High-resolution mass spectrometry reveals environmentally relevant uptake, elimination, and metabolic alterations following early embryonic exposure to 2,3,7,8-tetrachlorodibenzo-p-dioxin in zebrafish

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HIGHLIGHTS:

- Historical TCDD exposure paradigms produce environmentally relevant body burdens in zebrafish embryos.

- TCDD elimination for high doses can be modeled using an exponential regression.

- Exposure to TCDD alters metabolic pathways that are essential for brain development and function.

ABSTRACT

Dioxin and dioxin-like compounds are ubiquitous environmental contaminants that induce toxicity by binding to the aryl hydrocarbon receptor (AHR), a ligand activated transcription factor. The zebrafish model has been used to define the developmental toxicity observed following exposure to exogenous AHR ligands such as the potent agonist 2,3,7,8-tetrachlorodibenzo-p-dioxin (dioxin, TCDD). While the model has successfully identified cellular targets of TCDD and

molecular mechanisms mediating TCDD-induced phenotypes, fundamental information such as

the body burden produced by standard exposure paradigms is still unknown. We performed

targeted gas chromatography (GC) high-resolution mass spectrometry (HRMS) in tandem with

non-targeted liquid chromatography (LC) HRMS to quantify TCDD uptake, model the elimination

dynamics of TCDD, and determine how TCDD exposure affects the zebrafish metabolome. We

found that 10 ppb, 1 ppb, and 50 ppt waterborne exposures during early embryogenesis

produced environmentally relevant body burden of TCDD: 38 ± 4.34, 26.6 ± 1.2, and $8.53 \pm$

0.341 pg/embryo, respectively, at 24 hours post fertilization. In addition, we discovered that

TCDD exposure was associated with the dysregulation of several metabolic pathways that are

critical for brain development and function including glutamate metabolism, chondroitin sulfate

biosynthesis, and tyrosine metabolism pathways. Together, these data demonstrate that

existing exposure paradigms produce environmentally relevant body burdens of TCDD in

zebrafish and provide insight into the biochemical pathways impacted by toxicant-induced AHR

activation.

KEYWORDS

2,3,7,8-Tetrachlorodibenzo-p-dioxin, TCDD, Dioxin, Zebrafish, High-resolution mass

spectrometry, metabolomics, aryl hydrocarbon receptor, AHR, ahr2

GRAPHICAL ABSTRACT

INTRODUCTION

Dioxin and dioxin-like compounds are global contaminants that pose a threat to human

health as carcinogens, immunomodulators, neurotoxicants, endocrine disruptors, and

teratogens (1). While some dioxins are produced through natural processes such as volcanic

activity and forest fires, the majority of dioxin and dioxin-like compounds are introduced into the

environment through anthropomorphic activities such as paper production and the burning of

industrial waste (2). Dioxins induce toxicity by binding the aryl hydrocarbon receptor (AHR), a

ligand activated transcription factor with endogenous functions in vascular, brain, and immune

system development and function (3–13). Hundreds of dioxins and dioxin-like congeners exist in

the environment with each congener having varying affinity to AHR (14–16). The potent AHR

agonist, 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD), is routinely used in laboratory models to

study developmental toxicity induced by exogenous AHR ligands.

Zebrafish have become a popular model system in developmental biology and

toxicology due to their rapid external embryonic development, optical transparency, and high

degree of sequence homology to humans (17). In zebrafish, embryonic exposure to TCDD for 1

hour at a concentration of either 1 parts-per-billion (ppb) or 10 ppb is sufficient for sustained

AHR activation and produces developmental defects including cardiovascular malformations,

hemorrhaging, loss of the proepicardial progenitor cells, cardiac and cerebral edema, and

craniofacial defects (18–24). Studies in zebrafish have revealed that one of the critical molecular

mechanisms underlying a number of the observed TCDD-induced phenotypes is the reduced

expression and function of the high mobility group transcription factor *sox9b* (22,25,26). TCDD-

induced inhibition of *sox9b* in developing zebrafish is mediated by the induction of *sox9b long*

intergenic noncoding RNA (*slincR*) (27,28). These mechanistic findings derived from model

organism studies make important contributions to our understanding of how human exposure to

TCDD may disrupt human development and health. In humans, dysregulation of *SOX9,* the

human paralog of *sox9b*, is known to cause skeletal, central nervous system, heart

malformations, phenotypes which mirror those observed in model organisms exposed to TCDD

(29–33). The proposed human ortholog of *slincR,* LINC00673, was identified in the human

genome, allowing for the possibility that a conserved mechanism mediates TCDD-induced

toxicity in both zebrafish and humans (27). Although further research is needed, scientists

continue to successfully use the zebrafish model to identify the molecular mechanisms

underlying the teratogenic, carcinogenic, and other adverse health endpoints seen in humans

following AHR agonist exposure.

While the zebrafish model has been used successfully to identify the cellular targets of

TCDD and to determine the molecular mechanisms mediating toxicant induced phenotypes; the

uptake and elimination dynamics of TCDD in zebrafish are not known for doses of TCDD that

are commonly used in developmental exposure paradigms (34). TCDD is highly lipophilic with

low solubility in water (K_{ow}=7.02, (35)), which creates many questions relating to waterborne

exposure paradigms, such as: How many grams of TCDD are present in the embryo following a

waterborne exposure given the limited solubility of TCDD in water and its partitioning to other

surfaces during the exposure? How quickly is TCDD eliminated from the developing embryo?

