 2.

251 As previously reported [7], in the presence of 115 mM Na^+_o , imposed steady membrane
252 depolarizations has a dual effect on Ca^{2+} release. Ca^{2+} transients are potentiated for
253 depolarizations between -100 and -60 mV (Figure 2A and inset, black, blue and red traces), but
254 their amplitude is sharply reduced for further depolarizations to -55 mV (Figure 2A and inset,
255 green trace). Fiber depolarization led to an increase in resting $[\text{Ca}^{2+}]_i$, as previously shown [7].

256 MAPs eliciting the Ca^{2+} transients in Figure 2A are shown in Figure 2B. MAPs recorded at -100
257 and -80 mV differ only in the imposed V_m (Figure 2B and inset, black and blue traces). Instead,
258 significant reductions in the OS are seen for depolarizations to -60 and -55 mV. Notably, a mere
259 5 mV depolarization leads from the more potentiated Ca^{2+} transient (at -60 mV, Figure 2B and

260 inset, red trace) to the more depressed one (Figure 2B and inset, green trace). These changes may
261 probably results from voltage dependent reduction of g_{Na} .
262 Similar responses were obtained for fibers exposed to 90 mM Na^+ (Figure 2C and 2D). The
263 extreme sensitivity of Ca^{2+} release to membrane potential is exemplified by records obtained at -
264 57 mV (Figure 2C and 2D, green traces). Both the values of peak Ca^{2+} release and the OS are larger
265 than those obtained at -55 mV in the presence of 115 mM Na^+ .
266 Ca^{2+} release is well maintained in the presence of 60 mM Na^+ over a range of membrane
267 potentials spanning from -100 to -70 mV. Nonetheless, in these conditions, aside from a reduced
268 amplitude of the Ca^{2+} transients, interesting changes in the ECC are observed. The depolarization-
269 dependent potentiation of Ca^{2+} release seen in fibers exposed to 115 and 90 mM Na^+ is absent in
270 the presence of 60 mM Na^+ , i.e. Ca^{2+} release is essentially identical at membrane potentials
271 between -100 and -70 mV (Figure 2E and inset, black, blue and red traces). In addition,
272 depolarization-dependent depression of ECC is shifted leftward, as a significant reduction in peak
273 Ca^{2+} release is seen at -65 mV (Figure 1E and inset, green trace), a membrane potential that elicits
274 potentiation in fibers bathed in 115 and 90 mM Na^+ . In these last conditions, the AP essentially
275 lacks an OS (Figure 2F and inset, green trace). These results clearly show that sensitivity to
276 depolarizations is increased at reduced $[Na^+]_o$.
277 Ca^{2+} release was almost abolished at all membrane potentials tested when fibers are equilibrated
278 in 40 mM Na^+ (Figure 2G and 2H). Interestingly, while Ca^{2+} release is barely distinguishable from
279 baseline in fibers polarized to either -100 or -70 mV (Figure 2G and inset, black and green traces),
280 sizable Ca^{2+} transients are detected at -90 and -80 mV (Figure 2G and inset, blue and red traces).
281 Figure 2H shows that MAPs elicited from -100 and -70 mV display a large OS (about 25 mV) still
282 failed to recruit sizable Ca^{2+} release (black and green traces). Also, MAP elicited from -90 and -80
283 mV have a similar OS and yet the Ca^{2+} release at -80 mV is larger than that at -90 mV (Figure 2H
284 and inset, blue and red traces). These data show that at very low values, $[Na^+]_o$ has dominant
285 depressing effects on the ECC process, suggesting a decoupling between mostly normal MAPS and
286 Ca^{2+} release.

287 288 **Voltage dependence of Ca^{2+} release in fibers exposed to various $[Na^+]_o$.**

289 Experiments similar to those in Figure 2 were conducted in a population of fibers (see Figure 3)
290 to assess how combined changes in $[Na^+]_o$ and membrane potential affect Ca^{2+} release. To get
291 insight on the dependence of Ca^{2+} release on resting potential alone we first plotted the peak of
292 Ca^{2+} transients recorded at each $[Na^+]_o$ as a function of V_m (Figure 3A).

293 The first significant finding is the resilience of Ca^{2+} release to large depolarizations even in face of
294 $[Na^+]_o$ reductions down to 60 mM (Figure 3A, black, red and blue traces). In fact, fiber
295 depolarizations from -100 mV similarly potentiate Ca^{2+} release for both 115 and 90 mM Na^+ , with
296 a maximum effect at -65 mV (Figure 3A, black and red traces). Potentiation is not seen in fibers
297 bathed in 60 mM $[Na^+]_o$; instead a relatively small, almost voltage-independent reduction in the
298 peak of Ca^{2+} transients was observed for depolarizations up to -70 mV, as compared with those
299 recorded at 115 mM Na^+ (Figure 1A, black and blue traces).

300 The second finding is that Ca^{2+} release is significantly reduced when fibers are depolarized beyond
301 -70 or -60 mV, depending on the $[Na^+]_o$. At high $[Na^+]_o$ (i.e. 115 and 90 mM, black and red traces,
302 Figure 3A), Ca^{2+} release is reduced to a large extent only for very large depolarizations to -55mV,
303 while a large depression is seen for smaller depolarizations (i.e. beyond -70 mV, blue trace, Figure
304 3A) when fibers are bathed in 60 mM Na^+ . Clearly, Ca^{2+} release is more sensitive to depolarization
305 at lower $[Na^+]_o$.

306 A rather intriguing voltage-dependence of Ca^{2+} release is seen at extremely low $[Na^+]_o$. At 40 mM
307 Na^+ , Ca^{2+} release is largely reduced at all membrane potentials tested, with an apparent minimum
308 reduction at -80 mV.

309 To better appreciate the dependence of Ca^{2+} release on $[Na^+]_o$, we plotted the peak of Ca^{2+}
310 transients shown in Figure 3A as a function of $[Na^+]_o$ (Figure 3B).

311 This representation clearly shows that Ca^{2+} release elicited by single stimulation is very insensitive
312 to reductions of $[\text{Na}^+]_o$ to about half the physiological concentration (i.e. 115 to 60 mM) as long as
313 membrane potential is maintained between -100 and -70 mV (Figure 3B, black, blue, red and
314 green traces). Nonetheless, for this membrane potential range, Ca^{2+} release is largely reduced if
315 $[\text{Na}^+]_o$ is further decreased to 40 mM (Figure 3B, black, blue, red and green traces).

316 The sensitivity of Ca^{2+} release to reductions in $[\text{Na}^+]_o$ highly increases when fibers are further
317 depolarized beyond -70 mV. At resting potentials of -65 to -60 mV, reducing $[\text{Na}^+]_o$ below 90 mM
318 results in reduced Ca^{2+} release (Figure 3B, cyan and magenta traces), while at -55 mV further
319 impairing of Ca^{2+} release is seen at 90 mM Na^+_o (Figure 3B, orange trace). This data show that the
320 larger the depolarization, the larger the effects of Na^+_o deprivation.

321 For the same population of fibers, we also looked at the effects of depolarization and $[\text{Na}^+]_o$
322 deprivation on the duration (FWHM) of Ca^{2+} transients (thereafter, **Ca-FWHM**; Figures 3C and
323 3D).

324 In the range of membrane potentials between -100 and -70 mV, the duration of Ca^{2+} transients
325 recorded from fibers bathed in 115 and 90 mM Na^+_o were similar to each other (~4.5 ms) and
326 almost insensitive to depolarization (Figure 3C, black and red traces). For further depolarizations
327 to -55 mV, the FWHM of Ca^{2+} transients at 115 and 90 mM Na^+_o increased significantly to about
328 7.7 and 9.5 ms, respectively (Figure 3C, black and red traces).

329 The Ca-FWHM recorded at 60 mM Na^+_o were larger than those at 115 mM Na^+_o at all membrane
330 potentials in the range of -100 to -65 mV. In these conditions, the Ca-FWHM was mildly sensitive
331 to depolarization (Figure 3C, blue trace).

332 The Ca^{2+} transients of fibers bathed in 40 mM Na^+_o are significantly prolonged (~7 ms) as
333 compared with those recorded at 115 mM Na^+_o , and mostly insensitive to membrane
334 depolarization between -100 and -70 mV (Figure 3B, green trace).

335 The dependence of Ca-FWHM on Na^+_o is shown in Figure 3D. Reducing Na^+_o from 115 to 90 mM
336 had no significant effects on Ca^{2+} transients recorded in fibers polarized between -100 and -65
337 mV (Figure 3D, black, blue, red, green and cyan traces). For those same potentials, the Ca^{2+}
338 transients were prolonged when $[\text{Na}^+]_o$ was further reduced to 40 mM. At 115 and 90 mM Na^+_o ,
339 highly depolarized fibers (-60 and -55 mV) showed the longest Ca^{2+} transients (Figure 3D,
340 magenta and orange traces).

