A One-Step Synthesis of DNA Dumbbells Tunnels Short-Read Libraries
into a Long-Read Format

Ya-Hui Chang[1], Hong-Hsing Liu[1,2,]*

[1] Institute of Molecular and Genomic Medicine, National Health Research Institutes,
   Zhunan 35053, Taiwan

[2] Pediatrics, En Chu Kong Hospital, Sanxia 23702, Taiwan

*Correspondence: hhliu@nhri.edu.tw; honghsing.liu@gmail.com

Abstract

DNA dumbbells have many applications. For example, they can be templates for rolling-circle amplification to produce highly accurate long-read sequences of single molecules. We have developed a highly efficient and simple method for 'tunneling' short-read Illumina sequencing libraries into long-read dumbbells. A 5'-exonuclease used in Gibson Assembly converted fixed Illumina P5/P7 sequences into sticky ends. Self-looping oligonucleotides with complementary 3'-overhangs were ligated to form dumbbells. The reaction proceeded in one pot and modified only end nucleotides of input libraries. Resulting dumbbells were ready for Phi29-dependent rolling circle amplification. Demonstrative readouts of full-length 16S rDNA from a standard microbial community, obtained on a Pacific Biosciences (PacBio) platform, confirmed successful tunneling of initially P5/P7-ended sequencing libraries. Twelve fecal samples additionally showed significant correlations between standard and tunneled 16S sequence variants on a PacBio platform.

Keywords: Dumbbell DNA, Rolling Circle Amplification, Next-Generation Sequencing

Introduction

DNA dumbbells are a variety of circular DNA. Topologically equivalent to circles, DNA dumbbells are highly resistant to exonucleases and can serve as stable vectors for regulating gene expression[1]. Additionally, dumbbell DNA can serve as an iterative template for rolling-circle amplification[2]. Many modern sequencers use DNA dumbbells or circles as sequencing templates. Pacific Biosciences (PacBio) platforms, for example, derive long and highly accurate sequences *via* alignment of iterative 'subreads' into consensus 'HiFi' reads[3]. MGI Tech instead uses circular DNA to amplify sequencing signals *via* 'DNA nanoballs'[4].

With high-throughput sequencing, a complete human genome can now be analyzed within hours[5]. Decreased costs and increased throughputs have accelerated

application of sequencing technology to all fields of life science. However, the need

to transform sequencing subjects into suitable library formats remains a key

pragmatic constraint. For example, short-read libraries for Illumina are linear DNA

with fixed P5/P7 sequences on either end[6]. Long-read libraries for PacBio are instead

dumbbell-shaped with fixed loop sequences[7]. These libraries require different

workflows to prepare. Each sequencing platform has advantages and disadvantages[8].

Illumina platforms are highly accurate but suffer from short reads of 150bp paired-

end on most recent hardware. PacBio platforms instead offer long reads of well over

10kbp, achieving accuracy through iteratively optimized 'HiFi' consensus[3]. For some

libraries, such as those that include full-length B-lymphocyte heavy chain sequences,

neither platform is readily used. These libraries are typically longer than what

Illumina platforms can comfortably sequence, but few established workflows exist to

format these libraries for PacBio platforms. A potential solution unifies the protocols

through a 'tunneling' option. We have realized this solution with a novel one-step

synthesis of DNA dumbbells.

Materials and Methods

Preparation of 16S rDNA

16S rDNA of variable lengths from the DH5α *E. coli* strain were PCR amplified

using the following thermocycle: 95°C 3 minutes, 30 cycles of 98°C 20 seconds + 60°C

