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**Title:**

Extremely low level of genetic diversity in *Gentiana yakushimensis*, an endangered species in

Yakushima Island, Japan

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**Abstract**

Rare or endangered species largely contributing to global biodiversity are essential components of ecosystems. Because genetic diversity depends not only on apparent population size but also demographic processes, the conservation priority of endangered species based on population genetics needs to be assessed by comparison with common congeners and demographic events. In this study, we performed population genetic analysis for *Gentiana yakushimensis*, a rare and endangered plant species with an isolated distribution on Yakushima Island, Japan. We also compared genetic diversity with the congener (*Gentiana triflora*) and demographic inferences based on genome-wide single nucleotide polymorphisms. The result was that *G. yakushimensis* had an extremely low genetic diversity level and a high inbreeding coefficient level compared to those of the congener. The population of *G. yakushimensis* was estimated to experience gentle expansion during the Holocene and a bottleneck over the past several decades by demographic inference. Therefore, the low level of genetic diversity of this species might have resulted from the impact of the recent bottleneck and the long-term maintenance of a small population size. Due to the long lifespan of the genus *Gentiana*, the current level of genetic diversity probably does not reflect a large part of recent demographic events, which requires long-term monitoring of changes in genetic diversity to identify the time lag between the reduction in apparent population size and genetic diversity as a future outlook.

**Keywords**

Genetic differentiation, genetic diversity, genome-wide SNPs, Gentiana

**Introduction**

Rare or endangered species, largely contributing to global biodiversity, are essential components of various ecosystems. Most previous studies have demonstrated that rare species

with limited geographic distributions tend to have lower levels of genetic diversity than

common species because of their small effective population size (Broadhurst et al., 2017;

Chung et al., 2018; Gibson, Rice, & Stucke, 2008; Hamrick & Godt, 1996; Nybom & Bartish,

2000). The low level of genetic diversity in a species or a population can trigger its vulnerability

because it could generally result in the reduction in adaptive potential to environmental changes

and resilience or resistance to environmental extremes (Reusch, Ehlers, Hammerli, & Worm,

2005; Willi, Van Buskirk, & Hoffmann, 2006). Thus, it is reasonable to globally evaluate the

conservation priority of rare or endangered species based on apparent population size and

genetic diversity (Garner, Hoban, & Luikart, 2020). Accumulation of genetic information for

thousands of endangered species can lay the foundation for biodiversity conservation and

conservation prioritization.

The genetic diversity of rare species is not always low, and it can be species-specific

because it depends on apparent population size and demographic processes or life history traits

(Ellegren & Galtier, 2016; Hamrick & Godt, 1996; Nybom & Bartish, 2000; Thiel-Egenter et

al., 2009). For example, previous studies have demonstrated that species with a long lifespan

tend to have higher levels of genetic diversity than those with short lifespans (Kort et al., 2021;

Reisch & Rosbakh, 2020). Past and current demographic events, such as population bottlenecks

or expansion due to environmental and anthropogenic fluctuations, can affect the current

genetic diversity while comparing closely related species with similar life history traits

(Ellegren & Galtier, 2016). For example, the species widely distributed in the past can become

rare or endangered due to disturbances (Li et al., 2014). Conversely, in isolated habitats (e.g.

islands), a small population size can be maintained due to local adaptation with limited

immigrants (Gonzalez, Cerón-Souza, Mateo, & Zardoya, 2014). Therefore, estimating

demographic history allows us to examine which current level of genetic diversity is determined

by historical or recent events.

Alpine plants, including many rare or endangered species, are the targets for which

conservation prioritization based on genetic aspects is required (Noroozi et al., 2018; Perrigo,

Hoorn, & Antonelli, 2020), as these plants are vulnerable to climate change and anthropogenic

disturbances (Guisan & Theurillat, 2000; Thuiller, Lavorel, Araújo, Sykes, & Prentice, 2005).

Previous studies have demonstrated that the current levels of genetic diversity of alpine plants

are strongly affected by several demographic events, such as expansion or reduction of

distribution range after the Last Glacial Maximum (LGM; 21,000 years ago) (Loïc Pellissier et

al., 2016), geographical isolation among populations by the distribution patterns restricted to

high-altitude areas (Reisch & Rosbakh, 2020), and direct human activities such as trampling by

tourists and illegal digging (Banks et al., 2013; Feng, Liu, Chiang, & Gong, 2017). Therefore,

inferring historical demography allows us to examine the influence of historical demographic

events on current genetic diversity levels and accurately assess the conservation status of rare

alpine species.