341 342 **Effects of membrane depolarization and reduction of $[\text{Na}^+]_o$ on the overshoot and** 343 **FWHM of MAPs**

344 In physiological conditions the ECC process is triggered by a longitudinally and radially
345 propagated AP. It can be expected that either the amplitude or the width of the AP, or both
346 parameters, may be determinant factors of the features of Ca^{2+} transients, or hence those of the
347 twitch force. In contrast to physiological conditions, in our case, MAPs are the trigger of the ECC
348 progress.

349 We first determined the dependence of the OS on membrane potential and $[\text{Na}^+]_o$. MAPs elicited
350 by single stimulation in rested fibers polarized at -100 mV and exposed to 115 mM Na^+_o have a
351 mean OS close to 50 mV (the predicted E_{Na} is 62 mV). Fiber depolarization and Na^+_o deprivation
352 are expected reduce the OS by different mechanisms. To study the extent of these effects, we
353 plotted the OS as a function of the resting potential (Figure 4A) or $[\text{Na}^+]_o$ (Figure 4B).

354 Each plot in Figure 4A represents data obtained at a particular Na^+_o . For 115 and 90 mM $[\text{Na}^+]_o$,
355 the OS was mostly insensitive to depolarizations along a 30 mV range from -100 to -70 mV, but
356 drop abruptly to values close to zero when fibers are further depolarized to -55 mV, i.e. an
357 additional 15 mV change (Figure 4A, black and red traces and symbols). Notably, in the range of
358 potentials leading to Ca^{2+} release potentiation, the OS was either constant or decreased (compare
359 Figures 3A and 4A). A similar voltage dependence was seen for 60 and 40 mM Na^+_o , but the
360 transition point from voltage-independent to voltage-dependent OS values seems to be -80 mV,
361 instead of -70 mV, as seen at larger $[\text{Na}^+]_o$ (Figure 4A, blue and green traces and symbols).

362 Comparisons among the four plots in Figure 4A show that for any given membrane potential the
363 lower the $[Na^+]_o$, the smaller the OS. The dependence of the OS on $[Na^+]_o$ is better demonstrated
364 in Figure 4B; in this case, each plot represents data obtained at the same holding potential. For
365 all membrane potentials explored, the OS decreases as the Na^+ is lowered from 115 to 40 mM.
366 The dependence is close to linear if $[Na^+]_o$ is represented in a logarithmic scale (not shown).
367 Noticeable, lowering $[Na^+]_o$ produced similar reductions on the OS at membrane potentials -100
368 and -80 mV, as demonstrated by the close overlapping of the black, blue and red traces in Figure
369 4B. However, the same changes in $[Na^+]_o$ produced much larger reductions in the OS for larger
370 depolarizations to 60 mV (Figure 4B, cyan and magenta lines and symbols). At extreme
371 depolarizations (i.e. -55 mV) the OS is little affected upon reducing $[Na^+]_o$ from 115 to 90 mM
372 (Figure 4B, orange line and symbols).

373 We next measured the FWHM of MAPs (thereafter, **MAP-FWHM**) recorded from the same
374 population of fibers (Figure 5A). It can be seen that for the four $[Na^+]_o$ tested, the MAP-FWHM
375 decreases monotonically as fibers are depolarized from -100 to -70 mV. In addition, for 115 and
376 90 mM Na^+ , further depolarization towards -55 mV resulted in a significant prolongation of
377 MAPs. Moreover, for any given V_m between -100 and 70 mV, significantly wider MAPs are
378 recorded at 90 and 60 Na^+ as compared with those at 115 Na^+ . Overall, for 115 to 60 mM Na^+ ,
379 voltage-dependence of changes in MAP-FWHM (Figure 5A) and Ca^{2+} release (Figure 3A) do not
380 correlate.

381 We reasoned that this may be due to the fact that MAP-FWHM is measured at potentials more
382 positive than the threshold for Ca^{2+} release in voltage clamp conditions, typically about -40 mV
383 [9, 10]. Looking for a parameter that better correlates with the peak Ca^{2+} transients, we measured
384 the RET of MAPs (thereafter, **MAP-RET**; Figure 5B, see also Methods for definition).

385 As expected, MAP-RET was larger than MAP-FWHM at all equivalent combinations of membrane
386 potentials and $[Na^+]_o$. In contrast to MAP-FWHM, MAP-RET for all $[Na^+]_o$ is mostly independent
387 of membrane depolarization in the range of -100 to -70 mV. For 90 and 60 mM Na^+ , significantly
388 larger MAP-RETs were measured from MAPs recorded at all membrane potential tested as
389 compared with those measured at 115 mM Na^+ . Thus, at least in the range of membrane
390 potentials between -10 and -70 mV, MAP-RET better correlates with Ca^{2+} release than MAP-
391 FWHM. At potentials positive to -70 mV both parameters negatively correlate with Ca^{2+} release.

392 393 **Effects of low $[Na^+]_o$ and depolarization on Ca^{2+} release elicited by repetitive** 394 **stimulation**

395 It is well established that tetanic force is more sensitive to $[Na^+]_o$ deprivation and depolarization
396 than twitch tension [11], but similar studies of Ca^{2+} release are missing. Thus, we measured Ca^{2+}
397 transients elicited by short (100ms) 100 Hz trains in rested fibers exposed to 40-125 mM Na^+
398 and maintained at holding potentials between -100 and -55 mV. Experiments in each $[Na^+]_o$ were
399 repeated in 3-4 different fibers.

400 **115 mM Na^+ .** In physiological conditions (i.e. 115 mM Na^+ and -100 mV), when fibers were
401 stimulated with short trains of pulses (100 ms) applied at 100 Hz, a distinct Ca^{2+} transient was
402 recruited by each of 10 stimulus applied, i.e. fidelity equals 1 (Figure 5A, top panel). Nonetheless,
403 regardless all the corresponding MAPs have an identical OS (~50 mV, Figure 5A, bottom panel),
404 the peak of the first Ca^{2+} transient is not maintained along the trains. Instead, the peak of the Ca^{2+}
405 transients decays from the first response, exceeding 5 μM , to a smaller, relatively stable value by
406 the 4th response, which is typically about 50% that of the first response. The interpulse $[Ca^{2+}]_i$ also
407 remains elevated, at about 1.5 μM , along the trains as compared with the pre-stimulus value
408 (Figure 4A, top panel). In contrast to the constancy of the OS, the interpulse membrane potential
409 becomes progressively more positive along the train, reaching a relatively stable value by the end
410 of stimulation.

411 Aside from the potentiation of the first Ca^{2+} transient (as seen in single stimulation experiments),
412 at 115 Na^+ , depolarization to -80 mV does not have significant effects on the Ca^{2+} release along

413 the train (Figure 5B, top panel). The electrical responses at -80 mV are also comparable to those
414 elicited at -100 mV (Figure 5B, bottom panel).

415 Depolarization to -60 mV also results in a predictable potentiation of the first Ca⁺² transient, but
416 an unexpected significant depression of the Ca⁺² release was seen afterwards. While fidelity was
417 no reduced, the Ca⁺² transient's peaks decay in an irregular fashion along the train, sometimes
418 resembling alternants (Figure 5C, top panel). Interestingly, regardless the corresponding first
419 MAP at -60 mV is reduced as compared to those at -100 and -80 mV, it still recruited a potentiated
420 Ca⁺² transient. While the rest of MAPs are smaller, they show similar features among them (Figure
421 5C, bottom panel); this do not correlates with the irregular changes observed in Ca⁺² release peaks
422 (Figure 5C, bottom panel).

423 Concurring with data from single stimulation, Ca⁺² release is almost abolished at -55 mV (Figure
424 5D, top panel). In contrast, regular MAPs, with similar relatively large OSs of about 5 mV, were
425 elicited by each pulse along the train (Figure 5D, bottom panel). Only a small Ca⁺² transient was
426 elicited by the first MAP, while the rest of MAPs failed to recruit any Ca⁺² release.

427 Similar responses were confirmed in another 4 fibers.

428 **90- mM Na^{+o}.** Representative responses of fibers (n=4) bathed in 90 mM Na^{+o} to repetitive
429 stimulation are shown in Figure 5E-5H.

430 The patterns of Ca⁺² release and MAPs recorded at -100 and -80 mV are similar to those recorded
431 at -115 mM Na^{+o} (Figures 5E and 5F; compare with Figures 5A and 5B).

432 In fibers maintained at -60 mV, a slightly potentiated Ca⁺² transient is seen in response to the first
433 stimulus of the train; however, only every other later MAP recruited a Ca⁺² transient afterwards,
434 each of them reaching a peak similar to that of the Ca⁺² transients recorded at -100 and -80 mV
435 (Figure 5G, top panel). This pattern was seen in 2 out of 4 fibers. In contrast, skipping was never
436 seen for MAP generation (Figure 5G, bottom panel).