15 seconds + 72°C 2 minutes, and 72°C 7 minutes. Each 50 μL reaction contained

either a 10 μL pellet from a 5-hour culture or 10 ng template DNA, 0.2 μM each

primer, and KAPA HiFi HotStart ReadyMix (Roche). A full-length founder rDNA of 1.6

kbp was prepared with the primer pair 5'-AAGCAGTGGTATCAACGCAGAGT

AGRGTTYGATYMTGGCTCAG-3' and 5'-CAGACGTGTGCTCTTCCGATCT

RGYTACCTTGTTACGACTT-3'. P5 and P7-flanking derivatives of lengths varying by

factors of two were subsequently amplified from the template by a common primer

5'-GGCGACCACCGAGATCTACAC AGRGTTYGATYMTGGCTCAG-3' coupled with one of

the primers 5'-GCAGAAGACGGCATACGAGAT RGYTACCTTGTTACGACTT-3', 5'-

GCAGAAGACGGCATACGAGAT CCAAGTCGACATCGTTTACGG-3', 5'-

GCAGAAGACGGCATACGAGAT CCTTCCTCCCCGCTGAAAGTA-3', 5'-

GCAGAAGACGGCATACGAGAT GCACATCCGATGGCAAGAGG-3', and 5'-

GCAGAAGACGGCATACGAGAT ACATTACTCACCCGTCCGCCACT-3' for each template.

Dumbbell formation

16S rDNA inputs reacted with two self-looping oligonucleotides (SLOs) in

NEBuilder® HiFi DNA Assembly Master Mix (New England BioLabs®) at 45°C for 2-3

hours. The 5'-ends of SLOs were phosphorylated and protected by five consecutive

phosphorothioate bonds (*). The 3'-ends of SLOs were compatible with the

corresponding end sequences of indicated inputs. Products in Fig. 1 were formed

from the SLO pair Pho5'-G*G*C*C*A*GCAGC AGAGGAGGAC GCTGCTGGCC ATATG

AATGATACGGCGACCACCGAGATCTACAC-3' and Pho5'-G*A*A*G*T*GCGCTG

TAAGTATTAC CAGCGCACTTC ATAT CAAGCAGAAGACGGCATACGAGAT-3', while those in

Fig. 2 were formed from the SLO pair Pho5'-G*G*C*C*A*GCAGC AGAGGAGGAC

GCTGCTGGCC AAGCAGTGGTATCAACGCAGAGT-3' and Pho5'-G*A*A*G*T*GCGCTG

TAAGTATTAC CAGCGCACTTCT ATAATGG CAGACGTGTGCTCTTCCGATC-3'.

Efficiency calculation

Successfully formed dumbbells resist exonuclease digestion, but DNA inputs

with open ends do not. To calculate efficiency, one half of each cleanup prepared

using MinElute PCR Purification Kit (QIAGEN) was treated with a cocktail of

exonucleases comprising 0.2 U/µL T7 exonuclease, 0.2 U/µL truncated exonuclease

VIII, 0.2 U/µL exonuclease I, and 1 U/µL exonuclease III (New England BioLabs®),

while the other half of each cleanup was not treated. After 30 minutes at 25°C

followed by 30 minutes at 37°C, remaining DNA in each half was quantified using a

DNA Qubit™ dsDNA HS Assay Kit (Invitrogen™). Efficiency of dumbbell formation was

derived accordingly.

PCR verification

A common primer, 5'-GTGACTGGAGTTCAGACGTGTGCTCTTCCGATCT

GACTACHVGGGTATCTAATCC-3' or 16S-V4-R, was paired with loop-hybridizing primer

SL (5'-GTCCATCCTCGTCCTCCTC-3') or SL10Ta (5'-AGCAGC GTCCTCCTCT GCTG-3') to

verify dumbbell formation, and 16S-V3-F (5'-

ACACTCTTTCCCTACACGACGCTCTTCCGATCT CCTACGGGNGGCWGCAG-3') to control

for inputs. PCR reactions were performed in Q5 HiFi polymerase ready mix (New

England BioLabs®) using the following thermocycle: 98°C 30 seconds; 5 cycles of

98°C 10 seconds, 45°C (SL) or 62°C (SL10Ta or 16S-V3-F) 3 minutes; 25 cycles of 98°C

10 seconds, 54°C (SL) or 62°C (SL10Ta or 16S-V3-F) 30 seconds, 72°C 40 seconds; and

72°C 2 minutes.