*Gentiana yakushimensis* (Figure 1) is a rare and endangered plant species in Japan

(Japanese Ministry of Environment, 2020). *G. yakushimensis* is endemic to Yakushima Island,

Japan (Iwatsuki, Yamazaki, Boufford, & Ohba, 1993). On Yakushima Island, designated a

UNESCO World Heritage Site, this species grows only in limited alpine zones covered by

granite rocks with low vegetation cover in the central mountains (Figure 2). Illegal digging has

drastically reduced its population (Japanese Ministry of Environment, 2020). *G. yakushimensis*,

or its ancestor, was estimated to colonize Japan 4–1 million years ago with the Qinghai–Tibet

Plateau as the origin (Appendix S3 in Favre et al., 2016). The taxonomic position of *G.*

*yakushimensis* is discussed. Recently, phylogenetic analysis based on chloroplast DNA regions

suggested that *G. yakushimensis* is close to the section *Pneumonanthe* (Mishiba et al., 2009).

Moreover, phylogenetic analysis covering all *Gentiana* sections supported the inclusion of *G.*

*yakushimensis* in *the Pneumonanthe/Cruciata* lineage (Favre et al., 2016).

The habitat area of *G. yakushimensis* was assumed to be isolated and small because a

warm-temperature evergreen broadleaf forest surrounded it during and after the LGM (Tsukada,

1985). Thus, *G. yakushimensis* might maintain a small population size from the LGM, although

the center of the habitat area is expected to move up and down due to fluctuations in the forest

limit caused by changes in temperature. Because of the limited habitat in high-altitude areas,

the population size of *G. yakushimensis* may also be affected by the rise of trees and vegetation

lines, which is assumed to be similar to what globally occurred with warming after the

beginning of the Holocene and/or in recent years ( Harsch, Hulme, McGlone, & Duncan, 2009;

Tinner & Kaltenrieder, 2005). Thus, by estimating the population demography of *G.*

*yakushimensis*, we can examine whether the current level of genetic diversity resulted from

recent and/or historical demographic events.

Here, we assessed the genetic diversity and demographic history of *G. yakushimensis*

based on genome-wide single nucleotide polymorphisms (SNPs) to identify their conservation

status. We performed 1) the comparison of genetic diversity with a congener (*Gentiana triflora*),

2) the evaluation of genetic differentiation across Yakushima Island, and 3) the demographic

inference of *G. yakushimensis* to identify whether the determinant of the current level of genetic

diversity is recent or historical, aiming to provide the genetic information of the endangered

species, supporting decision-making in conservation implications, and prioritizing.

**Materials and Methods**

***Studied species***

*G. yakushimensis* (Gentianaceae) is a perennial herb endemic to Yakushima Island,

Japan (Chen & Wang, 1999; Ho & Liu, 2001; Iwatsuki et al., 1993). Although Ho (1988)

recorded the occurrence of *G. yakushimensis* in Taiwan based on a single specimen (PE No.

81854; https://www.cvh.ac.cn/spms/detail.php?id=ec90580f), Chen and Wang (1999) denied

the distribution of this species in Taiwan because the specimen lacks collection labels and no

other specimens from Taiwan exist. *G. yakushimensis* has a minimal and patchy distribution; it

frequently appears on granite rocks around the tops of the central mountains, at altitudes ranging

from 1,700 to 1,900 m (Figure 2). *G. yakushimensis* was pollinated by bees (H. Abe, personal

observation), and its seeds with no wings were assumed to be dispersed by gravity and wind.

The population size of *G. yakushimensis* has decreased due to illegal digging in recent years

(Japanese Ministry of the Environment, 2014). In addition, feeding damage by sika deer

(*Cervus nippon yakushimae*) might also be a factor in population size reduction. In Yakushima

Island, grazing by sika deer has affected vegetation from lowlands to subalpine zones

(Takatsuki, 1990; Tsujino & Yumoto, 2004). Takatsuki (1990) demonstrated that sika deer relied

on forbs for about 5 % of their total diet in the subalpine area of Yakushima Island, indicating

that *G. yakushimensis* could be affected by grazing. Thus, *G. yakushimensis* has been listed in

the Japanese Red List as Endangered (EN) (Japanese Ministry of Environment, 2020) and

conserved under the "Act on Conservation of Endangered Species of Wild Fauna and Flora"

since 2016.

*Gentiana triflora* var. *japonica* was used to compare the genetic diversity of *G.*

*yakushimensis. G. triflora* var. *japonica* is a relatively common species widely distributed in

the mountainous area from Hokkaido to the Kinki region of Japan (Figure 2). This species is

one of the most closely related to *G. yakushimensis* based on the chloroplast DNA region (Favre

et al., 2016; Mishiba et al., 2009).