437 As seen in 115 mM Na^{+o}, when fibers are depolarized to -55 mV, a MAP is elicited by each pulse of
438 the train. Nevertheless, in this case, MAPs are much smaller than those at 155 mM Na^{+o}, peaking
439 at about -10 mV (Figure 5H, top panel). As for experiments at 115 mM Na^{+o}, only the first MAP
440 triggers a Ca⁺² transient at 40 mM Na^{+o} (Figure 5H, bottom panel).

441 **60 mM Na^{+o}.** In fibers exposed to 60 mM Na^{+o} (n=4), Ca⁺² transients are recruited by each pulse
442 of the trains as far as the membrane potential is held more negative than -80 mV (Figure 6A and
443 6B, top panels). The pattern of release along the train is similar to that seen at 115 and 90 mM
444 Na^{+o}, but no potentiation is seen in response to the first pulse at -80 mV. Likewise, in these
445 conditions, robust MAPs are triggered at both membrane potentials, with OSs about 35 mV
446 (Figure 6A and 6B, bottom panels).

447 Nevertheless, at 60 mM Na^{+o} release along the train is not sustained at potentials as negative as -
448 70 mV. In this case, the peak of each Ca⁺² transient release decays along the train, and is barely
449 noticeable as ripples by the 5th or 6th pulse (Figure 6C, top panel). In contrast, MAPs of preserved
450 features, and OSs above 20 mV are generated in response of each pulse (Figure 6C, bottom panel).
451 This results demonstrate that lowering Na^{+o} compromise the Ca⁺² release but not the MAP
452 generation along the trains. This is another example of an apparent disconnection between the
453 amplitude of the MAPs and the recruitment of Ca⁺² transients.

454 For further depolarizations to -65, small Ca⁺² transients are only recruited in response to the first
455 two pulses of the train, while robust MAPs are elicited by each stimulus (Figure 6D).

456 **40 mM Na^{+o}.** Reducing [Na⁺]_o to 40 mM almost completely inhibits Ca⁺² release in fibers
457 polarized between -100 and -70 mV. In most cases, after the second or third pulses, Ca⁺² release
458 is reduced to small ripples in response to each pulse of the trains (Figures 6E-6H, top panels).
459 However, small Ca⁺² transients are seen in response to the first pulse of the trains, their peaks had
460 a similar voltage-dependence as that observed in response to single stimulation. Notably, at all
461 the potentials explored, robust MAPs, with OSs of 20-30 mV, are elicited by each stimulus along
462 the train (Figures 6E-6H, bottom panels). A similar depression of Ca⁺² release was observed in
463 other two fibers. As noticed above for single stimulus experiments, in our working conditions,

464 extreme Na⁺o deprivation decouples Ca⁺² release from surface membrane depolarization (i.e.
465 AMPs).

466 **Discussion**

467 We have previously demonstrated the usefulness of our opto-electrophysiological method based
468 on the use of inverted grease-gap chambers to study mechanisms of fatigue in segments of fibers
469 from long muscles, which are not amenable for most electrophysiological techniques [7].

470 This approach allows for simultaneously studying excitability and Ca^{2+} homeostasis in rested
471 fibers mechanically arrested by stretching (sarcomere length $\sim 4 \mu\text{m}$), while controlling the
472 membrane resting potential and the intra- and extracellular milieu composition.

473 In our experimental conditions, non-propagating APs, i.e. MAPs, and Ca^{2+} transients free of
474 mechanical artifacts can be recorded with minimal perturbations of the fiber's Ca^{2+} buffering
475 capacity. The use of a low affinity Ca^{2+} dye and in situ calibrations allow for quantitative fast time
476 resolution studies of Ca^{2+} release [7].

477 Although muscle fatigue is multifactorial in origin, our capacity of studying the role of particular
478 causative factors in isolation in rested fibers has proven to be mechanistically insightful [7].

479 In this work we assessed some of the tenets of the Na^+ hypothesis for muscle fatigue. To this end
480 we performed a study of the effects of steady state reductions in the $[\text{Na}^+]_o$ and depolarization on
481 the electrical activity and Ca^{2+} release of fast skeletal muscle fibers exposed to (constant)
482 physiological $[\text{K}^+]_o$, and expectedly, at constant $[\text{Na}^+]_i$ and $[\text{K}^+]_i$. Of relevance for data
483 interpretation, it is expected that pre-stimulus membrane potential and $[\text{Na}^+]_o$ are the same at the
484 surface and TTS membranes and that no radial membrane potential or $[\text{Na}^+]_o$ gradients exist.
485 Consequently, pre-stimulus availability of Na^+ channels and Na-EMF is the same at both
486 membrane compartments.

487 Since most effects of raising $[\text{K}^+]_o$ on Ca^{2+} release are directly mediated by membrane
488 depolarization [7], the combined effects of simultaneous alterations of $[\text{K}^+]_o$ and $[\text{Na}^+]_o$, typically
489 used in force-measuring experiments, can be inferred from the interactions of the effects of Na^+
490 deprivation and membrane depolarization described here.

491

492 **Ca release in highly polarized fibers exposed to lowered $[\text{Na}^+]_o$**

493 The main tenet of the Na^+ hypothesis for muscle fatigue is that Na^+ o depletion (and Na^+
494 accumulation) will impair TTS AP propagation [11]. To what extent these concentrations should
495 change to depress AP generation and propagation, and thus Ca^{2+} release, is unknown. Our
496 experimental design may help defining what t-tubular $[\text{Na}^+]_i$ at constant $[\text{Na}^+]_i$ and in the absence
497 of radial $[\text{Na}^+]_i$ gradients, may compromise the ECC process.

498 While interstitial $[\text{Na}^+]_i$ changes upon repetitive activation seems to be too small to support the
499 Na^+ hypothesis [13, 14]; and force in rested muscles is only reduced by very large $[\text{Na}^+]_o$
500 deprivation [11], these results do not fully rule out the Na^+ hypothesis for muscle fatigue. Changes
501 in $[\text{Na}^+]_i$ larger than those measured in plasma or interstitium are expected to occur in the TTS,
502 particularly at high stimulation frequencies [5, 11, 15-17], and the change in $[\text{Na}^+]_o$ required to
503 reduce force is smaller at high $[\text{K}^+]_o$ (i.e. at depolarized potentials) [11, 16, 18]. Moreover,
504 simultaneous changes in $[\text{Na}^+]_i$ and $[\text{K}^+]_i$ will further reduce the Na-EMF and depolarize the fibers
505 [3], as compared with the changes due only to Na^+ o deprivation, as used in this work .

506 Although these studies provide insights on the causative relation between $[\text{Na}^+]_o$ deprivation and
507 impaired force generation, the possible effects of $[\text{Na}^+]_o$ reductions on Ca^{2+} release has only been
508 inferred so far.

509 Our single stimulus experiments at high membrane potential (i.e. -100 mV, Figure 1)
510 demonstrated that Ca^{2+} release is practically immune to reductions of $[\text{Na}^+]_o$ to values as low as
511 half the physiological concentration, but is significantly impaired when fibers are bathed in 40
512 mM Na^+ o (Figure 1C). Our observations explain the effects of lowering $[\text{Na}^+]_o$ on twitch force of
513 rested frog muscles as the twitch force- $[\text{Na}^+]_o$ relationship previously reported (Figure 2, [6]) and
514 the peak Ca^{2+} transient- $[\text{Na}^+]_o$ relationship found here (Figure 3B) are very similar to each other.

515 Simultaneously recorded membrane potential shows that the grossly contrasting effects of
516 extreme $[Na^+]_o$ deprivation on Ca^{2+} release does not concur with relatively minor changes in the
517 OS (Figures 1 and 4).

518 There is then an obvious dissociation between the apparent intactness of MAPs and the
519 pronounced impairment of the Ca^{2+} transients they triggered. In other words, at very low $[Na^+]_o$,
520 the Ca^{2+} release mechanism seems to decouple from surface membrane APs (as reported by MAP
521 recordings).

522 Our finding is not new; a similar dissociation, but between mechanical output and action potential
523 amplitude was observed in frog fibers half a century ago by Bezanilla et al.; who concluded that
524 “the action potential diminution alone is not sufficient to explain decreased tension” [15].

525 Our experimental paradigm is expected to assure that the surface and TTS membranes are
526 enduring the same voltage and $[Na^+]_o$ transmembrane gradients (-100 mV and $\sim 11.5Na^+_o:Na^+_i$),
527 which will not change in response to a single stimulation. Consequently, APs of similar features
528 should be generated at both membrane compartments (i.e. similar to the magenta trace in Figure
529 1D); but if this was true, no significant Ca^{2+} release impairment was predicted at 40 mM Na^+_o .

530 Since the recorded MAPs originate mainly from the surface membrane, our results suggests a
531 limitation in the radial propagation of APs as the main mechanism underlying Ca^{2+} release
532 impairment at high membrane potential and lowered $[Na^+]_o$, a condition affording a maximal
533 availability of both Na^+ channels and the voltage sensor for ECC.