What concentration of toxicant is bioavailable to the embryos? Does exposure to a high, verses

a low, dose change uptake and elimination? Without this fundamental information, we are

unable to interpret the environmental relevance of current dosing paradigms and whether the

zebrafish exposure model reflects levels of dioxin exposure likely to occur in different human

populations. To address this critical data gap, we used gas chromatography (GC) high-

resolution mass spectrometry (HRMS) to quantify TCDD absorption in zebrafish embryos and

non-targeted liquid chromatography (LC) HRMS metabolomics to understand how TCDD

exposure during early embryogenesis affects the metabolome. We performed a one-hour

waterborne TCDD exposures at 4 hours post fertilization (hpf) with three different concentrations

of TCDD that are routinely used in zebrafish TCDD exposure studies: 50 parts-per-trillion (ppt),

1 part-per-billion (ppb), and 10 ppb. The 50 ppt exposure is used to model sublethal exposures

and has been applied in transgenerational TCDD exposure studies, whereas the 1 ppb and 10

ppb exposures produce lethal cardiac phenotypes (23,36,37). Our metabolomic analysis

revealed that TCDD exposure alters xenobiotic metabolism, tryptophan metabolism, and

androgen biosynthesis. Based on knowledge derived from previous toxicological and biological

studies these pathways were expected and detection was used to authenticate our metabolomic

analysis. In addition, we discovered TCDD exposure was associated with the dysregulation of

several metabolic pathways that are critical for brain development and function including the

glutamate metabolism, chondroitin sulfate biosynthesis, and tyrosine metabolism pathways.

Our findings provide essential data regarding TCDD uptake and elimination that are critical for

future interpretation of studies using the zebrafish model to understand TCDD-induced toxicity.

Furthermore, our metabolomics data provide new insight into the pathophysiological changes

that contribute to phenotypes observed following TCDD exposure and provide new research

directions for scientists to explore.

MATERIALS AND METHODS

Chemicals: TCDD stock solution for zebrafish exposure was purchased at an initial

concentration of 50.00 ± 0.32 µg/mL (Stock A) in dimethyl sulfoxide (DMSO, ED-901-B,

Cerriliant, St. Louis, MO). The stocks were made in 2 mL amber vials and caps were wrapped

with Parafilm®. Dosing stocks were kept in the dark at room temperature. Dioxin mix, which

contains TCDD, certified reference standard was purchased from AccuStandard for TCDD

quantitation (New Haven, CT, USA). Surrogate standards (PCB 65 and 166) and internal

standard mix (Phenanthrene-D10, Chrysene-D12, and Carbon Number Distribution Marker)

were also purchased from AccuStandard. Solvents, including n-hexane (≥99%), acetone

(99.8%, HPLC grade), dichloromethane (99.8%, HPLC grade), water (UHPLC-MS grade), and

acetonitrile (UHPLC-MS grade) were purchased from Fisher Scientific. Isotopically labeled

metabolites were purchased from Cambridge Isotopes (MSK-QC-KIT, Tewksbury, MA).

Zebrafish Spawning and Exposure: All procedures involving zebrafish were approved by the

Institutional Animal Care and Use Committee (IACUC) at the Brown University and adhered to

the National Institute of Health's "Guide for the Care and Use of Laboratory Animals". AB strain

zebrafish (*Danio rerio*) were maintained using a zebrafish aquatic housing system with

centralized filtration, temperature control (28.5 ± 2°C), illumination (14 h:10 h light-dark cycle)

ultraviolet (UV) germicidal irradiation, reverse osmosis (RO) water purification, and pH and

conductivity monitoring (Aquaneering Inc., San Diego, CA) according to Westerfield (38). The

Plavicki Lab Zebrafish Facility undergoes routine monitoring for disease including the

semiannual qPCR panels to detect common fish pathogens.

Adult AB zebrafish were incrossed for 1 hour in 1.7 L slope breeding tanks (Techniplast,

USA) and fertilized embryos were collected in egg water (1.5 mL stock salts in 1 L RO water).

Embryonic and larval zebrafish were maintained at 28.5 ± 1ºC in an incubator (Powers Scientific

Inc., Pipersville, PA) within 100 mm non-treated culture petri dishes (CytoOne, Cat. No.

CC7672-3394). Embryos were screened for fertilization and proper development prior to

toxicant exposure.

When the embryos reached 4 hpf, 20 embryos were placed into a clean 2 mL amber vial

(Cat. No. 5182-0558, Agilent, Santa Clara, CA) and residual egg water was removed. Fresh egg

water (2 mL) was added to the vial (10 embryos/mL egg water) and then 2µL (1 µL TCDD/mL

egg water) of TCDD stock (10,000 ng/mL or 50 ng/mL) or control Dimethyl Sulfoxide (DMSO)

was added to the treatment to achieve a 10 ppb (10 ng/mL) or 50 ppt (0.05 pg/mL) final

exposure concentration, respectively. Immediately after addition of TCDD, the vials were

capped, wrapped in Parafilm®, and inverted several times to mix. To minimize inter sample

variability, the same person performed all TCDD exposures. Treatment vials were placed on a

rocker table for 1 hour at room temperature. Treatment solution was removed from the vials and

embryos were washed three times with fresh egg water. Embryos were transferred to 6-well

plates (20 embryos/well) containing egg water and placed into the incubator for collection.