We collected leaf samples from all individuals of *G. yakushimensis* (560 individuals),

which had grown in accessible habitats, for DNA analysis at Yakushima Island in August from

2009 to 2010. Small individuals or individuals with few leaves were not collected to conserve

*G. yakushimensis*. When multiple individuals grew at the same coordinates, one individual was

selected for DNA analysis. Leaf samples were collected with permission from the prefecture

and ministries. The leaf samples of *G. triflora* were collected as congeners from an area of

approximately 100 m$^2$ in Osaki, Miyagi Prefecture, in the northern area of Japan (Figure 2).

***DNA extraction, amplification, and sequencing***

Total genomic DNA was extracted from frozen leaf samples using the modified

cetyltrimethylammonium bromide (CTAB) method (Doyle, 1991). For DNA analysis, we used

353 and 9 samples of *G. yakushimensis* and *G. triflora*, respectively (Table 1). The *G.*

*yakushimensis* samples for the analysis were at least 3 m away from each other.

To evaluate the genetic diversity of *G. yakushimensis* and *G. triflora*, we performed *de*

*novo* single-nucleotide polymorphism (SNP) detection using multiplexed inter-simple sequence

repeat (ISSR) genotyping by sequencing (MIG-seq) (Suyama et al., 2021; Suyama & Matsuki,

2015). We prepared the MIG-seq library and sequenced it following the protocol described by

Suyama et al. (2021). Briefly, ISSRs were amplified using primer set-1 (Suyama & Matsuki,

2015) in the first PCR, and then the index and adaptor sequences were added to both ends of

the 1st PCR products in the second PCR. We sequenced 80 base pair-end reads using the

Illumina MiSeq platform and MiSeq Reagent Kit v3 (150 cycles) (Illumina, San Diego, CA,

USA). We skipped detection of the first 17 bases of Reads 1 and 2 using the "DarkCycle" option.

***Read assembling and SNP marker filtering***

One base at each end of the processed reads was trimmed, and the reads were filtered

based on the quality of reads and the adaptor sequences using Trimmomatic v.0.3.2 (Bolger,

Lohse, & Usadel, 2014). Therefore, we performed the subsequent analysis using filtered reads

with a length of 78 bp. Stacks v2.52 (Catchen, Amores, Hohenlohe, Cresko, & Postlethwait,

2011) which was used to process the filtered reads with the default parameter settings: the

minimum number of identical reads required to create a stack (m = 3), the nucleotide

mismatches between loci within a single individual (M = 2), and mismatches between loci when

building the catalog (n = 1). The SNP genotype for each individual was exported with the

following parameter setting using the 'populations' command in Stacks v2.52: the maximum

observed heterozygosity, --max-obs-het = 0.6; minimum minor allele frequency, --min-maf = 2

/ the number of individuals. For the dataset of both species (common loci) and individual

species (common and species-specific loci; hereafter, referred to as "all loci"), the SNP

genotype was exported by setting r (the parameter of the minimum sharing rate of SNP among

individuals per population) at 0.5, 0.6, and 0.7, in addition to the above parameter settings to

compare the genetic diversity of *G. yakushimensis* and *G. triflora*. We set up each species as a

population to meet the r threshold for each species (p = 2 for the dataset of common loci and p

= 1 for all loci in the 'populations' command). The comparison with the different values of the

parameter r was performed because the number of SNPs of the common loci was low (less than

100) when the parameter r was 0.7. The estimation of genetic indices with low parameter r

values leads to increase in missing data but ensures accuracy by increasing the number of SNPs

(Hodel et al., 2017).

***Comparison of genetic diversity between G. yakushimensis and G. triflora***

Genetic diversity was compared between *G. yakushimensis* and *G. triflora* for both the

common and all loci. We calculated nucleotide diversity ($\pi$) based on fixed and variant sites

using the 'populations' command of Stacks v2.52. The other indices, observed and expected

heterozygosity ($H_O$ and $H_E$), and inbreeding coefficient ($F_{IS}$), were determined using GenAlEx

v6.51 (Peakall & Smouse, 2006). *t*-tests were performed on these indices to test the significance

of the difference between the species using the R package BSDA (Arnholt & Evans, 2017) in

R v3.6.1.

*Genetic differentiation of G. yakushimensis*

Subsequent analyses were performed using the dataset of all *G. yakushimensis* loci.

Kosman & Leonard's (2005) pairwise genetic distance between *G. yakushimensis* individuals

was calculated using the R package PopGenReport (Adamack & Gruber, 2014). Based on

genetic and geographic distance matrices among individuals, we assessed spatial

autocorrelation (isolation by distance, IBD) across the distribution area using the

'mantel.correlog' function in the R package vegan (Oksanen et al., 2020). To test for the

presence of genetic structure, we performed principal coordinate analysis (PCoA) based on the

genetic distance matrix using the 'pcoa' function in the R package ape (Paradis & Schliep,

2019).