534 A simple speculation is that at -100 mV, the t-tubule $[Na^+]_o$ should be reduced to 40 mM to impair
535 TTS AP generation and conduction, a corollary is that, in physiological conditions, the same
536 effects should be reached at a much lower $[Na^+]_o$ since $[Na^+]_i$ is expected to significantly increase
537 during repetitive stimulation.

538 Indirect evidence from other laboratories also supports a possible failure of radial propagation of
539 APs in reduced $[Na^+]_o$ [15, 18]. The larger diameter of frog fibers (~ 65 μm , this work) as compared
540 with that of mouse fibers (40 - 50 μm , [19, 20]) should make the former more sensitive to low
541 $[Na^+]_o$.

542 Simply stated, in its current implementation, our method clearly show that the Ca^{2+} release failure
543 at 40 mM Na^+_o and -100 mV cannot be explained on the basis of the observed MAP changes.
544 Although our approach cannot provide direct insight on TTS AP propagation, instead, since ECC
545 only occurs at the TTS membrane, the fact that impaired Ca^{2+} transients are recorded embodies
546 in itself the evidence suggesting such defective radial propagation.

547 This challenging possibility deserves further investigations by means of potentiometric detection
548 of TTS APs [21, 22]; and/or confocal detection of Ca^{2+} release [23, 24]; and recordings of Ca^{2+}
549 release in electrically passive fibers under voltage-clamp conditions.

550
551 **Effects of membrane depolarization on Ca^{2+} release in fibers exposed to various**
552 **$[Na^+]_o$.**

553 The experiments at different membrane potentials (Figures 2 and 3) confirmed our previous
554 observations that depolarization has a dual effect on Ca^{2+} release triggered by single stimulation
555 in fast frog muscle fibers exposed to physiological $[Na^+]_o$ [7]. In spite of ample differences in
556 experimental approaches, a similar voltage dependence of Ca^{2+} release on membrane potential
557 was also confirmed in murine skeletal muscles using different temperatures and Ca^{2+} sensors
558 ($30^\circ C$ and Indo-1 [25]; $22^\circ C$ and GCAMP6f [26]). The fact that intact fibers from long muscles
559 (EDL and soleus) were used in these studies reinforces the validity of our approach using cut
560 fibers.

561 Ca^{2+} release- V_m plots clearly shows a potentiation branch in the range of -100 to -60 mV; and a
562 steep depression branch, at more depolarized potentials. The maximal potentiation occurs at the
563 rather depolarized membrane potential of -65 mV (Figure 3, black trace and symbols). It is
564 remarkable that Ca^{2+} release at -60 mV is comparable to that at -100 mV, and that robust Ca^{2+}
565 transients, about 50% the amplitude of those at 100 mV, can still be recruited at -55 mV by MAPs

566 having an OS of merely ~5 mV. Data from frog muscle fibers, obtained at credible space clamp
567 conditions, show that Na channels' availability is close to zero at -60 mV [27], and predicts that
568 fibers should be mostly unexcitable at- and beyond this potential. Still, the possibility exist that
569 the presence of CsF in the internal solution used in this work may have left shifted the voltage
570 dependence of Na⁺ channels' fast inactivation. Nevertheless, using normal [Ca⁺²]_o and Cs-
571 aspartate instead of CsF in the internal solution, our simulations of Na⁺ currents for murine fibers
572 suggest a similar voltage dependence of Na⁺ channels inactivation [28]. Thus, a discrepancy
573 between data obtained in voltage- and current-clamp experiments exists, and needs to be
574 resolved.

575 Here we have extended our previous study [7] to three more [Na⁺]_o. Experiments at lower than
576 physiological [Na⁺]_o led to three new findings.

577 A) A similar dual effect of depolarization on Ca⁺² release was found at 90 mM Na⁺_o, but in this
578 condition, smaller potentiation at -65 mV and enhanced depression at -55 mV were seen. Clearly,
579 those changes are due to Na⁺_o deprivation. Thus, reducing [Na⁺]_o somehow counteract the
580 mechanism leading to Ca⁺² release potentiation, and enhance the voltage-dependent mechanism
581 that depress Ca⁺² release.

582 B) We found that, at all voltages explored, the peak Ca⁺² release is smaller in fibers exposed to 60
583 mM Na⁺_o as compared with that at 115 and 90 mM Na⁺_o. Moreover, voltage-dependent
584 potentiation, but not Ca⁺² release depression, is lost at this [Na⁺]_o (Figure 2 and 3).

585 C) Interestingly, the depression branch of the voltage-dependence of Ca⁺² release shifts leftward
586 as [Na⁺]_o is lowered to 60 mM (Figures 3).

587 Altogether the results above demonstrate that Ca⁺² release is more sensitive to depolarization the
588 lower the [Na⁺]_o.

589 Potentiation may be explained by the depolarization-dependent increase in resting [Ca⁺²]_i [7]. Our
590 current observations are in agreement with previous data showing that conditioning subthreshold
591 pulses and K-dependent depolarization can potentiate Ca⁺² release and twitch tension [7, 25, 30,
592 31].

593 The lack of major effects of OS reduction on Ca⁺² release may be, in part, explained on the basis
594 of the voltage dependence of Ca⁺² release (as measured in voltage clamp conditions), which
595 saturates at about 20 mV [9, 10, 20]. Thus, in principle reducing the OS from 50 mV to ~20 mV
596 may cause minor changes on the amplitude of Ca⁺² transients. Therefore, the difference between
597 the V_m at which the Ca⁺² release saturates and the OS represents a large safety factor for AP
598 triggered ECC.

599 Several mechanisms can lead to Ca⁺² release depression, such as MAP impairing, radial
600 propagation failure or inactivation of the ECC mechanism itself. Na⁺ channel inactivation and
601 reduced Na-EMF may underlie changes in MAPs and radial propagation. Reduced OS at 60 mM
602 Na⁺_o (Figure 4) may overcome the effects of raised [Ca⁺²]_i, thus preventing potentiation.

603 Drastic reduction of [Na⁺]_o to 40 mM dwarfs Ca⁺² release at all membrane potentials tested
604 (Figure 3). Remarkably, in this condition, relatively large MAPs are recorded between -100 and -
605 70 mV (Figure 4), suggesting a radial conduction failure as the cause of Ca⁺² release impairment.
606 These findings at 40 mM Na⁺_o extend those discussed above and uncover an apparent decoupling
607 of Ca⁺² release from MAPs at all membrane potentials tested.

608 For each [Na⁺]_o tested, depolarization from -100 to -70 mV have modest effects on Ca-FWHM,
609 but in this range of membrane potentials, Ca⁺² transients at 60 and 40 mM Na⁺_o are longer lasting
610 than those at 115 and 90 mM Na⁺_o. The Ca-FWHM at these two later [Na⁺]_o were similar. The
611 increased Ca-FWHM found at membrane potentials more positive than -70 mV (Figure 3) may
612 help sustaining contractions in depolarized fibers.

613 **Effects of lowering $[Na^+]_o$ on Ca^{+2} release in fibers polarized at various membrane**
614 **potentials.**

615 The dependence Ca^{+2} release on $[Na^+]_o$ is summarized in Figure 3B. Reductions of $[Na^+]_o$ to 90
616 mM (~20% below the physiological value) have no significant detrimental effects on Ca^{+2} release
617 as far as the fibers are maintained at membrane potentials more negative than -60 mV (Figure
618 3B, all traces). In fact, as seen in normal Ringer, potentiation of Ca^{+2} release ensues at this $[Na^+]_o$
619 along this voltage range. This demonstrates that, in the scenario of single stimulation, the ECC
620 process has a large safety factor for both membrane depolarization (a 40 mV change) and Na^+
621 depletion (a 25 mM change), regardless these changes occur in isolation or in combination. In
622 contrast, a larger reduction in Ca^{+2} release is found in response to a further 5 mV depolarization
623 in fibers bathed in 90 mM Na^+ , as compared with that found at 115 mM Na^+ . This results shows
624 that Na^+ deprivation worsens the large depression of Ca^{+2} release seen at 115 mM Na^+ and -55
625 mV. This additional effect is due to the lower $[Na^+]_o$ and is independent of the availability of Na^+
626 channels and ECC voltage sensor at -55 mV. Comparable $[Na^+]_o$ changes are not expected to occur
627 in either the plasma or the interstitial spaces of muscles stimulated repetitively [11], nonetheless,
628 similar reductions in TTS luminal $[Na^+]$ has been predicted to occur in <0.5 s in frog muscle fibers
629 stimulated at 60 Hz (Figure 6 in [15]).