Rolling circle amplification

Each Phi29-dependent rolling circle amplification on dumbbells was primed with

loop-hybridizing primer SL or SL10Ta. Specifically, a 10 µL mixture of 10 fmol

dumbbell template, 0.5 or 5 pmol primer, and 1mM dNTP was heated at 95°C for 3

minutes before ramping down slowly to 25°C. Bovine serum albumin at final 0.2

mg/mL and Phi29 polymerase (New England BioLabs) were added and the reaction

ran at 30°C for 16 hours before inactivation at 65°C for 10 minutes.

Tunneled PacBio sequencing

Customized primers for amplifying full-length 16S with P5/P7 ends are

illustrated in **Fig. 3a**. Sequence details are in **Supplementary Table 1**. PCR

thermocycles were: 95°C 3 minutes, 25-28 cycles of 95°C 30 seconds + 57°C 30

seconds (ramp rate ≤ -3 °C/sec) + 72°C 1 minute, and 72°C 3 minutes. Each 25 μL

reaction contained 2 ng template DNA, 0.375 μM each primer, and KAPA HiFi

HotStart ReadyMix (Roche). PCR products were cleaned up with MinElute PCR

Purification Kit (QIAGEN) and quantified by DNA Qubit™ dsDNA HS Assay Kit

(Invitrogen™). Purified amplicons receiving the same pair of SLOs were pooled

equally before assembly. Most samples were subjected to asymmetric looping

(**Supplementary Table 2**), which allowed docking of the PacBio sequencing primer on

the P5 loop only. One sample received symmetric looping, which took the PacBio

sequencing primer on both loops. SLOs for asymmetric looping are Pho5'-

C*T*C*T*C*TCAACAACAAC TCCTCCTCCTCCGTT GTTGTTGTTGAGAGAGAT GATAC

GGCGACCACCGAGATCTACAC-3' and Pho5'-G*A*A*G*T*GCGCTG TAAGTATTAC

CAGCGCACTTC ATAT CAAGCAGAAGACGGCATACGAGAT-3'. The latter was replaced

with Pho5'- C*T*C*T*C*TCAACAACAAC TCCTCCTCCTCCGTT GTTGTTGTTGAGAGAGAT

CAA GCAGAAGACGGCATACGAGAT -3' for symmetric looping. The assembly condition

has been described above in 'Dumbbell formation.' Two samples were from DH5α *E.*

coli strain, one sample was ZymoBIOMICS Microbial Community Standard (D6300,

ZYMO RESEARCH), and others were controls that were previously sequenced on the

PacBio platform.

Bioinformatic analysis of tunneled PacBio sequencing

In brief, adapters were recalled using PacBio's utility *recalladapters*. The output

subreads.bam was processed by the *ccs* utility to get the fastq file. After

demultiplexing, records belonging to the standard microbial community or each fecal

sample were pooled into indicated fastq files for downstream analyses. Commands

and Python scripts are briefed in the supplementary file.

Results

One-step synthesis of DNA dumbbells

This study followed Gibson Assembly[9] in utilizing 5'-exonucleases to expose

sticky ssDNA in fixed P5/P7 sequences on Illumina libraries (**Fig. 1a**). Introduction of

self-looping oligonucleotides with complementary 3'-ends completed dumbbell

formation in one pot. Phosphorothioate bonds were artificially introduced at the 5'-

ends of looping oligonucleotides to resist the action of 5' exonucleases.