*Inference of population demographic history*

Finally, we inferred the population demographic history of *G. yakushimensis*. In the

'populations' command in Stacks v2.52, we exported SNP genotypes for the dataset of the all

loci of *G. yakushimensis* with the addition of the following parameter setting: the restriction of

output to a random single SNP per locus, --write-random-snp. To avoid the effects of linkage

disequilibrium, we removed one out of a pair of SNPs with an $R^2$ value > 0.5 using PLINK

v1.90 (Purcell et al., 2007). As a result of the aforementioned filtering, 362, 302, and 232 SNPs

were obtained when the parameter r was 0.5, 0.6, and 0.7, respectively.

The demography of *G. yakushimensis* was inferred by DIYABC Random Forest v1.0

(Cornuet et al., 2014), an approximate Bayesian computation method of inferring historical

changes in population size by the supervised machine learning method. We assumed that the

lifespan (generation time) of *G. yakushimensis* is 15 years, according to which the lifespan was

at least 15 years in a congener, *G. pneumonanthe* (Oostermeijer, Veer, & Nijs, 1994). In this

analysis, we estimated that the change in population size occurred twice. The first is around the

beginning of the Holocene, including the Bolling-Allerod period and the Younger Dryas period

(10,000–15,000 years ago), which coincides with the onset of warming (Stuiver, Grootes, &

Braziunas, 1995); and the population size was expected to be reduced via the vegetation uplift

caused by warming. Second is within the last 100 years, when the population size may have

been reduced by recent events (e.g. recent vegetation uplift, grazing by sika deer, and illegal

digging). We examined four demographic population scenarios (Figure S1 and Table S1). In

these scenarios, t# represents the time scale measured in the number of generations, and N#

represents the effective population size of the corresponding populations during the relevant

time period (0–t1, t1–t2, and t2–). We performed 100,000 simulations per scenario by setting

N#, t1 (corresponding to the recent 100 years), and t2 (corresponding to around the beginning

of the Holocene) to 10–10000 individuals, and 1–10 and 650–1000 generations, respectively

(Figure S5). All the parameters were assumed to have a uniform prior distribution. To produce

a posterior distribution, we simulated 100,000 datasets, and 1000 trees were used to grow a

random forest classification for scenario selection. The compatibility between scenarios,

associated priors, and observed data was assessed using linear discriminant analysis (LDA).

**Results**

The mean number of filtered reads per sample of *G. yakushimensis* and *G. triflora* was

92,960 and 58,900, respectively. The number of SNPs in the common loci between the two

species was 72, 51, and 34, with r = 0.5, 0.6, and 0.7, respectively (Table 1). In the common

and species-specific (all) loci of *G. yakushimensis*, the number of SNPs was 784, 562, and 402

with r = 0.5, 0.6, and 0.7, respectively (Table 1). On the other hand, the number of SNPs in all

loci of *G. triflora* was 401, 297, and 202, with r = 0.5, 0.6, and 0.7, respectively (Table 1).

Compared to *G. triflora*, the genetic diversity indices ($\pi$, $H_O$, and $H_E$) of *G.*

*yakushimensis* were significantly lower in all parameter settings (Table 1). When comparing *G.*

*yakushimensis* with *G. triflora* for common loci with setting r = 0.7 in the 'populations'

command, the former was 0.05 times for $\pi$ and $H_E$, and 0.03 times for $H_O$ as much as the latter

(Table 1). The inbreeding coefficients ($F_{IS}$) of *G. yakushimensis* were significantly greater than

zero for all parameter settings (Table 1). Also, it was significantly greater than those of *G.*

*triflora* except for the common loci with setting r = 0.5 in the 'populations' command.

We observed a significant positive correlation between genetic and geographic

distances among the individuals of *G. yakushimensis* (Mantel correlation coefficient, $r = 0.25$–

0.27, $P < 0.001$) (Figures 3a, S2a, and S3a). However, an increase in genetic differentiation

among the individuals was not detected when the pairwise geographic distance was over

approximately 500 m (Figure 3a). As a result of the Mantel correlogram, calculating Mantel

correlation coefficients for each distance class, consistently positive correlations were shown

up to approximately 140–160 m (Figures 3b, S2b, and S3b). PCoA demonstrated gradual

genetic differentiation among the individuals across the distribution area, although the first

three axes of PCoA explained only 4–6 % of the whole genetic variation of *G. yakushimensis*

(Figure 4, S4, and S5).