630 Even halving the physiological $[Na^+]_o$ results in only a small reduction of Ca^{+2} release in fibers
631 polarized to potentials more negative than -70 mV (Figure 3B); demonstrating that the ECC
632 process operates within a large voltage safety factor when recruited by single stimulation in rested
633 fibers. Nonetheless, depolarizations to -65 and -60 mV greatly impair ECC (Figure 3B, cyan and
634 magenta traces). This result clearly shows that furthering $[Na^+]_o$ deprivation increases the
635 sensitivity of the ECC process to depolarization. The detrimental effects of Na^+ deprivation is
636 exemplified by the fact that membrane potentials affording potentiation at 115 and 90 mM Na^+ ,
637 lead to significant depression at 60 mM Na^+ .

638 At extreme low values (i.e. 40 mM), $[Na^+]_o$ becomes the limiting factor for ECC activation as
639 shown by the abrupt depression of the Ca^{+2} release elicited at all potentials (Figure 3B, all traces).
640 This manifests as an apparent decoupling of Ca^{+2} release from robust surface MAPs elicited from
641 -100 to -65 mV.

642 Overall, our data demonstrate that in fast frog fibers ECC operates safely within large margins of
643 membrane potentials and $[Na^+]_o$ changes; and that independent or combined reductions of both
644 parameters beyond safety limits impair Ca^{+2} release. In this way, depolarization renders the ECC
645 process more sensitive to lowered $[Na^+]_o$; and conversely, at lowered $[Na^+]_o$, Ca^{+2} release
646 depression occurs in response to smaller depolarizations.

647 The combined effects of both perturbations on Ca^{+2} release are complex (see Figure 7) and seem
648 to be more than additive. Synergistic effects of increasing $[K^+]_o$ (akin to current injection driven
649 depolarization) and reducing $[Na^+]_o$ on the mechanical output of rested muscles were first
650 reported for frog muscles [11]. Here we present the first demonstration of similar effects of
651 depolarization (mimicking the effects of raised $[K^+]_o$ [7]) and $[Na^+]_o$ deprivation on Ca^{+2} release.
652 Our data show that the synergistic effects of $[K^+]_o$ augmentation and $[Na^+]_o$ deprivation on twitch
653 force are mediated by similar effects on Ca^{+2} release exerted by depolarization and $[Na^+]_o$
654 deprivation. It should be noticed, nevertheless, that K^+ exerts direct effects on ion transport
655 mechanisms, relevant to AP conduction in the TTS, which are not mimicked by depolarization
656 (this work). Raised K^+ increases the conductance of the potassium inward rectifier channels [32,
657 33]. While this has the beneficial effect of increasing K^+ reuptake from the TTS [32], it also have
658 the detrimental effect of reducing the space constant of the TTS, further compromising radial
659 propagation. Increased K^+ upregulated NaK-pump activity [34, 35]. This may help limiting
660 changes in transmembrane K^+ and Na^+ gradients during activity [36], thus limiting fatigue
661 development.

662 **The dependence of Ca^{+2} release on $[\text{Na}^+]_o$ and V_m explains the effects of changes in**
663 **$[\text{Na}^+]_o$ and $[\text{K}^+]_o$ on twitch force.**

664 The resemblance between the dependence of Ca^{+2} release on resting membrane potential
665 determined at various $[\text{Na}^+]_o$ (Figure 3A, this work) and the dependence of twitch force on $[\text{K}^+]_o$
666 and $[\text{Na}^+]_o$ (Figure 2A in [11]) is quite remarkable.

667 For single ion changes it was found [11] that at normal $[\text{K}^+]_o$, twitch force is practically insensitive
668 to changes in $[\text{Na}^+]_o$; while at normal $[\text{Na}^+]_o$, small increases in $[\text{K}^+]_o$ potentiates twitch force, but
669 large increases abolish force generation. Lowering $[\text{Na}^+]_o$ reduces the potentiation effect of raising
670 $[\text{K}^+]_o$. Moreover a synergistic interaction between the effects of changes in both ions was found.
671 Lowering $[\text{Na}^+]_o$ reduces the force potentiation effect of increasing $[\text{K}^+]_o$ and reduces the $[\text{K}^+]_o$
672 needed to depress force; i.e. the depression branch of the force- $[\text{K}^+]_o$ relationship shifts to the left.
673 Finally, almost no force potentiation is seen at intermediate $[\text{Na}^+]_o$.

674 We found analogous changes in Ca^{+2} release in response to equivalent alterations of membrane
675 potential and $[\text{Na}^+]_o$, demonstrating that twitch force potentiation or depression are mediated by
676 equivalent changes in Ca^{+2} release.

677 Similarly, at physiological membrane potentials, the Ca^{+2} release (Figure 3B, this work) and the
678 peak twitch tension show the same dependence on $[\text{Na}^+]_o$ (Figure 2A in [6]). This demonstrates
679 that in both frog and mouse the attenuation of peak twitch force observed at very low $[\text{Na}^+]_o$ is
680 mediated by a depression of Ca^{+2} release.

681 Overall, the changes in twitch force in response to individual or combined alterations of $[\text{Na}^+]_o$
682 and $[\text{K}^+]_o$ are closely mirrored by changes in Ca^{+2} release in response to Na^+ deprivation (at
683 constant V_m) and membrane depolarization (at constant Na^+). Our current data suggests that
684 the combined effects of raised $[\text{K}^+]_o$ and reduced $[\text{Na}^+]_o$ on twitch force are independent, at least
685 in part, from the presence of K^+ per se, but are instead mediated by K^+ -dependent membrane
686 depolarization [7].

687 Consequently, our study is the first direct demonstration that the modulation of twitch force
688 generation by changes in $[\text{Na}^+]_o$ and/or $[\text{K}^+]_o$ is mediated by the effects that those changes exert
689 on Ca^{+2} release. Before our work, the mechanism underlying force dependence on Na^+ and K^+
690 could only be anticipated [11]. The next question to answer is how depolarization (or raised K^+)
691 and/or Na^+ deprivation limits Ca^{+2} release?

692
693 **Voltage- and $[\text{Na}^+]_o$ -dependent MAP overshoot changes do not correlate with**
694 **changes in Ca^{+2} release**

695 It is well established that the ECC process in skeletal fibers is only recruited, in a graded and
696 saturable fashion, by TTS membrane depolarization. Since in physiological conditions Ca^{+2}
697 release is triggered by Na^+ -dependent APs propagating radially in the TTS, it is conceivable that
698 factors altering the generation or waveform (e.g. amplitude, OS, duration) of those APs will in
699 turn alter Ca^{+2} release. Consequently, understanding how K^+ -dependent depolarization and Na^+
700 deprivation affect the generation and waveform of APs may help explaining how K^+ accumulation
701 (membrane depolarization) and Na^+ deprivation affects Ca^{+2} release and ultimately force
702 generation. We first looked at the voltage- and $[\text{Na}^+]_o$ -dependence of the OS and compared them
703 with those of the Ca^{+2} release.

704 Our previous (Figure 5C in [7]) and current data (Figure 4) concur with previously published
705 relationships between AP OS and $[\text{K}^+]_o$ (Figure 5 in [4]), $[\text{Na}^+]_o$ (Figure 6 in [6]), and membrane
706 potential (Figure 2E in [26]). Here we have extended those studies to a larger number of
707 conditions.

708 According to the Na^+ hypothesis for muscle fatigue [6] impaired mechanical output can be
709 explained on the basis of a reduction of Na^+ -EMF predicted from Na^+ depletion (mainly at the TTS
710 lumen) and Na^+ accumulation during sustained activity. Since the ENa sets the maximal
711 depolarization reachable during an AP, this will translate to a reduced OS. At constant $[\text{Na}^+]_o$, the
712 OS is also reduced by depolarizations through voltage-dependent inactivation of Na^+ channels.

713 Accordingly, independently or in combination, depolarization in our case (or increased $[K^+]_o$ in
714 other studies) and Na^+_o deprivation are expected to reduce Ca^{+2} release via a reduction of the OS.
715 Our results from single stimulation experiments does not concur with this prediction, instead a
716 complex relationship between Ca^{+2} release and OS was determined (Figure 8, see also Figure 9).
717 The insensitivity of Ca^{+2} release to OS changes at various $[Na^+]_o$ and membrane potentials
718 suggests it is not the only factor determining the Ca^{+2} transient peak. Others have previously
719 shown that force generation is relatively insensitive to reduced OS resulting from partial Na^+
720 channel blockage or reduced ENa at low $[Na^+]_o$ [6, 15, 37].

721 In our case, two extreme experimental conditions exemplify the apparent anomalous relationship
722 between the OS and Ca^{+2} release elicited by single stimulation (Figure 8); a) Ca^{+2} release is
723 potentiated in conditions that reduce the OS (e.g. -75 to -60 mV, 115 to 90 mM Na^+_o ; Figure 8,
724 cyan arrow). In contrast, the OS depends monotonically on both depolarization and lowered Na^+_o
725 (Figure 4); b) Ca release is almost abolished in conditions that allow for large OSs (e.g. -100 to -
726 70 mV, 40 mM Na^+_o ; Figure 8, magenta arrow). In other conditions (-70 to -55 mV, 115 to 60 mM
727 Na^+_o ; Figure 8, brown arrow), the peak of the Ca^{+2} transients declines monotonically as OS is
728 reduced.