As a demonstration of the method, five sequencing libraries of DH5α 16S with
P5/P7 ends were prepared, with lengths varying over four powers of two (**Fig. 1b**, left
panel). Library conversions were performed using commercially-available ready-mix
NEBBuilder kits. Purified products were subjected to digestion by a cocktail of
exonucleases (**Fig. 1b**, right panel). Only successfully converted dumbbells were not
degraded by the exonuclease cocktail. Conversion efficiency decreased moderately
with input length, ranging from 69% for the longest input to 98% for the shortest
input. Without conversions, input DNA was highly susceptible to exonucleases; only
1.4% of unconverted input DNA remained undegraded in the longest input (**Fig. 1b**,
right panel).

Verification of dumbbell formation
Looping reactions were verified using PCR (**Fig. 2a**). Dumbbells with known loop
sequences were prepared from the DH5α 16S sequence. Two primers, SL and SL10Ta,
differ in end sequences but hybridize with the same loop of each dumbbell. Both
were each paired with a primer matching the input sequence (16S-V4-R). Only
dumbbells, and not unmodified inputs, yielded positive bands. SL and SL10Ta were
also used for Phi29-based rolling circle amplification[2] (**Fig. 2b**). Only dumbbells, and
not unmodified inputs, allowed Phi29-catalyzed polymerization of high molecular-
weight products (**Fig. 2b**, arrow).

Tunneling to PacBio Sequencing
DNA dumbbells are the template format of PacBio sequencers. Analyses of a
standard microbial community on the PacBio platform are published in Callahan et
al[10]. For comparison, we prepared a full-length 16S library from the same standard
community with customized PCR primers (**Fig. 3a and Supplementary Table 1**), along
with other full-length 16S control libraries (**Supplementary Table 2**). These PCR oligos
differed from PacBio standards on the 5' ends, where the forward primer had
Illumina P5 sequences and the reverse primer had Illumina P7 sequences,
respectively. After PCR amplification, these linear DNA libraries were converted to
dumbbell derivatives.
These libraries were sequenced on the PacBio Sequel platform with default
parameters. Demultiplexed reads of the standard community were analyzed with the
pipeline from Callahan et al[10]. 23 amplicon sequence variants (ASV) of full-length 16S
were identified by DADA2[11], 12 of which exactly matched reference sequences (**Table
1**). All eight bacterial genera, including *Bacillus, Enterococcus, Escherichia,
Lactobacillus, Listeria, Pseudomonas, Salmonella, and Staphylococcus* were detected.

Their genomic abundances are expected to be equal. Our results recapitulated the
prediction with a relatively even distribution (**Fig. 3b**). Precise stoichiometry of ASV
per genome (**Fig. 3c**) corresponding to Callahan's results[10] was successfully
reproduced.
Twelve fecal full-length 16S libraries previously sequenced following PacBio's
standard protocol (**Supplementary Table 2**), henceforth referred to as direct
sequencing (DS), were re-sequenced as controls. ASV of each sample by DS and
tunneled sequencing (TS) were both identified by DADA2[11]. Although DS had higher
HiFi read depths than TS (14.4 fold on average), ASV identified from DS were only 4.5
fold higher than TS (**Table 2**). Among TS ASV, 92.2±2.1% (s.e.) overlapped with those
from DS. Abundances of overlapped ASV showed significant correlations (**Fig. 3d**).
Pearson coefficients ranged from 0.77 to 0.99 (0.89±0.02, s.e.), with a significance
level $<10^{-6}$ at least.
204
Discussion
In this study, we demonstrate a simple method to convert P5/P7-ended short-
read libraries into DNA dumbbells in one step. Resulting dumbbells are ready for
Phi29-based rolling circle amplification (RCA)[2]. PacBio uses RCA as its *bona fide*
sequencing mechanism. Oxford Nanopore can employ RCA to increase sequencing
accuracy[12, 13]. MGI Tech uses RCA to prepare sequencing templates as 'DNA
nanoballs'[4]. In other words, our method provides a unified one-step option for
tunneling any P5/P7-ended sequencing library to a long-read format suitable for
many different sequencers.
Previous methods for forming DNA dumbbells use multiple steps and employ
PCR[14, 15]. Our method instead combines the principle of Gibson Assembly[9] and the
unique topology of self-looping oligonucleotides to make DNA dumbbells in one step.
This protocol modifies only the end nucleotides of input libraries. Native nucleotides
inside flanking P5/P7 sequences can in principle be left untouched. Asymmetric
dumbbells can be readily achieved by ligating P5- or P7-specific loops. Methods for
linking multiple dumbbells in tandem can be pursued with minor modifications.
We demonstrated the tunneling option on a PacBio sequencer (**Fig. 3**). Although
read depths were suboptimal (**Table 2**), analyses of the standard microbial
community exhibited very good correspondence to previously published results[10].
We saw reasonably distributed abundances of bacterial genomes from the mock
standard community. In total, 23 full-length 16S ASV were identified. The number
was six fewer than identified by Callahan et al[10]. Due to the significant difference in
sequencing depths, this disparity is expected. Importantly, stoichiometry of ASV per
genome matched Callahan's results exactly. The missing three ASV for *Bacillus*, two