As a result of the demographic inference by the ABC method, scenario 3 was selected

with the highest probability from 0.52 to 0.76 (Figure 5 and Table S2). Subsequently, scenario

4 was selected with the second-highest probability from 0.24 to 0.30. The selection probability

of scenario 3 was higher than that of scenario 4 for all the settings of parameter r. LDA results

showed that the simulated data based on scenarios 3 and 4 were consistent with the observed

data, especially on axis 1 of LDA (Figure S6). These scenarios have a characteristic in common

that they estimated the increase in effective population size after t2 corresponding to the LGM.

On the other hand, scenarios 3 and 4 estimated the different changes in population size after t1.

Based on the higher probability of scenario 3, it was presumed that the Yakushima population

of *G. yakushimensis* experienced a slight reduction in the effective population size over the

recent years. In scenario 3, the median of N0, N1, and N2 was estimated to be 461, 4864, and

1071, respectively, when the parameter r was 0.5 (Figure 5 and Table S3). Similar results were

obtained with the other parameter r settings (Table S3).

**Discussion**

In this study, we revealed 1) the extremely low level of genetic diversity of *G.*

*yakushimensis*, 2) the gentle genetic differentiation across the Yakushima population despite

the patchy distribution, and 3) the small population size due to the recent bottleneck and no

dramatic increase in population size over the long term.

We demonstrated that *G. yakushimensis* had extremely low levels of genetic diversity

and a high level of inbreeding coefficient compared to those of its congener (Table 1).

Surprisingly, the genetic diversity across only nine individuals from a single population of *G.*

*triflora* exceeded that across 353 individuals of *G. yakushimensis*. This result was consistent

with that of previous studies that showed that relatively rare species have lower genetic diversity

than that of common species (Broadhurst et al., 2017; Chung et al., 2018; Gibson et al., 2008;

Hamrick & Godt, 1996; Nybom & Bartish, 2000).

There was less genetic differentiation among the fragmented patches of *G.*

*yakushimensis* across Yakushima Island. IBD was significant only across a narrow range (up to

140–160 m), and the constant pattern of pairwise genetic distance was detected over this range,

suggesting that gene flow occurs across the 140–160 m range. The granitic rocks, the habitats

of *G. yakushimensis*, are densely distributed in the center of Yakushima Island. Thus, there is

gene flow between adjacent habitats, and the patchy habitat network of *G. yakushimensis* might

be maintained. These results indicate that *G. yakushimensis* on Yakushima Island comprises

almost a genetically single population. *Gentiana yakushimensis* was mainly pollinated by bees

(H. Abe, personal observation). The foraging range of bees was at least 100 m for species with

the smallest body size (about 1 mm of intertegular span) (Greenleaf, Williams, Winfree, &

Kremen, 2007). Generally, bees prioritize the foraging of neighboring flower patches after

foraging within a patch (Woodgate, Makinson, Lim, Reynolds, & Chittka, 2017). Thus, the

pollination behavior by bees might gently connect patchy habitats and maintain a low level of

genetic differentiation.

The Yakushima population of *G. yakushimensis* was likely to expand during the

Holocene, based on demographic inferences (Figure 5). Although we expected a reduction in

population size via a decrease in habitat area, which was associated with the rise of forest and

vegetation lines by warming after the beginning of the Holocene (Tinner & Kaltenrieder, 2005),

the scenario of an increase of numbers of *G. yakushimensis* after the beginning of the Holocene

was supported by ABC analysis. However, because the maximum population size was

approximately 5,000 at N1 (Figure 5), one of the possible reasons for low genetic diversity is

the long-term maintenance of a small population size. Warming might have provided new

habitats at higher altitudes for *G. yakushimensis* (You et al., 2018). A possible explanation is

that the center and upper distribution area limits of *G. yakushimensis* during the LGM were at

lower altitudes than those in recent years. The large proportion of Yakushima Island is

composed of granite (Anma, Yamamoto, Geshi, Nanayama, & Nakagawa, 2014), which

provides potential habitats now covered by vegetation. Because the temperature during the

LGM was expected to be 5–6 °C lower than the current temperature (Tsukada, 1983), the center

of the distribution area is assumed to be located at a lower altitude than that in recent years. In

addition, the highest region of Yakushima Island might not have been suitable for *G.*

*yakushimensis* before the Holocene. As a result, the habitat expansion to high altitudes during

the Holocene might be more significant than the habitat shrinkage by vegetation uplift,

including that in the *Cryptomeria japonica* forest. This can be explained by the fact that the

range of expansion of herbaceous plants is faster than that of woody plants, which is similar to

the first-order succession pattern of vegetation after deglaciation. Alternatively, the degradation of *C. japonica* forest at an altitude of at least 1,000–1,200 m was caused by the pyroclastic flow from the Kikai Caldera located 50 km northwest of Yakushima Island approximately 6,300 years ago (Kimura, Ooi, & Suzuki, 1996), which could lead to habitat expansion of *G. yakushimensis* to low altitudes despite the temporary decrease in population size by the pyroclastic flow.