Collection and fixing: At 24 hpf, all embryos were manually dechorionated. Exposed and control

embryos were fixed at either 24, 48, or 72 hpf. At 10 ppb, seven embryos were pooled per

sample. At 50 ppt, 20-40 embryos were pooled per sample. All dosed embryo samples were

paired with equivalent control samples. The water was removed from each sample before snap

freezing in liquid nitrogen and storing at -80°C until ready for TCDD quantification and

metabolomics analysis. At each timepoint 2-3 replicates were collected. In total there were 9

independent spawning events, each timepoint and dose was represented by at least three

independent experiments totaling 5-7 measured samples per timepoint.

Quantification of TCDD: Embryos were extracted and measured for TCDD concentrations by

GC-HRMS (39). Briefly, pooled embryos were transferred into an amber glass 4-dram vial with 4

mL 1:1:1 hexane:acetone:dichloromethane. Each sample was spiked with 10 µL of surrogate

standard solution containing PCB 65 and 166, to assess extraction recovery. The glass vial

containing the embryos was sonicated for 2 hours, until the embryos were disintegrated, and

mixed overnight (15 hours) on an orbital shaker. The supernatant was transferred to a

QuEChERS (Quick, Easy, Cheap, Effective, Rugged, Safe) extraction tube containing 150 mg

dispersive C18 powder and 900 mg $MgSO_4$ (United Chemical Technologies, Bristol, PA, USA).

The QuEChERS tube was mixed for 15 minutes and centrifuged for 10 minutes at 5,000 rpm.

The supernatant from the QuEChERS tube was transferred to a glass test tube for collection.

The 4-dram vial containing the embryos was rinsed twice with 1.5 mL of

hexane:acetone:dichloromethane. Each rinse was transferred to the QuEChERS tube, mixed for

15 minutes in the QuEChERS tube, centrifuged, and transferred to the collection glass test tube.

The final extract (7 mL total) was evaporated to 0.5-1 mL at 40ºC under nitrogen using a 30

position Multivap Nitrogen Evaporator (Organomation Associates Inc.), transferred to a clear GC

vial, and reduced to a final volume of 150 µL. The final extract was transferred to an amber

autosampler vial containing a 250 µL glass insert, spiked with 10 µL of an internal standard

solution containing 62.5 ug/L of phenanthrene D-10, chrysene D-12, and Carbon Number

Distribution Marker and sealed with a Teflon®-lined screw cap.

Sample extracts were analyzed for TCDD concentration on a Thermo Q Exactive

Orbitrap equipped with a Thermo Trace 1300 gas chromatograph (GC) and TriPlus RSH

autosampler. 4 µL of the sample extracted were injected onto a 290ºC split/splitless inlet

operated in splitless mode. Sample extracts were separated on a Restek Rxi-35Sil MS (30 m x

0.25 mm inner diameter x 0.25 µm film thickness) column with helium (99.9999% purity) as the

carrier gas at a flow rate of 1 mL/minute. The oven temperature started at 50ºC for 0.5 minutes,

increased to 330ºC at 12ºC/minute, and held at 330ºC for 5 minutes (total run time was 28

minutes). The transfer line was maintained at 310ºC. The source was held at 250ºC and

operated in electron ionization (EI) mode. Data were collected in full-scan mode (30-550 m/z).

TCDD was quantified in TraceFinder 5.0 using the extracted ion chromatogram (XIC) and the

most abundant peak in the mass spectrum (321.8928 m/z). TCDD identity was confirmed using

the ratio of two confirming ions (319.8958 and 256.9321 m/z) and retention time (19.77

minutes). An eight-point calibration curve prepared by serial dilution of calibration standards in

hexane (0.025 to 15 µg/L) was used to quantify. The limit of detection (LOD) was determined

from seven injections of a calibration standard and calculated as: LOD = [s * t (df, 1 − α = 0.99)]

/ m where s is the standard deviation, t is the student's t-value, df is the degrees freedom, α is

the significance level (n=7, α =0.01, t=3.14), and m is the slope of the calibration curve (40). The

LOD for TCDD was 0.0717 ng/mL (equivalent to 1.54 x 10^{-6} µg/embryo for 7 embryos or 2.69 x

10^{-7} µg/embryo for 40 embryos).

High resolution metabolomics: Embryo samples were evaporated to dryness under nitrogen

reconstituted in 150 µL acetonitrile containing a mixture of isotopically labelled metabolites.