ASV for *Enterococcus*, and one ASV for *Staphylococcus* did not change overall integral

sums of ASV for these genera, which remained 10, 4, and 6, respectively. Even for

fecal samples with complex bacterial communities, reads of tunneled libraries

correlated well (**Fig. 3d**).

The reason for suboptimal read depths from tunneled sequencing on the PacBio

platform is unknown. Potential explanations include sequencing primers

mismatching our customized loop, unoptimized stoichiometry of sequencing primers

vs. asymmetric dumbbell templates, and inefficient docking of the primer-dumbbell

complex. All of these can be corrected with fine-tuning of our technique.

Acknowledgements

We thank Chih-Wei Joshua Liu (MIT Physics of Living Systems) for English editing.

Human samples previously sequenced on PacBio sequencers were kindly provided by

Dr. Yu-Chen Lin at Far-Eastern Memorial Hospital. This work was supported by

National Health Research Institutes (MG-109-SP-05).

Author Contributions

Y.H.C. conducted experiments. H.H.L. developed the method.

Competing Financial Interests

A patent application is being filed.

Table 1 Matches of ASV to ZymoBIOMICS reference

Genus	No	Yes
Bacillus	0	3
Enterococcus	0	1
Escherichia	5	0
Lactobacillus	5	0
Listeria	0	3
Pseudomonas	0	1
Salmonella	0	2
Staphylococcus	1	2

255 **Table 2** Summary of HiFi reads and ASV from direct and tunneled sequencing

Sample	HiFi Reads by Direct Sequencing	ASV by Direct Sequencing	HiFi Reads by Tunneled Sequencing	ASV by Tunneled Sequencing	Matched ASV between Both Sequencings
#04	11009	184	864	44	43
#05	10217	197	881	55	46
#06	29282	295	889	38	33
#07	11429	167	858	34	32
#09	10193	318	866	32	30
#10	29334	133	856	38	29
#11	10146	431	822	53	51
#12	30917	159	1183	40	40
#13	12164	95	703	31	28
#14	11543	167	747	31	28
#15	11730	144	633	29	28
#67	11694	55	1180	17	17

Figures

a

b

Figure 1 | Demonstration of protocol. (**a**) P5/P7 ends of input libraries are processed using a 5'-exonuclease, as in Gibson Assembly. Only one end is illustrated. 3'-ssDNA is exposed by dsDNA 5'-exonuclease, which allows 5'-phosphorothioated and 5'-phosphorylated self-looping oligonucleotides to anneal with complementary 3'-overhangs. DNA polymerase and ligase complete the looping reaction. (**b**) Five DH5α 16S libraries of lengths varying by factors of two were subjected to conversion. Products were tested with a cocktail of exonucleases, which has no effect on successfully looped dumbbells. Conversion efficiencies varied from 69% for the longest input sequence to 98% for the shortest input sequence. Little unconverted input survived digestion by the exonuclease cocktail.