The reduction in the apparent number of individuals was likely to be reflected in the current level of the effective population estimated by demographic inference (Figure 5). Therefore, the low level of genetic diversity in *G. yakushimensis* was assumed to be due to the significant impact of the recent bottleneck. There are three possible reasons for this result: illegal digging (Japanese Ministry of Environment, 2020), grazing by sika deer (Takatsuki, 1990, 2009; Tsujino & Yumoto, 2004), and a habitat area reduction by the uplift of forest and vegetation lines by warming (Japanese Ministry of the Environment, 2017). In Yakushima Island, because the forest cover and density of *C. japonica* increased in the high-altitude area from 1963 to 2014 (Japanese Ministry of the Environment, 2017), it is inferred that the increase in the vegetation limit of shrubs and dwarf bamboos reduces the habitat area of *G. yakushimensis*. While the scenario with the recent bottleneck was the most supported, the recent expansion scenario was also selected with a certain probability (Table S2), which might be attributed to the long lifespan of the genus *Gentiana* (more than 15 years) (Oostermeijer et al., 1994). The longevity generally causes a time lag between reducing the apparent population size and the decline in genetic diversity (Fuller & Doyle, 2018; Reisch et al., 2017). This time lag might lead to a further reduction in the genetic diversity of *G. yakushimensis* in the near future.

*G. yakushimensis* has an extraordinarily low level of genetic diversity, resulting in vulnerability to environmental changes and human disturbances (Reusch et al., 2005; Willi et al., 2006). Moreover, the effective range of gene flow in this species is extremely narrow. In

species with limited dispersal ability, a high level of patch connectivity can enhance gene flow,

decreasing the extinction probability (Dornier & Cheptou, 2012). Thus, the loss of small patches

may threaten the maintenance of connectivity and genetic diversity in the entire population.

Therefore, we emphasize the conservation of large and small patches of *G. yakushimensis*. In

the present study, we provided information on the genetic diversity and population demography

of *G. yakushimensis*, which is useful for conservation prioritization of endangered species

(Garner et al., 2020). For an outlook, we require the assessment of population stability by long-

term monitoring for the changes in genetic diversity and population size to identify the factors

influencing the reduction in genetic diversity and the length of the time lag between the decrease

in apparent population size and effective population size, since a drastic reduction in effective

population size can occur in the near future.

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**Conflict of Interest**

The authors have no conflicts of interest directly relevant to the content of this article.

**Availability of data**

Raw sequence data will be deposited at the DDBJ Sequence Read Archive (DRA) after

acceptance.

**Author's Contributions**

N.I.I. performed the molecular experiments and analyses and led the writing of the

manuscript; Y.T., A.M., and H.A. contributed to the molecular experiments and analyses; S.K.H.

and Y.S. contributed to the analyses and writing; and N.I.I., H.A., and Y.S. designed the research.

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**FIGURE 1**. Photograph of (a) *Gentiana yakushimensis* and (b-c) its habitat. The white arrows in the panels (b) and (c) point to *Gentiana yakushimensis*.

**FIGURE 2**. Map of Yakushima Island and the distribution area of *Gentiana yakushimensis*. The gray part in the right map denotes the area above 1,700 m above sea level. In the left map, the gray part denotes the distribution area of *G. triflora*. The contour interval is 50 m.

**TABLE 1**. Indices of genetic diversity and inbreeding coefficient parameters of *Gentiana yakushimensis* and *G. triflora*. r, the parameter of the minimum sharing rate among individuals in the 'populations' command of Stacks v2.52; $\pi$, nucleotide diversity; $H_O$, observed heterozygosity; $H_E$, expected heterozygosity; $F_{IS}$, inbreeding coefficient. *P*-values were based on pairwise *t*-test. $P_0$ denotes *P*-value of one-sample *t*-test whether $F_{IS}$ was significantly different from zero. *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$.