Non-targeted analysis for metabolite detection was performed by injecting 10 µL of sample

extract on a Thermo Orbitrap Q Exactive HF-X MS equipped with a Thermo Vanquish ultra-high

performance liquid chromatograph (UHPLC) system in triplicate. Two chromatography

separation methods were used, normal and reverse-phase. The normal-phase LC was

performed with a HILIC column (Thermo Syncronis HILIC 50 mm X 2.1 mm x 3 µm) at a

constant temperature of 25ºC. Mobile phase A contained 2 mM ammonium acetate in

acetonitrile and mobile phase B contained 2 mM aqueous ammonium acetate. Metabolites were

eluted from the column at a constant flow rate of 0.2 mL/minute using a solvent gradient as

follows: equilibrate with 10% B for 1 minute, increase to 65% B for 9 minutes and hold for 3

minutes, decrease to 10% over 1 minute and hold for 1 minute. The reverse-phase LC was

performed with a C18 column (Thermo Hypersil Gold Vanquish, 50 mm X 2.1 mm x 1.9 µm) at a

constant temperature of 60ºC. Mobile phase A contained 2 mM aqueous ammonium acetate

and mobile phase B contained 2 mM ammonium acetate in acetonitrile. Metabolites were eluted

from the column at a constant flow rate of 0.5 mL/minute using a mobile phase gradient as

follows: equilibration with 2.5% B for 1 minute, increase to 100% B over 11 minutes and held for

2 minutes, and back to 2.5% B over 1 minute and held for 1.5 minutes (total run time 16.5

minutes, data were collected from 0.05 to 12.5 minutes). For both normal and reverse-phase

LC, the MS was operated in full scan mode with 120,000 resolution, automatic gain control of 3

x 10^6, and maximum dwell time of 100 ms. Electrospray ionization was conducted in positive

mode for normal-phase and negative mode for reverse phase LC. Ionization was performed at a

sheath gas flow of 40 units, auxiliary gas flow of 10 units, sweep gas flow of 2 units, spray

voltage of 3.5 kV, 310ºC capillary temperature, funnel radio frequency (RF) level of 35, and

320ºC auxiliary gas heater temperature.

Metabolomics data analysis: Data files were converted from *.raw files to *.cdf files using

XCalibur file Converter, and then processed in R packages apLCMS (16) and xMSanalyzer (41)

to produce m/z feature tables. The m/z feature tables were batch corrected using ComBat (42).

Intensities were filtered by comparing peak intensity in the egg water blank to the sample

intensity (intensity in the sample ≥ 1.5 times the blank) and normalizing by log2 transformation.

Association of metabolite features obtained for 50 ppt and 10 ppb TCDD exposure levels was

assessed for each exposure time and dose using t-tests ($p < 0.05$) in comparison to the control

samples. A False Discovery Rate (FDR) ≤ 20% was used to control for Type I errors in multiple

comparisons. Significant metabolites were analyzed for pathway enrichment using

MetaboAnalystR (43) using the zebrafish mummichog curated model, which includes the

KEGG, BiGG, and Edinburgh maps. All metabolomics data analysis was performed in R

(version 4.0.2).

RESULTS AND DISCUSSION

TCDD body burdens following waterborne 10 ppb or 50 ppt exposures

The developmental toxicology community faces a number of historical issues that

contribute to experimental variability and can make it difficult to interpret the environmental

relevance of exposure paradigms. These challenges include the lack of standardized dosing

paradigms, and the failure to implement quality control standards in research studies such as

the validation of toxicant dosing solutions and the quantification of internal body burdens post-

toxicant exposure. In light of these issues, we conducted a series of studies to determine TCDD

uptake and elimination for dosing concentrations commonly used in TCDD exposure studies.

First, we diluted our commercially purchased and validated TCDD stock solution (stock

A, Figure S1) in DMSO to make a 10,000 ppb secondary stock solution (Stock B), which was

serial diluted to make a 1,000 ppb stock (Stock C) and 50 ppb stock solution (50,000 ppt, Stock

D). We validated the concentrations of each stock solutions (Figure S1), and found each stock

was within the margin of error expected based on the purchased solution (Stock A). Each stock

solution is diluted 1:1000 in embryo water to create a "working solution" to which the embryos

are exposed. To validate that, not only our dilution was precise but also consistent between

doses, we measured the TCDD concentration in three independent working solutions. We found

that the working solutions were within expected deviation of the expected concentration (Figure

S1). After validating all of the stock and working solutions, we were confident the stocks could

be used for subsequent TCDD exposure and uptake studies.

For our body burden assessments, embryos were dosed with 50 ppt, 1 ppb, or 10 ppb

TCDD at 4 hours post-fertilization (hpf) for a one-hour and then raised in fresh egg water. We

selected the 1 ppb and 10 ppb doses, because these concentrations have been previously used

to model TCDD-induced developmental toxicity and to identify key molecular mechanisms

mediating TCDD-induced teratogenicity (23,25,27,37,44,45). The 50 ppt dose has been

established as a sublethal concentration in embryonic and juvenile zebrafish (36,46–48) and

used to model transgenerational effects of TCDD exposure. Changes in cardiac dysfunction

have been reported as early as 60 hpf in the 1 and 10 ppb TCDD-exposed embryos; however,

cardiac collapse and overt morphological malformations occur later in development and

culminate in death between 5- and 7-days post fertilization (dpf, 20,37,47–49). Therefore, to

avoid the confounds associated with organ dysfunction and overt morphological malformations,

we selected 24, 48, and 72 hpf as our time points of interest for both the body burden and

metabolomic studies (Figure 1). Consistent with previous reports, we did not observe

differences in mortality between the control and exposure group at any time point. The average

survival of larvae at 72 hpf in the control (DMSO) group was 96.4% and 96.3% in the TCDD

group (p=0.49, one-tailed t-test, n=313 fish).