729 The observed dissociation between OS and Ca^{+2} transient peak may be wrongly interpreted as a
730 decoupling between TTS APs and Ca^{+2} release, but this is only apparent; a distinction needs to be
731 made between MAPs (or longitudinally propagated APs) and TTS APs as this fact is usually
732 overlooked. Many published evidences suggest that OS is not an appropriate figure of merit to
733 predict Ca^{+2} release or contraction [6, 7, 15, 37]. Since MAPs and ECC occurs at different
734 membranes, it is possible that MAPs or longitudinally propagated APs can be elicited in
735 conditions limiting or preventing AP propagation along the TTS membranes, as seen, for example,
736 at 40 mM Na^+_o (or repetitive stimulation, see below). In this conditions, robust MAPs can be
737 elicited but only small Ca^{+2} transients are recruited. While impaired Ca^{+2} release attests in itself
738 to a TTS AP propagation failure, a direct test of this possibility is missing. An alternative condition,
739 preventing longitudinally propagated APs or MAPs but allowing radial propagation is difficult to
740 conceive. In physiological conditions, longitudinal propagation is the only way to convey APs
741 initially generated at the neuromuscular junction to t-tubule openings.

742 Intrinsic differences between the surface and TTS membranes may be at the root of the seemingly
743 differential sensitivity of both compartments to the same depolarization and Na^+_o deprivation,
744 thus explaining TTS AP propagation failure in the presence of robust MAPs. The TTS is a
745 diffusion-limited convoluted compartment with mostly unknown space constant and luminal
746 conductivity. The TTS is delimited by a membrane of different lipid composition and lipid order
747 as compared with those of the surface membrane [38, 39]; and lipids (e.g. cholesterol) are known
748 to modulate ion channel activity [40]. The actual endowment of ion transport systems in the TTS
749 is still a matter of debate (see for example [41-43]), but most probably, it is different from that of
750 the surface membrane in terms of channel density, stoichiometry, and isoforms present. For
751 example, different isoforms of the NaK-pump are present at each membrane compartment of
752 murine muscle fibers, making them physiologically different [34, 44]. Although only one Na^+
753 channel isoform prevails in adult fibers ($NaV1.1$), Na^+ channels at the TTS and surface membranes
754 may work differently due to differences in lipid environment.

755 It should be noted that, at the level of single fibers, radial gradients of ion concentrations and
756 membrane potential are not expected to occur in our single stimulation experiments, but may play
757 a key role during sustained activity. In physiological conditions, radial gradients of membrane
758 potential and ion concentrations predict close to normal APs at the surface membrane but
759 impaired TTS APs, worsening towards the fiber center.

760 One important factor for the generation and conduction of APs, particularly in the TTS, usually
761 overlooked is the “resting” (or pre-stimulus) membrane conductance [45]. The main ionic
762 conductances contributing to the resting conductance are expected to increase during sustained
763 activation. The chloride conductance will increase due to depolarization per se [42], and the

764 potassium inward rectifier conductance will increase due to its dependence on $[K^+]$ [32]. Both of
765 this factors will reduce the space constant of the TTS, compromising the generation and
766 conduction of APs.

767

768 **MAP duration and Ca^{+2} release**

769 The MAP duration is also expected to affect the features of Ca^{+2} release. We used two parameters
770 to assess the MAP duration, the FWHM and the RET (see Methods). The first is a standard way of
771 measuring the duration of waveforms, the second was conceived from the classical mechanical
772 effective time [11, 12] and the membrane potential threshold for Ca^{+2} release [9, 10].

773 The MAP-FWHM measured here (Figure 5A) showed a voltage dependence similar to that
774 previously reported (Figure 5D in [7]). Nevertheless, while we found that for all $[Na^+]_o$ used, MAPs
775 shorten as fibers are depolarized from -100 to -70 mV, it was previously reported that AP FWHM
776 is almost insensitive to depolarization along a (predictable) similar range of potential (Figure 5B
777 in [4]).

778 Since, unexpectedly, the voltage dependence of MAP-FWHM and Ca^{+2} release seem to be
779 negatively correlated (compare Figures 3A and 5A), we resorted to measure MAP-RET (Figure
780 5B). While in the range of -100 to -70 mV, MAP RET better correlate with Ca^{+2} release, it still
781 show a negative correlation with Ca^{+2} release for further depolarization (Figure 5B).

782 Since the OS and the RET have similar apparent voltage independence between -100 and -70 mV,
783 but opposite voltage dependence in the range of -70 to -55 mV, we reasoned that the product of
784 both parameters (OSxMAP-RET) may better correlate with Ca^{+2} release (Figure 9). In fact, we
785 found that the voltage dependence of OSxMAP-RET closely approximate the voltage dependence
786 of Ca^{+2} release at $[Na^+]_o$ between 115 and 60 mM (Figures 9A-9C). As expected no correlation was
787 found at 40 mM Na^+_o . This was confirmed by plotting the Ca^{+2} transient peaks as a function of
788 OSxMAP-RET determined at the same V_m and $[Na^+]_o$. A high correlation was determined for the
789 data at 115-60 mM Na^+_o (Figure 7E, see legend for R^2 values), suggesting a causative relationship
790 between both parameters. A similar correlation between the peak of Ca^{+2} -dependent fluorescence
791 transients and the area of APs was recently described [26].

792

793 **Na^+_o deprivation and depolarization impair Ca^{2+} release in rested fibers stimulated 794 at 100Hz**

795 Tetanic force is more sensitive to $[Na^+]_o$ deprivation or increased $[K^+]_o$ than twitch tension, and
796 this two factors have been shown to synergistically impair tetanic force generation [11]. A similar
797 study of Ca^{2+} release in these conditions was missing, thus we measured, in a relatively small
798 number of fibers, Ca^{2+} transients elicited by short, 100 Hz trains in rested fibers exposed to 115-
799 40 mM Na^+_o and maintained at holding potentials between -100 and -55 mV (Figures 6 and 7).

800 Our approach is able to resolve the Ca^{2+} release events elicited by each pulse of the trains,
801 providing a continuous quantitative readout of $[Ca^{2+}]_i$ changes and simultaneous recordings of
802 the underlying MAPs.

803 Notably, our data demonstrate that fibers chronically exposed to $[Na^+]_o$ as low as half the
804 physiological value can generate close to normal Ca^{2+} transients at a frequency of 100 Hz as far as
805 the membrane potential is more negative than -80 mV.

806 In this conditions, robust MAPs are elicited and, in agreement with single pulse experiments,
807 potentiation of the first Ca^{+2} transient of each train is seen at 115 and 90 mM Na^+_o , but not at 60
808 mM Na^+_o (Figure 6-7).

809 At this range of membrane potentials a high g_{Na} is expected, consequently the relatively small
810 reduction of the OS observed is mainly due to the imposed reduction in E_{Na} . The results suggest
811 that g_{Na} is the predominant factor governing the ECC process in this conditions, for this reason
812 Ca^{+2} release seems immune to reduced $[Na^+]_o$.

813 Interestingly, at 115 and 90 mM $[Na^+]_o$, Ca^{+2} release from the second pulse is compromised,
814 regardless the first Ca^{+2} transient is potentiated, if the fibers are depolarized to -60 mV (Figures

815 6C and 6G). At this potential a reduced g_{Na} is expected; and this may explain why MAPs have
816 smaller OSs. However, this cannot explain why the pattern of Ca^{+2} release is irregular while that
817 of MAP generation is not. The results suggests that, notwithstanding $[Na^+]_o$ is high, at potentials
818 that predicts a reduced g_{Na} , the ECC process cannot respond normally at high frequency. The
819 abnormal response to high frequency stimulation and the fact that the first Ca^{+2} transient of the
820 train is normal is another example of an apparent disconnection between Ca^{+2} release and MAP
821 features. One possible explanation is that the surface and TTS membranes respond differentially
822 to the repetitive stimulation. In practical terms, these findings suggest that during repetitive
823 stimulation the propagation mechanism along the TTS or the Ca^{+2} release mechanism has a lower
824 safety factor in comparison to that observed in response to single stimulation.

825 Lowering $[Na^+]_o$ to 60 mM further compromise the response of the ECC process to tetanic
826 stimulation, since Ca^{+2} release failure is observed at more negative membrane potentials (i.e. -70
827 mV), no matter the MAPs has a much larger amplitude than that of those recorded at -65 mV in
828 fibers exposed to 115 and 90 mM Na^+_o (Figure 6C and 6D). A larger g_{Na} , as expected at -70 mV,
829 may explain why the MAPs are larger at a lower $[Na^+]_o$, but is at odds with the ECC failure.
830 Therefore, lowering $[Na^+]_o$ to 60 mM seems to further reduce the safety factor for Ca^{+2} release
831 during repetitive stimulation. In these conditions, it seems that the $[Na^+]_o$ is the predominant
832 factor determining the apparent decoupling of the ECC process from (surface membrane) MAPs.
833 As expected from single pulse stimulation, Ca^{+2} release failed at all potentials when extremely low
834 $[Na^+]_o$ even though MAP have large OSs (Figure 6E-6H).