| Common/all loci | Species | No. of samples | r | No. of loci | No. of polymorphic loci | No. of Sites | No. of polymorphic sites | $\pi$ Mean | SE | P | $H_O$ Mean | SE | P | $H_E$ Mean | SE | P | $F_{IS}$ Mean | SE | $P_0$ | P |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Common | *G. yakushimensis* | 353 | 0.5 | 89 | 47 | 7,237 | 72 | 0.00020 | 0.00008 | *** | 0.013 | 0.005 | *** | 0.020 | 0.008 | *** | 0.222 | 0.045 | *** | |
| Common | *G. triflora* | 9 | | 89 | 47 | 7,237 | 72 | 0.00135 | 0.00030 | | 0.121 | 0.030 | | 0.125 | 0.023 | | 0.048 | 0.076 | | |
| Common | *G. yakushimensis* | 353 | 0.6 | 69 | 35 | 5,623 | 51 | 0.00009 | 0.00002 | ** | 0.006 | 0.002 | ** | 0.009 | 0.002 | *** | 0.263 | 0.054 | *** | * |
| Common | *G. triflora* | 9 | | 69 | 35 | 5,623 | 51 | 0.00103 | 0.00028 | | 0.100 | 0.030 | | 0.105 | 0.025 | | 0.058 | 0.075 | | |
| Common | *G. yakushimensis* | 353 | 0.7 | 51 | 25 | 4,150 | 34 | 0.00005 | 0.00002 | ** | 0.004 | 0.001 | * | 0.006 | 0.002 | ** | 0.274 | 0.069 | *** | * |
| Common | *G. triflora* | 9 | | 51 | 25 | 4,150 | 34 | 0.00095 | 0.00031 | | 0.113 | 0.041 | | 0.108 | 0.031 | | -0.004 | 0.098 | | |
| All | *G. yakushimensis* | 353 | 0.5 | 2,124 | 487 | 172,094 | 784 | 0.00055 | 0.00003 | *** | 0.084 | 0.004 | *** | 0.121 | 0.005 | *** | 0.341 | 0.014 | *** | *** |
| All | *G. triflora* | 9 | | 1,475 | 302 | 116,730 | 401 | 0.00162 | 0.00008 | | 0.329 | 0.009 | | 0.436 | 0.002 | | 0.230 | 0.022 | *** | |
| All | *G. yakushimensis* | 353 | 0.6 | 1,758 | 387 | 142,510 | 562 | 0.00041 | 0.00003 | *** | 0.070 | 0.005 | *** | 0.103 | 0.005 | *** | 0.358 | 0.017 | *** | *** |
| All | *G. triflora* | 9 | | 1,181 | 222 | 93,622 | 297 | 0.00147 | 0.00009 | | 0.311 | 0.009 | | 0.430 | 0.003 | | 0.263 | 0.023 | *** | |
| All | *G. yakushimensis* | 353 | 0.7 | 1,429 | 292 | 115,877 | 402 | 0.00033 | 0.00003 | *** | 0.058 | 0.005 | *** | 0.095 | 0.006 | *** | 0.387 | 0.019 | *** | *** |
| All | *G. triflora* | 9 | | 945 | 155 | 74,977 | 202 | 0.00125 | 0.00009 | | 0.315 | 0.011 | | 0.435 | 0.004 | | 0.264 | 0.027 | *** | |

**FIGURE 3**. Relationship between pairwise genetic and geographic distance. (a) Relationship between individual-based pairwise genetic and geographic distance of *Gentiana yakushimensis* when the parameter r is 0.5. Mantel's *r* and its significance are denoted. (b) Mantel correlograms for the association between individual-based genetic and geographic distance. Filled symbols in the figure denote statistical significance.

**FIGURE 4**. Principal coordinate analysis (PCoA) score plots based on individual-based genetic distance of *Gentiana yakushimensis* when the parameter r is 0.5. (a), axis 1-2; (b), axis 1-3. Colors denote the location (Lon: longitude) of each individual.

**FIGURE 5**. Parameter estimates of demographic scenarios when the parameter r is 0.5. In this figure, the selection probability of the scenario 3 and 4 are shown. The parameter N0, N1, and N2 (effective population size) of each scenario selected by the ABC analysis are denoted.

**FIGURE S1**. Parameters in the demographic inference by DIYABC Random Forest. In demographic scenarios, t# represents time scale measured in number of generations and N# represents effective population size of the corresponding populations during the relevant time period (0–t1, t1–t2, and t2–). We performed 100,000 simulations per scenario with setting N#, t1 (corresponding to the recent 100 years), and t2 (corresponding to LGM) to 10-10000 individuals, and 1-10 and 1000-2000 generations, respectively.

**Table S1**. Setting of each demographic scenario. Four scenarios were set up with the change of the parameter N# (effective population size) at t1 and t2 in figure S1 as increase or decrease. The scenario 5 (mentioned in results) is defined considering the result of scenario choice.

| Scenario | N2-N1 | N1-N0 |
|---|---|---|
| 1 | Decrease | Decrease |
| 2 | Decrease | Increase |
| 3 | Increase | Decrease |
| 4 | Increase | Increase |

**FIGURE S2**. Relationship between pairwise genetic and geographic distance. (a) Relationship between individual-based pairwise genetic and geographic distance of *Gentiana yakushimensis* when the parameter r is 0.6. Mantel's *r* and its significance are denoted. (b) Mantel correlograms for the association between individual-based genetic and geographic distance. Filled symbols in the figure denote statistical significance.