As expected, TCDD was not detected in any of the paired control samples at any of the

timepoints examined. We found embryos dosed with 50 ppt TCDD for one hour resulted in a

body burden of 8.53 ± 0.341 pg/embryo at 24 hpf (Table 1). We measured TCDD in a set of

embryos exposed to 1 ppb TCDD and 10 ppb and, interestingly, found that the body burden of

TCDD in the 1 ppb samples was similar to the 10 ppb samples. The 1 ppb does was determined

to be 26.6 ± 1.21 pg/embryo and the 10 ppb dose, 38 ± 4.34 pg/embryo. At 24 and 72 hpf, there

was a significant difference in TCDD body burden in the 1 ppb and 10 ppb dose, however at 48

hpf the body burden was not statistically different. This suggests that the body burden of TCDD

at 24 hpf is not directly proportional to the exposure concentration at 4 hpf. A more detailed

pharmacokinetics study of the zebrafish

embryo is needed to dissect this proportional

difference.

304 **Table 1.** Concentration of TCDD detected

305 per embryo over time. All values are mean ±

306 standard deviation.

Figure 1. Embryonic TCDD concentration over time. Zebrafish were exposed to 10 ppb (black circles), 1 ppb (blue diamonds), and 50 ppt (grey boxes) at 4 hours post-fertilization (hpf). Samples were fixed at 24, 48, and 72 hpf and TCDD was quantified. 10 ppb and 1 ppb are modeled by exponential decay while 50 ppt uses linear elimination.

308   To contextualize zebrafish as a model of human health and ecotoxicology, we compared

309   our

	EXPOSURE					
	10 ppb pg/embryo		**1 ppb** pg/embryo		**50 ppt** pg/embryo	
24 HPF	38.0	± 4.34	26.6	± 1.21	8.53	± 0.341
48 HPF	14.7	± 2.04	12.7	± 1.35	5.27	± 0.312
72 HPF	9.78	± 1.31	4.30	± 0.220	0.407	± 0.019

findings to blood serum concentrations of TCDD detected in exposed human populations. From

1962 to 1971, American Vietnam veterans serving in Operation Ranch Hand in the Vietnam War

sprayed Agent Orange, a defoliant contaminated with TCDD. As a result, serum dioxin

concentration of TCDD in Operation Ranch Hand veterans have been shown to be high,

measuring 12.2 ppt (51). However, the Vietnamese population endured significantly higher

TCDD exposure. In 1970, human breast milk contained up to 1,832 ppt TCDD (excluding other

dioxin congeners), by 1991 serum TCDD concentrations were found to be up to 33 ppt in the

southern Vietnamese population, where Agent Orange was most heavily applied (52). In 1978,

an industrial accident outside of Seveso, Italy, exposed residents to high concentrations of

TCDD. This resulted in serum concentrations up to 56,000 ppt (56 ppb) in this population (53).

Outside of large scale exposure events, the primary route of dioxin exposure is through dietary

consumption of animal products, which results in *in utero* exposure and continuous exposure

across the lifespan (54). Schecter et al. (54) determined the toxic equivalency levels (TEQ) in

human food sources for dioxin and dioxin-like compounds. The TEQ is the amount of TCDD

required to produce the same level of AHR activation as produced by the diverse composition of

AHR agonists seen in environmental samples (55). Freshwater fish contained the highest TEQ

(1.72 ppt), while a purely vegan diet had the lowest TEQ (0.09 ppt), intermediate levels were

detected in chicken (0.33 ppt), ocean fish (0.39 ppt), and human milk (0.42 ppt, (54)). Using the

previously reported dechorionated dry weight of a zebrafish embryo (39.5 ± 15.5 µg) at 24 hpf,

we calculated the TCDD concentration within each embryo in our experiments and found that

following: the 10 ppb exposure the internal TCDD concentration was approximately 0.96 ppt, 1

ppb exposure had an internal TCDD concentration of 0.67 ppt, and a 50 ppt dose the internal

concentration was 0.22 ppt (56). This rough estimate suggests that our measured tissue

concentrations of TCDD were within the same order of magnitude observed in human food

sources and reflect environmental relevant levels of TCDD.

The described 10 ppb exposure paradigm produces an internal body burden that reflects

the body burdens of TCDD in range of wild fish populations. The EPA reported TCDD

concentrations in fish (all encompassing) to be about 6.89 ppt in 1999 (57). More recently, in

2008, the state of Maine reported TCDD concentrations to be between 1 and 2 ppt in freshwater

fish. Although this concentration is significantly lower than the EPA report from 20 years ago,

the 1-2 ppt concentration still poses a threat to human health and precautions related to fish

consumption should be observed (58).

There are a number of variables to consider when comparing the body burden achieved

from the current laboratory dosing paradigms and the body burdens that result from

environmental exposures in wild fish populations. For example, a previous study found that

repeated doses of 0.2 ppb or 50 ppt TCDD at 4.8 hpf and 31.2 hpf resulted in significant

bioaccumulation of TCDD in embryonic zebrafish, producing a TCDD body burden between

approximately 1 ppb and 5 ppb (59). The TCDD body burdens in wild fish populations,

therefore, likely reflect repeated low-level exposures, which may produce different physiological

effects than a single high dose exposure during early embryogenesis. Maternal body burden of

TCDD is another important variable to model as it contributes to the earliest developmental

events occurring at the time of fertilization. Female zebrafish dosed with TCDD provide a

maternal load of TCDD in their eggs which is linearly portioned to adult body burden (60).