271
272
Figure 2 | Verification of protocol. (**a**) Two different primers capable of hybridizing
with a loop paired with a reverse primer matching the input sequence. Only looped
products, and not unconverted inputs, yielded positive PCR bands. (**b**) Rolling circle
amplifications by Phi29 polymerase proceeded only on dumbbell templates primed
with two different loop-hybridizing primers. No high molecular-weight products
(arrow) were produced using unconverted inputs as templates.
279

Figure 3 | Tunneling to PacBio sequencing. (**a**) A pair of primers able to amplify full-length 16S with P5/P7 end sequences is illustrated. (**b**) Genome abundances of eight bacterial genera were relatively equal, corresponding to the known composition of the microbial community standard. (**c**) Stoichiometric analyses of 16S ASV per bacterial genome revealed integral values and sums in line with expectations. (**d**) ASV abundances are significantly correlated between direct and tunneled sequencing.

References

1. Hecker, M. & Wagner, A.H. Transcription factor decoy technology: A therapeutic update. *Biochem Pharmacol* **144**, 29-34 (2017).

2. Dean, F.B., Nelson, J.R., Giesler, T.L. & Lasken, R.S. Rapid amplification of plasmid and phage DNA using Phi 29 DNA polymerase and multiply-primed rolling circle amplification. *Genome Res* **11**, 1095-1099 (2001).

3. Hon, T. et al. Highly accurate long-read HiFi sequencing data for five complex genomes. *Sci Data* **7**, 399 (2020).

4. Drmanac, R. et al. Human genome sequencing using unchained base reads on self-assembling DNA nanoarrays. *Science* **327**, 78-81 (2010).

5. Gorzynski, J.E. et al. Ultrarapid Nanopore Genome Sequencing in a Critical Care Setting. *N Engl J Med* **386**, 700-702 (2022).

6. Meyer, M. & Kircher, M. Illumina sequencing library preparation for highly multiplexed target capture and sequencing. *Cold Spring Harbor Protocols* **2010**, pdb. prot5448 (2010).

7. Travers, K.J., Chin, C.S., Rank, D.R., Eid, J.S. & Turner, S.W. A flexible and efficient template format for circular consensus sequencing and SNP detection. *Nucleic Acids Res* **38**, e159 (2010).

8. Slatko, B.E., Gardner, A.F. & Ausubel, F.M. Overview of Next-Generation Sequencing Technologies. *Curr Protoc Mol Biol* **122**, e59 (2018).

9. Gibson, D.G. et al. Enzymatic assembly of DNA molecules up to several hundred kilobases. *Nat Methods* **6**, 343-345 (2009).

10. Callahan, B.J. et al. High-throughput amplicon sequencing of the full-length 16S rRNA gene with single-nucleotide resolution. *Nucleic Acids Res* **47**, e103 (2019).

11. Callahan, B.J. et al. DADA2: High-resolution sample inference from Illumina amplicon data. *Nat Methods* **13**, 581-583 (2016).

12. Volden, R. et al. Improving nanopore read accuracy with the R2C2 method enables the sequencing of highly multiplexed full-length single-cell cDNA. *Proc Natl Acad Sci U S A* **115**, 9726-9731 (2018).

13. Wilson, B.D., Eisenstein, M. & Soh, H.T. High-Fidelity Nanopore Sequencing of Ultra-Short DNA Targets. *Anal Chem* **91**, 6783-6789 (2019).

14. Taki, M. et al. A direct and efficient synthesis method for dumbell-shaped linear DNA using PCR in vitro. *Nucleic Acids Res Suppl*, 191-192 (2003).

15. Yu, H., Jiang, X., Tan, K.T., Hang, L. & Patzel, V. Efficient production of superior dumbbell-shaped DNA minimal vectors for small hairpin RNA expression. *Nucleic Acids Res* **43**, e120 (2015).