**FIGURE S3**. Relationship between pairwise genetic and geographic distance. (a) Relationship between individual-based pairwise genetic and geographic distance of *Gentiana yakushimensis* when the parameter r is 0.7. Mantel's *r* and its significance are denoted. (b) Mantel correlograms for the association between individual-based genetic and geographic distance. Filled symbols in the figure denote statistical significance.

**FIGURE S4**. Principal coordinate analysis (PCoA) score plots based on individual-based genetic distance of *Gentiana yakushimensis* when the parameter r is 0.6. (a), axis 1-2; (b), axis 1-3. Colors denote the location (Lon: longitude) of each individual.

**FIGURE S5**. Principal coordinate analysis (PCoA) score plots based on individual-based genetic distance of *Gentiana yakushimensis* when the parameter r is 0.7. (a), axis 1-2; (b), axis 1-3. Colors denote the location (Lon: longitude) of each individual.

**Table S2**. Scenario choice of demographic inference by ABC analysis. The probability that each scenario was selected by 1000 regression trees in the random forest analysis.

| r | Scenario1 | Scenario2 | Scenario3 | Scenario4 |
|---|-----------|-----------|-----------|-----------|
| 0.5 | 0.004 | 0.001 | 0.730 | 0.265 |
| 0.6 | 0.000 | 0.000 | 0.701 | 0.299 |
| 0.7 | 0.000 | 0.000 | 0.763 | 0.237 |

**Figure S6**. Results of linear discriminant analysis (LDA) in demographic scenario choice. The panel (a)-(c) correspond the result with the setting of the parameter r is 0.5, 0.6, and 0.7, respectively. Simulated data based on scenarios that is consistent with the observed data is plotted closer to the observed data in these figures.

**Table S3**. Parameter estimates of demographic scenarios. The parameter r is the minimum sharing rate of SNP among individuals in the 'populations' command in Stacks.

| r | Scenario | N0 | | | N1 | | | N2 | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Median | 95% CI | Mean | Median | 95% CI | Mean | Median | 95% CI |
| 0.5 | 3 | 1662.2 | 461.0 | 62.0-7636.0 | 5241.8 | 4864.0 | 1047.74-9688.0 | 2019.8 | 1071.0 | 319.1-6340.0 |
| 0.5 | 4 | 5805.2 | 5900.1 | 1597.7-9661.0 | 2789.3 | 1937.0 | 734.2-7082.0 | 2434.9 | 1817.0 | 399.0-5724.3 |
| 0.6 | 3 | 1129.2 | 453.0 | 64.3-4694.0 | 5147.6 | 4850.8 | 1554.3-9791.0 | 1051.6 | 835.0 | 180.0-2913.0 |
| 0.6 | 4 | 4407.4 | 3680.5 | 1191.7-9208.0 | 2006.8 | 1767.0 | 825.9-4378.0 | 1001.4 | 819.0 | 95.0-2659.0 |
| 0.7 | 3 | 1713.1 | 848.7 | 88.0-6308.0 | 4906.1 | 4558.0 | 1173.2-9433.0 | 1151.8 | 782.8 | 169.0-3422.1 |
| 0.7 | 4 | 5312.9 | 4992.7 | 2025.4-9495.0 | 2608.1 | 1889.0 | 816.1-7164.3 | 1254.7 | 947.0 | 175.0-3481.0 |

| r | Scenario | t1 | | | t2 | | |
|---|---|---|---|---|---|---|---|
| | | Mean | Median | 95% CI | Mean | Median | 95% CI |
| 0.5 | 3 | 5.8 | 6.0 | 1.0-10.0 | 824.7 | 824.8 | 668.0-981.0 |
| 0.5 | 4 | 4.8 | 5.0 | 1.0-9.0 | 851.7 | 869.0 | 669.0-999.0 |
| 0.6 | 3 | 5.2 | 5.0 | 1.0-9.0 | 836.9 | 853.0 | 672.0-990.0 |
| 0.6 | 4 | 5.8 | 6.0 | 1.0-10.0 | 829.4 | 826.0 | 665.0-986.3 |
| 0.7 | 3 | 5.6 | 5.0 | 1.0-10.0 | 839.6 | 838.0 | 671.0-993.0 |
| 0.7 | 4 | 4.9 | 4.0 | 1.0-9.0 | 853.3 | 863.0 | 684.0-987.0 |