Together, these findings highlight that different dosing paradigms result in different body

burdens and emphasize the need to quantify body burden after varying aquatic exposures in

order to make cross-study comparisons.

To determine if elimination of TCDD from the embryo occurred in a dose dependent

manner, we modeled TCDD elimination for each dose using linear and exponential regressions.

In our study, "elimination" captures all forms of removal of the parent compound, TCDD,

including metabolism and excretion. Using a Comparison of Fits (Prism®), the 50 ppt exposed

group could be fit by both an exponential (R^2=0.983) and linear regression (R^2=0.983); however,

exponential decay could not accurately predict a half-life at 50 ppt. Therefore, the most

parsimonious explanation, a linear regression (Elimination rate = 0.17 pg/hour), was used to

represent the 50 ppt exposure group. The 1 ppb and 10 ppb group were best fit by exponential

decay (R^2=0.9889 and 0.955, respectively) compared to a linear regression (R^2=0.9650 and

0.846, respectively). Using first-order kinetics, we calculated the half-life of TCDD in the

zebrafish embryos following a 1 ppb exposure to be 32.71 hours (95% Confidence Interval (CI)

= 19.34 – 85.36 hours), while the 10 ppb dose had a half-life of 10.72 hours (95% CI = 7.336 -

19.88 hours). Previous studies in humans demonstrate that elimination of TCDD occurs through

first order kinetics, meaning that the relative concentration of parent compound determines the

rate of elimination (61). It is possible that if we measure TCDD concentration prior to 24 hpf in

the 50 ppt dose, the data would be more representative of first order kinetics.

Metabolic pathway analysis

After establishing that the 10 ppb or 50 ppt embryo dosing paradigm used in zebrafish to

study developmental toxicology is representative of relevant body burdens found in human

exposure and wildlife populations, we next used non-targeted LC-HRMS to evaluate metabolic

changes of embryonic zebrafish that result from TCDD exposure. Metabolic changes were

assessed at 24, 48, and 72 hpf for both the highest, 10 ppb, and lowest, 50 ppt, doses of TCDD.

Reverse phase chromatography was used for negative ionization, which separates compounds

with hydrophobic moieties. Normal phase chromatography was used for positive ionization,

which differentiates compounds with hydrophilic moieties. A total of 6,874 m/z features were

detected in positive ionization mode, while 5,565 m/z features were detected in negative

ionization mode for all exposure levels and time points. We used all features detected for

significance testing.

We performed metabolomics using t-tests for each exposure dose and time point relative

to the control samples. We first performed metabolomics analysis on the 50 ppt and 10 ppb

exposure groups over the three time points in negative ion mode (Figure 2, Table S1) and then

repeated this analysis in positive ion mode (Figure 3, Table S1). In the 50 ppt group,10 features

were significant in negative ionization mode and 2 features were significant in positive ion mode.

In the 10 ppb exposure group, 1,224 features were significant in positive ionization mode and

870 features were significant in negative ionization mode. The features that were significant in

the 50 ppt dosing scheme were not significant in the 10 ppb dosing scheme. These findings

indicate that the lower 50 ppt dose TCDD activates different metabolic processes than a high

dose. Future study on this topic is needed to completely understand this phenomenon.

Given that there were a small number of significant features detected in the 50 ppt

exposure group, pathway enrichment analysis was only performed on the 10 ppb exposure

group and the associated pathways are shown in Figure 4. Hit totals and significance can be

found in Table S2. In total, 85 pathways were enriched: 23 pathways enriched in both modes, 1

pathway (Glycosylphosphatidylinositol(GPI)-anchor biosynthesis) unique to the positive

ionization mode, and 61 pathways unique to the negative ionization mode (Figure 4, Table S2).

Figure 2. Manhattan plots of log10 transformed p-values for the association between m/z feature and 50 ppt (A – 24 hpf , C – 48 hpf, and E – 72 hpf) and 10 ppb (B – 24 hpf , D – 48 hpf, and F – 72 hpf) TCDD exposure in negative ionization mode. Blue circles represent features that were down regulated in comparison to the control group. Orange triangles represent features that were up regulated in comparison to the control group. The black line is the p-value corresponding to the false discovery rate (FDR) threshold of 0.2.

Figure 3. Manhattan plots of log10 transformed p-values for the association between m/z feature and 50 ppt (A – 24 hpf , C – 48 hpf, and E – 72 hpf) and 10 ppb (B – 24 hpf , D – 48 hpf, and F – 72 hpf) TCDD exposure in positive ionization mode. Blue circles represent features that were down regulated in comparison to the control group. Orange triangles represent features that were up regulated in comparison to the control group. The black line is the p-value corresponding to the false discovery rate (FDR) threshold of 0.2.

Figure 4. Enriched pathways associated with 10 ppb TCDD exposure in negative and positive ionization mode with at least 5 significant metabolites. The size of the dot represents the number of overlapping metabolites in the pathway. The position of the dot is determined by the −log p-value obtained from 10,000 permutations.