835 As for single stimulation, we find that the OS per se fail to predict Ca^{+2} release in most conditions
836 explored. The most dramatic demonstration of this is seen at 40 mM Na^+_o , robust MAPs, with OSs
837 between 20 and 30 mV, failed to elicit normal Ca^{+2} release even in response of the first pulse of
838 the trains. For $[Na^+]_o$ from 115 to 60 mM, Ca release failure at extreme depolarization was not due
839 to failing MAP generation (Figures 5D and 6H, Figure 7D). Ca release can either be defective or
840 fail along the trains while non-skipping, regenerative responses (MAPs) may peak between -5 and
841 20 mV are simultaneously recorded.

842 It should be noted that, in agreement with force measurements [11], aside for the response to the
843 first stimulus, at none of the conditions studied, Ca^{+2} release was potentiated during the trains;
844 all the experimental conditions tested resulted in no effect or depression of Ca^{+2} release.

845 Overall, our results demonstrate that Ca^{+2} release in response to repetitive stimulation is more
846 sensitive to depolarization (and thus, to increased K^+_o) and Na^+_o deprivation than Ca^{+2} release
847 elicited by single stimulus. Moreover, as for single stimulation, when imposed in combination,
848 depolarization and Na^+_o deprivation seem to synergistically impair Ca^{+2} release in response to
849 repetitive stimulation; as reported for tetanic force force [11]. A likely explanation for the effects
850 of these two factors is a depression of the generation and conduction of APs along the TTS.
851 However, possible alterations of other steps of the ECC during repetitive activation needs to be
852 determined.

853 Our data provide, for the first time, a mechanism to explain how Na^+_o deprivation and K^+_o
854 accumulation cause depression of tetanic force, and why K^+_o accumulation potentiates twitch
855 force but does not cause tetanic force potentiation.

856 857 **Further directions**

858 The present work extends our previous study on the influence of changes in the $[K^+]_o$ and
859 membrane depolarization on Ca^{+2} release [7]. Although amphibian muscles were used, both
860 works provided novel insights on the mechanisms of muscle fatigue in particular and ECC in
861 general. We plan to perform a similar study in myosin-typified mammalian muscle fibers
862 maintained at close to physiological conditions. Combining electrophysiological and optical
863 techniques [21, 32] and working in both current- and voltage-clamp conditions, the immediate
864 goal is to directly assess the generation and propagation of APs along the TTS and the response of
865 subsequent events of the ECC process to repetitive stimulation and changes in external ion

866 concentrations and membrane potential. The long term goal is to accomplish similar studies in
867 human muscle fibers. We have already demonstrated the feasibility of using our experimental
868 approach to study the ECC process in fibers obtained from human biopsies [46], which are
869 otherwise inaccessible to most standard electrophysiological techniques.

870
871 **Summary**

872 The effects of depolarization and Na^+ deprivation of Ca release elicited by single stimulation can
873 be summarized as follows: a) Depolarization has a dual effect on Ca^{2+} release. At physiological
874 $[\text{Na}^+]_o$, depolarizations to values more negative than -60 mV produce Ca^{2+} release potentiation,
875 and depolarizations to values more positive than -60 produce a steep depression of Ca release.
876 b) Na^+ deprivation has a monotonic detrimental effect on Ca^{2+} release. Potentiation is reduced at
877 90 mM Na^+ and eliminated at 60 mM Na^+ . At both $[\text{Na}^+]_o$, voltage-dependent depression of Ca^{2+}
878 release occurs at membrane potentials more negative than -60 mV. At 40 mM Na^+ , Ca^{2+} release
879 is partially decoupled from MAPs.

880 At $[\text{Na}^+]_o$ larger than 60 mM fibers can produce normal Ca^{2+} transients at 100 Hz if polarized to
881 membrane potentials more negative than -80 mV. Larger depolarization impair Ca release along
882 100 Hz trains. In fibers polarized between -100 and -70 mV, Ca^{2+} release decouples from close to
883 normal trains of MAPs, when exposed to 40 mM Na^+ .

884 The effects of depolarization and Na^+ deprivation synergistically depress Ca^{2+} release.

885 The OS and duration of MAPs are not figures of merit to predict Ca^{2+} release; the parameter
886 $\text{OS} \times \text{MAP-RET}$ better correlates with the peak of Ca^{2+} transients.

887 We proposed that a compromised TTS AP generation and/or conduction, not MAP impairment,
888 may explain the detrimental effects of depolarization and Na^+ deprivation on Ca^{2+} release.

889 We conclude that the effects of increased K^+ and Na^+ deprivation on twitch and tetanic force
890 generation of rested fibers can be explained on the basis of the effects of membrane depolarization
891 and Na^+ deprivation on Ca^{2+} release.

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894

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897

898 **Conflict of interest.**

899 The author declare no conflict of interest.

900 **Figure Legends**

901 **Figure 1. Ca⁺² release elicited by single pulse stimulation in fibers maintained at -**
902 **100 mV and exposed to various [Na⁺]_o.**

903 **A.** The black, blue and red traces represent, respectively, the Ca⁺² transients recorded from a fiber
904 exposed successively to at 115, 90 and 60 mM Na⁺_o.

905 The green trace represents the Ca⁺² transient recorded after returning to 115 from 60 mM Na⁺_o.

906 **B.** MAPs recorded simultaneously with each of the Ca⁺² transients shown in A, represented using
907 the same color coding as in A.

908 **C.** Ca⁺² transients recorded in another fiber exposed successively to 115 (black trace) and 40 mM
909 Na⁺_o (magenta trace).

910 **D.** MAPs eliciting the Ca⁺² transients shown in C. The same color coding as a in C was used.

911 The inset in each panel shows the corresponding Ca⁺² transients or MAPs in an expanded time
912 scale.

913 Notice that, for all panels, two different time scales are used in the insets for Ca⁺² transients and
914 MAPs.

915
916 **Figure 2. Effects of steady depolarization on the Ca⁺² transients recorded from**
917 **fibers exposed to various [Na⁺]_o.**

918 Ca⁺² transients (top panels) and their corresponding MAPs (bottom panels) recorded from fibers
919 bathed in 115, 90, 60 and 40 mM Na⁺_o, and maintained at various membrane potentials, as
920 indicated by the color bars.

921 **A-B.** Records at 115 mM Na⁺_o.

922 **C-D.** Records at 90 mM Na⁺_o.

923 **E-F.** Records at 60 mM Na⁺_o.

924 **G-H.** Records at 40 mM Na⁺_o.

925 For each [Na⁺]_o, different holding potentials are used, records at each condition are color coded.

926 The same color is used for simultaneously recorded Ca⁺² transients and MAPs.

927 The inset in each panel shows the corresponding Ca⁺² transients or MAPs in an expanded time
928 scale.

929 Notice that, for all panels, two different time scales are used in the insets for Ca⁺² transients and
930 MAPs.

931
932 **Figure 3. Dependence of Ca⁺² transients' peak and duration on the membrane**
933 **potential and [Na⁺]_o.**

934 **A.** Voltage dependence of the Ca⁺² transient's peak. Data points represent the means of Ca⁺²
935 transients' peaks recorded at -100, -90, -80, -70, -60 and -55 mV from fibers exposed to 115 (black
936 line and symbols), 90 (red line and symbols), 60 (blue line and symbols) and 40 mM Na⁺_o (green
937 line and symbols).

938 **B.** Dependence of the Ca⁺² transient's peak on [Na⁺]_o. The data in A are plotted as a function of
939 [Na⁺]_o, the error bars are omitted for clarity. The holding potential (-100, -90, -80, -70, -65, -60
940 and -5 mV) is color coded as indicated by the colored horizontal bars.

941 **C.** Voltage dependence of the Ca-FWHM. Data points represent the means of FWHM of Ca⁺²
942 transients recorded from fibers maintained at -100, -90, -80, -70, -60 and -55 mV and exposed to
943 115 (black line and symbols), 90 (red line and symbols), 60 (blue line and symbols) and 40 mM
944 Na⁺_o (green line and symbols). Same population of fibers as in A.

945 **D.** Dependence of the Ca-FWHM on the [Na⁺]_o. The data in C are plotted as a function of [Na⁺]_o,
946 the error bars are omitted for clarity. The holding potential used is color coded as indicated by the
947 color horizontal bars.