Metabolomic results accurately represent known effects of TCDD exposure

We used previously published endpoints associated with TCDD exposure to

authenticate our metabolomics results. The metabolism of TCDD has been well characterized;

however, we were unable to detect the direct metabolites of TCDD that have been previously

described in mammals (62–64). This is likely because these studies were performed on bile or

liver cell excretions, isolated liver tissue, or cultured hepatocytes (62–64). Therefore, these

metabolites would have been enriched in these samples compared to the proportionally lower

level of abundance in our pooled whole embryo homogenates. Nonetheless, the xenobiotic

metabolism pathway was associated with TCDD exposure (Figure 3). Xenobiotic metabolism is

a generalized category of metabolites that are produced after exposure to an exogenous

chemical. This pathway includes the breakdown of aromatic hydrocarbons and is highly

associated with cytochrome P450 induction. Dioxins, all of which are aromatic hydrocarbons,

activate expression of cytochrome P450s in zebrafish. Appropriately, *cyp1a* is used as a

biomarker of dioxin exposure (44). The most significant pathways dysregulation was observed

at 24 hpf (higher -log10(P)). For most pathways, the effects were mitigated over time (lower -

log10(P)); however, with the exception of xenobiotic metabolism pathway, which became more

dysregulated over time (Figure 4). The upregulation of metabolites in this pathway over time

suggests that the elimination of TCDD observed between 24 and 72 hpf could be due to

metabolism of aromatic TCDD rather than excretion (Figure 1).

Our confidence in the metabolomics findings is further supported by the observed

changes in the tryptophan metabolism pathway. Tryptophan has been identified as the

endogenous AHR ligand in both mammals and zebrafish and, in rats, exposure to TCDD causes

a dose-related change in tryptophan metabolism (65–67). Consistent with these previous

reports, we found tryptophan metabolism pathway was associated with TCDD exposure in

zebrafish; thus, indicating that exogenous AHR activation by TCDD may affect the natural

biosynthesis of tryptophan and contribute to the pathophysiology associated with TCDD

exposure. The association of the tryptophan metabolism pathway with TCDD exposure supports

previously characterized effects of TCDD exposure on pathways initiated by AHR activation.

Bile acid metabolism was another significantly altered metabolic pathway associated

with TCDD exposure. Recent work in mice has shown that bile acid biosynthesis is altered after

TCDD exposure; however, this change is only detected in a liver biopsy and not detected in the

serum (68). Thus, the only way to observe these effects is through more invasive methods in

mammals. Using zebrafish embryos, we are able to detect changes to the metabolome which

may be masked through less invasive methods of discovery in mammals or humans, such as

blood or urine collection. This result emphasizes the utility of the zebrafish embryo to detect

metabolic alterations that signify toxic effects.

A total of 224 unique m/z features were identified in the enriched metabolic pathways. Of

these features, 80 were up regulated features and 144 were downregulated (Table S2). The

feature annotated as dihydrotestosterone (DHT) was one of the most significantly

downregulated metabolites after TCDD exposure. DHT peak intensity decreased 6.02-fold every

24 hours. DHT is a major component of the androgen and estrogen biosynthesis and

metabolism pathway, as is the interconnected C21-steroid hormone biosynthesis and

metabolism pathway. It is well established that exposure to TCDD effects endocrine signaling

and reproductive endpoints in humans, mammals, and zebrafish (36,46,69–78). In a study of

male infertility, Galimova et al. (79) found that infertile men had significantly higher

concentrations of dioxin in their semen compared to fertile men. Additionally, in two different

studies of human populations exposed to high concentrations of environmental dioxin, both

adult men and children had altered levels of DHT compared to control populations (80,81).

Thus, our metabolomic analysis in zebrafish embryos after TCDD exposure reflect what is seen

in a subset of human exposure conditions. This not only validates our finding, but also, supports

the conclusion that zebrafish can be used to model metabolic changes related to hormonal

pathways in humans.

TCDD exposure induces changes in metabolic pathways important for brain development

TCDD is a highly toxic environmental contaminant known to target many different

biological systems including the brain. Our metabolomic analysis revealed dysregulation of

critical brain metabolic pathways, including glutamate metabolism, tyrosine metabolism, and

chondroitin sulfate degradation. TCDD exposure altered glutamate metabolism in the zebrafish

embryo. In this pathway, gamma-aminobutyric acid (GABA) was downregulated 0.32-fold over

time and L-Glutamic acid (glutamate) was downregulated 0.30-fold over time. GABA, as well as

glutamate are key neurotransmitters in the brain that are essential for establishing the balance

of excitation and inhibition in the brain (82–85). Dysregulation of excitation and inhibition is

implicated in a broad range of neurodevelopmental and neuropsychiatric diseases including

epilepsy, autism, ADHD, and schizophrenia ((86–89), as reviewed in (90). Previous studies

using hippocampal slices and xenopus oocyte preps have shown that GABAergic signaling is

significantly affected by non-dioxin-like PCBs (91,92). The non-dioxin-like PCBs are nonplanar

and have one or more chlorines in the *ortho-* positions, whereas dioxin-like TCDD has a planar

(flat) structure. Our results suggest that TCDD may also alter GABAergic signaling and

excitatory/inhibitory balance in the developing brain, a topic currently being investigated by our

group.

TCDD exposure was associated with altered metabolism of multiple neurotransmitters.