948 Symbols represents mean ± SE. n=7, 6, 5, 3 for experiments at 115, 90, 60 and 40 mM Na⁺_o.

949 Asterisks indicate statistical difference from data at -100 mV.

950

951 **Figure 4. Dependence of MAP overshoot on holding potential and $[Na^+]_o$.**
952 **A.** The OS is plotted as a function of the membrane potential. Data points are the mean OS
953 determined from MAPs recorded at -100, -90, -80, -70, -60 and -55 mV from fibers bathed in 115
954 (black line and symbols), 90 (red line and symbols), 60 (blue line and symbols) and 40 mM N
955 (green line and symbols).
956 **B.** Dependence of the OS on the $[Na^+]_o$. Data in A are plotted as a function of $[Na^+]_o$. Error bars
957 are omitted for clarity. Each plot represent data obtained at the same holding potential (-100, -
958 90, -80, -70, -60 and -55 mV), as indicated by the colored horizontal bars.
959 Symbols are mean \pm SE. Asterisks indicate statistical difference from data at -100 mV.

960
961 **Figure 5. Voltage dependence of MAP FWHM and DUR-40**
962 **A.** The FWHM of MAPs recorded in fibers exposed to various $[Na^+]_o$ is plotted as a function of
963 holding potential (Vm). The $[Na^+]_o$ (115, 90, 60 and 40 mM) is color coded as indicated by the
964 colored bar.
965 **B.** The RET of MAPs recorded in fibers exposed to various $[Na^+]_o$ is plotted as a function of holding
966 potential (Vm). The $[Na^+]_o$ (115, 90, 60 and 40 mM) is color coded as indicated by the colored bar.
967 Symbols are mean \pm SE. Asterisks indicate statistical difference from data at -100 mV.

968
969 **Figure 6. Effects of membrane potential on the Ca^{+2} release elicited by high**
970 **frequency stimulation in fibers bathed in Ringer containing 115 or 90 mM Na^+ .**
971 Top and bottom panels for each condition show the Ca^{+2} transients and their corresponding
972 MAPs, respectively. Recordings were obtained from fibers maintained at the indicated holding
973 potentials and exposed to either 155 (black traces) or 90 mM $[Na^+]_o$ (red traces). A 100 ms, 100
974 Hz train of supra-threshold pulses was used to stimulate the fibers.
975 Similar responses were recorded in 4 different fibers for each 115 and 90 Na^+ .

976
977 **Figure 7. Effects of membrane potential on the Ca^{+2} release elicited by high**
978 **frequency stimulation in fibers bathed in Ringer containing 60 or 40 mM Na^+ .**
979 Top and bottom panels for each condition show the Ca^{+2} transients and their corresponding
980 MAPs, respectively. Recordings were obtained from fibers maintained at the indicated holding
981 potentials and exposed to either 60 (blue traces) or 40 mM $[Na^+]_o$ (green traces). A 100 ms, 100
982 Hz train of supra-threshold pulses was used to stimulate the fibers.
983 Similar responses were recorded in 4 different fibers for 60 and 3 fibers for 40 Na^+ .

984
985 **Figure 8. Relationship between the peak of Ca^{+2} transients and the overshoot of**
986 **MAPs.**
987 The peak of Ca^{+2} transients are plotted as a function of the OS. Lines and symbols represent data
988 obtained at 115 (black line and symbols), 90 (red line and symbols), 60 (blue line and symbols)
989 and 40 mM Na^+ (green line and symbols). The cyan arrow indicates potentiation of Ca^{+2}
990 transients as the OS is reduced from 50 to 40 mV. The magenta arrow indicates the depression of
991 Ca^{+2} transients at 40 mM Na^+ and large OSs. The brown arrow indicates a monotonic relationship
992 between the Ca^{+2} transient's peak and MAP FWHM.

993
994 **Figure 9. Correlation between the peak of Ca^{+2} transients and OSxMAP-RET**
995 **A-D.** The MAP-RET, the peak of the Ca^{+2} transients (Peak- Ca^+), the OS and the product of the OS
996 times Map-RET (OSxMAP-RET) measured at 115, 90, 60 and 40 mM Na^+ were normalized and
997 plotted as a function of the holding potential (Vm). The $[Na^+]_o$ is color coded as indicated by the
998 colored bars. Each parameter was normalized to its value at -100 mV (indicated in each panel by
999 the dashed lines).
1000 **E.** Correlation between the peak of Ca^{+2} transients and OSxMAP-RET. The peak of Ca^{+2} transients
1001 determined at 115, 90 and 60 mM $[Na^+]_o$ are plotted as a function of the corresponding OSxMAP-

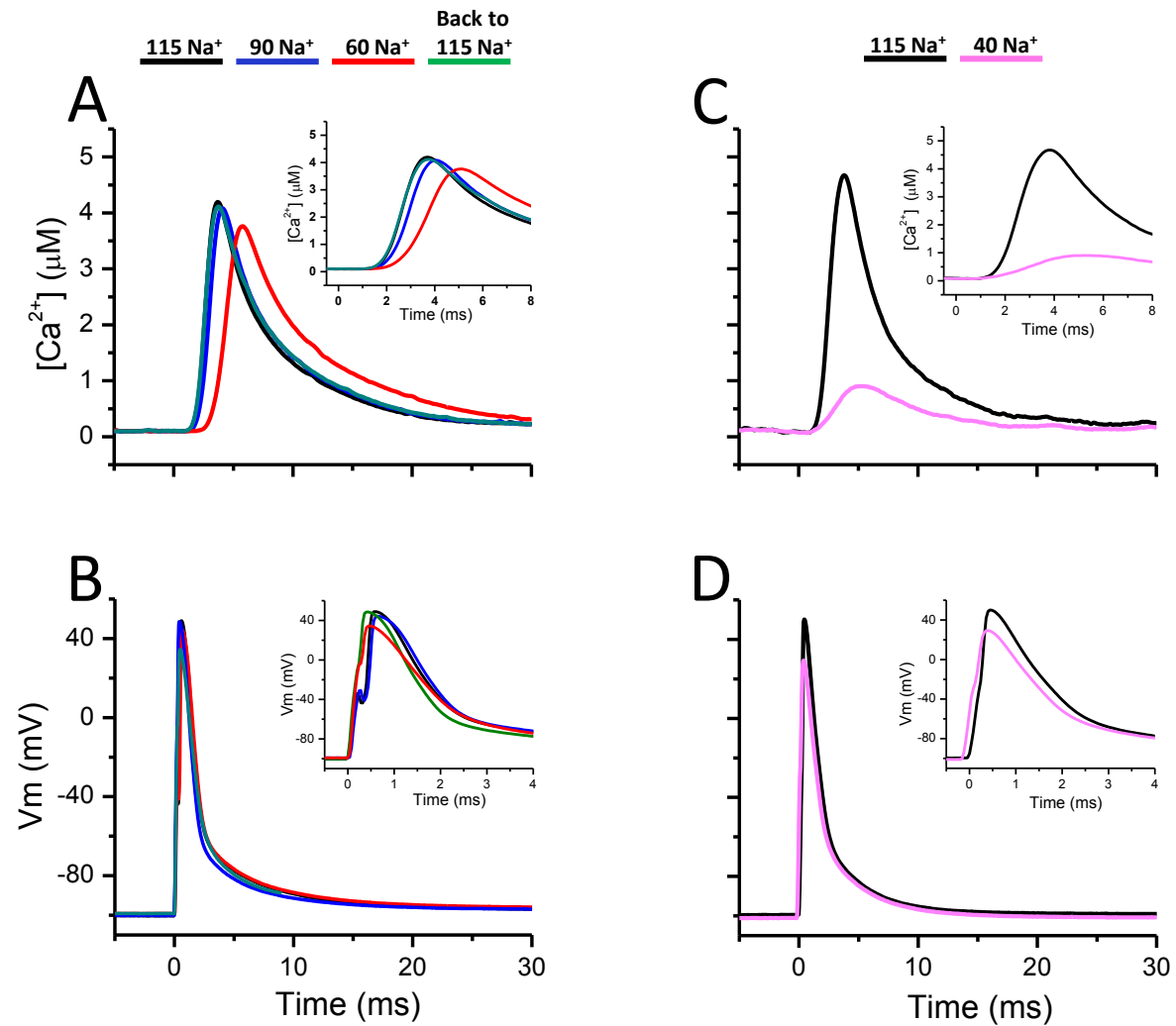
1002 RET. The data points for each $[\text{Na}^+]_o$ were fitted to linear regressions. The R^2 values were 0.99,
1003 0.94, 0.98 and 0.47 for data obtained at 115, 90, 60 and 40 mM $[\text{Na}^+]_o$, respectively. The data for
1004 40 mM $[\text{Na}^+]_o$ are not shown. The $[\text{Na}^+]_o$ is color coded as indicated by the colored horizontal bars.

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115 Na⁺90 Na⁺60 Na⁺40 Na⁺

-100 -80 -60 -55

-100 -80 -60 -57

-100 -80 -70 -65

-100 -90 -80 -70