Neurotransmitters are signaling molecules released by neurons to communicate and stimulate

other cells including neurons, oligodendrocytes, astrocytes, microglia, and muscles. Tyrosine

biosynthesis was significantly associated with TCDD exposure and resulted in a 0.66-fold

downregulation of dopamine over time. Dopamine is a neurotransmitter that is fundamental

component of the reward system and is also critical for the initiation and coordination of motor

sequences (93,94). In mammals, dopamine is downregulated in the brain after exposure to

TCDD likely through the inhibition of tyrosine hydroxylase (95). It has been previously shown

that serum dioxin concentrations are associated with the development of attention deficit

hyperactivity disorder (ADHD, (96)). In negative ion mode 19 features were associated with

TCDD exposure (p=0.089), and in positive ion mode 2 features compounds were significantly

associated with exposure (p= 0.012). This suggests that TCDD may not only alter dopamine

biosynthesis, but also the formation of other neurotransmitters essential for brain function.

Consequently, our results support that TCDD exposure and other AHR agonists could

contribute to the formation of other disease states caused by changes in dopamine signaling

such as Parkinson's Disease, and multiple sclerosis (97,98).

We hypothesize there are two potential reasons chondroitin sulfate degradation was

altered by dioxin exposure. First, chondroitin sulfate proteoglycan (CSPG) biosynthesis is

involved in cartilage formation (99). It is well known that TCDD exposure causes craniofacial

defects and prior studies demonstrate TCDD exposure in zebrafish causes decreased

chondrocytes number within the jaw cartilage of the developing bone (37,100,101). Therefore, it

is possible that chondroitin sulfate degradation was altered due to the reduced number of

chondrocytes. However, CSPG biosynthesis is also an essential part of the extracellular matrix

(ECM) formation of the brain (102). In mammal and zebrafish, TCDD exposure is known to

cross the BBB and alter neural and glia cell number and function (49,103). During brain

development, CSPG bind signaling molecules, such as fibroblast growth factors, to affect

intercellular signaling (104). Consequently, it is also possible that TCDD targets the brain by

altering the formation of this essential ECM component. To the best of our knowledge, TCDD

induced changes in ECM composition in the brain have not been previously reported.

Conclusions:

Together, our findings provide fundamental information that facilitates the use of

zebrafish as a model for understanding TCDD-induced toxicity. We employed targeted GC-

HRMS analysis to quantify TCDD concentrations in the zebrafish embryo at key developmental

timepoints. We found that TCDD is eliminated by exponential decay after a 1 ppb and 10 ppb

exposure, while after a lower, 50 ppt dose, a linear model better captures TCDD elimination.

Embryonic and larval body burdens of TCDD for both doses were previously unknown.

Therefore, this study provides essential information that helps contextualize studies using this

common dosing paradigm. We used non-targeted high-resolution LC-HRMS to detect

metabolites in the zebrafish embryo and then performed metabolomic pathway analysis to

identify known metabolic pathways that were affected by TCDD exposure. Zebrafish continue

to be a powerful model for studying the health effects of dioxin exposure as metabolomics

revealed pathways that are not detectable in serum, blood or urine samples, such as bile acid

biosynthesis. Further, neurotransmitter pathways were associated with TCDD exposure,

demonstrating that the study of the zebrafish metabolome after TCDD exposure may reveal

previously overlooked effects of dioxin exposure on the health of humans and aquatic species

environment.

ABBREVIATIONS

AHR Aryl-Hydrocarbon Receptor

CSPG Chondroitin sulfate proteoglycan

DHT Dihydrotestosterone

ECM Extracellular Matrix

FDR False Discovery Rate

GABA Gamma-Aminobutyric acid

GC Gas chromatography

hpf Hours post-fertilization

HRMS High resolution mass spectrometry

LC Liquid chromatography

PCB Polychlorinated Biphenyl

ppb parts per billion

ppt parts per trillion

TCDD   2,3,7,8-Tetrachlorodibenzo-p-dioxin

ACKNOWLEDGMENTS

Thank you to Jessica Plavicki and Kurt Pennell for their encouragement and support of this

COVID inspired project which was executed through a series of hand offs and Zoom meetings.

FUNDING SOURCES

This work was generously funded by the NIEHS Training in Environmental Pathology T32

program to Michelle E. Kossack (T32ES007272, F32ES032650), Katherine E. Manz

(T32ES007272), and Nathan Martin (T32ES007272). Jessica Plavicki was supported by an

NIEHS K99/R00 (ES023848), a CPVB Phase II COBRE (2PG20GM103652), and an NIEHS

ONES award (ES030109). Acquisition of the Thermo LC Orbitrap MS was supported by an NSF

MRI award (GR5260439) to Kurt Pennell.

SUPPORTING INFORMATION

Table S1. Significant features detected in positive ion mode **(a)** and negative ion mode **(b)** after

50 ppt exposure. Significant features detected in positive ion mode **(c)**, and negative ion

mode **(d)** after 10 ppb exposure.

Table S2. Pathway total features and significance after 10 ppb exposure in positive ion mode

(a), and negative ion mode **(b).** Annotations of the significant features detected in

pathway analysis and their regulation in positive ion mode **(c)**, and negative ion mode **(d)**.

Figure S1. Stock Solution and working solution concentrations validated with GC-HRMS.

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